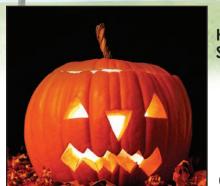
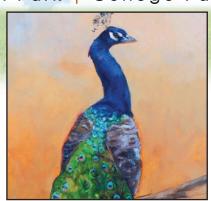
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Winter Park | Baldwin Park | College Park | Audubon Park | Maitland



Halloween **Safety Tips**



Winter Park Autumn **Art Festival** Guide

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For updated news, events and more, visit www.TheParkPress.com

Central Florida's Concours d'Elegance Returns

The 14th annual Winter Park Concours d'Elegance takes place November 13 - 15, 2015. The show annually attracts more than 10,000 attendees and features 150 of the world's rarest and most collectible cars.

"This year's Concours has been elevated to new heights with more than double the show size, live entertainment, premium food and beverage, a classic car expo, exotic car showcase and so much more," said Tim Webber, event producer. "Staying true to the passion and art of automotive design is very important to us while bringing new, distinctive experiences for participants and attendees."

"The Concours d'Elegance is an essential event for the City of Winter Park to showcase the classic charm of the area with a contemporary vibrancy to embrace residents and visitors," noted Mayor Steve Leary of Winter Park. "We congratulate and commend the Concours d'Elegance for bringing national recognition and forward-thinking events to our community."

Founded by Bob Tallgren and produced by Tim Webber Events, the Winter Park Concours d'Elegance is an invitational, judged event that meets the high judging criteria of prestigious car shows such as Pebble Beach and Cavallino Classic. More than 150 cars will be evaluated by a staff of 50 nationally-certified judges who volunteer their time and expertise.

duPont REGISTRY LIVE Friday, November 13: 7 - 10 p.m. **Orlando Sanford International Airport**

Experience a unique evening set among handsomely transformed hangars for a progressive celebration with premium food and beverage, live



Photo by Rick Cable.



entertainment, luxury lifestyle exhibitions, fireworks and runway thrill rides

of the proceeds from the duPont REGISTRY LIVE reception and celebration benefits KIDS HOUSE Wayne Densch Children's Advocacy Center to fight against child abuse. Over the past five years (2010-2014), more than \$110,000 has been raised for KIDS HOUSE from this elite event.

Tickets: \$150 per person (combo tickets available)

Tour d'Elegance Saturday, November 14: 8 a.m. - 3 p.m. Tour d'Elegance Hannibal Square - Park Avenue, Winter Park

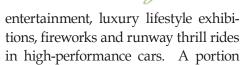
The Tour d'Elegance is considered by many to be the heart and soul of the weekend. Invited Concours participants 'exercise' their automobiles for a ceremonial and qualifying cruise. The mile-long cavalcade of more than 70 classic and exotic classic cars be-

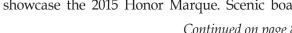
gins in Winter Park's Hannibal Square and travels down Park Avenue, escorted by the Winter Park Police Department. Route details to be announced

for public viewing. The Tour will conclude at the Albin Polasek Museum & Sculpture Gardens. Guests will enjoy a garden party lunch with premium food and drink overlooking Lake Osceola. A presentation of Packards will be on display on the front lawn to showcase the 2015 Honor Marque. Scenic boat

November 15th, 2015

Continued on page 8







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Publisher's Message



Rick Cable

I had the pleasure recently of entertaining a group of families who were visiting our area for the first time. Sure, they had all been to our area theme parks before, but they had never ventured north to the community that we call home.

This was a rare opportunity for me to serve as a tour guide. First, they were pleased to see that the new battle of Armageddon is only taking place along Interstate 4. Second, it gave them a quick understanding as to why we live here. Third, the theme parks are not all Orlando has to offer. Fourth, Orlando's slogan "The City Beautiful" is not a form of sarcasm.

We met up in Central Park, had dinner, and then strolled along Park Avenue. Some wanted ice cream while others wanted coffee. We were trying to work our way to the always – enjoyable and informative Winter Park Boat Tour, but somehow we found ourselves in Central Park at Albin Polasek's "Emily" fountain. This turned out to be the perfect setting to share some of our area's history with them. How important those rail road tracks were in our founding, and the significance of Rollins College. Rollins College could exist without the City of Winter Park, and the City of Winter Park could exist without Rollins College, but they both uniquely coexist

Florida

and complement each other. The Cornell Fine Art Museum at Rollins College is six blocks south, and is home to some of the greatest works by Gerolamo Bassano, Jean Baptiste LePrince, and Thomas Moran. "Have you heard of Tiffany?" Fortunately, no one said, "The singer!" Well, we were standing one block away from the Charles Hosmer Morse Museum of American Art that houses the most comprehensive works of Louis Comfort Tiffany.

And if that isn't impressive enough, Doc Rivers and Carrot Top live here. Oh, and we might just see a Beatle, and I don't mean Volkswagen.

While I greatly enjoyed hosting them, I also realized that most of the time I'm "head down" and take a lot of what our community has to offer for granted. Regardless if it's Orlando, Winter Park, College Park, or Maitland, we are surrounded by an impressive history and culture that is so unlike what many perceive due to our world-famous theme parks.

In closing, Orlando would exist without the theme parks, and the theme parks would exist without Orlando, but both coexist and complement each other with Interstate 4!

As always, thank you for reading *The Park Press* and we look forward to the great things to come.

*Rick*Rick Cable
Founder/Owner



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What Is Love? By Tricia Cable

Interestingly enough, there have been some fairly monumental events in my life lately which got me researching the true meaning and power of love. I am not ashamed to give credit where credit is due, the Pope's recent visit and all of the media coverage that surrounded his trip had me sucked in to listening to what his message was for us and quite frankly, hanging on every word. Prior to his visit, I can't say that I paid much attention to him or his sermons at all. But post his U.S. tour, I am a fan and will listen in on a more frequent basis.

I am however a follower of the Dalai Lama and interestingly enough, what I found was that the messages that these two men preach have a great deal in common. Now, I am no Catholic, nor am I a Buddhist, but between the messages of compassion and kindness that exude from both of these two prominent religious leaders, something struck a chord with me. And, it was not merely what they say or have said with their words, but more the manner in which they deliver their teachings and the pure love and kindness evident on their faces. No frown, no scowl...and given the pattern of wrinkles on both of their very mature faces, I would venture to guess that they have both walked the talk most of their lives; deferring judgment to a higher power and preaching forgiveness and compassion in hopes of inspiring peace throughout the world.

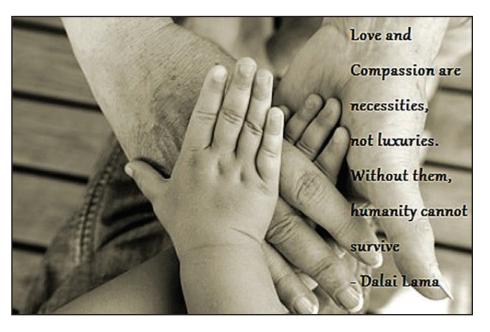
All of which got me thinking, "How do they do it?" How do they travel the world, exposed to so much pain and suffering all the while maintaining such extreme faith in the overall goodness of mankind? How do they show so much mercy and compassion towards those who harbor such hate

for others for no other reason other than that they are different? How do they offer forgiveness to those who have admittedly sinned against their fellow man? How do they continue to see all of the good in the midst of all of the bad? And then, it hit me... LOVE!

The Greeks define love in four ways, the most well-known being eros; the pas-

sionate and intense love that stirs up romantic feelings in the beginning of a new relationship. Obviously this is not the type of love that these two men draw from in their work. And although practicing philia love – which refers to an affectionate, warm and tender platonic love, which is a kind of family and friendship love – would be a benefit in their roles, I would venture to guess that agape is the type of love that these men draw from daily.

Agape is an unconditional love that sees beyond the outer surface and accepts the recipient for who he/she is, regardless of their flaws, shortcomings, or faults. It's the type of love that everyone strives to have for their fellow man. This kind of love is all about sacrifice as well as giving and expecting nothing in return. The translation of the word agape is love in the verb form; it is



the love demonstrated by your behavior towards another person. Therefore, although you may not like someone for whatever reasons that you have, you make a conscious decision to love them, in spite of your differences, just as a human being.

It looks good on paper...but speaking from personal experience, sometimes "She's got nice hair" is all that I can muster up. Which, although it is a start, explains why my applications for Pope and Dalai Lama were tossed out! All joking aside, it really is all up to us. Each of us has the distinct ability, by extending a hand of forgiveness and compassion, of imparting change. We make a conscious choice every day of our lives to be happy and treat people with kindness. It may sound like a whole bunch of sunshine and butterflies, but attitudes are contagious. Make sure yours is worth catching!

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City Commissioner's Message

Commissioner Robert F. Stuart, City of Orlando District 3



Pohort E Studi

I love Orlando; being a lifelong resident I have a favorite thing about each month, but in October, I can't pick just one. It is such a great time of the year to enjoy all our City has to offer. So with that in mind, I have decided to list ten fun activities for you all to enjoy with family in friends. Here we go (in no particular order):

10) The Zombies are coming! Declared as one of the 100 things to do in Orlando before you die by *The Orlando Weekly*, the Seventh Annual Zombietoberfest is taking place on October 10th from 6-10 p.m. in the Audubon Park Garden District. Visit audubonparkgardens.com for more information about all the offerings for the 'undead,' including a costume contest, kids zone, live music, outdoor movies and more.

9) Enjoy the City...and all that Jazz! First, on October 10th, head to Leu Gardens for their annual Jazz and Blues Stroll beginning at 7 p.m. With acts such as the Jeff Howell Blues Band, this is a fun way to hear talented musicians located throughout the beautiful 50-acre gardens. Check out leugardens.org. for tickets.

8) Then join me on Saturday, October 17th beginning at 6 p.m. along Edgewater Drive for one of my favorite events of the year, the annual College Park JazzFest sponsored by the College Park Partnership (collegeparkpartnership.com). For one great night, the Drive is closed to cars and instead becomes a myriad of stages, amazingly decorated tables, food trucks and most importantly everyone you've ever known in College Park!

7) A hidden gem in Loch Haven Park, the Mennello Museum (mennellomuseum.com) has the largest collection of paintings by self-taught artist Earl Cunningham. Check out all of their exhibits on

Sunday, October 11th from noon to 4:30 p.m. during their monthly Free Family Day event. Enjoy a make and take craft table for the kids until 2:30 p.m. and docents are available for mini-tours of the museum.

6) What better month than October to head downtown to our City's Greenwood Cemetery for a moonlight historical walking tour? This monthly tour takes place on October 23rd at 8 p.m. The event is free, but you must register as it fills up quickly. Visit greenwood-cemetery.net for more information.



Photo of Greenwood Cemetery by Michael Gavin.

5) For our golf aficionados, there are two great golf tournaments this month where you can enjoy a great day on the links while helping to raise money for our City's youth. First, join me at Dubsdread on October 10th for our Recreation Division's Where the Fun Starts Golf Tournament. A best ball scramble with an 8:30 a.m. shotgun start, this tournament funds programs, scholarships and activities that help kids succeed. Visit cityoforlando.net/fpr for more details or to register your team.

4) Then on Friday, October 23, the Orlando After-School All Stars (ASAS) program hosts their 16thAnnual Kids Classic Golf Tournament at Grand Cypress. Also a four-person scramble with a 12:30 p.m. shotgun start, ASAS is able to double every dollar donated through their matching grant programs. ASAS is an award-winning program that serves more than 2,600 middle school students in our City. Visit orlandoasas.org for more information.

3) On Saturday, October 24th, head to Gaston Edwards Park at Lake Ivanhoe to get a front row seat for the finals of the 22nd Nautique U.S. Open of Water Skiing. Enjoy Men's and Women's Slalom, Trick and Jump Competitions. Visit nautique.com for details about this one of a kind event that we are proud to host in our City Beautiful.

2) Also on Saturday morning from 9 a.m. to 11:30 a.m. on October 24th, it's Make a Difference Day in Orlando. Join volunteers for a beautification event at one of our signature amenities, Bill Frederick Park at Turkey Lake. Visit cityoforlando.net/kob for how to register and don't forget to dress for a mess!

1) Since 1922, America has celebrated Fire Prevention Week October 4th-10th, and here in the City of Orlando, our Orlando Fire Department wants to make sure that not only does every home, but every bedroom of every home, has a working fire alarm. If you know someone who may need a fire alarm and can't afford one, please visit cityoforlando.net/fire for information about how our firefighters can help. Also post pics to #OFDSmokeAlarmBlitz to show your support of fire safety in our community.

As always, thanks for your support of our Great City and I look forward to seeing you around Orlando this Fall.

ROBERT F. STUART | COMMISSIONER, DISTRICT 3, CITY OF ORLANDO | 400 S. Orange Avenue, Orlando, FL 32801 | 407-246-2003 |

ROBERT.STUART@CITYOFORLANDO.NET



Winter Park Mayor's Message

Mayor Steve Leary



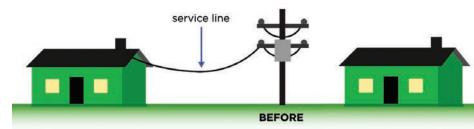
This summer we celebrated the 10th anniversary of the city acquiring the electric system. When we took ownership we made a commitment to underground the city's overhead electric utility lines to improve reliability and aes-

thetics. In 2008, the city officially began the process of removing the large power poles and overhead lines. Currently, over 60 percent of overhead lines are underground with the remaining 40 percent to be underground within the next 10 years. Residents are now able to help the city's overall goal by undergrounding their service lines – the electric line that runs from the pole to your home.

If you choose to underground your service line while the city's electric crews are undergrounding your street lines, there is significant savings to you - up to \$2,000 savings. Typically, this undergrounding would cost approximately \$3,000, so it is a considerable savings to underground your service line while we are already there. In addition to saving thousands of dollars, undergrounding your service line also has the following benefits:

- Reduces your number of power outages
- Improves the aesthetics of your entire street by eliminating overhead wires and poles

Undergrounding Service Lines



- Potentially increases your property value
- Reduces the need for tree trimming
- Improves reliability by eliminating natural elements such as trees, wind, vegetation and animals

Currently, undergrounding your service line is voluntary, but in order to accomplish our overall long-term goal to improve reliability and aesthetics, each pole matters - your pole matters to the overall feel of your street. Imagine a city absent of overhead power poles and lines. Our trees can grow without conflict with power lines, the risk of electric outages due to natural elements will decrease significantly, and our neighborhoods will look and feel more open and welcoming.

When your street is scheduled to be underground, you will start receiving notifications in the mail about this special offer. In addition, you can learn more about the city's undergrounding efforts at:

- cityofwinterpark.org/under grounding
- "Underground My Service Line" MESSAGE LINE at 407.599.3564
- undergrounding@cityofwinter park.org

Let's work together in accomplishing our goal - one power pole at a







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Maitland Mayor's Message

Mayor Dale McDonald



Parks & Recreation Master Plan Update

The City is updating the Parks Recreation Master Plan. It outlines the types of parks, facili-

ties, and recreational programming Maitland residents would like to see in their community.

Telephone is one way the City is reaching out to residents for their feedback on the master plan. Automated telephone surveys are currently underway. The City encourages residents who receive the phone calls to participate in the telephone survey.

Statistically valid surveys are in the mail and will arrive in the mailboxes of 3,000 residents soon. Please watch your mailbox to take part in this important step of the planning process. Residents who do not receive the survey also will be able to participate via an online discussion forum, which will be activated soon. Call 407-539-6247 for more information.

The Parks & Master Plan schedule is available on www.itsmymaitland.com.

Leisure Services Fall Update

Autumn is an exciting time in the Leisure Services Department and the park system.

School is back in session and so are Maitland sports. Maitland Little League and Maitland Soccer Club are seeking youth players. For more information please visit www.maitlandlittleleague.com and www. maitlandsoccer.com. Additionally, Leisure Services is currently taking reservations for youth basketball fundamentals clinics. Sign up by calling 407-539-2830.

The anticipation of cooler weather means the return of Screen on the

Green. The October movie is Paddington.Mark your calendars for Saturday, October 3, at 7:30 p.m. at the Maitland Middle School Soccer Field at 1901 Choctaw Trail.

The film Paddington will be shown on Saturday, October 3 at 7:30 p.m. at Maitland Middle School Soccer Field

Residents Encouraged To Share Their Vision For Maitland's Parks **And Programming**

Minnehaha Road Stormwater **Improvements**

The City of Maitland is undertaking a project to improve the stormwater system at the north end of Minnehaha Road. This project will include re-directing the water from the culdu-sac into the canal and re-directing the water along the lots that back up to the Regional Retention Pond into the discharge pipes. Construction began on August 27 and work is expected to be complete by October 1.

Lake Sybelia Stormwater Project

The City of Maitland will upgrade the stormwater system discharging

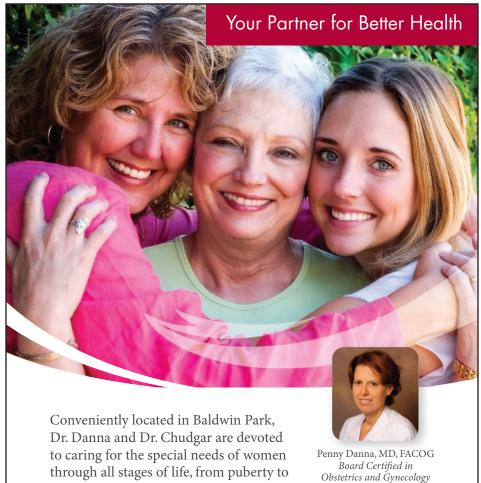
into Lake Sybelia by installing two treatment systems. The work area will be along N. Lake Sybelia Drive from Packwood Avenue to Jackson Street.

The first system will be a CommandMaxx underground stormwater treatment system which will capture water flowing from Packwood Avenue,

MacArthur Place and Center Avenue. It will direct stormwater through a system of underground chambers that will filter sand, debris, and contaminants from the water. After the water flows through the underground chambers, it will infiltrate into the ground and then eventually seep into Lake Sybelia. This system will be located under the current parking lot in the lakefront park. Once the system is installed, the parking lot will be repaved for continued public use.

The second system will be located at the west end of Jackson Street. This will consist of two Treepod Biofiltration units, one on each side of the road. Stormwater runoff enters the system through a curb-inlet opening and flows through a specially designed filter media mixture contained in a landscaped concrete container. The filter media captures and immobilizes pollutants; those pollutants are then decomposed, volatilized, and incorporated into a biomass of fauna and flora. Stormwater runoff flows through the media and into an underdrain system at the bottom of the container, where the treated water is discharged. The clean water will flow into the stormwater system below the units and into Lake Sybelia.





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WEDNESDAY, OCTOBER 21, 2015

Registration: 8:00 am - 8:30 am Breakfast: 8:30 am - 9:30 am First Baptist Church of Orlando, Faith Hall 3000 S. John Young Pkwy, Orlando, FL 32805

This free breakfast is Harbor House of Central Florida's signature fundraising event of the year and is filled with inspiring stories of hope and transformation. Guests will be given the opportunity to partner with Harbor House in ending domestic abuse.

For more information, please visit harborhousefl.com/purpledoor















The Park Press | OCTOBER 2015

County Commissioner's Message

ultural

Commissioner Ted B. Edwards, Orange County, District 5



Orange County is quickredefining itself as a global city. Not only are we a leader in the tourism and high-tech industries, but

we are a burgeoning leader in the realm of fine arts and culture. We are home to many outstanding performance groups ranging from the

Orlando Shakespeare Theater to Orlando Philharmonic and just last year we celebrated the grand opening of Dr. Phillips Center for the Performing Arts, one of the finest performing arts centers in the nation. As county commissioner, I have always supported the arts and arts education in our community. I am grateful for the support my colleagues on the Board of County Commissioners have shown for these programs.

However, there is still more to do. In addition to my role as a county commissioner, I serve on the board dedicated to aiding Orange County's creative community. This month, I would like to tell you about the Arts and Cultural Affairs Advisory Council and the important role we fill in bolstering the local arts community.

Orange County Government has stepped up to help artistic organizations fill the gaps in their funding. The Arts and Cultural Affairs Advisory Council works with county staff to identify significant local cultural programs and provide the Board of County Commissioners with funding recommendations for qualified programs. If recommended by the

> Arts Council, qualified organizations can receive cultural tourism, facilities. cultural

and blockbuster events funding through both

Cultural tourism funding is available for non-profit groups staging events advertised primarily to residents or areas outside of Orange,

Tourist Development Tax and General

Fund dollars.

Seminole, Osceola, and Lake Counties. Last year, the council identified over \$2 million in funding needs for cultural tourism programs across the county. Some of the identified programs include the Florida Film Festival, the Orlando Repertory Theatre's summer

and fall season, the Orlando Fringe Festival, and the Winter Garden

> Music Festival. The recommended programs received approximately \$1.2 million in grant funding from the Board of County Commissioners.

Cultural facilities funding is also available. This funding can be used for the acquisition, construction,

> renovation, or outfitting of an auditorium or museum owned by either government entities or non-profits. Last year, the Arts Council identified nearly \$1 million in cultural facilities funding needs including infrastructure upgrades at the Orlando Science

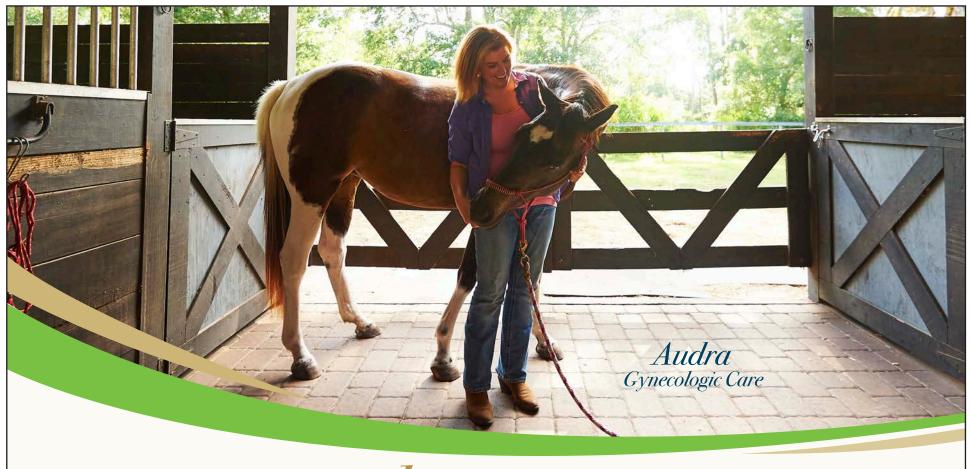
Center, preservation of the historic Capen House in Winter Park, renovation of the Lake Rowena Overlook at Leu Gardens, and the renovation of the Fort Christmas Post Office. The Board of County Commissioner approved \$656,000 in cultural facilities funding.

NEWS

Blockbuster events will be large scale events requiring two or more years of advanced planning which will result in extraordinary attendance of at least 100,000 people. A blockbuster event will include significant participation from local arts groups and must be financially feasible. To date, no organization has qualified for this funding. However, I am confident this funding source will lead to incredible cultural programming for Orange County residents in the near future.

I am proud of the significant achievements made by Orange County artists. If you are interested in applying for cultural tourism, cultural facilities, or blockbuster events funding, please contact Orange County Arts & Cultural Affairs at 407-836-5540. As always, please do not hesitate to contact me or my staff, Edgar Robinson and Lynette Rummel, if you have any questions regarding the Arts Council or any other Orange County issue. We can be reached at 407-836-7350 or by email and district5@ocfl.net.





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Protection And Service The Winter Park Police Department

HALLOWeen SAFETY TIPS

Home Safety:

- Battery powered candles are suggested for your jack-o-lanterns and other decorations to avoid
- Keep your pets indoors. Some people use Halloween to injure animals, especially cats, they come across.
- If you are going to be away that evening, consider having an adult at your home for trick or treaters AND to possibly prevent a burglary while you are out.

Trick or Treating:

- Only go up to houses with lights on.
- Never go into a stranger's house for ANY reason. (i.e. bathroom, phone or to get candy/treats).

- Stay on sidewalks or other paths when going from house to house.
- Avoid the street as much as possible to keep from getting hit by a car.
- Try to stay in well lit areas.
- Do NOT approach unknown vehicles.
- Avoid large bushes, over-grown landscaping and dark areas. (Possible ambush opportunity)
- Be careful crossing the street, look both ways for on-coming traffic and use a crosswalk when possible.
- Never cut through isolated areas. Stay where it is populated.
- Parents should supervise children under 12 years of age when trick-or-treating.
- Know where your older child will be trick-ortreating to avoid lost children. Provide the child with a cell phone and set a safe route beforehand.
 - Vandalism isn't cool and it is against the law! If children are planning on throwing eggs, smashing pumpkins, toilet papering houses, soaping windows, etc., encourage them to find other more productive activities for the night.

- Check the location of neighborhood sex offenders via the following link http:// offender.fdle.state.fl.us/offender/ and make sure your children do not visit those locations for trick-or-treating.
- Set a curfew for your children and enforce it!
- Have cell phone check-in or updates throughout the evening with your child.
- Check the candy your children receive before they eat it! Any opened or damaged items should be thrown away. Any homemade treats should be treated with caution unless you know the giver well.

Costume Safety

- Buy or make fire retardant costumes.
- Make sure costumes don't hinder your child's eyesight or ability to walk without tripping.
- Have your children carry a glowstick, flashlight or attach reflective stripes to the costume to ensure traffic and others can see him/her.



From Page 1

tours will be available for guests to explore Winter Park through the chain of lakes and canals.

Tickets: A limited amount of tickets are available at \$100 by calling 407.649.9190

Concours Sunday, November 15: 10 a.m. - 5 p.m. 14th Annual Winter Park Concours d'Elegance Winter Park Country Club Golf Course

More than 150 of the world's rarest, most exotic, and sought-after automobiles and unique transportation vehicles will be on display. Attendees enjoy close-up access to individual and group autos for viewing and exclusive photo opportunities.

NEW for 2015: this year's event has been expanded to include live entertainment, a hospitality village with premium food and beverage for purchase, the Classic Car Expo, the duPont REGISTRY Supercar Showcase, vintage motorcycle display and scheduled celebrity appearances.

Tickets: \$25 per person in advance, \$30 person at the door (combo tickets available)

To learn more about the 14th Annual Winter Park Concours d'Elegance or to purchase event tickets, visit winterparkconcours.com.



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10 **NEWS** The Park Press | OCTOBER 2015

Rollins Winter Park Institute Announces 2015-16 Schedule

Rollins Winter Park Institute recently announced its schedule for the 2015-16 school year. Headliners include actor LeVar Burton, author Bill Bryson, and global shaper Adam Braun.

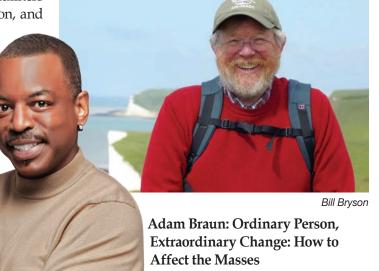
LeVar Burton: The Power of Storytelling: Written, Spoken, Lived

Thursday, November 5, 7:30 p.m. Knowles Memorial Chapel

Bill Bryson: Notes from All Over

Monday, February 22, 7:30 p.m. Warden Arena, Alfond Sports

LeVar Burton will be at Knowles Memorial Chapel on November 5.



Tuesday, April 5, 7 p.m. **Bush Auditorium**

The Winter Park Institute began its inaugural year 2008-09 as a center for



Adam Braun

intellectual engagement at Rollins College and its surrounding community. Its goal is to bring in "thought leaders" for enlightened exchanges that foster conversation and shed light on a variety of topics.

All events are free and open to the public. No tickets are required. Parking is available in the SunTrust parking garage at 166 East Lyman Avenue. For more information, visit winterparkinstitute.org, call 407-691-1995, or email winterparkinstitute@rollins.edu.

AT&T Donates To Support Heart Of Florida United Way

For over 60 years, AT&T and the AT&T Foundation have been strong supporters of the United Way both at the national and local levels. Today, AT&T continues this legacy of support through a contribution of \$37,000 to Heart of Florida United Way. In 2015 alone, AT&T gave \$5.17 million to 550 local United Ways across the country.

Heart of Florida United Way will use the contribution to support programs that create long lasting change in the local community. The United Way is

dedicated to improving lives by mobilizing the caring power of communities around the world to advance the common good, as is evident from the work throughout Orange, Seminole and Osceola counties. For example, in the past year, the organization funded more than 60 programs in the areas of education, income, health and basic needs, ranging from mentoring for students and job training to free health screenings and housing assistance for homeless families.

"For every dollar invested in prevention, \$7 is saved on intervention," said Robert H. (Bob) Brown, president and CEO of Heart of Florida United Way. "By funding programs that focus on prevention, United Way hopes to influence positive change in the lives of



Dr. Ann McGee, president of Seminole State College and Heart of Florida United Way Board chair with Troy McNichols, regional director, AT&T Corporate External & Legislative Affairs.

Central Floridians. We're grateful to AT&T for joining us on this mission."



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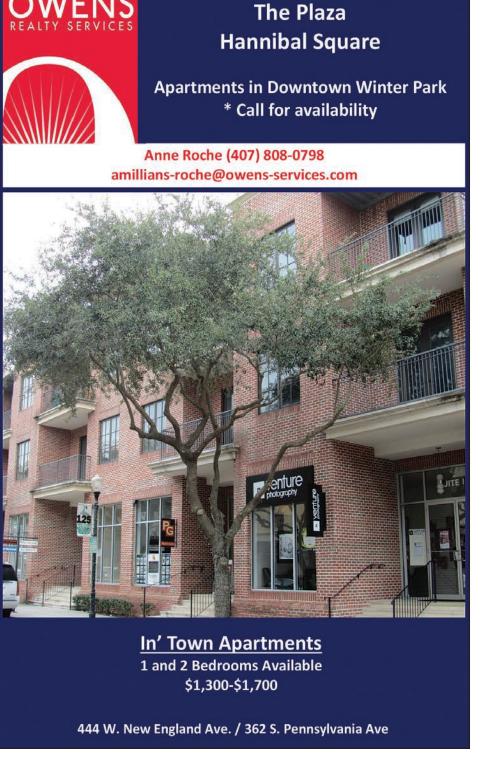
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State Farm Bank, F.S.B., Bloomington, IL



fiscal fitness by John Gill



Retirement – Are You Ready?

No. That is the simple answer for most people. Why? There are many reasons, from not saving enough and the lingering

effects of the recession to the decision to work longer and retire later.

As individuals were released from jobs during the recession, many took full ownership of 401K plans from their former employers. Some used the funds to cover basic household expenses. Others were able to park funds in IRA money market or money fund accounts to protect them from the fluctuations and volatility of the market.

The power of compounding along with systematic contributions can help to make up for some lost time if contributing to an IRA fits into an investor's investment and tax strategy. The

other component is selecting the right fund for the retirement investment. The majority of us have neither the time, inclination, nor training to manage retirement funds actively. But this is a very important pot of money. One type of fund to consider is a targeted retirement fund. A targeted retirement fund is a mutual fund that is managed to reflect the investor's time horizon to retirement. To understand, let's refresh our mutual fund memories.

A mutual fund is a professionally managed investment vehicle that pools money from many investors and invests it in stocks, bonds, short-term money market instruments, and/or other securities. A mutual fund allows small investors to participate in the broad market in a diversified manner. Basically a mutual fund allows a small investor to get professional money management

and diversified investments for a reasonable price and peace of mind.

A targeted retirement account is a type of mutual fund with an additional level of management. The additional level of management provides active management of the account as the account holder approaches retirement. This active management is usually lacking when an individual owns a typical IRA mutual fund.

How does it work?

In a typical mutual fund the prevailing investment philosophy is constant. For example, if the fund invests primarily in large company stocks, then it will always invest in large company stocks.

Continued on page 22.

If you have questions, comments, or an area of financial interest you would like to see discussed in The Park Press, please call John at 407-353-0594 or send email to FiscalFitness@ymail.com. Follow John on Twitter, @john_gill1.



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Poster ArtistKate Carney



ate Carney was born in
Wisconsin but spent the majority
of her childhood in England. This
luxury allowed her the opportunity to
traverse Europe and experience many
world-renowned paintings by the
Masters. To a starry-eyed young artist,
these experiences were equivalent
to being introduced to a famous rock
star, and had a lasting impact on her
creative maturation. Kate says that she
oftentimes alludes to the charismatic
originality of those masterpieces and
allows their essence to reverberate like
an echo in many of her works.

Kate's early training began at the Chelsea School of Art in London. Later, she studied art history and humanities at the University of London. However, by the time she was 18, Kate was a wife and mother. Despite the fact that her talents were dormant during her young adulthood, she recalls feeling as though that experience deepened her vision.

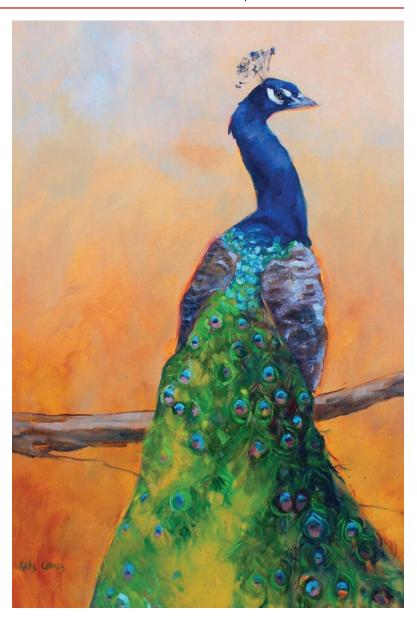
As time passed, Kate was able to reach back into her creative depths and rekindle her passion. It was as if she had been a caged bird that had just been set free! This euphemism may be the reason birds are repeatedly the subject of her work.

Kate lives in Eustis, Florida, with her husband, children and myriad pets, including dogs, cats, and a turtle named Mulder.



Winter Park Autumn Art Festival

October 10 - 11, 2015



ARTIST BOOTHS, LISTED NUMERICALLY

1 Ken Jensen C
2 Robert Eickholt FC
3 D.G.Stern F
4 Paul LaMontagneS
5 Thomas Sullivan FC
6 Dorothy Starbuck PA
7 Susan BestMM
8 Carol Ferony D
9 Christian Nevin
10 Mina Heuslein C
11 Drew Brass P
12 Douglas Bringle C
13 Robert Clibbon P
14 Kate Carney PA
15 Stacy Barter PA
16 Hugo Cruz MM
17 Patricia Karnes J
18 Linda Apriletti PA
19 Allan Teger P
20 Dr. Eric Lundgren J
21 Lindi Miller FC
22 Tim Peters C

23 Sandra Erden	. J
24 Matthew Cornell	. PA
25 Robert Amoruso	. Р
26 Garry Seidel	. Р
27 Gary Sisco	. PA
28 Beatrice Athanas	. PA
29 Ray Cannata	. FC
30 Li Wang	. PA
31 Ed Myers	. D
32 Carolyn Cohen	. D
33 David Figueroa	. S
34 John Galbo	. Р
35 Harry Roa	. J
36 Bernard Martin	. PA
37 Bruce Nawrocke	. PA
38 Luis Gonzalez	. FC
39 Patricio Ferreira	. J
40 Martin Figlinski	. PA
41 Amy Lennard Gmelin	. S
42 Princy and John Fears	. F
43 Gabriel Isaac	. C
44 Bonnie Eastwood	. S

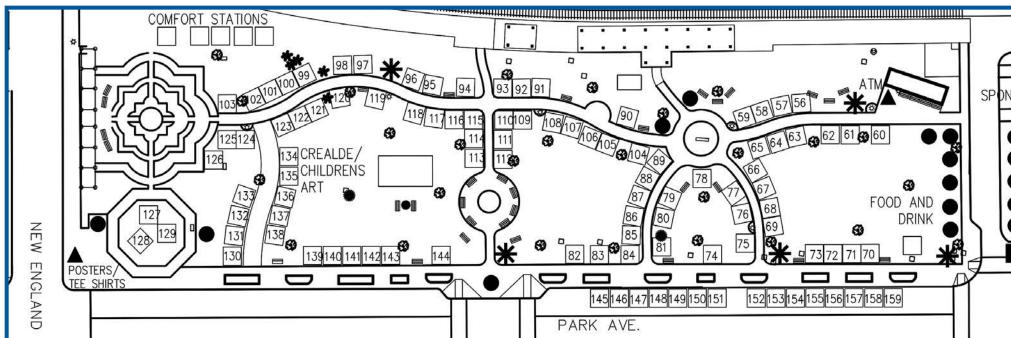
45 Eric Clay P
46 James Parziale F
47 Jacquelyn Zajac C
48 Gaston Petridis PA
49 Marilyn Vaillancourt J
50 John Sullivan III Da
51 Larry Benson Fo
52 Thomas Lott J
53 Leslie Peebles D
54 John Jennings Fo
55 Michiel Bullock PA
56 James Nemnich MN
57 Harry Welsch C
57 Harry Welsch C 58 Austin Baldauf D
•
58 Austin Baldauf D
58 Austin Baldauf D 59 Steve Carney PA
58 Austin Baldauf

C Ceramics
D Drawing & Graphics
DADigital Art
FCFine Crafts
FFiber
JJewelry
MM Mixed Media
PA Painting (All Media)
PPhotography
SSculpture

KEY

67 Rick Austin J
68 Scott Hiestand PA
69 Rick Zimmer P
70 John Margerum DA
71 John Kellum C
72 Edward Sanderson PA
73 Sandra Matasick J
74 Ron Schmidt S
75 Gabriel PyanaS
76 Michael Weber, aws PA
77 Natacha Monnalisa MM
78 Jeannie Panadonoulos

Festival Map



WINTER PARK AUTUMN ART FESTIVAL ENTERTAINMENT SCHEDULE

/ /	
9:00 - 9:45 a.m	Per & Tamara Danielsson
10:00 - 10:50 a.m	Maitland Middle School Jazz Ensemble
11:00 - 11:50 a.m	Casey Picou
12:00 - 12:50 p.m	Mike Petrovich Trio
1:00 - 1:50 p.m	Mike Petrovich Trio
2:00 - 2:45 p.m	0-Sky
3:00 - 4:00 n m	The Right Stuff

4:15 - 5:00 p.m. The Right Stuff

Saturday, October 10

Sunday, October 11

9:00 - 9:45 a.m	Nicholas Roberts
10:00 - 10:50 a.m	Casey Picou
11:00 - 11:50 p.m	David Willis
12:00 - 12:50 p.m	Winter Park High School Jazz Ensemble (Michael Clemente)
1:00 - 1:50 p.m	UCF Flying Horse Jazz Ensemble
2:00 - 2:50 p.m	Cat Ridgeway
3:00 - 3:50 p.m	Beth McKee Band

4:00 - 5:00 p.m..... Beth McKee Band

42st Annual Winter Park Autumn Art Festival
Saturday, October 10 and Sunday, October 11, 2015
251 S. Park Avenue, Central Park in Downtown Winter Park
The festival is open from 9 a.m. to 5:00 p.m. on both days and admission is free.

Hosted by

Winter Park Chamber of Commerce





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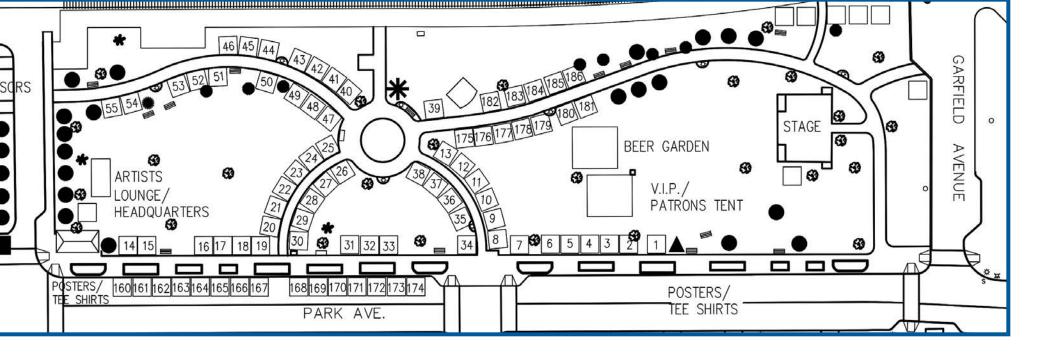
79 Jeffrey Matter FC
80 Christine Peloquin D
81 Ancizar MarinS
82 John StaropoliC
83 Carol NapoliPA
84 Becky BaldwinC
85 Jack Hill S
86 DENNIS DeBON FC
87 Jim Holehouse PA
88 Keith Ruddick P
89 David Burton MM
90 Cindy Capehart PA
91 Nate NalvenP
92 Josephina Espinosa FC
93 Lynn Hardesty J
94 Robert Ross PA
95 Kuei Dorman PA
96 Stewart Powers DA
97 Robin Aronson
98 Sarah Hinds FC
99 Martha Banting
100 Liz Nichtberger PA
101 Barbara Boyce J
102 Carolann MancusoPA
103 Bill Colby C
104 Jane Slivka PA
105 Lorrie Mason J
106 David and Vicky Campbell S
107 Michael O'Toole FC
108 Chris Carlson J
109 Victor Gomez D
110 Linda HeathMM
111 Charles Nalle C
112 Cheryl Ritter PA
113 Mike Bacon P
114 Cissy Roybal-Heaton FC
115 Linda Bean PA
116 Trent ManningMM
117 Jessica DeArcosP
118 lim & Lia Riand

118 Jim & Lia Biond J

119 Maykel Medina S

120 Kathy Murphy-Childs F

KEY	
C Ceramics	JJewelry
D Drawing & Graphics	MM Mixed Media
DADigital Art	PA Painting (All Media)
_	PPhotography
FCFine Crafts	· · ·
FFiber	SSculpture
121 Nina Lovill PA	154 Carmen LagosPA
122 Deborah Marchese J	155 Janet O'RourkeFC
123 Greg Johnson S	156 Karen Owens D
124 Brenda McMahonC	157 Oscar Rivero J
125 Peter Fournier FC	158 Robin Rodgers C
126 Charles HazelaarS	159 Nick Alexiades D
127 Collin Margerum D	160 Steven Ward PA
128 Michael DandreaJ	161 Charles GreenholdtPA
129 Lisa AyersMM	162 Robert Nilsson J
130 Shelagh ForrestP	163 Dave DeLaCruz PA
131 Lynn WhippleMM	164 John SimS
132 Marty WhippleJ	165 Cheryl Mackey Smith C
133 John WhippleMM	166 Todd FoxMM
134 Jeff Eckert D	167 Beau Tudzarov DA
135 George GuadianeMM	168 Sooro Kim PA
136 Betty Neubauer PA	169 Eric ShupeS
137 Ilene Phelan C	170 Marc Barrett PA
138 Shelley Lake DA	171 Ana Varela C
139 Deborah Barnes J	172 Kirk Miller FC
140 Bill Slade FC	173 Kathleen BrodeurPA
141 Dobson Cundiff PA	174 Edson Campos D
142 Magali Cereghino-Groves FC	175 Steve Andrews PA
143 Ellie Diez-MassaroP	176 Ellen Robins
144 Will Grant S	177 Chelsea Smith
145 Stephen BaldaufMM	178 Randall SmithPA
146 Ummarid Eitharong PA	179 Lissa HatcherP
147 Stephen Bach PA	180 Renee Lewis D
148 Susan Livingston S	181 Robert SteinMM
149 Brett Miley DA 150 Katherine Mathisen S	182 Colleen ArdamanPA 183 Anne Ross OlivaMM
151 Steve VaughnP	184 Wendy Foreman J 185 Clovis Rusk PA
152 Richard AugerP 153 Gustavo CastilloPA	186 Vadim Malkin C
מנווט כנו dustavo castilio ۲A	100 Vauiiii ividikiii



14 THE EDUCATED PALATE The Park Press | OCTOBER 2015

the educated palate by Scott Richardson

Scott Richardson

Fuji Sushi...Winter Park's Best Kept Secret

Salmon Carpaccio.

When you think about eating out at a local sushi restaurant, what comes to mind... quality, price, location, ambiance, and specialty rolls, or even, of course, occasion? Time may also be an important part of your decision

making if, for example, you are on lunch break or you have plans after dinner. If you've never been there before, you may even find yourself checking out the reviews, such as this one. I have been to almost all of the sushi hangouts in Central Florida over the years. Many of these places are very good. I have even become loyal to a couple of these restaurants, but I will have to say, there is one that seems to just fly under the

radar. In fact, if you just take a cursory look at the best of the best lists for sushi restaurants in Orlando, you will most likely not find Fuji Sushi on any of those lists... and that, my friendly readers, is a good thing for Fuji Sushi. Some of the best restaurants I have ever eaten in, are those that are not on the local food bloggers lists. It makes sense, they do very well without a lot of PR hype.

Fuji Sushi is located at 1449 Lee Road, Winter Park, Florida, and has a loyal following, based on my last few visits.

Those of you reading this who are local might recall that Taco Tico occupied this location prior to 1998! When Moni and Tulu Bhuiyan bought the location, they set about creating what is now considered one of the top sushi restaurants in Central Florida.

Restaurants this good are that way because of the chef. Chef A.B joined Fuji in 2002. I am honored to have been associated with Chef A.B. via the Valencia College culinary program. Chef A.B. hails from Morocco and

came to the U.S. when he was 18. He worked at Fuji when he first got to Florida and did a stint at Amura Sushi in Lake Mary, then back to Fuji Sushi and has been there ever since; and this is what makes Fuji Sushi different from some of those other places- consistency of service and remarkable food, along with Chef A.B.'s creative prowess in making exceptional rolls.

With my lunch guest waiting for me upon my arrival, we set about ordering from the menu. After the server gave us the obligatory steaming hot cloth to wipe our hands (and face), we started to discuss our gastronomic options. Actually, if you really want an amazing experience, and it isn't too busy, let Chef A.B. take care of you, as long as you tell him if you have any allergies or intolerances. We decided on the

seaweed salad with cucumber ceviche (Hiashi Wakami) \$4.95, a nice starter to refresh and cleanse the palate. This was followed by a bowl of edamame with garlic (\$4.25). For this dish you can request chilies mixed through the soybeans to add spice to your life!

We allowed Chef A.B. to just make what he wanted for us... what came out was an amazing array of rolls, most of which is on the menu. Chef A.B. sent out salmon carpaccio with lemon and capers. This was the first time it was made

for a customer. The salmon was so fresh, succulent; the dish was delectably lemony, with hints of tanginess from the capers. Following the salmon was their Naruto Maki (\$7.95), salmon, avocado, scallion, Krab, FF, cream cheese wrapped in thin sliced cucumber with light spicy ponju sauce. Our server then brought out an assortment of sashimi (Escolar, Hamachi, and Hamachi Toro) \$5, \$7, and \$8 respectively. I always enjoy the Escolar, but the Hamachi Toro was off the charts with the



SP Roll. Photos by Scott Richardson.

texture and fattiness that melted in our mouths. The Dynamite roll (\$8.95) came to our table soon thereafter; this has Krab, avocado, cream cheese inside topped with baked conch, white fish, scallop, shrimp/mixed seafood scallion FF and spicy seafood sauce. This roll has that spiciness that gently creeps up onto your palate. It has the softness of the avocado and cream cheese and the fresh scallop, shrimp, then you get that lingering heat, which makes this an outstanding choice from my point of view.

The "SP" roll (\$10.95) was the pièce de résistance of the meal. Chef A.B. invented this a few years ago; he will have to tell you the full story and meaning of "SP." I have been back since the first visit, and each time I order this roll, it's that good! The roll is filled with cream cheese, spicy tuna, and tempura flakes which gives this it the crunchiness from the inside out. Atop the roll is salmon, avocado, and a special sweet spicy sauce (his secret) and finally Chef A.B. adds chopped scallops.

Next time you find yourself craving sushi, I highly recommend Fuji Sushi as the place to satisfy that hankering, you won't be disappointed with the food. I also recommend, weather permitting, sitting on their newly-added outdoor patio.







LAGERCRAN

pop culture detours by George McGowan

The Fourth Installment In The Millennium Series Is Worthy Of The Mantle

Back in August 2010 I wrote about the Millennium trilogy, a series of books written by an obscure Swede named Steig Larsson. Mr. Larsson's books became a worldwide phenomenon. At last count, according to The Guardian newspaper, the books have sold over 80 million copies! Five years later, we finally have another entry into the series, "The Girl in the Spider's Web." However, since the untimely death of Mr. Larsson soon after the first books of the series were published, the mantle of author has been picked up by David Lagercrantz. Mr. Lagercrantz was selected by the estate of Mr. Larsson to continue the lives of the two beguiling protagonists of the series, Mikael Blomkvist and Lisbeth

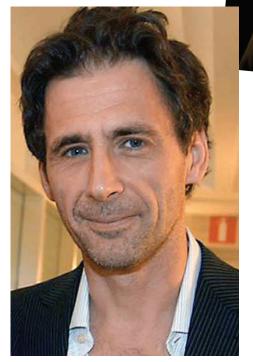
It has been reported that, to avoid leaks and scuttlebutt about the new book, Lagercrantz wrote the latest work on a computer with no Internet connection, and delivered the Swedish manuscript to his publishers by hand. While this level of control may be a bit much, I can report that the work done by Lagercrantz meets the high standards set by Steig Larsson and that the fourth book in the series

is recommended for those who loved the first three books.

Called Det som inte dödar oss in the original Swedish, or "What Doesn't Kill You," the latest novel introduces new characters, both villains and allies of the protagonists, and deftly continues the development of the intriguing relationship between Blomkvist and Salander as first nurtured by Steig Larsson. The new author rises to the challenge set before him and while he can get a bit obtuse in some sections and introduces perhaps two or three too many new characters and locales, the new novel has the spirit and drive of the three "originals." Interestingly, Lagercrantz also imitates "Larsson's penchant for describing exactly the route and means of transportation taken by his characters," which I complained in 2010 was one of the less commendable aspects of the storytelling.

Mark Lawson in *The Guardian* opines that "Lagercrantz's continuation, while never formulaic, is a cleaner and tighter read than the originals, although he follows the template in building the plot slowly

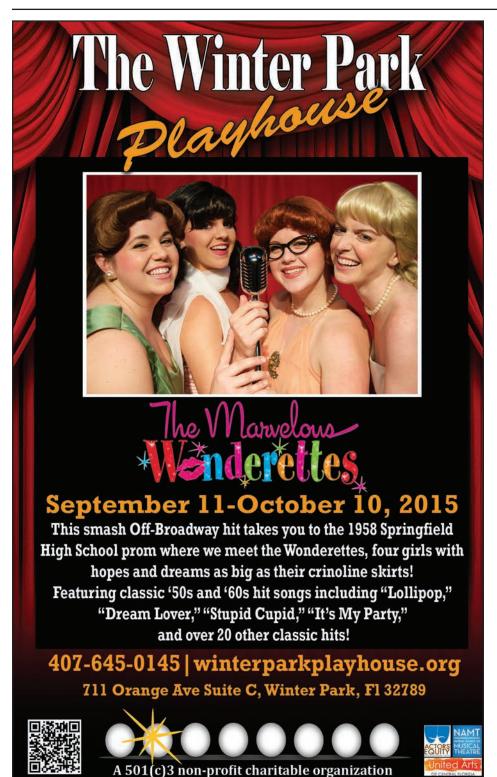
and methodically. He is, technically, a more adept novelist than Larsson, smoothly switching viewpoint in two sections where characters come under threat from assassins." In addition, the wonderful critic Michiko Kakutani of the *New York Times* has written that Lagercrantz does well by the two protagonists created by Larsson and "... captures the weariness, even vulnerability, that lurks beneath these two characters'



toughness, and he understands that each is motivated by a craving for justice — Blomkvist out of crusading idealism, Salander out of a determination to avenge the abuse she suffered as a child ..."

"The Girl in the Spider's Web" is a welcome addition to this wonderful series of novels and the new author does a fine job with a difficult assignment. Kudos to him and lucky for us!

Photo of David Lagercrantz by Isabelle Ödesjö.



theater in the parks by Barbara Solomon

Memories Are Made Of This

THE MARVELOUS WONDERETTES
WRITTEN BY ROGER BEAN
DIRECTED BY ROY ALAN
STARRING SANDIA AHLERS, CAITLIN DOAK,
LINSAY NANTZ, AND KATE ZALOUMES

Dancing on T.V...dancing at the prom...dancing at the reunion. I can't sing, but I could dance. But the four girls in this show can sing, boy can they sing, and they do! Right from the get-go we hear wonderful '50s songs, starting with my husband's favorite, "Mr. Sandman." There's not much of a story here - the show is great because of the music. The four girls all want boyfriends - Betty Jean's (Kate Zaloumes) is unfaithful with Cindy Lou (Caitlin Doak), who collects guys like I collect vintage jewelry. Missy (Sandia Ahlers) has a crush on the chorus teacher, Mr. Lee - what a set up for a song. Only Suzy (Lindsay Nantz) has a steady who she is pinned to. The prom is Act I and the 10th reunion is Act II.

Everything about this show was marvelous, not just the title. Roy Alan's direction was over-the-top funny, and the cast executed that as well as his marvelous choreography with aplomb. As always, Chris Leavy's musical direction was marvelous – I had a tough time not singing out loud, but that probably would have emptied the theatre post-

haste. The playhouse has new set and costume designers, the dynamic duo of C.J. Sikorski and A.J. Garcia. I loved the set with the pink hearts; and loved the four colored costumes, realistic of the '50s in Act 1 and the '60s in Act II.

The highlight of my evening was when Kate sang "Lipstick on Your Collar," my favorite song. I am personal friends with the songwriter, and we sing it whenever we are together. Not only does Kate have a marvelous voice, but her comedic antics had me hysterical. Sandia surprised us all when she belted out "It's in His Kiss," her comedic talents are also not to be sneezed at. Lindsay earned our respect with her strong "Respect," I had to get up and dance. And to round out the marvelous voices, Caitlin shone in "Son of a Preacher Man." I loved the ensemble's rendition of the Everly Brothers "All I Have to Do Is Dream," which I used to dance to as a high schooler myself.

If there is any meaning in the show, it is about the angst of growing up, friendship, and love. But this night was just about having a marvelous time! Playing through October 10 at The Winter Park Playhouse, 711 North Orange Avenue. For more information call 407-645-0145 or visit winterparkplayhouse.org.

BARB'S BEST BETS FOR OCTOBER: "SPAMALOT" AT ORLANDO SHAKES, "CLOCKWORK ORANGE" AT DRIP ON I-DRIVE, AND "LA CAGE AUX FOLLES" AT THE GARDEN THEATRE.

16 **HEALTH** The Park Press | OCTOBER 2015

live meaningfully by Ayesha G. Bullock, M.A.

A Treasure In The Invitation

I've acted as a literary conduit and passed along one of the many treasures I find in my daily work and readings

The depth and breadth of talented authors far and wide cannot be overstated; I stumble upon a mere spattering of such in my meanderings, and even those are limited by my own myopic scope and interest. As such, I'd be remiss in not passing along a bit of more sophisticated wisdom than my own groping reflections, every now and then.

And so, from a rather serendipitous source, let me pay forward a compelling invitation to life, to meaning, to connection and to love:

The Invitation

by Oriah Mountain Dreamer

It doesn't interest me what you do for a living. I want to know what you ache for, and if you dare to dream of meeting your heart's longing.

It doesn't interest me how old you are. I want to know if you will risk looking like a fool for love, for your dream, for the adventure of being alive.

It doesn't interest me what planets are squaring your moon. I want to know if you have touched the center of your own sorrow, if you have been opened by life's betrayals or have become shriveled and closed from fear of further pain! I want to know if



you can sit with pain, mine or your own, without moving to hide it or fade it, or fix it.

I want to know if you can be with joy, mine or your own, if you can dance with wildness and let the ecstasy fill you to the tips of your fingers and toes without cautioning us to be careful, to be realistic, to remember the limitations of being human.

It doesn't interest me if the story you are telling me is true. I want to know if you can disappoint another to be true to yourself; if you can bear the accusation of betrayal and not betray your own soul; if you can be faithless and therefore trustworthy.

I want to know if you can see beauty even when it's not pretty, every day, and if you can source your own life from its presence.

I want to know if you can live with failure, yours

and mine, and still stand on the edge of the lake and shout to the silver of the full moon, "Yes!"

It doesn't interest me to know where you live or how much money you have. I want to know if you can get up, after the night of grief and despair, weary and bruised to the bone, and do what needs to be done to feed the children.

It doesn't interest me who you know or how you came to

be here. I want to know if you will stand in the center of the fire with me and not shrink back.

It doesn't interest me where or what or with whom you have studied. I want to know what sustains you, from the inside, when all else falls away.

I want to know if you can be alone with yourself and if you truly like the company you keep in the empty moments.

With my heartfelt wishes for an October that allows the ability to invite both yourself and others to join in living life in that manner of wholehearted, experiential immersion and authenticity.

Be well; Live Meaningfully. Till the next time,

Ayesha G. Bullock, M.A. practices at 2150 Park Avenue North as a Licensed Mental Health Counselor and can be reached at ayesha@livemeaningfully.net or 407-796-2959.

theater in the parks by Barbara Solomon

Look On The Bright Side of Life

MONTY PYTHON'S SPAMALOT WRITTEN BY ERIC IDLE AND JOHN DU PREZ **DIRECTED BY JIM HELSINGER** MUSICAL DIRECTION BY STEVE MACKINNON STARRING DAVIS GAINES, BRAD DEPLANCHE, AND DEE ROSCIOLI

This show's got everything: great songs, great performers, great choreography, great set, great costumes, and great jokes! For those of us who watched Monty Python on PBS, it resonated a ton of funny moments from the TV show. The basic story is one of Camelot: King Arthur (Davis Gaines) receives his sword Excaliber from the Lady of the Lake (Dee Roscioli), rounds up his Knights of the Round Table, and sets off on a quest to find the Holy Grail. At that point the traditional story ends, and Monty Python's version

Davis Gaines' voice brought verve to his songs. Brad DePlanches' performance as Patsy brought humor to the show. Dee Roscioli's dynamic voice brought a new dimension to the musical. But my favorite thing about the evening was Billy Spragues Jr.'s choreography. Not only was it outstanding, but also well executed - we even got some wonderful tap dancing, a favorite of mine. Speaking of favorites, I must tell you my two favorite songs are, of course, "The Song That Goes Like This" and "Always Look on the Bright Side of Life" (it's taken over my brain for the last week, it's so engaging). And I would be remiss if I did not talk about Jim Helsinger's brilliant direction. This play is the perfect vehicle for Helsinger; he could be as silly as

he likes. And to me, the show was outstanding because of Steve MacKinnon, who is one of the best musical directors in Orlando, if not the best. I always know it will be a memorable show when he is the musical director. Who needs Broadway? We have Orlando Shakes. Even the ushers are great: Karen, Priscilla, and especially John.

If you are a regular reader, you know I always conclude my review with my take on the meaning of the show. This play actually has some meaning. It is about courage, perseverance, acceptance, loyalty, and love. Isn't that what life is really about?

Playing through October 11 at Orlando Shakes, Loch Haven Park. For more information call 407-447-1700 or visit orlandoshakes.org.

BARB'S BEST BETS FOR OCTOBER: "THE MARVELOUS WONDERETTES" AT THE WINTER PARK PLAYHOUSE, "THE ROCKY HORROR PICTURE SHOW" AT THE TITUSVILLE PLAYHOUSE, AND "BATBOY" AT THE ABBEY.





in the garden by Stephen and Kristin Pategas



Perennials With A Distinguished Look

tainers or a silvery twinkle to your landscapes, head straight for two silver-

haired beauties - Helichrysum petiolare, petite licorice and Chrysocephalum apiculatum 'Flochryel', Flambe strawflower. They have distinct silvery grey-green foliage that catches the eye wherever they are planted. These are low spreading perennials that grow well in our Zone 9b gardens and will take the heat father south into Zones 10a and b. Farther north these are annuals.

Petite licorice (Helichrysum) is native to South Africa where it is sometimes grown for its medicinal qualities for coughs, colds, pain relief and high blood pressure. We add it to our containers and like

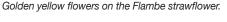
To add flair to your conits small round velvety leaves that smell like licorice when crushed. Some claim the scent repels insects, but we do know deer leave it alone. Come summer, tiny cream-white flowers appear in numerous flower heads on long stalks. Petite licorice is a vigorous spreader that can reach 18 inches high and 3 to 4 feet wide. Space it at 10 to 14 inches for quick impact.

> Meanwhile, the strawflower (Chrysocephalum) is native to the island of Tasmania and Australia. In addition to its colorful foliage, Flambe produces numerous tufted yellow or golden-yellow flowers. Ours have been in continuous color and this plant laughs at winter frosts. Dead heading (removal of spent blossoms) is not necessary to encourage more flowering, but if you plant Flambe where it is viewed up close, we recommend an occasional snip

to remove spent blooms. However, as they grow, they typically bury the old blooms with new ones. Flambe strawflower grows to 14 inches high by 24 inches wide. Space them at 8 to 12 inches apart.

They both prefer full sun and good air circulation. They can take it hot and dry, but when irrigated, make sure the soil drains well. If either plant starts looking tired during the summer, a trim back can help them quickly bounce back into top form. Plants can fail if cut back too severely. In containers regular fertilization will be helpful, but in the landscape they will tolerate poor soils and low fertility. A dose of slow-release fertilizer or some compost added at the time of planting would be helpful. If your garden center does not have either of these plants, tell them to contact Proven Winners.







Petite licorice boasts soft "stroke me" foliage.

Plant Bit

Does a rose not smell as sweet as you remember it in the past? Before you blame old age, consider pollution. A study at the University of Virginia found that air pollution can destroy the scent molecules of flowers. Such molecules that once travelled 3,000 to 4,000 feet in the 1800s now only travel 600 to 1,000 feet in our major cities. Other scent trails, such as pheromones, may also be affected. This study could partially explain why some pollinators who use scent to locate nectar sources and mates are declining.



Hortus Oasis (FL26000315) in Winter Park is a boutique garden design company specializing in residential, commercial and specialty gardens. Stephen is a registered landscape architect and Kristin is a certified landscape designer. Contact them at 407-622-4886/garden@hortusoasis.com



Join Us for the Second Annual Art for Generations

OCTOBER 29, 2015 · 10:00 A.M. - 2:00 P.M. AT THE MAYFLOWER RETIREMENT COMMUNITY 1620 Mayflower Court · Winter Park, FL 32792 · 407-672-1620

The Mayflower Retirement Community is hosting its second annual juried art <mark>show featuring creative works by local older adults. The "Art for Generations"</mark> event is free and open to the public.

Featured artists are at least 55 years of age, and have submitted original entries in the following categories:

- Paintings (watercolor, oil, acrylic)
- Drawings (pencil, pastel, charcoal)
- 3-D mixed media (wood, sculpture, ceramics, jewelry, basket-weaving, needlework, clay)
- Photography

ADMISSION IS FREE!





The Park Press | OCTOBER 2015 18 REAL ESTATE

real estate in the parks by Scott Hillman



Local Existing Home Market Continues Strong Performance

As we enter the final three long-term appreciation rate is months of the year when temperatures start to cool and seasonal holidays and family get-togethers dominate the calendar, the local existing home

market continues to remain very maneagable and is performing well on all fronts.

Perhaps the numbers that stand out the most are increased existing home transactions, and the continued rise in median price, which is up for the 48th consecutive month in July, according to the Orlando Regional Realtor Association (ORRA). Existing single-family home sales rose a robust 33.7% this July over last, condo sales were up 20.26%, and the overall median price for all types of homes climbed 7.56% to \$183,875.

The ORRA report also noted that July's median price was up 59.20% over July 2011 which caused some real estate professionals to express some concern that the market might be overheating. I'm not one of them. We've got a long way to go before we get to the bubble price range that saw the median price for existing homes peak at \$252,000 in June 2007. If you just compare this July's median price to July 2011 it is misleading. When you look at the big picture and straight line the area median price from 2000-2015, it has only increased \$78,063, or 3.75% annually. That

right on pace with how residential real estate has performed in the past. The peaks and valleys we've gone through are not.

We've also seen comfortable levels of contracts, closings and inventory over the past three or four months which has resulted in a slight dip in pending sales and inventory due to the spike in July closings. Inventory stood at a 3.49-month supply which is a good number and one that typically defines a market balanced by buyers and sellers.

Plus, there still exists some affordability in the market as nearly 64% of the inventory was priced under \$300,000 which creates a number of opportunities for first-time buyers and other market segments seeking homeownership.

Contributing to the positive performance of the local existing home market are affordable interest rates. The rate for a 30-year fixed-rate mortgage continues to hover right around 4%.

Also noteworthy is the continued decline in distressed properties. There was a healthy 31% de-



crease in Orlando area foreclosure filings for the first half of 2015 compared with the same period a year ago, according to a national real estate research report. The ORRA also reported closings of short sales decreased 40.37% year over year in July thanks to a streamlined process of moving them off the books, while sales of foreclosed properties were up 10.22% during that same period.

As we move into the seasonal months there is a lot more to celebrate as the area's existing home market continues to get stronger and healthier.

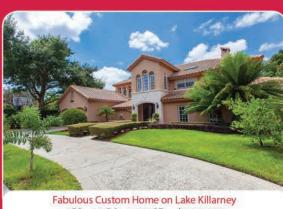
Scott Hillman is president of Fannie Hillman + Associates, a 34-year-old Winter Park-based real estate company specializing in residential real estate sales and producer of The Hillman Report, a semiannual look at residential real estate in Orange and Seminole counties that can be viewed on the company's website (fanniehillman.com) or by calling (407) 644-1234 for a copy.

For More News, Information and Great Events, Visit TheParkPress.com!

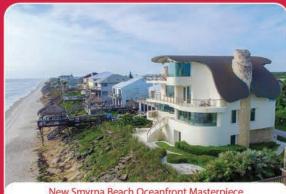
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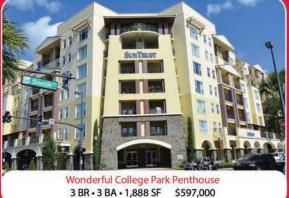


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Orlando Business Journal

schools



Aloma's after-school enrichment programs are up and running! Thank you to all who are participating. If you missed the first round of programs, keep checking your child's folder and weekly newsletters for upcoming registration dates. If you are not receiving our newsletter, you can sign up on the bottom of our school webpage: https://www.ocps.net/lc/east/eal/Pages/default.aspx

Please make a note of these October events:

October 21st: Picture Retakes October 23rd and 26th: NO SCHOOL FOR STUDENTS

Wish you knew how your child's day was going? Sign up for the Class Dojo app on your smartphone. Class Dojo is the school-wide behavior system Aloma uses to reward positive student choices and track progress every day in school. In addition to earning points in the classroom, your child can also earn points in the cafeteria, at specials, in the hallways, and beyond! Please ask your child's teacher for login and set-up information.

Research shows that reading success is directly related to the amount of time students read outside of school. Have you signed up to access your child's AR reading progress?

Students can check out AR books from the school library and take comprehension tests during computer time at school. Information on how to access your child's reading progress came home in September. Please contact your child's teacher if you still need access.

We love volunteers! Please take time to sign up to be a volunteer at Aloma. We will match your availability with our needs. Go to volunteer.ocps.net and complete the application. We look forward to seeing you on campus!

Audubon Park Elementary PRINCIPAL ANNA FERRATUSCO

Audubon Park Elementary kicked off the school with some very exciting events. In August, the Falcon Fund hosted their Summer Soiree. The Falcon Fund is raising funds this year to expand the digital curriculum program and support the existing technology on campus.

The PTA hosted their first Community Tailgating cookout party in September. What a great Sunday afternoon it was. A huge thank you to the Baldwin Park Publix for their support in this very successful event. PTA will focus on community-building this year in all of their events. For information on both of these organizations, please visit the Audubon Park Elementary website.



We've had a great start to the school year. The students are excited to be back at school and to see all of their friends. The teachers returned refreshed and ready for a new year. Brookshire has implemented a new motto for students, R.E.A.C.H., which stands for Respect, Effort, Attitude, Cooperation, and Honesty. We believe that when students demonstrate these character traits they will R.E.A.C.H. for success.

Lake Silver Elementary PRINCIPAL SARA BIGALKE

September was a great monthlearning is in full force! Teachers worked hard to establish procedures and expectations, while also creating engaging and rigorous classroom lessons. Students are mastering the challenging skills addressed in the Florida Standards. I'm in every classroom, every day. And trust me, our students are learning and thriving!

Congratulations to our fifth-grade team and all who worked with students to achieve a 20 point increase on the 2015 FCAT Science Test!

Please collect and send in Box Tops for Education. Each Box Top turned in

to the school is worth \$.10 to be used toward your child's education. We have raised funds which have been used for technology in the classroom and supplemental reading pieces to help "make the difference" in Lake Silver Elementary.

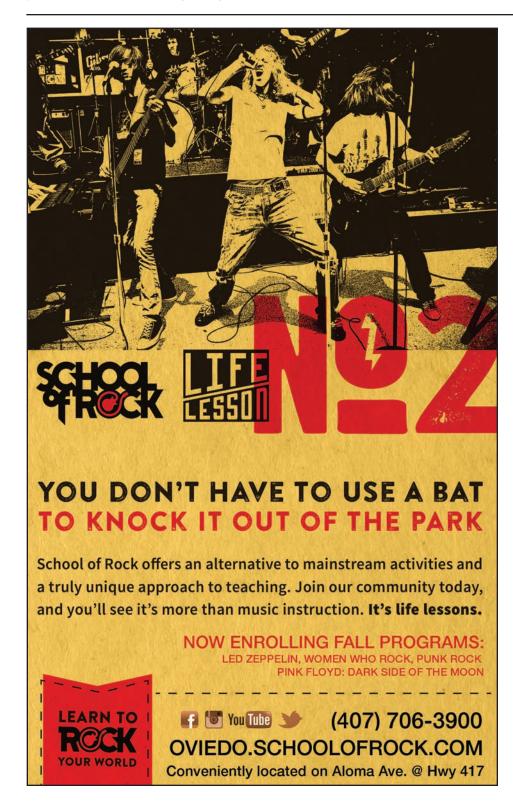
Parents, have you done your homework? Please check your child's planner every day to maintain home/school communication. Our teamwork together will lead to your child's school success! I am looking forward to leading our students to success this year with the support and involvement of families and the community.

Another way to stay involved and support Lake Silver is to join our wonderful PTA and attend meetings.

Our PTA and SAC meet every month on the same night as our Curriculum Night. Our Fall Festival was a huge success! Thank you PTA and Foundation for organizing this fun event!

This month we kick off our annual Read-A-Thon sponsored by the Lake Silver Foundation. Please support this worthy cause by helping the students fill out their reading logs and making monetary donations. The funds raised will go towards teacher grants, technology and the Good Samaritan Fund.

Go Tigers!





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schools



We have had many exciting events take place already this school year. We had our annual Open House on September 15 and many parents and students attended. Our first PTO Movie Night was also another big success and we look forward to more fun Family Nights to come! Additionally, the students had a great time raising money for our school at our annual PTO Fun Run!

Our School Advisory Council is up and running and the group will begin to look at our new School Improvement Plan and ways we can more effectively communicate with parents and meet the academic needs of our diverse community. As the year progresses, we will share more specifics about our academic goals.

Come learn with our children and become part of the Lakemont community as an ADDitions school volunteer. Lakemont is always seeking extraspecial people who are committed to making our school the best. You can be the person who offers special attention and care that will inspire our students to reach for and realize their dream. From cutting, gluing, and pasting, to reading a story, or being the extra pair of hands during a science experiment and more, Lakemont students need you! Go online to http://volunteer. ocps.net to fill out an application and contact our ADDitions Coordinator, Mrs. Cindy Clark. You can reach her at 407-623-1453 x3542224 or via e-mail at cynthia.clark@ocps.net. We appreciate your continued support of our students and our school.



We are proud that our Hawks are igniting untapped potential both inside and outside the classroom settings. The first weeks of school were filled with engaging activities in our classrooms. Students have been processing new content and demonstrating the Hawk expectations of success. We invite parents to visit the class-room at our Open House on Tuesday, October 13 beginning at 6:00 p.m. The Book Fair will be in the Media Center on that evening so please stop by and show your support.

Our performing arts programs are thrilled to announce some upcoming concerts for the month of October. Please join us in celebrating our performing arts programs which will take place at Winter Park High School. On October 14th there will be a chorus concert 7:00 p.m. The All-Bands Fall concert will be at 7:00 p.m. on October 21st and our orchestra concert is on October 28th at 7:00 p.m.



There is no doubt that we live in an age of limitless discovery and change. Milton Chen, in a recent article in Independent School Magazine, writes: "In the midst of our busy lives, where billions of bits and bytes jostle for attention on our desks and in our pockets and purses, we can all pause for a second and acknowledge that we're lucky to be living in a unique time in history in which global forces in the early 21st century, enabled by the Internet, have rewritten the rules we lived by in the 20th century - in politics, economics, and now education. A deep and fundamental cultural change is taking shape in our lifetimes."

We can all agree that we have crossed another threshold, one that 20 years ago seemed but a glimmer in a futurist's eye. A new landscape of learning, working, and living is coming into sharper focus. As New York University lecturer and author Clay Shirky says in his marvelous TED talk, "The moment we're living through [represents] the largest increase in expressive capability in human history."

While we all agree that the technology that we have at our fingertips will allow our children limitless opportunities, we must also remember





Pictured above, Park Maitland School students.

that human touch and face-to-face interaction are vital!

Recent research has shown that in too many homes parents are using computers, iPads, TV, cell phones, etc. as electronic babysitters and that "screen time" has created a three-parent family of sort. By the age of seven, a child born today will have spent a full year glued to screens. An average 10-year-old has at least five screens available to him at home. The population's vast use of iPads, televisions, smart phones, and laptops has been linked to obesity problems and

could adversely affect children's social relationships.

Park Maitland School strives to remain on the cutting edge of 21st Century teaching as we incorporate the 4C's - creativity, communication, collaboration, and critical thinking throughout our curriculum. We realize that the Internet and mobile devices can often be a powerful tool to enhance learning and build upon the 4C's, but we also know that "face-to-face" communication and collaboration is vital for children's development!

SAT & ACT TUTORING

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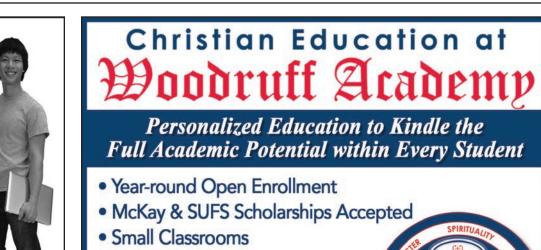
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schools



St. James Cathedral School PRINCIPAL MRS. GERRI GENDALL

St. James Cathedral School was honored to host and celebrate Grandparents Day on September 11, 2015. On the anniversary of the tragedy of September 11, 2001, we honored our parents, brothers, sisters and children we lost on that day, as well as all others before and after them, who fought for our freedom. We thanked and honored our wonderful grandparents for all the amazing ways they blessed our lives. From the earliest memories of their gentle, caring hands to the most recent memories of their wise guidance, we are grateful for their presence. And for those whom we lost, their presence is ever with us. Our St. James Cathedral School community welcomes you!

Grandparents and grandchildren attended Mass with Pastor Father John McCormick as the celebrant, and enjoyed a musical presentation from the students. Father John spoke about the importance of family and the role grandparents play in guiding their grandchildren in their lives and faith. After Mass, grandparents visited their grandchildren's classrooms and had family photos taken by our photography Enrichment class. The grandparents were treated to a picnic lunch with their grandchildren. The event was a huge success with

over 350 grandparents in attendance! With the help of more than 50 parent volunteers and the support of the students, faculty and staff the event culminated in a beautiful celebration of family and faith.

We invite all Prospective Families to our Open House on Wednesday, October 28 from 8:30 - 10:30 a.m. For further information about our Blue Ribbon School, please call 407-841-4432 ext. 116 or visit our web site www.stjcs.com.

The Christ School

Christ School HEAD OF SCHOOL JASON POWELL, ED.D.

The Christ School is celebrating its 20th year during 2015-2016. Since the day our school opened in 1996, The Christ School has been blessed with growth and maturation as we carry out our mission to provide an academically rigorous and Christ-centered K-8 experience. Upon my arrival in 2006, I met a committed group of families, faculty and staff who loved The Christ School for its uniqueness and strength of community. Community and the pursuit of excellence are core values of The Christ School that have led to many of the traditions that make our school unique.

This past month, our students have been learning about the importance of traditions in our daily Chapel. Our fourth-grade students were asked to journal their most beloved traditions. As they lead our Chapel service, many traditions at The Christ School were celebrated. I will let our students tell you some of them:

"A kindergarten tradition is dandelion breakfast for dads. We wrote something special for them. It was one of my favorite activities."

"A first grade tradition is dressing up like old people for the 100th day of school. Some people had canes and gray hair. It was a lot of fun."

"A tradition in third grade is the country reports. I learned about another country that I didn't know anything about. It was really fun."

"One of my favorite traditions is Grandparents' Day. I like the program and showing my grandparents around the school."

"One of my favorite traditions is One Great Day of Service because I like when our entire school stops classes for a day to help our community."

"One of my favorite traditions is casual day to raise money for so many great causes like the school in Africa we have supported through the years. I also like the freedom to wear whatever we want."

"I look forward to the tradition of the 8th grade trip to the Dominican Republic. I am excited to serve in another country."

We look forward to celebrating all of these traditions and many more throughout the year. These important traditions galvanize our strong community. They help to establish a strong foundation for lifelong learning. Many provide our students with opportunities to learn the Biblical value of service. Our traditions are part of what makes The Christ School such a unique and distinctive school.



The National Merit Scholarship is a prestigious award highly recognized throughout our nation. Earning the designation of National Merit Scholar is an impressively difficult accomplishment. Award-winning students are first named semi-finalists. Those students then apply to become a National Merit Scholar Finalist. Less than one percent of high school seniors throughout the United States are named semi-finalists.

Winter Park High School is greatly honored to announce that Josephine Spiegelberg, Vivek Suri, and Isabel Vasquez have been named semi-finalists! We heartily congratulate Josephine, Vivek, and Isabel on their great accomplishment. These three Wildcats exemplify Winter Park High School's Tradition of Excellence, and they have brought much pride to our school.



Along with Christian education Woodruff Academy (CE@WA), teaching calculus and dual-enrolling our qualified high school students, K-12th students are preparing well in advance for an October 30th "Living Biography" social studies event. In providing a strong academic, spiritual, social, physical, and emotionally healthy environment, CE@ WA schedules well rounded experiences to fulfill the mission of the Academy for our students.



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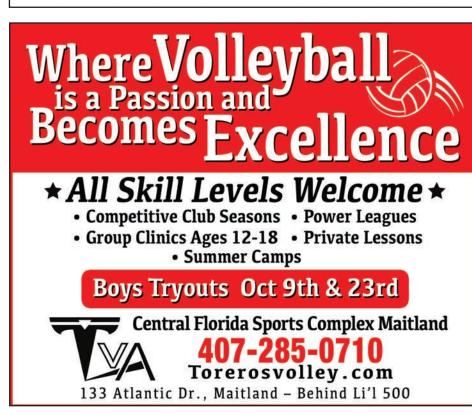
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nature in the parks

Photos by Richard Johnson

The fall season is upon us and this means the pink Muhly grass will soon start its show of giant cottoncandy pink inflorescences. The best

place to view the pink Muhly grass show is on the south side of Lake Baldwin near the Lake Susannah inlet. Pink Muhly grass only blooms from early September to early December so don't miss it.

Richard Johnson is a professional photographer. See more of his work at www.RichardEarlPhotography.com

From page 11.

The fund manager will buy and sell stocks throughout the life of the fund to make sure the fund is generating the highest returns possible. The key point is that investments will always be large company stocks unless the investment policy and philosophy changes.

In a targeted retirement account the fund manager changes the composition of investments as the targeted retirement date approaches. As an example if an investor today has determined their retirement date to be 2050, the fund might be invested in high growth U.S. companies and the stocks of companies from emerging countries. As time progresses, the fund is going to do things which reduce risk. After a certain amount of time the portfolio may change to the shares of large, well-known companies within the United States. Europe and Japan. The

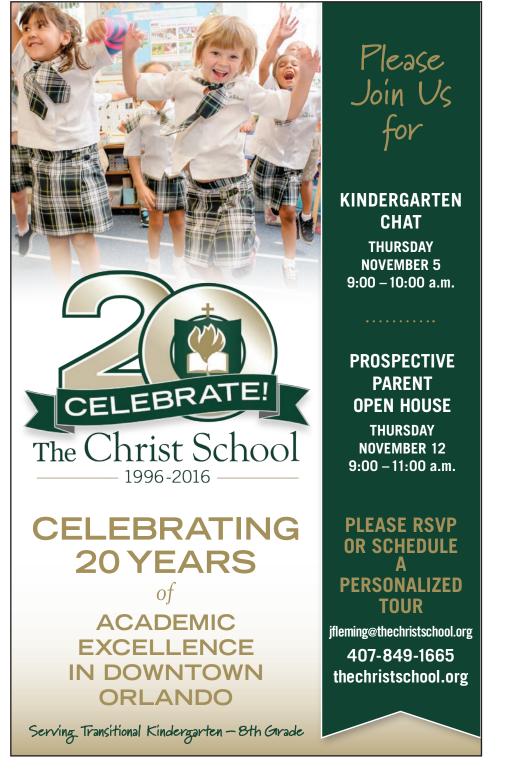
next shift in investment strategy may be reducing the number of stocks in the portfolio and adding corporate bonds of well known U.S., European, and Japanese companies. The next shift may be a continued reduction of stock investments and a greater concentration of bond investments.

a certain amount of time the portfolio
Ms retirement approaches,
investments will continue to
well-known companies within the
United States, Europe and Japan. The
stocks declining as a proportion

of the portfolio coupled with a corresponding increase in the proportion of bonds.

As with any investment, targeted retirement funds are not a retirement panacea. These funds provide a nice alternative for increased diversification with an active management component to help with a focused retirement savings effort with the goal of enhancing the fiscal fitness of retirement.





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COMMUNITY CALENDAR

Audubon Park Garden District Events

Ongoing Events

Every Monday night Community Market – 6:00 to 10:00 p.m. at Stardust Coffee parking lot located at 1842 E. Winter Park Rd. For information call 407-590-8776.

Baldwin Park, College Park and Orlando Area Events

Ongoing Events

Every Monday Smarty Pants - 10:15 a.m. Storytime for children ages birth-5 years old at the Edgewater Branch Library located at 5049 Edgewater Dr. For more information call 407-835-7323.

Every Tuesday and Thursday Crazy 8's - 1:00 p.m. at the Edgewater Branch Library located at 5049 Edgewater Dr. Crazy 8's is a mathematical development series that introduce hands-on games that get kids fired up about math. For more information please call 407-835-7306.

Every Wednesday Belles and Beaus Dance Club has dances every Wednesday from 7:00 to 9:30 p.m. at the Marks Street Recreation Complex located at 99 E. Marks Street. Join in for an evening of fun and dancing to music by the Soft Touch band. Refreshments are available. Singles and couples are welcome. Cost: \$5.00 per person. For more information please call 407-277-7008.

Every Thursday College Park Farmers' Market -5:00 to 9:00 p.m. located at 1600 Edgewater Dr. For information call 407-999-5251.

Every Friday Professional Presenters Entertain, Educate and Inspire Kids - 11:00 a.m. at the Edgewater Branch Library located at 5049 Edgewater Dr. Activities include: Rainforest animals, magic shows, clowns, kids concerts and more. For more information please call 407-835-7306.

Every Sunday Downtown Orlando Farmers' Market – 10:00 a.m. to 4:00 p.m. at Lake Eola. For more information call 407-246-3625.

Monday - Friday Each Week Seniors' Program in College Park — 9:00 a.m. to 1:00 p.m. at the College Park Community Center located at 2393 Elizabeth St. For information call 407-246-4361.

First Friday of Each Month The Art Stroll of Ivanhoe Village – 6:00 to 9:00 p.m. on Orange Ave. between Princeton and New Hampshire.

First Friday of Each Month through December Date Night At Leu Gardens - Gates open at 6:00 p.m. Movie starts at 7:30 p.m. Pack a dinner picnic basket and a blanket or chairs, alcohol is permitted. Grilled items, popcorn and drinks are availablie for purchase. Garden admission: \$6 adult, \$3 child (K-12th grade) and free admission for Leu Gardens Members, weather permitting. Leu Gardens is located at 1920 N. Forest Ave., Orlando, 32803. For more information please call 407-246-2620 or visit leugardens.org.

Third Thursday of Each Month Eunice's Healthy Cooking and Baking Workshop – 10:30 a.m. at the Edgewater Branch Libary located at 5049 Edgewater Dr. Food samples will be provided. For more information and to register please call 407-835-7323.

October 17 Hogtoberfest 2015 - This free three-day celebration featuring local classic rock bands, celebrity custom bike builders, food, drink, and more at Orlando Harley-Davidson located at 3770 37th St. All proceeds from the raffle to win a 2016 Harley-Davidson Street Guide will benefit Second Harvest's childhood hunger relief programs. For more information and raffle tickets, please visit www.feedhopenow.org.

October 21 39th Annual Purple Door Breakfast - 8:00 a.m. at the First Baptist Church of Orlando located at 3000 S. John Young Parkway. October is Domestic Violence Awareness Month. Harbor House's Purple Door Breakfast is filled with inspiration, uplifting messages of hope and captivating stories of survival and transformation. For more information please visit www.harborhousefl.com.

October 24 Norm Lewis Performs During Seminole State's 50th anniversary Celebration - 2:00 p.m. at Seminole State's Fine Arts Concert Hall. For more information and tickets please call 407-708-2039.

October 31 Center for Independent Living 5th Annual Stroll 'n Roll - 8:00 to 11:00 a.m. at Harbor Park at Lake
Baldwin located at 4990 New Broad St. For more
information please call 407-623-1070.

November 1 24th Annual Tour of Homes - 1:00 to 5:00 p.m. featuring the Lake Adair National Register Historic District. Ticket cost for non-members is \$25.00 College Park Neighborhood Association membership is available at the event or online at www.mycpna.com/join. For additional information please call 407-440-4002.

November 13 2nd Annual Lung Force Expo - 8:00 a.m. to 4:00 p.m. at SeaWorld Sea Harbor Pavilion located at 7007 Sea Harbor Drive. For more information please visit www.lungforce.org/expo.

Maitland Events

Ongoing Events

Every Sunday Maitland Farmers' Market at Lake Lily

Every Tuesday Preschool Stories 10:30-11:30 a.m. at the Maitland Public Library located at 501 S. Maitland Ave.

Every Thursday Healthy Maitland Walk 6:30 a.m.; **Babytime** 10:30 to -11:30 a.m. and **Adventures w/Books Club** 2:30 to 4:30 p.m. at the Maitland Public Library.

Winter Park Events

Ongoing Events

Every Monday "Sit-to-Be-Fit" Chair Exercise Class – 9:30-10:30 a.m. at the Winter Park Community Center. This free class is designed for all ability levels and sponsored by the City of Winter Park. For more information please call 407-754-6190.

Monday - Friday "Art in Chambers" exhibit – Monday through Friday from 8:00 a.m. to 5:00 p.m. This free exhibit is on display at the City Hall Commission Chambers located at 401 Park Avenue South.

Every Tuesday and Thursday "Hands-on Gardening" – 9:30 a.m. – noon at the Albin Polasek Museum & Sculpture Gardens. For more information regarding this free year-round event please call 407-647-6294.

Every Tuesday and Thursday Beginning Pilates Class – 5:15 p.m. at the Winter Park Community Center. For more information please call 407-671-9599.

Every Tuesday, Friday and Saturday Winter Park Benefit Shop – The shop is located at 140 West Lyman Avenue and is open from 9:30 a.m. - 1:00 p.m. on Tuesdays and Fridays, and from 10:00 a.m. - 1:00 p.m. on Saturdays. Donate or purchase clothing, bedding, jewelry, kitchenware and more. Proceeds benefit various children's programs and the local branch of Orlando Blind. For more information please call 407-647-8276.

Every Tuesday and Thursday Curator Tours of Louis Comfort Tiffany's Laurelton Hall – At 11:00 a.m. and 2:30 p.m. at the Charles Hosmer Morse Museum of American Art located at 445 N. Park Ave. Space is limited and free with museum admission. To learn more about this event with Curator Donna Climenhage please call 407-645-5311 or visit www.morsemuseum.org.

Every Wednesday Mills50 MidWeek Group Runs – 6:00 p.m. at Track Shack located at 1104 N. Mills Ave. This event is free to runners of all abilities. For more information please visit www.TrackShack.com.

Every Thursday Walk With A Doc – Enjoy a rejuvenating 30-minute walk with Florida Hospital physicians. This free event is held at 5:30 to 6:30 p.m. at the Crosby YMCA. For more information, or to reserve your spot, please call 407-303-1700.

Every Saturday Winter Park Farmers' Market – 7:00 a.m. to 1:00 p.m.

Every Saturday Line Dance Class – 10:00 a.m. at the Winter Park Community Center. Beginners welcome! Enjoy music, make new friends and get exercise at the same time! For more information please call 407-592-7835.

Every Sunday Music at the Casa – This free event featuring professional musicians and performers is hosted at Casa Feliz every Sunday from noon – 3:00 p.m. For more information call 407-628-8200 ext. 3 or visit www.casafeliz.us.

October 6 - Market2Park (lunchtime) - 11:00 a.m. to 1:00 p.m. at Shady Park at Hannibal Square. For more information please call 407-599-3334 or visit winterpark.org.

October 6 National Night Out – 6:00 - 9:00 p.m. at the Winter Park Public Safety Facility. For more information please call 407-599-331 or visit www.winterpark.org.

October 8 Coffee Talk – 8:00 to 9:00 a.m. featuring Commissioner Tom McMacken at the Winter Park

HIGHLIGHTS

TIFFANY LAMPS AND LIGHTING FROM THE MORSE MUSEUM - October 20, 9:30 a.m. at the Morse Museum of American Arts. 445 N. Park Ave. The museum's refreshed installation of lamps and lighting from Tiffany Studios provides a new setting for some particularly treasured designs. www.morsemuseum.org.

Welcome Center. For more information please call 407-599-3428 or visit www.winterpark.org.

October 8 Popcorn Flicks In The Park – 8:00 to 10:00 p.m. featuring the showing of "The Thing from Another World" in Central Park. For more information please call 407-629-0054 or visit www.winterpark.org.

October 10 AAUW Meeting and Special Program featuring Val Demings – 9:00 a.m. at the First Congregational
Church Fellowhsip Hall located at 225 S. Interlachen
Ave. The public is invited to attend. Admission is
\$15 and includes breakfast. For more information
please call 407-488-4163.

October 10-11 42nd Annual Winter Park Autumn Art Festival – 9:00 a.m. to 5:00 p.m. in Central Park. For more information regarding this free event please call 407-644-8281.

October 10-17 Harriet's Park Avenue Fashion Week – Join the boutiques along Park Avenue for a week-long celebration of fashion and design, complete with designer meet-and-greets, trunk shows, VIP parties, special sales and more! The grand finale is the Runway Show in Central Park West Meadow on October 17. Event details at parkavenuefashionweek.com

October 11 "Celebrate the Capen" Open House – 1:00 to 4:00 p.m. at the Albin Polasek Museum & Sculpture Gardens located at 633 Osceola Ae. For more information call 407-647-6294.

October 14 "Creating a Tranquil Zen Garden from Scratch" – 10:00 a.m. at the Winter Park Garden Club located at 1300 S. Denning. For more informtion please call 407-644-5770.

October 14 WPHS Homecoming Parade & Pep Rally – 5:00 to 8:00 p.m. along Park Aveune and in Central Park. For more information please call 407-599-3463.

October 20 Tiffany Lamps and Lighting from the Morse Collection – 9:30 a.m. at the Charles Hosmer Morse Museum of American Art is located at 445 N. Park Ave. The Museum's refreshed installation of lamps and lighting from Tiffany Studios provides a new setting for some particularly treasured designs. For more information, call 407-645-5311 or visit www.morsemuseum.org.



Join the flock! Support Pink Out Winter Park.

Benefiting the Winter Park Memorial Hospital Mammography Scholarship Fund.

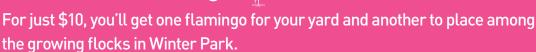
Pink Out Winter Park was created to increase breast health awareness, encourage women to get regular mammograms and provide financial support to women who cannot afford an annual mammogram.

Get involved!

Get a Mammogram

A yearly mammogram is an effective method for detecting breast cancer early, when it is most treatable and beatable. To schedule your annual mammogram, call (407) 801-4793 or visit PinkOutWinterPark.com.

Purchase a Flamingo 🧇



Available at:

- Crosby and Winter Park YMCAs
- Florida Hospital for Women Winter Park
- FRi Diagnostic Imaging Oviedo
- Lilly Pulitzer
- Miller's Hardware

- Tuni
- The Doggie Door
- Winter Park Chamber of Commerce
- Walk on Water
- Winter Park Public Library

Donate to Women in Need 💙

Show your support for women in need in our community. Donations to Pink Out benefit the Winter Park Memorial Hospital Mammography Scholarship Fund to help women who cannot afford mammograms.

PinkOutWinterPark.com





The skill to heal. The spirit to care.®