The Park Press

Winter Park

Baldwin Park

College Park

Maitland

JANUARY 2012



Winter With The Writers

Happy New Year And Fiscal Fitness



Florida Garden Select **Plants**

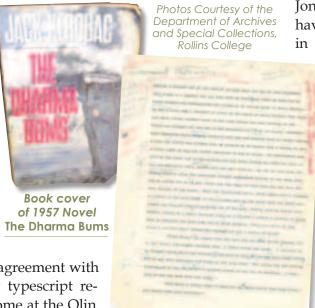
FREE

Original Kerouac Typescript Finds Permanent Home

In 1957, Jack Kerouac wrote his famous novel "The Dharma Bums" while living in College Park in Orlando. Eleven years later, Kerouac died and left behind a literary legacy that Central Florida continues to honor today. He also left behind a typescript of the novel, littered with his and other editor's handwritten notes and scribbles. As

part of a permanent loan agreement with the Kerouac Project, that typescript recently got a permanent home at the Olin Library Special Collections & Archives at Rollins College on December 9.

"The Special Collections at Rollins has a responsibility to collect the local history of Central Florida," said the director of the Olin Library,



First Page of typescript with handwritten edits

faculty can engage it.

Jonathan Miller, who will have the typescript placed in an acid-free archival

> box and stored in the vault inside the Olin Library's Special Collections Department. "One of the roles that the library and the archives can play is the preservation of history."

But Miller also pointed out that the purpose of housing the typescript on campus, versus its previous home at the Orange County Re-

"Since it is such an important historical document, access to it will be limited," said Miller. "But faculty members like Maurice O'Sullivan and Phil Deaver are really excited about finding ways to integrate the typescript into their

"Allowing students to see an original typescript, one that has editorial comments and edits, connects students with history," said Maurice "Socky" O'Sullivan, Kenneth Curry professor of literature. "It makes it more real than reading it on a Kindle." O'Sullivan also likes that the typescript will enable students to see the creative process and learn that literature is not something that happens spontaneously. "This work dispels the myth that literature is an explosion of creativity," he said. "You can see the craft in it. I hope people learn from it that writing requires discipline."

O'Sullivan also hopes that the typescript's argional History Center, is so that students and rival on campus creates a tighter bond between Continued on page 9

Winter Park Architect Designs For The Greater Good

As a full-time architect at Guy Butler Architecture and owner of Green Apple Architecture custom home design, Winter Park resident John Drake knows a thing or two about drawing and following plans. But it's the nonprofit organization he founded in 2009, Africa Windmill Project (AWP), that wasn't a part of his own plans until four years ago during a mission trip to Malawi, Africa with Summit Church.

"While I was there talking to a doctor at an AIDS hospital he was saying people die of malnutrition before they can finish their AIDS medication. So I started talking to farmers and asked them, 'You have all this land. You know how to farm. What's the problem?' and they all said they needed irrigation to get another growing season through the dry season," Drake says.

Upon returning to America, Drake began building a windmill in his Winter Park backyard as a prototype. Winter Park's ground water



Windill and Mgwayi villagers – photo by John Drake, Africa Windmill Project

level was almost identical to Malawi, providing an accurate simulation for their task. His wife Kimberly, an interior designer and stay-at-home

mom to their two boys, watched one day as water began flowing out of the pipes and recalls their discussion.

"We didn't think that there was going to be an organization called AWP. We just figured we'll figure it out then take it over there and make sure it works. But when he presented it they said, 'You have to be the one to teach people'," Kimberly says.

Education and ongoing support of the farmers is what makes AWP vital to the rural farmers of Malawi. International Director for AWP, Christopher Adare, who lives and works in the village of Mgwayi points out that just having a water pump or windmill available for purchase would be doing the farmers a disservice.

"People who are using the windmill have to understand how it works, how to make it, how to maintain it and then they'll pick it up and Continued on page 9

INSIDE THE PARK PRESS

Editor's Message3	Food19
Meet Your Neighbor4	In The Garden20
News5	Park Press Pets21
Business14	Technology22
Health & Wellness16	Schools23
Arts & Entertainment17	Community Calendar 27

PERMIL NO 4292 MEST PALM BCH FL OS POSTAGE PRSRT STD

The Park Press

PUBLISHER RICK CABLE rick@theparkpress.com

EDITOR TRICIA CABLE tricia@theparkpress.com

ART DIRECTOR EMMA HELLING

ADVERTISING SALES

advertising@theparkpress.com

EDITORIAL CONTRIBUTIONS AND WRITERS

Janna McGowan, John Gill, George McGowan, David Ciambella, Barbara Solomon, Scott Richardson, Stephen and Kristin Pategas, Ayesha Fuhr, Audrey S.F. Perrott

PHOTOGRAPHY Steve Graffham, Tricia Cable, Becca Schmidt, Scott Richardson

DISTRIBUTION SUPPORT Jimmy Segal

The Park Press, LLC, Winter Park, Florida

Office: 407-644-6760

E-mail: info@TheParkPress.com

QUESTIONS OR COMMENTS?

We want to hear from you! Send your submissions to The Park Press via e-mail at editor@TheParkPress.com. All submissions to The Park Press become the property of this publication and will not be returned; they may be edited and published or otherwise used in any medium.

RECEIVE YOUR COPY OF The Park Press EACH **MONTH BY MAIL**

The Park Press is free at various retail locations each month throughout the community. If you're not currently receiving our publication by mail, but would like to, please email your name and address to subscriptions@ theparkpress.com. The 12 month subscription cost is \$15. For more information please call, or email our staff today. Please allow 4-6 weeks for your first mailed issue to arrive.

THE PARK PRESS IS PUBLISHED MONTHLY. ALL CONTENTS, LOGOS, AND ARTICLES ARE COPYRIGHTED MATERIALS AND ALL RIGHTS ARE RESERVED. ANY REPRODUCTION IN WHOLE OR IN PART WITHOUT PRIOR WRITTEN PERMISSION OF THE PARK PRESS IS STRICTLY PROHIBITED. THE PARK PRESS RESERVES THE RIGHT TO REFUSE ANY ADVERTISING MATERIAL FOR ANY REASON DEEMED INAPPROPRIATE BY THE PUBLISHER. ©2011 THE PARK PRESS, LLC

Publisher's Message



RICK CABLE

I can't believe a new year is upon us, yet I'm very excited about 2012. It's a new year with new beginnings. A time to forecast, yet also reflect on the paths we've taken. I try not to spend too much time on "what if," as I find that ironically, the paths not taken for me would have led to the same place that I'm in today. It's like when you are looking for something- it's always in the last place that you look, right? Sure, several paths would have been shorter routes and may have saved time, but they would have lessened the adventure along the way and in hindsight, I am grateful for the journey and for the expanded

So here we are, at this moment of new beginnings and mapping out our intended paths. For those of you who know me, the path I take will rarely be the most obvious, or well-traveled route. I do like routines and I am respectful of rules, but find very little enjoyment in conforming to the norms or following in the paths of others. Perhaps this is because I like to ask or answer the question "Why?" This one-word question drove my parents and teachers nuts as they were trying to teach me to conform to the "normal" of the world. Of course, "how" and "what" can be just as important, but I ultimately want to know the "why."

The Park Press path for 2012 includes the implementation of several new ideas and platforms in hopes to better serve our community. In an effort to keep you more informed, you can find us on Facebook, where we will be more able to serve you daily with community event information and volunteer opportunities. So, the next time you are online, check out our Facebook page and "like" us in order to be kept up- to- date throughout the month.

As always, thank you for reading The Park Press and we look forward to the great things to come.

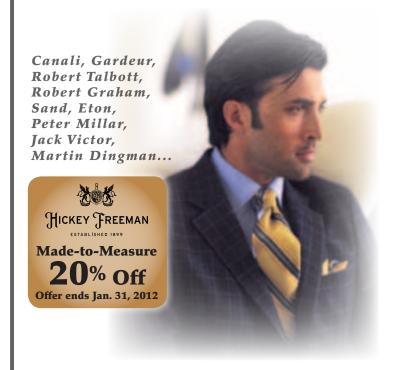
Happy New Year! ♦





OUR PUBLICATION IS MADE POSSIBLE IN OUR COMMUNITY BECAUSE OF THE SUPPORT OF OUR ADVERTISERS.

WE THANK THEM FOR SUPPORTING US AND ASK THAT YOU PLEASE KINDLY GIVE THEIR PRODUCTS OR SERVICES **CONSIDERATION FOR** YOUR BUSINESS.



Semi-Annual Sale 3()% - 5()% _{Off}

Selected Fall-Winter Merchandise*

Now Celebrating 15 Years of Providing Unique Fashions for the Most Discerning Gentlemen.





132 Park Avenue South | Winter Park, FL 32789 | 407/629-7944 www.johncraigclothier.com

taken prior to this clearance. No adjustments to prior purchases



*Reductions off original prices. Intermediate price reductions may have been



CAMP INCLUDES:

- Increase Muscle Tone & Flexibility
- Lose 1-4 Inches
- Increase Strength, Stamina & Endurance

• 1 Month of Unlimited Boot Camp Workouts

• Complete Boot Camp Success Manual • 7-Day Meal Plans & Grocery Lists • Complete Fitness Analysis • 100% Money Back Guarantee • 30 Minute Professional Massage

Alicia Streger, CSCS, RKC • 407.595.9522 • www.ForteFitness.com

Get Fit in 2012...

New Year's Resolution!

BOOT CAMP & KETTLEBELL

IN BALDWIN PARK Class Times: 6am & 6pm

Make BOOT CAMP Your

Living Up To Your Potential

By Tricia Cable

With every new year, at least for me, comes the reexamination of my bucket list and a bit of personal inventory. I have noticed a pattern in my life these past few years- if I am not living up to my full potential, I am not a happy girl.

Think about it, our first decade is spent observing and learning. We have an idea about what we want to be or do when we grow up but we lack the skill and knowledge to make any tangible decision, so, we cut ourselves some slack. Shoot, at ten, I remember wanting to either be a flight attendant or Donny Osmond's wife...as of yet, no one refers to me as Mrs. Osmond.

My second decade was all about growth and exploration. I realized my natural gifts and capitalized on those while taking note of the things that didn't particularly appeal to me. So as I left

home and headed out in to the real world for higher education, I arrived with a great deal of confidence, above-average athleticism, a master's in common sense and street smarts and above average grades. Still, smack dab in the middle of it all and doing my very best to make "it" all happen.

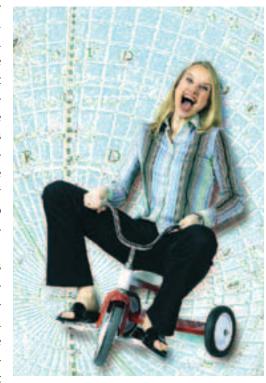
Little did I know that in my third decade, my athletics would fall to the wayside, and although my street smarts and confidence played a large role in my success, there was one semester of typing my sophomore year in high school

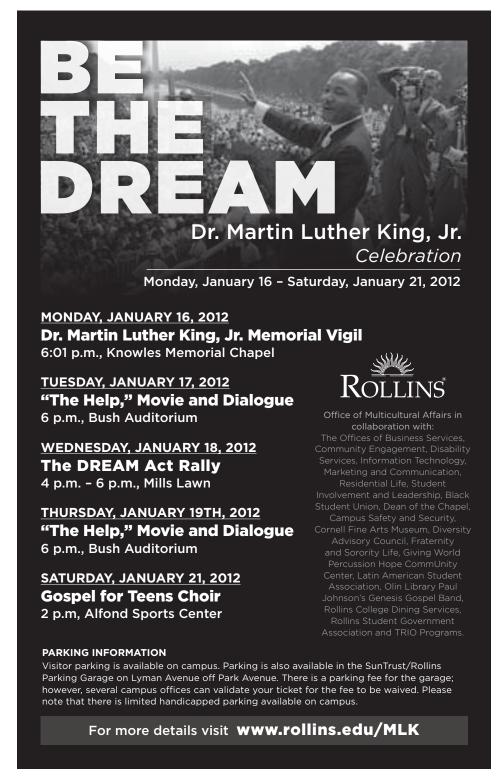
that quickly became recognized as the smartest thing I ever did. Thanks to the introduction of the PC and the World Wide Web in the workplace, a 10th grade typing class became pivotal in my success as I established myself as a business professional. Who knew? Well, Bill Gates and Steve Jobs maybe, but certainly not me!

My fourth decade on the planet was all about selflessness. I made sacrifices in my professional life in order to fulfill my personal goals, a family. A detour that most men

avoid altogether, however, women- even in today's highly evolved world- have to make sacrifices, some easier than others, but difficult just the same. I have regrets regarding that stage of my life, but not one to live in the past and dwell on things that cannot be changed, I acknowledge that I did my best with what I was armed with at the time. And, although I completely understand that being a homemaker, wife and mother is constantly a work in progress, I consider what I have created and managed to build to date, the single greatest accomplishment of my life. Ups and downs, peaks and valleys, the good, the bad and the ugly...through it all, hands down, I am truly blessed.

As I round the corner into 2012, and nearing the close of my fifth decade (deep breath), I will admit that I am a bit disappointed in myself. I am absolutely not living up to my full potential and I am not the least bit happy about it. I can do so much more than I have done. I may have relaxed a bit too much and taken myself out of the game, perhaps considering myself too old or too accomplished to have any definitive goals either professionally or personally. Resting a bit too much on my laurels? Possibly, but if there is only one thing that I have learned about myself over these many years, it is that I am not one to sit still long enough to let moss grow. A couple years of not feeling like I have been living up to my full potential behind me, I am incredibly excited about what lies ahead. I start this new year full of renewed energy and proud to be up for the challenge. I may have let the stress and the struggles of the past few years get the best of me for a while, but no more. I am in this to win it and "winning" to me means giving more than I have got, doing more than I thought I could and accomplishing all that I have ever dreamed of...game on!! 🔷







meet your neighbor

Meet The Jacksons!

Mark is originally from the Northeast, having spent the first 12 years of his life in Boston, Massachusetts. His family relocated to Winter Park in 1978, but Mark remains an avid fan of both the Red Sox and the Patriots. He attended and graduated from Winter Park High School and went on to earn his Bachelor of Science degree in finance from the University of Central Florida in 1989. Mark was and still is a very active member of the Sigma Chi fraternity. He is the treasurer of the house corporation for Sigma Chi and a past president of the UCF Alumni Association. The entire family can be found enjoying the tailgating activities, decked out in all their UCF attire, for just about every home football game.

Katrina is the only child of Stuart and Sharyn Rockett of Flagler Beach, Florida. She relocated to Orlando to attend UCF where she was a member of the Alpha Delta Pi sorority. She graduated with a Bachelor of Science degree in accounting, class of 1992.

Katrina and Mark have Mark's sister Stacey to thank for their introduction, in 1993. "Katrina was my sister's roommate. As you can

imagine, I started to visit my sister a lot more than normal, and the rest...is history!"

The Jacksons were married in 1995 and without question, bought their first home in Winter Park. "I grew up here and wanted our kids to grow up in a good community with great schools," said Mark. Mark and Katrina are the proud parents of three beautiful children and the not-so-proud owners of their ninemonth-old border collie, Samme, who they joke may or may not have been dropped on his head as a puppy. He rounds out the family pets that include Pumpkin, a black cat rescued on Halloween; Jolly, the cockatiel rescued a few Christmases ago; and Oreo the hamster.

Their eldest, Emily (13), is in the eighth grade at Glenridge Middle School, plays soccer for the Lions and plays the clarinet in the GMS band. Their son Stuart (12) also attends Glenridge Middle. He is in the sixth grade, enjoys playing football for the ACYS league, baseball for Winter Park Babe Ruth and the trumpet for Mr. Sullivan in the GMS band. Audrey (9), their youngest, is in the fourth grade at Brookshire Elementary. She plays



The Jacksons (L-to R, top to bottom) Emily, Katrina, Stuart, Audrey, Mark and Samme

the violin, softball and takes dance at Contemporary Center for Dance.

Mark is the senior vice president at Lykes Insurance, located on Canton Avenue in Winter Park. And although his insurance work keeps him incredibly busy, he rarely misses a game, performance or a recital. Mark says, "With three kids and a dog, we can either be found at the Winter Park ball fields, a soccer game, or the dog park!" \(\Displayer



FOR YOUTH DEVELOPMENT FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

JOIN IN. STRENGTHEN OUR COMMUNITY.

Get moving this holiday season and start your new year on the right note. Let us help you:

- > Kick the inactivity habit.
- > Build your success as an exerciser and feel better.
- Shape your workouts around activities you enjoy.
- > Stay on track even when your schedule throws you a curve ball.

Happy Holidays from our family to yours.

CROSBY YMCA WELLNESS CENTER

2005 Mizell Ave . Winter Park, FL 32792 **P** 407.644.3606 . **W** ymcacentralflorida.com



The Park Press | JANUARY 2012

City Commissioner's Message

Commissioner Robert F. Stuart, City of Orlando District 3



As we begin a great new year in the City Beautiful, it provides us all with an opportunity to build on the successes from 2011 and identify those areas in which we can improve. As I think of all of the areas of service provided by the city to our residents, I know that we all agree

that public safety is of utmost importance, so I wanted to take this opportunity to provide you with some highlights from the Orlando Police Department's year-end review.

2011 brought a big change to the Orlando Police Department with the retirement of Chief Val Demings and the promotion of Deputy Chief Paul Rooney as the 37th Chief for the City of Orlando. Chief Rooney is known for both his experience and his candor, so his review of 2011 was very straightforward. I was happy to hear that violent crime has decreased more than 7% over last year. We have continued to see a downward trend during the past five years, with violent crime down more than 55% since 2006. With sectors of the economy still struggling, I was saddened but not surprised to see that property crimes are up 6% from last year throughout the City. In District 3 specifically, residential property crimes are up at about the same rate as the rest of the city, and commercial property crimes stayed about the same as last year. Car break-ins in our district have also in-

creased slightly from last year, about 5%.

In case you haven't heard, Orlando came in first place in the United States amongst midsized cities for their National Night Out efforts, which is a major accomplishment and a point of pride since we have come in second place for the last few years! District 3 held the most parties and also has the most Neighborhood Watch groups of any area of the city. It is my hope that we can build on that foundation and grow our community partnerships in all areas of District 3 in order to work together to prevent crime in our unique neighborhoods.

While we know you have heard it before, we can't say it enough - if something doesn't look or feel right, please call, call, call! In fall of 2011, Delaney Park, a downtown neighborhood, had a number of daytime residential burglaries that OPD knew were connected. The criminals were caught in large part because a neighbor called the police with some valuable information. Numerous cases were solved and much valuable property was returned to its rightful owners. In case your New Year's resolution is to get involved in your community, please consider joining our Neighborhood Watch program in 2012! Just visit OPD's website at www.cityoforlando.net/police call our Neighborhood Watch Unit at 407-246-2369.

Another great way to get involved this year is to enroll in the Mayor's City Academy or in OPD's Citizen Police Academy. Both of these programs allow participants a behind the scenes look at our city government and our police department, and provide valuable information on city services and citizen safety. For more information on these two great programs, please visit the City's website.

Also, since 1994, the city has offered matching grants to schools, non-profit organizations and neighborhood associations that address neighborhood needs, improve education, and build community pride. While the 2012-2013 applica-

tions won't come out for a few months, this

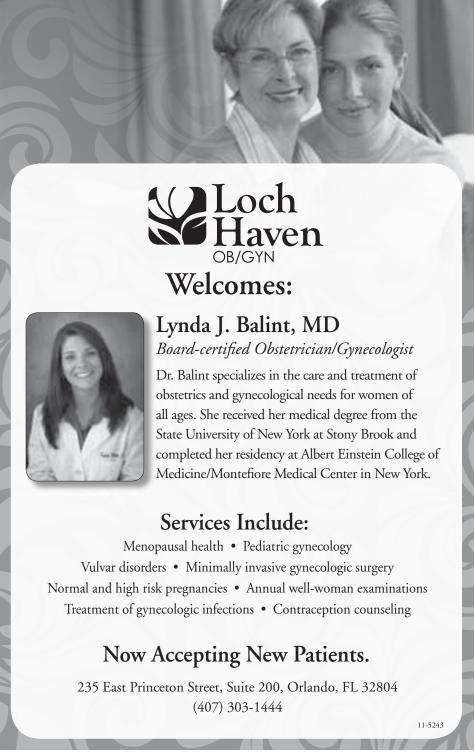
may be a good time for an organization in which you are associated to brainstorm ways they may be able to utilize these funds to make a difference in your neighborhood and further our common goals. For more information on this program, visit, www.cityoforlando.net/ please grants.

With your help, I am excited to begin a new year serving the residents of District 3 and striving to improve not only in the area of public safety, but in all of our core services we proudly offer our residents. As you have probably heard me say, this is Your City, so thanks for taking an active role in making it a wonderful place to live, work, play and raise a family!

-Robert 🔷

ROBERT F. STUART | COMMISSIONER, DISTRICT 3, CITY OF ORLANDO | 400 S. ORANGE AVENUE, ORLANDO, FL 32801 | 407-246-2003 | ROBERT.STUART@CITYOFORLANDO.NET







Winter Park Mayor's Message

Mayor Ken Bradley



Kau Davasa

Every Day Exceptional

When I think of Winter Park, I now think of this simple phrase, "Every day exceptional." This motto was adopted by the Community Redevelopment Agency Board (CRA) in June 2011 for the branding of downtown Winter Park.

But this motto certainly can apply to many of the city's exceptional accomplishments in 2011 — from public safety enhancements to infrastructure improvements to national designations.

The Winter Park Police Department (WPPD) successfully implemented their new Data-Driven Approaches to Crime and Traffic Safety (DDACTS) program. Winter Park was one of the first eight municipalities in the country to implement this enhanced program. The goal of DDACTS is to reduce the incidence of traffic crashes and crime in a neighborhood or specific geographical area. Through careful study, officers are placed where traffic crashes and crimes tend to occur more frequently so they are at the right place, at the right time to prevent trouble. Since implementation from January 2011 through September 2011, the WPPD has seen the further reductions in crimes within the DDACTS designated areas:

- Burglaries reduced by 23 percent
- Stolen vehicles reduced by 50 percent
- Crashes reduced by 7.9 percent

Exceptional!

In August 2011, our Fire-Rescue Department achieved international reaccreditation keeping our department one of only 14 accredited agencies in the state of Florida. The city remains one of only three government agencies in the state with three accredited departments: police, fire-rescue and parks & recreation. Exceptional!

We opened our new, state-of-the-art LEED certified Winter Park Community Center in October. The city received "gold level" Green Local Government status by the Florida Green Building Coalition for our sustainability and environmental efforts. We completed the Lake Baldwin Trail and we launched the city's first SaveMyCity mobile app. Exceptional!

Our electric utility rebated more than \$1 million back to you, our customers, during the summer months. The utility now offers homeowners the ability to monitor electric usage through devices available at the Winter Park Public Library. The city has also begun installing charging stations for electric vehicles, completed undergrounding on Aloma Avenue, as well as started undergrounding main electric overhead lines along Temple Drive. Exceptional!

In May 2011, the Downtown Winter Park Historic District was placed on the National Register of Historic Places by the National Park Service. The national register is the official list of the nation's historic places which are worthy of preservation. This preeminent designation honors places by recognizing their importance to the community, state or nation. Exceptional!

In September, the city became one of only 151 cities and towns in the country to receive the "Playful City USA" designation by KaBOOM! for its efforts to increase play opportunities for children and its outstanding dedication to play. Exceptional!

Slogans such as: "Just do it.", "Got Milk?", "Don't leave home without it.", or "Be all that you can be." tell much about an entire organization's image and purpose. For Winter Park, "Every day exceptional" is not just a motto but a goal.

On Wednesday, January 18, I will be presenting the State of the City Address at the Mayor & City Commission Luncheon, presented by the Winter Park Chamber of Commerce, where I will share more exceptional accomplishments of 2011. Please join me for this event at the new Winter Park Community Center.

As we look back at 2011 and look forward to the New Year, I want you to reflect on how you can make "Every day exceptional" in our city. On behalf of the city, our staff and my fellow commissioners, may God continue to bless you and bless the exceptional City of Winter Park, Florida. •

Sincerely,

Kenneth W. Bradley

Mayor, City of Winter Park





Maitland Mayor's Message Mayor Howard A. Schieferdecker



Completion Of My First Year In Office

First of all, I would like to wish everyone a happy, healthy, safe and prosperous New Year. It has been a privilege and honor for me to serve as your mayor this past year. The reuniting and renewed positive attitude of our City Council has been a real inspi-

ration. Working with our city staff and our volunteer boards has been very pleasurable, rewarding and productive. We have accomplished many things this past year and look ahead with great expectations to continue moving our city forward

To begin the review of our past year's accomplishments, I would have to start with the completion of our new Fire Station on Packwood Avenue. This state-of-the -art, green accredited building is a continuation of our commitment to provide firstrate facilities to our First Responders that enables them to continue to provide first-rate service to our citizens. At the same time, we are continuing our commitment to be good stewards of the environment by constructing green accredited buildings. The construction of City Hall is also well underway with the projected completion date to be in August of 2012.

Other accomplishments of note for 2011 are as follows:

- Continued to maintain no increase in the property tax millage rate.
- Continued to maintain a balanced budget.
- Continued to move forward with our Capital

Improvement Projects.

- Began the Red Light Camera Traffic Enforcement Program.
- Enacted a new ordinance to reduce prescription drug abuse.
- Enacted a new ordinance to regulate pain management clinics.
- Enacted a new ordinance to prohibit Internet Cafes (Gambling Centers).
- Created a City Charter Review Commission.

As for the financial state of our city, even though due to the present economic climate our revenues are down, we are financially sound. This is mainly due to fiscal conservatism by our City Council as well as our city staff working hard to keep our expenses down. However, this will not last unless we take steps to increase our tax base in the next few years, which we are presently in the process of doing.

To increase our tax base we have to encourage quality development in our city. This is mainly being done by updating our Land Development Code including the streamlining of our Permitting Approval Process. This will create a positive "open for business" policy in our city that will attract new business and quality development with specific emphasis on the redevelopment of our new downtown. The streamlining of the Permitting Approval Process as well as the updating of our Land Development Code has been mostly completed. The only pieces remaining are the rezoning and updating of the design standards of our downtown area that will be completed in February of 2012. We have already had substantial

interest in the redevelopment of our downtown area and are working with several developers at this time.

Our main goals for 2012 are as follows:

- Completion of our City Hall on time and on or under budget.
- Maintain no increase in our property tax millage rate.
- Maintain a balanced budget.
- Continue to move forward with our Capital Improvement Projects.
- Completion of the updating of our Land Development Code.
- Work to secure new business opportunities and quality development for our city which will create new jobs both temporary and perma-
- Complete the review of our City Charter.

The prospects for 2012 look very encouraging. With the dedication and

enthusiasm of our City Council, city staff and volunteer boards, anything is possible for our city. These wonderful people along with many of our dedicated and enthusiastic citizens inspire me. They, along with my great love of our city, are the reasons why I love being your mayor. I look forward to our city's bright future with great anticipation and you should too. •

Sincerely,

Howard A Schieferdecker Mayor, City of Maitland







protection and service by The Winter Park Police Department

Enrollment To Begin For Upcoming Citizen Police Academy

The Winter Park Police Department is very proud to announce the commencement of its Citizen Police Academy to begin in January of 2012. It has been several years since the department has conducted the program and is very excited to present a completely refurbished program to the residents, business owners and other community stakeholders. Beginning the Citizen Academy in 2012 is especially significant because of the commencement of the Winter Park Police Department's 125th Anniversary celebration. The Academy is a commitment of every Tuesday night for nine weeks. In addition to the nine weeks of classroom training, a patrol ride-along is scheduled at the participant's con-

venience and a Saturday class is conducted that focuses on firearms training.

rily. Two Citizen Academies are conducted each year and in 2012 we have one beginning on Jan-

A Citizen Academy experience is an all-encompassing view of the daily operations of Winter Park's Police Department and while getting to know various members of the agency, participants will learn about Patrol and Special Operations, Criminal Investigations, Street Crimes, Community Services, Traffic and Parking Enforcement, K-9, SWAT and Hostage Negotiations and School Resource among many others. Classes are open to all Winter Park residents, business owners and community stakeholders and are limited to 25 participants. A minimum background check must be completed satisfacto-

rily. Two Citizen Academies are conducted each year and in 2012 we have one beginning on January 31, 2012 and ending on March 27, 2012. The second class will begin later on in the year on a date to be announced. This is a completely new program, so even if you are a previous graduate of the Academy, please consider participating again!

This is a very exciting time for the Winter Park Police Department and we are looking forward to a long, successful program within the community. Applications for the Citizen Academy are available by contacting Officer Lina Strube at lstrube@cityofwinterpark.org or (407) 599-3664. We look forward to seeing you there! ◆

Win A Wedding...Feed The Need! - The Perfect Marriage

- By Keith Corino and Pat Jones-Petrick

"Win a Wedding...Feed the Need!" is a Central Florida fundraising event like no other! It is made possible by the partnership of the Historic Dubsdread Ballroom, The Christian Service Center and Perfect Wedding Guide - hosted by the Feed the Need Committee. One lucky winner will hold the ticket to win a wedding ensemble valued at approximately \$25,000. The wedding ensemble will be awarded at a bridal show hosted at the historic Dubsdread Ballroom.

"For years, a very active group of friends have joined together to help support the programs of the Christian Service Center. The Feed the Need Committee grew out of response to the terrorist attacks of 9/11, when there was an incredible demand on local social service agencies. Now, as we look upon the continuing challenges of a struggling economy, we expand this partnership to provide the resources needed to help many more people," says Robert Stuart, executive director for the Christian Service Center.

Steve Gunter, of the Dubsdread Ballroom, adds: "The Feed The Need committee had been thinking about adding a spring event to its fundraising efforts and it just so happened that during our fall event planning efforts, a fax came through the Dubsdread office notifying us that the Dubsdread Ballroom had been selected as a "best wedding venue" by local brides for the sixth consecutive year. I got to thinking, how many brides would be willing to purchase a chance to win a wedding at the Historic Dubsdread Ballroom if we raffled off a wedding and donated the proceeds? The idea grew from there to

extraordinary event for Central Florida. This is an opportunity for our local wedding professionals to pull together for a great cause... feeding the need right here in our own back yard. The wedding vendors will be allowed to showcase their products and/ or services to potential clients, all while raising money to go towards the Christian Service Center. This event is the perfect blend of professionalism and community service."

the most prominent needs of those struggling in our Central Florida community. Feed the Need is an effort by a group of local volunteers working to raise money for the Christian Service Center for Central Florida to assist those that are less fortunate by providing food, clothing, shelter, funds and counseling if needed.

The Wedding Ensemble includes a wedding portfolio filled with local wedding vendors donating all the







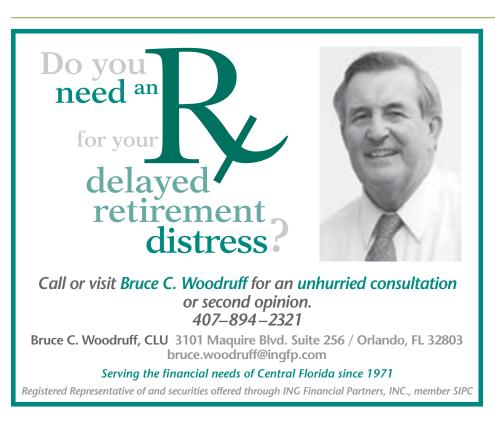


include other local vendors in order to offer a complete wedding package with all the amenities."

That's when a long-time friend of the Dubsdread Ballroom stepped in to lend a hand. Orlando Perfect Wedding Guide, with established partnerships throughout the wedding planning community, joined the efforts – the marriage was now complete. Tanya Barker, market manager of Orlando Perfect Wedding Guide said "Orlando Perfect Wedding Guide believes 'Win A Wedding... Feed the Need!' is an

Tickets go on sale January 1 and there are several ways to purchase a ticket for the drawing: visit www. winaweddingorlando.com, stop by the Taproom at Dubsdread, visit the Christian Service Center or ask any member of the Feed the Need Committee. Tickets are a suggested minimum donation of \$50 for each ticket and the best part...by purchasing a ticket to Win A Wedding...Feed The Need! you are donating to a great cause! All proceeds go to the Christian Service Center for Central Florida to fund programs that address

products and services that a bride would need to have the perfect wedding: venue, wedding planner, catering, entertainment, flowers, invitations, and so much more! There are only 1,000 tickets available for purchase and the live drawing will be held at a bridal show at the Historic Dubsdread Ballroom on Monday, April 16, 2012. Ticket holders will want to be sure to attend the bridal show not only to see who wins the wedding ensemble, but also to be eligible for the door prizes drawings held throughout the evening. •





Original Kerouac Typescript Finds Permanent Home

the English department and the lins faculty have shown to estab-Kerouac Project, a non-profit organization supporting aspiring writers. "I always wanted to have a closer connection with the proj-

ect and the visiting writer. This is

(Pictured L to R) Socky O'Sullivan,

Kenneth Curry professor of literature at Rollins College; Jonathan Miller, library director at Rollins; Jeff Eisenbarth, Rollins vice president and treasurer; and Bruce Gordy, president of the Kerouac Project view the articles of the typescript of Jack Kerouac's 1957 novel "The Dharma Bums."

Photo Courtesy of the Department of Archives & Special Collections, Rollins College

a good catalyst for this to happen."

"The Jack Kerouac Writers-in-Residence Project of Orlando is proud to share with Rollins College one of the very few literary treasures with a rich Orlando provenance," said Bob Kealing, co-founder of the Kerouac Project and author of "Kerouac in Florida: Where the Road Ends." "We at the Kerouac Project are grateful for the passion Jonathan Miller and Rollish a new home for this one-of-akind typescript at the Olin Library. Our goal is to see it displayed and shared with students and scholars as an example of Kerouac's in-

> domitable creative spirit while living in Orlando."

Continued from page 1

Like "Winter with the Writers" and the Winter Park Institute, the college's commitment to the



Kerouac House Photo Courtesy of Mike Robinson, Kerouac Project

local arts community manifests itself in many ways. "Rollins plays an important role in the local arts community," Miller said, "particularly in literary arts. We have one of the best archival collections in Central Florida. We're all really excited to welcome this important typescript here."

If you'd like to learn more about Kerouac Project of Orlando please visit www.kerouacproject.org.

Winter Park Architect Designs For The Greater Good Continued from page 1

start to use it," Adare says.

Drake adds, "We teach them how to build water pumps and windmills with objects found in their village so once somebody's trained they can get the objects and parts out of their local scrap yards to build and maintain them for the rest of their life."

Drake's current windmill and pump designs include bamboo, grain sacks, wire, plastic pipe, plastic water jugs, and wood from



Malawian farmer using the hand **crank water pump** – photo by John Drake, Africa Windmill Project

blue gum trees-everyday items readily available in the villages.

But for Drake and his team, AWP goes beyond irrigation. It's about creating a stable food supply and safe environment for village families.

"There are a lot of abuses that happen to these people in the city so the ability to produce food at

home creates stability for the family, not just full stomachs," Adare

In just two years, AWP has expanded into three districts of Malawi with plans to stretch even farther through their newest program, a centralized training and demonstration farm.

"Farmers can go there several days, train how to do it, take it back to their village, then our guys can go in and check in on them. It's about efficiency," Drake says.

The farm will require more staff and more financial support but at least, Drake says, the demand from the farmers is already there.

"It's not really like we're going to build it and they'll come," Drake says. "They've already come and now we need the training center."

It's all a part of what he believes is a much bigger plan.

"We don't charge anything for the design and we don't charge for the training," Drake says. "We have people ask us 'then why are you doing this?' And I say because as a Christian this is just what we're supposed to be doinghelping one another and showing God's love." ♦

To find out how you can get involved with Africa Windmill Project, visit www. africawindmillproject.org.

FLORIDA'S #1 DEALER IN CERTIFIED VOLVO SALES

PRE-OWNED VOLVOS



39k Miles \$346/month at 2.99% for Certified Warranty until 11/10/14



39k Miles \$373/month at 2.99% for Certified Warranty until 2/28/14



66 months, Stock #P4823 \$27.984 Certified Warranty until 3/24/13





66 Months. Stock # P4868 \$25-994 Certified Warranty until 8/23/14



75 months, Stock #P4819 \$28,794 Certified Warranty until 7/31/14



20k Miles \$410/month at 2.99% for Certified Warranty until 3/15/16



33K Miles \$284/month at 2.99% for Certified Warranty until 1/15/16



75 months, Stock #P4835 **\$28,993** Certified Warranty until 9/12/13

SHOP OUR ENTIRE PRE-OWNED INVENTORY FROM A SMART PHONE





2012 VOLVO S60 T5



Lease it now for \$399 per month for **36 months.** \$0 due at signing except for tag and dealer fees. Plus local sales tax. Even your first payment is made by Volvo.







1051 W. Webster Avenue • (407) 628-0550 (Across from Winter Park Village on Webster Ave)

www.volvowinterpark.com

10 NEWS The Park Press | JANUARY 2012

Carl Hiaasen Kicks Off 72nd Winter With the Writers

Five writers from across the United States will take part in the 2012 Winter With the Writers, A Festival of the Literary Arts. In keeping with Rollins College's long-standing commitment to bring contemporary literature to the community, the 2012 season will feature a diverse mix of authors, including three-time Pulitzer Prize-nominee and best-selling novelist Carl Hiaasen. This award-winning series brings renowned writers to campus to share their work and expertise with students and the community for several decades.

The event is free to all and will take place in Rollins' Bush Auditorium on four consecutive Thursdays, beginning February 2. Readings will start promptly at 7:30 p.m. Parking is available in the SunTrust Garage at no charge.

SPEAKERS INCLUDE:

Three-time Pulitzer Prize-nominee Carl Hiaasen

- Thursday, Feb. 2, Bush Auditorium
- Hiaasen an investigating journalist for The Miami Herald, is the bestselling author of "Star Island," "Nature Girl," "Tourist Season" and "Skinny Dip."



Romanian poet Mihaela Moscaliuc

- Thursday, Feb. 9, Bush Auditorium
- Moscaliuc's poetry collection, "Father Dirt" (2010), won the Kinereth Gensler Award. In 2011, she was presented a Glenna Luschei Prairie Schooner Award.



Poet Ilya Kaminsky

- Thursday, February 9,Bush Auditorium
- Kaminsky is the author of "Dancing in Odessa," which was named Best Poetry Book of 2004 by Fore-



word magazine. He also co-founded Poets For Peace, an organization that sponsors poetry readings in the United States and abroad to benefit relief organizations.

Poet and best-selling novelist Paula McLain

- Thursday, February 16,Bush Auditorium
- McLain is the author of "The Paris Wife," an instant best-seller on The New York Times list and an lists in Canada Iroland



on lists in Canada, Ireland and Italy.

Nigerian novelist Chimamanda Adichie

- Thursday, February 23,Bush Auditorium
- Adichie is the author of "Half of a Yellow Sun" and "Purple Hibiscus," and was named one of today's 20 most important fiction writers under 40 years old by The New Yorker.



Discussions and readings are free and open to the public. Guests are encouraged to arrive early, as seating is limited. For more information, visit the Winter With the Writers website at www.rollins.edu/winterwiththewriters. •

TrackShack Foundation Continues To Make A Positive Difference

Track Shack Foundation's Board of Trustees recently awarded over \$21,000 to 18 area schools and organizations that provide health and fitness education and encourage young people to participate in a wide range of sports and fitness-related activities in Orange, Osceola, and Seminole counties.

Track Shack Foundation proudly introduces its most recent grant recipients and their exceptional programs:

- A Gift For Teaching, Orlando, Healthy Kids Corner for its Free Store which contains health information, products and teaching tools to encourage healthy behaviors to the area's most needy populations.
- Altamonte Elementary, Altamonte Springs, cross country program
- Apopka Memorial Middle School, Apopka, running club
- Dommerich Elementary, Maitland, Running Tribe running club
- Durrance Elementary School PTA, Orlando, Mighty Milers running club
- Foundation for Foster Children, Central Florida, Fostering Success Program that provides opportunities to foster youth who request access to participate in athletic programs such as fitness clubs, community athletic programs offered through the YMCA, Boys & Girls Clubs, little leagues, youth martial arts classes and other sports related camps and venues.
- Freedom High School, Orlando, track and field program
- Jackson Heights Middle School, Oviedo, Crocc cross country season
- Jones, Orlando, track and field team to go to Coaches Invitational in Atlanta, GA
- Pine Castle Christian Academy, Orlando, soccer program



Rock Lake Middle School cross country program, Track Shack Foundation grant recipient

- Poinciana High School, Kissimmee, track program
- Red Bug Elementary School, Casselberry, hosting a cross country meet
- Rock Lake Cross Country Team, Longwood, cross country team
- Seminole County Public Schools Running Clubs, Winter Springs, All County elementary school meet
- Sterling Park Elementary, Casselberry, Eagle cross country team and cross country meet
- Winter Park Day Nursery, Inc., Winter Park, purchase of fitness equipment for low-income, preschool age children
- Winter Park Girls Volleyball, Winter Park, strength and conditioning equipment for women's volleyball program

Financial support of the local organizations is made possible by runners and walkers who actively take part in Track Shack's local running events. Race proceeds positively impact the community and improve the quality of life for so many. •

The Track Shack Foundation is a 501©(3) organization that helps provide health and fitness opportunities to Central Floridians through the funding of youth athletic programs. To find out more about the Track Shack Foundation, to donate or apply for funds, please visit www.TrackShack.com.

Collaborative Partnership Garners Industry Innovator Award

The Mayflower Retirement Community and Rollins College recently received the International Council on Active Aging's "Industry Innovator Award" for their collaborative lifelong learning partnership, "Live and Learn." With only five honorees this year worldwide, the award high-

lights innovations that lead the way, set new standards and make a difference in the lives of older adults.

Taking into account the interests and intellectual curiosity of Mayflower residents, as well as the service-learning component that is part of the Rol-

lins mission, "Live and Learn" features relevant, hands-on educational experiences in small-group sessions with no more than 12 participants. Taught by Rollins faculty and staff, classes cover subjects ranging from art, theater and writing to history, physics and environmental sciences. The program differs from other retirement community/university affiliations because of its focus on immersion in the subject matter, interactivity and small teacher-to-student ratio.

"A key component to healthy aging is continually challenging and stimulating the brain," said Mayflower marketing director Jana Ricci, a Rollins alumna who was instrumental in launching this program. "We strongly believe that passion for learning knows no age boundaries – and that is how the concept for 'Live and Learn' evolved."

We are honored by this prestigious award and look forward to building upon the success of this initiative."

"This is a win-win for everyone involved," said Micki Meyer, director of the Office of Community Engagement at Rollins. "We don't have a lot of op-

portunities for intergenerational learning in our culture because we segment ourselves – and we're missing out. This is an enriching experience for both the students and the seniors, because they're serving as peers and mentors to each other."

The Mayflower/Rollins enrichment series now offers 10 courses, some of which run for a full semester and even have a waiting list. Although the older adults don't receive credits for the courses, they benefit from the mental stimulation of intergenerational learning, which has been proven to enhance "brain fitness."

"As an institution that celebrates lifelong learning, Rollins is excited about the future of our relationship with The Mayflower," said Lewis M. Duncan, president of the College. "It provides our community with greater opportunities for thoughtful discourse, intellectually stimulating seminars and shared appreciation of the arts."

The award was be presented during the International Council on Active Aging's annual conference, which was held at the Orange County Convention Center last month. •



The Park Press | JANUARY 2012

NEWS

Sound Of The Wildcats Marching Band Ends 10th Annual Unity Successful Season

The hard-working 200-member Winter Park High School "Sound of the Wildcats" marching band received many honors and awards this fall in competitions such as the Seminole Sound Spectacular 1 in Seminole, Florida and the Timber Creek Marching Arts

of Education. Winter Park High bands have consistently earned "superior" ratings at District and State Performance Assessments and received the Otto J. Kraushaar Award many times throughout the school's history - an award that recognizes a record of straight



2010-2011 Winter Park High School "Sound of the Wildcats" Marching Band

Festival, where they won first place in their class and were named the Grand Champions of the competition. From there, the band went on to receive "superior" rankings at the Florida Bandmasters Association Marching Performance Assessment. Finally, the band concluded its marching season with a fourth place finish in the 5-A class of the Florida Marching Band State Championship, which was held at the Tropicana Dome in St. Petersburg, Florida.

The Winter Park High School band program prides itself on a long-standing tradition of excellence in music education. For years, this program has been a model for high school band programs in the State of Florida and throughout the country. In fact, the entire music department at Winter Park High School was recognized as a 2004-2007 "Music Demonstration School" by the Florida Department

"superior" ratings at all marching and concert performance assessments throughout the entire year.

Recent notable performances by the Winter Park Band include:

- 2011 Class 5A Florida Marching Band Finalist, St. Petersburg, FL
- 2010 Class 5A Florida Marching Band Finalist, St. Petersburg, FL
- 2010 Florida Music Educators Association State Convention President's Concert, Tampa, FL
- 2009 Class 5A Florida Marching Band Champions, St. Petersburg, FL
- 2008 Blue Cross/Blue Shield Fiesta Bowl Marching Band Championship & Parade, Phoenix, AZ
- 2008 Class 5A Florida Marching Band Finalist, St. Petersburg, FL ◆

Heritage Festival

The City of Winter Park is proud to present the 10th annual Unity Heritage Festival on Sunday, January 15, 2012, and Monday, January 16, 2012. The annual community festival will promote family history and raise funds for the Educational Fulfillment Fund for local economically disadvantaged youth.

The festival begins on Sunday, January 15, in Shady Park in Hannibal Square located at the intersection of Pennsylvania and New England avenues, from 1:00 p.m. to 5:30 p.m. Special activities will include children's games, career booths, food and retail vendors, special entertainment by various gospel artists, health information by Alpha Kappa Alpha Sorority, Inc., Nu Iota Omega Chapter and the presentation of the annual Heritage Award. Patrons are also encouraged to visit the Hannibal Square Heritage Center just across the street from Shady Park to see "Mid-Century: A photographic view of African-American communities in Florida. The center pays tribute to the past, present and future contributions of Winter Park's historic African American community.



The heritage festival continues in Shady Park on Monday, January 16, Martin Luther King, Jr., Day, from 10:00 a.m. to 5:30 p.m. Join Mayor Ken Bradley and Winter Park city officials at 10 a.m. for a special Martin Luther King, Jr., symbolic program, including the Feature Family Presentation. The feature families being honored are the Simpson

family, from the 2011 celebration which was rained out, and the Israel family for 2012. Exciting events and activities will continue throughout the day including food and musical entertainment by Brenda White & the White Boyz and Motown Magic.

Special thanks to event sponsors including the City of Winter Park Community Redevelopment Agency, Alpha Kappa Alpha Sorority, Inc., Nu Iota Omega Chapter, Crealdé School of Art, Davis Bakery, MetroPlan Orlando, Verizon Wireless and Tim Webber, The Coordinator. •

For more information regarding the 10th annual Unity Heritage Festival, please call 407-599-3275.



Maintenance-Free Living. SECURITY. AND PEACE OF MIND.

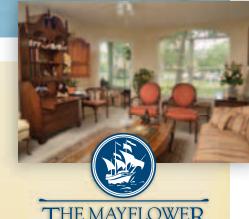
[FOR GENERATIONS]

The Mayflower. Smart. Secure. And Spectacular.

For Winter Park residents Marjorie Thomas and Susan Bekaert, living 622 miles away from their mother, Marjorie Bekaert, became a journey too far. "Although it's less than two hours by air from Orlando to Wilmington, NC, where mom lived, we worried about what we'd do if an emergency occurred," says Susan. "That became a reality after mom had a bad fall. So we decided 'it was time'."

Seeking the 'perfect place' for their mother, Marjorie's daughters looked at a number of communities – but they knew right away that The Mayflower was the right fit. "I feel safe and comfortable here," says Marjorie. "It's truly a maintenance-free lifestyle with lots to do. And my girls no longer have to worry

What's your plan for the future? Call today, and let's talk about it: 407.672.1620.



THE MAYFLOWER www.themayflower.com

1620 Mayflower Court Winter Park, FL 32792

WINNER: ICAA INDUSTRY INNOVATOR AWARD



For The Mayflower/Rollins College Lifelong Learning Program

The Park Press | JANUARY 2012 12 **NEWS**

Childhood Obesity Prevention Initiative To Expand In Central Florida

Park Health Foundation (WPHF)--with a little help from 50 wiggly preschoolers-recently launched a childhood obesity prevention initiative in Eatonville, Maitland and Winter Park child care settings in hopes of growing a healthier generation.

The expansion of this one-of-a-kind initiative into 14 child care centers in Winter Park, Eatonville and Maitland, was made possible by a \$50,000 grant from WPHF.

"Nemours is honored to have the support of the Winter Park Health Foundation in this effort to combat childhood obesity", said Roger Oxendale, CEO of Nemours Children's Hospital. "Nemours has a history of working beyond the walls of our clinics and hospital to improve the health of children, and with this investment we will be able to conduct more of that important work."

Nemours associates will train child care providers on two programs: Nemours Healthy Habits for Life and the Nemours prescription for a healthy lifestyle: 5-2-1-Almost None. Healthy Habits helps children learn about 'sometimes' rainbow and incorporating movement in play. 5-2-1-Almost None focuses on getting kids mov-

ing, reducing screen time, making nutrition fun and limiting sugary beverages.

Training is scheduled to begin in January.

Developed by Nemours and Sesame Workshop, Healthy Habits for Life is a resource kit to assist child care providers with the education and tools they need to promote healthy eating and active living in the

child care setting that has proved to be successful in introducing the components of a healthy lifestyle to pre-school children.

"The best way to help children make healthy choices in later life is to practice them early," said Dr. Lloyd Werk, Nemours, director of the Florida Prevention Initiative

Other child care centers in Central Florida already have received training, and the hope is that it will spread to others and saturate the

Nemours Children's Hospital and the Winter and 'anytime' food, eating the colors of the area. "Our goal is to help grow a healthier generation," said Dr. Werk.

The initiative is a natural extension of the on-

going work of the WPHF which has offered free school-based health and wellness services in 12 public schools in Winter Park, Eatonville and Maitland for more than a decade. The participating child care centers channel students into these same schools.

"The programs we have offered are designed to help students become as healthy and academically productive as possible

and are based on the belief that healthy kids make better students, and better students make healthy communities," said Patricia Maddox, WPHF president and CEO.

Nemours' programs complement all we are doing in elementary, middle and high school, she added. "You're never too young to learn the benefits of active living and healthy eating, and we hope these youngsters will carry these lessons through life." ◆

Winners Of The 59th **Annual Winter Park Christmas Parade**

Mayor Ken Bradley served as the honorary grand marshal for the Christmas Parade and led more than 100 units down Park Avenue, including local bands, dance troupes, community organizations, local dignitaries and, of course, Santa Claus.

The judges this year included Linda Castle, president, Winter Park Woman's Club; Joel Dick, president, University Club of Winter Park and Ernestine Manning, president, Ideal Woman's Club of Winter Park.

Congratulations to the following 2011 parade winners: Best Bands: Winter Park High School, Tuscawilla Middle School and St. Mary Magdalin School. Best Marching Units: Walk-n-Roll, St. Margaret Mary School and Page Private School. Best Floats: Alpha Christian Academy, Cub Scout Pack 31 and Center Stage Academy. Best Christmas Spirit: Rollins Dance Team, Winter Park Day Nursery and American Spirit Cheer. Judges' Choice: Sweet! By Good Golly Miss Holly, WinterParkLostPets.com and Centurion Battalion, US Naval Seal Cadets.

A special thanks goes out to Jeff Day, chief meteorologist at Central Florida News 13, for once again serving as the parade emcee. •

Florida Hospital To Offer Dance Classes For Parkinson's Community

Dance for Parkinson's is a safe, stimulating and enjoyable movement activity specially designed for persons with Parkinson's disease, their caregivers, families and friends. Already offering music therapy, the Florida Hospital Neuroscience Institute's Parkinson's Outreach Center will expand its services to include the only Dance for Parkinson's program in Central Florida.



The classes feature renowned approach from the nationally recognized Dance for PD program designed and developed by the Mark Morris Dance Group and Brooklyn Parkinson Group. Classes will begin January 20 and will be offered once a month through June. Classes cost \$7.50 per

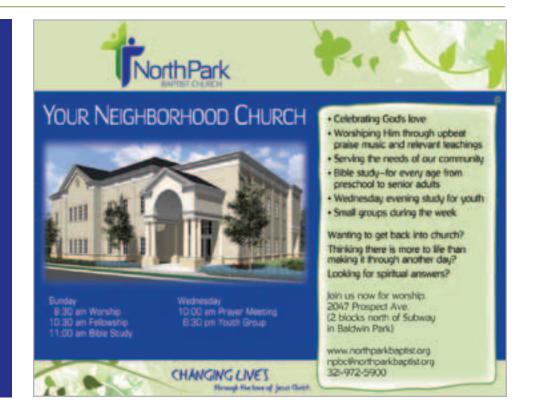
person or \$10 a couple.

Founded in 2001, Dance for PD's primary goal has been to offer people with Parkinson's disease dance classes where they can feel empowered to explore movement and music in ways that are stimulating and creative. Since 2005, they have expanded the Dance for PD program into more than 40 other communities around the world by training teachers through intensive workshops.

The Florida Hospital Neuroscience Institute Parkinson's Outreach Center is the only outreach center in Central Florida dedicated to improving the quality of life of people with Parkinson's disease and their loved ones. In addition to the new dance therapy classes, the center offers a variety of services including support group meetings, an online support group, exercise and dance classes, music therapy sessions, educational materials and clinical referrals.

For more information on upcoming sessions or to register, please contact the Florida Hospital Parkinson's Outreach Center at 407-303-5295. ◆







AM RD WHAT WILL Your Story Be?

NEW YEAR SPECIAL 75% OF to all membership types. Cannot be **ENROLLMENT** combined with any other offer.

> Start TODAY. 407-278-4393



The Park Press | JANUARY 2012 14 **BUSINESS**

fiscal fitness by John Gill



Happy New Year! A Fresh Look At Your Fiscal Fitness

Happy New Year! I hope the holidays were enjoyable and rejuvenating. The New Year is a time for resolutions, renewal, and some reflection on the past year. Certainly we can all resolve to improve the management of our finances.

The last few years have created a new economic reality, a "new normal" when it comes to fiscal fitness. We are saving more and spending less. More people are focusing on needs versus wants. No matter your situation it is never too late to develop and implement a plan. Remember the power of compounding and time. Together, they can help fix past savings/investment mistakes and move you toward fiscal fitness.

People do not plan to fail, they fail to plan! As Norman Vincent Peale said, "Plan the work and work the plan." Let's take time to get some insight on where we stand and use the results to plan for our fiscal/financial future. Some diagnostics are in order to see where we stand and how we should move forward.

This column is going to focus on self analysis so that you can understand the areas of your fiscal life that need help, and work on those things that you can control. Below is a personal financial survey. Take a few minutes to complete it and check the key below to see where you stand. Check the box that reflects your answer. Add the corresponding numbers to get a total score.

	Strongly Disagree	Disagree	Agree	Strongly Agree
	1	2	3	4
We have a monthly budget and stick to it.				
We save money regularly and maintain an "emergency fund."				
We are saving enough to retire the way we want to.				
We have our debt under control.				
We pay off our credit card debt every month.				
We are saving enough for our children's college expenses.				
If my spouse dies, my family will continue to be financially secure.				
We keep aware of and take advantage of ways to decrease our taxes.				
If anyone in our family becomes physically or mentally impaired we have a financial game plan to provide the help they will need.				
We have an up to date will (power of attorney, etc.) and we have someone to turn to for legal advice.				
We have short-term and long term disability coverage in case one of us should become disabled and unable to generate income.				
We have a written financial plan to guide our financial future and we understand it.				

If your score is 40 to 48 congratulations! You are in great shape. It seems like you are on the right track with focus, discipline, and a system that is working. Consider yourself fiscally fit, but don't let up, this is a marathon!

If your score is 32 to 39, you are on the right track. Keep up the good work, but remain diligent and work on the problem areas.

If your score is 24 to 31, you may want to consider increasing your financial focus, discipline, or your system! Get a plan in place and execute it!

If your score is less than 23, you have a lot of work to do! It is not too late! Work on a plan and remember the importance of focus, disciple, and a system to get working towards fiscal fitness.

If you have questions, comments, or an area of financial interest you would like to see discussed in The Park Press please call John at 407-353-0594 or send email to FiscalFitness@ymail.com. Follow John on Twitter, @john_gill1.

family business perspective

by David Ciambella, CFP CSP



Do You Have What It Takes? Part 2

at the start of a brand new year! We often refer to the New Year as turning a new page or

the promise of a fresh start. As we continue to explore the acronym DESIRE (dedication, endurance, strength, intensity, reserve, excellence) as a follow up to last month's article regarding "the secret" to achieving succession, let's reflect upon how having strength and intensity can allow you a fresh start in your succession planning.

Seeking succession in a family business is easier said than done. There are a multitude of issues to address, not the least of which is managing family member employees. All too often I witness various forms of entitlement which is neither beneficial to the business nor beneficial to the employed family member's self-worth and personal fulfillment. In some instances, employed family members are harboring frustration and resentment toward parents and or siblings for things that happened in the past. Needless to say, both of the above issues can be quite difficult, not only to address, but also to resolve. In these instances, strength and inner fortitude is required. While it is natural to want to leave these potential land mines alone, it

Here we are is incumbent upon the leader/parents to confront difficult issues head on. Possessing inner strength to hold family members accountable and exhibit tough love are clearly in the long-term best interest of employed family members. While select family member employees may not appreciate the accountability and tough love now, one day these individuals will thank you for your strength and commitment to doing the right thing.

Now let's talk about intensity. For those of you who are football fans, one of the best examples of intensity I have ever witnessed is Mike Singletary, a linebacker who played for the Chicago Bears in the mid-tolate eighties. If you have seen Mike play or watched any highlights of when he played, you know what I am talking about. He exhibited an incredible level of intensity and focus on every play. He took nothing for granted. This intensity and focus eventually helped Mike become a Hall of Fame player. You may be saying to yourself, what in the world does Mike Singletary have to do with succession planning? Great question! Succession planning is a subject in which many business owners procrastinate. For those of you who have begun the process, it is important that you maintain the intensity and focus as there will always be changing circumstances that need to be addressed. Furthermore, as leaders of your business, every move you make is being watched by your managers and employees. And as you have heard before, attitude is contagious. Wouldn't it be great to have a business environment full of people with intensity and focus? Imagine what you could accomplish!

As you enter into 2012, start fresh and focus on having strength and intensity when it comes to not only your succession strategy, but all areas of your life. Have the strength to make the tough decisions you may have put off in 2011. Wake up each morning with renewed intensity to lead your team and family to new successes. Having the DESIRE to accomplish your succession strategy will help you to "Have What it Takes" and achieve your succession and life goals! 🔷

David Ciambella is a Certified Succession Planner and Principal of The Rawls Group and Family Business Resource Center. If you would like to submit questions or suggest topics for consideration please email them to djciambella@rawlsgroup.com.



Business In The Parks

Lowndes, Drosdick, Doster, Kantor & Reed, P.A. is pleased to announce that the communications manager, Ioana Good, has been appointed as the Orlando City Group Leader for the Legal Marketing Association, Southeastern Chapter (LMASE). Starting in January, she will serve for the 2012 term. The Southeastern Chapter is the largest in the international organization of LMA, covering 10 states and 17 city groups throughout the region serving nearly 450 members.

Eye Physicians of Central Florida is pleased to announce that



JERRY N. SHUSTER

board-certified ophthalmologist glaucoma specialist Jerry N. Shuster, **M.D.** is joining the practice January 3, 2012. Dr. Shuster has

served the Central Florida community as a glaucoma specialist for more than 27 years, originally in downtown Orlando and most recently in Volusia County. Prior to coming to Central Florida, Dr. Shuster served on the faculty at the University of Florida. He completed his fellowship at Washington University, and served his residency and internship at Shands Hospital. Dr. Shuster earned his medical degree from the University of Florida . He is a fellow of the American Academy of Ophthalmology and a member of the American Glaucoma Society. In addition, he currently serves on the voluntary faculty of the University of Central Florida College of Medicine.

Prime Pinnacle, LLC, a private investment company, recently opened their new headquarters at 3208 East Colonial Drive. The company's CEO/president is Florida native and Baldwin Park resident Tracy Stein. Stein is a graduate of the University of Central Florida and said, "I have seen many close friends and family members suffer greatly as result of financial collapse. The new company was created to meet the needs of individuals and organizations that have lost faith in traditional investments."

Matthew S. Nogrady, L.M.T., is pleased to announce the opening of MASSAGE~MASSAGE, therapeutic massage and bodywork.



Matthew graduated from Florida College of Natural Health in 1999 with a certification in Advanced Soft Tissue Therapeutics

went on to work Florida Hospital Sports Medicine & Rehabilitation and teaching Massage Therapy at both Florida College of Natural Health and Everest University. His most recent work had been with Massage Envy and as a massage therapist for the Houston Astros



Major League Baseball Team during the 2011 Spring Training Season.

Master Class Academy, Inc. has

been selected for the 2011 Best of Winter Park Award in the Theatrical Schools category by the U.S. Commerce Association (USCA). The USCA "Best of Local Business" Award Program recognizes outstanding local businesses throughout the country. Each year, the USCA identifies companies that they believe have achieved exceptional marketing success in their local community and business category. These are local companies that enhance the positive image of small business through service to their customers and community.

The Gardens at DePugh, a rehabilitation and skilled nursing facility, recently named Mary Pitetti as its new executive director. In this role, she will provide strategic direction, oversee operations and ensure fiscal productivity." As a veteran administrator in the field, Mary brings a wealth of experience and relevant knowledge to our facility," said Jane Hames, president of the board of directors. "She's an excellent choice to lead the compassionate team here at The Gardens." Licensed by the state of Florida as a nursing home administrator for more than 30 years, Pitetti most recently served as the administrator of the Terra Vista Rehabilitation and Health Center in Orlando. A resident of Volusia County, she earned her degree in business administration from the University of Central Florida.

Lamm & Company Partners has completed a \$6 million project with Fields Auto Group for the new Fields Chrylsler-Dodge-Jeep- Ram Dealership at Seminole Town Center In Sanford. The project is a new 46,000 sq ft. automobile dealership that was built to showcase the revitalized Chrysler-Dodge-Jeep -Ram lineup of automobiles. The project was designed by DLR Group and SK Consortium provided civil engineering services.

Mattamy Homes US Group recently appointed Patricia Castillo new home counselor and Jerry Rullo lead new home counselor





JERRY RULLO

sion. Steve Parker, president of Mattamy Homes US Group, said Castillo has 15 years of experience in residential real estate sales and she was formerly a sales associate for Park Square Homes. Castillo will be assisting new home

in its Orlando Divi-

buyers at The Enclave at Lake Jean, Mattamy's single family communi-

ty located off University Blvd. and Goldenrod Rd. in east Orlando. At the same time Parker said Rullo joined the firm as lead new home counselor at the homebuilder's townhome community, Tuscany Place, located on Millennia Blvd. near the Millennia Mall. Rullo, who was formerly an associate at Park Square Homes, has more than eight years of residential real estate sales experience and holds a bachelor's in business administration from Rutgers University.

BUSINESS

Lane E. Roesch brings considerable knowledge in the area of bankruptcy, financial restructuring and insolvency as she joins the law firm of ShuffieldLowman. Her extensive experience includes represen-



tation of debtors-inpossession, secured and unsecured creditors and creditors' committees, equity security holders, trustees and institu-

tional lenders acting in various capacities in complex chapter 11 cases. Prior to joining ShuffieldLowman, Roesch served as an attorney for the Miami office of an international law firm. While there, she represented, among others, suppliers in the automotive industry, home builders and commercial real estate and equipment lessors in bankruptcy matters. Roesch earned her law degree (J.D., summa cum laude) from University of Miami School of Law, and her undergraduate (B.A., magna cum laude) from UCLA in Los Angeles, California.

Charyli recently celebrated their boutique opening at 400 Park Avenue, suite 120. The shop is owned by Winter Park resident Lisa West and is named for her four children: Chad, Hannah, Ryan, Lindsay. Charyli specializes in women's clothing, handbags, shoes, jewelry and accessories. \

Realtors Gather To Honor Don Saunders



Last month a luncheon at 310 on Park Avenue was held to honor Don Saunders with a former employee/employer reunion. The room was full of some of the most well-known realtors in our community and they all share something in common: t at one time or another, they all worked for Mr. Saunders. The gath-

ering was the idea of Michael O'Shaughnessy, president of Michael O'Shaughnessy, Inc. Real Estate who, like so many realtors in our community, started out his career working for Don Saunders, Inc. "Don was a game changer in the 60's, 70's, 80's and 90's, and basically set up and transitioned the real estate market in our community that we know of today. The reunion was simply to

show our appreciation to a man that so many of us consider to be very special and meaningful in our lives," says O'Shaughnessy.

After two years of working in the real estate business, Mr. Saunders formed Don Saunders Inc. in 1969, and became well-known for being the sales experts of handling the high-priced

homes including many located on the Winter Park Chain of Lakes. In the summer of 1997 Coldwell Banker made Mr. Saunders a deal he couldn't refuse and thus Don Saunders, Inc. became Don Saunders Coldwell Banker.

Even in retirement, but only when his golf schedule allows, Mr. Saunders continues to serve as a friendly consultant and mentor in the real estate market that he knows so well. *



live meaningfully, by Ayesha G. Fuhr, M.A.



Welcome 2012

watching some of my "chosen family" decorate Christmas cookies (remember there is a lag between writ-

ing and printing) I think about all the many things that have changed so significantly in my life over the course of the last year. It has been a tremendous year in terms of change and growth, entrance and exit. Life has unfolded in a unique and marvelous way, but is certainly a different landscape than it was a mere twelve months ago.

I do believe in New Year's resolutions as I believe the act of reflecting on what is working in your life and what may need a bit of tweaking is always of great value (and ought to happen far more often than once a year.) However, I am also well aware that had I "resolved" to make specific things different in my life this year, I couldn't have begun to imagine or achieve what in fact is reality now.

One of the most beautiful parts of

As I sit here in too much food, too many parties, too much celebration and now it is again time for austere silence and reflection. The quiet after much commotion is always somewhat welcomed as it allows for us to hear the echo of happy memories while also making way for the coming days, weeks and months. December is full of friends, family, fun and gifts... but January brings its own set of blessings as well.

This January I encourage you to sit, reflect, marvel at your own accomplishments and be honest in your shortcomings. Choose to celebrate the life you are living while setting goals and creating space for growth in the coming months as well. Take stock in your achievements and be gentle with yourself. Engage in today while believing in the potential and possibility of things yet untold...

I could wax on for a while, but instead I will wrap this up early so I have some real estate left to share my favorite piece of printed thought with you... It's as nice a reminder this month as it is all year long. Be well, live meaningfully and a very January is that we have just indulged Happy New Year to you and yours.

Desiderata Max Ehrmann, 1927

Go placidly amid the noise and the haste, and remember what peace there may be in silence.

> As far as possible, without surrender, be on good terms with all persons. Speak your truth quietly and clearly; and listen to others, even to the dull and the ignorant; they too have their story. Avoid loud and aggressive persons; they are vexatious to the spirit. If you compare yourself with others, you may become vain or bitter,

for always there will be greater and lesser persons than yourself. Enjoy your achievements as well as your plans. Keep interested in your own career, however humble;

it is a real possession in the changing fortunes of time. Exercise caution in your business affairs,

for the world is full of trickery. But let this not blind you to what virtue there is;

many persons strive for high ideals, and everywhere life is full of heroism.

Be yourself. Especially do not feign affection.

Neither be cynical about love, for in the face of all aridity and disenchantment,

it is as perennial as the grass. Take kindly the counsel of the years,

gracefully surrendering the things of youth.

Nurture strength of spirit to shield you in sudden misfortune.

But do not distress yourself with dark imaginings. Many fears are born of fatigue and loneliness.

Beyond a wholesome discipline, be gentle with yourself.

You are a child of the universe no less than the trees and the stars;

you have a right to be here. And whether or not it is clear to you,

no doubt the universe is unfolding as it should. Therefore be at peace with God,

whatever you conceive Him to be. And whatever your labors and aspirations,

in the noisy confusion of life, keep peace in your soul.

With all its sham, drudgery, and broken dreams, it is still a beautiful world.

Be cheerful. Strive to be happy.

Until the next time, Ayesha ♦



- Infertility Specialists with more then 90 years of combined experience.
- From low cost options to highly complex procedures, CRM can offer you a variety of fertility solutions to fit your need and budget.

www.ivforlando.com 407.740.0909

ORLANDO • CELEBRATION • LAKE MARY CRM CELEBRATING EXCELLENCE SINCE 1985

pop culture detours by George McGowan

The Best Book I've Read In Years

to read debut novels by new writers. I like to challenge myself to find something that isn't on anyone else's book shelf or bedside table. This year I found such a gem, I am willing to name it my favorite book of the year and perhaps my favorite book of the last five years. The book is "The Art of Fielding" by Chad Harbach.

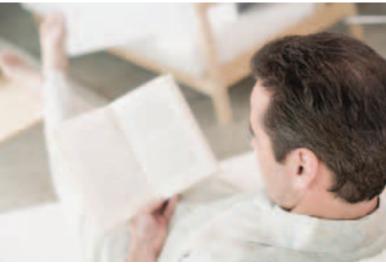
Harbach is a co-founder and co-editor of the literary journal n + 1, but don't let this highfalutin description fool you into thinking that this book is too intellectual for you. I recommend it to anyone who is a fan of baseball, the college experience, romance and bromance, Herman Melville, poetry, coming-of-age stories, and did I say, baseball?

The book is mainly set at a fictional Midwestern small college and centers around the main character, Henry Skrimshander, a gifted infielder on the Westish College Harpooners baseball team. But again, don't let this setting dissuade you. The novel

may have an intimate setting, but the themes introduced are universal: philosophy, effort, fate, success, failure, deceit, questioning, and ultimately the search for selfhood among the various influences the world throws at us. One reviewer, the famous Michiko Kakutani of the New York Times, writes that the novel evokes John Irving's "A Prayer for Owen Meany" and I could not agree more. While definitely set in a world the reader can recognize and imagine, it

My wife likes to tease me about it, but I love seems more mystical and magical than the real world. Fateful events happen that change the course of each character's history, for better and worse. Unimaginable tragedies occur which ultimately do not cause destruction but revelation and release. And then, there is the baseball.

> I will admit that my love of baseball drew me at first to this novel. And its treatment of this



wonderful sport is sublime. It does a wonderful job of integrating the intimacy and expanse of the sport, where each individual on the field is alone in space (and with one's own thoughts) for most of the game, but yet a member of an enterprise designed to work as a functional whole where one part is supported by another. The game is a perfect metaphor for the personal lives of the characters, and readers have several unique voices to adhere to and fall in love

with: Owen Dunne, hitter and intellectual; Mike Schwartz, captain and troubled soul; Pella Affenlight, bold, beautiful and impulsive. Above them all is Henry, the center of the novel and the shortstop on the field struggling with his sudden lack of ability, and doing so right at the center of the baseball diamond. As Harbach writes from the mind of the college president:

> "We all have our doubts and fragilities, but poor Henry had to face his in public at appointed times, with half the crowd anxiously counting on him and the other half cheering him to fail."

> The novel is a complete and wonderful adventure through the world of young adulthood, through the world of adults who do not want to give in to aging, and to the great game of baseball played by young men who love the game for the right reasons. I should note that there are themes and subplots that won't appeal to every reader, that it is an adult read and can be thick with literary references, and

is over 500 pages in length. But, I give it my highest recommendation. It is the perfect combination of story, magic, interesting and completely believable characters, conflict, camaraderie and, did I mention: baseball!!

As an added enticement, go to Slate.com and download or listen to the January 2 edition of their sports podcast, "Hang Up and Listen," which features an interview with the author and a discussion of the book. •

Crealdé To Host A Night Of Fire

Crealdé will be setting the entire campus on fire for the first open house of 2012! See the ceramic kiln firing; watch the bronze



Campus at Night by Rick Lang

pour in our foundry; warm yourself by fire pits and handmade clay lanterns. You can tour Crealdé's studios and galleries, participate in hands-on workshops and



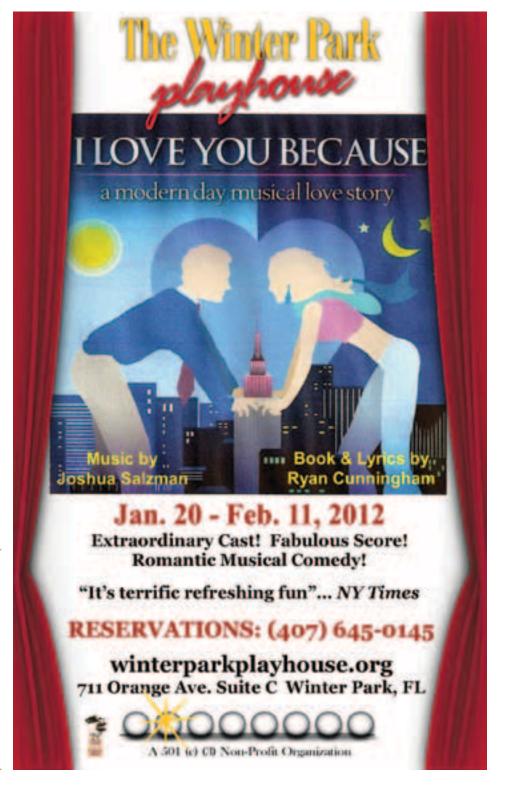
Bronze pour at Crealdé

demonstrations, and register for specially priced classes. Enjoy the evening of live music, refreshments, and storytelling around the fire with a festive atmosphere in the Sculpture Garden lit by tiki torches. Don't miss a fun, free evening on Saturday, January 7, from 5:00 to 8:00 p.m. Miller Hardware and Weber Grills will serve as the co-host this unique event. ♦



Have something to say? We want to hear about it!

The Park Press wants to hear from our community. If you have a story idea, fun facts or just want to share your opinion, let us know today! Tell us what you have to share by sending an email to editor@theparkpress.com.



Winter Park High School Wind Ensemble To Perform At All National Festival

Winter Park High School is pleased to announce that its Wind Ensemble has been invited to perform at the 2012 Music for All National Festival in Indianapolis, Indiana. Music for All celebrates outstanding music-making by the nation's finest concert bands, orchestras and percussion ensembles. The festival will take place in March 2012. More than 200 groups from across the nation applied to perform at the festival. Only 26 were selected. Thirteen of the groups are high schools; three of the high schools are from Florida (Bucholtz High School, Freedom High School and Winter Park High School). To be considered for this honor, the Wind Ensemble had to submit an audition tape that was evaluated by a prestigious panel.



Winter Park High School's Wind Ensemble

Evaluators recommended the ensembles that demonstrated an exemplary level of excellence receive an invitation to perform at the festival. It is sure to be an incredible experience for our students.

Look for band students to be out in local neighborhoods on Saturday, February 4, 2012 for the annual Winter Park High School Door-To-Door Fundraiser. Band members will knock on doors asking for donations. It's the band's biggest fundraiser of the year. Money raised will help fund the band program, including expenses for students unable to afford instruments, and defray the cost of activities such as the cost of taking the Wind Ensemble to the Music for All National Festival.

If you are interested in financially supporting the Winter Park High School Band program, either individually or through a corporate sponsorship, please contact call 407-622-3209.

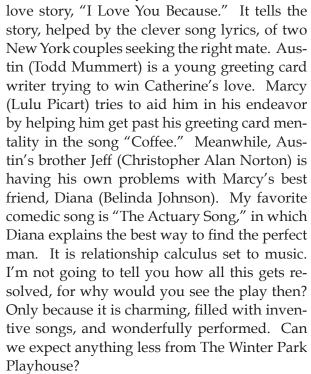
Do Opposites Attract?

by Barbara Solomon

I LOVE YOU BECAUSE

WRITTEN BY RYAN CUNNINGHAM AND JOSHUA SALZMAN **DIRECTED BY ROY ALAN AND CHRIS LEAVY STARRING LULU PICART AND TODD MUMMERT**

For the first time in recent memory, several local theatres are dark this January. Not so the Winter Park Playhouse. In keeping with tradition, they are ringing in the New Year with a modern day musical



Lulu Picart is perfect for the role of Marcy. Her lyrical voice is a New Year's gift to us, especially in this intimate theatre. She is a great storyteller, who acts her way through a song. Her rendition of the ballad "Even Though"



was my favorite song of the Todd Mummert's evening. fabulous tenor voice is a wonderful foil for Lulu's lyrical one. Speaking of voices, I especially liked those of Todd Allen Long and Kate Zaloumes,

who play several comedic roles in the show. Todd is adorable in whatever role he takes at the Playhouse and Kate is our own version of Ethyl Merman. Christopher Alan Norton and Belinda Johnson as Jeff and Diana round out the super performers in this cast of six. You'll love the final number, the title song "I Love You Because," and leave the theatre happier than when you walked in, I guarantee it!

So do opposites attract? I have never believed so. I am in love with a guy who I have just about everything in common with. I think the message of the play is more complex than that. It says we must move past our preconceived notions of what love is and accept it for all its surprises, both good and bad. Not only must we know who we are, but we must know who we are looking for. Let's hope all of you find the perfect one to whom you can say "I love you because." At least you'll find it for one evening at The Winter Park Playhouse.

Playing January 20 through February 11 at The Winter Park Playhouse, 711 North Orange Avenue. For more information call 407-645-0145 or visit winterparkplayhouse.org.

407-628-5989

Do you or someone you know need a

makeover from the inside out?

Create a new you for 2012

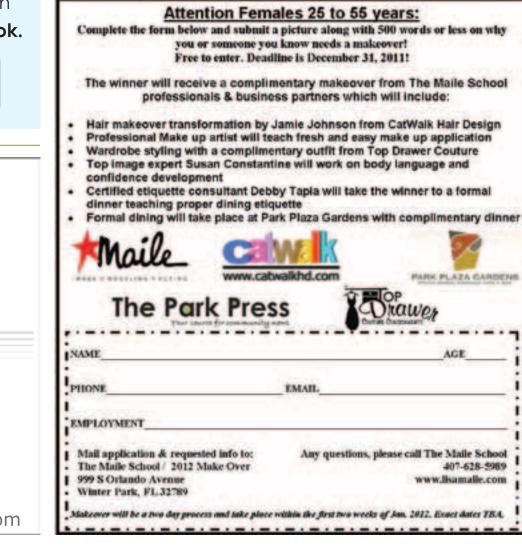
Work with Image Professionals from The Maile School on

Make up, Hair, Etiquette, Body Language & Wardrobe

Barb's Best Bets for January: The classic "Romeo and Juliet" at Orlando Shakes, Playwrights Round Table's Launch at Orlando Shakes, and "Happenstance" January 28.

Become a fan of The Park Press on Facebook.







19

FOOD

the educated palate by Scott Richardson

Scott Richardson

Happy New Year... Italian Pastries And Top Six Food Trends For 2012

As 2012 begins, I wish everyone a Happy New Year! And what better way to start the year than with dessert, and showcase one of the many talented pastry chefs we have here in the area. Central Florida has a deep, rich and in some cases, raw talent. Unfortunately, for the

most part, recognition of this talent remains local. As a reviewer, I feel it is my job to showcase their wares, as it were.

Elisa Scarpa was born and raised in Italy. She moved to the U.S. to pursue her love for barefoot water skiing in Winter Haven back in the 90's

and married her coach, Ron Scarpa. One thing about Elisa, and most Italians I know, they embody the true sense of hospitality. She is passionate about her family, which includes her two daughters, Sydney and Alessandra, and her love for baking true Italian pastries. I recently spent some time in her home to experience her pastries. There

are not enough ways to describe Elisa's pastries ... "Mmmm"... "WOW"... "Yummy"... or even... "Oh my! While listening to Elisa tell her story of how she became involved in baking, I could not help but notice the wonderful aromas of the pastries ready for packaging to clients. I tried some biscotti (cantuccini) filled with almonds, others were chocolate; a plate of assorted delicacies consisting of Baci di Alassio, a chocolate bomb of chocolate, hazelnuts and honey; bicotti ai



Strawberry Flower Cookies – photo by Scott Richardson

pinoli (pine nut cookies), the flavor is so aromatic; and Fior di Fragola (strawberry flower cookie). The Fior di Fragola reminds me of a Jammy Dodger back when I was growing up in England, but much better. Of course, it is fatto in casa (homemade). I also was amazed at how all of her cookies and other pastries were not overly sweet. Elisa introduced me to her White Pear Torte -- sweet pears, buttery crumbly sponge cake and perfect with espresso. She has so many tasty cakes, cookies, and cupcakes all heavenly -- that it will be hard for you to just choose one. Visit her website (www.fattoincasa.us) for ordering information.

The Educated Palate's six trends in 2012...

I like to look back on 2011 to help predict 2012 food trends! The good thing about predicting food trends is that no one can disprove what is predicted, at least until December 31, 2012. I have been reading several publications that say consumer spending will be more selective in 2012. Restaurants will have a more challenging time bringing these customers in to their business.

Gourmet burgers will continue to be the food of choice for many restaurants to bring in business. The all-American favorite is ev evolving. Kudos to Pine 22 for leadership in this trend!

Food truck business will begin to slow down this year. There are over 20 food trucks in Central Florida. While this number will grow, I am not convinced food trucks will grow as fast as they did in 2011. Here's why... consumers aren't always comfortable standing in long lines to get something that is supposed to be casual food served somewhat more quickly than brick and mortar restaurants. I also believe mainstream restaurants that are adding food trucks of their own will be part of the cause for the slowdown of food trucks, if not in the greater Orlando area, certainly nationwide.

Sandwiches that are offered by our local restaurants will continue to trend upward. Sandwiches are simple, delicious and fast, yet there is room for creativity. I predict simplicity will be king. I would like to see places like 4 Rivers, K Restaurant, Shipyard Emporium, and even Prato offer the quintessential French dip sandwich. Can you imagine tasting a phenomenal beef brisket French dip at 4 Rivers or seeing what Kevin will do with a French dip at K? Bring it on!

Use of alternate meats. I am starting to notice the trend with local restaurant that are choosing to use meats that are humanely raised and slaughtered and meats which are locally bred.

Restaurants will spend more time data-mining information to strategically find and utilize those who are the influencers for their business. Restaurants that get serious about working with those who influence their restaurant will grow and the restaurants that don't will remain static. What this means for you and me? Restaurants will pay more attention to what foodies and social media say about their food and service experiences.

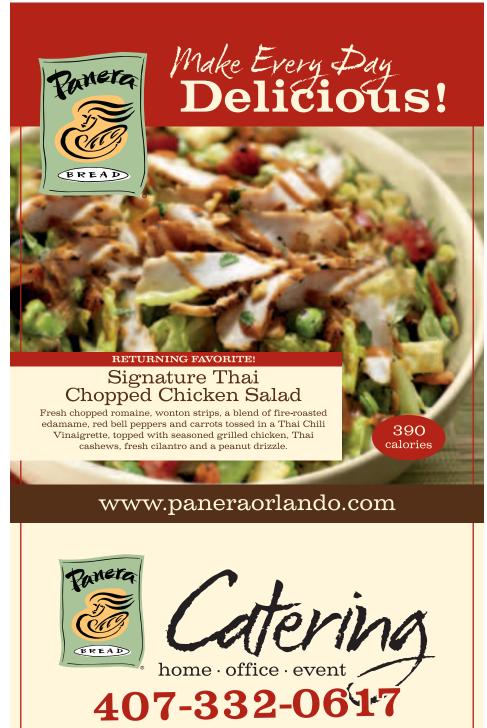
The last trend in 2012 will be Central Florida restaurants using culinary students in their businesses more than in 2011. Why I picked this as trend is personal. I teach in the hospitality and culinary programs at Valencia College, recipient of the Aspen Award for best community

> college in the nation. Culinary students are the future of the restaurant industry. The sooner more local restaurant owners realize this, the quicker they will snatch up a future star for their restaurant. I challenge the Central Florida restaurants to look at the Valencia College culinary program to utilize the students, many of whom are looking for externships and careers locally. I would rather see our local restaurants help keep the talent from leaving our area.

– photo by Scott Richardson E-mail me if you are interested in utilizing Valencia College' culinary students in your restaurant.

Biscotti and Pine Nut cookies

Have a wonderful 2012, enjoy our local eateries and culinary talent and please drop me a line if you see an upcoming foodie trend for 2012! And don't forget, the month of June showcases the best burger, so let me know if there are any I haven't tried! You can follow me on twitter @1educatedpalate. Cheers! 🔷



Garden by Stephen and Kristin Pategas



More Florida Garden Select Plants To Try

Wire vine is a small-leaved, creepy

crawly, fine-textured vine that is low

water use once established. This is a

great performer if you wish to cover

some ground in full to part sun with a

low dense groundcover reaching about

six inches in height. Plant it two to two

Compared to the similar dwarf

Asian jasmine, it is softer to the touch

and spreads and climbs more vigorous-

ly. In some situations where it borders

other plants or is grown around them,

that may mean more maintenance. Along edges not adjacent to hardscape

or lawns we suggest installing a six-

inch-high edging. Place it three inches

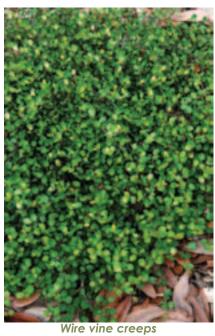
below ground to halt the underground

creep and three inches above to pro-

- and one- half feet on center.

Here are three more plants in the Florida Garden Select program for 2011 (www.floridagardening. org) sponsored by the Florida, Nursery, Growers and Landscape Association. We, along with other judges from around the state, selected a diverse group of plants that all thrive in Central Florida. Contact us if you would like us to email you the November article for the other three 2011 plants.

Muehlenbeckia axillaris - wire vine



and is very fine textured

vide a trimming boundary.

This groundcover will also stabilize a slope and take some foot traffic. Look for small white flowers in late spring and enjoy this lower maintenance turf substitute.

Lobularia 'Snow Princess' – Snow Princess alyssum



Snow Princess alvssum with petunias and Silver Falls dichondra

You may have grown alyssum for years and been disappointed when, after a winter and spring of flowering, the summer heat causes it to wither. Try the new Snow Princess alyssum in full sun to part shade and expect fragrant pure white blooms into July. In some locations this annual may even make it year-round. The secret is that it doesn't put energy into setting seed and channels it into continuous flower production.

Snow Princess reaches heights of 4 to 6 inches and mounds and cascades. Alyssum excels in containers, window boxes (open the window to snag the scent), and hanging baskets. Snow Princess flows out of the four amphora containers along the walkway in front

of our house. Drive by and see how it looks when the summer heat has many other plants gasping.

BENCHMARK BUILDING GROUP, INC. Professional Licensed and Insured General Contractor RESIDENTIAL New Homes · Additions · Kitchen · Bath Remodels COMMERCIAL Improvements · Build Outs · New Construction 321-662-1368 RemodelinOrlando.com

Copernicia alba – caranday palm or wax palm



Carnaday palm - just trim away old fronds

This single-trunk palm will grow in dry or moist soil conditions, even tolerating occasional inundation. It typically reaches a height of 20 to 30 feet. The striking silvery bluish-green fronds on thorny stems are fan shaped (palmate) and form a rounded crown.

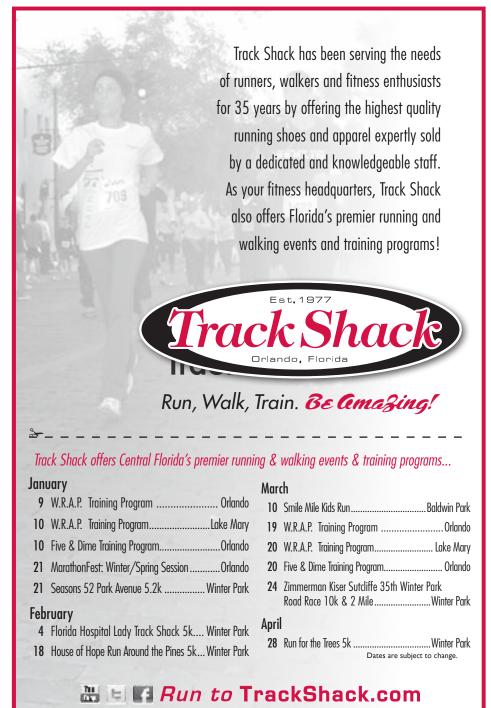
The waxy fronds are a commercial source of industrial grade wax in its native lands of northern Argentina, southwestern Brazil, Bolivia, and Paraguay.

Cold-hardy here into protected portions of Zone 9 (lows of 20-25 degrees), plant the wax palm in full sun for the best growth and use it as a single specimen or in a cluster of three.

Now we can all look forward to the 2012 selections.

Kristin and Stephen Pategas design landscapes and garden at their home and business Hortus Oasis in Winter Park. Contact them at garden@hortusoasis.com or visit www.hortusoasis.com and www.pategaionplants.com.

All photography by Stephen G. Pategas/Hortus Oasis



1104 N. Mills Ave. | Orlando, FL 32803 | 407.898.1313

park press pets

New Year's Resolutions For People And Their Pets



Dr. Jacki Bert with Bozeman and Noodles

Exercise- so important for both and medical issues. ourselves and our pets. Whether it is a quick walk twice a day or an hour walk to the park, get exercising. While most cats would prefer not to walk on a leash, they do seem to love to chase anything in front of them. Try a toy or feather that is attached to a stick or even a laser light that they can chase.

Nutrition-good nutrition does not have to be expensive. Read the ingredients and choose a food that is made with natural products and minimal fillers. If your pet has a specific health issue like a heart condition or urinary problem, talk with your vet about a specific diet to help meet those needs.

Health Care-although most vaccines are not due yearly, it is vital to have your pet examined yearly. Our pets age an average of five to seven years for every one human year. It is a good practice to have blood work run once a year in senior pets or in pets that are taking medications. Your veterinarian can recommend a schedule that is right for your pet based his age

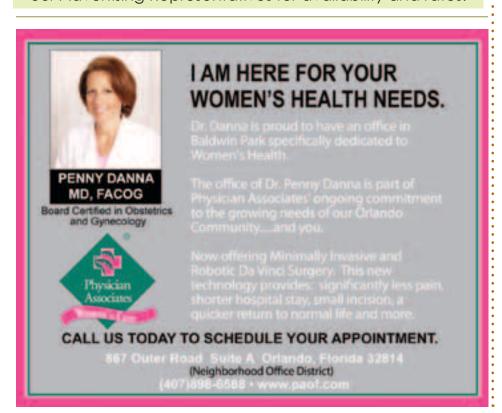
Safety-while I feel that it is best for cats to be indoors in order to keep them as safe as possible, I realize this is not always an option. Have your pet microchipped. The cost is minimal and it is a onetime fee that will help reunite you with your lost pet. Ask your veterinarian about this service.

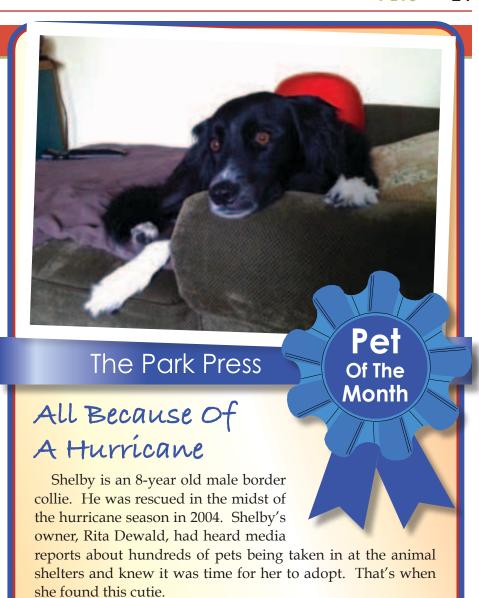
Mental Stimulation-a lot of our pets spend hours alone during the day. Provide a toy, like a Kong, for your dog to chew on while you are away. Even consider leaving the radio on for him. Arrange for a dog sitter to come and let him out or take him to a doggie day care once a week. Dogs need jobs and a doggie day care is great at providing mental stimulation and exercise.

Love and Affection- try spending a few extra minutes with your pet in the morning or evening. They idolize us and deserve a few extra scratches or belly rubs. Enjoy your time with your pet.

I wish you a Wonderful New Year!!!!!!**♦**

Reach more than 60,000 readers each month. Call one of our Advertising Representatives for availability and rates.

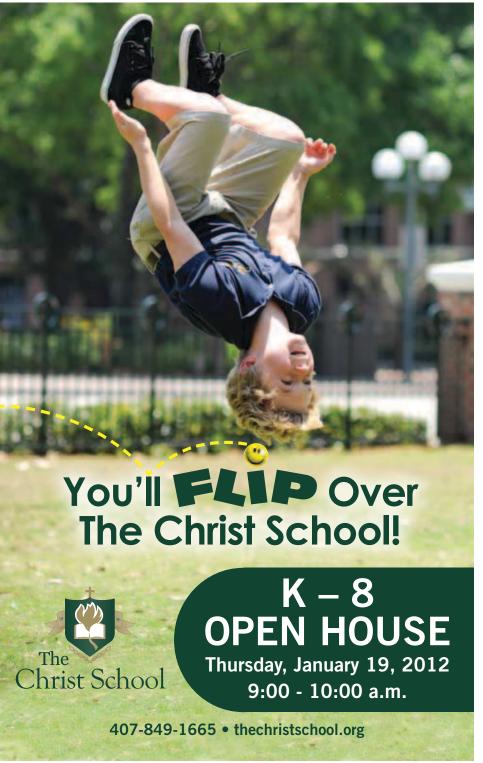




We want your **BEST SHOT!** Send us a photo (300 dpi) of your cutest pet shot for consideration to info@theparkpress.com. Please include your name, your pet's name and a short description of the picture.

Shelby loves to chase tennis balls and and play with his

buddies in the neighborhood.



22 TECHNOLOGY The Park Press | JANUARY 2012

$technology_{by\ Trevor\ Honohan}$



Shopping Is So Easy!

I simply do not enjoy shopping, never have and thought I never would. Especially around the holiday season... the thought of fighting traffic and lugging packages to the trunk fills my mind with anxiety. I understand that it can be

an event and that going to the malls around the holiday season is just what we do and drives people to brick and mortar businesses. However, I have found a vehicle that makes shopping so easy! Purchasing items from Amazon.com via the Kindle Fire is literally a one-touch process. You search, you find, you click and you have an item on its way to your doorstep. I have repeated this process a dozen times since Thanksgiving. I purchased all of my holiday gifts using this process and it was a blast. I am now a fan of shop-

ping, well, at least a fan of e-shopping. The Kindle Fire certainly makes shopping easy and it syncs with Amazon seamlessly. This is just one of many options. The Internet is obviously making strides in how we purchase electronically. Amazon also provides a mobile app that can be downloaded to any device. It takes you straight to their online market of

goods and services. But you do have to be very careful. The one-click purchasing feature can be dangerous. Once this feature is activated, anyone who uses your device, especially children, can purchase an item on your credit card with a



simple click. I have accidentally purchased an item and Amazon does provide an option where you can "unpurchase" something if it was a mistake. I love shopping now. Amazon even knows what I like based on my shopping history and provides me with suggestions when I log in. There are also deals of the day and great holiday sales. I do understand the need to get out and support the brick and mortar establishments. But this

is the 21st century and everyday it gets easier to utilize the tools of our time. For someone like me who loves technology and gadgets and dislikes shopping, it's a match made in 21st century heaven! •

schools



Happy New Year!
Orange County School Board Member, District 6

It's hard to believe we've already completed the first half of the school year. The older I get the more I believe

one of my mom's favorite old sayings, "Time flies when you're having fun!" Thanks to the hard work of the dedicated OCPS administrators, teachers and staff the students have had a successful first half of the year and I'm sure the second half will be wonderful and fly by just as quickly.

I want to send a special shout out to Edgewater and Winter Park high schools for the significant gains they both made in their graduation rates, Winter Park is up to 95.3% and Edgewater is up to 94.6%. The Orange County Public Schools 19 traditional high schools are up to a 90.9% average graduation rate. Congratulations to all of our teachers and students for their hard work to keep improving!!

The Reapportionment Advisory Committee successfully completed its work last fall and the new School Board Member Districts map was approved by the school board in December. I want to thank the entire RAC, and in particular Maitland resident Lila McHenry for serving as one of my appointees. This group worked hard for many months to produce good maps to recommend to the board for approval. During this process the district that I represent, District 6, needed to obtain more residents so the District 6 boundaries had to grow in several directions. District 6 has represented all of College

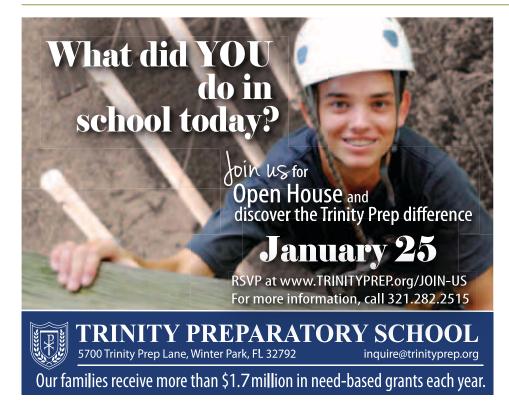
Park, all of Maitland, and 35% of Winter Park for the past 10 years and now with the new map it will also represent all of Baldwin Park, picking up Audubon Park Elementary. I look forward to meeting with the principal at Audubon Park and getting to know the families who attend Audubon Park Elementary and the residents of Baldwin Park. To view the map you can go to www.ocps.net, click on the Reapportionment Advisory Committee link on the homepage, scroll down to Maps and click on Staff Proposal 13A Modified.

The search to replace long-time superintendent Ronald Blocker continues with the position being posted nationally during the month of January. The Superintendent Search Advisory Committee will continue its work and review applicants in an effort to narrow the field for the school board to interview possibly 5 -7 of the top candidates. I would like to thank College Park resident Kathleen Skambis, Downtown Orlando resident Allison Kirby and Winter Park resident Derrick Cox for agreeing to serve as my appointees to this important committee. The school board hopes to select a new superintendent by March 2012 in anticipation of Mr. Blocker's June retirement. To learn more about this process please go to www.ocps.net, and click on the Superintendent Search link on the homepage.

Thank you for allowing me to serve our community, students and teachers and feel free to contact me anytime with your ideas, thoughts and concerns for our school district! •



Our publication is made possible in our community because of the support of our advertisers. We thank them for working with us and ask that you kindly give their products or services consideration for your business.





23

schools



Aloma Elementary

Principal Dr. Drew A. Hawkins

The New Year has arrived, and we vacation. We have many thanks to give for all who support our school, our families, and our community.

We would like to thank the Winter Park Health Foundation for the multiple contributions they make for the health and welfare of our students. We would like to thank all the volunteers who helped make Santa's Secret Shop a success. Thank you goes out to Mrs. Wallace and all of • net/lc/east/eau/parents/ the parents who help with Aloma's Eagle Ensemble. Thank you to Mrs. Styron and also to the parents who participate in Walk-N-Roll, and getting our students so excited about getting into shape while coming to school. Thank you to Ms. Ballard for her work in entering our students' work in various venues and contests throughout the year. Thank you to Jennifer Barrett, our PTA president, and to the rest of the PTA Board, who spend countless hours volunteering at Aloma and providing support for our students. Thank you also goes out to Benjamin Swift and other members of the Winter Park Rotary Club for their donation of dictionaries to all of our third-grade students.

Our next SAC Meeting will be on Tuesday, January 3 at 8:00 a.m. The PTA is sponsoring Family Night at Aloma Bowl on January 13 from bers had a wonderful holiday and 5:00-8:00 pm. They are also sponsor-January 26 from 6:00-8:00 pm. Please like everyone is always saying there reflecting on and celebrating all of our

on Friday, January 20.

hope everyone had a safe and restful: help and your support! We are Team: dren become rich with time? Eagle: Focused on Results!

Audubon Park Elementary Principal Trevor Honohan

Scan the QR code below for the latest info regarding Audubon Park

Elementary School or visit the following link: https://www.ocps.

Documents/1211newsletter.pdf



Write a story...Adopt a bear!

The Audubon Park Journalism: Club created "The Beary Merry Adoption Agency" a school-wide writing contest. See the Catalog of

http://issuu.com/audubonpark/ docs/bearcatalog



We hope our community memgot to spend quality time with their :

Most schools use planners to help : day! the students keep their assignments : related tasks for the entire family.

Having the time to accomplish • Schedules are posted in all classrooms allowing the children to know : how much time will be devoted to . routines will alleviate some stress.

When you can, work as a team. chore to complete, it provides a sense: Track event at Showalter Field. of accomplish and it frees up time for you to help your child with home-: work or a project. It's all about time : for academic reflection; we will be - see if you can get some back for you and your family.



Here at Dommerich, we cherished • every day of 2011. We were hard at work until December 16, focused learn, and work each day - it is your on our learning goals and academic support, example, and participation progress! Though it was certainly a • that keep us focused and shooting for ing a school dance in our cafeteria on: families. Speaking of time, seems: time of holiday cheer, we were also: the stars. Welcome to the New Year!

note that there is no school for the just isn't enough of it in the day. I hard work and success - we have acstudents on Monday, January 16, or heard someone say that an unhur-complished so very much! Ask any ried sense of time is in itself a form of : teacher or student, and they will tell As always, we appreciate your : wealth. So how do we and our chil-; you that at Dommerich, we shoot for the "top of the learning scale" every

> Then, after Winter Break and that organized with due dates. When last hot cup of steaming cocoa have you can make a list and prioritize been savored, we will jump wholethe daily tasks, you utilize time more heartedly into the New Year. We are wisely. Work together to develop a excited about the learning and spepriority list of school and non-school cial events we have planned! There are so many dates to remember, including our PTA School Spirit Night these tasks is equally as important. at Tijuana Flats on January 12; no school on January 16 (Martin Luther King, Jr. Day); and our upcoming Scholastic Book Fair, which kicks off each area. Creating a schedule at January 30. Mark your calendar for home and developing those daily our Book Fair Family Night on January 31 from 6-8p.m. as I hear it is an evening not to be missed. As if that Many parents are reluctant to give weren't enough, the very first few their elementary-aged children tasks: days of February will race by with or chores. By giving your child a : the exciting community Fast Start

> > This time of year is busy in the world of learning, as well. It is a time wrapping up our second marking period and conducting mid-year assessments to analyze all of our wonderful learning gains. We will carry our love of learning into 2012 with a passion for continued growth. And, as always, we will appreciate and cherish the community in which we live,

Continued on page 24



The First Academy does not discriminate on the basis of race, color, gender, or ethnic origin

PEN HOUSE

407-206-8602 www.thefirstacademy.org 24



Happy New Year to our Glenridge community! We hope that: everyone enjoyed the winter holidays and was able to spend time with family and friends! As we move into our spring semester, we are looking forward to all that it holds for our students and GMS family. Our first semester ends on January 19, and report cards will be coming home on January 27. Semester exams will be taking place January 13-19. There are two student holidays just around the corner as well: Monday, January 16 is Martin Luther King Day and Friday, January 20 is a student holiday / teacher workday.

Our volleyball season has come to a close and we congratulate both our boys and girls teams on a great season, with both squads making it to the playoffs. Basketball season is next and information regarding tryouts will be made available soon. All GMS students are welcome to come out and show off their skills!

Literacy week is taking place January 23-27 and will include a variety of events during the school day to promote literacy and reading. A community book swap will be taking place Tuesday, January 24 in our Media Center until 9:00 p.m. If you would like to donate books to this event, it would be greatly appreciated and books may be dropped off in our front office. Be sure to come out to the book swap to pick up something new to read as well!

We would also like to congratulate our chorus, band and orchestra groups on their amazing performances prior to the winter break! Their holiday concerts helped to enhance our spirit for the season and we hope you got a chance to see and hear them! All performing arts groups are now preparing for the state-wide Music Performance Assessments that are quickly ap-: proaching. We wish you the best of luck and are anxious to see the entertainment to come from all spring concert events!

start... Keep up the hard work, Lions!

Jewish Academy of Orlando Head of School, Lynne Shefsky

Community Dear Orlando Members,

What will our Orlando Jewish community look like in the future? Will our high schools have: students who enter with identities strong enough to stand up to antisemitism? Will our young people have the commitment to support the State of Israel? Will knowledge of the Holocaust be building blocks: If your answer to these questions

is yes, then we must educate our young people now to help guarantee this future.

Jewish Academy of Orlando is: the only school in our community that focuses, on a daily basis, on the development of strong Jewish identities. Our students graduate with a foundation that not only ensures the continuation of our culture, traditions and language, but also allows for them to be confident and self-assured Jews who stay affiliated throughout their lives. We cannot take this for granted! Our school is an environment that encompasses all movements; our children know how to accept people and understand the wonderful differences between us. They are proud of who they are, of the skills they possess and of their ability to formulate the role Judaism plays in their life.

Jewish Academy needs your support now. Give a gift to the future of Judaism in our community. Help ensure that the only Commu-: nity Jewish Day School in Orlando: and successful. Our future depends:

I wish you and your families a Happy New Year and one filled with light and peace.



Happy New Year! Our New Year's resolutions are to continue to have highly effective instruction, effective data meetings and effective interventions. We couldn't do this without the support of our PTA, Foundation and community partners. Thank you to our Teach-In volunteers who came to Lake Silver on November 16. Engineering, TV broadcasting, architecture and Native Americans were a few of the topics that were presented to the students that day.

Our Native American friend, Jim Sawgrass, talked to the fourth graders about Florida history. He was dressed in authentic Native American clothes and passed: around many artifacts from old With nearly half of the school Florida. This was the 22nd year year complete, we're off to a great: that Sawgrass has visited Lake Silver and his presentation is always a special treat for our students.

> Thank you, PTA, for sponsoring our annual Angel Tree. Over 75 Lake Silver families were recipients of clothes, toys, food, bikes and decorations. Our PTA also hosted a Soup Day and a cookie exchange for the staff.

The Lake Silver Drama Club presented the musical "Holiday Heroes" and it was a wonderful beginning to the holiday season. Thank you, Ms. Crisman, music teacher, for putting on such a fun and creative show! The Guitar Club and Chorus also performed for the Colfor understanding and tolerance? : lege Park community during the holidays.

teacher, Eric Yuhasz, for becoming: evening off with dinner at 5:30 a National Board Certified Teacher: and to the Lake Silver Garden Club. for receiving grants from the University of Florida "Florida Agriculture in the Classroom" and the Florida Farm Bureau.

To all Lake Silver staff, families and community partners I wish you all the best in 2012!

Lake Sybelia Elementary Principal Dr. Julie Paradise

I want to start out by thanking all of the people and organizations in our community who supported our families in need during the recent holidays. Your generosity made it possible for these families to enjoy a wonderful holiday dinner and presents as well. Thank you for sharing with others.

We have started the New Year with resolutions and commitments for 2012. Our teachers and students are wrapping things up for the first semester and are eagerly continues to be vibrant, accessible looking forward to the second half of the school year. Our teachers are amazing and ensure that every child is learning every day.

> Our students are busy preparing for our Waves of Wonder (WOW) event on January 26. The students investigate an area of interest and then prepare a display board to dedicated group of fifth graders

Congratulations to our science dents and parents. We'll start the p.m. followed by a special guest who will share science experiments and facts with everyone. We will conclude the evening by walking through the school and having the students share their projects.



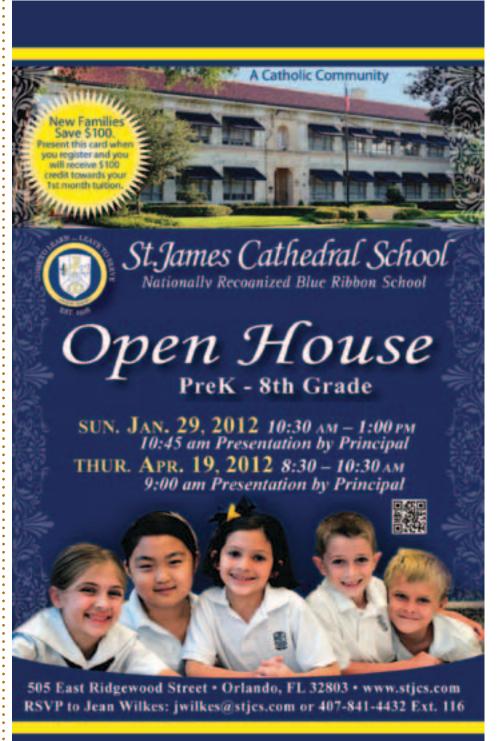
By Lisa Huddleston, Fifth Grade Teacher and Patrol Coordinator

What do several C.E.O.s, twenty-one astronauts, a Nobel-prize winning economist, numerous senators, doctors, a Supreme Court



Chief Justice, two U.S. Presidents, and Lakemont Leopard leaders have in common? They all began as school safety patrols.

Lakemont Safety Patrols are a share the information with stu-: who perform their duties faithfully



and strive to earn the respect of fellow students. Early to school and often among the last to leave, these earnest young people take their jobs seriously. They're not just ordinary fifth graders. They have to show significant leadership potential, be caught up in class, and maintain satisfactory marks on their report cards. Armed with helpful smiles, patrols guide younger students to their classes, offer quick reminders of what the rules are, and help: guide visitors to their destinations. A mix of girls and boys, they applied for their coveted positions at the end of fourth grade.

Hannah Trice gets up early every morning to arrive at her post on time but never complains; she's grateful for the position. She was chosen from a pool of over fifty applicants to fill one of 25 slots.

In the kindergarten hallway, youngsters who arrive early are in good hands. Patrol Carly Samelson greets them with a radiant smile and lets them know she is happy to see them. She makes sure they are seated safely against the wall as: they wait for the first bell to ring. Then, she gets them ready to learn by reading aloud an engaging story. "I like helping other students," Carly says. "As a patrol, you get to meet other people and feel like you're in charge."

Flag patrol, Dani Ghiden, has the additional responsibility of hoisting the American flag every morning. Outside, she and fellow patrol Anna Grace untie the halyard on the flagpole, unfold the American flag and clip it to the halyard. They pull it up a bit and do the same with the state flag. Careful not to let either flag touch the ground, Dani and Anna Grace hoist them: both into the air, tie off the halyard and double-check the tension before giving a final salute. "It is an: honor to be a patrol and put up the flag," Dani says. About being a patrol, she adds, "It's fun and the little kids look up to me."

Being a safety patrol provides an opportunity for these students to gain leadership experience every: checks to see that all patrols are on win situation. their posts, and resolves any disputes that may occur.

Student safety patrols enhance enforcement of drop-off and pickup procedures at school by increasing safety for students and traffic flow efficiency for parents. Such efforts allow students to participate in promoting traffic safety where they learn skills they can use in their everyday lives. The School Safety Program was organized in 1920 by the American Automobile Association (AAA). AAA clubs across the United States sponsor the 600,000 member safety patrol program in 31,000 schools. At Lakemont Elementary, we are proud of students provide.



Lee Middle School Principal Tom Pylant

Lee Middle School was busy this holiday season with lots of ac-

band concerts, chorus programs and more all kept the students active at school and in the community.

The chorus department held their winter concert on December 7th. They also have 11 students participating in the county Honors Chorus in January. The students who hold this honor are

Carolina Barahona, Cosette Badger, Emma Bosco, Shania Richardson, Essence Brown, Melissa Wallace, Marcus Patterson, Brianna Sawchuck, Liana Ho, Lumi Cepeda, and Jahira Rodriguez. The concert will be held at Calvary Assembly on Saturday, January 28th at 12:30

One Lee student, Khavita Becker, a cellist, will be attending the All-State Honors Orchestra in connection with the FMEA National Music conference in Tampa, Florida. Also, the LMS orchestra students will be preparing solos and ensembles for a program in March.

The LMS students held a coat drive in December. Coats Rekindled is a coat drive sponsored by the Community Service Club. It was the brainchild of sixth grade student Kendall Brandt. She started this coat drive last year in elementary school and she thought it would be a good idea to continue it in middle school. All coats that are donated benefited the SAFE department first and any remaining coats were donated to the local Salvation Army. Students in the club personally contacted several local businesses and they graciously offered up gift certificates to offer as raffle prizes for students donating coats. For each coat students donated, they received one raffle ticket for a chance to win a cool prize all while helping those less fortuday. Patrol captain, Hope Watkins, i nate than themselves. It was a win-

> Also, this holiday season members of the National Junior Honor Society sponsored a toy drive to benefit the USMC's Toys-for-Tots: program. They collected, sorted, and gift wrapped presents for needy families.

The Parke House Academy Executive Director Megan Francis

Our kindergarten through sixth grade student council officers and representatives were proud to represent our educational community in the Winter Park "Ye Olde Hometown" Christmas Parade.

A great BIG THANK YOU to: and grateful for the service these. Mike Grenell, Jill and his amazing. team at Artistic Adventures for the

ter Wonderland float that cruised down Park Avenue on Saturday for: the annual Winter Park parade. We had such a great time riding on the tivities. Food drives, toy collection, : float, dancing with JJ the Jaguar,



tattoos, waving to our friends and Patrick, St. Nicolas and many more. chanting "We are...Parke House".

Thank you to all the families and PHA staff for making it to the parade at such an early hour. It was a huge success due to all of your efforts!

Congratulations to volleyball superstar and Parke House alumna, Lindsey Owens. The Bishop Moore

the state's premier outside hitters. School spoke to the students about and recorded 337 kills and 331 digs: the importance of the saints. "It is to lead the Hornets to the Class 4A: important to get to know the saints, state championship match. Lindsey

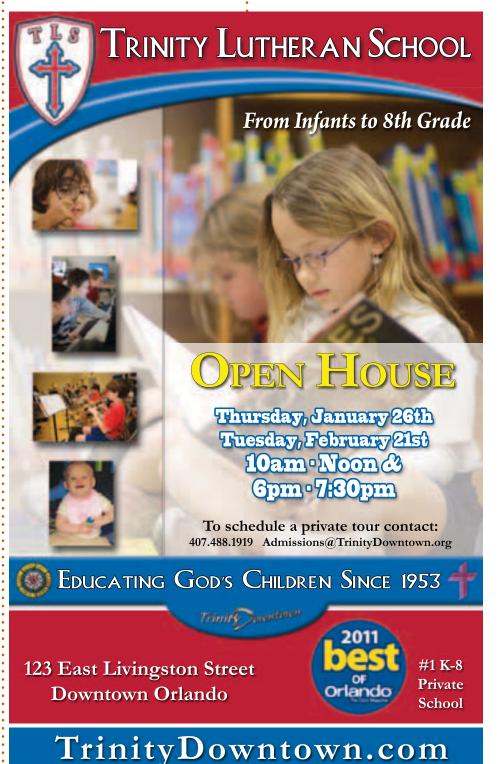
design and creation of our Win-Owens is this season's All-Central Florida girls volleyball Player of



St. Charles Borromeo

At St. Charles Borromeo Catholic School, the first day of November serves as a chance to honor the many saints of the Catholic Church. Traditionally, the second grade class at St. Charles makes this celebration "come alive" by leading the entire student body. It begins with a procession into the church to celebrate the school Mass. Each student is dressed as their favorite saint. Some of the saints represented this blowing bubbles, passing out PHA: year were St. Francis of Assisi, St. Father Augustine Clark, who

junior has developed into one of celebrated Mass for St. Charles Continued on page 26



especially the ones you are named after or who you dressed up as," Father Augustine said. "They serve as examples as people who followed Jesus in the best way they could, in an authentic way."

In preparation for the day, direction is given by their teacher, Mrs. DiPasqua. Choosing a saint name that is significant to them is the first step, and then the students prepare a report. The reports are shared with their classmates. The rest of the school, meanwhile, looked forward to the parade that the second graders put on- all dressed as their chosen saint. Many parents and grandparents joined the second graders at Mass. The day ended for our little saints with a special party recognizing a job well done! The second graders remind us every year of the significance of these holy people in our lives as Catholics and inspire us to live like these faithful people. Simply put, All Saints Day is a time to thank God for those who have made the ultimate sacrifice while spreading the Gospel of Jesus Christ.



The students and staff of St. Margaret Mary Catholic School have welcomed the New Year with great enthusiasm. Students are hard at work in their studies and their service to others. They continue to put their faith into action through a variety of outreach opportunities, including a food drive to benefit Catholic Charities and the annual Kindergarten Bake Sale to benefit the children of St. Michael's Parish in Haiti. This event provides the kindergarten students with an authentic learning experience while learning about the importance of reaching out to those in need.

St. Margaret Mary Catholic School strives to teach the whole child, and January is filled with varied learning activities such as the annual Middle School Science Fair. Students worked on their projects for several months, and many will go on to represent St. Margaret Mary at the Orange County Regional Science Fair. Also in January, art work from St. Margaret Mary students will be displayed at the Diocese of Orlando Art Show. Additionally, many St. Margaret Mary Catholic School middle school students are participating in the school sports program, competing against other local Catholic schools, and students in the lower grades are learning athletic skills in the Junior Knights program.

The end of January and beginning of February are exciting days for the students as they celebrate Catholic Schools Week. Students will participate in any special events including the Religion Bowl where students demonstrate their knowledge of the Catholic faith, field day, the Book Fair, assemblies, a picnic lunch, and the annual eighth grade basketball game. Catholic Schools Week culminates with Grandparents' Day. Grandparents and special guests join the school community for the celebration of Mass, followed by a reception and classroom visits.



The Christ School students returned from the Christmas break excited to utilize gifts for the new year – a full classroom iPAD2 cart. The school has progressed from our iPAD2 pilot program to providing additional portable student



technology. This, along with an upgrade of desktop computers in the classrooms and computer lab, is the outcome of our planned expansion of student technologies, which will continue.

January kicks off the Spring sports season with track and field, swimming and tennis. Basketball season is still in full swing. It is always fun to watch our K – 8 Lions compete.

Our middle school students will spend a day this week providing volunteer services for two downtown Orlando organizations in need. The students are involved in service throughout the year, both during the school day and after. Just prior to Christmas, the middle school students delivered plants that they had grown for two months to elderly residents at Westminster Towers. This was their theme for the year, "Rooted", in action!



The new year is a time to look back and count our blessings and to look forward with new resolutions. Among the blessings to be counted are relationships, and that is especially true at The Geneva School.

A hallmark of our "community of faith and learning" is the high value we place on staff-student relationships. Small class sizes and interactive teaching styles help students and teachers get to know each other. What starts in the classroom grows with the myriad conversations that happen outside the classroom—at athletic events, over lunch, or just passing in the hallway. Beyond that, we show up for each other's special occasions, whether it's teachers attending piano recitals or families including a teacher in their holiday. The teacher-student order was recently reversed when one of our students spent a Saturday teaching a teacher to surf.

The old maxim that "there's no quality time without quantity time" holds true in the classroom. There is an earned trust to the teacher-student relationship that is foundational for both academic understanding and character training. Knowing each other helps us to be

more effective in speaking truth into each other's lives—and receiving and acting upon that truth, whether it be math facts or biblical counsel.

The depth of respect and affection between Geneva staff and students

endures. Alumni and faculty keep in touch through the years, extending to the marrying and burying. Sometimes our byline, "a community of faith and learning," might be better understood as "a family of faith and learning." We give thanks to God for the gift of our Geneva family in 2012.



The energy at TLS is at an all-time high! At our annual Touch-A-Truck event we had over 2,200 children and parents on our campus climbing on trucks and honking horns! Our Parent Teacher League raised over \$9,000 through this event to support our school technology and other program needs.

Time was spent preparing for our Christmas programs. Grades 1 – 5 performed at the Holiday Lights Orlando and "The Gift" program sponsored by the City of Orlando and Trinity Downtown at Lake Eola. They sang beautifully and enacted a play with a true gospel message to our neighbors in the city! Our VPK and kindergarten students performed their own program in the Trinity sanctuary for their families and friends.

In December, TLS faculty met with Michael and Louis Weber --technology director and principal at Concordia International School in Shanghai. They are helping us develop a long-term technology plan. By executing this new plan, we will work to ensure that Trinity stays up to date with the physical technology on campus as well as the integration of technology into our classroom instruction.

JANUARY 2012

December concluded with a chapel service led by the eighth-grade Puppet Team. The eighth grade students spend time twice a week preparing for programs such as this for not only our own students but also for early childhood programs in downtown Orlando. We wish you all a Merry Christmas – blessings on your celebration of the birth of Christ!



On Saturday December 17, 2011, Winter Park High School's crew program celebrated their 50th anniversary. During this era, the team has accumulated 30 state championships. The crew season is almost a full year program as student athletes train for 10 out of the 12 months of the year. The program starts before school in August with pre-season workouts, and continues throughout the year until Memorial Day weekend when crew members compete at the Scholastic Rowing Association of America Regatta (usually held in the northeast). For 50 years our dedicated athletes have been tireless in their training to prepare for each season and each race.

Many crew students have received athletic/academic scholarships to some of the most prestigious universities in the country. Over the past 50 years, several coaches have led the boys and girls crew teams to compete in several rowing events, and have left a remarkable impression on the crew program. Winter Park has been fortunate to have had such a talented group of coaches who have been committed to teaching student athletes and developing talented teams. The program's sustained rowing excellence has established a storied program that has positively impacted many Winter Park High School Wildcats.

Our crew program has also been greatly supported by parents and community members. Their work and dedication to our student rowers and coaches has been vital to the success of the program. That tremendous support continues to this day.

Congratulations and thank you to all who have been a part of the Winter Park High School crew program! We wish our current crew team members well as they work hard to carry on a 50 year Tradition of Excellence.



The Park Press | JANUARY 2012 CALENDAR 27

COMMUNITY CALENDAR

Audubon Park Garden District Events Ongoing Events

Every Monday night Community Market – 6:00 to 10:00 p.m. at Stardust Coffee parking lot located at 1842 East Winter Park Rd. For information call 407-590-8776.

First Friday of Every Month – March – December 2012 (excludes July)

Date Night at Leu Gardens – Gates open at 6:00 p.m. and movie times vary per month. For more information please call 407-246-2620.

February 14 Special Valentine's Date Night at Leu Gardens – Gates open at 6:00 p.m. and features the showing of "Crazy Stupid Love" at 7:30 p.m. Pack a dinner picnic basket and a blanket or chairs for you and your date. Grilled items, popcorn and drinks are available for purchase. For more information please call 407-246-2620.

Baldwin Park Events

February 4 5th Annual Out of the Darkness Community 5k Walk — Check-in starts at 8:00 a.m. at 2420 Lakemont A

Check-in starts at 8:00 a.m. at 2420 Lakemont Ave. in Baldwin Park. Proceeds benefit the American Foundation of Suicide Prevention-Central Florida Chapter. For more information or to register please call 407-646-2227, or visit www.outofthedarkness.org.

College Park and Orlando Area Events

Ongoing Events

407-277-7008.

Every Wednesday Belles and Beaus Dance Club will have continuous weekly dances every Wednesday from 7:00 to 9:30 p.m. at the Marks Street Recreation Complex located at 99 E. Marks Street. Join in for an evening of fun and dancing to music by the Soft Touch band. Refreshments are available. Singles and couples are welcome. Cost: \$5.00 per person. For more information please call

Every Thursday College Park Farmers' Market – 5:00 to 9:00 p.m. at the Infusion Tea/Artistree Co-op parking lot located at 1600 Edgewater Drive. For information call 407-999-5251.

Every Sunday Downtown Orlando Farmers' Market – 10:00 a.m. to 4:00 p.m. at Lake Eola. For more information call 407-246-3625.

Monday - Friday each week Seniors' Program in College Park - 9:00 a.m. to 1:00 p.m. at the College Park Community Center located at 2393 Elizabeth Street. For information call 407-246-4361.

First Friday of Each Month The Art Stroll of Ivanhoe Village - 6:00 to 9:00 p.m. on Orange Avenue between Princeton and New Hampshire.

January 21-March 18 Beyond Baseball: The Life of Roberto Clemente – This traveling exhibit was developed by the Smithsonian Institute, the Smithsonian Latino Center, the Clemente family, and the Museo de Arte de Puerto Rico and is a bilingual tribute to his outstanding achievements and profound commitment to helping others. For more information please call the Orange County Regional History Center at 407-836-8500.

January 5 The Orange County Retired Educators Association Meeting 10:00 a.m., at College Park United Methodist Church. Anyone who has worked in education is invited to join. For more information please call 407-677-0446.

January 13-16 Otronicon - For the seventh consecutive year, multiple industry partners join the Orlando Science Center to celebrate the role interactive technology plays in the way we live, learn, work and play. For times and ticket information please call 407-514-2000 or visit www.otronicon.org.

January 21st Tuition Fundraiser featuring The St. Andrew Sisters — 6:00 p.m. at St. Charles Borromeo Catholic School. For more information please call 407-293-7691 ext. 221.

January 22 Orlando Harley-Davidson Host Motorcycle Ride Along 1-4 — Registration begins at 10:00 a.m. at Downtown Disney West Side Parking Lot. Proceeds benefit the local chapter of Bikers Against Child Abuse. For more information, visit www.OrlandoHarley.com.

January 28 31st annual Dick Batchelor Run for the Children 5K – Registration begins at 6:15 a.m. with opening ceremony starting at 7:00 a.m. at Universal Orlando Resorts. Proceeds benefit the Howard Phillips Center for Children & Families, part of Arnold Palmer Hospital for Children. For more information please call 407-896-1160 or visit www.trackshack.com.

January 29, 30 and 31 Peachy Keen Porcelain Art Show The show features original, hand-painted porcelain art by artists from Florida as well as around the world. Sunday 4:00 - 6:00 p.m., Monday 9:00 a.m. to 5:00 p.m. and Tuesday 9:00 a.m. to 3:00 p.m. at the Bahia Shrine Center. Cost is \$3. For more information please call 407--359-8919.

February 2 Orange County Retired Educators Association Meeting — 11:30 a.m. at the College Park United Methodist Church. Anyone who has worked in education is invited to attend this pot luck luncheon. For more information please call 407-677-0446.

Maitland Events

Ongoing Events

Every Sunday Maitland Farmers' Market at Lake Lily

Now – February 26, 2012 "Borders of Paradise: The New World in the Eyes of Explorers" – Presented by The Art & History Museums – Maitland. The opening reception will be held on December 9 from 6:00 to 9:00 p.m. For more information please call 407-539-2181.

January 28 4th Annual Winter RescueFest and Adoption Day. 10:00 a.m. to 4:00 p.m. at Lake Lily Park. Proceeds benefit local non-profit animal rescue groups. For more information please call 321-287-0390.

February 11 Touch-A-Truck – 10:00 a.m. to 2:00 p.m. at the Maitland Community Preschool at Orangewood Presbyterian Church. Admission is \$5. For more information please www.orangewood.org.

Winter Park Events

Ongoing Events

Every Saturday Winter Park Farmers' Market - 7:00 a.m. to 1:00 p.m.

Every Tuesday and Thursday Hands-on Gardening – 9:30 a.m. – noon at the Albin Polasek Museum & Sculpture Gardens. For more information regarding this free year-round event please call 407-647-6294.

Monday - Friday "Art in Chambers" exhibit - Monday through Friday from 8:00 a.m. to 5:00 p.m. This free exhibit is on display at the City Hall Commission Chambers located at 401 Park Avenue South.

Sundays "Music at the Casa" – This free event is hosted at Casa Feliz on various Sundays from noon – 3:00 p.m. through 2011. For information call 407-628-8200.

Now Open Louis Comfort Tiffany's Laurelton Hall - The Morse Museum continues its celebration of the opening of this major exhibition devoted to Louis Comfort Tiffany and his Long Island country estate, Laurelton Hall, with curator tours, lectures, and other programs. Laurelton Hall, an 84-room, eight-level mansion built between 1902 and 1905, is often cited as Tiffany's greatest work of art. For more information please visit www.morsemuseum.org.

Now – January 8, 2012 "Winter In The Park" Holiday Ice Skating – The rink is located at Central Park West Meadow. For times and information please visit www.cityofwinterpark.org.

Now - January 8 2nd Annual "Winter In The Park" Holiday Window Contest - Various shops throughout the Park Avenue Area.

Now – April 2012 Free Friday Nights at the Charles Hosmer Morse Museum of American Art – 4:00 to 8:00 p.m. The open house includes curator tours, a schedule of live music and art demonstrations on selected dates. The museum is located at 445 N. Park Avenue. For more information please visit www.morsemuseum.org.

January 17 – April 15 "Artful Strings: Four Centuries of Harp Making" provides visitors with behind the scene access into the International Harp Museum's collection of rare and visually striking harps from antique to contemporary pieces. For times and information please call The Polasek Museum & Sculpture Gardens at 407-647-6294.

January 7 A Day of Film and A Night of Fire – 5:00 to 8:00 p.m. at Crealde. See the ceramic kiln firing; watch the bronze pour in our foundry; warm yourself by fire pits and handmade clay lanterns. For more information please call 407-671-1886.

January 10 Digging It Class on Aroids (philodendrums, anthuriums, etc.) - 10:00 a.m. at the Winter Park Garden Club located at 1300 South Denning Drive, Winter Park. Cost is \$15.00; please pay by January 6. For more information please call 407-644-5770.

January 12 Winter Park Sip & Stroll - 5:00 - 8:30 p.m. in Downtown Winter Park. Enjoy wine samples and pairings at participating stores and restaurants on this unique stroll along Park Avenue in historic downtown Winter Park. For more information, or tickets please call 407-644-8281.

January 12 Mayoral Candidate Forum – 11:30 a.m. at the Winter Park Public Library.

January 12 Enzian's Popcorn Flicks – 7:00 p.m. featuring the showing of "The Nutty Professor" at the Central Park Main Stage.



January 13 Mayoral Candidate Forum - 7:45 a.m. at the Winter Park Welcome Center.

January 15 – 16 10th Annual Unity Heritage Festival — Sunday from 1:00 to 5:30 p.m. and Monday from 10:00 a.m. to 5:30 p.m. in Shady Park in Hannibal Square. The annual community festival will promote family history and raise funds for the Educational Fulfillment Fund for local economically disadvantaged youth. Special activities include children's games, career booths, food and retail vendors, live entertainment and more. For more information please call 407-599-3275.

January 18 Mayor & City Commission Luncheon - 11:30 a.m. at the Community Center. Features Mayor Ken Bradley's annual State of the City Address, remarks by commissioners in attendance and the presentation of City Employee of the Year Awards. For more information please call 407-644-8281.

January 18 Creative Floral Design - 10:00 a.m. at the Winter Park Garden Club. For more information regarding this free event please call 407-644-5770.

January 19 Business After Hours 5:30 to 7:30 p.m. at the Best Western Mt. Vernon Inn. For more information please call 407-644-8281.

January 21 Seasons 52 Park Avenue 5.2k presented by Florida Hospital – 7:30 a.m. in Central Park. Proceeds benefit the Boys & Girls Clubs of Central Florida and the Track Shack Foundation. For more information, or to register please call 407-896-1160 or visit www. trackshack.com.

January 21 66th Annual Camellia Show & Festival - Public can enter blooms from 7:00 a.m. to 9:30 a.m. Show is open to the public from 12:00 p.m. to 5:00 p.m. Camellia sale from 10:00 a.m. to 5:00 p.m. Festival activities include classes, garden tours and viewing of the completion at Mead Gardens located at 1500 Denning Dr. For more information please call 407-886-7917.

January 23 An Evening of Conversation with Dr. Kay Redfield Jamison — Hosted by the Winter Park Institute at 7:00 p.m. at Rollins College, Bush Science Center. Event is free and open to the public. For more information please call 407-691-1995.

January 25 Fun with Flowers - 10:00 a.m. at the Winter Park Garden Club. Cost is \$20.00; please pay by January 20. 407-644-5770.

January 31 General Election for Winter Park Mayor -7:00 a.m. to 7:00 p.m. at various precincts throughout community.

February 1 An Evening of Conversation with Pat Metheny — Hosted by the Winter Park Institute at 7:30 p.m. at Rollins College, Tiedtke Concert Hall. Event is free and open to the public. For more information please call 407-691-1995.

February 2 An Evening of Music and Dialog with Pat Metheny — Hosted by the Winter Park Institute at 7:30 p.m. at the Alfond Sports Center. Event is free and open to the public. For more information please call 407-691-1995.

February 2 72nd Winter with the Writers – Featuring three-time Pulitzer prize nominee Carl Hiaasen. 7:30 p.m. at the Rollins College, Bush Auditorium. Readings are free and open to the public and seating is limited. For more information please visit www.rollins.edu/winterwiththewriters.

February 4 Florida Hospital Lady Track Shack 5K – 7:30 a.m. at Mead Gardens. Proceeds benefit the Florida Hospital Tack Shack Breast Cancer Screening Program. For more information please call 407-896-1160, or visit www.trackshack.com.

The perfect little wedding

