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First National Historic Landmark Named In Orange County

The Art & History Museums - Maitland's (A&H's) Maitland Art Center - has become the first National Historic Landmark in Orange County and the 44th in the state of Florida.

Awarded on September 30, 2014 by Secretary of the Interior Sally Jewell, the designation applies to places that "exceptionally illustrate or interpret the heritage of the United States."

An official plaque dedication ceremony at the A&H's Maitland Art Center will take place Jan. 8, 2015 at 11:30 a.m. with details to follow.

"We're very proud to receive this honor," said Andrea Bailey Cox, CEO and the executive director of the Art & History Museums – Maitland. "We invite the community to celebrate with us by visiting our unique 'oasis for creativity' in the heart of Central Florida."

Founded in 1937 by visionary artist and architect Jules André Smith - with the patronage of Mary Lou-

Valid for a 15 minute treatment. Offer ends 11/26/14.



Maitland Art Center, and the Waterhouse Residence Museum are now listed on the National Register of Historic Places.

ise Curtis Bok – the A&H's Maitland Art Center is built in the rare Mayan Revival style, ornate with copious sculptural reliefs drawing on Mesoamerican, Asian and African iconographies. Originally known as the Research Studio, it was part of a colony that provided a place for artists to live, experiment with new forms and escape the demands of daily life.

Today, two campuses of the Art & History Muse-

ums - Maitland include gardens, diverse collections, ongoing exhibitions, educational programming and a pair of sites listed on the National Register of Historic Places (the Maitland Art Center and the Victorian-era Waterhouse Residence Museum). In addition, Smith's legacy continues through annual residency and studio programs that welcome artists from across the nation.

The extensive application to become a National Historic Landmark was completed by A&H's Curator of History Chris-

tine Madrid French with support from the City of Maitland. The rigorous nomination process included reviews from subject matter experts, advisory boards, a variety of scholars and several federal agencies. Of particular importance is that the Research Studio's buildings are one of the only remaining examples of "fantasy architecture" in the Southeast.

Continued on page 8

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Publisher's Message



Rick Cable

I have good news, and I have bad news the holiday season is upon us!

Yes, it is here and whether or not you're prepared, it's happening and the calendar year of 2014 is about to be a wrap. I'm not a holiday planner, and until I started to write this

message, I hadn't given any thought to the upcoming holidays. Does this mean I'll start to plan, no! I have plenty of time. But it does make me a little jealous of the one person I know who does all their holiday planning throughout the year. I relate to this person like I relate to that one dentist in the four-out-of-five survey who doesn't recommend fluoride. Seriously, who are these people!?

I'll be scrambling at Mach speed at times during the next few months because of my poor planning, and I'll only blame myself. My wife, who isn't a dentist, but recommends fluoride, is a pro when it comes to running Mach speed; so much so, she can also multitask at this pace in multiple directions at one time. In what little spare time she has, she's been known to juggle and chew gum while listening to her voicemails. Gifted! She will occasionally help me out with an organized To Do list. While I appreciate the list, I also realize she's tossing me an equivalent of a lifejacket as I must have appeared as if I was about to drown. In the voice of Jerry Seinfeld I'm saying, "I just need the list!"

Well, this brings me to a special effort that I'd like for you to consider adding to your holiday To Do list. Since giving is a big part of the holiday season, I'd like to spotlight the 501C3 Friends of Winter Park Police & Fire Department, Inc. It's a fund that was established back in 1997 by Don Palladeno to help give financial support in times of emergency to the men and women, and their families, who protect and serve our community. Chief Brett Railey states, "Through the years Friends of Winter Park Police & Fire has been there for us when our officers needed it most. Their financial aid allows our officers to focus on obstacles to their recovery and accelerate their return." Over the years the fund has helped 24 police and fire officers and their families. All services are "pro-bono" to ensure that every penny donated goes directly to the fund.

If you'd like more information please call 407-647-1149.

If you'd like to make a donation to this effort please send your tax-deductible donation to:

Friends of Winter Park Police & Fire Department, Inc.

P.O. Box 1240 Winter Park, Florida 32790

As always, thank you for reading *The Park Press* and we look forward to the great things to come.

Rick

Rick Cable Founder/Owner

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Gratitude

By Tricia Cable

My evolution from childhood to adulthood was fairly common and not unlike most children. As an adult, I assumed a certain level of success would be achieved through my commitment and hard work as evidenced through the example set for me by my father. I was right, each year I worked climb-

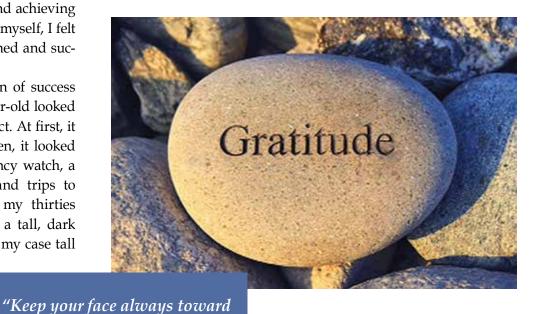
ing the corporate ladder and achieving the goals that I had set for myself, I felt more and more accomplished and successful.

Of course, my definition of success as a twenty-something-year-old looked exactly as you would expect. At first, it looked like a new car. Then, it looked like designer clothes, a fancy watch, a diamond/sapphire ring, and trips to fabulous destinations. In my thirties and forties, it looked like a tall, dark and handsome man (or in my case tall

Irish and handsome), a house with a picket fence (or in our case aluminum), two children, two dogs, and a cat.

Your definition of success may depend on what your lifestyle was growing up. Does

success look different to someone who was raised in a single-income family, living in an affluent community, vacationing two to three times a year with a second home in the mountains, an annual membership at the local country club, and unlimited access to designer clothes? Versus someone who grew up in a modest home with minimal furnishings, one car shared amongst all drivers in the household, with leftovers and hand me downs?



I can only speak from my personal experience and quite frankly, I am a product of both scenarios above. I am the youngest of four children and when my parents first started out in life, they had much less financially to

offer their four children. However, over the course of my father's career, he achieved a great level of professional success. With that success came money and with that money came material tokens of that professional success. His professional and financial success enabled him to spoil his loved ones and as a child of the Great Depression, he found great happiness in doing so.

Here in lies the problem. Being raised in this

environment, I was under the false impression that money makes you happy. I have worked very hard in my life to buy things that I wanted all along thinking, quite naively, that I was destined for happiness in doing so. Don't get me wrong, I have been rich, and I have been poor, and rich is better. But, I have found happiness in both places.

I have laughed with friends over a nickel beer at a bar in Key West as we were all pooling our funds together in an attempt to buy enough gas to make it back home and I have laughed with friends over a bottle of Dom at a five star restaurant in the Caribbean while deciding whether to shop or whale watch

the next day.

Gratitude is the key. Focusing on what we have instead of what we don't have. Counting our blessings and reminding ourselves that someone else is very happy with much less than what we currently have. Take time this holiday season to show gratitude for all that you have. And in the words of Walt Whitman, "Keep your face always toward the sunshine - and the shadows will fall behind you."



the sunshine -

and the shadows will fall

behind you."

-Walt Whitman





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City Commissioner's Message

Commissioner Robert F. Stuart, City of Orlando District 3



Dobort E Stud

While we finally begin to enjoy cooler weather, at least in Florida terms, I am excited for the opportunity to share a little bit about what is happening around our Great City. We have many things to be thankful for this Thanksgiving season in Orlando.

Thanksgiving is a wonderful holiday, filled with fellowship, traditions, football and great food! But it is also a time where we get the opportunity to stop and focus on just being thankful for all we have been given. Someone once said, "Hem your blessings with thankfulness so they don't unravel." One way we can put into perspective all we have to be thankful for is to assist those who are in need. As we also celebrate Veterans' Day this month, what better way to actively show your gratitude than by supporting our active troops, our veterans, and their families?

Please join us on Saturday, November 8 as we celebrate our veterans with the City's annual Veterans' Day parade in Downtown Orlando at 11 a.m. For more details, please visit cityoforlando.net.

Speaking of Downtown, we are so excited for all of the changes and openings this fall. Hundreds of fans descended on Church Street on October 16th and marched to the site of the new Orlando City Major League Soccer stadium for a ceremonial groundbreaking. This month, visit the Dr. Phillips Center for the Performing Arts for their Community Open House on November 8 from noon - 6 p.m. Guests can take self-guided tours of all of the unique spaces that make up the Center. Then at 8 p.m. enjoy a free outdoor concert on the Seneff Arts Plaza lawn featuring



Grammy award-winning artist Sheryl Crow. Visit drphillipscenter.org for more information about the entire inaugural season.

Then on November 19, join us for the official Ribbon Cutting and Dedication Ceremony for the newly-renovated Citrus Bowl. The event will take place on the northeast corner of Church Street and Rio Grande Avenue. Public parking is available in lots 7 and 9. For more information about any of these great events, check out cityoforlando.net or downtownorlando.com.

As we celebrate the new, we are also so grateful for the traditional events that let everyone know that the holiday season is beginning in Orlando. Celebrating its 28th year, the Council of 101's Festival of Trees kicks off at the Orlando Museum of Art on November 15. Running through November 23rd, this event provides visitors a glimpse into a magical

winter wonderland that could get even the biggest Grinch into the festive spirit! On Tuesday, November 18, the festival will host activities designed just for seniors and on November 19, bring the family to the festival for the beloved Reindeer Romp. For more information on this event, which raises needed funding for the museum's year-round programming, visit omart.org.

Once again, thanks for your support. Thanks for everything you do to make our community a better place and Happy Thanksgiving to you and your family.

-Robert

Robert F. Stuart | Commissioner, District 3, City of Orlando | 400 S. Orange Avenue, Orlando, FL 32801 | 407-246-2003 | Robert:Stuart@CityofOrlando.net



Join the Winter Park Chamber of Commerce and Winter Park Village for a fall-themed happy hour to fight hunger in our community.

NOVEMBER 13

5:30 - 7:30 p.m. Winter Park Village

TICKETS

\$20 in advance / \$25 at the doorPurchase at winterpark.org

The evening will feature live entertainment, a fun photo booth, plus drinks and appetizers provided by your favorite Winter Park Village eateries, with all ticket proceeds going to the cause.

Bring your friends, family, co-workers and neighbors as we enjoy a fun evening to fight hunger!

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The Park Press

Learn more about Feed the Need at feedtheneedwp.org.





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Winter Park Mayor's Message

Mayor Ken Bradley



Ken Bradle

Honoring Veterans | Remembering Their Service

We should never forget the sacrifices of those who have served in our armed forces that we might be free. On Friday, November 7, at 10 a.m., the City of Winter Park will show its solemn pride for the heroism of those who have served by hosting the 4th Annual Veterans Day Celebration. The celebration and time of remembrance will be held at the Winter Park Community Cen-

ter Ruby Ball Amphitheatre located at 721 W. New England Ave. Those who have served in any military campaign or branch will be honored. Hometown hero and star of the SuperBowl® XL-VIII commercial filmed in Winter Park this past January, Lt. Chuck Nadd, will be our featured guest speaker. We welcome him home to Winter Park and

look forward to sharing this meaningful day with him and our patriots.

Beginning at 9:30 a.m., the VFW Post 2093 Community Band will be entertaining guests as they visit with organizations and services that offer resources specifically for veteran needs. At 10 a.m., the official program will begin with musical tributes, anecdotal speakers, and recognition of veterans according to the various military branches and campaigns served.

Please join me to show your support of the distinguished men and women who have served in our various military branches and military campaigns. For more information, please call 407-599-3428.

Feed the Need

November is not only a time for thanks but also a time of giving. We saw the community rally together last year during the first-ever "Feed the Need" campaign where \$100,000 was raised in 22 days for Second Harvest Food Bank of Central Florida. This year, Feed the Need, presented by Florida Distribut-



ing, Mayflower Retirement Community and Winter Park Memorial Hospital begins Saturday, November 1, through Friday, November 21. Campaign partners – City of Winter Park, Rollins College, Sodexo, Think Creative, Inc., and Winter Park Chamber of Commerce – are renewing their effort to end hunger in central Florida. The goal is to unite local residents, businesses, faith communities and civic groups through online giving, friendly competitions, community events, and individual fundraising efforts, with one mission in mind: to feed the need.

Today, 187,940 children struggle with hunger in central Florida – an 8.9 percent increase over last year. For every \$1 donated, up to \$9 worth of grocery products is provided for those in need. In fact, 96 percent of every dollar goes straight to feeding people. I commend the partners and sponsors in joining forces to help end hunger in Winter Park and central Florida. Please join me in personally supporting this fundraising effort by becoming a part of the City of Winter Park team at http://bit.ly/winterparkfeed2014

Holiday ice skating returns

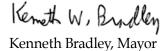
Also this month, the city's "Winter in the Park" holiday ice skating rink opens on Friday, November 14, in Central Park West Meadow, located at 150 N. New



York Ave., on the corner of New York Avenue and Morse Boulevard in downtown Winter Park. People of all ages and skill levels are invited to join the fun. "Winter in the Park" costs only \$12 per skater for an all-day pass (skate rental included). For more information, please call 407-599-3203 or visit our website at cityofwinterpark.org/WITP.

Thank you for your continued support, dedication, and commitment to our city, greater community and country. Wishing you and your loved ones a very blessed and Happy Thanksgiving!

Sincerely, Kenneth W. Bradley



FORECLOSURE EDUCATION WEBSITE PROVIDES RESOURCES, VIDEOS, SCAM WARNINGS, MORE



Orange County Clerk of Courts Eddie Fernández has launched a Residential Mortgage Foreclosure Education website to help homeowners at-risk of or in foreclosure.

FLORIDA leads the nation in residential mortgage foreclosures. In fact, according to a recent report, one in every 400 Florida homes is in foreclosure. In Orange County, that number increases to one foreclosure filing for every 253 homes.

That's why Orange County Clerk of Courts Eddie Fernández has launched a Residential Mortgage Foreclosure Education website with helpful links to resources and information on navigating the foreclosure process.

When you go to the site, you will find:

- Insight on the foreclosure process
- Links to national and local housing agencies
- News reports on foreclosure
- Information on avoiding scams
- Mortgage foreclosure statistics

YOU CAN ACCESS THE WEBSITE AT foreclosureinfo.org

The Clerk's Office created the website in partnership with the Orange County Bar Association. The goal is to provide information and resources to help homeowners in or at-risk of foreclosure. It also has information for real estate professionals and homeowners associations, which have been negatively impacted by the foreclosure crisis.

The website contains videos in English and Spanish and includes an overview of the process, the role of the Clerk, and the answers to frequently asked questions.

Funding for mortgage foreclosure education is provided by the Mortgage Foreclosure Education Fund, F.S. 45.035(2)(a).





What exactly IS an aquatic weed?

Throughout my career in aquatic plant management, I have frequently encountered

Howard A. Schieferdecker lakefront property owners that look at their lakeshore and see only "weeds." Today I would like to restore the reputation of aquatic plants, and also explain the City's rules for shoreline vegetation removal. Both submerged, floating, and emergent (rooted in the lake bottom but rising above the water line) vegetation fulfill a critical role in the ecology and stability of a water body. They provide habitat and refuge for wildlife, shoreline stabilization, nutrient/pollutant removal, and can be highly aesthetic and functional components of an aquatic landscape.

Due to the effects of the ornamental plant business, and the travel of humans across the globe, many species of exotic plant have immigrated to Florida. These "weedy" species often times infiltrate the beneficial native plants of your shoreline, and may even completely outcompete and overwhelm original vegetation. There are many resources available to independently determine what

species may be present on your lakefront, such as the University of Florida's Center for Aquatic and Invasive Plants website (plants.ifas.ufl.edu); however, you can always schedule a free appointment with the City's Stormwater and Lakes Management Coordinator to individually assess your property.

Section 8-14 of Maitland Land Development Code sets specific standards for shoreline vegetation removal and permitting requirements. Every lakefront property owner is allowed to completely remove 50 linear feet or 50% of their shoreline, whichever is less, out to open water to create an access corridor. For example, if a resident has 80 feet of lake frontage, they may clear 40 feet, however if a resident has 800 feet of frontage, they may only clear 50 feet. If you desire to remove vegetation outside of your prescribed access corridor, then you MUST obtain a Shoreline Alteration permit from Maitland's Stormwater and Lakes Management Division. Clearing of shoreline vegetation outside of the access corridor will require replanting with native vegetation to restore local habitat and prevent future shoreline erosion.

With the creation of our shoreline permitting regulations in 2010, the City established a shoreline protecThis Month's Message - Rules For Shoreline Vegetation Removal By Marissa Williams, Stormwater and Lakes Management Coordinator



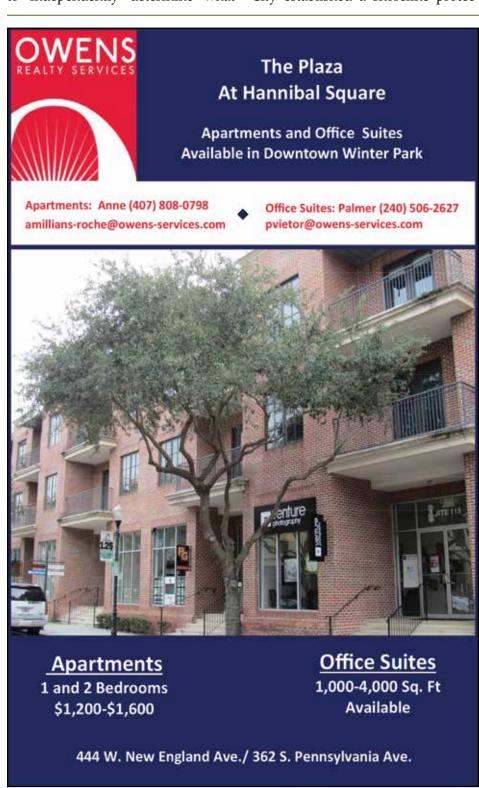
An example of undesirable aquatic weeds such as the water hyacinth on Lake Alice in Gainesville, Florida. Photo from University of Florida IFAS Extension, Center for Aquatic and Invasive Plants.

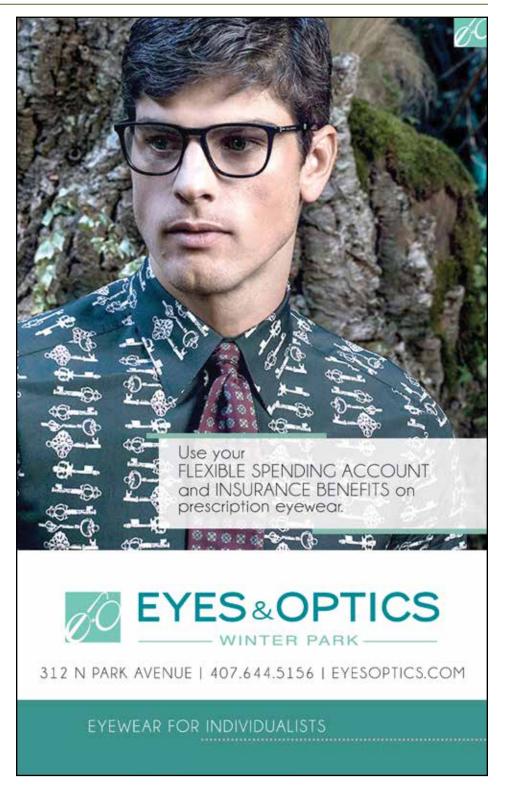
tion area around each of Maitland's 22 water bodies. Application of any type of fertilizer or non-aquatic use pesticide or herbicide is strictly prohibited within 25 feet of a lake, to prevent spread of these chemicals to waterways. Fertilizer leaching into a lake could lead to a nutrient imbalance resulting in algal blooms, while pesticides or herbicides not designed for aquatic use can cause irreparable harm to birds, fish, and other wildlife we are striving to preserve.

If you have any questions about the City's shoreline rules and regulations,

or would like to obtain a permit, please contact Maitland's Stormwater and Lakes Management Coordinator at 407-539-6203 or mwilliams@itsmymaitland.com

Also, please keep in mind that removal of any vegetation outside of your access corridor, or application of ANY herbicide whatsoever, will require a vegetation removal permit from the Florida Fish and Wildlife Conservation Commission. Their permits are available free of charge, and can be applied for online at myfwc. com/license/aquatic-plants.





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County Commissioner's Message

Commissioner Ted B. Edwards, Orange County, District 5

On October 22, 2013, the Board of County Commissioners voted to approve Mayor Jacobs' \$92.5 million



Tourist Development Plan colloquially known as the Venues Agreement. The plan included funding for Phase 2 of the Dr.

Phillips Performing Arts Center, Citrus Bowl renovations, a new soccerspecific stadium for a Major League Soccer franchise, additional tourist advertising and promotion, and upgrades to the Orange County Convention Center. A year has passed, and I would like to give you a brief update on the status of these projects.

One of the venues, Phase I of the Dr. Phillips Center for the Performing Arts, just opened this month. The center houses the 2,700 seat Walt Disney Theater, the 300 seat Alexis and Jim Pugh Theater, an arts education facility, grand lobby and staircase, the outdoor CNL Arts Plaza, and community and rental space. Phase I cost \$337 million, including an Orange County contribution of \$53 million, and took four years to complete. A further \$53 million came from private philanthropy. Orange County is contributing \$86 million toward construction of Phase II, including an additional \$25 million allocated by the October 2013 Venues Agreement. The total cost of Phase II is \$167 million. This phase will add rehearsal space, an acoustic theater, lobby extension, and a kitchen. The acoustic theater will be equipped with a moving shell and towers that can be arranged to create rooms for a symphony orchestra, opera, theater, or ballet performance. Construction is scheduled to begin in March 2015. When construction of Phase II is complete in 2018, Orange County will be home to one of the finest cultural facilities in the nation.

The Orlando Citrus Bowl's \$187 million renovation is also nearing completion. Approximately 80 per-

cent of the old facility was demolished and rebuilt, including the entire lower bowl of the stadium. The October 2013 Venues Agreement allocated an additional \$12 million in county funding for various competitive scope elements for the stadium, including indoor club space, improved press boxes, and fully digital stadium signage. Although construction is not quite complete, the stadium will host the annual Florida Classic football game on November 22. Other major events scheduled for the stadium include the Florida High School Football Championships from December 5 through 13, the Russell Athletic Bowl on December 28, the Buffalo Wild Wings Citrus Bowl on January 1, Monster Jam on January 24, and Major League Soccer games beginning in March. Construction of all upgrades will be complete in April 2015. The look of the stadium has been completely overhauled, including a new main concourse with modern amenities and styling. Other improvements include additional stadium seating along sidelines and end zones. The renovated stadium will include 56,000 seats with room for expansion. Once complete, the stadium will create a best in class experience for visitors. I hope the newly renovated Citrus Bowl will be an active contender for a future national championship college football game and other major sporting events.

The October 2013 Venues Agreement allocated \$20 million in county funds towards the construction of a \$114 million soccer-specific stadium for a Major League Soccer franchise. The soccer team will provide \$30 million toward construction. The remaining \$64 million is being contributed by the State of Florida, the City of Orlando, Seminole and Osceola Counties, the City of Apopka, and a ticket surcharge paid for by fans. Work on the Major League Soccer stadium has been unfortunately delayed due in part to eminent domain matters; and will not meet the originally scheduled opening in 2015. A church located within the stadium's original stadi-



Artist rendering of the Dr. Phillips Center for the Performing Arts, scheduled to open in November.

um footprint was reluctant to sell its property, leading the City of Orlando filed an eminent domain lawsuit in May 2014. In August, the city dropped its suit and revised the stadium site by purchasing additional property on the northeast corner of Church Street and Glenn Lane approximately a block west of the original site. Construction began on October 16 and is scheduled to continue until 2016. The Major League Soccer franchise will begin play in 2015 and will hold its home games in the Citrus Bowl while the soccer stadium is being built. Given the scope of public investment in the MLS stadium, I hope the team will be successful in attracting both tourists and locals to attend games at the new stadium.

The Orange County Convention Center's \$187 million, 5 year capital improvement program is proceeding rapidly. The 2013 Venues Agreement allocated \$10 million towards these renovations. Renovations began in 2013 include aesthetic and safety improvements including walls, lighting, restrooms, fire alarms, and telecommunications systems. Other improvements that have already been completed include wayfinding signage, pavement rehabilitation, digital message signs, and a covered walkway from the Convention Center to the Rosen Plaza Hotel. Future upgrades will include a pedestrian bridge over International Drive, renovation of Halls E, F, and WF, a Vision Garden,

and renovated restaurants. The Convention Center, the second largest in the nation, is an important driver to our economy, bringing over 25,000 direct and indirect jobs and \$1.9 billion in economic impact to the community. I hope these renovations will help attract more national conventions and trade shows to Orange County.

The October 2013 Venues Agreement allocated \$5 million per year over five years to Visit Orlando, the region's official tourism agency. The funds are being spent on expanded marketing and advertising efforts with an emphasis on South America. Calendar year 2013 brought a record 59 million visitors to Metro Orlando, the last year for which data was available. Total visitation for 2013 was a 3 percent increase from 2012 levels. Given the additional tourist marketing funding and construction of new local attractions, I am confident that 2014 will be another record-breaking year for Orange County's hospitality industry.

I hope these publicly funded venues drive growth in our economy and increase visitation to Orange County. As always, I welcome your questions or comments on our venues or any other Orange County issue. Please feel free to contact me or my staff, Edgar Robinson and Lynette Rummel. We can be reached at 407-836-7350 or by email at district5@ocfl.net.

Ted B. Church





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National Night Out 2014 A Success!

On October 7, 2014 the Winter Park Police & Fire Departments, along with National Sponsor ADT/Local Authorized Dealer Absolute Security, hosted the 2014 Annual National Night Out at our Public Safety Complex. What an amazing event it was! Several hundred visitors attended the event throughout the evening and thirty-five vendors were on display highlighting items or services to assist our community with their personal safety. During the event on display were police and fire equipment with representatives from each respective department to educate the public on the services we provide.

The success of this event was largely due to the continuous support from our community partners that took time out of their busy schedule to participate. A special thanks goes out to the following vendors that attended or supported the event: SafeLink, Crimeline, AAA, Armstrong Lock and Security, Home Depot, Harbor House, SRA (Senior Resource Alliance), Children Safety Village, Firstlight Home Care of Central Florida, F.I.T. (Functional Independence Training corp.), Costco, K.O Athletics, Longwood Healing Center, American Cancer

Society, American Lung Center, Lyrus Hearing Care, the Victim Services Center of Central Florida, Office of the Attorney General (Consumer Protection Division), Orange County Consumer Fraud Unit, Wells Fargo, Walgreens, Oviedo-Target, Central Florida Data, the Bike Valet and the Winter Park Breakfast Rotary.

Also present at the event was a document shredding company called RECALL which displayed their product. Shredding your documents is especially important for ensuring personal information is not taken which can result in identity theft.

For the children who came to this event, we had two amazing clowns courtesy of the Winter Park Fire Department along with lots of fun games and giveaways. The kids loved climbing in the armored personnel carrier, meeting Brutus our Department's K-9 dog, as well as checking out the SWAT equipment and the police boat. Our Criminal Investigation Division provided a crime scene scenario which intended to challenge our citizens in solving a major crime. Who knows, future detectives of the agency, hmmm?

We didn't forget our furry residents either!

Orange County Animal Services was present providing micro-chipping for your pet. Winter Park Lost Pets, The Veterinary Emergency Clinic, Pet Supermarket, Park Your Bark and Pookie's Pet Nutrition were also on hand to answer questions or concerns you may have had regarding your precious pet.

The Winter Park Police Department is most grateful to our community partners The Meat House, Cocina 214, Dunkin Donuts, and Chick-Fil-A for providing food and refreshments.

Special thanks go out to our volunteers and Police Explorers, who all did an amazing job assisting with the event. We had a great time visiting with our residents and their families while also providing the opportunity to showcase the best both Winter Park Public Safety Departments and Community Stakeholders have to offer. The numerous compliments we received about the service our agencies provide to the community will be cherished by all the officers who were honored to receive them. The Winter Park Police Department looks forward to another successful event and appreciates all the community support.

From page 1

Across the nation, just over 2,500 sites are considered National Historic Landmarks. In Central Florida, there are only two in Brevard County (the Windover Archeological Site and Cape Canaveral Air Force Station) and two in Polk County (Bok Tower Gardens and the Frank Lloyd Wright-inspired Florida Southern College Architectural District).

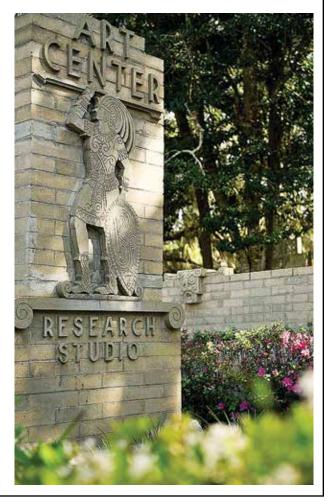
"Our community truly has a hidden gem in the Maitland Art Center," said Maitland Mayor Howard Schieferdecker. "It's my hope that the National Historic Landmark status will lead to more people learning about and supporting this wonderful piece of our heritage."



Located near Lake Sybelia at 231 W. Packwood Ave., one block west of South Orlando Avenue, the Maitland Art Center galleries are open Tuesday through Sunday from 11 a.m. to 4 p.m. Tickets (\$3 for adults, \$2 for children and seniors;) gardens are open to the public.

For more information please visit artandhistory.org.









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10 **NEWS** The Park Press | NOVEMBER 2014

Mayflower Resident Wins Best Of Show At "Art For Generations"

In celebration of Active Aging Week (sponsored by the International Council on Active Aging) - and in collaboration with the Winter Park Health Foundation and Rollins College - The Mayflower Retirement Community recently hosted "Art for Generations," a juried art show featuring creative works by local residents 55 and older.

"We chose to hold an art show during Active Aging Week this year to demonstrate that age isn't stopping our residents from doing what they love," said Jana Ricci, marketing director for The Mayflower. "We encourage all of our residents to remain active in their interests and find new ones as they age."

Resident Audrey Francini, a 96-yearold artist, teacher and Mayflower resident, won the "Best of Show" Award of \$200 for her needlework piece, "Shokke Flowers." A Merit Award of \$100 was awarded to the following winners in each category:

- Painting: [Dot Cline: "Basket of Peppers," watercolor]
- Painting-Drawing [Eliza Pineau: Self-portrait, drawing]
- 3-D mixed media:

[Shirley Stanton: "Mother & Child," mixed media]

• Photography: [Marilyn Illsley: "Cereus-ly Radiant," photography]

The Mayflower Retirement Community received more than 150 entries from more than 50 artists. Entries were accepted from Mayflower residents and other members of the community, with approximately two thirds of the submissions coming from Central Florida residents. The free show, which took place on Thursday, Sept. 25, attracted 200+ attendees over four hours.



Audrey Francini with her award-winning art "Shokke Flowers

Combating Malnutrition One Bar At A Time

Hope for our Hometown is a group of Central Florida social entrepreneurs who are trying to make a difference in our community.

Their mission is to put whole food nutrition into the hands of local children who need it most.

Their goal is to generate 5,000 boxes of Hope Bars, delivered to the Darcy J. Foundation to help single mothers in time for the winter holidays.

With these bars, the team will place this form of whole food nutrition in the hands of moms who are struggling every day to put food on the table. When children eat right, they play better, think better, and get back the ability to be a kid again.

Darcy Johnson is a UCF alumni

and former member of the New York Giants. The Darcy J. Foundation's mission is to serve mothers and their families in local communities, inspiring them to live healthier lives, to support education, and to get involved in their communities.

The Darcy J. Foundation, Inc. was established as a 501(c)(3) organization in 2008 by Darcy S. Johnson, a young man who understood the struggles of single parenthood. His mission was to give children a role model and educate families on the importance of healthy parenting; physically, emotionally, and socially. His vision brought community events and programs that catered to those in his home town of Palatka, Florida.

Today, The Darcy J. Foundation not only serves his home town, but has expanded its efforts to Central and South Florida communities,

and has served more than 5,000 moms and their families from Broward, Orange, Seminole, and Putnam Counties, through its Road to Success Program, Sports Camps, Back to School Fun Days and more. Learn more at darcyjfoundation.com.

What is a Hope bar? The Hope bar is a standardized whole food nutrition bar. It contains the 43 ingredi-

eradicate malnutrition. In order to support this community initiative please visit http:// www.wethepeoplecf.com/barofhope.php. Help feed a child and sustain this local effort.

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UCF Reports Record In Research Funding

Researchers at the University of Central Florida set a new record in funded research in fiscal year 2014, receiving \$145.6 million, 30 percent more than the previous year. The funding totals reflect successful collaborations with industry, a record total for federal defense grants and continued growth in commercialization and innovation activity.

The highest funded unit, Student Development and Enrollment Services, received \$29 million from Lockheed Martin Corp. to fund workplace training for graduate and undergraduate students. The program, which began in 1986, has grown to include 300-400 students semester who work part-time at Lockheed while maintaining grade point averages of 3.0 or higher in their classes at UCF. The funding allows for expansion of the program into 2016.

The College of Engineering & Computer Science received \$19.3 million for projects including the use of agricultural robotics, aerial imaging, and sensors that are helping detect disease in citrus and strawberries earlier than previously possible. Yunjun Xu, an associate professor of mechanical and aerospace engineering,



The Institute for Simulation & Training received \$15.2 million, including more than \$1 million to researcher Stephanie Lackey for multiple projects to advance the state-of-the-art in use of robots in the military. Her team's research explores in-depth the interactions between humans and robots and drives development of simulation systems of the future.

Federal awards totaled \$72.2 million and included Florida's only Multidisciplinary University Research Initiative award received by Zenghu Chang in the College of Sciences and the College of Optics & Photonics. Chang is the lead investigator on a \$7.5

UCF also received five awards worth nearly \$2 million from the Defense University Research Program. UCF, the University of Illinois and Rutgers University were the only universities in the nation that received five grants.

The National Center for Optics and Photonics Education (OP-TEC), was funded by National Science Foundation for \$3.4 million. The Center, overseen by UCF, is helping more than 50 colleges throughout the U.S. initiate and improve associate degree programs to prepare technicians in optics, lasers and photonics. OP-TEC, through a series of NSF grants, has been developing teaching materials, training new

faculty and providing them professional development since 2006.

In community engagement activity, College of Health and Public Affairs researcher Eugene Paoline III received \$486,500 from the National Institute of Justice to study police early intervention systems.

UCF's commercialization activity also continues to grow. UCF ranked 9th in the nation among U.S. public universities for patents produced in 2012 in a survey by the National Academy of Inventors and the Intellectual Property Owners Association. The university reported 57 U.S. patents and 23 licenses and options executed in 2014.

S.T. Wu, a professor at CREOL-COP whose work has significantly advanced liquid crystal displays and the screens we use every day on smartphones, televisions and computers, was inducted into the new Florida Inventors Hall of Fame. Wu was joined in the inaugural class of six by such innovation icons as Thomas Edison, Gatorade inventor Robert Cade, and John Gorrie, the air conditioning pioneer.

For more information please visit http://today.ucf.edu.

Honor Veterans And Challenge Yourself

Camaraderie Foundation, a local nonprofit that provides private counseling and support services to veterans and their families, will host its third annual Ruck Sack March at Medical City in Lake Nona on Saturday, November 15.

Take the challenge of "Walking a Mile in Their Boots" along Veteran's Way in Medical City on a 3, 6 or 12 mile course. Participants can join just for fun as a walker/runner, or compete for prizes as a Warrior, in which they must carry at least 35 pounds in a ruck sack or backpack. Proceeds from the event, held during the week of Veterans Day, will provide private counseling and support programs for local veterans and their families.

"Our goal with the Ruck Sack March is to build camaraderie and show support for our military community by literally 'walking a mile in their boots,'" said Terri Wallace, executive director for Camaraderie Foundation. "We're hoping for hundreds of local residents to turn out to support local veterans and their families combat the invisible wounds of war. Currently, we have over a dozen soldiers on our waiting list, so we appreciate all community support."

Psychiatrists project that one in four U.S. soldiers will suffer from Post-Traumatic Stress Disorder (PTSD) after serving in Iraq or Afghanistan. The rate for PTSD is two times higher for those men and women who served two tours, which makes up approximately 40 percent of all U.S. troops.

"It's humbling to know what our military heroes sacrifice for us while defending our precious freedoms overseas, but it's troubling to learn about the struggles that many veterans and their families face when they return home," said Jim Craig, Camaraderie Foundation board member and director of business integration with Lockheed Martin, Title Sponsor of the Ruck Sack March. "Helping the Camaraderie Foundation provide resources to recognize and heal invisible wounds of war is one small way for us to show our gratitude and appreciation

for these brave women and men that served our country."

The cost to participate is \$50 for Warrior, \$25 for a walker/runner, and \$15 for children (under 15). To sign up for the Ruck Sack March or to learn more about Camaraderie Foundation, visit www.rucksackmarch2014. kintera.org.













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"Winter In The Park" Holiday Ice Skating Rink Returns

Beginning Friday, November 14, 2014, through Sunday, January 11, 2015, the City of Winter Park will bundle up once again for "Winter in the Park," the city's annual holiday ice skating rink, presented by the Community Redevelopment Agency. The rink is located in Central Park West Meadow at 150 N. New York Ave., on the corner of New York Avenue and Morse Boulevard, in downtown Winter Park. Opening weekend, Saturday, November 15, and Sunday, November 16, will feature fun and exciting promotional giveaways!

Snowflakes of all ages and skill levels are invited to chill out as they glide, spin and turn at "Winter in the Park" during the following hours:

- Monday thru Thursday, 3 to 9 p.m.
- Friday, 3 to 10 p.m.
- Saturday, 10 a.m. to 10 p.m.
- Sunday, Noon to 8 p.m.

See website for extended school holiday hours.

Snow angels are invited to skate all day for only \$12 per skater (skate rental included). For a blizzard of 20 or more people, some cool group discounts are available for all this frigid fun. If you are interested in bringing your whole igloo to celebrate birthdays, special events, private parties or corporate holiday gatherings, the rink is available

for rental opportunities. Advance reservations are required for private party and group events to avoid an icy avalanche of skaters at the rink.

Holiday music, games, carolers and so much



more will flurry around you as you enjoy "Winter in the Park." For more information, please call 407-599-3203 or visit cityofwinter-park.org/witp.

Operation Christmas Child Collection Underway At YMCA

The YMCA of Central Florida is excited to partner with Samaritan's Purse in support of Operation Christmas Child, an annual gift-filled shoe box drive for children in need. Operation Christmas Child is the world's largest Christmas project of its kind, collecting and delivering more than 113 million gift-filled shoe boxes to children in more than 130 countries.

Now through Nov. 23, individuals, families, churches, and groups are invited to drop off a gift-filled shoe box at one of the Y's 25 locations in Central Florida. Shoe boxes can include small toys, school supplies, hygiene items, and notes of encouragement. Empty shoe boxes are available at each Y location and can be returned by Nov. 23.

"For the past 17 years, the Y has supported Operation Christmas Child because it reflects our commitment to helping people in need," explained Rick Shreve, director of Christian Initiatives at YMCA of Central Florida. "With projects like this, we are keeping

the "C" alive in the YMCA and teaching Servant Leadership, by encouraging our community to help people they may never know or see."

The YMCA of Central Florida was recently recognized by Samaritan's Purse for its commitment to Operation Christmas Child and for surpassing collection benchmarks over the past 17 years. Last year alone, the YMCA facilitated the collection of more than 25,000 boxes.

To donate a gift-filled shoebox, please visit one of the following Y locations.

Crosby YMCA 2005 Mizell Ave Winter Park, FL 32792 407-644-3606

Winter Park YMCA 1201 N. Lakemont Ave Winter Park, FL 32792 407-644-1509

For a full listing of YMCA locations, please visit www.ymca-centralflorida.com or call 407-896-9220.



Tax-Aide Volunteers Needed

Volunteers are needed for AARP'S Tax-Aide Program. Tax-Aide counselors help prepare tax returns and assist with filing requirements for older taxpayers and others.

Individuals with an aptitude for tax preparation, experience in filing personal returns, good communication, and computer skills are urged to sign up. AARP membership is not required to be a volunteer with this program.

Volunteer counselors are trained by AARP in cooperation with the Internal Revenue Service (IRS). An orientation will be held in December and training for volunteer counselors begins around January 12 in the Orlando Area.

Anyone interested in joining the program should go to www.aarp. org/taxaide or call Jackie Sward at 407-647-5233.





Six years ago, Jack was born at 1 lb. 1 oz. with just a 10% chance to live. That's because when his mother's blood pressure shot up to dangerous levels at the end of her second trimester, doctors were forced to deliver him by Caesarean section. But thanks to the expert care Jack and his mom received at Winnie Palmer Hospital for Women & Babies, he defied the odds. Jack and his mom are just two of the thousands of women, children and babies that we have helped over the past 25 years. To see more stories like Jack's, *visit 25yearsofcaring.com/Jack*





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fiscal fitness by John Gill

Start With Savings

Saving money is a challenge for so many of us for a variety of reasons.

Many of us lack a plan or discipline for budgeting and saving, we have competing needs within our respective families or living situations, there are multiples expenses and a single source of income, or emergencies arise that impact our financial situations. However, saving money is important and a strong savings program is one of the keys to effective investing.

Why is that the case? There are a couple of reasons. Saving is another component of investing just like other financial instruments or real estate. Saving is the act of accumulating money for short term needs and wants while investing is generally for longer term needs. An emergency fund is a great example of a strong savings situation. An atypical situation arises, the water heater breaks for example. Instead of using a credit card, there is money available to take care of the issue.

Saving for the holidays, for

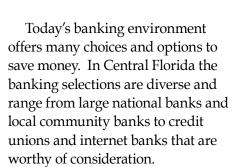
vacations, for the down payment on a car (or for the total cost of the car) are other examples. These needs and wants are ongoing activities that probably do not warrant the sale or liquidation of investments. These are things that can be planned for through saving without sacrificing potential returns.

The ease of access to the funds is another characteristic of a savings account. Generally speaking, you can walk into a bank or other financial institution and withdraw funds at will. In essence, you show up, fill out a withdrawal document and take your funds. With a financial investment it generally takes some time, three to five days, to get your funds. That's because the security or financial instrument must be sold and settled before your funds become available.

Savings accounts are generally characterized by lower rates of return relative to most investments. In today's market the rates are in the one percent range or lower on an annualized basis. While that is low relative to other investments, savings are also characterized by

another attribute, very low risk compared to most investments. Because most savings instruments are bank savings accounts or certificates of deposit, the risk of not receiving the initial amount saved is extremely low and is bolstered by FDIC insurance. How can one boost the rate of return on funds stashed in savings and certificates of deposit?

Consider moving funds from a regular savings account to a money market account. These accounts pay higher interest rates and you have the same access, perhaps better, to your funds. This is because many savings accounts have limits on the number of withdrawals per month before a fee is assessed. A money market account offers higher interests rates coupled with the ease of checks although withdrawal limits may also be in effect. Certificates of deposit offer another savings vehicle. Staggering the maturity of the certificates of deposits can help to boost savings yields while retaining the safety of relatively risk free savings.



When considering a bank, credit union, or other savings institution, make sure that it is protected by the FDIC (Federal Deposit Insurance Corporation) if a bank or savings institution; or the NCUA (National Credit Union Administration) for credit unions. This will insure the safety of your funds. The current maximum amount insured is \$250,000.

By building a robust savings program in concert with a systematic investment plan you will generate significant dividends for your future fiscal fitness.

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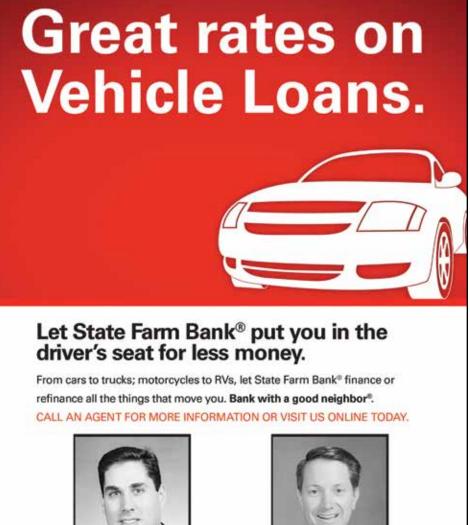
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If you have questions, comments, or an area of financial interest you would like to see discussed in The Park Press, please call John at 407-353-0594 or send email to FiscalFitness@ymail.com. Follow John on Twitter, @john_gill1.



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Business In The Parks

Phil Kean was named 2013 National Custom Home Builder of the Year by the National Association of Home Builders (NAHB). Kean, president of Phil Kean Design Group and WAYCOOL Homes, LLC, was presented with the award during the 2014 International Builders' Show in Las Vegas. "Phil Kean is an exemplary representative of the home building industry. He has been a pacesetter in leadingedge design and has shown commitment to excellence in 'green' building", says Scott Merritt, CEO of the Home Builders' Association of Metro Orlando. "Phil deserves this recognition due to his positive leadership, integrity and professionalism as an architect and builder, and generosity to the industry and community."

Cuhaci & Peterson Architects Engineers Planners, based in Orlando's Baldwin Park, recently hired a new graduate architect and several other staffers. Lonnie Peterson, chairman at Cuhaci & Peterson, said **Dusty Lake**, a recent graduate of Ball State University with a masters in architecture, has joined the firm. Other new hires include **Beth Agus**tin and Patricia Clavijo, CADD technicians. Agustin previously served in the U.S. Army and attended Valencia Community College. Clavijo has more than 20 years of experience with the focus on drafting. Tony Bowers, a graduate of the University of South Florida with a bachelor's degree in mechanical engineering, has six years of experience; and Molli Lindsey was named permitting coordinator and is a graduate of Sanford-Brown Institute with three years of experience.

America-Trust Trust Across **Around the World** (TAA-TWA) has once again named Roy Reid, executive director of communications for the University of Central Florida College of BusiLeaders in Trustworthy Business Behavior." Reid is cited for his innovative work within the business and educational community. Trust Across America places him among other experts who have made significant impacts on organizational operations and trust, including entrepreneurs, top advisors and CEOs for companies such as Starbucks and Edelman. He also received this honor in 2013 for his work at Consensus Communications, and for the success of his program "Outrageous Trust" which focuses on managing trustworthy relationships within an organization to stimulate positive growth. Roy Reid has been with the University of Central Florida College of Business since August 2013.

The law firm that G. Bruce Hill co-North Carolina.

Easter Seals Florida (ESF) is pleased to announce that Ron Lambert, CFO for the Winter Park Health Foundation (WPHF) has rejoined the Orlando-based nonorganization's advisory board, after a brief hiatus. Lambert served on the ESF board from 2005 to 2009. As CFO to a \$100 million investment portfolio at the foundation, Lambert is knowledgeable in donor relations and he will share his financial acumen with Easter Seals. The Winter Park Health Foundation has a long-standing relationship with Easter Seals and has supported many of the nonprofit's endeavors including the

Easter Seals

Feel good about giving.

development of the Sensory Garden at Day Break at the Miller Center. Lambert graduated from **Bryant** College in Rhode Island with a B.S.B.A. in accounting. In addition to serving on the board at Easter Seals, Lambert

lends his support to the Central Florida YMCA Finance Committee, YMCA-Center for Health & Wellness Board of Management; he is a part of the Leadership Winter Park Alumni Council, and was the president in 2004; and he is a member of the Foundation Financial Officer's Group.

Emily Johns has joined the **Finan**cial Harvest Wealth Advisors team as our operations specialist.

Governor Rick Scott recently announced the appointment of John Crossman to the Valencia College District Board of Trustees. Crossman is the president of Crossman & Company, has served as a member of the International Council of Shopping Centers Foundation Board and as the president of NAIOP Central Florida. Crossman received his bachelor's degree from Florida State University and was inducted into the College of Business Hall of Fame in 2013. He succeeds Jerry Buchanan and is appointed for a term beginning February 28, 2014, and ending May 31, 2017.

Easter Seals Florida (ESF) is pleased to announce that 18-yearold Christopher Beck, a senior at Lake Highland Preparatory School, has been appointed to the Orlandobased non-profit organization's advisory board. He is the young-

> est person ever to be appointed to the board. **Beck** has worked ESF, with which specializes in services and programs children, for adults and veterans with disabilities special needs,

> for several

years. His Eagle Scout project was the creation of a sensory garden at Day Break at the Miller Center, an ESF facility in Winter Park, which provides care, therapy activities and wellness services for adults with physical and mental disabilities like Alzheimer's disease and dementia. Beck has an interest in plant growth and his ideas for the garden were supported by a \$20,000 grant from the Winter Park Health Foundation. He engaged the Garden Club of Mead Gardens and fellow scouts from the Boy Scouts of America to complete the project.

Henin Realty, a division of the Henin Group, recently celebrated its 20th anniversary in business. In 2013 Henin Realty, based at 2300 Lee Rd. in Winter Park, ended the year with \$15 million in sales, which is double the firm's sales figure for the previous year. Elizabeth Henin is president of Henin Realty and Jerome Henin, principal of the Henin Group, parent company of Henin Realty, is the realty company's broker of record.







real estate in the parks by Scott Hillman

Good News: Distressed Property Inventory Continues To Decline

ery of the existing home market in Orange and Seminole counties is getting better every day. Despite some media reports to

the contrary, the local market has been improving

since March 2009 when it found itself on life support. As the local market continues to navigate through an improved but still somewhat challenging economy, one very positive sign is the marked decline in distressed properties-foreclosures and short sales-which dominated the market just three and four years ago.

Rather than look at month-to-month comparisons which can be misleading because they sometimes have a tendency to be extreme one way or the other, I find we get a much more accurate picture when looking at year-to-year comparisons.

The good news is, distressed property sales represented only 32.4% of the 19,319 existing home sales in Orange and Seminole counties through October 7 this year, while last year distressed property sales accounted for 39.7% of the 20,199 existing home sales over the same period.

Even more eye-popping is the fact that distressed

The prognosis for the recov- property sales are currently down more than twice what they were in 2010 when they represented 68.8% of all existing home sales that year.

> Upon further examination, we find distressed properties accounted for 56% of the 5,231 pending sales (homes under contract but not sold) on Oc-



tober 7, 2014, compared with 69.2% on the books at the end of October last year. Market conditions will most certainly continue to brighten should many of the distressed properties that are pending, actually close.

Combine these factors with a robust drop in the number of short sales that make up pending sales and the picture gets even brighter. Short sales have decreased significantly because until recently pending short sales were typically under contract for anywhere from 6-24 months before closing. That

> created a massive backlog. Banks, however, have streamlined the closing process so that many of the backlogged contracts have sold and newer contracts are closing in much less time and at a much faster rate.

> Despite the decline in distressed properties, we shouldn't be satisfied until we get them down to or below 5%, a level we haven't seen since 2007 when they accounted for only 3% of all existing home sales. The hope is that one day we'll see the percentage of distressed sales at the .1% and .5% levels that existed in 2005 and 2006, respectively.

> With more and more distressed properties being moved off the books, still very

attractive mortgage interest rates, and a healthy supply of inventory homes, the overall health of the existing home market in Orange and Seminole counties looks very encouraging for buyers and sellers alike.

Scott Hillman is president of Fannie Hillman + Associates, a 33-year-old Winter Park-based real estate company specializing in residential real estate sales and producer of The Hillman Report, a semiannual look at residential real estate in Orange and Seminole counties that can be viewed on the company's website (fanniehillman.com) or by calling (407) 644-1234 for a copy.

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in the garden by Stephen and Kristin Pategas



Stephen & Kristin Pategas

Selections For Your Garden

Plant breeders and seed companies develop hundreds of new plants every year hoping to capture a piece of the gardening mar-

ket. Often the new plants are only slight variations – and hopefully improvements – of the current plants in use. For instance, there are new varieties of petunias each year from various breeders all claiming to be new improved versions. How would garden centers and gardeners have any clue if the claims are true? Well, for 84 years there has been an independent, non-profit organization, All-America Selections (AAS) leading the way.

AAS tests new varieties of plants in impartial trials in North America, provides scoring and evaluations and then announces the best garden performers as AAS Winners. This isn't just a beauty contest for plants. Each year plants of the same va-

riety are grown side by side. One is always a well-performing variety already on the market and the others are never-before-sold. The independent AAS judges are professional horticulturists and their trial gardens are located in geographically diverse areas all over the U.S. and Canada. Walt Disney World has the garden closest to Orlando and the next closest are in Miami and at Callaway Gardens in Georgia. Judges score each entry and report their scores at the end of the growing season. They look for significantly improved qualities such as earliness to bloom or harvest, disease or pest tolerance, novel colors or flavors, novel flower forms, total yield, length of flowering or harvest





and overall performance.

There are two types of awards in four categories of trials. There is an AAS Gold Medal Award, only given once or twice a decade, and it is reserved for a breeding breakthrough. The other AAS Award recognizes a flower or vegetable for significant achievements, proven to be superior to other likevarieties on the market. The four categories of trials and awards are Flower, Bedding Plant, Vegetable and Cool Season Bedding Plant. AAS Winners are announced three times each year in November, January and July and the media and cooperative extension agents introduce AAS Winners to home gardeners.

There are many places to see the newest AAS winners. There are almost 200 AAS Display Gardens throughout North America and may be found at public botanic gardens or arboretums, a municipality, a garden retailer, a university garden or other places. The two in Florida are at the Naples Botanic Garden and Costa Farms in Miami.

When you purchase an AAS Winner, you know that it has been put through its paces by an independent, neutral trialing organization and has been judged by experts in their field. The AAS Winner label is like a stamp of approval. Visit http://all-americaselections.org/ for the winners and locations of all of the trial and display gardens.

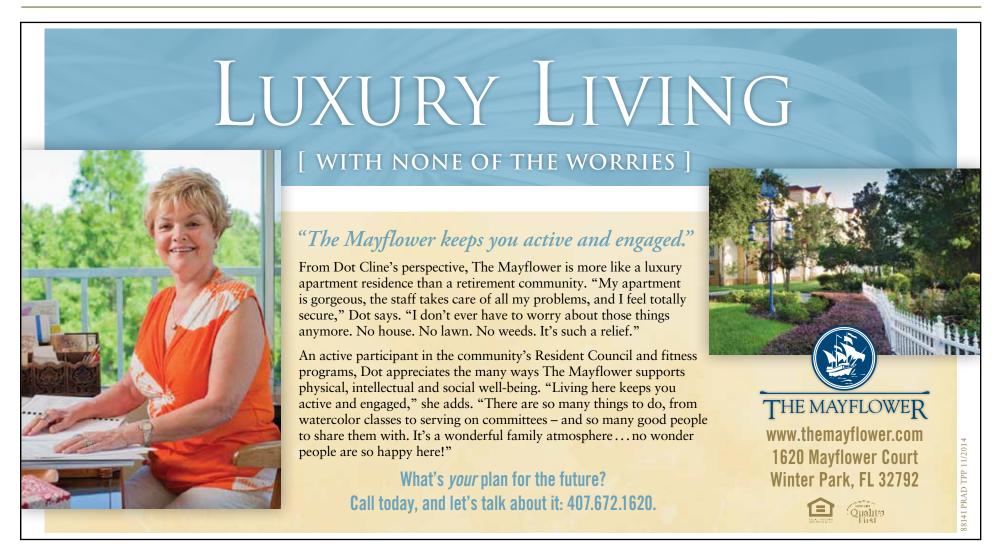
Pictured above: Zinnia 'Profusion Double Deep Salmon', an AAS winner in 2013. Photo by All America Selections.

Bottom photo: Some AAS winners make it into our vegeable garden.

Far Left: AAS display garden at Sonnenberg Gardens and Mansion State Historic Park in Canandaigua, New York.

Photos by Stephen G. Pategas, Hortus, Oasis.

Hortus Oasis (FL26000315) in Winter Park is a boutique garden design company specializing in residential, commercial and specialty gardens. Stephen is a registered landscape architect and Kristin is a certified landscape designer. Contact them at 407-622-4886/garden@hortusoasis.com



18 HEALTH The Park Press | NOVEMBER 2014

Ayesha G. Bullock

live meaningfully by Ayesha G. Bullock, M.A.

Words Of Holstee Wisdom...

I recently stumbled across this piece of wisdom and thought it merited repeating. The Holstee Company has an interesting story and has managed to convey a simple

and eloquent credo with great aplomb. What started as a statement of mantras to help three young men navigate their twenties, now graces the walls of such behemoths as Google, Zappos and TED.*

It got me to thinking... if three young guys sitting on the steps of Union Square in New York City** could create and express such a profound message, what could you do if you set your mind to it?

So this month I encourage you to go forth and, as they say, live your dream and share your passion.

*http://www.wnyc.org/story/story-behind-motivational-poster-plastered-all-over-silicon-alley/

New Tech City: Episode #74

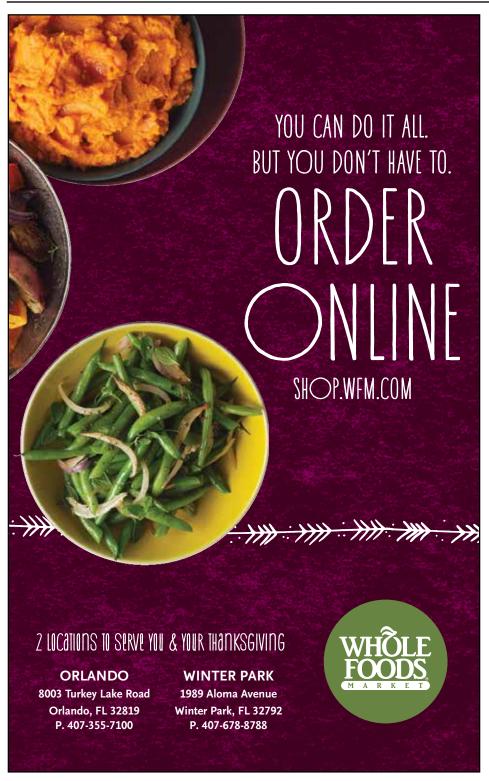
"Holstee Manifesto: The History of the One Motivational Poster that Pervades Startup Culture" February 19th, 2014

Be well; Live Meaningfully. Till the next time, Ayesha

Ayesha G. Bullock, M.A. practices at 2150 Park Avenue North as a Licensed Mental Health Counselor and can be reached at ayesha@livemeaningfully.net or 407-796-2959.

THIS IS YOUR DO WHAT YOU LOVE, AND DO IT OFTEN. IF YOU DON'T LIKE SOMETHING, CHANGE IT. IF YOU DON'T LIKE YOUR JOB, QUIT. IF YOU DON'T HAVE ENOUGH TIME, STOP WATCHING TV. IF YOU ARE LOOKING FOR THE LOVE OF YOUR LIFE, STOP; THEY WILL BE WAITING FOR YOU WHEN YOU 'ART DOING THINGS YOU LOVE. STOP OVER ANALYZING, ALL EMOTIONS ARE BEAUTIFUL. WHEN YOU EAT, APPRECIATE IS SIMPLE. EVERY LAST BITE. OPEN YOUR MIND, ARMS, AND HEART TO NEW THINGS AND PEOPLE, WE ARE UNITED IN OUR DIFFERENCES. ASK THE NEXT PERSON YOU SEE WHAT THEIR PASSION IS, AND SHARE YOUR INSPIRING DREAM WITH THEM. GETTING LOST WILL HELP YOU FIND YOURSELF. SOME OPPORTUNITIES ONLY COME ONCE, SEIZE THEM. LIFE IS ABOUT THE PEOPLE YOU MEET, AND

THE HOLSTEE MANIFESTO" ©2009 WRITTEN BY DAVE, MIKE & FABIAN DESIGN BY RACHAEL WWW.HOLSTEE.COM/MANIFESTO





^{**} For more information: visit www.holstee.com

The Park Press | NOVEMBER 2014

pop culture detours by George McGowan

A Grab Bag Of Music Available For Your Holiday Shopping!

The music industry knows that the pre-holiday season is the time to release the music most likely to lead to CD sales. Several veteran acts have released music that could meet your needs for a gift to a friend or an addition to your new (old?) vinyl collection. Another one, U2, went ahead and added their newest to your iTunes account just knowing that would please you. What? You don't want free music? You would rather control your collection so your random play mode doesn't include the latest from the world's biggest rock band? What Bono and company thought was a neat-o way to show their appreciation for the support of Apple all these year horrendously backfired.

Thankfully there is always more music out there to choose from, including for me a new discovery of an old man. One of the gaps in my music listening experience has been Leonard Cohen. I somehow lumped him into a group of critic's darlings that just wouldn't suit my taste. Again, I was wrong. I can happily recommend Cohen's latest, "Popular Problems." If you are unfamiliar with Mr. Cohen (and I refer to him as mister for a good reason, as he just celebrated his 80th birthday), it is time to get to know him and his music. Cohen is a foremost a poet and he has chosen music and the song structure

as his delivery system for his thoughts on life and living. He has settled on spare arrangements with a few featured instruments to surround his words and guide them forward. And his words are strange, triumphant, circumspective and, ultimately, powerful. One listen drove me to obsession and I had to begin the long process of listening to his entire catalog. A great choice for the "intellectual" on your holiday gift-giving list.

For something a bit more upbeat and funky, how about two separate new releases from an old friend? This old friend ruled the 1980s on the Warner Brothers record label and has recently (and somewhat incredibly) returned to their fold with an experimental solo effort and a second release with a hard driving new band. Who is this old friend? Why, it's Prince Rogers Nelson. Prince, for short. His solo album, "Art Official Age," is a near-future concept album with Prince at the center of a journey through several genres and concepts. It is an interesting journey with some interesting stops, with Prince's ringing guitar riffs and masterful funk (see: "The Gold Standard") and slow jams (see: "U Know" and "Breakfast Can Wait") offset with interruptions from an otherworldly voice guiding Mr. Nelson on his "journey." The other selection is a more traditional

rock album made with his latest band, 3RDEYEGIRL. Named "PlectrumElectrum," it is a full-throated and anthem-driven testament to a hard rocking band. If I had to choose one over the other, and I really don't want to, I prefer the work with the band, because it simply rocks harder. I love the album opener, WOW, and the album closer, FUNKNROLL. Yes, they are capitalized, but I think deservedly so.

OK, now some shorter and sweeter recommendations. For lovers of power pop with an emphasis on powerful women, there is Ex Hex with their debut album "Rips." For conceptual lightrock stewed in Brit-pop, there is Alt-J's latest, "This Is All Yours." For singer-songwriter roots rock, there is Ryan Adams with his self-titled gem (that coincidentally begins with my pick for best guitar riff of the year). For singer-songwriter of a folksier bent, a new find from North Carolina by way of California, Hiss Golden Messenger with "Lateness of Dancers." Finally, if a single album just doesn't do it for you, public radio-darling Lucinda Williams has a double album of new material with a simply killer band: "Down Where the Spirit Meets the Bone."

Heck, just help the economy and buy them all and play them loudly as the family gathers for the holidays!

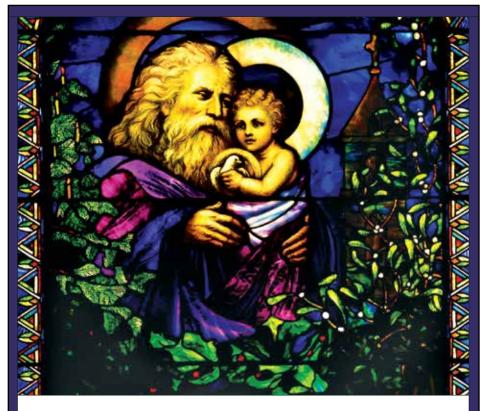
theater in the parks by Barbara Solomon

Tommy Says See Me

THE WHO'S TOMMY WRITTEN BY TOWNSEND AND MCANUFF **DIRECTED BY DONALD RUPE** STARRING WESLEY SLADE AND HEATHER KOPP



Photo by Tom Hurst



HOLIDAYS at the MORSE

Make the Morse a Holiday Tradition

Live Music, Tours and More

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Wednesday, December 24 9:30 a.m. – 4 p.m.

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JUST A 5-MINUTE WALK FROM THE SUNRAIL STATION

This is not the typical Rogers and Hammerstein musical, but it's just as marvelous. This rock opera starts in London in 1940 and travels through the 60s. The music is great, as is the story. We follow Tommy's life as he is born, gets traumatized at a young age, spends many years deaf, dumb, and blind, and finally breaks through to an unusual life.

The performances were excellent, especially in the major roles. The youngest Tommy was adorable, the second an amazing actor for his age, and the adult Tommy (Wesley Slade) just about stole the show. He was simply vibrant-his voice filled the theater with classic songs from The Who. Wesley's high level of energy was matched by the chorus in their stirring number, "Sensation." The choreography was top notch and well executed by all, especially Wesley. Besides wonderful blocking, director Rupe cast well, especially Mrs. Walker (Heather Kopp); her voice was pleasant as well as strong, and her acting quite believable. I cannot heap praise without mentioning Cousin Kevin (Jake Mullen), who shone in the iconic song, "Pinball Wizard." Two other outstanding numbers were "See Me, Feel Me" and "I Believe My Own Eyes."

Symbolism abounds in this musical. Tommy is consistently dressed in white, and symbolizes, to my mind, the Messiah. Monica Titus, not usually a costumer but a performer, did an admirable job on the costuming, as good as any I've seen at The Mad Cow. The mirror symbolizes the constraint Tommy is under, and when his mother breaks it, he can sing "I'm Free." The message I walked away with is never give up hope, even when it's darkest. So get your best pinball game ready and head to the Mad Cow for an evening of The Who.

BARB'S BEST BETS FOR NOVEMBER: "A CHRISTMAS CAROL" AT THEATRE DOWNTOWN, "ISN'T IT ROMANTIC?" AT THE WINTER PARK PLAYHOUSE, AND "THE BEST OF ENEMIES" AT THE ORLANDO SHAKES.

College Park Loses An Icon

By Barbara Solomon

and Orange Avenues, and it's an institution. But it is so much more than a mere building, it's a home away from home for hundreds of us over

It sits on the corner of Princeton the years. Frank and Fran Hilgenberg have run Theatre Downtown for 25 years, and they are now losing their theatre to more development by Florida Hospital.

Continued on page 20



Theatre Downtown will shut their doors at the end of 2014. A benefit will take place on Saturday, Nov. 15 with entertainment provided by actors from past productions. For more information call Theatre Downtown

schools



Thank you for your overwhelming support of Aloma Elementary this first quarter. We experienced wonderful participation with our Scholastic Book Fair and helped our media center to add additional titles to our library collection. We appreciate our PTO members for their ongoing support with volunteer hours, hosting our Aloma Family Skating Night and organizing our Fall Fundraiser. Upcoming events include our Storybook Character Parade, Walkn-Roll, and our Florida Standards Assessment (FSA) Parent Night.

FSA Parent Night will be held on Tuesday, October 28 in our school cafeteria. We invite parents/guardians of students in grades 3-5 to join us for information on the new assessment and resources for parents and students in preparation for this new assessment. An online portal offering general information for Florida families is available at www.fsassessments.org.

Aloma Elementary is looking for parent and community volunteers to support the creation of several new academic clubs. We need your talent! If you are able to support a club such as chess, mathematics, Science Olympiad, or robotics, please contact our front office. Students use our STEM laboratory on a daily basis and we are in need of smaller size lab coats to support some of our messier lab experiments. If you have a contact or connection who may be able to help with either of these needs, please contact Farah Henderson, our curriculum resource teacher, at 407-672-3100 x3002224.

If you have not received access to iStation and Class Dojo, please contact your child's teacher for immediate connection to these resources. Please "like" us on Facebook to stay current with school events. We appreciate your continued support of our students and school.



From on page 19

Transplants from the Chicago area years ago, Frank worked in their successful Organic Theatre, developing the skills that make him one of the best, if not the best, director in Orlando. Fran matches him in talent; not only can she direct, but she is definitely the best costumer in town. Every show they put on is done professionally, from the initial auditions, to the set, the costumes, the blocking, and the performance. Frank holds court in the lobby bar, and makes every patron feel at home. As I sit here writing this, I am crying, for I cannot imagine College Park and Orange Avenue without Theatre Downtown.

What can we do? We can help find Theatre Downtown a new

home, which is the Hilgenbergs' plan. We can help raise money for the move. There will be a benefit on Saturday, November 15, for just this purpose. Come and show your support for a College Park icon, and you will be rewarded with a great show as well. Many of the performers from past shows will be providing entertainment that evening. The bar will be open, of course, and drinks can be taken inside the theater. There will be raffles and each patron will receive two raffle tickets with a mere \$10 admission. So come join us for an evening of fond memories of the space with each other. For more information call Theatre Downtown at 407-841-0083.

Audubon Park Elementary PRINCIPAL ANNA FERRATUSCO

Audubon Park Elementary is proud to announce and congratulate Mike Reese and Sandra Silver. Mike Reese teaches fifth-grade math and science and was recently named the 2014 Teacher of the Year. Sandra Silver works in the office, supports the autistic students, and coordinates the programs for the homeless families at Audubon Park and was recently name Support Person of the Year! Both of these staff members play a significant impact in the success of Audubon Park Elementary.

Mike Reese is a lead teacher for the school with the implementation of the digital curriculum. He works with students, teachers and the community in this area. The students and staff look to his leadership in the programs. He holds trainings and works one on one. In his classroom, you will find him always working with students on their levels. He is truly a gift to education!

Sandra Silver has a heart of gold! She goes out of her way to help families with basic needs and school supplies. One of the best parts of her day is working in classrooms supporting students. She wears many hats during her day and we thank her for her support.

I am honored to work with them daily!

Brookshire Elementary PRINCIPAL SUSAN MULCHRONE

The start of the second quarter at Brookshire Elementary School is upon us. Teachers are working hard and attending professional development to plan for engaging lessons for students. Students will continue to be challenged and work very hard as we plan for more challenging tests this year. Students also are working on new computer programs that will help students meet these new challenges. Students are using ALEKS for math instruction in grades 3-5. In grades K-5, students are working with iReady which is a computer based program for reading and math that matches each student's individual learning needs. Students are also being challenged with writing and asked to prove answers to questions based on information that they find in written text. If you have any questions or concerns, please feel free to contact me at Susan.Mulchrone@ocps.net.

Thank you for your continued support. It takes a strong home school connection to make students successful.



In November, Dommerich "Falls" into a full calendar of learning, fun and fellowship. We want to thank our amazing families and community for their support of our recent fundraiser! The ongoing support of our community is truly appreciated by all of us here at Dommerich.

Please mark your calendars for the following important November dates:

Harvest Hoedown, November 8, from 2-5 p.m. - a fun day for the whole family!

SAC (6p.m.) PTA (7p.m.) meetings, November 11;

Walk n Roll, November 12 – students walk, and ride their bikes and skateboards, to help cut down on the number of cars on the streets;

Fourth Grade Parent Writing Night, November 18 – parents discover how their students are learning writing skills;

TEACH IN, November 19 - com-

munity members and parents share information about their jobs with students;

Thanksgiving Break, November 24-28 – we all enjoy time with family and friends, as well as lots of delicious food!

Fern Creek Elementary PRINCIPAL JASON FRITZ

Fern Creek Welcomes Jason Fritz as New Principal

Jason Fritz is serving for the first time as a principal in the Orange County Public School System at Fern Creek Elementary School. A school known for strong community involvement, Fritz is a good match, knowing of his strong belief in community partnerships rounding out an effective and successful school.

After fourteen years as a classroom teacher, Fritz served five years as an assistant principal, coming to Fern Creek from Apopka Elementary. The staff, students, parents and community welcome Mr. Fritz to "The Creek."

Fern Creek Foundation holds 2nd Annual Bulldog Benefit on Thursday, November 6 at Quantum Leap Winery.

The Fern Creek Elementary School Foundation will hold its second annual Bulldog Benefit on Thursday, November 6 at Quantum Leap Winery. Funds raised through the Bulldog Benefit support the weekend snack pack program, clothing closet, and back pack/school supply drive.

The Foundation is soliciting donations for the silent auction and solic-Continued on page 21





schools

iting restaurants to participate in the Taste of Mills 50 appetizers. Tickets may be purchased on line at www. FernCreekFoundation.org. Those wishing to make donations may contact Holly.Vanture@ocps.net.

Fern Creek with Community Help to Provide for Holiday Assistance for Families of Students

Each year prior to Thanksgiving and leading up to the winter break, Fern Creek works with the community to help meet the needs of many of our students and their families. Before Thanksgiving we collect traditional Thanksgiving Dinner foods as well as donations toward gift cards for the turkeys. Leading to the winter break we appreciate receiving donations for winter-oriented clothing (socks, gloves, hats, jackets) as well as more popular holiday gifts valued at \$20 or less.

Killarney Elementary PRINCIPAL KELLY STEINKE

We would like to extend heart-felt congratulations to our Support Person of the Year, Krishmattie "Pam" Beni, and our Teacher of the Year, Susan Silverman! They both give more than 100% every day, and our faculty, staff, and families are very lucky to have them at Killarney!

We are entering a very busy time of the year! With the holidays quickly approaching, our school will be the recipient of many food,

RSVP to

info@thechristschool.org

clothing, and toy drives around the area. If you can spare any non-perishable food items, hygiene items, or clothing, please keep the students of Killarney in mind.

Would you like to be a teacher for a day? Our annual Teach-In event will be held on Wednesday, November 19, and you can participate! We are looking for volunteers to speak about their careers, do demonstrations in classrooms, read to students, or even give motivational talks to students. If you are interested, please contact Erin Braden at 407-623-1438 ext. 3462224 or via email at erin.braden@ocps.net.

Thank you to our wonderful Partners in Education for all that you have done for our students: Hollieanna McDonald's: lunches for AR winners; Karate Zoo: after-school karate classes; Yogurtland of Winter Park: spirit days every Saturday; Wendy's of Maitland: spirit night on October 14; Kona Ice of Winter Park: fundraising for PTA; and Mathnasium of Winter Park: coupons for two free tutoring sessions. We couldn't do it without you!



Happy November! I want to thank all of our parents who attended our School Advisory Meeting (SAC), Parent Teacher Association meeting (PTA) and Conference Night. Your support is vital as we communicate and work together for the success of our students, your children. Each month we provide opportunities for parents to participate and partner with us as we make decisions for our school, based on our students' progress and parent and community input. Every voice counts at Lake Silver and we value and appreciate your time and support. We have also successfully celebrated Red Ribbon Week, the fall Book Fair and held a Vocabulary Parade.

Our Math Night Fall Festival was wonderful. Students had an opportunity to engage in hands-on, fun math games to build fluency. Parents attended with their children and joined in the fun, as educational information was shared to help students with math at home. Thank you, PTA, for your help with this event.

Congratulations to two very special Lake Silver staff members-Kameron Barnes (Support Person of the Year) and Tynishia Williams (Teacher of the Year). Lake Silver has a phenomenal staff and we are excited to celebrate these two individuals this school year.

I am very thankful for our students, staff, families, OCPS and our Lake Silver community. Happy Thanksgiving!



Happy Fall! Reflecting on the first quarter of the school year already behind us, I'm so proud of all our teachers and students have accomplished. We celebrated reading throughout the month of October with a fantastic presentation about "just right books" at our Literacy Night, enjoyed another wonderful Book Fair week, and showed off our imagination at the Storybook Parade – one of Lake Sybelia's most treasured traditions.

As the end of the calendar year approaches, our teachers are working diligently to get our students up to speed on the variety of new requirements and learning goals necessary for the new Florida State Assessment and other tests. And as always, our PTA and school families are supporting our efforts with fundraising for much-needed resources, a fabulous roster of Fall After-School Enrichment courses and a variety of community-building events.

Speaking of community, many thanks to all the Maitland families, neighbors, local leaders and businesses that are participating in this year's Dolphin Dash 5K on Nov. 15. We especially appreciate the support of our sponsors for making this fun fitness event possible: Fleet Feet Sports Orlando, RDV Athletic Club, Women's and Maternity Care Specialists of Orlando, Bright House Networks, Hardwick Construction, and Weiss, Grunor, Barclay & Barnett Law.

If you haven't already, please register to join us for the 5K walk/run and kids' 100-yard dash. The events begin at 8:30 a.m. at the school and

end with a colorful surprise! Visit www.lakesybeliapta.org to register.

As we look ahead to Thanksgiving and the holidays, Lake Sybelia Elementary wishes all our students, teachers, friends and neighbors a season of fun and family.



There have been some noticeable changes in our classroom instruction and homework assignments from what was seen traditionally. Students are talking more in class, actively processing the information versus a traditional format of sitting and having the teacher do the majority of the talking. Why the changes? The reason is the way we have taught students in the past will not prepare them for the higher demands of college and careers in the future.

In reading and language arts, we have added more texts that provide background knowledge in areas like science and social students. Students are still reading stories and literature, but also are reading more challenging texts. They are being asked to find evidence for their statements and referring back to the text (or multiple texts)! There is an increased emphasis on building a strong vocabulary. These practices encourage students to become observant and analytical readers.

Our students in third, fourth, and fifth grades are using a computerbased program during the day and also for homework (on occasion). This program tracks students' lexile levels which helps teachers identify students who are reading on, above, or below grade-level expectations. We can then help increase their fluency and ability to read more difficult passages with higher lexile levels. Additionally, this program has the same articles available across a range of lexile levels, so students in a classroom can all access the material at their own level, but still be able to discuss the same content.

In math and science classrooms, students are focusing on experiments and understanding number sense. Classroom experiments are one of the best ways for students to have an understanding of how things work. This hands-on application of content helps to bring abstract concepts into concrete understanding. In mathematics classes students are focusing on number sense. Students need number sense to understand how numbers work, and it is critical to all other math computation and analysis. While this may seem like a simple concept it is rather complex once the learner dives deeper into how it translates to higher order mathematics.

We're really working on preparing Lakemont students for a global marketplace!





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Lakemont Elementary School - Second graders building bricks for the 3 Little Pigs STEM project.



Maitland Middle School has much to be proud of. Our band performed in their first concert of the year at Winter Park High School, on Oct 9. Students of all performance levels performed, from our Beginning Band to our Jazz Ensemble. It was a magical evening filled with a wholesome sound that was pleasing to all. Also, our undefeated boys and girls soccer teams have defeated yet another opponent. They both advance to the quarterfinals. Good luck to our undefeated Golden Hawks!



Every Day is "Gratitude Day"

Recently, Park Maitland School celebrated National Gratitude Day. However, every day is gratitude day at Park Maitland. In and out of the classrooms, students are encouraged to take the time to "think" about others and show expressions of gratitude.

For example, a group of fourthgrade students recently gave praise and feedback to peers after they gave presentations on a group project in their SmartTech class, and then again after they made individual presentations on creative creatures in science. A fifth-grade girl wrote notes of cheer to each child in her class and presented the notes during morning meetings. She said that she saw some of her classmates being too hard on themselves, and she wanted to remind them how great they really were. This was totally unsolicited!

In K-5, students filled each others' "buckets" left and right by announcing to their class when someone did a kind deed for them. Students in third grade gave "compliment cards" to each other after book presentations. A group of 5th and 6th grade students visited their new senior friends at The Mayflower and helped them create fall decorations for their bedroom doors.

In her book, "A Year of Kindness," psychologist Pamela Paresky points out that, in their humble, gracious ways, expressions of grati-

tude enliven any relationship. They make us feel better -- happier, more optimistic, more connected, and more joyful. Studies reveal that doing things for others makes us happier. Whether you are young or old, helping a charity, performing public service, helping those in need, or saying or doing kind deeds for others, are the keys to leading a meaningful life.



We are very excited to share news about our Advanced Learning Program for Higher Achievement (AL-PHA). This is a pilot program is for third grade students that St. James Cathedral School will be implementing in the 2014-2015 school year, with plans to expand this exciting opportunity for grades fourth through eighth as well. The main objective of the ALPHA program is to enhance learning beyond the traditional limits of a regular classroom environment. The program will be designed to meet students' individual needs and learning styles, giving them a unique and dynamic learning experience. ALPHA will encompass a variety of teaching approaches to enhance fluency, creativity, and critical and divergent thinking, in order to maximize learning potential. All students participating in the ALPHA program will develop leadership skills by learning different problem solving techniques. These skills will help students direct others to a common decision or action. Finally, the ALPHA program hopes to provide a more challenging program for those students who possess an unusual capacity to manipulate abstract ideas and to process information very quickly.

The ALPHA class will take place in one of our four Collaborative Learning Studio (CLS). This space is utilized to engage students interactively and to foster collaboration. The CLS houses workstations with 46 inch TV monitors and wireless computers.



The Christ School

Christ School Head of School Jason Powell, Ed.D.

During this time of Thanksgiving, we reflect on our many blessings at The Christ School. Among them, we are most thankful for our students and families. By choosing The Christ School, our parents have chosen us as a vital partner in creating a foundation for a life of flourishing during the most formative years of their children's lives. Additionally, we are blessed that as a private, independent school, we are able to establish priorities for the use of time to ensure that we are directly focused on our mission of providing an academically rigorous and Christ-centered K-8 experience. We establish our priorities and focus based on our mission.

Our vision is that our students graduate from The Christ School devoted to glorying God through being others oriented. This is a priority and we dedicate an entire day of school away from campus to provide our students with authentic service experiences. On Friday, October 24, our school participated in our annual event, One Great Day of Service. We believe that this day of service for all students provides a unique opportunity to learn the Biblical value of serving others. The lessons learned through service have a lasting impact as students learn to look beyond themselves and focus on the needs of others. This experience not only brings joy to their hearts, it helps our students to connect with their community and see a bigger picture. Leadership skills are developed and strengthened.

This year at One Great Day of Service, our students and volunteers made a difference in our community by volunteering at First Presbyterian Church of Orlando, Green Up Orlando, Orlando Health and Rehab, Society of St. Andrews, Matthew's Hope, Children of the Nations, Canine Companions, Harvest Time International, and Equine Angels.

The Christ School is honored to have participated in this day of service for our community. It was a joyful day. As our students reflected on this time in our afternoon chapel recap, the happiness in their hearts was palpable. We are blessed to see our students thrive as they learn the value of service to others through this unique experience.



Trinity Preparatory School HEADMASTER CRAIG MAUGHAN

— Technology and Education

Technology plays a crucial role in education. It allows students to engage with material in new and different ways and can expand the classroom. We also have a responsibility as educators to prepare students for the rigors of college and life, which includes discussing and modeling the responsible use of technology.

We teach students responsible use through our 1-to-1 technology program, which means that each student has his or her own laptop connected to the Internet in the classroom starting in eighth grade. Students learn how to use technology to aid in their research, process information, and communicate with others, as well as to make appropriate choices about the use of technology.

As the only Malone School Online Network (MSON) member in Florida, our students take courses with other students at premiere independent schools throughout

the country synchronously our Imm e r s i v eTechnology Classroom (ITC) highvia definition, video-conferencing equipment. net-This workallows



Trinity Preparatory School Headmaster Craig Maughan

all of the schools involved to expand their course offerings, while students gain experience with technology that is used by major corporations for meetings and collaboration. We are building a new middle school building which will house a second video conferencing system.

We're committed to the innovative use of technology in education in order to meet the needs of our students in a changing world.

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COMMUNITY CALENDAR

Audubon Park Garden District Events

Ongoing Events

Every Monday night Community Market – 6:00 to 10:00 p.m. at Stardust Coffee parking lot located at 1842 E. Winter Park Rd. For information call 407-590-8776.

First Mondays of Every Month Story Time – 10:00 to 10:15 a.m. infants to 18 months, 10:20 to 10:35 a.m. toddlers, and 10:40 to 11:00 a.m. preschoolers at Leu Gardens located at 1920 N. Forest Ave. For more information please at 407-246-2620 or visit www.leugardens.org.

November 7 Date Night at Leu Gardens – 7:30 p.m. featuring the showing of "A Streetcar Named Desire." For more information please visit www.leugardens.org, or call 407-246-2626.

Baldwin Park, College Park and Orlando Area Events

Ongoing Events

Every Monday Smarty Pants - 10:15 a.m. Storytime for children ages birth-5 years old at the Edgewater Branch Library located at 5049 Edgewater Dr. For more information call 407-835-7323.

Every Wednesday Belles and Beaus Dance Club has dances every Wednesday from 7:00 to 9:30 p.m. at the Marks Street Recreation Complex located at 99 E. Marks Street. Join in for an evening of fun and dancing to music by the Soft Touch band. Refreshments are available. Singles and couples are welcome. Cost: \$5.00 per person. For more information please call 407-277-7008.

Every Thursday College Park Farmers' Market -5:00 to 9:00 p.m. located at 1600 Edgewater Dr. For information call 407-999-5251.

Every Sunday Downtown Orlando Farmers' Market – 10:00 a.m. to 4:00 p.m. at Lake Eola. For more information call 407-246-3625.

Monday - Friday Each Week Seniors' Program in College Park – 9:00 a.m. to 1:00 p.m. at the College Park Community Center located at 2393 Elizabeth St. For information call 407-246-4361.

First Tuesday of Each Month - Now through December 2 SHINE offers free Medicare, Medigap/HMO, Medicaid, and prescription drug plans counseling – 12:30 to 2:30 p.m. at the Beardall Senior Center located at 800 Delaney Ave. All counseling is first-come, first-served. Bring with you a list of all your medications or Rx bottles, insurance card, and red, white and blue Medicare card. For more information please call 407-246-4440.

First Friday of Each Month The Art Stroll of Ivanhoe Village – 6:00 to 9:00 p.m. on Orange Ave. between Princeton and New Hampshire.

Every Second Satruday Through May 2015 Vintage Flea Market - 8:00 a.m. to 3:00 p.m. at 2000 Alden Rd. For more information please visit www.thecarouselemporium.net

Third Thursday of Each Month Eunice's Healthy Cooking and Baking Workshop – 10:30 a.m. at the Edgewater Branch Libary located at 5049 Edgewater Dr. Food samples will be provided. For more information and to register please call 407-835-7323.

Now Through November 10 Free Pediatric 4-in-1 Flu Vaccine - No cost, no insurance necessary, walk-ins welcome. Monday-Thursday, 8:00 a.m. to 4:30 p.m. and Friday 8:00 p.m. to 11:30 a.m. at CNS Healthcare located at 618 E. South Street, Suite 100. For more information, please call 407-425-5100.

November 14 - January 5, 2015 Light Up UCF - This holiday-themed event includes outdoor ice skating, rides, free holiday movies, falling snow, and a one-of-akind light show. For more information please visit www.lightupucf.com.

Now Through May 9, 2015 - **Vintage Flea Market** - 8:00 a.m. - 3:30 p.m. at 2000 Alden Road. For more information please visit www.thecarouselemporium.net.

November 6 The Orange County Retired Educators Meeting - 10:00 a.m. at College Park United Methodist Church, 644 W. Princeton St. Anyone who has worked in education is invited to attend. For more information please visit www.ocrea-fl.org, or call 407-677-0446.

NOVEMBER HIGHLIGHT



November 8 – "Chalk the Walk" in Central Park - 8:00 a.m. to 4:00 p.m. along the sidewalks of Central Park. For more information regarding this event, please call 407-599-3275.

November 6 Fern Creek Bulldog Benefit - 6:30 to 8:30 p.m. at Quantum Leap Winery. For more information and tickets please visit www.ferncreekfoundation.org.

November 8 Holiday Market - Plant & Craft Sale – 9:00 a.m. to 3:00 p.m. at the Orlando Garden Club, located at 710 East Rollins St. For more information please call 407-299-5412.

November 10 "S0S" Breakfast sponsored by The Central Florida Chapter of the 1st Marine Division Association - 8:30 a.m. at the Winter Park Community Center. For tickets and more information please call 407-740-5097.

November 15 The Annual Ruck Sack March – Hosted by the Camaraderie Foundation to support services to veterans and their families. For more information regarding this event being held at Medical City in Lake Nona, please visit www.rucksackmarch2014.kintera.org.

November 15 Motorcycle, Boat and Car Show – 10:00 a.m. to noon at the Motorcycle Mechanics Institute located at 9755 Delegates Drive. Attendees are encouraged to bring non-perishable food items to support Second Harvest Food Bank of Central Florida. For more details please visit www.FeedHopeNow.org.

November 15 Second annual Light Up UCF Run – 6:00 p.m. at the CFE Arena on the campus of the University of Central Florida. For registration details, visit https://www.signmeup.com/site/online-event-registration/102667 or www.cfearena.com.

November 30 Free Performance of Handel's Messiah – 3:00 p.m. (door open at 2:15 p.m.) at the Bob Carr Performing Arts Center located at 401 West Livingston Street. For more information please visit www.messiahchoralsociety.org.

December 4 The Orange County Retired Educatiors Meeting – 10:00 a.m. at College Park United Methodist Church, 644 W. Princeton Street. Anyone who has worked in education is invited to attend. For more information please visit www.ocrea-fl.org, or call 407-677-0446.

Maitland Events

Ongoing Events

Every Sunday Maitland Farmers' Market at Lake Lily

Every Tuesday Preschool Stories 10:30-11:30 a.m. at the Maitland Public Library located at 501 S. Maitland Ave.

Every Thursday Healthy Maitland Walk 6:30 a.m.; Babytime 10:30 to -11:30 a.m. and Adventures w/Books Club 2:30 to 4:30 p.m. at the Maitland Public Library.

Every Friday of Each Month - Now Through December 12 SHINE offers free Medicare, Medigap/HMO, Medicaid, and prescription drug plans counseling - 10:00 a.m. to noon at the Maitland Senior Center located at 345 S. Maitland Ave. All counseling is first-come, first-served. Bring with you a list of all your medications or Rx bottles, insurance card, and red, white and blue Medicare card. For more information please call 407-246-4440.

December 7 Hanukarnival - 1:00 to 4:00 p.m. at the Roth JCC located at 851 N. Maitland Ave. For more information regarding this free events please call 407-621-4049.

Winter Park Events

Ongoing Events

Every Monday "Sit-to-Be-Fit" Chair Exercise Class – 10:15 a.m. at the Winter Park Community Center. This free class is designed for all ability levels and sponsored by the City of Winter Park. For more information please call 407-754-6190.

Monday - Friday "Art in Chambers" exhibit – Monday through Friday from 8:00 a.m. to 5:00 p.m. This free exhibit is on display at the City Hall Commission Chambers located at 401 Park Avenue South.

Every Tuesday and Thursday "Hands-on Gardening" – 9:30 a.m. – noon at the Albin Polasek Museum & Sculpture Gardens. For more information regarding this free year-round event please call 407-647-6294.

Every Tuesday and Thursday Beginning Pilates Class – 5:15 p.m. at the Winter Park Community Center. For more information please call 407-671-9599.

Every Tuesday, Friday and Saturday Winter Park Benefit Shop – The shop is located at 140 West Lyman Avenue and is open from 9:30 a.m. - 1:00 p.m. on Tuesdays and Fridays, and from 10:00 a.m. - 1:00 p.m. on Saturdays. Donate or purchase clothing, bedding, jewelry, kitchenware and more. Proceeds benefit various children's programs and the local branch of Orlando Blind. For more information please call 407-647-8276.

Every Thursday Walk With A Doc – Enjoy a rejuvenating 30-minute walk with Florida Hospital physicians. This free event is held at 5:30 to 6:30 p.m. at the Crosby YMCA. For more information, or to reserve your spot, please call 407-303-1700.

Every Tuesday and Thursday Curator Tours of Louis Comfort
Tiffany's Laurelton Hall – From 11:00 a.m. to 2:30 p.m. at
the Charles Hosmer Morse Museum of American Art
located at 445 N. Park Ave. Space is limited and free
with museum admission. To learn more about this
event with Curator Donna Climenhage please call
407-645-5311 or visit www.morsemuseum.org.

Every Wednesday Mills50 MidWeek Group Runs – 6:00 p.m. at Track Shack located at 1104 N. Mills Ave. This event is free to runners of all abilities. For more information please visit www.TrackShack.com.

Every Saturday Winter Park Farmers' Market – 7:00 a.m. to 1:00 p.m.

Every Saturday Line Dance Class – 10:00 a.m. at the Winter Park Community Center. Beginners are asked to come at 9:30 a.m. to learn the basic steps. For more information please call 407-592-7835.

Every Sunday Music at the Casa – This free event featuring professional musicians and performers is hosted at Casa Feliz every Sunday from noon – 3:00 p.m. For more information call 407-628-8200 ext. 3 or visit www.casafeliz.us.

Now through January 4, 2015 "Fractured Narratives: A Strategy to Engage" – Exhibit at the Cornell Fine Arts Museum. This is the first exhibition inspired by The Alfond Collection of Contemporary Art at Rollins College. For additional information, call 407-646-2526 or visit www. rollins.edu/cfam.

November 14 - January 11, 2015 "Winter In The Park" Holiday Ice Skating – The rink is presented by the Community Redevelopment Agency and located in Central Park West Meadow. For times and more information please call 407-599-3203 or visit cityofwinterpark. org/witp.

November 8 "Chalk The Walk" In Central Park – 8:00 a.m. to 4:00 p.m. along the sidewalks of Central Park. For more information regarding "Chalk The Walk," please call 407-599-3275.

November 8 8th Annual Peacock Ball – 6:00 p.m. to 11:00 p.m. at the Winter Park Racquet Club. Proceeds benefit the Winter Park History Museum. For more information and tickets please call 407-647-2330 or email museum@wphistory.org.

November 13 Happy Hour for Hunger – 5:30 p.m. to 7:30 p.m. at the Winter Park Village located at 400 N. Orlando Ave. Proceeds to benefit Feed the Need Winter Park. For tickets and more information, please visit www.winterpark.org.

