The Park Press



NOVEMBER 2015

~ Positive news that matters ~

Winter Park | Baldwin Park | College Park | Audubon Park | Maitland



Dance, Dream & Inspire



In The Garden



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The British Are Coming!

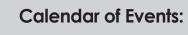
BritWeek Orlando is celebrating its annual week of collaboration between British and American culture, innovation, and politics with activities from November 8 to the 14th. In its second year, the spectrum of events will include a never-before-seen collection of 'British Invasion' photographs of the Beatles, new perspectives on gaming, culinary and art competitions, and discussions on globalization issues.

Brit Week Orlando has a local volunteer committee working to put events together that will spotlight Central Florida and its strong British connection. The week of events are also designed to raise funds to benefit two children's charities: Dreamflight and Cannonball Kids Cancer.

Event organizers said, "BritWeek Orlando is in its second year celebrating the British influence on Central Florida with an ambitious schedule of 10 events over seven days that spotlight simulation, music, entrepreneurs, sports, real estate, and art. We are incredibly excited to be bringing the never-beforeseen photo exhibition of British Invasion era images of the Beatles and Rolling Stones that will be on display at the Orlando Museum of Art. We are also involving both Orange and Osceola County middle & high school students to have their artwork displayed during the month of November by Merlin Entertainment at I-Drive 360. We hope that the community joins in the fun and comes to some of the exciting events we have planned."

Visit www.BritWeek.org/Orlando to plan how you will be spending your BritWeek Orlando 2015.





November 8-14

I-Drive 360 Hours BritWeek Children's Art Competition - Displayed at I-Drive 360 - artwork by middle/high school students from Orange County Public Schools / Osceola County Public Schools that represents "British-American" collaboration.

Monday, November 9

4:30 - 6:30 p.m. British Influence on Central Florida Sports - A panel discussion with Orlando City Soccer, Orlando Magic, Jacksonville Jaguars, and the Invictus Games - open to the public

Tuesday, November 10

10:00 a.m. - 4:00 p.m. World Premier - British Invasion Exhibition 'Bob Bonis Archives' opens to the public through January 3, 2016 - Orlando Museum of Art - standard museum admission

11:30 a.m. - 1:00 p.m. 'Our Changing World - The globalization of Commercial Development' at The Citrus Club - open to the public \$35 including lunch

5:00 - 8:00 p.m. Park Ave, Winter Park British Sip & Stroll - public event \$25 per person

Wednesday, November 11

12:30 - 2:00 p.m. National Entrepreneur Center -'Entrepreneurship is GREAT Britain: the UK's Tradition of Innovation' Keynote - HM Consul General Dave Prodger - open to the public \$10 including lunch

Thursday, November 12

6:00 - 8:30 p.m. UKTI Gaming & Simulation round table & reception - private event at Orlando Science Center

Friday, November 13

4:00 - 5:30 pm. Judging for BritWeek Children's art competition at I-Drive 360 - open to the public - no cost

5:30 - 7:00 p.m. VIP Happy Hour reception with Merlin International at I-Drive 360 - Invitation only



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Publisher's Message



Rick Cable

A few days ago I happened to be watching the news when I heard someone who was being interviewed say, "Orlando City has put Orlando on the map." My immediate response to myself was, "No, first the railroad put Orlando on the

map, then the U.S. Army Corps, U.S. Navy, and then Disney." Since 1970, Disney owns that distinction, and will continue to have that until the end of time. However, I do agree that Orlando City has put us on the soccer map. And I'll admit, I never thought it would happen.

I grew up playing the game of soccer. Sure, I played baseball, basketball, golf, and football, but soccer was the sport that I truly loved to play. By the age of 12 it consumed me, and a guy named Edson Arantes do Nascimento gets the lion's share of the credit. He was the reason youth soccer leagues were established in communities throughout the United States. On Tuesday, June 10, 1975, Harry Reasoner of ABC Evening News reported that Nascimento signed a contract worth between \$4 million to \$7 million to play for the New York Cosmos of the North American Soccer League (NASL). As a kid growing up in a small town in Indiana, I had no clue what soccer was. How do you significantly increase public awareness and interest in soccer in the United States? You get this icon known world-wide as Pele to play in the NASL.

For this is when communities put up flyers and asked for anyone interested in learning the game of soccer to meet in their local school gymnasiums. I still remember, the guy said, "Do you know what this is?" We all said, "A ball?" He said, "No, it's a futbol, or soccer ball!" We all looked around and at each other thinking, we can't call it a football.

Fast forward to today. Major League Soccer is growing in popularity. Our Women's World Cup team dominates, and the men's team is competitively respected. The North American players of today are all connected to that contract signing in 1975. Orlando City seems to be following this similar formula when they signed Kaka, and the newly-formed Orlando Pride of the National Women's Soccer League (NWSL), acquiring U.S. Women's National Team player Alex Morgan and Canadian international Kaylyn Kyle from Portland Thorns FC, and U.S. international Sarah Hagen from FC Kansas City.

Thank you Edson Arantes do Nascimento! And thank you Orlando City and Orlando Pride for putting our city on the soccer map!

As always, thank you for reading *The Park Press* and we look forward to the great things to come.

*Rick*Rick Cable
Founder/Owner

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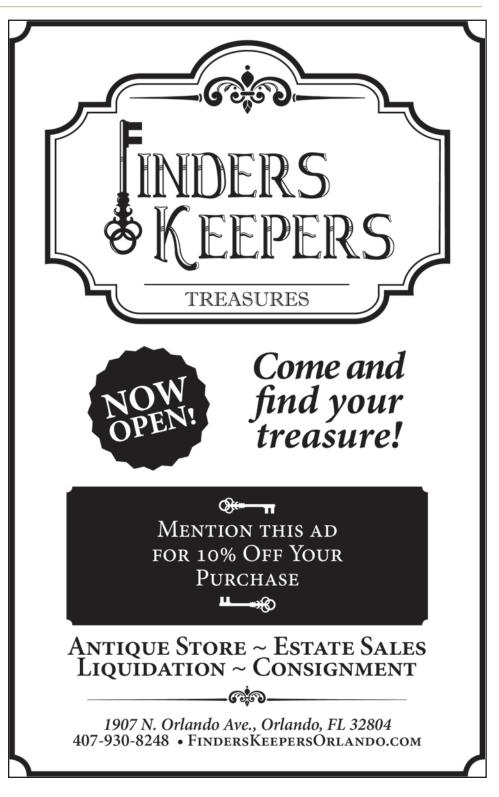
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Oh The Places You'll Go! By Tricia Cable

Due to a recent leak in our 55-year-old plumbing, I had the unfortunate- or fortunate opportunity, depending on how you think about it, to clean out a few cabinets that if I was a betting person, I would say hadn't been in order since we moved into our home 16 years ago. And, al-

though I was happy about the end result, the process was slow and less than enjoyable. Not being one to eat my vegetables first as a child and in the spirit of true procrastination, I tackled the easy cabinets first; dishware, glasses, Tupperware, followed by pots and pans only to venture into the dreaded "junk" drawer last. Hands down the smallest drawer in the kitchen, yet somehow it manages to be the "catch all" for anything and everything on our kitchen counters and is sadly overflowing into the cabinet below.

The fact that I apparently consider this drawer a safe haven for thumb tacks, glue sticks, the lint roller, and 50-year-old irreplaceable photos from my childhood alike, says a lot about my house-keeping strengths. But also, not being someone to welsh on my commitments, I rolled up my sleeves, removed the drawer from its hinges, and sat in the middle of the kitchen floor with the garbage can, prepared to sort the contents of the drawer in to the standard three piles; throw

away, keep, or donate.

Four minutes in to the daunting task at hand and my motivation to clean was gone. I had come across an envelope filled with pictures that must have ended up in the drawer about ten years prior when we had all gathered at my house to

Oh the places you'll go, Today is your day! Your mountain is waiting. So ...get on your way!

-Dr. Seuss

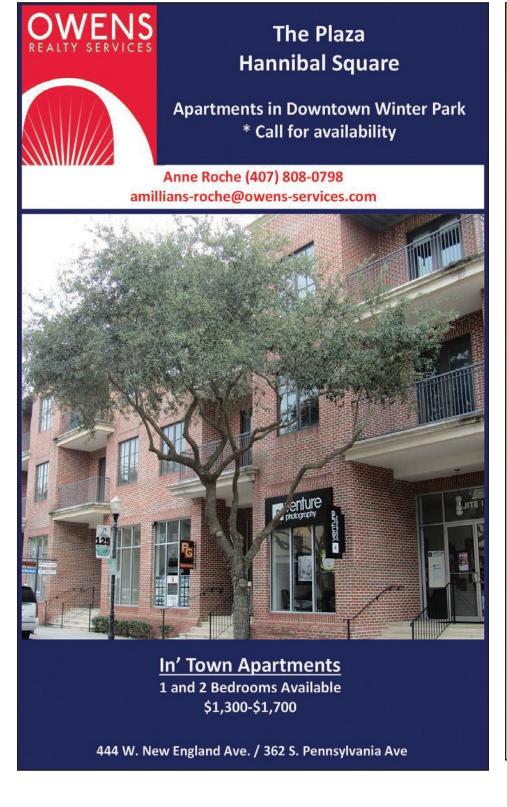
prepare for my father's funeral. I remember going through hundreds of pictures selecting just the right ones to use in the presentation I was putting together in an attempt to honor and celebrate his life during his services. The pictures captured 70 years of his life dating back to 1936 when he was just four years old.

Coincidently, I also came across a picture of myself at the same age and as I compared the two photos, I couldn't help but notice that not only did we resemble each other, but we had the exact same expression on our faces. He was a much better dresser than I was, decked out head to toe and looking like he was ready for a photo shoot in the Sears and Roebuck catalog. While I had obviously removed much of my clothing, a daily

ritual for me at that age, and then attempted to redress myself very unsuccessfully; shirt on inside out, socks missing, shoes unbuckled. However, even at four years old, we both had an undeniable look of confidence. We looked like we were absolutely certain that there was nothing this life could throw our way that we couldn't handle.

So here in lies the question, did I follow his lead? Or, did we both come out of the womb thinking quite frankly that there was nothing we could not accomplish? Is

it hereditary or environmental? There are arguments for both sides, but I lean toward genetics. Either way, as I sat on the floor of my kitchen, not cleaning as I had intended but looking at these pictures of my dad in various stages of his life, I wonder if he knew he was off to great places. I wonder if the confidence visible on his face even at four years old was evident because he knew he would succeed- after all according to Dr. Seuss, it's 98 and 3/4 percent guaranteed!





NEWS The Park Press | NOVEMBER 2015

City

City Commissioner's Message

Commissioner Robert F. Stuart, City of Orlando District 3



Dobort E Stua

While we finally begin to enjoy cooler weather, at least in Florida terms, I am excited for the opportunity to share a little bit about what is happening around our Great City.

While it may sound clichéd, I am truly thankful for our city and its residents. As a lifelong Orlandoan whose son, daughter,

three brothers, two sisters, and their families all still live in our community, this is more than just the place I call home. It is the place that I miss when I am away and the place that I want to, for the rest of my life, dedicate my time and resources to improving.

Speaking of ways to bring positive change to our city, the mayor gave his State of Downtown address at the end of October at the Citrus Bowl. While I know many of our District 3 neighborhoods may be skeptical of the attention our downtown core receives, Mayor Dyer did make a good point in his speech that any city's downtown needs to be a "rallying point" for their residents. He was excited to announce a plan for a new downtown park under I-4, in partnership with the Florida Department of Transportation, that will span more than three blocks and will serve as an alternative to our well-loved Lake Eola Park. This second urban park will focus on sports, entertainment, and arts opportunities. The mayor also used his speech to announce a new campaign entitled, "One Person, One Tree," in partnership with OUC to encourage every single resident to plant a tree in our city. For more information on everything that is going on in your Downtown, visit cityoforlando.net.

Thanksgiving is a wonderful holiday, filled with fellowship, traditions, football and great food! But it is also a time where we get the opportunity to stop and focus on just being thankful for all we have been given. Someone once said, "Hem your blessings with thankfulness so they don't unravel." One way we can put into perspective all we have to be thankful for is to assist those who are in need. As we also celebrate Veterans' Day this month, what better way to actively show your gratitude than by supporting our active troops, our veterans, and their families?

With thousands of men and women from Central Florida currently serving active duty around the globe, we here at home can do our part to show them how grateful we are for their sacrifice. Even though the lives of these heroes may not make the front page of the news much anymore, we are reminded that soldiers are still sacrificing their lives defending our country. With their memories in mind, we can also come together to support our military families as well.

Organizations such as the Camaraderie Foundation (camaraderiefoundation.org) are working hard to make a difference in the lives of our service men and women as well as their families. If you are thinking of donating your valuable time or monetary resources this holiday season, please consider giving to a charity that impacts the lives of those who are fighting or have fought to protect our invaluable gift of freedom.

Also, please join us on Saturday, November 14th as we celebrate our veterans with the City's Annual Veterans' Day parade in Downtown Orlando at 11 a.m. For more details, please visit cityoforlando.net.

Many other events are taking place around the City this month, providing great ways to spend quality time with friends and family as we kick off the holiday season.

Join the Council of 101 at the Orlando Museum of Art for their annual Festival of Trees extravaganza taking place from November 14th - 22nd from 10 a.m. to 5 p.m. As I watched this year speed by, I still can't

believe I am writing about Christmas, but this event serves as a wonderful kickoff to the holiday season. Visit omart.org for more details.

While you are there, you can check out some of the upgrades that have recently taken place around Loch Haven Park. While this isn't your typical park, it is truly a destination and serves as a cultural hub for our entire area. Even though the green space in the park is abundant, there has never been a truly central outdoor gathering place. That is all about to change. Not only will the City be building, thanks to generous grants, an open air performance space and gathering place that can be shared by all of the stakeholders, but the park will also be receiving beautiful new LED decorative lighting, an aesthetically pleasing way-finding sign system, both for vehicles and pedestrians, to compliment the newly completed 10' wide paved trail system throughout the park space, linking all of the venues, while at the same time providing better handicapped access along with a more friendly way to "park in one place and explore."

Another great City amenity that is beautiful all year long, but breathtaking at the holidays is Leu Gardens. Check out their Holiday Wreath Auction and Leu's Holiday House November 16th - January 3rd. During your visit, enjoy the Lake Rowena Overlook, which thanks to generous donations and an Orange County Cultural Grant, has been fully restored. Check out leugardens.org for more information.

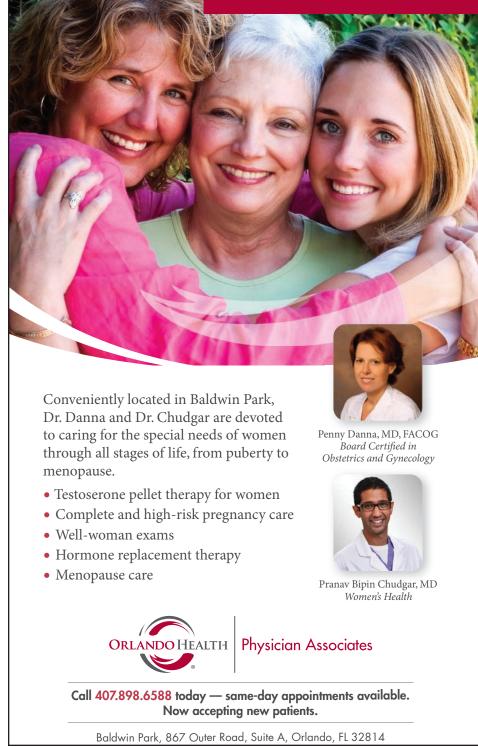
Once again, thanks for your support. Thanks for everything you do to make our community a better place and Happy Thanksgiving to you and your family.

ROBERT F. STUART | COMMISSIONER, DISTRICT 3, CITY OF ORLANDO | 400 S. ORANGE AVENUE, ORLANDO, FL 32801 | 407-246-2003 |

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The Park Press | NOVEMBER 2015

Winter Park Mayor's Message Mayor Steve Leary



Steve Leary

Ensuring A Successful Future With Approval Of New Budget

October 1, 2015, marked the first day of the city's new fiscal year and the start of the 2015-16 budget cycle that was

approved by the City Commission on September 28. I am proud to share that this is the eighth year in a row that we have kept the operating millage rate steady at 4.0923. The City of Winter Park continues to fare well because of the deliberate decisions made in previous years to cut recurring costs from our budget during the recession. Now that the economy has improved and continues to recover, the city is able to keep property values high, continue to offer excellent service, and still hold one of the lowest millage rates in Orange County.

The city's total budget of \$156 million is comprised of multiple funds that make Winter Park the best place to live, work and play in Florida:

- General Fund: Services residents see and experience on a daily basis such as police, fire, urban forestry, parks & recreation, forestry, communications, administration, public works, etc.
- Special Revenue Funds: Such as stormwater utility and community redevelopment
- Enterprise Funds: Water/sewer service and electric utility service

 Internal Service Funds: Fleet maintenance, vehicle/equipment replacement, employee insurance and general insurance

Although each fund plays a significant role in your quality of life, the fund that is the most visible and impactful to your daily life is the General Fund.

This year we have some exciting Capital Improvement Projects and items that we will be concentrating on as part of the approved budget that I'd like to share. We will be:

- Renovating the Winter Park Country Club & Golf Course
- Allocating \$1.52 million to urban forestry services and the planting of over 400 right-ofway trees
- Supporting improvements at Mead Garden, Ward Park and Pineywood Cemetery
- Supporting the Vision Winter Park process that encourages the entire community to participate and become involved in the shaping of the vision for our city's future
- Increasing funding for bicycle and pedestrian improvements
- Concentrating on major park maintenance and improving athletic field lighting
- Continuing to contribute to our reserves or "rainy day fund," currently in excess of \$12



million, ensuring the city is in a secure position if an emergency arises

- Funding the library and community partners
- Investing in upgrades to the city's financial and reporting software systems
- Maintaining or expanding current levels of service

As you can see, the fiscal year 2016 budget looks ahead to the future needs of the city with significant investments in infrastructure, recreational areas, strategic initiatives, and much-needed technology advancements. Your city staff has made every effort to maximize our resources to continue to provide a superior quality of life for our residents, businesses and visitors. Thank you for your continued support and I look forward to ensuring a successful future by working together. Many blessings this Thanksgiving and the upcoming holiday season.

The Foundation is proud to be named the Association of Fundraising Professionals—International and Local Central Florida Chapter—**OUTSTANDING FOUNDATION**.

In celebration of this honor, we are pleased to announce a new initiative called:



Over the next year, *GoodWorks* will bring increased awareness to our grantees, local volunteers and the Central Florida nonprofit sector. Follow us on Facebook or visit our website **edythbush.org** for more information.

Everyone has the ability to make a remarkable impact on the community, because when we do **GOOD** for others, the community **WORKS** better.



Maitland Mayor's Message

Mayor Dale McDonald



Dala MaDanal

Location matters when it comes to your smoke alarm. That's the message behind this year's Fire Prevention Week campaign, "Hear the Beep Where You Sleep. Every Bed-

room Needs a Working Smoke Alarm!"

Maitland Fire Rescue, along with firefighters and safety advocates nationwide, is joining forces with the nonprofit National Fire Protection Association (NFPA) during Fire Prevention Week to remind local residents about the importance of having working smoke alarms in every bedroom, outside each sleeping area, and on every level of the home, including the basement.

This year's Fire Prevention Week

campaign includes the following smoke alarm messages:

- Install smoke alarms in every bedroom, outside each separate sleeping area and on every level of the home, including the basement.
- Interconnect all smoke alarms throughout the home. This way, when one sounds, they all do.
- Test alarms at least monthly by pushing the test button.
- Replace all smoke alarms when they are 10 years old or sooner if they don't respond properly.
- Make sure everyone in the home knows the sound of the smoke alarm and understands what to do when they hear it.
- If the smoke alarm sounds, get outside and stay outside. Go to

Hear The Beep Where You Sleep. Every Bedroom Needs A Working Smoke Alarm!

your outside meeting place.

• Call the fire department from outside the home.

Your Maitland Fire Rescue Department will be providing educational activities during Fire Prevention Week and throughout the month of October to promote "Hear the Beep Where You Sleep. Every Bedroom Needs a Working Smoke Alarm!" Through these educational, family-oriented activities, residents can learn more about the importance of having a working smoke alarm in every bedroom. Programs will be provided at public and private schools and preschools throughout Maitland and at the Maitland Public Library.

To find out more about Fire Prevention Week programs and activities in Maitland, please contact Fire Marshal,

Dennis Marshall a (407) 539-6228 or Fire Administration at (407) 539-6226.

To learn more about smoke alarms and "Hear the Beep Where You Sleep. Every Bedroom Needs a Working Smoke Alarm!" visit NFPA's Web site at www.firepreventionweek.org and www.sparky.org/fpw.

The City wants to hear from you

Share your vision for Maitland's parks and recreation.

Visit www.Maitlandsurvey.org/ open to share your thoughts on the types of parks, recreational amenities, programs, and events you would like to see in your community.

It should only take a few moments of your time. Thank you in advance for your participation.

County Commissioner's Message

Commissioner Ted B. Edwards, Orange County, District 5



Fall is in full swing and temperatures are dropping as we head into the Thanksgiving weekend. The Thanksgiving weekend is

well known for many things, including football games, busy travel days, and Black Friday deals. Thanksgiving is also associated with a much more dangerous statistic: it is the day with the highest incidence of home fires involving cooking equipment of the year. Home fires pose a significant risk to families. Nearly 494,000 structure fires were reported nationwide last year, or one every 85 seconds. Orange County residents experienced a total of 1,028 structure fires in 2013, the last year for which data was available. Fortunately, structure fire occurrence has been declining significantly; the number of structure fires has dropped by 55 percent since 1977. Common causes of these fires range from faulty appliances to candles, electrical equipment,

lighting, and smoking materials. This month, I would like to share some tips on home fire safety you can use to keep you and your guests safe during your Thanksgiving celebrations.

One of the most important steps you can take to keep yourself safe is to ensure your smoke alarms are functioning properly. A working smoke alarm will give you an early warning in the event of a fire so you can get outside quickly. Install smoke alarms in every bedroom, outside each separate sleeping area, and on every level of your home. Test your alarms at least monthly. If you do not have smoke detectors, our Fire Rescue Division will purchase and install them detectors in your home free of charge. You can request this serve on our website http://www.orangecountyfl.net/ EmergencySafety/SmokeDetectorRequestForm.aspx.

Be sure your home heating equipment is adequately maintained and operated as the weather begins to cool. Keep flammable items including mattresses, bedding, and upholstered furniture at least three feet away from



equipment such as space heaters. Ensure your space heaters are turned off when leaving a room or going to bed. Have your central heating equipment inspected annually by a qualified professional. Most importantly, do not use your oven to heat your home.

Be safety conscious as you prepare your Thanksgiving dinner. Be sure to stay in your kitchen when cooking on your stovetop as 57 percent of all home cooking fires involved a range. Do not leave your home while cooking your turkey; nearly 16 percent of home cooking fires involve an oven. Be wary when frying turkeys; traditional do-it-yourself home turkey fryers carry a significant risk of burns and fire. Ask a professional establishment such as a grocery store, specialty food retailer, or restaurant, to prepare your turkey for a small fee. Alterna-

tively, you may consider an "oil-less" turkey fryer. Children in the food preparation area may accident touch hot cooking surface or overturn containers

filled hot foods and liquids which can cause burns. Have activities such as games, puzzles, or books available to keep children out of the kitchen during your meal preparation. Kids can even get involved in Thanksgiving dinner preparations with recipes that can be done outside the kitchen.

I hope you will keep these tips in mind over the next few weeks. If you have any additional questions about fire safety, please contact Orange County Fire Rescue at 407-836-9000. As always, if you have any questions or concerns about any issue facing Orange County, please do not hesitate to contact me or my staff, Edgar Robinson and Lynette Rummel. We can be reached at 407-836-7350 or by email and district5@ocfl.net. I wish you and your family the best this Thanksgiving season!







Protection And Service The Winter Park Police Department

Unbuckled Motorists Beware: You'll Pay

Are you traveling this Thanksgiving? Millions of Americans are. In fact, nationwide the Thanksgiving holiday weekend (6 p.m. Wednesday evening to 5:59 a.m. Monday morning) is one of the busiest and most dangerous travel times of the year. People hit the roads to travel near and far, planning to spend the holidays with family and friends. But there's one simple thing that too many travelers are failing to do: buckle up. Wearing your seat belt is the single most effective thing to save your life in the event of a crash, yet almost half (49%) of all passenger vehicle occupants killed in crashes are unrestrained.

That's why the Winter Park Police Department is participating in the

Click It or Ticket campaign from November 17th through November 30th. Across the United States, state and local law enforcement will be cracking down on anyone who violates the seat belt law. If you are caught not wearing your seat belt you could be subject to a \$114.00 fine.

Thanksgiving travelers will not be getting any warnings, and law enforcement will be out day and night, patrolling for unbuckled motorists. The idea behind the Click It or Ticket campaign, which is a partnership with the United States Department of Transportation's National Highway Traffic Safety Administration (NHT-SA), is to make all motorists aware of the benefits of wearing a seat belt, and the grave risks of not wearing one. Stepped-up enforcement is effective at getting people's attention in

this serious matter. For some people, a ticket speaks louder than crash statistics. For others, they don't realize just how dangerous a crash is for an unrestrained driver or passenger.

During the 2013 Thanksgiving holiday period, 301 passenger vehicle occupants were killed in motor vehicle traffic crashes nationwide. Sadly, 58 percent of those killed were not wearing seat belts. At night, the number was even higher-64 percent of the occupants killed at night were unrestrained. These deaths may have been prevented with proper seat belt use.

According to NHTSA, seat belts saved 12,584 lives nationwide in 2013. In fact, research shows that with proper seat belt use, the risk of fatal injury to front seat passengers is reduced by 45 percent, and the risk of moderate

to serious injury is reduced by 50 percent.

Nationwide in 2013,

there were 21,132 passenger vehicle occupants killed in crashes. Of those killed, 9,580 were unrestrained. So even though the national seat belt use rate has gone up in recent years and is now at 87 percent, there's still much room for improvement. That number should be 100 percent. In 2013, an additional 2,800 lives could have been saved if everyone had buckled up.

This Thanksgiving, give thanks for the life-saving capabilities of your seat belt-and wear it. You never know when you'll get in a crash, and you certainly don't want to see flashing police lights in your rear-view mirror. If they see you unbuckled, you will get a ticket. No tolerance, no warnings, no excuses. Remember: Click It or Ticket.

Goal Of Mission United: Change Outcomes For Veterans

By Tommy Boroughs and Doug Metcalf

In the next three to four years, 1 million brave men and women will return home from active duty overseas. After hanging up their boots, they don't deserve to become just another statistic.

Unfortunately, studies show that 24 percent of post-9/11 veterans are unemployed and nearly half report difficulty adjusting to civilian life. One-third of Florida's homeless population, in fact, is made up of men formerly in the military.

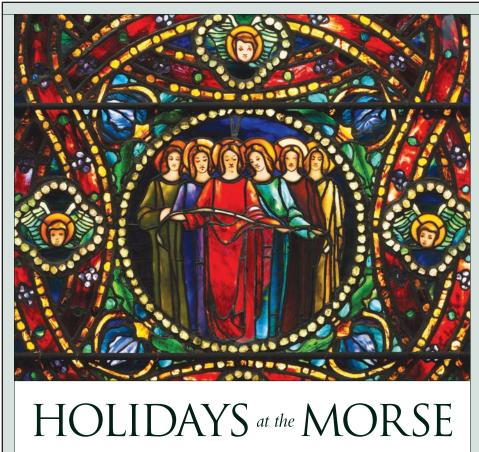
It doesn't have to be this way.

As veterans ourselves, we're honored to be leading Mission United, a newly launched United Way program that connects veterans and their families with resources primarily in the areas of education, employment and legal assistance. In collaboration with several community partners, Mission United makes getting help easier than ever.

It's as simple as picking up the phone and dialing 2-1-1.

"John," a veteran with a wife and two young children, recently discovered why Mission United is such a critical service. After losing his job, John sent out more than 100 resumes but received only two responses - both rejections. He and his family teetered on the brink of homelessness.

Continued on page 8



Make the Morse a Holiday Tradition

Live Music, Tours and More

Fridays, November 20 – December 18 4 p.m. - 8 p.m.

37th Annual Christmas in the Park

Thursday, December 3 Downtown Winter Park 6:15 p.m. – 8 p.m.

Christmas Eve Open House

Thursday, December 24 9:30 a.m. - 4 p.m.

ALL EVENTS ARE FREE



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Dance, Dream & Inspire

John Dowless and his partner, Stephanie Gonzalez, won the fourth annual Dance, Dream & Inspire competition, a fundraiser benefiting Community Based Care of Central Florida (CBCCF). The couple wowed judges with their rendition of the Paso Doble to "Blame" by Calvin Harris.

The event, emceed by WFTV anchors Nancy Alvarez and Jorge Estevez, took place in September at Hard Rock Live at Universal Studios and featured eight local celebrities competing in a format inspired by Dancing with the Stars. More than \$120,000 was raised to help support CBCCF, the tri-county area's leading nonprofit organization overseeing foster care, adoption and child welfare services.

"We're extremely grateful for our dancers, judges, sponsors and the generous support we receive from the community," said Debbie Leon, development director for Community Based Care of Central Florida. "Every day, we serve more than 3,000 vulnerable children in Orange, Seminole and Osceola counties. This unique event allows us and our partners to generate donations that go directly back to our community to help the children who need us."

About 19 percent of the fundraising total came from fans who paid \$1 to vote online for their favorite dancers. Andria Herr and partner Jason Frost won that part of the competition, generating over \$9,000.

Andria Herr and Jason Frost took second place for dancing to "A Thousand Years" by Christina Perry. Eddie Diaz and partner Meghan McNash finished third.

Other local celebrity dancers included Steve Kramer, founder, Kramer Law; John Dowless, president and founder, Millennium Consulting; Wayne Brown, initiative support manager, Community Based Care of Central Florida; Maxine Earhart, owner, Maxine's on Shine; Andria Herr, president, Hylant; Marina Jurica, meteorologist, WFTV; Eddie Diaz, owner, Encore Creations and Eventful Cruises; Charnel Wright, president and founder of We Use News.

Sponsors included Sunshine Health, AT&T, Florida Hospital, Centene Corporation, Fifth Third Bank, Orlando Dream's Realty, Fields Auto Group, Gerry Glynn and Angela Halladay, Titan Electric Southeast, Orlando Health, Westgate Resorts, Tupperware Brands, Bright House Networks, CNL Bank and Orange Ave Medical Group.

In addition, CBCCF presented Walt Disney World Resorts with the 2015 Inspiration Award for its strong commitment to making a difference in the lives of vulnerable children.



From Page 7

By calling the 2-1-1 information assistance line, John was assigned to a CareerSource employment counselor at United Way who assessed his skills and connected him with an accounting firm. Less than a week after dialing 2-1-1, John had a good-paying job and was able to once again provide for those who counted on him most.

Every day, Mission United and its partners help veterans like John navigate a complex, fragmented network of government and community resources. In addition to support in areas such as earned GI Bill benefits, legal advice and job placement, we also connect veterans with a multitude of other community resources – from counseling and mental health to housing and healthcare.

Once in the program, veterans



receive a personalized plan and one-on-one case management, ensuring they have everything it takes to handle life's myriad challenges.

As grateful Americans, let's fight as hard for our heroes as they fought for us. Together, we can spread the message about Mission United and make sure no veteran is left behind.

Remember, it all starts with a call to 2-1-1. If you know anyone who would benefit, please encourage him or her to contact us today.

Tommy Boroughs, a partner at the Holland & Knight law firm, served in Vietnam as a Marine. He achieved the rank of captain before returning to civilian life. Major General Doug Metcalf, who also served

in Vietnam, retired from the Air Force in 2005. Together, they co-chair



Heart of Florida United Way's Mission United program. To learn more, visit www.211MissionUnited.org.

At left, Tommy Boroughs. Above, Doug Metcalf.



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Winter Park Honored With Top America In Bloom Awards

Winter Park recently received the "Outstanding Achievement Award for Overall Impression" at the 2015 America in Bloom (AIB) Symposium and Awards Program in Holland, Michigan. This is the city's second major AIB award in three years. Competing against 40 communities nationwide, Winter Park also received the top 2015 "Bloom Rating" as well as a special mention for "Heritage Preservation." With these recent accolades, Winter Park is now only one major award from entering the AIB Circle of Champions with other top-rated communities in the United States. Other competitors in Winter Park's population category included Calabasas, California; Hammond, Louisiana; and the category winner - Venice, Florida.

Two AIB judges who visited Winter Park in early May, Marlborough Packard and Lisa Netherland, spent two days touring each community in the 20,000 to 30,000 population category, at which time they met with municipal officials, residents, and volunteers. Participating cities were evaluated on six criteria across municipal, commercial and residential sectors including overall impression, environmental efforts, heritage preservation, urban forestry, landscape and floral displays. Cities were also judged on community involvement.

According to AIB Executive Director Laura Kunkle, "America in Bloom is helping towns and cities of all sizes achieve their potential. Every year, our participants raise the bar, and the accomplishments and progress shown by this year's group is again remarkable. These are, without a doubt, some of the best places to live in America."

Winter Park judges were particularly taken by the efforts at the Hannibal Square Heritage Center (HSHC). Their evaluation noted "The HSHC was one of the most noteworthy heritage efforts in Winter Park. The African-American community has always been an integral part of the heritage of Winter Park, and the residents of this community have a long, important role in the dynamics of the city."

The symposium was attended by Stephen and Kristin Pategas, members of Winter Park's Keep Winter Park Beautiful & Sustainable Advisory Board and Winter Park Blooms Committee. Mr. Pategas was a nominee for Community Champion and one of six Pecha Kucha presenters with his topic being Winter Park's environmental efforts.

Winter Park Blooms is actively seeking additional community volunteers. For more information, please contact 407-599-3364 or agulden@cityofwinterpark.org.

For more information regarding AIB, please visit americainbloom.org.

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22nd Annual Canstruction: "Hunger Heroes"

Creativity and more than 42,000 packaged food items were used to build elaborate displays for a good cause at the 22nd annual Canstruction competition.

Canstruction is an international competition where architectural "artists" design and build sculptures made entirely from packaged food ... all within an 8′x8′x8′ space. The event – part team building exercise, part food drive and part creative design outlet – kicked off Oct. 4 at Orlando Fashion Square and will benefit Second Harvest Food Bank of Central Florida.

The 17 teams participating in this year's event partnered with local charities and nonprofits as part of 2015's "Hunger Heroes" theme. The competitors channeled their inner architect and constructed sculptures to help raise awareness around the critical issue of hunger in Central Florida.

"Canstruction makes passersby stop in their tracks to find out why people are building these enormous structures – and that helps educate our community about the fact that one in six of our neighbors face food insecurity every day," said Dave Krepcho, president and CEO of Second Harvest Food Bank of Central Florida. "I look forward to this event every year because it's fun and creative way for the local design community and others to come together and fight hunger."

Following the build day, judging took place on Oct. 5 when teams unveiled the canned and non-perishable food structures. A panel of distinguished community and design professionals, including





Dave Krepcho, Deborah Simpson, Jacki Hale and Greg Finkelstein selected the following winners:

Honorable Mention – T.N.D. Helping Hands American Farmer, American Hero

Use of Labels – East Orlando Health and Rehab Heroes of Hope

Best Meal – Morris-HZ Food for Thought

Structural Ingenuity – VOA, exp, CCI CAN-na-na-na-Na-na-na ... BATCAN!

Juror's Choice – Walt Disney World, Design & Engineering

We CAN All Be Incredible!

At the close of the exhibit on Oct. 12, all food products used in the designs were donated to Second Harvest for distribution to pantries, soup kitchens, homeless shelters, senior programs and low-income daycare

centers.

The competition was sponsored by Orlando Fashion Square, Triangle Reprographics, the Orlando Chapter of the Society for Design Administration, American Institute of Architecture, Bright Future Electric, Sound Stage, Winter Park Blue, Burke Hogue Mills, Inc., and Cuhaci & Peterson Architects.

Helping Veterans And Active Duty Military Members

by Angel Morales, Social Security Manager, Orlando, FL

On Veterans Day, the nation honors the men and women who risk their lives to protect our freedom. Social Security honors veterans and active duty members of the military every day by giving them the respect they deserve. A vital part of that

is administering the Social Security disability program.

For those who return home with injuries, Social Security is a resource they can turn to. If you know any wounded veterans, please let them know about Social Security's Wounded Warriors website. You can find it at www.socialsecurity. gov/woundedwarriors.

The Wounded Warriors website answers many commonly asked questions, and shares other useful information about disability benefits, including how veterans can receive expedited processing of disability claims. Benefits available through Social Security are different than those from the Department of Veterans Affairs and require a separate application.

The expedited process is used for military service members who become disabled while on active military service on or after October 1, 2001, regardless of where the disability occurs.

Even active duty military who continue to receive pay while in a hospital or on medical leave should consider applying for disability benefits if they're unable to work due to a disabling condition. Active duty status and receipt of military pay doesn't necessarily prevent payment of Social Security disability benefits. Although a person can't receive Social Security disability benefits while engaging in substantial work for pay or profit, receipt of military payments should never stop someone from applying for disability benefits from Social Security.

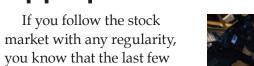
Learn more by visiting www.socialsecurity.gov/woundedwarriors.

Social Security is proud to support the veterans and active duty members of the military. Let these heroes know they can count on us when they need to take advantage of their earned benefits.

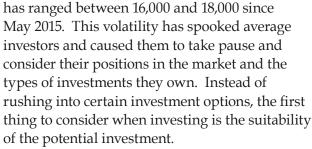
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fiscal fitness by John Gill

Appropriate Investing - Is It Suitable For Me?



months have been anything but regular. The market



What is suitability? Suitability refers to the process of selecting investments or a portfolio of investments that reflect the investor's tolerance for risk balanced against the return they want to achieve. As defined by the website Investopedia, suitability is a situation (and sometimes a legal requirement) that an investment strategy meets the objectives and means of an investor.

So what does this mean practically? It means a responsible investment professional will ask questions to determine the best possible investment for the client. To determine suitability the investment professional will ask a series of questions or administer a survey to evaluate risk tolerance.

The questions will evaluate income, savings,



current investments (balances and type), investor age, investment objectives, time horizon and future needs, loss tolerance, risk tolerance, sophistication, and investor experience. Once these variables are considered the investor profile will assist with the development of a portfolio or investment program that satisfies the needs of the investor while being suitable to achieve their return requirements. The investor will be grouped into one of five categories: conservative, moderately conservative, moderate, moderately aggressive, and aggressive. According to the website Tools for Money, the categories can be defined as outlined below.

Conservative - This investor isn't willing

to tolerate "noticeable downside market fluctuations," and is willing to forego most all significant upside potential. The typical range of annual returns for a conservative investor in down financial markets are -3% to +2%, in flat markets 3% to 6%, and in up markets 7% to 9%.

Moderately conservative - An investor who can tolerate a little more risk than the Conservative investor, but still is adverse to large short-term downside fluctuations. The typical range of annual returns in down financial markets are -5% to +1%, in flat markets 2% to 8%, and in up markets 9% to 12%.

Moderate - The majority of investors are in this middle-of-the-road category. The reasons people tend to be in this category are too many to list here. The most common is the desire to invest long-term for retirement or college funding. The typical range of annual returns in down financial markets are -8% to +4%, in flat markets 5% to 9%, and in up markets 10% to 15%.

Moderately aggressive - The investor who wants to outperform a basket of similarly weighted indices when the markets are up, and doesn't mind too much being down a little more than the markets when they are down. The typical range of annual returns in down financial markets are -10% to 0%, in flat markets 1% to 10%, and in up markets 11% to 20%.

Continued on page 11.

email to FiscalFitness@ymail.com. Follow John on Twitter, @john_gill1.

critical mass by Jim Hasley

Saving For A Secure Retirement

greatest financial challenges Americans are facing is preparation for a

secure retirement. While market fluctuations are unpredictable, people can control the amount of income saved annually, greatly influencing their retirement outcome. We can use a simple process to estimate the percentage of earnings a person should allocate for a secure retirement.

According to Georgia State University's RETIRE Project most people require about 80% of pre-retirement earnings to maintain an equivalent lifestyle spending during retirement. There are several reasons supporting the reduced need for income: Retirees are no longer allotting a portion on income for retirement savings, they don't pay Social Security and Medicare taxes, they may pay less federal income tax because only a portion of Social Security income is taxable, and they may have reduced exposure to expenses associated with mortgage payments, commuting, dry cleaning, etc.

We can use a future value calculator (www.calculator.net/finance-calculator.html) to estimate the amount of inflation-adjusted future income a person will need at retirement. For instance

One of the a 37-year-old worker earning \$50,000 can input 80% of their current income $($50,000 \times .80 = $40,000)$ as the present value, 3% as an inflation value and 30 years as the period value to learn they will need about \$97,000 annually increasing with inflation to maintain their current lifestyle during retirement.

> Next a person can visit SSA.gov to access their personal retirement benefit estimate. We can subtract the expected annual Social Security benefit from the future income need to determine the shortfall that will be required from other retirement investment sources. If we subtract a hypothetical annual Social Security payment of \$33,600 from the future need of \$97,000 we arrive at a net need of \$63,400.

> To estimate the amount of money to be accumulated we can use the "4% rule." That is, a person retiring at age 67 can withdraw 4% of their savings each year with little risk of our living their funds. So our example requiring \$63,400 annually will need about \$1,585,000 (\$63,400/.04) of retirement assets at age 67.

A payment calculator (www.calculator.net/finance-calculator.html) is useful to estimate the savings person will need to allocate each month to reach their ac-Continued on page 11.

James M Hasley, CFP is a financial services industry speaker and has been recognized by the LIFE Foundation with a realLIFEstories Client Service Award. For questions, Jim can be reached at jhasley@financialguide.com or 407-661-2289.





Observer

The Park Press

WFTV !

David Rider Named Executive Director At Winter Park YMCA Family Center

The YMCA of Central Florida today announced the appointment of David Rider as executive director of the Winter Park YMCA Family Center and Peggy & Philip B. Crosby Wellness Center YMCA.

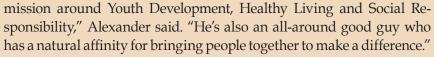
In this role, Rider will lead operations, community development and financial development initiatives at both Winter Park Ys.

A lifelong resident of the Maitland/Winter Park area, Rider's business experience and deep roots in the

community make him a natural fit for the role, said Jody Alexander, YMCA vice president of operations.

"David is a rare blend of Fortune 100 Executive, entrepreneur and community leader

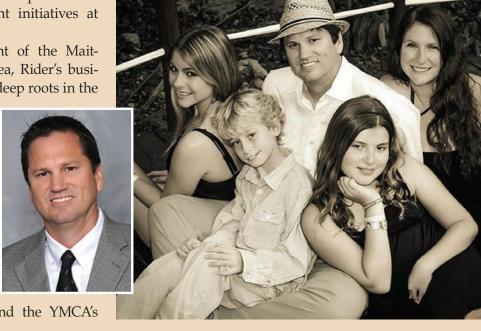
who will help expand the YMCA's



A graduate of Florida State University, Rider most recently served as president of C-Level Consulting Group. He also has 20 years of executive-level experience within the telecommunications industry.

As a youth, Rider attended Winter Park High School and Lake Highland Prep and grew up at the Winter Park Y. "I've been coming to the Winter Park YMCA since my father carried me in his arms for basketball practices," he said. "I'm now fortunate to have my children in the same programs. I believe deeply in the Y cause and look forward to connecting even more young people, families and volunteers to the life-changing difference the Y can make."

A father of three, Rider enjoys golfing, traveling and spending time with his wife and family.



Fiscal Fitness, from page 10.

Aggressive - These investors want to substantially outperform the markets and (should) know they are exposed to much more risk than the markets. They could easily lose up to 40% of their portfolio value in a few months, and it may take years to recoup these losses. The typical range of annual returns in down financial markets are -15% to -5%, in flat markets -3% to 7%, and in up markets 15% to 25%

I have included some basic questions to make sure an investment is suitable.

What are the risks of this investment and is the potential return worth the risk?

What are my long-term investment goals?

What are the expenses associates with this investment?

How do alternative investments compare in terms of risk, return, and cost?

What are the tax implications of this investment?

What happens if I want out of the investment?

Are there any conflicts of interest between the investment professional/firm and the investment creator/seller?

Does the investment being match my investment profile?

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Critical Mass, from page 10.

cumulation goal. Simply enter the accumulation goal as the future value, enter the number of years until retirement and the estimated growth rate of the retirement assets. In our example to accumulate \$1,585,000 over 30 years at 7% a person would need to save about \$15,600 annually or \$1,300 monthly.

Starting out saving \$1,300 each month may be difficult, so we can estimate how much a person should save now on an annually inflating basis with the thought a person can increase their annual savings as income increases. Use the following formula to calculate the inflation adjusted interest rate to plug into a financial calculator to solve for the current savings amount: (interest rate + inflation rate) + (interest rate * inflation rate). In our example $(7\% + 3\%) + (7\% \times 3\%) = 10.21\%$. To accumulate \$1,585,000 over 30 using our inflation adjusted variable of 10.21% a person needs to save about \$700/month or \$8,400 annually in the first year increasing that amount by 3% annually: \$721/month in year two, \$743/month in year three, etc.

\$8,400 represents 16.8% of our example's income and represents a healthy household savings rage. Employer contributions to retirement plans can help to reach that savings goal but the primary savings driver will still fall on the shoulders of each individual.

pop culture detours by George McGowan

Obscurities Can Become Lifelong Favorites

My years of consuming music can be broken down into several phases. Phase One can be summarized as the "Columbia House Record Club" phase and includes such luminaries as the Eagles, Molly Hatchet, and the Cars. I can report that I have only chosen to listen to two of these three artists in the last few months. I will leave it to you to guess and play along with me a new game - "Who Holds Up?" This game consists of going through your old mix tapes, mix CDs, five-starred iTunes lists, et cetera, to determine what music acts that you continue to play and re-visit, even though they have long since folded up their tents and entered music-making retirement.

Phase Two of my music consumption is the "Season of Having My First Money to Spend." This season consisted of my high school and early college years. These were wonderful times to visit (or work in) old relics called "record stores" and peruse the stacks for that interesting band name or interesting album cover. There were not a lot of purchases made in this phase, but when a purchase was made, the album began a process of being worn down by being played over and over. Sometimes only one or two cuts on the 1 i k e album got this treatment. These were Steve also the beginnings of a bad habit the music "completest" - whereby a

chronic like myself would begin to collect all the work by these artists. So - the racks of all the Police, Ramones, Elvis Costello, Paul Simon, the Smithereens, Pink Floyd, Prince, R.E.M. and the Clash records were stored, treasured, toted to parties, stolen from parties, and re-purchased to maintain the collection occurred.

Phase Three overlaps with the dawn of the compact disc and the beginnings of online music through iTunes. Call it the "Transition to Digital Music" or "Too Many Playlists to Manage" phase.

It includes the beginnings of MTV and a more widespread access to music news through magazines, podcasts, and Internet links. In this stage, I also added my tendency to collect music Musician by more Steve Forbert obscure artists. phase is the "Live Music and Spotify" Names see music played live on a regular basis in Orlando

Forbert, Lyle Lovett, Spanic Boys, Spin Doctors, Marshall Crenshaw, Rosie Vela, Lenny Kravitz, Michelle Shocked, Flaming Lips, Southern Culture on the Skids, and the introduction of different genres of music (bluegrass, Chicago blues, some classical, old Steely Dan, newer Radiohead) were added to first the CD collection, then purchased from iTunes, and finally converted from the CD collection to the computer through transfer to the MP3 format. So, I welcomed Alison Krauss, Buddy Guy, John Lee Hooker, and the "Amadeus" soundtrack to the scene.

The current

era. Being able to

derful. The acts I have seen and the venues I have become fond of in Orlando are creating great memories for me, my family and my cadre of friends whom I drag to shows. Next week, someone will be dragged to see Gang of Four at the Social. After that, Sufjan Stevens at the new Dr. Phillips Performing Arts Center. And in 2016, Gary Clark, Jr. at the House of Blues. This phase has broadened my musical palate and enriched my life in countless ways. Fine new music is being created and shared with all of us in Orlando - national acts like St. Vincent, Tennis, My Morning Jacket, The New Pornographers, Sharon Jones and the Dap Kings, Phantogram, and Band of Horses, shine along-side local acts like Pilgrimage (which features my nephew on guitar).

(and not simply through whatever

"Rock Superbowl" was pre-arranged

for our consumption) has been won-

So what holds up from the early phase of my listening these days - yes to Steve Forbert, Marshall Crenshaw, Alison Krauss, not so much to Rosie Vela, Southern Culture on the Skids, Eagles or the Cars, a big NO to Spin Doctors, Michelle Shocked, Lenny Kravitz and "Amadeus" (you're welcome, Janna!).

What phases have you lived through? And what acts "hold up" or not?

theater in the parks by Barbara Solomon

I Think Therefore I Am

BAKERSFIELD MIST WRITTEN BY STEPHEN SACHS **DIRECTED BY MATT PFEIFFER** STARRING STEVE BRADY AND ANNE HERING

This dramedy is totally dynamic! You may ask, what is a dramedy? It is a drama with more than a smattering of comedy, and Bakersfield Mist is certainly very funny! It is the story of a down-and-out ex-bartender who buys a painting for \$3.00 in a thrift shop, only to discover it is a Jackson Pollock, a work of abstract expressionism. Now comes the \$64,000.00 question--is it a real Pollock or a good imitation. To authenticate it in order to get top value, Maude (Anne Hering) has arranged to have an art expert, Lionel Percy (Steve Brady) come to California to evaluate it. And he does, much to Maude's dismay. She then tries all sorts of ways to convince him it's authentic, ending with a real zinger, a fingerprint. He's still not convinced, but by now we, the audience, are not sure either way.

This play was extremely well acted.

This is the best work I've ever seen Anne Hering do. She was wild when she needed to be, conniving when she needed to be, and needy when she needed to be. This was real acting! Steve Brady matched her step for step. He owned the stage during his tirade of a monologue, revealing nuances only the best of actors can achieve. The set was great--it looked just like my antique store! And Matt Pfeiffer's direction was impeccable.

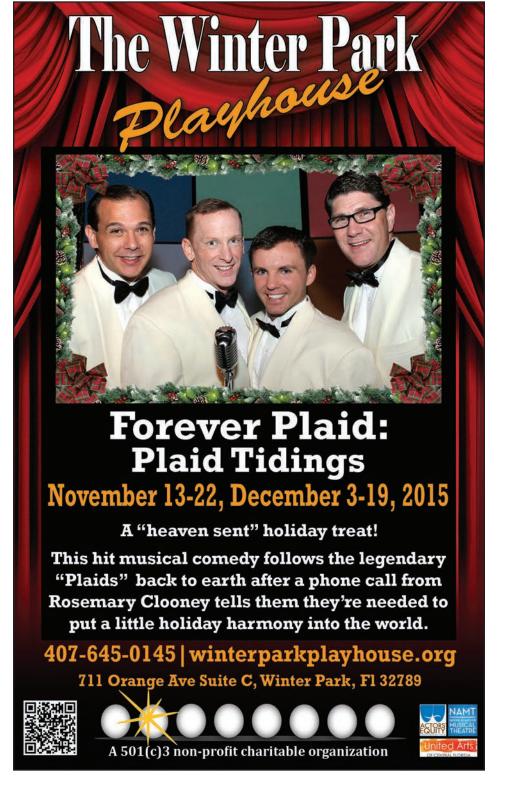
What was the theme of the play? I saw it as a question of, what is real? Is it real just because we think it is? Or is it only real if it is scientifically proven? No matter how hard we believe, can we make something real that is not? That is the question.

I'm dedicating this review to a patron of the theatre, Robert Stonerock, who recently went to the great theatre in the sky. You will be missed!

Playing through November 15th at Orlando Shakes, Lochaven Park, Orlando. For more information call 407-447-1700 or visit orlandoshakes.org.



BARB'S BEST BETS FOR NOVEMBER: "FOREVER PLAID: PLAID TIDINGS" AT THE WINTER PARK PLAYHOUSE, "THE SECRET GARDEN" AT MAD COW, AND "MAN AND SUPERMAN" AT UCF.



13

the educated palate by Scott Richardson

Zona Fresca - Mexican Style Cuisine In Winter Park

amount of time in Torreón, Mexico, which is a little over 600 miles northwest of Mexico City, I experienced some very good local authentic cuisine and that's the foundation for

my reviews of Mexican restaurants. Although this type of cuisine is not one that I frequent often, I did venture out to Zona Fresca.

Zona Fresca is in the Ravaudage complex on 1035 N Orlando Ave, Ste. 105, Winter Park, FL. Zona Fresca is a fast-casual Mexican grill restaurant chain turned franchise that started about 12 years ago in South Florida by Tim Dobravolskis (chef) and Oscar de Armas (marketer), both originally from Southern California.

The location is spacious with plenty of seating, with a small window counter seating area looking out over the parking lot, as well as outdoor seating. The counter service is a reminder that the emphasis is on fast, not so much casual, although the food is made to order.

Having spent a short the cashier or they do have paper versions available, as well. After looking around at what some of the other customers were eating, I chose the Machaca burrito (\$8.75), which has braised shredded beef with pinto beans, cheese, avocado, lettuce and pico de gallo. This item comes with chips and a trip to the salsa bar, which was unimpressive, having several types of "homemade" salsa such as pico de gallo, some cut-up limes, along with some scorched semipickled jalapeños that were quite potent and some pickled red onions. I thought the shredded braised beef was lacking flavor, and was not what I was expecting in terms of overall taste profile. The portion was large and is served in a paper basket, unlike the photos on their website.

> I also ordered a Baja fried fish taco (\$3), which was a recommendation from a foodie friend. The small piece of fried beer-battered fish was tucked inside two

soft corn tacos, with shredded cabbage and tangy Ordering takes place from a menu board behind dressing and chips. I did not ask what fish was

> used, although it did not taste like Mahi-Mahi, which is what Baja-style fish tacos are usually made from, at least in my experience. Again, this dish lacked flavor, even the tangy dressing seemed to fall flat on my palate. This



Above, Machaca burrito. Photo by Scott Richardson.

taco could use a little chipotle added to the mix, and it would add another dimension onto the dish.

Overall, my expectations of a flavorful experience were not met. Zona Fresca reminds me of Baja Fresh, a Tex-Mex fast food franchise. I did not expect any service and so I was not surprised when I experienced a fastfood restaurant ordering style, or when the manager called out my number for me to pick up the food.

You can check out their menu and additional information at www.zonafresca.com.



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NOVEMBER 19 5:30 - 7:30 p.m. **Winter Park Village**

Join the Winter Park Chamber of Commerce and Winter Park Village for a fall-themed happy hour to fight hunger in our community.

The evening will feature live music by Emily Kopp, drinks and appetizers from your favorite Winter Park Village eateries, plus a fun photo booth with all proceeds going to the cause.



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real estate in the parks by Scott Hillman

Best Day To Buy Or Sell A Home Is Really What's Best For You

When it comes to buying a new car, you may have heard it said that it's best to order one that's come off the production line on a Wednesday. When it comes to buying a home, the

best days of the month are Monday and Friday, according to a study by a national estate firm that

analyzed 32 million home sales in 109 metro areas over a 15-year period (2000-2014).

While it is interesting to see when transactions in America performed in relation to the calendar, the authors of the study acknowledged that results varied from market to market.

Without having conducted a study of the metro Orlando market, the best time to buy or sell a home is, and always will be, when you need to or want to, based on your family's needs and life changes. Perhaps a new job requires a relocation, or the children have grown and you're now an empty nester with more house than you really need. Maybe your family has grown and you ter school district for your children's education.

According to the study, the best month to buy a home was October with the best day to buy a home October 8 when the average sale price was 10.8% below the average estimated market value at the time of sale. Of the 2.7 million sales closed in October, the average sale price was 2.6% below the average estimated market value at the time of sale.

Calendar

The top 10 best days

to buy included three each in October and December, two in November and one each in September and February. Following October, the best months to buy a home were February, July, December and January, while the worst month to buy a home was April when buyers purchased at an average premium of 1.2% above the estimated market value. On the flip side, the study said that made April the best month for sellers.

> When it came to the worst days of the year to close on the purchase of a home based on premiums buyers paid above estimated market value at the time of sale, January 19 led the pack at 9.6%. While Monday and Friday were the best days of the week to buy when buyers realized average discounts better than 2% below the fullest market value at time of sale, Thursday, Wednesday and Tuesday were to top three worst days based on average

> > The bottom line. It doesn't matter what sign you were born under or whether the planets are properly aligned, when it comes to buying or

selling a home it's really a matter of what's best



Scott Hillman is president of Fannie Hillman + Associates, a 34-year-old Winter Park-based real estate company specializing in residential real estate sales and producer of The Hillman Report, a semiannual look at residential real estate in Orange and Seminole counties that can be viewed on the company's website (fanniehillman.com) or by calling (407) 644-1234 for a copy.

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Orlando Business Journal

in the garden by Stephen and Kristin Pategas

Touch-a, Touch-a, Touch Me Plants

To add visual interest into the gardens we design we always incorporate plants with arresting visual characteristics. Sometimes they are so stimulating they demand to be touched. Since our sense of touch is an important way we relate to our surroundings, touching plants is a great way to develop a more intimate relationship with the garden.

Some plants just beg to be stroked, whether it's the texture or to see if it is real.

Squid agave – *Agave bracteosa* (yes, it does look like one)

Torch or candelabra aloe - *Aloe arborescens* (red and torch-like)

Balloon flower – *Platycodon grandiflorus* (blossoms are puffed up before they open)

Cylinder sansevieria – Sansevieria cylindrica (cylinder-like leaves)

Lobster-claw heliconia - Heliconia rostrata (this waxy claw of a bloom is safe to shake)

Lifesaver cactus – Huernia confusa (amazing look-alike to the candy, but not edible)

Horsetail – *Equisetum hyemale* (segmented multiple stems grow upright, keep it contained)

Black bat plant - Tacca chantrieri (bat-shaped black flower)

Cat's whiskers - Orthosiphon stamineus (aptly named for the blossoms)

Mexican feather grass - Nassella/(Stipa) tenuissima (finest foliage and blossom texture)

Cardboard plant - Zamia maritima (thick leathery leaves)

ZZ plant – Zamioculcas zamiifolia (super glossy leaves that do not look real)

Sapphire Skies yucca -Yucca rostrata 'Sapphire Skies' (bluish, flexible leaves that aren't sharp)

At right: Devil's backbone should be planted next to a chiropractor's front door.

There are those plants that reward you with a sensuous feeling.

Lamb's ear *– Stachys byzantina* (It has super-soft foliage but doesn't last long in our climate. Plant it as an annual.)

Devil's backbone – *Pedilanthus tithymaloides* (zig zag stems)

Rabbit's foot fern – Davallia denticulata (exposed roots are furry)

Cow's tongue/flapjack plant/paddle plant -Kalanchoe thrysiflora

Mexican feather grass – Nassella (Stipa) tenuissima (feathery leaves and silky blooms)

(round flat leaves)

Foxtail fern – Asparagus densiflorus 'Meyerii' (very fuzzy and tail-like)

Top right: Stroke these fine feathery blooms on Mexican feather grass.

Bottom right: Bunny ears cactus has very fine spines that are not for touching



There are other plants that provide a sharp rebuke. Why do we reach out to touch something that appears sharp? Perhaps we are drawn to danger. Anyway, use a light touch on these unless it says otherwise.

Alligator plant – *Acanthus montanus* (very spiny variegated leaves)

Gemini agave - Agave geminiflora (a globe of sharp-ended spaghetti-like leaves)

Queen Victoria agave - Agave victoria - reginae (super cool variegation with spiny leaf ends)

Bunny ears cactus - Opuntia microdasys (They look oh so furry but definitely don't touch. If you do, use duct tape to remove the spines.)

Screw pine - Pandanus utilis (leaves with saw-toothed margins spiral up the trunk)

Needle palm – *Rhapidophyllum hystrix* (serious needles adorn the base)

Saw palmetto - Serenoa repens (small saw-like teeth on the stems)

Winged elm - *Ulmus alata* (winged corky protrusions on the branches of this tree)

Spanish bayonet -Yucca aloifolia (very sharp pointed leaves)



At right: Lifesaver plant blossoms are not edible!

> Consider adding some of these plants to make your garden more sensual and engaging. Just use caution and common sense when selecting and placing the spiny or thorny ones in locations within the garden.

Hortus Oasis (FL26000315) in Winter Park is a boutique garden design company specializing in residential, commercial and specialty gardens. Stephen is a registered landscape architect and Kristin is a certified landscape designer. Contact them at 407-622-4886/garden@hortusoasis.com

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In retirement, Fannie Hillman still has what matters most.

Real estate icon Fannie Hillman has always focused her life around friends, family and the comforts of home. And, after moving to The Mayflower, she still does.

Here, Fannie enjoys the spacious luxury of her new customized apartment. She also cherishes being near her children and staying active around town. "At The Mayflower, I am so close to my family and the Winter Park community I love," she says.

Daughter Mary Greer and son Scott Hillman know their mother is well cared for in a safe, friendly environment. "The Mayflower's location couldn't be more convenient," Scott says. "And the staff and residents have gone out of their way to make her feel at home."

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live meaningfully by Ayesha G. Bullock, M.A.

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Holiday Unplugged...

Though I recognize that it's November and the world according to GARPP (Gourds, Autumn, Relatives, Pumpkin Pie) is in full swing, allow me

to depart for a moment from all things Thanksgiving for this month's topic.

I currently find myself sitting outside of The House of Blues listening to some pretty epic live music. As the chord progression for John Mayer's Gravity begins to weigh heavy in the summer-to-fall Florida evening air, I look up to see one of those lovely snapshots of human behavior that recalibrates a room and pauses even the most jaded onlooker.

A group, of no fewer than ten people of all ages, creates a human caravan as they weave through the drinkers and diners settled in for the evening. They walk and stomp and wave balloons and brandish cameras as they

make their way through the crowd. They cheer and click and laugh and clap as they follow a man who couldn't be any further along in years than about 23. This young man proudly holds his fair-haired companion's hand as they emerge from the crowd and begin to dance in front of the stage.

This young couple appears to be no different

than any other pair that you'd see throughout any age or era. They are the smitten kittens at the drivein in the '50s, they're the rebel youths at the concert in the '60s, they're the dancing duo at a '70s disco, or the eager pair waiting to get into the club in the '80s or '90s. They're even the 'loitering kids' after ance of this couple was what happened right be-



dinner outside of this very restaurant on any other night of the year. But tonight... tonight they're in the thick of creating a memory.

Tonight, they have the attention and the affection of no fewer than 70 strangers. Tonight they are the evening's greatest show, if only for the 30 seconds when the rest of the world falls away. Tonight

they are the rhythm of beat, the languorous heat and the intoxicating cocktail from which we will all sip in search of the innocence lost and the unfettered hope of an uncharted path.

...The part I failed to mention about the appear-

fore they began to slowly sway from side to side in front of the stage. As the young man turned towards the stage he pulled the simple white sign from the thin string, by which it hung around his neck, and handed it to a member of his riotous posse. As his 'assistant' lifted this sign and it caught the glint of the stage lights, boldly scrawled in black and white were just three short words. There emblazoned in permanent black sharpie they changed a lifetime... SHE SAID YES.

And that's what I call gravity.

Wishing you a Thanksgiving season full of small miracles, precious moments, time that stops for the hope of the future, kindness to strangers, signs of love and

that kind of gravity.

Happy Thanksgiving to you and your loved ones - Cheers and my heartfelt gratitude to each of you.

Be well; Live Meaningfully. Till the next time, Ayesha

Ayesha G. Bullock, M.A. practices at 2150 Park Avenue North as a Licensed Mental Health Counselor and can be reached at ayesha@livemeaningfully.net or 407-796-2959.

schools



Each year Audubon Park Elementary identifies a Teacher of the Year and Support Person of the Year. These individuals are nominated and voted on by their school colleagues. They are people that have demonstrated exceptional qualities day in and day out. For the 2015-16 school year, Mrs. Damary Whelan is our Teacher of the Year and Mr. Miguel Martinez is our Support Person of the Year. Both of these special people work tirelessly to create the best learning environment

for all of our students.

Mrs. Whelan is a third-grade teacher who has been teaching at Audubon Park for seven years and a total of nine years with Orange County Public Schools. She is currently working towards her gifted endorsement and incorporates innovative activities into her classroom continuously. She is a leader among her colleagues and is willing to help anyone at any time. One colleague stated, "She is a teaching rock star! Such an amazing mentor and someone I truly look up to."

Mr. Martinez is our resident custodian who opens the school each morning and ensures the students

have a clean campus upon arrival. He is called several times during the day to clean a mess, make a repair, or simply help with a task. He responds quickly and is always willing to help in any way. He has been at Audubon Park for three years and a total of seven for Orange County Public Schools. "He has a great attitude. He is always there to help," as one colleague stated.

We are extremely proud of them and happy to call them colleagues!



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The school year is moving along at

a rapid pace. The first nine weeks has already come to an end! Over the past few weeks, Brookshire's second-grade teachers have been taking advantage of the beautiful STEM. Students have been using the engineering process along with their knowledge of earth materials to design a mortar mixture capable of holding together a stone wall. It is this kind of hands-on, project-based learning that engages students in higher order thinking. Needless to say, the students are very excited and are learning a great deal!

Continued on page 17.





- Holiday gifts and decorations
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schools



Happy November!

I am so thankful for our students, staff, parents, PTA, LSE Foundation, SAC, MPLC and all of our community partners! Our success is evident through the hard work and support from all of these stakeholders.

We had a great night of learning at our Math and Science Family Curriculum Night. The parents were able to participate in many hands-on activities with their children. This month our Curriculum Night will be held at Evans H.S. and our focus will be parent resources.

Thank you for attending the monthly PTA and SAC meetings. Your support is vital as we communicate and work together for the success of our students. Each month we provide opportunities for parents and the community to participate and partner with us as we make decisions for our school.

Report card conferences will be held on November 4. Our goal is 100% participation. If you are unavailable to attend that day, our teachers will be happy to meet with you at another time during the week.

We always look forward to Teach-In. We have many volunteers coming to our campus on November 18 to teach the students about their professions. Thank you Volunteers!

Go Tigers!



We would like to highlight two of our wonderful staff members who help make Lakemont Elementary a great school! Our Teacher of the Year is Mr. Luke Erhardt. Mr. Erhardt has been a teacher for fourteen years, the last few here at Lakemont Elementary! He has a love for children, a love for technology, and has a strong commitment to education and to our school.

Mr. Erhardt serves on several committees and holds leadership roles. He serves on our Faculty Advisory Committee and is the sponsor of our school patrols. He assists with our school's drama team and coordinated our school-wide talent show. This is in addition to serving as our full-

time Exceptional Education teacher.

Mr. Erhardt is from Canajoharie, New York. He enjoys biking and walking and loves video games and anything dealing with technology. He also has quite an impressive tie collection! We love and appreciate Luke Erhardt, and are so proud to call him our Teacher of the Year!

Our Support Person of the year is Mrs. Felicia Ghiden. Mrs. Ghiden is an invaluable asset to our Lakemont Team, serving as our register for the past six years. She demonstrates true dedication and selfless service to our students and staff. She always has a kind word to offer and routinely goes out of her way to uplift and encourage those around her.

Mrs. Ghiden is from Chattanooga, Tennessee and she and her husband have one daughter at Winter Park High School. She is very involved with her daughter's basketball team, and enjoys reading and spending time with her family and friends.

We are very proud of our friendly and outgoing Mrs. Ghiden. We feel she is well-deserving of the honor of Support Person of the Year.

Maitland Middle School HAWKS PRINCIPAL DR. STEFANIE C. SHAMES

Maitland Montessori School had a few new students visiting recently: an alligator, several snakes, a tortoise, a turtle, and an iguana! These unusual visitors came with Brian from Amazing Animals and they got to meet all the students in our pre-school. Everyone enjoyed shaking hands, claws and feet!

The Maitland Montessori PTA hosted a Back to School Night on campus as new and returning families were welcomed to the new school year. Pizza was provided by Francesco's Pizzeria so everyone got to taste the pizza they could get for our Friday Pizza lunches. The children enjoyed time with their friends while their parents attended a meeting to discuss PTA events for the upcoming year.

The school's enrichment classes are all well underway so all the actors, dancers, chess players, yoga enthusiasts, robot builders, and tumblers are busy developing their brain muscles as well as their body muscles.

Parents' Night Out is a great opportunity for children to have a fun evening at school watching movies and playing games with their friends. Teachers are the leaders for these special nights and everyone, teachers and children, had a blast at their first evening event.

The 6th - 8th grades took SunRail to the Cornell Museum at Rollins to see the portrait exhibition and then to do their own self-portraits.

During September, the Maitland Library partnered with the school and displayed an art exhibition showing how elements of art are incorporated into everyday Montessori zoology, botany, and geography lessons.

Park Maitland School HEAD OF SCHOOL CINDY MOON

As a child and as a teenager growing up, evening dinners were a sacred time for my family. I remember making sure that I was at the table and fully engaged in discussion. Anything less than that would have been disrespectful. Over homemade spaghetti and meatballs, meatloaf and mashed potatoes, or more elaborate Italian or Lebanese dishes prepared by my mother, we would talk through the day's events. Although I was actively involved in extracurricular activities, I somehow made it home for this ritual.

As a parent, however, I must admit finding the time for a family meal during the school week was more difficult. With two children, both involved in sports activities or clubs, we found ourselves on many nights eating on the run or separately. Those all-important get together evening meals became less and less frequent. If I could go back and do it over, I would look long and hard on how to change this.

Why "Evenings at Home" Matter Today

Children today have a tremendous array of evening activities outside the home available to them, all because of easy access to lighting and transportation. The number of activities, along with access to various electronic devices that take children's attention away from home and family, suggest that "Evenings at Home" have a

different priority for parents today.

Current research makes a convincing argument for spending evenings at home together. According to statistics, one of the greatest predictors of good behavior and academic achievement in school is the family dinner. Children who eat dinner with the family at least three times a week are better behaved and achieve at a higher level than those who don't.



Now that school is in full swing, we are already making plans for the next school year. We are looking at curriculum, textbooks, facility enhancements, and much more.

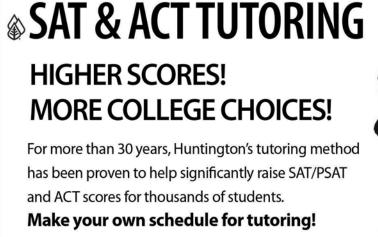
With the thought of next year, we are having our first open house of the 2015-2016 school year. This first open house will be on November 8th from 8:30 a.m.-12:30 p.m. I invite each and every one of you to come and take a tour of our school, meet the teachers, and ask questions. This open house also precedes Bishop Moore Catholic's open house, which begins at 12:30 p.m. This planning allows a family to tour St. Charles Borromeo and then walk over to Bishop Moore Catholic for their open house. Please remember, we accept students all year long, so if someone new moves into your neighborhood encourage them to come and take a tour even if they cannot make it to one of our open houses.

Another exciting bit of news to announce is that St. Charles Borromeo's very own Mary Anne Patchett has been voted College Park's favorite elementary school teacher. Ms. Patchett is certainly a cornerstone of our school and we couldn't be prouder of her recognition.

Also this month, our students had the chance to come together as an entire school community and pray the rosary in front of the Blessed Sacrament with incense. It was such a beautiful rosary and I couldn't be more blessed than to be the principal of the best Catholic school in Central Florida.

Continued on page 18.







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schools



St. James Cathedral School

PRINCIPAL MRS. GERRI GENDALL

St. James Cathedral School (SJCS) had an amazing and successful Boosterthon Fun Run, which is the largest fundraiser sponsored by our Panther Parent Association (PPA). The funds will support the purchase of new organic turf for our school field. The Boosterthon Fun Run experience is a fun fitness event that the students love to participate in! Family and friends anywhere in the world were able to support St. James by giving pledges toward the number of laps each student ran at the Fun Run. This year's Fun Run theme was Big World Recess, a global fitness theme all about building character through sports. During the Fun Run program, students traveled the world learning how to play with character from real student-athletes in other cultures. Class room doors were decorated with the Big World Recess theme, parents, grandparents, and parishioners gathered at St. James Cathedral School to cheer for the students and to watch our preschool, primary and intermediate students complete the challenge. Our Middle School students enjoyed the reward of taking part in a Color Run.

Each student received a custom St. James Cathedral School T-shirt complete with original artwork designed by a SJCS student. Congratulations to our Boosterthon artwork contest winners, Gabby Garcia, from our primary grades and Sofia Carroll from our

middle school. We are grateful and appreciate our T-shirt sponsors who made our custom shirts possible: Vestal & Wiler CPA, ICCF Insurance, Chemical Systems, Wish Your Heroes, Health Care Scouts, College Park Orthodontics, Walsh Law Group, CNBT Bank, HGA Construction, ZHA Inc., JWB Architects, Jewett Orthopedic, Orlando RV and Central Florida Foundation.

The Christ School

The Christ School

Christ School HEAD OF SCHOOL JASON POWELL, ED.D.

The Christ School's 20th year celebration is well underway. Our community continues to enjoy the opportunity to reminisce about the past, plan for the future, and celebrate The Christ School's blessings. We are thankful that the original vision of the school, to provide an outstanding Christ-centered educational experience, is still thriving - twenty years later.

In October, our Chapel theme was "Celebrate Service." The Christ School community embraced this theme with our annual One Great Day of Service, a school-wide service day, on October 30. A cherished tradition at our school, One Great Day of Service is a day in which all TCS students, teachers, staff members and parent volunteers spend an entire day volunteering at a variety of locations in the Central Florida community. The Christ School believes that a day of service at all grade levels provides a unique opportunity to learn the Biblical value of serving others and

teaches children to be community leaders. This celebration of service is one of the highlights of our year; participants experience the joy of showing compassion and sharing their gifts and talents with those who can benefit from them. The act of serving brings many blessings to our students. They learn to look beyond themselves and focus on others. Service allows them opportunities to be leaders; to take charge of tasks and see them to completion. Through service, team-building opportunities with classmates abound, and the joy that service provides shines in their faces.

This year, The Christ School community volunteered at the City of Orlando Fire Station 1, Green Up Orlando in Langford Park, Matthew's Hope, Society of St. Andrew's at Long and Scott Farms, House of Hope, Clean The World, Harvest Time International, Equine Angels, and Pet Alliance of Orlando.

Service learning is a major component of our curriculum and a distinctive of The Christ School. Students learn valuable lessons about being others-oriented, helping them to become earnest leaders.

Winter Park High School PRINCIPAL TIM SMITH

Community is an essential part of Winter Park High School. Our vision is to be the top producer of successful students in the nation. This leads us to our mission which is to lead our students to success with the support and involvement of families and the community. Our community embraces this mission in many ways.

The City of Winter Park led by Mayor Leary, Commissioner Cooper, Commissioner McMacken, Commissioner Seidel, and Commissioner Sprinkel are continual sources of encouragement and support. The City provides an array of essential services and our school feels strong support from the many city departments including the Police and Fire Departments who keep us safe as well as the Parks and Recreation Department who helps us with Showalter Field.

The Winter Park Health Foundation provides resources and support that greatly impacts our students. CHILL counseling services and a health clinic exist because of the Foundation. Our marketing class re-

ceived funding from the Foundation that led to the creation of the Live Life Healthy program where students promote healthy foods and activities to fellow students throughout the school. Funding continues each year which has sustained this student program. Also, our Healthy School Team is funded by the Foundation.

Numerous local businesses, service clubs, and agencies support the school and many are Partners in Education. From providing services to cooking food for special events, volunteers help out.

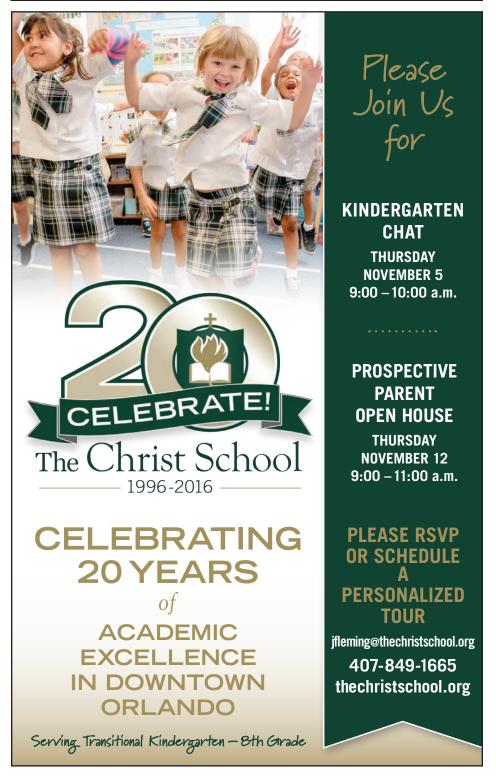
Winter Park High School also has tremendous parent support. This support is provided by our PTSA, including our parent-run College and Career Center, our School Advisory Council, the Winter Park High School Foundation, and the many booster organizations for athletics and performing arts.

Winter Park High School is thankful for this long-standing community support. It makes a difference as it helps our students and our staff.



October events: This month was a flurry of activity as we welcomed fall with many fun and educational events. First, we had our Fall Talent Show, which included singing, accordion playing, joke telling, and even magic tricks! A good time was had by students, faculty and families alike. Other fun fall activities included our Middle School and High School students being invited to attend a presentation by fiction writer, Ben Hale. Our 6th - 12th graders also went on an exciting field trip with their Hands-On Music Class to the Orlando Repertory Theatre to see "Orphie and the Book of Heroes" which had sign language interpretation. The month of October ended with our Biblical Living Biographies/Social Studies Fair/ and Pizza Day!







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COMMUNITY CALENDAR

Audubon Park Garden District Events

Ongoing Events

Every Monday night Community Market – 6:00 to 10:00 p.m. at Stardust Coffee parking lot located at 1842 E. Winter Park Rd. For information call 407-590-8776.

Baldwin Park, College Park and Orlando Area Events

Ongoing Events

Every Monday Smarty Pants - 10:15 a.m. Storytime for children ages birth-5 years old at the Edgewater Branch Library located at 5049 Edgewater Dr. For more information call 407-835-7323.

Every Tuesday and Thursday Crazy 8's - 1:00 p.m. at the Edgewater Branch Library located at 5049 Edgewater Dr. Crazy 8's is a mathematical development series that introduce hands-on games that get kids fired up about math. For more information please call 407-835-7306.

Every Wednesday Belles and Beaus Dance Club has dances every Wednesday from 7:00 to 9:30 p.m. at the Marks Street Recreation Complex located at 99 E. Marks Street. Join in for an evening of fun and dancing to music by the Soft Touch band. Refreshments are available. Singles and couples are welcome. Cost: \$5.00 per person. For more information please call 407-277-7008.

Every Thursday College Park Farmers' Market – 5:00 to 9:00 p.m. located at 1600 Edgewater Dr. For information call 407-999-5251.

Every Friday Professional Presenters Entertain, Educate and Inspire Kids - 11:00 a.m. at the Edgewater Branch Library located at 5049 Edgewater Dr. Activities include: Rainforest animals, magic shows, clowns, kids concerts and more. For more information please call 407-835-7306.

Every Sunday Downtown Orlando Farmers' Market -10:00 a.m. to 4:00 p.m. at Lake Eola. For more information call 407-246-3625.

Monday - Friday Each Week Seniors' Program in College Park — 9:00 a.m. to 1:00 p.m. at the College Park Community Center located at 2393 Elizabeth St. For information call 407-246-4361.

First Friday of Each Month The Art Stroll of Ivanhoe Village – 6:00 to 9:00 p.m. on Orange Ave. between Princeton and New Hampshire.

First Friday of Each Month through December Date Night At Leu Gardens - Gates open at 6:00 p.m. Movie starts at 7:30 p.m. Pack a dinner picnic basket and a blanket or chairs, alcohol is permitted. Grilled items, popcorn and drinks are availablie for purchase. Garden admission: \$6 adult, \$3 child (K-12th grade) and free admission for Leu Gardens Members, weather permitting. Leu Gardens is located at 1920 N. Forest Ave., Orlando, 32803. For more information please call 407-246-2620 or visit leugardens.org.

Third Thursday of Each Month Eunice's Healthy Cooking and Baking Workshop – 10:30 a.m. at the Edgewater Branch Libary located at 5049 Edgewater Dr. Food samples will be provided. For more information and to register please call 407-835-7323.

November 7 "It Takes Courage" Campaign Kick Off - 8:00 a.m. to 12:00 p.m. at these three locations: City of Apopka, Trinity Baptist Church (1022 S. Orange Blossom Trail); University of Central Florida, CFE Arena (12777 Gemini Blvd. N., Orlando); Valencia College, West Campus (1800 S. Kirkman Rd., Orlando). For more information on this domestic abuse awareness event please visit www.harborhousefl.com/ittakescourage or call 321-947-1080.

November 7 Mayor's Family Fun Day - 10:00 a.m. to 2:00 p.m. at Jay Blanchard Park located at 2451 N. Dean Rd. This free event features Carnival-like games, the Bright House Networks Entertainment Lounge, crafs hosted by VoluntEARS from Walt Disney World, food trucks and "Weird Science" demonstrations by the Orlando Science Center.

November 13 2nd Annual Lung Force Expo - 8:00 a.m. to 4:00 p.m. at SeaWorld Sea Harbor Pavilion located at 7007 Sea Harbor Drive. For more information please visit www.lungforce.org/expo.

November 18 League of Women Voters Orientation - 6:00 to 8:00 p.m. at Grace Hopper Hall located at 1913 Meeting Place. For more information and to RSVP for this free event please visit http://lwvoc.org/.

November 24 National Diabetes Prevention Program - 1:00 to 2:00 p.m. at the UF/IFAS Extension Orange County locatd at 6021 S. Conway Rd. For more information please visit orange.ifas.ufl.edu or call 407-254-9200.

December 3 The Orange County Retired Educators Meeting - 10:00 a.m. at College Park United Methodist Church, 644 W. Princeton St. Anyone who has worked in education is invited to join. For more information please call 407-677-0446.

Maitland Events

Ongoing Events

Every Sunday Maitland Farmers' Market at Lake Lily

Every Tuesday Preschool Stories 10:30-11:30 a.m. at the Maitland Public Library located at 501 S. Maitland Ave.

Every Thursday Healthy Maitland Walk 6:30 a.m.; **Babytime** 10:30 to -11:30 a.m. and **Adventures w/Books Club** 2:30 to 4:30 p.m. at the Maitland Public Library.

Winter Park Events

Ongoing Events

Every Monday "Sit-to-Be-Fit" Chair Exercise Class – 9:30-10:30 a.m. at the Winter Park Community Center. This free class is designed for all ability levels and sponsored by the City of Winter Park. For more information please call 407-754-6190.

Monday - Friday "Art in Chambers" exhibit — Monday through Friday from 8:00 a.m. to 5:00 p.m. This free exhibit is on display at the City Hall Commission Chambers located at 401 Park Avenue South.

Every Tuesday and Thursday "Hands-on Gardening" – 9:30 a.m. – noon at the Albin Polasek Museum & Sculpture Gardens. For more information regarding this free year-round event please call 407-647-6294.

Every Tuesday and Thursday Beginning Pilates Class – 5:15 p.m. at the Winter Park Community Center. For more information please call 407-671-9599.

Every Tuesday, Friday and Saturday Winter Park Benefit Shop – The shop is located at 140 West Lyman Avenue and is open from 9:30 a.m. - 1:00 p.m. on Tuesdays and Fridays, and from 10:00 a.m. - 1:00 p.m. on Saturdays. Donate or purchase clothing, bedding, jewelry, kitchenware and more. Proceeds benefit various children's programs and the local branch of Orlando Blind. For more information please call 407-647-8276.

Every Tuesday and Thursday Curator Tours of Louis Comfort Tiffany's Laurelton Hall – At 11:00 a.m. and 2:30 p.m. at the Charles Hosmer Morse Museum of American Art located at 445 N. Park Ave. Space is limited and free with museum admission. To learn more about this event with Curator Donna Climenhage please call 407-645-5311 or visit www.morsemuseum.org.

Every Wednesday Mills50 MidWeek Group Runs – 6:00 p.m. at Track Shack located at 1104 N. Mills Ave. This event is free to runners of all abilities. For more information please visit www.TrackShack.com.

Every Thursday Walk With A Doc – Enjoy a rejuvenating 30-minute walk with Florida Hospital physicians. This free event is held at 5:30 to 6:30 p.m. at the Crosby YMCA. For more information, or to reserve your spot, please call 407-303-1700.

Every Friday - Now through April Friday Nights At The Morse - Free admission 4:00 to 8:00 p.m. at The Charles Hosmer Morse Museum of American Art located at 445 N. Park Ave. For more information please visit www.morsemuseum.org.

Every Saturday Line Dance Class – 10:00 a.m. at the Winter Park Community Center. Beginners welcome! Enjoy music, make new friends and get exercise at the same time! For more information please call 407-592-7835.

Every Sunday Music at the Casa – This free event featuring professional musicians and performers is hosted at Casa Feliz every Sunday from noon – 3:00 p.m. For more information call 407-628-8200 ext. 3 or visit www.casafeliz.us.

November 20-January 10 Winter In The Park - Holiday ice skating in Central Park's West Meadow. Monday-Thursday, 3:00 p.m. to 9:00 p.m.; Friday 3:00 to 10:00 p.m.; Saturday 10:00 a.m. to 10:00 p.m.; Sunday noon to 8:00 p.m. For more information please visit www.cityofwinterpark.org.



6TH ANNUAL PUMPKIN RUN - November 14, 6:30 a.m. at Mead Gardens, 1300 S. Denning Drive. Cost is \$30 with proceeds benefiting the people of Haiti. For more information please call 407-599-3397.

November 11 Veterans Day Program – 9:30 to 10:15 a.m. at Brookshire Elementary located at 2500 Cady Way. Veterans are invited to attend this musical tribute to honor those who have served our country. For more information please call 407-623-1400.

November 12 Coffee Talk - 8:00 to 9:00 a.m. featuring City Manager Randy Knight at the Winter Park Welcome Center located at 151 W. Lyman. For more information please call 407-644-8281.

November 12 Popcorn Flicks In The Park – 8:00 to 10:00 p.m. featuring the showing of "Charlotte's Web" in Central Park. For more information please call 407-629-0054.

Novmeber 14 6th Annual Pumpkin Run – 6:30 a.m. at Mead Gardens located at 1300 S. Denning Dr. Cost is \$30 with proceeds benefiting the people of Haiti. For more information please call 407-599-3397.

November 14 AAUW Holiday Boutique – Local master crafters will offer their work for sale 10:00 a.m. to noon at the First Congregational Church Fellowship Hall located at 225 S. Interlachen Aveune.

November 14 - 15 14th Annual Winter Park Concours d'Elegance – 8:00 a.m. to 3:00 p.m. in Hannibal Square. For more information please visit www.winterparkconcours.com.

November 19 Happy Hour For Hunger – 5:30 to 7:30 p.m. at Winter Park Village located at 400 N. Orlando Ave. Proceeds to benefit Feed The Need Winter Park. To purchase tickets please visit www.winterpark.org. cost is \$20 in advance, and \$25 at the door.

November 29 Holiday Pops Concert – 4:00 in Central Park featuring the Orlando Philharmonic Orchestra. For more information on this free event please visit www. orlandophil.org.

December 3 37th Annual Christmas In The Park– 6:15 to 8:00 p.m. featuring the annual lighting of century-old Tiffany windows and a free outdoor concert by the Bach Festival Society and Brass Ensemble. For more information please visit www.morsemuseum.org.

December 4 Popcorn Flicks – 7:00 to 9:00 p.m. featuring the showing of "Home Alone" in Central Park. For more information please call 407-629-0054.

December 5 63rd Annual "Ye Old Hometown" Christmas Parade – 9:00 a.m. along Park Avenue. For more information please visit www.winterpark.org.





Engineering Hope

When Albert Manero was young, his parents taught him the importance of making the world a better place. "[They] always encouraged me to use my education to help others and to dream big dreams," he says. That inspiration launched Limbitless Solutions, a multidisciplinary group of UCF students and alumni that builds 3-D printed bionic limbs for children at no cost to their families. They have donated these devices to kids across the U.S., and are now making dreams come true for others around the world.

