# The Park Press

Winter Park

Baldwin Park

College Park

Maitland

APRIL 2012



Gatorade **Player Of** The Year



The Price of Gasoline



Dr. Jane Goodall To

**Speak At The Winter** 

Park Institute At Rollins

FREE

In The Garden

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**Don Sondag** 

ists will be present, and

attendees are able to dis-

cuss and purchase their

works. Tickets for The

# Fourth Annual Winter Park Paint Out This Spring

The Albin Polasek Museum & Sculpture Gardens hosts the fourth annual Winter Park Paint Out during the last week of April 2012. Twenty-six of the finest "plein air" artists will be painting throughout Winter Park capturing local landscapes and landmarks with oils, watercolors and pastels.

"I have been blessed to spend my life surrounded by the breathtakingly natural beauty of my hometown of Winter Park. As we planned our first Winter Park Paint Out

several years ago it was my dream that our gifted group of professional plein air artists would capture the alluring scenes on canvas found at every turn in our city from dawn until dusk and later," says Debbie Komanski, executive director of the Albin Polasek Museum & Sculp-



Paint Out Garden Party are available through The Albin Polasek Museum & Sculpture Gardens. They are priced \$45 in advance, \$60 at the door. Be sure to purchase your tickets soon. Space is limited and the event has sold out the past three years.

Debbie said, "Artists document who and what we are in this moment of history. Nothing could help capture the exquisite vistas found in this town we all love and cherish better than the Winter Park Paint Out. The Paint Out is not an art festival, but it is a joyous celebration of art in action. Twenty-six artists will roam our city and create original works before our very eyes throughout this prestigious plein air invitational. As the week goes by you will see them in our parks, on the lakes, in the backyards and every nook and cranny of Winter Park. Go up and thank them for being part of this celebration of our beautiful town!" Continued on page 9

ter Park Institute at Rollins College welcomes primatologist and conservationist Dr. Jane Goodall for a presentation about "Making a Difference" on Thursday, April 19 at 7:30 p.m. urday April 28 from 6:00 at Rollins College's p.m. to 9:00 p.m. All art-Alfond Sports Center.

College

Goodall will discuss the threats facing



World-renowned primatologist and conservationist, Dr. Jane Goodall

the planet, and Gombe chimpanzees in particular, and share her insights from early observations and how individuals can play their part in making a positive difference in the environment. The event is free and open to the public. All guests are encouraged to arrive early, especially if floor seating is preferred, because tickets will be given out on a limited basis for this area. All other seating does not require a ticket and is on a first-come, first-served basis.

"Dr. Goodall's accolades in the fields of conservation and environmental research are unsurpassed and we're thrilled to have her as a guest," said Gail Sinclair, executive director of the Winter Park Institute at Rollins College.

An international icon, Goodall is the founder of the Jane Goodall Institute for Wildlife Research, Education and Conservation, a United Nations Messenger of Peace, and Dame of the British Empire. She has authored an extensive collection of works including autobiographies and children's books, and has been the subject of many television documentaries and films.

For more information about this event, visit www. rollins.edu/wpi or call (407) 691-1995. ■

#### The public is invited to stop by the museum and gardens all week long to see recently completed works, watch artists painting in the gardens, and to attend free painting demonstrations. Artwork produced during the Winter Park Paint Out will be for sale with a portion of the proceeds going to support the preservation, maintenance and operation of the Albin Polasek Museum & Sculpture Gardens.

Plein air, a French term meaning "in the open air," describes artworks painted outdoors with the subject directly in view, rather than being created in a studio. Plein air artists capture the spirit and essence of a landscape or subject by incorporating natural light, color and movement into their works.

The Winter Park Paint Out concludes with a special ticketed evening event - The Paint Out Garden Party- which takes place Sat-

#### **DEBWILL NO 4282** MEZL BYFW BCH EF OS POSTAGE PRSRT STD

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# Publisher's Message



RICK CABLE

I'm thrilled to announce that this issue marks the fifth anniversary of publishing The Park Press. In an effort to keep up with all the great events and people in our community, I rarely take time to reflect back. It's hard to believe it has been five years. One of my favorite quotes is "Life is what happens to you while you're busy making other plans," by John Lennon. This quote has always resonated with me, but perhaps even more over the past five years. With each issue it seems I'm always busy "making other plans," and life happens. The Park Press is a big part of my life, and I am happy that I so enjoy what I do. Thanks to all of you for helping to make my dream of promoting all things positive

within our community relevant.

That said, I am sure you can appreciate that there have been some challenges along the way over these past five years. However we've remained dedicated to delivering a quality publication that makes a positive difference. Business is a little like surfing a wave. Of course, you have to pick a good wave, and you must be willing to go with the flow. A good ride is never a straight line, so I think we caught a pretty good wave. It also reminds me of a quote by Thomas Edison, "There ain't no rules around here, we're trying to accomplish something."

While looking back I'm reminded of all the great people, organizations and businesses that are, and have been, part of our publication. I feel fortunate to know and have the opportunity to work with each and every one of you and I greatly appreciate the important role in our community and our efforts.

In closing, don't forget to visit www.theparkpress.com for more articles of interest. In addition, if you "like" The Park Press on facebook, you will automatically be included on our after- deadline news feeds.

As always, thank you for reading The Park Press and we look forward to the great things to come.

Rick Cable
Publisher/Founder



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# **Spring Has Sprung!**

By Tricia Cable

Spring has officially sprung! The tree canopies are thickening, the flowers are blooming, the birds are singing and the outdoor activities on the weekend calendar continually overlap as we try not to have all our fun at the same time.

With spring break and the annual Winter Park Sidewalk Art Festival firmly in the record books, we eagerly look forward to Easter and the final nine weeks of this school year. It is almost im-

possible for me to believe that in just two short months, school will be out and summer will be upon

Of course, I say "two short months" and my kids act like it's an eternity. Do you remember those days? The days when the distance between spring break and summer seemed to move at a snail's pace. Time really does fly when you are having fun and slows down tremendously when you are watching the clock or counting down days on the calendar to an anticipated trip or event.

As I type this, I am three hours in to a five-hour flight and I am unsuccessfully attempting to will myself not to check the time in hopes

that the remaining two hours sail by. My theory is that if I don't obsessively check the time and I fill the hours with work and productivity, it will pass by relatively painlessly.

However, the turbulence that we are currently

experiencing, and the couple next to me who keep praying as though we are going down any minute, have me checking my watch incessantly. It's not a party until you hit a pocket of air so hard that the overhead compartments open and luggage falls out. Okay, now it's a party! I still don't have the heart to tell them that we have no shot at a water landing between Orlando and Las Vegas.



So, where was I before the near-death experience? Oh yes, spring, flowers, yada, yada, yada! The people next to me may have been praying, but I am the one who received God's message loud and clear.

Life... It's all relative. The fearful couple beside me who had never flown before (and probably never will again) only know what they know. I

shouldn't criticize them for, in my opinion, overreacting, when quite frankly, they seriously have never experienced anything like turbulence on an aircraft hurling through the air 30,000 feet up during a thunderstorm. God love them, I imag-

ine they will kiss the ground at their next opportunity.

The same can be said for many other situations in which, at times, we criticize unfairly. When we know better, we do better, right? We have successfully passed through the storm, the captain has turned off the 'fasten seat belt' sign and has come on the PA system to check in and make sure that everyone is okay. And in closing, he recommends that those of us on the right side of the aircraft take a look out our windows. We are about 160 miles south of Las Vegas, Nevada. We have navigated through a pretty rough storm. And as I look out the window

I see an amazing view of the Grand Canyon adorned by a crystal-clear rainbow. I would not have appreciated that rainbow nearly as much had I not had to deal with the rough patch that preceded it.





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Something Special for Someone Special

Mother's Day Brunch at BRIO

# meet your neighbor

#### **Meet Susan Kendrick!**

Susan Kendrick proudly calls Orlando her home town. She is a Florida girl and has lived in College Park for almost 20 years with her family and wouldn't have her life any other way. "We love the sense of small community and being friendly and neighborly!"

A graduate of Florida State University, Susan embarked (no pun) on a career in corporate training after college graduation. She is a seasoned certified corporate coach and seminar leader and has done some amazing work with Women Unlimited, which is a leadership development organization for high potential women in major organizations. She has had the privilege of working with some major corporations such as AT&T, Walt Disney World, Microsoft and Hewlitt Packard.

About ten years ago, she combined her affinity for dogs and animal behavior with her corporate coaching skills and began to teach people how to read their dogs and



Susan and her rescued lab Raliegh

teach dogs how to respond positively to their owners. She is the founder and creator of Bowser College and prides herself in helping dogs and humans live a happy and contented life together. She cur-

rently holds a "Pawfessor" position with the company as a professional canine coach. Susan's focus is training both ends of the leash, which is her trademarked tagline. This is what makes her unique. Most dog trainers only focus on the animals and actually don't like working with people, while Susan has the skill set to train both people and dogs.

Recently, world-renowned dog trainer and Animal Planet TV star Victoria Stilwell personally selected Susan to represent her in Orlando and has invited Kendrick to join Victoria Stilwell Positively Dog Training – the world's premier network of professional positive reinforcement dog trainers. With the formation of Victoria Stilwell Positively Dog Training (VSPDT), Stilwell has assembled a global team of world-class positive reinforcement dog trainers dedicated to promoting humane, force-free dog training methods which result in a truly balanced human/dog relationship based on mutual trust, respect and love. We are happy to highlight our own "hometown" star and respect her work within our community.

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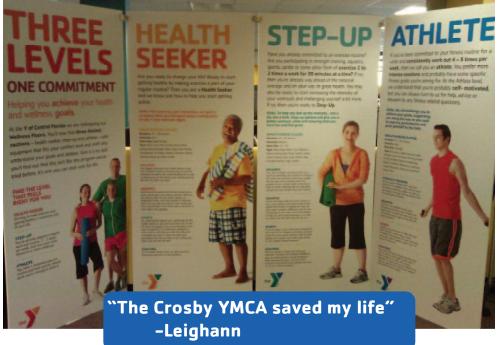
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# City Commissioner's Message

Commissioner Robert F. Stuart, City of Orlando District 3



As the time change provides us all with more daylight in which to enjoy the great outdoors, I wanted to give you an update about city business and let you know about some great events that are happening around town.

In late February, Mayor Dyer gave his annual State of

the City address. I wanted to provide 10 facts from his speech that highlight the accomplishments of our city in the recent past and in the not so distant future.

- 1. The Creative Village and the city's digital media cluster is continuing to develop on the 68acre site where the old Arena is located. On March 25th the old Amway was imploded. Following the demolition, construction will begin on reforming the street grid system, funded by a federal grant.
- 2. On January 27, 2012, we broke ground on Phase 1 of the SunRail corridor. Both the Florida Hospital and Orlando Health/ Amtrack stations will begin construction this spring and LYNX will add 27 new buses to support
- 3. Phase II of an Intelligent Transportation Systems federal grant will begin this spring and includes the installation of fiber-optic cables and underground conduit along 42 miles of city roadway, upgrading or replacing traffic

- signals and cabinets, installing back-up power at 18 intersections and adding 15 new trafficmonitoring cameras.
- 4. Since its opening on 10-10-10, the Amway Center has hosted 275 events. Compared to the final year in the old Amway Arena, the new Amway Center saw an increase of more than 206,000 people along with 62 more events. The Amway Center also received top honors from ESPN Magazine in the "Best Stadium Experience in the NBA."
- 5. The building foundation work for the Dr. Phillips Center for the Performing Arts will be complete this month with the Broadway Theater roof trusses to be set in place in October 2012 and the canopy roof over Magnolia Avenue, the signature feature of the center, will be installed beginning in December.
- 6. The city added two new Main Street districts, the Semoran Business Partnership and the Church Street District, to accompany the already established Ivanhoe Village, Audubon Park, College Park, Downtown South and Mills 50 districts.
- 7. The city has worked hard to attract new companies and retain our current ones. Planet Hollywood acquired Buca di Beppo and is relocating their operations to Orlando, which will create 90 new jobs.
- 8. Amcor Rigid Plastics is expanding its Central Florida Operations, creating 29 new jobs, retaining its current 97 jobs and providing a

- capital investment of \$19.49 million in construction and equipment.
- 9. Row Sham Bow, an on-line video game development studio, opened in Downtown Orlando in 2011 and is expected to create 60 jobs during the next three years.
- 10. IT Management.com ranks Orlando among the top 12 cities for IT jobs in North America (February 2012). Forbes ranked Orlando 10th on its list of cities poised to become America's next boom towns (July 2011).

While we are excited about many of these projects coming to fruition, we also love this time of the year when we can utilize our signature amenities such as Lake Eola and Leu Gardens.

First at Lake Eola, on April 12th, the Annual IOA Corporate 5K evening race will be taking place. This great annual event will benefit local charities such as the Parramore Kidz Zone and the Christian Service Center. For more information about how to sign up for this evening of fun and fitness, visit The Track Shack's website at www.trackshack.com. Then on Sunday, April 14, Leu Gardens (www.leugardens.org) will host their annual Jazz and Blues Stroll beginning at 7 p.m.

I appreciate all that our citizens do collectively to help our community to flourish even while individually those same citizens face many different hurdles and challenges every day. Thank you for your continued support. -Robert

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ROBERT F. STUART | COMMISSIONER, DISTRICT 3, CITY OF ORLANDO | 400 S. ORANGE AVENUE, ORLANDO, FL 32801 | 407-246-2003 | ROBERT.STUART@CITYOFORLANDO.NET

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For more information, or to register, please call our Aquatics Director: Ashten Ackerman.



"Miss Kendall (Instructor) helped me and made swimming fun!"-Chloe Brown

"I think swimming (at the Crosby Y) is cool, I can't wait to come back next session"-Campbell Brown

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The Park Press | APRIL 2012 **NEWS** 

Winter Park Celebrates The 125th Anniversary Of Its Incorporation As A Town

# Winter Park Mayor's Message

Mayor Ken Bradley

manent residents voted to incorporate the town. At 2 p.m. in Ergood Hall

(now Penzeys Spice on the corner of

Park Avenue and Morse Boulevard),

a meeting was held for the purpose of

organizing a municipal government,

electing officers, and incorporating

the registration roll, 68 votes were

needed to incorporate, and 73 voters

were actually present. During that

momentous meeting the incorpora-

tion, town name, seal, boundaries and

officers were elected. The first mayor

of the Town of Winter Park was Rob-

ert White, Jr., who was elected with 71

to be elected by 71.71 percent of vot-

ers serving my second term as Win-

ter Park's 53rd mayor for more than

28,000 Winter Park residents. I join

the impressive list of past mayors in

Winter Park who all have greatly con-

tributed to our 125 years of prosper-

Now, 125 years later, I am humbled

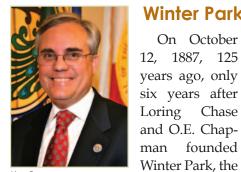
At that time, 102 voters were on

the town of Winter Park.

votes – a real landslide!

On October

town's 613 per-



ity, growth and charm. Here are some notable mayors, I am proud to follow:

- Henry S. Chubb, elected in 1890 as Winter Park's second mayor, was the first general freight and passenger agent for the Winter Park-Orlando Railroad (Dinky Line).
- During Dr. M.A. Henkel's term as our 12th Mayor, in 1906, Central Park was donated to the city by Charles Morse.
- Girard Denning, elected at age 23, the youngest mayor of Winter Park (the 14th mayor) served as postmaster, owned and operated the Pioneer Store in Winter Park, and was also the first chief of the local fire department.
- Thomas M. Henkel, elected in 1912 as Winter Park's 17th mayor, donated the lot in 1915 for the city's town hall and jail, which is where City Hall currently stands.
- William C. Temple came to Winter Park in 1898. He purchased an estate and a large orange grove on the south side of Lake Maitland and named it "Alabama." Temple served as Winter Park's 15th, 18th and 20th Mayor. It was during his 18th term that the Winter Park clubhouse was built and is the oldest civic building in Winter Park.
- During C. Fred Ward's term as Winter Park's 26th mayor, the

"City of Winter Park" was incorporated as a "city" in 1925.

- Raymond Greene, Winter Park's 40th mayor (1952-1958), officially welcomed Hotel Langford where the new Alfond Inn at Rollins will soon be built.
- James Driver, Winter Park's 45th mayor, broke ground in 1977 on our Winter Park Public Library.
- Hope Strong, Jr., was our 46th mayor when the slogan "Please Drive with Extraordinary Care" was implemented; and the city purchased the water system in
- Mayor Gary Brewer, our 48th mayor, broke ground on Park Avenue's beatification streetscape in 1997.
- Mayor Roland "Terry" Hotard, our 50th mayor, celebrated the completion of Park Avenue's Phase I improvements, and was instrumental in the planning and funding of the Rose Garden in Central Park.
- Mayor Kenneth "Kip" Marchman, our 51st mayor, served as we flipped the switch and officially acquired our electric utility in 2005.

(Special thanks to the Winter Park Public Library History & Archives collection)

This is just the tip of the Winter Park iceberg on the milestones

that have been reached in the past 125 years. In February 2012, the City Commission appointed a 125th Anniversary Task Force and I thank the following volunteers who are helping plan the celebrations:

- Patrick Chapin, Winter Park Chamber of Commerce
- Reverend Bryan G. Fulwider, First Congregational Church of Winter
- Cindy Bowman LaFronz, Rollins
- Fairolyn Livingston, Winter Park Heritage Center
- Robert Melanson, Winter Park Public Library
- Kenneth Murrah, resident histo-
- Susan Skolfield, Winter Park Historical Association

Throughout 2012, we will be celebrating our past 125 years. I invite you to visit our city website at www. cityofwinterpark.org and click on the 125th Anniversary button to see how you can join in the anniversary festivities this year.

Sincerely,

Kemeth W, Bradley

Kenneth W. Bradley Mayor, City of Winter Park ■





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### Maitland Mayor's Message Mayor Howard A. Schieferdecker



#### An Update On Maitland's Downtown

Many of our Maitland citizens are excited about the prospects of having a new "High-Quality, Pedestrian-Friendly Downtown"

and are asking me where we are in the process of developing one. Since I took office as mayor in January of last year, our downtown has been one of my top priorities. Before we could move forward, however, the following had or is in the process of happening:

- Working together with the Planning & Zoning Commission and the City Council, we streamlined our Development Permit Application Process making our city more inviting for development. We are proud our permit process has been showcased as a prototype for other cities and counties.
- We are in the process of consolidating the multiple zoning classifications of our downtown lands to allow for more flexible mixed-use development. This allows us to finish the updating

of our Land Development Code (LDC) paving the way for the long awaited completion of the DownTown Maitland Zoning District (DMZD) Design Standards. This critical "framework" will insure we can have a "High Quality, Pedestrian-Friendly DownTown." The DMZD Design Standards or affectionately known as the "Pattern Book," will be completed by April of

#### Let me clarify what will constitute our DownTown.

The dream/ideal area for our "High-Quality Pedestrian-Friendly DownTown" is the area bounded by 17-92 to the east, Maitland Avenue to the west, George Avenue to the north and Lake Lily to the

Over time, hopefully, this entire area will become our DownTown. However, at the present time due to economic constraints, the only portion of that area that is feasible for redevelopment is from George Avenue south to Packwood Avenue. This area is comprised mostly of vacant land, buildings scheduled to be torn down, and/or dilapidated vacant buildings. It is the area

that we need to focus on now. Let's call this Phase One.

Phase One would consist of a two-block area beginning along Independence Lane from Packwood Avenue north to Horatio Avenue and then continue north by extending Independence Lane to George Avenue.

The composition of Phase One would be small shops, specialty boutiques, and restaurants on the ground floor with offices and apartments on the upper floors. The existing historic Central Park, with the beautiful old oak trees, that is located adjacent to the north of the new City Hall would be preserved and enhanced. There would be on-street parking and pedestrianfriendly activity areas and walkways. The pleasant environment would be similar to Winter Park's Park Avenue or Hannibal Square, but would have Maitland's own unique identity.

With the present economy, land values and construction costs have decreased substantially. By moving forward with redevelopment now, it will be much less costly and, therefore, require less project density. We now have the opportunity to achieve the downtown scale and ambiance that we hoped for.

I'm happy to share that we have been talking with potential developers about the goals of our city for the creation of our new downtown. Proposed new development will nicely complement and be similar to our new Fire Station, and our



City Hall that is presently being built on Packwood Avenue and Independence Lane.

At the end of April, with our LDC and DMZD Design Standards in place, the door will officially be open for the redevelopment of our new downtown. Due to the present economic conditions, if we don't take advantage of it now, we may lose this window of opportunity.

With my architectural and development background, I am looking forward to guiding and protecting the city throughout the redevelopment process. In the years to come, I am looking forward to seeing you and your families enjoying a great dining experience or shopping at a quaint boutique in our new "High-Quality, Pedestrian-Friendly DownTown."

Maitland has waited too long; it is time to make our new downtown a reality.

Sincerely,

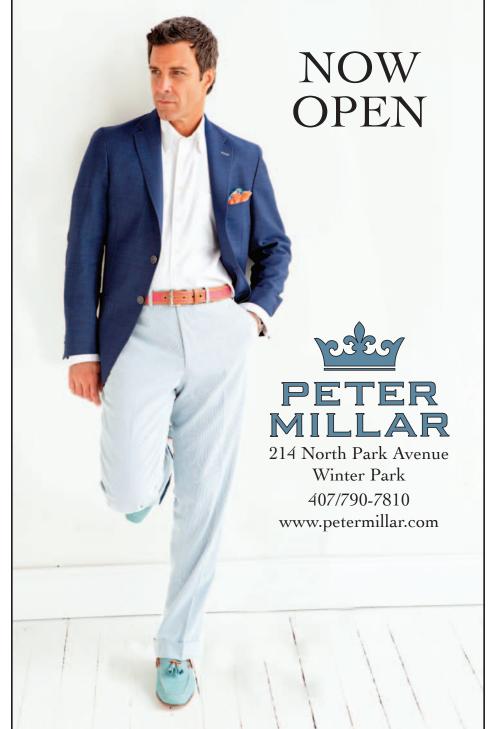
Howard A Schieferdecker

Mayor, City of Maitland ■

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**NEWS** The Park Press | APRIL 2012

# OF County Commissioner's Message

Commissioner Ted B. Edwards, Orange County, District 5



Approved by the voters in 1986, the Orange County Charter is the document which determines the organization of county government. Every four years the Board of County Commissioners is required by ordinance to appoint a Charter Review Commission to review the

structure of county government and when warranted, make recommendations of proposed changes that are placed on the next election cycle. Each Charter Review Commission has fifteen ounty citizen volunteers. The Charter Review Commission holds public hearings during the year to take testimony from the public, other elected officials, and staff to determine if any proposed amendments are submitted for ballot consideration.

During the current session the Charter Review Commission took up the issue of expanding the board of Orange County Commission from six members to eight members. Statewide, sixty-four of the sixty-seven counties have seven or fewer elected officials on their boards

(thirty-eight have only five commissioners). Of Jacksonville, Miami-Dade, and Broward County, the three counties with boards larger than seven members, two of the three boards have consolidated city/county governmental services with boards unreasonably large consisting of 20 and 14 members. Broward County is the third largest county commission in the State of Florida with more than seven members and it has nine members. Of course, Broward County has a much larger population than Orange County, and its single member districts are approximately the same size as Orange County's with approximately 190,000 constituents. Each Orange County district, unlike Miami-Dade and Jacksonville, has constituents who also reside within municipalities. For municipalities, the citizens are also represented by city commissioners on city matters. While the number of constituents in each Orange County district has increased over the years, the number of staff has also increased to provide increased constituent services. Each district is currently allocated two full-time staff members, while in 1992 there was only one full-time staff person. The Board of County Commissioners sets policy while the

county mayor, as the chief executive, implements the policy.

The system works well in Orange County and there appears to be no compelling

reason to request the voters to change in the size of the commission. Increasing the size of the commission would dilute the voting impact of individual commissioners and constituents within their district. Also, according to the fiscal analysis, the annual additional cost to taxpayers for expansion will be \$555,000, with an initial capital outlay of \$750,000. Having served on the county commission for many years, government needs to learn to be more efficient and cost effective and not just increase its size and expense to satisfy the desire of a few.

As always, my staff and I are available to assist you should you have any questions or concerns. Feel free to contact Dana Boyte or Lynette Rummel at 407.836.7350 or email district5@ocfl.net.

Yours Truly,

Commissioner Ted Edwards ■



# protection & service

A New Academy To Begin

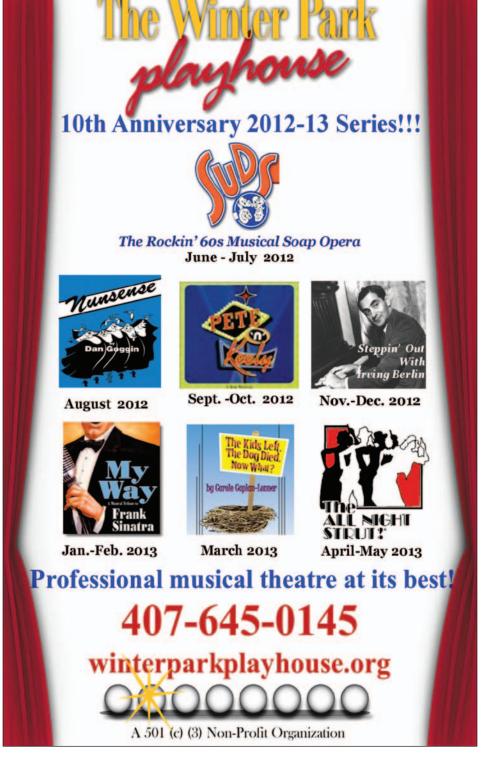
-by The Winter Park Police Department

Would you like to know more on how to stay safe at home, at work and while traveling? Would you like to have the most up-to-date information about Internet safety, scams and frauds and identity theft? The Winter Park Police Department is proud to announce the inaugural class of the Citizen's Crime Prevention Academy (CCPA). The CCPA program will be held at the Winter Park Police Department located at 500 North Virginia Avenue on Tuesday evenings from 6:00-9:00 p.m. for five weeks starting May 1 and concluding on May 29. Participants can look forward to dynamic presentations on topics ranging from what "crime prevention" is and basic principles of crime prevention through environmental design to personal and Internet safety and avoiding identity theft. Also included is a parent/guardian safety element that includes discussion on babysitting and latchkey safety and sex offenders. Issues relating to our community's children like bullying, gangs and drug prevention will also be addressed.

This is a brand new program and is open to all Winter Park residents, business owners and community stakeholders. Limited space available so get your application in soon! Applications are available by calling or emailing Officer Lina Strube at 407-599-3664 or lstrube@cityofwinterpark.org. ■

Tip for April: Look both ways before crossing the street and ALWAYS wear a helmet when riding your bicycle!







Have something to say? We want to hear about it!

> send an email to editor@theparkpress.com.

### Fourth Annual Winter Park Paint Out This Spring

Continued from page 1

The event offers a rewarding program for patrons and sponsors. For additional information please call 407-647-6294 or visit the Paint Out website at www.winterparkpaintout.org.



**Charles Dickinson** 

#### **2012 SCHEDULE OF EVENTS:**

#### Gallery and Gardens Open Daily

Open House - Free to the Public All Week

Sunday April 22 - 1:00 p.m. until 4:00 p.m. Monday April 23 to Friday April 27 - 10:00 a.m. until 6:00 p.m.

Saturday April 28 - 10:00 a.m. until 12:00 noon

Sunday April 29 - 1:00 p.m. until 4:00 p.m.

Artists will paint in the Polasek's sculpture gardens and at other locations throughout Winter Park. Works will be on display and for sale as soon as they are completed and dropped off at the museum's wet room. Stop by to see and purchase works produced during this year's Winter Park Paint Out!

#### A Plein Air Celebration! Free Painting Demonstrations:

Sunday, April 22: 1:00 p.m. until 4:00 p.m.

Monday, April 23 to Friday April 27: 10:00 a.m. until 6:00 p.m.

Saturday, April 28: 10:00 a.m. until 12:00 noon

Sunday, April 29: 1:00 p.m. until 4:00 p.m.

#### Other Special Events:

Wednesday April 25 - 6:00 P.M. to 9:00 P.M.

#### **Sunset Painting**

The public is invited to come by as Winter Park Paint Out Artists gather on the shore of Lake Killarney at Hillstone Restaurant (formerly Houston's). Come share the vista with us and watch as these outstanding artists create a Florida sunset memory on canvas. Hillstone is located at 215 S. Orlando Avenue in Winter Park. Call (407) 740 4005 to reserve a table for this special night.

#### Saturday April 28 - 6:00 P.M. to 9:00 P.M.

#### Paint Out Garden Party (Ticketed Event)

A special night "en plein air" at the Polasek Museum celebrating the masterful works of Florida's finest artists in bringing the 2012 Winter Park Paint Out to a close. Meet the artists from this year's event and see the entire exhibition before Sunday's opening. Tickets are \$45.00 in advance, and \$60.00 at the door. Parking is limited. This event has SOLD OUT the last three years! For ticket information, please contact the Polasek Museum at (407) 647 6294.

"Florida Plein Air Masters" Sunday April 29 through Sunday May 13 A Special Exhibition

Sunday, April 29 - 1:00 P.M. to 4:00 P.M.

#### **Opening Reception**

Unsold artwork from the 2012 Winter Park Paint Out will be on display and for sale as part of this special two-week exhibition.

#### 2012 Winter Park Paint Out Participating Artists

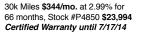
Please visit the online artist directory at www.winterparkpaintout. org for more information about artists, including photographs and samples of work.

Stephen Bach, Orlando, FL; Jane Chapin, St. Petersburg, FL; Kathy Chenet, Longwood, FL; Hiu Lai Chong, Maryland; Jessie Cook, Palm Coast, FL; Priscilla Coote, Naples, FL; Matthew Cornell, Orlando, FL; Katie Dobson Cundiff, Bradenton, FL; Charles Dickinson, St. Augustine, FL; Bill Farnsworth, Venice, FL; Elisabeth Ferber, Orlando, FL; Harold Fronz, Lexington, NC; Elaine Hahn, Holiday, FL; Brenda Hofreiter, Winter Park, FL; Stewart Jones, Orlando, FL; Tim Malles, Gainesville, FL; Nikolav Mikushkin, Svracuse, NY; Larry Moore, Winter Park, FL; Barbara Perrotti, Ormond Beach, FL; Robert Ross, Altamonte Springs, FL; Gary Rupp, Orlando, FL; Tom Sadler, Winter Park, FL; Morgan Samuel Price, Orlando, FL; Don Sondag, Maitland, FL; Mary Jane Volkmann, Gainesville, FL; Lynn Whipple, Winter Park, FL. ■

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# Raising Awareness About A Silent Killer

Central Floridians will hopefully no longer remain in the dark about the signs and symptoms of esophageal cancer, thanks to passionate community leader Pamela Sain.

"We want the community to pay close attention to the signs and symptoms of acid reflux

and heartburn. The problem is patients are self-medicating with over-the-counter antacids and are masking their symptoms," said Sain. "Patients need to share their symptoms with their physicians so they can be properly screened and be able to take control of their health. With proper medication and screening, patients can hopefully have more positive outcomes."

Sain sustained the eight-and-a-half-month journey helping her father, Jack Wooldridge, battle esophageal cancera disease that is growing by 400% per year, the fastest-growing cancer according to the American Cancer Society.

Sain's family was devastated to hear the news of her father's cancer, but they

stuck together and were inspired everyday by her father's will to survive. Her father endured several surgeries, encountered 13 episodes of respiratory distress and numerous counts of pneumonia. He still never gave up, even through his esophageal leak, when he had to be fed through a tube in his stomach. Sain's father peacefully passed away on March 19, 2010. After going through this painful battle against cancer, Sain promised to do everything possible to bring awareness of this disease.

"We only hope that his fight to survive and what we have learned through this experience can help other patients going forward," said Sain.

Sain has partnered with Florida Hospital and Pointe Orlando for her "Taste of Pointe Orlando" fundraiser, benefitting the Esophageal Cancer Program at the Florida Hospital Cancer Institute. Last year, the event raised more than \$30,000 and 14 sponsors in the community embraced the cause. Mayor Buddy Dyer







Pamela Sain

of Orlando even declared April as Esophogeal Cancer Awareness Month. Sain hopes the event this year garners even more money and more awareness about this silent killer.

In addition to losing her father to a late diagnosis of esophageal cancer, Sain's passion also stems from learning that she has the beginnings of Barrett's Esophagus, a condition due to long-time acid reflux that is often a precursor to this type of cancer. People with Barrett's Esophagus have a one-in-20 chance of developing aggressive esophageal cancer, compared to the average person's risk of one in 500. It is facts like these she wants to make sure people know.

"I started noticing that I was having trouble eating and would go to bed at night with the burn of the acid reflux. The symptoms of this disease are health issues some people deal with every day like acid reflux," she said. "But what they don't know is that the long-term effects of this seemingly harmless digestive problem can cause cancer and may be silently killing them."

Dr. William Ruderman, Florida Hospital gastroenterologist, continues to see an increase in people of all ages with acid reflux and the reason is unknown. "Acid reflux is the result of stomach acid, much like battery acid, escaping into the esophagus, which is not equipped to handle this like the stomach is," said Dr. Ruderman. "People don't understand that if you experience five or more years of acid reflux and continue to only take overthe-counter medications, you are increasing your risk of esophageal cancer because the acid has changed the lining in your esophagus."

With little awareness, esophageal cancer is often discovered in the late stages, resulting in unsuccessful treatment. "So many people are ignoring the symptoms because they can buy quick fixes over the counter," she said. "My father is not here to speak any more, so I feel that I'm his voice, telling his story and trying to get people to talk about their symptoms."

Sain, married to husband Gary for 32 years, also has two daughters, Vanessa and Olivia. The family has been long-time residents of the Maitland community. If you are interested in Pamela Sain speaking to your group or would like to learn more about the second annual Pointe Orlando event, Please visit: www.PointeOrlando.com or contact Pamela Sain at: Pamela.Sain@gmail.com for more details including ticket sales (\$30) and sponsorship opportunities.

# Rick Springfield To Appear Live At Florida Film Festival

Rock idol Rick Springfield will attend the World Premiere of "An Affair of the Heart" during the 2012 Florida Film Festival, sponsored by Full Sail University. Emmy Award-winning filmmaker Sylvia Caminer and mega-fan turned executive producer Melanie Lentz-Janney bring us face-to-face with this Grammy Award-winning musician, songwriter, actor, and New York Times best-selling author. The music documentary spotlights Springfield's most fervent fans, as passionate about him today as they were when "Jessie's Girl" was #1 in the early '80s.

The film has garnered a prestigious position as one of 10 competing feature documentaries in a record-breaking year for Festival entries.

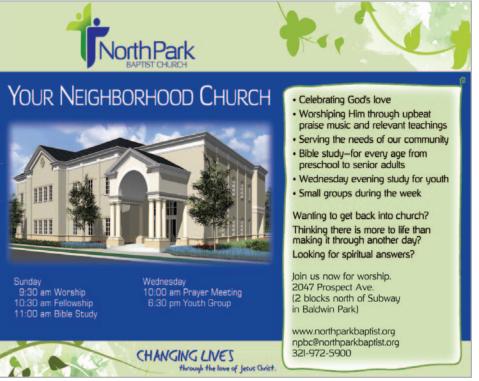
"I'm proud to be a part of it," comments Springfield. "They went real deep, and there are some scenes that are pretty amazing... stories that I've never heard before. Some of these fans have been with me for 30 years, so I'm really intertwined in their lives. That's the crux of the film."

The 2012 Florida Film Festival runs April 13-22 in Central Florida. Fans have the unique opportunity to engage in a private audience Q&A following Thursday night's screening. The filmmakers will attend both screenings, answering questions and offering behind-thescenes exclusive insight into Springfield's life, music, and fans.



For more information and tickets please visit www.FloridaFilmFestival.com. ■





# Edgewater High School Standout Named Gatorade Player Of The Year

In its 27th year of honoring the nation's best high school athletes, The Gatorade Company, in collaboration with ESPNHS, recently named Alexis Prince of Edgewater High School as its 2011-12 Gatorade Florida Girls Basketball Player of the Year. Prince is the first Gatorade Florida Girls Basketball Player of the Year to be chosen from Edgewater High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the court, distinguishes Prince as Florida's best high school

girls basketball player. Prince joins an elite alumni association of past state girls basketball award-winners. The 6-foot-2-inch senior wing led the Fighting Eagles to a 28-4 record and the Class 6A state championship this past season. Prince averaged 19.7 points, 7.6 rebounds, 3.6 steals, 3.1 blocks and 2.6 assists per game. A McDonald's and Women's Basketball Coaches Association All-American selection, Prince shot 51.7 percent from the field, 37.9 percent from 3-point range and 72.6 percent from the free throw line. An invitee to the 2010 USA Basketball Women's U17 World Championship Team trials, she helped her Essence Amateur Athletic Union squad to the semifinals at this past summer's Nike Nationals.

Prince has maintained a 3.73 weighted GPA in the classroom. In addition to donating her time as a member of the National Honor Society, she has volunteered on behalf of Every Kid Outreach.

"She's done a great job for that team," said Darnell Haney, head coach at Jones High. "She's virtually unstoppable, a quiet kid and respectable off the court. She's a kid you would love on your team."

Prince has signed a National Letter of Intent to play basketball on an athletic scholarship at Baylor University this fall.

The Gatorade Player of the Year program an-

nually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by ESPNHS and the Gatorade high school sports leadership team, working with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport. ■



## A Run Through "Bean Town" For A Good Cause



L-R: Jessica Saurman and Kelly Rudolph

of Winter Park High School. After high school graduation, she went on to achieve a bachelor's degree in psychology from Saint Anselm College in Manchester, New Hampshire. She currently lives in Boston and works as a research assistant doing neurocognitive research for the United States Army Research Institute of Environmental Medicine in Natick, Massachusetts.

Kelly is running in this year's Boston Marathon on April 16! She has been training through the streets of Boston for the past six months and hopes to finish the marathon in four hours or less. She is running in support of a charity near and dear to her heart called The Massachusetts Military Heroes Fund. Her charity of choice provides support and ser-

Kelly Rudolph is a 2007 graduate vices to the families of fallen soldiers, specifically, those who have lost their lives fighting in Iraq or Afghanistan. "This cause is especially important to me because I work for the military, and I have a great respect for our servicemen and women."

> While back home in Winter Park recently to visit her family, Kelly hosted a fundraising party. One of her friends from high school, who is now a United States Marine, donated \$300 to her cause. "To date, he is still my biggest single donation contributor," she exclaims, "He explained what a great cause this is and it really touched my heart. His words have proved inspirational and motivating to me and have helped me get though my training over these past several months." With a little less than a month to go, Kelly has raised the BAA website.

\$4,100 and is very close to achieving her \$5,000 goal. If you would like to help Kelly support The Massachusetts Military Heroes Fund, please log onto her fundraising web page at http://www.crowdrise.com/kellyrudolph.

Kelly recently received her bib for the race from the Boston Athletic Association. . Her bib number for the race is 25156. She is encouraging as many people as possible to track her race day online via the BAA website at www.baa.org. You will need both her name and her bib number to follow her online. In addition, you may also choose to receive texts on her progress during the race by using AT&T Athlete Alert. Detailed instructions for signing up for AT&T Athlete Alert can also be found on

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12 NEWS The Park Press | APRIL 2012

# City Of Orlando Employees Raise \$445,695 For Central Florida Charities

Thanks to the generosity of City of Orlando employees, Mayor Buddy Dyer and city commissioners made check presentations at Monday's city council meeting totaling \$445,695 in donations to 464 charity organizations. Through the City of Orlando's Workplace Giving Campaign more than 1,200 city employees participated in the 2011 fundraiser, surpassing the \$400,000 goal.

"The Workplace Giving Campaign is one of the many ways city employees show their commitment to the community and give back," said Mayor Dyer. "I was extremely impressed by the dedicated hard working members of our city family, who this year, broke all records for charitable giving at City Hall. Through their monetary contributions, our employees are helping address some of the most critical

# Some local contributions included donations to:

issues facing Central Florida."

- Orlando's Hospice of the Comforter to improve the quality of life when faced with an incurable illness.
- United Arts of Central Florida to enhance the quality of life and variety of cultural experiences in the community by proving funding to cultural non-profit organizations in Central Florida.
- Coalition for the Homeless of Central Flori-



Carmen Moore, Heart of Florida United Way and Mayor Dyer

da – to address the needs of the homeless in the Central Florida community and to serve as a catalyst for community collaboration to end homelessness.

- Society for Prevention of Cruelty for Animals (SPCA) of Central Florida/ Orlando Humane Society - to promote responsible human behavior toward animals.
- Donations also went to charities of the employee's choice and major organizations including Heart of Florida United Way, America's Charities, Community Health Charities of America, Independent Charities of America, Neighbor to Nation, Earth Share and Global Impact. ■

# "Call To Artists" For Upcoming Art On The Green 2012 Exhibition

The City of Winter Park and the Winter Park Public Art Advisory Board announce a "call to artists" for Art on the Green 2012, a juried exhibition of eight sculptures in downtown Winter Park. The exhibition presented by the City of Winter Park and



Massey Services, Inc., will run from Saturday, September 1, 2012, through Friday, March 1, 2013.

Olga Viso, Rollins College graduate and executive director of the Walker Art Center in Minneapolis, one of the most important contemporary art museums in the United States, will serve as guest curator for Art on the Green 2012.

Artists nationwide who have participated in at least three previous juried shows are encouraged to submit entries for the competitive selection process up until Friday April 20, 2012. Complete details regarding artist entries may be found by visiting the home page of the city's official website at www.cityofwinterpark.org and clicking on the Art on the Green button.

Winning entries to be included in the exhibition will be announced on Friday, May 18, 2012. Each selected artist will receive a \$1,000 honorarium. There will also be a \$500 "People's Choice" award presented to the artist with most the votes from the public during the exhibition.

For more information regarding "Art on the Green," a project of the Winter Park Public Art Advisory Board, please call 407-599-3498.

# Mayor's Clothesline: The Right Fit

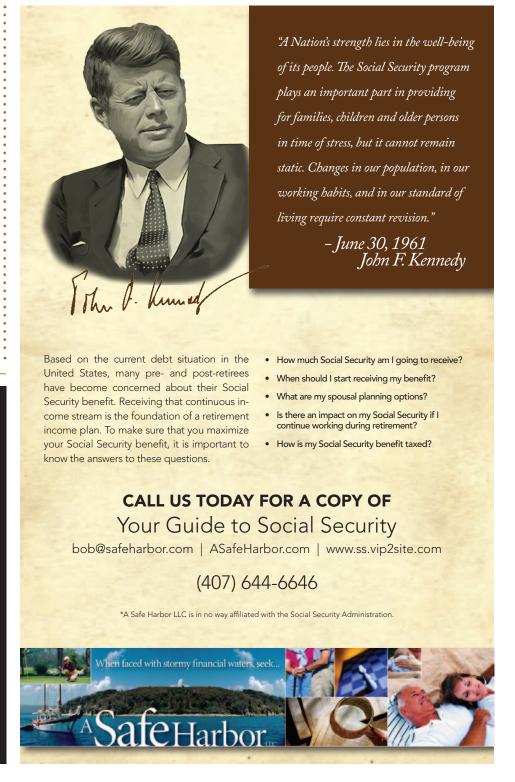


Goodwill employee John Welch and Mayor Buddy Dyer of Orlando.

Goodwill Industries of Central Florida CEO Bill Oakley and Mayor Buddy Dyer of Orlando recently launched the "Mayor's Clothesline: The Right Fit," a month-long clothes drive benefitting the nonprofit.

In addition, Oakley and Dyer also announced a new partnership between the City of Orlando and Good-

will Industries of Central Florida aimed at helping job-seekers. Goodwill will be providing 'employability' skills training to BLUEPRINT Employment Office registrants, a city initiative that helps people (primarily homeless, ex-offenders and Parramore residents) secure jobs.





RemodelinOrlando.com

# fiscal fitness by John Gill



falling too.

## The Price Of Gasoline

The other day I was in line at a store of some sort and several people in front of me were lamenting the cost of gasoline and who was to blame. The blame ranged from President Obama, to the oil companies, to the station owners over to

oil producers. Gasoline is interesting because it is one of the few commodities where we see the price change right before our eyes. If you drive by a station at the right time, you can see the attendant changing the prices. Of course most of us feel like we only see the attendants when the prices are increasing,

but they are out there when prices are

Unlike other commodities that impact our lives, the raw material for gasoline-crude oil- is quoted everyday on the TV news, or in the newspaper, versus something like cotton or even corn. Does anyone know what a bushel of corn costs, or a bale of cotton? Probably not, but if you ask a reasonable informed person, many will be able to give you a quick answer on the cost of crude oil and definitely the cost of a gallon of gasoline.

So what does affect the cost of crude oil and ultimately gasoline? Well let's go back to the list that started this column. Does President Obama have control over the cost of crude oil and ultimately gasoline? The answer is no. Some will argue that he does unless the question is changed to, "Did President Bush have control over gasoline prices?" They will say no and those that say President Obama has no control will change to say President Bush did have influence. Partisan politics run amuck. That said, the government, federal, state and local impact the cost of gasoline with taxes.

> What about the station owners? They have some impact, but it is small compared to the oil companies and refiners. On average the station owners add about 3% to 5% to the price of a gallon of gasoline. So their influence is minor considering they appear to have a big part of getting the oil to your

What about the oil companies? They are at the mercy of the pro-

ducers and the market. The oil companies do have a lot of influence over the price of gasoline because they receive money for refining, distribution, and

The oil producers have the largest impact on the cost of gasoline because the cost of crude oil is the single largest component of the cost of a gallon of gasoline. Since they control the commodity at the wellhead, they control the price. The market also has some sway because of speculators and financial buyers looking to make profit on market swings and inefficiencies.

Below are the cost components for gasoline. The first column is the percentage breakdown by cost component. The second column is based on the average cost of gasoline in the Orlando area during the week of March 12th 2012:

	Costs	Costs
	%age	per gal
Station Profit	3%	\$.11
Distribution and Marketing.	5%	\$.19
Taxes	14%	\$.53
Refining	14%	\$.53
Crude oil	64%	\$2.45
Total	100%	\$3.80
Carrage IIC Dank of Engine	r Elanid	a Domb

Source: US Dept of Energy, Florida Dept of Transportation and AAA

There are many other factors which impact and affect the cost of gasoline. The major factors affecting the cost of gasoline include global supply and demand, instability in oil-producing regions, financial speculation, domestic energy policies and seasonal factors.

As Americans, gasoline is an important part of our everyday lives. Because it is so common and readily available, gasoline seems to be a simple commodity. However, the apparent simplicity belies the complex nature of gasoline which can have a significant impact on our fiscal fitness.

If you have questions, comments, or an area of financial interest you would like to see discussed in The Park Press please call John at 407-353-0594 or send email to FiscalFitness@ymail.com. Follow John on Twitter, @john gill 1.

#### family business perspective by David Ciambella, CFP CSP



**Taking Care Of Business** 

Have you developed a succession plan for your business? Many of your peers talk about having a succession plan but

have yet to develop formal documentation that reflects their plans. Now let me ask another question: does your succession plan take into consideration the specific requirements of your franchise agreement? If not, you may want to shake the dust off of the agreement and find the specific paragraphs that relate to successor nominees and ownership transfers that consider contingencies such as death, disability, lifetime transfers etc. Overlooking the franchise agreement when developing your succession plan can place you in violation of your franchise agreement which can have significant consequences, including the derailment of your succession plan!

a franchisee who had successfully transferred more than two million dollars of business value to his children by taking advantage of available minority discounts in conjunction with depressed good will and depressed real estate values - a brilliant estate planning move. The only problem was that he had not received permission from his franchisor as stipulated in the franchise agreement. Technically this put him in violation of his franchise agreement. Fortunately, he was able to gain permission after the fact. However, some franchisees are not so lucky. In the absence of gaining preapproval from your franchisor, it is possible and even likely that the franchisor will leverage this situation by requiring the franchisee build a new facility or comply with new image standards. On occasion I have witnessed the franchisor seize the opportunity requiring a new franchise agreement be signed that is less favorable to the franchisee in exchange for permission to transfer stock. Naturally, these concessions could be costly and potentially come at an inopportune time with regard to cash flow and the interest rate environment.

Here are a few suggestions for you to consider as you approach succession planning with your franchisor(s):

- 1. Review your agreement to ensure you fully understand its impact on your succession plan.
- A few years ago I encountered 2. Engage your district manager/ zone manager (or the appropriate franchisor contact) and utilize the strength of your relationship while you are alive to seek approval for ownership transfers and successor approval. The best time to obtain approval is when your facilities are compliant with image standards and you are meeting performance expectations such as sales effectiveness, customer satisfaction, etc.

- 3. Gather pertinent planning documents such as wills and trusts as it is likely the franchisor will require a review by their legal department before approving any ownership changes.
- 4. Consider having your attorney develop a summary of your proposed ownership transfers which will make it easier for your franchisor to understand your inten-

One of the keys to experiencing a

smooth transition is to understand and comply with the nuances and requirements of your franchise agreement. Many would argue it is easier to ask for permission than for forgiveness when dealing with a requirement of your franchise agreement. In my humble opinion, it is better to play offense than defense here. The last thing your family, managers and loyal employees need is a surprise that could impact the continuity and ongoing success of your business.

David Ciambella is a Certified Succession Planner and Principal of The Rawls Group and Family Business Resource Center. If you would like to submit questions or suggest topics for consideration please email them to djciambella@rawlsgroup.com.

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# **Business In The Parks**

H. Craig Delongy recently celebrated the grand opening of his



third clothing retail shop in Winter Park, Peter Millar, located at 214 Park Avenue North. This is only the fourth store world-wide,

with the other locations being Palm Beach, Switzerland and South Hampton, to carry the exclusive Peter Millar line. Mr. Delongy also owns John Craig Clothier on Park Avenue with stores in Naples and Orlando, as well as Current on Park Avenue. For more than 15 years he has won numerous fashion industry awards including being named

Orlando Magic Executive Vice President of Business Development Charles Freeman was named

a Sports Business

Journal's Forty Un-

der 40, a recognition

Esquire's Top of Class for each of

the past eleven years.



that spotlights the nation's top young sports

executives under the age of 40. The awards program was initiated in 1999 by SportsBusiness Journal and SportsBusiness Daily to iden-

tify and honor the most promising young executives in the sports business. Freeman and the others selected were honored last month at the Forty Under 40 Awards Banquet in Dana Point, California.

The City of Orlando's Downtown Arts District, Inc. has announced its newly-elected officers, headed by Donna R. Dowless who will complete her second-year term as chairman. Dowless, president of XOXO Media Group, is an awardwinning artist and active philanthropist. In her role, she oversees the management and operations of the Downtown Arts District, CityArts Factory, and a 25-member board. Newly-elected officers on the Downtown Arts District board

of directors include: vice-chairman and chairman-elect, David Wheeler, director of client services and business development for .Com Marketing; treasurer, Jacques Blais, partner of Vestal & Wiler, CPAs; and secretary, Shanon Larimer, vice president of global marketing for Baker Barrios Architects.

James "Jim" Rickard, CPA, has been admitted as a principal with **Averett Warmus Durkee Osburn** Henning. Jim specializes in com-



munity banking, real estate, and professional associations. He is a member of the American Institute of Certified Public Accountants,

Florida Institute of Certified Public Accountants, and the Florida Government Finance Officers Association. Jim resides in Maitland and is a graduate of Florida State University.

Cynthia Powell, MD, formerly medical director of operations, Orlando Health Physician Group (OHPG), has been promoted to president, OHPG. The promotion recognizes Dr. Powell's outstanding contributions to the successful launch of OHPG. In her new role, Dr. Powell is responsible for the development of patient-first standards for consistent care delivery by OHPG employed physicians. Dr. Powell graduated from USF College of Medicine in 1991. She completed her residency in internal medicine at Orlando Health from 1991-1994. Over her 17 year career with Orlando Health, Dr. Powell has held various positions of increasing responsibility and is currently chair of medicine for Orlando Regional Medical Center (ORMC) and the academic chair of the department. In her new role, Dr. Powell will continue to report to Wayne Jenkins, MD who has been promoted to senior vice president, Orlando Health. Dr. Jenkins

Sherrie Sitarik.

Ivanhoe Village Main Street welcomes a new executive director, Scottie Campbell. Scottie has served on the board for IVMS for nearly a year. He brings a diverse range of experience in marketing, public relations and freelance writing, as well as a strong commitment to strengthen his community. Scottie takes over for Amanda Sarnes whose family will be taking a wonderful opportunity in DeLand. •••••

Crossman & Company won one of the biggest and one of the smallest awards at the recent annual awards banquet sponsored by the Central Florida division of NAIOP. John Crossman, president of Crossman & Company, said Justin Greider, vice president and director of



leasing who joined Crossman & Company in 2008, was named Retail Broker of the Year at the event for the second consecutive

Greider negotiated 33 transactions in 2011 totaling over 330,000 square feet with \$13.7 million in volume. Crossman & Company director, Whitaker Leonhardt, who joined



WHITAKER LEONHARDT

the firm in 2009, received the award for the Smallest Deal of the Year – a 2011 lease agreement for two square feet of retail space for Ocean

Walk Shoppes in Daytona Beach. "That was a very important deal for Ocean Walk Shoppes," Crossman said. The lease agreement provided space for an ATM.

Music Together recently opened their newest location at the Winter Park Wedding Chapel located at 301 W. New England Avenue. "Music Together is an internationally recognized early childhood music program for infants, toddlers, preschoolers, kindergarteners, and the

will report to president and CEO, adults who love them. It's the best research-based early childhood music development program I know," states director Marla Stevenson. For more information and class times please call 407-844-4414.

> Tim Geraghty recently joined the staff at Central Florida News 13 as senior director of news. Geraghty comes from News 10 KXTV



in Sacramento, California, where he has served as VP/news director since 2009. "We are extremely pleased to have someone of Tim's

caliber joining News 13. We have a great newsroom and we expect it will become even greater under his leadership," said the Central Florida News 13 vice president and general manager, Robin Smythe. "Tim has a strong understanding of local news and has a track record of paying quality attention to his viewers and delivering them a relevant product. Being local and relevant is what News 13 is all about, so we expect Tim to be an excellent fit here." Prior to his role at KXTV, Geraghty served as a news director at WZZM in Grand Rapids, Mich., where he was instrumental in creating news partnerships and increasing web growth. Geraghty also worked for over ten years at WTVJ in Miami, Fla., moving up through the ranks and ultimately becoming news director there.

Kelly Price & Company is proud to announce the top producers in 2011: Pamela Ryan, Patrick Higgins, Jennifer King, Catherine D'Amico, Jenni Sloan, Sherri Dyer, Audra Wilks & Padgett Mc-Cormick, Jim & Melody Mitchell, Gwyn Clark and Julie Bombardo. Together, these outstanding real estate associates produced over 85 million dollars in sales, exemplifying that in the ever-changing climate of real estate Kelly Price & Company continues to be a leader within the industry. ■



# April Is Financial Literacy Month - by Craig Polejes

As April approaches, many of us have probably forgotten or are unaware of the fact that it's National Financial Literacy Month. Unfortunately, a lot of us get as excited about this subject as we do about filing our taxes. Many young people

- and even some adults - lack the understanding of basic financial principles and practices. A recent Capital One survey found that only about a quarter of parents discuss money management and banking concepts with their teens. Perhaps we don't talk about financial issues with our children because the topic makes us uncomfortable. Regardless, being financially savvy is an essential life skill that pays off in the long term.

Let's start giving future generations the tools to prevent another economic crisis — the kind of financial acumen that will empower young people to never have to say, "I didn't understand what I was signing."

Since Florida law does not require financial literacy to be part of a school curriculum (currently, only three states do), we're graduating students who don't understand how credit cards work, and more importantly, many don't know how to avoid debt in the first place. And with the average undergraduate carrying \$3,173 in credit card balances (according to Sallie Mae, a student loan company), digging yourself out of debt is even harder when you don't have solid financial savvy.

Financial literacy should be a personal responsibility — but if we're not offering the resources and setting the example, we can't blame the next generation for making the same mistakes we made. In 1961, Junior Achievement of Central Florida began teaching economics as one of its core curriculum measures to high school students. Fifty years later, we're still teaching the same concepts, but with an even stronger focus on financial literacy with ageappropriate curriculum for kindergarten through twelfth grade. Although checkbooks are going the way of vinyl records, and mobile payments will likely replace swiping debit cards, the same financial principles apply. You shouldn't spend what you don't have. You need to pay yourself first. And you must live within your means.

Last year, Junior Achievement of Central Florida trained volunteers from our community to teach 78,328 students in a total of 4,214 classrooms throughout Orange, Seminole, Osceola, Volusia and Lake counties — but we're on a mission to deliver our curriculum to more young people. Our organization is certainly not the only resource available, and we also know that we alone can't teach financial literacy. Community and business members, parents, teachers, students and even employers should stress that money education matters − regardless of your age.

A	N	J	P	Y	X	K	M	S	K	Ι	N	M
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S M L G D	J E L X O J	U S U B N E	W N R L C	H M A C V	I Q Z F P	D Y B R B	F O O W H	Y S Z E G	T E H W D	U X W U E	S R Y G S	T H Y R O I

# **Except at Florida Hospital Cancer Institute.**

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Prostate Pancreatic
Leukemia Thyroid

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# live meaningfully by Ayesha G. Fuhr, M.A.

# 6

## **Unconditional**

We accept
"conditions" as
an inherent part
of every choice,
every option
and every reality. We unwittingly subject

ourselves to them as we subconsciously weigh the pros and cons of each situation or allow our prefrontal cortex to make judgments and decisions. Conditions are simply a necessary part of the life we live.

However, what if we are subject to as many conditions as we are "unconditions." That is to say, what if there truly is such a thing as the "unconditional"? What if we started spending this currency one on another as liberally as we do its cumbersome alternate?

A lot of people would say that there is no such thing as loving or giving unconditionally, but I'd wholeheartedly disagree. I think it's real and alive and as available to us as any other choice. "Unconditions" are around us every day, we just have to choose to accept ourselves and one another without the cynical voice of the critic within us all.

I've been pondering this notion of late when faced with marriages that are struggling, or strained parent-child relationships. I, by no means, condone or encourage people not to hold themselves accountable or take responsibility for their choices. But I do think it's worthwhile to at least experiment with the possibility of not being the judge and jury for someone else.

As a therapist, you grow to have "unconditional positive regard" for your clients (props to Carl Rogers). The best way I know to describe that, on a cursory level, is something along the lines of allowing yourself to accept and regard every individual, regardless of presentation, distress or behaviors, simply for their humanity, for their story and for their connectedness to us

Heady stuff, but quite a simple concept, really.

As parents or children, family or loved ones – what conditions are there, truly, that would make us no longer connected to one another? This may all sound rather distant or philosophical, but here's a not-so-impressive (but very local) insight into how I even started thinking about this...

Every day I come home and the first words out of my mouth are, "Hi handsome, how was your day?" I know, this would make me

accept quite a catch if they were said in the general direction of a husband or quite a mom if said in the general choice, option how I greet my Bodhi every time I see him. Bodhi is the two-year-old unwitsubject He is unwaveringly happy to see me every time I return. He stops whatever he's doing to greet me (often bringing me one of his prized possessions) and tell me, in his own wagging way, just how much he loves me. Bodhi knows the meaning of unconditional.



Granted, it may be easier for a dog or a pet to extend this sort of love and acceptance at all times due to him or her not having a job, a life outside the house or... well, quite simply, any stress. But what a fantastic example of what it means to be present and unconditional with someone. Pets have a way of giving us their best and eliciting our best, in the simplest of reciprocal relationships. If we were to be as attuned and unselfish in our human relationships as we are with our canine companions, can you imagine the impact it would have on all of

Now honestly, I'm not some crazy-dog-lady who puts more emphasis on this relationship than I do any other. And, obviously, I recognize how much more complicated human emotion and interaction is... But, given that April is National Pet Month and my priority is always how we can live more meaningfully, why not take a cue from the most unconditional example available and try it out with one another?

So with this in mind, instead of buying another toy or some obscure dog treat this month- I'd encourage you to take a walk with someone dear to you. Listen, be present, accept and love unselfishly. Who knows what it may bring you in re-

Until the next time, Ayesha ■

Ayesha G. Fuhr, M.A. practices at 2150 Park Avenue North as a Registered Mental Health Counselor Intern and can be reached at ayesha@ livemeaningfully.net or 407-796-2959.

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# pop culture detours by George McGowan

# Is A Serious Look At Television An "Oxymoron" Or Am I Just A Moron?

an auditor, father and husband by day and a Rollins student by some nights and weekends. Several years ago, I learned about the Rollins evening programs at the Hamilton Holt School. I attended an interest session and became convinced that I should pursue a master's degree in liberal studies. Next month, I will hopefully graduate from Rollins with this degree, if I can complete this silly thesis that I am currently in the middle of writing!

My thesis is an examination of movie and TV fathers and their relation to the historical changes in the institution of fatherhood in America. Somehow, through this thesis, I needed to attempt to combine my interest in popular culture with what I had been learning at Rollins about philosophy, religion, history, science and literature (among other things). I also wanted to examine what made an effective father, since, above all, that is the position in my life that I want to be most proud of when I look back at my accomplishments.

Through my research into fatherhood, I have learned interesting several things. Without going into the boring details, there are three distinct "periods" in the American history of the father. The first is the "distant breadwinner," a time when fathers were chiefly responsible for obtaining the resources the family needed to survive, either through working inside or out-

My closest friends and family know that I am side the home. In the early years of the twentieth century, this caused the father to work extended hours and left little to no time for the father to interact with his children. The next major period is the post-World War II era when men wanted to be more for their family and took on the task of a being the role model for the male gender.



Once men had established themselves as adequate breadwinners, they wanted a role inside the family and the easiest one was for them to be a responsible example of a "good man." Around the late sixties and early seventies, a new period of the father as "nurturer" was dawning as men realized the benefits of being more than an example and wanted to become an equal partner in all aspects of raising a family. Now, don't get me wrong, I realize that this happened due to

several factors, most especially the beginning of women wanting equal rights and an equal chance at working outside the home, which left the home with a need to fill the nurturing role that was always held by the mother. You won't ever hear me say that fathers will ever be equal to the nurturing partners that mothers are in the

raising of children. But at this point in our history, fathers continue to develop our skills in the finer points of raising a family outside being the manly man bringing home the bacon.

So, how do movies and TV fit into this analysis of fatherhood? Well, for me, I unfortunately lost my father before I had my children. So, I was searching for advice and examples beyond what my lousy memory could provide me for demonstrations of how a father should act. Naturally, as a child of my generation, I began to recall all the sitcoms I watched after school each afternoon- "My Three Sons,"

"Family Affair," "The Dick Van Dyke Show," "Father Knows Best," and "Leave It to Beaver." These television shows had left a great impression on me and showed me how a father interacted with his children during good times and bad. I thought that there must be a connection, so I am writing my master's thesis on these connections to the historical father. I have also added some great examples of movies with incredible portrayals of fathers to round out my study, movies like "Father of the Bride" (both the Spencer Tracy and Steve Martin versions), "Rebel Without a Cause," "To Kill A Mockingbird," "Kramer vs. Kramer," and "Wall Street."

I have to mention two other movies that had great memories for me but which I also realized unfortunately featured more of a "father figure" than an actual father. These two films are "Ordinary People" and "A Perfect World." Both of these movies are quiet, wonderful gems, in my opinion. "Ordinary People" will always be remembered as the film which stole the Best Picture award from "Raging Bull," but I remember it as a revelatory look inside a family trying desperately to not come apart. Re-watching this movie, it is amazing that it was Timothy Hutton's movie debut, Robert Redford's directing debut and Mary Tyler Moore's debut as the b\*\*\*\*iest mother I have ever seen on the screen. I remember being in Gainesville, visiting friends and watching the movie on TV. Every time Mary Tyler Moore was on screen, I threw something, anything at the TV screen. Wow, it was an amazing performance when you compare it to the sweet Laura Petrie or Mary Richards roles she played. "A Perfect World" is even more obscure as it featured Kevin Costner as a quiet escapist convict on the run with a young boy as his hostage. This movie was released just after "The Bodyguard" and was certainly a role reversal for Costner as he was perhaps the biggest movie actor of the early 1990s playing a less-than-stagey role. I completely fell in love with this movie, directed by Clint Eastwood; and upon another viewing as a father myself, I could see how it left its influence on me. It is hard to put into words here, so I will leave it at that. I recommend it highly as a movie that wasn't popular but should have been.

Well, I have to get back to writing my thesis now. Next time you hear from me, I had better be finished or my wife will kill me. She wants me back doing fatherly things like mowing the lawn, cleaning the pool, washing the dogs, helping the kids with homework, cleaning the garage., etc.

# Get On That Streetcar To Theatre Downtown

by Barbara Solomon

A STREETCAR NAMED DESIRE **WRITTEN BY TENNESEE WILLIAMS DIRECTED BY FRANK HILGENBERG STARRING RACHEL COMEAU,** MICHELLE PROCOPIO, AND STEPHEN PUGH

This is one of Tennessee Williams' most dramatic plays, and Theatre Downtown's portrayal is the most intense one I have ever seen. This is not to say it isn't a fabulous production, for it certainly is. The story revolves around the lives of two sisters-Stella (Rachel Comeau) and Blanche (Michelle Procopio). When Blanche arrives in New Orleans from a small Mississippi town, she realizes she will have

to live with Stella's husband, Stanley Kowalski (Stephen Pugh). Blanche is in a fragile state of mind after having lost the ancestral plantation, and Stanley is difficult to deal with. He abuses Stella and constantly confronts Blanche. Blanche sees a ray of hope for the future when Stanley's friend Mitch (Cory Boughton) falls in love with her, but her hopes are squashed when Stanley reveals Blanche's past indiscretions. The action is built around the flaws in the characters, and comes to a highly emotional climax at the end of the play.

The acting is superb, although I found the timing a bit troubling. The set changes were laborious and some of the pacing was slow. Aside from that, the performers were stellar. Blanche has captured that fragile sickly touch, and holds her character throughout the show.

As a foil for Stanley, she is wonderful. Stephen, of course, has that strong voice for the famous "Stella!" and shows a range of emotion I didn't know he had, since he usually performs in musicals or comedies. Stella straddles the



line between the two antagonists to perfection, playing the abused wife with a realism of body and spirit. Of course, Frank Hilgenberg's amazing direction makes this production as dramatic as Williams intended it to be. His orchestration of the fight scenes was particularly impressive. And I must not leave out Cira Larkin as the upstairs neighbor. She brings her usual fine acting

ability to the role of Eunice, and enthralls us with her nuances of drama and comedy alike.

There is so much to this drama that it is hard not to leave anything out. We are touched by the fragility of the southern belle, horrified by the animal-like quality of the abusive male, and feel pity for the lovely young bride caught in the middle of the spider's web. Williams' plays are never pretty, but we always leave the theatre thinking about life's vagaries, which I feel is a really good thing. So if you're in the mood for some serious drama, take that streetcar to Theatre Downtown and satisfy your desire for a great play!

Playing through April 14 at Theatre Downtown on the Corner of Orange and Princeton Avenues. For more information call 407-841-0083 or visit theatredowntown.net.

Barb's Best Bets for April: "The Flight of the Earls" at Orlando Shakes, "Baby" at The Winter Park Playhouse, and "Into the Woods" at Theatre Downtown.



For us, life is an adventure. We've gone rafting in the chill of Alaska, mingled with lions, elephants and leopards in Africa, swam with sharks in Australia.

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We fell in love a little later in life, so when it came to having kids, adoption became our best option. We did all kinds of research and decided to adopt an American-born child because the need was so great in our own community.

We soon discovered the path to adoption typically starts by becoming a foster parent. What we didn't know, though, was how much that experience would alter our course.

At first we helped other foster parents when they needed a little break. Our big day came when we got our first child...an 18-month-old baby girl who stayed just long enough for us to fall in love with her.

After that came "Little Man." Just shy of his second birthday, this bright little bundle of energy became one of the greatest joys of our lives. When he was eventually reunited with his own family after eight months, it was tough to say goodbye. But we take comfort in having been able to provide for him when he needed it most.

And we recently took in a three-year-old girl who has brightened our home once again.

With each new child we meet, the adventure continues. And you know what? Life really is about the journey. Once we opened our hearts, we've found that our greatest adventure is really right here at home.

George & Theresa

 ${\it George\ Diaz\ and\ Theresa\ Bradley-Diaz}$ 

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20 FOOD The Park Press | APRIL 2012

# the educated palate by Scott Richardson



SCOTT RICHARDSON

# Local Award Winning Restaurants Cook Up A Storm To Help Cystic Fibrosis Foundation

Over 1000 people attended the Baldwin Park food and wine festival benefitting the Cystic Fibrosis Foundation of Central Florida (CFF). Twenty chefs represented their respective restaurants and three pastry chefs offered cookies and cupcakes. Southern Wines

and Spirits donated much of the wine, along with other wine vendors doing their part to make sure all of the guests enjoyed a plethora of wines from around the world. Stonewood Grill and Tavern sponsored the VIP Lounge inside the old BullFish location on Broad Street. For entertainment the crowd listened to The B.B. King All Star Band. Inside the VIP Lounge, four distinguished judges- Commissioner Robert Stuart, Scott Joseph, Mike Boslet (Orlando Magazine) and yours truly- tasted dishes and

wines from nine of the 20 restaurants who entered the exclusive Food and Wine Pairing portion of the evening. We then tasted offerings from all of the other vendors who were on Broad Street serving the throngs of people at the event.

Lisa Murphy, executive director, CFF, said "This was the best food and wine festival thus far. We appreciate all the donations from



The BB King All Star Band

all the vendors to make this event a success. A huge thank you goes out to all the volunteers and my staff who worked tirelessly to make sure this was the premier food and wine event in the area. We look forward to an even better event next year."

From my vantage point, the event was executed flawlessly. All the guests had a spectacular time. The vendors were not skimping on the

food or wine, and the band was outstanding. Every aspect of the evening was taken care of because of the organizational skills of Maureen Roth, development director with CFF.

I hope there will be other restaurants from the area who will consider participating in such a great event which ultimately benefits those inflicted with this horrible disease. This event raised \$70,000 for cystic fibrosis research.



The Baldwin Park Food and Wine Winners (as stated in the article)

#### Here is the list of winning restaurants:

Café Tu Tu Tango - Best Food and Wine Pairing

4 Rivers Smokehouse - Best Tasting Plate

Citrus - Best Plate Presentation

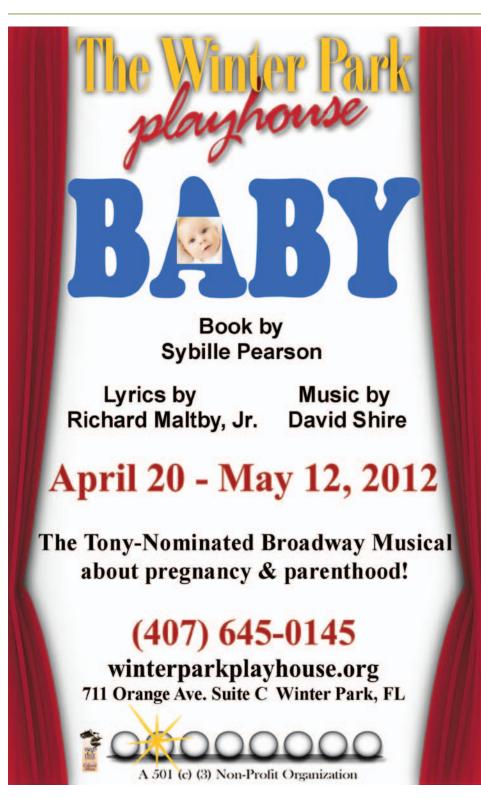
Tap Room at Dubsdread - Best Booth Presentation

Marriot World Center - Epicurean Award - Overall Best Plate

#### People's Choice Awards:

Best Plate Presentation – Jack's Steakhouse
Best Tasting Plate – Jack's Steakhouse
Best Restaurant Booth – Tap Room at Dubsdread

Photos by Ryan M. Glick of Through My Eyes Photography





# Garden by Stephen and Kristin Pategas



STEPHEN & KRISTIN PATEGAS

# The Garden Indoors – Selection

Soften an interior, fill corners, create focal points, and bring the garden indoors. Interior foliage can complete an interior design and - take a deep breath- improve the air quality at the same time.

Due to the lower light levels inside, it's rare to

have long-term plants that flower, so leave most of the blossoms to fresh cut flowers. Instead thoroughly explore all of the foliage options and focus on color, texture and pattern in the leaves. To determine which plants will thrive in your interior spaces, first conduct an interior survey. Note light levels and how they change through the seasons. Unless shaded by an overhang, structure, or tree, south facing windows will be very sunny during the winter and much less so during early summer when the sun rises and



Sansevieria parva (pencil snake plant)

sets farther north. By late June no sun will strike the southern façade. Second, look for vents that may blow hot or cold dry air onto those typically humidity-loving plants.

People spend an average of 90% of their time indoors and since air quality indoors is generally worse than outdoors, air-cleansing interior plants are vital. Plants improve indoor air quality by helping to remove chemicals such as formaldehyde, benzene, trichloroethylene, and carbon monoxide. They also convert carbon dioxide to oxygen.

In Bill Bryson's recent book "At Home," he states that natural gas became popular as an in-

door light source in the mid-1800's. It left a greasy layer of soot and blackened ceilings. The only indoor plant to survive was the cast iron plant (Aspidistra). As a bonus it also grows in deep shade.

Since indoor conditions generally do not provide enough light to promote full continuous growth, purchase plants at or close to the size you need to decorate the space. A too-small plant may never make it to the desired size.

Protect floors from water damage by using saucers (place felt on the bottoms if there are wood floors) or place the nursery pot in a solid-bottom decorative pot. When using baskets, place saucers under the plant inside the basket. Never trust the plastic sheeting liners. Always check saucers after watering since sometimes they fill up slowly. If plants are really dry the



Dizygotheca elegantissima (false aralia)

soil may pull away from the wall of the pot. Water very slowly so the root ball can re-hydrate. Otherwise the water will quickly flow down the gap on the side of the root ball and overflow the saucer.

Select the proper plants and enjoy a visual foliage feast of texture, pattern, and color and breathe easy.



Aglaonema 'Golden Passion' and a dwarf Sansevieria at the rear

#### Interior Foliage Plants (\* air cleansing plant)

Aglaonema (Chinese evergreen)\*

Anthurium

Aspidistra elatior (Cast iron plant)

Bromeliad

Chamaedorea (Bamboo palm)\*

Chlorophytum (Spider plant)\*

Cryptanthus

Dizygotheca elegantissima (False aralia)

Dracaena\*

Epipremnum (Golden pothos)\*

Ficus (Weeping fig)\*

Philodendron\*

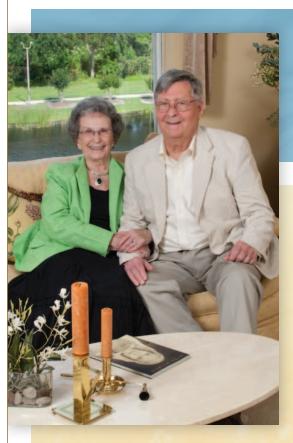
Sansevieria (Snake plant)\*

Spathiphyllum (Peace lily)\*

Zamioculcas zamiifolia (ZZ plant) ■

Kristin and Stephen Pategas design landscapes and garden at their home and business Hortus Oasis in Winter Park. Contact them at garden@hortusoasis.com or visit www.hortusoasis.com and www.pategaionplants.com.

All photography by Stephen G. Pategas/Hortus Oasis



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The Park Press | APRIL 2012 22 **TECHNOLOGY** 

# technology



#### A Virtual Connection

students a voice and a believer in utilizing the technology tools of today I pay close attention to new vehicles to engage students and give them an opportunity to learn. Technology can trick students into learn-

ing without even knowing it. Once this happens, students are engaged and interested and learning at a high rate. We all do our best work when



our interest levels are high. According to Mark Prensky, education / technology guru, there are three types of learners:

- 1. Self motivated this student will do whatever it takes, with little intervention from the teacher to get things done.
- 2. Just enough this type of student does just enough to get by, but never puts enough effort to maximize potential.
- 3. Doesn't see the point this student doesn't see the connection to school or the learning process and is simply not engaged. Without a connection to the real world, this student will ignore the typical learning process.

So what do we do to make sure that all three types of learners plug into the experience? One solution is relevant technology tools. You see, all students will perform if the experience has real meaning and is presented in a 21st century package. I have discovered a new app called Wallit that will meet the needs of many. It is only available at the moment for the iPhone and iPad. The Android version is coming soon. This app combines augmented reality and the traditional community billboard. It allows people to con-

As a proponent of giving nect virtually and exchange virtual messages on walls located all around the world. For example, I can open the app on my iPhone and look for a location that I may be visiting. Let's say I am going to Cape Canaveral, I can look at the virtual wall already created and then post a message. I can leave information about my experience, I can leave a message for a friend who may be joining me or I can ask a question about the Cape and check back later for an answer from another visitor. The possibilities are endless. This is like permanent graffiti on a virtual billboard, allowing you to leave your mark. As an educator my mind takes me to the field trip idea. Students can

leave messages or facts for other students on a Wallit location that they are visiting. Teachers can communicate with students from all over, leaving thought-provoking questions and information about their location. Fourth graders from all over the state of Florida visit St. Augustine each year. I will be going on that trip soon and will test out my theory at some of the historic sites. Anytime you can engage a student with a tool they love, you have made an instant connection. Like many of the other terrific educational

apps available, Wallit will engage today's minds in a way only they can imagine.



For a brief video tutorial click on the following link: http://m.youtube.com/#/watch?v=KMvDT\_HMvpE

### schools

# **April Is Math Awareness Month**

Awareness Month is "Mathematics, Statistics, and the Data Deluge," to bring to light how mathematics and statistics provide the tools to understand the massive amounts of data collected every day from many different networks, instruments, devices, and other



sources. Math helps protect people from the misuse of such data and also is the key to using data sets for numerous business and other opportunities.

During the month of April, Huntington Learning Center of Winter Park will participate in Mathematics Awareness Month by distributing rulers to local schools. Started in 1986, Mathematics Awareness Month is

The theme of this year's Mathematics promoted each year by the Joint Policy Board for Mathematics (JPBM), which includes the American Mathematical Society, the American Statistical Association, the Mathematical Association of America and the Society for Industrial Applied Mathematics.

> "We live in an era where technology plays a crucial role in our daily lives," says Eileen Huntington, co-founder of Huntington Learning Center. "Data is everywhere, and used every time we go to the grocery store, every time we use the Internet. This year's theme really speaks to the practical application of math—something we try to instill in students. Math is used everywhere, all the time. We're proud to celebrate Math Awareness Month as a valuable skill that can prepare students for so many different careers."

> Founded in 1977, Huntington Learning Center is the nation's longest-running supplemental education services provider. HLC provides instruction in reading, writing, spelling, phonics, mathematics, and study skills for students from kindergarten through twelfth grade; as well as FCAT, SAT, ACT, and GED preparation. For more information please call 407-875-2300. ■

#### schools



# **Aloma Elementary**

Principal Dr. Drew A. Hawkins

1 at 8:00 a.m. PTA will be hosting a your children. Family Night on April 12 at Tijuana Flats from 4:00-8:00 p.m. They will also host Chick-Fil-A night on May 1 starting at 5:00 p.m., followed by Skate Night at Semoran Skateway the same evening from 6:30-8:30 p.m. PTA will also host Muffins for Mom on May 3 from 8:00-8:30 a.m. Aloma will be collecting non-perishable cans of food to donate to the Second Harvest Food Bank through the month of April. Any help you can give in providing cans of food will be appreciated. In order to get a variety, we if possible:

Fruit; 1st Grade-Canned Vegeta-: testing. Once testing starts, we can-: has leveled at approximately 1,165 bles; 2nd Grade-Canned Meats; 3rd: not interrupt the classroom on any: students but we are expected to ex-Grade-Canned Sauces; 4th Grade- days they are tardy. Make sure they ceed 1,200 students next year. As I Our next SAC meetings will be on Canned Soups; 5th Grade-Canned Tuesday, April 3 and Tuesday, May Juices. Please send them in with

Please put on your calendar a change that will occur on Wednesday, April 18. Students will be scheduled for a full school day instead of their normal early release on this date to give students every opportunity to do well on FCAT testing. Our student release time on April 18 will be 3:00 p.m. All other Wednesdays will remain early release for: our students at 2:00 p.m. Please remember that FCAT testing will take: place from April 16 through April 27 for our third, fourth, and fifthwould like to suggest the following • grade students. It is very important •

best chance to be successful on the

As always, we appreciate your • help and your support! We are Team • Eagle: Focused on Results!



Audubon Park Elementary School: parents, families and friends: I need your assistance. As the

final nine weeks of the school year approaches I am interested in preparing

us for continued growth and student Kindergarten-Canned · for your children to be on time for · enrollment. Our school population · The car loop exists so that students

get plenty of rest, and eat a healthy have said many times before, I embreakfast. We want them to have the brace our size as the large numbers provide us with many resources and a lot of diversity. Both of those things make Audubon Park a unique and powerful environment. But with more students we will also experience more traffic in the mornings and afternoons. Overall the arrival dismissal process runs smoothly. However, as of late there have been a few occurrences that I would like to correct before the school year ends:

1. Please do your very best to avoid stopping in your vehicle along Common Way. It is illegal to stop, even momentarily, and let your child get in or out of the car. It is also unsafe.

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#### schools

can load and unload safely, with su- things to keep in mind. pervision. Please consider using the followed.

2. Some parents have started: walking to the bike rack and encourloop and leave school in that manner. The car loop is for car riders. All students sitting at the loop are there to: be safely dismissed into a car. If you would like for your child to walk, then please meet them in the grassy field on the north side of the build-

Following a few of these simples rules will ensure that we run a smooth and safe operation. I thank you in advance for your cooperation. My door is always open if you would like to talk or just send me an email. trevvor.honohan@ocps.net



Spring break is over and we are: the year. April's biggest challenge for the students is FCAT. They have worked hard and they are ready, but leading up to these exams often causes anxiety. While it is said that preparation alleviates anxiety, just the thought of these tests can be stressful for children. Here are a few

Just like an athlete prepares for a • breathe out. Repeat. Feel better? loop. You may have noticed OPD pa- physical challenge through proper trolling Common Way. That will hap- nutrition and rest, a mental chalpen from time to time to encourage · lenge needs that as well. Make sure · that rules and safety measures are your child is eating nutritious foods on a daily basis. Drinking plenty of : ally all get done. As adults, we know : events all around - rock around the fluids is important too. Dehydration is very common in children and: aging students to get up from the car: it causes fatigue. So by eating right, pause button every once in a while. I: Roll to school with us on April 11, staying hydrated, and getting plenty: recently attended a phenomenal pre-; and relax at our PTA Beach Blanket of sleep, you are giving your child: sentation by our CHILL Counselor: BBQ on April 27 from 6-8p.m. These the right start to be successful for any mental test.

Be understanding of what your: child may be feeling. Trying to alleviate stress with the words, "this is just another test" may be a good approach for some children, but others may view this as uncaring of the stress they are feeling. Talk openly with your child and talk openly to your child's teacher. The teacher • may not see the anxiety in the school setting that you may see at home. If your child needs some reassurance, please let your child's teacher know what you are seeing and hearing. The school counselor is also available to discuss feelings and can prorejuvenated and ready to take on vide strategies to relieve test anxiety. the challenges of the last quarter of : It truly takes a village to educate a : child.



Take a moment; hit the pause button on whatever gadget your fingertips are touching. Breathe in, breathe

silly, but it really works! We have now portance of sleep, eating well, and entered April and we are torpedoing movement. Step away from the tothrough our to-do lists as if it can re- do list and attend the various spring better than this! We need to be good : Semoran Skateway rink with us on models for our children and hit the April 5 from 6:15-8:15p.m., Walk n' on the topic of how to handle stress: moments are important. and anxiety in our children, and it: reminded me how in tune our chil-: that pause button. Breathe in, breathe dren are to our own stress. Without out. Encourage your children to do saying a word, our little ones can feel the same. It is important! tension. Through mass media and overheard conversations, they also such good care of our community, take in and internalize worldly concerns of which they should not even be aware. Then, as I rushed from that presentation to another, I passed a group of students deep in thought. With little time to stop and see what they were studying- I had a moment of realization. I needed to pause. This moment was important.

In this month, it will be more im-: portant than ever for us to pause oc-: as the second class of The Edgewater casionally. This is the time of year in : High School Hall of Fame on April which our children will encounter : 28, 2012. FCAT testing in reading, math, and port cards; progress monitoring; par- Edgewater alumni and supporters ent conferences; and more. It is not who have accomplished excellence quite the end of the year, when feelings of celebration wash over us; this • is more the time of showing what • and integrity in at least one of six catwe know, a time of assessment and

out. Repeat. Look around; breathe in, accountability. Kids feel the pressure rise. Let's keep the temperature These directions may sound a bit gauge down by emphasizing the im-

So, in short, take a moment. Hit

Thank you, always, for taking children and families, and our school!



#### **Edgewater High School** Hall Of Fame 2012

The Edgewater High School Foundation announces seven distinguished individuals to be inducted

The Edgewater High School Hall science (April 16-27th); third quin re- of Fame was established to honor in high school and who have distinguished themselves through virtue

Continued on page 24





The Christ School



#### **ENROLLING GRADES K-8**

Call to schedule a personal tour and see teachers and students in action.

Uncompromising K-8 education located in the heart of downtown Orlando.

Call Nicole at 407.849.1665 • TheChristSchool.org



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egories: Arts, Academics, Athletics, Professional, Community and Eagle

#### The 2012 honorees are:

Byron Brooks, Class of 1979, Central Florida public servant for City of Orlando, Orange County and Lynx, Central Florida community leader and volunteer

James Cinnamon (deceased), former Edgewater teacher, basketball coach and athletic director (1958-1986)

Ben Crosby, Jr. (deceased), Class of 1958, friend, mentor, volunteer and youth leader through coaching with College Park Little League for 40 years

Delbert "Del" Kieffner, Edgewater band director 1957-1973, American Alliance of Performing Arts Educator's award designee, symphonic trumpet player Florida Symphony Orchestra

George Stuart, Jr., Class of 1964, Florida state legislator and secretary for the Florida Department Regulation, Central Florida civic leader and fund raiser

Jacob Stuart, Class of 1966, president Orlando Regional Chamber of Commerce, chairman of the board at LYNX, president Central Florida Partnership

Dexter Williams, Class of 1982, volunteer coach for EHS Boys' Basketball for 20 consecutive years The Edgewater High School Foundation board will also induct Jean Pressley in to the newly- established "Quarter Century Club," implemember presently or has worked at: Edgewater for more than 25 years!



There are lots of wonderful events planned for Fern Creek families and our community for the month of April. On April 4 we welcome our parents to join us for Conference Night. This is a great opportunity to collaborate with your child's teacher on behalf of your child. Please plan to attend. Please remember that FCAT Testing begins on April 16. Our Book Fair begins April 30.

We would like to thank the Bar Method in Winter Park for their: thank Mrs. Talbot-Williams for all

monetary donation to the Founda- she does for Glenridge! tion for Fern Creek. We would also: we would like to thank First Presby-: Cepero III, was recently recognized gathering clothing for students.

We are fortunate to be able to pro-: vide dance classes to our first grade students each week through a generous commitment of the Master Class Academy. We are also pleased that A Gift for Music provides free violin lessons for all of our students beginning in the third grade.

We welcome and encourage the involvement of parents and the community in the life of our school. To inquire about opportunities to become involved, please contact the: school principal at galatop@ocps.net.:



FCAT is finally upon us and our of Business and Professional: Lions are prepared for success! The: first round of FCAT testing is complete as our eighth graders took the 🕻 FCAT Writing test in March while sixth and seventh-grade students took a practice writing test at this time to sharpen their writing skills.

This year, our testing schedule is a little different than in past years as all sixth-grade students will be taking both sessions of the FCAT Reading • test on computers in one of our labs. This is a new state requirement and all s sixth graders will be taking the test in small groups between April 17-27. Sixth graders will be taking mented to honor a teacher and staff: the FCAT Math test on April 16. All seventh and eighth graders will take the FCAT Reading test over April 16 and 17 and the FCAT Math test April 18. Eighth graders will be taking the FCAT Science test on April 19 while seventh graders will take a practice version of the test to help prepare them for next year. Don't forget, students need plenty of rest and a good breakfast prior to testing!

> Earlier in March, our school registrar, Kenlyn Talbot-Williams, was awarded the Orange County School Counseling Association's Support Person of the Year Award! Over 200 school student service representatives and administrators were present to help her celebrate and we

We are proud of our Lions as sevlike to express our sincere apprecia- • eral of our students have recently • tion to Summit Church for complet-; been recognized for their accoming various landscape and other plishments in and out of the classprojects at our school. Additionally, room. One such student, Antonio terian Church of Orlando volunteers; as a Martin Luther King Humanitarfor building and donating picnic: ian Award winner for his hard work, tables, mulching, packing food and : dedication to excellence, and his : drive to achieve while helping others. Antonio exemplifies Dr. King's: ideals of equality, justice, freedom, peace and harmony for all people. Congratulations, Antonio! Congratulations to our Odyssey of the Mind team for taking fourth place at the Regional Competition last month. Your performance was outstanding!

> Our drama department has been working hard to prepare for the opening day of "Once on this Island." There are two opportunities what promises to be a great show!!

tact Jean Skidgel at jean.skidgel@ ocps.net or by calling 407-623-1415 x

# Jewish Academy of Orlando

Head of School, Lynne Shefsky

Jewish Academy of Orlando prides itself on offering opportunities for children to develop and sharpen their leadership skills. In March, which is National Reading Month, our Elementary Kenesset (our school's student government organization), made up of third through fifth graders, decided amongst themselves that the school library needed more of a variety of titles and genres for all grade levels. So, in order to ensure that the library could add to its already very large collection, the students organized a school-wide Book Character Day, where all stuto see this spectacular spring perfor- : dents, faculty and staff were encourmance: Friday, May 4 and Saturday, aged to dress like a character from May 5 with both performances start- their favorite book and wear a name ing at 7p.m.. Tickets are \$5 each and : tag depicting who they were and the are available at the door. Don't miss: book from which they came. In order to participate in the Book Char-It's not too late to purchase your : acter Day, the students were required tickets for our annual Food For : to donate a minimum of \$1, and all Thought event, taking place Friday, of the proceeds went directly to the April 13 at Leu Gardens. Your sup-: library in order to purchase new port and attendance would be great- books. But the student-leaders took ly appreciated as all proceeds benefit: it one step further than just raising the Glenridge IB Foundation. Glen- money. They wanted to make sure ridge is fortunate to offer one of the that all of the students in the school premier IB programs in the state of had an opportunity to voice their Florida, and a great deal of the pro- opinions about the books (titles and/ gram's success comes from the sup- or genres) to be purchased for the liport of students, families, and the brary. So, they asked the teacher of surrounding community. If you are each class to hold a nominating and interested in attending, please con- voting session, and the top three se-





lections from each class were given to the school's media specialist, Reba Gordon, so that she can try to honor the students' requests as she uses the money raised for the new books. It's amazing what a group of 9, 10, and 11-year-olds can do when they put their minds to it and have the platform to be heard and put their ideas into action.



We love our Happy spring! weather and know why we live in and weather vanes and have been able to really see how they work! The Math/Science Lab is full of activity! in our Level 1 Oration Contest on The kindergarten students have been April 26. working with addition and money, first grade has jumped into structure of plants, second grade is learning about magnets, third graders are studying classification of organisms and fourth and fifth graders are exploring speed.

FCAT testing has begun I am confident our fourth graders gave their best on the writing test. Thank you to the fourth grade team: Mrs. Blaise, Ms. Guettler, Ms. Heins and Mrs. Lum for your great teaching! Our exceptional education students: - fifth -grade ESE teachers: Mrs. An-FCAT reading, math and science testing that will begin on April 16.

Thank you, Hollie McCall and her Cleaning our kindergarten car loop and inside hallways. With the help of the Edgewater French Honor Society, Palmer's Garden and Goods and Green Up Orlando we were able to complete many projects!

Congratulations to fifth grader Morgan Leigh Oldham, for finishing second in the All-Around category at the recent Presidential Classic gymnastics meet at Walt Disney World.

Lake Silver's involvement in the community is evident. We participated in the Eagle Flight 5K Run, Sunday In the Park, and Smile Mile. On campus we held a very success-: help with these events!

teacher Will Donovan! We will miss vou, Will!



# **Lake Sybelia Elementary**

Principal Dr. Julie Paradise

We ended March by taking our spring break and now everyone is relaxed and ready to spring into action in April. We will be very busy as this is our testing season.

Our FCAT testing will run from April 16 through April 25. Our third and fourth graders will be testing the first week and our fifth graders will be continuing their testing into the second week. Everyone has worked: so hard and now they will have the opportunity to show how much they have learned.

Kindergarten registration begins on April 4. We invite all of our parents to register their children for

kindergarten. This is so important • Hernandez; and Team H-Jessica Clu- • the students to become independent because it helps us determine how many kindergarten teachers we will need next year. Kindergarten Orientation will be in May and all of our new kindergarteners, new first graders and their parents are invited to come for a tour of the school.

Our PTA enrichment classes will: begin on April 23. Our students al- : problems. Thank you to the many : ways look forward to these after-: parents who were at the county bowl: the school community gathered at school classes. We appreciate the : and state bowl. You make it possible : the Orlando Science Center to enjoy support of our PTA and how hard: for our children to have a successful: the Expo. Judging of fourth through they work to provide wonderful ex-: periences for our students.

Florida! Our d second grade Gifted: speeches about volunteers and how: students have made wind detectors: they change the world. They will: tunity to share their great thinking: displayed on the projects. It was a be presenting their speeches in class. Our top seven will be participating



#### **Lakemont Elementary**

Principal Dr. Brenda Cunningham

This month's article has been written by Mrs. Donnicia Maynard, Lakemont's Gifted teacher.

Problem solvers, researchers, inventors, leaders, and goal setters, these are a few names we are called in our gifted class at Lakemont Elementary. We have had problem solvers at Lakemont for more than: twenty-five years. They are lead-: have completed taking the alternate; ers in communities throughout the assessment. Thank you to the third: United States. This year our problem solvers participated in Future Probdersen, Mr. Donovan, Mrs. Mason: lem Solving (as did our alumni). The and Mrs. O'Neill. We are ready for program says, "We stimulate critical: and creative thinking skills and encourage students to develop a vision Beautification Committee for Spring dents participating internationally Expo." The school's science fair has each year."

> Thirty-four fourth and fifth graders attended the county Future Problem Solving Bowl on February 3, and solved future problems about human rights. These students and teams were: Team A-Emily Berger, Jade Greer, Asher Lazarus, Rachel Maynard; Team B-Teodora Anica, David Cook, Isabelle Dennis, Dani Ghiden; Team C-Danielle Allison, Jacob Mason, Alexis Nelson, Joseph Paoli, Rebecca

Miller; Team D-Nathan Cartier, Alysful Book Fair, Family Fun Night and : sa Gidus, Jason Harris, Carly Tabares. Field Day. Thank you, PTA for your: Also representing our school were: Team E-Ryan Geffert, Jordan Gidus, Please stop by the office and regis- : Evan McCracken, Anna Grace Stride; ter your incoming Tigers! Congratu- Team F- Evelyn Byington, Mary Marlations and best wishes to retiring garet Greer, Delaney Kreidler, Madison Weil; Team G-Apolline Cahagne, Ana Ciro, Gabi Guiseppi, Hannah





nan, Hugh Roberts, Leora Wilson, Jensen Young, Luke Sand. There were • forty-four teams participating; Team • B placed second and Team F placed seventh and both teams participated in the state bowl held March 18-21 at the Wyndham Lake Buena Vista Resort. They solved future trade barrier: and safe competition.

Our fifth graders are writing our third graders who are inventors. about things scientific was complet-The students will have an oppor-: and original inventions on May 3, at delightful event for budding scien-9:30a.m. in our cafeteria. You will be itists and their families! amazed at the class projects. Be sure and attend.

> Our fifth graders are becoming expert researches as they explore the great Americans of the Revolutionary War period. We are looking forward to the presentations.

> The first and second graders continue their research projects. If you meet one of them they will have a lot to tell you about how the future looks for Florida's black bears and

Always remember, "Celebrate; let your mind glow with the uniqueness that is yours."



### 🛰 Park Maitland School

Head of School Cindy Moon

#### "It's All About Balance" — Science Expo 2012

On February 29 Park Maitland for the future with over 250,000 stu- School held its annual "Science

taken place for • decades in variheld at the Orlan-This is a wonder- •



that are on display.

the skills that are imparted to the stu- if for their future! dents in their classes. Its goal is for :

thinkers and workers. Each grade level had a certain theme or project goal. For example, the third-grade students studied endangered species, and their task was to come up with simple machines that could enhance the animals' or birds' habitats and help save their existence.

On the afternoon of the show, sixth-grade projects by volunteer Another great event is coming for parents who are knowledgeable ed in time for award ribbons to be



#### St. Charles Borromeo

#### **Technology Is Abuzz At** St. Charles School

Colleen Pollard, a fourth-grade teacher at St. Charles Borromeo Catholic School, will enthusiastically tell you that fourth grade in her class is probably very different than the



fourth grade class you personally experienced. Mrs. Pollard is one of many St. Charles teachers who emous locations, but, braces technology in the classroom for the past eight environment. Just hearing what she years, it has been • and the other teachers are using at St. Charles School to inspire little minds do Science Center. is an education in itself. Ebeams, document cameras, eBeam inscribe location for tablets, and Qwizdom are interactive meshing of technology tools being utilized at St. the students' sci- Charles School. Teachers are able to ence projects with present lessons using the eBeam on science in the real: their whiteboard, bringing their lesson to an entirely new, interactive lev-

> el for students. Document cameras are able to replicate on the whiteboard an exact copy of a page, which is not only a huge teacher time-saver, but an enormous help for the students in the learning classroom. Qwizdom is a response system that allows the teachers to quiz their students using interactive technology. Stu-

The entire Science Center is uti- dents "text" short answers and mullized for the "Expo." Display trip- tiple choice responses to the comtychs, alive with color and creative puter, allowing immediate feedback ways of showcasing the scientific on their success. Mrs. Pollard will method, inhabit spaces alongside di- tell you that the students have overnosaurs or amongst galaxies. Much whelmingly adapted to this new way of the fun and awe comes from ex-: of learning. The great news is that periencing the mixture of children's : technology is abuzz at St. Charles work with the professional exhibits: Borromeo Catholic School. Dr. Bernards is working hard to bring even The children's science teachers: more cutting-edge technology to our worked with them in class ahead : campus. Traditional pencil and paof project time, and all that was left : per still exists, but there is no denyfor parents to do was to supervise: ing that technology is our children's or facilitate the creation of the dis-: future. St. Charles Borromeo Cathoplay boards. The school takes much: lic School is doing its part to make pride in its science department and certain their students are prepared

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#### Students' Lenten Activities Serve The Community And Strengthen Their Faith

The motto of St. James Cathedral School is "Come to learn, leave to serve." Last month, our students' lessons and service focused on the season of Lent, a 40-day period that begins on Ash Wednesday and is tion of Easter.





Cross, a Catholic custom that coming of Christ's final days. Students narrated the 14 stations that tell the days. story of Christ's journey that is the foundation of Christianity, from being condemned to death to dying on • the cross and rising from the dead.

Our school's Lenten project, "Kids Helping Kids", taught the almsgiving component of Lent that involves volunteering to serve neighbors in mitted to "Standing Strong" for the need. SJCS chose a local elementary: remainder of the school school where 84 percent of the students are on free or reduced lunch: Break, TCS seventh and and 20 percent are homeless. Our eighth-grade students collected food items for shared the findings of the school's weekend snack-pack their science projects at program, including fruit cups, gra-: our annual Science Fair. nola and cereal bars, peanut butter, . The presentations highcanned pasta and individual-size : lighted work that had cereal boxes. They also donated been completed over the bathing suits and towels to support: past several months. Stuthe school's kindergarten and Pre-K: dents in seventh grade swimming lessons.

Open House for families who want to "learn" more about our nationally- ins with "Rot or Not," Hallie Millard recognized Blue Ribbon school and how we "serve" the academic and spiritual needs of our students. For more information, visit www.stjcs. com.



The days of school are passing quickly, and the coming weeks will be busy ones at St. Margaret Mary Catholic School with continued emphasis on quality instruction and : "Survival of the Senses." The eighthstudent work and the inclusion of grade students chose topics related many memorable events. Recently, : to physical science, and the winners : forms and dressed as Orlando tour-: gela Austin, head coach, and assis-St. Margaret Mary Catholic School: were Matthew Cassler, "1,2,3 Levi-: ists, their favorite book character, in: tant coaches Craig Russell and Robin middle school students participated tate," Carlie Dorr, "Stop, Drop and class colors, in their pajamas, and McCormick.

in the Nelson Ying Orange County Roll," Danielle Towle, "Bouncing to show Viking Spirit! Each day we Regional Science Fair. The students demonstrated their knowledge and love of science and received numerous awards.

Spring is a time to celebrate the School. The annual Fine Art Celebration showcases both the visual arts: and the school's outstanding music program. Student art work is dis-: played, and a concert is presented. : riculum at all grade levels. Kinder- : students raised \$1,500 which will be Taking part in the concert are the garten students recently walked used to purchase document cameras marked by prayer, fasting and alms- : choirs, bands, and guitar players. : to SunTrust Bank to exchange 100 : for each of our classrooms. giving in preparation for the celebra-: The evening is a true celebration of : pennies for dollar bills. They also:

> to receive their First Communion. Holy The following week, students will process down Park Avenue to : the church as they participate in the May Procession and Crowning: of the Blessed Virgin Mary. This annual liturgical celebration is a treasured Catholic tradition.

Throughout The school community came to-: busy spring days, St. Margaret Mary: community service. On Saturday annual Lenten Family Dinner. The : to teach the whole child, providing : our students volunteering at Orlanevening featured the Stations of the copportunities for students to grow do Children's Church. Every week, spiritually, academically, morally, ar- : 14 brightly-painted school buses pick : memorates with prayer the suffer- itistically, and physically. We look for- up about 400 children from various is ward to the blessings of these spring inner city neighborhoods and de-

# The Christ School

Christ School Head of School Jason Powell, Ed.D.

The Christ School students and faculty have returned from an energizing Spring Break and are com-

year. Just prior to Spring students were tasked with choos-

winning projects were Connor Eakwith "Hand, Eye, Hoops," Chloe Kranston with "Does Color Affect · Eyesight?" and Sarah Berger with



Balls from Big to Small," and Avery Reddeck, "Which Toothpaste Whitens the Most?" The overall winner of special mini-courses that included the science fair was eighth-grade student Becca Pulsifer with "Feel the Garts at St. Margaret Mary Catholic Force" which included a model she created of the average drop of local: Central Florida roller coasters.

> We continued to use our down-: town location to complement curchildren of our parish • History Center, and to various points • games and relay races. of interest for their brown bag walking lunches. The sixth-grade girls • ter. It is hard to believe the school advisory group even took a break year will be finishing in a few short at Mochi's for frozen yogurt and social time! Being a downtown school: campus is full of opportunities for our teachers and for our parents who: work downtown to be involved.



Students of The Geneva School the eagerly pursue opportunities for





On April 19, we are hosting an ing a topic related to life science. The liver them to First Baptist Church of They received the highest score out Maitland. When they arrive, Geneva of all the teams competing at the students are among the volunteers FHSAA competition. The team then who serve breakfast, lead in worship traveled to the National High School and Bible study, play games, and do Cheerleading Championship on Feb. crafts with their young friends. In so 10-12. They hit a perfect routine at doing, our students learn the power: of the Gospel message of hope and love and that, as our Lord said, "It is: more blessed to give than to receive."

#### Trinity Lutheran School Principal Melissa Bergholt

Trinity! March started with our an-: Honor Society, FCA, and several nual celebration of National Lu-; clubs. This team has also logged theran Schools Week. Our students: hundreds of hours volunteering in got a small break from their uni- : the community. They are led by An-

gathered together for an opening devotion and ended each day with candy making, learning dances from around the world, cup stacking, and building Legos. Each of our departments also competed in a Penny War. The students in our first, fifth and eighth-grade classes beat their competing classrooms. As a whole, the

Our middle school students ended walked to the downtown post office; the month with their class trip. This The school commu- with their third-grade reading bud- year they traveled to Marine Lab in nity looks with great: dies to mail cards. They stopped at: the Florida Keys. They snorkeled, expectation to the day: St. Luke's Cathedral on the way back: learned about the various water in May when the sec- to enjoy the stained glass windows environments and conducted labs. ond grade students and recognized their Bible stories While Middle School was away, our from St. Margaret in the pictures! Teachers continued elementary students participated in Mary Catholic School to walk their classes to the Orange their annual Field Day. They split will join with other County Public Library, the Regional into groups and played various

> This month starts our fourth quarmonths! Students in grades 1 – 8 will take their achievement tests in a few weeks. The school soccer, flag football and golf teams will begin playing their games and matches. We wish them the best of luck this sea-



The Winter Park High School Vargether on March 9 for our fourth: Catholic School continues to strive: mornings you will find dozens of: sity Competition Cheerleading Team had the best season in 10 years! After cheering at 12 varsity football games in the fall, practicing for several hours each week, and making it through strenuous weight training work outs, the team won the FHSAA (Florida High School Athletic Association) Region 2 State Qualifier in January. As a result of this victory, the cheer squad was one of the best-ranked teams heading into the FHSAA State Championship competition in February. The team has 21 members ranging from grades 9-12,

> and every single member of the team can perform elite stunting and tumbling skills.

> On February 3 at the Silver Spurs Arena, the WPHS Varsity Competition Cheerleading Team hit a near flawless routine, and they won the FHSAA State Championship title in the Large Varsity All Girl Division!

Wide World of Sports' ESPN Field House and placed third in the nation! They will be featured on ESPN this summer.

The squad's average grade point average is 3.3 with members of the team in the International Baccalaureate program, student government, We have had a great month at : track team, lacrosse team, National

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# COMMUNITY CALENDAR

# Audubon Park Garden District Events Ongoing Events

**Every Monday night** Community Market – 6:00 to 10:00 p.m. at Stardust Coffee parking lot located at 1842 East Winter Park Rd. For information call 407-590-8776.

First Monday of Every Month To celebrate their 50th Anniversary, admission to Leu Gardens is free the first Monday of each month during 2012. Harry P. Leu Gardens is located at 1920 N. Forest Ave. For more information please call 407-246-2620.

First Friday of Every Month – March – December 2012 (excludes July) Date Night at Leu Gardens – Gates open at 6:00 p.m. and movie times vary per month. For more information please call 407-246-2620.

**April 14 Spring Jazz 'n Blues Stroll** - 7:00 – 10:00 pm at Harry P. Leu Gardens. The evening features blues and jazz by some of Orlando's best performers. For ticket information call 407-246-2620.

#### **Baldwin Park Events**

**April 14 Run for Her Life 5K** – 7:30 a.m. at the fountain in front of Lake Baldwin. All proceeds will go to benefit Samaritan Village, an Orlando based non-profit that is a transitional home for women caught in cycles of chemical addiction and the sex trade. For more information or to register please visit http://racetimesports.com/run-for-her-life-5k/.

April 28 The 5th Annual Doggie Derby – 9:00 a.m. to 2:00 p.m.. at Corrine Commons located at 1913 Meeting Place. The race is free to spectators and \$15 per racing dog entry. To register, or for more information, please visit www.bpdoggiederby.com.

**April 28 Food Truck Rally and FCAT Block Party** – 1:00 to 5:00 p.m. at Audubon Park Elementary located at 1750 Common Way Rd. Proceeds to benefit the "Falcon Fund"

#### College Park and Orlando Area Events

**Ongoing Events** 

Every Wednesday Belles and Beaus Dance Club will have continuous weekly dances every Wednesday from 7:00 to 9:30 p.m. at the Marks Street Recreation Complex located at 99 E. Marks Street. Join in for an evening of fun and dancing to music by the Soft Touch band. Refreshments are available. Singles and couples are welcome. Cost: \$5.00 per person. For more information please call 407-277-7008.

**Every Thursday College Park Farmers' Market** – 5:00 to 9:00 p.m. located at 1600 Edgewater Drive. For information call 407-999-5251.

**Every Sunday Downtown Orlando Farmers' Market** - 10:00 a.m. to 4:00 p.m. at Lake Eola. For more information call 407-246-3625.

Monday – Friday each week Seniors' Program in College Park -9:00 a.m. to 1:00 p.m. at the College Park Community Center located at 2393 Elizabeth Street. For information call 407-246-4361.

First Friday of Each Month The Art Stroll of Ivanhoe Village – 6:00 to 9:00 p.m. on Orange Avenue between Princeton and New Hampshire.

Now – April 29 "The Serious Art of Make-Believe" – An exclusive show of displays and original pieces from Universal Orlando Resort's art and design department archives at the Orange County Regional History Center. For times and ticket information please call 407-836-8500.

**Now - April 29 "Charlotte's Web"** presented by Orlando Shakespeare Theater in partnership with UCF – For show dates and times please call 407-447-1700, or visit www.orlandoshakes.org/tickets.

April 5 The Orange County Retired Educators Association Meeting — 10:00 a.m. at College Park United Methodist Church located at 644 W. Princeton Street. Anyone who has worked in education is invited to attend. For more information please call 407-677-0446.

April 11 Central Florida Association for Women Lawyers' "Runway for Justice: A Spring Fashion Soiree" – 6:00 to 9:00 p.m. at Neiman Marcus at the Mall of Millenia located at 4200 Conroy Road. Proceeds will benefit A Place for Children and the CFAWL's Scholarship Fund. For tickets please visit www.cfawl.org.

**April 12 10A Corporate 5K** – This 18th annual Track Shack event will be held at Lake Eola. For more information and to register please visit www.corporate5K.com.

**April 15 Nature Journaling Workshop** – 1:30 to 4:00 p.m. with environmental writer and documentary filmmaker Bill Belleville at the Lake Harney Wilderness Area in Geneva. Cost is \$20.00 and to register please call 321-206-5691.

April 17 Orlando Garden Club Game Party — 10:00 a.m. to 2:00 p.m. at the club located at 710 East Rollins Street. The club is looking for new members. For more information please call 407-682-1726.

**April 21 lews and lazz** – 8:00 p.m. at the Orlando Shake-speare Theater located at 812 E. Rollins Street. For ticket information please call 407-645-5933.

April 28 2nd Annual Wine, Women & Shoes – 2:00 to 6:00 p.m. at Rosen Shingle Creek located at 9939 Universal Boulevard. Proceeds benefit Second Harvest Food Bank of Central Florida. For tickets and more information please visit www.winewomenshoes.com/orlando2012.

**April 28 Health Fair** – 10:00 a.m. to 4:00 p.m. at Orlando Fashion Square located at East Colonial Drive and Maguire. For more information please visit www. orlandofashionsquare.com.

May 3 The Orange County Retired Educators Association Annual Spring Luncheon – 12:00 p.m. at the College Park United Methodist Church located at 644 W. Princeton Street. For reservations please call 407-644-7092.

May 25 – 27 Edgewater High School Class of 1962 50th Reunion – For more information please visit www.edgewater1962. com or call 407-647-3257.

#### **Maitland Events**

**Ongoing Events** 

Every Sunday Maitland Farmers' Market at Lake Lily



Now – May 6 The Exhibit "Borders of Paradise: The New World in the Eyes of the Explorers" – This exhibition is comprised of original watercolors, prints and maps and is held at the Art & History Museums – Maitland located at 221 W. Packwood Avenue. For more information please call 407-539-2181 or visit www.ArtandHistory.org.

April 13, 14 and 15 Maitland's 24th Annual Festival of the Arts – 6:00 to 9:00 p.m. on Friday, 9:00 a.m. to 5:00 p.m. on Saturday and 9:00 a.m. to 4:00 p.m. at Lake Lily. Event features juried art and crafts, music, food and family fun. For more information please call 407-644-0741.

**April 13 – 22 2012 Florida Film Festival at the Enzian** – For show times and ticket information please visit www.floridafilmfestival.com.

**April 19 Rick Springfield at the 2012 Florida Film Festival** - World Premiere of "An Affair of the Heart" at the Enzian. For festival information and ticket packages please visit www.FloridaFilmFestival.com.

May 6 The Spring 2012 Homespun Chic Marketplace -2:00 to 6:00 p.m. at the Home Builder's Association of Metro Orlando in Maitland. For more information please visit http://homespunchicmarket.wordpress.com.

#### **Winter Park Events**

**Ongoing Events** 

**Every Saturday** Winter Park Farmers' Market - 7:00 a.m. to 1:00 p.m.

**Every Tuesday and Thursday Hands-on Gardening** – 9:30 a.m. – noon at the Albin Polasek Museum & Sculpture Gardens. For more information regarding this free year-round event please call 407-647-6294.

**Monday - Friday** "Art in Chambers" exhibit – Monday through Friday from 8:00 a.m. to 5:00 p.m. This free exhibit is on display at the City Hall Commission Chambers located at 401 Park Avenue South.

**Sundays** Music at the Casa – This free event is hosted at Casa Feliz on various Sundays from noon – 3:00 p.m. through 2011. For information call 407-628-8200.

Now – April 14 Tennessee Williams' Pulitzer Prize winning drama "A Streetcar Named Desire" – Performances are Thursday, Friday, Saturday at 8:00 p.m. at the Theatre Downtown located at 2113 North Orange Avenue. For more information please call 407-841-0083 or visit www.theatredowntown.net.

Now – April 15 "Artful Strings: Four Centuries of Harp Making" provides visitors with behind-the-scene access into the International Harp Museum's collection of rare and visually striking harps from antique to contemporary pieces. For times and information please call The Polasek Museum & Sculpture Gardens at 407-647-6294

Now – April 30 Free Friday Nights at the Charles Hosmer Morse Museum of American Art – 4:00 to 8:00 p.m. The open house includes curator tours, a schedule of live music and art demonstrations on selected dates. The museum is located at 445 N. Park Avenue. For more information please visit www.morsemuseum.org.

**April 4** Work Well Winter Park Kick-off -8:30 a.m. at the Central Park Stage. For more information please call 407-644-8281.

**April 6 – 8 Easter Weekend Open House at the Morse Museum** –Admission is free during the weekend. For more information please call 407- 645-5311.

**April 7 58th Annual Easter Egg Hunt** – 9:30 a.m. in Central Park.

**April 7 WPRK 91.5 FM's 60th Anniversary Celebration** – 12:00 p.m. to 10:00 p.m. at the Green at Rollins College. This free event will feature live music from The London Souls, BEEBS and Her Money Makers.

**April 11 Good Morning Winter Park** – 7:45 a.m. at Welcome Center and featuring an update on local economic development from Rick Weddle, president, Metro Orlando Economic Development Commission. For more information please call 407-644-8281.

April 13 An Evening of Jazz Under the Stars – 6:00 p.m. at the Winter Park High School courtyard patio outside the main campus cafeteria. This event includes various product vendors, food and festive music featuring the Winter Park High School Jazz Band. A portion of the proceeds will benefit the band.

**April 13 Live Music at the Morse Museum** – 5:00 to 8:00 p.m. featuring the Luxury Chamber Quartet (cello, flute, viola and violin). Admission is free. For more information please call 407- 645-5311.

**April 15** 9th Annual Doggie Art Festival – 10:00 a.m. to 4:00 p.m. along Park Avenue from Morse to Canton. For more information please call 407-644-2969.

**April 17 Enzian's Popcorn Flicks** – 9:30 p.m. in Central Park featuring "To Kill a Mockingbird"

**April 18 27th Annual Taste of Winter Park** – 5:00 to 8:00 p.m. at the Winter Park Farmers' Market located at 200 W. New England Ave. For tickets and more information please call 407-644-8281.

**April 19 "Making a Difference"** – An Evening with Dr. Jane Goodall – 7:30 p.m. at the Alfond Sports Center located at 1000 Holt Avenue at Rollins College.

**April 21 Earth Day In The Park Celebration** – 9:00 a.m. to 2:00 p.m. in Central Park.

April 22-28 2012 Winter Park Paint Out — Sunday 1:00 — 4:00 p.m., Monday — Friday 10:00 a.m. to 6:00 p.m. and Sunday 10:00 a.m. to noon at the Albin Polasek Museum and Sculpture Gardens located at 633 Osceola Avenue. Works of art will be on display and for sale as soon as they are completed. For more information please call 407-647-6294 or visit www.winterparkpaintout.org.

**April 23 Leadership Winter Park Golf Classic** – noon to 7:00 p.m. at Dubsdread Golf Course. To register please call 407-644-8281.

**April 25 Fun With Flowers** - 10:00 a.m. - 12:00 p.m. at the Winter Park Garden Club located at 1300 S. Denning Drive. Cost is \$25 and the registration deadline is Friday, April 20 by calling 407-644-5770.

**April 28 Fourth Annual Winter Park Paint Out Garden Party** – 6:00 to 9:00 p.m. at the Albin Polasek Museum & Sculpture Gardens. All artists will be present and patrons are able to discuss and purchase their works. For more information and tickets please call (407) 647-6294.

April 29 Free Open House at the Albin Polasek Museum & Sculpture Gardens – 1:00 to 4:00 p.m. and features the "Florida Plein Air Masters" exhibit features paintings by over two dozen, selected juried plein air painters. This is the last chance to view the original artwork in the museum gallery and or to make a purchase. For more information please visit www.WinterParkPaintOut. org.

May 18 Relay for Life – 6:00 p.m. at Showalter Field. For more information and to register please visit www. relayforlife.org/winterparkfl.



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