

Runners, walkers and fitness enthusiasts of all ages will enjoy summertime fun in the Watermelon 5k, Tuesday, July 4 in Central Park in Downtown Winter Park. The 3.1-mile run/walk begins at 7:00 a.m. It's an All-American-style celebration featuring a shady course, entertainment, ice-cold watermelon for all, free kids' run, and the crowd favorite, the Watermelon Eating Contest judged by Florida's Watermelon Queen. New for 2017, Florida Hospital serves up support for the run/walk as the title sponsor. "Florida Hospital is proud to partner with Track Shack on the Watermelon 5K in support of military veterans. Florida Hospital's healthcare team includes large numbers of veterans in all areas of the organization, from doctors and nurses to chaplains to senior executives. The discipline, dedication and leadership shown by our veteran team members are invaluable in carrying out Florida Hospital's mission," said Sharon Line-Clary, the vice president of marketing for Florida Hospital.

Participants can show support for local military personnel in the following ways:

• **Discount entry fee** to active and retired military personnel and their families. Invite a Veteran!

• Food Drive. Contribute non-perishable food Continued on page 6

-63-	Boutique Practice in Winter Park Oculoplastics Facial Plastic Surgery	OUR PATIENTS SAY	Facelift/Necklift Laser Skin Resurfacing	YMD
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The Park Press

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Santiago's Bodega

Publisher's Message



It's an exciting time as we find ourselves at the halfway mark of 2017. Recent graduations have many of us running around with Sir Edward Elgar's 1901 composition of "Pomp and Circumstance" in our heads. Congratulations to all the recent graduates!

It is a very exciting time to celebrate your accomplishment with family and friends and it will not be long until you're pursuing a new list of goals in life. Consistent daily temps in the 90s tell us that summer is upon us, and local broadcast news organizations stress and remind us daily that we are in hurricane season. Summer is not officially here until June 20; however, hurricane season begins on June 1. Now is the perfect time to check and update your emergency supplies.

Unfortunately, neighborhood crimes have been on the rise in recent months and the cities of Orlando, Winter Park, and Maitland are taking actions to address this situation. Many of these crimes are taking place with unlocked cars. They are looking for things to take in the car, but are also gaining access into the home using the garage door opener. Yes, they are that bold. The respective police departments are doing their best to canvas and watch our neighborhoods, but a big help would start with everyone simply making sure they lock their cars. They also ask that you report if you see anything that might be suspicious, or out-of-the-norm. You can call 911, or add these non-emergency numbers in your contacts. Orlando Police Department - 321.235.5300, Winter Park Police Department - (407) 644-1313, Maitland Police Department - (407) 539-6262.

As usual, the calendar of events is full of great things to do to help you celebrate the beginning of summer, Father's Day, as well as Independence Day. Be sure to stay up-to-date with all area events and news by visiting us at www.theparkpress.com as we add new timely features and information throughout the month.

As always, thank you for reading *The Park Press* and we look forward to the great things to come.

Rick Rick Cable Founder/Owner



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Are You Ready For The Summer? By Tricia Cable

As camp trunks get shipped and summer vacation plans are confirmed, the expected end of school year excitement abounds. It's so infectious at our house, that I too almost got sucked in briefly before rememHave you taught them to fish for themselves? Or have you fished for them? If the latter is true for you as it may be a bit for me, it is time to cut the cord. No time better than the present for a little

bering that as a working adult, I don't benefit from a summer break.

This summer will not be unlike all the other summers that came before it for us, parents juggling work around children's athletic competition travel schedules in two different directions. But, this year we get to add to the list official college visits for our eldest and driving practice for our youngest. The days of vacation bible school and art camp are gone and we are left with the final preparation for the undocking of our offspring.

Life has a funny way of preparing you to send your children out into the world on their own. You spend their entire life teaching them the basics and ensuring that they get the education they need to take the next step. Your organizational skills, your productivity level, you're going above and beyond rubs off whether you have provided good examples of those or not...



(L to R): Meagan McBurney (Grove City College), Nora Hogue, and Maddie Black (University of Florida).

tough love to ensure that when the time comes they are prepared. Whether a roadside flat or a toilet that is overflowing, they need to know what to do.

Some will leave home ready to rule the world with confidence while others will choose not to journey too far from the mothership. Some will take flight and never look back while the late bloomers, a bit fearful of what's next, may hover closer to home. Either way, the days ahead promise to be a challenge as we direct each of them differently with the common goal locked in on successful adulting.

I am blessed with one of each of the personalities above. I find myself attempting to discourage my eldest from trying to grow up too soon while pushing my youngest to step outside of her comfort zone on a daily basis. Parenting



fish for themselves? Or have you fished for them? If the latter is true for you as it may be a bit for me, it is time to cut the cord.

more than one child requires you to be a bit of a chameleon, something my career in corporate American management has helped with...no two children are created the same

and therefore require a very different management style.

I have so enjoyed the posting of all of the high school and college graduation pictures. Seeing all those bright and smiling young faces heading out into the world to follow their dreams and leave their mark on the world makes me happy. These children of yesterday and young adults of tomorrow are our future. They have more opportunities to succeed than ever before. And with the love and support of their families, the sky is truly the limit.

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City Commissioner's Message

Commissioner Robert F. Stuart, City of Orlando District 3

One year ago this month,

the most horrific event in our

City's history occurred and 49 innocent, amazing lives were

cut short- and more individuals

were injured- in a cowardly act

of violence. Like so many defin-

ing tragedies throughout history,

we all remember exactly where



Robert F. Stuart

we were and what we were doing when we heard the heartbreaking news of the shooting at Pulse Nightclub. But what also stands out was what came after; our community came together to remember the victims, support their families and their causes, support our first responders, and stand united against hatred in any form in our Orlando.

Following that fateful day, the mayor and city council have sent flags of solidarity to other cities who have since had to overcome tragedy- Istanbul, Berlin, Nice, Dallas, Baton Rouge and just last month, Manchester. We, as a City, were blessed to receive love, thoughts, and prayers from all over the globe following Pulse and we wanted to pay it forward to others who were grieving, while continuing to espouse the message that Love Wins.

This year, our City and our County hope to continue the unity that has enveloped our community since that day and invite you to begin with us a new tradition-Orlando United Day.

On June 12, 2017, Orlando United Day is an opportunity to join with others in remembrance ceremonies as well as in acts of love and kindness as a respectful way to honor those who lost their lives and those who need support.

Visit orlandounitedday.com for information about the different events throughout the community, including a one-year remembrance ceremony at Lake Eola Park. The program, Orlando Love:

Remembering Our Angels, will take place at the Walt Disney Amphitheater at 7 p.m. and will include remarks by community leaders, musical performances by Olga Tañón and Sisaundra Lewis, and a memorial reading of the 49 names.

Along with the ceremonies, Orlando United Day will also be filled with Acts of Love and Kindness, which is a homegrown movement by the One Orlando Alliance to encourage our community, and those around the world, to honor all those who have been affected by the Pulse tragedy by doing good for others. Look at the website for ways to volunteer. One of the neatest parts of the site is entitled "49 Acts of Kindness" where several of the parents of the victims share how they would like to see love and kindness expressed to honor their children.

Some of their suggestions that we can all easily do: let someone cut in front of you during rush hour traffic, hold a door for someone, compliment someone you don't know, smile at least 49 times in one day, pray for peace and tolerance, introduce yourself to a neighbor you don't know, and offer to help an elderly neighbor with yard work. To see the rest of the great ideas, visit orlandounitedday.com.

As I think about ways to build community, I always think about our Neighborhood Watch program. While it is based out of our Orlando Police Department and has its roots in crime prevention, the core of the program is built on the idea that get-





ting to know your neighbors is the first line of defense in keeping our neighborhoods revitalized. Looking out for one another, even when we do not see eye to eye, truly makes a good area great. When I think about all of the amazing neighborhoods in my district, one thing I hear on repeat is how much residents love their neighbors. So if you are not yet a member, please consider starting a Neighborhood Watch group and see what a difference this program can make on your block. Visit cityoforlando.net/police or call 407-246-2369 to express interest in learning more about the program.

We also celebrate Father's Day this month. When I think about my own father, I am grateful for the lessons he taught me about tolerance and fighting for equality for all. As we think about ways we can make a difference in our community, many wonderful charitable organizations in our City support fathers through family stabilization efforts, job training and more. As we dedicate this month to love, kindness and the amazing paternal role models in our lives, consider supporting organizations such as Salvation Army, Harbor House, and the Christian Service Center for Central Florida, who help build strong families in our community.

As always, thank you for all you do to make Orlando a City for Everyone and a great place to live, work and raise a family. See you around the community this month.

Robert F. Stuart, Commissioner, District 3, City of Orlando • 400 S. Orange Avenue, Orlando, Florida, 32801 • 407-246-1003 • Robert.Stuart@CityOfOrlando.net



Winter Park Mayor's Message

Mayor Steve Leary



Steve Learv

During our April 24 meeting, the City Commission unanimously approved on second reading, the final update to our Comprehensive Plan. The Comp Plan creates the framework for our community's public policy in terms of transportation, utilities, land use, recreation and housing.

Updates to our Comp Plan are mandated by the Florida Legislature and are undertaken periodically. The revisions to the nine elements of the Comp

Plan were proposed and reviewed by city staff and multiple city advisory boards over many months, presented to the City Commission, and unanimously approved on first reading December 12, 2016. The document was then forwarded to the state for comments and returned to the city. We revisited and revised it to reflect Objections, Recommendations and Comments (ORC) from the Florida Department of Economic Opportunity (FDEO) and will resubmit it to the state for final adoption after our unanimous approval.

flexibility to deliver projects that might otherwise be restricted. The existing PD language needed work, so rather than approve a subpar designation or hold up the entire review process, we decided to remove it. We will be revisiting this type of process in the future, primarily through the Mixed-Use Development designation.

- Continuing to limit height on Denning Drive to three stories o We maintained the height of future projects along Denning Drive to only three stories, rather than increase it to four stories.
- Creation of a Medical Arts District incorporating the Winter Park Hospital and Winter Park Health Foundation approved plans
 - o While the Hospital Master Plan had already been codified in the previous Comp Plan, adding the Winter Park Health Foundation and creating a map more clearly articulates the boundaries for those interested.
- Recognizing five gateway corridors with design guidelines for development/redevelopment

The city hosted over 40 public meetings and +67 citizen leaders who reviewed the various elements and made recommendations for changes and refinement. The City Commission sat for a total of over 8 1/2 hours taking public comments before our final transmittal to the FDEO. This was an extremely inclusive process that resulted in significant changes, some of which I highlight below:

- Removal of High Density Residential Future Land Use designation and R-4 zoning category for any new development.
 - o This is the most significant change to the Comp Plan. While many individuals were instrumental in the final document, I want to thank Vice Mayor Pete Weldon for his leadership on this item. This "most dense" residential category has been removed for new consideration, and will help us maintain our traditional scale throughout the city.
- Removal of the Planned Development (PD)-1 and PD-2 Future Land Use designations

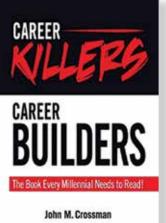
oThese designations are often misunderstood as they allow cities

- - o The major corridors leading into and out of Winter Park need special attention and thus they will be studied over the coming months.
- An open process with the community to create a Mixed Use District or Overlay
- Single-Family Residential focus with stronger policies to maintain our residential feel
- A focus on the village and traditional scale attributes within the city's defined Central Business District
- Maintaining our premier level of service standard for parkland to ensure greenspace
- Focus on multi-modal transportation planning through the eyes of walkers, bicyclists, transit users and drivers

Thank you to all that participated in this process, especially our city staff, consultants, citizen advisory boards, our Comp Plan Task Force and my fellow commission members. This is a process and document that reflects the inclusiveness of our community, and will ensure that future residents inherit this special place which we have been blessed to call home.

Local Author's New Book Ranks In Top One Percent On Amazon.com Daily Titles

A new book by local author John Crossman is out to help young professionals, especially millennials, avoid some common pitfalls that can cause a promising career to crash and burn; and how to make better choices to thrive in



their career. Crossman, chief executive officer of Crossman & Company, reports that his book is now ranking among the top one percent in its category at Amazon.com. Crossman, who released *Career Killers/Career Builders* on April 7, said this makes his new book one of the most popular new business titles. "The book is really taking off and that's very gratifying," he said. "I've spent most of my business career helping college students and young professionals, and now the book is expanding that effort to thousands more."

The idea for *Career Killers/ Career Builders* originated from the most-requested speech he's given at universities: "The Top 5 Ways to Get Fired and The Top 5 Ways to Keep from Being Fired."

The book is available in both print and E-book formats on Amazon.com, and at Barnes & Noble.



Community Center Pool Open For 2017 Season

The pool at the Winter Park Community Center, located at 721 W. New England Ave., is open for the 2017 season. The Cady Way pool, located at 2529 Cady Way, is also open. Pool hours are noon to 5 p.m. on weekends, and 11 a.m. to 4 p.m., on weekdays. The cost is \$2 for City residents, and \$4 for non-residents.

For more information on pool features, hours, events, and swim lesson information, please visit https://cityofwinterpark.org/departments/parks-recreation/programs-activities-events/ community-center/aquatics/

Upcoming special events at the Community Center Pool include:

Summertime Kickoff; noon to 6 p.m.
Independence Day; holiday hours - noon to 5 p.n
Old School Party; 6 to 9 p.m.
Annual Luau; 1 to 4 p.m.
Labor Day; holiday hours - noon to 5 p.m.
Pool closes for 2017 season

Events are FREE with family or individual swim pass; \$2 without pass.

For more information regarding the city's pools including birthday parties, rentals, and camp swim, please call 407-599-3547.

For more information regarding the City of Winter Park, please visit the city's official website at cityofwinterpark.org.

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Central Florida Foster Problem Grows – Groups Mobilize To Help By Tracy Stein

Unfortunately, the issue of children who end up in a situation where they need foster parents or a group-living situation is pervasive throughout society. Some states are dealing with this issue better than others. Florida is currently severely lacking when it comes to not only providing for the number of children needing foster care, but also the way the system is dealing with these children.

In Florida, a private organization called the Florida Department of Children and Families has handled foster placement and case management since 2005. Right now, we're dealing with an urgent issue. The number of children in our state's foster care system program has reached epic proportions. There are more children being removed from their homes, and the number being released from foster care is dropping. The number of kids in "out-of-home care" in 2013 was 17,591. In 2015, that number was up to 22,004.

In Central Florida alone, about 75 children will turn 18-years-old each year without the benefit of a loving parent to help them during this critical time. Studies show that when this group reaches the age of 26, only 3% of them will have a college degree. The end result of this situation is greatly increased numbers of unemployment, substance abuse, and legal issues.

There are a variety of theories as to why the levels of children needing

foster care have risen so quickly in Florida. According to the Community Partnership for Children, one of the issues was the epidemic of prescription drugs that reached its height in 2012. When the state cracked down on prescription drug abuse, many children were taken from their biological parents. In addition, since the state poputhe community parenting/normalcy by preparing meals and activities for the foster kids such as birthday parties, paintball games, sporting events, and more. Furthermore, Foster Friends of Oviedo seeks to showcase the most inspiring foster homes. One such is Friends of Children and Families who currently has five group

The number of kids in "outof-home care" in 2013 was 17,591. In 2015, that number was up to 22,004.

lation has increased, that means there are more children in general who may need services.

The good news is that there are a variety of charitable organizations that are working hard in Central Florida to make a difference. For example, one organization called iPrevail has set up a local group called Foster Friends of Oviedo. This grass roots community-based effort is dedicated to enriching the lives of children while in foster care. All donations – 100%-go directly to the children, as the volunteers do not receive any compensation. They help organize events for the group homes and solicit business donations. The volunteers provide homes with six teens and two staff members in each location. To help, contact iPrevail. The assistance director is Wednesday Hugus and Dara Urbina is thefundraising & development director, at Wednesday@iwillprevail.org or www.iwillprevail.org (or make a direct donation at paypal.me/ iprevailorg).

Community Based Care of Central Florida is another local organization that is offering considerable services to serve our region's foster children through adoption and child-welfare services. For example, this month they are holding a workshop to encourage more private citizens to become foster parents. "In order to have one loving foster family per child, Central Florida needs 100 more families to open their hearts and homes," said Gerry Glynn, the chief legal officer for Community Based Care of Central Florida. http:// www.cbccfl.org/

The Children's Home Society is Florida's oldest organization serving at-risk children. With 90 offices throughout Florida, more than 8000 children rely on this group to keep them safe and give them hope. The Children's Home Society assists with adoption, foster care, counseling and perinatal programs. They also run the Evans Community School, which is an academic institution dedicated to foster children. https://www.chsfl. org/

It is important to remember that it isn't just young children who face difficult and trying situations due to the lack of a safe home, foster teens also need help. Part of the Children's Home Society, ten-year NFL veteran Jeff Faine founded the Faine House specifically to help those turning eighteen while still in foster care. Faine has personally donated over \$500,000 to help this charitable organization.

Statistics show that 36% of former foster teens end up homeless, but those in supportive programs are far more likely to graduate and get a job. They are less likely to turn to substance abuse and/or violence in the future. To help, contact them at https://www.thefainehouse.org/

Volunteers Needed For Day Of Action Activities

Volunteers are needed to participate in literacy-related projects and help distribute books to children at several Heart of Florida United Way partner agencies, including Boys & Girls Clubs of Central Florida, Orlando Day Nursery, Winter Park Day Nursery and UCP of Central Florida, among others.

United Way's Day of Action, on Wednesday, June 21, is a communitywide volunteer event that aims to reduce summer reading loss, which is the gradual decline of reading proficiency while children are away from the classroom. By providing low-income students with access to books, the nonprofit hopes to encourage reading and enhance literacy



during the summer months. Last year, United Way distributed more than 20,000 books to 2,300 children in Central Florida.

To register or learn more about volunteer opportunities at Day of Action, visit http://www. hfuw.org/day-of-action or email Volunteer.Center@hfuw.org.



savethemanatee.org

Photo of "Deep Dent," taken in January, 2015 at Blue Spring State Park Photo by Cora Berchem, SMC

From Page 1.

items for distribution through the Orlando VA Medical Center's VSO Food Pantry.

• Team Challenge. Runners and walkers form teams of any kind: corporate, running club, ROTC, church group, etc. All teams receive recognition and the largest team will have a \$500 donation made on their behalf to a local 501© (3) organization that supports military service. Last year's Team Challenge winner was Team Keep Judge Dan Traver. A \$500 donation was made to ADL Service Dogs that trains animals to help veterans with PTSD.

All 5k registrants who are active or retired military service personnel and/or military

family members will receive special recognition with a unique bib number and will be entered into a prize drawing to win a Military Appreciation Staycation! Staycation elements include a two-night stay at the Rosen Centre and \$100 for the Everglades Restaurant located in the Rosen Centre. The randomly chosen winner will be announced at 0800.

Proceeds benefit the Track Shack Youth Foundation, a 501©(3) organization whose purpose is to promote lifelong health and fitness emphasizing youth and running programs in our Central Florida community.

Registration required. For more information or to register, run to TrackShack.com.





Rachel Calderon

planned giving by Rachel Calderon and Meghan Warrick

Advocates Help Foster Youth Succeed In High School And Beyond

For most teenagers, high school is a fun, exciting chapter of their lives. They go to prom, attend sporting events, tour colleges with fam-

ily members, and prepare for the next steps after graduation. But, for youth in foster care, attending college and working toward a career can seem like a distant dream. In fact, according to the National Work Group on Foster Care and Education, fewer than 50% of youth in foster care graduate from high school. And despite the fact that 87% of foster youth want to attend college, only 2-3% earn an associate or bachelor's degree.

In addition, the uncertainties that come with foster care contribute to the rising mental health needs of youth within the system. Studies have shown that foster youth experience post-traumatic stress disorder at a higher rate than that of returning combat war veterans. While court-ordered tutoring can help improve academic outcomes for students in foster care, advocates say it is not enough. These teens need support from every angle to rise above their circumstances.

Foundation for Foster Children (FFC), a local organization that provides support beyond basic needs to children in foster care, is working to flip the script. FFC has built a pilot program called Education+ thanks to an \$18,000 investment from 100 Women Strong, a giving circle at Central Florida Foundation that works to improve the lives of women and children in Central Florida. This evidence-based program takes into account each

youth as an individual and connects them with an education advocate from the FFC team.

The advocate, Lee Bennett, is a trusted individual in the youths' lives. She helps students think about their long-term goals, the types of lives they want to have, and how to get there. Initially, this way of thinking can be a challenge for foster youth, who often live in survival mode — moving from home to home and trying to get from one day to the next. Their lives have been marked by instability and transition; it's the only way of life they know.

Lee helps to change that mindset, turning their focus towards the future and the long-term prizes: stability, normalcy, success, and independence. Finally, someone notices them and cares enough to see them for who they are.

"There are many people who play important roles in a foster child's life," says Betsey Bell, executive director of Foundation for Foster Children. "The education advocate is uniquely positioned to work with individual foster youth, ensure open lines of communication and advocate within both the school system and the child welfare system to resolve difficult issues and remove barriers to academic advancement."

Lee meets with each child on a weekly basis and takes on a role similar to that of a parent. She helps each youth create a plan for high school graduation and beyond. This includes everything from monitoring class attendance, grades, and behavior to determining which classes they need to take in college for their intended career and everything in between. Lee also helps each youth identify and

build a supportive team of mentors, friends and other positive adult figures whom they can lean on for support. If there are any barriers to education like special education needs, challenges with discipline, or transportation issues, she helps resolve these issues too. These are all things that a stable and involved parent would do.

"My goal is for each student to achieve success. Success is not final, failure is not fatal — it is the courage to continue that counts," says Lee.

What makes this initiative unique is the amount of research and preparation that went into the process. FFC retrieved educational data from its trusted partner, Community Based Care of Central Florida, which oversees foster care and adoption in Orange, Osceola and Seminole counties. This data helped FCC to identify foster youth to participate in the Education+ program. FCC also worked diligently to open the lines of communication between the education advocate and Orange County Public Schools, which has given the advocate the ability to meet with the students and teachers in school. The program has been built thoughtfully and meticulously from the ground up on the basis of proven, evidence-based practices.

"I am so grateful to 100 Woman Strong for their support of this important program," says Raquel Tapia, the education program manager at FFC. "By moving from supporting children through solely tutoring services to also providing in-depth academic advocacy, we are now able to truly move the needle for students served."

Rachel Calderon is the Marketing & Communications Manager of the Central Florida Foundation.





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CALL US TODAY AT 407.872.3050 OR VISIT CFFOUND.ORG.



Cybersecurity awareness by Ron Frechette, The Cyber Guy Summer Is Peak Season For Cybercrimes

The lazy days of summer are here! The kids are out of school and everyone

is getting excited for the big family vacation. Most of us are traveling to new places and using our credit cards more than usual. This is the time of year when the cyber crooks are looking to take advantage of the fact that we are in a relaxed state and more vulnerable than usual. There have been several reports of credit card scams recently. Fact is, cyber criminals are getting very good at developing all types of phishing, ransomware, and war dialing telephone fraud scams. So, this month I want to urge everyone to be extra vigilant and not be lazy when it comes to divulging your personal information.

Case in point... last week I received a call from my credit card company, Capital One. I had just left a meeting and the rep happened to catch me in the car while driving back to the office. He was calling to inform me that because I had paid more than the monthly minimum and had not been late on payments, I qualified for a low or no-interest rate reduction for 18 months. He also

mentioned Capital One had been losing clients to competitors offering lower interest rates and this was an effort to retain current customers.

Being in my profession, I was obviously suspicious. I could hear several other people on the phones in the background which led me to believe he was in a call center environment. I

asked him where he was calling me from and he said a Capital One call center in Houston, TX. He spoke good English and came across as extremely genuine and knowledgeable. Then I flat out confronted him about this being a scam. He told me how long I had been a customer of Capital One, what my current balances were, how much I had paid

last month and then calmly asked, "If I were not with Capital One Mr. Frechette, how would I have this information?"

I must admit, he was beginning to convince me this may be a legitimate call. I then asked him what exactly he would need to process the request to decrease my interest rate. He said he would need to put me on a brief hold and get his manager on the line for final approval. Once again, sounded like a standard process we all go through when conducting business over the phone.

I was now back in my office and immediately dialed the Capital One



Fraud line to confirm if this was legitimate. As I was on hold waiting for the fraud department to pick up, the manager comes on the line and says, "Mr. Frechette, thanks for holding and congratulations. You have been approved for 18 months of 0% interest due to your payment history and for

staying with Capital One as a customer. All I need is for you to confirm your date of birth and social security number."

At this point, I told "The Manager" I was in the cybersecurity industry and I had the Capital One Fraud department on the other line. If this was truly Capital One, please provide me a general phone number and his

> extension that I could call him back on to confirm he was with Capital One. And that was when ironically the phone line went dead. I reported the incident to Capital One once they came on the line and they mentioned several of their customers have fallen for the same exact scam.

Unfortunately, as we move forward in the digital age, these types of

scams will increase in volume and become more sophisticated. Even an old cybersecurity veteran like myself came close to becoming a victim. If you have been a victim of fraud, please report it to the proper authorities.

Wishing everyone a fun, safe and scam-free summer!

Ron Frechette is the co-founder and managing partner at GoldSky Security, a full service SMB cyber security solutions firm and the creators of CSOaaS.

family business perspective by Dan Schneider

The Critical Difference Between Effective And Ineffective Leadership

Leadership is all about the use of power and influence to produce results. Each of those two factors comes from a different place. Power comes from the organizational chart - can you make people comply with your directives (sometimes called accountability); and influence comes from inside the person - do you have what it takes to get people to commit to your dreams (sometimes called dependability). How well and how often you choose between those two styles usually determines your effectiveness as a leader.

when to use these two factors is

short, you literally or figuratively nag your way into becoming a difficult person to work with and an almost impossible person to work for. Either way, everybody loses. You lose productivity and leave some of your profitability on the table; the employee gives in to MCS - malicious compliance syndrome; and the customer generally receives not much more than a moderate level of quality service. And in today's world, moderate levels of customer service mean lost market share.

However, if you have chosen Knowing how to balance and and trained your staff wisely, then you have already opened the door from those who rely on influence.

In summary, remember- beating people up does not make them better employees and does not produce a higher level of accountability. It just makes them battered employees who will take great delight in malicious compliance - following a direct order to the letter, even if doing so produces a negative effect. On the other

hand, treating people with dignity and respect does not create an "entitlement" culture. Instead, it produces a "dependability" attitude among employees who commit to meeting your expectations and going above and beyond to avoid disappointing you. That, my fellow business owners, is the difference between ineffective and effective leadership.

Dan Schneider is a Partner/Director of The Rawls Group, a business succession planning firm, and a Board member of the International Succession Planning Association™ (ISPA®.) Dan specializes in dealing with the issues that must be resolved by multi-unit franchisee owners to implement succession strategies geared towards building business value. For additional information, visit www. rawlsgroup.com or call 407-578-4455.

critical. If you've populated your staff with people who lack the behavior, attitudes, skills, knowledge, experience, and talent to meet your expectations, then you are likely finding yourself believing, "Where has all the good talent gone?" As a result, you may find yourself relying almost exclusively on power to force your staff to comply with your directives, with the hopes they get close to the results you want.

If you find your leadership style is leaning mostly on power, then the odds are pretty good you are also spending a lot of time thinking "Can't you people do anything right? Do I have to tell you what to do every minute of every day?" In

to coaching for success built upon strengths, rather than criticizing to drive out weaknesses. When coaching, praise every improvement, even the slightest improvement, so your people gain confidence in delivering the level of high performance you have told them (this is an important principle!) that you expect. Keep your expectations simple (not low, but simple!) so that people believe they can be met; and provide examples of how others have met the same expectations. A formula that many have found helpful is to educate the staff on what you want, how you want it done, and why you want it done. The "why" part is what usually separates those who rely on power

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live meaningfully by Ayesha G. Shenk, M.A.

Desiderata...

As I write this, on the eve of my birthday, I am filled with a special sort of reflection, nostalgia, gratitude and an interesting sort of wistfulness. My mother and father always described birthdays as perhaps the most

important time of year to reflect upon where you are,

Ayesha G. Bullock

where you've been and to where you are going... and I suppose some lessons are just hardwired that way.

I think of the time that has come and gone, the choices that have been made and the losses and gains that have been survived. I think of the people in my life who I count among the most important and the wishes

Be well; Live Meaningfully. Till the next time, Ayesha I have for them and for my relationships with them. As I take in a deep breath and blow out the candles tomorrow, my wish will undoubtedly include those who have formed and loved and impressed upon me what it means to be human and alive and what it means to live with grace. It may include the past, present and future but it will most certainly be for those intangible things that offer meaning and connectedness.

As such, it seems a good moment to refer to (and share) my tried and true favorite piece of written work. It never ceases to stop me in my tracks and highlight exactly the lesson I need at the moment. I hope it offers the same for you.

DESIDERATA

Go placidly amid the noise and haste, and remember what peace there may be in silence. As far as possible without surrender be on good terms with all persons. Speak your truth quietly and clearly; and listen to others, even the dull and the ignorant; they too have their story. Avoid loud and aggressive persons, they are vexations to the spirit. If you compare yourself with others, you may become vain and bitter; for always there will be greater and lesser persons than yourself. Enjoy your achievements as well as your plans. Keep interested in your own career, however humble; it is a real possession in the changing fortunes of time.

Exercise caution in your business affairs; for the world is full of trickery. But let this not blind you to what virtue there is; many persons strive for high ideals; and everywhere life is full of heroism. Be yourself. Especially, do not feign affection. Neither be cynical about love; for in the face of all aridity and disenchantment it is as perennial as the grass. Take kindly the counsel of the years, gracefully surrendering the things of youth. Nurture strength of spirit to shield you in sudden misfortune. But do not distress yourself with dark imaginings. Many fears are born of fatigue and loneliness. Beyond a wholesome discipline, be gentle with yourself. You are a child of the universe, no less than the trees and the stars;

you have a right to be here. And whether or not it is clear to you, no doubt the universe is unfolding as it should. Therefore be at peace with God, whatever you conceive Him to be, and whatever your labors and aspirations, in the noisy confusion of life keep peace with your soul. With all its sham, drudgery, and broken dreams, it is still a beautiful world. Be cheerful. Strive to be happy.



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Ayesha G. Bullock, M.A. practices at 2150 Park Avenue North as a Licensed Mental Health Counselor and can be reached at ayesha@livemeaningfully.net or 407-796-2959.

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real estate in the parks by scott Hillman and Sam Hillman

Buying And Selling During The Summer

Scott Hillman and Sam Hillman Have you heard the myth about spring time being "the time" to buy or sell real estate? If so, don't believe all that you hear. The summer real estate market is very active and is a fantastic time to list your home and/or move into a new home.

In Orange County, over the last three years, 27%

of closings occurred in the summer months, which is equal to the percentage of closings that happened in the spring time marketproving that summer time is most certainly a popular and profitable time to buy and sell.

Schools are out, summer camps and family vacations begin, providing more flexible time to look for a new home. On the flip side, this flexibility allows sellers to have less stringent showing and open house times now that homework and tight schedules have been pushed aside for summer.

We are currently seeing a strong and healthy real estate market here in Central Florida, and the time between Memorial Day and Labor Day is an ideal time to move into a new home. For families with children, summer is perfect for a change in address as the move will not interfere with the school year. It is typically a major adjustment for families to change their routines and a summer move allows them ample time to become familiar with their new home and community.

For sellers, the summer market is an outstanding time to list their home, as there are a plethora



of buyers looking to purchase. Additionally, with a strong and active inventory, buyers are able to look and consider many different options. Central Florida's real estate market provides a wide range of home buying options.

Summer is the quintessential setting for both buying and selling a home. No summer time blues are present in this real estate market. The myth about spring time reigning supreme is clearly just that; a myth.

Scott Hillman is president of Fannie Hillman + Associates, a 36-year-old Winter Park-based real estate company specializing in residential real estate sales. Sam Hillman is a Realtor and Market Analyst at Fannie Hillman + Associates. Together, they produce Hillman Homes, a customized quarterly publication showcasing local luxury listings, editorial features, and The Hillman Report, a semiannual look at residential real estate in Orange and Seminole counties. Read the latest issue on the company's website (fanniehillman.com) or by calling (407) 644-1234.

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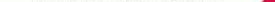
Fabulous Home in Beautiful Windsong 4BR - 4.1BA - 4,259 SF - \$1,230,000



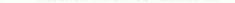
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in the garden by Stephen and Kristin Pategas

Cool Plants In Our Garden

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Stephen & Kristin Pategas



Splendida agave is lovely even when not surrounded by other succulents.

 Agave lophantha 'Splendida'/Splendida century plant – Each of these sunloving, low water use succulents can reach 15" x 2' wide and make a dense thicket of plants as it spreads by underground rhizomes. It is much dwarfed and long lasting in a container.



The luscious pink buds of pink jasmine contrast nicely with the resulting white blossoms.

• Jasminum polyanthum/Pink jasmine - This is a true vining jasmine and in the spring (well before confederate jasmine blooms) the pink buds open with white flowers which are very fragrant. This is a very low maintenance evergreen vine with a fine texture to its foliage. Provide full sun and a fence or trellis to grow upon for the best growth.



Screen tall buildings with giant timber bamboo.

• Bambusa oldhamii/Giant timber bamboo - Don't run away! This is a clumping bamboo. The genus Bambusa gives that away. Although it will only form a clump it does grow tall to about 55-feet in height so keep it away from power lines. The culms (bamboo-speak for trunks) reach 4-5" in diameter. To control the clump width, cut away the still-soft emerging shoots. Very impressive!



The glowing yellow flowers draw the eye to the golden jasmine.

• Cestrum aurantiacum/Golden jasmine – This is one of our favorites for a flowering shrub border. There are gorgeous golden-yellow flowers during the warm months on this large sun-loving shrub. Please don't shear it, so you can enjoy the flowers.

Photos by Stephen G. Pategas/Hortus Oasis



Silver Falls foliage pairs well with many blossom colors.

• *Dichondra* 'Silver Falls'/Silver Falls dichondra - This silver-leaved vine is striking in containers as it cascades over the rim. Be aware that it will root easily into the ground and spread vigorously. It is low water use, so it is a good pairing with other low water use plants.



Elephants food is a versatile, very low maintenance succulent.

• Portulacaria afra/Elephant's food - This sun-loving and low water use succulent from Africa reaches about 3' tall in the ground and makes a nice cascade in a container. Research shows elephant's food to be an excellent "carbon sponge"

since it absorbs free carbon from the atmosphere which is used to make plant tissue. Carbon is one of the major greenhouse gases which are responsible for the warming of the earth's atmosphere. Yes, elephants do like to eat it.

Hortus Oasis (FL26000315) in Winter Park is a boutique garden design company specializing in residential, commercial and speciality gardens. Stephen is a registered landscape architect and Kristin is a certified landscape designer. Contact them at 407-622-4886/garden@hortusoasis.com



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pop culture detours by George McGowan

"A Hammy Performer Kid" Goes Solo With Impressive Results

Long-time readers of this column know of our love and appreciation for Winter Park native Lindsay "Coco" Hames. The self-described "hammy performer kid" who carried her Fisher Price tape player around the house to serenade whoever would listen has grown into a world-class performer. Her latest work is a self-titled debut solo album that bounces from classic rock and roll romps through tender ballads with great style and skill.

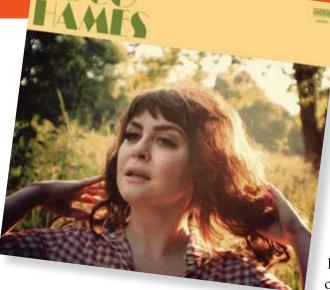
Coco credits her father with introducing her to music and teaching her three chords on the guitar, as she says, "enough to learn how to play 'House of the Rising Sun' and 'Have You Ever Seen the Rain.'" Her mother also had a collection of 45s and played piano in their home. As her sister took piano lessons, Coco precociously learned to play the instrument by ear. Coco would copy what she heard her older sister playing, and recalls once hearing her sister exclaim "it's Canon in D, you're playing it in C!" Coco proudly replied "yeah, but I'm playing it!"

Coco began her professional music career as front woman for the garage-pop combo The Ettes. The Ettes issued four albums between 2006 and 2011 and extensively toured, making a memorable stop at the main stage of the sadly one-off local music festival Orlando Calling in 2011. Coco shared that she would love to return to her hometown to play her new music, "I love coming home to play for lots of reasons, but especially in recent years, Orlando has had awesome crowds. I've been in them and am like, hell yeah, hometown!"

Coco put together an impressive list of collaborators on her solo project, including bassist Jack Lawrence (The Raconteurs), drummer Julian Dorio (The Whigs), and lead

guitarist Adam Meisterhans (The Weight). She explained, "I got the best players (and friends) for the job, and even though I wrote the songs, I knew going into the studio that I was going to need their creativity and expertise to actually make the album." The result is wonderful musicality backing her deeplyfelt vocals. The album was recorded in Nashville's The Bomb Shelter and co-produced by Coco and Andrija Tokic, who has also worked with Alabama Shakes and recent Pop Culture Detour recommendation, Hurray for the Riff Raff.

The album boasts several outstanding songs, one of which is a cover of Bash & Pop's "Tiny Pieces" written by Tommy Stinson of alt-rock legends The Replacements. A quick side note - Coco's husband, Bob Mehr, wrote a definitive biography of that seminal band in "Trouble Boys: The True Story of the Replacements" which is receiving wonderful reviews of its own. Coco's version of "Tiny Pieces" is a duet with John Mc-Cauley of Deer Tick. Coco related that she also con-



sidered other covers including "a Gene & Debbe song, or even a Lee & Nancy" but ended up choosing 'Tiny "from a Pieces' couple different directions," including

hubby Bob's recommendation of the Bash & Pop record, Coco's own booking of Stinson to play at her record store in Nashville, and John McCauley's Replacements fandom. Coco added that Tommy Stin-

son even offered to do the guitar on the song! The album features some other standouts including rocker "I Don't Wanna Go" which is featured in a music video set in Joshua Tree national park; and "You're Calling Me" in which Coco kindly informs a former lover that she has moved on and he should also. The album ends with "Dead River" which Coco explained was inspired by a visit to central Florida's Hontoon Island State Park as a kid. She remembers that she and her dad "crossed a dead river, and I thought 'that's a song." Coco Hames took some time to craft that long-ago memory into a song, but it- along with her early musical inspirations inside a Winter Park home- have been superbly combined into a gifted solo debut.

theater in the parks by Barbara Solomon Who Knew

MURDER FOR TWO WRITTEN BY JOE KINOSIAN AND KELLEN BLAIR **DIRECTED BY ROY ALAN** STARRING KEVIN KELLY AND MICHAEL SWICKARD

I have known Kevin Kelly for ten batch. A Friend Like You and He years, and never knew how proficient a pianist he is. Murder for Two is the funniest musical I have ever seen, made even funnier by the antics of Michael Swickard, who not only plays the piano, but plays all the other roles in the show. The songs are not memorable, but they do move the storyline along. Kevin plays an ing. So get ready to laugh till your face hurts and come find out who inspector who wants badly to move up the homicide ladder to detective. killed the birthday boy. He is confronting a murder where Playing through June 11 at The everyone has motive and opportu- Winter Park Playhouse, 711 N. Orange Avenue, Winter Park. For more nity. Can he solve the crime?

Needs a Partner are also good--as evidenced by reprises of all three. The singing is good, the piano playing is wonderful, the acting is wonderful, and the direction is wonderful as well. This is typical of the performances at The Winter Park Playhouse, where you always leave smil-



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theater in the parks by Barbara Solomon Award-Winning Young Professional Duo At The Winter Park Playhouse

The Winter Park Playhouse Spotlight Cabaret Series will feature two of the area's brightest performing stars of tomorrow! Jasmine Forsberg and Tony Moreno command the cabaret stage as they perform a new cabaret *Rising Stars: Broadway Bound* which will showcase the two graduating High School seniors performing a host of Broadway tunes and standards. Christopher Leavy Playhouse Musical Director will accompany on piano.

Jasmine Forsberg has been performing for most of her young life. Her musical theatre credits include many productions at The Orlando Repertory Theatre - Orphie and the Book of Heroes, A Diary of a Worm, and A Spider and a Fly to name a few. She has been a working theatre professional at The Winter Park Playhouse both on the mainstage, Ruthless the Musical, Celebrate Me Home and The Fantasticks and as a member of the theatre's performance outreach troupe (R.E.A.C.H.) that serves needs based children in Title 1 schools with performances of Schoolhouse Rock Live *Jr.* Jasmine's most recent performance as Ti Moune in Once This Island at Timber Creek High School won her an Applause Award from The Dr. Phillips Center For Performing Arts. Jasmine will be attending Penn State in the Fall.

Tony Moreno is a recent graduate of Trinity Preparatory School where he was Vice President of Thespian Troupe 1780 and an active member in the drama department. Some of his favorite roles at school include Don Quixote in Man of La Mancha, Jesus in Godspell, Jamie in The Last Five Years, Gomez in The Addams Family, and The Baker in Into The Woods. Tony' s role as Jamie in The Last Five Years earned him a National High School Theatre "Jimmy" Award nomination last summer where he traveled to New York City and made his Broadway debut. Tony's work in the Orlando theatre scene includes TheatreWorks Florida's production of Sweeney Todd at the Garden Theatre alongside his teacher and mentor Janine Papin. Tony is also a proud member of The Winter Park Playhouse R.E.A.C.H. program performance troupe. His extensive voice over credits include projects for Disnev Parks, ESL Textbooks, Macv's, Gaylord Palms and Florida Hospital. Tony will be attending The University of Arizona in the Fall.

"Jasmine and Tony are two of our incredible young professional performers and we are thrilled to feature them at The Playhouse before they head off to college. This cabaret is one you won't want to miss as they are Broadway bound!" confirms Heather Alexander, Play-



house Executive Director.

General admission tickets are \$20 plus a one drink minimum. Once sold out, a limited number of "Stand-

The highschool seniors will perform Broadway tunes and standards. Christopher Leavy, the Playhouse musical director, will accompany on piano. Tickets are available at: www.winterparkplayhouse. org. or by calling the box office at 407-645-0145.

ing Room Only" tickets" are available for \$10. Seating is limited so advance reservations are strongly recommended. Doors open at 6:30p.m. for a 7:30p.m. show. Tickets sell out quickly so call The Winter Park Playhouse box office for tickets at 407-645-0145 or purchase online at www.winterparkplayhouse.org.

Annie Russell Theatre At Rollins College Announces 85th Season

'JOIN THE MOVEMENT'

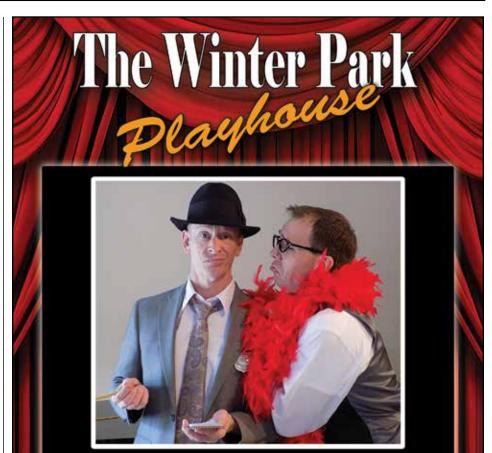
The Annie Russell Theatre, the longest running theatre in Central Florida, announces their 85th season! Running September 2017 through April 2018, the season is inspired by acts of revolution and resistance, big and small.

Here's the line-up:

The Cradle Will Rock Book, Music & Lyrics by Marc Blitzstein Directed by Tony Simotes Music Direction by Jason M. Bailey September 29 – October 7, 2017

Written in 1937 by Marc Blitzstein, The Cradle Will Rock is a musical allegory about political corruption and corporate greed. Set in "Steeltown, USA," it follows the efforts of Larry Foreman to unionize the town's workers. He's thwarted at every turn by Mr. Mister, a local businessman who controls the town's factory, newspaper, and church. Cradle was originally produced by the Federal Theatre Project and directed by Orson Welles. Four days before its open-*Continued on page 14*







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Murder for Two May 12-21 & June 1-11, 2017

Everyone is a suspect in this hilarious murder mystery musical comedy with a twist. One actor plays the investigator, the other plays all 13 suspects, and both play the piano throughout!

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From Page 13

ing night on Broadway, the Works Progress Administration barred the opening of any projects due to "budget cuts." To circumvent the injunction on opening nights, the show was performed with Blitzstein playing piano on stage and the cast members singing their parts from the audience.

Sense and Sensibility Written by Kate Hamill Based on the novel by Jane Austen Directed by Marianne DiQuattro November 17 – December 2, 2017

A spirited new adaptation of the beloved Jane Austen novel follows the Dashwood sisters as they navigate life after the sudden death of their father, which leaves them financially destitute and socially vulnerable. Elinor, the "sense," is governed by her head, and Marianne is all heart and "sensibility." With a band of female gossips an ever-present reminder of the social mores of late 18th-century England, the play is boldly theatrical and refreshingly funny. Sense and Sensibility examines our reactions, both reasonable and ridiculous, to societal pressures. When reputation is everything, how do you follow your heart?

The Women of Lockerbie Written by Deborah Brevoort Directed by Eric Zivot February 16 – 24, 2018

In 1988, Pan Am Flight 103 was destroyed by a terrorist bombing. The plane crashed into residential areas of Lockerbie, Scotland, killing all 257 passengers and crew on board, and 11 people on the ground. Set seven years after the attack, The Women of Lockerbie is the fictional account of a couple from New Jersey who has come to the rolling hills surrounding Lockerbie to honor the anniversary of their son's death aboard the flight. They meet a group of women who are fighting the U.S. government to obtain the clothing of the victims found in the wreckage. The women, determined to convert an act of hatred into an act of love, want to wash the clothes of the dead and return them to the victim's families. A poetic drama about a community's response to terrible suffering, Lockerbie celebrates the triumph of love and connection.

9 to 5 The Musical

Music and Lyrics by Dolly Parton Book by Patricia Resnick, Directed by Missy Barnes Music Direction by Jason M. Bailey

Orlando REP Announces Its 15th Season

The Orlando Repertory Theatre (Orlando REP), in partnership with UCF, is proud to announce its 2017 - 2018 Season! Orlando REP is Florida's only professional theatre for families and young audiences, and has staged recent box-office hits such as *Harry Connick*, *Jr.'s The Happy Elf* and *Curious George: The Golden Meatball*. Auditions for Orlando REP's professional shows are taking place in June. Information can be found at www.orlandorep.com.

This summer includes productions by students of the Orlando REP Youth Academy, including *Chitty Chitty Bang Bang* on July 14 - 30, 2017. A VIP Benefit performance of *Chitty Chitty Bang Bang* features an exclusive catered reception and a chance drawing for baskets of fabulous goodies before watching a private of performance of the show on July 27. Afterwards, mingle with the cast during a dessert meet-and-greet. Tickets are available now at olandorep.com.

The fall kicks off with *Disney's Newsies The Musical* (September 4 - October 22, 2017). This story of Jack Kelly and his gang is based on the real-life Newsboys Strike of 1899 in New York City, where the powerless found the courage to challenge the powerful. This smash-hit musical is an explosion of song and dance with music by Alan Menken, lyrics by Jack Feldman, and a book by Harvey Fierstein; Newsies won the Tony Award for Best Original Score and Best Choreography.

Polkadots: The Cool Kids Musical (October 23 - November 19, 2017) is inspired by Civil Rights pioneers Ruby Bridges and The Little Rock Nine. Polkadots follows Lily Polkadot who just moved to the "Squares Only" small town of Rockaway. This brand-new musical features a book by Melvin Tunstall III, lyrics by Douglas Lyons, and music by Greg Borowsky and Douglas Lyons. The Best Christmas Pageant Ever: The Musical (November 13 - December 30, 2017) rings in the holiday season. Beware the Herdmans; the worst kids in the history of the world! When they crash Sunday school and demand parts in the Christmas pageant, the whole town panics. Jahnna Beecham and Malcolm Hillgartner adapted this musical from the classic book by Barbara Robinson. The New Year begins with Flora & Ulysses (January 29 - February 25, 2018). This 2014 Newbery Medal-winning eccentric adventure from Kate Di-Camillo was adapted for the stage by John Glore. Ms. DiCamillo is also the author of *The Miraculous* Journey of Edward Tulane, The Tale of Despereaux, and Because of Winn-Dixie. Orlando REP is ready to "Move it! Move it!" with Madagascar - A Musical Adventure (February 26 - April 8, 2018). Join Alex the Lion, Marty the Zebra, Melman the Giraffe, and Gloria the hip Hippo, four pampered animals from New York's Central Park Zoo, as they

accidentally find themselves shipwrecked on the exotic island of Madagascar. Based on the blockbuster Dreamworks film, Kevin Del Aguila wrote the book, with original music and lyrics by George Noriega and Joel Someillan. Avast, ye scum buckets and scallywags! *Judy Moody & Stink The Mad, Mad, Mad, Mad Treasure Hunt* is setting sail for Orlando (April 9 – May 13, 2018)! Judy Moody often has flights of fancy, but a real-life adventure on a treasure island just

might be top them all! Orlando REP has teamed up with six other Theatres for Young Audiences around the country to co-commission this play by Alllison Gregory, based on the books by Megan McDonald. But that's not all... Orlando REP's 2017 - 2018 season also includes limited engagements! Orlando's favorite rock band for children and families takes the stage for A Mr. Richard & The Pound Hounds Halloween Concert on October 27 & 28, 2017. Award-winning magician and comedian Tony Brent returns with Pip-Squeak: An Anti-Bullying Magic Show (January 16 - 20, 2018). Using comedy, amazing magic tricks, juggling, and a coat-rack loaded with costumes, Tony gently and humorously teaches children how to cope with being bullied. In addition, children learn to recognize the signs of bullying and whether or not they themselves might be guilty of bullying. The REP will participate in the 4rd Annual UCF Celebrates The Arts at The Dr. Phillips Center in spring of 2018.

Orlando REP is proud to announce *Perspectives:* A Series of Staged Readings for its 2017 - 2018 season. These one-night-only readings of four different plays cover a variety of chal-

Choreographed by Robin Gerchman April 20 – 28, 2018

Subscription packages are \$65, with discounts available for seniors, students, and Rollins alumni. Visit www.rollins.edu/annie to purchase a subscription online, or call the box office at (407) 646-2145.

Additional FREE season offerings are provided by the student-produced and student-directed Second Stage Series, performed in the Fred Stone Theatre. The 2017-2018 Second Stage Series includes:

Eleemosynary

Written by Lee Blessing Directed by Kaitlyn Harrington '18 October 25 – 28, 2017

The Flick

Written by Annie Baker Directed by Nicholas D'Alessandro '18 February 7 – 10, 2018

On the Verge or The Geography of Yearning Written by Eric Overmyer Directed by Nicole Colangelo '18 April 11 – 14, 2017

For more information on the Department of Theatre and Dance at Rollins College, please visit www. rollins.edu/theatredance.



Photo by: Michael Cairns

Academy productions are forthcoming.

Orlando REP's 5th Annual Holiday Family Gala is the only holiday gala created specifically for families and features a private holiday dinner, themed photo booth, visits with Santa, and opportunities to win gift baskets before an exclusive performance of *The Best Christmas Pageant Ever: The Musical* in December. Detailed ticketing information is forthcoming.

Orlando REP also provides ASL-interpreted shows and Sensory-Friendly performances, specially designed for children with autism, Asperger's, or other sensory processing disorders and special needs. Orlando REP's Sensory-Friendly series is sponsored by Massey Services, Inc. Backstage tours are held on select dates, for which tickets will soon be available.

Subscriptions are available for renewal beginning May 30, 2017 and single tickets go on sale July 21, 2017. For more information about Season Subscriptions, Field Trip Reservations, or Orlando REP's 2017 - 2018 season, please call 407.896.7365 or visit www. orlandorep.com.

lenging topics such as immigration, child refugees, urban crime, and the life of a Muslim student in an American high school. Dates and locations for these readings will be announced later in the year.

The season also includes productions by students of the Orlando REP Youth Academy the 15th Annual Writes of Spring production, comprised of winning entries from Central Florida's school children. This year's show is entitled *Writes of Spring 2018: From My Perspective* and takes place on February 2, 2018. Additional Youth



Open 7-days a week - lunch & dinner - Happy Hour daily 5-6:30 pm - Reserve a table online

SCHOOLS 15

schools

of GREATER ORLANDO PRESIDENT BERNARD LODDÉ

As mentioned in this publication's April edition, the global goal of the Alliance Française is "to propagate the French language abroad".

The Alliance Française of Greater Orlando (AFGO) accomplishes this mission in two ways in Central Florida.

First, through its language school, where French is the major language being taught (check our site's "School" page.) Our classes for children (age four to 16) and adults run all-yearlong, without a summer break. It offers private, semi-private and group (three to seven students) courses, at different levels as well as at various days and time. Our language teaching is intensive and highly personalized and our teachers, after a few sessions, know the strengths and weaknesses of each student.

Second, we also propagate French culture through social events, with a mix of "small" and "big" events.

In the first category, we offer each month a potluck picnic, followed by the traditional "pétanque" ball game, at Mead Garden (Winter Park). We also propose a monthly movie night, a potluck dinner followed by the projection of a French movie subtitled in English.

The second category includes about half-a-dozen major events each year. For instance, the next one will be the joint celebration of Independence Day and Bastille Day on Saturday, July 15 in our offices. Excellent food and drinks, a live concert by a French singer (and we will dance!), and a raffle with prizes will guarantee a lovely evening with a lot of fun.

In each of these categories members and non-members are cordially invited to participate.

Finally, we need to mention that our school administrator, who is also our main teacher, organizes a series of parties at her home throughout the year for our students, on various themes: Weenie Roast, Halloween, Valentine's Park Elementary campus so they are close and convenient. The possibilities are endless to keep your little one out of your hair and having a good time!

Camp Invention is a STEM-focused camp where students will get to participate in various STEM (science, technology, engineering, and math) activities to keep their brains working! This camp will be held from July 10th-13th. Activities are hands-on and all labs come from the National Inventors Hall of Fame so students will feel like real scientists! You can contact Mike Reese at Michael.reese@ocps.net for more information.

Leadership 4 Girls is a camp that focuses on empowering your daughter to be an effective leader, to confidently achieve her goals, to positively influence others, and to live a successful, balanced life. This camp has two sessions; one from June 5th-9th and another from June 12th-15th. You can visit www.leadership4girls.org for more information.

The last two camps each have a unique focus that is sure to appeal to your child's desire! Both camps are run through Petite Palette. One camp combines cooking and art. Students will participate in various activities to stretch the brain! This camp runs from June 19th-22nd. The second camp is focused on our younger friends; current kindergarten and 1st grade students. Each day will have a different theme for them to explore! This camp will run from June 26th-29th. For more information on both camps, you can contact Heidi Lifrage at heidilifrage@yahoo.com.

Lakemont Elementary PRINCIPAL DR. BRENDA CUNNINGHAM

As the school year is coming to a close this is the time in which students and staff are awarded for outstanding accomplishments. We have had several students and staff members honored for their hard work and dedication to excellence. We are highlighting just a few of the staff/students who recently received exceptional commendations.

great accomplishment for the team in that our team is comprised of fourth and fifthgrade students. During a Mathletes competition students must compete individually as well as collectively in a relay-style math race.

There are many other students who have represented our school with excellence and pride

St. Charles Borromeo Catholic School PRINCIPAL NATHAN NADEAU

On Tuesday, April 25th St. Charles Borromeo Catholic School hosted their final Home & School Association meeting. Mr. Nathan Nadeau, principal, addressed the parents, recapping the school year, highlighting future plans, and reviewing IOWA assessment results.

Third, fourth, and fifth-grade students kicked off the night with a recorder and Orff concert. The students played soprano and alto recorders accompanied by bass and alto xylophones and soprano glockenspiel. The students' performance was excellent and enjoyed by all.

There was also the display of the annual school-wide art show. The art teacher, Ida Fehrenbach, worked alongside middle school art students to curate and arrange the art for families to enjoy. The artwork highlighted every single St. Charles student's artistic voice. Art content and media ranged widely, from kindergarten painted Easter eggs to 3d ceramic bird sculptures from second grade to an eighth grade photography series.

The evening also included the eighth graders' annual science fair. Students worked in class to prepare and design an original experiment to be presented to a panel of judges. The judges were science professionals from the community. Students were interviewed and critiqued on display and presentation of scientific findings, including professionalism, use of variables, creativity, and ability to accurately follow the scientific method. Pictured are the winners: 1st Place-Kailey Boyd with "BB Bullets vs Fabrics," 2nd Place- Karl Staiger with "Game On!" and 3rd Place-Kristina Arwady with "Wake Up and Smell the Science."

Winter Park Presbyterian PreSchool



VPK Chapel Celebration Program at Winter Park Presbyterian Preschool.

Our campus has been full of special activities as we finish another school year with our young students.

Tricia Wilson, our director, said it best at the VPK Chapel Celebration Program, "This has been an amazing year at WPPP. The teachers and staff have really enjoyed getting to know your beautiful children. It is with mixed emotions that we must say a fond farewell to the children in our VPK classes as they move on to a new environment, where they will meet new children and teachers over the coming years. I pray it's a smooth transition for each and every one of you." The program showcased our young students as each VPK class sang a song, then they all joined together and sang "Jesus Loves Me" accompanied by hand bells.

All the children enjoyed splash parties, warm weather, a sprinkler "car wash," and other celebratory activities. Our VPK classes even had a giant water slide!

Now that the school year is over, we are quickly moving into six summer camp weekly sessions (for ages 15 months to five years). We are looking forward to offering more water days, art camp sessions for grades K-5th, plus a Music & Movement camp! Call us at (407)629-0727 to learn more. We may still have a space for your child!

Have a wonderful summer!

Day, Tropical Heaven, Christmas.

Whether you are interested in our language courses, our social events, or our membership, you are invited to check our website: www.aforlando.org.



School may be out for the summer, but opportunities for fun last all year long! Audubon Park Elementary has several options for students this summer to continue learning or just have fun with friends. Numerous summer camps are offered including Camp Invention- a STEM-focused camp; Leadership 4 Girls; an Art/Cooking camp; and a Little Explorers camp! All camps will take place on the Audubon Two staff members, Kimberly Garrett, third grade teacher and Adrianna Mantilla, school nurse were recognized by Dr. Barbara Jenkins, Superintendent of Orange County Public Schools, for their commitment to student safety and providing exceptional customer service. The two employees worked together in helping a child, who suddenly fell devastatingly ill, get emergency medical attention. The child's parents were completely taken by surprise and the accurate, quick, calm response of the staff members helped to keep them and the child at ease.

Finally, the Lakemont Mathletes have brought consistent victory by bringing the trophy back to Lakemont for three months in a row! This is a

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Audubon Park Garden District Events

Ongoing Events

Every Monday night Community Market – 6:00 to 10:00 p.m. at Stardust Coffee parking lot located at 1842 E. Winter Park Rd. For information call 407-590-8776.

Baldwin Park, College Park and Orlando Area Events

Ongoing Events

Every Monday and Friday Plant Clinics - 8:00 a.m. to noon and 1:00 to 5:00 p.m. at the UF/IFAS Extension Orange County, located at 6021 S. Conway Rd. For more information, please call 407-254-9200 or visit http://orange.ifas.ufl.edu/res_hort/.

Every Monday Smarty Pants - 10:15 a.m. storytime for children ages birth-5 years at the Edgewater Branch Library located at 5049 Edgewater Dr. For more information call 407-835-7323.

Every Wednesday Mills50 MidWeek Group Runs – 6:00 p.m. at Track Shack located at 1104 N. Mills Avenue. This event is free to runners of all abilities. For more information, please visit www.TrackShack.com.

Every Wednesday Belles and Beaus Dance Club has

dances every Wednesday from 7:00 to 9:30 p.m. at the Marks Street Recreation Complex located at 99 E. Marks Street. Join in for an evening of fun and dancing to music by the Soft Touch band. Refreshments are available. Singles and couples are welcome. Cost: \$5.00 per person. For more information please call 407-277-7008.

Every Thursday College Park Farmers' Market – 5:00 to 9:00 p.m. located at 1600 Edgewater Drive. For information call 407-999-5251.

Every Friday Your Adult Club Socials (Y.A.C.S.) Dance

- 7:00 p.m. to 9:30 p.m. at the Marks Street Recreation Center, 99 E. Marks St., Orlando, FL. Admission is \$4.00 for members and \$5.00 for guests. Dress code of no jeans, tennis shoes, or tee-shirts. Singles and couples are welcome. For more information, please call Joan at 407-339-5393.

Every Sunday Downtown Orlando Farmers' Market – 10:00 a.m. to 4:00 p.m. at Lake Eola. For more information call 407-246-3625.

Monday - Friday Each Week Seniors' Program in College Park – 9:00 a.m. to 1:00 p.m. at the College Park Community Center located at 2393 Elizabeth St. For information call 407-246-4361.

First Friday of Each Month (January - June 2017) Baldwin Park First Fridays - 5:30 to 9:30 p.m. along New Broad Street. This monthly sidewalk art stroll and festival is free and open to the public.

First Friday of Each Month The Art Stroll of Ivanhoe Village – 6:00 to 9:00 p.m. on Orange Ave. between Princeton and New Hampshire.

June 6 Native Plant Society Meeting - 7:00 p.m. at Harry P. Leu Gardens located at 1920 North Forest Avenue. Shirley Cannon of the Pine Castle Historical Association, will present old pictures of Orlando and Orange County's Pioneer Period. The meeting is free and open to the public. For more information, please call 407-647-5233.

Maitland Events

Ongoing Events

Every Sunday Maitland Farmers' Market at Lake Lily.

Every Thursday Healthy Maitland Walk 6:30 a.m.; **Babytime** 10:30 to -11:30 a.m. and **Adventures w/Books Club** 2:30 to 4:30 p.m. at the Maitland Public Library.

Winter Park Events

Ongoing Events

Mondays through Fridays (June 5 to August 11) Summer Camp at the Winter Park Community Center – Grades 1-5, and space is limited. Junior counselor positions for grades 9-12 are also available. For more information, and to register, please visit www.cityofwinterpark.org.

Every Tuesday and Thursday "Hands-on Gardening" 9:30 a.m. - Noon at the Albin Polasek Museum and Sculpture Gardens. For more information regarding this free year-round event please call 407-647-6294.

Every Tuesday, Friday and Saturday Winter Park Benefit Shop – The shop is located at 140 West Lyman Avenue and is open from 9:30 a.m. - 1:00 p.m. on Tuesdays and Fridays, and from 10:00 a.m. - 1:00 p.m. on Saturdays. Donate or purchase clothing, bedding, jewelry, kitchenware and more. Proceeds benefit various children's programs and the local branch of Orlando Blind. For more information please call 407-647-8276.

Every Tuesday and Thursday Curator Tours of Louis Comfort Tiffany's Laurelton Hall – Curator tours of Louis Comfort Tiffany's Laurelton Hall at 11:00 a.m. and 2:30 p.m. at the Charles Hosmer Morse Museum of American Art located at 445 N. Park Ave. Space is limited and free with museum admission. To learn more about this event with Curator Donna Climenhage please call 407-645-5311 or visit www.morsemuseum.org.

Every Wednesday Plant Clinic – 3:00 to 5:00 p.m. at Harry P. Leu Gardens, 1920 N. Forest Ave. For more information, please call 407-254-9200 or visit http:// orange.ifas.ufl.edu/res_hort/.

Every Thursday "Walk With A Doc" – Enjoy a rejuvenating 45-minute walk with Florida Hospital physicians. This free event is held at 6:00 p.m. at the Crosby YMCA. For more information, or to reserve your spot, please call 407-644-2300.

Every Saturday Winter Park Farmers' Market – 7:00 a.m. to 1:00 p.m.

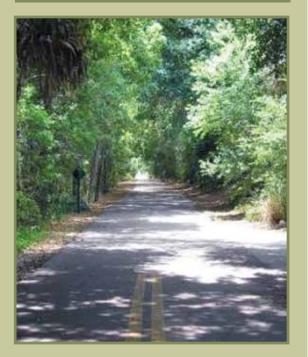
Every Saturday and Sunday Line Dance Class – 10:00 a.m. Saturday for experienced dancers, and 3:00 p.m. Sunday for beginners at the Winter Park Community Center located at 721 W. New England Avenue. Enjoy music, make new friends, and get some fun exercise at the same time! For more information please call 407-592-7835.

Every Sunday Winter Park Running Group– 7:00 at Park Avenue and Welbourne. New participants are welcome to join. For more information, please email jackgallagher@gmail.com.

Every Sunday Music at the Casa – This free event featuring professional musicians and performers is hosted at Casa Feliz every Sunday from noon – 3:00 p.m. For more information call 407-628-8200 ext. 3 or visit www.casafeliz.us.

June 3 Summertime Kickoff – Noon to 6:00 p.m. at the Winter Park Community Center Pool. For more infor-

JUNE HIGHLIGHT



Community Meeting - Help Orange County Grow Our Urban Tree Canopy. June 13, 5:30 p.m. to 7:00 p.m. at the Commission Chambers, first floor, County Administration Center, 201 S. Rosalind Ave. Public opinion requested. Contact David Jones at david.jones2@ocfl.net or call 407-836-1434.

June 8 Winter Park Sip, Shop & Stroll – 5:00 to 8:00 p.m. along Park Avenue. For more information, please visit www.cityofwinterpark.org.

June 8 Popcorn Flicks In The Park – 8:00 to 10:00 p.m. featuring the showing of "Close Encounters of the Third Kind" in Central Park. For more information, please visit www.cityofwinterpark.org.

June 18 Polasek Museum Offers Free Admission to Dads on Father's Day – 1:00 to 4:00 p.m. For more information, please visit www.polasek.org.

June 27 Ballroom Dance Lessons – 7:00 p.m. (Beginners) and 8:45 p.m. (Intermediate) at the Winter Park Farmers' Market. This eight-week class is for beginners. For more information, please visit www. cityofwinterpark.org.

July 4 Watermelon 5k - 7:00 a.m. at 251 Park Avenue. Start your Independence Day the right way with a 5k! Join friends, family and neighbors for a morning celebration featuring ice cold watermelon and American pride. To register, please visit www. trackshack.com

July 4 4th of July Celebration – 9:00 a.m. to noon in Central Park. For more information, please visit www.cityofwinterpark.org.

July 4 Independence Day Holiday Tours – Noon to 5:00 p.m. at the Winter Park Community Center Pool. For more information, please visit www.cityofwinter-park.org.

June 13 Community Meeting - Help Orange County Grow Our Urban Tree Canopy – 5:30 to 7:00 p.m. at the Commission Chambers, first floor, County Administration Center, 201 South Rosalind Avenue. Public opinion requested. for more information about the community meeting or the tree canopy and stormwater study, please contact David Jones via e-mail at david.jones2@ocfl.net or via phone 407-836-1434.

June 13 Free Women's Self Defense Class – 6:00 to 8:00 p.m. at Wadeview Neighborhood Center located at 2177 S. Summerlin Ave. for more information, please visit www.cityoforlando.net/nno or call 407-246-2369.

July 3 Independence Bash – 6:00 to 11:00 p.m. in Baldwin Park. Fireworks over Lake Baldwin at 9:15 p.m.

July 4 40th Annual Fireworks at the Fountain – 4:00 p.m. at Lake Eola. For more information, please visit www. cityoforlando.net. mation, please visit www.cityofwinterpark.org.

June 7 Water Water Everywhere. Will There Be Enough To Drink? – 8:30 a.m. to 3:00 p.m. at the FFGC Headquarters located at 1400 S. Denning Drive. Join the Florida Federation of Garden Clubs for its celebration of National Garden Week. The celebration begins with a guided tour of Leu Gardens. The tour is followed by a presentation on environmentallyfriendly landscapes (11:15 - 12:15); lunch and "Waterwise" plant sale (12:15 - 1:00); a presentation entitled "Water is a Many Faceted Issue" (1:00 - 2:00); and a demonstration of cascade of floral designs (2:00 - 3:00). For more information please call 407-620-0975.

June 7-8 Rising Stars: Broadway Bound – 7:30 p.m. at The Winter Park Playhouse. This Spotlight Cabaret Series will feature two of the area's brightest performing stars of tomorrow! Jasmine Forsberg and Tony Moreno are two graduating high school seniors performing a host of Broadway tunes and standards. Christopher Leavy, Playhouse musical director, will accompany on piano. For more information and tickets, please call 407-645-0145 or visit www.winterparkplayhouse.org. 1 0

July 13 Popcorn Flicks In The Park – 8:00 to 10:00 p.m. in Central Park. For more information, please visit www.cityofwinterpark.org.

July 13, 14, 15 St. Margaret Mary Annual Rummage Sale – 8:00 a.m. to 2:00 p.m. at St. Margaret Mary located at 560 North Park Avenue. All proceeds benefit our brothers and sisters in Haiti. For more information contact: Anne McQuiggan at 407-671-4798 or annemcquiggan@comcast.net.

