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Making A World Of Difference

RDV Food Truck Fridays are more than fun and good food

If you've driven by Food Truck Fridays at RDV Sportsplex in Maitland this past year you may have wondered what's behind the commotion of those 13 trucks that peddle food on four wheels. The truth is it's about a lot more than good food and good times on Fridays in Maitland. RDV Food Truck Fridays are about helping charities, helping small business and having fun in the process.

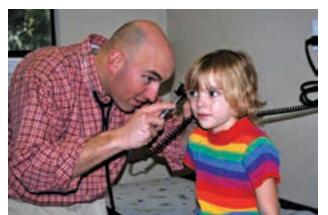
This month marks the one-year anniversary of the popular event that gathers weekly 10 a.m. to 2 p.m. What many don't know is that 100% of the food truck rental proceeds benefit Central Florida charities including Grace Medical Home, Edgewood Children's Home, A Gift for Teaching, Orlando Union Rescue

Mission, Shepherd's Hope and others, total-

ing \$70,000 in just 12 months.

"Many of these charities are grass roots organizations with missions to ease the suffering of Central Florida's needy," said Jackie Giovanetti, RDV Food Truck Friday event coordinator and charity liaison. "Often times they don't benefit from state or federal funding and would have to close their doors without the support of events such as Food Truck Fridays. These groups are truly making a difference in people's lives every day."

One such organization is the non-profit Grace Medical Home, which serves as a missing link in the healthcare system pro-



Dr. Marvin Hardy of Grace Medical, a non-profit that stands in the healthcare gap serving low-income and uninsured residents of Orange County, is one of the 12 charities benefitted by RDV's Food Truck Friday program.

viding primary medical care needs to the low income and underserved of Central Florida. With so many people losing their jobs, they lose access to healthcare also. Tonia and Howard both lost their constructions jobs and their access to affordable healthcare as well. Grace Medical was able to help them control her diabetes and his high blood pressure and put them back on the road to good health and self-sufficiency.

"Grace Medical Home is 100% privately funded and depends solely on friends and partners. It is because of innovative ideas and generous participants like RDV's Food Truck Fridays that Grace is able to provide the highest quality medical care to our neighbors who have no other place to go Continued on page 9

Two-Time U.S. Poet Laureate To Host Local Poetry Panel And Contest

Together with two-time U.S. Poet Laureate Billy Collins, the Winter Park Institute at Rollins College will host local literary organizations and Central Florida's brightest young writers in an event to recognize April as National Poetry Month.

In "A Poetry Conversation," Collins will share a short background of his journey toward becoming one of the nation's most revered contemporary poets. He will then lead a panel of select area high school students and wordsmiths to discuss poetry and its applications in the modern world.

As part of the event, Central Florida English teachers are encouraged to select high school students to submit

poems for review. All poems will be judged by Collins and the winners will be announced following the panel discussion. All poetry submissions are due April 5.

The event will take place Tuesday, April 23, at 7 p.m. at the Rollins College Building in Winter Park Plaza, 330 West Fairbanks Avenue (the Plaza parking lot is located near Ethos). It is free and open to the public, and no tickets are



Billy CollinsPhoto by Steven Kovich

required. Overflow parking is available in the SunTrust parking garage at 166 East Lyman Ave.

For detailed information regarding the event and/or poetry contest submission, call 407-691-1995, or email mrobinson@rollins.edu.



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Publisher's Message



RICK CABLE

With this issue The Park Press is celebrating its 6th Anniversary, which for me, means it's time for a little reflecting. In April of 2007, we became the first all-color newspaper in the area with distribution of 5,000 papers throughout Winter Park, Baldwin Park and Audubon Park. In January 2009 we increased our coverage to include College Park which greatly pleased my father who is a Bishop Moore Alum and reconnected me to the place I called home for the first four years of my life. By January of 2009 the great City of Maitland was included and our distribution quickly grew to more than 25,000. The hard copy of the paper was the only source for our loyal readers until the launch of TheParkPress.com coupled with Facebook and Twitter in April 2012. Our website has grown to complement the paper's con-

tent to serve our readers with more timely news between publications, and currently more than 10,000 people visit our site each month.

Since we have a reputation of doing new things and expanding our efforts to keep our readers informed and connected, it gives me great pleasure to announce that with April 2013 we now have a FREE Mobile App for The Park Press. The app is available on iTunes and Google Play and offers special push notifications of breaking news, special deals, as well as a quick and convenient way to access our ever popular and comprehensive calendar of events.

To download The Park Press app you can simply scan the following QR codes:

iTunes Google Play





It has been a great six years, and I'm thankful to our advertisers and our team for the opportunity to focus on the positive news that matters while making a marked difference in our community.

As always, thank you for reading The Park Press and I look forward to the great things to come.





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Mind Over Matter

By Tricia Cable

I am a huge believer in the saying "whatever you think will happen, probably will", which explains why I am constantly at battle with both my negative and the positive sides. If we are being totally honest, I will admit that I tend to think worst case scenario first and then positively strategize in my mind before verbally committing. I run down a quick list of pros and cons in my head and then 100% of the time I need some positive self talk to convince my negative self that the glass is half full.

A psychologist friend told me once that the easiest way to figure out if you lean glass half full or glass half empty is to pay close attention to where your mind takes you immediately upon hearing news of any kind. For example, you hear the Russians are coming. Do you think bomb shelter in the back yard or Google an authentic recipe for Borsch so that your guests will feel more welcome?

I kid of course, but the way you think is both genetic and environmental. I blame my glass half empty side on my depression era parents. The fear and doubt that their generation grew up with couldn't help but be passed down to the next and future generation. My glass half full persona, for me, has been almost 100% self taught. The power of positive thinking in play in my life, time and time again, has proven successful and

therefore I force my Debbie downer self to think Floridians, and that you deserve all that is great silver lining over and over again. Thankfully, in life. ■

with age comes wisdom, and this reaction has nearly become involuntary. But on occasion, my doubting Thomas rears his ugly head and requires a good Polly positive smack down.

Sometimes it works effortlessly and sometimes, not so much. It all depends on your state of mind. The more things going right or well in your life, the happier you are, the easier it is to think positively. The challenge then of course is when things aren't going well and you need to really focus positively to break a bad or negative self talk cycle. This is when mind over matter is the only way out and in spite of all that is wrong in your world at the moment, you need to dig deep and find not only the strength to pick yourself up and brush yourself off, but the will to believe and envision a better life for vourself.

You are either part of the problem or part of

My glass

half full

persona, for

me, has been

almost 100%

self taught.

the solution. Faith and worth are key. You first have to believe that you are worth a better life and over all happiness. That is the biggest struggle for most. It is so easy to be wooed down the path of martyrdom....don't do it! The whole woe is me act is so not fun to be around and literally serves no purpose. Know that you are worth better, surround yourself with better and have faith. Have faith that the sun will come out tomorrow, at least for us



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City Commissioner's Message

Commissioner Robert F. Stuart, City of Orlando District 3



As the time change provides us all with more daylight in which to enjoy the great outdoors, I wanted to give you an update about the City of Orlando and let you know about some great events that are happening around town.

During the mayor's State of the City address in February,

he spoke about a new initiative in the City of Orlando, being organized by our fire department, to teach every citizen how to do hands-only CPR and operate an AED, within the next five years. Our city workforce will be 100% trained by April 1. Look for more information in the coming months about how you can sign up for this free 30-minute training that can help save a life.

Florida Hospital's Healthy 100 is another initiative that provides resources to those in our community looking for positive ways to improve quality of life. In March, they kicked off the Cooking to a Healthy 100 program that not only provides recipes and ideas for cooking healthy at home, but also highlights local restaurant menu items that are healthy 100 approved. District 3 restaurants such as White Wolf Café and The Tap Room at Dubsdread all have designated items that meet the Healthy 100 criteria. Check out more information at healthy100.org.

The city is also hosting an ideas competition entitled "Envision 2040," which aims to garner feedback on what Orlando should look like in 2040 from a sustainability perspective. This contest will assist the city in creating its first Green Works Orlando community action plan, a framework that would guide Orlando, within a generation, to become one of the most environmentally-friendly, economically and socially vibrant communities in

the nation. For more information on how to participate, visit cityoforlando.net/greenworks.

There are many ways to stay active this month too. First at Lake Eola, on April 6 and 7 is the 24th annual Spring Fiesta in the Park. Come enjoy this free festival in our signature park. Also at Lake Eola is the Annual IOA Corporate 5K, an evening race taking place on Thursday, April 18. For more

Finally, head to the Audubon Park Garden District (APGD) on Saturday, April 27 for their 3rd annual Kidsfest. This day is full of different opportunities for kids to learn different skills at all of our great APGD businesses. From spinning vinyl and piping cupcakes to learning to make jewelry and garden, there are so many great ways for kids (and grown-ups) to acquire a new skill and have



information about how to sign up for this evening of fun and fitness, visit The Track Shack's website at trackshack.com.

Leu Gardens (leugardens.org) will host their annual Jazz and Blues Stroll beginning at 7 p.m. on Saturday, April 13 and feature great local artists, The Honeyslides, Mud Rooster and Dave Capp Project.

fun too! Check out apgardens.com for more information.

Thanks for your continued support of our community and our vision of living life to the fullest in our Great City. I look forward to seeing you around town enjoying all of our great amenities this month.

-Robert

ROBERT F. STUART | COMMISSIONER, DISTRICT 3, CITY OF ORLANDO | 400 S. ORANGE AVENUE, ORLANDO, FL 32801 | 407-246-2003 | ROBERT.STUART@CITYOFORLANDO.NET



Orange County Mayor's Message

Mayor Teresa Jacobs



to connect our citizens with their local government, my team held the county's second Youth Leadership Conference last month for student leaders from 20 Orange County public high schools. The con-

ference is a day of learning, as well as

a day of fun, where our youth can see why it's important to get involved in their local government. From my perspective, it's never too early to start!

We introduced these young citizens to the opportunities available through their local government and provided information about our procedures, responsibilities and community service. Students learned how county government functions, how best to participate in community initiatives and how to strengthen their leadership skills.

More than 200 student leaders attended, including eight students from Winter Park High School. "I gained a better understanding of the local government and the process taken to get things done," said one student after the conference. "It

was helpful because I actually live here rather

As part of my initiative cies," said another Winter Park High senior.

The students were active participants, playing roles in mock hearings that proved to be challenging but perhaps the highlight of the day! As I watched the students discuss and debate topics, I wondered which one might one day have their name appear on a ballot. Which one will I watch take the oath of office as an elected official



Mayor Jacobs, Sheriff Demings and OCPS Chairman Bill Sublette with students from Winter Park High School.

some day? Who knows, a future Orange County mayor might have attended the conference!

When the day was over, there was homework. than only hearing about state government poli- I challenged the students to post videos on Face-

book recapping what they learned at the conference for a chance to job shadow their mayor for a day. Participation was outstanding with more than 2,000 shared links from students, their families and friends. I am proud to announce that Timber Creek High School student Mandy Marcinko won the 2013 Mayor for a Day Challenge and will serve as "mayor" one day this year.

> West Orange High School student Zach Biedermann will serve as "vice

I want to thank everyone who helped make the Youth Leadership Conference a success; Supervisor of Elections Bill Cowles, School Board Chairman Bill Sublette, Sheriff Jerry Demings, OCPS Superintendent Dr. Barbara Jenkins; and various county commissioners and school board members as well as Lucas Boyce, the Orlando Magic director of multicultural insights and cause marketing.

As always, I encourage you to visit Orange County's website, www. ocfl.net, and I invite you to connect with me on Facebook by searching OrangeCountyMayor or on Twitter,

@Mayor_Jacobs. You can also subscribe to my newsletter, Orange County Connect.

Teresa Jacobs

Orange County Mayor



Winter Park Mayor's Message

Mayor Ken Bradley



Accreditation Exemplifies Excellence

feel safe" there are so many different factors that conenvironment, our personal awareness, our life experiences, information sharing (fact or fiction), our dependency on our public safety

personnel and the people in our lives - our neighbors, family and friends all contribute to our personal feeling of "security." Amidst all these variables, the one thing that remains constant is our city's desire to continually improve, excel and sustain our feeling of safety.

Although not immune to wrongdoing surrounding us, Winter Park's crime rates are one of the lowest in Orange County and this is not by accident or luck. It is a deliberate and intentional result of all of the policies and procedures our public safety officials have in place. These hard & fast policies and procedures are tested, retested, fine-tuned, and compared to other agencies across the nation through the extensive accreditation and reaccreditation process. I am proud to say the City of Winter Park is one of only four cities in the entire state that has maintained its accreditation for three of its departments: police (since 2000), fire-rescue (since 2001) and parks & recreation (since 2010). Most recently, our Winter Park Police Department was awarded its 2013 reaccreditation by the Commission for Florida Law Enforcement Accreditation, Inc.

For someone to say "I Congratulations Chief Brett Railey and all of our men and women in blue!

Accreditation shows we are continualtribute to that phrase. Our ly striving for constant improvement and excellence. In addition, going through the accreditation and reaccreditation process is so important for a variety of reasons:

- · Holds the agency up to the highest standards in the nation as determined by the assessment team that relate to every aspect of the agency's operation.
- Establishes and solidifies a foundation for the agency that dictates the highest standard of professionalism.
- Encourages the agency to continue to fine tune and adhere to existing policies and pro-
- Ensures the agencies remain current with evolving trends in their respective profes-
- Builds ownership and confidence within the
- Confirms excellence and competence to the department and community.

During the assessment period, employees from the department are interviewed by the assessment team to determine that agency practices coincide with agency policies, are shadowed to assess their commitment and interaction with the public, and include a thorough review of all documentation, policies and procedures.

At the end of the recent reaccreditation pro-

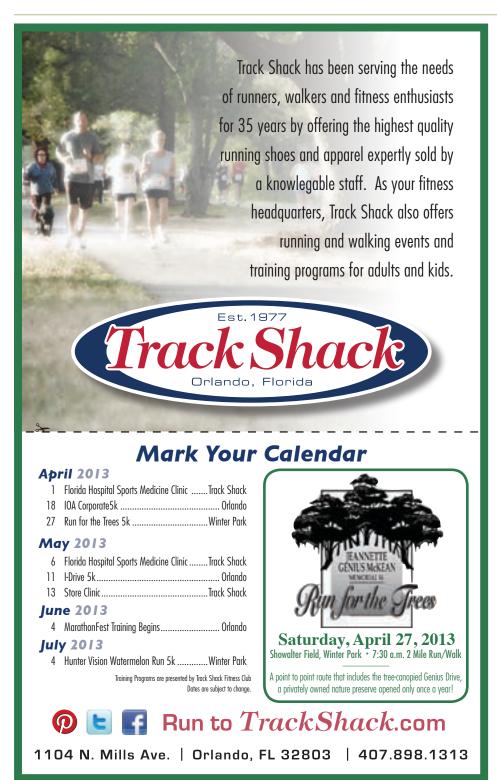


cess for the police department, Police Chief Brett Railey said one of the team leaders shared, "If the Winter Park Police Department stopped moving forward today, it would take most agencies in the state five years to catch up."

To have both of our public safety departments and our active parks & recreation department maintain their accreditation for so many years, speaks highly of our city and its employees. Congratulations to our Winter Park Police Department for their recent reaccreditation and for keeping a thick blanket of security around our beloved City of Winter Park.

Sincerely,

Kenneth W. Bradley Mayor, City of Winter Park ■





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Maitland Mayor's Message

Mayor Howard A. Schieferdecker



HOWARD A. SCHIEFERDECKER

Florida's Weather Seasons And Your Safety

ridians and longtime "transplants" are familiar with our annual weather cycle of dry and wet periods, every now and then it helps to step back and see where we are in the "seasons."

According to the National Weather Service Melbourne office in the Dry Season Forecast, the last significant rain received in Central Florida occurred in mid-December 2012. In addition, the El Nino/La Nina effect is in a neutral pat-

tern at the moment. In short, we have a deficit in the amount of rain received and the rainy season doesn't start until May.

Going hand in hand with the dry season, we have some dead vegetation from the recent freeze experienced In January. We have seen "Red Flag" warnings about

dry conditions already this season, however, no burn bans are in effect as of the moment. Depending upon nature's cooperation, the burn ban situation may change significantly in the near future. Still, some folks may be thinking of getting rid of dead vegetation by burning.

Living in a suburban/urban environment, we must be mindful of how we dispose of such vegetation and the use of fire as a tool. Fire can get out of hand quickly with dire consequences for more than one property.

The Florida Fire Prevention Code (FFPC) does contain guidance and requirements for dealing with fires for recreational, cooking, or open burning. For those facilities or homes that

While many native Flo- have permanent barbeques, portable barbeques, outdoor fireplaces or grills, the FFPC stipulates they may not be used for disposal of rubbish, trash or combustible waste materials. The burning of dead vegetation or leaves would not be an acceptable practice per this FFPC stipulation.

> But that doesn't mean on those cool crisp evenings, with an adequate amount of room and a safe environment, a recreational or cooking fire may not be kindled. We recommend the use of a commercially manufactured fire pit with a screen lid or chimenea-type enclosed fire con-

> > The City of Maitland Fire Code requires a permit be obtained for an open fire or bonfire, however, no permit is required for such commercial devices which have a combustion chamber.

For outdoor fires, guidelines are provided in the FFPC to help insure against any fire from spreading. These guidelines are:

- Open burn or bonfires shall be located not less than 50 ft. from any structure.
- Burning hours shall be prescribed by the local fire authority having jurisdiction or as identified on the permit application for open fires or bonfires in the City of Maitland.
- Recreational fires shall not be located within 25 ft. of a structure or combustible material unless contained in an approved manner. An approved manner shall include but not be limited to an outdoor fireplace, a fire pit surrounded by non-combustible materials to

limit fire spread, commercially available fire containers, chimeneas, etc.

- Conditions that could cause a fire to spread to within 25 ft. of a structure shall be eliminated prior to ignition. Combustible debris or materials must be removed from the area.
- Open fires and cooking fires shall be constantly attended by a competent person until such fire is extinguished.
- The competent person in charge at the fire shall have a garden hose connected to the water supply or other fire-extinguishing equipment, such as a 5 gallon bucket of water, a 2 ½ gallon water fire extinguisher, or multipurpose dry chemical fire extinguisher with a minimum 2A:10B rating, readily available for use. "Readily available" in this case means it is within 10 feet of the fire area or pit.

One other safety note to remember is to establish a kid-free zone around any fire, fire pit or chimenea. The area should extend to at least 36 inches out from the appliance or site. And please remember, even though a fire may be "out," the ground under the fire (especially the sand here in Florida) and the metal fire pit or chimenea will still be hot enough to cause a

For more information, please contact our Maitland Fire Marshal, Dennis Marshall at (407) 539-6228 or dmarshall@itsmymaitland.com.



Howard A. Schieferdecker Mayor, City of Maitland ■



protection and service by The Winter Park Police Department

Opportunities To Learn And Serve

Do you have an interest in learning more about a career in law enforcement? Are you looking for an opportunity to volunteer and help serve the community? The Winter Park Police Department has numerous opportunities for both experiences via both a Volunteer Program and an Internship Program.

Interns with the department are scheduled time with each division of the agency and learn how we conduct business on a day-to-day basis. The program matches a specific student's interest with an enriching experience shadowing officers, detectives and other staff in their day to-day duties and is based on the individual's semester requirements. Interns also participate in daily investigations when possible, ride with patrol, have the opportunity to learn the appropriate use of weapons and assist with on-going community projects. Although the program is unpaid, Winter Park Police has had the honor of hosting students from Rollins College, the University of Central Florida, the University of Florida, ITT Technical Institute and Everest University. It is our goal to provide the richest experience possible for every student who participates!

We are proud to introduce our current intern, Mr. Jason Cole from Everest University, who has been with us since January 2013. His dream is to be a police officer one day and his specific interests are forensics, investigations and the tactical aspects of law enforcement. Jason is an extremely talented and motivated young man who, while absorbing every experience with the Winter Park Police Department, has challenged us to improve the way we approach and provide services to the community. Jason is the first deaf intern we have hosted and through his interaction and collaboration with our agency and members, he has broadened our knowledge and challenged our mindset on the traditional approach law enforcement has had in regards to their role within the community. His participation in our program has not only given him an experience to better prepare him for his

future, it has enriched all of us here at the department and improved our ability to provide services to

the entire community. Volunteers with the department are scheduled time based on their availability and serve in numerous capacities. Volunteers are our most valued and appreciated asset here at the Winter Park Po-Department.

lice Their efforts are unpaid, yet they continue serve an integral role in our everyday functioning.

Jason Cole

We attempt to match each volunteer with tasks that hold their interest and reflect their abilities. Our volunteers serve as youth advisors with our Police Explorer Post 112, our fingerprint expert who serves the community every Wednesday, our front desk greeters in our lobby, administrative assistants when needed and helpers during special projects like our historical initiative, and large community events like National Night

The Winter Park Police Department is also proud to highlight one of our most active volunteers. Mr. Edward "Doc" Ritter has generously and unselfishly given over 3,400 hours of his life to us during his tenure as a volunteer. Doc has been a welcome fixture in the lobby of the Public Safety building greeting the public and either personally assisting citizens in their time of need or directing them to the appropriate resource for over nine years. It is his motivation, availabil-

Everest

ity and selfless work that serve as a model for the program. Volunteer and intern posi-

tions are available for those who complete a simple application process. Applications are obtained by contacting Officer Randall Morrissey at either 407-599-3562 or by emailing him at rmorrissey@ cityofwinterpark.org. ■

7

Residents Encouraged To Participate In Hazardous Waste Disposal Event

The City of Winter Park, in partnership with Waste Pro for household hazardous waste and A1 Assets, Inc., for e-waste, will be offering waste disposal for all city residents Saturday, April 13, from 8 a.m. to noon, at the Public Works Compound located at 1409 Howell Branch Road, directly behind Fire Station 64.

Drugs and prescription Please to city's Pre Station in lic Safety N. Virginia Monday the Here are s

The following items will be accepted:

- fertilizers & pesticides
- antifreeze
- propane tanks
- paint thinners
- wet latex paint (dry latex paint is not hazardous waste and can go in trash)
- oil based paint (can be wet or dry)
- non-alkaline batteries (regular alkaline batteries can go in trash)
- gasoline
- used engine oil
- pool chemicals
- household chemicals
- tires (maximum of four)
- · used motor oil
- e-waste (computers, televisions, VCRs, DVD players, FAX machines, CD players & stereos)

Drugs and prescription medications:

Please take medicines to the city's Prescription Reclamation Station in the lobby of the Public Safety Facility located at 500 N. Virginia Ave., 8 a.m. to 5 p.m., Monday through Friday.

Here are some helpful tips for a quick & safe drop-off:

- Please bring your proof of city residency - driver's license or utility bill statement.
- Keep all hazardous waste materials in their original containers with its original labeling. Unknown items will NOT be accepted.
- Items will ONLY be accepted on Saturday, April 13, from 8 a.m. to noon. Items delivered before or after this time will not be accepted.
- This drop off is for residential use only. No contractors, please.

Thank you for helping keep the city green and properly disposing of your household hazardous waste materials. For additional information, please call 407-599-3364 or visit cityofwinterpark.org/sustainability.

Mothers' Milk Bank Ensures Donations To Babies In Need

Studies have consistently established that breast milk can reduce infant mortality, infections, length of hospitalizations, and improve neurologic and developmental outcomes of extremely low birth weight infants. Even partial feeding of breast milk at an early stage is protective against severe infection. When maternal breast milk is not available, research has shown that donor breast milk confers many of the advantages of maternal breast milk.

Enter the Mothers' Milk Bank of Florida (MMBFL). MMBFL is a non-profit 501(c)(3) donor human milk bank in development under the guidelines of the Human Milk Banking Association of North America (HMBANA). The goal of the MMBFL is to ensure that premature and at risk babies in Florida have access to donor breast milk.

In March 2012, The American Academy of Pediatrics (AAP) released a policy regarding breastfeeding and the use of human milk. Recommendations of this policy include that 1) all preterm infants should receive human milk and 2) pasteurized donor human milk should be used if mother's own milk is unavailable or its use is contraindicated.

Most mothers try to provide their own breast milk. However, almost two-thirds of mothers are unable to provide sufficient breast milk to their preterm infant. Currently, there are only 11 HMBANA milk banks in the US to support all 50 states. In the past several years, the demand for donor breast milk has increased along with the awareness of the superiority of human milk for vulnerable babies. With the publication of the recent AAP policy, shortages of donor milk from existing banks have become more common place as use of donor breast milk has moved towards becoming the standard of care. New milk banks need to be established to keep pace with increasing demands. Florida does not currently have a donor human milk bank; Florida needs its own donor human milk bank for babies in our state.

Mothers' Milk Bank of Florida will be hosting a charity fun run and walk called "Miles for Milk" on Saturday May 11, 2013 at the Bill Frederick Park. We are hoping not only to raise awareness of the need for milk banking, but to also raise funds that will enable us to open the doors of the MMBFL in the near future! For more information on how you can get involved, visit their website at http://milkbankofflorida.org.







NEWS The Park Press | APRIL 2013

Supporters Sponsor Able Flight Scholarships

Signature Flight Support has signed on as a major sponsor of the national scholarship program for Able Flight, a non-profit organization that provides flight and aviation career training scholarships to people with a variety of disabilities

Signature will join Embraer Aircraft and Sennheiser Aviation as host sponsors of Able Flight's second annual benefit event to be held at Fantasy Of Flight near Orlando on April 20, 2013. Their sponsorships will cover all expenses for the event, allowing all proceeds to go directly to Able Flight's scholarship fund. In addition to sponsoring the event, Signature will serve as the host FBO for attendees at their Orlando facilities at the Orlando International and Kissimmee airports.

Patrick Sniffen, vice president of marketing for Signature said, "Signature Flight Support is proud to be a sponsor of the Able Flight Scholarship fund. Able Flight's mission aligns well with Signature's to support the development and sustainability of the pilot community, whether flying to fulfill an aspiration or as a profession. Able Flight's many successes in helping people with disabilities learn to fly gives all of us a touchstone in our personal and professional pursuits to achieve that which some would call impossible."

Able Flight's executive director, Charles Stites, said, "Signature

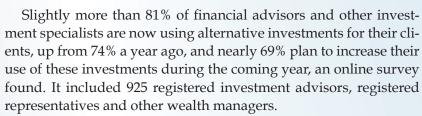


Flight Support is known not only for the outstanding service it provides, but as a company that believes in giving back to aviation and the communities it serves. We are honored to have them join us in bringing inspiring people into aviation. This benefit event is not an awards show with a lot of speeches; it's a celebration of success. It's a party with great music and great food, and most of all, wonderful people in a spectacular setting, and all for a great cause."

For information on attending the party, contact Able Flight at call 919-942-4699 or visit www.ableflight.

Business Spotlight

Advisors Increasingly Turn To Alternative Investments



Tracy Stein, CEO of Prime Pinnacle LLC, explains why this is. "Investors are turning to alternative investments as a way to diversify their holdings and protect against market volatility," Stein begins. "If you look at the stock market, when China sneezes, the U.S. gets a cold. Our focus should be instead on asset-based, microniche opportunities. By keeping a close eye on smaller markets, we're able to stay diversified and better identify the right time to get in or out of a market."

Alternative investments can include asset-based loans, direct loans and interest-bearing tax liens. Other direct investments include real estate, rental properties and precious metals. The key to minimizing risk, Stein says, spread investments across different industries: "We've put our fingers into 10 different areas. That way, if one industry takes a hit, another sector is there to pick us up."

"Our investment style emulates that of Warren Buffett in that we believe in investing in people to help make their companies successful," Stein says. "We make it a priority to invest in our local community." For example, residential and commercial construction projects, manufacturing, hospitality and food services, real estate and sports venues throughout Central Florida. "Keeping our business local helps grow the economy, but it also helps our members and investors feel connected to their investments," says Stein.

Prime Pinnacle also fosters Central Florida's next generation of advisors by offering an internship program for local college students that provides valuable, hands-on industry training. In addition, a percentage of Prime Pinnacle's profits is dedicated to local charities, including Special Olympics Florida.

To learn more about Prime Pinnacle LLC please visit www. PrimePinnacle.com.

9th Annual Taste Of College Park At Dubsdread

The Rotary Club of College Park is delighted to present a sampling of College Park's finest restaurants at its 9th annual Taste of College Park. Join them Thursday, April 25 from 6:00 to 9:30p.m. to indulge in the culinary offerings of Bite Bistro & Wine Bar, Caffe Positano, Chocolate Provocateur, Citrus Restaurant, Cookie Cousins, Infusion Tea, K Restaurant, Orlando Brewing, Publix, Tap Room, Wild Side, Yum Yum Cupcakes and other restaurants. Taste of College Park is held at the Dubsdread Ballroom located at 549 W. Par St., Orlando. Proceeds from this event, which also includes a silent

and live auction, benefit the Ronald McDonald House, EndPolioNow, and other local charities. Tickets are \$50 per person in advance, \$55 at the door. Tickets are available through College Park Rotary members, at the door, or online at www. CollegeParkRotary.org.

This year's event is sponsored by Abbott Communications Group, Drakesmith Family Foundation, American RV Online, College Park Community Paper, First Green Bank, Dean Mead, MyHealthBody.biz, Connextions, Lake Fairview Marina, Rawls Group, Merrill Lynch and Old Florida National Bank.

Taste of College Park is brought to you by the Rotary Club of College Park. Rotary is a volunteer organization of 1.2 million business and professional leaders uniting to provide humanitarian service and goodwill through community

service projects. To learn more about what your College Park Rotarians are doing for the community, please visit www.CollegeParkRotary.org.



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12th Annual Orange Blossom **Jubilee**

The Orange Blossom Jubilee is an annual event benefitting the non-profit Winter Park Day Nursery. This year's event will feature an honorary hostess, a catered dinner, and silent and live auction items such as art, jewelry, a "wall of wine," exciting vacations, and entertainment packages that include tickets to area attractions. Funds raised from the Orange Blossom Jubilee are used to help bridge the gap between what the day nursery's lower-income working families can afford to pay and what it costs to provide high-quality preschool edu-cation to their children.

The Jubilee is Saturday April 27 from 6:30-10 p.m. at the Winter Park Racquet Club, located at 2111 Via Tuscany.

Bonn - J Contracting, Inc. of Florida and 4 Rivers Smokehouse: are serving as presenting sponsors . "We are so grateful to Bonn - J Contracting and 4 Rivers Smoke-: house for helping to make our event a success and for demonstrating their outstanding commit-: ment to early childhood education," said Ali DeMaria, executive director of the Winter Park Day: Nursery. Other major confirmed: sponsors include Commerce National Bank & Trust and Walt Disney World Resorts. Winter Park Day Nursery is seeking corporate table sponsorships and auction item donations for the Orange

> Blossom Jubilee. Individual tickets are also available for \$125 each.

> > For more information: please call 407-647-0505 or visit www.winterparkdaynursery.org. ■

Continued from page 1

Making A World Of Difference

for care," said Scarlett Stewart, director of development for Grace Medical Home.

A Gift For Teaching provides school supplies to teachers and is another organization benefitted by Food Truck Fridays. Mr. Rebholz is a teacher at Walker Middle School, situated in one of the largest robbery zones in unincorporated Orange County. With more than 70% of his students on free or reduced lunch, he-like many devoted teachers- spends \$500-\$1,000 a year out of his own pocket just to help cover basic school supplies and that still isn't enough.



One of his students, Charlotte, lives in an extended stay hotel and has moved repeatedly throughout her childhood. Her family has no discretionary income and no money for school supplies. He shops regularly at A Gift For Teaching's free store, and for the past two years, has made sure both Charlotte and now her younger sister, Sara, have the backpacks, paper, pencils, folders, erasers, binders and project supplies they need.

Like Charlotte, more than half of Central Florida's public school students are economically disadvantaged and arrive at school each day without necessary tools for academic success. "I have no doubt that Charlotte would absolutely be here at school every day with nothing without A Gift For Teaching," he recently said. "Charlotte maintains good grades and has a solid foundation of friends at school. She has been put on a level playing field and has put forth the hard work to rise above and make herself a success."

Giovanetti explains that when the Orlando Magic players moved to the new arena downtown, RDV Sportsplex was left with a parcel of land that had been the former player parking lot. "Our management team looked into subletting the space, but instead saw a clear opportunity to make a difference to those who need it most."

"Without these dollars, many of these charities wouldn't be able to help the very groups they were designed to serve," said Giovanetti. "And that's what RDV Food Truck Fridays are all about. We're happy we've been able to make a difference." ■

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10 BUSINESS The Park Press | APRIL 2013

fiscal fitness by John Gill



The Force Behind The Economy

The other day someone posed a question to me that I thought would make a good column topic. The question revolved around the role of the Federal Reserve and whether it should be abolished or not. Senator Rand

Paul of Kentucky and his father, Congressman Ron Paul, both advocate the abolition of the Federal Reserve. This tends to be a fundamental position of many with true libertarian views.

I do not agree with that position and believe the Federal Reserve serves a very useful function for the United States economy and for the global economy as well. But let's take a step back to gain an understanding of the Federal Reserve and its impact on the economy.

The Federal Reserve, also known as the Fed, was created by the Federal Reserve Act of 1913. When Congress created the Fed, the three overarching objectives were maximum employment, stables prices, and moderate long-term interest rates. These objectives are the key to a strong, prosperous economy. The primary reason for the creation of the Fed was to address the bank panics that had plagued the economy over the years. The Fed acts as a shock absorber to minimize or eliminate economic shocks that negatively impact the three objectives that are the basis of its existence.

The Fed is considered to be the central bank of the United State. The United States is unique due to the fact that its central bank does not print money, the U.S. Treasury does. To affect the economy the Fed goes into the open market to either buy or sell financial instruments or it utilizes money from its own accounts to change behavior in the market. Additionally the Fed

manages and directly influences interest rates.

How does the Fed affect you and your fiscal fitness? In several ways. To keep interest rates low, the Fed will increase the amount of money in the financial system. This is done through the open market operations previously mentioned. The Fed will buy bonds from financial institutions which will result in the institutions having additional money on hand to lend. With additional mon-

ey in the system, the effect should be a reduction in interest rates. The Fed also manages interest rates directly through the interest rates charged to its member banks. This rate is called the discount rate. The discount rate ultimately influences the rates for most consumer-oriented rates with the exception of mortgage rates. Mortgage rates are based on the 10-year Treasury bond which are influenced through Fed buying and selling operations.

During the financial crisis and continuing through the present time, the Fed has been flooding the market with money to keep interest rates low and to boost funds available to banks for lending. The Fed did that through Quantitative Easing, also known as QE. In Quantitative Easing the Fed is purchasing massive amounts of bonds which results in large amounts of money

> being injected into the economy and financial system. This has the effect of keeping interest rates low. The Fed has also kept the discount rate low. There is criticism of this effort and of the Fed in general.

> Regarding Quantitative Easing there are some who argue that this is not helping the average individual or business because the banks are sitting on the funds to enhance their balance sheets or are being hyper selective in their lend-

ing operations. Another criticism is that the current historically low interest rate environment is going to cause massive inflation when inflation returns.

For an organization that is invisible to most Americans, the Fed has tremendous impact and effect on most of our lives, and arguably the lives of many around the world. Think of the Fed as "the Force" of the economy, invisible, but very influential on your fiscal fitness. ■

If you have questions, comments, or an area of financial interest you would like to see discussed in The Park Press please call John at 407-353-0594 or send email to FiscalFitness@ymail.com. Follow John on Twitter, @john_gill1.

There is more

than meets

the eye when

it comes to

preparing

siblings to be

in partnership

together.

family business perspective by David Ciambella, CFP CSP



Sibling Partnerships: More Than Meets The Eye

There have been numerous articles published in recent years on the incredible amount of wealth to be transferred from generation to generation in the next few decades. In addition to the wealth that is scheduled to transfer, the leadership position in many family businesses is also scheduled to transition in the next few decades as well. Many of these businesses will transfer from an environment with a single controlling

shareholder such as a patriarch or matriarch to multiple children, some of whom are active in the family business and some who are inactive. Often times the transfer of stock in a family-owned business is accomplished via an estate plan wherein parents endeavor to treat all of their children equally. Sounds logical and reasonable, don't you think? The net result of this good intention is that siblings are thrust into a partnership under the

assumption that they will work things out, make the best of it and remain close as a family. Unfortunately, this is wishful thinking. Many business owners worked feverishly last year transferring closely held stock, real estate and other assets to children and grandchildren prior to December 31, 2012 and, in effect, created sibling partnerships. The truth is, there is more than meets the eye when it comes to preparing siblings to be in partnership together.

So what are some of the implications associated with transferring a business that has been under the control of a single individual to the next generation where there are multiple children thrust into a sibling partnership? Wow! What a loaded question! Indeed it is, as there are endless issues and questions that merit consideration, analysis, debate, and ultimately-reasonable answers. Let's take a look at some of the questions that have been asked by business owners over the years.

☐ Should my children work together?

☐ Does it make sense to have passive shareholders owning stock in the family business?

Should my children own the real estate together? Or, should activelyinvolved children receive operating company stock and inactive children receive the underlying real estate?

□ Which child should I pick to be my successor? What criteria should I

use to make my decision?

☐ Who should inherit the controlling interest in my business?

☐ How do I deal with the child not selected?

How does the

Fed affect you

and your fiscal

fitness?

☐ Should actively-involved children have the ability to purchase stock from inactive siblings? If so, at what price?

☐ If an heir is not interested in assuming the risk inherent in a closely held business, are there provisions for the heir to be bought out? If so, at what price? What terms?

☐ How should compensation be determined for active family members? ☐ How long should benefits (automobile, insurance, cell phone, gas etc.) continue for family members?

☐ What if one child wants to grow the business and one or more siblings do not? Should growth be stagnated? Or should the ambitious child be able to start or purchase a new business and own it individually? How

might this impact their focus on the existing partnership?

Needless to say, these can be perplexing questions that many of you can appreciate first hand either because you have grappled with these gut-wrenching issues in the past and worked your way through them, or you may be in the midst of addressing them presently. The fact is, sibling partnerships are not easy and they require a tremendous amount of work in advance to function effectively and successfully in the future.

Having worked with several families consisting of sibling partnerships over the past seventeen years, here are some best practices that may assist you in increasing the odds your children will be able to successfully manage a sibling partnership and still like each other at the end of the day.

1. Select the most capable person to lead and operate the business regardless of family ties, age or gender.

Restrain from selecting a successor solely based upon being the oldest child or the oldest male in the family. If you are blessed to have a capable, mature, experienced and committed family member successor, consider yourself fortunate. If not, recruit or promote the talent necessary to preserve your "golden goose" so that family members can continue to reap the benefits/rewards of family business ownership. Provide the non-family leader proper incentives to retain their services for the timeframe desired.

2. Compensate family members based upon the role they are fulfilling in the business.

Equal compensation for family members making an unequal contribution to the business is a breeding ground for resentment. Eventually the resentment can wreak havoc on family relationships and business operations. Thus, recognize active family members through their respective pay plan. The distribution of business profits should follow stock ownership.

3. Develop ironclad shareholder agreements or operating agreements that siblings will be bound by once dealership stock is inherited at death or transferred during lifetime.

Developing a shareholder agreement that addresses multiple contingencies such as death, disability, divorce, bankruptcy etc. minimizes the possibility of negotiations among family members and also ensures the business will remain in the family (typically two high priorities of family owned businesses). The agreement would include, among other things, provisions to break a deadlock on strategic items of importance. This is an important consideration especially in 50/50 sibling partnerships or in situations where there is an even number of family member shareholders. An example may include utilizing a CPA, attorney or a committee of three to serve as a deadlock-breaker in the event partners are in a stalemate on a strategic issue. Seeking advice from legal counsel is imperative as you develop an agreement.

4. Align expectations and create operating covenants.

Siblings often have varying definitions of success, different family circumstances, different financial goals, different hobbies, different levels of motivation etc. In light of the differences noted above and many others not mentioned, it is critical that siblings in partnership together develop reasonable expectations of each other which will serve as the foundation of their business relationship. This process will help lead to the development of a shared vision that will drive business decisions in the future.

5. Provide a forum such as an operating board of directors for siblings to mature and grow.

An operating board of directors can be a valuable forum for the next generation to learn and grow in their understanding as well as receive periodic updates from management regarding the performance of the business. This can also be a fertile test bed for sibling partners to learn how to communicate and function that could be invaluable when the leader is no longer available.

6. Establish meeting protocols utilizing agreed upon predetermined agenda topics.

This is important while siblings are actively involved in the business and even more important when one sibling pursues "entrepreneurial retirement" (stepping back from the business and coming and going as they please). Meeting protocols could consist of, but not necessarily be limited to the following: meetings will occur monthly and last no more than two hours; cell phones and other technology should be turned off during meetings; agenda topics consist of chairman's review, financial review, legal review and strategic planning review.

For those of you who have been consistent readers of this column, you are familiar with the family business oxymoron (family and business are in constant conflict with family representing "unconditional love and acceptance" versus business which represents "conditional performance"). Successful sibling partnerships remain constantly aware of this dynamic and utilize the best practices described above and many others to enjoy a healthy and lasting family and business relationship. Like anything worthwhile in life, it takes hard work, sacrifice and commitment to succeed. Sibling partnerships are no different!



Business In The Parks

Rollins College's Dr. John V. Sinclair was among three distin-



JOHN V. SINCLAIR

guished alumni from William Jewell College honored at the college's 69th annual Achievement Day. The Achievement Day honorees are rec-

ognized for their significant contributions in their respective fields. Sinclair serves as chair of the department of music and is the John M. Tiedtke Professor of Music at Rollins College. He is celebrating his 23rd season as artistic director and conductor of the renowned Bach Festival Society of Winter Park and is the conductor of the International Moravian Music Festivals. Over the past 15 years, he has made more than 700 appearances as conductor, clinician or lecturer throughout the United States and many foreign countries.

NAI Realvest was recently ranked among the top 10 commercial property companies in the Central Florida area by two independent ratings agencies. The firm earned a spot on the recent CoStar 2012 Top Ten Power Broker list in Central Florida for both leasing and sales, according to Managing Director Robin Webb. CoStar Group, the nation's leading real estate information company, ranks real estate companies based on transaction volume and dollar value. NAI



Robin Webb



UL PARTYKA



MICHAEL HEIDRICH, SR

Realvest Managing Partner Paul Partyka earned a position among the CoStar Top 10 Power brokers in the region for retail property leasing in 2012, Webb said. CoStar ranked NAI Realvest principal Michael Heidrich, **Sr.** among the Top 10 Industrial leasing brokers. Webb said NAI Global, the network of more than 350 commercial real estate firms around the world, was ranked sixth among U.S. brokerage firms in the

recent Lipsey survey of national brokerages. The Lipsey Company annually conducts a survey of the top commercial real estate industry brands.

Orlando-based Resource Consulting Group (RCG) - one of the largest fee-only financial planning and investment advisory firms in Florida — marks its 25th anniversary this year. Since it was founded by tax attorney Mike Davis in 1988, RCG has grown to a 20-member team of seasoned financial service professionals with more than one billion dollars in client assets under management. Davis has been ranked by Worth magazine among the nation's top 100 wealth advisors. In addition, both he and RCG President Kimberly Sterling have been ranked among "The 150 Best Financial Advisors for Doctors" by Medical Economics magazine.

Lowndes Drosdick, Doster, Kantor & Reed, P.A. is pleased to announce that it has promoted six attorneys -- Matthew D. Armstrong, Courtney M. Dunn, Ronald D. Edwards, Jr., Richard E. Englebright, Jr., Michael S. Provenzale and Jill Davis Simon to the level of senior associates, effective immediately. Matt, Courtney, Ronny, Richard, Mike and Jill previously served as associates at the firm.

The Florida Trust for Historic Preservation is pleased to join with Rollins College in honoring the accomplishments of Barbara Hoffstot, a trustee emeritus of the Florida Trust. Since 1978 the Florida Trust has championed historic preservation in the sunshine state, and for many years Mrs. Hoffstot assisted in this cause. Sharing her expertise and her commitment in her home state of Pennsylvania and her adopted state of Florida, she gave of her time and talents generously. Hoffstot was also recently honored with a stone on the Rollins College Walk of Fame. Her work in Pittsburgh was the model for the Historic Preservation Act 0f 1966 which created The National Register of Historic Places.

Cuhaci & Peterson Architects, Engineers Planners based in Baldwin Park was awarded contracts to design three Ale House restaurants -- in Winter Park, Queens, N.Y. and the Philadelphia area. Lonnie Peterson, chairman of Cuhaci & Peterson, said the restaurants average 10,000 square feet each and are located on Lee Rd. and Hwy. 17-92 in Winter Park, in the Rego Park neighborhood of Queens N.Y. and in the Philadelphia suburb of Springfield, Pa.

Heart of Florida United Way (HFUW) recently appointed Malcolm Barnes of Progress Energy and Dr. Ronald Piccolo of Rollins College to



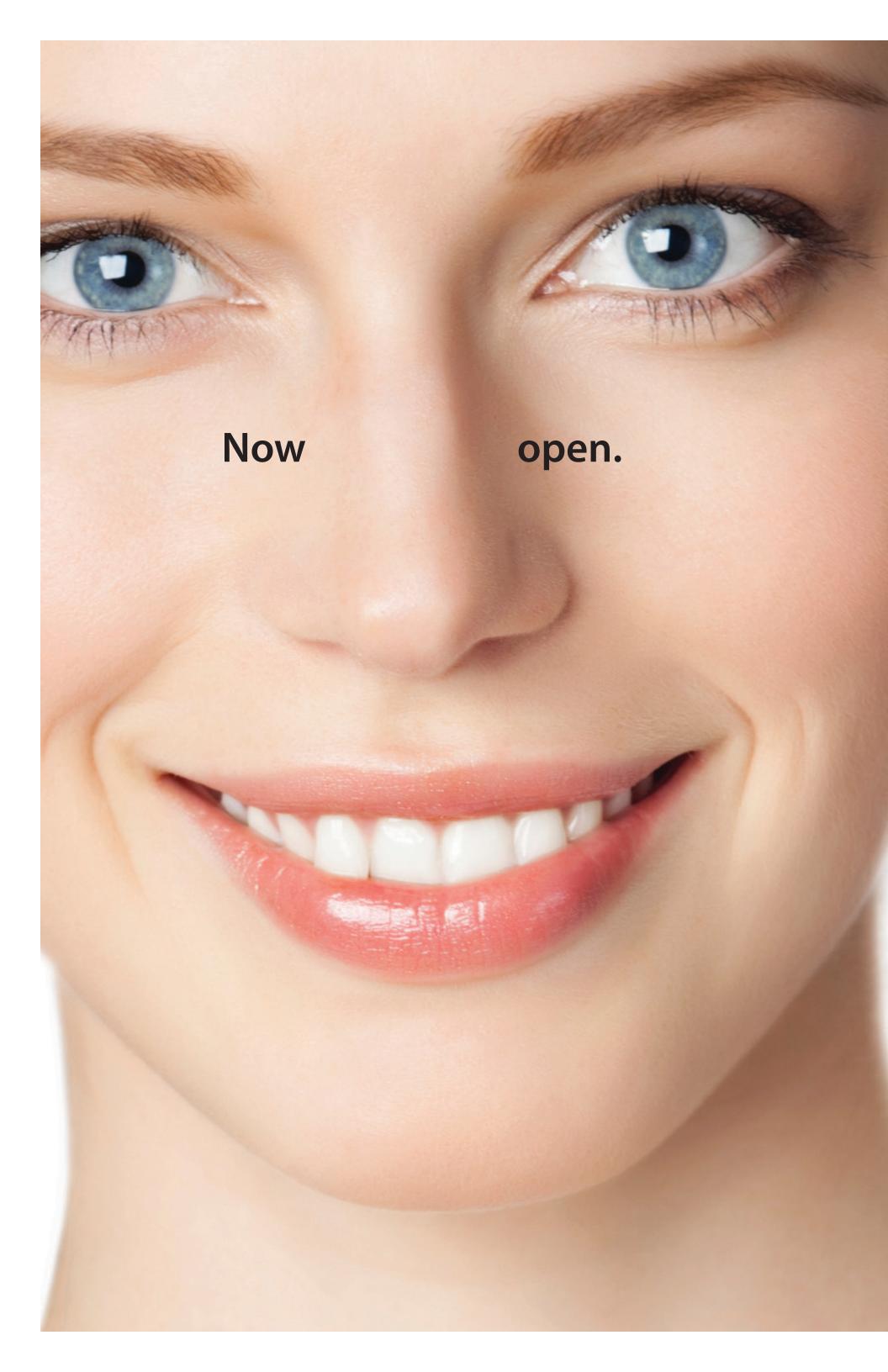
MALCOLM BARNES



Dr. Ronald Piccolo

its board of directors. Barnes is a 20-year employee of Progress Energy, where he currently serves as manager for the residential operations team. In addition to the HFUW board, Barnes is serving his second term as president for the American Association of Blacks in Energy, a statewide

industry organization focused on providing scholarships and mentoring to college students pursuing STEM related disciplines. Piccolo is an associate professor of management and academic director of the Center for Leadership Development in the Roy E. Crummer Graduate School of Business at Rollins College. He teaches graduate-level courses in leadership, organizational behavior and management strategy. Piccolo's consulting experience includes leadership development, strategic planning and board development for many Central Florida organizations.





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The Fifth Annual Winter Park

WINTER PARK PAINT OUT

April 20st – April 27th 2013

The fifth annual Winter Park Paint Out (WPPO) runs from April 20 through 27. Twenty-five of the finest "plein air" (in the open air) artists will be painting on the grounds of Czech-American sculptor Albin Polasek's historic home and sculpture gardens, as well as throughout the cities of Winter Park and Orlando capturing Florida landscapes and urban cityscapes. The Paint Out offers an entire week of FREE painting demonstrations. With interesting topics presented by veteran plein air artists, there's something for everyone!



Don Sondag



Christophe Cardot

The Paint Out begins on Saturday, April 20 with a special presentation and demo by Florida's 2012 Black History Month Award recipient and a treasured Florida Highwayman, Kelvin Hair. The painting demonstrations continue throughout the week, along with other special events such as a sunset paint at Hillstone Restaurant Wednesday the 24th and a Garden Party at the Museum on Saturday the 27th. The public is invited to stop by the Polasek Museum's gallery and gardens all week long to see recently-completed works, watch artists painting in the gardens, and attend free painting demonstrations. The historic



This year's poster artist, Stephen Bach

Polasek residence will also be open free for viewing. Artwork produced during the Paint Out will be for sale in the gallery "wet room" or can be viewed in real time, virtually, on the WPPO website.

This year's participating artists include Morgan Samuel Price, Matthew Cornell, Don Sondag, Stephen Bach, Stewart Jones, Hiu Lia Chong, Bill Farnsworth, Charles Dickinson, Priscilla Coote, Jane Chapin, Christophe Cardot,

Steve Andrews, Stacy Barter, Linda Apriletti, Trish Vevera, Joe Palmerio, Sheila Thornton, Ken DeWaard, Gary Rupp, Cynthia Edmonds, Irina Kovnacka Ashcraft, Elisabeth Ferber, Terry Mason, Berto Ortega, Bobbie Puttrich.



Saturday, April 20: 1 to 4 PM.

Before this year's 25 plein air artists fill up the Polasek Museum's wet-room gallery with their lively artwork (April 22-27), we hope to introduce visitors to the roots of plein air painting in Florida. The week kicks off with a splash of Florida history in this special program and demonstration by acclaimed Highwayman, Kelvin Hair. The Florida Highwaymen, a group of 26 African-Americans, broke with convention in the mid-1950s to paint: beautiful iconic landscapes. These selftaught entrepreneurs mentored each other while they painted on basic materials like Upson board for canvasses and crown molding for frames. Local galleries shunned their work, so they peddled . their art from car trunks along area roadways, hence their name.

Kelvin Hair - Vero Beach, FL.

http://khairart.com

The Polasek Museum is delighted to host : Art in Denmark, WI. Kelvin Hair as our special guest artist for the 2013 Winter Park Paint Out. Very much in keeping with the traditions of the original Highwaymen, who were self-taught and shared their craft : among one another, Kelvin Hair was mentored by the legendary A.E. Backus, who is widely known to be the art teacher of the Highwaymen founder, Alfred Hair. Hair was selected by Gov. Rick Scott as the 2012 Black History Month Artist. Do not miss this opportunity to watch plein air history created live!!

Monday, April 22: 10 AM to 12 **Noon.** Pastel Demonstration with Gary Rupp

Introduction to Plein Air Pastels -Gary Rupp will discuss the pleasure of painting with pastels en plein air during this two-hour demonstration. He'll provide pointers on the type of equipment and supplies required to work in pastels out of doors and show how they are used to capture a beautiful landscape : image.

Gary Rupp - Orlando, FL.

www.garyrupp.com

While Gary Rupp was in college he completed a minor in studio art; and while initially he pursued a different career path, several years ago his interest in painting was reawakened. He began further training with many recognized pastel artists, and he discovered pastels provide him the purest colors for his plein air paintings. His most recent award was winning the Quick Paint at the 2012 Wekiva Paint Out.

Tuesday, April 23: 10 AM to 12 Noon. Oil Painting **Demonstration with Jane Chapin**

Figures in the Landscape - You've just set up to paint your favorite corner cafe or park when people start entering the picture. They don't sit still, they walk out of the scene--what do you do? Sometimes you have only seconds to record people in your painting. In this demonstration, Jane Chapin will talk about how to handle moving subjects and how to successfully add figures to your scene.

Jane Chapin - St. Petersburg, FL.

www.janechapin.com

Originally from rural Pennsylvania, Jane : Chapin began exploring plein air techniques at : a young age. She spent a year as an exchange student in Argentina broadening her influences. In 2007, Chapin began a three-year project of painting on location and wrote a chronicle of her travels in each state, eventually publishing "Land of the Free" as a charitable donation to American veterans.

Wednesday, April 24: 10 AM to 12 Noon. Oil Painting

Demonstration with Ken DeWaard

Essence and Design - In the outdoors, we see the essence of the landscape--it's intrinsic, fundamental, and true nature. The work of the artist is to capture that essence and interpret it with a specific purpose, intention, or design in mind. Ken DeWaard will show how to utilize and build on what nature gives us through design and interpretation, without being slaves to the scene in view.

Ken Dewaard - Viroqua, WI.

www.kendewaard.com

Ken Dewaard has been working en plein air for the past 24 years and participates in many of the National Plein Air competitions that are held around the country. In 2012 Ken received many awards around the state, including Top Honors-Artist Choice at Florida's Forgotten Coast. Ken currently is an instructor at the Academy of Fine

Thursday, April 25: 10 AM to 12 Noon. Acrylic/Oil Painting **Demonstration with Irina Kovnacka Ashcraft**

Painting on Colorful Backgrounds -Get over the fear of a white canvas by "messing it up" with color before starting your painting. Irina Kovnacka Ashcraft takes the traditional toned canvas up a notch by using reds, greens, and blues as her underlying colors. This unique approach results in paintings with a vibrant color palette typical of the artist's work.

Irina Kovnacka Ashcraft

- Winter Springs, FL. www.artworkbyirina.com

Working mostly with oils, watercolors, and acrylics, Irina Ashcraft enjoys experimenting with many different genres of art. Irina was born in 1976 in Latvia and moved to Orlando in 1999. Most notable, however, has been Irina's success as an emerging fine artist on Sothebys.com.

Friday, April 26: 10 AM - 12 Noon Oil Painting Demonstration with **Morgan Samuel Price**

From Start to Finish - Morgan Samuel Price shows the overall process of creating a beautiful landscape painting. Her demonstration starts with a quick compositional sketch that develops through the block-in of shapes and the refinement of details, all while explaining her procedures and answering questions. The artist will also describe her materials, her Impressionist painting techniques, and ways in which she captures the light, color, and beauty of the natural world.

Morgan Samuel Price

- Altamonte Springs, FL.

www.morgansamuelprice.com

After graduating from the Ringling School of Art and Design in 1968, Morgan began her career as a commercial artist/illustrator for Hallmark Cards, Inc. In 1972 Morgan changed her focus to fine art, and her passion for nature's serenity paved her way to true success as an American Impressionist plein air painter. Today, Morgan enjoys sharing her career with others through her painting and teaching DVD's and her instructional

Saturday, April 27: 6 PM to 9 PM Garden Party.

Meet the artists from this year's event and see the entire exhibition. This ticketed event traditionally sells out early, so don't delay in purchasing your tickets. Visit the website for ticket information.

For additional information call the Museum at (407) 647-6294 or visit the Paint Out web site at www.winterparkpaintout.org.

in the garden by Stephen and Kristin Pategas



Stephen & Kristin Pategas

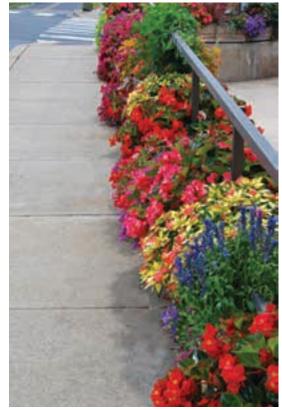
In Bloom Here And Nationwide

Beauty attracts the eye and in 2010 it sure brought us right back to Lewes, DE. We were on a three-week road trip up the East Coast visiting gardens and historical sites with Rehoboth

Beach, DE our destination for a family retreat. With record-breaking temperatures scorching us on the beach we looked for respite in nearby Lewes. This first-time visit bowled us over with the displays of color - bridges, fences, railings, doorways, windows, lamp posts and street corners dripping with blossoms in an orgy of color. With camera shutters clicking we worked our way through a few of the downtown streets. The population of only 2,700 residents was heavily outnumbered by blossoms. Why was this small quaint city with numerous historical buildings ablaze in color? A clue was a small sign framed by flowers that simply stated "Lewes in Bloom." Family duties called us away but we promised ourselves we would return to explore further.

The outstanding show of color and the sign led us to suspect a connection to the "America in Bloom" program and an online search confirmed Lewes was to be judged the following day! With the planets aligned we headed back the next day to revel again in the efforts of the residents, explore the rest of the town and hopefully spot the judges. Well, Lewes won that year (as well as in 2003 and 2005) and they have a web site devoted to their program www.lew-esinbloom.org which beautifies the city even when they don't enter the national competition.

America in Bloom was started in 2001 and hundreds of cities in 40 states have competed, with judging based on beautification, cultural heritage, historic preservation and sustainability. Fast forward to 2013 with Winter Park and Winter Garden entered amongst the over two dozen cities competing nationwide. Stephen's membership on the Keep Winter Park Beautiful and Sustainable board led to their sponsorship of Winter Park's entry. We are calling our



Many sidewalks are lined with overflowing containers.

local group Winter Park Blooms and for this first year a handful of beautification projects will be identified. Organizations, residents, and city government will be encouraged to enhance our community by focusing on quality landscapes, environmental efforts and other critical issues in the outdoor environment. The judging is in early May.

If you wish to join the committee or volunteer please contact us. If you are traveling nationally, look to see if there are any cities that are competing (www. americainbloom.org). Visit one at just the right time (judging is completed by August) and like we did in Lewes, you may even bump into smiling judges.

All photography by Stephen G. Pategas/Hortus Oasis



This was the most unusual container we spotted in Lewes.

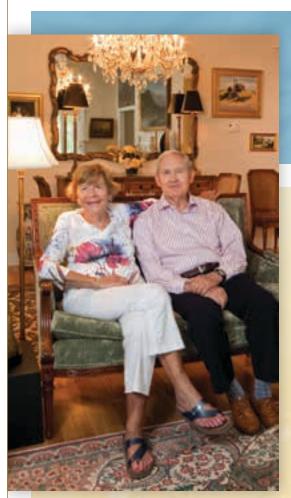


Annual color cascades down a fence.



Lewes in Bloom – the sign that tipped us off.

Hortus Oasis (FL26000315) in Winter Park is a boutique garden design company specializing in residential, commercial and specialty gardens. Stephen is a registered landscape architect and Kristin is a certified landscape designer. Contact them at 407-622-4886/garden@hortusoasis.com



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Real Estate In The Parks

Real Estate Update - By Scott Hillman



Throughout my many years as a real estate professional I've seen the industry move back and forth like a pendulum from a buyer's market to a seller's. But at this very moment, we are in a balanced position, in which both parties are at an advantage. And while these

circumstances may not last long, it is certainly encouraging and signals a positive outlook for

If you're in the market to purchase a home, my best advice to you is act now! Interest rates remain near historic lows, however, prices are creeping up and inventory continues to dwindle. According to the National Association of Realtors, interest rates will increase by one percent for 30 year-fixed mortgages within the next twelve months and home prices will rise by four to five percent.

For those of you considering putting your home up for sale, I expect to see continued appreciation in transactions and home values as the year progresses. Right now, there aren't many homes to choose from, especially in the Winter Park area, which not only increases the chances of

you getting the price you want for your home but also the potential for multiple offers.

Here's a summary of the housing and condominium markets in Winter Park, Maitland, College Park, Baldwin Park and downtown Orlando for 2012. Transactions for all single family homes were up 6.4 percent over 2011, with biggest gainers in the \$300,001-\$500,000 price range, up 27 percent over 2011; followed by sales of homes in the \$750,001-\$1 million price category, up 18 percent over 2011 and 31 percent over 2010.



Homes like this one in Winter Park won't be on the market long as inventory continues to decrease in our area.

The best performing neighborhood for homes, both lakefront and non-lakefront, was College Park where sales were up 32.3 percent and median prices up 13 percent.

Even though overall condominium sales dipped 9.2 percent last year, transactions for condos priced over \$500,000 were up a whopping 107 percent, while their average and median prices were up 10 percent and 8 percent, respectively.

The best performing neighborhood for condos was Winter Park (zip 32789) where sales

> jumped 29 percent, average prices climbed 43 percent, and median prices spiked 85 percent.

> While all of this is certainly good news, we're not out of the woods entirely. Distressed home transactions have decreased significantly but are still a factor. And while this may affect the overall median home prices in our area, it's not a huge concern for most people as confidence in real estate increases each day, indicating a market in which everyone wins, except those who wait!

> Scott Hillman is president of Fannie Hillman + Associates, a Winter Parkbased real estate company established in 1981, specializing in the home buying and selling process. ■

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pop culture detours by George McGowan

An Old Man Returns And A New Man Continues To Dazzle

The two cultural items that have captured my attention lately are the "comeback" of David Bowie after ten years away from the spotlight and

the continued dazzling success of former Mouseketeer and boy-band impresario, Justin Timberlake.

While some of you may wonder why these two men make a connection in my mind, it chiefly comes down to the fact that they both released new records in March. Bowie has released "The Next Day," which some would say is a return to form for the superstar. Timberlake has released his third solo album, "The 20/20 Experience," and re-



cently completed a week-long stint as a guest on The Late Show with Jimmy Fallon, as well as another memorable turn hosting Saturday Night Live.

But, as I considered it further, I can see that the connection between these two men extends beyond their primary success as popular musicians. They are both modern-day polymaths, the better known (and rather sexist) term is Renaissance Men. Now, please don't think that I am lumping these men with the most famous polymaths of history. They are certainly less accomplished than Aristotle, Leonardo da Vinci, Michelangelo, Galileo Galilei, Johann Wolfgang von Goethe, Benjamin Franklin or Isaac Newton.

For those of you interested in the origins of this concept, Leon Battista Alberti (1404-1472) was of the opinion that "a man can do all things if he will." According to Encyclopedia Britannica, Alberti was an accomplished architect, painter, poet, scientist, mathematician and horseman. Bowie and Timberlake can't exactly aspire to these feats, but in the world of performance arts, they can boast accomplishments as musicians, actors, stylists, producers, entrepreneurs, and in general, men who do not shy away from trying new and challenging things. Plus, you can't quibble with their choice of mates, as Iman and Jessica Biel are two of the more lovelier ladies on the planet.

A pause to report on the latest musical efforts of these two men. "The Next Day" doesn't shy away from the legend that is Bowie and shows its bravado on its cover, which consists of a commentary on the image of the famous cover of Bowie's "Heroes" album from 1977. The music recalls Heroes-era

Bowie, with a striking, jagged opening on the title track, on which Bowie sings of his struggles with aging. Bowie is once again joined on this album by producer extraordinaire, Tony Visconti, who has worked on most of Bowie's best work. It is quite amazing that it has been 10 years since we had new music from Bowie, and many people simply assumed that he had retired from the business after he suffered a heart attack in 2004. His latest comes somewhat out-of-the-blue as it was quietly announced with the first single and video from the album, the wonderfully poignant "Where Are We Now?" and then followed up with another video co-starring Tilda Swinton for "The Stars (Are Out Tonight)." When the album was finally released it easily climbed to



the top of the charts debuting at number one in the UK and number two in the US. This album easily fits in with all of Bowie's best work and is a must-have for all Bowie fans.

Timberlake mirrored Bowie by never hinting that he was working on music and many of his fans assumed he was concentrating on his budding acting career. Really, once you have reached leading man status, why would you submit yourself to the grind that is recording music and touring? But, as

secretly as Bowie did, Timberlake teamed up with his favorite producer (Timbaland) to record soul-driven love songs and slow jams. The first single, "Suit and Tie," can be without irony termed "vintage" JT, with displays of bravado, a masterful guest rap by (another modern polymath) Jay-Z, and a hypnotizing beat which might even get this old man out on the dance floor. Interestingly, many of songs on this album extend beyond the standard three to four minutes required of most conventional pop hits. I saw a quote somewhere from Timberlake where he lamented the fact that rock records can have songs that extend beyond these limits and that he was going to not restrict himself to pop music conventions on his latest effort. While "The 20/20 Experience" delivers what fans of JT need from him, it does not rise to the level he set with his last album, which boasted hit after hit. There is no "Sexy Back" or "Rock Your Body" on the latest from JT, but I have enjoyed listening to him exploring newer avenues of his oeuvre. It may be a back-handed compliment, but "The 20/20 Experience" is age-appropriate for a man who just turned 32 and has married and settled into another phase in his varied career.

Who are the other polymaths of our age? I am sure there are better examples, but I can't think of two better polymaths of popular culture than Bowie and JT. ■

The Perfect Play For The Playhouse

THE KIDS LEFT, THE DOG DIED, NOW WHAT? WRITTEN BY CAROLE CAPLAN-LONNER **DIRECTED BY ROY ALAN AND CHRIS LEVY STARRING FRANK SIANO AND LOURELENE SNEDEKER**



This is the ideal play for the audi- Act I, "It's Not a Date," a very pretty ence at The Winter Park Playhouse, love song, which leaves us anxious because 99% of the patrons can relate to come back for more. Adding to to it. To add to the funny situations, we have some very enjoyable music. semble cast, comprised of Jeff Aames, There is not much of a story line – many skits in the first act and a little Lourelene Snedeker. I did feel that more of a story in the second. We follow two older people whose respective spouses have gone to the happy hunting ground and they find themselves quite lonely. Their friends enare some hilarious moments which ensue. Despite all the fabrications, the two meet up because they have so much in common, and of course, live happily ever after.

The songs were really great, a pleasant surprise. The first song, "Now What?" got the play off to an adorable start. Catchy music accompanied by clever lyrics made the show a winner from beginning to end. I particularly liked the ending song of

the enjoyment was the wonderful en-Amy Martin Cole, Frank Siano, and Frank stole the show with his incredible comedic timing and strong voice. And I especially liked the numbers where he was paired with Lourelene.

This play is all about relationships courage them to go online, and there as we get into middle age, and many of us have been in some of the situations depicted. It is great to view them in a humorous way, which wasn't always the case in the past. As always, the Winter Park Playhouse has us leaving their charming theater in an upbeat fashion!

> Playing through April 6 at The Winter Park Playhouse, 711 Orange Avenue, Winter Park. For more information call 407-645-0145 or visit WinterParkPlayhoiuse.org. ■



Barb's Best Bets for April: "Sherlock Holmes and the Suicide Club" at Theatre Downtown, "All Night Strut" at The Winter Park Playhouse, and "Titus Andronicus" at Orlando Shakes.

Famed Folk Artist O.L. Samuels To Showcase Private Collection

Self-taught and nationally recognized African- American folk artist O.L. Samuels will present an exhibition of his elaborately carved wood sculptures this April.

"Preaching to the Trees and the Animals: The Folk Art of O.L. Samuels" will be hosted at the Hannibal Square Heritage Center in Winter Park Friday, April 19, through Saturday, Sept. 7. Samuels will meet and greet guests at the opening reception Friday, April 19, from 6 to 8 p.m. at the Center.

The exhibition will showcase work from Samuels' private collection in Tallahassee, as well as two pieces from the permanent collection of the Mennello Museum of American Art in Winter Park.

"It is a great honor for Crealdé to bring this collection of work from one of Florida's most celebrated folk artists to the Heritage Center to kick off our Folk Art and Craft Festival in Hannibal Square, "said Peter Schreyer, executive director of Crealdé School of Art. "I had the privilege to hand select the exhibition pieces during a studio visit in Tallahassee last summer and most of them will be shown in Central Florida for the first time."

The exhibit kicks off the 4th annual Hannibal Square Heritage Center Folk Art and Traditional Craft Festival on Saturday, April 20, from 10 a.m. to 4 p.m.

A former professional boxer and tree surgeon, Samuels found his love of art and nature at an early age. As a child, Samuels would carve small animals out of wood and give them away as Christmas presents. After suffering a tragic fall on the job 30 years ago that left him para-



O.L. Samuels with life-size sculpture Photo by Peter Schreyer

lyzed for three years, Samuels returned to his roots and love of nature to redevelop his talent as an artist.

Samuels' sculptures of animals have been exhibited and collected in more than 30 countries throughout Europe, China, Africa and the Middle East. His work is in the permanent collection of the Smithsonian's Folk Art Museum and the White House in Washington, D.C.

The Center's Folk Art and Traditional Craft Festival will feature work for sale by Florida folk and traditional craft artists, including the original Florida Highwaymen painters and Crealdé ceramicists, as well as live folk music and local soul food. The festival will also feature a "Kid Folk" workshop called "The Aztec Encounter and Musical Parade," led by Crealdé artist Lilly Carrasquillo and Mexican folk artist David Penaflor for ages 5 and older.

Crealdé School of Art, established in 1975, is a community-based, nonprofit arts organization. It features a year-round curriculum of more than 100 visual arts classes for students of all ages, taught by a faculty of 40 working artists; a summer art camp for children and teens; the Visiting Artist workshop series; the Contemporary Sculpture Garden; three galleries; and award-winning outreach programs.

Crealdé's second campus, the Hannibal Square Heritage Center, opened in 2007 in partnership with the City of Winter Park as an extension of Crealdé's community programs. Through the award-winning "Heritage Collection," the center pays tribute to the contributions of Winter Park's historic African-American community.

Crealdé School of Art: (407) 671-1886, www. crealde.org; open Monday-Thursday 9 a.m.-4 p.m., Friday and Saturday 9 a.m.-1 p.m.; 600 St. Andrews Blvd., Winter Park, FL 32792.

Heritage Center: (407) 539-2680, www.hannibalsquareheritagecenter.org; open Tuesday-Thursday noon-4 p.m., Friday noon-5 p.m., Saturday 10 a.m.-2 p.m.; 642 New England Ave., Winter Park, FL 32789. ■

park press pets by Sherri Cappabianca

Personal Fitness Training For Your Dog

Sound crazy? It's not! Just like humans, dogs need more exercise than they typically get. A walk, even if it's a mile or so, or backyard playtime, is just not enough. To preserve health, dogs need a high quality cardiovascular exercise like a good 30 minute run, "weight training" to keep their muscles strong, appropriate stretching to keep them flexible, and activities that provide mental stimulation. Cardiovascular or aerobic exercise is beneficial not only for overall physical health, but it provides psychological benefits as well. Because of the endorphins and serotonin released, this type of exercise can calm your dog and elevate and stabilize his mood. It's also a great training aid, because it helps release pent-

up energy, allowing your dog to more fully concentrate on training activities. Statistics show that most dogs don't get enough aerobic exercise, which is a major factor in the rising obesity rates in dogs, now estimated at 54%.

So how do you maximize a dog's workout? With humans, the best way is to employ the services of a personal trainer, someone who knows how to tailor workouts to your specific needs and fitness goals. Personal trainers always push you more than you will push yourself, and they hold you accountable! A personal trainer can do the same thing for your dog. I believe it's the answer (combined with healthy nutrition) to help dogs stay in shape, and live healthier, happier lives.

Instead of waiting until your dog

has a problem, why not start a fitness regimen while he is still healthy? I believe all dogs over the age of five years old should be "working out" at least two times a week. If, for whatever reason, you're unable to give your dog the exercise he needs, give a personal trainer a try. Sherri Cappabianca, an expert in the field of canine health and fitness, is the author of two books on canine health, and is the co-owner of Rocky's Retreat Canine Health & Fitness Center, located in Orlando. For more information on their fitness training program, visit www.BarkingDog-Fitness.com, or visit www.rockysretreat.com.





live meaningfully by Ayesha G. Fuhr, M.A.



Sometimes The Things We Can't Change, End Up Changing Us Instead.

- Unknown

us yet again. We have "sprung into

tinues to have its way with so many of

amount of distress in my clients, family and friends recently. The world, though beautiful and inspiring in so many change, end up changing us instead. ways, seems to be clipping by in such a hurry that often we have little chance into the wind yet again.

Bueller, "Life moves pretty fast. If you don't stop and look around once in a while, you could miss it." The reality change. Technology is moving at mach speed, our children are growing, relationships change, and favor ebbs and ly no change.

Chance seems random and faith is sometimes a difficult commodity by growth is optional. which to come. People will continue

we most treasure, and something so necessary will fall just out of reach. These are the challenges of humanity and this is the cost of free will. We are blessed immeasurably with grace and hope, faith and love... but even the

the world when we are faced by that which is most egregious to our sensibilities. Whether it is translated through a

So the time promotion missed, a financial misforhas changed on tune, the loss of a loved one, the reality that someone may not be who we wished for them to be, or even somespring," losing a treasured hour of thing as timeless as unrequited love. It sleep in pursuit of being more produc- often feels so 'unfair.' We turn it over tive and getting ahead. Yet, why does and over in our heads looking for the it feel, of late, as though the world con-reason or the rationale. We try to 'fix' or 'change' or 'spin' the situation to make it more palatable or at least less I've been witnessing a significant destructive... yet, more often than not, it is immutably just what "it is."

Sometimes the things we can't

Most times, I would say.

So, how will you change in the face to even get our footing, let alone fortify of all aridity and disenchantment*? our ground before it seems to knock us Will you become embittered? Will you demand more 'power' and 'control' in In the immortal words of Ferris your life as a way to combat it? Will you endure the sorrows quietly and without the world ever being the wiser? Or will you embrace the challenge, in which we live is fertile ground for share vulnerably, and allow yourself to change through acceptance and faith in the present?

We may not always have a say in flows... yet still there remain certain how the world treats us. We may not things on which we can effect absolute- even always have a vote in how the world treats others. But we indisput-Loss and grief have no antidote. ably always have a choice in the way Disappointment rarely seems to abate. we treat the world and in the way we treat ourselves. Change is certain;

I invite you to take inventory of to be who they are, disease will strike your life at this moment. What's going without warning, we'll lose those who your way? What's not? On what can

you effect change in a positive way? And in what situations can you accept the change that must occur and grow despite it not necessarily being your choice? Be present; embrace all that is at this exact moment. And allow those things that you cannot change, to change

greatest of those can be tested at times. you in the most accepting and empow-There is an unnerving 'injustice' in ering way. Believe. Share. Love. Grow.

> Be Well; Live Meaningfully. Till the next time, Ayesha ■ *Max Ehrmann, Desiderata (1927)

Ayesha G. Fuhr, M.A. practices at 2150 Park Avenue North, Winter Park, Fl 32789 as a Registered Mental Health Counselor Intern and can be reached at ayesha@livemeaningfully.net or 407.796.2959.

There is an

unnerving

'injustice'

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schools



Aloma Elementary

Principal Dr. Drew A. Hawkins

Our next SAC meetings will be on Tuesday, April 2, and Tuesday, May 7, at 8:00 a.m.

PTA will be hosting Family Night on April 4 at Jeremiah's Italian Ice from 5:00-9:00 p.m.

They will also be hosting Muffins for Mom on April 30, from 8:00-8:35 a.m. in our Media Center. Our Art Department will be hosting an Art Night for parents on April 30, from 6:30-8:00 p.m.

Please note that Wednesday, April 17, we will dismiss at 3:00 p.m. instead of 2:00 p.m. due to FCAT Testing. This will be the only Wednesday that we will dismiss at 3:00 p.m. Students in fifth grade will be taking the FCAT Math test this year on the computer during week two of testing. FCAT Testing will be held according to the following calendar:

WEEK ONE

Day 1 - Monday, April 15 Grades 3, 4, 5 Reading Session 1 (70 minutes)

Day 2 - Tuesday, April 16 Grades 3, 4, 5 Reading

Session 2 (70 minutes) Day 3 - Wednesday, April 17 Grades 3, 4 Mathematics

- Session 1 (70 minutes) Grade 5 Science

- Session 1 (80 minutes) Day 4 – Thursday, April 18

Grades 3, 4 Mathematics - Session 2 (70 minutes)

Grade 5 Science Session 2 (80 minutes)

Make-up testing **WEEK TWO**

Day 6 - Monday, April 22 **Grade 5 Mathematics**

Day 5 - Friday, April 19

- Computer Based Testing Day 7 - Tuesday, April 23 Grade 5 Mathematics

 Computer Based Testing Days 8, 9, and 10 - Wednesday, April 24 - Friday, April 26 Make-up testing

As always, we appreciate your: help and your support! We are: "Team Eagle: Every Student! Every Day!"



Now is the time to register your child for the 2013-2014 school year. If you have an incoming kindergarten student or you are new to Audubon Park Elementary School please come to the main office a pick up a registration packet. The earlier you register, the better we can accurately plan for next year's student population. Your support is greatly appreciated. For the latest school news

visit our website at www.audubonpark. ocps.net and follow my blog at https:// teacher.ocps.net/users/23948/



Feel free to email me anytime: trevor.honohan@ocps.net

Please scan the QR code for a complete school news update:



Please recycle your paper.



It's hard to believe that only one • quarter of the school year remains. We will continue to focus on what needs to be done for a successful conclusion to this year, but planning has begun for next year. One of our year-end procedures in the past has included a day for our future kindergarten students and their parents to tour the campus and learn our rou-



Sean Connolly ("Teacher's Style" mask). Shea Connolly and Dr. Rummler after the recent Brookshire talent show

tines. Because we are at a temporary location this year, our Kindergarten Round-Up will take place during the summer at our renovated campus. If you are the parent of a 2013-14 Brookshire kindergarten student, please join us on Thursday, August 1 at 10:00a.m. to get a tour of the new building and to have all of your questions and concerns answered. We still ask that you register your child with us at our temporary location at 1500 Falcon Drive, Orlando, sometime before the end of this school year (June 5). In the meantime, parents can always call or e-mail me (marc. rummler@ocps.net) if they need any

Our Brookshire Foundation is off to a good start thanks to the generosity of many Brookshire families. We look forward to the foundation providing years and years of support: to our students. Thank you to Tim: and Susan Varan for hosting our first meeting at Tim's Wine Market on North Örange Avenue.

🤛 Fern Creek Elementary Principal Dr. Patrick Galatowitsch

There is nothing more inspiring than students helping students. On March 19 Rollins College welcomed our Fern Creek Elementary School scholars for Pathways to College Day. In such an increasingly competitive marketplace, a university degree is vital to land the job of your dreams, and our students are well on their way to success. Every day we encourage our students to dream big, and Rollins College reinforces the idea that dreams really can come true. At Rollins, our students were given the opportunity to sample col-: lege courses, aid professors in teaching classes, and enjoy a live musical performance in their honor. Fern Creek is grateful for the continuous contributions from the community to support our blossoming young minds.

Fern Creek students are ready to dents and teachers have been work- testing! ing hard all year mastering skills in Creek continues to be a School of Ex-

We welcome and encourage the involvement of parents and the community in the life of our school. To . inquire about opportunities to become involved, please contact the school principal at galatop@ocps.net.

Glenridge Middle School Principal Heather Hilton

FCAT is finally upon us and our: time to sharpen their writing skills.

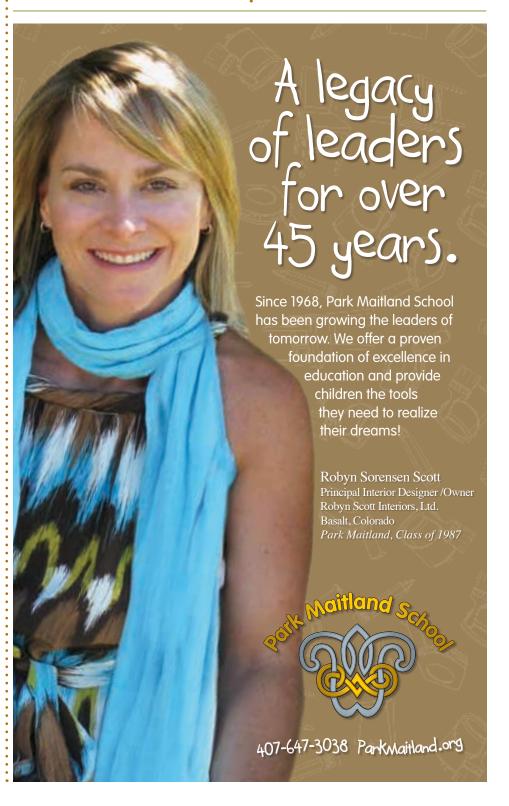
dents will be taking both sessions of * tremendous victory. Way to go Lions! the FCAT Reading test on computers • quirement. All seventh graders will • be taking the reading test April 16-23 and all sixth graders will be taking • the test between April 22-26. The other testing dates are:

Mathematics (6,7,8): April 15 Reading (8): April 16 and 17 Science (8th only): April 18

Don't forget, students need plenty tackle the FCAT test in April. Stu- of rest and a good breakfast prior to

We are proud of our Lions as sevpreparation for the exam. Our high • eral of our students have recently achieving test scores reflect that Fern • been recognized for their accomplishments in and out of the classroom. One such student, Jordan Pouncey, was recently recognized as a Martin Luther King Humanitarian Award winner for his hard work, dedication to excellence, and his drive to achieve while helping others. Jordan exemplifies Dr. King's ideals of equality, justice, freedom, peace and harmony for all people. Congratulations, Jordan! Congratulations to our Odyssey of the Mind team for taking second place at the Regional Compe-Lions are prepared for success! The : tition last month. Your performance first round of FCAT testing is com-: was outstanding! They will be complete as our eighth graders took the : peting at the state level on April 6 at FCAT Writing test in February while: UCF. Our Civics Bowl team - Nathan sixth and seventh-grade students: Barkdull, Ivy Yang, Arvind Shankar, took a practice writing test at this and Mathieu Wilkhu - competed against Maitland in the second an-This year, our testing schedule is inual Civics Bowl sponsored by the a little different than in past years Rotary. The Lou Frey Trophy will be as all sixth and seventh-grade stu- coming back to Glenridge after their

The chorus and theatre departin one of our labs. This is a state re- ments are once again joining forces to present a spring musical. Thoroughly Modern Millie will be presented May 10 and 11 at 7 pm in MPR. General admission tickets for \$5 will be on sale at the door. Advanced tickets for premium seating in front rows will be sold only in advance for \$10. They will go on sale two weeks be-



fore show in late April.

The following students received: superior ratings for their performances and technical theatre designs at the Florida State Jr. Thespian competition at the King Center in Melbourne, FL: Allison Barkdull, Abbey Brown, Maya Choudhury, Maryanne Ellspermann, Mackenzie Hanson (two superiors), Ellie Ireton, and Christina Spain, Juliet Welsh, and Olivia Welsh. These students also performances at District competition: in the fall. This is the first year Glenridge has sponsored a Jr. Thespian troupe.

It's not too late to purchase your: tickets for our annual Food For Thought event, taking place Friday, April 12 at Leu Gardens. Your support and attendance would be greatly appreciated as all proceeds benefit the Glenridge IB Foundation. Glenridge is fortunate to offer one of the premier IB programs in the state of Florida, and a great deal of the program's success comes from the support of students, families, and the surrounding community. If you are interested in attending and wish to purchase tickets, please go to www. foundationforocps.org/p/20/do-



Lake Sybelia Elementary Principal Dr. Julie Paradise

We ended March by taking our spring break and now everyone is relaxed and ready to spring into action: in April. We will be very busy as this:

is our testing season.

Our FCAT testing will run from: April 15 through April 26. Our third the first week and our fifth gradinto the second week. Everyone

has worked so hard and now they will have the opportunity to show how much they have learned.

Kindergarten registration begins on April 3. We invite all of our parents to register their children for kindergarten. This is so important because it helps us determine how many kindergarten teachers we will need next year. Kindergarten Orientation will be

teners, new first graders and their and non-fiction, to have a variety of at the school. parents are invited to come for a tour i more complex texts for student use. of the school.

Our PTA enrichment classes will begin on April 22. Our students always look forward to these afterschool classes. We appreciate the support of our PTA and how hard they work to provide wonderful experiences for our students.

received superior ratings for their speeches about a person who has and the author, and to develop stronovercome something. They will be ger proficiency skills. presenting their speeches in class. Our top seven will be participating; held as part of this grant. Parents and; cess in the next issue. Four of our in our Level 1 Oration Contest on: May 1st.



Lakemont Elementary

Principal Dr. Brenda Cunningham

Learning to read and developing strong literacy skills is a huge: part of elementary school. Planning and delivering instruction needs to be purposeful and strategic. As we transition from Florida Sunshine State Standards to Common Core Standards, purposeful instruction is more important than ever.

The most notable shifts in kindergarten through second grade standards is the focus on reading informational text and building coherent knowledge within and across grades. Students need to encounter sufficiently complex text through reading, writing, listening and speaking.: Knowing these criteria, teachers here : eracy skills! at Lakemont have begun putting together the necessary components to ensure our students have strong foundational skills in literacy.

Recently, two of our teachers and fourth graders will be testing: wrote and received a Target Literacy: ily. It is hard to believe that we have: Grant. Their purpose was to receive completed the third nine weeks and ers will be continuing their testing if funding to purchase more informa-



May 8 and all of our new kindergar-: tional texts, both historical fiction; meet April 2 and May 7 at 7:00 p.m. Book clubs utilizing some of these: those who may be interested in attexts began in March, led by our me-tending Maitland Middle School. dia specialist, Mrs. Scivally; our in- Please call the school to pick a date to structional coach and teacher of the tour the school. year, Mrs. Blackburn; and our principal, Dr. Cunningham. Each group of eight students meet weekly with . their leader to discuss author's pur-Our fifth graders are writing pose, share opinions about the text at their MPA performance in March.

> more about the new Common Core: Standards and how to help develop: event, attended by many!

readers, even in our kindergarten: standing and award winning video herself to develop a "Reader's The-: budding readers took part and read the selection to their own classmates, as well as others. It's great to see • budding readers so enthusiastic!

We will continue to seek curriculum that is research based and produces evidence of its usability • and efficacy with all students. It is hoped that fundraising efforts by our: school's PTO will be able to assist as: we strive to increase our Leopard lit-



Hello to our Golden Hawks Fam-: are now in the home stretch at Mai-

tland Middle School. The third: nine weeks ended on Thursday, March 21 followed by spring break from March 22 through March 31. Report cards for the third nine weeks went home on Friday, April5. FCAT reading, math and science will begin on April 15. As of this writing the boys and girls basketball teams: made it to the semi-finals in: their respective brackets. Track: is starting in April. The PTA will:

School tours began in January for

Congratulations go out to our students in a number of areas: first, our advanced and chamber orchestras earned straight superior ratings Our students in the choral program had their MPA performance in A Family Literacy Night was also : March and we will report their sucstudents moved to various stations, students participated in the second enjoying storytellers and learning annual Rotary Civics Bowl against Glenridge and while our rivals won the competition, our students- Max strong readers. It was a fabulous : Clark, J.R. Kidd, Edun Kalmar and Milan Shah- represented Maitland We can begin to see developing well. Ms. Farber, who runs our outclassrooms. One of our kindergarten and news crew program, took our teachers, Mrs. Clausen, took it upon: students to a national competition in California. There were several fundatre" in her classroom. Several of her raising events at Maitland Middle last month. We were in a competition with Ocoee Middle School to raise funds in relation to our book fair and our student government association sponsored "Pasta for Pennies" for cancer research where we raised over \$1000; and the school sponsored a fund-raiser for a beloved science teacher, Mr. Kufrovich, who unexpectedly passed away last fall.

Just a reminder that our curriculum guide for the 2013-2014 school year is on our website and if you have any questions about registration for your student next year, please feel free to contact us. If you have questions about your student's progress feel free to contact our grade level guidance counselors anytime. And, remember, at Maitland Middle School we are building a bridge to the future.



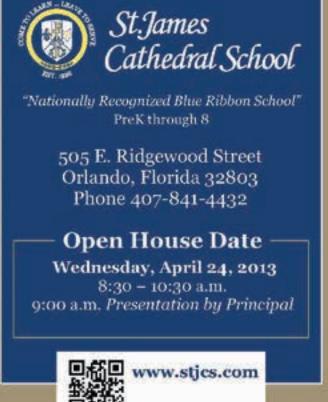
Across Generations

Park Maitland second grade students reach "Across Generations" to explore the life of a chosen "VIP." This project is a tradition that connects the youngest generation to the oldest. The selected VIP may be a grandparent, a great-grandparent, a great aunt or great uncle, a neighbor, or family friend. Students research the life of this special person and cre-



ate a scrapbook that includes a fact sheet of their life, a poem created for them, photos, a painted portrait of their VIP, interview questions and answers, and a letter from their special person about a memorable event in their life. The children compare today's prices of common objects, such as a loaf of bread, to the prices when their VIP was young. Students are introduced to genealogy with the completion of a family tree. This interdisciplinary project combines reading, writing, computer skills, social studies, math skills, art, and





music. Mostly, however, this project gives our children an opportunity to appreciate, respect, and learn from an older generation.

hard work and research, VIPs are invited to Park Maitland School to attend the Across Generations event that includes singing, a presentation: of the scrapbook to each VIP, good food, and great memories of a truly remarkable experience.

Nothing can duplicate the gratitude, love, and joy on the faces of our guests and their little hosts! The Jeffrey Moore, is going home to our history that is shared and the special bond formed as a result of this irreplaceable experience will build memories that last a lifetime.



St. James Cathedral School stays healthy and happy with athletic, : ied" the Word at the beginning of our active, academic, and altruistic activities. The Panther Athletic Club (PAC) played in the soccer and basketball championships! The Girls Varsity Soccer Team and the Boys JJV Basketball Team made it to the finals! Both games were played at Bishop Moore Catholic High School and the campus was packed with SJCS Panther fans who came out to cheer on our athletes. The Boys JJV Basketball won the championship game, while the Girls Soccer Team earned second

After completing standardized testing, the community was "ready rumble.

The outstanding athletic competition continued at the "4th Annual; how the campus has grown. Box Tops for Education Students vs. homeroom class who collected and turned in the most box tops challenged the teachers to a basketball game. Mr. Bruno's eighth-grade class turned in 2,046 box tops and won the 2012/2013 Box Top Competition. Our eighth graders certainly are competitive and motivated students! Honorable mention went to Mrs. McDonald's first-grade class who were only 127 box tops behind! The school gym was packed with alumni, parents, teachers and students who cheered on both teams. Thank you parents, parishioners, grandparents, equals cash that comes right back to : ars Program. our school. The SJCS Community: As we celebrate Trinity Prep's raised over \$1,200 for education.

Up/ Green up Day." The campus is blooming with the colors of spring, thanks to our Home & School Association which sponsored the event. Parents, students, and staff gathered together and spruced up the school campus. The Saturday morning adventure included weeding, raking, pressure washing, and just good, old outdoor fun to help our campus: In The Park shine. Volunteers planted a tree, 25 shrubs, and more than 400 flowers!

Surely, March sure was a mag-: nificent month at St. James Cathedral: School! Join us for our Open House and WPHS Alumni reunite. The day for prospective families on Wednes-: day, April 19 from 8:30 - 10:30 a.m. for children, and lots of laughter as For further information about our Winter Park Wildcats reunite at Cen-Blue Ribbon School, please call 407- tral Park on Park Avenue in Win-841-4432 or visit our web site www. ter Park. This year's gathering was stjcs.com

Trinity Lutheran School Principal Melissa Bergholt

Spring is here!! Trinity Lutheran At the culmination of months of : School had a bit of "spring cleaning" when we held a campus work day where parents, members and fami-: lies all pitched in to work around the : for Picnic in the Park. The Parade of : sight to see our athletes present and school grounds. Our campus was : Champions included sixteen teams : past surround Central Park as they weeded, pressure washed, wiped: from WPHS that have won at least: marched in the Parade of Champidown and scrubbed! It was a great: way to come together in fellowship and support our school.

> A letter from our senior pastor, school families soon and I wanted to share it with the community:

There's a Word...that our children have not been saying since Ash Wednesday when we "buried" it by our flag pole. It starts with A and ends with -luia, but we're not saying: it yet!

On Easter morning we "unbur-Sunrise Service and held our pancake breakfast in the Fellowship Hall.



In April, we are excited to welcome our extended family to campus for Trinity Prep's 19th annual Grandparents' Day. It's a fun time for grandparents to visit classes, be entertained by student performers, and spend time with their grandchildren. We also welcome alumni to campus in April for Celebration and Reunion Weekend. Alumni and their families come from far and near to see old friends, former teachers, and

From April 18-21, Trinity Prep's Teachers Basketball Challenge." The theatre students will present our spring musical, "Mame." It's sure to be a crowd-pleaser, and the public is welcome to join us. Last year's spring musical traveled to Scotland to be performed in the Edinburgh Fringe Festival, and some veterans of that performance will be taking the stage again.

Twelve of our seniors were recently named National Merit Finalists, including Grant Gordon, Nolan Hawkins, Daniel Salas, and Steven Schelling of Winter Park; and Connor Durham, Julia Kahky, Elena Klein, and Kiley Rossetter of Maitand students who clipped, trimmed: land. We've also had one member of: and sent in more than 12,000 box; the Class of 2013 selected as a canditops this school year! Every box top: date for the U.S. Presidential Schol-

history and vision in our 45th year, Active and altruistic activities join us for a play, concert, or athletic continued at the "Biannual Clean event. Check www.trinityprep.org for upcoming events, or follow us on Facebook and Twitter.



Submitted by Maureen Scanlan, Assistant Principal

Parade Of Champions At Picnic

Picnic in the Park has become a fun-filled annual event where Winter Park High School students and: staff enjoy a day with the community: is filled with entertainment, games: particularly special for all Wildcats!

prepared a ceremony called the Pa- WPHS students, staff, and alumni as rade of Champions to recognize the they paraded around Central Park. 100th State Championship earned by Next to our current State Champi-WPHS athletes. Thanks to our WPHS: ons stood former State Champions Cheerleaders' recent win at State, that : dating back to the class of 1939 (see number increased to 101 just in time; photo below)! It was an incredible

one State Championship. The teams included crew, with 31 State Championships; basketball, with three State Championships; girl's golf, with one State Championship; lacrosse, with one State Championship; soccer, with one State Championship; volleyball, with three State Championships; cheerleading, with



13 State Championships; track/cross: in both athletics and academics. Country/decathlon, with 12 State: Championships; girl's and boy's thank you the City of Winter Park swimming, with 26 State Champi-: for supporting this event each year onships; and girl's and boy's water and to our Winter Park dignitaries polo, with 10 State Championships. and special guests for making this a The signs created to recognize each memorable event!

Athletic Director Michael Brown, State Championship were carried by

ons. The signs will now be hung at Showalter Field.

addition to the 101 State Championships, Winter Park has won 214 individual and relay State Championships. Several Winter Park graduates have been part of a Winter Park State Championship as both an athlete and a Winter Park coach. Currently WPHS has 23 Winter Park graduates who are coaching us this year. This is one of the many **WPHS** reasons continues its tradition of excellence

WPHS would like to give a special



(407) 849-1665

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COMMUNITY CALENDAR

Audubon Park Garden District Events Ongoing Events

Every Monday night Community Market – 6:00 to 10:00 p.m. at Stardust Coffee parking lot located at 1842 East Winter Park Rd. For information call 407-590-8776.

First Monday of Every Month To celebrate their 50th anniversary, admission to Leu Gardens is free the first Monday of each month during 2012. For more information please call 407-246-2620.

April 13 Annual Jazz and Blues Stroll – 7:00 p.m. at Leu Gardens featuring The Honeyslides, Mud Rooster and Dave Capp Project. For more information please visit www.leugardens.org.

Baldwin Park Events

April 6 The 4th annual Central Florida Navy League Wounded Warrior Lone Sailor 5K – 7:30 a.m. at 4953 New Broad Street. For more information or to register please visit www.cfnl5k.org, or call 407-230-3333.

April 13 Super Mom 5K Run/Walk – 8:00 a.m. at 968 Lake Baldwin Lane. Proceeds benefit the Darcy J. Foundation and the BETA Center of Orlando. For more information please call 407-371-9002 or visit www. darcyjfoundation.org.

College Park and Orlando Area Events Ongoing Events

Every Wednesday Belles and Beaus Dance Club has dances every Wednesday from 7:00 to 9:30 p.m. at the Marks Street Recreation Complex located at 99 E. Marks Street. Join in for an evening of fun and dancing to music by the Soft Touch band. Refreshments are available. Singles and couples are welcome. Cost: \$5.00 per person. For more information please call 407-277-7008.

Every Thursday College Park Farmers' Market - 5:00 to 9:00 p.m. located at 1600 Edgewater Drive. For information call 407-999-5251.

Every Sunday Downtown Orlando Farmers' Market – 10:00 a.m. to 4:00 p.m. at Lake Eola. For more information call 407-246-3625.

Monday – Friday each week Seniors' Program in College Park – 9:00 a.m. to 1:00 p.m. at the College Park Community Center located at 2393 Elizabeth Street. For information call 407-246-4361.

First Friday of Each Month The Art Stroll of Ivanhoe Village - 6:00 to 9:00 p.m. on Orange Avenue between Princeton and New Hampshire.

April 6 – 7 24th Annual Spring Fiesta in the Park – 10:00 a.m. to 5:00 p.m. at Lake Eola. For more information please visit www.cityoforlando.net.

April 7 2013 Walk MS Orlando – 8:00 a.m. to noon at Harbor Park in Baldwin Park. For more information please visit www.cityoforlando.net.

April 12 "The Management of Parkinson's Disease" – 1:00 to 430 p.m. at Florida Hospital Church located at 2800 N. Orange Ave. Experts will speak about various topics relating to the disease. For more information or to RSVP please call 407-303-1700.

April 18 Annual IOA Corporate 5K – 7:15 a.m. to 9:00 p.m. at Lake Eola. For more information and to register please visit www. trackshack.com.

April 21 Israel Independence Day: A Family Festival – 10:00 a.m. to 4:00 p.m. at Cranes Roost Park in Altamonte Springs. For more information please visit www. orlandojcc.org.

April 22 Med School Classic Golf Tournament – 1:00 p.m. shotgun start at Lake Nona. Proceeds benefit the UCF College of Medicine M.D. Scholarship Fund. For more information please visit www.medschoolclassic.com.

April 25 9th Annual Taste Of College Park – 6:00 to 9:30 p.m. at the Dubsdread Ballroom located at 549 W. Par Street. For tickets and more information please visit www.collegeparkrotary.org.

April 25-28 Nautique Wake Games – 9:00 a.m. to 5:00 p.m. at the Orlando Waterspots Complex located at 8615 Florida Rock Rd. This event features the

world's best wakeboarders competing across 24 professional and amateur divisions. For more information please visit www.kingofwake.com.

May 2 The Orange County Retired Educators Association Meeting – noon at College Park United Methodist Church located at 644 W. Princeton Street. This is the annual Spring Luncheon and the cost is \$14 per person. Anyone who has worked in education is invited to join. To make reservations please call 407-644-7092. For more information please visit ocrea-fl.org.

May 4 21st Annual Chef's Gala – 6:45 to 10:00 p.m. at Epcot World Showplace. This event is recognized as the region's premier food and wine pairing event and is historically the largest fundraiser for the Heart of Florida United Way. For tickets and more information please call 407-429-2129 or visit www. ChefsGala.org.

May 5 8th Annual Orlando VisionWalk – Registration begins at 8:00 a.m. with walk starting at 9:00 a.m. at Cypress Grove Park. Proceeds benefit the Foundation Fighting Blindness. For more information please visit www.fightblindess.org/orlandovisionwalk.

May 6 Florida Hospital Sports Medicine Series – 6:00 p.m. at Track Shack. Join Florida Hospital Sports Medicine and Rehabilitation professionals as they discuss injury prevention and health and wellness. Space is limited and RSVP is required by calling 407-898-1313.

Maitland Events

Ongoing Events

Every Sunday Maitland Farmers' Market at Lake Lily

April 5 – 14 2013 Florida Film Festival – 170 films representing 23 countries with a complete line up available at www.floridafilmfestival.com.

Winter Park Events

Ongoing Events

Every Saturday Winter Park Farmers' Market - 7:00 a.m. to 1:00 p.m.

Every Tuesday and Thursday Hands-on Gardening – 9:30 a.m. – noon at the Albin Polasek Museum & Sculpture Gardens. For more information regarding this free year-round event please call 407-647-6294.

Monday - Friday "Art in Chambers" exhibit - Monday through Friday from 8:00 a.m. to 5:00 p.m. This free exhibit is on display at the City Hall Commission Chambers located at 401 Park Avenue South.

Every Tuesday, Friday and Saturday Winter Park Benefit Shop

– the shop is located at 140 West Lyman Avenue and is open from 9:30 a.m. to 1:00 p.m. on Tuesdays and Fridays, and from 10:00 a.m. to 1:00 p.m. on Saturdays. Donate or purchase clothing, bedding, jewelry, kitchenware and more. Proceeds benefit various children's programs and the local branch of Orlando Blind. For more information please call 407-647-8276.

Every Friday Night (Now – April) Free Admission to the Morse – 4:00 to 8:00 p.m. visitors can enjoy free admission to the Morse Museum. The museum is home to Louis Comfort Tiffany's (1848–1933) collection and also regularly changes and updates complimenting exhibits to bring a broader understanding of the developments of American art. For more information please visit www.morsemuseum.org.

Every Sunday Music at the Casa – this free event featuring professional musicians and performers is hosted at Casa Feliz every Sunday from noon – 3:00 p.m. For more information call 407-628-8200 ext. 3 or visit www.casafeliz.us.

April 5-7 7th Annual James Gamble Rogers Colloquium on Historic Preservation – various times and featuring famed architecture critic Paul Goldberger, contributing editor at Vanity Fair. For more information and to make a reservation please contact bowens@casafeliz.us or visit www.casafeliz.us.

April 6 29th Annual Winter Park All British Car Show – 9:00 a.m. at Mead Botanical Garden.

April 6 McRae Art Studios' Open House – 4:00 to 9:00 p.m. at the warehouse located at 904 Railroad Avenue. Over 700 original works of art will be exhibited and for sale. For more information please call 407-599-9956 or visit www. mcraeartstudios.com.

April 6 Junior League's Orange Blossom Ball – 6:00 to 9:30 p.m. at the Albin Polasek Museum. Tickets are \$75 and proceeds benefit programs targeting health and hunger in the community. For more information please email chaddad79@hotmail.com or visit www.jlgo.org.

April 9 10th Annual "Tree For Peace" Event – 11:30 a.m. at Martin Luther King, Jr. Park located at 1050 W. Morse Blvd. Mayor Bradley will begin the ceremony and the program will be led by Louis Franklin Sheehy, director of the Multifaith Education Project. For more information please visit cityofwinterpark.org.

April 9 Popcorn Flicks – 8:00 p.m. at Central Park Main Stage.

April 11 Garden Talks with Stephen and Kristin Pategas of Hortus Oasis - noon to 1:00 (bring lunch!) at the Winter Park Public Library. This month: "Seeds & Cuttings - How to Start Plants." Cost is \$5 per session. To register online please visit www.wppl.org or call 407-623-3279.

April 13 Household Hazardous Waste Disposal – 8:00 a.m. to noon at the Public Works Compound.

April 13 Basic Self Defense Awareness Class for Women – 1:00 a.m. to noon at the Public Safety Facility.

April 17 28th Annual Taste of Winter Park – 5:00 p.m. at the Winter Park Farmers' Market located at 200 W. New England Ave. For tickets and more information please call 407-644-8281 or visit www.winterpark.

April 19 Leadership Winter Park Golf Classic – 12:00 p.m. at Dubsdread Golf Club. Proceeds from this event raise funds for the BETA Center and the Leadership Winter Park Scholarship Fund. To register, and for more information, please call 407-644-8281 or visit www.winterpark.org.

April 20 2nd Annual Circuit Breaker Challenge – 8:00 a.m. at Workout 32789 located at 244 S. Pennsylvania Ave. The Circuit Breaker workout is for all ages and all fitness levels. Cost is a \$15 donation to benefit the Winter Park Day Nursery, and every participant gets a free event t-shirt. For more information please email TellMe@Workout32789.

April 20 Earth Day In The Park – 10:00 a.m. to 2:00 p.m. in Central Park. Mayor Kenneth W. Bradley will address attendees and Green School Grant winners at 10:30 a.m. from the main stage. For more information please visit keepwinterparkbeautiful.org.



April 20 – 27 Fifth Annual Winter Park Paint Out – This weeklong event features well-known local artists, with daily demonstrations and activities at the Albin Polasek Museum & Sculpture Garden. For a complete schedule or advance tickets to the Garden Party at 6:00 p.m. on April 27, please call 407-647-6294 or visit www.winterparkpaintout.org.

April 20 "Celebrating the Roots of Plein Air Painting" – 1:00 p.m. at the Albin Polasek Museum and Sculpture Gardens. The presentation and demo will be held my Florida Highwayman Kelvin Hair. For more information please call 407-647-6294 or visit www. polasek.org.

April 23 Two-Time U.S. Poet Laureate To Host Local Poetry Panel – 7:00 p.m. at the Rollins College Building in the Winter Park Plaza located at 330 West Fairbanks Avenue. "A Poetry Conversation" will be hosted by Billy Collins, two-time U.S. Poet Laureate and with Winter Park Institute. For more information regarding this free event please call 407-691-1995.

April 26 "Party in the Park; Light up the Night for Sight" – 6:30 to 10:30 p.m. at the Winter Park Farmers' Market located at 200 West New England Ave. Proceeds benefit the work of Lighthouse Central Florida in offering a range of services to those that are sight impaired. For more information please visit www. lighthousecentralflorida.org.

April 27 Run for the Trees Jeanette Genius McKean Memorial 5K – 7:30 a.m. at Showalter Field located at 2525 Cady Way. For more information or to register please visit www.trackshack.com.

April 27 12th Annual Orange Blossom Jubilee – 6:30 to 10:00 p.m. at the Winter Park Racquet Club located at 2111 Via Tuscany. Proceeds benefit the Winter Park Day Nursery. For more tickets and more information please call 407-647-0505 or visit www.winterparkdaynursery.org.

May 2 Garden Talks with Stephen and Kristen Pategas of Hortis Oasis – noon to 1:00 p.m. (bring lunch)!) at the Winter Park Public Library. This month's topic is "Gardening Super Hero - The Tools." Cost is \$5 per session. Register online www.http://wppl.org/ or call 407-623-3279.

May 7 "Florida-Smart Plants" by Stephen & Kristin Pategas of Hortus Oasis - 7:00-9:00 p.m. at Harry P. Leu Gardens. Registration required by calling 407-246-2620.



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