Ine Park Press June 2014 Positive news that matters ~ FREE

Winter Park | Baldwin Park | College Park | Audubon Park | Maitland



Disney
Gives
Generously

Business In The Parks

10



Blooming Privacy

13

For updated news, events and more, visit www.TheParkPress.com

23rd Annual Hunter Vision Watermelon 5K

Runners, walkers and fitness enthusiasts of all ages can have summertime fun by participating in the Hunter Vision Watermelon 5k, Friday, July 4 on Park Avenue in Downtown Winter Park. The 3.1-mile run/walk begins at 7:00 a.m. It's an All-American-style celebration featuring a shady course, entertainment, free kids' run and the crowd favorite, the Watermelon Eating Contest.

Participants can show support for local military personnel in two ways:

- 1) Food Drive. Contribute a non-perishable food items for distribution through the Orlando VA Medical Center's Veterans in Need Program.
- **2)** Team Challenge competition. Runners and walkers form teams of any kind: corporate, running club, ROTC, church group, etc. All teams receive recognition and the largest team will have a \$500 donation made on their behalf to a local 501© (3) organization that supports military service.

All 5k registrants who are active, retired or reservist military service personnel and/or military family members will receive special recognition by a unique bib number and will be entered into a prize drawing to win a Military Appreciation Staycation! Staycation elements include a two-night stay at Rosen Centre, two tickets to SeaWorld & Aquatica, and a \$75 Darden restaurant gift card. The randomly-chosen winner will be announced after the race.

Proceeds benefit the Track Shack Foundation, a 501© (3) organization established to promote health and fitness with an emphasis on youth athletics.

Registration required. For more information or to register run to http://trackshack.com/events-detail.php?id=114



The all-American-style celebration features a shady course, entertainment, free kids' run and crowd favorite, the watermelon eating contest.

To receive a discount that is offered for readers of The Park Press please use this online registration discount code: Park2014

YMCA Masters Swim National Champion

Andy Kroupa (Winter Park Y), Rich Mercer (Winter Park Y), and Rick O'Dell (Downtown Y) flew to Santa Clara California for the United States Masters Swimming Short Course meet on May 2-4 where 2,250 swimmers from around the nation competed. Rich Mercer won a national championship in the 50-54 age group in the 50 Free with a 23.05. Particularly notable was that four of the other age group winners were former Olympians. Rich also placed 4th in the 100 Breast, 4th in the 100 Free, and 7th in the 200 Breast. In the 45-49 age group, Andy Kroupa had many "masters"



Pictured left to right: Coach Curt Klausner, Andy Kroupa, Rich Mercer, and Rick O'Dell.

personal best" times and was 4th in the 200 Fly, 10th in the 500 Free, 12th in the 100 Fly, 23rd in the 100 Free, and 24th in the 50 Free. Also in the 45-49 age group, Rick O'Dell was 11th in the 100 Free, 12th in the 50 Free, 13th in the 50 Fly, 14th in the 100 IM, and 16th in the 500 Free.



BOTOX SPECIAL

\$8.97 unit

407-587-5300 | couturemedspa.com



MEST PALM BCH FL US POSTAGE US POSTAGE

Editor's Message3	In The Garden13
News4	Real Estate14
Business9	Arts & Entertainment15
Business In The Parks10	Schools16
Health12	Calendar of Events19

INSIDE THE PARK PRESS

2 FROM THE PUBLISHER The Park Press | JUNE 2014

The Park Press

www.theparkpress.com

PUBLISHER RICK CABLE rick@theparkpress.com

EDITOR TRICIA CABLE tricia@theparkpress.com

ART DIRECTOR JILL SHARGAA

ADVERTISING SALES JAN CHALHOUB jan@theparkpress.com

advertising@theparkpress.com

EDITORIAL CONTRIBUTIONS AND WRITERS

Janna McGowan, John Gill, George McGowan, David Ciambella, Barbara Solomon, Scott Richardson, Stephen and Kristin Pategas, Ayesha G. Bullock, M.A., Scott Hillman

PHOTOGRAPHY Steve Graffham, Tricia Cable, Scott Richardson

DISTRIBUTION SUPPORT Jimmy Segal

The Park Press, LLC, Winter Park, Florida

Office: 407-644-6760

E-mail: info@TheParkPress.com

VISIT US ON THE WEB www.TheParkPress.com

QUESTIONS OR COMMENTS?

We want to hear from you! Send your submissions to The Park Press via e-mail at editor@TheParkPress.com. All submissions to The Park Press become the property of this publication and will not be returned; they may be edited and published or otherwise used in any medium.

RECEIVE YOUR COPY OF The Park Press EACH MONTH BY MAIL

The Park Press is free at various retail locations each month throughout the community. If you're not currently receiving our publication by mail, but would like to, please email your name and address to subscriptions@ theparkpress.com. The 12 month subscription cost is \$15. For more information please call, or email our staff today. Please allow 4-6 weeks for your first mailed issue to arrive.

THE PARK PRESS IS PUBLISHED MONTHLY. ALL CONTENTS, LOGOS, AND ARTICLES ARE COPYRIGHTED MATERIALS AND ALL RIGHTS ARE RESERVED. ANY REPRODUCTION IN WHOLE OR IN PART WITHOUT PRIOR WRITTEN PERMISSION OF THE PARK PRESS IS STRICTLY PROHIBITED. THE PARK PRESS RESERVES THE RIGHT TO REFUSE ANY ADVERTISING MATERIAL FOR ANY REASON DEEMED INAPPROPRIATE BY THE PUBLISHER. ©2014 THE PARK PRESS, LLC

Publisher's Message



Rick Cable

Since the first official day of summer doesn't arrive until June 21st, this means we all have a few more weeks to spring clean. As a child, I thought a tight group of mothers in my neighborhood coined this term, however it's believed to have started with either

the Iranian Norouz (the Persian new year), the Scottish "New Year's cleaning" on Hogmanay, or the ancient Jewish practice of thoroughly cleansing the home in anticipation of the springtime memorial feast of Passover.

So in the spirit of the long-standing tradition to spring clean this time of year, we decided to do a total makeover of **TheParkPress.com** website. While the old site served us well over the past few years, the new site takes providing all the "positive news that matters" to a whole new user-friendly and sophisticated level. It truly serves as a compliment to the printed paper, while including timely up-to-date information between our monthly publications.

Upon visiting you'll notice the following:

- The current printed issue is available for viewing and downloading
- Past issues to reference and share as a re source
- The most comprehensive calendar of events that's easy to access, includes an area map

for each event and is printer-friendly with just a click

- Email sign up to receive important updates and timely specials designed specifically for our readers
- Social integration for *The Park Press* on Facebook and Twitter

The new site is truly the culmination of a lot of time, research, and feedback from our readers. All the changes were made in an effort to better serve you and our community. Please connect with us and visit the site as often as you can.

In closing I'd like to extend a Happy Father's Day wish to all the dads, and remind everyone to please prepare for the upcoming hurricane season which runs from June 1 – November 30. Thankfully it's been 10 years since a hurricane throttled our area, but for many including myself, it was the last time I stocked up on supplies. Make a list, check the expiration dates on batteries, and have a plan. If you are creating your first disaster plan and supply kit, use the information and tips at floridadisaster.org for help. We also provide some hurricane safety tips on page 8 in this month's issue.

As always, thank you for reading *The Park Press* and we look forward to the great things to come.

Rick

Rick Cable Founder/Owner



WE THANK THEM FOR SUPPORTING US AND ASK THAT YOU PLEASE KINDLY GIVE THEIR PRODUCTS OR SERVICES CONSIDERATION FOR YOUR BUSINESS.







The Future's So Bright, I Gotta Wear Shades!

By Tricia Cable

Having lived in this community for over 15 years as a parent, I have been very aware of the yard signs that become commonplace during the month of May each year. You know the ones, "Home of a 2014 Winter Park High School Graduate" or whatever public or private school that the children of your respective neighbors attend.

A few years ago, I would drive by and acknowledge the sign in a front yard and recall the young boy who lived there teaching my girls to ride a skateboard on his way home from school. Or, the two middle school girls who would meet at the corner of our street to visit with each other because the corner was half way between their two houses. Back then, the sign seemed so far off in the future for me. My girls hadn't even started elementary school yet. So, I would drive by, smile and think, wow, what must that be like?

Then, a couple years ago, the signs starting popping up in the yards of my friends who had been smart and had their children a bit younger than we did. Children who I had actually known since preschool and been around first hand to see them grow and mature. A little closer to home for me, but still not any cause for panic. After all, my girls are still in middle school. Until one day, they weren't....

High school, the home stretch, the last four years that the little humans you created and held hands with as they learned to walk and listened

intently to as they learned to talk, will live under your roof. (Or at least that's the plan.) How did we get here? When did they grow up and more importantly, when did I get so old? I couldn't possibly have a child in high school?

But, I do and in just four short years, my first born will be heading off, somewhere fabulous, to earn her degree. She will leave us, leave home, and the daily interactions that I am so used to enjoying will come to a halt. Our relationship will inevita-



bly change, the communication will be less and my role as a mother to her will be very different.

As you read this, you may imagine that this revelation may stir up certain feelings on the matter. And, you would be correct. Although interestingly enough, maybe not the emotions that you would expect. I am happy to say, that more than sadness, I am thrilled. I am excited about what the future holds for them. I am excited about what more they will learn, who they will meet that they find inspiring, what they will choose to do for a career and in what ways they will leave their mark. I am happy that they are not only smart and kind, but fiercely independent. That quality will serve them very well and lead to open doors and many options. And as we have said many, many years as parents, "Options are good!"

They are blessed in so many ways. What I wouldn't give to have grown up in this community with such a strong network of friends, teachers and coaches. And, kudos to us as they are blessed with parents who know firsthand, there is no better time in your life than when you are just starting out and have nothing but to shoot for the stars and follow their dreams. We will encourage them to dig deep within themselves to find what makes them happy and pursue their life's purpose with that goal in mind. Yes, they have bright futures ahead of them that is for sure. They better, who else is going to take care of us when we are old!!





4 NEWS The Park Press | JUNE 2014

City Commissioner's Message

Commissioner Robert F. Stuart, City of Orlando District 3



5 . . . 5 . . .

Not only is June the start of hurricane season, but it is also the month where we celebrate dads. Studies consistently show that fathers have an enormous impact on their children, so if you know a great dad, take a moment to tell him thanks this month. So to all of the dads who put their families ahead of

themselves, thank you for what you are doing. It may just seem like the right thing to you, but it is extraordinary when you consider the impact you are having on our future. Leu Gardens gives dads free admission on their day; for all of the other great classes and camps they are hosting in June, visit leugardens.org.

Since we haven't had an active hurricane season in a while, some of us may be rusty on what we need to do to stay prepared from June 1-November 30. And this year, the experts predicted a quiet season, so that has me worried! For a quick refresher, check out cityoforlando.net/emergency.

On June 2nd, our city held its Oath of Office ceremony. I was honored to be sworn in for my third term as your city commissioner. As I say often, it is a privilege I don't take lightly. Joining me was Commissioner Jim Gray, who was elected, unopposed, to his first full term as the commissioner for District 1. We also welcomed a new commissioner to the council. Commissioner Regina Hill, a nurse, was sworn in as the new commissioner for District 5, which encompasses part of our downtown area. She fills the seat of Commissioner Daisy Lynum, who served District 5 for the past sixteen years.

If you are looking for some fun activities this month while kids are home from school, many of our city amenities not only offer summer camps, but also discounts and activities as well. The Orange County Regional History Center offers four free kids' admissions with one adult admission every Monday this summer as well as buy- ne, get one half off admission on Fridays. Visit thehistorycenter.org for more details.

Colonial Lanes, located on Primrose Drive in Orlando, hosts the Kids Bowl Free national summer program. This program has been featured on many national news programs and allows kids to bowl two free games daily all summer. It's a great way to beat the heat and keep kids from being too idle while they aren't in school. Visit kidsbowlfree.com for information on how to participate.

In our downtown core is our city's Pottery Studio. This summer the studio offers many different classes and camps. A popular one is Mudslinger Mondays, a class just for 3-5 year olds (and their grown up). This class is offered every Monday from June 16-August 11.

Speaking of Downtown, with the many changes going on in the area, the mayor formed a comprehensive taskforce to examine all aspects of our City Center to figure out where we want to go from here. From urban amenities and planning to arts and culture, Project DTO is looking toward the future to brand Downtown Orlando as a destination for both residents and visitors alike. Check out their interactive website, projectdto.com, to take a survey, see when upcoming public outreach events are happening and look at plans and materials. Some of you may be rolling your eyes saying, "Another government

taskforce...," but as Mark Schlueb reported in the *Orlando Sentinel*, the last time Mayor Dyer convened a panel to make recommendations about Downtown, 166 recommendations were suggested and 144 have been implemented. This time, with a 75-person panel and many different focus areas, many ideas are sure to be floated. Now is your chance to give your input on what you want your Downtown to look like ten years from now, so please consider get-

www.KidsBowlFree.com

ting engaged in the process.

Finally, OPD continues to encourage our residents to get involved in Neighborhood Watch. This program provides your street and neighborhood with an added layer of support from our city's law enforcement and gives you access to up-to-date information about many different crime prevention topics, such as self defense and identity theft. For more information on Neighborhood Watch and our upcoming National Night Out celebration on August 5th, please visit www.cityoforlando.net/police or call 407-246-3628. National Night Out is a fun way that we can partner to keep our communities safe, while throwing a festive block party for your neighborhood at the same time!

Thanks for your continued support and I look forward to seeing you around the community this summer enjoying our Great City!

-Robert

ROBERT F. STUART | COMMISSIONER, DISTRICT 3, CITY OF ORLANDO | 400 S. ORANGE AVENUE, ORLANDO, FL 32801 | 407-246-2003 | ROBERT. STUART@CITYOFORLANDO.NET

Healthy Central Florida To Award Grants To Improve Access To Healthy Food

Healthy Central Florida is offering \$25,000 in Health Innovation Grants for the second year in a row. This year, grants will focus on projects in that promote healthy food access, connect consumers to healthy food, or encourage availability and consumption of fresh/healthy food. The primary target area for these grants is the service area of Healthy Central Florida: Eatonville, Maitland and Winter Park.

Today more than 50% of all adults and a nearly a third of all children are either overweight or obese. Many people have greater access to unhealthy food options than to healthy ones which makes eating well even more difficult.

"We want to help improve access to fresh fruits and vegetables and healthier food options throughout our communities," said Jill Hamilton Buss, executive director of Healthy Central Florida. "The goal is to make the healthy choice the easy choice in every environment. For kids at school, adults at work or for people at church or shopping in their community, we want to see healthy options available at every turn and this grant is designed to promote that."

To educate the community about promising strategies and engage them in the grant process, Healthy Central Florida will host a health innovations grant workshop on May 14 from 8-10:30 a.m. at the East End Market. The workshop will feature Jessica Donze Black of the Pew Charitable Trust along with other local food experts and entrepreneurs who are working on innovative food projects.

 $For more information \ regarding \ Healthy \ Central \ Florida \ please \ visit \ www.wphf.org.$

Host Families Needed For Incoming Rotary Youth Exchange Students

Rotary Youth Exchange (RYE) is in need of host families for several foreign exchange high school students arriving in the Orlando area this August. You can host for 90 days, six months, or the entire school year. For more information about the program please visit www.ryeflorida.org or contact Scott Krogmann scott@ryeflorida.org.









Winter Park Mayor's Message

Mayor Ken Bradley



Celebrating With Our Youth At The **Forefront**

On May 1, we celebrated the official opening of SunRail. This was a monumental day for our region as we welcomed

the arrival of this new commuter passenger service to central Florida. So much of what we do today is not for this generation, but is intended to benefit our children, grandchildren and great-grandchildren. Our job as leaders in the community is to make decisions about projects and initiatives that have a longterm positive effect on the future of our community. I believe SunRail does exactly that. During the first two weeks of operation, thousands hopped on at their most convenient station and experienced riding SunRail for the very first time.

The novelty of riding a train is exciting regardless of age. I still remember when I took my first train ride in 1968 as a first grader when I boarded in Sanford on my way to Winter Park! There's something about trail travel that is unlike any other mode of transportation that makes it enjoyable and so memorable.

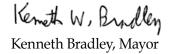
When the city participated in the SunRail Whistle Stop Tour at the end of April, 35 children of the St. Margaret Mary Children's Choir joined us at our new Winter Park Train Station to greet SunRail as it arrived at our stop. They sang the song "The Dinky Line" as the train approached the station with their eyes lit up and their voices projecting with excitement.

With the help of Thaddeus Seymour, president emeritus of Rollins College, we were able to gather the history of this interesting song. "The Dinky Line" song was found in Rollins College song book in the late 1920s. The original version is a southern folk song out of South Carolina. Many schools such as Brown University, Dartmouth, and Rollins adapted the original song and wrote their own verses that were reflective of their community. Rollins students created their version of the song about the Dinky Line which was originally developed by James Seymour Capen to transport his citrus to the market. The sandy dirt roads created slow travel so in 1889 the Orlando WP Railroad nicknamed "the Dinky Line" was built. As a fun reminder of the importance that rail travel has been and continues to be in our community, the children of St. Margaret Mary School Choir sang this most appropriate song for all attendees.

Just seeing the children so excited and eager at that event reminds me how vibrant, inspirational and captivating the youth of our community are. At a recent City Commission meeting we recognized more than 50 athletes from Winter Park High School who all were part of four teams that won the State Championships this school year. We recognized the Boys' Basketball, Girls' Volleyball, Competition Cheerleading and Boys' & Girls' Crew team for this amazing achievement. Each of these individual team members excelled in their sport, and by doing so brought statewide recognition to the Winter Park High School athletic program. Not only are they devoted to their program by spending countless hours on the courts, fields, waterways and at practice, but they also have maintained an average GPA of 3.0

and above throughout the season!

These children of our community are our leaders of tomorrow. Whether their talent is singing in front of an audience or competing for a championship game, the decisions we make today help foster a healthy environment and a stronger community for our children to grow and learn. Thank you St. Margaret Mary Children's Choir and Winter Park High School athletics for allowing us to celebrate your and our successes together! Together we are building the best place to live, work and play in Florida!





Winter Park High School Girls Volleyball



Winter Park High School Boys Basketball



Winter Park High School Boys Crew



Winter Park High School Girls Crew



Winter Park High School Competition Cheerleading







NEWS The Park Press JUNE 2014

Maitland Mayor's Message

Mayor Howard A. Schieferdecker



Howard A. Schieferdecker

On April 11, 2014, the City of Maitland hosted a grand opening and ribboncutting ceremony Maitland's SunRail station, partnership with the Florida

Department of Transportation. The program included prepared remarks from U.S. Congressman John L. Mica (FL-7) and Florida Department

of Transportation Director of Transportation Development Frank O'Dea. We thank Congressman Mica and Mr. O'Dea for joining us on this special day.

Following the program, attendees toured the SunRail train, station, and ticket kiosks. Each train is equipped with wireless internet con-

nectivity, luggage and bicycle storage, and restroom facilities. The Maitland SunRail station features four ticket kiosks, six ticket validators, and 125 on-site parking spaces. Following the tour, attendees received red-velvet whoopie pies from All Things Sweet.

SunRail opened its doors to the public on Thursday, May 1, 2014, and provided free weekday rides for passengers from May 1-16, 2014. SunRail only will operate during the weekdays. For information related to

SunRail, please visit www. sunrail.com.

> Thank you, Maitland, for your participation in a successful event.

> Members of the Fire Department participated for the first time ever in a

Rapid Intervention Team (RIT) competition held at Fire Rescue East earlier this year. The competition involved firefighters crawling through a grueling maze on air with masks blacked out and in full bunker gear. The objective was to find and extricate an injured firefighter. Maitland firefighters constructed a special RIT maze weeks before to prepare for the competition. The team spent many hours training on how to circumvent obstacles and get a downed firefighter

out of a hazardous environment.

Participating in the competition was a great training opportunity for all who competed and helped to expand an awareness of the importance of RIT training. The RIT prop will now be incorporated into department wide training, so that all members can practice the challenges of a RIT scenario.



Two firefighters participate in Rapide Intervention Training earlier this year. The goal of the training is to find and extricate an injured firefighter.



County Commissioner's Message

Commissioner Ted B. Edwards, Orange County, District 5

Ted B. Edwards

SunRail open for business and is transportcommuters along 32 miles of track from Sand Lake Road to De-Bary. The project is the culmination of years of effort

from federal, state, and local governments to reduce the dependency on Central Florida's congested roadways.

Tickets are available at kiosks at each station. A reloadable card is also available for those who plan to ride frequently. Base fares are \$2 for one way tickets and \$3.75 for round trip tickets. Passengers will be charged an additional \$1 each time their train crosses a county line. For more information on fares, station locations, or train schedules, visit www.sunrail.com.

SunRail's total cost is approximately \$1.05 billion, with \$615 million allocated for construction and \$435 million dedicated to right-of-way acquisition. State and local governments will each pay for 25 percent of total project costs. The federal government will fund the remaining 50 percent. The state will be responsible for SunRail's operations and maintenance costs for the first seven years of service. Local governments will fully fund the service indefinitely beginning in the eighth year of operations. Costs will be partially offset by fares from SunRail's ridership.

Trains will run every 30 minutes during the peak hours of 5:30 a.m. to 8:30 a.m. and 3:30 to 6:30 p.m. During normal hours trains will depart their home station every two hours in either direction. SunRail will only run on weekdays and no service will At right, SunRail train pulls into the Winter Park station. Photo by Steve Graffham.

initially be offered on weekends. Phase one includes seven stops in Orange County including its southernmost stop at Sand Lake Road. Additional Orange County stops

include the Orlando Amtrak station, Church Street, Lynx Central, Florida Hospital Health Village, Winter Park, and Maitland. Seminole County has four stops at Altamonte Springs, Longwood, Lake Mary, and Sanford. Phase one's northernmost station is located in DeBary in Volusia County.

SunRail's construction was divided into two phases. When complete, the 61.5 mile line will include 17 stops in four counties. The addition of phase two will nearly double the length of the line. Phase two will add three new stations in Osceola County at Poinciana, the Kissimmee Amtrak station, and Osceola Parkway. Both Orange



and Volusia counties will each receive an additional stop at Meadow Woods and DeLand, respectively.

I hope that SunRail provides an effective transportation solution for many Orange County commuters. My staff and I are available to answer any questions you may have about SunRail, transportation, or any other Orange County issue. We can be reached at 407-836-7350 or by email at district5@ocfl.net.

(ed B. Columbs

Ted Edwards **Orange County Commissioner** District 5





- The "Detox At Home" Program
- Comprehensive Counseling Programs
- Dual-Diagnosis Therapy
- Holistic Support Care
- 25 Years Experience in Addiction
- Confidential and Discreet
- Concierge Level Care

NewBridge Addiction Recovery & Wellness Center 407.644.1500

1801 Lee Road - Suite 115 . Winter Park, FL 32789 www.NewBridgeRecovery.com

And

Karen Castor Dentel, PhD

Representative's Message

Karen Castor Dentel, PhD, Florida House of Representatives

After returning from the legislative session in Tallahassee, I was invited by the Central Flor-

ida Partnership to join other community leaders travelling to Washington D.C. We met with our congressional delegation to request their support for the vital modeling, simulation and training industry. The MS&T industry is essential to the preparedness of our country's military as well as Florida's overall economy. Our region greatly benefits by having the national simulation hub at UCF's Research Park. It spans from UCF to USF in Tampa and up to UF in Gainesville, and serves as the heart of this Super Region, also known as the High-Tech Corridor.

In order to preserve and grow what we have in our own backyard, it is critical that we receive support from

the state and federal government, or risk an infrastructure shortfall or a possible reassignment of the military commands to elsewhere in the country. Dr. Dan Holsenbeck from UCF worked closely with the legislature this year to secure \$8 million in appropriations to ensure we have enough physical space to meet demand. As one of my priority issues during session, I am proud that we were successful in securing those funds. When I return to the legislature next session I will push to direct additional resources to complete the infrastructure project.

The Orlando Regional Chamber of Commerce, led by Jacob Stuart, organized the D.C. trip with business, governmental and university partners. What made this trip so unique was the extent of community-wide support from a variety of professions and businesses, speaking as one voice. I was part of a group led by Rick Weddle (Metro Orlando Economic Development Commission) which included Dan Kirby (OUC), Phil Rawlins (Orlando City Soccer), Michelle Strenth (Orlando Health) and Waymon Armstrong (Engineering and Computer Simulations). We met with Congress-

woman Kathy Castor while other groups met with Representatives Jeff Miller and Corinne Brown. I enjoyed getting to know other folks making the trip -- Dr. Barbara Jenkins (OCPS), Marni Spence (CliftonLarson-Allen), Jose Fajardo (Orlando, Inc.), Joel Roberts (BakerHostetler), Eric Wright (SBC Marketing), Debbie Harvey (Ron Jon Surf Shop), Jeff Jonasen (Gunster), Mayor Ken Bradley of Winter Park, and Linda Landman Gonzalez (Orlando Magic).

We all came from different backgrounds and professions and from

both sides of the political spectrum, but were unified in our vocal support of MS&T at UCF. our message was not lost on our elected leaders. I'm happy to report

> that we received support from U.S. Senators Bill Nelson and Marco Rubio, as well as U.S. Representatives John Mica and Alan Grayson.

> I am honored to be part of such a community that recognizes the strength in our diversity when advocating as one - a true Central Florida Partnership.

Laren

Karen Castor Dentel, PhD Florida House of Representatives

Disney Gives Generously To Support Emergency Care Efforts

The Walt Disney Company presented a \$3 million gift to Arnold Palmer Hospital for Children to help fulfill a critical need in the treatment of young patients at the hospital's Bert Martin's Champions for Children Emergency Department & Trauma Center.

The gift will enable the purchase and installation of a new 3T MRI machine that will serve as a critical first step in the treatment of children in need of emergency and trauma care in addition to supporting other key pediatric programs at Arnold Palmer Hospital.

"Our friends at The Walt Disney Company have been great partners to Arnold Palmer Hospital since the day we opened our doors almost 25 years ago," said John Bozard, president of the Arnold Palmer Medical Center Foundation. "We're delighted that our partnership continues to this day as we look for new and innovative ways to extend our patientcentered philosophy and heighten the care we provide for children."

The new 3T MRI machine ensures patients receive the highest level of care by providing more detailed images faster than ever. It also improves patient safety by providing a radiation-free imaging option. Also, by adding a new machine, the patient experience will be enhanced for both child and family.

"Disney's commitment to the health and happiness of children and families can be traced back to our founder, Walt Disney, who frequently visited children in hospitals and guided company giving toward supporting children in need," said George A. Kalogridis, president of Walt Disney World Resort. "Here in Central Florida, Disney's gift to Orlando Health will enable medical staff to more quickly diagnose children in their greatest hour of need. We're pleased to support Orlando Health's commitment to providing life-saving care for young patients."



ARNOLD PALMER HOSPITAL

For Children

Supported by Arnold Palmer Medical Center Foundation







The Park Press | JUNE 2014 **NEWS**

A Foundation's Efforts To Eliminate Barriers To Learning

Located in the heart of the Colonialtown neigh- Law Offices; and other community volunteers. borhood in Mills 50, Fern Creek Elementary- a Title I school with 90% of its students on the free/ reduced lunch program- faces some challenging statistics. More than half of its 350 students are bussed in from Parramore (Orange County's lowest economic area), up to 25% of students are considered homeless, and the school has a 70% mobility rate (the rate at which students register and withdraw from the school throughout the school year). Despite these figures, both Fern Creek Elementary and the Fern Creek Foundation have worked side by side to overcome the odds by providing its students the means to push past their obstacles and create success in their daily lives.

As one of the very few OCPS elementary schools to have its own foundation, Fern Creek Foundation works tirelessly to eliminate barriers to learning by funding programs and soliciting in-kind donations for the school. Foundation board members come from various sectors of the community - Rollins College; Travelers; Full Sail University; Luks, Santaniello, Petrillo & Jones

Since its inception in 2008, the Foundation- with the support of its partners and community donorshas given out over 2,100 backpacks with school supplies, handed out 13,000 snack packs to curb weekend hunger, paired over 600 students with community mentors to provide more than 450 hours of time contributed to mentoring, and has provided clothing for more than 300 students. In total, it's given back more than 20,000 hours toward projects to improve and enhance the academic environment at Fern Creek. It even enlists the help of an AmeriCorps Public Ally to help oversee the extensive community programs and events.

Most recently, the Foundation has teamed up with the Winter Park YMCA, Downtown Orlando YMCA, and Cady Way Pool to provide swimming lessons and water safety classes to all Fern Creek students with a program called the "Bulldog Splash." Jennie Webster, Fern Creek Foundation board member and Bulldog Splash supporter, says, "Water safety and instruction are a couple of the most important skills for our kids to learn.

Not only can our students learn to overcome their fears, but it gives them a sense of accomplishment to have learned something new. Plus, it's a nice, relaxing thing to do after FCAT!"

The Foundation fosters an environment conducive to building community partnerships with ease. Partnerships with Rollins College, Sea World, Publix, Travelers, Blue Man Group at Universal Resort Orlando, various neighborhood associations and churches, and more, help transform both school and community. In working together, all parties are able to expand resources and experiences beyond the borders of education, increase awareness of social problems within our society, and bring to light the importance of nurturing children from a holistic approach.

If you feel compelled to lend a hand at Fern Creek and assist the students, including providing school supply donations for the upcoming school year, please reach out to Holly Vanture, Foundation VP of Programming at holly.vanture@ocps.net.









Photo 1 - Foundation Board Members Suzy Plott, Micki Meyer, and Luisa De Guzman pose with their fellow Rollins College staff at the annual Bulldog Benefit, a fundraiser to support Fern Creek programming.

Photo 2 - The Fern Creek Foundation helps to sponsor Math Night, an annual family event held at the school to encourage and promote mathematical learning to student and family attendees.

Photo 3 - Mentor Ryan has been mentoring a Fern Creek second grader for the last year, and comes in weekly to work on reading and math.

Photo 4 – Foundation Board Member Jennie Webster instructs the students on the basics of water safety before getting in the poo



Photo 5 - The Fern Creek Foundation sponsors school t-shirt giveaways every Meet-The-Teacher event.

Photo 6 – Through a long time partnership, Fern Creek Foundation ensures every child receives a backpack and school supplies throughout the year with the help of Florida Hospital.

Hurricane Season Is Just Beginning

The City of Winter Park would like to remind you to be prepared for the upcoming hurricane season by following the steps below to keep you, your family and property safe.

Step 1: Assemble an emergency preparedness kit and "to-go bag"

Step 2: Prepare your family, home & business

Step 3: Stay informed

OFFICIAL CITY ONLINE RESOURCES

- cityofwinterpark.org
 - Info at Your Fingertips > Hurricane Preparedness
- Departments > Fire-Rescue > Emergency Management
- Facebook cityofwinterpark.org/facebook
- Twitter cityofwinterpark.org/twitter

OTHER IMPORTANT RESOURCES

- Non-emergency information line (goes live upon Emergency Operations Center activation) 407-599-3494
- Message Center Information e-mail (goes live upon Emergency Operations Center activation) MessageCenter@cityofwinterpark.org
- Winter Park Electric Utility power outages 1-877-811-8700
- Winter Park Water & Wastewater Utility outages 407-599-3219

OUTREACH

Sign up for the city's emergency notification system that uses technology to send out notifications such as extreme weather conditions, boil water alerts, power restoration status, and hurricane/tornado warnings. Upon hearing the tornado siren, you should tune to local media for specific weather information. In addition,

it will notify residents and business owners of impending emergencies via their home

phones, cell phones and/or email. Sign up at cityofwinterpark.org and click on the OUTREACH button.

fiscal fitness by John Gill

Long Term Care Insurance – Who Needs It?

Lately I have been approached by several people regarding understanding how long term care insurance works. The participants in these discussions ranged in

age from the thirties to the seventies. The younger folks were inquiring about long term care for themselves and/or their parents, the older folks about themselves. The interest in long term care insurance is a result of people living longer along with the continued rise of the sandwich generation, those families with responsibilities for children and aging family members.

According to the National Clearinghouse for Long Term Care Information, approximately 70% of individuals will require some type of long term care services in their lifetime. Over 40% will need care in a nursing home for some period of time. According to AARP, on average, someone who is 65 today will need some type of long-term care for about three years. And within that time, the person will probably receive almost two years of care at home.

Long term care insurance can help to reduce the financial impact of unskilled health or personal assistance. The insurance pays for support with actions considered to be Activities of Daily Living. These activities are bathing, dressing, eating, using the restroom, and getting into or out of a bed or a chair. The insurance only pays for assistance when a "trigger" is hit, the trigger being when help is required with two or three of the activities.

Long term care insurance is purchased for varied reasons. The ability to fund long term care insurance helps people stay in their homes longer as they age and allows for more selectivity about potential assisted living facilities or nursing homes. The insurance can help reduce or eliminate caregiver responsibilities of loved ones and may help someone to leave assets for heirs.

The costs can be challenging. The tricky part is deciding when to buy. Purchasing when young reduces the premium rate but the total amount paid before a benefit is realized may be significant. Waiting to purchase will increase the premium costs or the risk of not being able to get the coverage. A happy medium may be to determine the premium costs while in one's thirties and forties and setting that money aside in a conservative mutual fund, either a bond or balanced fund. The money is there if needed and the insurance can still be purchased when older.

One misconception about long term care insurance is that it is provided through Medicare or through the Affordable Care Act. It is not. Long term care is also not covered by disability insurance or health insurance. Long term care is a distinctly, different insurance product. It can be purchased through insurance agents and brokers. Long term care insurance may be provided in group insurance plans from employers and professional organizations. However, the ability to purchase this type of insurance is becoming more difficult. The number of insurance companies offering long term care insurance has declined from approximately 100 companies a decade ago to about 20 companies selling such insurance today. When this insurance is purchased, care should be taken to make sure the individual selling the policy has had additional training in long term care insurance.

Below are links to several long term care resources:

http://www.longtermcare.gov/LTC/Main_Site/index.aspx

http://www.aarp.org/health/health-insurance/info-06-2012/ understanding-long-term-care-insurance.html

http://www.foxbusiness.com/personal-finance/2014/05/12/what-newwith-long-term-care-insurance/



If you have questions, comments, or an area of financial interest you would like to see discussed in The Park Press, please call John at 407-353-0594 or send email to FiscalFitness@ymail.com. Follow John on Twitter, @john_gill1.



Join us June 16-20 to celebrate our 3rd year of promoting health & wellness. Raffle giveaways, snacks and more! June 18: Free Chair Massages 11am-1pm!







Health Village Fitness Center

Across from Florida Hospital Cancer Institute 2520 N. Orange Avenue, Suite 101 | 407-303-2552

*With annual membership. Call for complete details. CP0614

Business In The Parks

Cuhaci & Peterson Architects Engineers Planners, based in Orlando's Baldwin Park, recently appointed three senior level professionals to its Orlando office. Lonnie Peterson, chairman at Cuhaci & Peterson, said the firm

recently named veteran engineer Joe Testa senior design engineer for the firm. Testa earned his B.S. degree in electrical engineering from the Univer-



sity of Central Florida and has more than 20 years of experience. Drew Riggin was named project architect, Peterson said. Riggin earned his Bachelor

Architecture Philadelfrom phia University and has more than 14 years of experience. The firm also named Raymond Paull project manager.



Paull, who has more than 13 years of experience, holds a B.S. in Construction Management from the University of Florida.

Architect Paul Vera has become the

eighth associate at NAI Realvest Orlando earn the most coveted title in commercial real estate---the CCIM professional designation from the



Paul Vera

PROFESSIONAL

COUNSELING
in the Comfort of
Your Own Homel

OVER 30 YEARS OF EXPERIENCE!

SHARON K. DURRANT, MA lorida Licensed Marriage and Family Therapist

#MT410 • 407-761-8469 • Durone2@aol.com

CCIM Institute. Vera, who joined NAI Realvest seven years ago and serves as

a development and investment analyst and sales associate with the Livingston Group at the firm, has a knack for earning professional credentials. He currently holds two Master's degrees from the University of Florida---one in real estate and one in building construction---and a Bachelor of Architecture from King Mongkut's Institute of Technology Ladkrabang in Bangkok, Thailand. Vera is a registered architect in Thailand. He is also an associate member of the American Institute of Architects (AIA). Vera also earned a diploma in marketing administration and a supervisory specialist certificate from Valdosta Technical College in Georgia.

Cuhaci & Peterson Architects Engineers Planners, based in Orlando's Baldwin

Park, recently appointed three professionals to their staff. Lonnie Peterson, chairman at Cuhaci & Peterson, said the firm named George **Aziz** architectural



graduate II. Aziz earned his B.A. in ar-

chitectural design from the El Sherouk Academy in Cairo, Egypt and has more than six years of experience in architectural design. Domingo (Sonny)



Domingo Fornoles

Fornoles was named project architect. Fornoles earned his Master of Arts in Architecture from the University of Hawaii and has more than 13 years of experience in the field. Fornoles and Aziz are providing architectural support on re-

tail design, primarily grocery stores. Felix Diaz was



hired as an engineering designer II with a specialty in structural design. Diaz graduated from the Liceo de Arte y Tecnologia in San Juan, Puerto Rico. A certified drafter, Diaz has more than 10 years of experience and will be working in Cuhaci & Peterson's structural engineering department on various projects.

Longtime commercial builder Rodney Kincaid was re-appointed to his sec-

ond consecutive two-year term as chairman of the City of Winter Park's Construction Board of Adjustments and Appeals. Kincaid, who has been building in



the Central Florida market for more than 50 years, will continue to oversee the seven-member panel which is responsible for working with the city's Building & Code Enforcement Department in deciding cases pertaining to construction and code issues and interpretations. Kincaid, whose company Kincaid Construction Company celebrated its 50th anniversary this past December, will serve as board chairman until April 2016. Kincaid, who turned 81 in February, has been a member of the Construction Board for the past 10 years.

The Florida Department of Health in Orange County is announcing the appointment of Lesli Ahonkhai, MA as assistant director of the Department

of Health in Orange County (DOH-Orange). Ahonkhai has served in the Health and Human Services profession more than 26



Lesli Ahonkhai, MA

years and will now be acting as chief of operations and chief of staff for the department. Since 2008, Lesli has been the director of the Health Protection Bureau at DOH-Orange. Prior to that, she served as the clinic administrator at the health department's downtown Orlando Central campus which is the largest clinical site at DOH-Orange. Lesli graduated from the University of Central Florida with a Bachelor of Science in Liberal Studies that includes disciplines in Health, Biology and Fine Arts and a Master of Arts in Applied Sociology. She is a graduate of the University of South Florida Public Health Leadership Institute and Leadership Orlando.

Four Orlando Health hospitals were honored with their fourth consecutive "A" Hospital Safety Score by The Leapfrog Group, an independent national nonprofit run by employers and other large purchasers of health benefits. The hospitals are Orlando Regional Medical Center, Health Central Hospital, Dr. P. Phillips Hospital, and South Seminole Hospital. The "A" score was awarded based on a number of factors including the hospitals' rates for preventable

medical errors, injuries, accidents, and infections. "We are proud of the strong commitment to quality and patient safety that exists at every level of Thomas Kelley, MD



our organization- from the board of directors to the bedside caregiver," said Thomas Kelley, MD, the interim chief of quality and clinical transformation for Orlando Health.

Missy Palasol, interior design associate at Baker Barrios, was one of twelve designers in the nation selected to

participate in Cambria's third annual Style Maker's Summit in Minneapolis, Minnesota. The summit brought together the most in-



Missy Palasol

fluential designers from across North America and highlighted the latest in Cambria innovations.



Internet Projects for Business For 20 Years

Web Development, E-Commerce, Content Management, Database, Intranet, Audio/Visual Conference Services, Video Production, Podcasting, Custom Music Production, and iPad Consulting

June Spotlight - A/V Conference Promotion & Services





www.imageserve.com/av





info@imageserve.com



Guidance and expertise to help you achieve your homeownership dreams

Contact us to get pre-qualified today.

2699 Lee Rd. Suite 480 Winter Park, FL 407.644.0870 Waterstone-FL.com



Subject to credit approval and program guidelines. Waterstone Mortgage Corporation (NMLS #186434) is a wholly owned subsidiary of Waterstone Bank SSB (NASDAQ: WSBF). State of Florida Licensee Exempt LENDER WP-218-33114



Central Florida's Only Boutique Hospital for Women and Babies

For a personalized tour or to learn more about the Baby Place Difference, call the Birth Design Team at (407) 646-7200 or visit BabyPlaceWinterPark.com.

12 HEALTH The Park Press | JUNE 2014

live meaningfully by Ayesha G. Bullock, M.A.



Ayesha G. Bulloci

Annual Wisdom...

As I write this, it's just a few scant days before yet another year ticks off the calendar for me. Birthdays are always

a time of reflection for me. I believe them to be an opportunity to take an inventory of my life as to what's working and what may need some tweaking.

The dawning of a new year promises growth, change, perspective, increased opportunity for love and acceptance, and a whole lot more. So what is my part in attaining these promises? That's sort of the consistent question...

We may not always have the answers but at least once a year I take the opportunity to share one of my favorite pieces of written wisdom. I found this many years ago and for those of you who've already read it – I believe it bears repeating; for those of you who've never seen it – I hope it touches you in the same way it has me.

I have these words hanging in my office and I try to make it an effort to read it daily. With the breaking of summer and the dawning of yet another year for me, I believe it to be wise counsel and I offer it to you who may need some guidance or perspective.

May this year bring peace, acceptance, love, authenticity and joy to you and yours and may you find solace in the 'universe unfolding as it should.

Be well; Live Meaningfully. 'Til the next time, Ayesha

Desiderata

o placidly amid the noise and haste, and remember what peace there may be in silence. As far as possible without surrender be on good terms with all persons.

Speak your truth quietly and clearly; and listen to others, even the dull and ignorant; they too have their story.

Avoid loud and aggressive persons, they are vexatious to the spirit. If you compare yourself with others, you may become vain and bitter; for always there will be greater and lesser persons than yourself.

Enjoy your achievements as well as your plans. Keep interested in your career, however humble; it is a real possession in the changing fortunes of time.

Exercise caution in your business affairs; for the world is full of trickery. But let this not blind you to what virtue there is; many persons strive for high ideals; and everywhere life is full of heroism.

Be yourself. Especially, do not feign affection. Neither be critical about love; for in the face of all aridity and disenchantment it is as perennial as the grass. Take kindly the counsel of the years, gracefully surrendering the things of youth.

Nurture strength of spirit to shield you in sudden misfortune. But do not distress yourself with imaginings. Many fears are born of fatigue and loneliness.

Beyond a wholesome discipline, be gentle with yourself. You are a child of the universe, no less than the trees and the stars; you have a right to be here. And whether or not it is clear to you, no doubt the universe is unfolding as it should.

Therefore be at peace with God, whatever you conceive Him to be, and whatever your labors and aspirations, in the noisy confusion of life keep peace with your soul. With all its sham, drudgery and broken dreams, it is still a beautiful world. Be careful. Strive to be happy.

Mas Ehrmann, 1927

Ayesha G. Bullock, M.A. practices at 2150 Park Avenue North, Winter Park, FL 32789 as a Registered Mental Health Counselor Intern and can be reached at ayesha@livemeaningfully.net or 407-796-2959.

Great rates on Vehicle Loans.



Let State Farm Bank® put you in the driver's seat for less money.

From cars to trucks; motorcycles to RVs, let State Farm Bank® finance or refinance all the things that move you. Bank with a good neighbor®.

CALL AN AGENT FOR MORE INFORMATION OR VISIT US ONLINE TODAY.



John Psomas 922 Lake Baldwin Lane, Suite A Orlando, FL 32814 Bus: 407-277-2997 Fax: 407-277-3682 www.johnpsomas.com



James E Ackerman 922 Lake Baldwin Lane, Suite A Orlando, FL 32814 Bus: 407-277-2994 Fax: 407-277-3682 www.jimackerman.net



OWENS REALTY SERVICES

Global Expertise with a Local, Personal Touch!

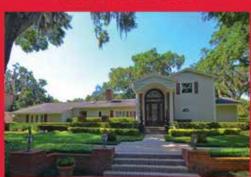
Two Spectacular Winter Park homes for sale!!

Call Anne today for your private showing

1300 Oneco Avenue



1370 Alberta Drive



Anne Millians-Roche—Broker 407-808-0798

amillians-roche@owens-services.com www.owens-services.com



in the garden by Stephen and Kristin Pategas

Blooming Privacy

Color, color and color -

many homeowners want plants with lots of flower color throughout the year.

Too often an opportunity is missed when the ubiquitous hedge contains only one type of plant – and invariably it is green in winter, spring, summer and autumn. What's a color lover to do? We suggest a design that includes a flowering shrub border! There are a plethora of attractive shrubs that bloom and reach a height to screen a fence, wall or the neighbors.

Combining a variety of plants with different forms, leaf textures and bloom times is not a new concept. Flowering plant borders of herbaceous (non-woody stems) perennial plants were de rigueur in Victorian gardens of the late 1800s and continue today. Supersize the plants and create a colorful textural screen.

When selecting the shrubs consider the ultimate potential sizes, leaf texture, foliage color, blossom color and season of bloom. Other factors include cold hardiness, whether the plants keep their leaves during the cooler months (critical for year around privacy) and their light level, soil and moisture requirements.

Space most of these shrubs four to six feet apart. Resist the temptation to individually alternate each shrub. Instead, plant two or three of the same shrub in a row and then switch to one, two or three of another type of shrub and repeat. The few loners worked into the border will act as focal points. If there is enough depth to stagger them, place the ones with a coarser leaf texture at the rear and more diminutive shrubs or ornamental grasses in the front.

The design steps:

- Select shrubs based on similar growing needs, form, leaf texture, bloom color and season of bloom.
- Determine the planted spacing for each type of plant. Space each of them accordingly so they can blend together without being cramped.
- Calculate the length of the border, sketch out a plan placing them in groupings and occasionally use one as an accent.

• Determine how many plants are needed.
Once your border is in place it's time to lightly trim it to promote fullness. As it fills in, make sure it isn't sheared. The shrubs must be allowed to develop flower buds that stay in place until they bloom. The sweet viburnum found in most gardens can develop white fragrant blooms if they aren't sheared away, but sadly that is usually the case. Let the shrubs mature in a pyramidal shape (wider at the base than the top) to the height desired. Use moderate hand pruning scheduled well before each plant's bloom time and follow up with regular light pruning. You'll have a flowering privacy hedge with pizzazz throughout the year – with color from the ground to eye level.





Above, Rondeletia leucophylla - Panama rose. Bottom, A maturing flowering shrub border at an eight-foot wall.







Top, Cestrum aurantiacum - golden jasmine. Middle, Justicia spicigera - orange plume. Bottom, Myrcianthes fragrans - Simpson's stopper.

Photos by Stephen G. Pategas, Hortus, Oasis.

Hortus Oasis (FL26000315) in Winter Park is a boutique garden design company specializing in residential, commercial and specialty gardens. Stephen is a registered landscape architect and Kristin is a certified landscape designer. Contact them at 407-622-4886/garden@hortusoasis.com



THIS ESTATE PLAN LOOKS JUST LIKE A LUXURY RESORT

[CALL IT THE BEST OF BOTH WORLDS]

The Mayflower. Smart. Secure. And Spectacular.

Close your eyes and think "continuing care retirement community" for a second. What do you see? Park-like grounds and walking trails? A pool and fitness center? A formal dining room? Perhaps.

But what about your own faux fireplace? Hardwood floors? Designer kitchen with granite countertops? Custom cabinetry and trim? Closet systems? At a *retirement* community...seriously? Seriously.

At The Mayflower, you have the freedom and flexibility to customize your home *and* your retirement lifestyle to make them uniquely *yours*. And while you're having fun doing that, you'll also have the guarantee of pre-funded long-term care in our 5-Star, Gold Seal Health Center. That's what prompted residents like Shelby and Sylvia Reaves to plan ahead and proactively make the move... because they *wanted* to, not because they *needed* to. How about you?

What's your plan for the future? Call today, and let's talk about it: 407.672.1620.



14 REAL ESTATE The Park Press | JUNE 2014

real estate in the parks by Scott Hillman

Men And Womens' Wish Lists For A Home Aren't Always The Same

Several recent surveys asked why Americans love home ownership and what they looked for in a home. A Gallup poll showed a

growing number of Americans (30%, up from 25% a year ago) saw real estate as the top long-term investment. This is especially true in a weatherfriendly market like Central Florida where median home prices are on the rise and a broad range of buyers- from singles and young families to

business professionals and retirees-find the lifestyle very appealing.

A National Association of Realtors survey also found that 66 percent of home buyers in 2013 were married couples, while a 2014 realtor.com survey noted men and women don't always agree on what they like about a home. Both their wish lists included the desire for outdoor living spaces (women 54% and men 46%), and a home's curb appeal (men 35% and women 29%). However, more women preferred open floor plans (42% to 30%), while 40% of men wanted a garage and 29% of women wanted a

home with updated appliances.

One of the more revealing statistics in the realtor.com survey was that 69% of all buyers liked a home so much that they were drawn back to looking at it more than once online or in person. Let's face it. Real estate is, and always has been, a highly emotional experience. But falling in love with a home can have a problematic side. The realtor.com survey showed 41% of women and 30% of men had a "crush" on homes outside their price range.

Strong emotional ties to a home can often blur a buyer's judgment and practicality and quash the chances of being able to walk away easily at any time. While there was no evidence in the realtor. com survey that showed buyers paid more for a home, history shows us that there are always cases where buyers stretch a bit beyond their comfort zone when push comes to shove, in order to land their dream home.

To help keep buyers grounded, it is important for buyers to work with a skilled real estate

> agent or broker. A good agent is your emotional firewall. He or she helps keep you on track so that you adhere to your original objectives and budget goals. And a good agent also negotiates on your behalf and creates a comfortable distance between you, the home and the numbers.

> The majority of men and women home buyers will agree on one thing. When it comes to security, controlling your own destiny and anchoring your family to a certain lifestyle, housing is and always will be the best investment, especially in Central Florida.

Scott Hillman is president of Fannie Hillman + Associates, a 33-year-old Winter Park-based residential real estate company that has for the past 15 years produced The Hillman Report, a detailed look at residential real estate in Orange and Seminole counties. View the report at fanniehillman.com or call (407) 644-1234 for a free copy.

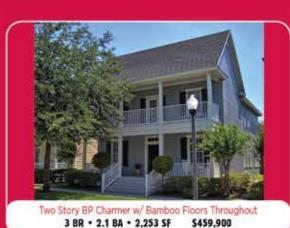
For More News, Information and Great Events, Visit TheParkPress.com!

Contact Fannie Hillman today and experience the support of Winter Park's largest independent real estate office.

Serving Central Florida for over 33 years

Hillman *Fannie* Hillman Hillman













We improve the lives of the people we serve.

205 W Fairbanks Avenue, Winter Park, Florida 32789 407.644.1234 800.283.6235 www.fanniehillman.com



Voted "Orlando's Best Real Estate Office" 2005, 2006, 2007, 2008, 2009, 2011, 2012 Orlando Business Journal

pop culture detours by George McGowan

An Appreciation Through Memories

One of my favorite bands, R.E.M., recently released a double album of the music from their two appearances on MTV's ground-breaking series "Unplugged." Listening to the album, "Unplugged 1991/2001: The Complete Sessions,"

brings back a flood of memories. Of course, around the time they began making music, there also was the Police, the Clash, and the Ramones. But, R.E.M. stands out for many reasons.

My first encounter with R.E.M. was after reading about the band in one of the many rock and roll magazines that I read in high school and college. Anybody remember "Trouser Press"?

remember "Trouser Press"? I can't recall anything specific from these stories, but all of them were adamant in their description of the new band out of Athens, Georgia. My curiosity peaked, I remember driving my college jalopy to the local record store and asking the clerk about the band. I will always remember what he said to me: "Listening to R.E.M. is a religious experience, man." Hyperbole at its finest, and in those days, you could persuade record store clerks to let you listen to a record before purchasing it. Yes, kids, it was the old days.

When you have a large collection of music, like I do, and you are older, like I am, you get the chance to revisit albums and artists that were past obsessions. Recently, I have revisited two obsessions from two distinct periods of my life. Both artists deserve much

more acclaim than they have received, although one has just been inducted in the Rock and Roll Hall of Fame.

Way back in 1979, when I was in high school, a little album named "Breakfast in America" was released by a band named Supertramp. Now, in 1979, my music taste was just developing. I

would soon become the music snob that I now am, dismissing most popular music for bands that were more edgy, defiant and "in your face." But, until then, I went with the crowd. And Supertramp was definitely with the crowd as "Breakfast in

America" rocketed to number one in the summer of 1979. The album had four top twenty hits in America, topped by "The Logical Song" which peaked at number six. Side one, song one was "The Logical Song" arguably one of the better opening tracks on a record album. But what made the album great was that it had an equally good song that opened side two, "Take the Long Way Home." Back in those days, when an album had a great track on side two, it gave you a reason to spring up from your bed to flip the record over and not simply let the record player re-play side one. Recently, a music

podcast that I listen to regularly (Sound Opinions) named "Take the Long Way Home" as a "desert island jukebox pick" so I dialed up the "Breakfast in America" album and listened to it again for the first time in many a year. More recently, in 1999, I first discovered an artist who I only knew from his novelty hits, "Short People" and "I Love L.A." This American original, Randy Newman, released an album named "Bad Love" in 1999, which many writers at the time mentioned was his return to popular song writing from many years of successful movie scoring. The reviewers of "Bad Love" convinced me to give the album a try and it opened up another world to me. Newman is obviously deserving of his recent induction into the Rock and Roll Hall of Fame as a song writer and singer. What made this album in particular meaningful to me were two songs: "Every Time It Rains" and "I Miss You." Both of these songs reconnected me to the love of my parents, who both passed away much too young. I encourage all of you to seek out these songs as the music is every bit as emotional as the words.

Make me cry every time! You can assume (and you would be right) that after hearing this gem, I would seek out more music by Mr. Newman. It is all wonderful. He can write in many different genres, many of his songs are laugh out loud funny (like "Political Science"), and many of them are thought-provoking and even intellectually challenging. I have too many favorites to name, so I will only close with by recommending another song, "Marie." And as an added bonus, you can also hear and see a wonderful cover version of "Marie" by up-and-coming country singer Caitlin Rose on vimeo.com.



theater in the parks by Barbara Solomon

Let's Build Community

There's a new theater in the parks! It's part of the College Park Neighborhood Arts & Theatre Center. It began about a year ago as a germ of an idea in the brain of Denise Badger, devoted resident of College Park. And it grew into a community project. CPN's mission is "to provide a venue for the College Park community to celebrate life through the enriching world of the visual and performing arts."

Their aim is to build a structure which will house a theater and provide space for local artists to display their works, along with room for classes in the visual and theatrical arts. The group hopes to produce concerts, plays, art exhibits and festivals, writing events, talent shows, educational workshops, dances, and much more. All they need now is a space to build their dream theater and donations from wonderful people to accomplish that aim.

The group recently produced their first play. Produced by Executive Director Bob DiCerbo, and directed by Larry Stallings, it was a rousing success. "You Can't Take It With You," written by Kaufman & Hart in 1936, is arguably the funniest play ever written. It is the story of a crazy New York family near the end of the Great Depression. The only sane one is the younger daughter, who has fallen in love with her boss' son. When he and

his parents come to dinner, mayhem ensues. Most of the audience walked out of the theater with a stomach ache from laughing so much.

CPN Arts & Theatre have many fun things in the works for the future. Their next theatrical endeavor will be in the fall, possibly a Neil Simon comedy. A talent show is also in the near future. So keep abreast of what is happening next on our Facebook page, cpnArts. Oh, did I forget to mention, yours truly is part of this endeavor, since my store is in College Park.

Funding is crucial at this juncture. CPN Arts is a non-profit, and any donations are tax deductible. Donors will be recognized on their "Donor Wall." Although they need several million to build their dream theatre, several thousand will help for now. They are cutely asking for donations of \$32.80, \$328.04, \$3,280.40, \$32,804, or any amount you come up with. To solve this puzzle, you must remember that the College Park zip code is 32804. Hope to see you at their next event!

BARB'S BEST BETS FOR JUNE: "SHOUT!" AT THE WINTER PARK PLAYHOUSE, "RUMORS" AT THEATRE DOWNTOWN, AND "HAIR" AT THE MAD COW.

16 SCHOOLS The Park Press | JUNE 2014

schools



Aloma Elementary

PRINCIPAL DR. DREW A. HAWKINS

We are still waiting for FCAT scores to be released for writing, reading, math, and science and will update you when they arrive. Our teachers and staff have worked very hard this year with your children, and we are confident in the progress they have made.

We appreciate your support with our PTA events this year. Our PTA worked very hard providing the following: Family Art/Specials Night, Goodies for Grandparents, Skate Nights, Book Fairs, Food Drive for Thanksgiving, Family Fun Nights, Pasta for Pennies, Muffins for Moms, the Art Show, Music/Story Night, Donuts for Dads, and the great Teacher and Staff Appreciation activities, along with other events. It took a lot of work to put on all these events, and we are grateful for all of the time spent by our PTA making them possible. We are always looking for parents to join and volunteer some time to continue making Aloma a great place to learn, and a great place to be!

Thank you also to our SAC committee members for coming out every month and helping with our strategic plan. We appreciate your input!

As always, we appreciate your help and your support! Thank you again for such a great year! We are "Team Eagle: Every Student! Every Day!"



It's hard to believe another school year has gone. We have a lot to celebrate as we close out the school year. Our first year in the Bring Your Own Device program allowed students to stretch their thinking and be creative using technology. Our students read more books this year and reached new heights in the Accelerated Reader program. The community raised funds to contribute to a new shade structure to be completed this summer over our kindergarten playground and to purchase new Google Chrome Books for the classrooms. This just highlights a few of the outstanding achievements this year. I hope everyone has a fantastic summer and don't forget to read and spend time with friends and family. I look forward to seeing everyone for the 2014-2015 school year.



As we conclude our first year in our new building, we would once again like to thank you for the support of the half-cent sales tax that made it possible. Our students and staff are enjoying the security and technology our new school provides. We hope you continue to support education so all schools in Orange County can be renovated allowing all students to have an ideal learning environment.

Summer is here and it's time for children to play and play, but we also want them to continue to read. There are many Web sites that build reading skills, but there is no substitute for reading an actual book. If you haven't already done so, please visit your local library and get your child a library card so you and your child can check out books all summer long. We hope you have a wonderful summer. Please remember that in order to conserve energy, all school offices are closed on Fridays during the summer.



Dommerich Elementary

PRINCIPAL DR. JUNELLA HANDLEY KREIL

Dommerich would like to send out a big thank you to all families, staff, and community partners for another fabulous year of learning. We wish everyone a safe and relaxing summer! We encourage students to keep their brains and bodies active as the seventy-five days of summer pass. Visit your local library, research a topic of interest, travel with your family on educational day trips, or simply read a book outside. If playing or training in the heat, please remember our Slop, Slap and Wrap program and wear your sunscreen, hat, and sunglasses. Whatever you choose to do, have fun and learn as much as you can every day!

As we enter June and our summer months, please mark your calendar for the following Dommerich events and dates: Fifth-Grade Awards Ceremony, June 2 at 9a.m.; Last Day of School, and Skating Party at Semoran Skateway from 6:15-8:15 p.m., June 4; Report Cards may be picked up in the front office starting June 12; Meet the Teacher, August 13 from 3:30-5:30p.m.; and First Day of School, August 18.



The community support here at Fern Creek Elementary never stops! A few months ago, Fern Creek Elementary was involved in a social media contest to get the most number of 'Likes' in order to win a special \$10,000 "Reading Oasis" from Scholastic, Inc. and Kiwanis of Greater Orlando - Winter Park. A reading oasis is a special area designed solely for reading, which will help greatly when our students need a quiet, relaxing place to read and to discover new adventures within books. With your support, we were able to reach 5,460 Likes, which put us in first place!

Since that announcement, Scholastic, Inc., Kiwanis of Greater Orlando -Winter Park, and Fern Creek staff have worked tirelessly to prepare the room. With volunteer support, our Reading Oasis has been painted green, yellow, and blue, books have been stamped to encourage students, and wooden book cases have been built. Altogether, volunteers have given more than 100 service hours to our school for this project. Many of our students will be able to enjoy a variety of benefits from this reading oasis by the end of the school year.

We can't thank these groups enough for their hard work, dedication, and resourcefulness in providing this unique opportunity for our students. Reading truly is fundamental, and it serves as the foundation of other academic subjects, develops higher vocabularies, improves concentration, and encourages an active imagination. With this support, our students will grow by leaps and bounds!

Do you have a particular set of knowledge that you wish to share with Fern Creek? We warmly welcome your involvement in the life of our school...! To inquire about opportunities to become involved, please contact the school principal at galatop@ocps.net.

Pictured at right, Fern Creek volunteers are prepping the Reading Oasis walls to be painted.





Scholastic, Inc. and Kiwanis of Greater Orlando - Winter Park volunteers lend a hand by starting to build the bookcases.



schools



What an amazing year it has been at Glenridge Middle School. And I guess it really is true. Time flies when you are having fun. My first year as the principal at GMS has been an amazing experience. Middle school isn't nearly as scary as I thought. The staff members are a dynamic group, dedicated to advancing the lives of the students they teach daily. I have also been blessed with a community that has rallied around making the middle school campus feel open and inviting. This dedicated group of parents, volunteers and community members has met the challenge of supporting the local middle school in every way imaginable. Glenridge Middle School has also thrust itself into the 21st century. Technology has been added and will continue to be added as we engage students using the tools of their time. As I reflect back on the last 10 months I am humble and amazed and proud to be part of a high-achieving organization that just really cares about people. Please continue to support GMS! It is the only way WE can truly continue to excel. My door is always open, thanks for all you do.





Hillcrest Art and Pasta Night was an amazing, spectacular, feel-good experience. Hillcrest parents and teachers displayed beautiful examples of their artistic experiences. The music from our Hillcrest Chorus and the Howard Jazz Band made the evening very special. The pasta dinner was delicious and everyone enjoyed it as they listened to the band. The generosity and thoughtfulness of students and parents made the event meaningful and proved that "together, we are more than the sum of our parts."

On Wednesday, May 7, Hillcrest Staff and Teachers gathered in the cafeteria to recognize the many ADDitions volunteers and Partners in Education who have helped the school throughout the year. The recognition ceremony was a way of thanking parents and Partners in Education for all of their support. Hillcrest Elementary is truly grateful to all those who have contributed to the success of the school. Their assistance to students and teachers has indeed been invaluable. The school thanks all of their parents and community members for their kindness and generosity.

Congratulations Hillcrest Hero, third-grade student Joris Laurin Deifel. Joris competed in Orange County's Top

Talent and won for his musical abilities as an accordion player. Joris highlighted his talents in a county-wide talent show that featured such acts as singing, dancing, instrumental and dramatic performances. All acts were comprised of students and faculty of Orange County Public Schools. Joris went on to compete among other final contestants on May 10 where he placed in the top 18 finalists. The school is truly excited for Joris!

Lake Sybelia Elementary PRINCIPAL DR. JULIE PARADISE

Our school year has ended and now we are getting ready to begin our Extended School Year program for our exceptional education students. We will also be hosting the YMCA Summer Camp for this area. It will be a busy summer as we all work together to be ready for the 2014-2015 school year.

Our summer hours will be Monday through Thursday from 7:00 a.m. to 4:00 p.m. If you need us, just come to the front office or you can call at (407) 623-1445. We will be registering children all during the summer and encourage you to register as soon as possible.

Please mark these very important dates on your calendar:

Wednesday, August 13

Class lists are posted on the front doors after 4:00 p.m.

Friday, August 15 Meet Your Teacher 1:00 to 3:00 p.m. Monday, August 18 First Day of School for 2014-2015 8:15 a.m. Have a safe and wonderful summer!



This month's article was written by one of Lakemont Elementary's fine teachers, Mrs. Lisa Huddleston

One highlight of our school year was a special visit from New York Times bestselling author Chris Grabenstein. Mr. Grabenstein enthralled the crowd of fourth and fifth graders, who had just finished reading his book, "Escape from Mr. Lemoncello's Library." He shared his "Rules of the Writing Game," demonstrated how to use the techniques of improvisation to beat writer's block, and described working with James Patterson to coauthor books like "I Even Funnier" and "The Treasure Hunters." The students were mesmerized by his clever and interactive presentation which left the students eager to do more writing on their own. Lakemont is especially pleased to learn that "Escape from Mr. Lemoncello's Library" has been placed on next year's Sunshine State Book List (2014-2015).

Continued on page 18

orlando museum of art

FLORIDA PRIZE in contemporary art

On view June 21 - Sept. 7, 2014

EXPERIENCE

FLORIDA'S BEST

CONTEMPORARY

ARTISTS IN ONE

EXHIBITION

Agustina Woodgate, Peacock (detail), 2010, plush toy fabric, 96 x 84 in., © 2010 Agustina Woodgate, Image courtesy of Spinello Projects, Miami, Florida



18 SCHOOLS The Park Press | JUNE 2014



New York Times bestselling author Chris Grabenstein enthralled the crowd of fourth and fifth graders, who had just finished reading his book, "Escape from Mr. Lemoncello's Library."

Speaking of Sunshine State books, Lakemont recently participated in the East Area Battle of the Books competition held May 7 at Timber Creek High School. The Battle of the Books is a reading incentive program which fosters individual pride and teamwork and encourages high quality and high quantity reading among students. Six of Lakemont's top readers (team captain Isabella Daily, Ava Bernard, Ashley Dorsey, Oliver Ignjatic, Gillen Manos, and Meredith Miller) became experts on the fifteen Sunshine State Books and demonstrated their knowledge of the books through team-based, game show-style competition. Sponsors Lisa Huddleston, (gifted resource teacher) and Vange Scivally (media specialist) prepared the dedicated group.

St. James Cathedral School PRINCIPAL MRS. GERRI GENDALL

Spring is in the air and summer vacation is just around the corner, but spring means there is plenty of action happening in and around our beautiful school. Our teachers provide an environment which allows students to develop and thrive.



A petting zoo and a local farmer visited and set up a mini-zoo for our preschool students at the school. The students were encouraged to hold the baby chicks; pet the baby goats, brush the horse's mane, and pick up the rabbits. Having special people visit the school motivates children to learn from new experiences. Throughout the year, we have used our A-B-Cs to generate word lists and as starting points for show-and-tell. We are preparing for a very special end-of-year musical production based around the barnyard! Our Pre-K chicks are getting excited to once again come out of their shell to perform.

SJCS third and fourth-grade students presented the Stations of the Cross at our annual Lenten Dinner. Our community gathered to reflect both on Christ's journey to Calvary as well as our discipleship with Him. Lent is an opportunity to open ourselves to growth in grace and to contemplate the gifts of faith. We are grateful to everyone who donated dishes for the meatless dinner and thank our wonderful parents who planned the Lenten dinner.

The Christ School Christ School HEAD OF SCHOOL JASON POWELL, ED. D.

Our eighth-grade students just returned from a week-long mission trip at Mission Emanuel in the Dominican Republic. I was blessed to accompany them, and could not be more proud of their work to support our friends in Santo Domingo. We accomplished several important tasks during our time there including finishing a concrete floor, painting a home, and reinforcing a retaining wall.

The students most enjoyed going into the community and building relationships with the neighborhood children. There were footballs being thrown, beach balls bounced and hair being braided by the children. Another highlight occurred

when our students spent a morning visiting with residents of one of the few remaining leprosariums in the world.

At The Christ School, we strongly believe in following Christ's example of serving others. The eighth grade class trip is the culminating experience of our students' K - 8 jour-

ney. The students see another part of the world, and serve others from a completely different walk of life. This trip strengthens their commitment to being others-oriented and deepens their understanding of Christ through selfless service.

As our students prepare to graduate and enter high school, we know that their experience at The Christ School has instilled in them confidence, leadership skills, and the importance of service to others. We know they are poised for success, and look forward to hearing about their next adventure.



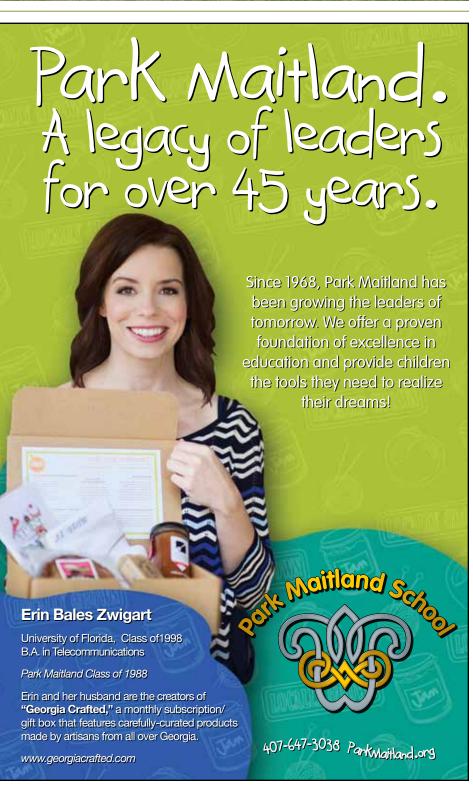


Winter Park High School Crew Wins State Championship

Winter Park High School's boys and girls crew teams combined to capture their 33rd FSRA State Championship in Sarasota. Leading the way were the boys and girls Varsity 8's who capped off undefeated spring seasons against scholastic competition. Also finishing first amongst scholastic competition were the girls Lightweight 8, boys and girls 2nd Varsity eights, boys and girls 3rd Varsity eights and the girls 4th Varsity eight. The crews continued their post-season when they traveled to Philadelphia, PA for the prestigious Stotesbury Cup regatta on the 16th and 17th of May and then again up north the following week to Mercer County, NJ for the SRAA National Championship regatta.

Crew Team: Kate Allport, Sarah Allport, Arseniy Atlanov, Jack Baylor, Joe Berger, Cameron Bertossa, Annabelle Bichler, Katy Bloodwell, Sarah Cantor, Daphne Caron, Jacob Carroll, Grace Castillo, Lauren Castillo, Aaron Cendan, Kendall Chapman, Justin Clark, Tatum Coleman, Alyssa Cosatles, Michael Dennis, Chloe DePriest, Yael Diamond, Christina Dolle, Lauren Fehr, Abbi Fitts, Lila Gabor, Tyler Garrison, Aurelia Gervasi, Amanda Gomez, Monica Gomez, Gabby Hammond, Joia Herbert, Madelyn Hightower, Jarrett Hill, Anthony Indorato, Katie Johnson, Ashley Jordan, Hannah Karter, Anum Keen, Zach Kelso, Katie Kinnaird, Molly Kinnaird, Michael Larson, Ben Lee, Benjamin Lewis, Kevin Li, Alex Long, Hannah Madison, Cameron Maun, Will Mazanec, Patrick McGinty, Spencer Meadows, Gisela Moreno, Meagan Moor, Emma Mullen, Samantha Nivison. Ian O'Grady, Kyle O'Neil, Railey Owen, Cliff Panos, Delaney Plunkett, Dean Price, Daniel Saldarriaga, Rachel Salvia, Josh Schwartz, Coral Sikkenga, Stephanie Slosser, Kaleigh Stough, Sara Suh, Rebecca VanValkenburgh, Myranda Vanderpool, Isabel Vasquez, Perren Vasquez, Marianne Vidale, Melissa Villareal, Lexi Walker, Austyn Wall, Isaac Ward, Jen Ward, Alex Willett, Elizabeth Wilson, Kimmons Wilson, Jordan Young, Sue Yu, Michael Zastawny, Vincent Zhu





COMMUNITY CALENDAR

Audubon Park Garden District Events

Ongoing Events

Every Monday night Community Market – 6:00 to 10:00 p.m. at Stardust Coffee parking lot located at 1842 E. Winter Park Rd. For information call 407-590-8776.

First Mondays of Every Month Story Time – 10:00 to 10:15 a.m. infants to 18 months, 10:20 to 10:35 a.m. toddlers, and 10:40 to 11:00 a.m. preschoolers at Leu Gardens located at 1920 N. Forest Ave. For more information please at 407-246-2620 or visit www.leugardens.org.

June 6 Date Night at Leu Gardens – Pack a picnic basket and a blanket and chairs, alcohol is permitted. Movie begins at 8:00 p.m. For more information please call 407-246-2620 or visit www.leugardens.org.

Baldwin Park, College Park and Orlando Area Events

Ongoing Events

Every Monday Smarty Pants - 10:15 a.m. Storytime for children ages birth-5 years old at the Edgewater Branch Library located at 5049 Edgewater Dr. For more information call 407-835-7323.

Every Wednesday Belles and Beaus Dance Club has dances every Wednesday from 7:00 to 9:30 p.m. at the Marks Street Recreation Complex located at 99 E. Marks Street. Join in for an evening of fun and dancing to music by the Soft Touch band. Refreshments are available. Singles and couples are welcome. Cost: \$5.00 per person. For more information please call 407-277-7008.

Every Thursday College Park Farmers' Market – 5:00 to 9:00 p.m. located at 1600 Edgewater Dr. For information call 407-999-5251.

Every Sunday Downtown Orlando Farmers' Market – 10:00 a.m. to 4:00 p.m. at Lake Eola. For more information call 407-246-3625.

Monday – Friday Each Week Seniors' Program in College Park – 9:00 a.m. to 1:00 p.m. at the College Park Community Center located at 2393 Elizabeth St. For information call 407-246-4361.

First Friday of Each Month The Art Stroll of Ivanhoe Village – 6:00 to 9:00 p.m. on Orange Ave. between Princeton and New Hampshire.

Third Thursday of Each Month Eunice's Healthy Cooking and Baking Workshop – 10:30 a.m. at the Edgewater Branch Libary located at 5049 Edgewater Dr. Food samples will be provided. For more information and to register please call 407-835-7323.

June 7 An Affair of the Arts Festival – 10:00 a.m. to 4:00 p.m. at the Campus of Valencia College West. This event includes arts, crafts, costumed characters, face painting and much more. For more information please call 407-625-8206.

June 13 Summer Fun Kickoff with Radio Disney! - 11:00 a.m. at the Edgewater Branch Libary located at 5049 Edgewater Dr. For more information please call 407-835-7654, or visit www.ocls.info/edgewater.

June 20 Meet a Gatorland Wrangler - 11:00 a.m. at the Edgewater Branch Libary located at 5049 Edgewater Dr. For more information please call 407-835-7654, or visit www.ocls.info/edgewater.

June 24 Open Your Heart Fundraising Breakfast - 8:00 a.m. at the Rosen Center Hotel located at 9840 International Dr. This free event is hosted by Community Based Care of Central Florida, the lead agency overseeing foster care and adoption in Orange, Osceola and Seminole counties. Advance registration is required by calling 321-441-2322 or emailing Debbie.Leon@cbccfl.org.

June 25 Chemistry of Cooking: Cut Calories and Cook Properly - 6:00 p.m. at the Edgewater Branch Libary located at 5049 Edgewater Dr. For more information please visit www.ocls.info/edgewater, and to register please call 407-835-7323.

June 27 Movieola - Event begins at 6:30 p.m. with featured movie "Despicable Me 2" starting at 8:00 p.m. at the East Lawn at Lake Eola. Food and beverages will be available for purchase in the park.

July 3 Red, Hot and Boom

- 4:00 to 11:00 p.m. at Cranes Roost Lake in Altamonte Springs. For more information please visit www.redhotandboom.com.

July 4 Fireworks at the Fountain

- 4:00 to 10:00 p.m. at Lake Eola. For more information please visit www. cityoforlando.net.

July 5 Independence Day Bash - 5:30 to 9:30 p.m. at Harbor Park in Baldwin Park.

Maitland Events

Ongoing Events

Every Sunday Maitland Farmers' Market at Lake Lily

Every Tuesday Preschool Stories

10:30 - 11:30 a.m. at the Maitland Public Library located at 501 S. Maitland Avenue.

Every Thursday Healthy Maitland Walk 6:30 a.m.; **Babytime** 10:30 to -11:30 a.m. and **Adventures w/Books Club** 2:30 to 4:30 p.m. at the Maitland Public Library.

Winter Park Events

Ongoing Events

Every Monday "Sit-to-Be-Fit" Chair Exercise Class – 10:15 a.m. at the Winter Park Community Center. This free class is designed for all ability levels and sponsored by the City of Winter Park. For more information please call 407-754-6190.

Monday - Friday "Art in Chambers" exhibit – Monday through Friday from 8:00 a.m. to 5:00 p.m. This free exhibit is on display at the City Hall Commission Chambers located at 401 Park Avenue South.

Every Friday (June 27 – August 1) Friday Family Films at the Morse – This free 90-minute program for children in grades K-5 and their parents or guardians includes a short film, a tour and an art project. For more information please visit www.morsemusem.org. For times and reservation please call 407-645-5311 ext.136.

Every Tuesday and Thursday "Hands-on Gardening" – 9:30 a.m. – noon at the Albin Polasek Museum & Sculpture Gardens. For more information regarding this free year-round event please call 407-647-6294.

Every Tuesday and Thursday Beginning Pilates Class – 5:15 p.m. at the Winter Park Community Center. For more information please call 407-671-9599.

Every Tuesday, Friday and Saturday Winter Park Benefit Shop

– the shop is located at 140 West Lyman Avenue and is open from 9:30 a.m. - 1:00 p.m. on Tuesdays and Fridays, and from 10:00 a.m. - 1:00 p.m. on Saturdays. Donate or purchase clothing, bedding, jewelry, kitchenware and more. Proceeds benefit various children's programs and the local branch of Orlando Blind. For more information please call 407-647-8276

Every Thursday Walk With A Doc – Enjoy a rejuvenating 30-minute walk with Florida Hospital physicians. This free event is held at 5:30 to 6:30 p.m. at the Crosby YMCA. For more information, or to reserve your spot, please call 407-303-1700.

Every Tuesday (July 1-July 29) Family Tours at the Morse – This free program includes a 45-minute guided tour through several galleries and an activity to take home with all the supplies needed for a travelinspired art project. For more information please visit www.morsemuseum.org. For times and reservation please call 407-645-5311, ext. 136.

Every Saturday Line Dance Class – 10:00 a.m. at the Winter Park Community Center. Beginners are asked to come at 9:30 a.m. to learn the basic steps. For more information please call 407-592-7835.

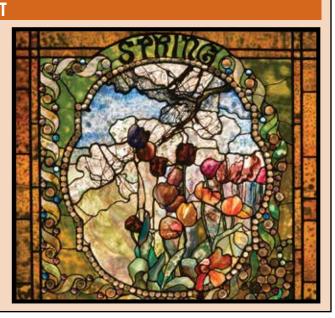
Every Sunday Music at the Casa – This free event featuring professional musicians and performers is hosted at Casa Feliz every Sunday from noon – 3:00 p.m. For more information call 407-628-8200 ext. 3 or visit www.casafeliz.us.

June 5 Winter Park Public Library hosts Garden Talks with Stephen and Kristen Pategast of Hortus Oasis – Noon to 1:00 p.m. (bring lunch). This month: "Plants Make the Garden." at Hortus Oasis. \$5 per session. Register online http://wppl.org/ or call 407-623-3279.

JUNE HIGHLIGHT

FAMILY TOURS AT THE MORSE MUSEUM JULY 1 - 29

Spring panel from the Four Seasons window, c. 1899– 1900. This panel is on view at The Charles Hosmer Morse Museum of American Art.



19

June 6 Helping Mature Drivers Find Their Perfect Fit – This free event is hosted by the Rollins Center for Lifelong Learning from 10:00 a.m. to 2:00 p.m. at the Hamilton Holt School parking lot located at 203 East Lyman Avenue. For more information please visit www.rollins.edu/rcll.

June 7 Summertime Kickoff! – Noon to 6:00 p.m. at the Winter Park Community Center located at 721 West New England Ave. For more information please visit www.cityofwinterpark.org.

June 12 Sip & Stroll – 5:00 to 8:00 p.m. along Park Avenue.

June 12 Popcorn Flicks in the Park – 8:00 p.m. featuring the showing of "Toy Story." Location is Central Park.

June 15 Father's Day at the Albin Polasek Museum & Sculpture Gardens – 633 Osceola Avenue. For more information regarding this free event please call 407-647-6294.

June 19 Business After Hours – 5:30 p.m. at Regus in Heritage Park. Cost for chamber member is \$5, non-members, at the door is \$15. For more information please visit www.winterpark.org.

June 20 Small Business Education Series – 8:00 a.m. at the Winter Park Welcome Center located at 151 W. Lyman Avenue. For more information and to register, please visit www.winterpark.org.

June 20 Shout! The Mod Musical – Show runs through June 29 at the Winter Park Playhouse located at 711 Orange Ave. For times and ticket information please call 407-645-0145.

June 20 Free CFAMily Day at Cornell – 2:00 to 6:00 p.m. at the Cornell Fine Arts Museum at Rollins College located at 1000 Holt Avenue. From gallery tours to hands-on art-making to scavenger hunts and games, there's something for everyone in the family. Programs designed for ages 6+, but all ages are welcome. For more information please call 407-646-2526 or visit cfam.rollins.edu.

June 21 Old School Pool Party – 5:00 to 8:00 p.m. at the Winter Park Community Center located at 721 West New England Avenue. For more information please visit cityofwinterpark.org.

June 24 Sustainability Action Plan Public Forum – 6:00 to 7:30 p.m. at the Winter Park Community Center located at 721 West New England Avenue. For more information please visit cityofwinterpark.org.

June 24 Ballroom Dancing – 7:00 p.m. for beginners and 8:45 p.m. for intermediate at the Winter Park Farmers' Market located at 200 West New England Avenue. (This is an eight week class, every Tuesday).

June 28 7 Principles for Maintaining at Healthy Home – 10:00 to 11:30 a.m. at the Winter Park Community Center located at 721 West New England Avenue. For more information please visit cityofwinterpark.org.

July 4 23rd Annual Hunter Vision Watermelon 5K – 7:00 a.m. on Park Avenue. This 3.1-mile run/walk also includes entertainment, free kids' run and a watermelon eating contest. For more information and to register please visit www.trackshack.com.

July 11 Coffee Talk – 8:00 a.m. at the Winter Park Welcome Center featuring Mayor Ken Bradley. For more information please call 407-599-3428.











65% OFF ENROLLMENT FOR EVERYONE!

PLEASE BRING THIS OFFER IN **TODAY!**

Offer expires 6/30/14. Certain restrictions may apply. Cannot be combined with any other offer. HS-3565

Monthly Memberships - NO Yearly Contracts!

- 500+ Monthly Group Exercise Classes
 To Fit Your Schedule
- Certified Fitness Trainers Ready To Get You On Track
- Basketball, Tennis, Racquetball, Squash Available
- Make A Splash In One Of Our Indoor Pools
- Supervised Fun For Kids Ages 0-11

PLUS SUMMER CAMPS

8701 Maitland Summit Blvd | Orlando, FL 32810 407-916-2442

RDVSPORTSPLEX.COM