

The Park Press

NOVEMBER 2013

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Winter Park | Baldwin Park | College Park | Audubon Park | Maitland



Celebrating
25 Years

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The
Definition
Of Insanity

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Fashion

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College Park Resident Releases New CD For The Holidays

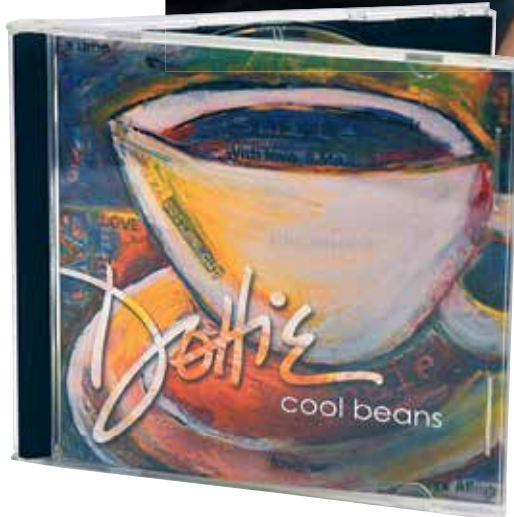
On November 7, College Park resident Dottie Clendenin will release her second album, "Cool Beans," an arrangement of timeless classics. The easy-listening, solo-piano CD features ballads from the 1940s through the 1990s, including "Moon River," "Love Story" and "Over the Rainbow," as well as medleys from "Phantom of the Opera" and "Les Miserables."

Music has been an integral part of Dottie's life since the age of five. Throughout her childhood in Macon, Georgia, she was ranked number one in the state several times by the Georgia Music Teachers Association. Her repertoire includes a year abroad at the London College of Music and various international solo recitals, including the Parish Church of St. Michael, Highgate, London, England and with the Seibu Group in Tokyo, Japan. While a corporate career with Disney, marriage and motherhood shifted Dottie's priorities in the decades that followed, the music didn't stop for long. In 2012, she found her way back to the piano and into the studio to record her first album - "The Christmas Collection."

A portion of the proceeds from "Cool Beans" CD sales will be donated to local arts organizations. CDs are priced at \$15 each or \$27 for both and they can be purchased at iTunes, CdBaby, Amazon, Beth Nolan Interiors Orlando, Florida, Ginny's Orchids Winter Park, Florida, and Yellow House Macon, Georgia.



DOTTIE
CLENENIN



A Continued Commitment To Winter Park Pop Warner Football



SIDNEY CASH

One might not think much of the 'down, set, hut' mantra heard on countless Fridays and Saturdays for more than a century. But to many youth throughout the country, those words represent a sense of belonging, achievement and discipline.

For the fourth year, New Traditions Bank and Vice Chairman Sid Cash have provided both leadership and infrastructure support to Winter Park Pop Warner.

Cash has long had a soft spot in his heart for Pop Warner—his son played in the late '70s and early '80s and he credits a lot of what his son learned on the field for the success that he has achieved today.

"I love what Pop Warner stands for," said Cash. "I love that each player is required to be on the field for a minimum number of plays. I love that for at least one day of the week, the players are learning first-hand the values of teamwork and an appreciation for and understanding of leadership."

Cash currently serves as the president of the board for the Winter Park Tigers. New Traditions Bank has also donated space in Maitland to allow Winter Park Pop Warner to store all of its equipment between games, which are currently held at Winter Park High School.

Pop Warner football has been around since the inception of the league in 1929. Since then, participation has steadily increased to today's record numbers. Over 250,000 youths participated in Pop Warner-sanctioned football programs in 2010, and those numbers are continuing to grow.



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Publisher's Message



RICK CABLE

As we enter November of 2013, I find myself in period of reflection on the past year as we head into the holiday season. No matter how many stores roll out the Christmas inventory and decorations pre and post Halloween, I'm a "one holiday at a time" kind of guy. Perhaps it's my upbringing, or just the way my mind works, but I think celebrating Thanksgiving is necessary for the good of mankind. Think about it, the true meaning of Christmas has become harder to see thanks mostly to an overwhelming amount of commercialism and the pressures to "keep up with the Jones'." It's a hectic holiday with financial burdens, the tree, decorating, gift shopping, traffic, and the list goes on. Of course, the goal is always to focus on the positives, but it's not necessarily easy as the true meaning can get lost.

However, I believe that Thanksgiving's true meaning is still very easy to see. Since the earliest documented Thanksgiving in the U.S. in 1621 at Plymouth it has been a time to gather with family and friends to celebrate a good harvest. They gave thanks for life, health, and prayed that they had enough food to survive the long winter months. From the time of our founding fathers until 1863, the date on which Thanksgiving was

observed varied from state to state as dictated by their final seasonal harvest. And yes, credit must be given to the great Abraham Lincoln, as he set the presidential proclamation that Thanksgiving would be celebrated the final Thursday in November by all states.

While I'm certainly not a farmer, I will reflect on the past year and give thanks for my "harvest," the blessings in my life and the health and good fortune of my family and friends. I will look to show continued compassion for those who are less fortunate, and pursue opportunities to make a positive difference for others.

Please keep in mind that this can be a challenging time for many, and I kindly ask for those who are in a position to do so, to generously consider making contributions and donations to some of the local fundraising efforts in our local community. Two of the many worthy and necessary efforts that come to mind are FeedTheNeedWP.Org to benefit Second Harvest Food Bank, and the ChristianServiceCenter.org to help their four interdependent programs that address the most prominent needs of those struggling in our community.

As always, thank you for reading *The Park Press* and we look forward to the great things to come.

Rick

Rick Cable
Publisher/Founder



Grateful

By Tricia Cable

I hate to sound clichéd, but we really don't know what we've got until it's gone...and why is that? Why can't we learn to appreciate and be grateful in the moment and for even the little things? I am getting better with age, so far, that is the only upside to aging...the wisdom. Shoot, by the time my heart beats its last beat and I take my last breath, I am going to be a freaking genius!

But seriously, don't you remember that old boyfriend or girlfriend of yours who drove you nuts? She was always late, didn't respect your privacy, and talked too much. And he was emotionally unavailable and absolutely wrong for you. Until you got dumped and then all you could think of was all of their amazing qualities that you couldn't imagine life without, as you blew yourself through an entire box of Kleenex.

What's with us? Wouldn't it be great if you woke up tomorrow morning and every thought in your head was one of gratitude and appreciation? And automatically, with little to no effort. I know, the real world gets in the way sometimes and this is a head game that I fight daily.

Think about this, what if you woke up tomorrow with only what you showed gratitude and thanks for today? You may wake with little to nothing or worse, alone. Does it take loss before we can show appreciation? I think not! It takes listening to the lessons learned from older and wiser family and friends. It takes commitment, a promise to yourself to stop and smell the roses (I know, another cliché, but I couldn't resist). It takes deep breathing and a conscious pause along our way.

Thanksgiving reminds us of what we sometimes tend to forget, to take time and give thanks. It's one day, or in some cases a long weekend, spent

with family or friends that is intentionally and fortunately inked on the calendar in order for us to do what we should do every day...show appreciation for all that we have.

So, this month as you travel to be with family near and far, or as you host family and friends in your own homes, pause and take it all in; the smells coming from the kitchen, the laughter coming from the living room, the parades, the football, the games and reminiscing of days gone by. Give thanks for all the blessings in your life, big and small and say a prayer for those less fortunate in hopes that tomorrow will be a better day.



Thanksgiving reminds us of what we sometimes tend to forget, to take time and give thanks.

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City Commissioner's Message

Commissioner Robert F. Stuart, City of Orlando District 3



ROBERT F. STUART

Like any business with 3,200 employees, there are certainly individuals who feel drawn to public service and take immense pride in their work and our city. There are those handful of individuals who are absolutely indispensable, who go above and beyond every minute of every day in their service to our citizens. They are tailor made for their jobs, truly finding their calling.

In February of this year, our Great City very unexpectedly lost one of those individuals, one of our best and brightest staff members, Kevin Tyjeski. I'm writing this article to share with our friends throughout Orlando, especially the residents of Baldwin Park, my thoughts about Kevin's work and his remarkable impact on our community.

Kevin came to the City of Orlando long before me, but I remember the first time I met him... his acerbic wit and dry sense of humor were evident in our first conversation. A wise person I know once said that if you are the smartest person in the room, then you are in the wrong room. Well, with Kevin, I always knew I was in the right room. He truly was brilliant. He joined the City in 1995 as the chief planner and worked on all manner of planning and urban design projects. He was recognized for his work when he won the prestigious Dennis McNamara Employee of the Year Award in 1999. In 2006, he was promoted to chief planning manager

and supervised all major development proposals in Orlando. In 2011, Kevin was promoted to deputy director of economic development.

And while he had so much to be proud of in his illustrious career, the Baldwin Park project was one that was closest to his heart. He was intimately involved in the planning of the neighborhood from its very inception in the mid-1990s. From 2001 to 2011, Kevin led the city's Baldwin Park planning and urban design review team which coordinated with the developer on the creation of every element of the community. His influence and expertise are everywhere in Baldwin. His innate understanding of the underlying new urbanism principles inherent in the plan was incredibly important in creating a true neighborhood with its own identity and sense of place. His vision and attention to detail were crucial in creating the wonderful community we love today. He was a walking Baldwin Park encyclopedia. By any measure, he was "Mr. Baldwin Park."

Outside of his devotion to the city, Kevin served on graduate advisory boards at UCF, Rollins College and the University of Wisconsin. Kevin was also an adjunct professor at Rollins College for nearly ten years where he taught planning and civic urbanism. Upon hearing of Kevin's passing, Rollins College professor Dr. Bruce Stephenson said, "Kevin was a great teacher, instilling neophytes with the idealism and skill to

envision a world that was safer, more sustainable, and beautiful." Kevin is survived by his wife Patricia and his two exceptional, very talented boys, Nico and Andres.

After Kevin's passing, the "Friends of Kevin" all agreed that we needed to do something in Baldwin Park to honor Kevin's personal, professional and academic interest in, and love for, this wonderful neighborhood. So, I have the pleasure of announcing that the pedestrian bridge at New Broad Street Park, near the intersection of New Broad Street and Twinview Lane, will be named the Kevin R. Tyjeski Memorial Bridge. We will be dedicating the bridge and unveiling the plaque on Monday, November 11 at 5:30 p.m. Please join us as we gather to remember Kevin in this meaningful way.



KEVIN TYJESKI

In addition, the City of Orlando has set up a scholarship fund to help students from UCF and Rollins seeking a career in urban planning. For more information on Kevin and how you can help continue his legacy, please go to: <http://www.cityoforlando.net/economic/kevin.htm>.

I truly believe that our community's greatest asset is people like Kevin Tyjeski, who give selflessly of their gifts to make a positive impact on everyone and everything around them. Thank you, Kevin, for sharing your life with us—your legacy will not soon be forgotten.

—Robert

ROBERT F. STUART | COMMISSIONER, DISTRICT 3, CITY OF ORLANDO | 400 S. ORANGE AVENUE, ORLANDO, FL 32801 | 407-246-2003 | ROBERT.STUART@CITYOFORLANDO.NET



Winter Park Mayor's Message

Mayor Ken Bradley



KEN BRADLEY

The call for public service is a strong and powerful call. For some of us, the call comes more than once in our lifetime. As we celebrate Veterans Day this month, I'd like to thank all of the brave patriots who have answered the call to serve our country in the past as well as those who are actively serving.

Here in the City of Winter Park, we have a number of city employees who have heard the call to serve, first in the military and then, the call to be one of our firefighters, police officers, utility workers, or maintenance and construction crews. Of the 526 city employees, approximately 50 are military veterans and of that we have four who still serve in the reserves. In fact, one of our men in blue, Officer Edison Williams of our police department, is currently deployed in Afghanistan actively serving our country and we wish him a safe return home.

On Friday, November 8, at 10 a.m., the city will be hosting its third annual Veterans Day Celebration at the Winter Park Community Center Ruby Ball Amphitheatre located at 721 W. New England Ave. At this event, we celebrate Officer Williams and all Winter Park military heroes. The celebration will pay tribute to veterans who have served in any military campaign (World War II, Korean War, Vietnam War, Desert Storm, Iraqi Freedom or Afghanistan) or have served in any military branch in honor of our nation's freedom.

Beginning at 9:30 a.m., the VFW Post 2093 Community Band will be entertaining guests as they visit with organizations and services that offer resources specifically for veteran needs. At 10 a.m., the official program will begin with musical tributes, anecdotal speakers, and recognition of veterans according to the various military branches and campaigns served.

In addition, the Winter Park Fire-Rescue Department is once again supporting "Operation Gratitude," a program designed to collect candy and letters of encouragement for American service men and women who are currently deployed in the remote regions of Afghanistan and other hostile regions of the world. Everyone attending this Veterans Day Celebration is encouraged to drop off candy and letters of support for our troops.

Please join me to show your support of the distinguished men and women who have served in our various military branches and military campaigns. For more information, please call 407-599-3428.

Feed the Need

November is not only a time for thanks but also a time of giving. The City of Winter Park, Rollins College, Sodexo, Think Creative, Inc., and Winter Park Chamber of Commerce have joined forces with Mayflower Retirement Community and Winter Park Memorial Hospital, to create "Feed the Need," a powerful online fundraising engine, purely developed to raise money to help Second Harvest Food Bank provide more food for families in need. The program begins Friday November 1 and runs through Friday November 22.

"This nation will remain the land of the free only so long as it is the home of the brave."
—Elmer Davis

Honoring Our Military Heroes

Approximately one in five of our Central Florida population—732,000 people—needed food assistance last year. This is a 152 percent increase from 2006. In this same area, 172,590 children struggle with hunger. When these kids have no food, we have no choice but to respond.

This is a tremendous effort that addresses a serious need in our community. For every \$1 donated, up to \$9 worth of grocery products is provided for those in need. In fact, 96 percent of every dollar goes straight to feeding people. I commend the partners and sponsors in joining forces to help end hunger in Winter Park and Central Florida. I will be supporting them through this worthy endeavor.

Please join me in our fundraising efforts by becoming a part of the City of Winter Park team at <http://bit.ly/cityofwinterpark>.

Holiday ice skating begins
Also this month, the city's "Winter in the Park" holiday ice skating rink opens on Friday, November 15 in Central Park West Meadow, located at 150 N. New York Ave. on the corner of New York Avenue and Morse Boulevard in downtown Winter Park. Snowflakes of all ages and skill levels are invited to chill out as they glide, spin and turn at Winter in the Park all day for only \$10 per skater (skate rental included). For more information, please call 407-599-3203 or visit our website at cityofwinterpark.org/WITP.

Thank you for your continued support, dedication, and commitment to our city, our greater community and our country. Wishing you and your loved ones a very blessed and happy Thanksgiving!

Kenneth W. Bradley
Kenneth Bradley, Mayor

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English Peas with Pearl Onions | Waldorf Salad
Green Salad Station | Cranberry Sauce

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Maitland Mayor's Message

Mayor Howard A. Schieferdecker



HOWARD A. SCHIEFERDECKER

As we pause during this time to be thankful for our blessings, it is important for us to reach out to our neighbors who are not so fortunate, with encouragement and positive hope for their future. To help others is the best way to be thankful for our blessings. Families across the country are dealing with matters that are significantly and directly affecting them personally and financially. But no matter how difficult one's situation is, there will always be reasons to be thankful.

First and foremost, I am thankful for having a family that is loving, caring, respectful and considerate of others. We recently celebrated the second birthday of my grandson (Cooper). I am thankful that he, my daughter (Francine) and my entire fam-

ily are happy, healthy and are doing well.

I would not trade having the good fortune to serve my community for anything. I am appreciative and thankful for the opportunity to serve in ways I never thought possible. It has been an honor to have the opportunity to be able to serve as your mayor and give back to our Maitland community that my family and I cherish and love so much. In addition, I am thankful for my fellow council members who serve with me on City Council. They have a passion to serve others, without regard for their own personal self-interests, which inspires me every day.

Furthermore, we are very fortunate to have citizens in our community who take the time to serve selflessly on our city boards and residents who voice their opinions and express their convictions on many issues affecting Maitland such that we continue to make real progress and move forward. With this opportunity of involvement and input, our leaders

have been in a much better position to make more informed decisions about matters that impact us all.

Each of the past three years, I have had the honor of visiting with some veterans who were staying at the Thurston House over Veterans Day weekend. It was great learning about how and when they served our country. I am so thankful for all of our veterans and soldiers who have given so much of themselves so that we are able to enjoy the freedoms we have today. During this upcoming day of thanks, let's all keep our veterans and soldiers in our thoughts and prayers.

And finally, I am thankful for all our city employees who, in times of budget cuts, work harder and are more dedicated than ever. It is truly an honor to work with such wonderful people. I pray that their families are well taken care of during the upcoming holiday season.

Here's wishing you and your family a happy, healthy, and safe Thanksgiving.



County Commissioner's Message

Commissioner Ted B. Edwards, Orange County, District 5



TED B. EDWARDS

Autumn is a great time to visit one of District Five's many outdoor recreational amenities that include hiking and bike trails, environmental lands, community parks, and historical sites. You are only a few minutes' drive from many of these great facilities regardless of where you live in the district.

One of my favorite Orange County parks is the Fort Christmas Historical Park located two miles north of East SR 50 in Christmas, on Fort Christmas Road. The site dates back to December 25, 1837, when a force of 2,000 U.S. Army troops and Alabama Volunteers established the fort during the Second Seminole War. Today, the park contains a recreation of the original 19th century fort along with several restored Florida "Cracker" style homes and a historical depiction of the school and farms used by the areas' early settlers. The site hosts one of the most attended community events in District Five, Cracker Christmas. Thousands of people from across Central Florida flock to the park to take part in food, crafts, and living history demonstrations of 19th century life in Christmas. I hope you'll join me this December 7 and 8 for this year's Cracker Christmas celebration.

District Five has thousands of acres of environmental lands available to the public for hiking, birding, camping, horseback riding, and other outdoor activities. These lands contain many of the habitats that are representative of Central Florida's ecology, including freshwater marshes, oak hammocks, pine flatwoods, cypress domes, riverine swamps, and forested wetlands. The largest of District Five's environmental lands is the Hal Scott Preserve located directly west of Wedgefield. The preserve's main trailhead is located two miles north of the Beachline on Dallas Boulevard. The preserve is an 8000-acre parcel that protects a large portion of the Econlockhatchee River. The preserve is an excellent location for hiking and birding and includes primitive campsites for those seeking to enjoy the natural beauty of the area overnight. Immediately adjacent to the Hal Scott Preserve is Long Branch Park, an area that preserves the habitats associated with the Long Branch Tributary of the Econlockhatchee River. Orange County also operates Pine Lily Preserve which is approximately 431 acres in size and is located next to Hal Scott Preserve and Long Branch.

On the northern side of District Five, the 4,608 acre Charles Bronson State Forest awaits with many great trails for both hiking and horseback riding. Savage/Christmas Creek Preserve is an 1126 acre parcel that was acquired by Orange County in 1999. Future plans call for an active park site that will be located on 229 acres of the parcel that is located on east State Road 50. The parks are a symbol of Orange County's commitment to establishing wildlife corridors which ensure that native plants and animals flourish.

Two paved trails, the Cady Way Trail and the Little Econ Greenway, stretch 14.4 miles across District Five and provide recreation for many East Orange County residents. The Little Econ Greenway currently extends 7.9 miles from the intersection of Alafaya Trail and Lokanotosa Trail through Blanchard Park and eventually ends on Forsyth Road. The trail features riverside recreation, picnicking, wildlife watching, and canoeing. The Cady Way Trail is a 6.5 mile paved corridor which links Orlando and Winter Park, and connects with the Cross Seminole Trail in Seminole County. Orange County will be expanding the trail system to link the Cady Way and Little Econ trails together, as well as provide trail access to the University of Central Florida, the Cross Seminole Trail system, and the City of Oviedo.

District Five has several community parks available for many types of outdoor activities. Bithlo residents can enjoy the Bithlo Community Park. The park, also the site of the Bithlo Community Center,

includes little league ball fields, covered basketball court, fishing area and the recently-opened Bithlo Splash Pad. Goldenrod Park on east Aloma Drive includes a playground, tennis court, small pavilion, restroom facility, and an Orange County - Orlando Magic Recreation Center. Although not located within District Five, Blanchard Park is a great facility located minutes from many District Five residents between Dean and Rouse Roads. The park straddles the beautiful Little Econ River with canoeing, picnicking facilities, and sports fields, and it includes a YMCA facility and has a trailhead for the Little Econ Greenway.

District Five is home to many great parks, environmental lands, and recreational amenities which set it apart from the rest of the county. I hope you'll take advantage of many of these facilities available in District Five. It is an honor to serve as your District 5 commissioner. If you have any questions or concerns about Orange County's parks and environmental lands please log on to the Orange County Parks and Recreation website. My staff and I are also available to answer any questions you may have. We can be reached at 407-836-7350 or by email at district5@ocfl.net.

See you at Cracker Christmas this December 7 and 8!

Ted B. Edwards

Ted Edwards
Orange County Commissioner, District 5

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KAREN CASTOR DENTEL, PhD

Representative's Message

Karen Castor Dentel, PhD, Florida House of Representatives

In August, I wrote to you about the balanced budget our Legislature was able to pass during the 2013 session. Ours was a budget that included no tax or fee increases while still increasing funding to K-12 schools by more than \$1 billion. That brought our state one step closer to restoring the funding cuts school districts across Florida have been dealing with since 2008. Now I am pushing for us to take the next step.

The result of the work being done in Tallahassee has come to us in the form of a \$500 million surplus. So far, the conversation has centered around possible tax cuts for larger businesses, in hopes that we can attract corporations to come to our state. However, there is a fundamental truth that is being overlooked: an educated workforce

and top-notch schools are the keys to enticing businesses to locate in Florida. Therefore, we should reinvest those dollars back into education.

Any shrewd business owner would take those precious dollars and reinvest the profits into growing his or her business and creating more jobs. Growing our business means ensuring that our children get the best education we can offer them, and with this surplus money we can offer them so much more.

Reinvesting those dollars could mean reducing class sizes, so our students get the individualized attention they need. By reinvesting, we could restore funding to Voluntary Pre-K (VPK), so that our kids are truly ready for school. We could secure our school buildings, making them safer places to learn.

Reinvesting our surplus dollars could mean hav-

ing more elementary schools with art, music, and PE teachers, more middle schools with modern technology and science labs, and high schools with even more courses and extended access to the library. It could mean ensuring a full-time guidance counselor at every school, hiring well-prepared teachers, providing high-quality professional development, and paying teachers what they're worth.

The bottom line is this: our next step needs to be to fully restore funding to educate our children throughout the state. It's good for kids and it's good for business.

Yours,

Karen

Karen Castor Dentel, PhD
Florida House of Representatives



protection and service by The Winter Park Police Department



National Night Out 2013 a Success!

The Winter Park Police Department, along with their national sponsor, Target, held the 2013 annual National Night Out at the Public Safety Building on October 1. What an amazing event! We enjoyed approximately 750 visitors to our department during the event and were able to share 41 vendors with the community and representatives of every division of the police department. Resources from such community partners such as

Recall, (a shredding source), the Better Business Bureau, the Orange County Consumer Fraud Unit, The Grove Counseling Center, the Victim Services of Central Florida, AAA, Armstrong Lock and Security, CrimeLine, SmartWater CSI, Home Depot, Rollins College and the Orlando Gun Vault were available for personal safety and security. We didn't forget our furry residents either! Pet advocates like the Orange County Ani-

mal Services, Winter Park Lost Pets and Pookie's Pet Nutrition were also on hand to answer questions. For our seniors and their support systems, the Alzheimer's and Dementia Resource Center and SRA (Senior Resource Alliance) were here. For the children who graced us with their presence, we had face painting, a clown with balloon animals and lots of fun games and giveaways.

Continued on page 8



November 14

5:30 - 7:30 p.m.

Winter Park Village

Featuring:

• Live entertainment

• Appetizers & drinks provided by Winter Park Village restaurants

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A Season To Celebrate 25 Years Of Orlando Magic

The Orlando Magic recently decked out Amway Center in preparation for its 25th Anniversary "Silver Season." In honor of the celebration, decals of the 25th Anniversary logo were affixed to the Amway Center facing Church Street and on the arena's tower.

The season-long campaign celebrates with the Orlando community the Magic's success and history of legendary moments, players, people and fans while building on an exciting future.

The 25 years of Magic basketball have seen success for a relatively young franchise including five division championships (1995, 1996, 2008, 2009, 2010), seven 50-plus win seasons and Eastern Conference titles in 1995 and 2009.

In addition to its on-the-court success, the team gives more than \$2 million to the local community by way of sponsorships of events, donated tickets, autographed merchandise, scholarships and grants. Including more than \$18 million distributed to local nonprofit community organizations through the Orlando Magic Youth Foundation and the Orlando Magic Youth Fund (OMYF-MFF), a McCormick Foundation Fund since 1994. Orlando Magic community relations programs annually impact an estimated 100,000 kids each year, while the OMYF-MFF has positively impacted more than 1 million children. The Magic Volunteer Program (MVP), an organizational staff-wide initiative, provides more than 6,000 community volunteer hours per year.



DECALS WITH THE 25TH ANNIVERSARY LOGO WERE AFFIXED TO THE AMWAY CENTER FACING CHURCH STREET AND ON THE ARENA'S TOWER. PHOTO BY FERNANDO MEDINA.

2013 Fall Clean Up

The City of Winter Park is pleased to announce the 2013 Fall Cleanup during the month of November, just in time for the holiday season. This large-item pickup service will provide a 'bonus' day on which Waste Pro, the city's solid waste service provider, will pick up old furniture, broken appliances and other bulky items.

To take advantage of this convenient service, residents must place their items curbside after 5 p.m. on the evening before their second scheduled garbage & trash pickup day on their designated cleanup week. If you live north

of the Fairbanks/Aloma avenues corridor, your bonus pick-up day will be Thursday, November 7, or Friday, November 8. If you live south of the Fairbanks/Aloma avenues corridor, your bonus pick-up day will be Thursday, November 14, or Friday, November 15. Please note: hazardous waste, electronics and yard waste are NOT included in the Fall Cleanup.

For more information regarding Winter Park's annual Fall Cleanup or additional information regarding Waste Pro services, please call 407-774-0800.

Continued from page 7

National Night Out 2013 A Success!

They loved climbing in the armored personnel carrier, meeting Max the K-9, seeing the SWAT equipment and visiting the police boat. The crime scene scenario was also a hit.

The Winter Park Police Department is most grateful to our community partners- The Meat House, Tropical Smoothie, Dunkin' Donuts, Monster, Walgreens, Costco and Chick-Fil-A- for providing all the food and refreshments and all our volunteers who assisted with the event. We had a great time visiting with our residents and their families while also providing the opportunity to showcase the best our community stakeholders have to offer. The numerous compliments we received about the service our agency provides the community will be cherished by all the officers who were hon-

ored to receive them. The Winter Park Police Department looks forward to another successful event and appreciates all the community support. See you next year!

SmartWater CSI

The Winter Park Police Department is proud to announce our partnership with SmartWater CSI.

SmartWater CSI is a harmless liquid that contains a unique forensic signature like DNA. It is invisible to the naked eye but can be seen using standard UV light and can be used in two ways. It can be utilized as a forensic spray to mark intruders, as an anti-burglary/anti-intruder device; and as forensic coding to mark items of value from electronics to jewelry, anything. To see the applications for the forensic

spray, please visit <http://youtu.be/iZESaeY1g-g>. To see the applications for the forensic coding, please visit <http://youtu.be/3hgyLZLlP0>.



The Winter Park Police Department has the forensic coding solution available for free for a short time to city residents and business owners in conjunction with our Neighborhood and Business Watch Programs. Participants need only to fill out a short registration form which will be submitted by the Police Department directly to SmartWater CSI. Once applied, the solution marks personal property in such a way that the Property/Evidence Technicians and Criminal Investigations Division can easily identify stolen items and return

them to the rightful owner. Additionally, SmartWater CSI allows us to connect specific criminals to specific crimes and crime scenes increasing the successful prosecution of burglars and thieves. SmartWater CSI does not wear off nor is it able to be scraped or picked off items. Even if you move out of Winter Park, the solution is still valid; a simple update to the registration is required and can be done by the registered consumer. Soon, neighborhoods will have signs indicating the area is protected by SmartWater as a warning to any burglars hoping to target a specific area. We are very excited to provide this resource to the community. For more information regarding this product please contact Officer Lina Strube at 407 599 3664 or lstrube@cityofwinterpark.org.

Third Annual Veterans Celebration

On Friday, November 8 at 10 a.m., the City of Winter Park will be presenting its third annual Veterans Day Celebration. This event will be held in honor of all of the veterans of Winter Park, Fla., at the Winter Park Community Center Ruby Ball Amphitheatre located at 721 W. New England Ave.

We are calling all veterans who have served in any military campaign (World War II, Korean War, Vietnam War, Desert Storm, Iraqi Freedom or Afghanistan) or have served in any military branch in honor of our nation's freedom. The city is holding this event to pay tribute to dedicated service to our country.

Beginning at 9:30 a.m., the VFW Post 2093 Community Band will be entertaining guests as they visit with organizations and services

that offer resources specifically for veteran needs. At 10 a.m., the official program will begin with musical tributes, anecdotal speakers, and recognition of veterans according to the various military branches and campaigns served.

In addition, the Winter Park Fire-Rescue Department is once again supporting "Operation Gratitude," a program designed to collect candy and letters of encouragement for American service men and women who are currently deployed in the remote regions of Afghanistan and other hostile regions of the world. Everyone attending this Veterans Day Celebration is encouraged to drop off candy and letters of support for our troops.

For more information regarding the city's Veterans Day Celebration, please call 407-599-3428.

Rollins Announces New Majors

Rollins College recently announced two new business majors and minors designed for the socially conscious student who wants to be a strong leader. The Department of Business and Social Entrepreneurship (BSE) will offer students in the Hamilton Holt School a major in business (with a concentration in management) and a corresponding minor. This degree, in addition to a major and minor in social entrepreneurship and business will be available for students in the colleges of Professional Studies and Arts and Sciences. Courses are tentatively slated for the 2014 academic school year.

"The faculty developed two new business programs that meet the highest standards of quality for business education from AACSB International," said Debra Wellman, dean of the College of Professional Studies. "These programs also meet the challenges facing this generation of students—to be effective, innovative, entrepreneurial, and most of all responsible business leaders."

The business degree will place an emphasis on sustainability and social responsibility, and provide a

solid foundation in business theory and practice, entrepreneurship and innovation.

"We're not content with 'business as usual,'" said Tonia Warnecke, associate professor. "We want to go beyond this. Business skills can and should be used for the social good in addition to supporting individual well-being. We want to empower students to be innovative about the ways they apply their education in the future."

The social entrepreneurship and business major combines practical business knowledge, entrepreneurial skills, and understanding of current economic, political, cultural and environmental issues.

"Students increasingly want to learn the tools and skills to help make their aspirations for social change successful and sustainable," said Chrissy Garton, director of social innovation. "The social entrepreneurship and business major will provide very timely and relevant classes focused on critical skill building for changemakers."

For more information please call 407-646-1539.



Rollins College campus



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10th Annual Snow Fest At RDV

The RDV Sportsplex Ice Den kicks off the winter season with ice skating and real snow in Central Florida at its 10th annual Snow Fest, Saturday, December 14, from 2-6 p.m. at RDV Sportsplex Ice Den.

Admission is \$15 for children 3-17 and \$9 for adults including tax and ice skate rental. Admission includes four hours of ice skating, real snow for playing, snow slide for children, bounce houses, live DJs, face painting, and lots of fun for the family. Hot chocolate and other food and beverage will be available for purchase. Group reservations are encouraged with special pricing for parties of 10 or more.

RDV Sportsplex is located at 8701 Maitland Summit Blvd., just ¼ mile west of I-4. For more information, go to www.rdvsportsplex.com or call RDV Sportsplex Ice Den at 407-916-2550.



Art & History Museum – Maitland Raises \$76,000 For Educational Programming

The Art & History Museums – Maitland (A&H) is proud to announce that Evening in the Grove, honoring A. Duda & Sons, Inc., raised \$76,448. Proceeds from the event benefit art and history programming at the A&H.

"We are extremely pleased with the success of our Evening in the Grove gala," said Andrea Bailey Cox, CEO/executive director. "The Central Florida community's overwhelming support of our event was evident through sponsorships, donations, volunteerism, services, and attendance. On behalf of the Board of Directors and staff, I would like to extend our sincere appreciation to all who helped make our success possible."

Evening in the Grove, an Orange, White & Green Gala, is the A&H's 15th annual gala benefit auction. The event took place on September 28 at the Sheraton Orlando North Hotel in Maitland.

This year the A&H was proud to honor A. Duda & Sons, Inc., for their significant, positive impact on Central Florida history. Community leader José A. Fajardo served as emcee, and NEWS 13's popular news anchor Jackie Brockington served as celebrity auctioneer. Over 300 people were in attendance. The gala featured a cocktail reception, entertainment by speed painter Tony Corbitt, Jr. and Live Art by Julie, a tribute dinner, and live and silent auctions.

The A&H thanks event sponsors A. Duda & Sons, Inc., New Traditions Bank, BB&T, Sheraton Orlando North Hotel, JCR Consulting, Lykes Insurance, Duke Energy, The Balmoral Group, Flowers Chemical Laboratories, Publix Super Markets Charities, Harriett's Charitable Trust, Renee Blair Graphic Design, Trinchero Family Estates, Bell's Inspired Brewing, The Baker Press,

Which Community Has The Most "Sole?"

The City of Winter Park invites all residents to join together in the spirit of community for the Mayors' Sole Challenge, a 30-minute fun walk through scenic Winter Park Saturday, November 16. Festivities begin at 7 a.m. at the main stage in Central Park. This friendly community competition between the cities of Eatonville, Maitland and Winter Park will bring families, friends, kids and colleagues together for a celebration of community and health. Each city is challenged to see which community has the most "sole" by turning out the most participants.

This year's walk will include the fun added feature of "dance-walking," so be sure to invite your entire Zumba class, cheerleading squad, dance team, faith group, friends and neighbors for this unique,



NEWS 13, Forever Xpressions, United States Sugar Corporation, 1-800-Flowers.com, and Tony Corbitt, Jr., of Selph Road Studios. The A&H also thanks the Duda Family, José A. Fajardo, Jackie Brockington, our auction donors, the A&H Board, volunteers and auction committee.

For more information on the Art & History Museums – Maitland, visit www.ArtandHistory.org.

Heart Of Florida United Way Collects Baby Supplies

Up to 30 percent of new moms are not able to afford enough diapers to change their babies as often as they would like. A recent study found that as many as one in three mothers had cut back significantly on food, child-care, or utilities just to afford diapers for their newborn. That's why Heart of Florida United Way (HFUW) is organizing "Basics for Babies," a community supply drive benefiting at-risk mothers and infants in Orange,

Seminole and Osceola counties.

Individuals and companies are encouraged to participate by hosting collection drives or donating items to HFUW to benefit partner agencies. Items can be donated at HFUW until December 11.

Individuals and companies can participate by hosting collection drives or donating the following items at HFUW:

- Diapers

- Wipes
- Formula
- Infant apparel (0-24 months)
- New blankets
- Books for children under the age of two

As part of the organization's focus on healthy children and families, HFUW will collect, assemble and deliver items to families in need through partner agencies. The nonprofit organizations benefiting

from "Basics for Babies" are:

- BETA Center
- Harbor House
- SafeHouse of Seminole
- Coalition for the Homeless
- Help Now of Osceola
- Orange County Healthy Start Coalition

Individual donations can be made at the HFUW located at 1940 Traylor Boulevard. For more information, visit www.hfuw.org, or call 407-429-2136.

Hospice Volunteers Needed

VITAS Innovative Hospice Care of Central Florida needs volunteers who can befriend terminally ill patients, provide relief for weary caregivers, accompany their pet on Paw Pals visits, visit with veterans, provide art and music therapy, make bereavement calls, sew Memory Bears or garment bags, knit/crochet afghans, make crafts, help repair medical equipment, or help with administrative work.

Call 407-691-4541 or e-mail central.floridavolunteers@vitas.com if you would like to find out more information.



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District Recognized Nationally For Excellence

A winner for the second time this year, Orange County Public Schools Procurement Services Department was honored with the 2013 Achievement of Excellence in Procurement Award during the 18th Annual National Conference sponsored by the National Procurement Institute (NPI).

This award can be earned by public and non-profit organizations that obtain high scores based on select criteria designed to measure innovation, professionalism, productivity, leadership, and e-procurement.

David Oakhill, the senior director of the department, said, "This award validates the considerable

efforts of the men and women in Procurement Services representing Orange County Public Schools. It is truly an honor accepting this prestigious award for OCPS. It signifies to our administration and elected officials that we believe in sound business practices, responsible stewardship of district funds, and community awareness, while serving in the best interest of the district."

Earlier in the year, this same procurement team was recognized by the Florida Association of Public Procurement Officials (FAPPO) and awarded their 2013 FAPPO Achievement of Excellence in Public Procurement Award.



PROCUREMENT SERVICES TEAM MEMBERS INCLUDING ROBERTO PACHECO, DAVID OAKHILL, NELLIE NIDO, AND JOYCELYN HENSON



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Celia Sandys on holiday with her grandfather in the South of France, 1962

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The Mennello Museum Of American Art Celebrates 15th Anniversary Season

On November 22, the Mennello Museum will mark 15 years since its doors first opened in 1998. To celebrate this milestone, the museum has planned a series of exhibits throughout 2014 featuring the work of American artists inspired by the landscape and culture of the American West.

Executive Director Frank Holt has been at the Mennello Museum from the start. The art and history of the Western states is a passion of Holt's, and he decided to mark the museum's 15th anniversary with a series of complementary exhibits devoted to the art of the American West. The season kicks off with an exhibit about the Sante Fe Art Colony, organized by the Boca Museum of Art in Boca Raton, Florida. Then early documentary photography will be represented in "Mingled Visions," a selection of photogravures from the massive "North American Indian" portfolio by Edward S. Curtis (1868-1952).

For textural balance, there will be an exhibit of pottery by the early Pueblo or Anasazi people who inhabited the Four Corners area of the Southwest. The distinctive black-and-white designs in the pieces tell stories from long ago.

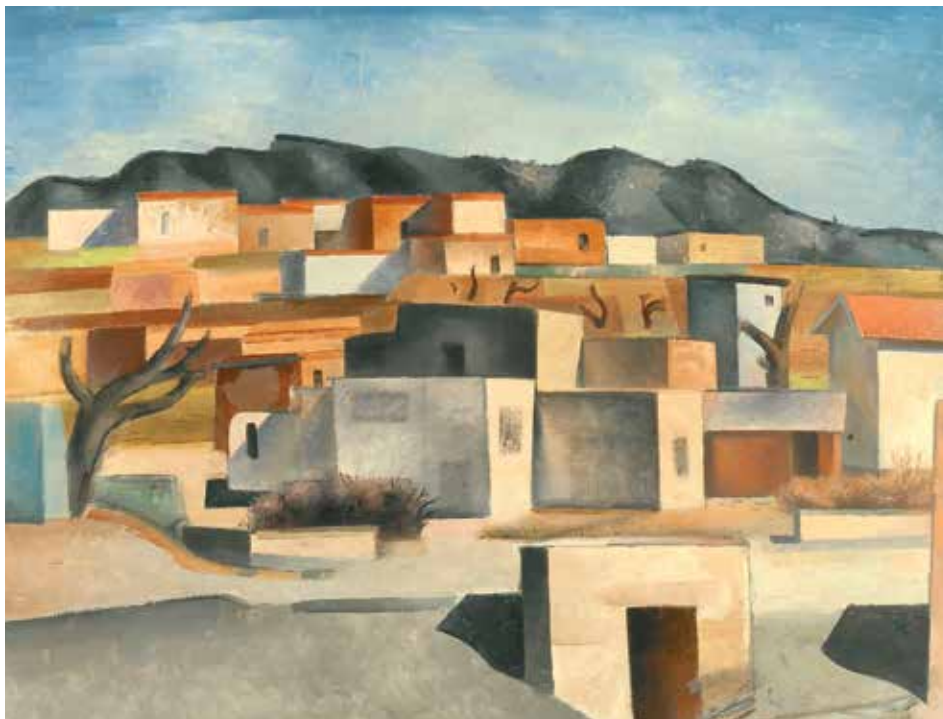
Another early documentarian was George Catlin (1796-1872), an American artist who used his brush and canvas to capture his experiences on his travels west during the 1830s. His "American Buffalo" exhibition comes to the museum on loan from the Smithsonian American Art Museum.

Holt is curating an exhibit about the earliest art colony in the Southwest, "The Taos Society of Artists."

The Mennello Museum of American Art is owned and operated by the City of Orlando, and is located at 900 E. Princeton St. For more information please visit www.mennellomuseum.com.



Edward S. Curtis, *Oasis in the Band Lands*.



Andrew Dasburg, *Pueblo Village*.



George Catlin, *Buffalo Chase, Bulls Making Battle with Men and Horses*.

Tax-Aide Volunteers Needed

Volunteers are needed for AARP's Tax-Aide Program. Tax-Aide counselors help prepare tax returns and assist with filing requirements for older taxpayers and others.

Individuals with an aptitude for tax preparation, experience in filing personal returns, good communication and computer skills are urged to sign up. AARP membership is not required to be a volunteer with

this program.

Volunteer counselors are trained by AARP in cooperation with the Internal Revenue Service (IRS). An orientation will be held in December and training for volunteer counselors begins around January 6 in the Orlando area.

Anyone interested in joining the program should go to www.aarp.org/taxaide or call Jackie Sward at 407-647-5233.

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Glaucoma: The Thief That Steals Our Vision By Phil Mackinder, OD

I often think my least compliant patients are the ones who see the best. What I mean by this is that these patients generally do not get their eyes checked because they have no vision complaints.

While that seems logical enough, it is actually quite a risky practice. There are a number of diseases affecting the eyes and vision that don't give symptoms until it's too late to help them. Chief among these problems is glaucoma.

In layman's terms, glaucoma occurs when the pressure inside our eye builds up to the point that irreversible damage is done to our optic nerve. The optic nerve is the "wire" that connects our eye to the brain. When the pressure increases, the optic nerve is choked off, effectively causing nerve damage. As the nerve damage progresses peripheral vision is lost. This will continue until there is only

tunnel vision and ultimately total vision loss.

The mechanism behind glaucoma varies slightly depending on the individual. Typically a fluid called aqueous humor is produced behind the iris. It is rich in oxygen and nutrients. It bathes the surfaces of the lens and cornea. These tissues are avascular (no blood vessels) but still need these basic elements or they become cloudy and die. After nourishing the lens and cornea the aqueous drains through a space in front of the iris called the trabecular meshwork. If the fluid is produced faster than it drains, pressure builds up.

Typically, increased eye pressure does not give any symptoms. Glaucoma can damage your vision so gradually that you may not even notice any loss of vision until the disease is at an advanced state. It is one of the leading causes of blindness in the United States. The good news is,



DR. MACKINDER PERFORMING AN EYE EXAM. PHOTO BY STEVE GRAFFHAM.

early diagnosis and treatment can minimize or prevent optic nerve damage and limit vision loss.

There are many tests used to check eye pressure during a routine eye exam but the "gold standard" is called Goldmann Tonometry. It is also important for the doctor to take a careful medical history and perform a thorough dilated eye exam. Sometime a visual field test is used to check the peripheral vision and there are also tests that perform optic nerve analysis. Risk factors for glaucoma include age (those over 50), family history (especially among siblings), race (African American and Hispanics), and smoking.

Treatment often begins with eye drops but lasers and surgery can also be implemented when drops are not enough or when patient compliance is an issue. These procedures are outpatient and many are performed right in the surgeon's office. If you have not had an eye exam in a while, get one. The recommended routine follow up is every year or so depending on your situation or doctor.

Dr. Mackinder, OD has been practicing optometry for 16 years and is co-owner of Eyes & Optics on Park Avenue.

Easter Seals Celebrates Donors, Volunteers And Friends

Five Easter Seals Florida (ESF) donors, volunteers and friends were recently recognized during a reception hosted by Fields Auto Group at its downtown Orlando Fields Fiat location. Marcie Golgoski, a WESH 2 TV executive producer; Jamie Watson, an Orlando City Lions soccer player; and Sara Osleger, Eileen Feldherr and Paige Cooper, all community volunteers, were honored during ESF's Annual Awards Reception for their commitment and dedication to the organization.

The five honorees come from all walks of life and have given their time, talents and their own money to aid the nation's largest non-profit provider of services for individuals with autism and cognitive and physical disabilities. The honorees are as follows:

- **Volunteer of the Year:** Marcie Golgoski is an award-winning journalist with more than 15 years of experience. She has supported ESF with her time and expertise, garnering the non-profit media coverage to aid in awareness of its services.
- **Camp Challenge Volunteer of the Year:** Orlando City Lions soccer player Jamie Watson led a fundraising campaign for ESF in 2013, and supported the organization with soccer clinics for its campers. He has a disabled brother who lives with his parents in Texas.
- **Day Break at the Miller Center Volunteer of the Year:** Sara Osleger is a mother of three-year-old twins and community volunteer. Osleger started a fundraising campaign for the adult day care center to raise money to purchase four iPads, four iPads cases, and various app to help the caregivers and the Day Break clients better communicate with each other.
- **Altrusa House Volunteer of the Year:** Eileen Feldherr, who goes by the nickname "Bliz," (her maiden name was Blizzard) has volunteered at Altrusa House, an adult day care service, for more than a decade, following a 30-year career as an educator at Santa Fe Community College in Gainesville. Bliz has also served on the ESF local advisory board and helps with fundraising events.



(L-R): SUE VENTURA, ESF PRESIDENT AND CEO, PAIGE COOPER CHAIRPERSON'S AWARD RECIPIENT, CORY TAYLOR, CHAIR OF THE ESF ADVISORY BOARD (MICHAEL SLAYMAKER, VP OF DEVELOPMENT IS IN THE BACKGROUND) PHOTO COURTESY OF LISA WILKES.

- **Chairman's Award Recipient:** Paige Dreyfuss Cooper is mother to a young son, local philanthropist, and a community volunteer who has supported ESF A Pair to Remember, the non-profit's largest fundraising event, since its inception 10 years ago. Cooper's efforts have raised more than \$200,000 through A Pair to Remember.

"These five people are outstanding examples of givers who take action to support the programs and services we provide, which allow those with cognitive and physical disabilities and their caregivers to live fuller lives," said Ventura. "We are truly grateful for all their support and the support of thousands of others statewide who volunteer for Easter Seals."

More than 4,000 volunteer hours of service were contributed to ESF in 2012/13. In Florida, Easter Seals is celebrating 65 years of exceptional services to 40 of the state's 67 counties. For more information on Easter Seals Florida, please visit www.fl.easterseals.com.

Orlando Philharmonic Performs Beethoven 7, Shostakovich Violin Concerto

On Saturday, November 16, the Orlando Philharmonic will perform Beethoven Symphony No. 7 and Shostakovich's Violin Concerto No. 1, featuring violinist Cho-Liang Lin, at 8:00 p.m. at Bob Carr Performing Arts Centre. Conducted by Joel Revzen, the program will also include Mendelssohn's Hebrides Overture.

Maestro Revzen describes Beethoven's 7th Symphony: "It is filled with optimism in the first movement, not often associated with

Beethoven, contrasted with a more solemn march like second movement,



CHO-LIANG LIN - PHOTO COURTESY OF ORLANDO PHILHARMONIC ORCHESTRA

enormously energetic third movement and an almost manic energy of the fourth," he said. "Along with the 3rd, it is my favorite Beethoven Symphony to conduct, and it is sure to leave the audience uplifted and in awe of Beethoven's creative genius."

Tickets are \$18-\$70, and are available by calling 407-770-0071 or visiting www.OrlandoPhil.org. This concert is sponsored by Darden Restaurants Foundation.

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JOHN GILL

fiscal fitness *by John Gill*

The Definition Of Insanity

As I write this, we are a few days removed from the end of the U.S. government's shutdown and the passage of a law expanding the debt ceiling.

The government was shut down for sixteen days and the only real suffering was by the furloughed federal employees and the American people.

The Senate and then the House of Representatives passed a short-term measure that will fund the government until January 15, 2014 and lift the debt ceiling until February 7, 2014. And then guess what? The country gets to do it all over again. Oh yeah, there is a bipartisan budget committee that is supposed to work between now and December to develop a plan to compromise and make budget related changes appealing to both parties. But if the past is an indicator of the future, then expect more of the same.

The challenge has been that the parties are unable to take the steps necessary to compromise and move forward. Neither party has the wherewithal or political will to step out of their

protective, partisan positions to take a stand for the betterment of the country. So we will find ourselves back in a similar position in a few years. This is insanity, doing the same thing over and over and expecting different results.

We've seen this movie before, moving from one self-induced budget crisis to another every 12 to 18 months. What's so maddening is that there are proposals that will end this and put the United States on the path to fiscal fitness. The Republicans want to reduce spending and the deficit. The Democrats want to raise certain taxes and reduce the deficit. Both parties claim the want to reform the tax code. Both parties agree on some level that entitlement spending is out of control. President Obama's own commission, Simpson-Bowles, addresses many of the issues affecting and afflicting the financial situation of the United States governments, but the politics of today make acceptance of the commission's recommendations politically risky.

The fact is that all informed Americans-Democrat, Republican, Independent, Libertarian or No-Party Preference- know the fiscal situation

of the United States is tenuous at best and cannot be sustained long-term. Americans are not holding their political leaders accountable, meaning our leaders are unmoved to do what most legitimate polls say the public wants, compromise and a fix for the fiscal issues which plague our nation.

The long-term viability of the United States is at risk if this is how the political system continues to deal with these complex fiscal issues. As much as most people hated the sequester and its across the board cuts, it has reduced spending by approximately \$80 billion without catastrophic results.

The point is that our leaders, the president and the congress must work together on a real budget solution which will reform the tax code, cut spending, raise some taxes, cut some entitlements or significantly slow their growth and provide incentives to spur innovation and infrastructure spending. These items will help to put U.S. spending on a slimming, more impactful trajectory which can stimulate economic growth and enhance economic security while building the Country's fiscal fitness.



If you have questions, comments, or an area of financial interest you would like to see discussed in The Park Press, please call John at 407-353-0594 or send email to FiscalFitness@gmail.com. Follow John on Twitter, @john_gill1.

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Business In The Parks

Peninsula Forensic Engineering, Inc. (PFE), a niche engineering and consulting firm



PAUL J. HALYARD

that has specialized in commercial construction and structural building integrity for a quarter century, has relocated operations to College Park. The company, which has been serving clients throughout the state since 1989, has set up shop at 632 Stetson Street just off Edgewater Drive in the city's popular historic district, says PFE President **Paul J. Halyard**. The new quarters is a free-standing, 1,596 square-foot building built in 1941 and completely renovated over the past several years. The Halyard Family LLC has owned the property since 1989 and over that period had been leasing the building to various professional users, most recently to an accounting firm.

Fifth Third Bank has partnered with RaceTrac Petroleum, Inc., to provide ATMs at 225 convenience stores in Georgia and Florida. Installation of the new Fifth Third ATMs will begin this month with completion projected by the end of 2013. This is Fifth Third Bank's largest ATM relationship with a convenience store chain. Both Fifth Third Bank and RaceTrac have locations throughout Georgia and Florida, as well as additional southern states. Currently, Fifth Third has 32 branches in Georgia and 169 in Florida.

Kelly Price & Company proudly welcomes six new agents to its sales team: **Debbie Olson Tassell**, **Erica Sears**, **Heidi HudaKoz**, **Roxanne Gagliano**, **Jennifer "JJ" Mackle** and **Robert Mackle**. Debbie Olson Tassell is a seasoned professional, having worked with Kelly Price & Co. for over a decade- she recently transitioned from assistant to the broker to sales associate. Erica Sears grew up in Winter Park and is uniquely familiar with the surrounding areas. Heidi HudaKoz

was born and raised in Orlando- she understands the pulse and trends of the Central Florida marketplace. Roxanne Gagliano started her real estate career in 1995. Also being an interior designer, she quickly realized her passion for helping clients envision the full potential of a home. Robert and Jennifer "JJ" Mackle work as a husband and wife team specializing in Orlando, Maitland and Winter Park Markets. JJ and Rob are deeply involved in the community, where JJ serves as the Delta Orlando Alumnae president and Robert supports Judi's House, which helps children with their grief after a loss.



JEFF CLARK

NAI Realvest one of Central Florida's largest commercial real estate services companies and active developers of industrial facilities, has named veteran Orlando realtor **Jeff Clark** as an associate and industrial properties specialist. Robin L. Webb, CCIM, managing director at NAI Realvest, said Clark has ranked as the top performing real estate associate in the Baldwin Park area of Orlando since 2003. He was also formerly a broker with Prudential Mortgage Services. In his new role Clark will focus on representing industrial clients for leasing and sales. Clark earned his B.A. in Business Administration from Auburn University and is a member of the National Association of Realtors.

Cuhaci & Peterson Architects, Engineers, Planners based in Orlando's Baldwin Park, was recently awarded the contract to design a new Fresh Market store in Winter Springs at Red Willow Plaza. **Lonnie Peterson**, chairman at Cuhaci & Peterson Architects, said the store will offer 21,000 square feet of supermarket space when completed and opens in early 2014.

Easter Seals Florida (ESF) president and CEO **Sue Ventura** is pleased to announce that **Melixa Carbonell** and **Marlo Massey** have been promoted to the positions of vice president of advancement for Central Florida and Tampa and vice president of advancement for West Palm Beach and southwest Florida, respectively. The promotions are effective immediately and are part of a restructuring of the organization following the departure of the organization's senior vice president this past summer. That position will not be filled. **Michael Slaymaker**, ESF vice president of development and planned giving will remain in that role, continuing his statewide efforts to garner donations and funding for the non-profit organization. Among ESF's services are adult day health care at Day Break at Miller Center in Winter Park, camping and recreation at Camp Challenge in Sorrento and SafetyNet Medical Alert available in 40 Florida counties. Easter Seals Florida is celebrating its 65th anniversary this year.



DR. STEVEN R. SMITH

Florida Hospital has appointed **Dr. Steven R. Smith** as the chief scientific officer (CSO) of Florida Hospital Research Services. In this new role, Dr. Smith will organize and streamline clinical and translation-

research across the eight Florida Hospital campuses in Central Florida. The appointment of Dr. Smith is a commitment to building upon existing research activities and developing a defined research agenda for Florida Hospital. In his new role as CSO, Dr. Smith will be responsible for leading the Florida Hospital research enterprise and external scientific and academic relations. He has over 20 years of experience as a physician/scientist. For the past four years, Dr. Smith has led the development of the Florida Hospital - Sanford-Burnham Translational Research Institute for Metabolism and Diabetes (TRI) as scientific director, and he will continue in this role. Working alongside Dr. Smith in his new role is **Robert Deininger**. He has been appointed vice president for research operations. In his new role, Deininger will lead the operations and administrative activities of the research enterprise. In addition, he will work with Florida Hospital in setting and implementing strategies to insure research is adequately supported. Deininger has an extensive background in team management, performance improvement and research operations. He has been with Florida Hospital since 2008 and has worked closely with Dr. Smith since 2010 at the TRI.

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SCOTT HILLMAN

real estate in the parks by Scott Hillman

Don't Be Overzealous By Overpricing Your Home For Sale

With the year winding down as we head into the holidays, a dwindling inventory of existing home prices in Orange and Seminole counties continues to drive up prices. In fact, a Zillow Home Price Expectations Survey (ZHPES) sees home values growing incrementally by more than four percent a year and cumulatively by 22 percent over the next five years, fueled in part by tighter-than-normal inventory of homes for sale, robust demand attributable to higher affordability, low mortgage interest rates, and a stronger general economy. That forecast hinges on growth rates exceeding home value growth rates in the 12 years preceding the onset of the housing bubble that culminated in the Great Recession.

Despite rising prices, I caution sellers to not be overzealous by overpricing their homes, which often gets in the way of a good deal whatever the market conditions. Before listing your home for sale, consult a local realtor who is knowledgeable of your market and can provide comps and methodologies that can make you feel comfortable with your asking price. When fairly priced, your home will typically attract more than one

interested buyer and when all is said and done your home could sell for 95-100 percent of your asking price. Competitive bids create an ideal situation for the seller because buyers will pay fair market price and sometimes even more to keep competing buyers from getting the home.

On the other hand, an overpriced home stays on the market longer and buyers begin to wonder if there is something wrong with your home. It invariably ends up being labeled a troubled property and often sells for less than what it would have if it were priced competitively when originally introduced on the market. Buyers are reluctant to make offers on unreasonably priced properties because they don't want to negotiate with what is perceived as an unreasonable seller. So don't let the perception of having a negotiating buffer become an obstruction to the sale of your home.

While there is plenty of demand from buyers in the local market, there just aren't enough homes to choose from, especially in price ranges under \$400,000. We can likely expect more price increases driven by a continued tight market and limited inventories in lower and moderate price ranges. Some increases in new construction will help balance supply.

In view of the continued climb in existing home prices, don't outsmart your common sense or anybody else's by overpricing your home. Get a market evaluation from a reputable realtor so that you can price it at fair market value. Your home will likely sell that much faster, and at a better price.



Scott Hillman is president of Fannie Hillman + Associates, a 32-year-old Winter Park-based real estate company specializing in residential real estate sales. He can be reached at (407) 644-1234 or scott@fanniehillman.com.

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STEPHEN & KRISTIN PATEGAS

in the garden by Stephen and Kristin Pategas

The Gardener's Bookshelf - Plants

The Internet has become an incredibly valuable resource for obtaining information on plants.

However it is full of conflicting information and misinformation. It's also frustrating to click on numerous links and find the same basic information regurgitated from the same source. After a few minutes of futile searching we turn to our extensive library and very often find the information in print. When selecting books, look for South, Southern or Florida in the title or a strong reference that Florida is covered. Remember, we aren't in Kansas anymore!

Here is a sampling of books we use when we are researching plant information for our landscape designs or just for fun (we are plant geeks). Some may be out of print and we didn't include ISBN numbers and publisher information because all of that information is easily found on the Internet.

Florida Native Plants

Native Florida Plants

by Robert Haehle and Joan Brookwell

Florida's Best Native Landscape Plants

by Gil Nelson

A Gardener's Guide to Florida's Native Plants

by Rufino Osorio

Common Native Plants of Central Florida

by Tarflower Chapter of the Florida Native Plant Society

Florida Wildflowers in Their Natural Communities

by Walter Kingsley Taylor (UCF professor emeritus)

Wildlife Gardening

Native Plant Landscaping for Florida Wildlife

by Craig Huegel

Florida Butterfly Gardening

by Marc and Maria Minno

Attracting Birds to Southern Gardens

by Thomas Pope, Neil Odenwald and Charles Fryling, Jr.

Florida Butterfly Caterpillars and Their Host Plants

by Marc Minno, Jerry Butler and Donald Hall
Your Florida Guide to Butterfly Gardening

by Jaret Daniels
Ornamental Grasses (some include bamboos because...they are grasses)

The Encyclopedia of Grasses for Livable Landscapes

by Rick Darke

Timber Press Pocket Guide to Ornamental Grasses

by Rick Darke

The Color Encyclopedia of Ornamental Grasses

by Rick Darke

A Guide to Florida Grasses

by Walter Kingsley Taylor

(more for the botanist)

Common Grasses of Florida and the Southeast

by Lewis L. Yarlett

Herbs

Southern Herb Growing

by Madalene Hill and Gwen Barclay

Herbs - The Complete Gardener's Guide

by Patrick Lima

Herbs In Bloom

by Jo Ann Gardner

Herb Gardening at its Best

by Sal Gilbertie

Trees and Shrubs

Trees for Urban and Suburban Landscapes

by Ed Gilman

The Trees of Florida

by Gil Nelson

Your Florida Guide to Shrubs - Selection,

Establishment and Maintenance

by Edward Gilman and Robert Black

Tropicals and Subtropicals

(remember that we are in subtropical planting Zone 9b)

Tropical and Subtropical Trees

by Margaret Barwick

Tropicals

by Gordon Courtright

The Exotic Garden

by Richard Iversen



Edibles

Florida Home Grown 2: The Edible Landscape

by Tom MacCubbin (the Bible, written by our local gardening guru)

Florida's Best Fruiting Plants

by Charles Boning (incredible book)

Guide to Florida Fruit and Vegetable Gardening

by Robert Bowden (the director of Leu Gardens)

Citrus Growing in Florida

by Larry Jackson and Frederick Davies

More books by topic...

Bulbs: Garden Bulbs for the South -second

edition by Scott Ogden

Succulents: Designing with Succulents by

Debra Lee Baldwin

General: *Month By Month Gardening In*

Florida by Tom MacCubbin

General: *Southern Coastal Home Landscaping*

by Stephen and Kristin Pategas (covers the

whole state of Florida)

General: *Florida Landscape Plants* by Watkins,

Sheehan and Black

General: IFAS publications are available

from the Orange County Extension Office

<http://orange.ifas.ufl.edu/> on Conway Road

or at <http://solutionsforyourlife.com>.

While some books may be a bit dated, the plants in them haven't changed. However, some may now be known as invasive and not recommended. So do a bit of on-line sleuthing to get updated. Now we can have the best of both worlds with favorite reference books and the up to date web.

Hortus Oasis (FL26000315) in Winter Park is a boutique garden design company specializing in residential, commercial and specialty gardens. Stephen is a registered landscape architect and Kristin is a certified landscape designer. Contact them at 407-622-4886/garden@hortusois.com

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An active participant in the community's Resident Council and fitness programs, Dot appreciates the many ways The Mayflower supports physical, intellectual and social well-being. "Living here keeps you active and engaged," she adds. "There are so many things to do, from watercolor classes to serving on committees - and so many good people to share them with. It's a wonderful family atmosphere... no wonder people are so happy here!"

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live meaningfully
by Ayesha G. Bullock, M.A.

Gratitude... A Powerful Gift

Each morning I receive an automated email quote from a site called 'gratefulness.org.' It's an eclectic little site, but someone sent me some lovely words of wisdom from it not too long ago and I quickly signed up for the same. In light of November being centered around Giving Thanks, these musings will be on gratitude.

Gratitude is, I believe, one of the single most powerful gifts we have. Though I do try to teach my clients about emotions and how they exist in multitudes and layers, how they are 'good, right and normal' and even how multiple (seemingly dissonant) emotions can exist at the same time... gratitude seems to be the one exception to this rule.

To that end - let me explain. Some would say one of the marks of emotional maturity is being able to hold two seemingly dichotomous ideas/realities at the same time and accept them both as true. Still sounding abstract, I know.

Okay... a personal example: My mother passed away when I was quite young (18 years old to be exact) and it was easily one of the single most devastating things that could have ever happened to me. At the same time, my emotional and psychological development was forever changed and diverted from that point forward. Whoever I was going to be (with family intact) no longer existed and I began to develop from this tremendous fork in the road, forward. Somehow, the path on which I did continue, lead me (albeit eventually) to exactly who and where and what I am now. The person that I am today, I believe, is a rather happy, healthy, hopeful and helpful one. This person works with others to help them achieve the same kind of peace, joy and health that she enjoys. This person is a therapist. This person could never have existed without the depth and breadth of experiences of the last 16+ years. This person is a direct result of the tapestry of experiences, emotions, relationships, processes and developments of her own history. Therefore - I could never have been this person, living this life and loving this career, without exactly the recipe of life that brought me thus far.

So...was it devastating or is it okay? Both.

Don't get me wrong - I'd happily have remained on a different path or give it all up to still have my mother; but that wasn't one of the given options. So, I must continue to accept that it was one of the most painful things that could have possibly happened, while also one of the only things that could have placed me on the path where I currently enjoy peace.

Love and frustration, fear and sadness, anger and confusion - almost any two (or more) emotions can exist concurrently within us at any given time... and often do. However, in my opinion, the exception to this rule is: dissatisfaction and gratitude. It is almost impossible to be grateful, counting one's blessings or giving thanks, while also feeling negative, frustrated, angry or self-pitying.

Try it: call to mind three of the things for which you feel most grateful and (at the same exact moment) try to remember the frustration or irritation you were feeling earlier in the day or week. You may be able to remember it cognitively, or you may even be able to 'switch' back and forth between it and your gratitude. But, it is my belief that it is exceedingly difficult to feel truly grateful and immersed in negativity at the same exact moment.

Therefore - instead of waiting until November 28 to give thanks as you sit around the table with family and friends, give thanks today, right now. Give thanks daily in the first few moments after you wake and the last few minutes before you sleep. Enlist gratitude all day long for that matter. Make it an experiment for the month of November and see what comes your way. Chances are, it will be a whole lot more positive than the alternative.

"Forces beyond your control can take away everything you possess except one thing, your freedom to choose how you will respond to the situation."

— Viktor E. Frankl

Choose Gratitude.

Be well; Live Meaningfully.
'til the next time,
Ayesha

Ayesha G. Bullock, M.A. practices at 2150 Park Avenue North, Winter Park, FL 32789 as a Registered Mental Health Counselor Intern and can be reached at ayesha@livemeaningfully.net or 407.796.2959.

What Is Concierge Medicine?

By Dr. Neha Doshi, MD

Concierge medicine began in 1996 and has many monikers including boutique care, direct care, and executive care. Concierge medicine is a relationship between a patient and primary care physician, in which the patient pays an annual fee or retainer. That doctor may or may not accept traditional insurance and the fees vary between \$1,500 and \$20,000/year. In exchange for the retainer, patients are provided with "enhanced care" services. These services generally include, but are not limited to, extended appointment times, same day appointments, 24/7 access to the doctor by cell phone and email, and prompt prescription refills. Many concierge doctors also make house calls - think Marcus Welby!

The trouble with traditional medicine is that it prioritizes volume.

To make a reasonable profit, doctors must see patients every 15 minutes, and often serve upwards of 3,000 patients a year! What this amounts to for a patient is longer appointment wait times and rushed visits. Concierge physicians generally limit their practice to a total of only 200 to 300 patients. With fewer patients and a guaranteed source of income, they can provide many services that just aren't possible in traditional medicine.

Traditionally, concierge medicine was thought to be only for the privileged few. Nowadays, that is not the case. The cost is equivalent to a cup of coffee per day or a monthly cell phone bill. That is a small price to pay for a patient who values exceptionally dedicated health care above all else.



DR. NEHA DOSHI



Dr. Neha Doshi is a Primary Care Physician and is Board Certified in Internal Medicine. Her practice, Winter Park Primary Care is located at 1341 Orange Ave., Winter Park, FL 32789. She can also be reached at 321-285-6363 or dr@nehadoshi.com

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fashion by Kristina MacKinder

Harriet's Park Avenue Fashion Week

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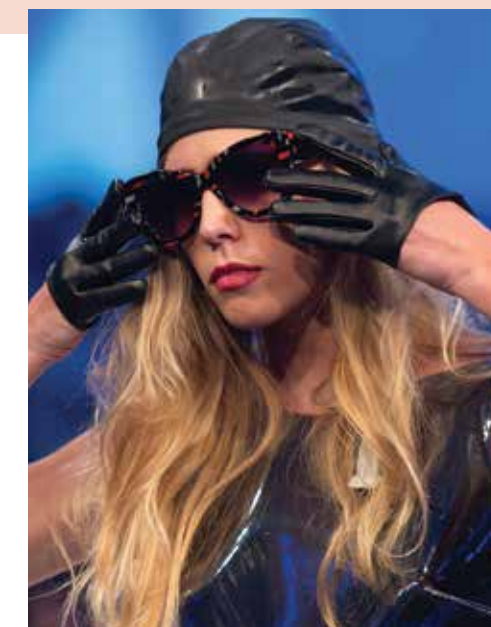
Photos by Steve Graffham
Winter Park Photography



La Bella Intimates



Look by Tuni



Eyes & Optics showed a collection of sunglasses paired with swimwear created by last year's Emerging Designer Winner, Melissa Vivo.

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pop culture detours by George McGowan

Phases And Stages

In September, my lovely wife and I celebrated 28 years of marriage. We have experienced all manner of things over the years, and thankfully, many more ups than downs. Earlier this year, we were lucky to be able to attend the marriage of two friends who have been living together for over 25 years. These individuals were denied the right to marry for too many years. The ceremony was wonderful and brought a tear to my eye as I reflected back on my marriage and how much joy it has given me. Simultaneously, I was so happy for my two friends and grateful that they can experience what I have been blessed to experience for the past 28 years.

So, it is interesting that soon after this time, I encountered two pieces of artistry that took marriage as their main theme. Encountering them just reiterated, heightened and reinforced the thoughts and feelings I just had surfacing about marriage and relationships. This is one of the best impacts that popular art can have on anyone. If something makes you both feel and think, it should be praised. For this reason, I would like to introduce you to two individual artists who could not be from more different backgrounds, and their very interesting commentary on relationships through their art.

The first artist may be well-known to you, and I have praised him before. He is Mr. Willie Nelson. In 1973, Willie broke from Nashville and was one of the first country artists to sign with a primarily Los Angeles based (and rock and roll focused) music company, Atlantic Records. He left Nashville and recorded his next album in Muscle Shoals, Alabama. This album was named "Phases

and Stages" and was one of the first country music "concept" albums. Side one of the album presented the female perspective of the end of a relationship and side two presented the male perspective. An examination of the end of relationships and from these two sides and in the inimitable style of Willie Nelson is a wondrous piece of popular art. I may be crazy, but I have been listening to this album on repeat for a while now and I may be old since I can't remember how I discovered it! Somehow, I came across his song "Pretend I Never Happened" from this album, fell in love with it, and looked for more. As with many Willie songs, it has a simple melody and simple lyrics but leaves the listener with a song that is deep with meaning:

"Pretend I never happened, Erase me from your mind, You will not want to remember, Any love as cold as mine. I'll be leaving in the morning, For a place that I hope I find, All the places must be better, Than the ones I leave behind."

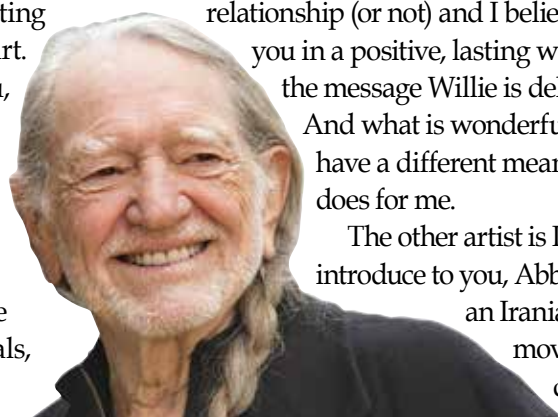
As I heard this song in the context of the entire album, its meaning grew in significance and impact. I can recommend this album to anyone in a relationship (or not) and I believe it will affect you in a positive, lasting way if you take

the message Willie is delivering to heart. And what is wonderful is that it will have a different meaning for you as it does for me.

The other artist is I would like to introduce to you, Abbas Kiarostami, an Iranian-born movie writer and director. I had

been hearing his name and the name of his first film produced outside of Iran, "Certified Copy," for many months as I listened to a movie podcast named "Filmspotting." The reviewers on this podcast seemed unable to stop praising the film and filmmaker so I checked on Netflix and found that the movie was available. And since it stars Juliette Binoche, one of my favorite actresses, I had to give it a look. In a word, I was stunned. The film is amazing. It is like nothing I had seen before. It chiefly focuses on one day in the life of an art historian and art gallery owner as they talk and talk about anything and everything. What is intriguing about the film is discovering in real time who these characters are and seeing how they relate to one another throughout their day-long encounter. Beyond the character study, it is a wonderful film to watch from a technical point of view as the camera work is amazingly intimate yet does not seem intrusive. It has all the tricks of the trade, and its close-ups will amaze you as they show you so much of the inner life of the characters. It is an intriguing look at a relationship between a man and woman that you will ever experience on film. And again, it will affect you differently than it affected me.

Amazingly, through my pop culture detours, I discovered these two lasting works of art one after the other. The connections between them intrigue me and stun me as they come from apparently two individual artists who seem to have nothing in common. But, when you reconsider this question, you begin to realize that intimate relationships between humans is the all-encompassing theme of most all of art from Homer to Shakespeare to Woolf as well as from Norman Lear to Madonna to Vince Gilligan.



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Meet the Masters. Rembrandt, Rubens & Gainsborough at the Orlando Museum of Art



Rembrandt, Rubens, Gainsborough and the Golden Age of Painting in Europe

from the Speed Art Museum, Louisville, Kentucky
January 25 - May 25, 2014

Comprised of the major genres of painting that were popular at this time—portraits, religious paintings, landscapes, scenes of everyday life, still lifes and interpretations of classical antiquity, this exhibition will illustrate both the people and the objects that made the two centuries between 1600 and 1800 such a rich cultural age. Highlighting work from Italy, France, Spain, Flanders, the Netherlands, Germany, and England, *Rembrandt, Rubens, Gainsborough and the Golden Age of Painting* will illustrate how the tremendous changes in religion and science, coupled with the economic growth that swept Europe in the seventeenth and eighteenth centuries, gave way to a period of incredible artistic creation.

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theater in the parks by Barbara Solomon

Dracula Returns From Transylvania

DRACULA, THE JOURNAL OF JONATHAN HARKER

WRITTEN BY JIM HELSINGER, ADAPTED FROM THE NOVEL BY BRAM STOKER
DIRECTED BY MICHAEL CARLETON, STARRING JOHN P. KELLER

What happens when a rational man runs across the supernatural? We certainly find out at this fabulous piece of theatre. Everything about the play is mesmerizing. Let's start with the story. We first meet Jonathan Harker in England as he is about to embark on a business trip to Transylvania to close a deal with Count Dracula. Harker proceeds to tell us the tale of the events that took place seven years before. After arriving at the Count's castle, he encounters all manner of weird happenings. Harker disbelieves as long as he can, but finally realizes his life is in danger. Of course, the audience knows something Harker doesn't, and that makes the play even more suspenseful. Act II continues in England, where Dracula feasts on Harker's niece, Ludy, as well as Harker's wife. In order to save his wife, Harker and his friends must kill Dracula in such a way that he cannot be able to return. The rest of the story I cannot tell without revealing the climax—you will have to attend and see for yourself.

This chilling masterpiece of Gothic horror is great on many levels—the visual, acting, and playwriting. The set is perfect for the story, if just a touch

corny and over the top. The special effects are absolutely wonderful. John P. Keller is amazing as Harker. This is a one man show, and Keller changes both voices and characters throughout, almost making you think there are different actors on stage. His commanding presence is thrilling to watch. Keller's agility is amazing as he navigates the difficult set. Not only is the play well acted, it is also well written. This version of the tale is the perfect hero's journey, extremely well-adapted by our very own Jim Helsinger. Michael Carleton's direction brings everything to light as the story unfolds. At one point Harker says, "I was in awe." I certainly must agree with him, as I was in awe myself!

This is the perfect Halloween show. Even the cheap tricks are great, and leave us breathless. And the hero's journey reminds us of the courage we must pursue every day of our lives. So come visit Exeter and Transylvania, "enter freely and of your own will." Playing through Nov. 10th at Orlando Shakes, Loch Haven Park on Princeton Avenue. For more information call 407-447-1700 or visit www.orlandoshakes.org.



Barb's Best Bets for November: "A Christmas Carol" at Theatre Downtown, "Crazy for Gershwin" at The Winter Park Playhouse, and Playfest at Orlando Shakes.

Meet Lexi Reed from Disney's A.N.T. FARM

The Maile School Welcomes Acting Graduate Stefanie Scott for a 1 day hands on acting workshop! Saturday, December 14th

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"So inspiring! I may have found some ideas for the next Avatar movie!"
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- Donn B. Murphy, Ph.D., President, The National Theatre

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schools

School District Update

By Nancy Robinson, Orange County School Board Member, District 6



NANCY ROBINSON

I've had a great time visiting the schools in District 6 this first nine weeks of the school year. It is always encouraging to me to see how quickly the teacher-student relationship develops and how smoothly classes are moving along so early in the year. Although there are many exciting things happening on all 185 OCPS campuses there's one exciting thing in particular that's happening in our part of town.

The school board is working to develop a Bring Your Own Device (BYOD) policy for our students to access digital curriculum via their personal technology on our campuses until the district is financially able to provide devices for all of our students. We are setting up several BYOD pilot programs and have selected Audubon Park Elementary as one of our initial program sites to start January 2014. The OCPS Technology

Department is currently working with Principal Garrido Ferratusco to establish the parameters of the program and determine what will work best for the Audubon Park student body. There will be more information coming home for the parents of APE students to educate them on how this program will take shape at the school so be sure to watch the principal's emails and the school website for more information.

If you have a student at Audubon Park and are considering acquiring a device for your student for the holiday season please be sure to check the Audubon Park website and purchase a device that is compatible with the OCPS curriculum. There are specific types of devices that are approved by the State of Florida Department of Education for use with the digital curriculum that OCPS uses and you can find this information on the Audubon Park website during the next few weeks.

While this BYOD program is available for the Audubon Park family now it will also be available

for other schools to use soon, I'm hopeful that other campuses can become a BYOD site starting next school year. Interested schools can work with their principals and the OCPS Technology Department to determine if their school is eligible for this program.

The use and cost of technology in our schools is going to increase. The OCPS school board has agreed to go to the Orange County voters in fall 2014 to ask for the renewal of the ½ cent sales tax to continue building new and renovated schools and also help the district keep up with the demand and cost of increased technology in our schools. Please stay informed to keep up-to-date on all that's happening with Orange County Public Schools and the sales tax renewal.

Thank you for allowing me to serve our community, students and teachers and feel free to contact me anytime with your ideas, thoughts and concerns for our school district!

nancy.robinson@ocps.net, 407-310-9194



Aloma Elementary

PRINCIPAL DR. DREW A. HAWKINS

Congratulations to Mrs. Linda Black, Aloma's Support Person of the Year! Congratulations to Mrs. Melissa Corley, Aloma's Teacher of the Year! We are proud to have them as our representatives.

We are continuing our attendance initiative this year, Education Pays-Make Every Day Important! It is part

of our School Improvement Plan. You can help by having your children on time every day, not signing your children out early, and scheduling vacations during school holidays. Help make every day important for your child. According to the Bureau of Labor Statistics through the U.S. Department of Labor, education pays in higher earnings and lower unemployment rates: For median weekly earnings in 2012, a person with less than a

high school diploma earned on average \$471, for a total of \$24,492 per year. For median weekly earnings in 2012, a person with a high school diploma earned on average \$652, for a total of \$33,904 per year. For median weekly earnings in 2012, a person with a bachelor's degree from college earned \$1,066 per week, for a total of \$55,432 per year. With education, a student increases their earning potential AND their employment potential.



Brookshire Elementary

PRINCIPAL DR. MARC RUMMLER

On October 9, we celebrated International Walk to School Day. This day encourages students and parents to walk or ride to school to be healthier, to build a stronger community, and to promote cleaner air by having fewer cars on the streets. One day the week before our event, we counted 192 cars dropping off students in the morning, 83 students walking to school, and 86 on bicycles. On the Walk to School Day, we had fewer than 100 cars, nearly 200 walkers, and 169 bike riders. It was a great day and hopefully parents and students will keep on walking and rolling to school every chance they get. Thank you to parents Amanda Schaefer and Derrick Paltrow for organizing the event and to Coach Randi Topps for promoting the event and for biking with many of our students. Thank you Best Foot Forward and the Winter Park Sheriff's Department for helping our children travel safe to school. And thank you to the Winter Park Health Foundation for their constant support and steadfast determination to ensure all children in our community grow up as healthy as possible.

We have some exciting events coming up in November. On November 7, our PTA is hosting a Family Science Night in our cafeteria. On Monday, November 11, we will have our annual Veterans Day celebration. There's another Walk and Roll to School day on November 13. And on Saturday, November 16, we invite the entire community to our fall carnival. We are the Busy Bulldogs in November!



Dommerich Elementary

PRINCIPAL DR. JUNELLA HANDLEY KREIL

Dommerich Elementary is "fall-ing" in love with the cool breeze in the air! At Dommerich, we believe in be-

ing healthy and green, and we enjoy walking and rolling to school even more as the weather cools down a bit. In October, we learned about pedestrian safety through the WalkSafe Program. Please help us stay safe by driving with the utmost care when in our residential streets.

In November, mark your calendar for these Dommerich events and programs:

November 6

Report card conference night

November 9

Harvest Hoedown 2-5 p.m.
everyone welcome!

November 12

SAC meeting at 6 p.m.
PTA meeting at 7 p.m.

November 13

Walk 'n Roll day

November 15

Coffee with the Principal
at Bagel King at 8:30 a.m.

November 22

Teach In

November 25-29

Thanksgiving Break

Please feel free to visit our front office and check out our community resources wall - we welcome our community and neighbors to be involved with our learning. If interested in volunteering, please ask us about becoming an ADDitions volunteer!



Fern Creek Elementary

PRINCIPAL DR. PATRICK GALATOWITZCH

Here at Fern Creek, we are so blessed to have a multitude of community partners and volunteers as resources to our school, staff, and students. Having these invaluable assets at hand allow us to run successful programs like mentoring, snack packs, and clothing closet. These three programs work hand in hand to combat the social plights that force our children to struggle in both the classroom and at home.

This support system includes many partners, like Rollins College, Outreach Love, and Olympia High School, who are able to contribute their resources to do great things. Rollins College provides the weekly 50+ volunteer mentors helping our students to excel in all aspects - academically, socially, and emotionally. The effects of positive mentor/mentee relationships ripple throughout the community. For the last 16 years, Outreach Love has been working with Fern Creek students every Saturday during the school year. These volunteers tutor students in reading, writing, and math. Olympia High School's Key Club recently served nearly 75 cumulative hours organizing food, making snack packs for our students, prepping the clothing closet for clothing dispersal, light beautification projects around the school, and so much more.

We simply cannot do it alone, and I want to acknowledge their hard work and dedication - It hasn't gone unnoticed! There are so many different ways to help at Fern Creek;

we are able to utilize any talent to help benefit our students! To inquire about volunteer opportunities at Fern Creek Elementary, including holding your own food and/or winter clothing drives, please contact Dr. Patrick Galatowitsch, school principal, at galatop@ocps.net.



Glenridge Middle School

PRINCIPAL TREVOR HONOHAN

Terrific things are happening every day at Glenridge Middle School. This year we are focusing on building our sense of community. It is very important that ALL school stakeholders feel connected to Glenridge. Each and every one of our 1,379 students needs to know that there is a community surrounding them that cares about their well-being, cares about their education, and is invested in supporting them as they prepare for college and careers. I am very proud of what is happening in our classrooms every day. I encourage you to become part of the plan for our GMS students. We need your time and your talents. Please feel free to join one of our many organizations that support school-wide success, and please consider volunteering on campus when you can. If you are interested in getting involved please email me at trevor.honohan@ocps.net

Thank you for your continued support!



Lakemont Elementary

PRINCIPAL DR. BRENDA CUNNINGHAM

We would like to highlight two of our wonderful staff members who help make Lakemont Elementary a great school! Our Teacher of the Year is Mrs. Evangeline Scivally. Mrs. Scivally has been a media specialist for thirty years, twenty-three of those here at Lakemont Elementary! She has a love for children, a love for books, and has a strong commitment to education and to our school.

Mrs. Scivally serves on several committees, school-based and district-based. She has always had a love of reading and knew she wanted to be a media specialist (it was called librarian back in those days) when she was seven years old. She has been a law librarian and a medical librarian, but loves her title as school librarian the best!



Mrs. Scivally is from Shreveport, Louisiana and is 100% Greek. All of her grandparents are from Greece. She and her husband of forty-two years have three children, two sons and one daughter. She also loves spoiling her three grandchildren. We love and appreciate Vange Scivally, and are so proud to call her our Teacher of the Year!

Our Support Person of the year is Mrs. Wanda Cocco. Mrs. Cocco is an invaluable asset to our Lakemont Team, serving as our secretary/bookkeeper for the past two years. She demonstrates true dedication and selfless service to our students and staff. She always has a kind word to offer and routinely goes out of her way to uplift and encourage those around her. Her infectious laughter is heard often around the front office and her "mom's words of wisdom" are well received!

Mrs. Cocco is from Miami, Florida and she and her husband have two handsome sons. She is very involved with her church, especially the youth, and enjoys spending time with her family and friends.

We are very proud of our dependable, kind, and bubbly Mrs. Cocco. We feel she is well-deserving of the honor of Support Person of the Year.



Maitland Middle School

PRINCIPAL DR. STEFANIE C. SHAMES

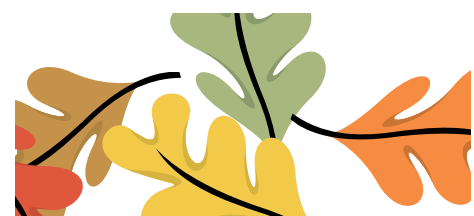
Hello to our Golden Hawks Family. It has already been a busy first few weeks of school. We are off to a great start and I appreciate everyone's support so far this year. It is hard to believe that we have reached the end of the first nine weeks of the school year. As of this writing report cards go home on Friday, November 1.

We want to thank everyone for a wonderful open house. Despite some thunderstorms in the area the participation was outstanding. The teachers and staff appreciated your interest and support.

Soccer season ended in early October and both the boys' and the girls' teams made the playoffs but unfortunately lost in the first round. Volleyball tryouts were in early October and games began at the end of October. Our performing arts programs are already working hard and had fall performances in October which were outstanding. They still are planning for an exciting trip to New York next spring. Our news crew team and their videos have been recognized for their outstanding work. There was a Halloween dance on Wednesday, October 23 in our cafeteria and it was very successful.

Just a reminder that our school hours are 9:30 a.m. to 3:50 p.m. Monday, Tuesday, Thursday and Friday. On Wednesday dismissal is 2:50 p.m. Please make sure, if you pick up your student by car, that you pick them up near the cafeteria, not in the front of the school itself.

Thank you again for all that you do and if you have any questions regarding your child or any events taking place at the school do not hesitate to contact us.



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The School Advisory Council will meet on November 5 at 8:00 a.m. in the principal's conference room. Teach-In will be on Wednesday, November 20. This is a day set aside for parents and guests to come teach something they are interested in to our students. If you are interested in coming in that day, please contact your child's teacher to schedule.

As we prepare for the Thanksgiving holidays, Aloma will have a food drive from November 18 - November 22. There will be no school for students from Monday, November 25 through Friday, November 29. Our school will be closed that week for the November break. Thank you again for your help and your support! It is through your help and cooperative efforts that our students are successful. We are "Team Eagle: Every Student! Every Day!"

Open House Sunday, November 10th

Join Us Between 2:00 pm and 4:00 pm

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Park Maitland School

PRINCIPAL CINDY MOON

George Washington Carver once said, "How far you go in life depends on you being tender with the young, compassionate with the aged, sympathetic with the striving, and tolerant of the weak and strong. Because someday in your life you will have been all of these."

If this is true, then I can say with great certainty that Park Maitland students will go very far in life; they will move mountains! I have been touched at the maturity, compassion, and true synergy that a group of fifth-grade students has recently shown.

Dr. Alan Saffran, a pediatric ENT and father of current and former students at Park Maitland School, recently lost his life after a valiant fight with stage 4 pancreatic cancer. Alan Saffran was a local icon to many. Despite his ritual of juggling hundreds of patients at his office and as chief ENT at two hospitals, he found time to volunteer at the school for almost 20 years as a Science Fair judge, speaker, and mentor for parents and students. He was well known and respected throughout Central Florida for his outpouring of compassion and expert care shown to his patients locally and across the globe, selflessly giving up vacation time for many years to perform cleft palate operations on children in Mexico. Alan Saffran was a shining example of integrity and character.

"It is often in the darkest skies that we see the brightest stars." – Richard Evans

Even in the darkest of times, there can be moments of joy, comfort, and peace. Just weeks before his death, Saffran's daughter and classmates presented their plan of creating a "Cross out Cancer" charity! They created a website and posters, and they planned a "benefit" event! Saffran's daughter designed a "Cross Out Cancer" t-shirt to sell to the Park Maitland students, families, and beyond with profits going toward research for a cure. News of this new charity spread, and within days over 800 "Team Saffran" t-shirts were sold to people locally and across the U.S.! The students were able to raise close to \$12,000.00! October 17 was "Cross Out Cancer" day at Park

Maitland School where students and staff wore their purple t-shirts and were part of a benefit assembly to support cancer research.

The little stars of Park Maitland School shine brightly!



St. James Cathedral School

PRINCIPAL MRS. GERRI GENDALL

The idea of a LEGO Club was merely a dream until our director afterschool, Linda Puntel, suggested LEGO Camp be included in the Summer Enrichment Program. The students were hooked and wanted more. A vision became reality and the St. James LEGO Club was launched in September 2013 with 10 volunteers and 32 students ranging from Pre-K3 to sixth grade.



The St. James LEGO Club is a parent and student-driven club built on the idea of blending fun and learning. In addition, the club creates interest with the added benefit of learning spatial reasoning, proportions, patterns, and engineering. The students use their hands and minds to make beautiful creations.

Increased fine motor skills and expansion of creativity are added benefits of building with LEGOS. There are multiple LEGO sets at SJCS to keep the entire club members thoroughly engaged. Whether working alone to build a defined set, working in groups, or free building a personalized design, the students are able to build whatever inspires them. The St. James LEGO Club members have the freedom to create while learning valuable life skills and spending time with their friends.

Constructing with LEGOS is fun for boys and girls of all ages and encourages communication through team building and interpersonal relation-

ships. The St. James Cathedral School community is a tightly-meshed group of parents and students who work together to form long term relationships and foster learning in a faith-based community which encourages moral values, stability, and guidance in faith.



Trinity Lutheran School

PRINCIPAL MELISSA BERGHOLT

Fall has finally started to arrive in Florida! The weather has been beautiful and our children have loved being outside to enjoy the cooler weather and we can already feel the excitement of the upcoming holidays! During the month of October, our students walked to the Bob Carr Performing Arts Center and listened to the Orlando Philharmonic Orchestra and families joined in fellowship, food, and activities at our annual Oktoberfest celebration on campus. For one of our largest fundraisers of the year, our students (infants through eighth grade) participated in the Race for Education. While our older students were running around campus on a designated track, even our youngest toddlers were running in the full-size gym we have on our campus located in Downtown Orlando. The month ended with a Halloween parade for our infants – kindergarten students.

November brings student-led conferences at the end of the first nine weeks, our annual Veteran's Day Program, class pictures and our VPK students participated in our Step Up to Kindergarten day! On Saturday, November 23, families are invited to the 2013 Downtown Orlando Touch-A-Truck community event that will provide families the opportunity to learn about and explore trucks, construction vehicles and public safety equipment. Each truck will have a driver present to answer questions, help kids sit in the truck, and let kids honk the horn. You can check out the website at www.orlandotouchatruck.com. All proceeds visit Trinity Lutheran School.



Trinity Preparatory School

PRINCIPAL CRAIG MAUGHAN

Trinity Prep is proud to have been named the 2014 Spotlight School by the Lausanne Learning Institute, an international conference and think tank for schools utilizing laptop or tablet computers as tools for learning. Trinity Prep is being recognized as a leader with in-



novation and expertise in its second year as a laptop school.

As a spotlight school Trinity Prep will bring teachers, administrators, and staff to the next Lausanne Learning Institute in July 2014 to offer sessions each day that provide an in-depth look at an exceptional college preparatory program that capitalizes on the benefits of emerging technologies and effective pedagogy.

Trinity Prep's technology-rich learning community is committed to offering its students, faculty and staff a robust environment to support the most innovative uses of the educational technologies available today. Students in all grade levels utilize technology integrated thoughtfully throughout the curriculum. Every classroom is equipped with the latest wireless and digital projection technology for the seamless projection of images, programs and multimedia from a variety of student and faculty devices. All students in grades eight through twelve are required to have a laptop for use at school every day.

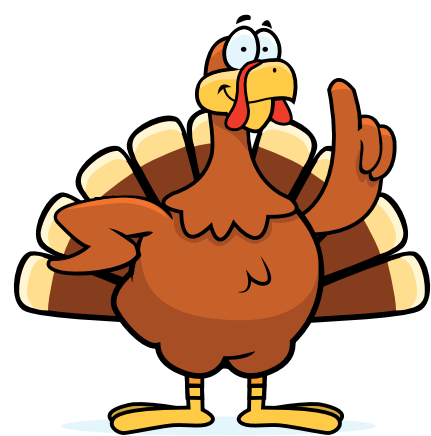
Technology programs in spotlight schools have affected change across the school with administrators and faculty committed to teaching effectively with innovative tools and applications. Their classrooms demonstrate best practices in information literacy among emerging technologies, and proven pedagogy, serving as models and mentors for fellow schools locally, nationally, and internationally.



Winter Park High School

PRINCIPAL TIM SMITH

It's that time of year again when we name our very best, out of a stellar group of teachers at Winter Park High School. Since Winter Park High School has two campuses we have one for each campus. On the Main Campus this year we are honoring Ms. Caldwell as our Teacher of the Year and Mr. Thompson as our Support Person of the Year. At the Ninth Grade Center we are honoring Ms. Ivey as our Teacher of the Year and Ms. Smith as our Support Person of the Year. As a school and community we are very proud of their dedication and devotion to their work. All come to work with the OCPS vision in mind, "to become the top producers of successful students in the nation." Whether that means maintaining a beautiful school or providing a welcoming smile and top notch customer service, in the end it takes that type of commitment to bring OCPS's vision to reality.



COMMUNITY CALENDAR

Audubon Park Garden District Events

Ongoing Events

Every Monday night Community Market – 6:00 to 10:00 p.m. at Stardust Coffee parking lot located at 1842 East Winter Park Rd. For more information please call 407-590-8776.

First Monday of Every Month To celebrate their 50th anniversary, admission to Leu Gardens is free the first Monday of each month during 2013. For more information please call 407-246-2620 or visit www.leugardens.org.

First Mondays of Every Month Story Time – 10:00 to 10:15 a.m. infants to 18 months, 10:20 to 10:35 a.m. toddlers, and 10:40 to 11:00 a.m. preschoolers at Leu Gardens located at 1920 N. Forest Avenue. For more information please call 407-246-2620 or visit www.leugardens.org.

November 24 - January 5 Lee's Holiday House – Thirty-minute tours of the Harry P. Leu Gardens museum that was built in the late 1880s are given on the hour and half-hour starting at 10:00 a.m. with the last four of each day at 3:30 p.m. every day, closed Dec. 25. Leu Gardens is located at 1920 N. Forest Ave. For more information please visit www.leugardens.org or call 407-246-2620.

November 5 The Tarflower Chapter of the Florida Native Plant Society Meeting – 7:00 p.m. at Harry P. Leu Gardens. This meeting is free and open to the public. For more information please call 407-647-5233.

December 6 Date Night – 7:30 p.m. at Harry P. Leu Gardens - Pack a dinner picnic basket and a blanket or chairs, alcohol is permitted. For more information and movie selections please call 407-246-2620 or visit www.leugardens.org.

College Park and Orlando Area Events

Ongoing Events

Every Wednesday Belles and Beaus Dance Club has dances every Wednesday from 7:00 to 9:30 p.m. at the Marks Street Recreation Complex located at 99 E. Marks Street. Join in for an evening of fun and dancing to music by the Soft Touch band. Refreshments are available. Singles and couples are welcome. Cost: \$5.00 per person. For more information please call 407-277-7008.

Every Thursday College Park Farmers' Market – 5:00 to 9:00 p.m. located at 1600 Edgewater Drive. For information call 407-999-5251.

Every Sunday Downtown Orlando Farmers' Market – 10:00 a.m. to 4:00 p.m. at Lake Eola. For more information call 407-246-3625.

Monday – Friday Each Week Seniors' Program in College Park – 9:00 a.m. to 1:00 p.m. at the College Park Community Center located at 2393 Elizabeth Street. For information call 407-246-4361.

First Friday of Each Month The Art Stroll of Ivanhoe Village – 6:00 to 9:00 p.m. on Orange Avenue between Princeton and New Hampshire.

Now - December 11 HFUW Baby Supplies Collection – The Heart of Florida United Way (HFUW) is focused on Collecting various baby supplies to benefit at-risk mothers and infants in Orange, Seminole and Osceola Counties. For more information please call 407-429-2136 or visit www.hfuw.org

November 7 The Orange County Retired Educators Meeting – 10:00 a.m. at College Park United Methodist Church located at 644 W. Princeton Street. Anyone who has worked in education is invited to attend. For more information please visit www.ocrea-fl.org, or call 407-677-0446.

November 9 Plant & Craft Sale – 9:00 a.m. – 3:00 p.m. in Loch Haven Park behind the Orlando Science Center. For more information please call 407-671-9599.

November 10 J Fit: Health Fair & Green Market – 10:00 a.m. – 2:00 p.m. at the JCC's Jack & Lee Rosen Southwest Orlando Campus located at 11184 S. Apopka-Vine-land Road. For more information please visit www.orlandojcc.org

November 28 24th Annual Turkey Trot 5K – 7:00 a.m. – 10:00 a.m. at College Park United Methodist Church located at 644 W. Princeton Street. Anyone who has worked in education is invited to attend. For more information please visit www.ocrea-fl.org, or call 407-677-0446.

December 5 The Orange County Retired Educators Meeting – 10:00 a.m. at College Park United Methodist Church located at 644 W. Princeton Street. Anyone who has worked in education is invited to attend. For more information please visit www.ocrea-fl.org, or call 407-677-0446.

December 7 OUC Orlando Half Marathon & Track Shack Lake Eola 5K – 7:00 a.m. at Lake Eola. This race is limited to 4,500 participants. For more information or to register please visit www.trackshack.com

December 7 Orlando Pottery Festival – 9:00 a.m. – 5:00 p.m. at the Loch Haven Neighborhood Center located at 610 N. Lake Formosa. For more information please visit www.orlandopotteryfestival.org.

December 8 Downtown South Holiday Tree Lighting Ceremony – 6:00 p.m. at Lake Beauty Park. This event is free and open to the public and features the Orlando Philharmonic Ensemble, carolers, free refreshments and more. For more information please visit www.downtownsouthorlando.org.

Maitland Events

Ongoing Events

Every Sunday Maitland Farmers' Market at Lake Lily

Every Tuesday Preschool Stories 10:30 - 11:30 a.m. at the Maitland Public Library located at 501 S. Maitland Avenue.

Every Thursday Healthy Maitland Walk 6:30 a.m.; **babytime** 10:30 to 11:30 a.m. and **Adventures w/Books Club** 2:30 to 4:30 p.m. at the Maitland Public Library.

Second Friday each month (November 2013 through April 2014) Culture Pop! – 7:00 - 11:00 p.m. at the Art & History Museums - Maitland. This event features a Clothesline Show of artworks highlighting Central Florida artists. Cost is \$5 per person, and free to current members. For more information please visit www.artandhistory.org.

Winter Park Events

Ongoing Events

Every Saturday Winter Park Farmers' Market – 7:00 a.m. to 1:00 p.m.

Every Saturday Line dance class – 10:00 a.m. at the Winter Park Community Center. Beginners are asked to come at 9:30 a.m. to learn the basic steps. For more information please call 407-592-7835.

Every Tuesday and Thursday "Hands-on Gardening" – 9:30 a.m. – noon at the Albin Polasek Museum & Sculpture Gardens. For more information regarding this free year-round event please call 407-647-6294.

Every Tuesday and Thursday Beginning Pilates class – 5:15 p.m. at the Winter Park Community Center. For more information please call 407-671-9599.

Monday - Friday "Art in Chambers" exhibit - Monday through Friday from 8:00 a.m. to 5:00 p.m. This free exhibit is on display at the City Hall Commission Chambers located at 401 Park Avenue South.

Every Tuesday, Friday and Saturday Winter Park Benefit Shop – the shop is located at 140 West Lyman Avenue and is open from 9:30 a.m. - 1:00 p.m. on Tuesdays and Fridays, and from 10:00 a.m. - 1:00 p.m. on Saturdays. Donate or purchase clothing, bedding, jewelry, kitchenware and more. Proceeds benefit various children's programs and the local branch of Orlando Blind. For more information please call 407-647-8276.

Every Tuesday Beginning Pilates class – 5:15 p.m. at the Winter Park Community Center. For more information please call 407-671-9599.

Every Sunday "Music at the Casa" – this free event featuring professional musicians and performers is hosted at Casa Feliz every Sunday from noon – 3:00 p.m. For more information call 407-628-8200 ext. 3 or visit www.casafeliz.us.

November 4 Fall Clean Up – Residents north of Fairbanks and Aloma Avenues. For more information please visit www.cityofwinterpark.org.

November 5 Russian icons from the Romanov Era Exhibit at the Polasek - This exhibit is of works from the 17th to early

NOVEMBER HIGHLIGHT



November 16 Second Annual Mayor's Sole Challenge – 7:00 a.m. at Central Park. For more information regarding this 30-minute fun walk please call 407-644-2300, ext. 241. Photo courtesy of City of Winter Park.

20th centuries and reflects the opening up of Russia to Westernizing influences during the Romanov era. The Albin Polasek Museum and Sculpture Gardens is located at 633 Osceola Avenue. For times and more information please visit www.polasek.org.

November 15 - January 5, 2014 Winter in The Park Ice Skating Rink – various times in Central Park West Meadow. For more information please visit www.cityofwinterpark.org.

November 7 Popcorn Flicks – 7:00 p.m. - 9:00 p.m. featuring "Mighty Joe Young" in Central Park. For more information please visit www.cityofwinterpark.org.

November 8 Third Annual Veterans Day Celebration - 10:00 a.m. at the Winter Park Community Center to honor Winter Park Heroes. For more information please visit www.cityofwinterpark.org.

November 8 - 10 12th Annual Concours D'Elegance – For information on the ticketed Aeroport Reception, or the free car show on Sunday, November 10 along Park Avenue, please visit www.winterparkconcours.com

November 9 - 10 Global Market – 9:00 a.m. - 1:30 p.m. on Saturday, and 11:30 a.m. - 12:30 p.m. on Sunday at the Winter Park Presbyterian Church located at 400 S. Lakemont. Proceeds support various global organizations.

November 15 Fall Clean Up – residents north of Fairbanks and Aloma Avenues. For more information please visit www.cityofwinterpark.org.

November 15 Friday Night Fish Fry / Florida Death Penalty Abolition Campaign – 6:00 - 9:00 p.m. at the University Club of Winter Park. The event is hosted by Amnesty International with food catered by John Michael Weddings and Special Events. This event is open to the public with a cost of \$15 per person, and \$10 for students. Please RSVP by Nov. 11 to akoutsouliens@aiausa.org or call 407-719-7285. For more information please visit www.amnestyforlando.org.

November 16 Second Annual Mayor's Sole Challenge – 7:00 a.m. at Central Park. For more information regarding this 30-minute fun walk please call 407-644-2300, ext. 241.

November 21 Coffee Talk – 8:00 - 9:00 a.m. featuring Commissioner Tom McMacken at the Winter Park Welcome Center. For more information please call 407-599-3428.

November 23 Fourth Annual Winter Park Harvest Festival - 10 a.m. - 4:00 p.m. at the Central Park West Meadow. For more information please call 321-236-3316.

December 5 Annual Holiday Arts Bazaar – 8:00 a.m. - 4:00 p.m. at Trinity Preparatory School. This event is open to the public and for more information please visit www.trinityprep.org.

December 5 Garden Talks – presented by Stephen and Kristin Pategas of Hortus Oasis, featuring "Contain It!" - All about Container Gardening" - noon - 1:00 p.m. (bring lunch) at the Winter Park Public Library. Cost is \$5 per session. For more information and to register please call 407-623-3279, or visit www.wppil.org.

December 6 Holiday Tree Lighting Ceremony – 5:00 p.m. in Central Park.

December 7 15th Annual Leadership Winter Park Pancake Breakfast – 7:00 a.m. - 10:30 a.m. in Central Park. Cost is \$6 for adults and \$4 for children. This event is presented by Fannie Hillman and Vason Construction. For tickets and more information please visit www.winterpark.org, or call 407-644-8281.

December 7 "Ye Olde Hometown" Christmas Parade – 9:00 a.m. along Park Avenue.

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