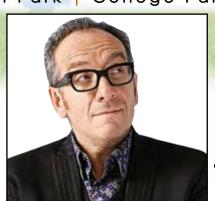
The Park Press

FEBRUARY 2016

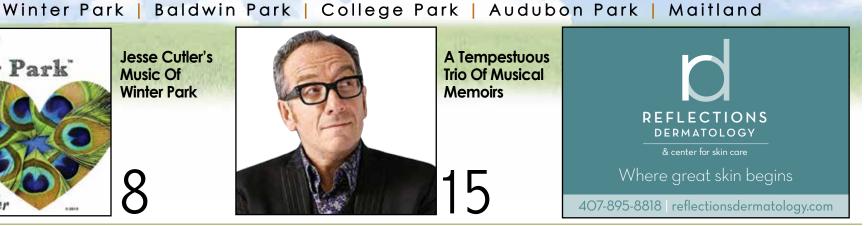
~ Positive news that matters ~

Music of Winter Park Heart Jesse Cutler

Jesse Cutler's Music Of **Winter Park**



A Tempestuous Trio Of Musical **Memoirs**



For updated news, events and more, visit www.TheParkPress.com

Rollins College Hosts Winter With The Writers

Rollins College will host 2015 National Book Awards finalists Ross Gay and Sy Montgomery on February 25 as part of the 2016 Winter With the Writers literary festival.

Gay and Montgomery are the first fruits of a budding partnership between Rollins and the National Book Foundation, presenter of the National Book Awards. As the Southeast's sole representative of the National Book Awards on Campus program, Rollins will host two National Book Awards finalists each year during Winter With the Writers.

Gay's Catalog of Unabashed Gratitude was a finalist for the 2015 National Book Award for poetry. Montgomery's *The Soul of an Octopus* was one of five finalists in the awards' nonfiction category.

"Ross Gay will bring enormous energy and a poetics that includes a willingness to both 'terrify and comfort' his readers, as John Berryman once said," says Carol Frost, the Theodore Bruce and Barbara Lawrence Alfond Professor of English and director of Winter With the Writers. "His poetry labors to show us ways away from ordinary cruelties and toward transcendent grace."

"In Sy Montgomery, students and the broader Rollins community can expect a naturalist's view of the world. The Soul of an Octopus recounts her experiences, some quite funny, with this astonishing sea creature and tells us about the connections we have with all the wild creatures of the natural world."

Gay and Montgomery join Antonio Skármeta, Phillip Deaver, and Chase Twichell in the 2016 Winter With the Writers season.



Antonio Skármeta - February 4

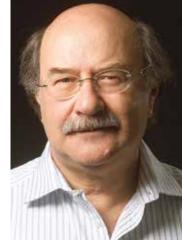
Chilean novelist, screen-writer, and diplomat Antonio Skármeta is the author of *Ardiente paciencia*, which was adapted for the screen twice, including the 1994 Academy Award-winning film, Il Postino (The Postman).

Wednesday, February 3, 2016:

6:15 p.m.: Screening of No (based on Skármeta's play, The Referendum) with author intro-duction

and post-screening Q&A - Enzian Theater

*Tickets are free and can be obtained English the department office on the first floor of Carnegie Hall at Rollins College. Contact Jessica Love the English department for more information.



Antonio Skármeta

Thursday, February 4, 2016:

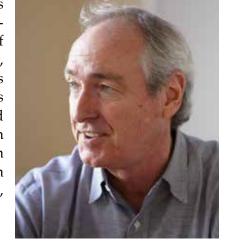
4:00 p.m.: Master Class - Bush Auditorium

7:30 p.m.: Reading, On-stage Interview, and Signing - Bush Auditorium

Philip F. Deaver - February 11

Deaver is a professor of English at Rollins and author of the soon-to-be-released Forty Martyrs,

which follows intertwining lives of a psychologist, his wife, his lover, his lover's husband, and his lover's own paramour the small town Tuscola, Illinois.



Philip F. Deaver

Thursday, February 11, 2016:

4 p.m.: Master Class - SunTrust Auditorium

*Guest writer Brian Turner will teach the class. Turner is the author of Here, Bullet (poetry) and My Life as a Foreign Country, "a war memoir of unusual literary beauty and power."

7:30 p.m.: Philip F. Deaver: Reading, On-Stage Interview, and Signing - Bush Auditorium

*Jill Jones, Ryan Rivas, Brian Turner, and Ryan Favata will read portions from Forty Martyrs and answer questions from the audience. Deaver will sign copies of the new novel.

Continued on page 8.

Dr. Yeilding

PEEL AWAY YOUR IMPERFECTIONS

Joins us for Champagne + "Healthy Bites"

Complimentary / Vitalize Peel February 25, 2016 Raffle Prize / 25 Units Botox 11 a.m. // 3 p.m.

\$100 non-refundable deposit applied towards exclusive skincare packages.

LASER

SURGERY

REJUVENATION

328 W. MORSE BLVD. WINTER PARK, FL 32789



YeildingMD.com

407.960.1000

DEBMIL NO 4282 MEST PALM BCH FL **NS POSTAGE** PRSRT STD

THOIDE THE	TARR TRESS
Editor's Message3	Health14
News4	Arts & Entertainment15
Business11	
Real Estate12	Schools17
In The Garden13	Calendar of Events19

INSIDE THE PARK PRESS

The Park Press

www.theparkpress.com

PUBLISHER RICK CABLE rick@theparkpress.com

EDITOR TRICIA CABLE tricia@theparkpress.com

ART DIRECTOR JILL SHARGAA

ADVERTISING SALES

advertising@theparkpress.com 407-644-6760

EDITORIAL CONTRIBUTIONS AND WRITERS

Janna McGowan, John Gill, George McGowan, Barbara Solomon, Scott Richardson, Stephen and Kristin Pategas, Ayesha G. Bullock, M.A., Scott Hillman

PHOTOGRAPHY Steve Graffham, Tricia Cable, Scott Richardson

The Park Press, LLC, Winter Park, Florida Office: 407-644-6760 E-mail: info@TheParkPress.com

VISIT US ON THE WEB www.TheParkPress.com

QUESTIONS OR COMMENTS?

We want to hear from you! Send your submissions to The Park Press via e-mail at editor@TheParkPress.com. All submissions to The Park Press become the property of this publication and will not be returned; they may be edited and published or otherwise used in any medium.

RECEIVE YOUR COPY OF The Park Press EACH MONTH BY MAIL

The Park Press is free at various retail locations each month throughout the community. If you're not currently receiving our publication by mail, but would like to, please email your name and address to subscriptions@ theparkpress.com. The 12 month subscription cost is \$15. For more information please call, or email our staff today. Please allow 4-6 weeks for your first mailed issue to arrive.

THE PARK PRESS IS PUBLISHED MONTHLY. ALL CONTENTS, LOGOS, AND ARTICLES ARE COPYRIGHTED MATERIALS AND ALL RIGHTS ARE RESERVED. ANY REPRODUCTION IN WHOLE OR IN PART WITHOUT PRIOR WRITTEN PERMISSION OF THE PARK PRESS IS STRICTLY PROHIBITED. THE PARK PRESS RESERVES THE RIGHT TO REFUSE ANY ADVERTISING MATERIAL FOR ANY REASON DEEMED INAPPROPRIATE BY THE PUBLISHER. ©2016 THE PARK PRESS, LLC

Publisher's Message



ing that you vote "yes" on March 15th to say you're in favor of moving forward with the City of Winter Park to build a new library and events center. A diverse, dedicated, intelligent, and passionate taskforce of residents have devoted

more than two years to working on this project.

They have, quite simply, created the best possible solution that will serve everyone at any age in our community, now and for generations to come.

If this message finds you thinking that you will not vote "yes," then I respectfully ask you to put a little more thought into this. Being myopic as it relates to this type of project would be normal. Some may say, "I don't use the library," or "The Internet is making libraries a thing of the past, we don't need a new library." I'll admit, without thinking about this in more depth, that would be my initial response. However, a fully functioning library (which we do not currently have) is more than just a place to check out books or research information. So much so, that more libraries are being built now than ever before. Why? Because they function to serve as a hub in the community. A place to meet, a place where educational programs can be held, a place where people can get help with professional and personal changes, and a place that can offer certification programs for changes in career paths. Our current library has served us well, but it is too costly to remodel, and remodeling will not create the additional space that is needed.

The task force looked at 15 possible locations, and our commissioners approved the recommendation to have the new library and events center located at MLK Park and the site of the current civic center. The civic center is outdated. Both new buildings would be LEED certified, and would complement the park while using only 0.87 % more land than what the current civic center uses.

Over the past 25 years, the City of Winter Park has passed four bond referendums, and each have proven to be a positive investment for our community. In my humble opinion this one should be number five.

If you are opposed to voting "yes" then I ask you to visit http://www.wppl.org/about-us/ building-new-library before you cast your valu-

As task force member Chip Weston said, "Every generation needs to honor and do something to make a positive difference for the future. This is our chance."

As always, thank you for reading *The Park Press* and I look forward to the great things to come.

Rick

Rick Cable Founder/Owner

OUR PUBLICATION IS MADE POSSIBLE IN OUR COMMUNITY BECAUSE OF THE SUPPORT OF OUR ADVERTISERS.

WE THANK THEM FOR SUPPORTING US AND ASK THAT YOU PLEASE KINDLY GIVE THEIR PRODUCTS OR SERVICES CONSIDERATION FOR YOUR BUSINESS.



Like us on **Facebook**

Food Sensitivity Testing (MRT/LEAP) • Gut Health Heart Health • Weight Loss • Healthy Eating • Meal Planning Corporate Wellness • Public Speaking & Much More!

How's that "Diet" working? Need help?

KIM LETT NUTRITION

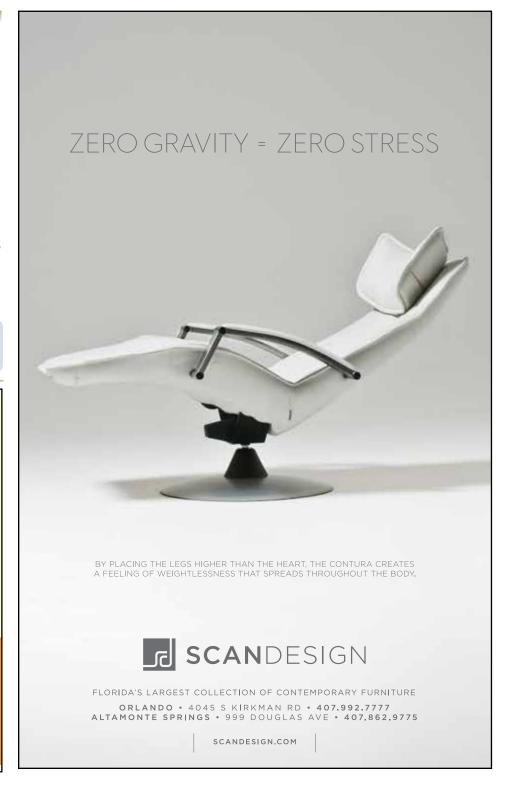
Expert Advice. Realistic Solutions.

321-430-5992 www.KIMLETTNUTRITION.COM

Call today!

Dietitian & Nutritionist Speaker & Consultant

> 8-Week Weight Loss & Healthy Eating Program Starts 2nd week in March Weekly classes with small groups Comprehensive education & support Just \$279 total for the program \$249 - save \$30 when you register by Feb 26!



Social Graces By Tricia Cable

Am I the only one who finds it incredibly ironic that with the onset of all of the social media options available to us, intended to improve communication, some sectors of the population are actually less communicative? We are all (in my opinion) a great deal less social. Case in point, just a few personal observations lately: a family of four at dinner - three out of the four on a device of some kind instead of talking with each other...sure they are in the same place, but they are merely sharing space and not actually present. A crowded city street and a twenty-something is so engrossed and head down in text mode that he runs head first into a light post...sure comical, but dangerous on many levels. Then there's my own personal favorite, teens all liking each other up on Instagram, Facebook, Twitter, commenting with the typical LOL, ILYSM or LMAO, however when they find themselves together and face to face at an actual social event, they can't even bring themselves to say hello. I don't know about you, but I am a bit worried about the long term effects that all of this antisocial behavior has on this generation and those who will follow. This behavior is addictive, are we all aware of it and how do we manage it?

Nothing, and I mean nothing, can take the place of one on one, face to face interaction. There is zero opportunity to misunderstand the intentions that someone has during an in-person conversation. If someone is happy to see you and talk with you, you will know by the tone of their voice and the expressions on their face. The same can be said if someone is sad or angry. And with that, comes the chance to work through any issues or to exercise compassion

towards a fellow human who may be going through a difficult time and would benefit personal interaction. The ability to communicate intelligently, honestly, directly is an

Being able to keep up with friends across the and have a conversation without distractions,

"Life moves pretty

fast, if you don't

stop and look

around once in a

while, you could

miss it."

Ferris Bueller

country and the world, in an instant, is a great benefit. Sharing stories, pictures, and life events with family and friends has never been easier. I enjoy hearing what everyone is up to and I benefit from a great deal of the uplifting and inspiring content that is shared while choosing not to waste my time on anything hateful or negative.

My hope is that we take

the good that comes with modern technology and own back yards. Let's make a pact not to fall victim discard the junk. Figuring out how all these new to the narrowing effects that can occur when they and improved methods of connecting translates to are used to replace traditional socialization.

incredibly useful skill and one that sadly, may be real life. It may be clichéd, but quantity is not quality. endangered. Conversation is a dance, an art, and True relationships still require the investment of needs to be taught and practiced on a consistent basis. time. There is no better way of expressing yourself I am a fan of the positive side of social media. or getting to really know a person, than to sit down

> focusing on hearing what is being said, and reassuring someone with words and expressions that they are being heard and you get them. I know that I am not alone here. These social applications are supposed to be tools that help us share information, knowledge, and experiences. They are intended to enhance our lives while helping each of us branch out to explore the world outside our



JOIN WITH C&P AS WE SUPPORT THESE IMPORTANT CAUSES IN OUR COMMUNITY:

TOUR DE CURE AT LAKE NONA

A Bicycle Ride to Raise Money for the American Diabetes Association

SUNDAY, MARCH 13, 2016

Lake Nona Town Center 6941 Lake Nona Blvd Orlando, FL 32827

BALDWIN PARK HUNGER PROJECT

A Packing Event to Create Healthy Meals for Kids

DATE TBD

Cuhaci & Peterson's Baldwin Park HQ 1925 Prospect Avenue Orlando, FL 32814

FOR MORE INFO PLEASE CONTACT >> LESLIE LAVERY << LESLIEL@C-P.COM

City Commissioner's Message

Commissioner Robert F. Stuart, City of Orlando District 3



born and raised in Orlando long time... it's cold! But even though we might be shivering iust a bit, our weather is still and gives us another great reason to get and enjoy all of the wonderful things happening

around our Great City... some that could seriously impress for Valentine's Day and some just for fun.

If you are looking for a unique way to spend Vala way to impress your spouse), check out Leu Garden's special February 14th concert featuring music Mud Rooster Blues.

We are excited that our Orlando Main Street missioner—it is truly worth the drive. Districts have come together under one great website, orlandomainstreets.com, where you can learn about all of the wonderful neighborhood districts that provide local options for dining, shopping, en-Peruse the dining options to find a great local place to 1 p.m. to take your special someone for Valentine's Day.

Mennello Museum's second annual Indie FolkFest on Saturday, February 13th along the beautiful shores

For many of us who were of Lake Formosa in the museum's sculpture garden. Taking a little detour from the former folk festival, they or who have lived here for a turned the new event into a Valentine's Day-themed family picnic where you can make homemade Valentine's Day cards, enjoy live music, and purchase food from local vendors such as East End Market. Visit better than most of the country mennellomuseum.com for more information.

16th annual Orlando Wetlands Festival from 9 a.m. to 3 p.m. at the Orlando Wetlands Park (cityoforlando.net/wetlands) which, ironically, isn't located in Orlando, but in Christmas, Florida. This 1,220 acre man-made system can safely and naturally treat 35 entine's Day (and for my fellow husbands out there, million gallons a day of reclaimed wastewater, effectively allowing the City to treat its wastewater, while also creating an eco-system that has become by Selwyn Birchwood, The Dave Capp Project, and home to different types of plants and wildlife. I haven't missed this event in all my years as com-

If you are doing any winter cleaning, let us help you safely recycle your belongings. Join the City at their Best Electronic Waste and Textile Recycling Event Ever taking place at Orlando Festival Park tertainment, and just places to build community. (2911 E Robinson St) on February 27th from 9 a.m.

For our music lovers, join us downtown on Feb-Also happening Valentine's Day weekend is the ruary 27th for the City's annual Blues BQ featuring live music throughout the day, leading up to the headlining act, WAR, which is responsible for songs

such as "Why Can't We Be Friends?" and "Low Rider." For more information about this free concert, check out our website, cityoforlando.net.

While you are on the site, please take a moment to fill out a quick survey letting us know what you like about the revamped site and what is still hard to navigate. For taking the survey, you will be en-Then on February 20th, the City is hosting the tered to win a gift card or tickets to the Orlando Sci-

> As you enjoy Orlando this month, please also take a moment to review some safety tips too. We are still having issues with unlocked cars being broken into, especially in neighborhoods such as Baldwin Park. While I certainly understand that no one deserves to be a victim or have their property violated, doing a few simple things- such as locking your car, removing all visible valuable items, and securing your home, including closing your garage door when you are inside your home- can make such a marked difference in property crimes. Unfortunately, our Orlando Police Department has learned from criminals that they see some of these neighborhoods, where there are numerous unlocked cars parked on the street in close proximity, as easy pickings and draw the bad guys back time and again.

I look forward to seeing you out and about our Great City this month and thanks for taking a few extra precautionary measures so that we all can enjoy a safer community together!

Robert F. Stuart, Commissioner, District 3, City of Orlando • 400 S. Orange Avenue, Orlando, Florida, 32801 • 407-246-1003 • Robert.Stuart@CityOfOrlando.net



Winter Park Mayor's Message



The state of Winter Park is as strong as the Live Oaks that line our streets. We finished 2015 with slightly over 27 percent of our General Fund in reserve total budget of \$156 million. For the seventh straight year

rate, the third lowest in the county. include improvements to Mead Gardens, Ward Park, Showalter Field, Kraft Azalea Gardens, and Cady Way Pool; as well as four more miles of electric more rapidly than ever before. undergrounding, the start of the smoothing of our railroad crossings, and quiet zones for each crossing.

Winter Park is as strong as the Live Oak but also as beautiful as was highlighted during our holiday and fitness. Appointed task forces have provided Winter Park. I appreciate your trust and support. season. Our roots are also strong as families and the city with forwardbusinesses that have been a part of our community looking plans for both for generations provide a solid foundation as new the Library/Civic Center ones of each, seek us out.

But a word of caution. As we care for the mighty Park Country Club. oak, we must tend to our community to prepare for the And we have taken future. Ignorance may be bliss, but it is not a winning on strategy for long-term success. The hurricanes of 2004 exposed the concealed weakness in our canopy. A city's first ever, urban tall, green tree does not necessarily mean a healthy forestry tree. The City Commission must set policy that delivers to future generations not the same city that we inherited, but rather deliver a canvas true to our history that allows for generational customization.

Our region is changing rapidly, and we must prepare. Modest growth projections have Orange County's population doubling by 2030. We must continue to serve the needs of our current residents, businesses, and guests. However, familiar names healthy and relevant such as Chase, Chapman, Mizell, Rollins, Holt and Morse, remind us that Winter Park must be the future. desirable location for potential residents, businesses,

STATE OF THE CITY

and have approved the 2016 and guests, as each of these families came from has been and our present is, we must continue to

We must maintain an environment to entice the we did not increase the millage best and brightest to make our home, their home or chosen leisure place. If we do not, we do ourselves Some projects undertaken or completed this year and future generations a tremendous disservice. We must maintain our vitality and relevance in a global environment whose market dynamics are evolving

> The Winter Park Health Foundation is moving forward with "Project Wellness," the first of its kind facility in the U.S. integrating health, wellness,

project and the Winter long held false doctrine to deliver the management plan to truly protect our tree canopy for the future. These programs and projects offer the opportunity to further develop our body, mind, and spirit and ensure Winter Park is a holistic, community into the

As great as our past

build on what we have inherited to maintain our relevance in a rapidly changing and ever advancing

Do you say that our best days are behind us or do you recognize the opportunities that lay before us to provide future generations what we have been blessed with: a beautiful, vibrant, stable, forwardlooking, and most importantly, relevant community?

We must not get stuck in the past, but look upon it as instructive for the future.

It is my privilege to serve as the 54th mayor of







NEW YEAR BRINGS NEW CONSTRUCTION PROJECTS TO DOWNTOWN MAITLAND

The New Year will bring a number of construction projects in the Downtown Maitland area, specifically Horatio Avenue between Maitland Avenue, U.S. 17-92, and Independence Lane. The construction projects will impact traffic in the downtown Maitland area, especially on Horatio Avenue.

The public and private projects expected to be underway over the next few years include downtown utilities upgrades, electric undergrounding, Independence Lane extension, Independence Lane Festival Street, and construction of Maitland City Centre. For more information about these projects, please visit www.itsmymaitland.com.

Affected Downtown Maitland Areas:

HORATIO AVENUE, BETWEEN U.S. 17-92 AND **MAITLAND AVENUE:**

- The five projects list above will impact this nearly 600-feet stretch of
- It is advisable for motorists to avoid Independence Lane and Horatio Avenue between Maitland Avenue and U.S. 17-92 during these construction projects.
- Use alternate routes. Review the interactive Google Map at http://bit.ly/DowntownMaitlandMap. Narrative follows below.

INDEPENDENCE LANE:

- Intermittent closures
- Lane reductions
- Elimination of on-street parking
- Large construction vehicles entering and exiting various project sites
- Motorists are encouraged to take alternate routes to points east and

See link to interactive Google Map and narrative below.

Alternate Routes:

HEADING WEST:

Follow the red arrows placed on the Google Map. For those who normally use Horatio Avenue to Maitland Avenue and points west, the alternate routes would include:

- Turn right onto Sybelia Parkway from Horatio Avenue. Take Sybelia Parkway to 17-92.
- To access Maitland Boulevard turn right onto 17-92 and access the Maitland Boulevard on-ramp just past Mayo Avenue.
- To access locations on Maitland Avenue or Sandspur Road, continue straight across 17-92 onto Sybelia Avenue.

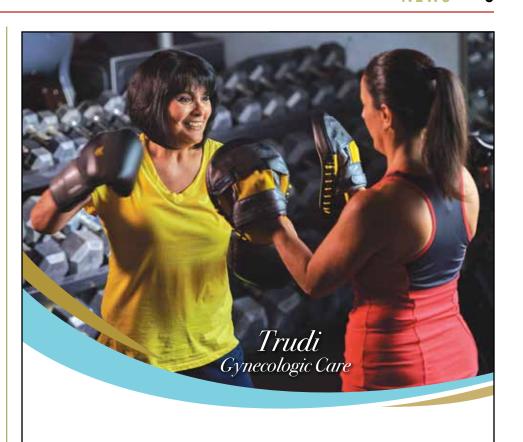
HEADING EAST:

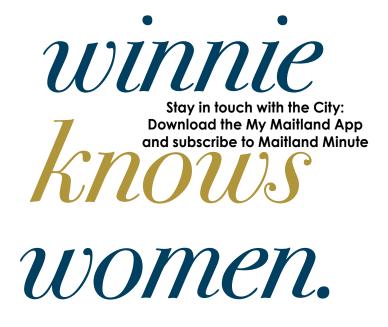
Follow the green arrows placed on the Google Map. For those who normally use Maitland Avenue to Horatio and points east, the alternate routes would include:

- From Maitland Boulevard, continue past Maitland Avenue, bearing right onto the Maitland Boulevard Off Ramp. There are two right hand turn lanes at 17-92. Proceed south on 17-92 to the Horatio Avenue intersection, entering one of the two left hand turn lanes onto eastbound
- From Maitland Avenue north of Maitland Boulevard, take a left onto Maitland Boulevard and turn right onto the Maitland Boulevard Off Ramp. There are two right hand turn lanes at 17-92. Proceed south on 17-92 to the Horatio Avenue intersection, entering one of the two left hand turn lanes onto eastbound Horatio.
- From Sandspur Road, take a right onto Maitland Avenue heading south and take the first left onto Sybelia Avenue. At 17-92 take a right and enter one of the two left hand turn lanes onto eastbound Horatio.

For more information about the LYNX bus stop relocation and sidewalk closures, visit http://bit.ly/MaitlandDowntownTrafficAdvisory.

Traffic advisory updates will be posted on the City's website and social media pages: www.itsmymaitland.com, www.facebook.com/itsmymaitland and www.twitter.com/itsmymaitland.





We know that every woman is different, and so are their health needs. From regular checkups to the most complex problems, we're here with top gynecologic specialists and a team of experts who really care about you. That's why women at every stage of life trust us for their gynecologic care.



WINNIE PALMER HOSPITAL

For Women & Babies Supported by Arnold Palmer Medical Center Foundation

Call 321.843.7626 or visit WinnieKnowsWomen.com

County Commissioner's Message Commissioner Ted B. Edwards, Orange County, District 5



of County Combeen to have Orange County

many communities. I have been especially proud of Orange County's

and Christmas. 67 percent from \$34,530 to \$50,837.

One of the reation programs and services an- was razed by Orange County and low income families. Homeowners highlights of nually. Some examples of facilities my tenure on and services Orange County funds Orange in the community include Bithlo County Board Park, the Bithlo Neighborhood Cen- Bithlo to become proud homeown- prove Habitat Greater Orlando's ter for Families, and Head Start.

However, many challenges still remain. Bithlo faces a lack of affordable housing for its residents. Many long and impressive track record their neighborhoods are compatible government take an active interest in the community live in manu- of successes in Orange County in- for the communities they serve. We in the growth and development of factured homes and mobile homes which do not provide adequate Staghorn Villas neighborhoods. protection from Central Florida's Their Butler's Preserve community efforts in Bithlo, a rural settlement inclement weather. For two years, in East Orange County, situated be- I have worked on a partnership construction and, once complete, tween the Econlockhatchee River between Orange County Govern- will feature 51 single family homes ment and Habitat for Humanity of and four duplexes, all of which will Bithlo's population has increased Greater Orlando to provide more afin 2014. Over the same time period, Orlando are developing a 5.5 acre nine single-family detached homes. million in health, wellness, and reclapidated mobile home park that vided 58 townhomes for low to very email and district5@ocfl.net.

cluding the Butler's Preserve and look forward to Habitat Greater Orin Malibu Groves is currently under be energy efficient. These homes will

acquired through the foreclosure of in both communities received zero code enforcement liens. This part- percent interest rates over the life nership will allow nine families in of their loans. These developments ers through sweat equity, volunteer prowess at creating attractive houshours, and home ownership classes. ing options for low income fami-Habitat Greater Orlando has a lies while simultaneously ensuring lando's knowledge and expertise to implement housing tailored to the Bithlo community.

The Park Press | FEBRUARY 2016

I look forward to continuing the partnership between Orange County and Habitat for Humanity of Greater Orlando to provide affordable housby over 50 percent, from 4,626 in fordable housing to Bithlo. Together, be made available for families making to residents of Bithlo. Should 2000 to an estimated 8,486 residents Orange County and Habitat Greater ing 30 to 75 percent of Metro Orlan- you have any questions about this do's median income. Habitat Greater partnership or any other county ismedian household incomes grew by county-owned parcel into a site with Orlando recently completed another sue, please do not hesitate to contact project, Staghorn Villas, on Silver me or my aide, Edgar Robinson. We The county now spends over \$1.5 This community will replace a di- Star Road. This neighborhood pro- can be reached at 407-836-7350 or by



Protection And Service

The Winter Park Police Department

The Winter Park Police Department strives to ensure public safety, enforce the law with integrity, and provide extraordinary services to our community. We continue to seek ways to deter, prevent, and solve crime. At times, you may have wondered how you can do your part to help officers solve burglaries or other crimes that have taken place throughout the city. Now there is a way! The Winter Park Police Department's Eye Watch Program gives you the opportunity to register your surveillance camera systems to assist the Winter Park Police Department in solving the criminal activity that occurs within the Department's jurisdiction. The use of residential and commercial surveillance camera footage has increased drastically in the past few decades. Updated technologies have become an extraordinary asset to law enforcement agencies across the nation by expediting investigations, enhancing effectiveness, and by helping officers to provide the quality of services the community deserves. Furthermore, surveillance camera systems help detectives develop leads and aid in identifying criminal suspects. Collaborative relationships are critical in order to harden target areas, deter crime, and build a safer community. Once you voluntarily register your surveillance cameras, our detectives will be able to contact you in a timely manner, which will greatly assist us in identifying the criminals in your community. Help us solve crimes more rapidly and allow us to better serve the community and meet your needs by registering your surveillance camera systems today. To get started, please visit WWW.WPPD.ORG, under "Crime Prevention Programs." Let's work together to ensure Winter Park continues to be one of the safest cities within the Central Florida community.



Historic Winter Park Kummer-Kilbourne **House Celebrates 100th Birthday**

Nestled in the heart of downtown Winter Park, the historic Kummer-Kilbourne House will celebrate its 100th birthday with a free and public open house on Saturday, February 20 from 10 a.m. to 2 p.m. Win-

ter Park Mayor Steve Leary will issue a proclamation at 11 a.m.

Visitors will be able to tour the property, which was purchased in 2012 by real estate investor and developer Allan Keen and his wife, Linda. The Keens meticulously restored it - retaining 90 percent of the existing Craftsman-style bungalow and all of the walls. The



The Kummer-Kilbourne House, which was built in 1916 by lumberyard owner Gotthilf Oscar Kummer, had remained in the family for generations. Today, it is home to The Keewin Real Property Company.

In 2004, the house was listed in the Winter Park Register of Historic Places. It also was placed on the National Register of Historic Places by the United States Department of the Interior.





February Is Heart Month: Why Not Run 4 Love?

Can't decide how to celebrate Valentine's Day? Want to top last year's dinner, flowers, and a movie? Create an exhilarating experience for you and presented by Florida Hospital on February 13 at Showalter Field in Winter Park.

Local runners and walkers might remember the Run Around the Pines 5k held around Valentine's

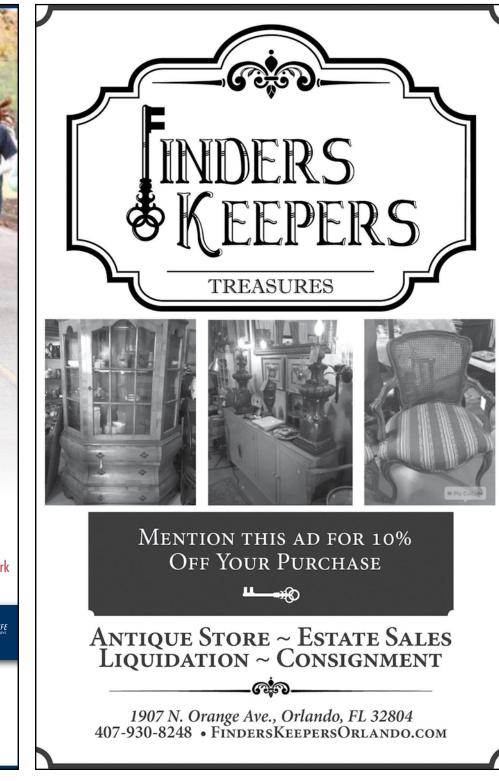
Day every year. Starting in 2016, the race has transformed into the Run 4 Love 4 Mile, a Valentine's love, parent or sibling and participate in the Sole Day themed event that welcomes walkers, runners, Mate Challenge. Combined times will be pubfamily, friends, and lovers to experience the eupholished in the men's, women's or coed team results! ria of being healthy.

Starting at Showalter, the four-mile course is fast and flat around the Winter Park Pines neighboryour love by running or walking the Run 4 Love hood under a beautiful tree canopy. Runners still get that "track star" feeling when finishing on the Showalter Field track. A free kids' run, costume contest and health screenings from Florida Hospital youth health and fitness. Information is available round out the heart healthy activities.

Two is better than one! Team up with your friend,

February is Heart Month month when national attention is focused on efforts to prevent heart attacks and strokes. What better way to say I love you than with a four mile run or walk through Winter Park? Proceeds benefit the Track Shack Foundation, a 501© (3) organization promotes at TrackShack.com.

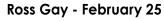




Creative Writing at Rollins for the 2015-2016 academic year.

Thursday, February 18, 2016: 4 p.m.: Master Class -SunTrust Auditorium 7:30 p.m.: Reading, On-Stage Interview, and Signing - Bush Auditorium





Gay is the author of three poetry collections, including Against Which, Bringing the Shovel Down, and Catalo of Unabashed Gratitude, which was a finalist for the 2015 National Book Award for poetry.

Thursday, February 25, 2016: 4 p.m.: Master Class - SunTrust Auditorium 7:30 p.m.: Reading, On-Stage Interview, and Signing - Tiedtke Concert Hall



Sy Montgomery - February 25

Montgomery is the author of 20 books of nonfiction for adults and children, including the New York Times best seller The Good Good Pig. Her latest work, The Soul of an Octopus, was a finalist for the 2015 National Book Award for nonfiction.

Thursday, February 25, 2016: 2 p.m.: Master Class - SunTrust Auditorium 7:30 p.m.: Reading, On-Stage Interview, and Signing - Tiedtke Concert Hall



For more information, visit www.rollins.edu.

Jesse Cutler's Music Of Winter Park

Since the incorporation of the City of Winter Park in 1882, no one but Grammy-winning musiunique magical community. Who is Jesse Cutler?

the age of 11, Jesse begged his father for a guitar girls with his guitar. The rest is history.

By 1964 at the age of 13, Jesse assembled his first and produced 12 band and was signed to an exclusive recording contract with Mercury Records. The trio became the darlings of the New York City Jet-Set and per- entitled "MUSIC formed for the likes of Sammy Davis, Jr., The Rolling Stones, Joan Collins, Anthony Newley, Andy The Astral Con-Warhol, and Leonard Bernstein as well as inter- nection" (www. views on Television, Radio and Print.

After graduating from The Highland Preparatory and attending Hofstra University, Jesse was recruited by Academy Award Winning composer Stephen Schwartz, of Godspell, Pippin, and Wicked fame to play his guitar, sing and co-arrange the ence and wrote score for his first Broadway musical hit Godspell.

The Godspell Original Cast album quickly went Gold and Platinum and garnered a Grammy Award as "Best Original Off-Broadway Musical." Jesse performed in over 800 consecutive shows and was subsequently signed as a singer/song- published by Morgan James-New York. writer to Brut Records, a division of Faberge, Inc., and produced records for Arista, United Artists, Venture and eventually formed his own record la- area. Here he continues to create and market special bel Gourmet Records.

Cutler went on to successfully create, produce, and publish. He founded and published both "Medcian Jesse Cutler has ever produced a score of 10 ical Digest" and "Restaurant Tour" magazines, was musical compositions as a heart-felt tribute to this creator and producer of a television show entitled "THE SINGLES' TV CONNECTION" starring ac-Jesse Cutler, nee Louis Milo Gibaldi, was born tress Jenni-Lee Harrison of "Three's Company" and in Brooklyn, New York of pure Sicilian decent. By comedian Kelly Monteith; launched the first music aerobics package pre-Richard Simmons & Jane Fonafter returning from a cultural trip to Europe and da, called "Disco Diet-Dance Yourself Slim" seen watching his cousin Paulo mesmerize the young nationally in People, TV Guide and Slimmer maga-

zines; composed CDs, one for each sign of the zodiac, of THE STARS-MusicoftheStars. com); and in late 2008 he finally sat down to share his show biz experihis autobiogra-

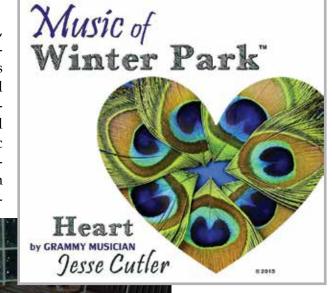
phy "StarLust: The Price of Fame" (www.starlustbook.com) with a foreword by David Letterman's

By 1998 Jesse left the New York - Los Angeles "fast- lane" and chose to settle in the Winter Park projects which led him to the realization that a city as ler1@gmail.com / 310-912-5464

charming and beautiful as Winter Park should have its own music scored and dedicated as a melodious tribute keepsake for both visitors and residents.

> The CD entitled "Music of Winter

Park/Heart" is now complete with ten melodies and syncopated rhythms. A portion of each bandleader Paul Shaffer, a prologue by Brad Pitt, CD's sale will be donated to the Second Harvest and two Academy Award winners' endorsements, Food Bank. "Music of Winter Park" is now available locally at Bebe's on Park, Lightenup, Miller's Hardware, and B-Cupcakes, as well as online at CD Baby, Spotify, iTunes, Rhapsody, and Amazon. Contact for Jesse Cutler Productions: jessecut-





We Deliver Catering Available Serving Breakfast & Lunch Mon - Friday 7 am - 2:30 pm

2056 Aloma Ave, Suite 100, Winter Park, FL 32792 **Directly Across the Street From Whole Foods** For Free Assessment - Call 407-629-0413

Winter Park Recovery Center

Ready For Your New Year's Resolution?

Sinclair Method of Alcohol Extinction

A program that is clinically proven to give

the highest chance for success

Privacy and Confidentiality

Highly Credentialed Therapists—Convenient Appointments

Smoking Cessation

Cigarettes-Cigars-Marijuana-Vapors

A Good Read "Understanding The Consequences of Marijuana" www.winterparkrecoverycenter.com/smoking-cessation/

Sat 7 am - 3 pm • Sunday 8 am 3 pm 407.628.0068 • 240 N. Pennsylvania Ave., Winter Park, Fl

Robotics Teams Honored

The Park Press | FEBRUARY 2016

Seminole Science Charter School (SSCS) recently took home trophies from Florida FIRST LEGO League (Florida FLL) and Florida FIRST LEGO League Ir.(Florida FLL Ir.) robotics tournaments. Two of SSCS's robotics teams - Microbots and Trash TournaMentors - took home top honors in FLL's Pink Panther Rumble V pre-qualifying tournament at Kennedy Middle School in Rockledge.

Among the 16 teams competing at the tournament, two SSCS teams received first place in Robot Design and Core Values. The Microbots team- including fourth and fifth-grade students Jackson D'Nelly, Riya Joshi, Liliana Leider, Rithvik Marpu, Sabina Visovatti, Karthik Nagaraju, Aaditya Nair, Amber Ni, Brady Schwartzberg and Anouska Seal-received first place in Robot Design. The Trash TournaMentors- consisting of fourth and fifth-grade team members Lokaghna Boreddi, Shivani Iyanar, Rishabh Mehta, Clifford Pfaff, Miles Renix and Luciana Sosa-received the top prize for Core Values.

Orlando Science Elementary School (OSES), sister school to SSCS, recently competed in Florida FLL Jr.'s Winter Invitational. The kindergarten through second grade and third grade teams who competed that day took home the "Out of the Box" award, "Team Spirit" award and two "STEM-tastic" awards for using multiple STEM components in their design.

"We are proud of all the students who take part in our robotics programs and compete statewide," said Dr. Yalcin Akin, executive director of Seminole Science Charter School and Orlando Science Schools. "Many of our students are competing in robotics for the first time and this success speaks to the dedication our staff and students have for applying STEM concepts."

The winning teams will compete at the Florida FLL and Florida FLL Jr. qualifying tournaments in January to determine eligible teams for the regional tournament.





Photos by Adriana M. Groisman, from the website FIRSTInspires.org

NEWS

Massey Cadillac Gives \$31,750 To Kids Beating Cancer

Bill Hull, dealer partner of Massey Cadillac, presented a \$31,750 check to Margaret Guedes, CEO, president, and founder of Kids Beating Cancer; and Dr. David Shook, medical director at the Kids Beating Cancer Pediatric Transplant Center located at Florida Hospital for Children.

Funds were raised from the Massey Cadillac's December 2015 Season's Best "Give To Children" campaign. Massey Cadillac donated \$250 for every new Cadillac sold during the month of December at their two dealerships located at 8819 S. Orange Blossom Trail and 4241 N. John Young Parkway.

"We believe in giving back to our community and I am so proud of my sales team," said Hull. "Kids Beating Cancer is a wonderful charity that provides financial support to children battling cancer and other life-threatening illnesses."

"We are so grateful to Bill and his Massey Cadillac team for their generous donation," said Guedes. "They have been a long-term supporter of our charity and the money will help support our children in need of medical care."



Left to right: Dr. David Shook, Margaret Guedes, an Bill Hull.





Specialty Compounding Pharmacy · Bioidentical Hormone Replacement for Men and Women

· Custom Pet Medications

Retail Pharmacy

• BEST Prices on Regular Prescriptions · Most Insurance Accepted

• Free Local Delivery Healthy Living

Compounding Pharmacy

& Wellness Center

Pharmaceutical Grade Vitamins & Supplements

· Specialty Lab Testing

· Natural and Organic Wellness Products

HOURS:

407.740.6292 M-F 9a-6p • SAT 9a-12p www.mayascript.com 1141 Orange Ave. Winter Park, FL 32789 f 💅 in

WINTER PARK | 407.622.4840 1035 NORTH ORLANDO AVENUE, SUITE 105 | WINTER PARK, FL 32789 ZONAFRESCA.COM 6 ZONA FRESCA WINTER PARK @ZONAFRESCAOTOWN

BUSINESS

Preparing For An Active El Niño Season

10

Warmer waters over the eastern Pacific Ocean near the equator, and the resulting influence on the atmosphere, indicate a strong- and perhaps historic- El Niño this winter and upcoming spring, according to the Orange County Office of Emergency Management.

What does this mean for Central Floridians? From a meteorological perspective, a direct relationship exists between the presence of a strong El Niño and increased winter storms in Florida, mainly due to a southward shift in the position of the jet stream over North America. This increased storminess brings greater potential for severe weather with significant impacts.

Past strong El Niño events have been highly correlated with well above normal seasonal storminess across the entire Florida Peninsula between message from Emergency Man-November and April. In fact, the two deadliest tornado outbreaks in state history occurred during El Niño conditions and resulted in the loss of 63 lives collectively. On February 22-23, 1998, there were 42 does exists for your location and fatalities in Osceola, Orange and Seminole counties as a result of the F2 and F3 tornadoes that hit Cenor boat, make plans to stay with tral Florida between 11 p.m. and 2:30 a.m. On February 2, 2007, there were 21 fatalities in Lake and the severe weather arrives. If Volusia counties during what is referred to as the you can't leave, identify the clos-Ground Hog Day tornado outbreak.

"We must be prepared for the enhanced risk of severe weather and increased chances for strong- there immediately if a warning is to-violent tornadoes and tornado outbreaks from issued for your location. now through the end of March," cautioned Keith discuss what should be included in their weather of the location. broadcasts. The goal is to provide the community with accurate information and ample warning if from those who have and when severe weather strikes."

In order to be prepared for severe weather, the clude: "putting on your Orange County Office of Emergency Management - which handles all hazard preparation and makes (charged) cell phone in sure that the community and first responder teams are ready — recommends the following:

- Monitor local television and radio for severe weather situations. Such evolving threats are typically identified a few days in advance, with more specific information about the most likely time(s) and to one another." These location(s) of impact provided one day in advance.
- Have the ability to receive timely weather warnings. This can save lives, especially with dangerous, nighttime tornadoes.
- Have a dependable alerting feature or de- able to absolutely and vice. Ensure that you have a NOAA Weather precisely predict the Radio (programmed, with fresh batteries) and/ or the Wireless Emergency Alert feature on your



"We must be prepared for

the enhanced risk of severe

weather and increased

chances for strong-to-

violent tornadoes and

tornado outbreaks from

now through the end of

March," cautioned Keith

Kotch, assistant manager

at Orange County Office of

Emergency Management.

agement or Media, or another reliable app).

• If a threat for deadly tornayou live in a mobile home, RV, family or friends. Leave before est sturdy shelter such as a clubhouse or laundry room and go

 Identify your shelter location Kotch, assistant manager at Orange County Office and "safe place" in advance of a threat (i.e. small in-locations, water and ice distribution centers, evacuaof Emergency Management. "We've already visterior room on the lowest floor of your home or busiited with meteorologists from local TV stations to ness, far from windows); ensure everyone is aware more. Visit www.ocfl.net for more information.

> Words of advice survived tornadoes inshoes, placing your your pocket, making good use of any kind of helmet and/or pillow to protect your head, and holding tightly on actions must be done quickly and prior to the

> arrival of the tornado. "We may not be weather, however, watching or listening to

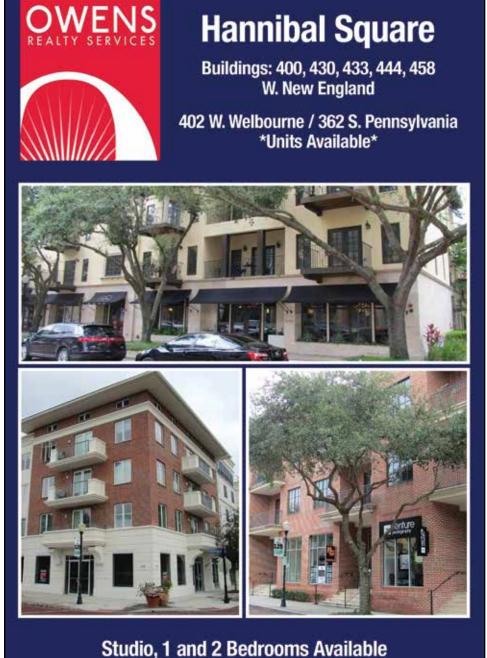


ing arrangements in advance to be in a safe place if severe weather approaches is paramount." said Kotch. "We know that El Niño conditions are present, so we must do our best to prepare and reduce the risk of injury and property damage."

Make sure to download OCFL Alert, which is a first-of-its-kind emergency notification and information smartphone app that provides critical information during times of emergency. Life-saving information includes open shelter

tion routes, public service announcements and much

The Park Press | FEBRUARY 2016



Anne Roche (407) 808-0798

Amillians-roche@owens-services.com

fiscal fitness by John Gill



The Case For Life Insurance

For those of you who have read this column for any length of time, you know that one of my recurring discussions is life insurance.

This is one of those columns. I bring this up periodically because it is one of the cornerstones of fiscal fitness. It's also really important. People will often say in jest, "Well, I won't be around anyway." Not humorous!

From my perspective it is a key component to savvy financial and personal planning, and an indication that you care enough about your family and loved ones to maintain their standard of living if death comes unexpectedly. Philosophically I think that is an interesting comment because death is rarely expected. We all have some time in our minds of when death is likely to occur, but at the end of the day, no one knows. As for all contingencies in life, we must plan, and life insurance is one of the most cost effective contingency planning tools available.

The best rationale for life insurance is the peace of mind in knowing that the family will be able to function financially. Life insurance helps to remove one potential burden and insure that plans laid out for the family are able to be executed.

One common objection is the assumed compexity of purchasing life insurance. The different types of insurance available make the purchase seem complex. There is term life, whole life, universal life, variable universal life and the list goes on. Term life insurance is the best policy for most because it provides protection without the investment component provided by the other policy types.

Finding a reputable agent is another point of resistance. To find an agent, seek recommendations from trusted friends or relatives. I can provide several recomendations and will be happy to do so. Services like Select Quote or IntelliQuote provide quotes from several, financially strong companies with options that fit any situation. Talk with the insurance agent who provides your auto or homeowners insurance. There are many reputable contacts that can give direction to make life insurance a reality in your life.

Determining the proper amount of life insurance to purchase is another perceived roadblock. An agent from a reputable company with any tenure will take good care of you because so much of their business is built on referrals. The amount of insurance purchased should equate with the amount of money necessary to maintain the family's standard of living. A loose equation for life insurance should look something like this; the amount of short-term obligations/debt (car loans, credit cards, etc.), plus long-term obligations like your mortgage, college expenses, etc., plus the income to be replaced for a certain period of time, minus savings, investments, and other liquid assets. Below is a simple example.

How Much Life Insurance To Buy

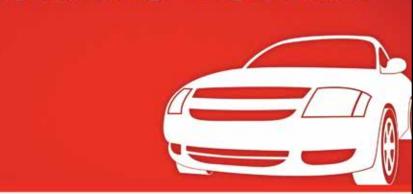
TOTAL ESTIMATE LIFE INSURANCE NEEDED\$500,000
Less Saving and Investments\$100,000
and surviving spouse returns to work)
(Five years child goes to college
Income Replacement (5 years)\$300,000
Mortgage Balance\$250,000
College Expenses\$30,000
Credit Card Debt\$10,000
Car Loans\$10,000

Nobody likes talking about life insurance, but it is a major component of sound financial planning. Life insurance will protect the remaining family members when one of life's guranteed events, the other being taxes, occurs unexpectedly.

How to Buy Life Insurance Resources on the Web http://www.smartmoney.com/plan/insurance/ how-to-buy-a-life-insurance-policy-1304837548050/ http://money.cnn.com/pf/money-essentials-lifeinsurance-policy/index.html

If you have questions, comments, or an area of financial interest you would like to see discussed in The Park Press, please call John at 407-353-0594 or send email to FiscalFitness@ymail.com.

Great rates on Vehicle Loans.



Let State Farm Bank® put you in the driver's seat for less money.

From cars to trucks; motorcycles to RVs, let State Farm Bank® finance or refinance all the things that move you. Bank with a good neighbor®. CALL AN AGENT FOR MORE INFORMATION OR VISIT US ONLINE TODAY.



922 Lake Baldwin Lane, Suite A Orlando, FL 32814 Bus: 407-277-2997 Fax: 407-277-3682 www.johnpsomas.com



James E Ackerman 922 Lake Baldwin Lane, Suite A Orlando, FL 32814 Bus: 407-277-2994 Fax: 407-277-3682 www.jimackerman.net



State Farm Bank, F.S.B., Bioomington,

family business perspective

by David Weaver

Pursuit Of Perfection: The Game That Can't Be Won

Some people are obsessed with perfection. Recently, a board of directors asked that we conduct a 360 Evaluation of the CEO of their organization. When asked if there were any specific performance concerns, the response was "Not really, we think that Mary Beth is an exceptional leader, organizes well, thinks strategically, and has the full confidence and support of the board. We just have some concerns that we're not doing all we can to help her develop, and a 360 will help us identify areas that are deficient."

"Like what?" I asked. The chairman of the board replied with "Well, she doesn't have the level of 'presence' we'd like to see, especially around major clients and other board members. We don't think it's really costing us anything at this point; but we owe it to her to help her grow and mature in the role. We want her to be a total person."

So, we conducted a 360 Evaluation. We had 18 people involved in the evaluation, including the CEO. When finished, the aggregate scores on the competencies measured, including executive presence, which came in with a score of 4.8 on a scale of 5.0. That's up there. The variation between how the evaluators ranked her and how she ranked herself never had been more than a 25 basis point variance, which is also rare.

The board, while pleased, still wanted to press the issue on executive presence. In short, they were concerned that as good as their CEO is, she just isn't perfect. "What else can we do to help her become perfect? We owe it to her to improve her future opportunities."

Having coached the CEO for a few years, I replied "Well, you can leave her alone. She's given you three successive years of increasing profits - the best you've ever had. She's developing a strong bench. And, the organization is probably going to be named one of the top 100 companies in your industry. It seems to me you're picking pepper grains out of the mashed potatoes. Let's keep coaching her on how to keep leveraging the skills she has; and let's coach the board members who are concerned that she's a little too formal and stiff on how to recognize greatness when it's in their midst."

real estate in the parks by Scott Hillman

Existing Home Market Should Experience Steady Growth In 2016

At the conclusion of each gone so far as to calendar year, we take a comprehensive look at what's taken place over the past 12 months in remain at historithe local existing home market cally low levels

(Orange and Seminole counties) in 2016, hovering and just what effect that performance might have on right around 4%. the year ahead. Coming off a good 2015 and judging by what's already transpired in January, I'm confiyear dent we'll continue to see steady growth in 2016 and stood at 4.01% at am optimistic about what lies ahead

I say this because we've been in a balanced market for over 50 consecutive months which has been very were healthy for buyers and sellers alike. True, there have flat in the last been some times when the market was unbalanced, more a buyers' market. Since then, however, we've and summer. moved into more balanced market conditions. Here are some predictions for the year ahead.

over 50-plus months, should continue to increase, but at a comfortable rate of somewhere between 4 and 6%.

Despite the Federal Reserve's raising interest rates in December, mortgages have not been noticeably affected and remain very affordable. Freddie Mac has

predict mortgage interest rates will The rate for a 30fixed-rate year's end.

Sales, which relatively

quarter of 2015, should gain some momentum and specifically 2005 to mid-2007 when it was predomibegin to pick up some, especially as we move through nantly a sellers' market, and 2009 to 2012 when it was the traditionally strong selling months in the spring

Inventory should remain very manageable with supplies ranging between 3 and 6 months Median home prices, which have been on rise for which is a good number and one that typically defines a healthy market balanced by buyers and sellers. At year's end, the Orlando market had a 4.17-month supply.

> Another positive sign is the continued decline in distressed properties---short sales and foreclosures.



While distressed properties accounted for 13% of the current inventory in mid-January, we expect to see that percentage drop below 10% and perhaps as low as 5% by year's end provided market conditions continue to trend in a positive direction.

Having just celebrated our company's 35th anniversary, we've developed a knowledge and understanding of the local real estate market. This has enabled us to deal with, and overcome, a variety of economic challenges along the way and to always have a vision for what lies ahead. Things look bright for 2016.

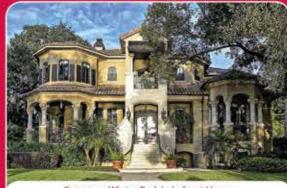
Scott Hillman is president of Fannie Hillman + Associates, a 35-year-old Winter Park-based real estate company specializing in residential real estate sales and producer of The Hillman Report, a semiannual look at residential real estate in Orange and Seminole counties that can be viewed on the company's website (fanniehillman.com) or by calling (407) 644-1234 for a copy.

For More News, Information and Great Events, Visit TheParkPress.com!

Contact Fannie Hillman today and experience the support of Winter Park's largest independent real estate office.

Serving Central Florida for over 35 years

Hillman Fannie Hillman Hillman ASSOCIATES



5 BR • 6 BA • 6,818 SF \$3,475,000

Custom Home on Winter Park Chain of Lakes

4 BR • 3 BA • 3,536 SF \$1,274,000



4 BR • 4.1 BA • 6,480 SF \$1,550,000





Kew West Living in College Park 6 BR • 5 BA • 3,156 SF \$639,000



205 W Fairbanks Avenue, Winter Park, Florida 32789 407.644.1234 www.fanniehillman.com

Improving the lives of the people we serve.





Voted "Orlando's Best Real Estate Office" 2005, 2006, 2007, 2008, 2009, 2011, 2012, 2014 Orlando Business Journal

n the garden by Stephen and Kristin Pategas

Crape Murder Vs. Pencil Pruning

branches of a crape myrtle is a crime against nature. Performing "crape murder" is like shaving your

head once a year to re-grow the hair; stripping all of the paint off of the house each year then applying new paint; or ripping up the lawn because the treated differently. One was whacked (murdered), blades of grass are a bit high

The Park Press | FEBRUARY 2016

"Off with their heads," screamed the Queen, in only "pencil pruned." Then the researchers wait-Alice in Wonderland. We think of that line every time we spot another crape myrtle with its head chopped off. Often, its former crown is lying in bundles at the curb, ready for its journey to the landfill. What a needless waste of money and re- The pencil pruned crape myrtle developed the best sources. In reality, crape myrtles require very little trimming unless they are planted where their normal height is a problem. They are now available in a wide range of mature heights and widths, so there is one for every space.



The University of Florida continuously conducts horticultural research in numerous test plots around the state. In one they planted three crape myrtles of the same species. They were all properly, structurally pruned to eliminate crossing and parallel branches and suckers. Then in late winter, which is the proper time to trim them, each one was the second was left untouched, and the third was ed a few months for new growth to emerge. The whacked one required more subsequent pruning to remove the multitude of sprouts that emerged from each severe cut. The one untouched was a bit dense. shape. Note that shoots from large cuts are typically weak and susceptible to breakage.

But, what about the flowers which are the signature attribute of this tree? The fewest blooms were on the murdered trees which busts the myth

that a hard pruning is needed to get more blossoms. Pencil pruning is easy to do, requires less labor, and generates far less yard waste than topping the trees. Just remember to trim no branches in the crown that are thicker than the width of a pencil. To extend the blooming season of crape myrtles, trim off the clusters of green balls which develop into seeds that appear after the blooms fade. Since crape myrtles bloom on the newest growth, the

ed, this can be done up to two times So, remember to lighten your work load this late winter or cut out this article and share it with your landscape maintenance contractor. To keep our crape myrtle in tip-top shape, we prune for structural issues, remove suckers and only pencil prune near the tips. We also remove by hand, Spanish moss and

trimming will generate new blooms. If so motivat-

ball moss which can shade out the foliage. With its full crown of white flowering branches, it is indeed glorious.

> Improper pruning generates an yard waste.



Photos by Stephen G. Pategas/Hortus Oasis

Hortus Oasis (FL26000315) in Winter Park is a boutique garden design company specializing in residential, commercial and specialty gardens. Stephen is a registered landscape architect and Kristin is a certified landscape designer. Contact them at 407-622-4886/garden@hortusoasis.com



live meaningfully by Ayesha G. Bullock, M.A.

Synchronicity And The I Ching...

While my guitar gently weeps surely be learning

given the world in which we are currently turning (and by which we perhaps are not surely learning.) However, I will shine a light on this from a different degree altogether.

I'm currently listening to the best version of this word can turn. I'm a bit embarrassed to say that my fication of all things Google, wins over my desire to be in the moment (note to self: must add that to the lists of things on which to work this year) and lo and behold, what an interesting tale it weaves...

Harrison was knee deep in reading the "I Ching,"

which, as Harrison put it, "seemed to me to be relative to everything else, as opposed to the Western view that things are merely coincidental." Taking this idea of relativism to his parents' home in all things. northern England, Harrison committed to write a song based on the first words he saw upon opening twister, but I believe it bears mention. a random book. He later explained the process:

mother's house in Warrington. I was thinking about the sal thread of the human condition, then these little

I look at the world and I notice Chinese 'I Ching,' the 'Book of Changes'... The Eastern concept is that whatever happens is all meant to be, and that there's no such thing as coincidence - every little With every mistake we must item that's going down has a purpose.

While My Guitar Gently Weeps was a simple study Still my guitar gently weeps... based on that theory. I decided to write a song based on the first thing I saw upon opening any book - as it would There are innumerable interpretations of this be a relative to that moment, at that time. I picked up a verse that would be both timely and important book at random, opened it, saw 'gently weeps,' then laid the book down again and started the song."

George Harrison

Anthology

So, stay with me for a second here... In no way Beatles tune I've ever heard and marveling once am I comparing myself to the likes of the late, great again at the simple, soulful melancholia that a George Harrison. However, all of the explanation above was to convey the synchronicity implied old school curiosity paired with the instant grati- in this interaction. That is, while writing the first words in this article, I caught the beginning moments of something written by George Harrison nearly fifty years ago. The song, which I've no doubt heard hundreds of times before, caught my atten-Apparently, while writing this song, George tion this time. So much so, that I was compelled by the relativism of what it inspired within me, only to find out that Harrison's directive to write this based on the Eastern concept that everything is song was compelled by his inspiration found in the writings about the connection of all things...

Think about that... talk about the connection of

I recognize it feels a bit like a mental tongue

If we are indeed all connected upon/within/ "I wrote 'While My Guitar Gently Weeps' at my among/amidst/betwixt that which is the univer-

blips on the radar of all things synchronistic must be the divinely interpreted wink and nod to that which is our unwitting reality.

More plainly, what if we are absolutely, immutably connected to one another? What if those next to us in the line at the grocery store, those in front of us on I4 and those behind us in the TSA screening line at MCO are far more important and relative to our own realities than we imagine? What if that mother you just judged for not reprimanding her child or the son you cut off in traffic is no further from you than the next thread over in the tapestry of humanity through which you are woven? What if she gave the blood for your wife's transfusion or he is the young man who will stop to offer help when your tire blows in 30 miles?

What if this life is not as narcissistically myopic as we routinely fall into believing it is? What if everything we do and all that we are- actually matters?

I recognize, the same could be posited- "What if it doesn't?" But I also know, at the end of the day when all

things are counted and measured, I'd rather bet on the former and navigate my life accordingly than

How about you?

May that possibility color and inform the kindness with which you treat one another all month long...

Be well; Live Meaningfully. Till the next time,

* While My Guitar Gently Weeps in Wikipedia. Retrieved December 29, 2015 from https://en.wikipedia.org/wiki/While_My_Guitar_

Ayesha G. Bullock, M.A. practices at 2150 Park Avenue North

as a Licensed Mental Health Counselor and can be reached at ayesha@livemeaningfully.net or 407-796-2959.

From Page 10

One of the great challenges of development and training is that people want to spend money on what isn't there instead of enriching what is. The relentless pursuit of perfection is playing a fool's game and hoping to win.

As a business owner, you may or may not have a board. You may have a succession strategy or expectation based on perfect performance by a daughter, son, or non-family member executive. So, if I were coaching you and you asked me to help your family

member become perfect, I would ask you a couple of questions: How important is perfection to you? What price in terms of satisfaction and life balance are you going to extract from others to do and be what you cannot do and be yourself?

David Weaver, CSP® is a Partner of The Rawls Group, a business succession planning firm. For more information, contact info@rawlsgroup.com

nature in the parks

Photos by Richard Johnson

The Hooded Mergansers have returned to the New Broad Street pond, and if you haven't seen them they are a treat to look at

For the last three years I have watched a family of Hooded Mergansers make their winter return to the pond. This year is no exception. Male Hooded Mergansers are a sight to behold, their large black and white hoods raise to reveal a beautiful white crest. Their backs are black and white striped and their sides are chestnut brown. Hooded Mergansers have thin, sharp bills which are perfect for feasting on the small crayfish and minnows that inhabit the New Broad Street pond.



pop culture detours by George McGowan

A Tempestuous Trio Of Musical Memoirs

Late last year, three of my favorite musicians released memoirs detailing their rise from humble beginnings to superstardom. These three musicians are Elvis Costello, Chrissie Hynde (of the Pretenders), and Carrie Brownstein (of Sleater-Kinney). The memoirs are (in order) entitled "Unfaithful Music & Disappearing Ink," "Reckless: My Life as a Pretender," and "Hunger Makes Me a Modern Girl." While each is, overall, a good to great read, each also has some faults and all but one left this reader wanting more.

One could not ask more from Elvis Costello as his memoir covers 674 pages! This book is in massive detail and causes the reader to envy Costello's ability to recall

some very interesting childhood stories and his many encounters

back and forth in time. A story about his childhood leads to a remembrance of his time on the road which leads to a specific lyric he wrote and then, suddenly, we are back in the present day. Some of these jumps through time seem to have a theme linking them but many are very much "stream of consciousness." This makes for a difficult read, especially at such a length. Some judicious editing would have assisted this reader! In any case, there is more than enough interesting encounters to keep one's attention and Costello doesn't shy away from presenting some of his more abrasive personality traits. A man who collaborated with the likes of Paul McCartney, George Jones, and Burt Bacharach and who got banned from Saturday Night Live certainly has had an interesting life in music. Mr. Costello earns this tendency to be wordy about his lifetime with his candor about his upbringing and his fractured relationship to the music which drove him to become one of the

hand, spends most of her memoir bitchin Akron and as

chooses to present his stories bounds not enough on her subsequent escape to London and its burgeoning punk rock scene. This memoir is a much more abrasive look at her lifetime and does not shy away from presentup in the Midwest. Chrissie was re- on the road when she struggled with bellious from almost day one of her her own mental and physical health. her family and many of her friends. This one is only recommended only for the hard-core Pretenders fan. This book could have been so much more! her career in movies or on the hit TV She was close to becoming a member of the Clash, for goodness sakes! She worked for Vivienne Westwood and Malcom McLaren! But ultimately this memoir dis-

> appoints. Carrie Brownstein may be the lesser known of these three musicians

and the youngest at 41 years old but she certainly is very talented. She formed her first band, Excuse 17, while in her teens and then at age 20 founded ing about her Sleater-Kinney with upbringing Corin Tucker. Brown-

drawn to being a performer as a way to defeat her natural shyness. Her book is divided into her childhood days, where her family struggled with her mother's anorexia (among ing her raw thoughts about growing several other challenges), to her days life and has an ill word for most of This memoir is concise and well-written and leaves the reader wanting to know more. For some reason, it does not include any remembrances of show and Peabody award-winner, "Portlandia," which began its sixth season in late January. Perhaps we can expect a follow-up

memoir from this unique talent sometime down t h e stein describes herself preternaturally



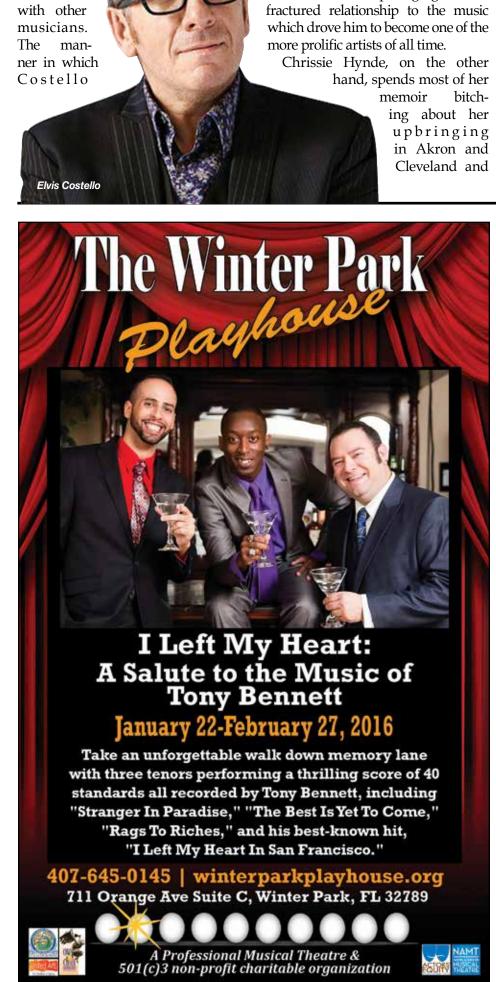
WHITE; STARRING GINGER LEE McDERMOTT AND STEVEN LANE

charming, funny, and meaningful, to her career as a famous dancer. Unthis is it! Dancing Lessons is one of the fortunately, the corrective surgery canbest plays I have ever seen in Orlando- not be done because she is allergic to --do not miss it! It tells the story of two anesthesia. The doorbell ring and both mixed-up people who realize by the Senga and the audience meet Ever (Steend of the play how much they need ven Lane), her upstairs neighbor. Ever each other. We meet Senga (Ginger has come to offer her an extraordinary Lee McDermott) in a cozy room in a large amount of money to give him a Manhattan apartment house drown- one-hour dancing lesson. He has Asing her sorrows on booze and pills. perger's syndrome, a form of autism, She has been hit by a taxi and torn the and has never danced in his life. Ever

If you're looking for a show that is ligament in her knee, which is crucial

Continued on Page 16.





Richard Johnson is a professional photographer. See more of his work at www.RichardEarlPhotography.com



is being honored for his work with autism at an awards dinner, and he just needs to loosen up and shake his booty one time- hence, he needs Sanga's help. As the play progresses, we get enormous insights into their lives, and they wind up helping each other in myriad ways. A telling line is when Ever says, "Why would I make jokes when I don't understand them?"

Not only was Dancing Lessons extremely well directed, it was extremely well acted. Steven did an extraordinary job with his role, to the point of nearly having us believe he did have Asperger's. His bodily stance, facial expressions, and speech patterns were perfect. Not only did he evoke empathy in the audience, he evoked sympathy in Senga. Not to be outshone, although she was, Ginger also played her part to perfection, displaying anger as well as denial of her situation of never being able to dance again. She gave great depth to her character.

This play is important on so many levels. It educates us about Asperger's syndrome. It shows us that people can change, and they can help each other change. It shows us how a friendship can develop, sometimes turning into something more. Can we change if we find the courage to try? Come see this poignant play and see just how possible that is!

Playing at Orlando Shakes in Loch Haven Park through February 7. For more information call 407-447-1700 or visit orlandoshakes.org.

BARB'S BEST BETS FOR FEBRUARY: "I LEFT MY HEART: A SALUTE TO THE MUSIC OF TONY BENNETT" AT THE WINTER PARK PLAYHOUSE, "EXPECTING ISABEL" AT **ROLLINS, AND "THE TEMPEST" AT ORLANDO SHAKES.**

theater in the parks by Barbara Solomon

I Left My Heart At The Playhouse

I LEFT MY HEART: A SALUTE TO THE MUSIC OF TONY BENNETT **CREATED BY DAVID GRAPES AND TODD OLSON DIRECTED BY ROY ALAN** STARRING BERT RODRIGUEZ, VICTOR **SOUFFRANT, AND DEEJAY YOUNG**

This is an enjoyable evening of 34 songs, almost all of them familiar. It took immense control not to sing along. The band is front and center: Chris Leavy, also the musical director, on piano; Ned Wilkinson the multi-instrumentalist; and Sam Forrest on drums. The show starts out with a classic Berlin song, "Steppin' Out With My Baby," all three harmonizing on the great lyrics. We are treated to the music of Gershwin, Berlin, Porter, Arlen and Mercer, to name just a few.

Not only do their voices blend beautifully, each tenor has their own special talent. Victor has the strongest voice, although my favorite one he did was "Stranger in Paradise" from "Kismet." Deejay has the smoothest voice and both he and Victor can move. They all harmonize on most songs, including a film set and a or visit winterparkplayhouse.org.

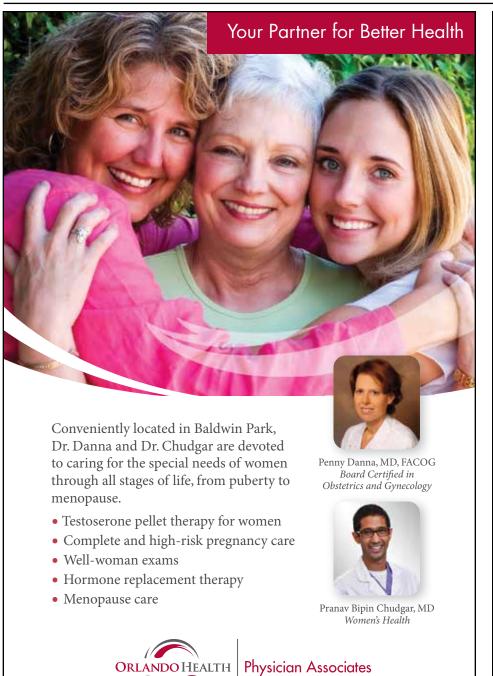
jazz set. The show even included my wedding song, "The Shadow of Your Smile." And of course you can't leave out Porter's most famous "Night and Day." Each band member got a small solo: Ned on the trumpet and tuba, Sam in a jazz solo.

The Park Press | FEBRUARY 2016

There were tidbits of Tony Bennett's life in the show, including how he got his stage name. If you watched TV before Christmas, I'm sure you saw his duet with Lady Gaga at the age of 89; he's still going strong. He was portrayed in this show as "a singer in love with singing." The finale was, of course, "I Left My Heart in San Francisco," followed by an encore of "Make Someone Happy." I did make someone happy that night - my friend who I invited to come to the show with me. She loved it, and so will you. "Make someone happy, make just someone happy, and you will be happy too."

Playing through February 27 at The Winter Park Playhouse, 711 N. Orange Avenue, Winter Park. For more information call 407-645-0145

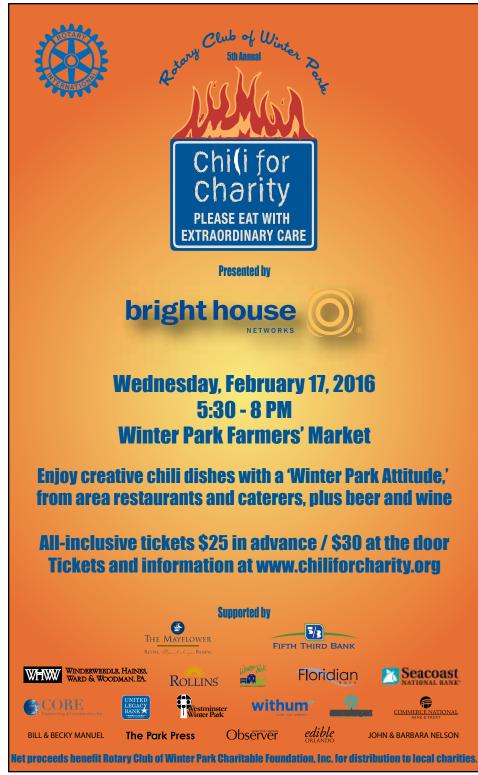
BARB'S BEST BETS FOR FEBRUARY: "DANCING LESSONS" AT THE SHAKES, "ART" AT MAD COW, AND "PERICLES" AT THE SHAKES



Call 407.898.6588 today — same-day appointments available.

Now accepting new patients.

Baldwin Park, 867 Outer Road, Suite A, Orlando, FL 32814



schools

Audubon Park Elementary PRINCIPAL ANNA FERRATUSCO

Audubon Park Elementary prides itself on incorporating the newest technology into the classroom at any opportunity. Recently our fourth and fifth grades, along with two third- grade classes, had the wonderful opportunity of being part of the Google Expeditions pilot program. Google Expeditions is a virtual reality platform built for the classroom. Teachers guided students through virtual reality panoramas of different locations around the world using a tablet and Google Cardboard

glasses. Audubon Park Elementary was one of the few schools chosen by Google in Florida to participate in the program. Our students are exposed to several forms of technology throughout the day and this was an added bonus. The students thoroughly enjoyed the experience and we are excited about where this adventure can take our students and their learning in the future.



We have officially hit the halfway point in the school year. This means that students are functioning in high gear. There are some exciting events taking place in the coming weeks.

The week of January 25th was literacy week. On the 27th, Brookshire students and staff celebrated literacy with a literacy night at the school. The goal of literacy night will be to continue to build a school culture that promotes reading through fun activities.

Fifth-grade students will be going on the annual fifth-grade camping trip to Wekiva. Students will have a chance to spend the night in cabins, sing songs and tell stories by the campfire, and go on a nature walk. Needless to say everyone is very excited about the camping trip.



Lake Silver Elementary PRINCIPAL SARA BIGALKE

Happy February...the month of love has arrived! I can truly say that I love and cherish our students, faculty, staff and the whole Lake Silver community!

February is also a time when we observe Black History Month. Each day Go Tigers!

this month, we will be highlighting a different African-American whose positive contributions helped to make our community, our country, and our world a better place. On the morning announcements, we will be showcasing and discussing books about different African-Americans who have made an impact in our lives. Students will be learning about important people and events that took place in history.

We had a fantastic time at our Liter-

acy Curriculum Night on Wednesday, January 20. This Curriculum Night coincided with Report Card Conference Night. Parents and students were able to meet with teachers to discuss academic progress. Then families were encouraged to join faculty and staff in the Cafetorium for a Book Swap, interactive stations set up at each grade level with literacy activities, Accelerated Reader activities on iPads, and many other literacy-related activities. A big thank you to our Lake Silver Reading Coach, Carla Thompson, for helping to plan this wonderful evening of activities and to our fifth-grade gifted students who helped to plan and run the event!

"Celebrate Literacy Week, Florida!" was the week of January 25th. This year's theme was "Literacy Changes Our World." The goal of this year's Celebrate Literacy Week was to promote literacy throughout Lake Silver as well as good citizenship in school and in the community! We had a school-wide poster contest and door decorating contest along with daily activities in celebration of reading. I am so proud of our amazing young Tiger readers!

Our 3rd, 4,th and 5th graders are having a rocking good time learning and memorizing their multiplication facts with our "Multiplication Madness" program. Each week students focus on a different times table. Students sing, chant, write and practice their multiplication tables at school, at home and on the morning announcements, and have friendly competitions with other classes on their grade level. Ms. Messenger's third-grade class wrote a multiplication song to the tune of "Watch Me" and performed it for the school on Tiger TV. Thanks to our Math Coach, Tricia Rowe, for planning and coordinating the exciting activities!

Wishing you a wonderful February!

Lake Sybelia Elementary PRINCIPAL DR. JULIE PARADISE

Our first semester has come to a close, our report cards for the second nine weeks have gone home, and we are off and running with our second semester. Our fourth and fifth- grade students will be taking the Florida Writing Assessment very soon. Our teachers and students have been preparing for this opportunity to show off their writing skills. We know each student will do his/her best to meet the challenges of this test and the rest of us are all wishing them well.

We are all working to get fit. Many of our students participated in the Fast Start Track Meet in January at Showalter Field. The students had a great time with all of the events. Some of our students are starting their day the healthy way every Wednesday morning as they join our Walking School Bus and walk with their friends to school. We are so thankful for our parents who walk with these students and help them develop a healthy lifestyle.

February is Black History Month and we have many planned activities for the students and the staff. Our Black History Committee makes this an educational experience for all of us. It is always an event to remember.

This is the time of year that we celebrate our Support Person of the Year, Kristen Welch, and our Teacher of the Year, Nanette Mason. It is an honor and a privilege to be working with these dedicated professionals.



Lakemont Elementary PRINCIPAL DR. BRENDA CUNNINGHAM

We would like to highlight three of our wonderful staff members who help make Lakemont Elementary a great school! Recently, one of our fifth-



Pictured left to right: Lindsey Abernaethy, Jennifer Basalari, and Melissa Milburn.

grade teachers, Mrs. Jennifer Basalari, along with her fifth-grade class, won the Read to Succeed national contest. This accomplishment was through Achieve3000, a program we use with our intermediate students. This class completed the most Achieve3000 lessons during the contest period and increased their literacy skills. Congratulations to Mrs. Basalari and her class!

Mrs. Basalari was also recently selected by the Northrop Grumman Foundation and the National Science Teachers Association (NSTA) as a Teacher Fellow in the Northrop Grumman Foundation Teachers Academy. Mrs. Basalari will attend various NSTA conferences and workshops in a year-long immersion in science-, technology-, and engineeringrelated activities and professional learning opportunities. We are proud of Mrs. Basalari on being one of only twenty-five selected nationally.

Mrs. Milburn, one of our fourthgrade teachers, was recently presented the SENG Honor Roll Award. SENG is a national non-profit organization dedicated to supporting the social and emotional aspects of giftedness. Mrs. Milburn was recognized for her outstanding educational service to gifted children.

The third teacher we would like to highlight also teaches fourth grade, Mrs. Lindsey Abernethy. Mrs. Abernethy was recognized recently by our school district, Orange County Public Schools (OCPS), as a Stellar Employee. Mrs. Abernethy was featured in a special video which was sent to all OCPS employees. Mrs. Abernethy was chosen for this recognition due to a letter of appreciation sent to the district from a former parent.

We are very proud of all of our teachers and staff and are glad that we can share some of their recognitions and accomplishments.



Maitland Middle School athletics made another impressive mark for our athletics department. Both the girls' and boys' volleyball teams finished the regular season as undefeated cluster champions and advanced to the OCPS playoffs. In the OCPS playoffs, they both

Continued on page 18.





MORE COLLEGE CHOICES!

For more than 30 years, Huntington's tutoring method

has been proven to help significantly raise SAT/PSAT and ACT scores for thousands of students.

Make your own schedule for tutoring!



1 800 CAN LEARN® . HuntingtonHelps.com

1997 ALOMA AVE., WINTER PARK, FL • 407-644-0456

schools

continued to win and advanced their Catholic School. Mr. Genius was ac- have previous experiences will grasp way into the championship game. In the finals the girls lost to Bridgewater 25-21, 17-25 & 6-15 and finished as OCPS Girls' Volleyball runner-up, and the boys defeated Hunter's Creek 25-17 and 25-19 to win the OCPS Boys' Volleyball Championship. A special thank you to all the parents, staff and community members who came out to support the teams during their undefeated season.

Recently, one hundred members of our seventh-grade class took a field trip to the Dr. Phillips Center for the Performing Arts to see The Sound of Music. This amazing opportunity was made possible by our school receiving a National Education Grant from the Broadway League. Prior to the performance, students worked on artwork in their Civics and Language Arts classes which was displayed at the Dr. Phillips Center. The artwork depicted their analysis of the character traits of the key cast members of The Sound of Music. Students researched the pre-Holocaust Era and the Von Trapp family. Students also wrote diaries from the perspective of a character, and learned about the government at that time in Austria.



Our 2016 started with a blast as we participated in the Tornado Drill Day on January 6 by having our own tornado drill. It was an adventure for the staff and students as we practiced our emergency skills and learned why tornado drills are important to will have an opportunity to view all of us in Florida.

The Maitland Montessori PTA hosted a Parent Education Night which focused on engaging the brain for success at school and beyond. This was an opportunity for parents to learn ways to encourage and support their children as they progress on their learning path.

Students, families and staff had a meetup day at the 39th Central Florida Highland Games. Everyone got to try tossing a caber in the Children's Games area, tasting Scottish food, listening to bagpipe bands and to Celtic Rock bands, watching Highland dancers, learning about quidditch while watching the Flyin' Lion Quidditch Quaich tournament, seeing Border Collies herd sheep and shop at vendors selling Scottish items. The hot, sunny weekend was a boost for all especially as we were outside all day.

Our 1st, 2nd and 3rd graders are looking forward to a field trip to see African animals at Safari Wilderness. February is a full month for us and we are all excited about the upcoming events.



St. Charles Borromeo Catholic School

Eric Genuis, composer, virtuoso pianist and acclaimed performer, held a concert on January 12th for the students of St. Charles Borromeo Catholic School and Morning Star plex scientific theories, students who

companied by a world traveled cellist, violinist, and vocalist. Together they shared beautiful music and a reflection on the role of music in our experience of God. The most impormost iconic and historic locations on the Ms. Maria, the students respond in a tant message that he wanted to share is his belief that an experience of true beauty is an experience of God, and that often the people who need God the most are disconnected from opportunities to experience beauty. He also emphasized the ability of children, especially children with disabilities, to experience beauty on a deeper level than even he himself can. This concert provided an opportunity for the students to experience the beauty of classical music. Through Mr. Genius' ministry, they reflected on a pure and unfiltered approach to life recognizing God and celebrating Him in the most simplest of things, music for the soul.

St. James Cathedral School PRINCIPAL MRS. GERRI GENDALL

Catholic Schools Week will begin on Sunday, January 31 with the celebration of Mass at 9:00 a.m. in our beautiful Cathedral, followed by our annual Open House at St. James Cathedral School (SJCS) from 10:30 a.m. to 1:00 p.m. Prospective families, alumni, parishioners, neighbors and the general public who would like to learn more about our school and tour our historic "little gem" in downtown Orlando are invited to attend. Our entire staff will be present to welcome our visitors who our classrooms and interact with our dedicated teachers.

We will carry out this year's theme "Catholic Schools: Communities of Faith, Knowledge, and Service" with planned activities for the students that focus on these three areas, with the goal of developing a deeper understanding of, and commitment to, their faith, and a greater willingness to serve others. The students, faculty, parents, parishioners, and the community will unite together to celebrate the high quality Catholic education provided by our school.

As our students journey from preschool to eighth grade, we equip them to become Christian role models in their environments. We take pride in their academic achievements and celebrate their athletic and artistic successes.

This year's Catholic Schools Week theme complements our school motto, "Come to learn...Leave to serve." For further information about our school, please call 407-841-4432 or visit our web site www.stjcs.com

Winter Park High School PRINCIPAL TIM SMITH

Winter Park High School was recently chosen by Google to pilot their Google Expeditions Pioneer Program. It is quite an honor to picked as one of the very first schools in Florida to implement this cutting edge technology. We know that students learn more deeply when they have opportunities to explore the world around them. When teachers talk to students about possible careers, remote places on earth or com-

the material with greater ease and depth. The Google Expeditions Pioneer has become the lead teacher on camprogram allows students the ability to take virtual field trips to some of the classes. Assisted by Ms. Frances and planet without the need to ever leave the classroom. It was truly an honor to have Google on campus as they visit select schools around the world. https:// www.google.com/edu/expeditions/

We are very excited to bring this program to our students as we strive to be and lobbied for parental rights to acthe top producers of successful students in the nation. The landscape of education is changing and technology is now giving our students opportunities that only few could experience in years past. Winter Park High School is slated to become a one-to-one digital school next year. This means all our students will be getting laptop computers at the beginning of next year to use in school and at home. Each of our classrooms will be outfitted with a large touch screen panel to enable our teachers to 5th when we will hold prom for our meet the needs of the 21stcentury educator and more importantly, the needs of our digital learners. Our students will be interacting with knowledge in new and exciting ways. The future is exciting as we embark on this journey at Winter Park High School.



Hello to our Winter Park, com-

Woodruff Academy (CE@WA). Herein are a few of our blessings: Ms. "T" pus in coordinating the elementary positive way to the love and voice of instruction from ALL three of their classroom mentors.

On January 19th interested 3rd-12th grade students caravanned with a total of 244 busses to Tallahassee, cess private school with scholarship funds. As a service minded school our K-12th grades went by small groups to Jade Meadows located in St. Cloud, Florida. The students cleaned stables, learned how to bridle a horse, groomed the horses, then saddled the horses and took a pleasant horseback ride. January 29th was our Annual Winter Family Dance starting at 7 p.m. It is a "family favorite" activity. We are looking toward March students age 14 and above along with their friends.

The public is invited to our Spring Festival on March 12, when we canoe, paddle boat, enjoy a BBQ, face painting, listen and dance to music, play in a bounce house, "step up to the plate" and play kickball, basketball, and volleyball. The cost is \$25 per person. Tickets can be arranged by texting: 407.470.2818. Please donate your best "give-a-ways" to our Annual Rummage Sale, Carnival, and Student Art munity from Christian Education at Show on April 15th.



COMMUNITY **CALENDAR**

Audubon Park Garden District Events

Ongoing Events

Every Monday night Community Market - 6:00 to 10:00 p.m. at Stardust Coffee parking lot located at 1842 E. Winter Park Rd. For information call 407-590-8776.

Now - April 15 Harry P. Leu Gardens presents David Rogers' Big Bugs – The exhibit will feature 10 larger than life insects made from all natural materials such as wood, bark and twigs. Harry P. Leu Gardens is located at 1920 N. Forest Avenue. For more information please contact the Leu Gardens at 407-246-2620 or visit www.leugardens.org.

Baldwin Park, College Park and Orlando Area Events

Every Monday Smarty Pants - 10:15 a.m. Storytime for children ages birth-5 years old at the Edgewater Branch Library located at 5049 Edgewater Dr. For more information call 407-835-7323.

Every Tuesday and Thursday Crazy 8's - 1:00 p.m. at the Edgewater Branch Library located at 5049 Edgewater Dr. Crazy 8's is a mathematical development series that introduce hands-on games that get kids fired up about math. For more information please call 407-835-7306.

Every Wednesday Belles and Beaus Dance Club has dances every Wednesday from 7:00 to 9:30 p.m. at the Marks Street Recreation Complex located at 99 E. Marks Street. Join in for an evening of fun and dancing to music by the Soft Touch band. Refreshments are available. Singles and couples are welcome. Cost: \$5.00 per person. For more information please call 407-277-7008

Every Thursday College Park Farmers' Market – 5:00 to 9:00 p.m. located at 1600 Edgewater Dr. For information call 407-999-5251

Every Friday Professional Presenters Entertain, Educate and Inspire Kids - 11:00 a.m. at the Edgewater Branch Library located at 5049 Edgewater Dr. Activities include: Rainforest animals, magic shows, clowns, kids concerts and more. For more information please call 407-835-7306.

Every Friday Your Adult Club Socials (Y.A.C.S.) Dance – 7:00 p.m. to 9:30 p.m. at the Marks Street Recreation Center, 99 E. Marks St., Orlando, FL. Admission is \$4.00 for members and \$5.00 for guests. Dress code of no jeans, tennis shoes, or tee-shirts. Singles and couples are welcome. For more information, please call Joan at 407-339-5393.

Every Sunday Downtown Orlando Farmers' Market – 10:00 a.m. to 4:00 p.m. at Lake Eola. For more information call 407-246-3625.

Monday - Friday Each Week Seniors' Program in College Park -9:00 a.m. to 1:00 p.m. at the College Park Community Center located at 2393 Elizabeth St. For information call 407-246-4361.

First Friday of Each Month The Art Stroll of Ivanhoe Village - 6:00 to 9:00 p.m. on Orange Ave. between Princeton and New Hampshire.

Third Thursday of Each Month Eunice's Healthy Cooking and Baking Workshop – 10:30 a.m. at the Edgewater Branch

Libary located at 5049 Edgewater Dr. Food samples will be provided. For more information and to register please call 407-835-7323.

February 16 Out of Darkness Suicide Prevention Walk - 7:30 a.m. across from 2400 Lakemont Ave. in Baldwin Park. To join in a nationwide effort that supports the American Foundation for Suicide Prevention please visit www. outofthedarkness.org, or call 407-646-2227.

February 20 Orlando Wetlands Festival – 9:00 a.m. to 3:00 p.m. at Orlando Wetlands Park located at 1300 North Fort Christmas Road, Christmas, FL 32709. For more information, please visit www.cityoforlando.net/wetlands/.

February 28 Broadway in Your Backyard: A Family Matinee Show — 2:00 to 4:00 p.m. at the Rosen JCC located at 11184 S. Apopka-Vineland Rd. For more information, please call 407-387-5330 or visit www.rosenjcc.org/gala.

March 3 The Orange County Retired Educators Meeting - 10:00a.m. at College Park United Methodist Church, 644 W. Princeton St. Anyone who has worked in education is

invited to join. For more information, please call 407-

March 15 Annual St. Patrick's Day Card Party - 10:00 a.m. to 3:00 p.m. at the Parish Life Center at St. Mary Magdalen Parish in Altamonte Springs. Cost is \$25.00 per person (\$100.00 per table). All tickets are to be pre-sold, call 407-831-7108 or email nslaxid@amail.com.

March 17 Ninth Annual Women's Leadership Luncheon − 11:30 a.m. at the Rosen Centre Hotel located at 9840 International Dr. This event is hosted by the Heart of Florida United Way. for more information, please email Ashley. Blasewitz@hfuw.org.

Maitland Events

Ongoing Events

Every Sunday Maitland Farmers' Market at Lake Lily

Every Tuesday Preschool Stories 10:30-11:30 a.m. at the Maitland Public Library located at 501 S. Maitland Ave.

Every Thursday Healthy Maitland Walk 6:30 a.m.; Babytime 10:30 to -11:30 a.m. and Adventures w/Books Club 2:30 to 4:30 p.m. at the Maitland Public Library.

January 23 8th Annual Princess Ball - 7:00 a.m. to 9:00 pm. at the Roth Family JCC. Come one, come all to this magical evening for princessess (ages 3+)! Dance with your princess to pop hots, channel your inner artist, and nosh on some yummy cake. We will be dressed in royal attire and hope you are too! For more information please visit www.orlandojcc.org.

Winter Park Events

Every Monday "Sit-to-Be-Fit" Chair Exercise Class — 9:30-10:30 a.m. at the Winter Park Community Center. This free class is designed for all ability levels and sponsored by the City of Winter Park. For more information please call 407-754-6190.

Monday - Friday "Art in Chambers" exhibit - Monday through Friday from 8:00 a.m. to 5:00 p.m. This free exhibit is on display at the City Hall Commission Chambers located at 401 Park Avenue South.

Every Tuesday, Wednesday and Thursday through April 14 Free Tax – 11:30 a.m. to 3:30 p.m. at the Winter Park

Every Tuesday and Thursday "Hands-on Gardening" – 9:30 a.m. – noon at the Albin Polasek Museum and Sculpture Gardens. For more information regarding this free year-round event please call 407-647-6294.

Every Tuesday and Thursday Beginning Pilates Class – 5:15 p.m. at the Winter Park Community Center. For more information please call 407-671-9599.

Every Tuesday, Friday and Saturday Winter Park Benefit Shop - The shop is located at 140 West Lyman Avenue and

is open from 9:30 a.m. - 1:00 p.m. on Tuesdays and Fridays, and from 10:00 a.m. - 1:00 p.m. on Saturdays. Donate or purchase clothing, bedding, jewelry, kitchenware and more. Proceeds benefit various children's programs and the local branch of Orlando Blind. For more information please call 407-647-8276

Every Tuesday and Thursday Curator Tours of Louis Comfort Tiffany's Laurelton Hall – At 11:00 a.m. and 2:30 p.m. at the Charles Hosmer Morse Museum of American Art located at 445 N. Park Ave. Space is limited and free with museum admission. To learn more about this event with Curator Donna Climenhage please call 407-645-5311 or visit www.morsemuseum.org.

Every Wednesday Mills50 MidWeek Group Runs - 6:00 p.m. at Track Shack located at 1104 N. Mills Ave. This event is free to runners of all abilities. For more information please visit www.TrackShack.com.

Every Thursday "Walk With A Doc" – Enjoy a rejuvenating 30-minute walk with Florida Hospital physicians. This free event is held at 5:30 to 6:30 p.m. at the Crosby YMCA. For more information, or to reserve your spot, please call 407-303-1700.

Every Friday - Now through April Friday Nights At The Morse - Free admission 4:00 to 8:00 p.m. at The Charles Hosmer Morse Museum of American Art located at 445 N. Park Ave. For more information please visit www.morsemuseum.ora.

Every Saturday Winter Park Farmers' Market – 7:00 a.m. to 1:00 p.m.

Every Saturday Line Dance Class – 10:00 a.m. at the Winter Park Community Center. Beginners welcome! Enjoy music, make new friends and get exercise at the same time! For more information please call 407-

FEBRUARY HIGHLIGHT



POPCORN FLICKS IN THE PARK - Thursday, February 11, 7:00 to 9:00 p.m. in Central Park. This event will be featuring the showing of "Moonstruck" starring Cher and Nicolas Cage. For more information, please visit www.cityofwinterpark.org.

Every Sunday Music at the Casa – This free event featuring professional musicians and performers is hosted at Casa Feliz every Sunday from noon – 3:00 p.m. For more information call 407-628-8200 ext. 3 or visit www.casafeliz.us.

February 7 The Sweetest Sounds: A Valentine Concert in Central Park – 2:30 p.m. at Central Park. This free event is hosted by the Winter Park Chamber of Commerce and Park Avenue merchants and features Michael Andrew and Swingerhead. For more information, please call 407-

February 10 City Commission Candidate Forum – 5:30 to 7:00 p.m. at the Winter Park Community Center. For more information, please visit www.cityofwinterpark.org.

Feburary 11 Coffee Talk – 8:00 to 9:00 a.m. featuring the Electric Utility & Public Works Director at Winter Park City Hall. For more information, please visit www.cityofwinterpark.org.

February 11 Popcorn Flicks In The Park – 7:00 to 9:00 p.m. featuring the showing of "Moonstruck" in Central Park. For more information, please visit www.winterpark.org.

February 12 City Commission Candidate Forum -7:45 to 9:00 a.m. at the Winter Park Welcome Center. For more information, please visit www.cityofwinterpark.org.

February 13 Run 4 Love 4 Mile Presented by Florida Hospital - 7:30 a.m. at Showalter Field located at 2525 Cady Way. This event includes a free kids' run, best outfit contest, and SoulMate Challenge. For more information please visit www.trackshack.com or call 407-896-1160.

February 17 Chili for Charity – 5:30 p.m. at the Winter Park Farmers' Market. This event is hosted by the Rotary Club of Winter Park. For more information, please visit www.chiliforcharity.org.

February 24 A Collecting Odyssey: The Tiffany Lamps of Egon and Hildegard Neustadt - 2:30 p.m. featuring Margaret K. Hofer at the Morse Museum. For more information, please visit www.morsemuseum.org.

March 6 St. Patrick's Day Parade - 2:00 p.m. along Park Avenue and in Central Park.

March 12 Zimmerman Kiser Sutcliffe Winter Park Road Race 10k and 2 Mile Presented by Florida Hospital - 7:00 a.m. at 251 Park Avenue South. Proceeds benefit the Meridian Club of Winter Park Scholarship Fund. Register online at www. trackshack.com, or for more information please call 407-896-1160.





Switch to Broadvoice and get a FREE IP Phone for Each User!



Why Broadvoice?

- Competitive Pricing
- ✓ Mission-Critical Unified Communication Features
- ✓ Geo-redundant Network
- ✓ 24/7 US-Based Support
- ✓ QOS via FREE Edge Device
- ✓ 30-Day Money Back Guarantee on Cloud PBX Service

*Free phones only good with purchase of Cloud PBX service 3 year contract

For more information or to schedule an appointment: 407-310-1542