The Park Press



MARCH 2016

~ Positive news that matters ~

FREE

Winter Park | Baldwin Park | College Park | Audubon Park |



Winter Park Sidewalk Art Festival Guide



Nature In The **Parks**





Just a couple of weeks post Punxsutawney Phil emerging from his burrow, The Winter Park Babe Ruth 2016 spring season opened to mild temperatures and sunny skies. Our master of ceremonies for Opening Day at Ward Park was the president of Winter Park Babe Ruth, George McGowan. George kicked off the event with the welcoming of the over 600 athletes who will be running, fielding, pitching, catching, sliding and scoring over the next few months for the love of the game!

George also recognized last years' teams for their individual successes throughout the season. In addition to a very nice rendition of our National

Anthem and the presentation of our nation's colors there was a very well deserved dedication for former Winter Park Little League President, Kevin Robillard, for his vision and dedication to the program that he helped create.

Continued on page 8.



"Achieving beautiful eyes is key to obtaining a naturally youthful face." // Ruth Hill Yeilding, MD

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Publisher's Message



The 2016 Winter Park High School Boys Basketball Team just made an amazing run to finish third in the Class 8A State Tournament! I'm not talking just any state basketball tournament, I'm talking about the Sunshine State that has a long time-proven his-

tory of producing some of the best collegiate and professional athletes in the country.

Winning your district, especially for any high school team in Central Florida, is a lofty feat. The rivals are well established; and coaches and players know everything about their competition. Many of the players have grown up playing with and against each other since they were in grade school. Some have attended the same camps. A few have probably even carpooled together to those camps. They know who can hit the 3, and who can only shoot with the right hand. It's like the saying, keep your friends close, and your enemies closer. The regular season is spent playing those who know you best and try to exploit your weaknesses, while placing relentless pressure on your strengths.

Not many thought Winter Park would prevail out of districts, but they did by beating Timber Creek 47-44. Winning the District 4 Championship means you're now a legit and serious con-

tender. They beat Seminole High School 63-56 to earn the Regional 1 Championship, and advanced to "The Big Dance," the Florida State Final Four. Winter Park (21-10) fell short of making the championship game by losing a worthy battle to Coral Springs High School (21-7) 53-49.

It's interesting to me how quickly the expectations changed for this team. Sure, this great program has won three state championships in the past six years. But let's keep this in perspective. This team of great young men positively represented their school, their city, their district, and their region as champs with good play, sportsmanship and class. Oh, and out of 89 schools in class 8A in the great state of Florida, they finished third....Amazing!

2016 Winter Park Boys Basketball Team: Coaches - Don Blackmon, Blake Carter, Terrell Foy, Edwin Howe, and David Stock Players - Malik Farley, Kevin Buckley, Malik Foy, Jack Lerner, Nick Sproles, Malcom Alexander, John Hodges, Wyatt Wilkes, Cameron Bassa, Taj Zimmerman, Marcus Watson, Adrian Bouchout, Dakotah Nicoll, Clay Dehart, Mac Poole, and Andy Torres

As always, thank you for reading *The Park Press* and I look forward to the great things to come.

Rick Rick Cable Founder/Owner

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Round Hole, Square Peg... By Tricia Cable

I was having a conversation recently with a friend about commitments and responsibilities. She is honest and forthright about the fact that she relishes in under-committing and admits that life is easy breezy for her because of it. She is in a fortunate financial position which allows her the opportunity not to work outside the home. She keeps a beautiful house, cooks fabulous meals, and takes full responsibility for shopping and laundering so that her family is rarely in need of anything outside her grasp. Her husband brings home the bacon and handles everything that I would consider "hard labor"- cars, landscape, crown molding. Her children are not overinvolved in extracurricular activates therefore she seldom can be found juggling her calendar in an attempt to be in two places at once. She is manicured and pedicured regularly, attends daily spin classes at the gym, dabbles in yoga and even calendars weekly lunches with her friends.

Need I mention that she is my hero? Often times I find myself fantasizing about what life in her shoes would be like. Shoot, I don't watch reality shows, but her show is one I would make time to watch. She is a walking billboard of how, in my opinion, you should plan to live your life; never rushing to be somewhere, she can always be found with a smile on her face and seldom looking unkempt-unless I catch her with her hair in a ponytail, sleeves rolled up with muddy Crocs on, planting spring pansies in her garden.

Now, I'm no fool, I know that she too has her

challenges and that the view from the curb can sometimes look too good to be true. However, always on a quest to learn from others and make adjustments and tweak my own life along the way, I ask myself this question-"What can I learn from her example?"



I am not in a financial position to quit my job and start taking cooking classes full time. Let's be honest, even if I didn't have to work, the kitchen would not be the place I would choose to spend more time. While I was growing up, I never dreamed of being anything like June Cleaver or Carol Brady. I had more of the Mary Richards character in mind for my life. And quite

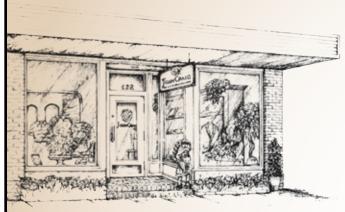
frankly, that is pretty much what I got. So, maybe there is my answer. Despite the fact that I seem to admire my friend, who chose the role of wife/mother/homemaker, that simply is not me and that is okay. Here's my lesson from her: it's okay to be who I am and stop beating myself up over who I am not.

I love my career. I love being respected within my industry. Somehow all my life as a wife and mother, I have felt a bit guilty for excelling and enjoying that aspect of my life. And although I am not willing to give up the time spent at home with my family or the time cheering on my girls at their respective sporting events, I believe at this late date in my life, I just may have figured a little piece of "me" out. Here's what I learned from my nearly perfect friend: although I respect and admire all that she is, it's not who I am and that is nothing to feel guilty about.

It's okay not to want to be June Cleaver, Martha Stewart, or any version of those women. It's okay to admit that you are not a great cook and that your house is cleanest right before company arrives. It's okay to leave a bed unmade in order to make it to a game on time. It's okay to leave dishes in the sink when a friends calls with a better offer.

I am sure some of you are appalled by what you are reading, but come on...let's cut each other some slack. Let's support whatever it is about each of us that makes us great and stop feeling guilty for trying to be something we are not. Round hole, square peg, lesson learned, moving on!

John Craig celebrates his 20th year on Park Avenue



John Craig wasn't quite Jay Gatsby, but the man had style. He dressed and drove the part and loved to travel. I learned these things in the years I knew him before his death and from my mother and grandmother.

He was a patron of Savile Row and would travel to London or Paris via luxury liner every four or five years. A few weeks later, he would return with two trunks of the fine goods: classic sport shirts and sweaters, custom suits, a pair or two of bench-made shoes and an evening gown (or three) for my grandmother.

Customers and friends often ask about John Craig. He's not only our store's namesake but also the inspiration - albeit posthumous - for the clothing and sportswear we sell and the level of service we provide in our flagship stores in Winter Park and Naples. He had a saying: "Fashion is what's on the outside. Style comes from within."

He wasn't the only one who ever shared that sentiment, but the first time I heard it, it was attributed to him. When he came to visit us, he arrived in a Packard coupe convertible, early 1940s, with polished wood grain interior. If the weather was cool, he'd emerge in a double-breasted blazer, a dashing figure with leather driving gloves and scarf around his neck.

For all he had, he was gracious, grateful and caring. The Fort Worth Star-Telegram called John Craig "a man of local

SAMUELSOHN March 2nd, 3rd 10 am - 6 pm

ETON, CANALI, FERRAGAMO March 11th, 12th 10 am - 6 pm

> HICKEY FREEMAN and MAGNANNI March 16th, 17th 10 am - 6 pm

HILTL, GARDEUR and DONALD PLINER March 26th 10 am - 6 pm



Men go to John Craig for the clothes. They keep coming back for the experience.

prominence whose attention to detail and style is matched only by his civic vigor."

When business boomed, he'd rent a summer home on Long Island and invite a surprising constellation of people for summer mixers. I didn't know who the Harrimans or the Whitneys were, or the Wanamakers from Philadelphia or the Kaufmanns from Pittsburgh, but they would arrive at my grandfather's summer residence.

My grandfather and his guests would dress in linen sport coats, or seersucker with white bucks. John Craig was an original, a little bit of a character in the best sense of the word. The little time I was fortunate to be around him is etched in memory as semiprecious. Why? Not only because of his personal style, but because he thought grandly of people.

He wanted the best for everyone. If a friend's business was booming, he would delight in his success. He'd sit back and say "He deserves it. He's worked for it." And then he'd write a note to the individual on his personal stationery and seal it with an embossed initial in hot wax.

On two or three occasions I visited him in his home in Fort Worth while he was working. It was slightly odd, but particularly revealing, that he'd dress so well even if he didn't have any business appointments and his only visitor was his grandson.

I've met other men like him over the years, through our stores, men who dress well, even if they're working around the home, or running their businesses via computer from a home office and have no plans to see anyone that day. That's not the only litmus test of style, but it's a pretty good indication; if you enjoy dressing not because you're going to be seen, but just because it's one way to approach the day.

His legacy, which, on occasion, I've passed to my son, is four generations old. We can't light a candle for him every day, but we do still turn the lights on in stores named for a man who enjoyed style.



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City Commissioner's Message

Commissioner Robert F. Stuart, City of Orlando District 3



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We have weathered some chillier weather and made it to March Madness! March is a great month to live in Orlando with an abundance of sports, arts, and culture to enjoy.

As we all know, Central Florida is certainly a top spring break destination. So if you can't get away this month on

your own spring break trip, there are many fun ways to enjoy a little staycation right here in our Great City. Below is a list of my favorite activities around Orlando:

1) Enjoy a family **Pottery Night** at our city's Pottery Studio located at the Downtown Recreational Complex. For families with children in kindergarten and up, enjoy this affordable and fun evening that takes place every other Wednesday from 6-7:30 p.m., this month on March 9th and 16th. Visit cityoforlando. net/pottery for more details.

2) Visit the **Orlando Fire Museum** located in beautiful Loch Haven Park. Open Fridays from 9 a.m. to 3 p.m. and Saturdays from 9 a.m. to 4 p.m. and by appointment, this two-story, red brick firehouse was

the original Fire Station 3, built in 1926. The building now showcases the rich history of the Orlando Fire Department from its inception in 1885 to present day.

3) Camp, fish, play disc golf, and enjoy the children's farm at the city's **Bill Frederick Park** at Turkey Lake (3401 S Hiawassee Road). This 183-acre park, nestled on one of the five best lakes for fishing in Florida, has something for everyone!

4) Spend a day at the **Orlando Regional History**

Center (thehistorycenter.org) learning about Central Florida's rich cultural heritage. This month enjoy paintings from the talented Highwaymen painters as well as an exhibit entitled, Art Legends of Orange County- Albin Polasek and so much more.

5) Paddleboard, kayak or canoe around Lake Ivanhoe by using the city's new non-motorized watercraft dock located in **Gaston Edwards Park**. After a day on the water, enjoy dinner and shopping in the quaint **Ivanhoe Village Main Street District** along Orange Avenue and Virginia Drive.



Orlando Wetlands Park is a short drive east of Orlando near the town of Christmas.

6) Take a tour of **downtown Orlando**. Now offering food tours, art gallery tours and walking tours, visit downtownorlando.com for all of the ways to see your own hometown in a new light.

7) Play a round of golf at the city's **Dubsdread Golf Course**. Enjoy reasonable rates for adults and juniors at a course that is in great condition. Visit historicaldubsdread.com for rates and to book a tee time.

8) Take a ride on **SunRail**; enjoy the train from Church Street in downtown Orlando to downtown Winter Park or travel from the Orlando Health/Downtown South station to Florida Hospital's Health Village, grab some lunch and head back to your destination. Visit sunrail.com for more information.

9) Enjoy a day at the **Orlando Wetlands Park** (cityoforlando.net/wetlands), which ironically, isn't located in Orlando, but in Christmas, Florida. This 1,220 acre man-made system can safely and natu-

rally treat 35 million gallons a day of reclaimed wastewater, effectively allowing the City to treat its wastewater, while also creating an eco-system that has become home to many different types of plants and wildlife. Each weekend in March, they offer free guided tram tours of the area and on March 25th, they are offering a spring break sensory hike for children ages five and above and their grown-ups.

10) Enjoy a tour of **Greenwood Cemetery**. It sounds odd, but I really do love our city's Greenwood
Cemetery (greenwood-cemetery.
net). The history that you can learn just by walking through the acreage about our city's oldest families, our veterans and more is inspiring. Join

historian Don Price on a moonlight walking tour on March 25th at 8 p.m. where participants can learn about some of our most notable Orlandoans.

I'm excited about all that is happening in our city not only this month, but all year long. It is because of all of the great people we have working together to make our neighborhoods the best they can be- to all of you out there, thanks for your support! I look forward to seeing you around town soon.

Robert F. Stuart, Commissioner, District 3, City of Orlando • 400 S. Orange Avenue, Orlando, Florida, 32801 • 407-246-1003 • Robert.Stuart@CityOfOrlando.net



Winter Park Mayor's Message

🎍 Mayor Steve Leary

Steve Leary

Election Info For 2016

One of our responsibilities is to maintain a Winter Park true to its brand, yet flexible enough to allow future generations an opportunity to impart their own uniqueness so that our community remains relevant

far into the future. On Tuesday, March 15, we all have a responsibility to our future to elect two city commissioners who will exercise a big picture, long-term perspective. Voters will be asked to vote on the following items:

City Commission Seat 3

Carolyn Cooper (incumbent) Lambrine Macejewski

City Commission Seat 4

Tom McMacken (incumbent)

Pete Weldon

BOND REFERENDUM FOR A NEW LIBRARY AND EVENTS CENTER

Basic facts about the bond referendum

Background In June 2014, the City Commission appointed a 10-person Library Facility Task Force

with the charge to, "Make recommendations to the City Commission on the need, location, costs and funding strategies for a new or remodeled library facility." After months of research and discussion about capacity, accessibility, flexibility, and technology, as well as several community input meetings, the Task Force unanimously decided that the current library building is not adequate. They unanimously recommended a new facility to the City Commission, and Ordinance No. 3020-15 was approved at the November 23, 2015, Commission meeting.

Official ballot language For the purpose of building the Winter Park Library and Events Center, to include library facilities, civic meeting and gathering facilities and related parking structure, and improvements, and all purposes incidental thereto, shall the City of Winter Park, Florida, issue not exceeding \$30,000,000 general obligation bonds, bearing interest at not exceeding the maximum legal rate, maturing within 20 years from date of issuance, payable from ad valorem taxes levied on all taxable property in the City area, without limitation as to rate or amount; as provided in Ordinance No. 3020-15?

Proposed size Initial plans call for an approximately 50,000-square-foot library, 8,500-square-foot events

center, and 200-space, one-story parking structure. Exact size will be determined as part of the final design.

Proposed location The recommendation locates the project on the north sector of Martin Luther King, Jr. Park, the current site of the existing Rachel D. Murrah Civic Center located at 1050 W. Morse Blvd. (corner of Harper Street and Morse Boulevard). This location creates the opportunity to build a new civic center in combination with the new library, to provide a more modern and up-to-date events facility for the community. We do not expect the footprint of the new facility to expand on the existing footprint of the current civic center, so no green space should be sacrificed.

Proposed funding sources The Winter Park Public Library Board has committed to raising \$2.5 million toward construction of a new library and events center.

If this referendum is approved, voters allow the issuance of \$30 million in bonds for this project.

More municipal election information visit cityofwinterpark.org/elections, call 407-599-3277 or email cityclerk@cityofwinterpark.org. Thank you for participating in the election process and exercising your democratic right to vote.

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Maitland Mayor's Message

Mayor Dale McDonald



Dala MaDanala

Maitland Voters – Polling Places For Tuesday, March 15, 2016 Election

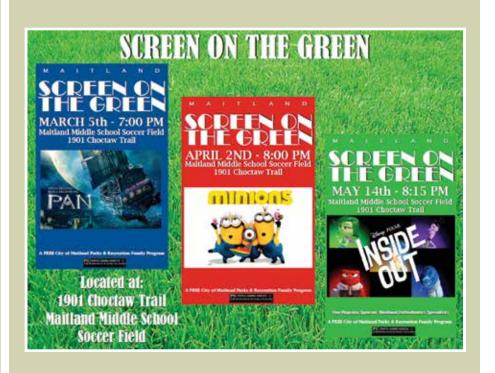
The General Municipal Election of the City of Maitland, Florida, will be held on Tuesday, March 15 for the purpose of electing a City Council member (Seat #1). Maitland's Municipal Election will be held in conjunction with the Orange County Presidential Preference Primary Election. The polling places utilized for this election will be:

Precinct No.		Precinct Location	Precinct Address	
	512	Lake Island Hall	450 Harper Street Winter Park	
	513	King of Kings Lutheran Church	1101 Wymore Road Maitland	
	514	Asbury United Methodist Church	220 W. Horatio Avenue Maitland	
	515	First Baptist Church of Maitland	1950 Mohican Trail Maitland	
	518	First Baptist Church of Winter Park	1021 N. New York Ave. Winter Park	
	546 & 547	Shrine Auditorium of Orlando	2300 Pembrook Drive Orlando	

Please check your precinct number for location. The polls will be open from 7a.m. to 7p.m.

Early voting will be held at the Maitland Community Park, 1400 Mayo Avenue from 10 a.m. to 6 p.m. starting Monday, February 29 and ending Sunday, March 13, 2016.

For additional information, please contact the City Clerk at 407-539-6219.



Save the Date: The Next Screen on the Green

Screen on the Green returns on Saturday, March 5. Showtime for *Pan* begins at 7:00 p.m. at Maitland Middle School Soccer Field at 1901 Choctaw Trail.

Closed for about 180 days: A 200-foot piece of N. Lake Sybelia Drive near 600 N. Lake Sybelia Drive

The Lift Station No. 10 Rehabilitation Project started this week. This project consists of upgrading the station into a submersible pump station. This project is included in the Sewer System Master Plan Updates of 2005 and 2013. More information, including two maps, can be found here: http://bit.ly/StationNo10. Check this webpage often for updates.





NEWS The Park Press | MARCH 2016

County Commissioner's Message

Commissioner Ted B. Edwards, Orange County, District 5



This month, I would like to tell you about Orange County's efforts to protect environmentally sensitive areas while balancing the demands of

our ever-increasing population. Orange County is host to a wide variety of ecosystems and biomes. Many animal species call Orange County home, including bald eagles, Florida black bears, and gopher tortoises. We also have an abundance of plant life that thrives in our unique soil and hydrology. Key to our environmental protection efforts are the conservation of wetlands, areas that are inundated or saturated by surface or ground water and support plants adapted for life in saturated soils.

Orange County has acquired various environmental lands to ensure pristine wetlands are preserved. The Environmental Protection Division has acquired several large tracts of land within District 5, including the Econ/Sandhill Preserve, Ken Bosserman/ Econlockhatchee River Preserve, Pine Lilly Preserve, Long Branch, and Savage/Christmas Creek Preserve. Some of these areas are open to the public and provide opportunities for recreation through hiking and horseback riding. In addition, Orange County, in conjunction with the St. Johns River Water Management District, acquired the massive Hal Scott Regional Preserve and Park with over 9,000 acres of habitats along the Econlockhatchee River, including wetlands, to explore.

Many wetland areas are ecologically and environmentally significant. Wetlands include swamps, marshes, bayheads, bogs, cypress domes and strands, sloughs, wet prairies, riverine swamps and marshes, hydric seepage slopes, tidal marshes, and mangrove swamps. A variety of wildlife use wetlands to live and feed. Birds, reptiles, fish, amphibians, shellfish, and insects, just to name a few, thrive in wetlands' shallow, nutrient rich waters, providing food for larger birds and mammals. Wetland ecology aids in the regulation of global water, nitrogen, and sulfur cycles while also storing atmospheric carbon in plants and the soil. Wetlands have numerous beneficial effects on our water, providing for water storage, preventing erosion and sedimentation between ecosystems, and providing natural filtration to groundwater.

Orange County has taken steps to reduce and mitigate the impacts of development on these environmentally sensitive areas. Any development that proposes to impact a wetland must receive a Conservation Area Impact permit from our Environmental Protection Division (EPD). Staff from

EPD will conduct a thorough site review and project assessment to ensure all county mitigation requirements are being met. Mitigation is required for very small to very large wetland impacts. Mitigation ensures that the habitat value being lost in the impacted wetland is made up for in another location onsite or nearby through wetland preservation, creation, enhancement, or restoration.

Orange County is committed to protecting our many natural resources, including our wetlands. I am proud of the staff at the Environmental Protection Division for the hard work they do to keep Orange County green. As always, if you have any questions about Orange County's wetland preservation efforts or any other county issue, please do not hesitate to contact me or my aide, Edgar Robinson. We can be reached at 407-836-7350 or by email and district5@ocfl.net.



Protection And Service

The Winter Park Police Department

The Winter Park Police Department is working on enhancing the way that we interact and communicate with the community we serve. The Neighborhood Advisory Council is now meeting once a month. These meetings are the perfect opportunity to meet with Chief Brett Railey and his administrative staff to discuss ways that we can better serve the public. This is an open forum and citizens are encouraged to talk about new ideas, suggestions, or simply engage the chief in an open discussion. In addition to these meetings, emails

are being sent out to inform our citizens regarding residential burglaries that have taken place within our jurisdiction. This allows for the rapid dissemination of information to our citizens in order to apprehend subjects and keep residents informed.

If you wish to be added to the email list to receive information regarding the next Neighborhood Advisory Council meeting or wish to be informed about the residential burglaries that have occurred, please email Sergeant Frank Cowart at fcowart@cityofwinterpark.org.



ADVERTISER SPOTLIGHT

Cottonways

Cottonways was opened February of 2006 in Downtown Melbourne, Florida after 22 year-old Jennifer Davis turned down post-graduation job offers in her field of study, economics. She had a bigger dream to follow: offering a comfortable and sophisticated clothing line that she

had enjoyed for years and wished to share with others!

The cotton gauze clothing you'll find at Cottonways offers nearly maintenance-free, comfortable fashions. The clothing is washer and dryer safe, pre-shrunk, and does not require any ironing.

Cottonways grew rapidly and in April 2006 launched its online store due to strong customer demand. In January 2007 Cottonways relocated to further expand and

sluggish economy,



carry a wider selection of apparel. And in February 2009, despite the

Cottonways opened the doors on its second location, in Fernandina Beach, FL. Cottonways opened its third location in St. Augustine in 2011. In 2013 Cottonways opened its largest location in Vero Beach and 2014 brought the latest Cottonways location in Winter Park.

Whether you stop in the shop or shop online we hope you enjoy the Cottonways experience!

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Central Floridian Crochets Red Hats For Newborns

Jo Marks has crocheted nearly 300 pint-sized red hats — the perfect amount to outfit each baby delivered throughout February at the Dr. P. Phillips Baby Place at Winter Park Memorial Hospital. Marks got started on the hats in November, and on average, crocheted six a day. She delivered 280 of her hats to Winter Park Memorial Hospital just in time for American Heart Month in February.

With every hat she donates, Marks hopes it raises awareness of an important issue - heart disease and congenital heart defects.

"Typically people think heart disease just affects old people, but it affects babies too," Marks said.

Marks was inspired by the American Heart Association's "Little Hats, Big Hearts" initiative, which promotes awareness for heart disease and congenital defects by donating crocheted hats to newborns.

According to the AHA, heart disease is the number one killer of Americans, and congenital heart defects are the most common type of birth defect in the country.

"We're delighted to see the donation of so many hats, which will help raise awareness that congenital heart defects affect one in 100 babies," said Meagan Mills, communications director, Greater Orlando American Heart Association. "We are so thankful for Jo and honored that we can help share this important message at the Baby Place," said Vickie Smith, birth experience designer at Winter Park Memorial Hospital.

BEFORE YOU VOTE FOR WINTER PARK COMMISSIONED S

	COMMISSIONER, SEAL 3		
	Carolyn COOPER	Lambrine MACEJEWSKI	
OPPOSES "DOG FEES" TO USE DOG PARKS	NO. Carolyn voted to charge dog owners \$75 - \$125 to use the dog park. (WP CC Minutes 10/11/10; 11/22/10; 1/10/11)	YES. Lambrine has a history of raising money for local pet charities and disagrees with making dog owners pay extra to use Winter Park's offleash dog park.	
OPPOSES COMMISSIONERS GIVING THEMSELVES A 500% PAY RAISE	NO. Carolyn voted to give herself a pay raise even while city staff were in a third year salary freeze. (WP CC Minutes 11/08/10, 11/22/10)	YES. Lambrine has publicly stated Commissioners voting themselves a pay raise when all city salaries were frozen was wrong. At that time, Lambrine started a business and created 60 private sector jobs.	
SUPPORTS ETHICS REFORM FOR CITY CONTRACTORS	**Report 1/19/16, 2/1/16, 12/16/15)* **Report Property in a Notice of Disposal contract. (WFTV Report 2/19/16, Cooper Finance Report 1/19/16, 2/1/16, 12/16/15)* **Report Property in a Notice of Disposal contract. (WFTV Report 2/19/16, Cooper Finance Report 1/19/16, 2/1/16, 12/16/15)*	YES. Lambrine proposes a plan to <u>prohibit</u> commissioners from taking political contributions from companies in the bidding process for city contracts.	
SUPPORTED SUNRAIL	NO. Carolyn publicly fought SunRail,* moved to kill a Winter Park SunRail stop* and opposed the federal grant that built Winter Park's new station. (*Orlando Sentinel 8/9/06; WP CC Minutes 9/27/10; 04/25/11)	YES. Lambrine supports Sunrail, as it helps take cars off the road and is being used by people who work in Winter Park.	

FOR A FRESH APPROACH, VOTE LAMBRINE MACEJEWSKI ON MARCH 15.

Paid by Lambrine Macejewski for Winter Park City Commission Seat 3, non-partisan.

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Free Tax Prep Can Reap Big Rewards by David Foote

Tax season doesn't have to be filled with dread. For a large portion of the working-class population, it should be eagerly anticipated.

Every year, the federal government provides refunds for low- to moderate-income individuals and families. The Earned Income Tax Credit (EITC) can range from \$503 all the way up to \$6,242 depending on income and number of children. EITC is credited with lifting more people out of poverty than any other federal program and is offered to all working Central Floridians.

As an example, a single parent of one qualifying child can make up to \$39,131 and still be eligible. For a married couple filing jointly with three or more children, the threshold is \$53,267.

For families who are eligible for EITC, the money they receive can be an essential tool, helping them start a savings account, pay for medical bills or acquire reliable transportation.

At Heart of Florida United Way, our goal is to help people meet their tax obligations and get them the refund they have earned. We'll be supporting Volunteer Income Tax Assistance (VITA) at more than 30 sites across Orange, Seminole and Osceola counties for qualifying taxpayers to receive free taxpreparation assistance from IRS-trained volunteers.

This effort – part of a national coalition that includes nonprofit and government partners – puts hard-working citizens on the road to financial stability and prosperity. In 2015, free tax-preparation sites generated \$232 million in refunds for Floridians alone, saving them an estimated \$17.6 million in fees.

These sites also ensure timely refunds – often in just 10 days – and get people 100 percent of the refund owed to them. That's especially important considering how many predatory lenders target the working poor this time of year.

Unfortunately, the IRS estimates that nearly 18 percent of eligible taxpayers don't claim the credits they deserve. In our state, that translates to more than \$1.1 billion in potential refunds being "left on the table" in Washington – money that could be providing much-needed asset growth and economic stimulation for thousands of deserving families.

Helping our neighbors attain and maintain fiscal health is not only good for them, it's a bonus for our community and economy as well.

To find free tax preparation assistance or to find out if you're eligible for EITC, call 2-1-1, Heart of Florida United Way's Information and Assistance Helpline.

David Foote is manager of financial stability initiatives at Heart of Florida United Way.

From Page 1.



The first pitches for baseball and softball were thrown simultaneously; Mayor Steve Leary tossed a curve ball to catcher Tyler Williams, and Representative Mike Miller did his best to fast pitch to All Star Wildcat, Alea Woods.

Opening Day was again a success and a great event to kick-off the season for all the players and



their families. The league president stressed in his remarks that the league could not be made possible without the hard work of many volunteers, the dedication of the members of the board of directors,



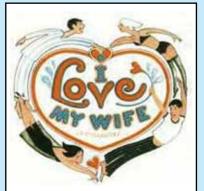
and league sponsors who continually step up with support. Of course, the ceremonies ended with a rousing call of "Play Ball!"



The Winter Park Playhouse Announces 2016-2017 Series

The Winter Park Playhouse, Central Florida's only professional musical theatre, announces their 2016-2017 Mainstage Series of musical productions plus their 2016 "Sizzling Summer" show!

SIZZLING SUMMER MUSICAL



I Love My Wife July 29 - August 21, 2016 Preview Performances: July 28 & 29 Books and lyrics by Michael Stewart / Music Composed and Arranged by Cy Coleman

Heat up your summer with this Tony Award-winning Broadway musical comedy! Set in suburban Trenton, New Jersey during the sexual revolution of the 1970's, two married couples

contemplate adding some spice to their lives but only manage to get their toes wet! A delightful marriage of music, laughs and all around fun! *Comedic sexual themes. Recommended for mature audiences.

5 SHOW SERIES



All Hands On Deck! September 16 - October 9, 2016 **Preview Performances:** September 15 & 16

Conceived by Jody Madaras & Quincy Marr/Written, Directed and Choreographed by Jody Madaras / Musical Arrangements by Jody Madaras / Additional Music & Lyrics by Jody Madaras

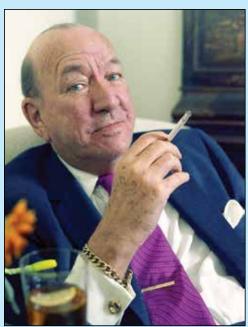
Central Florida Premiere! Based on Bob Hope's 1942 USO tour to the troops, this "All Singing, All Dancing"

musical delivers an electrifying evening of classic songs, dances and laughs. From road show to radio broadcast, the timeless hits with tight harmonies, on air antics and rousing comedy will delight audiences of all ages!



A Marvelous Party! The Noël Coward Celebration November 11 - 20 and December 1 - 11, 2016 **Preview Performances:** November 10 & 11

Words & Music by Noel Coward / Devised by David Ira Goldstein, Mark Anders and Patricia Wilcox / Musical Arrangements by Carl Danielsen

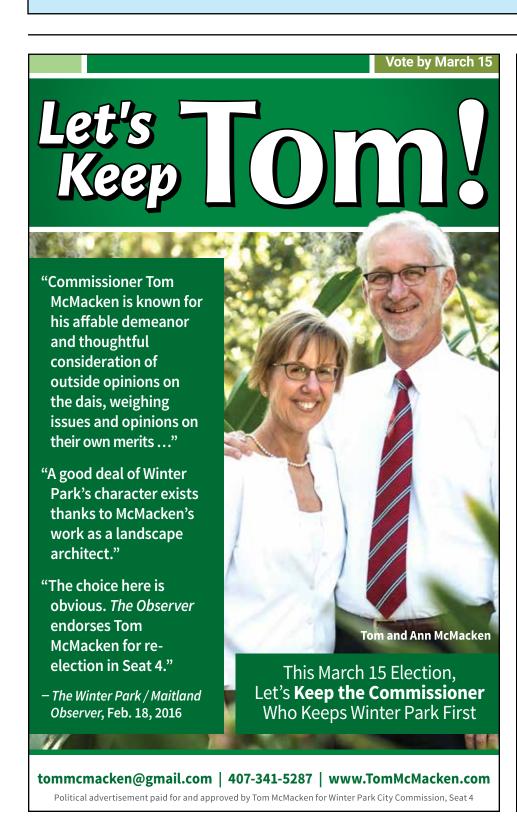


Central Florida Premiere! You're invited to a party as sparkling as a newly-popped bottle of champagne, a dazzling evening of ravishing melody and witty repartee! This effervescent musical revue is a lighthearted romp featuring thirty-three tunes and a bevy of sketches, anecdotes, writings and musings of the incomparable Noël Coward.

Photo of Nöel Coward by Allen Warren, 1972.

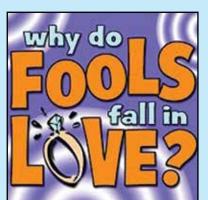
insurance discounts. Expires 03/31/16

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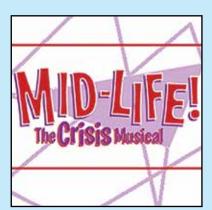


Why Do Fools Fall In Love? January 20 - February 18, 2017 Preview Performances: January 19 & 20

Written & Created by Roger Bean / Musical Arrangements by Jon Newton / Vocal Arrangements by Roger Bean

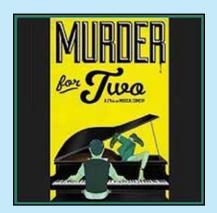
At an impromptu bachelorette party, best friends dive into age-old questions about love, marriage and

the dating game. This musical comedy reaffirms that true friendship will unveil its everlasting strength. Featuring pop hits from the 1960's including My Boy, Lollipop, I Will Follow Him, Hey There Lonely Boy and Why Do Fools Fall in Love.



MidLife! The Crisis Musical March 10 - April 8, 2017 Preview Performances: March 9 & 10 Book, Music & Lyrics by Bob Walton and Jim Walton

This wacky musical is a merry romp through the hot flashes, trials, tribulations and oddities of middle age as it pokes fun at all of the above as well as tickling the funny bone. From reading glasses and mammograms to weekend warriors and proctology exams, everyone will relate to this hilarious, and at times, touching musical about the curiosities and inevitabilities of middle age.



Murder For Two
May 12 - 21 & June 1 - 11, 2017
Preview Performances: May 11 & 12
Book & Music by Joe Kinosian / Book &
Lyrics by Kellen Blair

Central Florida Premiere! Everyone is a suspect in this hilarious murder mystery with a twist. One actor plays the investigator-the other plays 13

suspects and both play the piano throughout! A zany blend of classic musical comedy and madcap mystery, this whodunit is a highly theatrical duet loaded with killer laughs!

To purchase Series Subscriptions and for further information, please call the box office at 407-645-0145 or visit in person at 711 Orange Avenue, Suite C, Winter Park, FL. Single tickets and "You Pick 3" subscriptions will be available after March 29, 2016 by calling (407) 645-0145 or going online to www.winterparkplayhouse.org

Orange County Fire Rescue's "Truck 30" Honors Fallen Firefighter

Orange County residents and visitors are likely accustomed to the sights and sounds of emergency response vehicles on the roadways, but what they may not yet have seen is the brand new Orange County Fire Rescue Truck 30. Unbeknownst to passersby, Truck 30 carries more than just life-saving equipment. It also carries the memory of fallen firefighter Carl Andriano. Andriano, who passed away in 2014 at the young age of 24, fought a brave fight against cancer. He had been assigned to Station 30, located in West Orange County and held the rank of honorary lieutenant.

CHANGE COUNTY

FIRE RESERVE

F

Pictured above: Orange County Fire Rescue Station 30 crew members stand with family members of fallen firefighter. Carl Andriano



Officially dedicated on Jan. 27, Truck 30 is equipped with a 95' aerial platform that holds 300 gallons of water for suppression efforts. The unit is also designed to support other specialty rescues such as high angle and rope rescue. It is one of eight aerial units serving Orange County. A plaque on board the unit reads "30 STRONG" in honor of Andriano, whose legacy will endure

Continued on Page 11.



From Page 10.



Pictured above: Orange County Fire Rescue senior leadership and Station 30 crew.

through the Station 30 crew who served with him and through those who have since learned of his story.

"We pray that God will bless our Truck 30 crew and that Carl will guide our brave men and women as they lay their lives on the line each day," Fire Chief Otto Drozd said at the dedication ceremony. "He will always be remembered by his brothers and sisters at Orange County Fire Rescue."

The new vehicle replaces the previous unit which was put into service in January 2004 and made 18.836 calls for service.



Pictured above: Truck 30 plaque.

FSYO Announces New Music Director

The Florida Symphony Youth Orchestra has appointed cellist, conductor, and educator Hanrich Claassen as the new music director and conductor of the Symphonic Orchestra for our upcoming 2016-2017 season.

"I immediately fell in love with the passionate, energetic young musicians' joyous approach to music making and I look forward to exploring a wide variety of repertoire and projects with this vibrant organization. Together with our wonderful artistic and executive team, I am excited to cultivate innovative programs and initiatives to make our organization even more visible and expand the love of music within our community," said Claassen.

An international performing cellist and pianist, as well as conductor, Claassen musically began at the University of the Free State in South Africa, earning a bachelor's in music with cello and pi-

ano. Continuing his cello studies, Claassen obtained a music honours degree and his master's degree in chamber music at the University of Stellenbosch. Mr. Claassen then finished his teaching licentiate at the University of South Africa with distinction, and continuing his cello study in 2003 in Portugal.

"We are absolutely delighted to have Mr. Claassen joining the FSYO and very much look forward to his input and vision for the organization. We have no doubt that Hanrich will draw on his diverse musical background to bring new strengths to FSYO and the Symphonic Orchestra. He clearly bonded with the students during rehearsal and I believe the students

> are looking forward to working with him," said Stephen Schenck, FSYO board president

Matthew Davis will continue to act as the in-



Pictured above: Hanrich Claassen.

terim music director and the conductor for the Symphonic Orchestra until the completion of the 2015-2016 season.

The Florida Symphony Youth Orchestra aims to educate and inspire Florida's top young musicians through programs committed to strengthening musical talents and developing appreciation of the arts through classical music. The FSYO, in its 59th Concert Season, comprises three full orchestras and one string training orchestra made up of more than 250 students from eight Central Florida counties.

Programs are sponsored in part by the Florida Department of State, Division of Cultural Affairs; the Florida Council on Arts and Culture; Darden Restaurant Foundation; Universal Orlando Foundation; The Central Florida Foundation and United Arts of Central Florida. The FSYO is a non-profit 501(c)(3) charitable organization. For more information, please visit www.fsyo.org.









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fiscal fitness by John Gill

Long Term Care Insurance – Who Needs It?

As more families deal with aging parents and other relatives, the issue of long-term care may arise.

The interest in long-term care insurance is a result of people living longer along with the continued rise of the "sandwich generation," those families with responsibilities

for both children and aging family members.

According to the National Clearinghouse for Long Term Care Information, approximately 70% of individuals will require some type of long term care services in their lifetime. Over 40% will need care in a nursing home for some period of time. According to AARP, on average, someone who is 65 today will need some type of long-term care for about three years. And within that time, the person will probably receive almost two years of care at home. The median annual cost for a private nursing-home room is \$91,250, and round-the-clock home care can top \$170,000, according to a new study from Genworth Financial, the leading seller of the policies.

Long-term care insurance can help to reduce the financial impact of unskilled health or personal assistance. The insurance pays for support with actions considered to be Activities of Daily Living. These activities are bathing,

dressing, eating, using the restroom, and getting into or out of a bed or a chair. The insurance only pays for assistance when a "trigger" is hit, the trigger being when help is required with two or three of the activities.

Long-term care insurance is purchased for varied reasons. The ability to fund long-term care insurance helps people stay in their homes longer as they age and allows for more selectivity about potential assisted living facilities or nursing homes. The insurance can help reduce or eliminate caregiver responsibilities of loved ones and may help someone to leave assets for heirs.

The costs can be challenging. The tricky part is deciding when to buy. Purchasing when young reduces the premium rate but the total amount paid before a benefit is realized may be significant. Waiting to purchase will increase the premium costs or the risk of not being able to get the coverage. A happy medium may be to determine the premium costs while in one's thirties and forties and setting that money aside in a conservative mutual fund, either a bond or balanced fund. The money is there if needed and the insurance can still be purchased when older.

One misconception about long-term care insurance is that it is provided through Medicare or through the Affordable Care Act. It is not. Long-term care is also not covered by disability insurance or health insurance. It is a distinctly different insurance product. It can be purchased through insurance agents and brokers. Longterm care insurance may be provided in group insurance plans from employers and professional organizations. However, the ability to purchase this type of insurance is becoming more difficult. The number of insurance companies offering it has declined from approximately 100 companies a decade ago to about 20 companies selling such insurance today. When this insurance is purchased, care should be taken to make sure the individual selling the policy has had additional training in long-term care insurance.

Below are links to several long-term care resources:

http://www.longtermcare.gov/LTC/Main_Site/ index.aspx

http://www.wsj.com/articles/long-term-careinsurance-is-it-worth-it-1430488733

http://www.foxbusiness.com/personalfinance/2014/05/12/what-new-with-long-termcare-insurance/

please call John at 407-353-0594 or send email to FiscalFitness@ymail.com.



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Winter Park Sidewalk Art Festival Open House

Friday, March 18, 9:30 a.m. – 8 p.m. *Saturday, March 19,* 9:30 a.m. − 4 p.m. *Sunday, March 20,* 1 p.m. − 4 p.m.

Easter Weekend Open House

Friday, March 25, 9:30 a.m. − 8 p.m. *Saturday, March 26*, 9:30 a.m. − 4 p.m. *Sunday, March 27,* 1 p.m. − 4 p.m.

ALL EVENTS ARE FREE



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Winter Park Sidewalk Art Festival

March 18, 19 and 20, 2016

About The Artist John Costin

resident of Ybor City (Tampa), FL, John pursues an interest capturing in

visual form the rich and diverse bird life of his home state. With a background in contemporary art, he creates life size images of birds that explore nuances indigenous to that species. "Through my art I strive to capture and personify birds, enriching the viewer's perception of this particular form of wildlife which they may rarely have an opportunity to intimately experience. The birds are presented in such a way that they are aware of the viewer's presence and react to that confrontation. Their reaction reveals unique traits to the viewer, adding another level of understanding. Ultimately one's sensitivity and awareness of these natural wonders could lead to a more profound perception of the world we all share." Working in the etching medium, he creates complex and colorful images of birds that enrich the viewers' perception of that species.

While attending the University of South Florida he studied Intaglio art that piqued his interest in etching and continues to this day. It is a way of combining graphics, painting, sculpture, and engineering into one art form. The medium has an extremely large range of possibilities, giving many directions for his imagination to explore. The visual qualities are very enticing: colors ranging from subtle to intense, black tones going from delicate to velvety black, textures that are limited only by one's imagination, and lines

that range from needle thin to broad and bold.

Etching is a complex process combining skills of painting sculpture, printmaking and engineering. Starting with a polished plate of copper, the image is directly etched by hand on the plate as if it were a canvas. This process takes from six to eight weeks to complete. These plates are then skillfully wiped down with ink by hand, and then printed on high quality rag paper. Afterwards these printed images are hand painted with oil paints for rich color quality and subtle nuances of detail, making each piece unique.

John has been a professional artist since 1979, exhibiting in numerous shows and winning awards throughout the south. His work can be found in collections at the Ferman Mot or Car Company, General Motors Corporation, Yellow Freight, Eckerd College, U.S.A.A. Insurance, State Library of Florida, University of Miami, Raymond James Financial, Inc., Tampa Museum of Art, and the Polk Museum of Art to name a few. Currently he is creating a book of etchings depicting large birds of Florida, which is registered with the Library of Congress.



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The 57th Annual

Winter Park Sidewalk Art Festival

About The Festival

he Winter Park Sidewalk Art Festival is one of the nation's oldest, largest and most prestigious outdoor art festivals. The Festival debuted in March 1960 as a community project to bring local artists and art lovers together. The Festival is produced by an all-volunteer board and draws more than 350,000 visitors each year. This year, more than 1,100 artists from around the world applied for entry. An independent panel of three judges selected the 225 artists exhibiting their works. The Festival is consistently recognized as "Central Florida's Best Festival," by Orlando Magazine, and "Best Winter Park Event or Festival," by The Winter Park Chamber of Commerce and Winter Park / Maitland Observer. In 2015 it ranked #5 in the nation for Best Fine Art and Design Show by Sunshine Artist Magazine and #1 in the Southeast for the past three years. It has also been named America's Best Juried Fine Art Fair (Art Fair Calendar, 2013 & 2014).

CATEGORIES

The Festival features a wide variety of fine arts and crafts in the following categories: clay, digital art, drawings & pastels, fiber, glass, graphics & printmaking, jewelry, leather, metal, mixed media 2D, mixed media 3D, painting, photography, sculpture, watercolor and wood as well as our Emerging Artists.

AWARDS

Artists complete for 63 awards totaling \$72,500. The Best of Show winner is purchased for \$10,000 by The Winter Park Sidewalk Art Festival Board and donated to the City of Winter Park. Previous Best of Show winners are on permanent display at the Winter Park Public Library. A \$5,000 "Art of Philanthropy" Purchase Award is sponsored by the Edyth Bush Charitable Foundation. A \$2,500 "Distinguished Work of Art" Award is presented through The Charles Hosmer Morse Museum of American Art. There are 10 Awards of Excellence of \$2,000 each, 20 Awards of Distinction of \$1,000 each and 30 Awards of Merit of \$500 each.

MUSIC AND ENTERTAINMENT

During the three days of the Festival you will find free entertainment presented on the main stage located in north Central Park, starting with a high profile concert on Friday night. This year's headliner will be contemporary jazz saxophonist Steve Cole with special guest JJ Sanseverino.

MERCHANDISE

The Winter Park Sidewalk Art Festival t-shirts and other memorabilia are available at two merchandise sales tents. The tents are located at the south entrance (Park and New England Avenues) and at the center intersection (Morse Boulevard and Park Avenue). Artist and master printmaker John Costin created this year's poster, Snowy Egret. John specializes in hand colored etchings; the Snowy Egret is a three-plate etching. Posters will be sold at the south entrance and at the center intersection next to the large merchandise tents. A vintage merchandise tent will be located next to the Festival headquarters at Park Avenue and Morse Boulevard. After the Festival is over, you can still purchase this year's and past posters by visiting our website at wpsaf.org.

FAMILY FUN

Girls and boys can create their own artwork at the Children's Workshop Village. Easel painting is very popular, and local art centers and museums feature a variety of fun, hands-on art activities for children. Admission is free and participants may take home their artistic creations. The Children's Workshop Village hours are 10 a.m. – 4 p.m. on Friday, Saturday and Sunday. Easel painting is from 10 a.m. – 3 p.m. on Saturday and Sunday.

LEON THEODORE SCHOOLS EXHIBIT

The place to discover the talented artists of the next generation is at the Leon Theodore Schools Exhibit where artwork by thousands of Orange County students is on display. The creativity and level of expertise displayed by these young artists will delight and amaze you. Be sure to check out this wonderful exhibit.

COMPLIMENTARY BIKE VALET

Enjoy the festival while your bike is safely monitored. Located on Morse Boulevard across the street from the Amtrack Station parking lot, a free bike valet service is provided during festival hours by the Winter Park Pedestrian and Bicycle Advisory Board. For more information, call 407-644-7207 or visit wpsaf.org.



NO ANIMALS are allowed in Central Park or on Park Avenue between New England & Canton Avenues during Festival hours per Winter Park City Ordinance.

2016 Winter Park Sidewalk Art Festival Schedule

Friday, March 18 and Saturday, March 19 - 9:00 am to 6:00 pm

Sunday, March 20 - 9:00 am to 5:00 pm

Entertainment Schedule

March 18 – Friday:

4:30-4:45 p.m. Far Young 4:45-5:00 p.m. Saagar Ace 5:20-5:45 p.m.. Anthony Garguila

March 19 – Saturday:

6:15-7:00 p.m. Dayve Stewart & The Vibe

March 20 – Sunday:

11:15 to 11:45 p.m. Makeshift 12:00 to 12:30 p.m. James A. Williams 12:30 to 1:15 p.m. Terry Binion

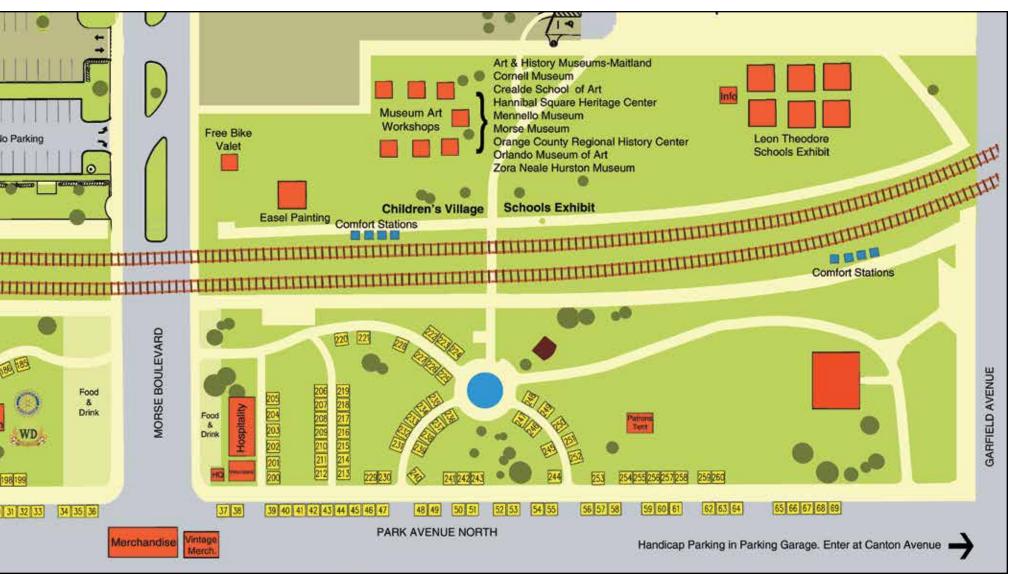
10:00 to 10:45 a.m. TBA

1:30 to 2:15 p.m. Carol Stein & Jackie Jones present The Steinway Society Scholarship Students

2:45-4:45 pm Tijuana Brass Tribute with The Greg Parnell Septet



Jan Mayer 220 James Perry 223 Rey D'Alfonso 48 Carolyn Cohen 175 **ARTIST NAME BOOTH** # Dean DiMarzo 192 Rudy Tell 183 John Costin 36 Adriana Rangel 246 **CLAY** Bounkhong Signavong 10 Horace Thomas...... 170 Michael Donner Dlugolecki 18 Kim Eubank......141 Brian Beam 169 Victor Gomez...... 174 Mary Sly...... 225 Alberto Toro 213 Ummarid Eitharong..... 67 Douglas Bringle 161 Joyce Stewart...... 122 Charles Gatewood25 Chia Haruta..... 57 Ira Burhans 146 Jerry Yang 138 **METAL** John Harris...... 56 Flo Kemp 237 Ed Coleman 191 Ginny Herzog 104 Stephen Sebastian 55 Stephen Breinager 247 John Herbon 16 **GLASS** Peyton Higgison......204 Grant Silverstein 60 Robert Hessler 149 Robert Farrell...... 259 Paul Jeselskis 44 Leon Applebaum 108 Jimmy Langford 164 Bruce Holwerda..... 30 Marina Terauds 12 Bruce Johnson..... 52 Kreg Yingst 208 Lisa Aronzon 240 Xiao Jiang218 Luke Proctor...... 32 Michael Kahn 158 Brian Becher 147 Chris Seeman 128 Susan Kennicott 151 Robert Kastrinos 143 **SCULPTURE** Robert Coby 248 Ning Lee 148 Ethan Lillemoe...... 200 Justin Lyons 238 MIXED MEDIA 2D Albert Benedict...... 199 Robin Kittleson 201 Gail Markiewicz...... 134 Bernard J Martin 222 Mark Lewanski 116 David Bryce 110 Gaston Carrio 113 Craig McMillin 236 Scott Olson...... 42 Michael Mikula.....38 Ruben Fasani 121 Jeffrey Gelick...... 152 Andrew Otis 251 Phillip Nolley29 David Figueroa51 Jenny Henley 227 Ken Orton 258 Jim Parmentier 5 William Ortman 181 Will Grant 157 Bruce Peeso 22 Aaron Hequembourg...... 132 Jonathan White......24 Loretta Petraitis 28 Su Griggs Allen..... 189 Margaret Luttrell 142 Richard Ryan.....3 Robert Ross...... 163 Jack Hill 33 Ynon Mabat 252 **DIGITAL ART** Andrew Shea..... 198 Megan Rowland 130 Kue King 2 Michael Madzo...... 145 Rick Abrams 102 Douglas Sigwarth......65 Brian Sage 209 Kevin Lubbers 193 David McKirdy 243 Sarah Collier 126 Thomas Spake...... 153 Maryann Schmidt...... 112 Brianna Martray..... 131 Hayley Nolte 47 Geoffrey Harris 27 Mark Sudduth 101 Stephen Sebastian 54 Steven Olszewski......58 Lisa Norris 249 Kate Harrold 105 David Thai......226 Lin Seslar 34 Gabriel Puyana..... 159 Suzy Scarborough 61 Laird Myer..... 257 Randall Smith 64 Cathy Rose 136 Ezra Siegel 211 James Richmond 232 **JEWELRY** Tai Taeoalii...... 188 Don Sondag 125 Bonnie Shanas 203 Wayne Trinklein 118 Debra Adelson..... 41 Jinsheng Song...... 179 Cat Tesla 173 **DRAWINGS & PASTELS** Deborah Armstrong...... 66 Cheryl Ward 233 Dylan Strzynski 62 Erin Curry...... 245 Yu Zhou...... 46 WATERCOLOR Chip Arnold......31 Chip DuPont......217 Amy Beeler 215 MIXED MEDIA 3D John Whipple 6 Gary Curtis 182 Jeff Eckert 260 Randi Chervitz 171 Linda Berman 242 Randy Eckard 196 Jennifer Gardner 154 **PHOTOGRAPHY** Megan Clark...... 20 David Burton..... 221 ZL Feng 137 Jeanne Goodman 230 Marc Ferguson 194 Joel Anderson 59 Robert Flowers.......250 Magali Cereghino-Groves 210 Helen Gotlib...... 63 Samantha Freeman..... 176 Richard Auger 127 Peggy Furlin......229 Angelique Conroy...... 68 Ronna Katz 26 Susan Frerichs 129 Thomas Brain..... 178 Clare Malloy 43 Rey D'Alfonso 49 Charles Greenholdt...... 40 Mark Grosser...... 15 Michael Bryant..... 11 Beverly Hayden 256 Farhana Hussain..... 177 Ellen Marshall 37 Sue Hammes-Knopf 160 Doug Cavanah 140 Alice Legler 172 Lori Jenkins......35 James (Michael) Nemnich...... 21 Julie Jerman-Melka 165 Micheal Paul Cole 156 Aletha Jones 17 Trent Manning 23 Lawrence Packard 212 Tiara Sunkvung Kim & Tai Kim ... 8 Cali Hobgood244 M Kemper 255 Tiffany Ownbey...... 4 Beau Stahl 14 Brenna Klassen-Glanzer 103 Steve Keating...... 162 Laurie Wilhite 195 William Kwamena-Poh...... 123 Richard Wilson 50 Karen Klinefelter..... 190 Sunny Liang...... 235 R. Michael Wommack 39 Rick Loudermilk 241 Danielle & Chris Merzatta 202 **PAINTING** Jerome Maschinot 135 Michael Weber 167 Christian Nevin..... 115 **EMERGING ARTISTS** Steve Andrews 45 Marius Moore..... 9 Vonnie Whitworth.....53 Jay Nielsen..... 144 Lisa Ashinoff 120 Ray Mosteller..... 180 Eric Eyerly 185 Aaron Sault...... 207 Ron Rocz 197 Stephen Bach...... 107 Patrick McKinnon 186 WOOD Beth Solomon 109 Garry Seidel 69 Johana Toro...... 187 Bert Beirne 231 James Barnes 19 Lauran Sundin 224 Jerry Brem 139 Paul Shatz...... 216 Mike Duflo 214 Michael Vagner 133 **FIBER** Cindy Capehart 13 Paul Stevens 239 Kent Harriss 166 Youngjoo Yoo254 Steve Wewerka 219 Kate Beck...... 106 James Carter 155 **Shaari Horowitz 168** Candiss Cole-Footitt 184 **LEATHER** Matthew Cornell 1 Paul Lambrecht...... 205 Scott Coulter 100 **PRINTMAKING** Leah Dziewit 150 Charles D'Onofrio 111 Janet O'Rourke......117 Victoria Horner...... 253 Steve Edgar..... 114 Pamela Covington 7 Kent Ambler..... 119 Greg Thomas-Moore 124



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family business perspective by Champ Rawls

Getting Comfortable With Your Exit Strategy

Before you can get comfortable, you first need to define your exit strategy. This means being able to define what your exit will look like and the range of options are broad and include:

- Complete cold turkey break from operations
- Exiting day-to-day management but continuing to have operational final say
- Entrepreneur's retirement: participate when you want to, and delegate decision-making power to an individual successor or board of directors
- Sale of the business

It may seem odd to consider planning your exit strategy before you have defined what your exit strategy is and before you even have plans to leave. No one wants to plan to exit the business too soon. Frankly, when is it ever the "right" time to leave the business? However, the best way to ensure you leave when you want, on your terms, and with plenty of cash in hand, is to plan your exit strategy early.

Unsure of what your exit strategy should be? Let's review sale and transition.

Selling Your Business

Understanding that the business is a large part of your identity, it is common to have anxiety around what "next" looks like for you. It is normal to be questioning, "What will I do after I sell my business?" Other questions that are helpful to address include:

- How do I survive economically after exiting the business? How much of the after tax proceeds should be invested to protect my financial security?
- How much of my liquid net worth do I want to reinvest in other business opportunities?
- How will my children react to my exit from the business and selling to a third party?
- How will my key managers' and employees' livelihoods be impacted?

Following the sale of your company, you will undoubtedly be approached by family members or people in the community to invest some of your liquid assets in a new business venture. Perhaps you will get the itch to start a new business yourself. Having your exit strategy in place long before the consideration of a sale will help you develop answers to the above questions.

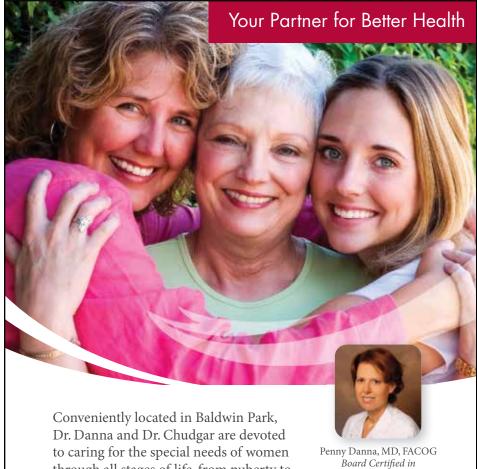
Family or Non-Family Succession

Planning for the transition of ownership regardless of the circumstance is an emotional journey. Whether the transition is to someone within the company who has been a long-term employee or to a family member, the dynamics are complex. Hare some helpful questions to address:

- Do I have a capable successor in either the family or the company?
 - o Are they interested in taking over the company?
- What if the family member or long term employee in my company is not who I would choose to take over?
- Is there sufficient cash-flow to support the sale of my business to my family member or member of the company?
- What will the business look like in the future?

When considering an exit strategy, it is important to understand that you are not giving up your role, losing control, or otherwise walking away from what you have built. Rather, you are strategically focusing on the future of your business, as well as what "next" looks like for you when you decide it is your time to leave. If you are looking at family succession, you can build the road map to identify, develop and transition leadership and ownership to your successor(s). If you think you may sell, you can focus your energies on what it takes to get the most for your business. Either way, when the day comes for you to hand over the keys to your business you've already laid the foundation for future success.

Being a part of his own family's business, Champ has a unique insight into the difficulties, challenges, and triumphs families face when combining family and business. Champ Rawls has been officially associated with The Rawls Group since 2012, although it could be said he became a part of the team in 1984, when he was born into the family business. For more information visit www.rawlsgroup.com



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R

Stephen & Kristin Pategas

In the garden by Stephen and Kristin Pategas

Riff Raff Plants

Tali shared her lament as soon as we answered the phone, "I have had it with these riff raff plants in my backyard." We had never used that term before, but instantly knew what she meant and sympathized. Our travels to provide consultations and landscape designs bring us face to face with freaked out homeowners and challenging plants. These plants are seductive cheap first dates, cover lots of ground, become aggressive, bully others out of the way and ultimately - they bite the hand that feeds and waters them. Any hopes for an attractive

low maintenance garden are dashed. Lock the door, draw the drapes, and forget about entertaining anyone with close to 20/20 vision.

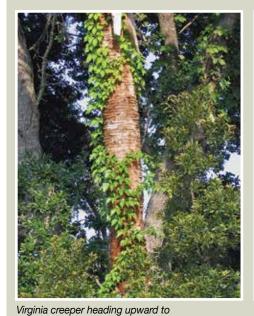
Who are these interlopers, where did they come from, and how in the heck can we get rid of them? The answers start with the fact that some are invasives from other parts of the world brought here by humans, some are "vigorous" natives, and all of them are persona non grata in our garden and the ones we design. Apply the tried and true mantra - "right plant right place - wrong plant get the shovel." However, since these plants could easily outlast any human competing on Survivor and would snicker at a restraining order, a session with some weed killer may be in order.

Many of these plants have been identified by the Florida Exotic Plant Pest Council, otherwise known as FLEPPC. Check them out at: http://www.fleppc.org. The bad guys that keep us up at night include:

- **Cinnamomum camphora/Camphor tree** shows up uninvited when a bird makes a deposit, then seedlings sprout everywhere organic matter exists.
- Clerodendrum species planted for its flowers, it travels underground and sprouts in the next county.
- Colocasia esculenta/Elephant ear planted for its large bold foliage and quickly outgrows its welcome. Use the nursery grown cultivars instead.
- Nephrolepis cordifolia/Sword fern shows up uninvited or is planted because someone (an enemy?) offered a freebie. Then it runs and spreads like crazy into plant beds and every crevice. Use the clumping holly fern instead.
- Parthenocissus quinquefolia/Virginia creeper vine an innocuous arrival native to Florida and other states climbs and smothers trees to show its dominance as it rains down seeds from on high.

- **Prunus laurifolia/Cherry laurel tree** seedlings appear everywhere; add 10% to your maintenance budget.
- Paederia foetidus/Skunk vine must be a hyper-adaptable vine that Star Trek's USS Enterprise brought back from another galaxy. It climbs and smothers and even creeps in lawns.
- Ruellia tweediana/Mexican petunia is a lovely, purple blossoming mirage when planted, but it becomes a recurring nightmare. Add 15% to the budget.
- Sapium sebiferium/ Chinese tallow is loved for its fall foliage color, but everyone hates pulling the hundreds of seedlings which also show up in natural areas. Yes, the seeds eaten by birds exit their digestive tracts viable and ready to party hearty.

Tali's garden demons were exorcised with due diligence and she is well on her way to the garden of her dreams.



smother a palm.



Holly fern - Cyrtomium falcatum is a good clumping fern substitute.



Sword fern even spreads into palm tree boots.



Mexican petunia is a colorful nasty nuisance.

Photos by Stephen G. Pategas/Hortus Oasis.

Hortus Oasis (FL26000315) in Winter Park is a boutique garden design company specializing in residential, commercial and specialty gardens. Stephen is a registered landscape architect and Kristin is a certified landscape designer. Contact them at 407-622-4886/garden@hortusoasis.com



[NEAR THE HEART OF WINTER PARK]

Rae Delfosse cherishes proximity to culture and family

The active pursuit of a creative lifestyle is an important reason Rae Delfosse chose The Mayflower. Here, the former teacher can further explore her artistic interests in a resort-like setting close to Winter Park's world-class museums and galleries.

"The pace of life is perfect for me," she says. "When I visited The Mayflower, I fell in love with everything about this place: the layout, the grounds, the Fitness Center and pool ... it's even right next door to the Crealdé School of Art!"

With family in New Smyrna Beach, Clermont and Windermere, Rae also enjoys The Mayflower's Winter Park location. "I'm just a short drive away from everyone I care about," she says, "and I have access to everything I need."

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real estate in the parks by Scott Hillman





I've been fortunate to call Central Florida home for over 50 years, and during that time, I've seen my share of growth in our community. On what was once the site of the Army Air

Corps and Air Force base, and later the Orlando Naval Training Center, is now one of Orlando's trendiest neighborhoods.

Surrounded by new homes, luxury properties, charming townhomes, and a village center, Baldwin Park is one of the area's most popular zip codes, according to the Orlando Regional Realtor Association. The median home price last year in Baldwin Park was \$390,000, rising from \$329,000 just five years ago. Even more astonishing are the appreciation figures in Audubon Park, up 82% from \$124,000 in 2010 to \$223,000 in 2015!

The Baldwin Park neighborhood features picturesque lake views, 50 miles of paths and trails, and 200 acres of parks. Adding to the appeal of the community are several festivals and monthly events that allow people (and pets!) to enjoy the laid-back atmosphere. Audubon Park shares the laid-back atmosphere, with an array of eateries and boutique shops and stores surrounding the neighborhood. I forecast that sales in the Audubon Park/Baldwin Park areas will continue to be robust, especially as we move through the traditionally strong selling months during the spring and summer.

If you're considering buying a new luxury home or downsizing to a townhome in these areas, I suggest spending a weekend rediscovering these local treasures.

Saturday Morning

Early risers know the best place to catch a sunrise is over Lake Baldwin. Enjoy a brisk walk or jog around the lake or take in the breathtaking views from the walkway that stretches over the water. The French bakery, Café 906, is a place to see and be seen in the early morning, as locals sit down for coffee, enjoying delicious pastries and brunch dishes like the goat cheese and spinach quiche, and watch the village come to life.

Saturday Afternoon

Spring is the perfect time to enjoy lunch al fresco at Seito Sushi along New Broad Street. This sleek eatery is known for its handmade rolls with names like Fry Me a River and the Floridian, along with favorites like edamame prepared three different ways (my favorite is the garlic lime).

A must-see shopping excursion along Corrine Drive features an eclectic array of high-end stores and Mom and Pop favorites who carry everything from home and garden supplies to jewelry to gifts. Storeowners welcome customers like family, so it's easy to spend hours pursuing the neighborhood shops. Be sure to stop at the Blue Bird Bake Shop to satisfy your sweet tooth with a gourmet cupcake.

Saturday Evening

The lively Osprey Tavern has earned rave reviews among locals, who pack in nightly for American classic dishes like Pork Porchetta and Beef Rib Eye. The fresh oysters and Parker House Rolls are also house favorites. Be sure to make reservations!

Sunday Morning

If you're looking to burn off a few calories, walk, jog or ride your bike along the 3.5-mile Cady Way Trail that weaves past Florida's natural fauna like bougainvillea. Outdoor enthusiasts, like myself, visit Blue Jacket Park to play a game of baseball, tennis, basketball or soccer. Families can enjoy two children's playgrounds, and there are plenty of greens to enjoy a picnic.

Sunday Afternoon

No visit is complete without a trip to the East End Market. This culinary haven is a favorite for sampling from some of Central Florida's top foodies. The marketplace carries a variety of cuisine, from freshly roasted coffee to organic juices and savory soups. The farm-fresh restaurant, Txokos Basque Kitchen, serves Basque-inspired dishes with flare, along with live music on Sundays. It's a weekend unlike any other in Central Florida!

With continued historically low mortgage rates around 4% for the year ahead coupled with rising real estate values in Baldwin Park and Audubon Park, you can be sure that finding the right home for your family and lifestyle is a solid investment.

Scott Hillman is president of Fannie Hillman + Associates, a 35-year-old Winter Park-based real estate company specializing in residential real estate sales and producer of The Hillman Report, a semiannual look at residential real estate in Orange and Seminole counties that can be viewed on the company's website (fanniehillman.com) or by calling (407) 644-1234 for a copy.

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live meaningfully by Ayesha G. Bullock, M.A.



March On

So, my fine feathered friends, it is indeed March and so may we march on...

What a distinct and fervent mandate conveyed by one little five letter word.

March (verb used without object)

- 1. To walk with regular and measured tread, as soldiers on parade; to advance in step in an organized body.
- 2. To walk in a stately, deliberate manner.
- 3. To go forward; advance; proceed.

March - to progress, to advance, to move ahead, to carry on... To actualize.

It's time to move forward; it's time to carry on; it's even, dare I say it, time to actualize.

I have long held the position that human beings are uniquely and neurobiologically engineered to drive towards actualization. We are compelled towards growth and, in the absence of such, we risk suffering stagnancy and all that comes with it.

Let's consider nature for a second - as we are not only a part of it but also created by it. Try, for a minute, to conjure an image of water that is fresh, buoyant, healthy or nourishing. Perhaps your mind's eye goes to rhythmic oceans, spring lakes, gurgling rivers, or rushing waterfalls. What you don't imagine is a pool of stagnant water. You don't imagine this because little other than anaerobic bacteria could thrive there. Stagnant water brings with it disease, stench and, generally speaking, that which is unwell.

77

March on.
Do not tarry.
To go forward is to move towards perfection.
March on, and fear not the thorns, or the sharp stones on life's path.

- Khalil Gibran

Human beings consist of upwards of 70% of water. Physically, mentally, emotionally, psychologically, relationally, we need motion; inertia is suffocating. We must move and continue to stretch ourselves, challenge our long held beliefs and break our fear-bound restraints. We need change, whether or not we have a difficult time embracing it. We need growth, whether or not it sometimes comes at the hands of an unmerciful agent.

I see many iterations of actualization-in-progress in my office. Pain, fear, doubt, and loneliness are often the harbingers of change (as well as salient indicators that we are heading towards being unwell.) We are stuck, unmoving and out of alignment with our inherent mandate towards growth. We fear the unknown future and we fret about all that is yet to

come, despite the inevitability of its arrival.

As far as I can tell, all fear is actually anticipatory in nature. It is not the exact moment in which we find ourselves that feels unmanageable (as we are actually already immutably managing the 'now'). Rather, the moments, seconds, days, weeks, months and years immediately after right now are those that often feel untenable. It is the fear about all that may be, or may not be. It is the anxiety over all that we have or that we do not have. It is our longing for the validation that we will be enough or that all will be ok... instead of the realization that it and we already are.

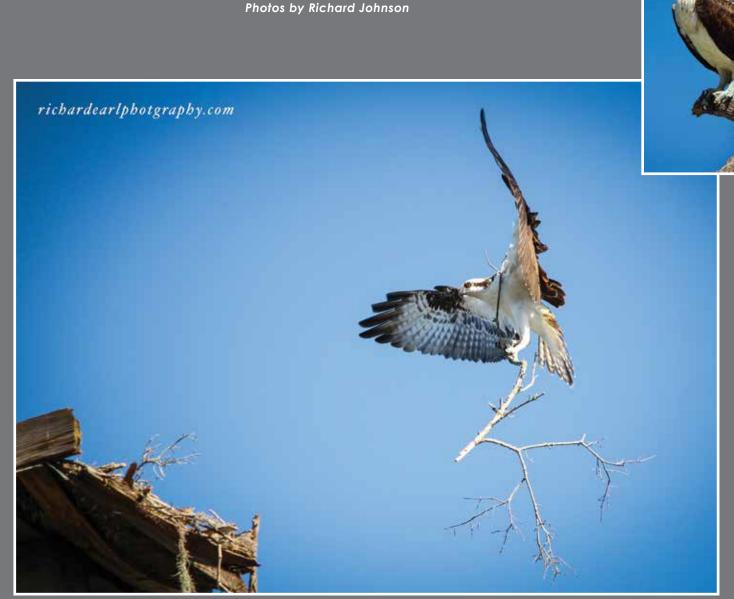
No matter what life has offered you or where you find yourself in relation to where you were 'supposed to be,' I offer you this: It is enough. Things will change. You will grow. Time will forever march on... but so will you.

Understand and accept that this moment is irrefutably finite and will be inevitably followed by the next and the next and the next, and that's alright. As a matter of fact, it's essential. It is, in practice, the life current that is necessary for growth, progress, actualization and it is the only antidote to stagnancy. More than just accepting it, I invite you to embrace it.

Seek it out, quell your inner fear about it, invoke gratitude for it... and **March On** towards it.

Be well; Live Meaningfully. Till the next time, Ayesha

Ayesha G. Bullock, M.A. practices at 2150 Park Avenue North as a Licensed Mental Health Counselor and can be reached at ayesha@livemeaningfully.net or 407-796-2959.



nature in the parks



Lake Baldwin Osprey

If you are walking or biking around Lake
Baldwin keep an eye to the sky for this beautiful male Osprey. He is a practiced hunter and nest builder. Ospreys don't travel far from their chosen area of habitat so chances are good that you will see him one day.

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pop culture detours by George McGowan

A Continuing Renaissance In Comics

Over the years, I've touched on a world where one could easily get lost. This is the world of comics, comic books and graphic novels. For some it has become an obsession, for some a place where ideals are championed and not ridiculed, and a place where someone who just doesn't seem to fit in can find a friend or entire groups of friends with the same fascination for unique story-telling and artwork.

This world is presented in a new movie, now available on demand, named "COMIX: Beyond the Comic Book Pages." This first-hand account of the power of comics, presented through interviews with various comic writers, artists, collectors and fans, explains how the simple comic book has evolved into an entire way-of-life that can only be properly named a "phenomenon." The movie's creator, Michael Valentine, notes that his vision for the movie blossomed from presenting how to make a comic book into a full-length study of the love of comics. As he notes on the webpage for the movie, "COMIX is my way of sharing the artistry that I love through a movie that was made by a fan, for fans. I think comic book fans as well as anyone else who watches it will find it fun, informative, and inspirational." This viewer agrees.

One of the comic creators interviewed in the film is Stan Lee, who recently issued his memoir in graphic novel form, "Amazing Fantastic Incredible: A Marvelous Memoir." This interesting treatment of the life of one our most prolific comic book creators, he created Spiderman, the Fantastic Four and Iron Man among many others, presents his life in the graphic style of the comics. Lee taps long-time comic writer Peter Davis to create the narrative and the very talented artist Colleen Doran to have some fun with the imagery. In The Guardian, Kathryn Hughes



writes that "Doran has a field day with period detail, using a washed-out palette of mauve and fawn over which the young hero's imaginary encounters with storybook characters sprinkle blinding stardust. For comic book aficionados there are also plenty of sly references to earlier, iconic work." Now if I could only get this book back from my son off at college, I could read and tell you exactly how I found it!

A recent comic that I highly recommend is a series called "Saga" which is written by Brian K. Vaughan and illustrated by Fiona Staples. I have become completely absorbed by the world these two have created and finished all five of the available volumes in record time. The comic is pub-

lished monthly by Image Com-

Pictured at left, the poster from the film "Comix, Beyond the Comic Book Pages." And above, a panel from the comic "Saga."

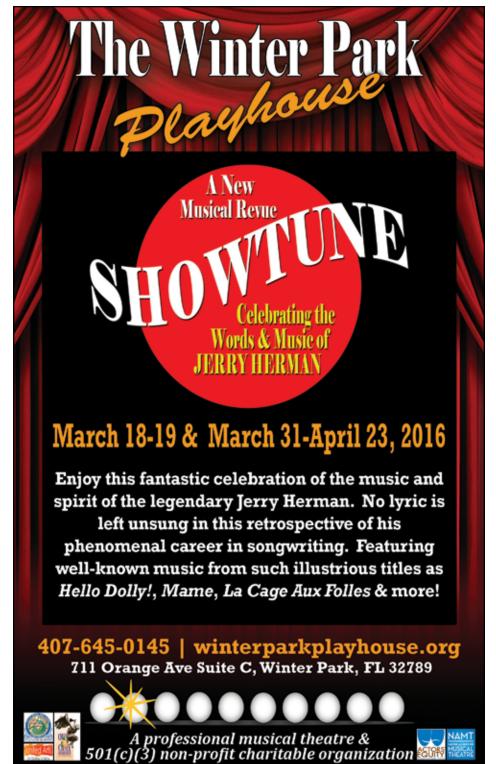
ics but I have read them only through their compilations in graphic novel form. The writer and artist create a fully realized science fiction universe of humanoids and creatures and neverending war but center the action of the series on two young parents who are bound and determined to raise their new child in peace and security. It is an amazing read and includes some images not suitable for young children. It is a mature and challenging treatment of societal ills and how they affect the lives of our heroes.

Finally, I couldn't write about comics without telling you of one of my favorite books of all time: "The Amazing Adventures of Kavalier and Clay" by Michael Chabon. It is absolutely amazing and a wonderful journey told through the eyes of two immigrant

> comic creators and how they manage to find success and love in prewar and postwar America. I give it my highest recommendation.

"COMIX: Beyond the Comic Book Pages" is available through: iTunes USA - http:// apple.co/1RAPdcE, Google Play - http:// bit.ly/1LjYSfX, YouTube - http://bit. ly/1Tfy6gl, Vudu - http://bit.ly/1mbukGR, Amazon Video - http://amzn.to/1PGpNVh, Microsoft Video - http://bit.ly/1RZ1MhC, Sony Playstation - http://bit.ly/1QZnXmP.

For more information, please visit www. comixthemovie.com.



theater in the parks by Barbara Solomon

A Brave New World

THE TEMPEST WRITTEN BY WILLIAM SHAKESPEARE **DIRECTED BY ANNE HERING** STARRING GREG THORNTON AND GRACIE WINCHESTER

Miranda (Gracie Winchester) finds a "brave new world" in this, my favorite of Shakespeare's plays. She has been marooned on a desert isle since the age of three with only her father, some spirits, and a savage for company. When their relatives and associates are shipwrecked on this same island, Miranda sees another man for the first time and they fall in love. The turns and twists of fate, along with a hefty dose of magic, make for an interesting plot. As in all Shakespearean comedies,



Actor Richard Watson as Caliban. Photo by Tony Firriolo.

"all's well that ends well."

Several of the actors gave outstanding performances. The Solomon gold medal goes to Richard B. Watson as Caliban. His body language and presentation were superb. The highlight of the evening was Caliban's monologues. The silver medal goes to Greg Thornton as Prospero. He was the embodiment of the doting father, the vengeful ruler, and the keeper of the magic. And the bronze medal goes to Gracie as Miranda. She was charming as the astonished young lady. As usual, the costumes were exquisite. But not all was well in the direction of the play. I felt that the comedic relief was sullied by changing Stephano and Triculo to vaudevillians. Their antics were ridiculously over the top. Why can't our Shakespeare theatre leave Shakespeare to stand on its own as it has done for hundreds of years without changing the time and setting?

This comedy actually has many serious themes: power and control, leadership, love, nature vs. nurture, and last, but not least, forgiveness. Despite its flaws, "The Tempest" is worth seeing. Playing in repetory with "Pericles" through March 27 at Orlando Shakes, Loch Haven Park. For more information call 407-447-1700 or visit orlandoshakes.org.

BARB'S BEST BETS FOR MARCH: "MY DEAR WATSON" AT ORLANDO SHAKES, "THE WHALE" AT THE GARDEN THEATER, "SHE LOVES ME" AT UCF.

schools



Aloma Elementary PRINCIPAL JENNIFER K. SANDERS

Aloma students have been busy this past month. All students in fourth and fifth grade wrapped up a ten-week Writing Boot Camp in preparation for the upcoming FSA Writing Test.

In February all students in grades 3-5 were able to be hands-on scientists! In partnership with Learning for Life, students spent 90 minutes with professional scientists learning exciting science and engineering such as Mad Gravity, Glow in the Dark Gak, and extracting DNA from strawberries! Ask your child about what they learned as we continue to foster STEM education for Aloma kids.

A special edition of the Principal's Book Club Jr., exclusively for students in grades K-2, was held on the Gone Fishing - A novel in verse by Tamera Will Wissinger. This new addition to the Principal's Book Club was a huge success! The next title for primary students is The Bear Ate Your Sandwich by Julia Sarcone-Roach. The next regular Principal's Book Club (open to all students) is on the Sunshine State Book Eight Keys by Suzanne LaFleur. We have a few copies available in our school library or you are welcome to purchase this book on your own. The book club meeting for Eight Keys will be held in March and the Jr. book club will be held in May.

Thank you to our parents and community for continuing to support our Aloma Eagles!



The fifth-grade students of Brookshire recently went on the annual camping trip to Wekiwa Springs State Park. This is a long standing tradition of Brookshire. Students have the opportunity to go on nature walks, sing songs around a campfire, and roast marshmallows. There is a lot of planning that goes into making this trip a success, and the parents fully participated to ensure that this was the best camping trip yet!

Brookshire celebrated Literacy Week by hosting a Literacy Night at the school. The event was well attended and extremely informative. During the week, parents came in to read to classes as surprise readers, needless to say the students loved it! Thanks to the support of the community and faculty, Literacy Week was a great success!



Happy March...Spring has Sprung at Lake Silver!

Lake Silver students participated in the 2016 Jump Rope for Heart fundraiser benefitting the American Heart Association. Led by P.E. Coach Anthony Rodriguez, students and staff set a goal to raise \$6,000. That goal was far surpassed as students raised close to \$8,000 for the cause. The top 10 students were recognized and the top fundraiser, Luc, got to smash pie in Coach Rodriguez's face. Congratulations!

The Google Expeditions Pioneer

program visited Lake Silver in February. Third and fourth-grade students got to go on virtual field trips to the bottom of the ocean, the Grand Canyon, and the Great Wall of China. Students were able to make deep connections when these experiences were virtually brought to life.

Lake Silver students and teachers had fun celebrating the 100th Day of School. The 100th day of school is more than just a milestone worth noting. It was the perfect time to have fun with the number 100. Throughout the day, students worked on activities and lessons which provided opportunities to practice math and sharpen their observational skills.

Wishing you a wonderful March! Go Tigers!



Lakemont Elementary PRINCIPAL DR. BRENDA CUNNINGHAM

Lakemont Elementary enjoys a long and proud tradition of academic excellence in our Winter Park community. We would like to share some of our most recent accomplishments. Our school received First Place in the Target Grant Six Word Story contest! Target, the retail store, created a Six Word Story contest where schools could submit entries in an effort to win \$2000.00 to purchase books.

This contest originates with some of the 'giants' of American literature: William Faulkner and Ernest Hemingway. According to legend, Ernest Hemingway's original six-word story was as follows: "For Sale: baby shoes, never worn."

Lakemont's winning submission was: Conversation overheard: "Midnight. Cemetery. Bring clarinet." Our students will soon be enjoying some new books with our winnings!

A few of our STEM clubs recently participated in a Rube Goldberg challenge at West Orange High School. These students designed and built a device consisting of simple machines which must complete a challenge. Our fourth-grade team walked away with the 2nd place title, out of a field of close to fifty teams in their division. Team members included: Macy Hoeksema, Delaney Brinton, Theo Jones, and Josh Hoeckendorf; Mrs. Cindy Clark & Mrs. Kristina Hoeksema, coaches.

Lakemont also recently celebrated literacy week. Our students logged 131,491 minutes of reading during the week (that's an increase of 63,444 minutes from last year). They rose to the challenge to exceed last year's minutes and did so by almost doubling the total!

We are proud of our Lakemont Leopards and will continue to strive for excellence in all we do!



"Awesome!" is the word we keep hearing from Maitland Montessori's 1st, 2nd and 3rd graders when they talk about their adventure to Safari Wilderness. Students, teachers, and parents experienced animals that came from similar habitats to ours yet are from Africa, Australia and Asia. It was a surprise to everyone when the animals came right up to their safari vehicle. The animals and the visitors both got up close encounters with each other! And another new adventure? They got to hand feed llamas and water buffalo. Beautiful outdoor weather and an exciting exploit made for a fantastic start to February.

The Chicken Lady brought newly hatched chicks and their mother to our classrooms. Students were intrigued to see pictures of developing chicks in their shells. We were surprised to learn that when chickens molt, they don't lay eggs!

Every year, Maitland Montessori celebrates the founder of Montessori education, Maria Montessori. This year, students created special art projects that will be presented to the mayor, police chief, fire chief and other officials of the City in early March. The school is also supporting a clothing drive for an orphanage in Uganda.

The PTA hosted a meetup at a Solar Bears game. Everyone had a great time being with other families and watching our local ice hockey team.

Author Christopher Tozier ("Olivia Brophie and The Pearl of Tagelus" and "Olivia Brophie and the Sky Island") paid us a visit and gave a writing workshop. Students learned new skills and offered insights for his next Olivia Brophie adventure.



Park Maitland Spanish teacher, Christina Martinez, reflects on a recent visit to feed the homeless in Central Florida with the Hungry to Help Student Ambassadors.

"As we arrived and tied our aprons, pulled up our gloves, and went to our stations, I saw our students' eyes grow with curiosity. The doors opened; the children and adults flooded in. It was amazing to stand in my shoes and watch our Ambassadors study the room and study every individual that came into the center. I got to be with Megan in 6th grade at the dessert station; she begged me not to move from her side as she served desserts. Although some students may have felt a bit shocked or uncomfortable, these are all experiences perhaps foreign to some of our students, but so necessary.

The impact of this program goes beyond just our students; the parents who attend are also exposed and moved. One of the moms who helped lead the group had tears running down her face as she was consumed with the reality of the poverty right here surrounding our community. I'm so humbled to be able to be a part of a community of educators that not only educate our students in academics, but in life.

Continued on page 22



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schools

From page 21.

Driving back to the school I asked a few of the students how they felt about today's visit. They stated how sad it made them to see children there. They reflected on how unfortunate it is that the children wake up every day not knowing when or where their next meal will come from. These visits help to create and cultivate a culture of not only problem solvers, but build a generation eager to save the world. I loved every minute of being able to take our students to serve the community."



Park Maitland students made a recent visit to feed the homeless in Central Florida with the Hungry to Help Student Ambassadors.



St. Charles Borromeo Catholic School celebrated Catholic Schools Week with many different traditions, rituals and exciting events. The week began with our annual Open House following the Masses on Sunday. Families

were invited to meet with teachers and enjoy some refreshments in our social hall. On Monday, our principal Mr. Nathan Nadeau, delivered the State of the School address to the community. On Tuesday, things really started to heat up as SCBCS held their annual teachers vs. 8th grade volleyball game. It was the best two out of three and the 8th graders proved victorious once again this year by the thinnest of margins! On Wednesday, St. Charles, Morning Star, and Bishop Moore Catholic joined together to attend Mass with Bishop Noonan presiding. This Mass was the largest of any Catholic School that week with over 1,700 participants. Thursday was career day when parents and professionals came in to share about their professions. We had everything from a doctor to an active brigadier general in the U.S. military. On Friday we held our annual picnic open to all families who wanted to come and enjoy a meal at school with their children. The week was capped off with our talent show where our students displayed the many gifts they have been blessed with from God. It certainly is an exciting time to be an SCBCS family. With open enrollment under way, we expect the largest class we have had in many year. Make sure to check us out at www.scbcs.net.



"Building CONFIDENCE and academic STRENGTH in kids while making MEMORIES that last a LIEE-

TIME! We are excited to share news about Summer Camp that includes "St. James University." Summer is around the corner and always full of fun and exciting things to do. Join old friends and make new ones during the summer programs at St. Cathedral School (SJCS). If you're looking for fun ways to introduce your child to new experiences, you've got to check out our summer program. Whether your child is interested in exploring new interests, creating original artwork, or learning a new language, St. James Cathedral School has something for everyone. Summer is always fun and exciting because of the variety of activities.

Fun in the Sun includes a week filled with water slides, bowling, mini golf, movies, and more. Three "A"s - Athletics, Activities & Academics- offers way of staying active and exploring new interests. The summer plans also include a week of Vacation Bible School.

Students in the PreK Program enjoy art, crafts, and games in addition to athletics and technology. Learn how to use the computer and play educational games.

The camp is open for kindergarten through eighth-grade students. Our program is staffed with full time professionals and counselors.

For further information, please call 407-841-4432 or visit our web site www.stjcs.com.



Fostering leadership is a primary focus at The Christ School (TCS). Opportunities to develop leadership skills begin in kindergarten and continue throughout our students' K-8 journey. As leadership skills develop, many important characteristics that build confidence emerge.

Our Student Ambassador Program is one of the avenues in which our students increase leadership skills through active participation in school and community events. TCS students in grades five through eight are chosen to participate in this program based on academic performance, self motivation, and interpersonal skills. These students are presented with a variety of opportunities to represent The Christ School such as serving as tour guides for prospective families, serving as guides for students shadowing The Christ School, hosting admission events, and volunteering at preschool fairs. Taking initiative, solving problems, initiating conversation with people of all ages and serving as representatives of The Christ School are experiential learning opportunities that help grow our students into young adults who are committed to others, articulate in communication, and motivated to be life-long learners.

As the year has progressed, I have seen our Student Ambassadors shine. I have watched them assist our administrative team by greeting guests at events, helping with registration, and stepping out of their comfort zones to serve their school. I have enjoyed hearing our Student Ambassadors confidently answer questions about their school and share their personal school experiences with guests at TCS. In addi-

tion, these students are wonderful role models. They encourage our younger students to serve our community by taking the lead on service initiatives. Recently, our Student Ambassadors partnered with the Christian Service Center and organized a canned food drive for "Souper Bowl" Sunday.

Students at The Christ School are thriving; not just surviving.

Winter Park High School PRINCIPAL TIM SMITH

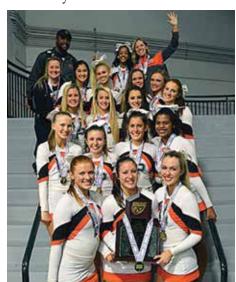
The 2015-2016 Winter Park High School Competition Cheer season was again filled with excitement and winning. The WPHS Competition Cheer Team won the Orange County Metro, FHSAA Region, and the FHSAA State Championship. This is the team's fifth consecutive State Championship making them one of the most winning teams in the State. After winning the 2015 National and World Championship last season, the team spent countless hours training for the 2016 National and World Championships.

After hitting two flawless routines they placed seventh at the Nationals, and they won the Open World Tournament, being recognized as one the most elite teams in the United States. This team is not just talented on the mat, they are high level student athletes with a 3.3 cumulative GPA. They also take pride in cheering for the varsity football team on Friday nights during the fall. These dedicated student athletes embody the spirit of Winter Park High School by displaying sportsmanship and strength.

The team is led by the head coach, Angela Austin, who has been coaching this program for 21 years. The assistant coach, Robin McCormick, has been working alongside Coach Austin for five years. Strength and conditioning Coach Craig Russell is an integral part of the program training the athletes.

Members of the team are:

Kyra Ashcraft-12 Alexa Ben-Zeev-12 Jayssa Cayo-12 Maegan Feeser-12 Elizabeth Lasley-12 Serena LeMand-12 Victoria Quartaro-12 Hailey Adams-11 Monique Dver-11 Rebecca Klafter-11 Walker Legler-11 Paige Stafne-11 Meghann Vick-11 Morgan Vick-11 Riley Cruzada-10 and Taylor Smith-10.









St. James Cathedral School A Catholic Community

505 E. RIDGEWOOD ST · ORLANDO, FL 32803 407.841.4432 · WWW.STJCS.COM The Park Press | MARCH 2016 CALENDAR 23

COMMUNITY CALENDAR

Audubon Park Garden District Events

Ongoing Events

Every Monday night Community Market – 6:00 to 10:00 p.m. at Stardust Coffee parking lot located at 1842 E. Winter Park Rd. For information call 407-590-8776.

Now - April 15 Harry P. Leu Gardens presents David Rogers' Big Bugs — The exhibit will feature 10 larger than life insects made from all natural materials such as wood, bark and twigs. Harry P. Leu Gardens is located at 1920 N. Forest Avenue. For more information please contact the Leu Gardens at 407-246-2620 or visit www.leugardens.org.

March 19 Hidden Wildlife: Garden Jewels – 1:00 p.m. to 2:30 p.m. at Leu Gardens located at 1920 N. Forest Ave. Preregistration is required by calling 407-246-2620, or for more information, please visit www.leugardens.org.

April 1 Date Night at Leu Gardens – 8:30 p.m. featuring the showing of "Insurgent" (2015) at Leu Gardens located at 1920 N. Forest Avenue. Pack a dinner picnic basket and a blanket or chairs, alcohol is permitted. Grilled items, popcorn and drinks are available for purchase. Garden admission: \$6 adult, \$3 child (K-12th grade) and free admission for Leu Gardens Members, weather permitting.

April 9 County 'n Blue Stroll – 7:00 p.m. - 10:00 p.m. at Leu Gardens. Musical guests include Central Florida's very own Patrick Gibson, Daniel Heitz Band, and Slickwood. For more information and to purchase tickets visit www.leugardens.org.

April 23 6th Annual Paws for Peace Walk – 8:00 a.m. at Blue Jacket Park located at 2501 General Rees Avenue. Proceeds support Animal Survivors of Domestic Abuse. For more information, or to register please visit www.harborhousefl.com

Baldwin Park, College Park and Orlando Area Events

Ongoing Events

Every Monday Smarty Pants - 10:15 a.m. Storytime for children ages birth-5 years old at the Edgewater Branch Library located at 5049 Edgewater Dr. For more information call 407-835-7323.

Every Wednesday Belles and Beaus Dance Club has dances every Wednesday from 7:00 to 9:30 p.m. at the Marks Street Recreation Complex located at 99 E. Marks Street. Join in for an evening of fun and dancing to music by the Soft Touch band. Refreshments are available. Singles and couples are welcome. Cost: \$5.00 per person. For more information please call 407-277-7008.

Every Thursday College Park Farmers' Market -5:00 to 9:00 p.m. located at 1600 Edgewater Dr. For information call 407-999-5251.

Every Friday Your Adult Club Socials (Y.A.C.S.) Dance – 7:00 p.m. to 9:30 p.m. at the Marks Street Recreation Center, 99 E. Marks St., Orlando, FL. Admission is \$4.00 for members and \$5.00 for guests. Dress code of no jeans, tennis shoes, or tee-shirts. Singles and couples are welcome. For more information, please call Joan at 407-339-5393.

Every Sunday Downtown Orlando Farmers' Market – 10:00 a.m. to 4:00 p.m. at Lake Eola. For more information call 407-246-3625.

Monday - Friday Each Week Seniors' Program in College Park — 9:00 a.m. to 1:00 p.m. at the College Park Community Center located at 2393 Elizabeth St. For information call 407-246-4361.

First Friday of Each Month The Art Stroll of Ivanhoe Village – 6:00 to 9:00 p.m. on Orange Ave. between Princeton and New Hampshire.

March 12 ShamRocks – 11:00 a.m. at the Edgewater Branch Library located at 5049 Edgewater Dr. This Luck of the Irish event includes crafts and stories and is for ages 6-12. For more information, call 407-835-7323.

March 15 Annual St. Patrick's Day Card Party – 10:00 a.m. - 3:00 p.m. at the Parish Life Center at St. Mary Magdalen Parish in Altamonte Springs. Cost is \$25.00 per person (\$100.00 per table). All tickets are to be pre-sold, call 407-831-7108 or email nslaxid@gmail.com

March 17 Ninth Annual Women's Leadership Luncheon – 11:30 a.m. at the Rosen Centre Hotel located at 9840 International Drive. This event is hosted by the Heart

of Florida United Way. For more information, please email Ashley.Blasewitz@hfuw.org.

April 3 Auto & Cycle Show - 11:00 a.m. - 5:00 p.m. at the Sons of American Legion Orlando Post 19, located at 5320 Alloway Street. Proceeds benefit the outreach charities of Squadron 10. For more information, please visit www.salmemorialpost19.org.

April 7 The Orange County Retired Educators Meeting – 10:00 a.m. at College Park United Methodist Church, 644 W. Princeton St. Anyone who has worked in education is invited to join. For more information, please call 407-677-0446.

Maitland Events

Maitland Events

Ongoing Events

Every Sunday Maitland Farmers' Market at Lake Lily

Every Tuesday Preschool Stories 10:30-11:30 a.m. at the Maitland Public Library located at 501 S. Maitland Ave.

Every Thursday Healthy Maitland Walk 6:30 a.m.; **Babytime** 10:30 to -11:30 a.m. and **Adventures w/Books Club** 2:30 to 4:30 p.m. at the Maitland Public Library.

Winter Park Events

Ongoing Events

Every Monday "Sit-to-Be-Fit" Chair Exercise Class – 9:30-10:30 a.m. at the Winter Park Community Center. This free class is designed for all ability levels and sponsored by the City of Winter Park. For more information please call 407-754-6190.

Monday - Friday "Art in Chambers" exhibit – Monday through Friday from 8:00 a.m. to 5:00 p.m. This free exhibit is on display at the City Hall Commission Chambers located at 401 Park Avenue South.

Every Tuesday, Wednesday and Thursday through April 14 Free Tax Assistance – 11:30 a.m. to 3:30 p.m. at the Winter Park Library.

Every Tuesday and Thursday "Hands-on Gardening" – 9:30 a.m. – noon at the Albin Polasek Museum and Sculpture Gardens. For more information regarding this free year-round event please call 407-647-6294.

Every Tuesday and Thursday Beginning Pilates Class – 5:15 p.m. at the Winter Park Community Center. For more information please call 407-671-9599.

Every Tuesday, Friday and Saturday Winter Park Benefit Shop

– The shop is located at 140 West Lyman Avenue and is open from 9:30 a.m. - 1:00 p.m. on Tuesdays and Fridays, and from 10:00 a.m. - 1:00 p.m. on Saturdays. Donate or purchase clothing, bedding, jewelry, kitchenware and more. Proceeds benefit various children's programs and the local branch of Orlando Blind. For more information please call 407-647-8276.

Every Tuesday and Thursday Curator Tours of Louis Comfort Tiffany's Laurelton Hall – At 11:00 a.m. and 2:30 p.m. at the Charles Hosmer Morse Museum of American Art located at 445 N. Park Ave. Space is limited and free with museum admission. To learn more about this event with Curator Donna Climenhage please call 407-645-5311 or visit www.morsemuseum.org.

Every Friday - Now through April Friday Nights At The Morse - Free admission 4:00 to 8:00 p.m. at The Charles Hosmer Morse Museum of American Art located at 445 N. Park Ave. For more information please visit www.morsemuseum.org.

Every Wednesday Mills50 MidWeek Group Runs – 6:00 p.m. at Track Shack located at 1104 N. Mills Ave. This event is free to runners of all abilities. For more information please visit www.TrackShack.com.

Every Thursday "Walk With A Doc" – Enjoy a rejuvenating 30-minute walk with Florida Hospital physicians. This free event is held at 5:30 to 6:30 p.m. at the Crosby YMCA. For more information, or to reserve your spot, please call 407-303-1700.

Every Friday - (March 25 through April 29) Friday Nights at the Morse – Free admission 4:00 p.m. to 8:00 p.m. at The Charles Hosmer Morse Museum of American Art located at 445 N. Park Ave. For more information please visit www.morsemuseum.org.

Every Saturday Winter Park Farmers' Market – 7:00 a.m. to 1:00 p.m.

Every Saturday Line Dance Class – 10:00 a.m. at the Winter Park Community Center. Beginners welcome! Enjoy music, make new friends and get exercise at the same time! For more information please call 407-592-7835.

MARCH HIGHLIGHT



Winter Park Sidewalk Art Festival is one of the nation's oldest, largest and most prestigious juried outdoor art festivals, consistenly rated among the top shows by Sunshine Artist and American Style magazines. Festival runs from March 18-20 along Park Avenue and in Central Park.

Every Sunday Music at the Casa – This free event featuring professional musicians and performers is hosted at Casa Feliz every Sunday from noon – 3:00 p.m. For more information call 407-628-8200 ext. 3 or visit www.casafeliz.us.

March 6 St. Patrick's Day Parade – 2:00 p.m. along Park Avenue and in Central Park.

March 9 "Butterflies, Pollinators, and Beneficial Insects in the Garden" – 10:00 a.m. hosted by the Winter Park Garden Club located at 1300 S. Denning Drive. For more information regarding this free event, please call 407-644-5770.

March 9-10 Spotlight Cabaret Series Featuring Local Jazz Artist Maria Olivia – Doors open at 6:30 p.m., with show starting at 7:00 p.m. at the Winter Park Playhouse located at 711 Orange Avenue. Seating is limited. For more information, please call 407-645-0145 or visit www.winterparkplayhouse.org.

March 12 Zimmerman Kiser Sutcliffe Winter Park Road Race 10k and 2 Mile Presented by Florida Hospital – 7:00 a.m. at 251 Park Avenue South. Proceeds benefit the Meridian Club of Winter Park Scholarship Fund. Register online at www.trackshack.com, or for more information please call 407-896-1160.

March 15 AARP Chapter 1047 Winter Park Meeting — 1:30 p.m. at the Rachel D. Murrah Center located at 1015 Morse Blvd. All are welcome, and the featured guest speaker will be Linda Mayfield from Ronald McDonald House. For more information, please call 407-415-3775.

March 18, 19 and 20 Winter Park Sidewalk Art Festival – Friday and Saturday - 9:00 a.m. - 5:00 p.m.; Sunday in Central Park along Park Avenue. For more information, please visit www.wpsaf.org

March 18 - 20 Winter Park Sidewalk Art Festival Open House at the Morse – Free admission at the museum Friday, 9:30 a.m. to 8:00 p.m.; Saturday, 9:30 a.m. to 4:00 p.m.; and Sunday, 1:00 p.m. to 4:00 p.m. For more information, please visit www.morsemuseum.org.

March 25-27 Easter Weekend Open House at the Morse – Free admission at the museum Friday, 9:30 a.m. to 8:00 p.m.; Saturday, 9:30 a.m. to 4:00 p.m.; and Sunday, 1:00 p.m. to 4:00 p.m. For more information, please visit www.morsemuseum.org.



