The Park Press

Positive news that matters

Winter Park | Baldwin Park | College Park | Audubon Park | Maitland



Green Garden Design



Ready To Rule School



Calendar Of Events

For updated news, events and more, visit www.TheParkPress.com

Hometown Proud!



Each year as summer comes to an end, and the majority of school-age children are getting their back-to-school shopping out of the way, there is a group of kids in Central Florida who have been training tirelessly in preparation for the pinnacle event of their sporting season- the Junior Olympic Diving National Championships. These kids are divers- no, not the "strap on a tank and some flippers" brand of divers- these are the "throw your twisting and flipping bodies from heights ranging from 3 feet to 30 feet above the water" brand of divers... and this past month, two of those hometown kids were inducted into diving royalty.

The University Aquatic Center on the campus of the University of Minnesota in Minneapolis played host to this year's competition, in which two new Junior Olympic Diving National Champions were crowned: Winter Park resident Grace Cable took Gold on the 3 meter springboard in the 12-13 age group, while fellow teammate and Orlando resident, Maggie Merriman, captured the Gold in the 12-13 platform event.

The competition itself takes the better part of a week to complete, with over 600 of the top divers in the country competing. There

are four age groups represented: 11 and under, 12-13, 14-15 and 16-18 in both the boys and the girls categories and the athletes compete on the 1 meter and 3 meter springboards as well as the 5 meter, 7.5 meter and 10 meter platforms. Those athletes in the 14-and-up age groups are also allowed to participate in both the 3 meter springboard and the 10 meter platform synchro: events. The top 30 divers in each event have been vetted through

prequalifying regional and zone championships throughout the summer months.

Grace and Maggie are both thirteen years old and train at the YMCA aquatic center on International Drive in south Orlando. The girls dive under the guidance of YCF Diving's head coach and two-time Olympian, Mark Ruiz; and assistant coach and recent University of Miami Sports Hall of Famer, Bryan Gillooly. The girls both had a great overall meet with Cable finishing second to Merriman on platform and seventh on the 1 meter springboard and Merriman finishing fourth on 3 meter and sixth on 1 meter.

on wasn't enough, both girls were selected to represent the USA at the Junior Pan American Championships that will take place at the end of this month at the University of Arizona in Tucson. The Junior Pan American team chosen to represent team USA was selected based on the results from last month's National Championships in Minnesota. Only 24 athletes are selected, 12 boys and 12 girls. Congratulations Grace and Maggie and good luck at Pan Ams, you have made your hometowns

Helping To "Squeeze Out Cancer" With Virtual **Lemonade Stand**

Ten-year-old Mark McHale is sharing his generosity by donating the proceeds from his lemonade stand to Florida Hospital Cancer Institute. Mark collected \$168 to support kids battling cancer at Florida Hospital Cancer Institute by building and managing his own lemonade stand right here in Central Florida. Starting from scratch Mark drew blueprints, strategized a marketing plan, and built the structure that would help run his business.

Inspired by his generosity, Florida Hospital Foundation has helped Mark to take this pay-it-forward

business model



As if coming home a new national champi- : Internet using CelebrateGenerosity.org. This virtual, online-giving platform allows friends, family, and community members inspired by Mark's generosity to support his campaign for kids with cancer. Did we mention Mark's virtual lemonade stand has zero calories? Don't worry about your waistline! This virtual lemonade will only touch your heart and positively impact kids battling cancer at Florida Hospital Cancer Institute.

> CelebrateGenerosity.org is a peer-to-peer onlinegiving platform that allows anyone to pledge a celebration by creating and managing their own giving Continued on page 8

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Publisher's Message



RICK CABLE

Like many, I attend meetings and events with a preconceived idea of how things will play out. I'm usually familiar with the location, and I typically have an overall agenda. I tend to set my sights prior to arriving on some level of personal expectation that can easily be achieved, and then look for other opportunities that might come my way unexpectedly.

Well, I recently found myself attending a birthday celebration at the dog park that was coordinated by my wife. Yes, you read that right, and yes, as you can imagine, the expectations that I had set were quite low. All I knew was this was not the place for flip flops and I needed my sunglasses and a large coffee. I also knew the invitation was to all the families who adopted from the same rescue litter as we did almost a year ago.

For whatever reason, I had never actually been in Fleet Peeples Park

before, but let me state what a treasured gem this is to have in our area. It's like the perfect theme park for dogs, and the lake access makes it truly unique. Upon walking in, I immediately knew this was a place full of happy dogs and great people.

I was shocked and quite moved to see these pups from this litter reunite. They actually recognized each other, and seemed to be so happy and healthy. It was also great to meet the other owners, as we shared something in common through the relationship of our pets. Perhaps the most rewarding moments to see was when the owners of Ruff Rescue of Central Florida showed up. Pat and Jose had rescued the mother of this litter, delivered and cared for all of these pups, and then found them great homes. Each dog greeted them with tails wagging and slobbery affection.

To my surprise this event well exceeded my expectations. I met great people who, like our family, treat their dogs like family members. I saw dogs of every breed, mix, size and shape, play with each other without a care or stress in the world. I met someone who drives more than an hour to bring his dog here three days a week. He says it's because his dog enjoys it, but I got the feeling he enjoys seeing his dog being here.

In closing, please always keep the rescue organizations in mind if you are looking for a pet, or a good charitable tax deduction. They work hard in doing good work for some of the best creatures on earth.

As always, thank you for reading The Park Press and we look forward to the great things to come.

Rick Cable
Publisher/Founder



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House of Hope Run Around the Pines 5k

February 15, 2014 | Winter Park

Benefiting House of Hope

Zimmerman Kiser Sutcliffe
Winter Park Road Race 10k & 2 mile

March 15, 2014 | Winter Park Benefiting Meridian Club of Winter Park Scholarship Fund

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1104 N. Mills Ave. | Orlando, FL 32803 | 407.898.1313

R-E-S-P-E-C-T

By Tricia Cable

I am more than intrigued by the high level of confidence that the youth of today possess. I am hopeful that these super educated and highly competent children with grow up to cure cancer, end poverty and promote world peace. Maybe they are the answer to all our problems. Maybe they are the ones whose ultra-exaggerated egos will save us from ourselves and take care of us when we are old. I say this because I am pretty fed up by the lack of respect for their elders and each other at times that the current generation displays.

Maybe it was the influences I had growing up, but even if I knew with absolute certainty that an aunt or a friend's parent was wrong on

a topic, I would have never (and I mean never) contradicted them. I knew to hold doors for the elderly, and moms with strollers. And heaven forbid I interrupted one of my parents while they were talking to friends or on a phone call.

But these standard manners or social graces seem to have fallen by the way side with today's youth. Is it just me, or have you noticed it too?

I think it is a combination of lack of respect and the overwhelming wealth of information; and not factual information, just simply, the flow of any and all information over the social media outlet of the day. And God love them, my girls believe almost everything they hear...it both cracks me up and is a constant source of frustration. Thank God I got to both of them on the "where do babies come from"

front before they read all the various versions that can be found over the World Wide Web. We know so little and they know it all....yeah, right!

I wish I had thought to keep a running tab from birth to graduation on each of my children. I would love to be able to put a bill in the envelope along with their card congratulating them on their accomplishments. I kid, of course, but interestingly enough one of the questions posed by my sixth-grader after conducting the much dreaded "birds and the bees" talk was, "How much does it

cost to have a baby?" I was relieved given the other questions I had painfully anticipated, but at the same time, I had to go with my standard answer to most of the questions I don't know the answers to.... "I wish I knew!"

I wish I had thought to keep a running tab from birth to graduation on each of my children. I wish I knew going in to parenthood that the good days would outnumber the bad. Because on those bad days when you feel like no one is listening and no matter how hard you try, they just don't get it- they do and they will. Sure they will still make stupid mistakes. But haven't we all and didn't we learn what not to do from the misjudgment used the first time around? I wish I knew going in if, in spite of it all, they would

still turn out okay on the other side

The reality of it is, they will absolutely turn out okay. When they are tasked for the first time with taking a new client to dinner, they will realize that "elbows off the table," "napkin in your lap," and for God sake "don't chew with your mouth open" will make perfect sense. They will realize that when in business, listening skills are underrated and interrupting your boss midconversation will not go over smoothly. They will hold doors open, say please and thank you and whether they take the time to thank us or not, we will have made a difference in the person that they have become. They will, just like we did, learn from those stupid mistakes and they will come out on the other side, not only great students and productive employees, but good people. Respectful people who may find the cure for cancer, end poverty, promote world peace, and take care of all of us when we are old! ■



Copyright ©2003 by Raúl Colón, Rise the Moon

Tall Tales and Huge Hearts: Raúl Colón

August 24 – November 3, 2013

This exhibition, the 9th in the Orlando Museum of Art's annual Art of the Picture Book Series, will feature the work of popular award-winning artist Raúl Colón. This exhibition, organized by the National Center for Children's Illustrated Literature, Abilene, Texas, will include fun, interactive gallery activities for young visitors and their families.

Special Free Event: A family program will be presented by Raúl Colón on September 28 at noon. Hear how he creates his images and have your book signed. Free admission on September 28 to the Museum galleries in celebration of National Museum Day with ticket printed from: **smithsonianmag.com/museumday**

Orlando Museum of Art 2416 N. Mills Ave. Orlando, FL 32803 407 896 4231 www.omart.org





NEWS The Park Press | SEPTEMBER 2013

City Commissioner's Message

Commissioner Robert F. Stuart, City of Orlando District 3



PORERT E STUA

tiful."

I love fall in the City of Orlando! As we celebrate the start of a new school year, the start of football season and the beginning of cooler weather (hopefully), I wanted to take a moment to let you know a few ways you can enjoy our city as well as help us "Keep Orlando Beau-

On Friday, September 20, head over to the Audubon Park Garden District (audubonparkgardens.com) along Corrine Drive to see all of the creative ways that different groups have turned parking spaces into pop-up mini parks. PARK(ing) Days is designed to upend ideas about public space, automobiles and how we can live in our urban communities. We had a similar event downtown a few months ago and the unique and varied ways that many of our downtown parking spots were used provided valuable lessons not only in the merit of transportation alternatives, but also at how creative our communities can be when they can come together to contemplate land use and planning issues.

Then on Saturday, September 21, please join us at Edgewater High School for the first "Take Heart Orlando" Community-Wide Hands-Only CPR/ AED Training. As you may have heard, Mayor Dyer announced during his State of the

City address in February that it is our goal to train EVERY Orlando resident in "Hands Only" CPR and the use of AED devices during the next five years. We have finished training our entire city workforce and now OFD is moving into the public outreach phase of their plan. I am so excited that the very FIRST community training will take place in District 3. With every second between when an incident occurs and when CPR begins being vital to saving a life, just think what a difference it could make if all of our neighbors could perform CPR or properly engage an AED in those few critical minutes while waiting for our fire department to arrive. For more information or to sign up for this free training, please call 407-246-4277 or email handsonlycpr@cityoforlando.net.

Also on September 21, 2013, please join us for the annual Florida Coastal Cleanup, an event designed to clean up the shorelines of different lakes in our city, which eventually drain into the Atlantic Ocean or Florida Bay. Volunteers are needed at Lakes Ivanhoe, Underhill, Lucern and Park Lake. For more information, please visit www.cityoforlando.net/kob.

And speaking of lakes, did you know that we have more than 90 named ones in the City of Orlando? All of these lakes are connected to each other all the way to the coast through different drainage basins. And while many of us don't live directly on one of our city lakes, their health and well-being is a benefit to all of us because

their tranquility is certainly one of the great features of our city. There are many ways you can help keep our lakes in great shape; one way is to make sure you don't blow leaves or grass clippings onto the street as they will eventually flow into one of our city's storm drains... as the motto goes, "Only Rain Down the Drain."

Following the Coastal Cleanup is another great event in the city, our National Public Lands Day celebration on September 28 from 9 a.m. to 3 p.m. at Bill Frederick Park at Turkey Lake. Join us for this free event that will include special activities and demonstrations such as nature art projects, hiking, disc golf, fishing and boating. For more information, please visit www.cityoforlando.net/billfrederick.

Also, if you live near a park, green space, right of way or school that you feel could use a little sprucing up, please consider coordinating a City Green-Up project in your area. This wonderful program brings together volunteers and City staff to work together on landscaping projects. It not only provides a unique way to beautify our neighborhoods, but it also gives residents a way to feel connected to their city and take pride in their community. To learn more about this program, please visit www. cityoforlando.net/greenup.

As always, thanks for your support of our Great City! Hope to see you around the district this month.

-Robert ■

ROBERT F. STUART | COMMISSIONER, DISTRICT 3, CITY OF ORLANDO | 400 S. ORANGE AVENUE, ORLANDO, FL 32801 | 407-246-2003 | ROBERT.STUART@CITYOFORLANDO.NET



Winter Park Mayor's Message

Mayor Ken Bradley

Innovative Methods Used To Reduce Crime



Ken Bradle

When the Central Florida area, Winter Park included, was experiencing a rash of property crimes- particularly burglary in our residential neighborhoods- our Winter Park Police Department (WPPD) used innovative and unconventional

methods to aggressively discourage further criminal activity. Each division used unique assets such as data-driven statistics, engaged the community and various watch programs, and implemented a strong public outreach campaign through the use of traditional and social media. A sense of omnipresence was felt due to highly visible patrols and traffic enforcement. Door hangers were distributed in targeted areas. Crime analysis was intensive and follow-up by the Investigations Division was relentless and focused. All of these efforts, coupled with

our residents' diligent eye for unusual behavior helped successfully suppress criminal activity in our city.

In fact, according to mid-year statistical information, when comparing the first six months of 2012 to the first six months of 2013, Winter Park has experienced the following reductions:

- 42.9 percent reduction in burglaries
- 23.1 percent reduction in robberies
- 21.4 percent reduction in simple assault
- 17.1 percent reduction in total non-violent crime

Working together creates a stronger and safer community that allows Winter Park to have one of the lowest crime rates in Central Florida. Thank you to our officers, elected officials, business community and residents for your care and diligence in keeping our crime rates low and our city safe.

In addition to crime reduction, the WPPD, has been extremely successful in another area of

enforcement. For the first time in its 125 year history, WPPD has placed in all categories of the annual Law Enforcement Challenge competition. This annual competition is designed to reward agencies throughout the state that have excelled in programs to boost safety belt use, reduce drunk driving and encourage traffic safety initiatives.

The department won 1st Place in the DUI Challenge, 2nd Place in the Overall Law Enforcement Challenge and 3rd Place in the Click It or Ticket Challenge. The Florida Department of Transportation awarded WPPD 37,000 points which translates into \$37,000-worth of highway safety equipment that the city can now purchase making our roads even safer. Congrats again to WPPD for their continued efforts in making our streets, neighborhoods and city one of the safest in the region.

If you have been a victim of a crime, you realize we cannot rest until our city is crime free. But until then, I am grateful for the WPPD who constantly work with us and for us to keep us safe. For crime prevention tips, daily updated crime maps, and other important information, please visit wppd.org, become a WPPD fan on Facebook at facebook.com/WinterParkPD or follow WPPD on Twitter at twitter.com/WinterParkPD. Congratulations again to our brave men and women in blue. Thank you for all you do.

Sincerely,

Mayor Kenneth W. Bradley

The Park Press | SEPTEMBER 2013 NEWS

Maitland Mayor's Message

Mayor Howard A. Schieferdecker



HOWARD A. SCHIEFERDECKEI

Maitland Police Department Earns Reaccreditation

work, thousands of pages of documents and an on-site visit, the Maitland Police Department earned its fourth consecutive Commission for Florida Law Enforcement Accreditation award. The

department was presented with this prestigious award on Thursday June 27 during the commission's annual business meeting. This was the Maitland Police Department's fourth successful re-accreditation after first being accredited in

The award was the culmination of three years of labor to maintain compliance with the rigorous rules and regulations required by the commission and included a three day visit to our department by three assessors from the commission. The Commission for Law Enforcement Accreditation was established in 1995 and is the accrediting body for law enforcement agencies

After three years of hard in our state. This organization is responsible for reviewing the policies, procedures, daily operations, equipment and facilities of a law enforcement agency to determine if they meet the ridgid standards as outlined in the commission's rules and regulations.

> This sounds very impressive but what does the accreditation process mean to you, the residents of our city? The accreditation award en-

sures that your police department is prepared to prevent and control crime through the effective use of industry "best practices," that is, we use the most up-todate and proven methods in our day-to-day delivery of services. You may be assured that your police department has policies and procedures in place that ensure your police operate in a professional, ethical and modern manner, that we embrace the "community

policing" philosophy and acknowledge that we must have a partnership with our community in order to be effective. The accreditation process goes even further and examines and audits three years of documents and department paperwork to ensure we are in compliance with the more than 250 accreditation standards. After a department receives their initial accreditation they receive an on-site visit every three

years from three assessors who are appointed by the commission. These assessors

visit the department and examine every aspect of the operation including, policies and procedures, the vehicles and the physical plant. While on-site they question members of the department from all divisions and may even speak with citizens. Then the assessors present their findings and recommendation to the commission who determine if our department was in compliance and should be reaccredited.

This entire process is voluntary and not all police departments participate. Your police department made the choice to participate in the accreditation process to ensure that you are provided the highest level of professional law enforcement services. Because this award is such an important accomplishment the award ceremony was attended by Vice Mayor Linda Frosch, City Manager Jim Williams, Chief Doug Ball, Deputy Chief Bill McEachnie and Lt. John Schardine. The commission was impressed that our city officials traveled four hours to Bonita Springs to attend this ceremony and noted that our city officials' attendance was reflective of the city's dedication and commitment to the accreditation process. Because the accreditation process never stops we are already preparing to our next re-accreditation in 2016. ■

Interested In Performing In A Talent Contest?

The Maile Image, Modeling and Acting School and the Seminole Towne Center are hosting their ninth annual Talent Showcase on Saturday, October 5. The contest is open to singers ages 6 to 17, and each contestant will perform a 90 second song. One winner will be selected from the 6-11 and 12-17 age groups, and each will receive a \$50 gift certificate to the Seminole Towne Center, a full tuition acting scholarship to The Maile Acting School (valued at \$610), and a future live show performance and appearance in a television commercial produced by WKMG Local 6.

The application deadline is Saturday, October 5, and the number of participants is limited. For more information or to register please call 407-628-5989. ■



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Whole Foods Market, Winter Park

1989 Aloma Avenue, Winter Park FL 32792 Open 8:00 a.m.- 10:00 p.m. 7 days a week

NEWS The Park Press | SEPTEMBER 2013

County Commissioner's Message

Commissioner Ted B. Edwards, Orange County, District 5



TED B. EDWARDS

Convention season has again arrived and tens of thousands of people from all around the world are descending upon Orange County to visit one of our nation's most preeminent conference facilities, the Orange County Convention Center. Orange County owns and

operates the facility and funds its maintenance and operations with Tourist Development Tax (TDT) dollars. The Tourist Development Tax is a tax on hotel beds and as such is paid for mostly by tourists and business travelers; in the 2012-13 fiscal year, the tax will raise an estimated \$180,561,718 in revenue for local governments.

According to Business Review USA, the center is the largest convention space in the country. It is also the second most popular convention destination for large trade shows. The center hosted 174 total events from September 2011-2012. Of those events, 85 were conventions or trade shows, 64 were meetings and conferences, and 25 were ticketed events and banquets open to the general public. The economic impact from

these shows is enormous. In the last fiscal year, they brought \$2 billion in economic impact to our community. Conventions and trade shows impacted over 1,000 businesses and over 25,000 employees across Central Florida.

The attendees themselves also greatly affect our economy. In fiscal year 2011-2012, 1,319,829 visitors attended events at the convention center. The average convention attendee spends between \$860-\$1,320 per trip and stays for three nights. Ninety three percent of visitors stay in a hotel, generating TDT revenue. Many of these visitors also patronize local businesses. Twenty-nine percent take advantage of local dining opportunities, twenty five percent visit other entertainment venues, twenty four percent go shopping, and twenty two percent visit amusement parks. Last year the total spending by convention delegates reached \$1.3 billion.

The Orange County Convention Center first opened its doors in 1987. Orange County is in the midst of a \$187 million capital improvement plan (CIP) to renovate the facility and keep it competitive with convention centers nationwide. The West Building will get a major renovation which will include both aesthetics

as well as life safety improvements. Examples of some of the enhancements include curtain walls, lighting and utility upgrades, restroom renovations, and fire alarm systems. An existing exhibit hall will be retrofitted to become flexible ballroom space. New furniture groupings will also be added to all concourses to make for a more relaxed and less industrial atmosphere. To ensure more reliable coverage the convention center has also upgraded the wireless system in both buildings to handle more attendees on cell phones, tablets, and portable devices at one time

I'm proud of the Orange County Convention Center's positive economic impact on Central Florida's economy. If you have any questions or concerns about the convention center or any other county issue please feel free to contact me or my staff, Edgar Robinson and Lynette Rummel. We can be reached at 407-836-7350 or by email at district5@ocfl.net.

Ted a Church

Commissioner Ted Edwards, Orange County, District 5 ■



Orange County Mayor's Message

Mayor Teresa Jacobs



Teresa Jacobs

With its am so pro charming art who renew district, internationally acclaimed bistros 2013 Summand beautiful historical tiative has architecture, The Summand beautiful historical tiative has architecture, The Summand month-lon known as Orand matchange County's teer service

City of Culture. Its old world ambiance truly harkens back to days of Old Florida.

Where else in Orange County can you find graceful oaks and sprawling green spaces embraced by genteel hospitality and modern sophistication?

Along with its historical significance in Orange County, Winter Park has always enjoyed a long and enduring tradition of volunteerism and community service. I

am so proud of our many citizens who renewed their commitment to improving Orange County and the City of Winter Park through my 2013 Summer of Service initiative. This is the second year that the initiative has taken place.

The Summer of Service is a month-long program that mobilizes and matches citizens with volunteer service events. The goal is to improve our neighborhoods and communities while encouraging a lifestyle of service. By encouraging our citizens to dedicate just a few hours this summer and by lending a helping hand to our neighbors, we collectively give back to our community and improve the lives of those in need.

I wish to extend my sincere appreciation to our volunteer citizens who supported the storm drain labeling project in Winter Park's

neighborhoods near Semoran Boulevard and Aloma Avenue. In collaboration with Orange County's eVIP, the Environmental Volunteer & Internship Program, a total of 47 volunteers labeled various storm drains with "no dumping" placards to improve the water quality of Winter Park's nearby

of Winter Park's nearby lakes and streams.

Each new administration has a chance to put its mark on the office of Orange County Mayor. I've placed a focus on public engage-

ment and service to our community.

Whether it's a day of volunteer service or a lifelong career, challenge yourself, and consider the talents you possess when seeking community service and volunteer opportunities. Service is about what you can do for others; what better

way to become involved than to give what you're most passionate about by using your talents, interests, and expertise to benefit others. For me, that passion is public service and serving the citizens of Orange County and Winter Park.

Please join me in thanking our

volunteers and Orange County's staff for their hard work in successfully bringing this important service project to Winter Park.

As always, I encourage you to visit Orange County's website, www.ocfl.net,

and I invite you to connect with me on Facebook by searching Orange-CountyMayor or on Twitter, @Mayor_Jacobs. You can also subscribe to my newsletter, Orange County Connect.

Teresa Jacobs
Orange County Mayor ■





The Park Press | SEPTEMBER 2013



KAREN CASTOR DENTEL, PHD

Representative's Message

Karen Castor Dentel, PhD, Florida House of Representatives

Dear neighbors,

Serving the people of House District 30 in the Florida House is a tremendous honor. The 2013 legislative session recently concluded and I am pleased to provide an update.

While our state's \$74.1-billion budget doesn't include all the priorities that I think are important, such as expansion of health coverage for working families, it does fund many critical needs. Here are few highlights:

- Because of an improving economy, the House and Senate passed a budget that includes a billion-dollar increase to K-12 education, improved higher education resources, \$70 million for Everglades restoration, and increased funding for public safety, all priorities I supported.
- To prepare students for success, Florida high schoolers are now required to complete a financial literacy course. Students will learn how to balance a budget, manage a bank account, and navigate the credit system, all in an effort to avoid devastating bankruptcies and foreclosures.

- In order to provide all of our high school graduates with modern skills for today's jobs, we created an additional pathway to graduation. This program will allow students to earn industry certification in high-wage, high-need areas so they are prepared to enter the world of work if they choose not to attend college.
- Consumers and Florida's retailers enjoyed the benefits of a three-day sales tax holiday in August. The tax holiday allowed shoppers to buy school supplies clothing without having to pay state sales tax on these purchases. The tax break also applied to the purchase of computers and related accessories used for educational pur-
- We passed much-needed election reform that addresses some of the problems Florida encountered in 2012. The new law increases the number of early voting hours and days and expands the early voting locations so that voters will not have to wait in long lines to cast their
- The legislature took action against illegal gambling, outlawing the predatory casino-style gam-

bling in Internet cafes and giving Florida law enforcement the tools they need to remove them from our neighborhoods and communities.

The balanced budget passed with strong bipartisan support that focuses on Florida's families and includes no tax or fee increases. I am most proud of the budget because it increases funding to K-12 schools by more than \$1 billion, and provides resources to increase teacher salaries and pay our other hard-working public servants. It also strengthens the safety net for many of our vulnerable citizens, gives law enforcement tools they need to keep families safe, and allocates funds to improve the health of environmentally sensitive lands and water bodies.

I look forward to representing you in the next legislative session. Please don't hesitate to contact me or my staff if you have any questions or concerns.

Sincerely,

Rep. Karen Castor Dentel, PhD Florida House of Representatives



protection and service by The Winter Park

National Night Out 2013

You may have noticed that the Winter Park Police Department didn't have its annual National Night Out Open House in early August as usual. It has become a trend in the southern states to hold this event in early October to help avoid the heat and afternoon thunderstorms that are customary during August. Agencies determined that outreach to the community could be more effective if the attendees did not have to brave the inclement weather!

The Winter Park Police Department has joined numerous other local agencies in moving the event date to October. Winter Park's National Night Out is a very well-attended event held at the Public Safety Building located at 500 N. Virginia Ave. in Winter Park where the residents, local businesses, police and fire personnel and other Winter Park stakeholders come together to provide and offer resources, network and support our community.

This year, National Night Out will be held on Tuesday, October 1, 2013 from 5:30 p.m. to 8:30 p.m. in and around the Public Safety Building. The Winter Park Police Department is proud to collaborate with our national sponsor, Target, and the event will have representatives from

such entities as Armstrong Lock and Security, SRA (Senior Resource Alliance), the Alzheimer's & Dementia Resource Center, the Orange County Consumer Fraud Unit, the Better Business Bureau of Central Florida, Orange County Animal Services, Winter Park Lost Pets, Pookie's Pet Nutrition, Walgreens, The Grove Counseling Center and the Victim Services Center of Central Florida. Also in attendance will be CrimeLine; and Re-Call, a shred source which allows visitors to the event to bring any unwanted shreddable items to be securely disposed of for free. This resource is

especially important as Florida sees thousands

of identity theft cases yearly.

We will, of course also have the Winter Park Fire Department in attendance and the Winter Park Police Department S.W.A.T and K-9 represented along with Women's Basic Self-Defense information, Neighborhood and Business Watch Program information and displays from our 911 Communications Center, Recruiting, Emergency Response, DUI Investigations and Criminal Investigations Division as well. The event is also supported by our community collaborators The Flour Shop, Dunkin Donuts, K-mart and others.

Please plan to visit us during this family friendly, interactive, educational and fun event. There will be plenty of free food, free giveaways from the numerous vendors and chances to win exciting door prizes. We look forward to seeing everyone on October 1s from 5:30 to 8:30 p.m. ■





The Park Press | SEPTEMBER 2013 **NEWS**

An Event To Connect Established And Emerging Women Leaders

The second annual Athena International Leadership Luncheon will be November 6, 2013 from 11:30 a.m. to 1:30 p.m. at the Church Street Ballroom. This is event connects established women leaders with their younger, emerging women counterparts and is focused on emphasizing the importance of mentoring.

The premise of the luncheon is that established women leaders in the community will invite emerging women leaders to network and participate in roundtable discussions about ATHENA's eight leadership principles: Live Authentically, Learn Constantly, Advocate Fiercely, Act Courageously, Foster Collaboration, Build Relationships, Give Back, and Celebrate.

"As women leaders, it's truly our obligation to support one another and pass the baton to the next generation. It is through this forum of collaboration, listening and learning, that younger, emerging leaders will come away from the event equipped with new perspective and meaningful connections," said Karen Keene, ATHENA International Governing Body and co-founder of ATHENA Orlando Women's Leadership Luncheon.

This year's honorary leadership luncheon chair is Mayor Teresa Ja-



cobs of Orange County. Proceeds shall be gifted toward a \$100,000 endowment that was established through the University of Central Florida Foundation, Inc. to benefit female students.

For more information or to register for the luncheon please contact Nicole Caron at ncaronucf@gmail.com.

Since the program's inception, more than 6,000 Athena leadership awards have been presented in over 500 communities in the U.S., Canada, China, Russia, India and the U.K. In the past three years, the

ATHENA International Leadership Award was presented to:

Gabrielle Giffords, former U.S. Congresswoman

Pat Summit, former head coach of the women's basketball team at the University of Tennessee

Condoleezza Rice, 66th United States Secretary of State

For more information on ATHENA International please visit www.athenainternational.org.

Publix Customers And Associates Raise \$273,058 For Children's Miracle Network

and associates once again showed their support for local sick and injured kids treated at UF Health Shands Children's Hospital and Arnold Palmer Medical Center during the annual Children's Miracle Network Hospitals in-store fundraiser. This year's campaign raised \$273,058, a record amount and 16% percent increase over 2012 totals.

Funds generated from the May 25 -June 14 campaign will help purchase patient care equipment, fund research, provide diversionary activities and support educational and advocacy programs for children's health. Greater Orlando Children's Miracle Network Hospitals makes it possible for these hospitals to maintain and upgrade their pediatric programs so they can continue

Publix Super Markets customers to provide young patients with the most advanced medical treatment available.

> "Words cannot express our gratitude for what Publix has done for the sick children in our community," said Rebekah Swyers, Greater Orlando Children's Miracle Network Hospitals. "We thank Publix customers and associates for partnering in our mission and providing the necessary resources to help us continue to make miracles happen for our children."

> 2013 marks the 22nd year Publix associates and customers have rallied to help their nearest CMN Hospital through the purchase of \$1, \$3 and \$5 "Miracle Balloons" at the register. Their donations help to fund a variety of treatments, purchase medical equipment and pro

education. With 2012 fundraising factored in, Publix customers have raised more than \$26.3 million dollars for 21 Southeastern U.S. hospitals.

"The dedication, commitment and sheer generosity of Publix customers and associates is so appreciated. The proof is in this year's record fundraising totals, and the results will be evident in hospital

vide charitable care, research and rooms and hallways throughout the Southeast," said John Lauck, Children's Miracle Network Hospitals president and CEO. "We are so grateful for our longstanding partnership with Publix, and congratulate everyone involved on an extraordinary fundraising campaign."

> For more information or to learn more about the Children's Miracle Network please visit www.CMN-Hospitals.org. ■

Continued from page 1

Helping To"Squeeze Out Cancer"

campaign to benefit Florida Hospital. Paying it forward is easy when you can celebrate anything. Here are a few ideas: birthdays, anniversaries, your first 10k, summer, graduation, survivorship, weddings, or your first lemonade stand.

To help Mark "Squeeze Out Cancer," purchase your glass of zerocalorie lemonade by visiting www.CelebrateGenerosity.org.



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State Farm Bank, F.S.B., Bloomington, IL

fiscal fitness by John Gill

How Does The Fed's **Bond Buying Affect Me?**

this the Dow **Jones** Industrial Aver-

age is down approximately 500 points over the last 30 days, July 20 through August 20. There are several items contributing to this decline: uncertainty caused by the Egyptian political situation, weakness in sectors of the Chinese economy and the just-out-of-recession economy in Europe. Another major driver of the decline is the anticipation of an end to the Federal Reserve's bond buying program.

The Federal Reserve is currently buying approximately \$85 billion dollars of bonds on a monthly basis. How does this activity affect the average person living and working in Central Florida? This situation affects you in several ways but let's get some background first.

The Federal Reserve is charged with managing the economy of

The Federal

Reserve is

currently buying

approximately

\$85 billion dollars

of bonds on a

monthly basis.

employment, maintaining stable prices and insuring steady, long term interest These three rates. things tend to go hand in hand. When the economy is weak or showing signs of weakness, the Federal Reserve will work to reduce interest rates to drive economic growth. That is where the bond buying program comes in to play.

The United States exited the recession approximately three and a half years ago. While that is true

This "feeling" of economic malaise is intensified because the growth exhibited by the economy has been lower than required to generate the jobs necessary to boost total employment and therefore the entire economy. Economic growth over the last few quarters has been in the 1.5% to 2.0% range. From the Federal Reserve's perspective this is not the type of growth reguired to move the economy forward in a strong manner. Growth in the 2.5% to 3.0% range is what the Federal Reserve would like to see. So, to stimulate the economy and help the recovery continue,

As I write the Federal Reserve engaged in a bond buying program.

> The mechanics of the program work like this: the Federal Reserve buys debt instruments like mortgages, corporate bonds and other debt securities from member banks. When those instruments are purchased by the Federal Reserve, the member banks receive cash which they in turn are supposed to lend to their customers. The desired result is lower rates because more money is available for lending purposes.

More money in the economy at lower rates should spur mortgage lending and other types of consumer and commercial borrowing. Lower rates also let consumers reduce and replace higher interest loans with lower rate debt. : This creates additional money for consumers to spend which flows through the economy and creates: economic activity. One potential negative in this scenario is inflathe United States by maximizing tion. With the extra money float-

ing around in the system, price inflation is a concern because prices may increase faster than wages and the economy may start to decline again. It's a delicate balance.

This brings us back to the question: : Why is the market down if the Federal Reserve is buying bonds to spur the: economy and how does this affect me? Well, the Federal Reserve has indicated that they are considering scaling: back the program

from a classic recession definition because they feel like the economy perspective, it still feels like a re- is getting stronger. They also do: cession to many in the country. not want to provide the economy with a permanent, artificial crutch to create growth. The market considers this position to indicate a future interest rate environment with rates higher than today. The market does not like higher interest rates so that disdain is reflected: in a dropping stock market.

What it means for you is that if: you are thinking about getting a new mortgage, refinancing a current mortgage, getting a car loan or acquiring any other type of: loan, now is the time as the market believes that higher rates are coming in the future. The question is, when?





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If you have questions, comments, or an area of financial interest you would like to see discussed in The Park Press please call John at 407-353-0594 or send email to FiscalFitness@ymail.com. Follow John on Twitter, @john_gill1

First 3 payments waived on lease or finance contract through Volvo Car Financial Services up to a maximum of \$450 per month with a total maximum benefit \$1350. All payments and pricing is figured after all available factory incentives. Please contact THe Volvo Store for further details. Offer ends September 30, 2013.

The Park Press | SEPTEMBER 2013 10 BUSINESS

family business perspective by David Ciambella, CFP CSP

Approximately

33% of businesses

make a successful

transition

from the first

generation to the

second generation



Experience A Smooth Business Landing

ing to land in San Francisco crashed just short of the runway resulting in two fatalities and approximately two hun-

dred injured passengers. The investigation into the cause of the crash is still under investigation but multiple sources are blaming inexperienced

time the pilots recognized they were in trouble during the final approach, it was too late to correct the situation.

Working with privately-owned businesses across the country requires that I travel on airplanes just about every week. One of the things I appreciate most is landing smoothly and arriving safely at my destination. But have you ever stopped for a moment to think about how much preparation goes into ensuring a smooth and safe landing?

of time, energy and commitment a pilot must invest to gain the necessary education and experience to become a licensed pilot. Countless hours of study, practice and simulation must be endured. Trust in training, experience, the airplane mechanics, the co-pilot and the aircraft's instruments are essential. My experience has been that the preparation for a "smooth business succession landing" is very similar.

The circumstances impacting the continued success of a business can change just as rapidly as the weather. And without proper preparation, statistics reflect that approximately 33% of businesses make a successful transition from the first generation to the second generation and only 10% successfully make the transition to the third generation. In many cases, these next-generation pilots had adequate talent and skills but were not prop-

Recently a plane attempt- erly trained or prepared to read the business gauges and operate a business that was not optimally structured for the circumstances. While I appreciate this may be a harsh analogy in that business succession is not a matter of life and death, the survival and continued success of your business will impact your financial security and the livelihoods of many others who depend upon your business pilots and inadequate training. Apparently by the including family members, key managers, em-

> ployees, strategic vendors and your greater community. Now that I have your attention, let's focus on things you can do to increase the odds your business will experience a smooth landing.

In order for your succession to experience a smooth landing with the next generation of owners and managers, especially if your goal is to perpetuate your business through a family member or a key executive,

The fact is, many of us take for granted the amount
I believe there are four key areas you must keep at the forefront of your planning:

- Have a "flight plan" that clearly expresses for all to understand, where you are going and how you are going to get there including your exit strategy. Pilots are equipped with a flight plan for taking off and also one for landing. Your business is no different. Landing your business smoothly requires you to think about life after a leadership transition. I recognize this is a difficult exercise for many of you since the business likely represents a large part of your identity.
- "Flight simulation" for your successor: develop a training plan so your successor can assume a leadership position and eventually assume command and control. Ensure your successor receives consistent feedback and accountability throughout the training program. Most importantly, put your successor in a posi-

tion where their attitude and work ethic can be witnessed by the managers and employees they may someday lead.

- Become skilled at "reading the instruments": Listen to your family and advisors and respect individual/generational differences. No matter how well prepared you are, you will undoubtedly encounter turbulence along the way especially since you are dealing with unique personalities and conflicting generational perspectives. Consider the following: the senior generation typically started with nothing, avoids debt, travels coach, works weekends, and stays at the Holiday Inn while the younger generation begins with a strong financial base, takes on debt, travels first class, demands family time and stays at the Ritz Carlton. Sound familiar? I bet it does!
- Appreciate that "each pilot may take a different flight path": It is likely you and your successor share the same business goals but may go about achieving them in a different ways.

The decisions you make today could determine how "friendly" the skies are for you in the future. Leaving family business succession to chance or burying your head in the sand could determine whether you approach the runway on a steep course and land abruptly or potentially skid off of the runway resulting in a family business fatality. Preparation is the key! In order to meet your objectives you must have a clear flight plan for transition, but you also need to understand the objectives and desires of the next pilot and crew. Involve your entire crew in the planning process such as key employees, family members and spouses to assure a great landing and smooth transition. Working as a team should result in better decisions, better plans and ideally enhanced business performance.

Business In The Parks

New Traditions Bank recently announced the appointment of Trish Teague to senior vice president,



based in the bank's Orlando office. Teague has worked in the private banking industry for more than 15 years, also spending time at Wa-

chovia and CNL Bank. For the majority of her career, Teague has provided valuable service to clients in a private banking environment. Her experience working with both personal and commercial accounts allows for a collaborative banking approach that her customers truly appreciate. "We are delighted to welcome Trish to the New Traditions family. Her commitment to putting her clients first fits right in with our service philosophy, and we know she will continue to impress the bank's customers," said Sid Cash, vice chairman of New Traditions Bank. Teague, who is a lifelong member of the Central Florida community and a resident of Winter Park, serves as a board member for the Audubon Falcon Fund as well as the Winter Park High School Foundation. She is an active volunteer of Florida Citrus Sports, the Win-

ter Park Chamber of Commerce and proud supporter of the Grace Medical Home and Foundation for Foster Children, as well as a fundraising committee member for the Bridges of Light Foundation.

The Worley School of Irish Dancing recently open its doors as part of the City of Winter Park's Parks and Recreation Department programming at Azalea Lane Recreation Center, located at 1045 Azalea Lane. Sixtime All-Ireland and International Irish dance champion, Colin Worlev, is the owner and instructor of



the Worley School of Irish Dancing. Worley studied Irish dance for over twenty-five years and toured internationally for over seven years with

what is known as the world's greatest dance show, "Lord of the Dance." Irish dance classes are offered for children ages four and up, with adult classes also available. For more information please call 407-256-1148.

Chris Gardner, a managing shareholder of Kuykendall Gardner, LLC, was appointed chair of the Board of Governors for Citizens Property Insurance Corp. by Florida's Chief Fi-



nancial Officer Jeff Atwater.

Gardner succeeds Carlos Lacasa as chairman. In this role, he will establish a very clear process for how Citizens will

conduct business, aiming to serve customers in a more transparent way than ever before. His focus will be to do Municipal Planning Board. continue to protect customers during times of disaster while protecting the taxpayer dollars of all Floridians. Gardner has served on the board of Citizens, a not-for-profit, tax-exempt government corporation whose public purpose is to provide insurance protection to Florida property owners throughout the state, since July 2011. The corporation insures hundreds of thousands of homes, businesses and condominiums whose owners otherwise might not be able to find coverage. Gardner's extensive experience in the retail insurance brokerage business incorporates a specific focus in commercial property and casualty insurance. He has served as chair of the Citizens Depopulation Committee since 2011. He obtained his designations as a

Certified Insurance Counselor (CIC) in 1996 and Certified Risk Manager (CRM) in 2005. Gardner, who has resided in Winter Park since 1980, received his bachelor's degree in political science from the University of Florida in 1993. He is the past chairman and an active member of the Winter Park Chamber of Commerce, and he is the past vice-chairman and a board member of the City of Orlan-

Winter Park OB-GYN, a division of Women's Care Florida, recently moved into new offices at 100 N. Edinburgh Drive, across the street from Winter Park Hospital. The 22,000 sq.ft. facility includes 17 patient rooms, procedure rooms, ultrasound services, and laboratory. The architect was Blankenship-Cote Architects; the builder was Lamm & Company Partners. ■



Join the flock! **Support Pink** Out 2013.

Benefiting the Winter Park Memorial Hospital Mammography Scholarship Fund.

October 2013

Get involved!

Purchase a Flamingo 🧇



For just \$10, you'll get one flamingo for your yard and another to place among the growing flocks in Winter Park. To learn where you can pre-order and purchase your flamingo visit, PinkOutWinterPark.com.

Get a Mammogram



A yearly mammogram is the single most effective method for detecting breast cancer early, when it is most treatable and beatable. To schedule your annual mammogram, call (407) 646-7025 or visit WinterParkHospital.com.

Opening October 88



The new Florida Hospital for Women - Winter Park offers a one-stop, boutique approach for your mind-body-spirit called Full-Embrace Health Care. It is an elegant retreat with state-of-the-art mammography services, comprehensive breast health and much more!

PinkOutWinterPark.com





The skill to heal. The spirit to care.®



real estate in the parks by Scott Hillman

Supply Of Affordably Priced Homes Shrinking In The Parks

ida home buyers have taken advantage of improved 3.75 (32804) to 6.1 (32789). conditions in the existing home market, inventory of affordably priced homes

in the Parks---Baldwin, College and Winter--had tightened considerably by the end of July.

Availability of homes priced under \$500,000 had thinned considerably, and those priced below \$300,000 were even harder to find.

As of July 29 there was only a 2.3-month overall supply of existing homes in Orange and Seminole counties, while monthly inventory for homes priced under \$500,000 was just 2.0. By area, overall monthly inventories were 2.1 in Winter Park (zip code 32792), 2.4 in Baldwin Park (32814), 3.1 in College Park (32804), and 3.7

in Winter Park (32789). Those levels are well below the 4-6-month supply that typically defines a market balanced between buyers and sellers. Overall inventory was even tighter for homes priced under \$500,000 in the Parks, ranging from a meager 1.8-month supply (32792 and 32814) to only a 3.0-month supply (32804). On the other hand, overall monthly inventory for

While many Central Flor- homes in the two counties priced over \$500,000 was comparatively high at 7.7, ranging from a

> One factor contributing to smaller inventories in lower price ranges was a recent rise in mortgage rates to over 4 percent for a 30-year fixed, which created some urgency to purchase- especially for some prospective first-time buyers.



502 Coachlight Way \$169,000: WP homes priced like this one don't last long on the market.

Rising home prices, investors who gobbled up lower-priced homes by making cash purchases before the recent rise in interest rates, underwater owners who kept their homes off the market because they owe more on their mortgages than their homes are worth, and the fewer number of new affordable homes built in the past five years have all contributed to the decline in inventory,

especially homes priced under \$500,000.

Despite a dwindling supply of homes in lower price ranges and the recent uptick in mortgage interest rates, it's still a good time to buy a home. Although mortgage interest rates probably won't return to levels below 4 percent anytime soon, as long as they stay below 5 percent we'll still be in a very healthy environment for home

buyers. The key is for buyers, especially first-timers, to be prepared to act fast. That means putting yourself in a more competitive position in a supply-constrained market by working with an experienced and knowledgeable real estate agent, and getting pre-approved for a loan, not just pre-qualified. This speeds up the offer process and shows sellers that yours is a viable offer.

If you're currently in the market to buy an existing home in the Parks, keep looking. There's bound

to be the home you're looking for, even in a lower price range.

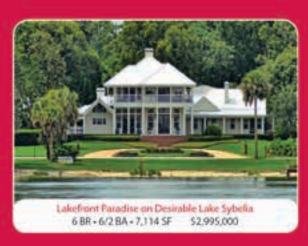
Scott Hillman is president of Fannie Hillman + Associates, a 32-year-old Winter Park-based real estate company specializing in residential real estate sales. He can be reached at (407) 644-1234 or scott@fanniehillman.com.

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13

in the garden by Stephen and Kristin Pategas



STEPHEN & KRISTIN PATEGAS

Green Garden Design

an environmentally responsible manner saves resources and dollars and, if properly cared for, it can

also look stunning. There are many strategies to employ to reduce the use of energy, labor and

A "green" garden design is the first step for the creation of a garden that doesn't waste water. Start the design process with an analysis of the site: review the structures, soils, drainage, existing plants (including trees and the shade levels), and the irrigation system. Next determine the program for the use of the garden. During the design of the garden, select plants for aesthetic purposes as well as their water needs; then match them to the existing conditions (soils, drainage, low temperatures, and sun/shade levels) and the use program. If areas of grass are needed for children's play or for pets, consolidate the turf and other water loving plants into an area watered separately the high water zone. Since the aesthetics of the

A garden designed in plants are paramount, the design of a new irrigation system or the tweaking of an existing one must follow after the landscape design is created and include multiple programs and a rain sensor.

Other design and maintenance tips include:

- Place trees to shade the east and west sides of the house and always locate them in planting beds or wide mulch rings (two-foot beyond the trunk) to avoid damage from mowers and string trimmers.
- Eliminate or consolidate turf to minimize mowing and edging.
- Grow edibles and wildlife-friendly plants to give back to yourself and the environment.
- Provide low volume irrigation to each container with a separate irrigation program for all containers.
- Set a zero tolerance level for allowing aggressive and invasive plants on the property.



Find the right plants in the right places in the gardens at Hortus Oasis

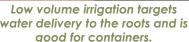
They compete with the ornamental plants for nutrients and water and require additional labor to remove once established. They also travel into neighboring yards and beyond to infect natural areas.

- Stop the shearing of shrubs and ban power hedge trimmers from your property. Shearing shortens the life of plants and increases the frequency for pruning.
- Always use renewable organic mulches such as fallen leaves from trees, pine bark or pine needles instead of cypress mulch (harvesting of these trees harms wetlands) or stone. Mulch suppresses weeds, conserves water by holding moisture in the ground for plants to use, stops soil erosion, insulates roots from temperature extremes and when the mulch is organic, it feeds plants with its nutrients as it decomposes. Renew the mulch to keep a three-inch depth and weed seeds will not sprout on bare soil.
- To reduce the need for mulch, place plants at the proper spacing so they knit together and shade out weed seeds as they mature.

Design and maintain with the environment in mind and your wallet and garden will both have more green in them.



The pineapple is an easy edible to grow.



All photography by Stephen G. Pategas/Hortus Oasis

Hortus Oasis (FL26000315) in Winter Park is a boutique garden design company specializing in residential, commercial and specialty gardens. Stephen is a registered landscape architect and Kristin is a certified landscape designer. Contact them at 407-622-4886/garden@hortusoasis.com

PROACTIVE PLANNING

Wildlife gardening may attract

Gulf fritillary butterflies.

"The Mayflower is an incredible safety net."

At The Mayflower, Nancy Klingler benefits from the wisdom of proactive planning. She enjoys her stunning, customized villa – along with a maintenance-free lifestyle that enables her to travel regularly and maintain her social circle. And having moved here with her late husband Bob, the advantages extend even further.

"We'd always planned to make the move later on, but we fast-tracked our decision when Bob became ill," Nancy says. "He wanted to make sure I was taken care of – and I am. You never know what will happen in the future, so you have to prepare. No matter what comes my way, The Mayflower is an incredible safety net that provides a sense of security - for me and my children."

> What's *your* plan for the future? Call today, and let's talk about it: 407.672.1620.





The Park Press | SEPTEMBER 2013

pop culture detours by George McGowan

Why Does A Movie From 1955 Have Such A Hold On Me?

movie comedy, "Mister Roberts," on the TV. I was smitten from the first frame of the movie. I told my incredulous friends about it, naming it my favorite movie of all time. I championed this little gem of a movie and I sang its praises to anyone who would listen. I imagine that many of them snickered behind my back about my obsession. Then, life intervened and I didn't think of "Mister Roberts" for many years. Just recently, a friend on Facebook was posting about favorite movies and gave me the year 1955 and asked me to list my favorites from that year. He said he gave me 1955 because he remembered how passionate I was about "Mister Roberts" back in high school. So, I researched all the movies from 1955 and again settled on "Mister Roberts" as my favorite from that year.

OK, about 95% of you are probably asking yourself: what was "Mister Roberts" about? Who starred in it? What makes it so special to

my favorite pop culture columnist? Well, the story is pretty timeless. A man wants more from life and can't seem to get the path cleared so he can make a difference in the world. Now, since this movie is set on a supply ship in the waning years of WWII, and its star is Henry Fonda as Mister Roberts, the path to fame lies in being closer to the front lines and part of a battle group fighting the enemy "head on" in the Pacific.

able to his current assignment and his captain is a belligerent old fool who stymies what Roberts desires at every turn. All this in a comedy with quite a few laughs.

The plot of the movie is kind of predictable: "the junior officer, a hero to his men, rises above the mean old captain, and finally with help from his men, gets his wish." And, as with

predictable subplots and tropes (a helpful website called tvtropes.org lists them all) including: Accidental Public Confession, Be Careful What

You Wish For, Fate Worse Than Death, A Father to his Troops, I Gave My Word, Naughty Bird Watching, Officer and a Gentleman, Villainous Breakdown, and of course World War II. I would add another: Symbol of All That's Wrong with

the Boss. There is something about this movie that rises above all the predictability. But, again, it's hard to identify.

Is it the cast? Yes, the cast is superb. Henry Fonda as Mister Roberts can certainly play a leading role with ease. James Cagney as Captain Morton is the epitome of old sea salt with a chip on his shoulder because he earned his commission the

> old way, not by being a "college boy." Jack Lemmon as Ensign Pulver is wonderful as the young officer who wants nothing to do with the captain and everything to do with shirking his responsibilities, and William Powell is the steady best friend, Doc. I would rate this ensemble very high. Their chemistry is terrific, they benefit from some witty dialogue, good slapstick humor and sincere camaraderie (that is, everyone but the cap-

Unfortunately for Mister Roberts, he is too valu- tain). Henry Fonda is too old for his role, but his acting overpowers this oversight. James Cagney steals every scene he is in, and William Powell is steady, funny and professional (this was his final movie role in a career that spanned three decades and over 80 films).

> Is it the story? Yes, while the story is a bit predictable, it reinforces some of the values I admire in people. Thinking above oneself, Valuing the

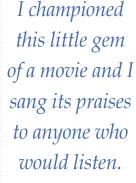
Back in high school, I watched an old WWII many films, it contains a healthy dose of other work of others, Sacrificing for a greater cause, Using Humor as a respite from the "real world." All that, plus a great villain who deserves to be bested and shown what is important and lasting.

> Is it the direction? Well, it's not an auteur project by any means, with conventional scene-setting and no crazy camera movement. But, the story behind the direction is interesting. The original director was the famous, four-time best direc-

tor winner, John Ford. Reports differ but it seems that Ford and Fonda had issues with some of the scenes and at a meeting with producer Leland Hayward to discuss these issues, Ford punched Fonda on the jaw, knocking him across the room. After this occurred Ford began to drink heavily, suffered a ruptured gallbladder, and was replaced by Mervyn LeRoy. In addition, Fonda reportedly requested that some re-shoots occur with the writer Joshua Logan directing. So, not exactly "a cookie cutter approach" to making the film! But to my untrained eye, nothing seems amiss and there are no sudden changes in tone or feeling in the film.

When I step back, I imagine that "Mister Roberts" simply came into my life at a time when I needed a respite from the big budget epics of the late 1970s. I found myself drawn to a small film, with a great cast, about how the war makes comrades and enemies of us all. It showed me how to treat people fairly and the importance of standing up for folks who are mistreated. It made me a lifelong admirer of Henry Fonda, who eventually won his first acting Oscar in 1981 for "On Golden Pond." Plus it has one of the best last lines in all of the movies:

"Captain, it is I, Ensign Pulver, and I just threw your stinking palm tree overboard. Now, what's all this crud about no movie tonight?"



Axe Me About The Show - by Barbara Solomon

LIZZIE BORDEN

WRITTEN BY MICHAEL WANZIE AND RICH CHARRON DIRECTED BY KENNY HOWARD AND JOHN deHAAS STARRING ANDREA CANNY, REBECCA FISHER, AND FRANK McCLAIN

What is our fascination with grisly murders? Do we want to know the why as well as the how? This musical- yes, I said musical- tells us both about the famous 19th century axe murder of Lizzie Borden's parents. We learn how her father (Frank McClain) abuses not only his family, but the townspeople of Fall River as well. Her stepmother is also a piece of work. Lizzie (Andrea Canny) has only her sister (Rebecca Fisher) for compassion, and they sing about their love in the beautiful song "Always Here." Act I shows the background, the why and wherefore of the murders. Act II begins with Lizzie's trial and follows her life after she is a free woman, through her involvement with a conniving actress (Blue) and her ever-loving sister. The story ends with a poignant reprise of "Always Here." Throughout, the play is narrated by Joseph (Justin Mousseau), a reporter who chronicled the events.

The musical numbers in the play are marvelous, the melodies haunting or driving as the script calls for. They are also performed with operatic professionalism. Wanzie's lyrics are extremely clever; on the order of, but not quite, Sondheim. Marcy Singhaus' costumes could be plucked out of Theatre Downtown and plunked down on Broadway. Not so the rest of the show. The story flounders in Act II after the dramatic trial ends in Lizzie's acquittal. And I have never seen a musical (and I have seen hundreds) over my years as a theatre-goer that has no choreography! The ironic thing about that is one of the cast members, Blue, is a fabulous choreographer, and they have overlooking using her talents in that respect. But the music and singing almost make up for the missing elements in the show.

Three of the actors stood out in my mind. I felt the best performance was given by Rebecca Fisher,

whose believable acting, along with her beautiful voice, graced the stage as none other. Frank McClain was hateful as Lizzie's father, which to me means he did a great job, as did Justin Mousseau as the ever-pres ent narrator. Oops, I almost forgot the little girl who stole the show as young Emma, Carly Swain, who certainly has a great future on the Orlando, if not the Broadway, stage. All in all, it was a thoroughly enjoyable show!

Can we take any meaning away with us after the play? Certainly one salient theme is that love between the two sisters. A sacred trust was put into Emma by her dying birth mother, to always watch over Lizzie, and she certainly lived her life fulfilling that trust. But in the



end, we all have to live our lives for ourselves, and Emma finally gets the courage to break away and do just that. Can we ever be sure of anything in life? I can't, can you? But I can be sure that if you see "Lizzie Borden" you won't be sorry,

Playing through September 14 at Theatre Downtown, corner of Orange and Princeton Avenues. For more information call 407-841-0083 or visit www.theatredowntown.net.

Barb's Best Bets for September:

"Taming of the Shrew" at Orlando Shakes,

"I Love You, You're Perfect, Now Change" at The Winter Park Playhouse.

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live meaningfully by Ayesha G. Fuhr, M.A.

Take Time, Breathe, Listen, Breathe

I find myself writing this little piece of thought in my own little piece of heaven. As I type this, I am looking out on the mountains of North Carolina. Above me are billowy clouds and blue skies and below me is a flagstone landing

surrounding an extraordinary pond. My father has etched out and created this small corner of heaven and allows and encourages us to visit whenever life may allow

I am very good at espousing the necessity and value of 'vacating,' but it is usually a far more difficult thing for me to actually do it myself. It feels as though I have to 'steal time' (as one of my friends calls it) from myself, from my work, from my responsibilities. And with this theft brings all the ensuing guilt, anxiety, fear and worry. The irony is, when the perspective shifts and the clouds roll through long enough to see clearly, in fact it's work and 'life' and obligation that are really the thieves.

What is this thing we call 'life' if not a tempered view of our careers, a humble acceptance of self and an invitation to view the world as it really is... ripe with opportunity and challenge, beauty and joy, growth and love? I am re-reading a book that focuses on that same sort of notion and in it the author discusses the notion that we can learn the lessons that we are on this planet to learn either through joy or pain; it's up to us to decide how we want to do it (Williamson, 1992).

In fact it's work and 'life' and obligation that are really the thieves.

What a novel idea. We will be here for a set number of years....We will experience that which we are in the middle of experiencing at every present snapshot. How we process and learn from it is up to us.

Could it be then, that the self-doubt, the negativity, the fear and the self-limiting are incarnations of our own devices?

Hmmm, if that's the case then it puts a whole new spin on the chaos that was my house just a scant two days ago as I tried to ready myself for this trip.

Nonetheless, as I sit here and reflect on the mountains (and apparently so much more) I will share one more tidbit from this book that struck me long ago and is actually the reason I am reading the entire book. I found this quote many years ago, when in the midst of whatever life circumstances made it especially poignant, but I remember distinctly thinking that it could change everything. (If my life were a Hollywood movie, it would have been one of the scenes littered with car screeching sound effects and explosions.)

"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness that most frightens us. We ask ourselves, 'Who am I to be brilliant, gorgeous, talented, fabulous?' Actually, who are you not to be? You are a child of God. Your playing small does not serve the world. There is nothing enlightened about

"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure." shrinking so that other people won't feel insecure around you. We are all meant to shine, as children do. We were born to make manifest the glory of God that is within us. It's not just in some of us; it's in everyone. And as we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others."

- Marianne Williamson, Return to Love: Reflections on the Principles of "A Course in Miracles"

So, in light of the fact that I believe that this quote ought to be left up to personal interpreta-

tion, I will resist the urge to wax on philosophically about it and just leave it at that. I encourage you to read it; assess your response

to it. Whether you love it or hate it - give it some time, come back to it and read it again. See what, if anything, it means to you and put a little bit of time and energy into why it does mean whatever it may.

And, in the mean time, take these last few moments before the hustle and bustle of fall to etch out a few minutes of 'vacating' yourself. Whether it's in your favorite chair with a cup of tea, a park bench or even just a few quiet moments before you start your day...take time, breathe, listen, breathe.

Be Well; Live Meaningfully.
Till the next time, Ayesha ■

e it some a. See but it

fe circumstances made it king that it could change ould have been one of the explosions.)

Our deepest fear is that of our darkness that most williant, gorgeous, talentare a child of God. Your othing enlightened about the people won't feel inseare all meant to shine, as born to make manifest the within us. It's not just in

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schools



Aloma Elementary

Principal Dr. Drew A. Hawkins

Our theme this year is "Team Eagle: Every Student Every Day!" In addition to our academic goals, we have a goal to increase participation • in our PTA this year. Our PTA officers volunteer a great deal of their time and energy and can use your help. A little bit of time goes a long way. Just an hour per week, an hour per month, or volunteering to assist with just one PTA event during the year, your help can have a successful : Wednesday, March 19 and positive impact! Listed below are school and PTA events that are: Thursday, March 20 scheduled this year that you could sign up to help with, and/or attend. We look forward to having a great year with your help and support!

Thursday, August 29

Family Art/Specials Night 6:30 - 8:00 p.m.

Friday, September 6

Goodies for Grandparents 8:00 - 8:35 a.m.

Tuesday, September 10 Semoran Skateway

6:30 - 8:30 p.m. September 13 - 20 Book Fair

Tuesday, September 17 Open House / PTA General

Meeting 6:30 – 8:00 p.m. October 14 - 18 Gifted Book Drive

October 28 – November 1

Red Ribbon Week Thursday, November 14

4th grade program 6:30 – 8:00 p.m. change.

November 18-22

Food Drive for Thanksgiving Tuesday, December 10 Second grade program and ensemble 6:30 - 8:00 p.m.

Thursday, January 16 School Family Fun Night

Saturday, February 1

FastStart Track Meet

February 3-21 Pasta for Pennies Thursday, February 6 FCAT Parent

Night – 3rd, 4th, 5th grades

Tuesday, March 4

Semoran Skateway 6:30 - 8:30 p.m.

Primary Field Day

Intermediate Field Day

Friday, April 4

Field Day Makeup Day

Thursday, May 1

Muffins for Mom 8:00 – 8:35 a.m.

May 5 – 9 Book Fair

Tuesday, May 6 Art Show

Thursday, May 8

Music/Story Night (1st and 3rd grade) 6:00 – 7:45 p.m.

Thursday, May 22

Aloma Eagle Concert (5th grade and strings) 6:30 p.m.

Wednesday, May 28

Kindergarten Music Program

Thursday, May 29

Kindergarten graduation 9:30 a.m. Monday, June 2 Donuts for Dad 8:00 - 8:35 a.m.

All events are subject to adequate volunteer hours and are subject to



location on the corner of Greene Drive and Cady Way. If you haven't seen our new building yet, please stop by. Thank you to our school board member, Joie Cadle, for hosting our sneak peek open house on August 5 and to all the community members who attended the sneak peak and for the support in the building of our new school.

Being back allows us to reinstate our Walk 'N Roll program. : proved self-esteem, and have a better Our first event of the year will be on : chance of pursuing a higher educa-September 11. This day encourages: healthy living by asking our students: and parents to walk or roll to school. :

be difficult for students and parents. : Communication seems to alleviate: gresses much better for everyone. Assumptions of expectations often lead to ineffective expenditure of time and effort. So open up the lines of communication to ensure a teamoriented successful year.



Welcome back to another exciting: school year at Fern Creek Elementary! We want to kick off the year with a strong mentoring program and every student matched; however, we cannot do it without community: support. It's no news that many students live in circumstances that pre-:



potential. With your help and sup-: port, we can change that.

Are you a caring individual with an interest in education? Have you ever thought about mentoring a child? When provided with a quality We're back! After one year at an imentor, students will achieve both off-campus site, we are back to our personal and academic growth, im-



We are asking community members to consider being a mentor. As a The start of the school year can : mentor, we ask that you make a commitment of coming to Fern Creek once a week at the same time to the majority of the anxiety. When spend 30-45 minutes with their menparents and teachers effectively com- : tee. Mentors must submit an OCPS municate expectations, the year pro- ADDitions Volunteer Application, pass a criminal background check, and attend a Fern Creek Mentor Orientation.

We welcome and encourage the involvement of parents and the community in the life of our school. To inquire about additional volunteer opportunities, including holding a school supply drive, please contact Dr. Patrick Galatowitsch, school principal, at galatop@ocps.net.



Glenridge @ a Glance

Hello Glenridge parents, students and community members. We are

off to a terrific start. The school year has begun and students are settling in to a smooth routine. We are very proud of everything that is taking place on campus. As you know, it takes teamwork from parents, staff and students to put together an outstanding educational experience. I would love for you to be part of our growing spirit of community support. If you are interested in helping on campus please con-

vent them from growing to their full; sider visiting the following link to see how you can get involved:

Continued on page 18





go/10C0C4CA8AB2CA64-howto-

I am looking forward to building a bridge between Glenridge and the community.

Please feel free to contact me anytime. My door is always open. Thank you for your continued support as I make decisions with the students' best interest in mind!

trevor.honohan@ocps.net



The Lake Sybelia Dolphins are: 'Splashing into Success' this year.

After a busy summer, we are off to a great start. Our teachers returned to work in their classrooms so that they were up and ready to go upon: our students return. Friday, August 16, our students and parents lined up to meet their teachers for the 2013-2014 school year.

Monday, August 19, was the first day of school for our students, everyone was anxious and excited to return to school and their new classrooms. Our kindergarten parents ily. I am so honored to serve as prinwere greeted with our traditional "hugs and hankies" to assist them with their transition to Lake Sybelia.

ber 19, 2013 at 6:15 p.m. We are looking forward to having our parents: cipal. Throughout my career I have come and visit the classrooms. Our : always worked to ensure that all stuteachers will be discussing the new: curriculum and school and class expectations.

Our students are working hard as Our teachers are meeting the needs of our students as they focus on student learning. We are off to an awesome beginning of what we know will be another successful year.



The Lakemont Leopards have had a great start to another year! Having Mix 105.1 broadcast live from our school on the first day made it an extra special day! Both teachers and students are hard at work, beginning to work toward our goal of academic: excellence for all students and accelerating our momentum.

In order for our students to feel assembly program each nine-week preciate your cooperation. period. Students will be recognized

http://www.signupgenius.com/ for various accomplishments, such 3:50 p.m. Monday, Tuesday, Thurs-steam pipes that heated the buildas Perfect Attendance, Zero Tardies, Good Bus Behavior, Principal's Honor, meeting their Accelerated Reader goal, and much more! We have traditionally recognized students in many areas, but we wanted to make the recognition more meaningful so we will have a special assembly and invite the parents in each nine weeks. We hope to showcase our accomplishments and encourage all of the students to work to achieve these special goals.

school and we are in need of volun-: We are a school imensely blessed to teers in our classrooms, media center: have a Tabernacle within the walls and cafeteria. If you are interested : our building. Jesus in signing up as a volunteer, please: contact our ADDitions Coordinator,: Mrs. Cindy Clark. You can reach her staff, and parents as at 407-623-1453 x3542224 or via email at cynthia.clark@ocps.net. We halls. The last time the appreciate your continued support: of our students and our school.



Hello to our Golden Hawks Famcipal of Maitland Middle School! I have worked for Orange County Public Schools since 1982 as a class-Our PTA Open House is Septem- : room teacher, curriculum resource : teacher, assistant principal and prin-: dents have the same opportunities and experiences that I would want for my own children.

Your involvement as a member they learn new concepts and skills. of the Golden Hawks Family is vital for the success of your child. As we anticipate another successful school year, I am asking your assistance in a few areas. As you shop for school clothes, please remember to review the dress code with your child and ensure that your child's attire will be appropriate. What may be acceptable contemporary teen dress outside of school many not be acceptable student dress while at school or at school functions. The dress code can be reviewed on our website at http:// www.mm.ocps.net. We ask that the students arrive on campus no earlier than 9:00 a.m. to ensure their safety. Supervision is not provided prior to this time, unless your child has a sponsored activity with a teacher or recognized for the work they do at coach. Student pick up and drop off school, we will implement a new is in the front of the school. We ap-

Our school hours are 9:30 a.m. to

day and Friday. On Wednesday dis-: ing during the 1920's and the boilers missal is 2:50 p.m.

working with you and your children!: If I can help you in any way, please : do not hesitate to call or email me.



Stained Glass on Chapel Door

We have been busy updating the : Parents are a vital part of our St. James Cathedral School Chapel.

> always present is amongst our students, we walk through the Chapel was updated was when Mrs. Mary DeVault was principal in 1989.

carpet was removed the original the Prayer of St. Francis every mornhardwood floors from our 85-year- ing and in honoring the name chosen old building were discovered! SJCS by our newly-elected Pope Francis. parent Aric March played a major We take great pride and joy in honorroll in helping remodel this beautiful space. He sanded the wood floors • thedral School. For more information and put three coats of polyeurathane: please call 407-841-4432 or visit our on them. Aric also discovered the old: web site www.stjcs.com.

for the steam system are still in the Thank you for the warm welcome: bacement! He painted the room, in-I have received and I look forward to : stalled new lighting and a fan, and raised the altar to aid the priest during Mass. Dan Witucki restored two beautiful chalices that were donated to the school many years ago. He also cleaned the Tabernacle and gave it a fresh coat of varnish to protect it, and restored our Blessed Sacrament Candle holder. Colleen Ross, Kathleen Evers and Olga Harkins coordinated the renovation project and donated many hours.

A Relic of St. Francis of Assisi was

placed in the Altar through a generous donation from the Evers/Brockmeyer Family. This Relic has been in their family for many years. It is a

During the remodel, when the special gift as SJCS students recite ing the rich history of St. James Ca-



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The Park Press | SEPTEMBER 2013 CALENDAR 19

COMMUNITY CALENDAR

Audubon Park Garden District Events Ongoing Events

Every Monday night Community Market – 6:00 to 10:00 p.m. at Stardust Coffee parking lot located at 1842 East Winter Park Rd. For information call 407-590-8776.

First Monday of Every Month To celebrate their 50th anniversary, admission to Leu Gardens is free the first Monday of each month during 2013. For more information please call 407-246-2620 or visit www.leugardens.org.

First Mondays of Every Month Story Time

– 10:00 to 10:15 a.m. infants to 18 months, 10:20 to 10:35 a.m. toddlers, and 10:40 to 11:00 a.m. preschoolers at Leu Gardens located at 1920 N. Forest Avenue. For more information



please at 407-246-2620 or visit www.leugardens.org.

Baldwin Park Events

September 6 First Friday Festival and Art Show – 5:30 to 9:30 p.m. along New Broad Street. This free pet friendly event is open to the public and hosted by the Baldwin Park Merchants Association.

October 5 Stroll 'n' Roll Event To Benefit Central Floridians With Disabilities – 8:00 a.m. at Harbor Park. This event is hosted by the Center for Independent Living. For more information please visit www.cilorlando.org.

College Park and Orlando Area Events

Ongoing Events

Every Wednesday Belles and Beaus Dance Club has dances every Wednesday from 7:00 to 9:30 p.m. at the Marks Street Recreation Complex located at 99 E. Marks Street. Join in for an evening of fun and dancing to music by the Soft Touch band. Refreshments are available. Singles and couples are welcome. Cost: \$5.00 per person. For more information please call 407-277-7008.

Every Thursday College Park Farmers' Market - 5:00 to 9:00 p.m. located at 1600 Edgewater Drive. For information call 407-999-5251.

Every Sunday Downtown Orlando Farmers' Market – 10:00 a.m. to 4:00 p.m. at Lake Eola. For more information call 407-246-3625.

Monday – Friday each week Seniors' Program in College Park – 9:00 a.m. to 1:00 p.m. at the College Park Community Center located at 2393 Elizabeth Street. For information call 407-246-4361.

First Friday of Each Month The Art Stroll of Ivanhoe Village - 6:00 to 9:00 p.m. on Orange Avenue between Princeton and New Hampshire.

September 7 Greater Orlando Heart Walk – 7:00 a.m. at the University of Central Florida Memory Mall. Proceeds benefit the lifesaving work of the American Heart Association. For more information please visit www.greaterorlandoheartwalk.org.



September 5 Retired Educators Meeting – 10:00 a.m. at College Park United Methodist Church located at 644 W. Princeton Street. Anyone who has worked in education is invited to attend. For more information please visit www.ocrea-fl.org, or call 407-677-0446.

September 13 "Art Adventures: Every Picture Tells A Story" - 9:30 – 11:00 a.m. at the Orlando Museum of Art. Preschoolers and their parents are invited to a visit to the gallery to look at the works by Raul Colon and celebrate the art of illustration. Cost per class is \$10 nonmember, \$5 additional child, \$8 member,

\$5 additional child. Pre-registration required; please call (407) 896-4231 x262.

September 14 Autumn Rock & Run 5K – 7:30 a.m. at Lake Concord Park located at 95 Triplet Lake Drive in Casselberry. Proceeds benefit the Track Shack Foundation. For more information or to register please visit www.trackshack.com.

September 19 "Charting the Senior Years" – free seminar to discuss estate planning, advance directives, nursing home asset protection, Medicaid and veterans benefits hosted by The Elder Law Center of Kirson & Fuller. 6:00 to 7:00 p.m. at the Marks Street Senior Center. For more information please call 407-422-3017

September 20 "Bees & Honey" presented by Marion Frederickson – 10:30 a.m. at the Orlando Garden Club located at 710 East Rollins St. Marion is the co-owner of Happy Bee Honey Farm in Geneva. The garden club is accepting new members and if you'd like more information please call 407-900-8965 or visit www.OrlandoGardenClub.org.

September 20 "Art of the Picture Book" Professional Development Workshop - 9:00 a.m. - 3:00 p.m. at the Orlando Museum of Art. Come learn tools to evaluate the picture book as an art form and to encourage the engagement of children during picture book reading experiences. Cost is \$40 and includes two sessions, lunch, light refreshments, and gallery admission. Pre-registration required; please call (407) 896-4231 x262.

September 21 "Take Heart Orlando" Community-Wide CPR — The City of Orlando's goal is to train every Orlando resident in "Hands Only" CPR and on the use of AED devises during the next five years. For more information or to sign up for the free event please call 407-246-4277.

September 21 Annual Florida Coastal Cleanup - This event is designed to clean up the shorelines of different



lakes in our area which eventually drain into the Atlantic Ocean or Florida Bay. Volunteers are needed at Lakes Ivanhoe, Underhill, Lucern and Park Lake. For more information, please visit www.cityoforlando.net/kob.

September 28 National Public Lands Day Celebration – 9:00 a.m. to 3:00 p.m. at Bill Frederick Park at Turkey Lake. This free event will include special activities and demonstrations such as nature art projects, hiking, disc golf, fishing and boating. For more information, please visit www.cityoforlando.net/billfrederick.

Maitland Events

Ongoing Events

Every Sunday Maitland Farmers' Market at Lake Lily

Every Tuesday Preschool Stories 10:30 to 11:30 a.m. at the Maitland Public Library located at 501 S. Maitland Avenue.

Every Thursday Healthy Maitland Walk 6:30 a.m.; **babytime** 10:30 to -11:30 a.m. and **Adventures w/Books Club** 2:30 to 4:30 p.m. at the Maitland Public Library.

September 21 "A Havana Night" – 6:30 to 11:30 p.m. at the Maitland Civic Center. This concert and dance benefits the Performing Arts of Maitland. For more information or tickets please visit www.maitlandciviccenter.com.

September 28 "Evening in the Grove" – 6:00 p.m. at the Sheraton Orlando North. Event includes silent and live auctions, tribute dinner and entertainment. Proceeds benefit the Art and History Museums of Maitland. For more information please call 407-539-2181 ext. 262 or visit www.artandhistory.org.

Winter Park Events

Ongoing Events

Every Saturday Winter Park Farmers' Market - 7:00 a.m. to 1:00 p.m.

Every Saturday Line dance class –10:00 a.m. at the Winter Park Community Center. Beginners are asked to come at 9:30 a.m. to learn the basic steps. For more information please call 407592-7835.



Every Tuesday and Thursday "Hands-on Gardening" – 9:30 a.m. – noon at the Albin Polasek Museum & Sculpture Gardens. For more information regarding this free year-round event please call 407-647-6294.

Every Tuesday and Thursday Beginning Pilates class – 5:15 p.m. at the Winter Park Community Center. For more information please call 407-671-9599.

Monday - Friday "Art in Chambers" exhibit - Monday through Friday from 8:00 a.m. to 5:00 p.m. This free exhibit is on display at the City Hall Commission Chambers located at 401 Park Avenue South.

Every Tuesday, Friday and Saturday Winter Park Benefit Shop – the shop is located at 140 West Lyman Avenue and is open from 9:30 a.m. to 1:00 p.m. on Tuesdays and Fridays, and from 10:00 a.m. to 1:00 p.m. on Saturdays. Donate or purchase clothing, bedding, jewelry, kitchenware and more. Proceeds benefit various children's programs and the local branch of Orlando Blind. For more information please call 407-647-8276.

Every Tuesday Beginning Pilates class – 5:15 p.m. at the Winter Park Community Center. For more information please call 407-671-9599.

Every Sunday "Music at the Casa" – this free event featuring professional musicians and performers is hosted at Casa Feliz every Sunday from noon – 3:00 p.m. For more information call 407-628-8200 ext. 3 or visit www.casafeliz.us.

September 5 "Tackle Trees, Shrubs and Hedges" by Stephen and Kristin Pategas of Hortus Oasis - noon to 1:00 p.m. (bring lunch!) at the Winter Park Public Library. Cost is \$5 per session, and to register please call 407-623-3279 or visit www.wppl.org.

September 7 Dinky Dock Landscaping Party – 10:00 a.m. to 1:00 p.m. at Dinky Dock Park.

September 7 Bike Valet – 9:00 a.m. to 2:00 p.m. at the Winter Park Farmers' Market. For more information please visit www.cityofwinterpark.org.

September 9 City Blood Drive – 9:00 a.m. to 2:00 p.m. at City Hall.

September 12 "CoffeeTalk" - 8:00 to 9:00 a.m. featuring Commissioner Steve Leary at the Winter Park Welcome Center.

September 12 "Park Avenue Sip & Stroll" – 5:00 to 8:00 p.m. at Park Avenue and Morse Boulevard.

September 12 "Mingle at the Museum" – 6:00 to 9:00 p.m. at the Albin Polasek Museum & Sculpture Gardens. For more information, or to purchase tickets, please visit www.polasek.org.

September 12 "Jack in the Park Kick-Off Party" – 6:00 to 9:00 p.m. at the Winter Park Farmers' Market. Proceeds from this event benefits Special Olympics and offers food, live entertainment, raffles, auctions and their signature blackjack tournament. For more information and tickets please visit www.specialolympicsflorida.org/JACK.

September 12 Popcorn Flicks – 8:00 p.m. featuring "The Shaggy Dog" at the Central Park Main Stage.

September 14 "Bash For Books" – 7:00 p.m. at the Winter Park Civic Center. This annual fundraiser for the Winter Park Library will feature food, wine, a silent auction, live entertainment, casino and raffles. For more information please visit www.wppl.org, or call 407-623-3300.

September 21 Radio Disney Concert In The Park -4:00 to 8:00 p.m. at the Central Park Main Stage. This concert is in conjunction with the SunRail train unveiling.

September 22 60th Anniversary Celebration of the Winter Park Presbyterian Church - 10 a.m. located at 400 S. Lakemont Ave. All are invited as this celebration will include music by the Homecoming Choir and guest speaker Dr. Ken Schick, former associate pastor of WPPC. For more information please call 407-647-1467.

September 23 Park Avenue Fashion Week Emerging Designer Fashion Show – 6:00 p.m. at Maxine's located 337 N. Shine Avenue. For more information and tickets please call 407-644-8281 or visit www.parkavenuefashionweek.com.

September 24 "Charting the Senior Years" – free seminar to discuss estate planning, advance directives, nursing home asset protection, Medicaid and veterans benefits hosted by The Elder Law Center of Kirson & Fuller. 6:00 to 7:00 p.m. at the Winter Park Community Center. For more information please call 407-422-3017.

September 25 Winter Park High School Parade and Pep Rally – 5:00 to 8:00 p.m. at Park Avenue and Morse Boulevard.

September 30 City Blood Drive – 9:00 a.m. to 2:00 p.m. at City Hall and Public Works Compound

September 30 Urban Forestry Management Plan Public Meeting -6:00 to 8:00 p.m. at the Winter Park Community Center.

October 3 "Sexy Succulents – Low Care/ Low Water Plants that take the Heat" by Stephen and Kristin Pategas of Hortus Oasis - noon to 1:00 p.m. (bring lunch!) at the Winter Park Public Library. Cost is \$5 per session, and to register please call 407-623-3279 or visit www.wppl.org. The Natural Way
to Solve your
Allergy, Sinus
and Respiratory
Discomfort.



DRUG

FREE

SALT THERAPY | MASSAGE | ACUPUNCTURE | YOGA



Salt Therapy is a 100%
Natural Drug Free respiratory
remedy that relieves allergy
and sinus symptoms without
side effects.

2 for 1
Two sessions for \$45

Introductory offer, new clients only. Expires September 30, 2013.

100% NATURAL TREATMENT

FUSION OF SCIENCE & NATURE



Kerri and Clay: Clay suffers from allergies.

"My son's allergy medicines were causing terrible side effects. Now that we have been coming to The Salt Room we have been able to control his symptoms with salt therapy."

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