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# Steps To Prepare For Hurricane Season

The American Red Cross has steps people should take now to get ready for hurricane season which runs from June 1 to November 30.

Hurricanes cause problems for people in coastal areas. But these storms can also cause damage hundreds of miles inland. "These are dangerous storms that can affect people living here in Central Florida," said Linda Jorge Carbone, CEO for the Central Florida Region and executive director for the Greater Orlando chapter. "It's time to get ready now, before a storm threatens."

### **GET READY NOW**

It's the best way to be prepared for these dangerous storms. People should:

- Build an emergency kit with a gallon of water per person, per day, non-perishable food, a flashlight, battery-powered radio, first aid kit, medications, supplies for an infant if applicable, a multipurpose tool, personal hygiene items, copies of important papers, cell phone chargers, extra cash, blankets, maps of the area and emergency contact information. Many of these items are available through the Red Cross Store at redcrossstore.org.
  - Talk with household members and create an evacuation plan. Practicing the plan minimizes confusion and fear during the event.



Photo by: NASA

- Be informed. Learn about the community's hurricane response plan. Plan routes to local shelters, register family members with special medical needs as required and make plans for pets.
- People should also download the free Red Cross Emergency App to select up to 35 different severe weather and emergency alerts on their mobile device. The content includes expert guidance on what to do before, during and after different emergencies or disasters from home fires to hurricanes. All Red Cross apps

can be found in smartphone app stores by searching for American Red Cross or by going to redcross.org/apps.

If someone already has a disaster kit, now is the time make sure the food and water is still okay to consume and that copies of important documents are up to date. If they already have an emergency plan for their household, they should talk about it again with family members so everyone knows what to do if an emergency occurs.

Continued on Page 7.



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# Publisher's Message



As I write this I have high school graduation on my mind. I reflect back on my high school graduation with fond memories, and actually thought the next graduation that would really connect with me would be that of my own children in 2018 and

2020. But I find out now that I was wrong. The graduating class of 2016 holds special significance to me. Members of this class include kids I've known since the day they were born, and many I've known since they were mastering their first steps. I've tossed my hand on a sharp corner to protect them, and caught a few from rolling off a couch or a chair. I've shared time reading their favorite book, and drawing for them so they could color, and then later having them read and draw for me. I've been on lifeguard duty for several them when they were just learning to swim; I have always greeted each of them with a high five and a smile. They all return the high five and a smile and say, "Hi Mr. Rick!"

I've cheered them on at their various sporting events, been known to slide a few extra bucks in their hands so they could try the claw JUST ONE MORE TIME, when their parents said, "That's it." A few have had to listen to my "You're better than that" discussion, and I've placed a few in

'time out.' They're each very important to me, for their parents have been some of my best friends in life prior to the thought that any of us were qualified to be parents.

However, the reason this senior class is so special to me, is not due to what I think I've done for them. For it's what they've done for me. They taught me that I had protective instincts that would rival Michael Oher, and an opportunity to realize I could connect to a younger generation. Most importantly, they gave me the confidence that I could be a parent.

Each has been a positive influence on our community, as well as for my own children. They've worked hard and are well prepared for their next chapter in life that involves acceptances to some of the best schools in the country. The list includes, but is not limited to: UCF, Rollins, Florida, Florida State, North Carolina and Wake Forest. I'm so impressed by each as they've grown into very capable young adults, and I'll always be one of their biggest fans.

Congrats to the families and graduates of the class of 2016!

As always, thank you for reading *The Park Press* and I look forward to the great things to come.

Rick Rick Cable Founder/Owner



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# Planes, Trains, And Automobiles By Tricia Cable

I love to travel. Catching a flight, boarding a train, fueling up for a road trip; it doesn't matter the mode of transportation, I simply love exploring new places and connecting with people from all walks of life. Whether my schedule takes me to places that I have never been or ones that I seldom visit, traveling is by far, one of my favorite pastimes.

Flying into Cincinnati, on a crowded Airbus

320, with families who have spent the previous week in Orlando; parents exhausted and feeling the financial burn of vacation and kids who are so hopped up on fairy tales and super heroes that they have yet to figure out they will be required to return to school in the morning. The view of the city from 30,000 feet, crossing over the Ohio River and seeing the Bengals and Reds stadiums as the sun sets, is truly an occupational perk.

Venturing across the southern half of the east coast on a train, with students heading home from college for the summer or families taking a cross country ride to visit cousins, aunts, and grandparents; the atmosphere is

relaxed and casual. Whether enjoying the sunrise from inside the coach car as you speed from one quaint train station to the next or spending time chatting with the gentleman who is working the counter in the dining car (he could have easily been a standup comic in a comedy club), either way, it is time well spent.

Some of these towns seem relatively untouched by the passage of time and appear to have been plucked directly out of scenes from an altogether different century. I have only had the benefit of train travel twice, but it may just be my new personal favorite. Maybe it's the rumbling of the tracks underneath your feet or the faint sounding



Photo by Steve Graffham.

of the train's horn that can be heard in the distance throughout the entire trip, there is something very calm and soothing for me; no hurry to arrive two hours prior to departure, no cramming everything you own into a back pack, no bare feet or pat down

through security...just "All aboard" and you are on your way.

As we head full steam toward summer, I see that our family has a few road trips on the calendar over the next three months. At least some of us will visit "Are we there yet" Indiana (crossroads of America), Maryland (aka D.C. adjacent, which may require a Washington Monument drive-by), and Georgia (hand fan and bug spray, don't leave

home without it!). The road trip lacks romance if you ask me, someone is tasked with navigation and by the fifth rest stop, I am ready for a bottle of Dawn and a fire hose. Although truth be told, I do enjoy the browse through Cracker Barrel, the Dairy Queen next exit sign, and the "punch buggy" challenge.

No matter where you venture this summer and what mode of transportation you decide best suits you, take it all in. There is no better education, in my opinion, than to travel; getting to experience other places, different cultures, learning about interesting traditions, simply enjoying the company of people whose paths differ from your own, gaining a better understanding of

the world outside your back yard. Life really isn't black or white, good or bad, high or low...it is about 100 different shades of gray all meant for us to learn and grow...stay hungry my friends, never underestimate the power of knowledge!



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# City Commissioner's Message

Commissioner Robert F. Stuart, City of Orlando District 3



Pohort E Studi

It's officially hot! With another school year coming to a close, there are many opportunities around the City to have fun with friends and family. But along with time for fun, summer is also a time for us to be aware and prepared.

Whenever our school system closes, our entire country sees

an uptick in criminal activity in our neighborhoods. From studying the trends, it seems that neighborhood "crimes of opportunity" occur more when our students are out on break. Here are a few tips from our Orlando Police Department that will help make summer a time to relax and enjoy more free time.

First, lock and secure your vehicles. It is certainly still a crime to go into an open vehicle and steal someone's personal belongings, but if we all just simply double-check our vehicles to make sure they are locked, it will cut down greatly on crime. While we're at it, we should try to always take our valuables from our cars into our homes. If that can't happen, remove them from plain sight by putting things like garage door openers, iPods, cell phones, and computers in the glove box or trunk; covering them on the floor boards only makes criminals think you are hiding something. Also, a couple of other good tips to remember: black out your address on your car registration and then make a copy so if a criminal does get into your car, they won't know where you live; for the same reason, don't leave personal mail strewn about your car either.

Second, keep your eyes open. During this time of year, we see an increase in suspicious activity. Don't be embarrassed to call your Orlando Police Department and let them know that something is unusual. You can call OPD's Non-Emergency line at 321-235-5300.

Third, let your neighbors know if you're leaving home, even for a short vacation. This is the core of our Neighborhood Watch Program...looking out for each other is the first line of defense in crime prevention. And while you should let your neighbors know, don't let everyone on social media know your travel plans. If you don't use really tight privacy settings, maybe because you utilize social media as a platform for business, don't post photos from your vacation until you are back home safely. For more tips, check out Orlando Police Department's website at http://www.cityoforlando.net/police.

By now, we all know that June 1st is the first day of Hurricane Season. And while our last few seasons have been quiet in Florida, this shouldn't

stop all of us for being prepared as many forecasters are predicting 14 named storms this season.

Here are just a few other tips to remember if a storm does affect our area...secure items outside your home so that they won't become unwanted missiles during high winds. Turn down the thermostats on your refrigerator/freezer and check your pantry for an ample supply of nonperishable, easy-

to-prepare food. Make sure you have an adequate supply of ice, flashlights, candles, batteries, and that you have a working weather radio (battery operated). The general rule of thumb--plan to be self-sufficient for 72 hours. Also please take a moment to visit your neighbors as part of your preparation. Find out if they need any special assistance and get

their contact information. It may be the first time you have had a chance to meet and talk with them, but it could be very important if you need to call on each other for help!

Also take time to review your homeowners' insurance policy. Carefully check the portion relating to wind and flood damage and know your deductible! And if you're like me, call your insurance agent to make sure you're interpreting it properly.

I am excited to share some good news about the community as well if you haven't heard. The National Main Street Center, Inc. announced late last month that Audubon Park in Orlando, Florida has been chosen as a 2016 Great American Main Street Award (GAMSA) winner. Audubon Park Garden District (APGD) received the award at the 2016 Main Street Now Conference held in Milwaukee, Wisconsin. APGD, along with two other winners, one

in Washington D.C. and one in Georgia, were chosen for this prestigious honor from more than 2,000 Main Street organizations from across the country.

APGD isn't just one of our favorite places to shop, dine and be entertained. APGD is also an economic engine, creating 521 new jobs since 2009, bringing \$3.5 million in invest-

ment to the district and filling empty storefronts, driving retail vacancy in the

area down to just 2 percent.

Hope to see you and your fai

Hope to see you and your family enjoying all our City has to offer this month, maybe celebrating some quality time with your father or father-figure at one of our wonderful amenities. As always, thanks for your continued support of our community and be smart and safe this summer!

Robert F. Stuart, Commissioner, District 3, City of Orlando • 400 S. Orange Avenue, Orlando, Florida, 32801 • 407-246-1003 • Robert.Stuart@CityOfOrlando.net



# Winter Park Mayor's Message

🎍 Mayor Steve Leary



Steve Lea

Coffee & Conversation Continues

On Friday, June 10, the city is partnering with the Winter Park Chamber of Commerce's, "Good Morning Winter Park" where I will kick off the 2016 CoffeeTalk season. CoffeeTalk has been offered since 2005, as

a place for citizens that have "a latte beans to grind" or simply want to "espresso their thoughts."

CoffeeTalk gives the community an opportunity to share their thoughts in a more casual, informal

environment. They can learn about our leaders, and avoid the "stage fright" that is often experienced at large meetings. Please make plans to join me on Friday, June 10, and my fellow city commissioners and the city manager on the dates below:

- July 14 Commissioner Greg Seidel
- August 11 Vice Mayor Sarah Sprinkel
- September 15 Commissioner Carolyn Cooper
- October 20 Commissioner Pete Weldon
- November 3 City Manager Randy Knight All CoffeeTalks are held from 8 to 9 a.m. at the Winter Park Welcome Center located at 151 W. Lyman Ave. Special thanks to our coffee provider Barnie's

Coffee Kitchen. Please save the dates and join us for a cup of great conversation and warm coffee.

## **Hurricane Preparedness**

June 1 marks the start of hurricane season and city staff continually ensures the city is prepared if an emergency arises. Below are a few important ways you can stay informed in the event of a hurricane or other natural disaster.

# Official city online resources

- Cityofwinterpark.org > Quick Info > Hurricane Preparedness
- wpfd.org > Emergency Management

Continued Page 7.







# Maitland Mayor's Message

Mayor Dale McDonald

The City Council meets on the second and fourth Mondays of each month. Below is a recap of the April 25, 2016, and May 9, 2016, meetings.

On Monday, April 25, 2016, the council met for a workshop and a meeting.

The agenda item for Monday's workshop, which preceded the council meeting, was NUE Urban Concepts/Mobility Fee Technical Memorandum and Draft Fee Schedule.

### Following the workshop, the council meeting started with five presentations:

- Legislative Update State Representative Bob Cortes
- Proclamation Arbor Day 2016
- Proclamation North American Occupational Safety & Health Week - Chris White
- CAAS Presentation to Council The council recessed and the CRA Board meeting convened.

### The consent agenda was approved as presented:

 Approval of the Community Redevelopment Agency Meeting Minutes of March 14, 2016

### The decision item was:

• 100% Plans and Budget for Independence Lane "Festival Street" Streetscape. The City Council voted to set the budget for the Festival Street and its amenities to \$1.2 million and task another contractor to work on new drawings.

The CRA meeting adjourned and the City Council meeting reconvened.

### Old Business included:

### The consent agenda was approved as presented:

- Approval of the City Council Meeting Minutes of April 11, 2016
- Approval of the City Council Workshop

### Meeting Minutes of March 30, 2016

- Receipt of the Parks & Recreation Advisory Board Meeting Minutes of February 10, & March 9, 2016
- Receipt of the Parks & Recreation Master Plan Draft Review Workshop of March 9, 2016
- Receipt of the Planning & Zoning Commission Meeting Minutes of March 17, 2016
- Receipt of the Fiscal Advisory Board Meeting Minutes of December 8, 2015
- 100% Plans and Budget for Independence Lane "Festival Street" Streetscape
- Acceptance and Implementation of CAD Intermedix Upgrade Grant
- 2nd Quarter Financial Snapshot
- I-4 Ultimate Water Main Relocation Inspection Services
- DHS Assistance to Firefighters Fire Prevention & Safety Grant (FP&S)
- Approval of Agreement for Sale & Purchase -First Presbyterian Church Property

### Decision items included:

- Final Resolution Removing James S. Williams as City Manager. Mr. Williams was removed as City Manager.
- Appointments Fiscal Advisory Board (2)
- Unfreeze Utility Technician I (Wastewater) Position
- Bridge Trestle Sign Design Engineering -Burgess & Niple, Inc.
- Phase II Interchange Evaluation Burgess & Niple, Inc. - Maitland Blvd. / Maitland Ave.

### The discussion item was:

Boat Deck at 1001 E. Horatio Ave. Minnehaha

On Monday, May 9, 2016, the City Council met for a meeting.

### Five presentations were scheduled:

- Legislative Update Senator Geraldine F. Thompson
- Proclamation 2016 Teacher Appreciation
- Proclamation Emergency Medical Services Week
- Proclamation Falun Dafa Day Dr. Van Nguyen
- Current & Future Needs for the Fire Department - TriData, Harold C. Cohen, Ph.D., FACHE, NRP

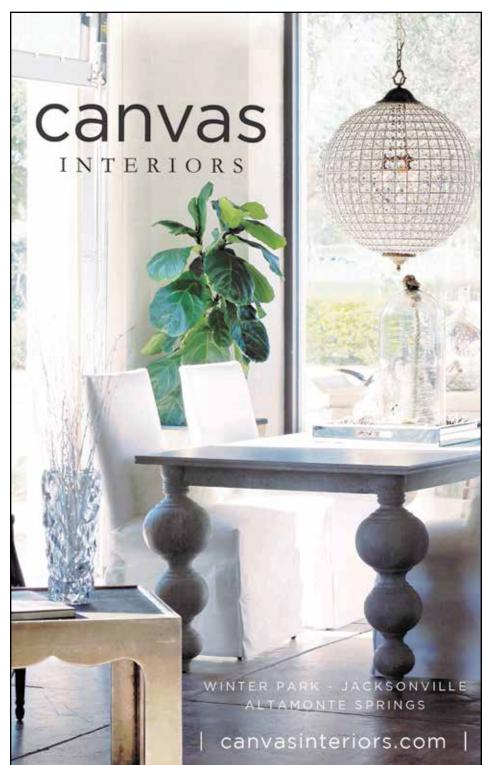
### The consent agenda was approved as presented:

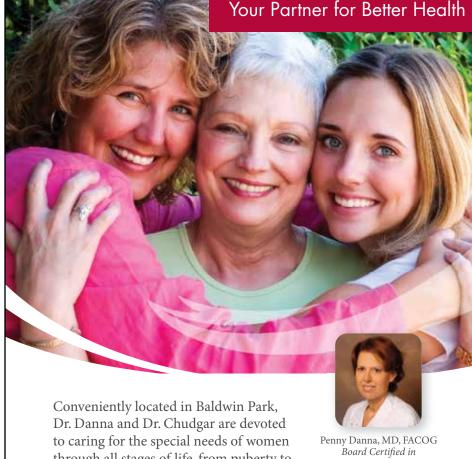
- Approval of the City Council Meeting Minutes of April 25, 2016
- Receipt of the Lakes Advisory Board Meeting Minutes of March 16, 2016
- Receipt of the Transportation Advisory Board Meeting Minutes of March 10, 2016
- Receipt of the Strategic Planning Report FY2017
- E-One/Hallmark, Fire Truck Purchase
- 2016/17 School Board Contract for School Resource Officers

Appointment - Lakes Advisory Board (1) was the one and only decision item.

### **Discussion items included:**

- Chapter 7.5 Process Modification Kathy Hattaway
- Chapter 7.5 Distance Notification Requirements for Notices of Public Hearing
- Monroe Avenue Ditch Agreement
- Maitland Avenue Interlocal Agreement
- City Manager Recruitment





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The Park Press | JUNE 2016 **NEWS** 

# County Commissioner's Message

Commissioner Ted B. Edwards, Orange County, District 5



In April, I wrote about the University of Central Florida's growth to be the nation's second largest university and its maturation into one of Florida's premier

universities. This month, I would like to discuss another important educational institution in our community, Valencia College.

Valencia College has grown rapidly

in both facilities and student body since its humble beginnings nearly a half century ago. In 1967, Valencia Junior College welcomed its first 500 students and 20 faculty members. Students attended class

in portable buildings on a temporary site on West Oak Ridge Road. In 1971, Valencia changed its name to Valencia Community College and moved into what is known today as the West Campus on Kirkman Road. By 1975, Valencia had spread through Central Florida with the Open Campus in Downtown Orlando, the Osceola Center in Downtown Kissimmee, and the East Campus on Econlockhatchee Trail. Over the next 15 years, Valencia opened its North Center on Lee Road in Winter Park, a joint-use facility on Osceola Boulevard, and hosted former President Gerald Ford to celebrate the school's 20th anniversary. The 1990s saw the creation of the Osceola Campus on Denn John Lane in Kissimmee as well as the Winter Park Campus on Morse Boulevard. Valencia has continued to grow in the new millennium. It opened the Walt Disney World Center for Hospitality and Culinary Arts in 2002, its Criminal Justice Institute in 2004, and a Lake Nona Campus in 2012. Over the last 50 years, the charter class of 500 students has grown to a student body of 71,000 students from over 80 countries around the world. The size of the faculty has grown to keep pace with the ever-expanding student population. Valencia employs

mance as well as exceptional student outcomes in four areas: student learning, certificate and degree completion, employment and earnings, and high levels of access and success for minority and low-income students. Valencia works closely with industry partners in the community to create corporate education and training partnerships with Florida Hospital, Lockheed Martin, NationsBank, Sea World, Universal Studios, and others. Valencia provides a pathway for many students to achieve a four-year bachelor's degree at UCF through the DirectConnect

state funding toward this project. This state funding, combined with a \$20 million contribution from UCF and \$20 million from community partners, including \$3 million from Orange County Government, will fund this important project. Most importantly, the City of Orlando approved a \$75 million contribution toward the project, including land and infrastructure improvements. The location of this campus will provide easy access to Downtown-area internship opportunities for students, particularly those living on or near the campus.

> As a County Commissioner, I am proud of the tremendous educational gains our community has made over the past 50 years. Valencia College is a great place to begin your higher education,

and prospective college students in Orange County considering attending Valencia have many options to achieve success in realizing their academic goals. Valencia's partnership with UCF and private industry, as well as the availability of other colleges and universities in our community, makes Orange County an even greater place to live, work, and learn. I am the proud parent of a Valencia College student who plans on attending UCF though the Direct Connect program. As always, if you have any questions about any county issue, please do not hesitate to contact me or my aide, Edgar Robinson. We can be reached at 407-836-7350 or by email at district5@ocfl.net.

1,484 full and part time professors as well as 1,965 other staff.

Valencia's growth as a college has brought with it increased levels of academic achievement. Today's students can pursue an education in any of 25 associate's degree programs, 81 certificate programs, and 3 bachelor's degree programs. Many of these graduates go on to successful careers. Valencia associate's degree graduates had a 93-95% job placement rate in 2015. Valencia has been publicly recognized for its achievements. In 2011, Valencia won the inaugural Aspen Prize for Community College Excellence. The Aspen Prize recognizes community colleges with high achievement and perforprogram which guarantees Valencia graduates admission and a smooth transition to UCF. This program has led to Valencia becoming the primary source of transfer students to UCF, and one in four UCF graduates begins their college education at Valencia.

In an exciting recent development, Valencia College will be an integral part of the planned UCF Downtown campus. Valencia will partner with UCF to share space and teaching staff to keep costs down for both institutions. Approximately 30 percent of the Downtown campus' student body will be made up of Valencia College students. As you may have read, UCF was recently awarded \$20 million in

# **Protection And Service**

The Winter Park Police Department

# Internet Safety

June is National Internet Safety Month. This is a good time to increase your awareness of online safety and learn ways to protect your identity. Internet hazards include but are not limited to cyber stalking, identity theft, and other privacy concerns. The Winter Park Police Department would like you to consider the following Internet safety tips:

- Monitor current available bank and credit card account balances at least once a week
- Get free annual credit reports
- Check a company's privacy policy before making any purchases
- Think twice before sharing photos and personal information
- Watch out for phishing (tactic that thieves use to gain your personal information by sending e-mails or creating sites that appear to be from a legitimate company and asking you to confirm personal information)
- Consider the legitimacy of free programs and offers that seem too good to be true
- Choose a good password and keep it in a safe spot (such as an external flash drive)
- Keep your virus software up to date
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- Never download files sent to you by strangers
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From Page 1.

### HELP FOR BUSINESSES, SCHOOLS, **ORGANIZATIONS**

The Red Cross Ready Rating program helps businesses, schools and other organizations prepare for emergencies that can disrupt daily operations. Ready Rating<sup>TM</sup> offers specific steps that organizations can take to be better prepared. It includes a planning tool to help their employees or members know what their roles are in the early hours of an emergency, what their next steps are, and a resource center with tools that help businesses, employees and students develop and practice preparedness plans. More information about this valuable program can be found at readyrating.org.

### Mayor Leary - from Page 4.

- Facebook cityofwinterpark.org/facebook (#winterparkfla)
- Twitter cityofwinterpark.org/twitter (@ winterparkfla)

### Other Important Resources

- Non-emergency information line [goes live upon Emergency Operations Center activation] 407-599-3494
- Message Center Information email [goes live upon Emergency Operations Center activation]
- MessageCenter@cityofwinterpark.org
- Winter Park Electric Utility power outages 1-877-811-8700
- Winter Park Water & Wastewater Utilities outages 407-599-3219

### Outreach

Sign up for the city's emergency notification system that uses technology to send out notifications such as extreme weather conditions, boil water alerts, power restoration status, and hurricane/tornado warnings. Upon hearing the tornado siren, you should tune to local media for specific weather information. In addition, it will notify you of impending emergencies via home phone, cell phone and/or email. Please visit cityofwinterpark.org on the bottom right & click on the second button from the left.

Stay safe this summer, be diligent in your travels and thank you for your continued support.

# **Add Your Emergency Contact Information** To Your Driver's License

Orange County Tax Collector Scott Randolph wants drivers to add their emergency information to a secure system created for law enforcement officers. The information in the system, known as the Driver and Vehicle Information Database (D.A.V.I.D), is connected to one's Florida Driver License or ID Card and is available to law enforcement agencies across Florida, giving them instant access to a driver's emergency contact should the need to reach that person arise.

Randolph said the program is particularly important for parents with young drivers on the road.

"As a parent, you can't help but worry each and every time your child gets behind the wheel of a car," Randolph said. "By encouraging our loved ones to register their emergency contact information, we can at least have the peace of mind knowing that law enforcement has the ability to easily contact us in case of an emergency."

The emergency contact information system was created after a 2005 motor vehicle fatality on U.S. 19 in Manatee County. The young victim's mother, Christine Olson, was not notified of her daughter's passing for several hours and was sadly unable to say her last goodbyes. After the incident, Ms. Olson worked with the Florida Legislature and Department of Highway Safety and Motor Vehicles (DHSMV) to ensure that Florida drivers are provided with the opportunity to include their emergency contact information in D.A.V.I.D. Today, 10 million of the 16 million Florida drivers have registered.

Orange County drivers can add their emergency contact information online at bit.ly/EmergencyContactInfo or in person at any of the seven Tax Collector offices in Orange County. To add one's emergency contact information, a driver will need their current, valid Florida Driver License or ID Card and their date of birth.

# Local Law Firm Continues To Support Special Olympics

The Special Olympics is not just a sporting event that happens every few years. Many are not aware that this global charity not only organizes monthly events but

also gives free health exams to athletes with intellectual disabilities. In 2013, The Special Olympics held more than 80,000 competitions and provided over a million free examinations.

These events and health initiatives could never take place without the generous spirit of the community at large.

Michael Brady Lynch, Esq. of The Michael Brady Lynch Firm is a yearly sponsor for various Special Olympics of Florida events, and

for the Jack in the Park event. Celebrating its 10th anniversary, Jack in the Park has raised over \$1 million for Special Olympics athletes

this year he has donated \$7,500

consultant, Robyn Lee, presented a \$7,500 check to Rip Rice of Special Olympics of Florida and their Central Florida athletes. The presentation was hosted by another

Jack in the Park sponsor, Marine, owner of Sutherlin Nissan on Colonial Drive in Orlando. Contributions like this strengthen the bond between local businesses and charitable organizations

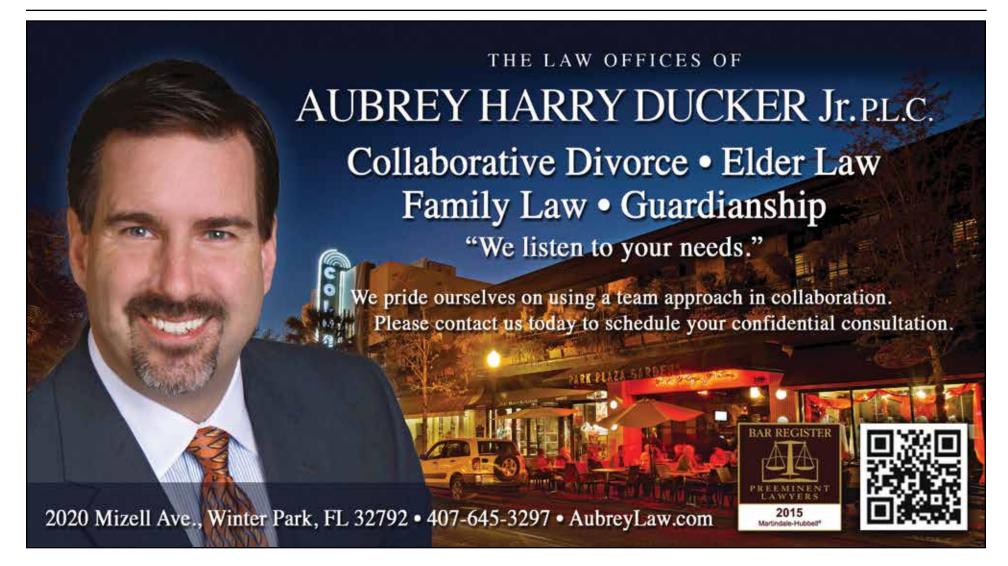
and inspires others to do the same.

Jack in the Park will take place on Saturday, October 15 at Central Park West Meadow at 7 p.m. For more information, please visit https://specialolympicsflorida. org/get-involved/fundraise/jackin-the-park/



in the state of Florida. The event is a unique experience that features the finest Central Florida restaurants, premier entertainment, and a blackjack tournament.

On May 10, Lynch along with his mother, Virginia; managing associate, Amy German; and media



8 HEALTH The Park Press | JUNE 2016

# live meaningfully by Ayesha G. Bullock, M.A.



Avecha G. Bullock

Purple Rain...

The grief-addled outcry upon Prince's passing was enough to stop anyone in her tracks. People from stretches near and far, young and old,

felt as though an icon had been lost and an era now lay in risk of forever being forgotten. From the great crooners of decades past to the up and coming starlets, artists' lives around the globe seemed to be touched by a man known so little by so many.

The artist formerly known as Prince was more than a bit of a mystery. An odd, sometimes eccentric, often parodied caricature of music, celebrity, stardom, provocation and more. Yet, despite all of the years of never quite being placed in an 'appropriate box' he seemed to emerge at the end of his life as one loved by all.

An illustration depicting Prince as Saint Exupery's "Little Prince" was released just moments after his passing was reported and the startling nostalgia of it all appealed to me. (To be fair, the startling nostalgia of anything appeals to me... as does probably anything existential in nature.) However, nonetheless, it occurs to me that perhaps we're all a bit like the Prince (either one). We're searching and questioning and expressing ourselves as best as our limited humanity allows, as we navigate the twists and turns of finding our way.

We're looking to the stars and to our fellow passers-along-the-way for some indication of how to do all of this life. How to be better, how to understand more, how to reach to greater heights and discover further expanses. We're looking to better understand and appreciate what's truly important. We're trying to find our way home, perhaps even, to a home we've never known. We follow clues, we seek connection, we risk it all for some sense of belonging and attunement... and sometimes it works out. And sometimes it doesn't. But the journey is still ours and the outcome is a collection of our own illustrations once we realize it.

No matter whether you felt any connection to Prince or whether you've read "The Little Prince" (I strongly encourage it), regardless of whether you're aware of your search for meaning or you're blithely navigating whatever happens to come your way... No matter what your road, I'd encourage you to stop and take notice of all that seems to be a part of the path and all that it encompasses.

I invite you to work towards an examined life and be more than a character in an already written song or novel. Believe in your own roses, want more from the people in your lives, accept yourself even when it seems those around you couldn't be more different. Find your own way, narrate your own story, delight in the aforementioned twists and turns and color the hell out of the illustrations until they match those in your mind's eye.

Be well; Live Meaningfully. Till the next time, Ayesha



Ayesha G. Bullock, M.A. practices at 2150 Park Avenue North as a Licensed Mental Health Counselor and can be reached at ayesha@livemeaningfully.net or 407-796-2959.

# "Getting Spriggy With It" On Hole #5

Last month, city leaders and volunteers assisted the Parks & Recreation Department staff in "sprigging" Hole #5 of the Winter Park Golf Course, currently undergoing renovation.

# The "Spriggy" Facts:

- Sprigs are hay-like grass roots and stems that are manually spread and tossed over the ground, disc-plowed with machinery, then watered and fertilized aggressively to ensure the lush growth of the tees and fairways of the golf course.
- 800 bushels of Bermuda grass (type 419) sprigs are being used per acre.

- The Winter Park Golf Course is approximately 40 acres.
- This sprigging process began April 28, 2016, and will continued through Saturday, May 28. In early June, the sprigging



City Manager Randy Knight explains the sprigging process to community leaders and volunteers. Photo courtesy of the City of Winter Park Communication Department.

- of the greens will begin and should be completed within a few days.
- After the sprigging process is complete, the growth process will take approximately 10-12 weeks of continual watering and fertilizing. As it starts to grow upward and the shoots begin to develop, the golf course maintenance staff will mow the grass and the sprigs will spread laterally to cover the grounds with lush grass.
- The Winter Park Golf Course Grand Opening is expected to be September 2016.

# A Call For OCPS Hall Of Fame Nominations

Orange County Public Schools is now accepting nominations for the next group of OCPS Hall of Fame inductees.

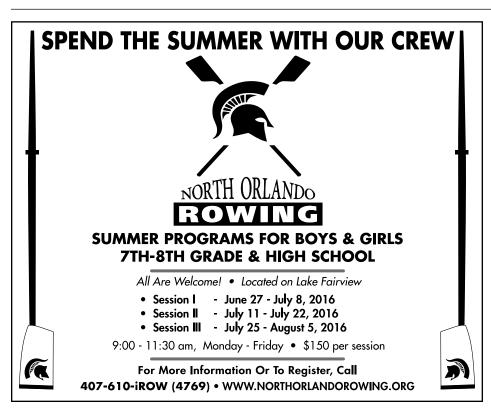
Nominations will be open until June 30, 2016. The Hall of Fame candidates are not only gradu-

ates, they can be in the categories of: (a) Community Champions, (b) Distinguished Alumni, or (c) Distinguished Educators.



Please go to www.ocps.net. and click on the Hall of Fame logo on the front page. All are welcome to contribute to the nominations list. The inaugural class was inducted in May of 2015. You can see the celebratory ceremony here.

The second group of inductees will be formally announced March 4, 2017.





# fiscal fitness by John Gill

# John Gill

# Be Prepared - The Hurricane Is Coming

June marks the beginning of the 2016 hurricane season. Most of us have given hurricanes little thought over the past few years. We have

had several tropic depressions and storms, but generally speaking we have been unaffected. As anyone living in Central Florida for any length of time knows, the tide can turn pretty quickly. Another element to consider is that the weather pattern know El Niño is weakening. El Niño patterns tend to suppress Atlantic hurricanes which may portend a more active hurricane season for the U.S. Atlantic coast.

Living inland does not spare us from the power of a hurricane. Anyone in Winter Park or other areas of Central Florida 12 years ago can attest to the destruction and disruption caused by Hurricane Charley. That storm wreaked havoc upon daily routines and reminded us of how fragile life and our way of living truly are.

Hurricane Charley taught the importance of being ready. The fury and impact of Charley and the other storms from 2004 have slowly seeped from our individual and collective memories. Because of this, it is worth taking a look at the types of financial preparations we should undertake as well the papers and documents that should be ready and available at a moment's notice.

From a financial perspective having cash ready and accessible is a must. If ATMs are unavailable or if merchants are unable to operate credit card machines or verify checks, cash will be king and necessary. I do not know of a suggested standard, but enough to run your life for a minimum of one to two weeks seems reasonable.

Below is a list of other important documents to consider. This list is not exhaustive; some individuals or families may have other items that are important to their situation. This list is a good start and should suffice for most. You should have several sets of these documents on hand, one set in your possession in waterproof bags or a waterproof box, one set with a trusted relative or friend out of the region, and a set in a safe deposit box. Having these documents obtainable after a storm will make the road to recovery a little easier to bear.

**Identification Documents:** driver's licenses, birth certificates, Social Security cards, passports, etc.

Insurance policies: homeowners, renters, flood, auto, life, health, disability, long-term care; have at least the policy number, and insurance company contact

information for each type of coverage

**Medical information:** health insurance ID cards, doctor's names and phone numbers, prescription information (drug name and dosage) immunization and other medical records, powers-of-attorney for health care, and living wills

**Property records:** real estate deeds of trust and mortgage documents (at least the two-page settlement statement provided by the title company showing the actual cost of the

house and purchase expenses); rental agreement or lease; auto/boat/RV registration and titles; video, photo or written household inventory

Financial records: first two pages of your previous year's federal and state tax returns; stock and bond certificates,

investment records, brokerage and retirement account information; credit card, checking and savings account numbers; contact information for credit unions, banks, financial institutions, credit card companies and advisers

Other: a key to your safe deposit box, a thumb drive with backups of important computer files; a list of usernames and passwords for online accounts; account and contact information for utilities and other services (you may have to provide a new billing address or cancel certain services); a list of important documents and where originals and copies are located.

If you have questions, comments, or an area of financial interest you would like to see discussed in The Park Pres .please call John at 407-353-0594 or send email to FiscalFitness@ymail.com. Follow John on Twitter, @john\_gill1



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# real estate in the parks by Scott Hillman

**Exploring Downtown Orlando/Lake Eola** 



Scott Hillman

Over the past few issues, we've rediscovered some of Central Florida's best neigh-

Central Florida's best neighborhoods to live, work and play. This month, we explore Downtown Orlando and its

historic neighborhoods. With tree-lined streets paved with brick cobblestones and the famous fountain at Lake Eola, this area is home to some of the oldest neighborhoods in the city.

The epicenter of Downtown Orlando is a cultural and entertainment destination, with four community venues that showcase live musical concerts, acclaimed performing arts, as well as national and collegiate sporting events, including two Major League Soccer teams – the Orlando City Lions and Orlando Pride. The heart of the city is Lake Eola, a popular park those who frequent the surrounding eateries and the weekly Farmers Market.

From Delaney Park to Thorton Park to Lake Eola Heights, historic homes blend with trendy, modern high-rise condominiums spread across the growing city skyline. Downtown Orlando continues to show healthy growth in real estate sales as well. Looking back at the 2015 Hillman Report, the median sale price in the 32801 and 32806 zip codes for lakefront properties was \$360,000; \$224,000 for non-lakefront properties;

and \$173,250 for condominiums.

With a bevy of new housing options for empty-nesters and Millennials and a thriving entertainment and arts district, the city's urban feel will continue to draw buyers from around the region. If you're considering a new home, take a weekend and rediscover the heart of the City Beautiful.

### Friday Night

Start your weekend with a getaway at the Grand Bohemian Hotel. Inside the artfully adorned hotel is the Bösendorfer Lounge, which features classic cocktails and live jazz performances every Friday and Saturday. At the Boheme Restaurant, the acclaimed menu features dishes perfect for an elegant evening.

### **Saturday Morning**

Get up early to walk or jog around Lake Eola and you're guaranteed to run into someone you know. If you prefer to stroll and smell the roses, the 50-acre Harry P. Leu Botanical Gardens is home to more than 1,000 rose bushes and features the largest collection of camellias in North America. Be sure to visit the citrus grove and butterfly garden.

### Saturday Afternoon

Whether you're a sports fan or an art enthusiast, you're sure to spend the night being en-

tertained. Try cheering on the Orlando Magic at Amway Center, filling the bowl for Orlando City or Orlando Pride at the Camping World Stadium (formerly known as the Citrus Bowl), or taking in the latest Broadway show at the Dr. Phillips Center for the Performing Arts. Downtown proves that entertainment expands far beyond the theme parks.

### Saturday Night

Explore the Thorton Park District, pegged as the "Downtown for Grownups," with its cosmopolitan feel of pricey condominiums, restaurants, and high-end fashion boutiques. The Southern Contemporary menu at Soco and the ever-popular Shari Sushi remain favorite local spots.

### **Sunday Morning**

No visit is complete without a visit to the Orlando Farmers Market. This is not your average marketplace! Find handcrafted jewelry, arts and crafts, fresh produce, baked goods, and a sampling of some of Central Florida's best cuisine. Stroll the vendors and take home a new collectible.

### **Sunday Afternoon**

Downtown's newest eatery still has the town buzzing. Wahlburgers, named after the celebrity brothers, serves up tasty burgers with a side of "Wahl Sauce" and nostalgia that can't be beaten.

Scott Hillman is president of Fannie Hillman + Associates, a 35-year-old Winter Park-based real estate company specializing in residential real estate sales and producer of The Hillman Report, a semiannual look at residential real estate in Orange and Seminole counties that can be viewed on the company's website (fanniehillman.com) or by calling (407) 644-1234 for a copy.

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# in the garden by Stephen and Kristin Pategas

# Stephen & Kristin Pategas

# A Tale Of Poor Habits And Plant Woes

Once upon a time in Orlando, there were three mature, healthy, and full East Palatka holly trees along the

road in front of one of our client's homes. It was the trees' misfortune to be highly susceptible to a fungal disease called witches' broom (aka *Sphaeropsis tumefaciens*) that appeared in Central Florida a few decades ago. While this disease can be transmitted by wind and rain, it is usually passed along on infected pruning tools. Unfortunately, these glorious pyramidal hollies at about a twenty-foot height were also under power lines. The tree trimming crew came through and within a year the hollies were misshapen with gnarled branch tips and stunted foliage. They were also doomed. They were the victim of tools that were either not disinfected or improperly disinfected.

Some other hollies and plants such as oleander, ligustrum and crape myrtles are susceptible to witches' broom and there are a number of other diseases that will transfer on pruning tools used between parts of the same plant or onto different plants. Maintain clean pruning tools and sanitize them to deter the spread of disease.

Remove debris and make sure blade surfaces are smooth and without pits that can harbor microbes. Place the cutting surfaces in a disinfectant solution. Soak tools for at least five minutes (or as directed on the product label) and rinse with clean water or allow to air dry before use. A longer soaking period may be needed for pruning tool surfaces that are not smooth. Have multiple pruning tools, so one tool can soak in the disinfectant while the other tool is used for pruning. Disinfectant solution can be carried into the garden in a tightly sealed plastic bottle, wide enough so that tools can be dipped directly into it. The disinfectant solution should be replaced at least every ten plants or every two hours. In some cases, if a plant is diseased, tools should be disinfected between each pruning cut. Disinfectants should never be applied to pruning wounds because of their ability to further injure the plant and prevent callus tissue from forming, slowing the healing process.

Available Disinfecting Products (all products must be used as directed and could be a health hazard if improperly used)\*

Household bleach (ex: Clorox): 25% solution (1 part bleach + 3 parts water) Note this solution will damage fabric and other material.

Pine oil cleaner (ex. Pine-Sol): 25% solution (1 part cleaner + 3 parts water)

Rubbing alcohol (70% isopropyl): 50% solution (1 part alcohol + 1 part water)

Denatured ethanol (95%): 50% solution (1 part alcohol + 1 part water)

Trisodium phosphate (Na3PO4): 10% solution (1 part Na3PO4 + 9 parts water)

Household Disinfectants (Lysol, etc): full strength

\* The use of trade names is solely for the purpose of providing specific information. It is not a guarantee of warranty of the products names and does not signify they are approved to the exclusion of others of suitable comparison.

Sterilization is not a guarantee against the spread of plant disease, but it can greatly lessen the chance a plant will become infected. Develop good tool sanitation habits and minimize your plant woes.



Above: Pruners cleaned and sterilized.

Hortus Oasis (FL26000315) in Winter Park is a boutique garden design company specializing in residential, commercial and specialty gardens. Stephen is a registered landscape architect and Kristin is a certified landscape designer. Contact them at 407-622-4886/garden@hortusoasis.com

Photos by Stephen G. Pategas/Hortus Oasis.







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# pop culture detours by George McGowan

# Did I Just See Julia Louis-Dreyfus Win Another Emmy?

Julia Louis-Dreyfus just revealed something to me as I watched the latest episode of the fantastic Netflix series "Veep." I saw it happen right before my eyes. First, she locked up another Emmy (it will be her SEV-ENTH!) because her performance in this season's fifth episode entitled "Mother" was simply amazing. Second, I believe she locked up the title of the best comedic actress ever to appear on television.

I am just old enough to have seen Lucille Ball, Carol Burnett,

Candice Bergen, Mary Tyler Moore, and the under-rated Phylicia Rashad, Judith Light, and Shelley Long in their primes. But I am here to tell you -Julia Louis-Dreyfus is the best ever. And I don't see her having any competition for the

crown

- especially since Tina Fey and Amy Poehler have moved from TV to movie roles.

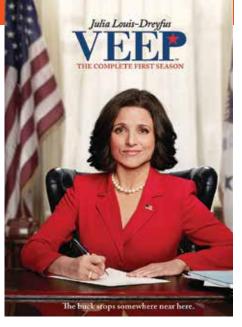
Louis-Dreyfus is simply outstanding as Selina Meyer on "Veep." She commands the screen without a word and plays against all the other characters so seamlessly. Somehow, she makes her character's narcissism and self-regard almost charming. She portrays a terrible person in many ways, but you still root for her. In the episode entitled "Mother" she goes from

shrieking to crying to laughin a few movies, most noing to scowling to making tably in the rom-com a caustic aside and back again - she is simply riveting. In the episode's final scene you cannot whether to laugh at her or cry along

As Elaine Benes in "Seinfeld" and Christine Campbell in "The New Adventures of Old Christine," Louis-Dreyfus created believable, uncompromising, and completely female characters. On "Seinfeld," she acted circles around her co-stars but didn't draw undue attention, always knowing that the show worked best as an ensemble. She does the same on "Veep" but is clearly the star and can step to the forefront seamlessly.

Louis-Dreyfus has appeared

"Enough Said" opposite James Gandolfini in his last acting role. She was terrific in that film, but she is a giant on the TV screen. At age 55, she has broken the "glass ceiling" for actresses of a certain age and I, for one, believe she can continue to amaze for many more years. She only has a couple of other ac-



tors to edge out for the most Emmys ever. Cloris Leachman has eight and Ed Asner has seven. How about you go for the first double digits Emmy career, Julia?

How about some quick music recommendations? For sweet and simple - Steve Martin and Edie Brickell's "So Familiar." For poetic and punk - Parquet Courts' "Human Performance." For psychedelic and trippy - Yeasayer's "Amen & Goodbye." For jangly, shuffling, head-bobbing pop-rock - Twin Peaks' "Down in Heaven." For jammy blues-rock - Tedeschi Trucks Band's "Let Me Get By." For just some general eclectic indie rock - Thao & the Get Down Stay Down's "A Man Alive."

# theater in the parks by Barbara Solomon

# It's Fantastic

Julia Louis-Dreyfus

THE FANTASTICKS WRITTEN BY TOM JONES AND HARVEY SCHMIDT DIRECTED BY ROY ALAN STARRING MOLLY JACKSON, SHAWN KILGORE, AND DUSTIN RUSSELL

Any parent knows when you tell a child no, they go right ahead and do it anyhow. That's the premise these two fathers go on to get their children to marry, even building a wall between their houses to convince the kids they're feuding. To end the feud they hire a bandit, El Gallo (Shawn Kilgore), to kidnap Luisa (Molly Jackson) and let Matt (Dustin Russell) rescue her. Problems ensue, but as in all musicals, everything turns out fantastic.

cast. Molly had a sweet voice and acted adorable as well. Shawn's strong voice was perfect for "Try to Remember." But my favorite

was the versatile Glenn Gover as the boy's father. His lively performance was the best I've ever seen in that role. And I cannot forget the hilarious performances of Michael Edwards and Todd Allen Long as the players for the abduction. As always, the band led by Chris Leavy was wonderful, helping us enjoy such favorites as "Soon It's Gonna Rain," "They Were You," and "Plant a Radish."

This is the quintessential love story, but not told in the usual musical comedy style. It is a show you do not want to miss, playing through June 11 at The Winter Park Playhouse, 711 N. Orange Avenue.

Another romantic musical I thoroughly enjoyed was the Garden The-This show was extremely well atre's "Singing in the Rain." It was one

> of the best shows I have ever seen Broadway. Nigel Columas Don Lockwood was a triple threatgreat voice, incredible danc-

ing, and good acting. But my favorite was Alex Rader as Cosmo. His "Make 'Em Laugh" and "Moses Supposes" were every bit as good as Donald O'Connor's. The icing on the cake was the fabulous choreography by Daniel Hunalp.



# central florida foundation by Rachel Calderon

# Have You Made Plans To Support The Community You Love?

of 2015, the IRA charitable rollover was signed into permanent

law. This big step in philanthropy makes it easier for people like you invest in your community.

It's a win-win decision for local philanthropist and planned-giving advocate Elizabeth Brothers. "The IRA rollover is a benefit to the donor and Central Florida if you don't need

the income and want to save on taxes," Elizabeth. says "After I established my fund, I made the commitment to add to it each year. Some years I contribute long-term appreciated stock and others I give the IRA rollover. The IRA

rollover is an excellent choice, especially now that it's here to stay."

the end How Does The IRA Rollover Work?

If you or one of your family members is age 70 ½ or older, contributions made from your IRA to your favorite nonprofit (up to \$100,000 per year) are not reported as taxable income.\* A contribution made from your IRA also qualifies as your required minimum distribution (RMD) which can lower your income and taxes. This change to legislation means you can make informed plans for your RMD earlier in the year. What can you do with your

> RMD to benefit your community?

> > Contribute your RMD to a cause you're passionate about and help your favorite nonprofit take their work to the next level. The right tools and technol-

nificant difference in the quality of service

a nonprofit provides.

ogy can make a sig-

Use Nonprofit Search (cffound.org/ nonprofit\_search) to learn more about nonprofits you love.

Make a gift that keeps on giving and endow a contribution from your RMD to create a permanent source of community capital. Your endowed contribution will support the community now and in the future. It ensures there is a consistent and permanent source of revenue to ad-

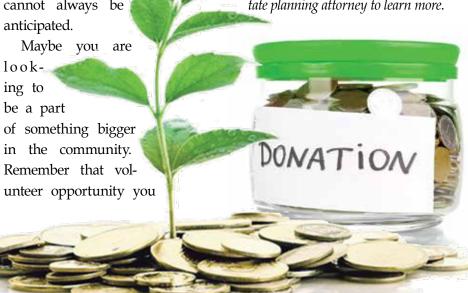
dress future community needs that cannot always be anticipated.



can't stop thinking about? You should go do it. Be involved, get to know the nonprofit and understand what would help them do their work better. Then make a contribution from your RMD.

How will you plan ahead this year to make Central Florida a better place?

\*Contributions from an IRA cannot be made to donor advised funds, contributions cannot exceed \$100,000 per year and you must be 70 1/2 or older to qualify. Contact your IRA custodian, CPA or estate planning attorney to learn more.



Rachel Calderon is the Marketing & Communications Manager of the Central Florida Foundation.

# CENTRAL FLORIDA **FOUNDATION**

# plan

Are you looking for an easy way to support the community you love?

Congress has made the IRA charitable rollover permanent. With the IRA charitable rollover, you can make a gift from your IRA to help support the community and recognize clear tax benefits at the same time.

To learn more about the benefits of making an IRA charitable rollover gift, please contact Mary Meghan Flanagan at 407.872.3050 or mflanagan@cffound.org.

Call us today at 407.872.3050 or visit cffound.org

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# schools



# Audubon Park Elementary PRINCIPAL ANNA FERRATUSCO

School may be out for the summer, but opportunities for fun last all year long! Audubon Park Elementary has several options for students this summer to continue learning or just have fun with friends. Numerous summer camps are offered including Extended Day Summer Camp hosted by APE, Camp Innovation which is a STEM-focused camp, a Sports Summer Camp, and a Cooking/Art/Yoga camp! The possibilities are endless to keep your little one out of your hair and having a good time!

The Extended Day Summer Camp is hosted by APE and is on campus throughout summer with a few breaks. Campers will get to go on several field trips and enjoy themed weeks with activities to keep the fun going! You can contact Noelle Cox at Noelle.cox@ ocps.net<mailto:Noelle.cox@ocps.net> for more information.

Camp Invention is a STEM-focused camp where students will get to participate in various STEM (science, technology, engineering, and math) activities to keep their brains working! Activities are hands-on and all labs come from the National Inventors Hall of Fame so students will feel like real scientists! You can contact Mike Reese at Michael.reese@ocps.net<mailto:Michael. reese@ocps.net> for more information.

The last two camps each have a unique focus that is sure to appeal to your child's desire! One camp combines cooking, art, and yoga. Students will participate in various activities to stretch the brain. The second camp is focused on all things sports! Students will get to participate in soccer, baseball, basketball, whiffle ball, capture the football, kickball, and even water fun! This camp is sure to be a BALL! For more information on both camps, you can contact Heigi Lifrage at heidilifrage@yahoo. com<mailto:heidilifrage@yahoo.com>.



# **Lakemont Leopards Shine!**

Lakemont recently participated in the East Area Battle of the Books competition held May 11 at East River High School. The Battle of the Books is a reading incentive program which fosters individual pride and teamwork and encourages high quality and high quantity reading among students. Six of Lakemont's top readers (Andrea Ignjatic, Tyler Player, Sarah

Finfrock, Claire Clark, Max Flynn and Drake Kreidler) became experts on the fifteen Sunshine State Books and demonstrated their knowledge of the books through team-based, game show style competition. Sponsors Lisa Huddleston, (Gifted Resource Teacher) and Vange Scivally (Media Specialist) prepared the dedicated students to compete. Students worked tirelessly each morning before school to prepare for this event. They displayed their knowledge of all the Sunshine State Books in all three rounds. We're so proud of our Leopards!

Recently Lakemont Elementary fifth grade students were tasked with the assignment of researching and preparing a speech concerning Hunger in America. This is part of the annual Modern Woodmen School Speech Contest that students participate in throughout Orange County and beyond. What makes this experience unique at Lakemont Elementary is the issue of hunger hits closer to home than the students previously realized.

Lakemont Elementary sponsors a National Elementary Honor Society that participates in several community service projects. One of the projects is the Second Harvest Food Bank "Hi- Five Kids Packs" that are distributed to students in need. As the fifth graders began their research on the topic, they realized that hunger is a challenge for some students within our school. This realization helps to encourage the community service work done by the National Elementary Honor Society as they provide Hi-Five Kids (food) Packs to students. As coordinator for this event Cindy Clark, CRT and NEHS sponsor, invites community leaders to judge our school level contest. This year we decided to invite the president and CEO of Second Harvest Food Bank, Dave Krepcho, to judge our school contest. He accepted and after hearing the speeches and being so impressed he invited the top three winners, Janelle Gidus, Addyson Basalari, and Ella Blackmore, to speak at Second Harvest Food Bank Board Meeting.

The Second Harvest Food Bank Board reaction to the speeches mirrored Mr. Krepcho's impression and other opportunities were offered for the winners to repeat their speeches at other events. Mickey Mouse was a surprise guest at the meeting. Mickey presented an award to Second Harvest Food Bank and had a special photo opportunity with children.



Students and faculty from Orlando Science School show off their winning trophies and medals.



# **Orlando Science Schools** PRINCIPAL DR. YALCIN AK

Orlando Science Elementary School (OSES) found success in the Orange County Council of Teachers of Mathematics (OCCTM) annual mathematics competition in April.

This year, 39 teams from 14 participating schools competed in the OCCTM math tournament and multiple OSES students placed.

- 3rd Grade Team first place
- 4th Grade Team- first place
- 5th Grade Team second place

A handful of OSES children received the highest individual score for their respective grades, including:

- Arnav Mujumdar, third grade
- Michelle Li and Meghana Konda, fourth grade
- Harvik Kesineni, fifth grade

In addition to sharing the highest individual score for fourth grade, Michelle and Meghana achieved the highest score for all participants across all three grade levels. OSES also won ribbons for individual team events such as problem solving, team relay, and the estimation activity.

"We are proud of the success our students had in this annual mathematics competition," said Dr. Yalcin Akin, Orlando Science Schools' executive director. "Our STEM-based curriculum allows our students to learn and grow in unique ways."



# Park Maitland School

**HEAD OF SCHOOL CINDY MOON** 

Have you ever dreamed about designing your own business or being an entrepreneur? Our fifth- grade students have been hard at work doing just that for the Park Maitland Food Truck Challenge! This Challenge is similar to the "Great American Food Truck Race" and "Shark Tank." Students were told to design a business model for a Food Truck and prepare to pitch their model to a panel of expert judges.

At left: Lakemont Elementary students pose with

They began by deciding on a theme for their truck, which lead into their menu design. The menus were created during their Spanish class, where they developed an English and Spanish version. Then students used their theme and menu to make an eye-catching logo for marketing their truck in Art and Smart Tech. These logos were used for all parts of the project and were designed in an online based program.

Once the menus and marketing were set, students began to create a financial plan for their truck. These plans required students to calculate all costs for running the truck for 30 days, as well as predicting the possible earnings. Students were even able to decide a profit margin for their truck. To add to their financial plan, a copy of their Coursonomics account was include to prove that they are a good financial risk.

Throughout the project, students did research in their reading class on food trucks and how to start a food truck business. Their research even involved learning about permits and food codes. They were able to use the information from their research to assist with their interior layout design that they completed in science class. This design was unique based upon the needs of each truck and included all specific measurements.

Finally, students were able to write a "pitch" in ESW. By organizing all of their planning in a digital portfolio, students were able to use the information to build a strong pitch. Students auditioned for the Challenge by saying their pitch to a pair of judges in their classes. These judges then selected five finalists.

At the Challenge, finalists will pitch their business model to a panel of judges that are experts in each aspect of their project. The Challenge is designed to mimic a television show, with hosts and a film crew (our very own Eagle News). Throughout the Challenge, commercials that each homeroom class created to reflect on an exciting event from their fifthgrade year will be shown. After the winning finalist has been announced by the judges, the fifth- grade students and parents will enjoy food from local food trucks!



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# COMMUNITY CALENDAR

# **Audubon Park Garden District Events**

### **Ongoing Events**

**Every Monday night Community Market** – 6:00 to 10:00 p.m. at Stardust Coffee parking lot located at 1842 E. Winter Park Rd. For information call 407-590-8776.

# Baldwin Park, College Park and Orlando Area Events

### **Ongoing Events**

**Every Monday Smarty Pants** - 10:15 a.m. Storytime for children ages birth-5 years old at the Edgewater Branch Library located at 5049 Edgewater Dr. For more information call 407-835-7323.

**Every Wednesday Mills50 MidWeek Group Runs** – 6:00 p.m. at Track Shack located at 1104 N. Mills Avenue. This event is free to runners of all abilities. For more information, please visit www.TrackShack.com.

**Every Wednesday Belles and Beaus Dance Club** has dances every Wednesday from 7:00 to 9:30 p.m. at the Marks Street Recreation Complex located at 99 E. Marks Street. Join in for an evening of fun and dancing to music by the Soft Touch band. Refreshments are available. Singles and couples are welcome. Cost: \$5.00 per person. For more information please call 407-277-7008.

**Every Thursday College Park Farmers' Market** -5:00 to 9:00 p.m. located at 1600 Edgewater Dr. For information call 407-999-5251.

**Every Friday Your Adult Club Socials (Y.A.C.S.) Dance** – 7:00 p.m. to 9:30 p.m. at the Marks Street Recreation Center, 99 E. Marks St., Orlando, FL. Admission is \$4.00 for members and \$5.00 for guests. Dress code of no jeans, tennis shoes, or tee-shirts. Singles and couples are welcome. For more information, please call Joan at 407-339-5393.

**Every Sunday Downtown Orlando Farmers' Market** -10:00 a.m. to 4:00 p.m. at Lake Eola. For more information call 407-246-3625.

**Monday - Friday Each Week Seniors' Program in College Park** – 9:00 a.m. to 1:00 p.m. at the College Park Community Center located at 2393 Elizabeth St. For information call 407-246-4361.

First Friday of Each Month The Art Stroll of Ivanhoe Village – 6:00 to 9:00 p.m. on Orange Ave. between Princeton and New Hampshire.

June 4 Orange County Hurricane Expo – 9:00 a.m. to 1:00 p.m. at the Renaissance Senior Center at South Econ Community Park located at 3800 South Econlock-hatchee Trail. For more information, please call 407-836-9140 or visit ocoem@ocfl.net.

June 21 - 24 Camp Cuisine – 9:30 a.m. to 2:00 p.m. at the UF/IFAS Extension Orange County located at 6021 S. Conway Road. This camp is for grades 5 and 6. For cost and more information please visit www. oclivingwell.eventbrite.com.

June 30 Eating Mediterranean – 6:00 to 8:30 p.m. at the UF/IFAS Extension Orange County located at 6021 S. Conway Road. Come and learn more about this style of eating and how to add it to your meals at home. For more information, and to register, please visit www.oclivingwell.eventbrite.com.

**July 3 Red Hot & Boom** – 4:00 to 11:00 p.m. at Cranes Roost Park in Altamonte Springs. This annual tradition features big name performances and a fireworks show at 9:30 p.m.

**July 3 Baldwin Park Independence Day Bash** – 5:30 to 9:30 p.m. in the Village Center of Baldwin Park and includes a choreographed fireworks show over Lake Baldwin.

**July 4 39th Fireworks at the Fountain** – Festivities start at 4 p.m. at Lake Eola with activities for children, live music, and food and beverages available for purchase. The evening concludes with a spectacular fireworks display at 9:00 p.m.

## Maitland Events

### **Ongoing Events**

Every Sunday Maitland Farmers' Market at Lake Lily.

**Every Tuesday Preschool Stories** 10:30-11:30 a.m. at the Maitland Public Library located at 501 S. Maitland Ave.

**Every Thursday Healthy Maitland Walk** 6:30 a.m.; **Babytime** 10:30 to -11:30 a.m. and **Adventures w/Books Club** 2:30 to 4:30 p.m. at the Maitland Public Library.

### **Winter Park Events**

### **Ongoing Events**

**Every Monday** "Sit-to-Be-Fit" Chair Exercise Class – 9:30-10:30 a.m. at the Winter Park Community Center. This free class is designed for all ability levels and sponsored by the City of Winter Park. For more information please call 407-754-6190.

**Monday - Friday "Art in Chambers" Exhibit** – Monday through Friday from 8:00 a.m. to 5:00 p.m. This free exhibit is on display at the City Hall Commission Chambers located at 401 Park Avenue South.

**Every Tuesday and Thursday "Hands-on Gardening"** – 9:30 a.m. – noon at the Albin Polasek Museum and Sculpture Gardens. For more information regarding this free year-round event please call 407-647-6294.

**Every Tuesday and Thursday Beginning Pilates Class** – 5:15 p.m. at the Winter Park Community Center. For more information please call 407-671-9599.

Every Tuesday, Friday and Saturday Winter Park Benefit Shop – The shop is located at 140 West Lyman Avenue and is open from 9:30 a.m. - 1:00 p.m. on Tuesdays and Fridays, and from 10:00 a.m. - 1:00 p.m. on Saturdays. Donate or purchase clothing, bedding, jewelry, kitchenware and more. Proceeds benefit various children's programs and the local branch of Orlando Blind. For more information please call 407-647-8276.

Every Tuesday and Thursday Curator Tours of Louis Comfort Tiffany's Laurelton Hall – At 11:00 a.m. and 2:30 p.m. at the Charles Hosmer Morse Museum of American Art located at 445 N. Park Ave. Space is limited and free with museum admission. To learn more about this event with Curator Donna Climenhage please call 407-645-5311 or visit www.morsemuseum.org.

**Every Thursday "Walk With A Doc"** – Enjoy a rejuvenating 45-minute walk with Florida Hospital physicians. This free event is held at 5:30 to 6:30 p.m. at the Crosby YMCA. For more information, or to reserve your spot, please call 407-303-1700.

**Every Saturday Winter Park Farmers' Market** – 7:00 a.m. to 1:00 p.m.

**Every Saturday and Sunday Line Dance Class** – 10:00 a.m. Saturday for experienced dancers, and 3:00 p.m. Sunday for beginners at the Winter Park Community Center located at 721 W. New England Avenue. Enjoy music, make new friends, and get some fun exercise at the same time! For more information please call 407-592-7835.

**Every Sunday Music at the Casa** – This free event featuring professional musicians and performers is hosted at Casa Feliz every Sunday from noon – 3:00 p.m. For more information call 407-628-8200 ext. 3 or visit www.casafeliz.us.

June 6 Winter Park Executive Women Luncheon – 11:30 a.m. to 1:00 p.m. at the Winter Park Welcome Center located at 51 W. Lyman Avenue. Topic: Speed Networking. Cost: \$20 for chamber members; \$25 for non-members. Register online at www.winterpark.org.

**June 6 The Zika Virus: What You Need To Know** – 7:00 p.m. at the Bush Auditorium, Bush Science Center Rollins College, located at 1000 Holt Avenue. For more information, please call 407-646-2130.

June 7 Florida Native Plant Meeting – 7:00 p.m. at Harry P. Leu Gardens located at 920 North Forest Avenue. Dr. David W. Hall, a Forensic Botanist, will present an outstanding program entitled, "Crooks, Murderers and Plants: No Leaf Unturned." The meeting is free and open to the public.

**June 7 Denning Drive Public Meeting** – 5:30 to 7:30 p.m. at the Rachel D. Murrah Civic Center. For more information, please visit www.cityofwinterpark.org.

**June 9 Winter Park Sip, Shop & Stroll** – 5:00 to 8:00 p.m. along Park Avenue. For tickets and information, please visit www.winterpark.org.

**June 9 Popcorn Flicks in The Park** – 8:00 p.m. to 10:00 p.m. featuring the showing of "Westworld" in Central Park. For more information, please visit www.cityofwinterpark.org.

**June 10 Coffee Talk** – 7:45 to 9:00 a.m. featuring Mayor Steve Leary at the Winter Park Welcome Center. For more information, please visit www.cityofwinterpark.org.

**June 11 Summertime Kickoff Pool Party** – Noon to 6:00 p.m. at the Winter Park Community Center. For more information, please visit www.cityofwinterpark.org.

# JUNE HIGHLIGHT



Orange County Hurricane Expo Provides Hurricane Preparedness Information

Saturday, June 4, 9:00 a.m. to 1:00 p.m. at the Renaissance Senior Center at South Econ Community Park located at 3800 S. Econlockhatchee Trail. For more info, please call 407-836-9140 or visit ocoem@ocfl.net.

**June 14 Coffee Talk** – 7:45 to 9:00 a.m. featuring Commissioner Greg Seidel at the Winter Park Welcome Center. For more information, please visit www. cityofwinterpark.org.

June 14 The Hot Seat – 12:00 p.m. at the Winter Park Welcome Center located at 51 W. Lyman Avenue. Hear from Central Florida's top entrepreneurs as the take on the hot seat and tell their story about building a successful business. Cost: \$10 for chamber members; \$15 for non-members. Register online at www. cityofwinterpark.org.

June 21 Winter Park AARP Chapter 1047 Meeting/Potluck – Noon at the Rachel D. Murrah Civic Center located at 1050 W. Morse Blvd. Please bring a dish to share. For more information, please call 407-671-8393.

**July 4 Watermelon 5K** – 7:00 a.m. at Park Avenue located at 251 Park Avenue South. This annual event includes: Family-friendly run/walk 5k, free kids run, watermelon eating contest, military appreciation, plus registration discounts available for youth, seniors and military personnel. Proceeds benefit the Track Shack Foundation. For more information, or to regsiter, please visit www.trackshack.com.

July 4 21st Annual Olde Fashioned 4th of July Celebration – 9:00 a.m. to 1:00 p.m. in Central Park. The annual celebration will feature live patriotic music performed by the Bach Festival Brass Band and the Bach Festival Choir, Orlando Cloggers, Rockin' Roadster Road Show, Clydesdale horse-drawn wagon rides, and much more! Free hot dogs, watermelon and water will be available while supplies last. Chips, snacks and sodas will be available for purchase. For more information, please visit www.cityofwinterpark.org.

**July 4 Independence Day Open House at the Morse** – Free admission from 9:30 a.m. to 4:00 p.m. at the Charles Hosmer Morse Museum of American Art located at 445 N. Park Avenue. For more information, please visit www.morsemuseum.org.

**July 14, 15, 16 St. Margaret Mary Annual Rummage Sale** -8:00 a.m. to 4:00 p.m. Thursday and Friday, and 8:00 a.m. to 2:00 p.m. on Saturday. For more information, please call 407-671-4798.



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