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Holiday **Safety Tips**

Holiday **Pairings**

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The 10th Annual Winter Park Boat Parade

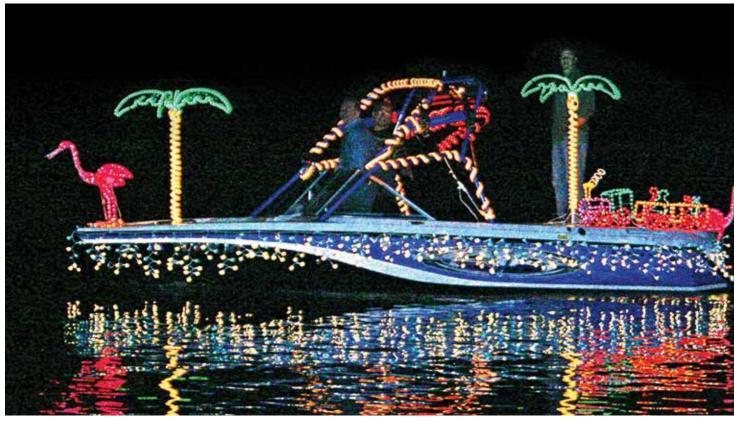
The Rotary Club of Winter Park, along with Southeast Marine Sales, presents the 10th Annual Winter Park Boat Parade & Festival of Lights and Ski Show December 13th on Lakes Virginia and Osceola. The Winter Park Boat Parade and Festival of Lights is a fun, community-wide water parade with holiday-themed and lighted boats along the lakes' shorelines.

3:30 pm: Water ski show presented by Southeast Marine Sales will be on Lake Virginia with viewing on the Rollins College campus by the Jump Ramp in front of the Campus Student Center/Swimming Pool. The area's leading water skiers will be performing a onehour ski show set to music. Over two dozen professional skiers will be pulled by Tige' boats performing routines featuring jumps, multiple skiers' acts, barefoot, wake

boards, and high-performance equipment.

4:00 pm to sundown: The Polasek Museum hosts the official viewing station and judging stand for the Winter Park Holiday Boat Parade, where the festivities kick off with music, face painting, family art activities and Santa.

Each year the Rotary Club of Winter Park distributes over \$30,000 in grants to local nonprofits.



The 10th Annual Winter Park Boat Parade and Festival of Lights and Ski Show will take place on Lakes Virginia and Osceola on December 13 beginning at 3:30 p.m.

The Winter Park Holiday Boat Parade is a key fundraiser for supporting these grants. There will be food, wine and beer available for purchase during the event as part of the fundraiser. Admission to the Polasek Gardens for the Parade is free. Limited onsite parking will begin at 2:00 p.m. for the cost of \$5 per vehicle. Bring your lawn chairs, blankets, friends and family to The Polasek to enjoy a Winter Park holiday tradition. Additional public viewing of the boat parade is available at Dinky Dock (off Fairbanks Avenue) beginning at sundown. Be sure to stop by the WUCF tent! They will be on hand to emcee the festivities and play some festive jazz music.

Continued on page 7



"Achieving **BEAUTIFUL EYES** is key to obtaining a **NATURALLY YOUTHFUL face."**

- Ruth Hill Yeilding, MD





RUTH HILL YEILDING, MD

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INSIDE THE PARK PRESS

The Park Press

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Publisher's Message



Rick Cable

What truly inspires you? To make you want to do something; that gives you an idea about what to do or create; would cause something to happen or be created; would cause you to have a feeling or emotion. Well, for Patrick Chapin, he's found

immense inspiration from his niece Blair. Until the day she was born, he was unaware that he could love someone so much. She was a healthy, happy girl, and he instantly became a proud and loving uncle. Their special bond continues to this day, she's still a happy girl, and he's still a very proud uncle, but Blair is not healthy. In 2008 she was diagnosed with a terminal genetic disease, Sanfilippo Syndrome, or MPS IIB. Odds are, you've never heard of this disease, and such was the case with the Chapin family when Blair was diagnosed.

Many of you might know Patrick as the mild-mannered, sharply-dressed president of the Winter Park Chamber. But you may not know that he's a fiercely driven athlete when he's away from this office. With Blair's diagnosis, he needed an outlet, yet also wanted to do something positive in the face of the negative situation. So he started some serious training, made a flag with the word "Courage" that includes the names of all afflicted with Sanifippo, and decided to take this flag to a variety of endurance and

physically demanding events. So he's competed in the Louisville Ironman, Florida Ironman, the Madrid and Grandfather Mountain marathons, and local Tough Mudder. He decided the flag needed to get to the top of Mt. Kilimanjaro, and then most recently he took it with him on the most grueling adventure to date. The Rim2Rim-2Rim trek of the Grand Canyon! Not, Rim2Rim which is the common 21-mile trip. I mean, the Rim2Rim2Rim. That's traveling from the North Rim to the South Rim and then back to North Rim totaling 42 miles with an elevation change of over 20,000 feet. This trip usually takes four days, however Patrick completed this journey in 15 hours in one day. I told you he's immensely inspired by Blair!

When asked to reflect on his experience Patrick said, "It was extremely tough and emotional. I thought a lot about Blair and what my brother and sister-in-law go through each and every day knowing they are going to lose their daughter. However, the adventure truly reinforced the cliché that good things can come out of terrible situations."

It is my hope that you might be inspired to gain more information by visiting www.theblair-banner.org and www.singforblair.com.

As always, thank you for reading *The Park Press* and we look forward to the great things to come.

Rick

Rick Cable Founder/Owner

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All I Want For Christmas... By Tricia Cable

Here we are again, not sure how this keeps happening, but another holiday season is upon us and another year is coming to an end. The family that came in town to celebrate the Thanksgiving holiday has returned home, the leftovers have been consumed,

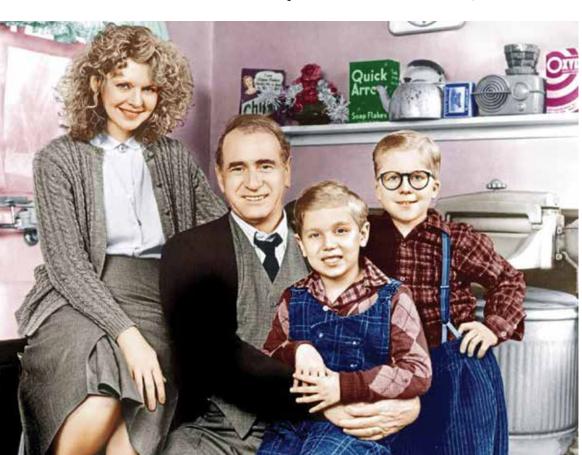
the house has returned to relative order and we are all back to school and work. As I write this, there are just 36 shorts days before Old Saint Nick makes his miracle ride around the globe. For us, it is time to put up a tree, hang the lights and get the lists ready because Santa Claus is coming to town.

The annual arrival of the red and green Rubbermaid containers into my living room from the attic is one that I will admit I do not always look forward to. Don't get me wrong, I love the house all dressed up in her Christmas best, but getting there before December 24th is almost always a time management challenge. One year

it took us three weeks from start to finish, doing a little bit at a time, here and there, when we could squeeze it in. And under no circumstances would

we ever consider starting before Thanksgiving like the local area retailers. The pumpkins from Halloween are still on our front porch when they start decking their halls, unthinkable!

However as much as I pretend to dread it, when



it is all said and done, I typically find the entire process extremely therapeutic. Unpacking the multitude of decorations that I have collected from various sources throughout the years sends me on a very welcomed trip down memory lane. Whether it is the ornaments that the girls made in preschool or the ones that hung on my tree as a child, I find the feelings that each one, in their own right, conjures up to

be quite pleasing. The celebratory ritual forces me to slow down, if just for a moment, and realize that precious time is passing by and whether I choose to recognize it or not, these are the days.

These are the days that we will draw comfort from in the not-sodistant future when our children are grown and our homes are quiet. These are the days that we will dream of reliving when the kids have homes and families of their own and the images looking back at us in the mirror resemble our parents more than ourselves. These are the days that make all the energy and effort worth-

while and the sometimes crazy hustle and bustle of the season worth living. Because these are the days of our lives...



Friday, November 14, 2014 thru Sunday, January 11, 2015

group discounts & private party rental available > reservations required

Monday thru Thursday > 3 p.m. – 9 p.m.

Friday > 3 p.m. – 10 p.m.

Saturday > 10 a.m. - 10 p.m.

Sunday > Noon – 8 p.m.

see website for extended school holiday hours

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City Commissioner's Message

Commissioner Robert F. Stuart, City of Orlando District 3



Dobort E Stude

It's the most wonderful time of the year. I love Orlando during the holidays. I wish I could bottle up the spirit and bring it out all year long. A friend of mine and his family always make a point to finish their holiday shopping in November so that they can spend December giving back and doing things as a family. I thought this

was a great tradition to institute in my family too... or at least give it the old college try!

Here in our Great City, there are many ways to spend time with friends and family this holiday season, especially at our signature park, Lake Eola. Each week during this holiday season, we will be showing free holiday movies in the Walt Disney Amphitheater at 7 p. On December 4, the movie will be Fred Clause, followed by Elf on December 12, National Lampoon's Christmas Vacation on December 19 and A Christmas Story on December 26.

On Friday, December 5th, the City will hold its annual tree lighting at Lake Eola. The City tree is 72 feet high, and the evening will include a choir performance, a musical from Trinity Lutheran School, and a free outdoor viewing of How the Grinch Stole Christmas.

On December 6, WKMG will host a free holiday concert in support of the Salvation Army. Attendees can bring donations and gifts for the organization's Angel Tree Network. The award-winning Florida Symphony Youth Orchestra will be playing all of the holiday favorites.

At Lake Eola on December 13, another free concert will feature Violetric, an electric string quartet that will play rock, pop and holiday favorites.

If you still have one or two more gifts to pick up, find the perfect handmade art or craft at the Grandma Party Bazaar, which takes place in the parking lot of Stardust Coffee and Video in the Audubon Park Garden District.

Then on December 20, enjoy the classic Nutcracker performed by the Russian Ballet Orlando. Finally, on Sunday, December 21, enjoy Ventana Al Jazz, an evening of Christmas music with a Latin flare.

And we here in Orlando are lucky that following the holiday season, we also get to enjoy Bowl Season! This year bowl season is even more special than usual because it is our time to show off a fully-renovated Citrus Bowl on the national stage.

The City is so excited for our two bowl games this season, the Russell Athletic Bowl, which matches up teams from the ACC and the Big 12 Conferences, and takes place this year on December 29th at 5:30 p.m. Then on New Year's Day at 1 p.m. the Citrus Bowl and the City play host to the Buffalo Wild Wings Citrus Bowl , which pits an SEC team versus an ACC or Big Ten team.

Our neighboring city of Winter Park hosts a wonderful Parade of Bands event for the teams that play in the Russell Athletic Bowl. The festivities center around Central Park and kick off at 11 a.m. on December 29th. Visit cityofwinterpark.org for the details.

Then one of my favorite things to do with my grandkids (I'll have five by then!), is to attend the Florida Citrus Parade that makes its way through Downtown Orlando beginning at 10 a.m. on December 30th. While the bands and signature additions from all of our wonderful partners in tourism are great to watch, it is really the one-of-a-kind floats, made entirely from citrus fruit, that make this parade stand out across the

country. Bring your whole family downtown to enjoy this wonderful Orlando tradition.

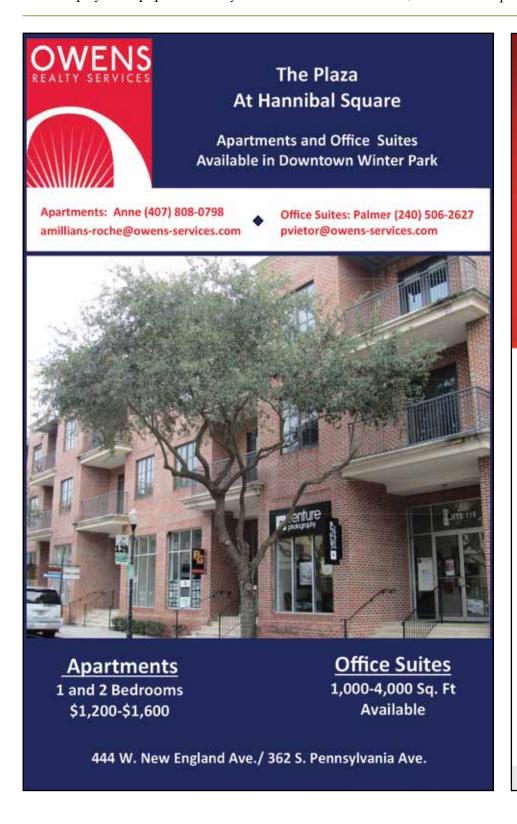
While the holidays are a special time in Orlando, it can also be a time where desperate people look for ways to take advantage of our citizens. Please be safe and check out the Orlando Police Department's webpage for holiday safety tips. I did receive some yearly crime stats from Chief Mina's office and am happy to report that residential

burglaries in District 3 are down almost 40% from where they were in 2013 and overall crime is down about 10%. But both vehicle break-ins and stolen vehicles are up about 7%, so please be vigilant now, and all year long, to lock your car and remove all valuables from sight each and every time you leave your car.

From my family to yours, best wish for a memorable and safe holiday season.. Merry Christmas and Happy New Year!

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ROBERT F. STUART | COMMISSIONER, DISTRICT 3, CITY OF ORLANDO | 400 S. ORANGE AVENUE, ORLANDO, FL 32801 | 407-246-2003 | ROBERT.STUART@CITYOFORLANDO.NET





Winter Park Mayor's Message

Mayor Ken Bradley



Ken Bradley

The Best Is Yet To Come

Every day I am reminded how fortunate and blessed we are to live in Winter Park! The year 2014 began with our city, her love of country, her hospitality, and her care

for others by being featured in the 60-second "A Hero's Welcome" Super Bowl commercial. Millions of viewers worldwide celebrated our military heroes including returning Winter Park's hometown hero, Lt. Chuck Nadd. Millions of viewers worldwide saw what makes Winter Park so special. And the "can do" spirit of Winter Park made that commercial possible with less than two weeks of notice and planning!

We continued 2014 with so many important and monumental milestones that enhance our city's quality of life and our desire to be the best place "to live, work and play" in Florida. Here are just a few of our 2014 accomplishments:

- Installed the city's first solar panels and our utilities' first electrical generation capability
- Celebrated the grand opening of the new Winter Park Train Station
- Welcomed SunRail to Winter Park. Winter Park is the busiest stop on SunRail!
- Commemorated the 35th anniversary of Winter Park Farmers' Market
- Fire Chief James White was named Fire Chief of the Year from the Florida Fire Chiefs' Association

- Police Chief Brett Railev received the International Associa tion of Chiefs' of Police J. Stannard Baker Award for life time achievement in highway safety
- Celebrated Winter Park Country Club's 100th Anniversary with a live two-hour Golf Channel broadcast and the State of Florida's announcement

of the Florida Historic Golf trail

• Assured our city would be safe from diseases through the installation of onboard decontamination units in all city ambulances

On Friday, January 16, 2015, I will deliver my "State of the City Address" at the Alfond Inn. I recently announced I would not be seeking re-election to a third term as mayor in March 2015. This will be my sixth and concluding "State of the City" address.

Our theme is the "Best is yet to come." Modeled after Frank Sinatra's popular song title, this was the last song Mr. Sinatra performed in public at his last concert. These words are also engraved on his tombstone. The song appropriately reflects on the past as well as looks forward to the great accomplishments ahead. The song for me expresses my



SunRail's Winter Park station is the busiest stop along the 31-mile route. Service began on May 1, 2014.

fundamental belief in the goodness of the people of Winter Park, our rich history and the brightness of our future when we work together. I look forward to sharing all the good ahead in our city at the State of the City address.

Over the months to come, we will celebrate many important holidays and family occasions. I wish you and yours a very blessed holiday season and a healthy and prosperous New Year!

May God continue to bless you and Winter Park.

On The Twelfth Day of Christmas,

Big Frog Gave To Me.,

Twelve puppy puzzles Eleven handsome polos

Ten lime green dri-fits Nine printed golf towels

Sincerely,

ATE a new, unopened TOY & receive your 2nd t-shirt FREE!

Keneth W, Bridley Kenneth Bradley, Mayor



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The Park Press | DECEMBER 2014 **NEWS**

Maitland Mayor's Message

Mayor Howard A. Schieferdecker



Thank You, Maitland, For Your Participation In The Mayors' Sole Challenge

Thank you, Maitland, for joining us early on a chilly Saturday

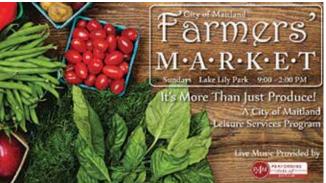
morning for a scenic 1.3 mile walk for the third annual Mayors' Sole Challenge. Walkers enjoyed breakfast of fruit, granola bars and bagels and coffee donated by our local Einstein's Bagels. They also enjoyed fresh fruit smoothies powered by Healthy Central Florida's blender bikes. Children enjoyed face painting, obstacle courses, and a rock-climbing tower. The brief program included remarks from Maitland Mayor Howard A. Schieferdecker, Mayor Bruce B. Mount of Eatonville, and Mayor Ken Bradley of Winter Park. Additionally, Bo Outlaw of the Orlando Magic and a great DJ had the crowd dancing and dancewalking their way around Maitland and Lake Lily.

The Mayors' Sole Challenge is

organized and presented annually by Healthy Central Florida. This is the first year it was hosted in Maitland and by all accounts it was a great success. Jill Hamilton Buss, the executive director of Healthy Central Florida, said, "The city of Maitland did a great job supporting this event and bringing out the most walkers - 181 in all! That was more than any other city. However, the winner of the \$2,500 prize for parks, health, and

wellness programs is determined by a percentage of town participation. So, Eatonville, the smallest of the three communities, won for the third year in a row by bringing out nearly six percent of their total residents to walk, including 96-year-old Ms. Dinkins."

Healthy Central Florida is a community-based initiative created and supported by Florida Hospital and the Winter Park Health Foundation.





The Mayor's Sole Challenge took place at Lake Lily in Maitland. Walkers enjoyed bagels, fruit, granola bars, and coffee donated by Einstein's Bagels.

HCF helps local communities embrace policies and programs that seek to create and encourage a culture of health and wellness.

Don't Forget...

The Maitland Farmers' Market is Sundays from 9:00 a.m.-2:00 p.m. Lake Lily Park. Check www.itsmymaitland.com for a list of over 30 vendors and market updates.

Join Us For Season Of Light On December 6

The City of Maitland Leisure Services will present Season of Light on Saturday, Dec. 6, at 5 p.m. The fireworks finale is scheduled for 7



p.m. Join us for this Maitland holiday tradition.

County Commissioner's Message

Commissioner Ted B. Edwards, Orange County, District 5



than More 311,000 Orange County residents and over 6,000,000 Floridians voted in the November midterm elections. Voters

decided the outcome of races for governor, attorney general, chief financial officer, and commissioner of agriculture. Orange County residents voted on several congressional, state legislative races, the Orange County Clerk of Courts, many judges, two school board members, and two races for seats on the Orange County Commission. In addition, Orange County residents voted to approve three charter amendments and renewed a one mill ad valorem tax to support public schools. This article will summarize the impact of the charter amendments on Orange County residents.

The first charter amendment approved by voters, Question A, changed procedural timeframes for citizen's ballot initiatives. Previously, an individual or group attempting to

place an ordinance or charter amendment on the ballot was required to successfully complete their petition drive at least 45 days prior to Election Day. The amendment increases the minimum time period from 45 to 150 days. The amendment makes the deadline for completing petition drives roughly equal to the qualifying deadline for candidates running for office. The 45 day time limit did not provide the Supervisor of Elections sufficient time to include amendments on ballots for military personal and others living overseas. Question A, proposed by the Orange County Commission, passed with 62.74 percent of the vote.

The second successful charter amendment, Question B, places limitations on the subject matter of citizen initiated ballot initiatives. This amendment prohibits citizen initiated ballot initiatives from addressing employer wages, benefits or hours of work, and the spending of tax dollars on matters prohibited by Florida law. The Board of County Commissioners and now a majority of the voters agreed these type issues should be addressed at the state or federal level and not by individual counties. Question B passed with 50.8 percent of votes cast.

The final successful charter amendment, Question D, expands term limits to include constitutional officers such as the Clerk of the Court, Comptroller, Property Appraiser, Sheriff, Supervisor of Elections, and Tax Collector. This amendment makes elections for these offices nonpartisan similar to the County Mayor and County Commissioners. Officials holding these positions would be limited to four consecutive four year terms. These elections were previously partisan and without term limits. The public was overwhelmingly supported the amendment, proposed by the Orange County Commission, with 71.49 percent of citizens voting for approval.

A fourth proposed charter amendment, which was not proposed by the Orange County Commission, failed to achieve the majority necessary to pass. This amendment, Question C, proposed by a citizen initiative, would have changed all charter office elections, which are the County Mayor and County Commissioners, from nonpartisan to partisan. This charter amendment would have moved elections for all charter offices elected countywide, which only describes the office of the County Mayor, to a presidential election cycle in 2016. The Mayor had just been reelected in 2014. The amendment would also shorten the current term of the County Mayor to conform to this change. Question C failed to pass with only 45.83 percent of the vote.

A final item, a special referendum initiated by the Orange County School Board, was approved by voters. This referendum adds an additional one mill to an owner's property tax bill, continuing a practice that was first passed by referendum in 2010. The school board plans to use the additional tax revenue from the extra mill to fund academic programs, arts education, student athletics, other student activities, as well as personnel costs. The special referendum passed with 76.62 percent of the vote.



Behind-The-Scenes Look Of United Way's Dress2Learn Program

As part of its Dress2Learn program, Heart of Florida United Way recently hosted a behind-the-scenes preview to show how 21,000 articles of clothing will be packaged and distributed to more than 5,450 homeless children in Orange and Osceola counties.

The Levi's brand clothing items - including a combination of jeans, khakis, shorts, polo tops and graphic T-shirts will be given to K-12 children classified as homeless by their school system under the McKinney-Vento Act.

"The clothing we receive from United Way's Dress2Learn program positively impacts our students' confidence in the classroom," said Dr. Barbara Jenkins, superintendent of Orange County Public Schools. "Our administration and teachers are grateful to United Way for bettering our community and schools through this program."

According to a recent study by Ebates, an online cash-back shopping site, the top back-to-school stressor for adults is "shopping for clothes and school items," which was cited by 56 percent of those surveyed. Specifically, the money it takes to clothe a child rather than the pressure to buy the latest fashion trends - creates the most stress.

To raise money for the program, United Way has an online donation platform for community members and local businesses. To make a donation or start a fundraiser, visit www.UWDress-2Learn.org. A child can be sponsored through Dress2Learn for \$50.

"Ensuring that our community's children have appropriate clothing to attend school is a priority for our organization," said Robert H. Brown, president and CEO of Heart of Florida chance for success." United Way. "It's our hope that the students who receive these clothes will have more confidence in the class-

room, feel more secure around their peers and ultimately increase their

This year, United Way assumed ownership of Dress2Learn, which was formerly run by Dr. Phillips Foundation

> under the name COOL FIT.



At left - The clothing items are sorted by size before being packaged and distributed to local homeless students. A child can be sponsored through United Wav's Dress-2Learn program for

Clothing - Heart of Florida United Way's Dress2Learn program provides new clothing to approximately 5,450 homeless students across 250 schools in Orange and Osceola counties

Group photo (from L to R) - Tom Phelps, deputy superintendent, Osceola County Public Schools; Dr. Barbara Jenkins, superintendent, Orange County Public Schools; Robert H. (Bob) Brown, president/CEO. Heart of Florida United Way

www.UWDress2Learn.org





www.GarageDesignWorks.com



8

Protection And Service

The Winter Park Police Department

Season's Greetings!

This is always a good time of the year for a reminder on holiday safety. Remember these Safety Tips while out shopping

ALWAYS:

- Always lock your house (windows and doors).
- Always close your garage door COMPLETELY.
- Turn off all holiday lighting while away from home.
- Set your alarm.
- Always be alert to your surroundings.
- Shop with a friend.



• Try to get everything in one stop.

If not, put items in your trunk, travel to the next location, check to ensure you are not being followed, and park as close to the front doors as possible.



- Pay attention to being followed (whether on foot or in your car).
- Keep your purse/wallet in your possession at ALL TIMES.



- Avoid wearing expensive jewelry.
- Dress comfortably.
- If you have to carry cash, keep it

in your front pocket.

• Avoid strangers in parking lots. They are usually con artists.

NEVER:

- Put your bags in your car or your trunk and return to the store to continue shopping.
 - o Thieves can access your truck as well if they know there is something "good" inside.



WINTER PARK

- Leave ANY bags or items in plain view in your car, even for a short time.
- Buy items from people in parking lots (They usually are NOT legitimate).
 - Openly display your purchases while walking to your car or into your home.



Remember These Safety Tips While At Home

- Ensure that all holiday decorations are in working order and plugged into outlets that are not overloaded to avoid fire dangers.
- Keep fresh trees properly hydrated to avoid fire hazards, garlands and wreaths should be fire resistant or displayed away from candles and heat sources.
- Utilize your locks, lighting and alarms to discourage intruders.
- Consider displaying your decorated tree away from windows that allow intruders to easily see your purchased gifts. This is a temptation some nefarious characters can't resist.
- Do not store recent purchases in open carports.
- Do not place packaging from recent electronic

- (or other expensive) purchases on the curb for trash pick-up without breaking down the packaging and concealing the identification of the item in your Otto cart or dark trash bag.
- Do not leave packages on your porch for pick-up or after delivery.
- Do not let people you do not know into your house.
- Call the police immediately if you observe any suspicious people, vehicles or incidents in your neighborhood.

The Winter Park Police Department offers free security surveys of any residence or business

within the city. It's as simple as calling Officer Javier Rodriguez at 407-599-3301 or emailing him at jrodriguez@cityofwinterpark.org

We also offer FREE police escorts within the city from the parking lot into work or to your car after work if you see someone suspicious in the area. You can request for a police escort by calling our non-emergency number 407-644-1313.

The Winter Park Police Department extends the very best wishes for the Holiday Season and a safe and Happy New Year to all.









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A Historic Commitment To Address Homelessness In Central Florida

Florida Hospital recently announced the largest, one-time private donation to end chronic homelessness in Central Florida history - a com-

mitment that will change the way this unique population is cared for and supported in years to come.

Building on commit-

ments from the City of Orlando and Orange County, Lars Houmann, CEO and president of Florida Hospital, announced Florida Hospital is committing \$6 million over three years to ad-

dress homelessness in our region.

"As individuals, we sometimes look away when we see a homeless person

because the sight is painful," said Houmann. "We can no longer do that. Businesses, hospitals and the community must unite around this issue. We all have a moral obligation to take a stand to end chronic homelessness."

The announcement took place in front of Florida Hospital Orlando's emergency department, flanked by Mayor Buddy Dyer of Orlando, Mayor

> Teresa Jacobs of Orange County, and Andrae Bailey, CEO of the Central Florida Commission on Homelessness.

During his annual State of the City Address, Mayor Dyer announced a bold goal of housing 300 of Downtown Orlando's chronically homeless individuals in three years. The City of Orlando has committed \$4 million over three years to support the

"Housing First" model, a proven approach that provides housing with wrap-around supportive services to the chronic homeless.

FLORIDA

HOSPITAL

"Collaboration is the hallmark of our community. With the leadership of businesses like Florida Hospital, I am confident our community can once again partner together to provide permanent housing options for chronically homeless individuals," said Mayor Dyer.

As the largest government funder of permanent supportive housing, homeless prevention, emergency family care, mental health and related services in the region, Orange County Government seeks to serve our veterans, our chronically homeless adults, and vulnerable families and children in a variety of ways.

"Building upon the great momentum and recent, renewed awareness that has been created regarding the issue of homelessness, I believe that we can make history by transforming the lives of our homeless children and families, the chronically homeless and our proud veterans," said Orange County Mayor Teresa Jacobs.

Orange County Government will be budgeting more than \$13.5 million over the next three years for homeless housing, prevention and related family programs, and anticipates increasing that number annually.





An initiative of the Central Florida Commission on Homelessness



estminster www.WestminsterRetirement.com 70 West Lucerne Circle | Orlando, FL 32801

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Come see all that's new, from our newly renovated amenities to our beautifully appointed apartments, including luxurious finishes like granite countertops, custom cabinetry and skyline views. Picture yourself at Westminster Towers — call us today at (407) 992-5412.



From page 1

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Sundown: The parade will begin on the east shore of Lake Virginia (near Dinky Dock) and proceed clockwise around the shores of Lake Virginia, navigating through the Palm Canal to Lake Osceola.

About 6:30 pm: Boat parade passes in front of judges at the Albin Polasek Museum & Sculpture Gardens and continues around Lake Osceola. Join in on the fun and get a group together to enter and decorate a lighted boat of your own! We want to see your holiday spirit!



United Way Takes The Guesswork Out Of End-Of-Year Giving by Robert H. "Bob" Brown

As the year draws to a close, charitable giving takes on added timeliness for those looking to shore up last-minute tax deductions while spreading some holiday cheer.

Many individuals and businesses are no doubt weighing the options, trying to figure out where their donation will make the biggest difference. With so many worthy non-profit organizations across Central Florida, it can be a difficult decision.

That's where Heart of Florida United Way comes in.



CEO at Heart of Florida United Way, Bob Brown.

As the region's largest and most comprehensive health-and-human services charity, we fund 70 programs and work with 49 partner agencies that address the critical areas of health, education, financial stability and basic needs. For 75 years, we've teamed up with members of our community to feed the hungry, shelter the homeless and take preventative steps to help others avoid crisis.

By donating to United Way, you're assured of making the greatest impact possible by supporting a complete network of services. We guarantee leadership, accountabil-

ity and a focus on results, carefully investing in proven programs monitored for effectiveness. In addition, United Way more than doubles the impact of your gift. Last year alone, this meant our total contribution to the community reached \$40 million.

But we do a lot more than just collect money. In 2013-14, for example, people affiliated with United Way provided 58,717 volunteer hours and served 400,441 clients. Our 2-1-1 crisis line helped 288,400 people with everything from housing assistance to suicide prevention – and the hotline proved especially important in the days after actor Robin Williams took his life in August.

Looking ahead to 2015, we're about to embark on some truly exciting initiatives, but we need your help to get there. Our campaign goal of \$18.8 million will go a long way toward expanding existing services and launching new programs that reach three particularly vulnerable populations: veterans, low-income and homeless children, and the under-employed. You'll be hearing more about it in the coming months.

Research shows that every dollar invested in prevention saves our community \$7 in intervention. And while the monetary value speaks volumes, the real reward is seeing in how your donation positively shapes the lives of people throughout our community. And at United Way – thanks to your generosity – that happens every day.

By donating to United Way, can give, visit www.hfuw.org or u're assured of making the great-dial 2-1-1.

Robert H. "Bob" Brown is president and CEO at Heart of Florida United Way.

Foster Children Finally Getting Their "Keys To Independence" by Glen Casel

For most of us, driving a car at 16 years old was a rite of passage. Now imagine you're a teen in foster care. You don't have money for driver's education, car insurance or even enough to cover the cost of a license. These roadblocks make it incredibly challenging for you to take an essential step toward independence.

Sadly, only three percent of 16and 17-year-olds in Florida's foster care system have a driver's license. Not having the ability to drive hinders a young adult's ability to get to work ... to school ... to live the life of an everyday teen.

While Community Based Care of Central Florida's first priority is keeping kids safe, it's important to help ensure they have the same opportunities as everyone else.

Thanks to recent state legislation (CS/HB 977) passed unanimously in the House and Senate, a new pilot program is aiming to significantly increase the number of teens in foster care who can drive.

Launched in October, Keys to Independence is funded by the Florida Department of Children and Families and managed by Community Based Care organizations across the state. Together, we're teaming up to empower our young people.

The program covers fees associated with the licensure process and helps children as young as 15 obtain a learner's permit by enrolling them in driver's education courses that monitor their progress until they earn a license. Through a partnership with the Florida Automobile Joint

For most of us, driving a car at 16 Underwriting Association, Keys to ars old was a rite of passage. Now lagine you're a teen in foster care. cost of each child's car insurance, which averages about \$200 a month.

On behalf of child advocates throughout Florida, I'd like to thank Representative Albritton and Senator Detert for sponsoring the Keys to Independence Act. They realize that children in foster care should enjoy the same activities others might take for granted. Getting a driver's license is just one way we can promote "normalcy" in their lives.

I'm thrilled that Keys to Independence will go a long way toward helping our young people – and their foster parents – build a foundation for a brighter future. Because the program is in its infancy, we are still seeking community partners across the state – specifically auto-related businesses, driver's education programs, schools, and volunteers willing to help our youth with their hours behind the wheel. For more information, or to register a foster child in the program, visit www.KeysToIndependenceFL.org.

Glen Casel is CEO of Community Based Care of Central Florida, which manages Keys to Independence statewide and is the Orlando area's leading nonprofit organization overseeing foster care, adoption and other child welfare services. Visit www.cbccfl.org.



Glen Casel, CEO

of Community

Based Care of

Central Florida



Get Ready For The Florida Hospital Lady Track Shack 5K

For 37 years, mothers, daughters, sisters, and friends have stepped out to help other women by running or walking the Florida Hospital Lady Track Shack 5k. On Saturday, January 31, 2015 this 3.1 mile run and walk event will take place in Winter Park and will celebrate its 38th anniversary by raising funds for the Florida Hospital Breast Cancer Care Fund. This fund provides free mammograms and diagnostic screenings for local, uninsured women.

Mead Garden in Winter Park provides a lush setting for this all-women's run/walk event, among the few ladies-only races in the US. "When women entered the sport of running back in the late 70's we felt it was important to create a special event just for women that celebrates their accomplishment," says Jon Hughes, co-owner of Track Shack, a local specialty running retail store and event management company.

For the 38th anniversary special emphasis is being placed on providing one mammogram at a time for un-insured and under-served women in this area. Raising just \$135 helps provide a mammogram to one uninsured woman who needs help. The Breast Cancer Care Fund was established in 2010. Since then it has supported 1,573 patients through financial assistance necessary to receive screenings and any additional diagnostic testing to make a breast



cancer diagnoses. Of those screened through funding assistance from the Breast Cancer Care Fund, 47 instances of breast cancer were found.

"This special fund allows our clinical team to do some incredible things for the women of central Florida. We're grateful to all the runners and walkers for helping these women receive the best medical care and early

detection regardless of insurance or ability to pay," said Courtney Staup of the Florida Hospital Foundation.

The 5k is open to female runners and walkers age eight and above. All participants receive a Raw Threads super-soft, pink tech tee and tutu from Tough Girl Tutus and a finisher's

medal. Although it's an all-women's race, husbands, fathers, sons, and brothers who are interested in supporting the cause can participate in the Virtual race and receive commemorative items. Race time is 7:30 a.m. A free kids' run follows the 5k at 8:45 a.m.

Registration is required for the Florida Hospital Lady Track Shack 5k. Information and registration available at www.Lady-TrackShack5k.com.

On your mark, get set, go! The Florida Hospital Lady Track Shack 5K steps off on Saturday, Janurary 31, 2015. This is the 38th anniversary of the 3.1 mile run and walk event in Winter Park.





Walk To Benefit Suicide Prevention

Support the American Foundation for Suicide Prevention by participating in the 8th annual Orlando Central Florida Chapter's "Out of the Darkness Community Walk" on Saturday, February 7, 2015 in Baldwin Park. Once again, WESH 2 News Anchor Jim Payne and singer/songwriter Matt Shenk will join the event.

Suicide claims more than 39,000 lives each year in the United States alone, with someone dying by suicide every 13.3 minutes. When you walk in the American Foundation for Suicide Prevention's Out of the Darkness Walks, you join efforts with thousands of people nationwide to raise money for AFSP's vital research and education programs to prevent suicide and save lives. The walks raise awareness about depression and suicide, and provide comfort and assistance to those who have lost someone to suicide.

To register, donate or to learn more please logon to www.outofthedarkness.org and click events or contact walk coordinator Vicki Long at vlong@ rollins.edu or call her at 407-646-2227 Visit AFSP-Central Florida Chapter at www.afsp.org/cfl On-site registration will be held across from 2420 Lakemont Avenue starting at 7:30 on day of the walk. Opening Ceremony starts at 9a.m., and the walk will begin immediately after. Free arking is available behind the Traveler's Building.



Pictured above, Donald's Rap Pack. In memory of Donald DeVane. At left, Jim Payne, WESH 2. Photos by Bruce G Larson.



We have new jewelry in stock for the Holiday Season that includes several Tanzanite earrings, rings and pendants. Once you choose that special gift, you can also take advantage of our layaway plan.

DECEMBER SPECIAL December has three alternating birthstones. They are Zircon, Lapis-lazuli and Lurquois. These Turquois pierced earrings are in 14K yellow gold and are from the Glatea Collection. The Turquois dangles may be changed to other dangles from the collection.



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PUBLIC NOTICE

The U.S. Environmental Protection Agency, Region 4 Announces the Completion of the Fourth Five-Year Review for the City Industries, Inc. Superfund Site, Winter Park, Orange County, Florida

Purpose/Objective: The Comprehensive Environmental Response, Compensation, and Liability Act, as amended by the Superfund Amendments and Reauthorization Act of 1986, requires review of remedial actions addressing hazardous substances every five years to make sure the selected remedies remain protective of human health and the environment. In 2014, EPA conducted a Five-Year Review of the remedies for contaminated soils and ground water associated with the City Industries, Inc. Superfund site (the Site) in Winter Park, Florida.

Site Background: The 1-acre Site is part of a commercial area in the eastern section of Orange County, about two miles northeast of Orlando. City Chemical Company's waste storage, disposal and recycling facility managed various waste chemicals. Wastes handled at the Site included chlorinated and non-chlorinated organic solvents, paint and varnish wastes, acid/alkaline plating wastes, and waste ink. Poor waste handling practices and intentional dumping led to the contamination of soil and ground water. In 1983, City Chemical Company abandoned the Site, leaving behind about 1,200 barrels of hazardous waste and thousands of gallons of sludges in large holding tanks. Since 1983, other small businesses have used the facility. In 1989, EPA listed the Site on the Superfund program's National Priorities List (NPL).

Cleanup Actions: In 1983, the Florida Department of Environmental Protection removed drums and sludges. In 1984, EPA removed and heat-treated 1,670 tons of contaminated soil and returned it to the Site. Additionally, EPA removed 10 tons of the Site's most highly contaminated soil and took it to a hazardous waste landfill. EPA selected the long-term remedy in the Site's 1990 Record of Decision (ROD). It included pumping and treating ground water, and discharging treated ground water to the Iron Bridge wastewater treatment facility. Because EPA and the treatment facility could not reach an agreement regarding discharge of treated ground water to the facility, EPA implemented the Site's contingency cleanup approach. In 1994, EPA updated the Site's remedy, setting cleanup and discharge standards for chemicals not addressed in the ROD. The Site's ground water pump-and-treat system began operating in 1994. In 2004, EPA completed major repairs and upgrades to the treatment system. In addition, the Site's potentially responsible parties began operating the system with EPA oversight. Ground water treatment is ongoing until contaminant levels meet state and federal cleanup standards. The treatment system keeps contaminated ground water from spreading. Ground water contamination levels are decreasing.

Five-Year Review Protectiveness Statement: The remedy at the Site is protective in the short term. There are currently no completed exposure pathways. However, in order for the remedy to be protective in the long term, follow-up actions need to be implemented: identify if there is a need for land use controls (restrictive covenant) for the original City Industries property; identify if there is a need for institutional controls for parcel 03-22-30-0000-00-083 overlying the ground water contaminant plume; evaluate remedial options for targeted source reduction and maintaining containment of the plume; and issue an Explanation of Significant Differences to add 1,4-dioxane, isopropyl benzene and 1,2,4-trimethylbenzene as site contaminants of concern; evaluate options to remediate 1,4-dioxane.

Five-Year Review Schedule: EPA completed the fourth Five-Year Review process for the Site in August 2014. The next Five-Year Review for the Site is required within five years of the signature of this Five-Year Review, by August 2019.

Contact Information: Community members who have questions about the Site or the Five-Year Review process are asked to contact:

Pete Thorpe EPA Remedial Project Manager Phone: (404) 562-9688 Email: thorpe.peter@eps.gov

L'Tonya Spencer **EPA Community Involvement** Coordinator Phone: (404) 562-8463 Email: spencer.latonya@epa.gov

Mailing Address: U.S. EPA Region 4, 61 Forsyth Street, S.W. 11th Floor, Atlanta, GA 30303-8960

Additional information is available at the Site's local document repository, located at Winter Park Public Library,

460 East New England Avenue, Winter Park, Florida, 32789, and online at: http://www.epa.gov/region04/superfund/sites/npl/florida/ctifl.html.

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The Holidays And The Power Of Compound Interest

fiscal fitness by John Gill



John Gill

As you are reading this I am sure that in the back of your mind you may

be contemplating some aspect of the holiday season. Whether Christmas, Hanukkah, or some other celebration, there are gifts to gather, decorations to deploy, or meals to make. One key ingredient needed in all these pursuits is money.

During the holiday season we find ourselves in the midst of merriment, hoopla, and joy. We also find the stresses of the season with our financial position under assault.

This month is a fitting time to talk about debt. Many will increase their debt levels through credit cards to make the holidays, "what they should be" and worry about the impact next year. Regarding debt, I am not going to talk about things to avoid. You already

know that. I am going to give practical insight into the power of compound interest and how it affects debt.

Simply put, compound interest is when interest earns interest. Say you have \$1,000 and you are paid 4% annual interest. At the end of twelve months the total in your account would be \$1,040. At the end of twenty four months the total would be \$1,081.60, not \$1,080 as many would have guessed. The extra \$1.60 in our example is from the compounding effect. Compounding works for you on the investment side, but works against you on the debt or borrowing side.

Many wonder why it takes forever to pay down their credit card debt when they are making the minimum payments. Compounding is the answer.

Credit card debt is "revolving" debt. Because of the way interest is calculated on revolving debt, it's difficult to tell how long it's going to take to pay off the balance. The interest is compounded daily and each month that interest is added to the beginning principal so that the next month interest is calculated on that interest.

The problem is compounded, no pun intended, when you add additional monthly charges to the balance.

With a fixed debt, your payments are scheduled for a fixed amount of time (like with a car loan). You can easily tell when you will pay off the principal on the debt and – even with the same interest rate and monthly payments – your pay-off date is usually much sooner than with revolving debt. Look at the table below to see the difference between revolving debt and fixed debt.

The compounding effect is very powerful and works for you with investments and against you with debt. If you must use debt, consider some fixed type of debt if possible.

To combat the need for debt, set a budget for the holidays, for food, gifts, anything that is required for the season. Discuss with the family and adhere to it. For next year's holiday season, set aside a certain amount each pay period or month between now and then. When December 2015 arrives, you will have cash ready to go, and can start the 2016 New Year in a truly festive mood and maybe debt free.

The Difference Between Revolving Debt And Fixed Debt

Revolving Debt (Credit Card)

Amount Borrowed......\$15,000 @ 15%*\$15,000 @ 15%**

Total Monthly Payments......\$525 per month\$525 per month

Years to Payoff3 years

Interest Paid\$8,156\$3,674

Total Cost\$18,674

Source - Equifax

*Assumes revolving payment (minimum) of 3.5% of the remaining balance or \$20, whichever is greater. First month's payment is shown and term assumed continued payment of minimum amount. No additional debt incurred and payments decrease over time period.

**Assumes payment of 3.5% of initial loan amount, no additional debt incurred and payment amount remains fixed throughout the term of the loan. This illustration is hypothetical only. Each debt situation will vary.

If you have questions, comments, or an area of financial interest you would like to see discussed in The Park Press, please call John at 407-353-0594 or send email to FiscalFitness@ymail.com. Follow John on Twitter, @john_gill1.

Business In The Parks

Rollins College recently awarded Laila Bowden, owner and creator of Krazy Ketchup, with its 2014 Alumni Achievement Award. The recognition honors alumni who have attained outstanding success and national or international distinction in their respective



Above, Carrol Hanley Goggin, president of Rollins alumni board of directors; Laila Bowden, owner of Krazy Ketchup; Craig AcAllaster, acting president of Rollins College.

fields. Bowden graduated from Rollins College in 1990 with a degree in psychology. Her recent award highlights her accomplishments through the creation of the Krazy Ketchup product and brand. Krazy Ketchup is vegetable-infused ketchup that is now an alternative to the nation's No. 1 condiment. Bowden and her business partner Erin did everything on their own from recipe development, to packaging, production, and building client relationships with local farmers. In 2010, Whole Foods began selling Krazy Ketchup and it is now sold in more than 300 stores nationwide, as well as

online. The ketchup was also featured on "Jamie Oliver's Food Revolution."

Coyle & Caron Inc., a landscape architectural studio based in Winter Park, is pleased to announce the groundbreaking of a \$10 million dollar expansion project at Bok Tower Gardens in Lake Wales. As part of a two-year collaboration with Nelson Byrd Woltz of Charlottesville, VA and Lake | Flato Architects of San Antonio, TX, Coyle & Caron Inc. led the design of a new three-acre Children's Garden. Other projects include an outdoor Kitchen and Edible Garden, a Wild Garden, an Oval Lawn and Pollinator Garden, and accessible paths throughout the historic grounds.

Rollins College recently awarded Carla Borsoi, vice president of customer experience at **iMATCHATIVE** Inc., with its 2014 Alumni Service Award. The recognition honors alumni who provide leadership to Rollins through volunteerism and acts of service. Borsoi graduated from Rollins College in 1995 with an MBA from the Crummer Graduate School of Business. Her recent award highlights the many volunteer roles Borsoi has held with Rollins since her graduation, including serving as the headead of Crummer's San Francisco City Club, Alumni Event Steering Committee host, charter member of the President's Leadership Council,

and volunteer with the Alumni Career Network

John Craig Clothier is proud to announce the opening of two new menswear stores in the state of Florida with its arrival in Jupiter and Bonita Springs. Craig Delongy, owner of John Craig Clothier, opened his first store just over 18 years ago in Winter Park. This brings their total number of locations to six. The stores' large assortment of brands includes Canali, Samuelsohn, Peter Millar, Robert Graham, and Zanella. For more information please visit www.johncraigclothier.com.

Kevin McClanahan, recently ranked among the top 400 real estate agents in America by the Wall Street Journal and winner of numerous honors for his sales and leadership, has joined Fannie Hillman + Asso**ciates** as a sales agent. A native of Winter Park with memberships in the Orlando Regional Realtor Association, Florida Association of Realtors, and the National Association of Realtors, McClanahan has been involved in the sale of residential real estate for the past 12 years, primarily in Winter Park, Maitland, College Park and Baldwin Park.



in the garden by Stephen and Kristin Pategas



Frozen

Central Florida has experienced numerous life and

economy changing freezes

stephen & Kristin Pategas since Europeans inhabited the area. The most talked-about freezes by current inhabitants are still the back-to-back freezes of 1894 and 1895 when early settlers lost their citrus groves and livelihoods. Due to the loss of citrus this was the only time the area experienced a severe loss in population. For us, our signature freezes were in

not tropical garden paradise. While icicles still hung from irrigated plants, we toured landscapes and took notes about which "cold hardy" plants were damaged by the cold. Citrus trees were killed or frozen below the graft to the sour root stock, hibiscus were dead and many other ornamentals including ligustrum trees and viburnums which created privacy were severely damaged. When the sun came out, bark popped off of frozen trunks and limbs of bottlebrush trees. Trees and plants continued

to show the horrific effects for months. At that time we developed our cold hardiness threshold rule – in a garden we design, no privacy plantings, major specimens or more than 25 percent of all plantings should be non-cold hardy.

Fast forward 25 years and we haven't had another major freeze. Once again, South Florida plants have established a toe hold in our gardens and many homeowners are surprised when a frost appears and the lawns or tropical plants turn brown. Climate change is creating a warming influence globally, but in Florida will it eliminate cold weather or more importantly the hard freezes? In December of 2010, Orlando had an average monthly temperature of 52.0 degrees which was 11 degrees below normal. This was the coldest December on record (since 1948) and the previous low was in 1989. While we avoided a hard freeze that month, it was just plain miserable for humans and many plants.

There are a substantial number of tropical looking plants that we can use in Central Florida. Many of them won't make it through hard freezes but most can handle what the last 25 years has thrown at us. Our 25 percent rule is now creeping closer to 15 percent. For that super-lush tropical look (unless you want to be liable for plant replacements) we suggest you find a good warm micro-climate on your property or head to points far south in growing Zone 10b.



1983, 1985, and 1989. We arrived in Central Florida in July of 1982 expecting a perennial tropical paradise. On Christmas morning in 1983 we awoke to rolling brown-outs with almost every garden plant dead, dying or damaged. The Frost Warning Service established in 1934 totally missed the forecast so even Florida natives were in shock. Our beloved hanging spider plant basket purchased at the UMASS plant sale and driven down in our van was...toast. No one had warned us there had been a hard freeze in January of 1981 just 18 months before our trek south and many more (1894, '95, '99, 1917, '34, '40, '57, '62, '77, '81) over the previous 100 years. Welcome to Florida!

After the subsequent 1985 and more devastating freeze of 1989 we wondered exactly which plants would thrive in what we realized was obviously a sub-tropical, sometime temperate and definitely



Left warmen litteration was under files the 1005 for year. (Plante year litteration)

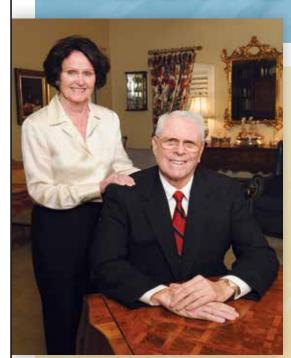
Left, oranges litter the ground after the 1895 freeze. (Photo credit, State Archives of Florida.) Middle photo: lced-over pentas in December of 2010. Right, Cold hardy to Zone 8b, the pindo palm has tropical looking feather-like (pinnate) fronds.

Photos by Stephen G. Pategas, Hortus, Oasis.

Hortus Oasis (FL26000315) in Winter Park is a boutique garden design company specializing in residential, commercial and specialty gardens. Stephen is a registered landscape architect and Kristin is a certified landscape designer. Contact them at 407-622-4886/garden@hortusoasis.com

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real estate in the parks by Scott Hillman

Consistency A Key To An Improving Local Real Estate Market

One of the many things we look at when checking on conditions in the residential real estate market is consistency. I find you have a much

clearer and more realistic picture when you compare year-to-year trends. They provide a more accurate barometer of how a market is performing, while month-to-month figures can be, and often are, misleading. Sudden spikes and volatile shifts in any number of market conditions can skew the numbers in month-to-month comparisons, while over time we typically find more consistent and balanced conditions with steady growth.

For example, when comparing the performance of the existing home market in Orange and Seminole counties during only the months of October, we see a totally different picture than the one we find when comparing the first 10 months of each year. In fact, we find we're in a very healthy market with steady growth that bodes well as we move toward the New Year.

Looking at the performance of existing homes in Orange and Seminole counties for the month of October 2014, sales were up 17.8% over October 2013, while average listing and selling prices were up

4.1% and 3.4%, respectively. The price increase, although slight, did play a part in homes being on the market and average of 11 days more than the previous October.

When we compare how the existing home market has performed during the first 10 months of each year, we find a much greater degree of consistency in all categories. Sales were literally the same, average listing and selling prices were both up 9%, and homes fetched 98% of the listing price as they had the year before. The fact that the average number of days homes were on the market was up 12% year-overyear is relative to price increases and locations of homes.

Looking at the eight zip codes encompassing Winter Park, Baldwin Park, College Park, Colonialtown and downtown Orlando, we found that in those neighborhoods where average listing and selling prices had dropped year-over-year, sales were up and the average number of days on the market had a tendency to be down. On the flip side, in neighborhoods where average listing and selling prices were up year-over-year, sales had a tenden-

cy to be down and average number of days on the market increased somewhat.

I expect steady growth to continue into the New Year. However, there are a couple of caveats if you're planning to sell your home quickly. Make sure it's priced at fair market value, spruce it up, and create a series of positive and welcoming impressions that set your home apart from others on the market.

Scott Hillman is president of Fannie Hillman + Associates, a 33-year-old Winter Park-based real estate company specializing in residential real estate sales and producer of The Hillman Report, a semiannual look at residential real estate in Orange and Seminole counties that can be viewed on the company's website (fanniehillman.com) or by calling (407) 644-1234 for a copy.

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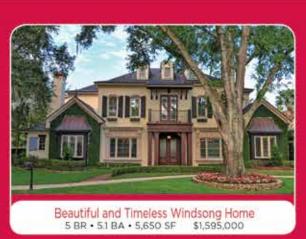
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the educated palate by Scott Richardson

Holiday Pairings

Most of us will be running around looking for that perfect Christmas gift for our loved ones right up to the last minute. But let us not forget to

purchase the wines that will pair with the food we will all be enjoying over the holidays.

There are some basic pairing rules to help you with this process. The first rule is not to look at how cool the label looks. You are not drinking the label. But the label will tell you what is in the bottle and the year the grape was harvested-the vintage. Some wines are supposed to be opened and enjoyed while young. Other wines should be kept and stored for a while and then enjoyed. The second rule of buying wine is to know what food you will pair with the wine. Below, I will offer my guide for you to know what variety of wine to pair with what type of food.

Typically, at Christmas time, roast beef, lamb, turkey, ham, and roasted vegetables are on the table. So here is the list categorized by food type.

Wines for the Christmas Dinner

Serving roast beef? Choose Carmenere, a medium bodied wine from Chile or a more full-bodied Syrah from either Washington State or Paso Robles, CA. Of course Cabernet Sauvignon from Napa, CA will always be a perfect match.

Serving roast lamb? Choose a nice Merlot from Bordeaux, France, but make sure it's either a 2005, 2007, or 2009. If you can't find this vintage, look for a Barbera (Italy). You can always pick up a Primitivo, which is the Italian cousin to the Zinfandel.

Serving ham? Choose a Chateauneuf du Pape (France), Amarone (Italy), or a lighter Pinot Noir from Oregon. Of course white wines such as Chenin Blanc from California or France pair nicely. Sauvignon Blancs from Marlborough, New Zealand are particularly delightful as well.

Serving roasted vegetables, especially root vegetables? You must rely on the fact that roasting vegetables will have more of a robust flavor on the palate. It would be wise to choose a more medium-bodied wine such as Chardonnay (oaked) from California or a rosé. If you are not into white wines or rosé, try a Lambrusco. This is a slightly sweeter wine from Italy, but will hold up to the sweetness on some of the vegetables served with the meal as well.

Champagne versus Sparkling Wine

Let's not forget Champagne during the holidays. Don't wait until New Years Eve to open a



couple of bottles of bubbly.

Let's face it, buying Champagne is not always easy. Champagne can only be called "Champagne" if it is made in Champagne, France. But there are sparkling wines that are made in the same fashion as its counterparts in Champagne. If you like the fresh baked bread, yeasty, aromas and flavors found in Champagne then you can expect to pay upwards of \$60 for a good bottle of the bubbly stuff. Talk to your wine merchant and let them know you are looking for elegant, not opulent Champagne. Remember, a vintage Champagne will cost a lot more than the non-vintage (NV).

Here are some sparkling wines from other countries. Cava is from Spain. Cavas are dry and

fruity with not a lot of the yeastiness on the nose or palate. Crémants are sparkling wines from outside of the Champagne region. A crémant rosé from the area of Alsace, France are by law to have 100% Pinot Noir grapes. Metodo Classico is from the northern part of Italy. These wines still have that fresh baked bread aroma and some nuttiness on the palate. Look for ones from the Franciacorta DOC and Trento

Pairings for Desserts

There is only one rule when pairing wine with desserts... the desserts cannot be sweeter than the wine or it will make the wine taste bitter. Look for fortified wines such as Sherry, Ports or a Pedro Ximinéz (PX).

Better yet, purchase a bottle of Kerrygold Irish Cream and make your own dessert drink with this beautiful blend of Irish cream, Irish whiskey and chocolate.

I wish you a very Merry Christmas and a Happy New Year!



Kerrygold Irish Cream with vanilla whipped cream, sprinkled with white chocolate mint. Photo by Scott Richardson.







live meaningfully by Ayesha G. Bullock, M.A.

"... because when you stop

and look around,

this life is pretty awazing."

- Dr. Seuss



Ride The Wave There I was in the car on a runof-the-mill Sunday night - one

not so different, in fact, than

any other.

The sun had set and night was falling...

and I found myself at a stop light. *I should mention here, that I really do try to mind my own business (for the most part) at stop lights. People's lives are their own and there's certainly no need for me to impose myself on a private moment just because I happen to be sitting in traffic next to them (or a therapist.)

However, on this particular night, I looked to my right and, in the crimson reflection of the stoplight, I saw a man whose face belied his situation. I still can't entirely describe what I saw on this particular night, on this particular countenance, but I do know it was pain. The look on this man's face was indicative of something difficult to absorb, difficult to accept, difficult to maintain... or at the very least, difficult to navigate.

The emotion in the quiet darkness of this face, on this night, was something that stopped me in my tracks and took my breath away for a moment. I watched him for a couple of beats and then wished him well. I told him that I was sorry that he was hurting and that I hoped that things got better for him. I sent him love, strength, prayer and good

energy in that moment and then I let him go as his face's reflection changed from scarlet to green.

I thought of (and apparently still am thinking of) this man for the next few days and

continue to wish him well from afar... And then tonight came

around and traffic struck again. As I found myself (out of the ordinarily) on I-4 this evening in the midst of the worst part of rush-hour traffic, I looked around and marveled at the individual, yet still connected, lives that surrounded me. I noticed the beleaguered man

in the suit after a long day downtown, the young man driving home with his friends from his manual labor job, and the woman who looked like she may be just heading to work at this late hour. I tipped my hat to each of them as they navigated both the best and the hardest parts of humanity.

And then there it was - something as absolutely delightful as the earlier evening had been concerning. Up ahead and to the right was a Dodge Dakota with just one left arm extending out of the driver-side window. He was alone in the car with the window down on a beautiful night. And as he drove, he made the undeniable motion of children everywhere as they enjoy the proverbial ride. In rhythm with the wind and the music and the car,

he moved his hand and his arm in a wave like motion against the resistance of the forward motion. He allowed the momentum of the car to carry this wave as he took in the gorgeous night.

This was a man after my own heart. In the middle of grueling 6p.m. traffic, he took the opportunity to enjoy his specific journey.

As I progressed towards him, I noticed he'd stopped the wave and I reflected on the fact that we often only get a few childlike moments before adult life interrupts. That was until, of course, I saw him directly to my right rocking out to a song... singing, dancing in his seat and choreographing hand motions to accompany said 'rock out.' And there it was.

Without taking absolutely anything away from the grief and the sorrow that life does bring, I am ever reminded that life moves pretty quickly, and the pain and the pleasure accompany each part of it. The choice is, at least at times, yours as to which you're willing to acknowledge and in which part you're willing to indulge.

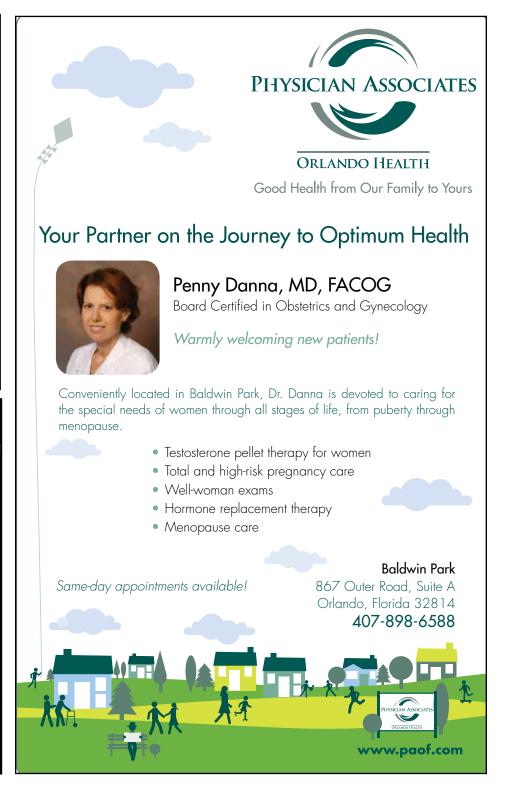
My wishes to you for a lighter heart if life seems to be buffeting you; and my cheers to you if life happens to be allowing you a moment to ride the wave.

Be well; Live Meaningfully. Till the next time, Ayesha

Ayesha G. Bullock, M.A. practices at 2150 Park Avenue North as a Licensed Mental Health Counselor and can be reached at ayesha@livemeaningfully.net or 407-796-2959.







pop culture detours by George McGowan

Who Wants Some Cheese For Christmas?

With apologies to those who don't celebrate Christmas, I have to write this month about the greatest cable channel in the history of cable channels. HBO? AMC? ESPN? C-SPAN? No! The Hallmark Channel!

The Hallmark Channel goes "all in" at this time of the year and sends the Christmas spirit directly into our eyes and ears (and eventually our brains) 24/7. Here is just a small sample of the made-for-Hallmark channel movies being featured throughout this month: "A Royal Christmas," "The Christmas Shepherd," "Christmas Under Wraps," and "One Christmas Eve." I searched and searched the Hallmark Channel website for some selections for those of you lighting Hanukkah candles or decorating your house in black, red and green for Kwanzaa. No dice. It's all Christmas all the time!

With the multitude of channels on TV, many of them offering a multitude of shows and genres, it is actually kind of nice to know that there is a one-stop shop for some Christmas cheer. Can't sleep at 2:00 a.m. after a big night or revelry? How about "The Santa Incident" which is described thusly: "Santa is

marooned in a small town when his sleigh is mistaken for a UFO. He is rescued by two children and tries to prepare for Christmas while stranded far from the North Pole. To make sure Christmas isn't ruined this year, Santa must find a way to take flight by Christmas Eve. Stars Ione Skye and Greg Germann."

(Yes, that is the Ione Skye that captivated audiences in the 1980s as the object of John Cusack's desire in "Say Anything"). Want some mindless background noise while baking that special holiday cake for that special someone? Tune into "A Very Merry Mix-Up" about this event that happens just about never: "A woman sets out to meet her fiancé's family at Christmas and winds up at the wrong house. Once the mistake is corrected, she realizes that her bond with the wrong family—and their eligible son—was stronger than her bond with the right one. Stars Alicia Witt and Mark Wiebe." (Yes, the Alicia



Where Great Stories Come To Life

Witt who was the moody daughter on HBO's "Six Feet Under!") Want to gather the family around the hearth for an uplifting story of triumph over ennui? It has got to be "Fir Crazy." Why? Well let's let the description convince you: "When marketing executive Elise MacKenzie decides to help sell Christmas trees at her family's Christmas tree lot after she loses her job and her dad breaks his leg, she discovers a newfound fondness for the holidays. But all could be lost when the store owner who hosts the tree lot on his block wants to shut it down,

Continued on page 20

theater in the parks by Barbara Solomon

It Ain't Manhattan, It's Winter Park, **But Just As Good**

ISN'T IT ROMANTIC?

A TRIBUTE TO ROGERS AND HART, WRITTEN BY TODD ALLEN LONG **DIRECTED BY ROY ALAN**

STARRING STEVEN FLAA, HEATHER KOPP, JANINE KLEIN, TODD ALLEN LONG, JAMIE LOWE, AND NOEL-MARIE MATSON



Wow! It is a songfest of the best of Rogers and Hart, 35 fabulous songs, of the numbers are from my favorite Rogers and Hart show, "Babes in Arms." They include the famous "Where or When," "I Wish I Were in Love Again," "Johnny One Note," West on West End Avenue," and the iconic, "My Funny Valentine." Unfortunately, Chris Levy decided to have this sung by a guy, wrong, wrong, wrong. In the play, the ingenue sings dreamily about the man she loves, whose name is Valentine. This should have been sung by Heather Kopp, but I'm not directing this show, just writing the review.

Six voices in all, many singing duets-the three female voices were all vibrant. Heather's is strong, but sweet, as shown in her rendition of "Ten Cents A Dance." Janine's is Mermanesque, perfectly suited to "The Lady Is

A Tramp." And Noel can belt it out in her inimitable comic style, displayed sung by a cast of six. Of course, six in "Johnny One Note." The opening number of the show was beautiful, with three couples singing and dancing to "Isn't It Romantic" and "With a Song in My Heart."

Some people do not realize that "The Lady is a Tramp," "Way Out before there was Rogers and Hammerstein, there was Rogers and Hart. Richard Rogers wrote the beautiful melodies, and Lorenz Hart the clever lyrics. Two great examples are "To Keep My Love Alive" and "Manhattan." The wit of the lyrics and the sparkle of the melodies will live on forever. So if you want to see New York quality performances, take the subway, or the Sunrail, to The Winter Park Playhouse for an evening of Rogers and Hart. Playing through December 13 at The Winter Park Playhouse, 711 Orange Avenue. For more information call 407-645-0145 or visit winterparkplayhouse.org.

BARB'S BEST BETS FOR DECEMBER: "A CHRISTMAS CAROL" AT THEATRE DOWNTOWN, AND "THE DEAD" AT MAD COW.



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theater in the parks by Barbara Solomon

Great Balls Of Fire

I AND YOU Written by Lauren Gunderson Directed by Aradhana Tiwari Starring Karleigh Chase and Mike Mitchell, Jr.

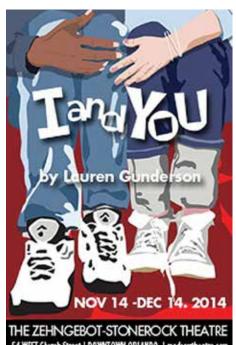
This is a beautiful script, extremely well performed. It tells the story of a teenage girl born with a defective liver, who has spent her entire life preparing to die young. Along comes a charming, handsome classmate asking for her help with an English lit project, "Leaves of Grass" by Walt Whitman. That is the cover story. There is so much more depth to this script, but to explain it all would be to give the plot away. Suffice it to say you absolutely must see it to find out how it unravels.

I was so engrossed in the play, I forgot there were two actors on stage. They became real people, needing each other in myriad ways. Karleigh had the perfect balance of verve and sad-

ness. Aradhana could not have found a better Anthony (Mike) if she scoured the entire U.S. of A.

The script made you laugh and cry. On Caroline's (Karleigh) bedroom wall was painted "Just Because You're Breathing Doesn't Mean You're Alive." We owe that insight to set designer Rebecca Pancoast, who perfected a teenage girl's eclectic bedroom. My favorite line in the script was "Who does e-mail anymore?" A close second was "What did people have before the Internet? Actual friends."

The play is filled with symbolism. Whitman's poem, "Song of Myself," symbolizes Caroline's life. It focuses on unity and beauty. He writes "We wait for each other at the end," and this is the most symbolic theme of the story. There's nothing at the end but you and I, or as Gunderson states, "I and You."





Playing through December 14 at Mad Cow Theatre, 54 West Church Street. For more information call 407-297-8788 or visit madcowtheatre.com

Mike Mitchell, Jr.



schools

Aloma Elementary PRINCIPAL JENNIFER GRAMZINSKI

As we begin the second nine weeks of the 2014-2015 school year, our Aloma Eagles are full of excitement! Our teachers are hard at work making sure that every student has the tools to be successful and that every parent has a means to helping them. Thanks to our active parents who are staying connected through Class Dojo, ProgressBook, weekly principal messages, and Facebook.

As we prepare our students for the new Florida Standards Assessment in the spring, parents were invited out to our first FSA night. Teachers and administrators facilitated sessions for each tested grade and an additional session for our Spanish-speaking parents. The evening was a huge success with parents leaving with valuable information about the upcoming tests and the expectations for our 3rd, 4th, and 5th graders. Please look forward to a second information session as we get closer to testing in the spring with the latest information.

In other news, our new academic clubs began on Monday, November 10th! Nearly 100 students are enrolled for our new clubs including Battle of the Books, Lego Club, STEM - Math and Science Olympiad, and Chess Club. We have waiting lists going for almost every club and we need your help! If you are able to volunteer with a club on a regular basis, we are able to offer this opportunity to more students. Garden Gnomes is also back on Friday mornings with a focus on math and science in agriculture. We hope to add additional clubs with parent help in January. Our school is buzzing with club excitement!

Our Principal's Book Club is also up and running. Students are challenged to earn an invitation to book talks with Ms. Gramzinski each quarter. Honor Roll students have earned a special recognition this quarter and will be showcased and have earned attendance to a special luncheon with the principal.

Aloma Eagles look forward to several community events, perfor-

mances and action service projects throughout the fall and winter holidays. Our music program will be entertaining through chorus and ORFF performances and our Student Government Association will be sponsoring a book drive in December. To get the latest Aloma Elementary News, like us on Facebook!

Audubon Park Elementary PRINCIPAL ANNA FERRATUSCO

4th and 5th grade students at Audubon Park Elementary have been working hard on spelling! This month they will compete in a school-wide spelling bee using words ranging from 4th through 8th grade. One student per class will be selected to compete in the school-wide competition. The winner from the school competition will compete against other school winners in the district. The spelling bee has become very popular these last few years and Audubon Park Elementary students are eager to show off their skills!

Brookshire Elementary PRINCIPAL SUSAN MULCHRONE

Brookshire Elementary School honored our veterans on November 11, 2014 with a special ceremony. Each branch of the military was honored through songs and presentations from Brookshire students. Many veterans of all branches of the military attended. Brookshire was proud to acknowledge the sacrifice and service that all veterans have given to us.



Brookshire Elementary observes Veterans Day.

From on page 19

and it's up to Elise to find a way to rekindle his Christmas Cheer. Stars Sarah Lancaster, Eric Johnson and Colin Mochrie." (Yes, Colin is much better on "Whose Line Is It Anyway?")

Do you want me to continue? OK, one more. "The Nine Lives of Christmas" in which "Zachary Stone, a handsome bachelor with distaste for responsibility, sees his life change before his eyes when he decides to adopt a stray cat. After his new pet brings him into contact with Marilee, Zach begins to realize that the single life isn't as fulfilling as he thought and that the "wrong woman" might just be the perfect match. Stars Brandon Routh and Kimberley Sustad." Brandon Routh once played

Superman in a major motion picture ("Superman Returns" from 2006 which only brought in about \$200 million at the box office). It seems that in addition to serving up some wonderful Christmas cheese at every hour on the clock, the Hallmark Channel is also a works program for actors who are so washed up they can't even be selected to compete on "Dancing With the Stars." Tune into Hallmark and you will see lots of faces you will recognize. Like me, you will certainly scurry to the IMDB app to answer the age old question: "where have I seen this actor before?"

So, for some Holiday fun, tune into the Hallmark Channel this month. But don't just watch! Play

these interactive games: 1) Guess when the two lovebirds will have their first chaste holiday kiss! 2) Be the first to find the sassy girlfriend/co-worker/little sister/ widowed aunt who recognizes true love when she sees it! (Usually several days before the happy couple). 3) Put together a bingo board with some of the best tropes you can find: the resident scrooge; mistletoe; a real sleigh with rails not wheels; holly; the handy guitar just leaning against the couch for the sing-along; and many, many others!

Just don't forget to tune-in! The Hallmark Channel may be cheesy, but it's a cheese that is easy on the stomach and nourishing to the soul.

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Thank you to all families and neighbors who attended and/or volunteered at our annual Harvest Hoedown in November. We are so thankful for our dedicated and involved community! This winter, please mark your calendar for the following Dommerich events and dates: Dommerich Night at Winter in the Park (Ice Skating in Central Park), December 4; second marking period mid-quin progress reports go home, December 5; Computer Science Education Week, week of December 8; Science Night and SAC meeting, December 9; Walk 'n Roll; December 10; Holiday Chorus and Strings Concert, December 18 at 6:30pm; Winter Break, December 22 - January 2. Happy Holidays!



Happy December! This is a time to count our blessings and our students and families are at the top of my list! Thank you to all parents who attended our awards ceremonies and conference night. If you were unable to meet with your child's teacher, it's not too late! You may always stop by or call the school and leave a message for your child's teacher to schedule a meeting. We had a fun Family Science Night at the Orlando Science Center and were able to participate in many activities along with the families from Princeton, too. Additionally, I want to encourage you to attend our many scheduled events in December- SAC, PTA, family nights, concerts and more! We'd love your input at these informative monthly meetings as we value your ideas!

Recently, we have celebrated students' academic success, character, and AR effort. I have loved rewarding students for their achievements and cannot wait to see our scores soar and AR points skyrocket! The holidays are fast approaching. Encourage your child to read daily during the break and complete the work packet sent home by his/her teacher. Finally, please make sure the front office has your correct phone number. We send periodic phone reminders of events and we want to make sure you are included! Emails too! Thank you for all you do!

Happy Holidays!

Lakemont Elementary Principal Dr. Brenda Cunningham

I can't believe that we are now one-fourth of the way through our school year! Lakemont Leopards have been keeping busy with all sorts of assignments and activities to finish up our first nine-weeks.

All of our fourth grade students and one class of fifth grade students have been participating in an 18week course called SourceCode B46. SourceCode B46 (SCB46) is a course that helps elementary students learn software coding to transform their written stories into animated movies. The program was developed to build

student's high-level critical thinking and reading literacy skills, increase their confidence and expose them to software coding through storytelling. The students are learning so much and having fun, too!

We had a wonderful literacy night in mid-November, and many students and parents came out to attend literacy workshops, shop at our book fair, and have a wonderful dinner from one of our Partners in Education, Outback Steakhouse. The evening culminated with a special performance by Chip Huddleston entitled, "Snowbeard the Pirate and the Naughty List." It was a great evening of family fun!

We would like to congratulate these students who have the highest points in Accelerated Reader for the first nine-weeks:

John Beattie, 5th grade (186.7 points)

Andrea Ignjatic, 4th grade (154.3 points)

Claire Clark, 3rd grade (130.6 points)

Hailey Kelsey, 2nd grade (121.0 points)

Mia Bernard, 1st grade (7.4 points)

Gianna Feo, Kindergarten (20.1 points)

I hope everyone has a wonderful holiday season!



On January 24, the entire community, along with students at Glenridge Middle School, will walk, jog, and run their way toward a healthier life while raising funds for our school.

With The Color Charge through Blue Jacket Park, GMS is implementing a school color run program. Students will seek pledges based on their mileage goal, which is two miles. At the completion of run, the school will celebrate with participants throwing colored celebration powder in the air, so bring your camera. There will also be activities for the entire family and refreshments available for purchase.

In addition to individual student pledges, the school will accept business pledges and strategic sponsors. The final color celebration run will be open to the public. All proceeds directly support Glenridge Middle School. I look forward to seeing you there!







Sunday, January 25 2015 10:30am - 1:30 pm Wednesday, April 29 2015 8:30 - 10:30 am





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COME TO LEARN - LEAVE TO SERVE









A Catholic Community

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🗻 St. James Cathedral School

PRINCIPAL MRS. GERRI GENDALL

St. James Cathedral School's Panther Parent Association's (PPA) largest fundraiser of the year was the Boosterthon Fun Run. The Boosterthon Fun Run promoted three specific values: Fitness, Leadership and Character. This year's Boosterthon theme was "Rock'N Town Live" and the students learned five ways to make their community rock: Plug In to Serve Others, Amplify Others, Listen for Feedback, Play Hard, and Thank Your Crowd. A kick-off pep rally was held to introduce the students to this year's theme. Each class selected a Rock'N Class Name and decorated their classroom doors. The students worked hard to obtain pledges toward the number of laps they expected to run at the Fun Run. Prizes were given out during lunch to those students who received pledge goals.

The Boosterthon Fun Run coincided perfectly with the first cold front of the season! The SJCS turf was transformed into a track, complete with a DJ and inflatable tunnel. Students had a blast running laps while listening to fun music! New this year was the Middle School Color Run and it was a great success! Students wore their sunglasses and



Pictured above and at right, St. James Cathedral School's Color Run

couldn't get enough "color" (colored cornstarch) on them. Thank you to all the parents who came out to help with the Boosterthon and for everyone's pledges. Almost \$44,000 was pledged for this event. We raised these funds to help improve the Assembly Hall sound system. This is something that benefits everyone; students, teachers, parents and parishioners!

Please join us at our Open House on Sunday, January 2 from 10:30 a.m. – 1:00 p.m. to learn more about our Blue Ribbon School. For more information, visit www.stjcs.com.



As we reflect on our blessings during the Christmas season, we give thanks for our families who have chosen The Christ School as their partner in education.

A strong partnership with families is essential for the accomplishment of our school mission. At The Christ School, we have established a thoughtful and intentional academic structure that facilitates excellence. This consists of five key components: Pedagogy, Design, Reflection, Measurement and Communication. Thoughtful communication between parents and teachers fosters the academic success of our students.

We also understand that a true parent partnership doesn't end with academics. We believe that the school where children spend nearly 40 hours a week is the ideal complement to parents who are seeking to nurture the development of a Christian worldview for their children. At our recent event, One Great Day of Service, approximately 100 parents participated in the day away from campus serving in our community with their children and teachers. The parents and The Christ School partnered to demonstrate the importance of being others-oriented. This day is always a favorite among families. We also give thanks to our parents who make our strong athletics program possible. As students learn many life skills on the athletic fields, it is our many volunteer coaches who work with our athletic staff to make fielding such a high number of teams in grades K-8 possible.

A core value of our school is a strong sense of community. Partnerships with our families ensure that year after year, The Christ School sends our graduates to high school as confident, service-oriented leaders, poised for continued success.



At Trinity Preparatory School, we encourage students to develop a life-long dedication to community service. We do not require service of our students, since we want them to choose to serve because they understand the importance of helping others, not because it fulfills a requirement.

Trinity Prep is currently working on the construction of its 16th Habitat for Humanity house in Winter Park. Upper School students assist in building the house at least once per year, with many students choosing to help almost every Saturday. Through Habitat for Humanity, students meet other people from throughout the community and work side-by-side with the family who will live in the house. Our students see the direct impact of their service.

Trinity Prep takes on many more service projects throughout the year. The class of 2014 completed 32,868 hours of community service during high school. Additional projects include a food drive for Second Harvest Food Bank at Thanksgiving, a toy drive for Toys for Tots for Christmas, fundraising for breast cancer research and United Cerebral Palsy, and a campus blood drive through OneBlood.

Trinity Prep is strongly committed to developing leadership in our students, and service helps do this. Projects are chosen and organized by our students, which requires them to identify an area of concern in their community, determine what they can do to address the need, and then follow through with their plan.



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The First Academy does not discriminate on the basis of color, race, gender or ethnic origin.

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COMMUNITY CALENDAR

Audubon Park Garden District Events

Ongoing Events

Every Monday night Community Market – 6:00 to 10:00 p.m. at Stardust Coffee parking lot located at 1842 E. Winter Park Rd. For information call 407-590-8776.

First Mondays of Every Month Story Time – 10:00 to 10:15 a.m. infants to 18 months, 10:20 to 10:35 a.m. toddlers, and 10:40 to 11:00 a.m. preschoolers at Leu Gardens located at 1920 N. Forest Ave. For more information please at 407-246-2620 or visit www.leugardens.org.

Baldwin Park, College Park and Orlando Area Events

Ongoing Events

Every Monday Smarty Pants - 10:15 a.m. Storytime for children ages birth-5 years old at the Edgewater Branch Library located at 5049 Edgewater Dr. For more information call 407-835-7323.

Every Wednesday Belles and Beaus Dance Club has dances every Wednesday from 7:00 to 9:30 p.m. at the Marks Street Recreation Complex located at 99 E. Marks Street. Join in for an evening of fun and dancing to music by the Soft Touch band. Refreshments are available. Singles and couples are welcome. Cost: \$5.00 per person. For more information please call 407-277-7008.

Every Thursday College Park Farmers' Market – 5:00 to 9:00 p.m. located at 1600 Edgewater Dr. For information call 407-999-5251.

Every Sunday Downtown Orlando Farmers' Market – 10:00 a.m. to 4:00 p.m. at Lake Eola. For more information call 407-246-3625.

Monday - Friday Each Week Seniors' Program in College Park — 9:00 a.m. to 1:00 p.m. at the College Park Community Center located at 2393 Elizabeth St. For information call 407-246-4361.

First Tuesday of Each Month - Now through December 2 SHINE offers free Medicare, Medigap/HMO, Medicaid, and prescription drug plans counseling – 12:30 to 2:30 p.m. at the Beardall Senior Center located at 800 Delaney Ave. All counseling is first-come, first-served. Bring with you a list of all your medications or Rx bottles, insurance card, and red, white and blue Medicare card. For more information please call 407-246-4440.

First Friday of Each Month The Art Stroll of Ivanhoe Village – 6:00 to 9:00 p.m. on Orange Ave. between Princeton and New Hampshire.

Every Second Satruday Through May 2015 Vintage Flea Market - 8:00 a.m. to 3:00 p.m. at 2000 Alden Rd. For more information please visit www.thecarouselemporium.net

Third Thursday of Each Month Eunice's Healthy Cooking and Baking Workshop – 10:30 a.m. at the Edgewater Branch Libary located at 5049 Edgewater Dr. Food samples will be provided. For more information and to register please call 407-835-7323.

Now through January 4, 2015 Light Up UCF - This holiday-themed event includes outdoor ice skating, rides, free holiday movies, falling snow, and a one-of-akind light show. For more information please visit www.lightupucf.com.

Now Through May 9, 2015 - Vintage Flea Market - 8:00 a.m. - 3:30 p.m. at 2000 Alden Road. For more information please visit www.thecarouselemporium.net.

December 13 - Winter Spark in Baldwin Park - Holiday Parade and Festival - 4:00 a.m. to 8:00 p.m. in the Village Center Baldwin Park along New Broad Street.

December 16 - 4th Annual Greyt Plates Flea Market - 6:30 - 9:30 p.m. at the Rosen Shingle Creek Resort located at 9939 Universal Blvd. Proceeds from this event benefit Greyhound Pets of America/Greater Orlando. For more information please visit www.greyhound-petsorlando.org

January 8 The Orange County Retired Educators Meeting - 10:00 a.m. at College Park United Methodist Church, 644 W. Princeton St. Anyone who has worked in education is invited to attend. For more information please visit www.ocrea-fl.org, or call 407-677-0446.

February 7 Out Of Darkness Walk - 7:30 a.m. near the Baldwin Park Village Center located at 2420 Lakemont Ave. Proceeds benefit Central Florida Chapter of the American Foundation for Suicide Prevention. To register, donate or to learn more please visit www.outofdarkness.org.

Maitland Events

Ongoing Events

Every Sunday Maitland Farmers' Market at Lake Lilv

Every Tuesday Preschool Stories 10:30-11:30 a.m. at the Maitland Public Library located at 501 S. Maitland Ave.

Every Thursday Healthy Maitland Walk 6:30 a.m.; Babytime 10:30 to -11:30 a.m. and Adventures w/Books Club 2:30 to 4:30 p.m. at the Maitland Public Library.

Every Friday of Each Month - Now Through December 12 SHINE offers free Medicare, Medigap/HMO, Medicaid, and prescription drug plans counseling - 10:00 a.m. to noon at the Maitland Senior Center located at 345 S. Maitland Ave. All counseling is first-come, first-served. Bring with you a list of all your medications or Rx bottles, insurance card, and red, white and blue Medicare card. For more information please call 407-246-4440.

December 7 Hanukarnival - 1:00 to 4:00 p.m. at the Roth JCC located at 851 N. Maitland Ave. For more information regarding this free events please call 407-621-4049.

Winter Park Events

Ongoing Events

Every Monday "Sit-to-Be-Fit" Chair Exercise Class – 10:15 a.m. at the Winter Park Community Center. This free class is designed for all ability levels and sponsored by the City of Winter Park. For more information please call 407-754-6190.

Monday - Friday "Art in Chambers" exhibit – Monday through Friday from 8:00 a.m. to 5:00 p.m. This free exhibit is on display at the City Hall Commission Chambers located at 401 Park Avenue South.

Every Tuesday and Thursday "Hands-on Gardening" – 9:30 a.m. – noon at the Albin Polasek Museum & Sculpture Gardens. For more information regarding this free year-round event please call 407-647-6294.

Every Tuesday and Thursday Beginning Pilates Class – 5:15 p.m. at the Winter Park Community Center. For more information please call 407-671-9599.

Every Tuesday, Friday and Saturday Winter Park Benefit Shop – The shop is located at 140 West Lyman Avenue and is open from 9:30 a.m. - 1:00 p.m. on Tuesdays and Fridays, and from 10:00 a.m. - 1:00 p.m. on Saturdays. Donate or purchase clothing, bedding, jewelry, kitchenware and more. Proceeds benefit various children's programs and the local branch of Orlando Blind. For more information please call 407-647-8276.

Every Thursday Walk With A Doc – Enjoy a rejuvenating 30-minute walk with Florida Hospital physicians. This free event is held at 5:30 to 6:30 p.m. at the Crosby YMCA. For more information, or to reserve your spot, please call 407-303-1700.

Every Tuesday and Thursday Curator Tours of Louis Comfort Tiffany's Laurelton Hall – From 11:00 a.m. to 2:30 p.m. at the Charles Hosmer Morse Museum of American Art located at 445 N. Park Ave. Space is limited and free with museum admission. To learn more about this event with Curator Donna Climenhage please call 407-645-5311 or visit www.morsemuseum.org.

Every Wednesday Mills50 MidWeek Group Runs – 6:00 p.m. at Track Shack located at 1104 N. Mills Ave. This event is free to runners of all abilities. For more information please visit www.TrackShack.com.

Every Saturday Winter Park Farmers' Market – 7:00 a.m. to 1:00 p.m.

Every Saturday Line Dance Class – 10:00 a.m. at the Winter Park Community Center. Beginners are asked to come at 9:30 a.m. to learn the basic steps. For more information please call 407-592-7835.

Every Sunday Music at the Casa – This free event featuring professional musicians and performers is hosted at Casa Feliz every Sunday from noon – 3:00 p.m. For more information call 407-628-8200 ext. 3 or visit www.casafeliz.us.

DECEMBER HIGHLIGHT



December 20 - RDV Snow Fest, come experience real snow in Central Florida. 2:00 - 6:00 p.m. For more info: RDVSportsplex.com, or call 407-916-2550.

Now Through December 26 - Free Friday Nights At The Morse - For five consecutive Friday evenings during the holidays (November 28 through December 26), visitors can enjoy not only free admission from 4 p.m. - 8:00 p.m. but live music from 5 p.m. - 8 p.m. In addition, at 7 p.m. on December 5, 12, and 19, the Morse will offer curator tours of Louis Comfort Tiffany's Laurelton Hall, the major exhibition at the Museum. The December 12 programming also includes a family tour of selected galleries and a demonstration on the art of making mosaics with a free take-home art activity for children. For more information, please visit www.morsemuseum.org.

Now through January 4, 2015 "Fractured Narratives: A Strategy to Engage" – Exhibit at the Cornell Fine Arts Museum. This is the first exhibition inspired by The Alfond Collection of Contemporary Art at Rollins College. For additional information, call 407-646-2526 or visit www.rollins.edu/cfam.

Now through January 11, 2015 "Winter In The Park" Holiday Ice Skating – The rink is presented by the Community Redevelopment Agency and located in Central Park West Meadow. For times and more information please call 407-599-3203 or visit cityofwinterpark. org/witp.

December 6 16th Annual Leadership Winter Park Pancake Breakfast – 7:00 a.m. to 10:30 p.m. in Central Park. For more information please visit cityofwinterpark.org.

December 6 62nd Annual Winter Park "Ye Olde Hometown" Christ-mas Parade – 9:00 a.m. along Park Avenue in Downtown Winter Park.

December 12 and 13 McRae Art Studios Open House – Central Florida's oldest and largest art studio complex is free and open to the public on Friday, December 12 from 6:00 - 9:00 p.m. and Saturday, December 13 from 4:00 - 9:00 p.m. McRae Art Studios is located at 904 Railroad Avenue in Winter Park.

December 13 - 10th Annual Winter Park Boat Parade - 3:30 p.m. Water Ski Show on Lake Virginia with viewing from the shore of Rollins College. 4:00 p.m. the Polasek Museum hosts the official viewing station and judging for the Winter Park Holiday Boat Parade. This event includes live music, face painting, family art activities and Santa Claus. The boat parade begins at sundown. For more information, please visit www.polasek.org.

December 17 - Fun with Flowers: Create a Holiday Centerpiece with Candles - 10:00 a.m. at the Winte Park Garden Club located at 1300 S. Denning Drive. Attendance is limited to 30. Cost is \$25; payment is due by Dec. 10. To register, please call 407-644-5770.

December 24 - Christmas Eve Open House - 9:30 a.m. - 4:00 p.m. Live music by the Raintree Chamber Players, 1:00 p.m. - 4:00 p.m. For more information please visit www.morsemuseum.org.

January 31 - The Florida Hospital Lady Track Shack 5K - 7:30 a.m. at Mead Gardens with a free kids' run following the 5K at 8:45 a.m. This marks the 38th Anniversary in helping to raise funds for the Florida Hospital Breast Cancer Care Fund. For more information and to register, please visit www.LadyTrackShack5k.com.

