The Park Press



ULY 2016

Positive news that matters

Winter Park | Baldwin Park | College Park | Audubon Park |



A Night Of Mourning



Planned Giving



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OneOrlando Fund Update

Following the horrific tragedy at Pulse, there was a tremendous outpouring from the community seeking to provide financial support. In response, the City of Orlando formed the OneOrlando Fund. In the days since this tragedy, the City has heard from the community and donors that there is a need for victims to receive direct funding support. To date, nearly \$7.5 million in pledges and contributions have been committed to the fund.

To ensure that funds are dispersed in a timely, accountable and transparent manner, the City has formed a OneOrlando Board that will provide the oversight and guidance needed to support the victims of the Pulse tragedy and their families. The One-Orlando Board will be chaired by Alex Martins, president of the Orlando Magic, and will be comprised of community leaders including those in the Hispanic and LGBTQ communities most directly impacted.

As the City moves forward with the OneOrlando Fund, we will be consulting with victim fund expert Kenneth R. Feinberg, who served as the Special Master for the September 11th Victim Compensation Fund of 2001, the Claims Administrator for the One Fund Boston, the Virginia Tech Hokie Spirit Memorial Fund, the Aurora Victim Relief Fund and for the BP Oil Spill Claims Administration as the Compensation Fund Administrator.

"We recognize there are victims in need of support now, and we ask for your patience as we ensure we are able to assist these victims in an open, transparent and equitable manner," said Mayor Buddy Dyer. "In the coming days and weeks we will share more with you on this process and how



OneOrlando Fund

the community will have a voice."

Thanks to the generosity of thousands of people and lead corporate donors from across the country, the City will be able to meet the needs of victims and provide the valuable services they will need in the days, weeks and months ahead.

The outpouring of support from key City partners include:

- Walt Disney Company \$1,000,000 o In addition, eligible donations from Disney employees will be matched dollar-for-dollar by Disney Employee Matching Gifts: A Program of The Walt Disney Company Foundation.
- The Orlando Magic \$100,000
- JetBlue \$100,000
- Darden Restaurants \$500,000
- Mears \$50,000

To contribute to the OneOrlando Fund, please visit OneOrlando.org.

Checks may be made payable to OneOrlando Fund and sent to: **OneOrlando** P.O. Box 4990 Orlando, FL 32802-4990

For information regarding the OneOrlando Fund or to make a wire transfer, please contact info@oneorlando.org.

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Publisher's Message



Like most of us, my heart sank as I watched the news the morning of June 12th following the mass shooting in Orlando at the Pulse nightclub. This tragic event wasn't just close to home, it was home. As I listened to the coverage I was in a state

of disbelief and uncertainty, similar to that which I felt and thought on 9/11. Both of these days are now etched in my memory as two of the darkest days of our lifetime, and the history of this great nation.

Orlando's nickname has long been The City Beautiful, and other than when areas are undergoing renovations or construction, it totally makes sense. With its mix of historic and modern architecture, coupled with manmade lakes and natural parks, it certainly is a beautiful city. As locals we all know that there is much more to our city than the world-famous theme parks that call Orlando home, and after this tragic event, many are quickly realizing our nickname is not based on looks alone. So with this in mind, I'd like to propose that- in memory of the 49 people who lost their lives, and in honor of the 53 who were seriously injured, the first responders, Orlando Regional Medical Center's staff and top level trauma team, Mayor

Dyer and our local leaders, the communities' generous support of blood donations and professional services, and the local and national support that has been shown to the One Orlando Fund- Orlando should forever also be known as The City Beautiful because of its people. Orlando has responded in the most epic manner given the challenges that no city would want to take on, and this unfathomable event made me think of this quote:

"When we meet real tragedy in life, we can react in two ways - either by losing hope and falling into self-destructive habits, or by using the challenge to find our inner strength." – Dali Lama

The people of Orlando not only have found, but have shown, their inner strength. As a community we are diverse, and educated to a level that rivals the best, and for this I believe we have begun to use our talents as The City Beautiful to make some serious changes to perhaps minimize this type of tragedy in the future. Love is love, is love, is love, and I love the people who make Orlando The City Beautiful.

As always, thank you for reading The Park *Press* and I look forward to the great things to come.

Rick Rick Cable Founder/Owner



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Orlando Strong! By Tricia Cable

I moved to Orlando in 1981 after graduating from high school, got a job at Sea World, registered for classes at Valencia College; met new people, and put down roots. We had been regular visitors to the area since the 1940s when my dad's family traded in their upstate New York winter wool for the year

'round shorts and sandals. I had always been drawn to this area, even as a kid; the smell of orange blossoms, the slower pace and the friendly faces. We are the small town melting pot. People relocate here from all over the country and the world. We have Brits, Scots, Northeasterners, Germans, Midwesterners, and some from the deep south in our immediate circle. Our community may very well be made up of a wide assortment of folks from various cultures, nationalities, religions, and geographies, but when hate presents itself in the ugliest form possible, we band together and lift each other up like family.

I may have started life as an

Air Force brat, constantly on the move, but for the past 35 years Orlando has been my home. I have never been more proud of this city and its residents during the events of the past few weeks. "Whatever it takes" became the motto of most, and donation centers were packed with concerned citizens looking to ease the pain and help in any way that they could. Fundraisers at local area restaurants with 100% of the proceeds going to the victims' families, contributions from airlines, florists, churches, pet rescues; I have never seen a more compassionate and overwhelming show of support in all of my life. We should be incredibly proud of ourselves and our community. In the midst of an act of hate, came love...one million times over.



Victims of the Pulse nightclub shooting.

I am a fairly confrontational person. When I see wrong, I question it. If I don't understand someone's actions or words, I ask for clarification as to not misunderstand. I am not afraid to fight for what I believe in at almost any cost and I certainly would not shy away from standing up for someone who may not have the ability to stand up for themselves. I also believe in your right to disagree with me. I know that my path defers from yours

and you may have experiences in your lifetime that cause you to lean one way on a topic and I may lean the other. But let's be clear, violence is never the answer and love will always prevail. Orlando was evidence of that these past few weeks. We trumped one incredibly horrid act of hate with millions and

millions and millions of acts of love, kindness, and compassion.

We have brilliantly come together as a unified force. The challenge now is what's next? How do we use the power of the people to evoke change in processes to ensure that our citizens are protected and safe to go to school, see a movie, or go dancing at a club? I think we can all agree that the systems and procedures (or lack thereof) that we have in place today are sadly, fatally flawed.

I support the right to bear arms. I support your right to hunt. I support your right to protect yourself, your family, and your property. However, I do not support the right for a

person with a criminal history or verified reports of mental instability to attain weapons and an insane amount of ammunition. It's not all or nothing. When terrorists used our own airplanes against us, we made changes in regulations. When a whack job in Oklahoma used fertilizer to bomb a federal building, we made changes in regulations. Yes, I support the right to bear arms, but I also support the freedom of speech, so speak up people!



WINTER PARK - FLORIDA MALL - UCF

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City Commissioner's Message

Commissioner Robert F. Stuart, City of Orlando District 3



Robert F Stuar

Last month our City experienced the most horrific tragedy in our history. But in a few short hours, days, weeks, we have continued to prove that we will rise from the ashes, and that this single event will not define us. The outpouring to my office of individuals, groups, families, churches, faith-based organiza-

tions, and businesses wanting to help was awe inspiring, so many inquiries from our own District 3 residents. And the letters and calls we received from other government agencies from around the world were comforting in a time of sorrow.

Children's icon Fred Rogers said that, "when I was a boy and I would see scary things in the news, my mother would say to me, Look for the helpers. You will always find people who are helping." Those words certainly ring true in this scenario, when we saw not only the heroic actions of our first responders, but also the actions of so many neighboring businesses and community groups who pitched in to assist. Then there are our City residents who are joining together to do all they can during this difficult time.

As I write this, the OneOrlando Fund (oneorlando. org) has already raised more than \$8.6 million dollars. But I think the question on everyone's mind, is

where do we go from here? How do we make sure we stand #OrlandoUnited in the coming months, even the coming years? My prayer is that we can somehow bottle this spirit of giving and not only continue to use it to help all of those affected by this terrible experience, but also to support all facets of our City and all of the people in it.

Here in our District 3 community, consider joining the award-winning Audubon Park Garden District as a member of one of their hard-working committees; no matter what your talent, they can use your help. This organization puts on many events, such as Zombietoberfest, which bring us together and build community, while also supporting our awesome small businesses. Or if you live in Baldwin Park, take a moment to look at what openings they have on their boards and committees and take the leap to get involved.

Or consider mentoring at one of our great City schools. Visit foundationforocps.org for ideas on how you can serve even if you are short on time.

There are so many small acts of kindness that can also make a big difference in our community. You could go out to dinner. Many of the small businesses surrounding Pulse were greatly affected, so next time you are craving pizza, or a Cuban sandwich, visit downtown-southorlando.org for some delicious restaurant ideas.

Or clean out your closet and donate what you don't use to one of our worthwhile charitable organizations. Something as simple as offering your mail carrier a

bottle of water, putting change in an expired parking meter, or sending a thank you note can all make someone's day a little brighter.

#OrlandoUnited

One of our District 3 residents closes all of her e-mails with a great quote. It says, "If you think you are too small to be effective, then you have never shared a bed with a mosquito."

You are making a difference; every day that you teach your children tolerance and embrace the amazing strength that comes with the diversity of our community, you are making our City a wonderful place to live, work and raise a family. As you may have heard me say, "Let's show the world that the qualities that define us are stronger than any attempt to divide us."

Now more than ever, I am so proud to be your city commissioner and I don't take lightly the job with which you have entrusted me. I am grateful for each of you and your service to Orlando.

Robert F. Stuart, Commissioner, District 3, City of Orlando • 400 S. Orange Avenue, Orlando, Florida, 32801 • 407-246-1003 • Robert.Stuart@CityOfOrlando.net

WPHF Trustees Hope Donation Will Inspire Healing

The Winter Park Health Foundation's board of trustees committed \$100,000 to address community needs in the aftermath of the Pulse tragedy. The funds will be donated to the OneOrlando Fund established by the City of Orlando and administered by the Central Florida Foundation.

WPHF has been focused on inspiring health for over two decades. "Our trustees hope this donation will help inspire healing as our community copes with the devastating effects of the Pulse tragedy," said Patty Maddox, president & CEO. "This isn't the first time our board has demonstrated swift and strong leadership in times of crisis." When the Central Florida community was impacted by tornadoes, hurricanes, and the economic downturn

To contribute to the OneOrlando Fund, please visit OneOrlando.org.

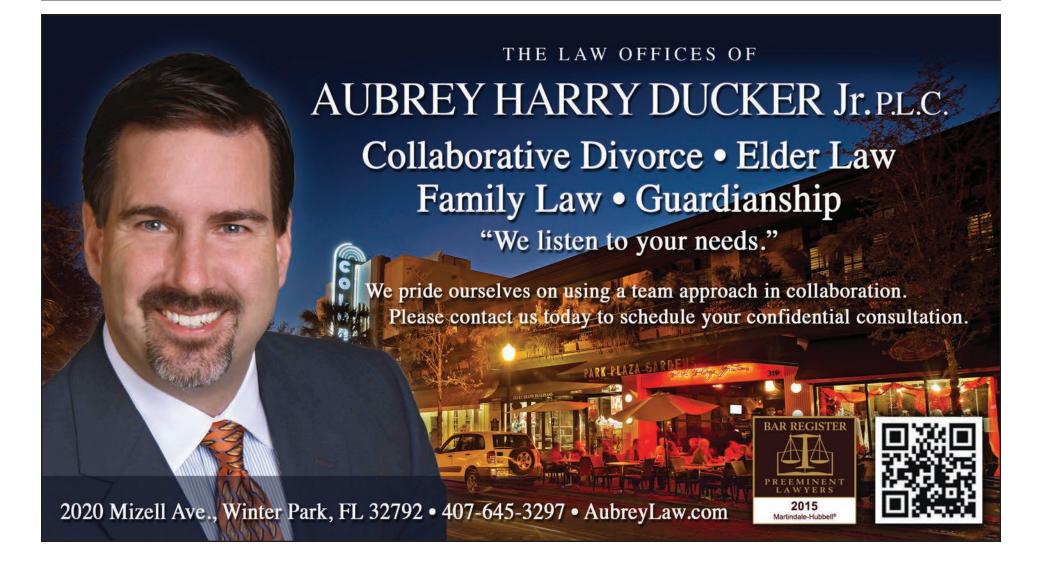
Checks may be made payable to OneOrlando Fund and sent to: OneOrlando P.O. Box 4990 Orlando, FL 32802-4990

For information regarding the OneOrlando Fund or to make a wire transfer, please contact info@oneorlando.org.

resulting from 9/11, the Foundation designated funds to special efforts created to deal with each of those events.

The OneOrlando Fund will support nonprofit organizations in their efforts to help victims and families; the LGBTQ, Hispanic, faith, and other affected communities; underlying causes of this tragic event; and other needs as they arise. For more information, go to www.oneorlando.org.

The Winter Park Health Foundation is a private, not-for-profit organization supporting programs that improve the health of youth, older adults, and the community-at-large. Its primary focus is on the communities of Winter Park, Maitland, and Eatonville. For more information, go to www.wphf.org.



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Winter Park Mayor's Message

Mayor Steve Leary



Steve Leary

One of the things families love best about living in Winter Park is the beautiful Central Florida weather. It doesn't matter if it is June or December, we can always enjoy the outdoors, and most certainly our pools and playgrounds, during the hot sum-

mer months. With so much water activity around us, learning how to swim is important for safety and recreational purposes. Statistic show:

- approximately 3,600 people die each year in the United States from drowning
- 1 in 4 fatal drowning victims are children 14 and younger
- Florida had the second highest drowning rate in the nation for the 1- to 14-year-old age group with a drowning rate of 2.54 per 100,000 population
- Florida loses more children under age 5 to drowning than any other state.

The following pool locations offer lessons and events to help keep you and your family both safe and entertained this summer:

Cady Way Pool 2525 Cady Way

- swim lessons
- family, adult, senior & teen memberships
- Chill-N-Grills & Dive-In movies

For more information, please call 407-740-7956

Winter Park Community Center Pool 721 W. New England Ave.

• private, semi-private & group instruction swim lessons offered

- zero-depth pool entry allows complete ADA accessibility as well as providing a very shallow area for tiny tots to enjoy.
- swim lanes for all levels, mid-depth flat area for water aerobics & swim classes.
- parties celebrating 4th of July, "Old School" theme, luaus and more.

To register or for more information, please call 407-643-1650.

If dry land is more appealing to your young ones, here are the fun playgrounds you can enjoy:

- Azalea Lane Playground -1045 Azalea Lane
- Cady Way Playground -2525 Cady Way
- Community Playground -255 S. Denning Drive
- Lake Baldwin Park & Playground 2000 S. Lakemont Avenue
 - o This park is the only park in the city known as "dog friendly" and welcomes your four-legged friends dogs can play and swim off leash during park hours of 8 a.m. to sunset.
- Howell Branch Preserve Playground 1205 Howell Branch Road
- Phelps Park Playground 1200 Phelps Avenue



Top photo, Lake Baldwin Park, located at 2000 S. Lakemont Avenue. Middle photo, Howell Branch Preserve Playground, located at 1205 Howell Branch Road. Bottom photo, Community Center Pool, located at 255 S. Denning Drive.





- Ward Park Playground
 250 S. Perth Lane
- Winter Park Community Center & Hannibal

Square Spray Ground - 721 W. New England Avenue

If you don't want to be completely immersed or are not a big swimmer, the Hannibal Square Spray Ground is the perfect spot for you. Visitors can enjoy a myriad of animated water spurts, playful sequences of dancing water, and a light mist of fog cascading across their feet. This Spray Ground is a special ad-

dition to the Winter Park Community Center and pool.

Since 2011, Winter Park has been named for six consecutive years, one of the most playful cities in America. We are one of 257 communities throughout the United States that continually seek out innovative ways to bring back play into our families lives. Please visit cityofwinterpark.org for more information how you can incorporate play into your summer days. Play hard, play safe, play together and enjoy Winter Park!





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Maitland Mayor's Message Mayor Dale McDonald

What Happens Before And During A Storm Event?

Curious about what happens inside the city during a storm event? At a very basic level, the infographic illustrates one way that information flows between the City of Maitland and Maitland residents. Think of the Emergency Operations Center as a beehive and EOC participants as worker bees.

- 1) Hurricane identified and residents' safety could be compromised
- 2) City activates the Emergency Operations Center. City staff mobilizes and stands read to assist
- 3) EOC is a hive of activity. Information flows in; information flows out.
 - a. Social Media Users: Use hashtag #HurricaneNameMaitland. An example: #ErikaMaitland
- 4) Information Flows Out:
 - a. Check the City's website www.itsmymaitland.com and communication channels
 - **b.** Check your landline phones for a possible notification

What Can I Do To Prepare?

Before grey skies form:

- Gather hurricane supplies. Invest in a hand-crank radio.
- Develop a plan. Resources: www.floridadisaster.org, www.ready.gov, and www.fema.gov
- Download: Red Cross Hurricane App

Keep supplies on hand

 Stock your home with enough food, water, and supplies to last each member of the household for roughly 72 hours. Don't forget to include the needs of pets. Suggestions include:

o Batteries o Blankets

o Food, non-perishable o Matches, waterproof

o Candles

o Pet Items

o Can opener, manual

o Radio, hand-crank

o Duct Tape o Garbage Bags o Tarps o Water

o Flashlights

o Wipes

Emergency Kit Checklist Use this checklist of items suggested by the American Red Cross to put together a hurricane preparedness emergency kit. **Emergency Survival Blanket** Nonperishable Food Items Tape Towels **Rain Poncho** Water **First Aid Kit** Flashlight FIRST AID KIT **Batteries** NOAA Personal Weather Hygiene Ítems Radio

Apply To Serve On A Resident Board

Do you have a skill set or talent that could benefit the residents of Maitland? Looking to give back to the community? The city is accepting applications to the resident boards. There are openings in the Board of Adjustments & Appeals, Board of Zoning Adjustment, and the Parks & Recreation Advisory Board. Fill out an application online by clicking the link directly: http://bit.ly/1XAKIAj

Open County Commissioner's Message

COVERNMENT Commissioner Ted B. Edwards, Orange County, District 5



As you know, Orange County's weather can be very temperamental at times. Kids on summer vacation and golfers alike can

attest to the quick

transition any given afternoon from a hot, sun-soaked day to a blinding grey rainstorm. Long-time residents no doubt remember many of the more serious weather events that have affected our community and just last month, Tropical Storm Colin brought heavy winds and rain to the community. Storm season has already begun. The Atlantic Hurricane Season began June 1 runs until November 30. The National Oceanic and Atmospheric Administration (NOAA) Climate Prediction Center is predicting the formation of 10-16 named storms, 4-8 hurricanes, and 1-4 major hurricanes this season.

Have a plan in place should a storm affect our community. Cell phone networks, computers, and other forms of electronic communication may be disrupted by a storm. Create a family emergency communication plan including paper copies of important information such as identification documents, important family contacts, doctors, schools, or service providers. Prepare a disaster supply kit. The kit should include one gallon of water per person per day for three days, three days' worth of food per

person, a weather radio, flashlight, first aid kit, and batteries. Your emergency planning should also address the care of pets, aiding family

members with access and functional needs, and safely shutting off utilities. Be sure to remember prescription medications, glasses, infant formula and diapers, and pet food, if applicable. Protect your home by removing damaged trees and tree limbs from your property before the storm reaches your home. In addition, secure loose rain gutters and clear any clogs. Be sure to secure your roof, windows, doors, and garages, as appropriate and invest in a portable generator to provide power during outages.

Orange County will have resources available for residents before, during, and after a storm. Orange County will put out information through social media, the county website (www.ocfl.net), and through its mobile apps. In addition, we will work with local media outlets to ensure you have all pertinent information. Should heavy flooding be expected, our Public Works staff will make sandbags available to the public. Each resident may request up to 300 sandbags by calling 311, Orange County's information line. Once a storm has passed,

Orange County crews will assess and report locations for emergency debris clean-up. Debris will first be removed from public right-of-way to allow safe passage of emergency vehicles. County emergency crews will prioritize clean-up to focus on those areas caus-



public health and safety. Citizens are encouraged to stay home until the news media reports otherwise. Announcements concerning debris clean-up will be made on television, the newspaper, this website, local radio, and County Facebook and Twitter pages. In addition, please report any flooding during or after a storm to 311.

Citizens who require transportation assistance or have no alternate means to evacuate their home and those who have a health or medical condition that requires attention by skilled medical professionals in a shelter environment should register their needs through Orange County's Special Needs Program. Orange County has three designated specialneeds shelter sites during an emergency. During an emergency, these shelter locations will be broadcast via radio and television as well as an automated phone message. Residents are asked to call 311 if they require special-needs sheltering or transportation. To find more information or register for this program, please visit our website or call 407-836-9319.

Following a storm, citizens are encouraged to stay home until the news media reports otherwise. County workers are skilled in managing debris following a major emergency situation. Our storm history provides us with considerable experience in planning, logistics, and debris clean-up operations. We are prepared for any emergency. As always, please do not hesitate to contact me or my staff, Edgar Robinson and Liz Roby, if you have any questions regarding emergency preparedness or any other county issue. We can be reached at 407-836-7350 or by email and district5@ocfl.net.

Protection And Service

The Winter Park Police Department



Fourth Of July Holiday Weekend

The Winter Park Police Department would like for you to celebrate the 4th of July holiday with friends, family, good food, and many festivities. However, we want you to be safe and make wise decisions. According to the National Highway Traffic Safety Administration, in 2014, 397 people were killed in motor vehicle crashes during the 4th of July holiday period. Of those motor vehicle fatalities, 164 people were killed in crashes involving at least one driver or motorcycle operator with a blood alcohol concentration of .08 grams per deciliter or higher.

Please keep the following in mind:

- Plan a safe way home before you start the fun
- Designate a sober driver or a way to get home safely
- If you see an impaired driver on the road, contact law enforcement immediately
- Download NHTSA's SaferRide mobile app at www.nhtsa.gov/link/saferride/

So this 4th of July holiday, enjoy your loved ones and don't allow your festivities to turn tragic on the road. There is nothing fun about losing your driver's license, facing jail time, paying attorney fees, or jeopardizing your life or the life of someone else.

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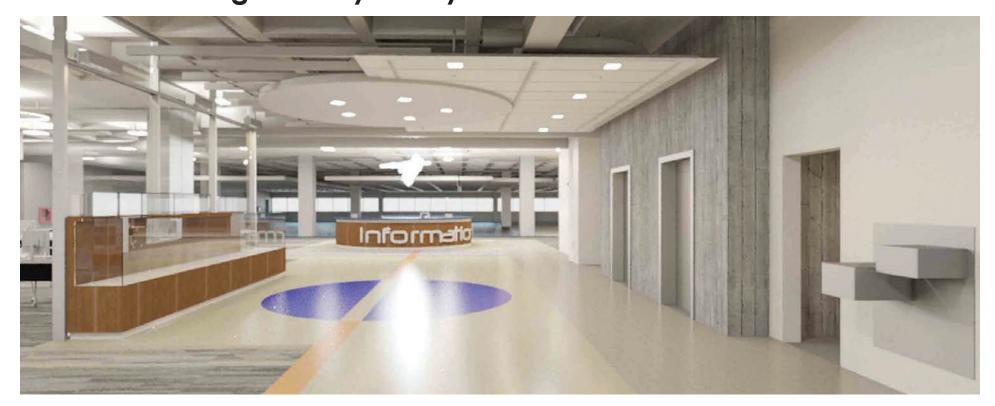


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Downtown Orange County Library Renovation



Rhodes+Brito Architects recently completed the design for renovations to the fourth floor of the Orange County Public Library located in the heart of downtown Orlando on Central Blvd.

Ruffin Rhodes, co-founder and partner at Rhodes+Brito, said the new design of approximately 10,000 square feet of the library's fourth floor focuses on quality interior finishes consistent with other levels of the library and bringing in lots of natural light to create a lively and vibrant space.

Special features include a large open area with computers and flexible community rooms that are totally glassed in. "The renovation will enhance



visual connections rhodes + brito between the infor-ARCHITECTS mation desk and overall floor while

creating a comfortable environment for computer research," Rhodes explained.

Construction start of the approximate \$1.4 million renovation will be determined once a contractor has been selected.

Rhodes said the Library project is part of a continuing architectural services contract the firm has with Orange County to provide architectural and engineering services for projects valued under \$2 million.

Rhodes+Brito, an Orlando firm founded in 1996, currently employs a staff of 20, including seven registered architects. The firm has experience providing architectural services to a wide variety of agencies throughout the State of Florida, including municipal government agencies, federal, education, aviation and senior living facilities. Rhodes+Brito Architects is the current Orlando AIA 2016 Firm of the Year.



Mayflower Resident Celebrates 105th Birthday!

In the year 1911, stamps cost two cents apiece ... the first Indianapolis 500 race was run ... and Midge Ruff was born in Princeton, Indiana. On June 22, Midge celebrated her 105th birthday as the oldest resident of The Mayflower Retirement Community. A longtime Winter Park resident and retired elementary-school teacher, Midge enjoys playing bridge, watching sports, and taking a class on how to use her iPhone. At her party, the City of Winter Par dedicated a tree in her honor. Then The Mayflower's chorus sang Happy Birthday to her, and she attended a tea and concert at the nearby Alfond Inn with fellow residents.







Special Olympics Florida Celebrates Unified Sports Milestone

Special Olympics Florida is celebrating a significant milestone in Special Olympics' 50-year history. Thanks to the generous support of ESPN, the Department of Education, Kim Samuel and the Samuel Family Foundation, Lions Club International, and many others, Special Olympics surpassed its goal of registering 1 million Unified Sports participants, by registering 1.2 million participants, including athletes (individuals with intellectual disabilities) and teammates (individuals without intellectual disabilities) in Special Olympics Unified Sports.

Special Olympics Florida offers 11 Unified Sports teams including basketball, bocce, tennis, soccer, athletics (track and field), volleyball, golf, flag football, cheerleading, softball, and bowling. Dedicated to promoting social inclusion through shared sports training and competition experiences, Unified Sports joins people with and without intellectual disabilities on the same team and playing field. It was inspired by a simple principle: training together and playing together is a quick path to friendship and understanding. Special Olympics Florida currently has more than 12,000 participants registered.

In 2013, ESPN became the Global Presenting Sponsor of Special Olympics Unified Sports, and committed to help provide support and resources on the road to Special Olympics' goal of doubling the number of participants in inclusive sports. At that time just over 500,000 global participants participated in Unified Sports. Thanks to recent growth and awareness, now over 600,000 Special Olympics athletes and over 650,000 of their teammates have registered to participate in Unified Sports globally



"Exceeding the goal of 1 million Unified participants globally is a tremendous accomplishment," said the Special Olympics Florida president and CEO, Sherry Wheelock. "We have witnessed the transformational power of Unified Sports for our athletes, schools, and communities here in Florida and will continue to grow Unified Sports across the state. Unified Sports is changing hearts and minds about stereotypes and judgements of people with intellectual disabilities through shared participation in sports competitions and relationship building."

> Officially launched in 1989, Special Olympics Unified Sports has gained momentum over the last 27 years due in large part to multiple partners and supporters. In addition to the support from ESPN and others, Special Olympics Florida would like to thank local partners Publix Super Markets, the Walt Disney World Company, the Florida Department of Education, the Taft Foundation, Wells Fargo & Company, Universal

Orlando Foundation, and the United States Tennis Association for their support.

Beau Doherty, president of Special Olympics Connecticut, known to many as the first person who introduced Unified Sports to the Special Olympics Movement, comments on the expansion and growth of playing unified. "When I look back to that one afternoon in 1984 talking with Mrs. Shriver (Special Olympics Founder) about taking a chance and bringing people without disabilities onto the same playing field as our athletes - I never thought in my lifetime, I would see us reach over a million people playing Unified Sports. I'm literally blown away by the scale and success of our Unified Sports programming around the world. True social inclusion – the connections that people make through participating in Unified Sports - is the end game. The day that I saw students in high school lettering on a Unified Sports team about 10 years ago made me feel that we were definitely moving down the path of true social inclusion."

As part of the celebration of surpassing the 1 million participant milestone, Special Olympics Florida is encouraging all who have been impacted by Unified Sports to share their story and thank those who have helped make the program possible. Fans and supporters are encouraged to use the hashtag #PlayUnified and share their stories from across the world. To read some of the inspiring stories from athletes and partners playing unified, visit www.playunified.org.



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A Night of Mourning

n Saturday, June 11, 2016 I was celebrating a friend's birthday with others at a nearby pizza restaurant - a stone's throw from Pulse Nightclub. It's your friendly neighborhood gay bar sandwiched between a car detail shop, a Dunkin Donuts, and across from Einstein Bagels - you know, just another place on busy South Orange Avenue.

But later that night, it became the center of the universe.

I woke up Sunday morning, turned on the TV and watched the news break of a shooter who had killed at least 20 people inside the club. As the morning wore on, that number quickly climbed to 49. My God. 49.

I was born at Orange Memorial Hospital, now known as ORMC - now the Level One Trauma center for the worst mass shooting in modern times in the United States. Within hours, every news outlet descended on Orange Avenue and began broadcasting 24/7 about what just happened. We're not used to this. To hear my town's name being said over and over again followed by the words "mass shooting" was breaking my heart. Why here? Why anywhere? The tributes from around the world made me cry, but hopeful. Sad, but focused. Enough is enough.

I decided to go downtown with some friends to take part in the first vigil held on the lawn of the Dr. Phillips Performing Arts Center on Monday, June 13. A crowd of nearly 8,000 people gathered to heal, listen to community leaders, ring bells and hear music, light candles and cry together.

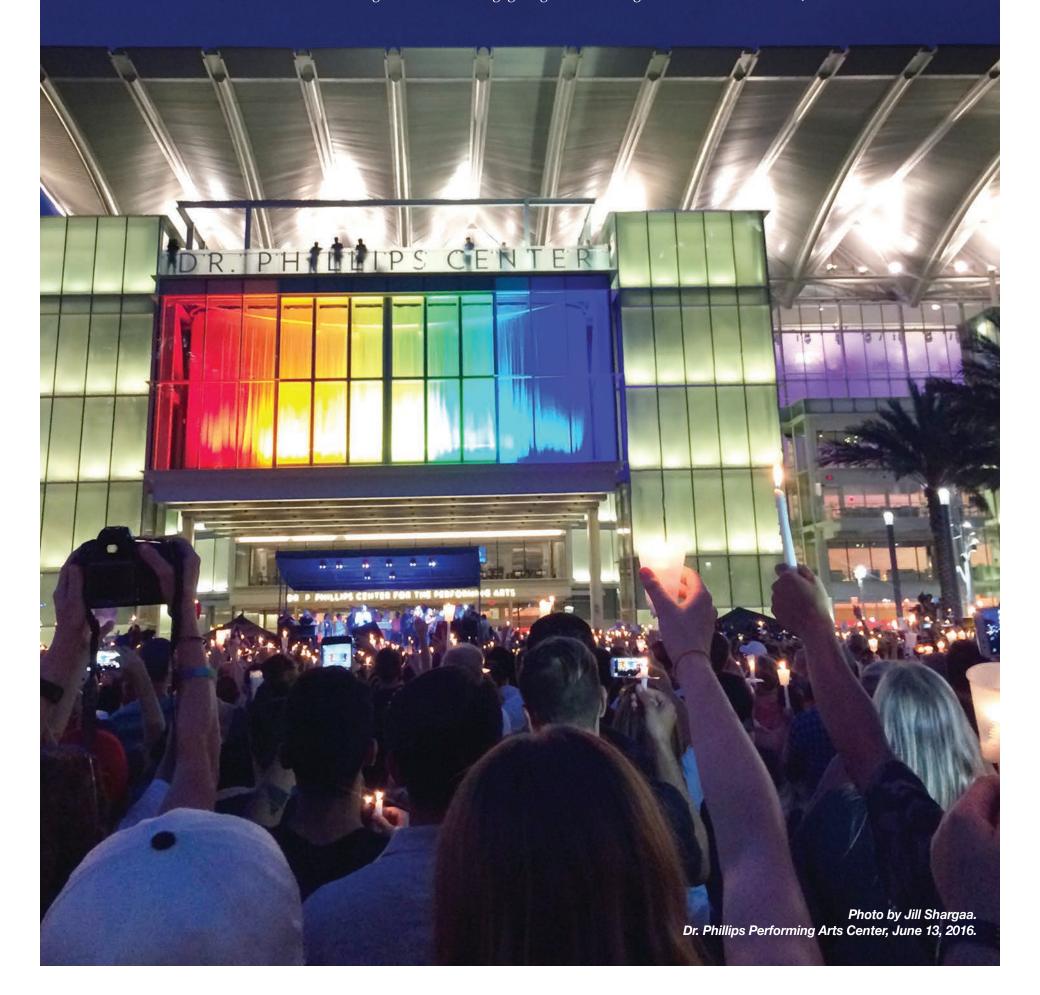
Since this heinous crime happened, I have seen my hometown show the world how generous and caring, giving and nurturing,

loving and inclusive we are as a community. The vigils, the blood donors, the fundraising and donations have poured in at lightning speed, and still growing.

A few days later, another vigil was held. This time an estimated crowd of 50,000 people gathered around Lake Eola. Since then, dozens of vigils, memorials, and events have taken place all over Central Florida, with more planned weeks ahead. Cities around the world stand with us in our time of sorrow and grieving. We really are connected with everyone.

This is Orlando.
This is my hometown.
This is Love.
Love Is Love Is Love.

– Jill Shargaa, Art Director of The Park Press



Rachel Calderon

planned giving by Rachel Calderon

Philanthropy

Lately, our community has

been through a great deal. Even so, we can always lean on the fact that giving back brings joy, and Elizabeth Brothers brings us that reminder.

Her passion started at an early age. She remembers her parents' involvement with their church and her father being part of the veterans' organization that collected used toys for families in need.

"My father refurbished the toys and gave them away at Christmas to families in need and my mom would make homemade cookies for the families receiving the toys," she said.

She joined a church as a young adult and began tithing, which was the center of her experience with giving away money. She remembers that exciting things started happening to her as a result of giving back.

Brothers left a career in publishing and started working at Mount Holyoke College, discovering planned giving was the wave of the future. "What I quickly realized is that people can give more money away, if they planned now and gave later," she said.

Gift annuities and other options, such as unitrust and annuity trusts, were available and she began to understand how these vehicles allowed individuals the option to have income now, and be remembered later.

She later began a career at Rollins College as the associate vice president of development. She started building a class reunion gift program and set a goal to reach 100% participation. The class of 1937 reached this goal at its 50th reunion. "The amount was not important, but the participation was," she said. She also started planned giving programs, stewardship programs, and even arranged for donors who gave scholarships to meet with the students who received the awards. "It was all about personalizing philanthropy," said Brothers. Her proudest moment was securing the first one million dollar gift from an individual who wasn't a graduate.

Planned giving allows you to connect your passions to causes. She established two funds so she can enjoy giving back now - one for of her love of music and in particular, opera; and the other is flexible, because she knows how important unrestricted funds are to nonprofits to keep their work going.

Brothers believes everyone can be a philanthropist and you don't need a lot of money to do so. She thinks the most important thing for everyone to remember is to give thoughtfully and get involved, because you get a great deal of joy out of doing something good in your community.



Rachel Calderon is the Marketing & Communications Manager of the Central Florida Foundation.

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be sustained.

fiscal fitness by John Gill

The Power Of Words

it will have been almost weeks since the Pulse shootings occurred

in downtown Orlando.

decided to write about this because of the serious and severe impact the event has had upon our community, and to also highlight the hopeful signs that have emerged and the need for those signs to

There are truly no words to convey the horror, terror, and darkness heaped upon our region that night. That event was a collision of extremist views, thoughts, and ultimately action. In all likelihood it was initially rooted in the most simple and basic communication blocks used by human beings, words.

Words have power. So often, the power of words are taken for granted or not respected. The perpetrator of this act had been indoctrinated in such a fashion that words had evolved into philosophies of American intolerance, intolerance of diversity, intolerance of sexual orientation, and religious intolerance. He used these prejudices to justify unjustifiable acts.

The political discourse and decorum in the United States has declined over the years. The

By the time you read this, words used to describe our political opponents or those with differing views has fallen to its basest level. The possibility of extreme elements using the "new mainstream" political language to advance their position may increase.

Extremism is easy to initiate because it is fueled by words. Extremism can destroy the social fabric of a community and ultimately a society. As a community we must strive to ensure the rhetoric and intensity of discussions and perspectives do not devolve into immovable, unempathetic positions.

Extremism. The gunman perpetrated the worst of the worst extremism, hate, and terrorism in one heartbreaking action. The individuals at Pulse were targeted because they were members of the LGBTQ community, Hispanic, and ultimately because they were Americans. In either case, this is no reason to be subject to the horror and terror those individuals experienced. It is said often that this was an attack on American ideals. It was. It was an attack on ideals of individualism, freedom of expression, the melting pot of America, choice of lifestyle and others.

We must reject extremism and identity politics. Please understand the power of words and negative attitudes and how they can escalate into tragic situations. Be aware of your own intolerances and prejudices. We all have them.



We must strive to sustain the positives that have emerged from this situation. The outpouring of love, light, kindness, and community strength tends to happen after these incidences. However, based on anecdotal evidence, garnered from people who report on these events around the world, the response from our community seems to be much different than in other places with similar episodes. I hope this is true. I hope our region's response truly defines and advances our community and is not just a moniker for T-shirts and bumper stickers.

We are all called upon to be stewards of our community. That our actions and activities serve to move the community, society and ultimately the Country forward in a positive manner. Words and attitudes are important in the execution and effectiveness of such stewardship. Please remember, at the end of the day, it all starts with the power of words. Use them wisely!

If you have questions, comments, or an area of financial interest you would like to see discussed in The Park Press, please call John at 407-353-0594 or send email to FiscalFitness@ymail.com. Follow John on Twitter, @john_gill1.

family business perspective by Kendall Rawls

Juggling Expectations In The Family Business

Being in the family business is no easy task. You are juggling expectations from two different spectrums - family and business- as well as preconceived notions from managers, employees, and vendors that you are likely enabled, underqualified, and grew up with a silver spoon in your mouth. No matter your work ethic and drive for the business, all family member employees are fighting the nepotism stereotype.

The term "family business" is an oxymoron combining two opposing perspectives. The "family" perspective drives unconditional acceptance based upon being born into the family. In contrast, the "business" perspective drives an environment of conditional acceptance based upon what you are doing to promote the business enterprise. As a result, the family business environment is fertile • Give yourself ground for ambiguous, confusing and, often times, and others a unreasonable expectations.

Whatever led you to the business, consider the following as you navigate and balance family and business expectations:

Change is the only constant

Acknowledge everything has the opportunity to change. As you work with family it is easy to assume one's behavior based upon past experiences, but take a moment and process if you are basing a 30 to 50-year-old's behavior upon a stereotype given when they were seven. With age comes maturity. Similarly, acknowledge that you, key management, the economy, customer wants/needs, buying behavior, etc. all change.

Expect emotions

The family business environment is a hotbed for emotions. From fulfilling family obligations to launching new products/services, there are many dynamics that drive emotions in the workplace amongst passionate family business professionals. No matter what - family and business are built by people. People are unpredictable and emotional beings, which can cre-

ate conflict, but can also drive amazing things like creativity and innovation.

break

Managing both family and business dynamics is often times like trying to figure out a Chinese finger trap. Stuck. When you feel like there are no options, remember to give yourself and those around you a break. Step away from the situation take a vacation with friends, enjoy a hobby, and take heart that working in a family business is

not easy. A major part of this is also remembering that, even though it may appear you are on separate sides of an issue, you both want the same thing for each other and the business - to be happy and successful.

Find third party mentors

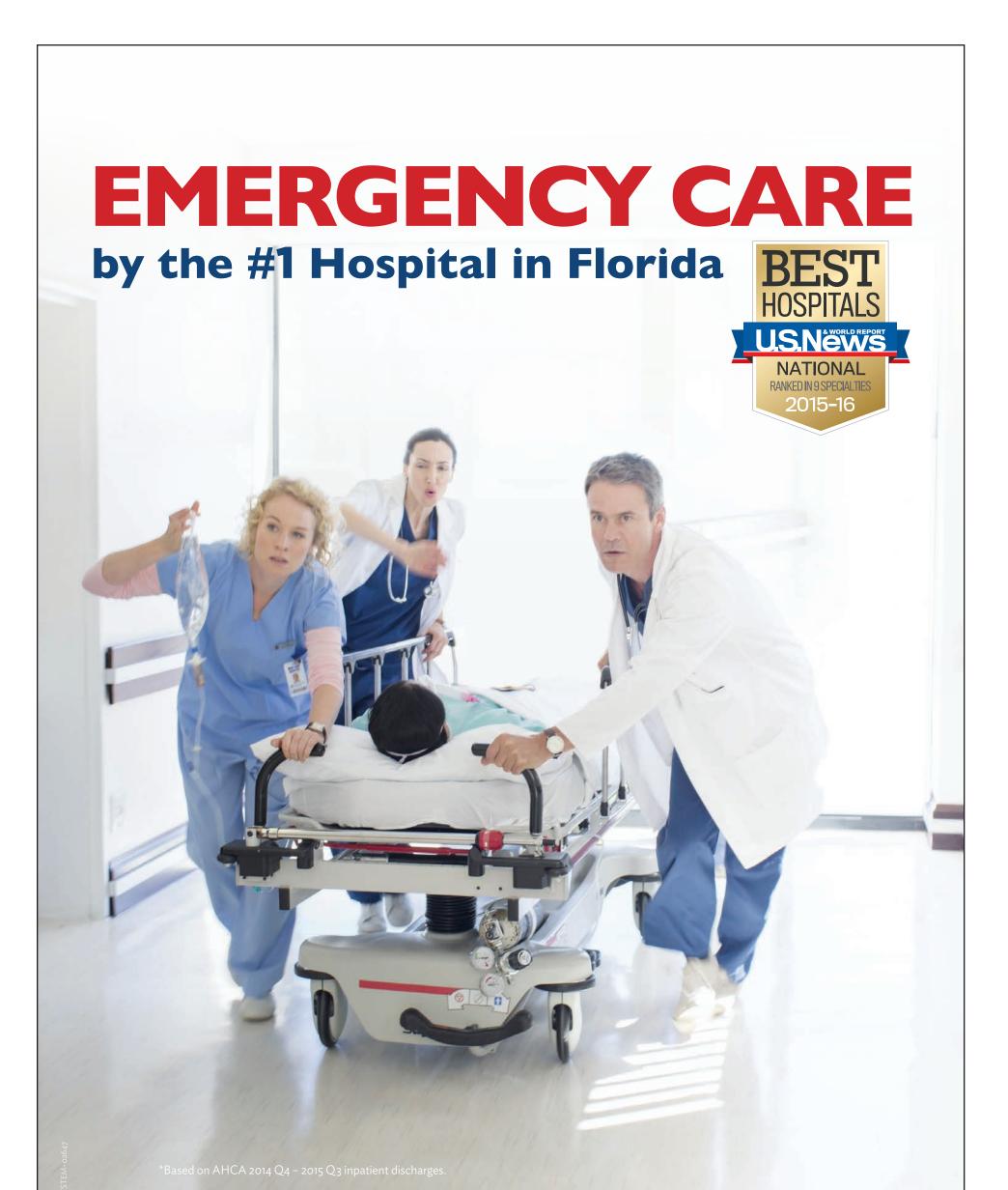
Working in a family business is complex, and you may not always want to go to your parents for help. Finding a

third party mentor or licensed family therapist can help provide direction and tools for overcoming internal and external conflict in a family business.

The balance between family and business is difficult to discover and delicate to maintain. Define your purpose in the business, work hard to earn your place and the respect of your colleagues, and remember that no family or business is perfect. There will be struggles - but whatever you define as your purpose, your reward is staying connected to a business you've known your whole life, fulfilling your professional passion, impacting your community for the better, and/or staying close

to your family.

Kendall Rawls knows and understands the challenges that impact the success of a family owned business. Her unique perspective comes not only from her educational background; but, more importantly, from her experience as a second generation family member employee of The Rawls Group.





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real estate in the parks by Scott Hillman and Katherine Ferrara



Exploring Winter Park

In our final series rediscovering some of Central Florida's best neighborhoods, we head into our backyard. The treelined paved brick streets of Winter Park offer an array of

home designs, from distinctive custom luxury with modern Florida and classic New England styles.

An abundance of parks, museums, family-friendly entertainment venues, along with A-rated schools and restaurants make Winter Park one of the most sought-after neighborhoods to live, work and play. The sparkling waters along the Chain of Lakes, connected through a series of canals, are favorite playgrounds for water and boating enthusiasts. Rollins College, ranked as one of America's Best Colleges by U.S. News & World Report, has graduated some of the nation's leading scholars and Nobel Laureates.

Friday Evening

Check into a luxury suite at the Alfond Inn, the gold standard of hospitality in Winter Park. This artfully-decorated boutique hotel is adorned with art pieces from Rollins College and each well-appointed room features amenities to make your stay a welcome respite. Enjoy a signature cocktail downstairs at Hamilton's Kitchen overlooking the courtyard before heading to dinner at Hillstone. Toast a dazzling summer sunset overlooking Lake Killarney while enjoying award-winning entrees under the stars.

Saturday Morning

One of the most popular gathering - and petfriendly spots - every Saturday is the Winter Park Farmer's Market, located next to the historic train depot. From fresh fruit and vegetables to homemade gifts and plants, this is a great place to spend the morning exploring local finds over a tasty breakfast. The market opens at 7 a.m. so get there early to beat the crowds!

Saturday Afternoon

Pack a plate of mouthwatering BBQ, cheese, fresh baked bread, and other goodies from the market for a picnic lunch in nearby Central Park. This open green space makes a great spot for lounging and people watching. You can stroll through the fragrant rose garden, or throw a Frisbee or kick a soccer ball on the lawn. If you feel the need for a little more speed, rent bicycles from Breakaway Bicycle Shop to explore the neighborhood and Hannibal Square. Shopping is a popular weekend activity with boutique stores offering couture for men, women and children, jewelry, kitchen and home accessories, and gifts for any occasion. Be sure to stop in The Grove, a locallyowned business that carries apparel, gifts and home furnishings. Book lovers will relish the independent bookstore, Writer's Block, located on Welbourne Avenue, offering something for every reader.

Saturday Night

Make reservations to experience a lively dinner at one of the many restaurants on or close to Park Avenue. For Mexican, Cocina 214; Italian, Prato; French, Café du France; Turkish, Bosphorous Turkish Cuisine; and for a casual American Cuisine, Luma.

Sunday Morning

Sleep in a little later before sitting down to a savory and hearty brunch. The Boca Kitchen Market Bar serves farm-to-table staples with talked-about dishes like the Old Man Egg Platter, Hammy Sammy, and the Hangover Panini.

Sunday Afternoon

With just a few hours left, enjoy an afternoon at the Morse Museum of American Art. This worldrenowned museum is home to the largest contemporary collection of Tiffany art glass and lamps. It also houses late 19th and early 20th-century American art pottery, paintings and other decorative art.

Scott Hillman is president of Fannie Hillman + Associates, a 35-year-old Winter Park-based real estate company specializing in residential real estate sales and producer of The Hillman Report, a semiannual look at residential real estate in Orange and Seminole counties that can be viewed on the company's website (fanniehillman.com) or by calling (407) 644-1234 for a copy.

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in the garden by Stephen and Kristin Pategas

By The Numbers

Engagement with a garden offers numerous rewarding experiences. We brainstormed about what takes place in our garden, then after dinner in our garden room we headed further outside with glasses of wine and counted and counted – some counts were based upon educated guesses. Here are the results of what took place in our garden last year.

Stephen & Kristin Pategas

- 72times we ate outside in the screened garden room or on the open front terrace
- 4,000 blooms appeared in the mature super-sized magnolia tree
- 26harvests of herbs (rosemary, lemon thyme and oregano) for Herbtinis
- 42culms/stalks comprise the clump of giant timber bamboo
- 55feet to the tips of the soaring giant timber bamboo
- 29dead fronds trimmed from three sabal palms in one session in the late winter
- 10trimmings of the dwarf Asian jasmine groundcover
- 17fillings of the bird feeder
- 9species of birds at the bird feeder or on the ground below it
- 1,825times a squirrel was foiled by the Squirrel Buster bird feeder
- 212sharpenings with a bastard file of one pair of Felco hand pruners
- 55trash bags full of oak leaves collected curbside for mulching plant beds
- 0cubic yards of pine bark mulch purchased
- 28bales of pine straw purchased for walkway mulching
- $144\,.....$ s.f. of raised vegetable beds
- 12bushels of produce harvested from the vegetable garden
- 9cabbages harvested
- **212**jalapeno popper appetizers created from the fruits of one long lasting pepper plant
- 9.....different fragrant blooming plants including orchids
- 26pauses to search out and enjoy a fragrant blooming plant
- 28applications of algaecide to the water features
- 38days that toters of yard waste were wheeled to the curb
- 11species of birds in the water features
- 18cedar waxwings at our spouting fish water bowl at one time
- 62different species of succulents in our garden
- 98planted containers (downsized from 110 in 2014)
- **36**Xeri-Bird devices with 216 tubes providing low volume irrigation to plants and container plants
- 28different species of native plants
- 4different species of bamboo (all clumping forms)
- 10different species of palms and cycads
- 8different species of creeping or climbing vines
- 12different cultivars of caladiums providing over seven months of foliage color
- **286**different plants throughout the gardens over the years and an equal number did not survive
- .42acres comprise our property

What's happening in your garden?

- 1. Tubes from Xeri-Birds provide low volume irrigation.
- 2. Fresh herbs add depth to the Herbtini.
- 3. It takes a big magnolia to host 4,000 blossoms.
- **4.** Some of our collection of 98 containers.





Photos by Stephen G. Pategas/Hortus Oasis.

Hortus Oasis (FL26000315) in Winter Park is a boutique garden design company specializing in residential, commercial and specialty gardens. Stephen is a registered landscape architect and Kristin is a certified landscape designer. Contact them at 407-622-4886/garden@hortusoasis.com



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pop culture detours by George McGowan

A Compendium Of Summer Beach Reads (as curated by my Facebook friends)

To honor the month of July, your intrepid pop culture reporter is being quite lazy and turning over his column to some friends. What follows is a list of recommended beach reads, curated by some of my Facebook friends who took the time to let me know their thoughts.

My cousin Brian recommends "Motherless Brooklyn" by Jonathan Lethem. My research shows that this novel won the 1999 National Book Critics Circle Award for fiction and reviewer Albert Mobilio of the The New York Times wrote "Under the guise of a detective novel, Lethem

has written a more piercing tale of investigation, one revealing how the by Sedaris is laugh-out-loud funny. mind drives High school friend Tim suggests a classic science fiction and Hugo awardo n winning novel by Robert A. Heinlein, "Stranger in a Strange Land." Did you know that Heinlein helped to popularize the saying: "pay it forward" from his book "Between Planets," published in Doug sug-

its own 'wheels within wheels.'

Fellow Rollins alumni Jami-Leigh suggests a couple of memoirs: "And One More Thing" by actor/comedian/"The Office" writer B.J. Novak and "Love is a Mix Tape" by Rolling Stone writer Rob Sheffield. Jami also recommends "Juliet, Naked" by Nick Hornby and was quick to point out that it is "not about what you think it's about," which makes it so intriguing, I will simply read it without asking exactly what it's about.

Jami-Leigh and a high school friend, Richard, both mentioned enjoying reading David Sedaris at the beach, and I would agree. Anything

> gests "Shogun" "Tai-Pan"

for those of you

Daniel recommends "Alas Babylon" by Pat Frank. I had never heard of this novel but found that it is set in Mt. Dora, so it seems quite appropriate for us Central Floridians. A quick Google of the author reveals a very interesting article about him from Jacksonville. com by Matt Soergel of the Florida Times-Union. The article is definitely worth a read - and I'll trust Daniel for

his recommendation of the novel.

who like historical fiction. Ray suggests the non-fiction account of the last leader of a great Native American tribe in "Empire of the Summer Moon: Quanah Parker and the Rise and Fall of the Comanches, the Most Powerful Indian Tribe in American History" by S.C. Gwynne.

Sean from Atlanta by way of Boston and Australia suggests "Middlesex" by Jeffrey Eugenides, which I am sad to admit has been on my list of books to read for too long because I am scared of it. It won the Pulitzer Prize in 2003 and you can find many, many reviews of it online. They will tell you of its incredible scope and power and for these any many reasons, I keep putting it off. But since Sean recommends it – it goes back on the list for me.

teenaged vacation to Panama City and his life-changing experience of reading the James Bond adventure "From Russia, With Love" by Ian Fleming. He also recommends another Pulitzer winner, "A Visit from the Goon Squad" by Jennifer Egan. Goon Squad has the distinction of being a novel in shortstory form with each of the 13 chapters a story unconnected to the others. Sounds intriguing, which is exactly what I would expect from Michael.

Other recommendations: Dan's The "Private" series of novels by James Patterson; Mark suggests for the hundredth time "A Night to Remember"; Annabel likes anything by Stephen King or Randy Wayne White; and Susan likes "In the Time of the Butterflies" by Julia Alvarez which is published by my wife's favorite publishing company, Algonquin Books of Chapel Hill.

Oh and speaking of my lovely wife, she reads voraciously and loves the newest releases from Donna Andrews and Janet Evanovich.

Finally, a correction to my June article about Julia Louis-Dreyfus. Her TV series "Veep" is not on Netflix but rather HBO. Previous seasons of "Veep" are available on Netflix, but not season Cousin-in-law Michael tells of his five which just aired its season finale.

theater in the parks by Barbara Solomon

Nemo Comes To Avenue Q

WRITTEN BY JEFF WHITTY, ROBERT LOPEZ, AND JEFF MARX **DIRECTED BY JUAN CANTU** STARRING ADAM HOSE AND CHRISTINA SIVRICH

This show takes me back to growing up in an apartment house in Brooklyn-yes, me and Bernie and Barbra-where the streets are in sequence by letters and your friends all live in the same house. Princeton (Adam Hose) is just moving in and needs to find either a job or his purpose in life. Meanwhile, he falls for Kate Monster. Oh, did I neglect to tell you half the apartment dwellers are puppets, which makes this musical the most adorable ever! We go through the trials and tribulations of all the characters, but by the last song, "For Now," Princeton seems to have found his purpose and everyone is happy, at least for now.

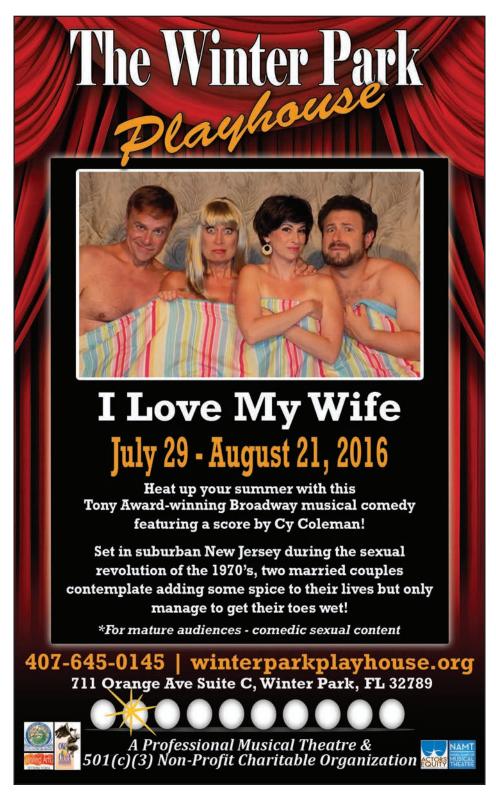
Avenue Q was extremely well cast, drawing six out of seven actors from Disney World's "Finding Nemo." Paul Padilla is just the perfect Brooklyn boy in "It Sucks to Be Me" and "I'm Not Wearing Underwear Today."

Christina has a strong voice and bubbly personality. Faith Boles as Gary Coleman couldn't be more hilarious. And Sonja Roman is marvelous as the school owner as well as one of the bad news bears. The songs are all cute and well performed, but you leave singing "There's A Fine, Fine Line," which has a beautiful melody and good lyrics. Kudos to Juan Cantu for his numerous directorial touches. All in all, they the cast looked like they were having fun doing the show, and that translates to us, the audience, having fun watching it.

But I always find meaning in everything I see at the theatre. Avenue Q is about life's lessons, the importance of helping others, acceptance, and the virtues of relationships.

The black box next door to Avenue Q is showcasing another play about relationships, "The Brothers Size," written by the up-and-coming playwright Tarell Alvin McCraney and featuring Jim Braswell, Clinton Harris, and Stelson Telfort. It tries to answer the question who's my brother and who's my keeper. The drama has a very different format from most, very theatrical and very surreal. Although it is a serious drama, the play is punctuated with quite a few funny lines. It is extremely well acted and directed, by Bobbie Bell, who showed much insight in working with this unusual script.

Playing through July 10 at The Mad Cow Theatre, 54 West Church Street. For more information call 407-297-8788 or visit madcowtheatre.com.



live meaningfully by Ayesha G. Bullock, M.A.

Summertime And The Livin' Is Easy...

Currently sitting outside and trying to catch the last few wafting breaths of pre-summer swelter. Though the great music and the cool drink help

a bit, it seems summer is, without a doubt, upon us. Ahhhh, Florida, how you never fail to show up with your flushed faces and sticky bodies.

Admittedly, my mind's-eye can't help but wander to a certain (unattainable) nostalgia of rope swings and lemonade stands, however it dawns on me that (short of a significantly higher utility bill) summer is much like any other season in the dayto-day obligations and preoccupations.

So, with that, I find myself wondering what it might be like if I adopted the easy-breezy attitude that summer brags. Each year summer makes promises of a slower pace, a lilting disposition and a provocative proposition.

Swim, sleep in, drink, cook out, celebrate, indulge in the joie de vivre...

Many of us tend to engage in appropriately celebratory summer measures by bookending the season with Memorial and Labor Day holidays, but what happens during the three months in-between? Do you continue to grind out the daily routine, rushing the kids off to camp, overcommitting yourself at work, continuing to find yourself in the regular worries of the day?

Or do you allow overdrive to downshift to a luxuriant idle for a few moments and languish in summer's promises?



Do you let the kids stay out a bit later?

Do you soak up a few more rays than you ought to? Might you mix up one more batch of margaritas on a Sunday night before shutting down the

If not... Why not?

weekend?

Though we've long ago left behind the effervescence of the last days of school or the anticipation of night swimming and telling stories under the stars...Why not?

Whether you have little ones at home or your children are parents in their own right, why not dedicate the next few months to all things summer marvel and wistful wonder?

Start a movie an hour before bedtime.

Plan a scavenger hunt before dinner.

Make ice cream for lunch.

Have friends over for grown-up slushies.*

Float a day away in the pool with no thought of things to be done or places to be.

Offer a Marco to your favorite Polo.

Visit a state spring.

Pack a picnic for your better half (complete with checkered cloth, watermelon and fried chicken).

Dance the night away at a beachside bar.

Why not treat this summer as though it's your vacation from all of the very important adult business that every other season seems to require? Take your own holiday from the daily stressors and angst-filled nights you spend the better part of the year entertaining. Whether you travel near or far imagine a land in which you may suspend the need to take yourself so very seriously and welcome summer playtime this year. Make it a summer replete with all things rope swing and rosé.

Cheers!

Be well; Live Meaningfully. Till the next time, Ayesha

Ayesha G. Bullock, M.A. practices at 2150 Park Avenue North as a Licensed Mental Health Counselor and can be reached at ayesha@livemeaningfully.net or 407-796-2959.



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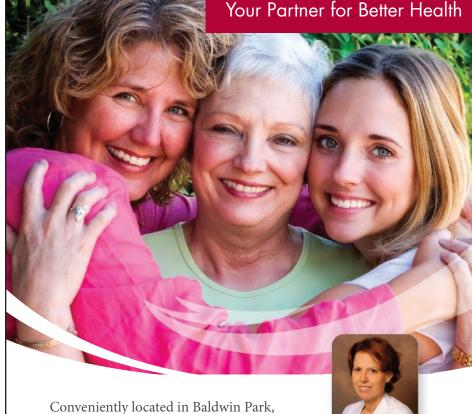






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18 SCHOOLS The Park Press | JULY 2016

schools



Audubon Park Elementary PRINCIPAL ANNA FERRATUSCO

The summer always seems to fly by and before we know it we are discussing the new school year! For our upcoming kindergarten friends at Audubon Park Elementary, we have summer playdates where students can get acquainted with possible classmates before the year even starts. The playdates and locations are as follows:

- Saturday, June 25 at 9:30 a.m. at Enders Playground
- Saturday, July 9 at 9:30 a.m. at Enders Playground
- Saturday, July 30 at 9:30 a.m. at Enders Playground
- Saturday, August 13 at Audubon Park ES (time TBA)

And then all of a sudden, it's time for Meet Your Teacher! This is a special time for parents and students to come visit their new classroom and meet their new teacher. Meet Your Teacher will be on August 12th from 11:00 a.m.-1:00 p.m. We invite students to come meet their teacher and hopefully ease some of those first-day jitters. We look forward to all the smiling faces very soon!

Maitland Middle School HAWKS PRINCIPAL MR. ANDREW LEFTAKIS

The 2015-16 school year has ended and our Hawks have soared to great successes through academic performances and outstanding leadership opportunities this school year. We encourage our current students to participate in our summer reading available in the front office or on our school website. We wish our current eighth graders the best of luck in high school as they embark on a new journey. In addition, we also would like to wish Dr. Shames the best of luck as she transitions into her new role as a principal-on-assignment for leadership development in Professional Development Services. To all of our Hawks, thank you for a great year as each and every one of us ignited untapped potential at Maitland Middle School.



Park Maitland School

Park Maitland School's Summer Fun Adventure Camps is in full swing. Our adventures started this week with space exploration. Campers learned about the planets through songs and games, created cardboard robots, and the highlight of the week was touring the "Mars Habitat" designed by our 3rd and 4th graders. The fun will continue in the upcoming weeks with ocean exploration and Lego construction.

Our little adventurers get to design, plan, and implement their ideas each day. The children love constructing structures while work-

ing in groups. While they are having fun measuring, counting, planning, predicting, building, painting, designing, and working cooperatively, they don't realize that they are actually using science, technology, engineering, art, and math (STEAM)! Our campers take risks, use and develop their imaginations and creativity, and engage in higherlevel thinking skills while working collaboratively. It's amazing to see even our four and five-year-olds nurture these skills!

In an age where it's very easy to lose our children to the virtual world, camp is more im-

portant than ever. Our adventures create new and inspiring memories that campers will carry with them forever. And in August when it is



time to go back to school, they will be equipped with the knowledge and confidence to start the new school year with success.



Park Maitland School

kids having a blast

at the Summer Fun

Adventure Camp.



St. Charles Borromeo Catholic School PRINCIPAL NATHAN NADEAU

Congratulation St. Charles Borromeo Catholic School **Graduates!**

St. Charles Borromeo Catholic School held the 2016 Graduation Ceremony on May 27th, where 47 students received their diplomas. The students, their families, SCBCS faculty and staff, and friends paid tribute to the hard work and accomplishments of the graduating students.

After the Mass, the ceremony included remarks from Principal Nathan Nadeau; the Valedictorian, Kiernan Jimenez; and Salutatorian, Jessica Kuehler. The following award winners were also recognized. The St. Charles Borromeo Award was presented to Sebastian Perez for following in the footsteps of Jesus. He shows this by service to others, his sense of responsibility, respect for all, and self, and spirit of kindness. The Sisters of St. Joseph Award was presented to Ryan Brogan for overall accomplishment, personal growth, and ability to overcome obstacles, perseverance, and academic achievement throughout his years at St. Charles.

Earlier in the month, 8th grade celebrations included Passing of the Light Ceremony, 8th Grade Dinner Dance, Field Day, May Crowning, and a class field trip to Busch Gardens. SCBCS is looking forward to the next school year, starting Wednesday, August 10th. Congratulations and best wishes to the 2016 graduating class!



Congratulations to the 2016 St. Charles Borromeo Catholic School grads!

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COMMUNITY CALENDAR

Audubon Park Garden District Events

Ongoing Events

Every Monday night Community Market – 6:00 to 10:00 p.m. at Stardust Coffee parking lot located at 1842 E. Winter Park Rd. For information call 407-590-8776.

Baldwin Park, College Park and Orlando Area Events

Ongoing Events

Every Monday Smarty Pants - 10:15 a.m. Storytime for children ages birth-5 years old at the Edgewater Branch Library located at 5049 Edgewater Dr. For more information call 407-835-7323.

Every Wednesday Mills50 MidWeek Group Runs – 6:00 p.m. at Track Shack located at 1104 N. Mills Avenue. This event is free to runners of all abilities. For more information, please visit www.TrackShack.com.

Every Wednesday Belles and Beaus Dance Club has dances every Wednesday from 7:00 to 9:30 p.m. at the Marks Street Recreation Complex located at 99 E. Marks Street. Join in for an evening of fun and dancing to music by the Soft Touch band. Refreshments are available. Singles and couples are welcome. Cost: \$5.00 per person. For more information please call 407-277-7008.

Every Thursday College Park Farmers' Market – 5:00 to 9:00 p.m. located at 1600 Edgewater Dr. For information call 407-999-5251.

Every Friday Your Adult Club Socials (Y.A.C.S.) Dance – 7:00 p.m. to 9:30 p.m. at the Marks Street Recreation Center, 99 E. Marks St., Orlando, FL. Admission is \$4.00 for members and \$5.00 for guests. Dress code of no jeans, tennis shoes, or tee-shirts. Singles and couples are welcome. For more information, please call Joan at 407-339-5393.

Every Sunday Downtown Orlando Farmers' Market – 10:00 a.m. to 4:00 p.m. at Lake Eola. For more information call 407-246-3625.

Monday - Friday Each Week Seniors' Program in College Park – 9:00 a.m. to 1:00 p.m. at the College Park Community Center located at 2393 Elizabeth St. For information call 407-246-4361.

First Friday of Each Month The Art Stroll of Ivanhoe Village – 6:00 to 9:00 p.m. on Orange Ave. between Princeton and New Hampshire.

July 3 Red Hot & Boom – 4:00 to 11:00 p.m. at Cranes Roost Park in Altamonte Springs. This annual tradition features big name performances and a fireworks show at 9:30 p.m.

July 3 Baldwin Park Independence Day Bash – 5:30 to 9:30 p.m. in the Village Center of Baldwin Park and includes a choreographed fireworks show over Lake Baldwin.

July 4 39th Fireworks at the Fountain – Festivities start at 4 p.m. at Lake Eola with activities for children, live music, and food and beverages available for purchase. The evening concludes with a spectacular fireworks display at 9:00 p.m.

July 23 Free Acupuncture Treatments to Alleviate Stress, Headaches and Pain – 3:00 p.m. at Balancing Point Wellness, 1505 E. Michigan St., Orlando. Please register at 407-243-2446.

July 27 3rd Annual Dining in the Dark – 6:00 to 9:00 p.m. at the Second Harvest Food Bank of Central Florida. Proceeds support essential programs involving both hunger and vision rehabilitation services in the area. For more information and tickets, please visit www.DininglnTheDarkOrlando.com

Maitland Events

Ongoing Events

Every Sunday Maitland Farmers' Market at Lake Lily.

Every Tuesday Preschool Stories 10:30-11:30 a.m. at the Maitland Public Library located at 501 S. Maitland Ave.

Every Thursday Healthy Maitland Walk 6:30 a.m.; **Babytime** 10:30 to -11:30 a.m. and **Adventures w/Books Club** 2:30 to 4:30 p.m. at the Maitland Public Library.

July 49-August 14 Summer Workshops – Summer brings a full schedule of 1 and 2-day workshops for adults of all skill levels. Workshops include: Painting: Poetics of Place - An Exploration of Abstraction; Mark-Making, and Mixed Media (July 9-10); Chain-Making: Make a Bracelet (July 10); Capturing Time on Paper: A Natural Printmaking Method (July 23); Printmaking: The Ancicet Art of Gyotaku (July 30); Flush-Set Pendants (August 14). Pre-registration required at www.artandhistory.org.

July 15 Culture Pop: Untold Stories, presented by First Green Bank – 6:30 to 9:00 p.m. at the A&H's Maitland Art Center located at 231 W. Packwood. Event includes: preview untold stories exhibitions, live music by Daniel Heitz Band, light bites by Puff'n Stuff and cash bar with fine wine and craft beers. Admission is \$5; free for A&H members and First Green Bank cardholders. For more information, please visit www.artandhistory.org.

Winter Park Events

Ongoing Events

Every Monday "Sit-to-Be-Fit" Chair Exercise Class – 9:30-10:30 a.m. at the Winter Park Community Center. This free class is designed for all ability levels and sponsored by the City of Winter Park. For more information please call 407-754-6190.

Monday - Friday "Art in Chambers" Exhibit – Monday through Friday from 8:00 a.m. to 5:00 p.m. This free exhibit is on display at the City Hall Commission Chambers located at 401 Park Avenue South.

Every Tuesday and Thursday "Hands-on Gardening" – 9:30 a.m. – noon at the Albin Polasek Museum and Sculpture Gardens. For more information regarding this free year-round event please call 407-647-6294.

Every Tuesday and Thursday Beginning Pilates Class – 5:15 p.m. at the Winter Park Community Center. For more information please call 407-671-9599.

Every Tuesday, Friday and Saturday Winter Park Benefit Shop – The shop is located at 140 West Lyman Avenue and is open from 9:30 a.m. - 1:00 p.m. on Tuesdays and Fridays, and from 10:00 a.m. - 1:00 p.m. on Saturdays. Donate or purchase clothing, bedding, jewelry, kitchenware and more. Proceeds benefit various children's programs and the local branch of Orlando Blind. For more information please call 407-647-8276.

Every Tuesday and Thursday Curator Tours of Louis Comfort Tiffany's Laurelton Hall – At 11:00 a.m. and 2:30 p.m. at the Charles Hosmer Morse Museum of American Art located at 445 N. Park Ave. Space is limited and free with museum admission. To learn more about this event with Curator Donna Climenhage please call 407-645-5311 or visit www.morsemuseum.org.

Every Thursday "Walk With A Doc" – Enjoy a rejuvenating 45-minute walk with Florida Hospital physicians. This free event is held at 5:30 to 6:30 p.m. at the Crosby YMCA. For more information, or to reserve your spot, please call 407-303-1700.

Every Saturday Winter Park Farmers' Market – 7:00 a.m. to 1:00 p.m.

Every Saturday and Sunday Line Dance Class – 10:00 a.m. Saturday for experienced dancers, and 3:00 p.m. Sunday for beginners at the Winter Park Community Center located at 721 W. New England Avenue. Enjoy music, make new friends, and get some fun exercise at the same time! For more information please call 407-592-7835.

Every Sunday Music at the Casa – This free event featuring professional musicians and performers is hosted at Casa Feliz every Sunday from noon – 3:00 p.m. For more information call 407-628-8200 ext. 3 or visit www.casafeliz.us.

July 4 Watermelon 5K – 7:00 a.m. at Park Avenue located at 251 Park Avenue South. This annual event includes: Family-friendly run/walk 5k, free kids run, watermelon eating contest, military appreciation, plus registration discounts available for youth, seniors and military personnel. Proceeds benefit the Track Shack Foundation. For more information, or to regsiter, please visit www.trackshack.com.

July 4 21st Annual Olde Fashioned 4th of July Celebration – 9:00 a.m. to 1:00 p.m. in Central Park. The annual celebration will feature live patriotic music performed by the Bach Festival Brass Band and the Bach Festival Choir, Orlando Cloggers, Rockin' Roadster Road Show, Clydesdale horse-drawn wagon rides, and much more! Free hot dogs, watermelon and water will be available while supplies





WEDNESDAY, JULY 27

3rd Annual Dining in the Dark – 6:00 to 9:00 p.m. at the Second Harvest Food Bank of Central Florida. Proceeds support essential programs involving

both hunger and vision rehabilitation services in the area. For more information and tickets, please visit www.DiningInTheDarkOrlando.com.

last. Chips, snacks and sodas will be available for purchase. For more information, please visit www. cityofwinterpark.org.

July 4 Independence Day Open House at the Morse – Free admission from 9:30 a.m. to 4:00 p.m. at the Charles Hosmer Morse Museum of American Art located at 445 N. Park Avenue. For more information, please visit www.morsemuseum.org.

July 7-July 10 Park Avenue Sidewalk Sale – This day-long event is hosted by The Park Avenue Merchants Association at participating stores along Park Avenue and area side streets. Shop early for savings from 50-75% off. For more information, please visit www. experienceparkavenue.com.

July 14, 15, 16 St. Margaret Mary Annual Rummage Sale – 8:00 a.m. to 4:00 p.m. Thursday and Friday, and 8:00 a.m. to 2:00 p.m. on Saturday. For more information, please call 407-671-4798.

July 14 Popcorn Flicks – 8:00 to 10:00 p.m. featuring the showing of "Sabrina" in Central Park. For more information, please visit www.cityofwinterpark.org.

July 15 YMCA Dive-In Movie – 7:00 p.m. featuring the showing of "Inside Out" at the Cady Way Pool. Cost is \$5 per person and all are welcome. Movie begins at 8:15 p.m.

July 19 Winter Park Political Mingle and Straw Poll – 5:00 to 8:00 p.m. hosted by the Winter Park Chamber of Commerce at the Rachel D. Murrah Civic Center. For more information or to purchase tickets, contact the Winter Park Chamber of Commerce at 407-644-8281 or visit www.winterpark.org.

July 23 Old School Pool Party – 6:00 to 9:00 p.m. at the Winter Park Community Center. For more information, please visit www.cityofwinterpark.org

August 13 4th Annual Luau by the Pool – 1:00 to 4:00 p.m. at the Winter Park Community Center. For more information, please visit www.cityofwinterpark.org.



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