

The Park Press

MARCH 2014

~ Positive news that matters ~

FREE

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Play Ball!

The Winter Park Babe Ruth 2014 baseball season opened on February 22 with a memorable Opening Day ceremony. Although rain was in the forecast, the skies cleared when 45 teams of approximately 500 players from age 4 to age 16- and all of them in crisp new uniforms -were introduced and recognized. Winter Park Babe Ruth has 640 young people registered for its nine divisions, five in baseball and four in softball. The president of Winter Park Babe Ruth, George McGowan, presided over the ceremony and presentations, which included recognizing five District Champions (two in baseball and three in softball) and one District Runner-up (baseball) from the 2013 season. The league is especially proud of the 16U softball 2013 District Champions, who went on to become State Champions and the first ever Southeast Regional Champion in league history!

The ceremony included a rousing rendition of the National Anthem sung by Winter Park High School student Kasey Cuda while the City of Winter Park Honor Guard presented our nation's colors. Mayor Ken Bradley of Winter Park greeted the ballplayers and the family members gathered for the festivities. The mayor and long-time league volunteer Winnie Hogue threw out the first pitches in baseball and softball, respectively.

In addition to these wonderful events, the ceremony included a special guest, Winter Park resident and former major league player and manager, Davey Johnson. Davey graciously addressed the gathering and was not shy about admitting his age by pointing out that he played youth baseball on the Ward Park ballfields 60 years ago! As he told some



Above, Davey Johnson tosses out the first pitch of the Winter Park Babe Ruth 2014 baseball season. At right: Jack Billingham, Ryan Missigman, Davey Johnson, Chloe Incinelli, Mayor Ken Bradley and Paul Missigman.

stories of his trials and triumphs while a youth baseball player, he was joined on the mound by his old friend and opponent, Jack Billingham, who also played in the major leagues and learned his trade on the fields at Ward Park.

Opening Day was a rousing success and a great event to kick-off the season for all 640 players and their families. The league president mentioned in his remarks that all those involved in the league were responsible for making



memories for the young people playing the games. He expressed his hope that all of these memories will be positive ones before ending the ceremony with the timeless shout of "Play Ball!"

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Publisher's Message



Rick Cable

With this issue I want to welcome all of the new residents to the area from the "great white north" who have proclaimed, "I will not go through another winter like that!" Seriously though,

I would love to see the numbers of those who migrate south after the winter of 2014. Over the past few weeks, I have had several conversations with people who have decided to relocate to the area. I find their conversations interesting because it's like they are selling Central Florida to me, and I'm a native.

It's great to hear what they have to say, as they are coming from different walks of life and different communities. I must admit, I often take living here for granted. At times I'm so focused on running from point A to point B, I don't take notice of my surroundings. Sure, I can think of a few cons to living here, like rush hour traffic and the seasonal pollen count, but the pros are too long to list.

One such pro came up during a recent conversation with someone new to the area. I

casually mentioned the words "dog park" while rattling off a long list of things to do in the area. I urged him to go to our website to find out what was going on. Then he said, "Wait, there's a dog park here?" Of course, I'm thinking everyone has a dog park, right? His next questions were, "Where is it and how much does it cost?" Yes, this was a moment that made me realize that I take living here for granted. However, I can tell you my foxhound doesn't. Fleet Peoples Park is her Disney World, and we make an effort to go at least once a week.

In closing, there are a lot of great events mentioned throughout this issue that are going on this month in our community. They range from a free safe driving course to the 55th annual Winter Park Sidewalk Art Festival. My hope is that you can get out to some of these events, and that you run across someone who's new to the area, and they try to "sell" you on this wonderful place that we all call home.

As always, thank you for reading *The Park Press* and we look forward to the great things to come.

Rick

Rick Cable
Publisher/Founder

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24 (Mon) Beginning Walk-Run Program Begins..... Blue Jacket Park
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25 (Tue) Five & Dime 5k and 10k Training Begins Blue Jacket Park
Presented by Track Shack Fitness Club

APRIL

26 (Sat) Run for the Trees 5k..... Showalter Field

JULY

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When I Grow Up

By Tricia Cable

As my 51st birthday approaches, I still find myself pondering the same old question that I have been asking myself nearly my entire life, "What do I want to be when I grow up?" As a child, it was a toss-up between teacher and stewardess (no disrespect, that is what we called flight attendants back in the day). By the time I was in junior high school, I was pretty sure I wanted to be an Osmond. But when Donny got married in 1978, I was in desperate need of a backup plan.

Since then, I have waffled between what I think I should do and want I really want to do. Oprah says, "Do what you love, and the money will come." Trouble is, I have done what I have to do for so many years now, I have sort of lost sight of what I would love to do. Don't get me wrong, there are many things in my life that I love doing, and I am healthy and happy. I just am not certain that I have fulfilled my life's purpose.

Maybe it is the unexpected death of 53 of an acquaintance through work that has got me wondering and in a bit of a hurry to figure it all out. Whatever the cause, I am grateful for the

motivation. And after some much needed soul searching and self discovery, I think I am on the right track. I have started to really pay attention to what brings me joy and what I truly enjoy doing.

The first phase or half of my life has been dedicated to a little bit of what I love and a whole



lot of what has been expected of me. That sounds like a whole bunch of backwards to me. That's why, it is my goal to ensure that the next phase or half of my life is packed full of what I love doing with a little sprinkle here and there of what needs to be done.

This type of transition won't happen overnight, but I think putting myself on a five year plan makes perfect sense. It's crazy, but in just five short years, I will have one child in college and the other one getting ready to graduate from high school. My timing may be just perfect, I may have my act

together in time for my empty nest! No regrets at the end is what I am shooting for. I want to make sure that when I check out, I can say that I have left everything out there, nothing left unsaid, nothing left unresolved and am completely secure that I have fulfilled whatever purpose I was destined to fulfill. Whether that is as complex as finding the cure for cancer or as simply to have been the mom to the child who will go on to save the world.

When I grow up, I want to be happy. I want to be proud of my accomplishments and driven to leave the world better than when I got here. I want to be confident, comfortable, sincere, compassionate, and most of all incredibly aware that most of everything that I do has an impact on myself and others. When I grow up, I want to be me. The me that I am meant to be. The me that I have worked so hard on all these many years.

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City Commissioner's Message

Commissioner Robert F. Stuart, City of Orlando District 3



Robert F. Stuart

We have weathered the storms (thankfully not like the ones in the rest of the country) and made it to March Madness! March is a great month to live in Orlando with an abundance of sports, arts and culture to enjoy.

We are excited that from March 20-22, our own Amway Center will host second and third round games of the NCAA Division I Men's Basketball Championship. For more information, visit ncaa.com/final-four.

This month brings the annual Arnold Palmer Invitational (arnoldpalmerinvitational.com) PGA tournament to Central Florida. From March 17-23, enjoy world class golf right here in our own backyard, which also raises millions of dollars to support the Arnold Palmer Children's Hospital and the Winnie Palmer Hospital for Women and Babies. Mr. Palmer always says that the hospitals are what he is most proud of in his legendary list of accomplishments. These hospitals also hold a special place in my heart, as my four precious grandchildren were all delivered at Winnie Palmer.

March is also a great month to watch tennis at our City's Orlando Tennis Center. From March 8 - 16, enjoy watching the women of the United States Tennis Association play in the \$10,000 Women's Open. Admission to all of the matches is free. Visit orlandotenniscentre.com for more details.

Speaking of sports in our Great City, visit orlando-venues.net for live shots of the Orlando Citrus Bowl

renovations. Many know that I have been a Little League umpire for my entire adult life and even got a chance to umpire in the Little League World Series in 2005. My love of the game runs deep, as does my affection for Tinker Field, baseball in Orlando and preserving our Great City's short but rich history.

Because of the recent publicity, there is a renewed interest in the community for Tinker Field, and for that I'm grateful. With the modifications to the Orlando Citrus Bowl, Tinker Field will be reduced to a size that is unplayable for almost every type of regulation baseball. But in the midst of this community discussion, I believe that there is ample room to commemorate and memorialize all that occurred on that field and upgrade an adjacent complex that will provide an opportunity for baseball to have a place in our community for years to come. I hope you will follow this project and share your thoughts with me as this project moves forward.

There are many other great events happening this month that allow our residents to enjoy Orlando's diverse amenities. On March 9, the Mennello Museum hosts its annual family day all afternoon. Enjoy free admission to the museum, which currently has some wonderful Southwestern-themed exhibits, as well as crafts and other activities for the whole family. Visit mennellomuseum.com for details.

March 15 and 16 is the Leu Gardens Annual Plant Sale. This is a great time to spruce up your yard, support local nurseries and receive great advice for all of your planting needs. Admission to the gardens is also free all weekend. For more info about this and other



Orlando Magic basketball camp kids give a "thumbs up" during their workout.

great events and happenings, visit leugardens.org.

Also on March 16 is an Arty Party at the Orlando Museum of Art. Enjoy making and taking your own "birthday cake" art to commemorate the museum's 90th anniversary. Their website is omart.org for more information.

As many parents try to figure out how to entertain their kids during spring break, we are fortunate to live in an area that boasts many fun and educational spring break camps. The Orlando Magic host spring break basketball camp at the RDV Sportsplex in Maitland and the Orlando Science Center also hosts science-themed camps for children in Kindergarten through sixth grade. Visit orlandomagic.nba.com and osc.org/camps for further details.

I'm excited about all that is happening in our city not only this month, but all year long. It is because of all of the great people we have working together to make our neighborhoods the best they can be - to all of you out there, thanks for your support! I look forward to seeing you around town soon.

-Robert

ROBERT F. STUART | COMMISSIONER, DISTRICT 3, CITY OF ORLANDO | 400 S. ORANGE AVENUE, ORLANDO, FL 32801 | 407-246-2003 | ROBERT.STUART@CITYOFORLANDO.NET

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This project is funded in part by Orange Co. Government through the Arts & Cultural Affairs Program.

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Winter Park Mayor's Message

Mayor Ken Bradley



Ken Bradley

On March 3, we held the official grand opening of the new City of Winter Park Train Station! Constructed on the same site our first train station was built on almost 130 years ago, the new station will serve both Amtrak and SunRail pas-

sengers.

Featuring Craftsman-style architecture, passengers will be surrounded by solid beams of dark cherry wood etched with delicate carvings. Shades of teal, green, royal blue and brown swirl about a beautifully laid tile wall—reminiscent of the colors of a peacock. From the new public restrooms to the Mission-style hardware on the fine wood cabinetry, the city's new train station will warmly greet or bid farewell to rail passengers as they arrive and depart our city. It is also the newest LEED-certified, city-owned facility, furthering our commitment to sustainability. We are also looking forward to the installation of the public art piece "Tree Whisperers" by local artist and longtime Winter Park resident Diane Gillett Boswell.

Rail travel has always been a very important means of transportation to and from our city. Maps from the 1800s show how our city was built and developed around its train station. It is exciting to have such a lovely station launch a new era

for our region—the first SunRail train ride scheduled for Thursday, May 1.

On Tuesday, March 11, the City of Winter Park is holding its General Election for City Commission Seat 2. I encourage each of you to exercise your right to vote. Precinct locations, voting times, and other important election information can be found on the city's official website at cityofwinterpark.org/elections.



The 55th Annual Winter Park Sidewalk Art Festival kicks off Friday, March 23 and runs until Sunday, March 25. More than 225 national and international artists will showcase their creations throughout the weekend.

Voted "America's Best Arts Fair" (by Art Fair Calendar.com) and Orlando's "Best Festival" (by *Orlando Magazine*) our city is proud to host the 55th Annual Winter Park Sidewalk Art Festival Friday, March 23, through Sunday, March 25.

More than 225 national and international artists will showcase their unique creations throughout

Central Park, in downtown Winter Park. The city's Bicycle & Pedestrian Advisory Board is offering free bike valet service that is convenient, safe and hassle-free for those riding their bikes. Crowds of more than 300,000 are expected during this grand event.

Winter Park now has an additional 90 public parking spaces available downtown. Located just across from the Winter Park Farmers' Market on Lyman Avenue, the former Public Works Administration Building has been demolished, making way for these additional public parking spaces. In addition, a city lot formally reserved for City Hall employees only has been opened for everyone to use due to the wonderful activities that continue to grow our downtown.

We have also started streaming our city commission meetings live, as they happen. This new live video broadcast allows you to watch our meetings without leaving your home or place of work by logging on to cityofwinterpark.org/cclive. Watch us on the second and fourth Monday of every month to stay tuned-in to official city business. We are doing this to make our meetings even more accessible to our citizens.

March signifies the beginning of spring in Winter Park. Please vote, enjoy the activities planned, and celebrate the great place we live.

Kenneth W. Bradley
Kenneth Bradley, Mayor

2014

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Maitland Mayor's Message

Mayor Howard A. Schieferdecker



Howard A. Schieferdecker

The Maitland Fire Rescue Department started a new outreach program in the elementary schools located within the City of Maitland and Town of Eatonville. The goal of the program is to allow on-duty firefighters to visit the schools and read to the children. The program is designed to help create a relationship with the children and firefighters in the com-

munity. It shows the children that there is a normal person behind the helmet, mask, and firefighting gear. When a young child is involved in an emergency incident, it can be a scary experience. They are surrounded by public safety officials who they view as strangers. By interacting with firefighters in a safe classroom environment, the children become more comfortable with the firefighters and know that firefighters are there to help.

The firefighters recently visited the Jewish Community Center for the first reading. They showed up 30 minutes

early to review the books that the teachers selected for the day. The firefighters dressed in normal duty clothes that are worn around the station, and fire helmets. Each firefighter went to a separate classroom and read a short story to the children. After they were finished reading the firefighters answered questions and allowed the children to share stories. It was a unique experience for everyone involved and one that will foster a healthy relationship between the children and firefighters.



An on-duty firefighter reads a book to children in a classroom.



County Commissioner's Message

Commissioner Ted B. Edwards, Orange County, District 5



Ted B. Edwards

Many District 5 constituents have been reporting crime, particularly property crime, is on the rise in their communities. As a victim of a home burglary myself, I know first-hand the sense of loss and invasion these crimes inflict on families and individuals and am committed to helping to reduce the occurrences of these crimes.

The Federal Bureau of Investigations' Uniform Crime Reporting (UCR) Program presents a bleak outlook on Orange County's property crime problem. The UCR program was founded in 1930 to give policymakers and the general public a better understanding of trends in criminal justice through the collection of nationwide crime statistics. The UCR program breaks property crimes into three categories: burglary, larceny, and auto theft. Although the data shows that property crimes are on the decline nationally, Orange County's property crimes rates have risen since 2010. In 2010, residents reported 13,783 burglaries, 31,055 larcenies, and 3,754 auto thefts to state and local law enforcement agencies within the county. In 2012,

14,034 burglaries, 32,034 larcenies, and 4,013 auto thefts were reported, a three percent increase in total property crime from 2010. Although an adjustment for the increase in Orange County's population since 2010 may reduce the increase upon individual residents, property crime impacts an entire family and sense of safety in our neighborhoods.

You can help deter criminals from committing property crime offenses in your neighborhood. You can take a few steps to significantly reduce the risk of becoming a victim. Keep your garage door or storage shed closed and locked and secure tools and equipment like ladders that criminals could use to gain access to your home. You would be surprised the number of crimes that could be prevented if residents simply closed their garage doors and sheds. Keep your yard well maintained; a well-maintained yard provides fewer hiding places for criminals. Ensure that trees and shrubbery do not obscure doors and windows or provide access to the second story of your home. Be sure your property is well lit. Consider installing automatic timers or motion sensors that activate exterior lights. Join your local Neighborhood Watch group. If one does not exist, ask your local police department or the sheriff's department to help you start one. If you live in an apartment or condo complex,

check the community on a regular basis for problems such as burned-out light bulbs, dark corridors, uncollected trash, or broken locks on mailboxes and doors. Report any problems to the complex manager or condo owners association as soon as possible. Park your car in a lit, well-traveled area. Be sure to lock your car even if you plan on returning in a few minutes, to prevent giving criminals easy access to your belongings. Vigilance can deter criminals and make the community safer for everyone.

I will continue to work with Sheriff Demings and other local law enforcement officials to reduce the impact of property crimes in

our communities. Nothing is more important than ensuring your safety and the security of your home and property. If you would like additional information on starting a neighborhood watch program or any other county issue, please feel free to contact me or my staff, Edgar Robinson and Lynette Rummel. We can be reached at 407-836-7350 or by email at district5@ocfl.net. In closing, close your garage door, lock your car doors, and be safe!

Ted B. Edwards

Ted Edwards
Orange County Commissioner,
District 5

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Karen Castor Dentel, PhD

Representative's Message

Karen Castor Dentel, PhD, Florida House of Representatives

Dear Neighbors: As a Florida native, I can't imagine living anywhere else. Like so many of you, I love our world-class attractions, year-round mild weather, bountiful lakes and parks and gorgeous beaches; all making Florida a top tourist destination. But have you ever wondered how people around the globe choose to come to Florida? One answer is VISIT FLORIDA! This public/private partnership was created by the Florida Legislature in 1996 to serve as the official marketing source for visitors' travel planning around the world. I recently attended their press conference at Orlando International Airport



where they announced a record number of over 94,000,000 guests in 2013!

As the Sunshine State enjoys a renewed commitment to tourism, thanks in part to the economic upturn, industry leaders were given their 2014 challenge: 100 million visitors to Florida! And to help meet that goal, an increase in funding is recommended in the governor's budget. In addition to the state funds, VISIT FLORIDA also raises money by recruiting companies such as Disney, Sea World, Busch Gardens, and The

Hertz Corporation to invest as partners through cooperative advertising campaigns and other promotional programs. These strategic alliances not only benefit theme parks but also benefit smaller attractions like Gatorland, DeLeon Springs State Park, the Orlando Science Center, and cultural festivals.

Studies have shown that for every dollar spent on marketing our state, tourists spend \$390 and generate \$23 in new sales tax collections. A strong sales tax base supports our great



schools and provides for vital infrastructure needs. As Floridians, we are well aware of our many treasures and we all benefit when we can share them with the rest of the world as well.

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Karen

Karen Castor Dentel, PhD
Florida House of Representatives

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Citizen Police Academy At The Winter Park Police Department

The Winter Park Police Department is now taking applications for its upcoming Citizen's Police Academy on their website at <http://www.wppd.org/community/cpa.htm>. The newly restructured program had a very positive response in 2012 and 2013 from the residents, business owners and other community stakeholders who attended. The Citizen's Police Academy is a commitment of every Tuesday night from 6 p.m. until 9 p.m. for eleven weeks.

In addition to the eleven weeks of classroom training during the Citizen's Police Academy, a four hour patrol ride-along is offered and a four hour Saturday Firearms Safety class is conducted. A Citizen's Police Academy experience is an all-encompassing view of the daily operations of Winter Park's Police Department while getting to know various members of the agency. Participants will learn about patrol, traffic enforcement, lakes patrol, DUI investigations, parking enforcement, homicide and Federal Task Force investigations, crime scene preservation and evidence collection, street crimes investigations, community services offered, S.W.A.T., K-9, crisis negotiations and School Resource Officer responsibilities, and other various police-related divisions.

Upon successful completion of the classes and training participants will receive a certificate of attendance and various complimentary treasures from the Winter Park Police Department. Classes are open to all Winter Park residents, business owners and community stakeholders and are limited to 35 participants. A minimum background check must be completed satisfactorily. The Citizen's Police Academy will be held on every Tuesday night from April 1 through June 10, 2014 from 6 p.m. - 9 p.m.

This is just one of the many special programs offered free of charge to the community; please consider joining us! To sign-up for the Citizen's Academy please visit www.wppd.org/communityevents/cpa.htm

We look forward to seeing you there!

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Check out the Home & Garden Section in this month's Park Press on page 16!

Continuing A Father's Legacy Through Scholarship

John Crossman, son of the late Rev. Kenneth Crossman, former pastor of Broadway United Methodist Church in downtown Orlando and later St. Paul's United Methodist Church in Melbourne, has a goal of raising an additional \$25,000 to fund his father's endowed scholarship at Bethune-Cookman University in Daytona Beach.

Crossman said his fundraising effort coincides with Black History Month. He hopes to reach his goal by April 4, the 46th anniversary of the assassination of the Rev. Dr. Martin Luther King Jr.; it also would have been Rev. Crossman's 81st birthday.

Crossman said his family launched the endowed scholarship in 2004 to honor his father's memory. "My dad believed in education and social justice. So do I, and I believe that investing in

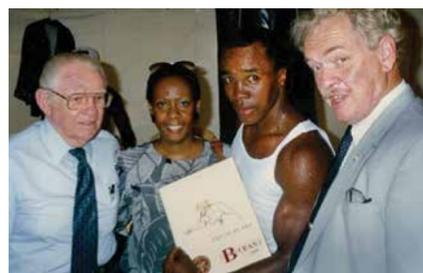
Bethune-Cookman is a wonderful way to honor both Black History Month and my dad."

"As a preacher's kid, we moved a lot but Bethune-Cookman University was always a part of our lives. The university's great Concert Chorale performed in every church my dad pastored," he said.

Rev. Crossman was also the pastor at churches in Casselberry, Deltona, Fort Lauderdale, West Palm Beach and Jacksonville.

He was known as a "bridge builder" of communities, Crossman said. "He specialized in getting people to work together for the greater good."

"Over the past decade the Kenneth C. Crossman Endowed Scholarship Fund at Bethune-Cookman University has helped students graduate and begin successful careers," Crossman said. "I can't think of



(Left to right) Bethune-Cookman University staff members with Sugar Ray Leonard and Reverend Kenneth Crossman in the mid-1980s.

a better way to remember my dad."

For more information, or to donate, please visit <https://collegeadvancement.cookman.edu>.

UCF Alumna To Play Major Role In The Future Of Downtown Orlando

Bridget Downes Keefe, former assistant director of the University of Central Florida (UCF) Alumni Association, and UCF alumna, has been selected as the new executive director for the Downtown Orlando Partnership (DOP). Keefe is a graduate of the UCF Rosen College of Hospitality Management and the UCF College of Health and Public Affairs.

In her new role as the DOP executive director, Keefe is responsible for overseeing daily operations and implementing strategic plans and programs for the association, working with board members and business leaders to enhance business and community relationships in Downtown Orlando through collaborative events and initiatives. Among her other duties, Keefe will manage all volunteer relations, marketing and communications efforts among all of

DOP business partners and members.

Keefe credits her experience as a UCF student and former employee for preparing her for her new role. "My time working with the UCF College of Business and Alumni Association exposed me to a network of some of the most impressive business leaders in the Orlando and Central Florida region," said Keefe. "The connections and learnings from my time as a student and employee at UCF have been invaluable to my professional growth. This includes the lessons I learned on customer service and event coordination as an undergraduate student at the Rosen College, the deep knowledge of public organizational management that I gained in my post-graduate studies in the UCF College of Health and Public Affairs. I con-

tinue to benefit from all of these experiences as I grow as a professional."

The Downtown Orlando Partnership is an association of volunteer board members and one executive director that manages over 200 corporate members. Members of the DOP include business professionals working in the area of finance, architecture, hospitality, healthcare, sport, public service and other professionals with a vested interest in the continued growth of downtown Orlando. To learn more about the DOP, please visit: www.downtownorlandopartnership.com.



Bridget Downes Keefe, executive director of the Downtown Orlando Partnership.

Spring Time Fashions

Looking for the latest spring fashions? Come on out to the Seminole Towne Center to see the best looks for the season. It's that time of the year to feel the sun and have some fun.

The spring runway fashion show is produced and presented by The Maile Image, Modeling & Acting School and all models ages 5 to 18 years are graduates

of the modeling program.

To kick off the show we have singers to entertain you and a special performance from The Maile All Star Performing Acting Troop.

The show is Saturday, March 8 at The Seminole Towner Center, located on the lower level center court at 2:00 p.m.

For more information please call 407-628-5989.



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Beware Of Tax Scams by Peter Pappas

There are many so-called tax resolution firms out there that will promise anything to get you to part with your money. You've probably seen them hawking their wares on late night infomercials telling you they can get the IRS to accept pennies on the dollar in settlement of your tax debt. If you have been approached by one of these outfits (and you will be), don't hire them if they have done any one of the following:

1. Sent you an unsolicited mailer - These bottom-feeders scour the public records for the names and addresses of people who have had a tax lien filed against them. They then send a letter the purpose of which is to either frighten you into hiring them or persuade you that they can easily resolve your tax problem. It is a violation of the Florida bar rules for a lawyer to send you a written solicitation for your business.

2. Given you a guarantee - It is illegal for a tax attorney, CPA or IRS Enrolled Agent to guarantee that you will get a certain result. People who do make these guarantees are doing so for the sole purpose of getting you to pay them. They are lying and you should never hire a liar to be your tax representative because that means they probably also have lied about their qualifications.

3. Rendered an immediate opinion - Any one who renders an opinion on your case before asking detailed questions about the nature and circumstances of your tax liability and your financial condition is a con man. Don't trust them and never, ever give them any of your money. You'll be sorry and end up having to hire a qualified tax advisor to correct the mess they made.

4. Tried to frighten you - Anyone who tells you that if you don't immediately hire them, the IRS will arrest you or initiate a criminal prosecution against you is probably lying through his teeth. He or she knows that the more scared you are, the more likely it is that you will pay them. Don't fall for this. A reputable tax advisor will tell you the truth about your tax situation, but will never tell you that if you don't pay them you'll go to jail.

5. Failed to maintain a local office where the work is actually performed - Most of these national tax outfits use commissioned salesmen to try to coax you into hiring them. These people are not qualified tax representatives. Their only goal is to make the sale. In other words, you cannot trust what they tell you. This is why tax lawyers and CPAs are not permitted to share fees with non-lawyers and non-CPAs, just as doctors are not permitted to pay non-doctors commissions for soliciting patients. Only an experienced

tax lawyer or CPA can tell you whether or not you need representation and whether or not there is a viable legal solution to your tax problem.

The Lies...Is that one penny on the dollar or 99 pennies on the dollar? Whatever it is, don't believe them. They are used car salesmen who cynically hope that you are naive enough to believe their pie-in-the-sky promises and give them your hard-earned cash. Once you pay these snake-oil salesman their optimism about resolving your tax problems ceases. It is immediately replaced by statements about how they can't resolve your problem unless you give them this or that document or take this or that action. Eventually, after their repeated requests for additional documentation, you become exhausted and realize that you are getting nowhere with them. In the end, they have your money and you still have a tax problem that's even worse because of the additional accruals of interest and penalties. And if you wanted to sue them - which you probably don't have the money to do, anyway - you have to go to another state to do so.

The Truth...The truth is that no reputable, experienced tax professional will ever render a legal opinion about your tax problem without first gaining a thorough understanding of your predicament and doing a detailed analysis of your financial situation. IRS settlements are very difficult to get and nobody, regardless of his or her experience in tax law, can tell you whether or not you will get one. An honest tax professional will tell you the truth about offers in compromises and ask for detailed financial information from you before predicting your chances of success.

Our Advice...Don't trust anyone who tells you he can resolve your tax problem unless and until he has asked for your financial information and taken a sufficient amount of time to analyze it. If he's making promises and giving assurances without first seeing this information, he is either incompetent or lying or both.



Peter Pappas is a tax attorney and a CPA. He and his Baldwin Park firm, The Pappas Group, have been helping Central Florida taxpayers with their problems for more than 25 years. Call Peter at 407-648-2555; email him at ppappas@pappaslaw.com; or visit www.pappastax.com

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When Ruth McDaniel and her son David agreed she needed a lifestyle with more security, she visited The Mayflower on the recommendation of friends. "Everyone there was so friendly and interesting, and the amenities were so far beyond what I saw at other communities. In the end, the choice was clear." Now living only a mile apart, Ruth and her three granddaughters enjoy cultural outings and Sunday brunches in The Mayflower's dining room. "The memories we've made here are priceless," she says.

"Mom is just as independent as always," adds David. "At the same time, it's reassuring to know she'll always be well cared for. As a family, we couldn't ask for anything more."

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Free Pro-Active Driving School Returns To Orlando

For Doug Herbert and his entire team at B.R.A.K.E.S. (Be Responsible And Keep Everyone Safe), one way to measure the success of their Teen Pro-Active Driving Schools is how often they are asked to return to a community which hosted the program previously, and conduct it a second time. Such is the case with Orlando where B.R.A.K.E.S. completed four sessions over the course of two days last November at the Manheim Orlando facility.

On March 15 and 16, B.R.A.K.E.S. will once again be setting up shop at the spacious Manheim Orlando to give teenagers and their parents the opportunity to hone and sharpen their focus and concentration when behind the wheel through the

intensive Teen Pro-Active Driving School, taught by B.R.A.K.E.S.' staff of professional instructors. Herbert, a Top Fuel drag racing champion whose two sons, Jon and James, lost their lives in a fatal traffic accident in 2008, created B.R.A.K.E.S. along with his sons' classmates and has watched how his non-profit 501(c)3 organization has made a lasting difference in the skill levels of young drivers and their parents.

"I've often said how Jon and James would probably still be alive today had there been a program like this available before we lost them. When you talk to kids and their parents after they've experienced the Teen Pro-Active Driv-

ing Schools, it's amazing to hear how they've learned a whole new appreciation for the concentration and conscientiousness safe driving requires."

The Teen Pro-Active Driving School sessions planned for Orlando will offer both morning and afternoon classes and are free of charge. (They require a \$99 refundable check to 'hold your spot.')

Please register online at www.putonthebrakes.org. Classes usually fill up fast so register now to insure a place for your teenager(s). For more information on B.R.A.K.E.S. or to make a tax-deductible donation, please log on to www.putonthebrakes.org.

Orlando Mayor Buddy Dyer Announces New Police Chief

Last month, Mayor Buddy Dyer of Orlando announced the retirement of police Chief Paul Rooney of the Orlando Police Department after nearly 28 years of service to the citizens of Orlando. Committed to ensuring public safety remains a top priority, Mayor Dyer has appointed John Mina, a 23-year OPD veteran, to succeed Rooney and serve Orlando as the 38th police chief.

"Over the last three years, under Chief Rooney's leadership our city has continued to see reductions in violent crime year after year," said Mayor Dyer. "Chief Rooney launched new domestic violence initiatives, enhanced outreach and support to the elderly, initiated a body camera study, placed a new emphasis on officer safety and training and made succession planning a priority."

As the newly appointed police chief, John Mina, 45, will oversee the day-to-day operations of the department and serve as chief counsel to the mayor in matters of public safety. During his

23-year tenure with the Orlando Police Department, Mina has worked in a variety of divisions, including West Patrol, criminal investigations, community policing, the training unit, and the drug enforcement division. He has also served as the division commander for both the North Patrol Division and the Criminal Investigations Division and served as staff director for the Chief of Police under former Chief Val Demings.

In addition to his regular job assignments, Chief Mina served as a member of the SWAT Team for 17 years and was the team commander. Most recently, he served as the bureau commander for the Patrol Services Bureau, the largest section of OPD comprised of 392 sworn and civilian personnel.

Chief Mina is a graduate of the 254th Session of the FBI National Academy and has also completed the Southern Police Institute Command Officer's Development Course. Chief Mina is currently working on a Master of Science in Criminal Justice

from Columbia College.

"I am confident that under Chief Mina's strong, capable leadership, the Orlando Police Department will continue to work diligently in protecting our community against crime while utilizing proven practices and developing proactive, innovative approaches to meet the growing and changing needs of our city," said Mayor Dyer. "Chief Mina has grown through the ranks of OPD over the last 23 years and remains committed to ensuring safety is a top priority for the City of Orlando."



Chief of Police, John Mina.



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March is National Colorectal Cancer Awareness Month. The #1 thing to do is fly in for a screening.

* Depending on your ethnicity, family and personal health history, your doctor may recommend earlier screenings.

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Florida Hospital Lays Foundation For Women's Health

Pink is the new gray for women's hospital foundation pour

On February 8, 2014, just after the sun set on downtown Orlando, members of the community watched pink concrete flow out of trucks onto the construction site for a new comprehensive women's hospital. Throughout the night and into the early morning, roughly 700 truck loads poured about 180,000 cubic feet of concrete. That's 48 million pounds of hope for a better future for women's health care.

For Dena Jalbert, a cardiology and obstetrics patient at Florida Hospital, it was a moment of

promise as she watched the pink concrete pour into the slab. Jalbert experienced severe cardiac problems after giving birth to her children, and knows firsthand the importance of a comprehensive women's health facility.

"Having a facility like Florida Hospital for Women is truly phenomenal - a place for women like myself to have access to all areas of specialty and have that care truly be coordinated," she said. "My two beautiful, healthy daughters are proof that comprehensive care can prevent critical problems

and make the unbelievable, believable."

The Central Florida community gathered to witness history in the making at the foundation pour event for the new comprehensive women's hospital, Florida Hospital for Women. This was the second largest concrete pour in Central Florida history following the 2006 construction of Florida Hospital's Ginsburg Tower.

However, this is much more than hundreds of trucks pouring concrete all night long. The concrete being laid is the foundation that will support women's health in our community. Florida Hospital for Women will be a comprehensive facility to treat the health needs of women in all stages of life. Services will include obstetrics, maternal fetal medicine, gynecologic oncology, women's surgery, neonatal intensive care, mammography, wellness and education, a lactation center and the High Risk Breast Center. The facility will answer the need for more comprehensive women's health care.



Work begins on the Florida Hospital for Women. Roughly 700 truck loads poured about 180,000 cubic feet of concrete into the slab.

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It is my honor to continue serving the citizens of District 3 and the Great City of Orlando for four more years. As I have during my last two terms as your city commissioner, I will continue to support public safety and smart growth for our neighborhoods. With your help, our city has weathered very difficult economic times. As we look toward a more prosperous future, I'm confident in all we can accomplish together.

As you have heard me say at almost every community meeting, "I'm humbled to serve the citizens of Orlando and District 3. It's a privilege I don't take lightly and one that I accept with great humility."

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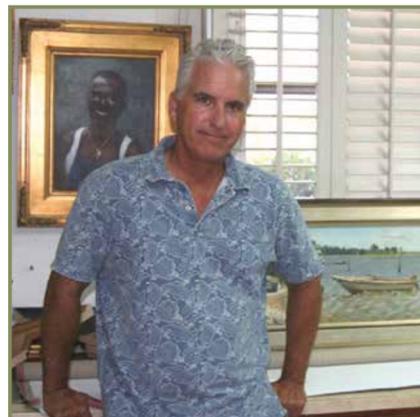
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The 55th Annual Winter Park Sidewalk Art Festival

March 21, 22 and 23, 2014

About The Artist Bill Farnsworth



As a 1980 graduate of The Ringling School of Art and Design, Bill Farnsworth has spent more than 30 years as an Illustrator and fine artist.

Born in Norwalk, Connecticut in 1958, Bill spent most of his life in New Milford, Connecticut, painting landscapes of the rural area while supporting himself and family with his growing illustration career.

A signature member of The Oil Painters of America, American Society of Marine Artists, and the National Oil and Acrylic Painters' Society, Farnsworth's paintings have appeared in many national shows and private collections throughout the United States. A nationally-known illustrator, Bill has seamlessly moved into the fine art field where he has garnered awards of excellence from the Oil Painters of America's national and regional shows.

Farnsworth said, "Every day life has a story, no matter how small, and deserves telling if it has the



right light. The light is what makes something very special or just forgettable." He continued, "If you travel to another country and don't know the language, no one will understand you. This goes for art as well. A painting with bad values, shapes, and edges will not convey to the viewer how the artist feels about the subject. My illustration work over the years has been the best training to put a picture together. Tight deadlines and being asked to paint everything under the sun was a great motivator to be resourceful."

"So today the learning process continues, and with it comes little steps of improvement. For me this is what makes painting so rewarding and fun.

Moments in life pass by us all the time and if we can capture the great ones honestly in paint and canvas then maybe it will make our lives better."

He won first place in the Fifth Biennial National Show in Punta Gorda, and Best in Show in the 2010 Cashiers paint out. Bill won a bronze medal in The 2013 OPA Summer Salon.

His work is represented by The Hughes Gallery, Galerie Du Soliel, JM Stringer Gallery, The Edward Dare Gallery, Mountain Mist gallery and Anderson Gallery.

For more information please visit www.billfarnsworth.com.

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The 55th Annual Winter Park Sidewalk Art Festival

About The Festival

Named America's Best Juried Fine Art Fair (Art Fair Calendar, 2013), **The Winter Park Sidewalk Art Festival** is one of the nation's oldest, largest and most prestigious outdoor art festivals. It is also ranked the #1 Best Fine Art and Design Show in the Southeast by *Sunshine Artist Magazine*, 2013. The Festival debuted in March 1960 as a community project to bring local artists and art lovers together. The festival is produced by an all-volunteer board and draws more than 350,000 visitors each year. This year, more than 1,100 artists from around the world applied for entry. An independent panel of three judges selected the 225 artists exhibiting their works. The Festival is also recognized as "Central Florida's Best Festival" *Orlando Magazine*, 2013; "Can't Miss" Arts Event, *Orlando Life*, 2013; and "Best Winter Park Event/Festival" *The Winter Park Chamber of Commerce and Winter Park/Maitland Observer*, 2013.

The wide variety of art is grouped into categories that include clay, digital art, drawing and pastels, fiber, glass, graphics & printmaking, jewelry, leather, metal, mixed media, painting, photography, sculpture, watercolor, and wood.

The artists in each of these categories are competing for 63 awards totaling \$72,500, with the Best of Show being awarded \$10,000. The Winter Park Sidewalk Art Festival Committee purchases the Best of Show art and donates it to the City of Winter Park, and all previous Best of Show winners are on permanent display at the Winter Park Public Library. There are also 10 Awards of Excellence; each is \$2,000. There are 20 Awards of Distinction; each is \$1,000 and there are 30 Awards of Merit; each is \$500. In addition, a \$2,500 Award for a Distinguished Work of Art is presented through the Charles Hosmer Morse Museum of American Art. A \$5,000 "Art of Philanthropy" purchase award is presented by the Edyth Bush Charitable Foundation.

The distinguished panel of judges for this year's festival includes Jerry Allen Gilmore, artist and curator formerly from Colorado and Arizona now residing in St. Paul, Minn.; Novie Trump, sculptor and installation artist working in ceramics and mixed media, from Mt. Rainier, MD; and Earl Wilson, curator and full time artist for past 30 years, formerly from Alabama, now residing in Hoosick, NY.

2014 Festival Schedule

Friday, March 21 and Saturday March 22:
9 am - 6 pm

Sunday, March 23: 9 am - 5 pm

Entertainment Schedule

March 21 – Friday:

4:30-5:15 p.m..... TBD
5:45-6:45 p.m..... BuzzCatz
7:30-9:00 p.m..... Kim Waters

March 22 – Saturday:

10:00 to 10:45 a.m..... Paint it Black (classical)
11:00 to 11:30 a.m..... Orlando Children's Choir
11:45 to 12:30 p.m..... Suzuki Institute (jazz)
12:45 to 1:45 p.m..... Orlando Brass Quintet
2:00 to 3:00 p.m..... Kenny Mackenzie Trio
3:15 to 4:15 p.m..... Robbie Hazen
4:30 to 6:00 p.m..... The Redcoats

March 23 – Sunday:

10:00 to 10:45 a.m..... Three Flutes Only (classical)
11:00 to 11:30 p.m..... Elevate Live Entertainment
11:45 to 12:15 p.m..... Bach Festival Youth Choir
12:45 to 1:00 p.m..... Biana Pinchuk
1:00 to 1:45 p.m..... Orlando Concert Band
2:00 to 2:45 p.m..... Daisy Cameron Wessner
3:00-4:15pm..... Matt Shenk Band



try the TapMap interactive festival map for Apple mobile devices
www.imageserve.com/tapmap.pdf

Free Quick Reader (QR) Download Instructions:
Apple App Store: Search on "NeoReader"

Parking

There are no designated parking lots for festival attendees. Parking is available on all of the side streets surrounding the downtown area where the festival is held. There are also a number of parking lots on the surrounding streets that charge a nominal fee by the day and are run by charitable organizations (Boy Scouts, church youth groups, etc.).

Disabled Parking

A limited number of disabled parking spaces are available on North Park Avenue between Canton and Garfield. This area is barricaded and a Winter Park police officer will allow entrance to anyone with a disabled parking hang tag.

To access this area, proceed north on New York Avenue and turn right onto Canton Ave. or proceed north on Interlachen Avenue and turn left onto Canton Ave.

Complimentary Bike Valet

Enjoy the festival while your bike is safely monitored. Located on Morse Boulevard across the street from the Amtrak Station parking lot, a free bike valet service is provided during festival hours by the Winter Park Pedestrian and Bicycle Advisory Board.



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Festival Map



home improvement

A Call For More Solar In the Sunshine State by Joe Collins

As energy consumption continues to grow in Florida, our state government needs to rethink our energy policies and aggressively promote renewable energy options, especially solar.

It's amazing how fast the focus of the energy debate has changed. Just a few years ago Florida stakeholders were weighing the benefits and drawbacks of drilling for oil off the Florida coasts. Then all of a sudden increases in natural gas production in the Northeast and Midwest switched the emphasis to building new pipelines in Florida and the argument over drilling for oil became moot.

In the meantime, the pluses and minuses of increasing our nuclear energy option are still being discussed along with the "clean coal" idea that for some is still considered an oxymoron.

But while we debate the merits of the more traditional energy sources, renewables continue to make steady progress in the Sunshine State. Wind, biomass and solar energy continue to claim a larger portion of the Florida "energy production pie" and more "talk time" in the offices and halls of the state legislature.

The challenge is moving the conversations from the offices and the halls of law makers in the state capital, to the committee rooms and legislative chambers where a strong, clear, consistent, renewable energy policy can be debated, voted on and enacted.

Even though we Floridians continue to use more and more renewables to meet our energy needs, overall renewable energy production is but a fraction of what it could be. And that is especially true of solar energy. Which is a shame because not only is solar energy



"Last year Florida ranked 18th out of the 50 states in terms of solar installations."

clean and safe, it is abundant here.

For those of you who investigated solar energy 10, 8, 6, 4 or even just 2 years ago and decided it was too expensive, it might be time to take another look. The costs have decreased dramatically for both solar photovoltaic systems that make electricity and solar thermal systems that heat water. First of all, the federal government gives a 30% federal tax credit for solar investments. Second, to its credit, Florida's various state sponsored solar initiatives and rebates have made it easier and cheaper to invest in solar products.

A host of solar initiatives have lowered solar costs substantially here in the Sunshine State. There are low-interest solar loans for individuals and businesses who invest in solar. There is a property tax exemption for putting solar on your home (on average the value of

your property will increase 9% when you put solar on your roof). We have net metering and feed in tariffs which allow homeowners and businesses to sell

the electricity they don't use back to their utility company. There are solar water heater rebates. For example, in Orlando if you buy a solar hot water heater, the Orlando Utility Commission (OUC) will give you a \$1,000 rebate. There are renewable energy credits. Again, in Orlando, OUC will credit homeowners 5 cents for every kilowatt hour of solar energy they produce. The average solar home produces around 10,000 kilowatt hours per year, so that's \$500 per year. But the best policy by far has been the solar system rebate programs offered by FPL, Duke, Gainesville Regional Utilities, Tampa Electric, and Gulf Power. These programs have offered rebates up to \$2 per watt which in some

cases, along with the 30% federal tax credit, have lowered the costs of solar installations by as much as 80%. For example, if an 8 kilowatt solar system covers all of your electricity needs, and you pay \$3 a watt to install the solar system, the initial cost is \$24,000. With the solar rebate, your cost is reduced to \$8,000. Add in the 30% federal tax credit and you are down to \$5,600. So for \$5,600, you would never have to pay for electricity again. That's a great deal!

Unfortunately, many of these initiatives and rebates have run out of funding or time. In addition, they are specific to certain areas and utilities, so not all Floridians benefit from the many solar energy policies that have been enacted.

What we need is a more robust and comprehensive solar energy policy that will benefit all Floridians. Many of the solar initiatives available in Florida today offer great incentives to employ solar in our residences and businesses; we just need our lawmakers to establish statewide policies so more Floridians will be able to "go solar."

Last year Florida ranked 18th out of the 50 states in terms of solar installations. In comparison, states like Massachusetts and Delaware, that are tiny and not so shiny, but have favorable state solar energy policies, each installed more solar panels than we did here in the Sunshine State.

It's time to put the Florida sun to work. Energy consumption is only going to increase and a more aggressive, comprehensive and long term solar energy policy would cut costs, protect the environment and put Florida on the road to a bright solar energy future.

Joe Collins is a Winter Park resident, and president of Collins International Enterprises.

in the garden by Stephen and Kristin Pategas



Stephen & Kristin Pategas

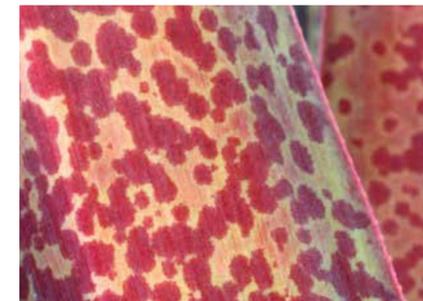
A Strong Mocha Without The Bite

In the landscape we love the look of bold foliage plants such as century plants, otherwise known as agaves. However their striking leaves are usually armed with sharp spines. For some gardens that we design we must shy away from plants that bite; since rambunctious dogs, small children, or those who play soccer may stray near one. So we were thrilled to discover a striking plant without spines. When we were introduced to the name Macho Mocha, our first thought was "Oh, a premium coffee drink for the strong willed." Then we discovered that *X Mangave 'Macho Mocha'* is either an intergeneric hybrid between *Manfreda variegata* and *Agave celsii* or a mutation of the former. Whichever it may be, this plant is a knockout specimen without the sharp-toothed or spine-tipped leaves of the agave. In fact, the leaves are rubbery.

This solitary rosette-forming succulent grows to 4 to 6 feet wide and 2 to 3 feet high. The thick, curving fleshy blue-green leaves are dappled with irregularly shaped reddish-brown spots at the bases that thicken and merge towards the tips. In spring, long-established plants may develop an 8-foot-tall red flower spike from its center that blooms with small creamy-white flowers. These nectar-loaded blossoms will attract pollinators and hummingbirds alike. After blooming, the mother rosette starts to wither and die. But fear not, new plants will have developed at the plant's base. We love this regeneration aspect. Ours bloomed in April and we had multiple pups to

pot up. After removing them from the main stem, let the bases dry for a week in the shade, then plant them in a well-draining potting mix and water lightly until they root.

Macho Mocha mangave prefers full sun, but tolerates partial shade. Plant it in well-draining soil and the mangave can take drought or regular watering. Tony Avent of Plant Delights who sells the plant from his mail order nursery in North Carolina, reports this mangave to be root hardy to 9°F, but protect it from frost to preserve the foliage. Local nurseries that carry Monrovia plants can also obtain this mangave. We planted one in a glazed green container that accents the leaves. Placed at our front door it stops visitors in their tracks. Give this plant a special place in your garden and watch the heads turn without any fear of a bite.



Macho Mocha mangave's fleshy leaves have distinct spots that merge toward the tip.



Select a container with a color to accent the colorful foliage.



At right, this eight foot tall bloom creates drama on our front terrace.

Photos by Stephen G. Pategas, Hortus, Oasis.

Hortus Oasis (FL26000315) in Winter Park is a boutique garden design company specializing in residential, commercial and specialty gardens. Stephen is a registered landscape architect and Kristin is a certified landscape designer. Contact them at 407-622-4886/garden@hortusois.com

Business Spotlight

Home Improvements For The Spring By Susan Pridgen, PB Interiors

With the housing market back on the rise we really need to think about keeping our homes up-to-date and in shape for resale. The best way to attain this, of course, is home improvements.

My first thought goes to the kitchen. If you haven't had the luxury of remodeling a dated kitchen, or have the funds, how about adding some new molding with a fresh coat of paint. Using new modern colors on existing cabinetry and adding stylish hardware can really update the look of your space and add dollars to the value of your home.

Another area that comes to mind is the entry, where clutter can accu-

multate. Why not make a great first impression and add a small storage system that can accommodate coats, backpacks, and shoes. Also, a bench with storage can help hide some of the unwanted clutter. Easy improvements like adding molding, switching out those outdated light fixtures, or painting that old brick fireplace can add real style to your home without breaking the budget.

Of course we don't want to forget the exterior. Putting some pots with colorful flowers by the front entrance will give everyone a warm welcome. Good luck with enhancing your home!

PB Interiors is an Interior Design Firm dedicated to detail located in Winter Park, Florida. For more information please go to their website www.pbinteriors.com or call 407-832-8933.

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fiscal fitness by John Gill

Are The Adults Back?

Exactly one year ago the title of the column I wrote was "Putting the Fun in Dysfunction." I went on to write about the sequester, the automatic, across the board spending cuts created because the president and Congress could not, would not, agree on the fiscal path the country should take in terms of budget cuts and deficit reduction. Eighteen months earlier, they created a task force and set the sequester in place thinking that the cuts were so politically unpalatable and draconian that they would never occur. Well, they were wrong!

Cutting the budget in a straight, across the board fashion is never the way it should be done. Budget management should be handled in a rational, systematic fashion to insure that departments, projects and agreed-upon priorities are funded in an appropriate manner and other, less pressing issues and items are not funded. With the political paralysis of the past several years and the inability to compromise gripping the executive and legislative branches of the U.S. federal government, the sequester actually signaled to both parties and to those branches of government that spending cuts, even recklessly executed, were not catastrophic to our country's economy.

With the political realities of the approaching mid-term elections starting to come into focus,

there have been two other recent monumental budget-related events. A budget funding the government through the rest of the fiscal year was passed in mid-January without much controversy and the debt ceiling was increased without issue.

With these confidence-building measures yielding some results, we should press our leaders to revisit the idea of true deficit and debt reduction. With the continued recovery in the economy, tax receipts are increasing and the budget deficit is forecast to come in lower than expected. However, the debt continues to increase. The latest debt ceiling increase raised the total allowable borrowing level by the U.S. government to \$17.2 trillion dollars. This amount of borrowing is not sustainable!

The United States is in an enviable position in the geopolitical environment. Our country is considered to be the most politically and economically stable country in the world. That perceived stability helps to maintain low interest rates which allow us to borrow that \$17.2 trillion at really low rates. The other hidden benefit for the U.S. is that the U.S. dollar is the international reserve currency. This means that most international trading transactions are priced and occur in U.S. dollars. This situation allows us to manage our currency in ways that benefit us in a manner not available to other countries. However, we will not retain our position as the reserve currency in definitely. Luckily, the change will not happen quickly either.



There are a number of countries agitating about the position of the U.S. dollar. Fortunately for us, not many countries in the international community want the Chinese Yuan, the Euro or the Japanese Yen, to take the place of the dollar, but more and more are listening to the concept of a basket of currencies for international transactions. As this effort gains adherents over the upcoming decades, the U.S. must start making substantial reductions in its outstanding debt. This really is a significant strategic and economic issue. The problem is that this is a long term issue which requires vision to be addressed in a meaningful manner and our political structure does not encourage or reward vision or long term thinking.

But maybe the adults are back, and maybe they have the vision needed to fix this problem, because vision is required if the fiscal fitness of our future generations and our country is to be maintained.

If you have questions, comments, or an area of financial interest you would like to see discussed in The Park Press, please call John at 407-353-0594 or send email to FiscalFitness@gmail.com. Follow John on Twitter, @john_gill1.

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Business In The Parks

Jackson, Collinsworth and Johnson Insurance Agency is pleased to announce that Erin Kelley has joined their team. In her role at the agency, Kelley will be responsible for new business development as well as providing service to clients.



Erin Kelley

There are a number of countries agitating about the position of the U.S. dollar. Fortunately for us, not many countries in the international community want the Chinese Yuan, the Euro or the Japanese Yen, to take the place of the dollar, but more and more are listening to the concept of a basket of currencies for international transactions. As this effort gains adherents over the upcoming decades, the U.S. must start making substantial reductions in its outstanding debt. This really is a significant strategic and economic issue. The problem is that this is a long term issue which requires vision to be addressed in a meaningful manner and our political structure does not encourage or reward vision or long term thinking.

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Mayor Kenneth W. Bradley of Winter Park was recently inducted into the University of Central Florida College of Business Administration Hall of Fame. He graduated from UCF in 1985 with a master's in business administration. The induction ceremony was held February 6 at the 15th annual Business Hall of Fame Awards Banquet at the Rosen Shingle Creek Hotel. Mayor Bradley has been serving the Central Florida area for decades. With 28 years of Central Florida healthcare experience, he also serves as the campus CEO of Winter Park Memorial Hospital, a Florida Hospital facility, and has acted as campus CEO (and COO) of Florida Hospital Kissimmee and COO of Florida Hospital's Celebration Health. Bradley is a member of the Winter Park Public Library board and the Wells Fargo Central Florida Community Bank board. He has received numerous awards within the community, including the Orlando Business Journal's "Central Florida's Most Influential Businessmen" award in 2010, and the 2011 Crystal Angel award from Adventist Health System.



Mayor Kenneth W. Bradley

The UCF Business Hall of Fame consists of 64 members who have made significant strides in their career, business and the communities they serve. Each member has made a substantial impact on the UCF community by improving the institution's reputation by their success, professionalism, and service to our community.

The Winter Park Memorial Hospital Family Foundation recently announced the appointment of Bob Owens as secretary of its board of directors. Owens also chairs the Philanthropy Initiative sub-committee. Bob Owens has been a member of the board since 2010. In addition to being involved in the Winter Park Memorial Hospital and other non-profit community groups, Owens is the president & CEO of Owens Realty Services. Within the past five years, he relocated the full-service real estate services company to Central Florida. Owens and his team currently manage close to \$1 billion in real estate net worth, and the Owens Realty Services portfolio includes Florida-based properties, such as commercial/investment properties, high-rise residential com-

plexes, public and private school systems, college and university campuses, state judicial facilities, government buildings, places of public assembly, and commercial and medical facilities. Today, the company employs approximately 1,000 real estate industry professionals within four states.

Resource Consulting Group (RCG), an Orlando, Fla.-based fee-only financial planning and investment advisory firm, recently announced that Gregg Biro became a shareholder in the firm. He is currently director of business development and joined the firm in 2010. Biro has more than 25 years of experience in the wealth management and technology industries. Biro is a graduate of The Ohio State University where he earned a bachelor's degree in both information systems and business marketing.

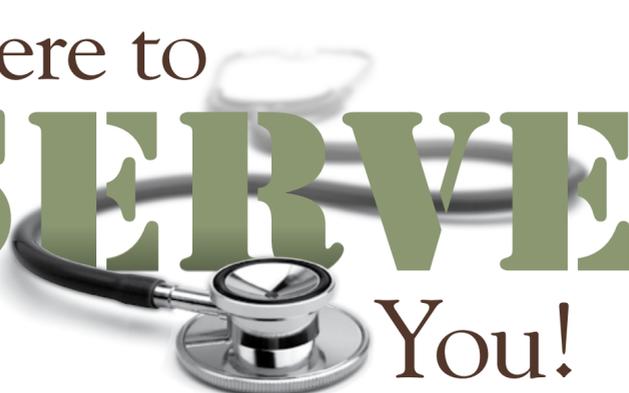


Gregg Biro

Junior Achievement of Central Florida recently appointed Kathy Panter as president of the organization. For the last fifteen years, Panter has served in numerous senior-level positions in the inde-

Continued on page 22

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After Serving in the Military, Now Making Your Health Care an Order.

New doctor brings impressive accolades to the practice. Dr. Rensberry served as a brigade surgeon in Iraq/Kuwait and was the Medical Director at Fort Benning, Georgia where he treated newborns, pediatrics and adult patients. He also was instrumental in teaching the future physicians of the Martin Army Family Residency Program. With advanced course work and medical training, Dr. Rensberry stays up to date with the latest medical research and is sure to keep patients of Winter Park in "tip top shape". Fluent in English and Spanish.



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Continued from page 21

pendent sector. Her most recent role was vice president of investor relations for Central Florida Partnership, where she has been responsible for ensuring the financial success of the organization. Prior to that, she served as a senior account executive for the Orlando Regional Chamber of Commerce - earning "Salesperson of the Year" each year she served. Panter graduated from the University of South Alabama with a bachelor's degree in international marketing and completed the Crummer Management Program at Rollins College. An active member of the Orlando community for the last 25 years, she currently serves as the chairperson of the Downtown Orlando YMCA.



Kathy Panter

Winderweede, Haines, Ward & Woodman shareholder Ryan E. Davis was recently elected to the executive board of the Central Florida Bankruptcy Law Association (CFBLA). The Central Florida Bankruptcy Law Association is a



Ryan E. Davis

non-profit organization that supports the collegial and professional practice of bankruptcy law in the Orlando Division of the Middle District of Florida, through continuing education and service to the bench, bar and community. The organization serves all bankruptcy practitioners in Orange, Osceola, Seminole, Lake and Brevard Counties.

Maureen Covelli, an RN and a nursing faculty member at the University of Central Florida since 1989, has been appointed the associate dean for undergraduate affairs at the College of Nursing. She began her new position earlier this month after serving as interim associate dean since August. Covelli is former chair of the college's Faculty Association and Leadership Council, and is an associate professor with primary teaching responsibilities in the baccalaureate program. She also holds a courtesy appointment at the University of Florida Department of Physiology and Functional Genomics. She has published research on hypertension, has developed cardiovascular health-promotion intervention programs to decrease hypertension risk in adolescents, and has presented her research to regional, national and international



Maureen Covelli, RN

scientific conferences. Covelli earned a nursing Ph.D. with a minor in physiology from the University of Florida, a master's degree in adult health and nursing education from New York University, and a bachelor's from Hunter College-Bellevue School of Nursing in New York.

Hold-Thyssen Real Estate Services, a commercial property firm based in Winter Park, with offices in Tampa and Nashville, reports its lease transactions volume grew by more than 30 percent in 2013. R. Anthony Fisher, vice president of Hold-Thyssen Real Estate Services, said the firm's lease transactions in 2013 totaled more than \$1.1 million. Hold-Thyssen provides commercial property and leasing and management services to institutional and private investor clients nationwide. The 40-year old firm's current portfolio includes more than 100 commercial properties throughout the United States.



At left, Fresh Market at Grand Oaks Village is an example of Cuhaci & Peterson Architects work.

Cuhaci & Peterson Architects, Engineers, Planners, ranked as one of the most active architectural firms in Florida and averaging more than two million square feet of retail space annually, is expanding its offices in Orlando and Philadelphia. Jed Downs, president of Cuhaci & Peterson Architects, said the firm will open a new branch office off Maguire Road in Orlando this month. The firm's headquarters facility is located in Baldwin Park. The new facility will provide 8,200 square feet of professional office space and 40 architects, engineers, project directors and support staff will be located there. The story is the same in Philadelphia, where Cuhaci & Peterson opened a 2,000 square foot branch office one year ago. Downs said the firm is expanding its Philadelphia facility to 3,300 square feet. Among the firm's best-known retail clients are Publix Super Markets, Inc., Winn Dixie, The Fresh Market, LA Fitness, Seasons 52 Restaurants, Ale House, Walmart and Wawa. Cuhaci & Peterson Architects opened its doors in Orlando in 1978.



Ayesha G. Bullock

live meaningfully by Ayesha G. Bullock, M.A.

The Need For More Margin In Life

So, on the heels of my grand declaration about creating more margin in my life... I find myself considering writing about what to do when you feel stretched.

The other day I commented to a friend that I felt like taffy... she replied that she thought string cheese was a better fit.

Awesome. Okay - so, I continue to work to create more margin in my life and figure out from where it can come and into where I shall insert it. Hope springs eternal. However, at the same time, I also recognize that sometimes (even with margin in our lives) we feel the impact of being pulled in a number of different directions.

Alas - what to do when there are more things to do and people to whom to attend than there is of you? I find that this happens to almost everyone I know. However, some people are just better at managing it. In some cases it's that they're better time managers, in some cases it's that they really have no issue drawing boundaries, and in some cases they just don't even notice it so it doesn't seem to concern them. As I know I will always be aware of it, I suppose that means that I will have to be better about drawing boundaries and about managing time.

Sometimes I think we have to slow down to do more. With getting slower, we have more time

and mental space to be more intentional about our choices. We have the perspective necessary to see clearly what's really important and what's not. We have the opportunity to prepare and plan. And we have the benefit of slowing our system out of a reactive, adrenal pattern so we may actually choose our response with clarity.

Though slowing down seems antithetical to having a long list of things to manage, I made myself stop writing this article and took the weekend to do my own little experiment and report back. (How very Bridget Jones of me.)

Nonetheless, this weekend we had plans each night Fri/Sat/Sun with different people. (This is ordinarily a reality that would have stressed me out as I'm sort of introvert and I relish precious down time on the weekends.) However, I approached this weekend differently than I normally would have.

First- I gave myself permission to reschedule any of the plans we had if it was just too much. (I didn't end up doing this as the friends we were seeing are true, wonderful and easy friendships with whom we could make it as relaxed an evening as we wanted.) But having the 'out' really helped me to see each social interaction as a treat and not just one more appointment on my calendar.

Secondly, I mindfully cut out some of the things on the never ending to-do list. Do my flower beds desperately need weeding? Yes. Did it have to be this weekend? Apparently not. (As I did not weed, and yet the world continued to spin on its axis.)

And third - I made sure to add a few things for which I may not ordinarily have made time. (Working out, church, a phone date with my best friend from Philadelphia.)

Simple enough weekend - can't say that it was earth shattering or 'exciting' per se... but do I feel significantly more relaxed and am enjoying a better perspective at this moment than I did when I first began to write this article. Margin is not a magic and elusive reality, nor is perspective.

Stepping back, doing less, slowing down and choosing to engage meaningfully - perhaps it really is that simple. Will the calm and restoration I feel right now last all the way into the middle of a hectic week? Perhaps not, but that's why it's a 'practice' and one to which I will remain committed and in which I will remain engaged.

So, I encourage you to find: those little places to 'give yourself permission' (whether social events, weeding or otherwise) and those little ingredients that add meaning and grounding to your life (whether time with a special friend, spiritual reflection or otherwise). It'll have more of an impact on your basic sense of peace than you anticipate.

Be well; Live Meaningfully.

'Til the next time,

Ayesha

Ayesha G. Bullock, M.A. practices at 2150 Park Avenue North, Winter Park, FL 32789 as a Registered Mental Health Counselor Intern and can be reached at ayesha@livemeaningfully.net or 407-796-2959.

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Business Spotlight Vitamins: Fact Or Fiction? By Dr. Neha Doshi, MD. More than 50% of Americans take some vitamin for numerous reasons such as disease prevention, weight loss, memory preservation, joint health, common colds, etc. Vitamin industries in this country make billions of dollars preying on our desire to be healthy.

WHOLE FOODS MARKET Whole Foods Market, Winter Park 1989 Aloma Avenue, Winter Park FL 32792 Open 8:00 a.m. - 10:00 p.m. 7 days a week

schools

Aloma Elementary
PRINCIPAL DR. DREW A. HAWKINS

Thank you to everyone who came out to the ninth annual Fast Start Invitational Track Meet on Saturday, February 1 at Showalter Field. The students had a great time participating, and fun was had by all. We'd like to give a special thanks to our P.E. coach, Mrs. Kathy Styron, and also to her assistant, Ms. Stephanie Chandler, for all of their help making this event such a success!

Our next SAC Meetings will be on Tuesday, March 4 and Tuesday, April 1, at 8:00 a.m. PTA will be hosting Skate Night at Semoran Skateway on March 4, from 6:30-8:30 p.m. We hope to see many of you there. Please remember that there will be a student holiday on Friday, March 21. Spring Break Week is Monday, March 24 through Friday, March 28. Students will return from Spring Break on Monday, March 31.

Thank you to our third, fourth, and fifth grade teachers for holding parent informational meetings regarding FCAT testing. Several tips for FCAT: It is very important for your children to be on time for testing. Once testing starts, we cannot interrupt the classroom on any days if they are tardy. Make sure they get plenty of rest, and eat a healthy breakfast. These tips will help give the students the opportunity to do their very best. Below is the testing schedule:

- Monday, April 14**
Reading Session 1 - Grades 3, 4, 5
- Tuesday, April 15**
Reading Session 2 - Grades 3, 4, 5
- Wednesday, April 16**
Makeup Testing - Grades 3, 4, 5
- Thursday, April 17**
Math Session 1 - Grades 3, 4
Science Session 1 - Grade 5
- Friday, April 18**
Math Session 2 - Grades 3, 4
Science Session 2 - Grade 5
- April 28 - May 7**
Math - Grade 5 computer testing

As always, we appreciate your help and your support! We are Team Eagle: Every Student! Every Day!

Brookshire Elementary
PRINCIPAL DR. MARC RUMMLER

We spring into March from a very active February. Many students and staff members participated in a variety of fitness activities in February. March will bring some extra-curricular activities for Brookshire students, such as our Student Talent Show on the 13th, an Art Show on the 18th, and a Skating Party on the 19th. March 31st will start the last quarter of the school year.

We would like to extend a huge thank you to the current class of Leadership Winter Park and to the Leadership Winter Park Alumni Association for their commitment to Brookshire and all the local schools. Since 1998, they have raised money

for schools and every year the donation has increased. The proceeds this year they donated to each school from their annual pancake breakfast in December was incredible. Thank you Leadership Winter Park and to all the residents who love those pancakes!

Dommerich Elementary
PRINCIPAL DR. JUNELLA HANDLEY KREIL

Dommerich Elementary is "warming up" after several cold months of learning! We were thrilled to race alongside other local elementary schools at the Fast Start track event, and to celebrate healthy movement at our own Dommerich Chiefs on the Run 5K in February. We now turn our faces toward a sunnier spring, and focus on showing all we have learned this year. In March, students will be fine-tuning grade level skills and gearing up for assessments. We will host the East Learning Community Mathletics competition and continue practice for the upcoming Science Olympiad event in May.

As we enter March, please also mark your calendar for the following Dommerich events: Skate Night at Semoran Skateway on March 6; Walk N' Roll on March 12; Dommerich PTA's Big Chiefs Night Out on March 13; Maitland Art & History Museums' Dommerich Family Day (Interactive Garden Sculpture Party) on March 15; Fun Day and end of 3rd marking period on March 20; no school on March 21; and Spring Break from March 24-28.

Enjoy a safe and relaxing Spring Break!

Fern Creek Elementary
PRINCIPAL DR. PATRICK GALATOWITZ

Spring cleaning allows us to renew our sense of space, and it just doesn't happen within the home! Fern Creek is no exception to that rule. Since the beginning of the school year some bigger projects had fallen to the wayside; however, with the help of committed volunteers, no task is too large.

The X Club fraternity brothers, a local long-standing fraternity at Rollins College since 1929, have deep roots in community service and engagement. They have been so kind to us for the last several years, and we are so appreciative of their hard work and dedication. In the past, they have helped us create a long jump area for our physical education class, painted our basketball court boundary lines, and more.

These young men tackled many different projects, like rearranging classroom furniture in our Mentor Room to maximize space used by students, our food inventory was condensed and organized, snack packs were made for up to two weeks, and generous amounts of donated clothing were organized into our closets. Their eagerness and energy to lend a hand was inspiring, and proved that teamwork is required to complete goals with efficiency and speed.

Thank you, X Club!

If you want to join our strong ranks of community volunteers, we warmly welcome your involvement in the life of our school. To inquire about opportunities to become involved, please contact the school principal at galatop@ocps.net.

Glenridge Middle School
PRINCIPAL TREVOR HONOHAN

Hello parents, in a continued effort to create a world-class learning environment at Glenridge Middle School, I am asking that you spend a few minutes completing an online school effectiveness survey. It can be accessed from any computer with an Internet connection. The responses and results are anonymous. The School Advisory Council will use the compiled data to outline a direction for the 2014-2015 school year. The overall goal is to use your feedback to show continuous school improvement. The survey is active now and will close on April 1, 2014. The link below will take you directly to the survey. Thank you for your time and continued support!

https://vovici.com/wsb.d11/s/1086ag5578b/School_Effectiveness_Survey_Parent

Hillcrest Elementary
PRINCIPAL RUTH N. ORTEGA

Hillcrest Elementary is an Orange County public school and a foreign language magnet program, offering opportunities for students to learn French or Spanish. During the year, each foreign language academy celebrates French or Spanish language, culture, and food. In addition to the regular curriculum and the foreign language instruction for all magnet students, Hillcrest offers many special areas including art, music, computer, media center, and physical education.

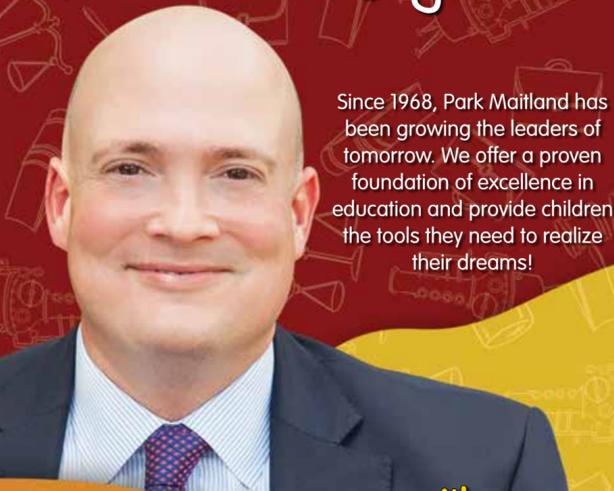
Hillcrest has had a great start to 2014. Honor roll ceremonies celebrated students' academic achievements. For Black History month, the morning news crew highlighted the contributions of Black Americans. Congratulations to the Hillcrest students who have artwork on display at the Orlando Museum of Art and to the recent Spelling Bee participants and winners. We are proud of our students' achievements.

Thank you to Annemarie O'Brien, author of the novel "Lara's Gift" (set in Russia in 1914), who visited Hillcrest and shared with our students her inspiring stories and tips about writing. Science Night allowed students to have fun exploring hands-on science activi-

Continued on page 25

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Andrew Asher
B.A. University of Delaware
J.D. Thomas Jefferson; San Diego, CA
Park Maitland Class of 1985
Attorney, Orlando and Washington, D.C.
Complex Corporate and Civil Litigation
Winter Park Distilling Company, Original Co-founder
First artisanal micro-distillery in Winter Park & Orange County
Andrew and his wife, Francesca are the proud parents of two children who attend Park Maitland School.

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schools

Continued from page 24

ties and games. Dr. Seuss Week and the annual book swap at Hillcrest were also a lot of fun.

The Hillcrest Chorus will be performing the National Anthem at the Solar Bears Hockey Game on March 3 (Hillcrest Spirit Night), and Hillcrest ticket sales benefit the music department. Students are starting to prepare for the Hillcrest Science Fair, which will be held on April 7, after Spring Break. We are looking forward to lots of fascinating information and experiments!

Lakemont Elementary
PRINCIPAL DR. BRENDA CUNNINGHAM

This month's article is written by our media specialist and Teacher of the Year, Mrs. Evangeline Scivally.

"Literacy" is the word at Lakemont. During "Celebrate Literacy Week!" Lakemont students read 31,098 minutes for the "Million Minute Marathon," sponsored by the Department of Education. Other events celebrated that week included guest readers on our WLOS morning news show, a visit by Spell-binder's storytellers and teacher read-alouds in the classrooms. Students voted for their favorite book, and no big surprise, the winner was "The Diary of a Wimpy Kid" series by Jeff Kinney. I am very proud to announce

that our students read year-round. We ranked number three in Orange County Public Schools and number 83 in the WORLD during Scholastic's Read for the World Record with 355,871 minutes logged.

Not only does our library circulate a large number of books every day, we know our students also have a great desire to own books as well. Several years ago, we started a monthly book trading program. On the third Thursday of each month, students come to the library and trade their personal books for books other students have brought to trade. Many times the student is ready to read at a higher level so he or she is trading up a reading level.

In addition to book trading, our students have already checked out more than 12,000 books this school year from the school library media center. They have taken over 14,000 Accelerated Reader quizzes and have accumulated nearly 21,000 points! The students with the most AR points on each grade level for the second nine weeks are: Scott Rinaldi (1), Claire Clark (2), Andrea Ignjatich (3), Gianna Mackinnon (4), and Oliver Ignjatich (5).

More exciting news, our fifth graders will be competing in the first annual Elementary School Battle of the Books on Wednesday, May 7, 2014 at Timber Creek High School. We have begun meeting once a week to prepare for this exciting event.

We are enjoyed Friday, February 28 when award-winning author Chris Grabenstein came to talk to our fourth and fifth graders about his new book, "Escape to Mr. Lemoncello's Library." As you can see, "Take the lead and READ" is definitely our motto at Lakemont Elementary.

Maitland Middle School
PRINCIPAL DR. STEFANIE C. SHAMES

Orange County School Board member Nancy Robinson recognized the Maitland Middle School News Crew during a School Board Recognition event in February. The News Crew, under the direction of Ms. Lori Farber, has won national awards. In March 2013, twenty-nine advanced Maitland Middle News Crew students flew to Los Angeles, CA where they attended the STN (Student Television Network) conference. This is a national conference where over 2,500+ MS and HS students attend to compete in various film and broadcast contests as well as attend professional workshops with writers, directors, producers, anchors, journalists, and cinematographers who actually work in the industry- many who have won Emmys and Oscars.

Maitland MS students competed in six film/broadcast contests and were the only middle school that placed or received Honorable Mention in ALL categories. Former and current MMS students found out in November 2013 at the FAME conference how their films placed at the 2013 state-level Jim Harbin Media Festival competition. Students had to win 1st place in their film category at the county AND regional levels before advancing on to the state level competition. There were 11 different film categories. Maitland Middle's News Crew program placed in five out of the 11 categories. The STN Conference will be held during March in Orlando this year and we know we will have spectacular results once again!

Tutoring is being held on Tuesdays and Thursdays from 4-6p.m. If you are interested in having your child participate in tutoring, please contact Mrs. Drayton at Tamara.BakerDrayton@ocps.net for more information. Please note that FCAT dates are one week earlier than previously published and students will begin taking FCAT on Monday, April 14, 2014.

The Florida Department of Health closely monitors our students' immunization status. The next time you are at your pediatrician's office please make sure your child has had all the required immunizations. It is required that all students have a Tdap (commonly known as the tetanus booster) prior to entering the 7th grade. When your child receives their Tdap, please be sure to bring a copy of your child's immunization record to Nurse Raines.

We are in the preliminary stages of researching the possibility of starting a Maitland Middle School Foundation to support our school. If you are interested in helping with this endeavor, please contact me at stefanie.shames@ocps.net. Go Hawks!

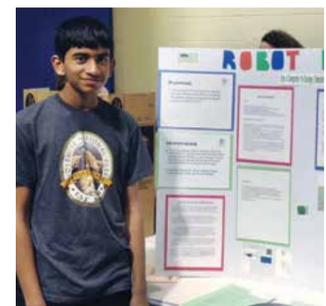
Orlando Science Schools
PRINCIPAL DR. YALCIN AKIN

Orlando Science Schools (OSS) seventh-grader Yashasvi Bhat earned first place in the junior computer science category at the annual Dr. Nelson Ying Orange County Science Exposition held recently at Rollins College. Bhats' "Robot Race" entry is among many award-winning projects submitted by students at Orlando Science Schools, which is a public charter school in Orange County that serves grades K-12 and focuses on STEM education.

The competition is open to all private and public school students. Thirty-four talented students from Orlando Science Schools participated in this year's event. OSS had 16 entries from the sixth grade, 13 from seventh, and five from the high school level division.

OSS students who were awarded top honors from the 54th annual Orange County Science Fair included:

- **Mohammed Abdullah and Ahmed Rashid:** "A New Device Based on Thermoelectric Effect to Resolve Energy Crisis" (11th and 10th grade)
- **Alexandria Bias:** "Pop It!" (7th grade)
- **Cristina Ta:** "Race to Evaporation" (7th grade)
- **Pierre Lesperance:** "Gauss Rifle" (7th grade)
- **Daniyal Ansari:** "Does Color Affect Blood Pressure?" (7th grade)
- **Alexandria Magee:** "Reduce, Reuse, and Recycle" (7th grade)
- **Justice Nasuti:** "Sock It to Me" (6th grade)
- **Rami Kabat:** (6th grade)
- **Brandon Tran:** "Which Airplane Design Will Fly the Longest?" (7th grade)
- **Gina Perez:** "Amplitude Modulation" (7th grade)



Above, Orlando Science Schools seventh-grader Yashasvi Bhat earned first place in the junior computer science category at the annual Dr. Nelson Ying Orange County Science Exposition held recently at Rollins College.

"It is truly rewarding to see Orlando Science Schools students utilizing critical thinking and transferring those skills into real-world science applications," said the Orlando Science Schools executive director, Dr. Yalcin Akin. "We are honored by these

Continued on page 26




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students and their teachers for their impressive work and the innovation they demonstrate.”

More than 320 students from 24 different schools throughout Orange County submitted entries for the event. “We are thrilled with the record-breaking turnout,” said Bob Madewell, director of the Dr. Nelson Yung Orange County Science Exposition. “Our students continue to raise the standards for inventive projects.”

A diverse panel of more than 85 experienced judges from various businesses and educational institutions in Central Florida evaluated the entries and determined the award winners.

St. James Cathedral School
PRINCIPAL MRS. GERRI GENDALL

Summer is around the corner and always full of fun and exciting things to do. Join old friends and make new ones, during the summer programs at St. Cathedral School (SJCS). The Pre-K Program and our Sports/ Enrichment Program is open to everyone. Summer is always fun and exciting because with the variety of activities



Above, PreK students at St. James Cathedral School enjoy computer play day.

The SPORTS/ENRICHMENT Camp is open for kindergarten through eighth-grade students. Our program is staffed with full-time professionals and counselors. The summer sports camps include basketball, flag football, cheerleading, karate, soccer, sports-fitness and volleyball. The Enrichment camp offers classes in chess, technology, cooking, dance, sewing, LEGOS, puppets science, math and Spanish. Have a blast learning and playing the summer camp way!

Trinity Lutheran School
PRINCIPAL MELISSA BERGHOLT

At Trinity Lutheran School, third quarter is underway and our campus is buzzing with activity. We celebrated National Lutheran Schools Week (where we raised almost \$1000 for the Lutheran World Relief fund), enjoyed Family Fun Night in our gym put on by the Orlando Science Center, and listened to the sweet sounds of our 4th-8th graders as they performed for their parents in our Spring Music Concert.

On February 16, we had a groundbreaking ceremony for our brand new building that will house our child development center! It should be completed next spring and we are very excited about the construction, what it means for our current families, and the new families we will be able to welcome to Trinity!

In March, we are gearing up for the Downtown BBQ Cook-Off and annual Read In (honoring Robert Munsch) event on March 1st. This also coincides with the Spring Book Fair and our Meet the Teacher event! Our annual auction event put on by our Parent Teacher League (PTL) is just around the corner. Trinity Downtown’s “Top Fun” 80s evening will be held on March 15. All proceeds benefit Trinity Lutheran School! The month ends with Spring Break, when all the students (and staff) get a much-needed break to recharge and finish the year strong!

Trinity Preparatory School
PRINCIPAL CRAIG MAUGHAN

Class of 2007 Trinity Prep alumnus Lt. Chuck Nadd made a big splash when he was chosen to be featured in a Super Bowl commercial. The Budweiser ad showed his homecoming from Afghanistan to a ticker-tape parade held in Winter Park. Many of his classmates and teachers from Trinity Prep were on hand for the parade to honoring not only Lt. Nadd but all veterans.

Another Trinity Prep alumna, Dr. Pardis Sabeti from the class of 1993, was featured in advertising campaign, this one for Apple. She was highlighted for the year 2009 in a timeline celebrating 30 years of the Macintosh computer. “Harvard faculty member Dr. Pardis Sabeti is known for her computational approach to studying evolution. She developed a tool on her Mac to determine if certain genes were the result of natural selection. Then she

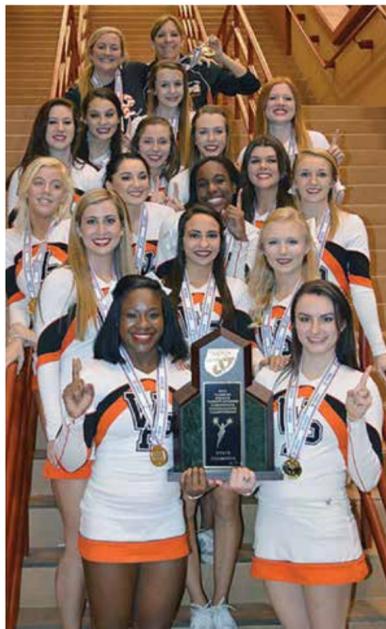
took the Mac to Africa so she could work directly in the field. This led to new methods for treating and curing diseases like malaria and has already improved thousands of lives in Nigeria.”

We are very proud of our Upper and Middle School Science Olympiad teams for taking second and third place in the regional competition. They will move on to the state competition this month at UCF, and we wish them luck. Our robotics team is gearing up to participate in the FIRST Robotics Competition, also held at UCF in March. Students have been working with engineers from Siemens and Lockheed to build a robot meeting the challenge guidelines.

Winter Park High School
PRINCIPAL TIM SMITH

The Florida State Cheerleading Championship was held at the Silver Spurs Arena on January 30, 2014. The competition cheer team took first place in the medium division with a score of 90.25. This is the third

At right, Winter Park cheerleaders win state championship again!



State Championship in a row and fourth title in six years for our girls.

The team is comprised of 16 members, including five seniors, five juniors, four sophomores, and two freshman. The WPHS competition cheerleaders have been competing since 1987, and have the longest winning tradition in competitive cheerleading in the state. Congratulations to head coach Angela Austin and her team. Winter Park High school and our community are proud of their accomplishments.

St. James Cathedral School
Located in historic downtown Orlando, across from Lake Eola, our accredited Blue Ribbon School offers a challenging curriculum for Pre-K-3 through 8th grade, with an emphasis on technology, complemented by the arts, athletics, and extracurricular activities.

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COMMUNITY CALENDAR

Audubon Park Garden District Events

Ongoing Events

Every Monday night Community Market – 6:00 to 10:00 p.m. at Stardust Coffee parking lot located at 1842 E. Winter Park Rd. For information call 407-590-8776.

First Monday of Every Month To celebrate their 50th anniversary, admission to Leu Gardens is free the first Monday of each month during 2013. For more information please call 407-246-2620 or visit www.leugardens.org.

First Mondays of Every Month Story Time – 10:00 to 10:15 a.m. infants to 18 months, 10:20 to 10:35 a.m. toddlers, and 10:40 to 11:00 a.m. preschoolers at Leu Gardens located at 1920 N. Forest Ave. For more information please call 407-246-2620 or visit www.leugardens.org.

March 7 Date Night at Leu Gardens - Featuring the showing of "To Have and Have Not" (NR) – 7:30 p.m. For more information please call 407-246-2620 or visit www.leugardens.org.

March 15 - 16 Leu Gardens Annual Plant Sale – 9:00 a.m. to 5:00 p.m. at Harry P. Leu Gardens. For more information please call 407-246-2620 or visit www.leugardens.org.

April 6 Swamp Sista La La Music and Food Festival – 2:00 to 6:00 p.m. at East End Market. Proceeds benefit and include P.E.A.S. Foundation, Hebni Nutrition Consultants, Second Harvest Food Bank and the Audubon Park Garden District. For more information and tickets please call 407-212-7321.

April 12 Jazz 'n' Blues Stroll – 7:00 to 10:00 p.m. at Harry P. Leu Gardens. Enjoy great performances by The Robert Harris Group, Daniel Heitz Band and Bird Dog Bobby Band as you stroll along lift pathways throughout the 50-acre botanical garden. For more information and tickets please call 407-246-2620 or visit www.leugardens.eventbrite.com.

Baldwin Park Events

April 6 Wounded Warrior/Lone Sailor 5K Run/Walk/Roll – 7:30 a.m. at Lake Baldwin located at 4953 New Broad Street. For more information and registration please visit www.cfn15k.org.

College Park and Orlando Area Events

Ongoing Events

Every Wednesday Belles and Beaus Dance Club has dances every Wednesday from 7:00 to 9:30 p.m. at the Marks Street Recreation Complex located at 99 E. Marks Street. Join in for an evening of fun and dancing to music by the Soft Touch band. Refreshments are available. Singles and couples are welcome. Cost: \$5.00 per person. For more information please call 407-277-7008.

Every Thursday College Park Farmers' Market – 5:00 to 9:00 p.m. located at 1600 Edgewater Dr. For information call 407-999-5251.

Every Sunday Downtown Orlando Farmers' Market – 10:00 a.m. to 4:00 p.m. at Lake Eola. For more information call 407-246-3625.

Monday - Friday Each Week Seniors' Program in College Park – 9:00 a.m. to 1:00 p.m. at the College Park Community Center located at 2393 Elizabeth St. For information call 407-246-4361.

First Friday of Each Month The Art Stroll of Ivanhoe Village – 6:00 to 9:00 p.m. on Orange Ave. between Princeton and New Hampshire.

March 6 The Orange County Retired Educators Meeting - 10:00 a.m. at College Park United Methodist Church located at 644 W. Princeton St. Anyone who has worked in education is invited to attend. For more information please visit www.ocrea-fl.org, or call 407-677-0446.

March 7 A Pair To Remember 2014 - 11:00 a.m. to 2:00 p.m. at The Mall at Millenia. Ninety-three cents of every dollar given to Easter Seals of Florida goes to support the non-profit's programs and services. For more information please visit www.fl.easterseals.com.

March 8 Smile Mile - 8:00 a.m. at Orlando Fashion Square. This event is a timed one-mile children's race to open to all elementary age students between the age of five and eleven. Every child entered will receive a t-shirt and a finisher medal. Proceeds benefit the Track

Shack Foundation. For more information please call 407-896-1160, or visit www.trackshack.com

March 15 Walk To Defeat ALS - 9:30 a.m. at Lake Eola. For more information please call 888-257-1717 or visit www.walktodefeatals.org.

March 15 - 16 Free Pro-Active Driving School - Morning and afternoon classes are available, and a \$99 refundable deposit is required to hold your spot. For more information please visit www.puton-thebrakes.org.

March 18 2nd Annual Arnie's March Against Children's Cancer - 3:30 p.m. at Bay Hill Country Club. For more information, or to register, please visit www.ArniesMarch.com.

April 8 The Orange County Retired Educators Meeting - 10:00 a.m. at College Park United Methodist Church located at 644 W. Princeton St. Anyone who has worked in education is invited to attend. For more information please visit www.ocrea-fl.org, or call 407-677-0446.

Maitland Events

Ongoing Events

Every Sunday Maitland Farmers' Market at Lake Lily

Every Tuesday Preschool Stories 10:30 - 11:30 a.m. at the Maitland Public Library located at 501 S. Maitland Avenue.

Every Thursday Healthy Maitland Walk 6:30 a.m.; **Babytime** 10:30 to -11:30 a.m. and **Adventures w/Books Club** 2:30 to 4:30 p.m. at the Maitland Public Library.

Second Friday each month (Now through April 2014) Culture Pop! - 7:00 - 11:00 p.m. at the Art & History Museums - Maitland. This event features a Clothesline Show of artworks highlighting Central Florida artists. Cost is \$5 per person, and free to current members. For more information please visit www.artandhistory.org.

Winter Park Events

Ongoing Events

Every Saturday Winter Park Farmers' Market - 7:00 a.m. to 1:00 p.m.

Every Saturday Line Dance Class -10:00 a.m. at the Winter Park Community Center. Beginners are asked to come at 9:30 a.m. to learn the basic steps. For more information please call 407-592-7835.

Every Tuesday and Thursday "Hands-on Gardening" - 9:30 a.m. - noon at the Albin Polasek Museum & Sculpture Gardens. For more information regarding this free year-round event please call 407-647-6294.

Every Tuesday and Thursday Beginning Pilates Class - 5:15 p.m. at the Winter Park Community Center. For more information please call 407-671-9599.

Monday - Friday "Art in Chambers" Exhibit - Monday through Friday from 8:00 a.m. to 5:00 p.m. This free exhibit is on display at the City Hall Commission Chambers located at 401 Park Avenue South.

Every Tuesday, Friday and Saturday Winter Park Benefit Shop - the shop is located at 140 West Lyman Avenue and is open from 9:30 a.m. - 1:00 p.m. on Tuesdays and Fridays, and from 10:00 a.m. - 1:00 p.m. on Saturdays. Donate or purchase clothing, bedding, jewelry, kitchenware and more. Proceeds benefit various children's programs and the local branch of Orlando Blind. For more information please call 407-647-8276.

Every Tuesday Beginning Pilates Class - 5:15 p.m. at the Winter Park Community Center. For more information please call 407-671-9599.

Every Thursday Walk With A Doc - Enjoy a rejuvenating 30-minute walk with Florida Hospital physicians. This free event is held at 5:30 to 6:30 p.m. at the Crosby YMCA. For more information, or to reserve your spot, please call 407-303-1700.

Every Friday Friday Nights at the Morse - 4:00 to 8:00 p.m. at the Charles Hosmer Morse Museum of American Art located at 445 N. Park Ave. Complimentary admission is offered to the galleries and features live music (second Friday of each month), art demonstrations and special tours. For more information please call 407-645-5311 or visit www.morsemuseum.org

MARCH HIGHLIGHT



PHOTO COURTESY OF THE CITY OF WINTER PARK COMMUNICATIONS DEPARTMENT

MARCH 21-23, WINTER PARK SIDEWALK ART FESTIVAL
The 55th annual event will take place in downtown Winter Park.

Every Sunday Music at the Casa - This free event featuring professional musicians and performers is hosted at Casa Feliz every Sunday from noon - 3:00 p.m. For more information call 407-628-8200 ext. 3 or visit www.casafeliz.us.

Now - April 13, 2014 Russian Icons from the Romanov Era Exhibit at the Polasek - This exhibit is of works from the 17th to early 20th centuries and reflects the opening up of Russia to Westernizing influences during the Romanov era. The Albin Polasek Museum and Sculpture Gardens is located at 633 Osceola Avenue. For times and more information please visit www.polasek.org.

March 6 The Winter Park Public Library hosts Garden Talks with Stephen and Kristin Pategas of Hortus Oasis - noon to 1:00 p.m. (bring lunch). This month: Garden Smart Plants: Shrubs & Groundcovers. \$5 per session. Register online www.http://wppl.org/or call 407-623-3279.

March 10 Annual School Advisory Council (SAC) Parent Showcase - 6:30 p.m. at Winter Park High School. The evening begins with a presentation by the Jazz Band and welcome by Principal Tim Smith. This is followed by visits to four different sessions showcasing various aspects of the school. For more information please call 407-623-1476.

March 12 Winter Park Garden Club Meeting - Topic: Winter Park's Tree Canopy - Yesterday, Today and Tomorrow. 10:00 a.m. at 1300 S. Denning Dr. For more information regarding this free event please call 407-644-5770.

March 13 Popcorn Flicks Featuring "Robin And The 7 Hoods" - For more information please visit www.cityofwinterpark.org.

March 15 Zimmerman Kiser Sutcliffe Winter Park Road Race 10K and 2-Mile - Presented by Florida Hospital - 7:00 a.m. at 251 Park Ave. Proceeds benefit the Meridian Club of Winter Park Scholarship Fund. For more information and to register please call 407-896-1160 or visit www.trackshack.com

March 15 BrainFest - 10:00 a.m. to 4:30 p.m. at the Rachel D. Murrah Civic Center. This is a free fun-filled day of brain-boosting education, entertainment and activities designed to inspire people of all ages to live a brain healthy lifestyle. Learn tips and tricks for keeping your brain strong all life long! Please RSVP on-line at http://act.alz.org/brainfest or call 1-800-272-3900.

March 20 Hannibal Square Wine Tasting - 5:00 to 7:30 p.m. at West New England Ave. Winter Park. (Between Virginia and Pennsylvania Aves.) A celebration of fine wine, this street party event features 40+ varieties of wine and beer, plus appetizers from local eateries and live music. Cost: \$25 in advance, and \$30 at the door. For tickets please visit www.winterpark.org.

March 20 Healthy Cooking Demonstration by Chef Edwin of Florida Hospital - This free event is held at 5:30 to 6:30 p.m. at the Crosby YMCA. For more information, or to reserve your spot, please call 407-303-1700.

March 20-23 Park Avenue Sidewalk Sale - During retail shopping hours along Park Avenue. For more information please visit www.winterpark.org.

March 21-23 55th Winter Park Art Festival - 9:00 a.m. to 6:00 p.m. on Friday and Saturday, and 9:00 a.m. to 5:00 p.m. on Sunday along Park Ave. in Central Park. www.cityofwinterpark.org.

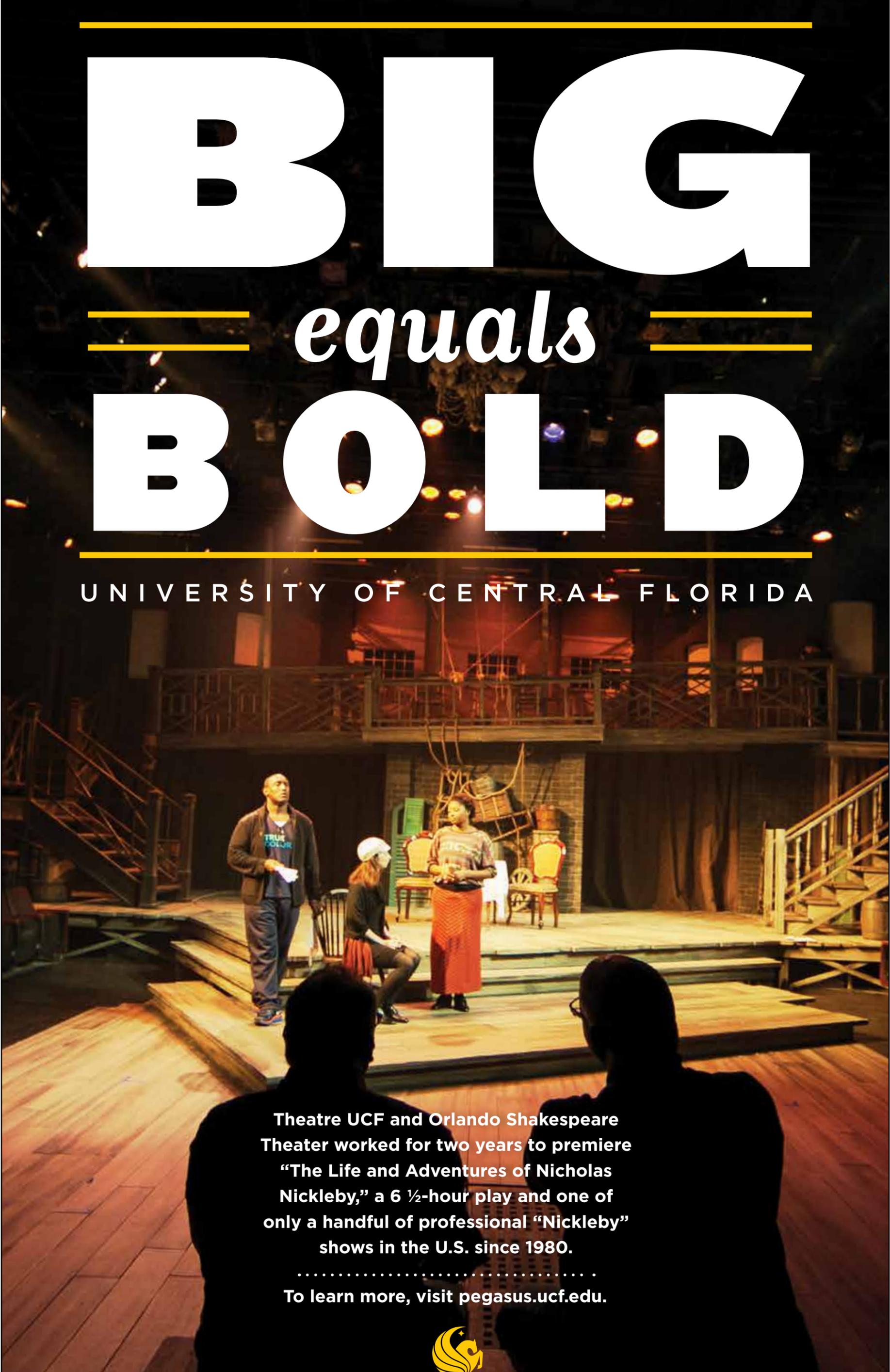
April 3 Winter Park Public Library hosts Garden Talks with Stephen and Kristin Pategas of Hortus Oasis - Noon to 1:00 p.m. (bring lunch). This month: Garden Tours at Hortus Oasis. \$5 per session. Register online http://wppl.org/ or call 407-623-3279.

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