



Awakening
The Dragon

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Track Shack Foundation Grant Recipients

Track Shack Foundation’s Board of Trustees recently awarded \$30,000 to 16 area schools and organizations that provide health and fitness education and encourage young people to participate in a wide range of sports and fitness related activities in Orange, Seminole and Lake counties.

Many of these schools and organizations have very little to no funds to support these fitness programs and reach out to groups such as the Track Shack Foundation for assistance. After reviewing several applications, Track Shack Foundation proudly announces its most recent grant recipients and their exceptional programs:

- Central Florida Gliders, Altamonte Springs, Track Club
- Easter Seals Florida, Winter Park, Camp Challenge
- Edgewater High School, Orlando, Girls Basketball
- Edgewater High School, Orlando, Track
- Evans High School, Orlando, Cheerleading Camp
- Evans High School, Orlando, Girls Track
- Foundation for Foster Children, Winter Park, Fostering Success
- Lake Nona High School, Orlando, Cross Country Summer Camp
- MicheLee Puppets, Orlando, Extreme Health Challenge
- OCA Opportunity Community Ability, Orlando, Summer Camp
- Seminole High School, Sanford, Track & Field
- The Gift of Swimming, Winter Garden, Healthy Kids Through Swimming



Photo by: Fast Start Invitational

- Wekiva High School, Apopka, Girls & Boys Track Teams
- West Orange High School, Winter Garden, Track & Field
- Windy Ridge K-8 School, Orlando, Morning Mile
- Winter Park Day Nursery, Winter Park, Preschool Education Program

Financial support of the local organizations is made possible by runners and walkers who actively take

part in Track Shack’s local running events. Race proceeds positively impact the community and improve the quality of life for so many. “We would like to thank all of the individual contributors who have made donations over the past year in support of the wonderful youth programs,” said Betsy Hughes, co-owner of Track Shack. “Without our dedicated runners, customers and donors, these grants would not be possible.”

For more information about the Track Shack Foundation, please visit the website at: trackshack.com under the Foundation tab.

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Publisher's Message



Rick Cable

Recently, the news- mostly filled with a nar- rowed range of political coverage- has our nation trying to determine who our presidential candi- dates for the November election should be. This process, in my opin- ion, has become mind numbing, and it's only May...

But then something unexpected, and unfor- tunate, happens to someone famous and the media has to turn its attention away from the current political circus. Prince is dead. TMZ was the first to report this news, and this event became the lead story for most news and enter- tainment outlets for days.

Prince has been a big part of the entertain- ment industry for my generation and beyond. How big? Well, upon sharing the news with others, did anyone ask, "Prince who?" Like El- vis, he was known simply by one name. While the breaking news of Prince Rogers Nelson's (Prince was his real name!) passing at the young age of 57 was sad, getting a break from seeing the constant sensationalized political coverage was quite refreshing and getting the chance to either revisit the incredible impact that Prince had on the music world or to learn about his generosity and philanthropic contributions for the first time was a welcomed read.

Whether you are a fan or not of Prince, he

was the real deal. He was the quiet guy who I believe is worthy in the discussion of being the most multi-dimensional artist of all time. He was a singer-songwriter, record producer, actor and film director. He could play multiple in- struments with great skill; so much so, he could record and edit songs alone in a studio. Prince was an innovator of music that blended funk, R&B, rock, and soul, and his stage presence was commanding and at times flamboyant. Yet off stage, he led a very personal life.

While we all certainly respected him as an artist, I'm perhaps most intrigued in learning more about what he did to help others, and how his legacy might continue to do so. Since his passing, we have gotten a little glimpse into the person that Prince was, information that would have never been made public prior to his pass- ing. He was very charitable, but always anonym- ous and his generosity may continue well into the afterworld. There is quite a bit of recorded material that Prince never released; therefore Minnesota's favorite son's contributions to soci- ety will not cease with his passing.

"Dearly beloved, we are gathered here today to get through this thing called life." - Prince

As always, thank you for reading *The Park Press* and I look forward to the great things to come.

Rick
Rick Cable
Founder/Owner

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So Tonight I'm Gonna Party Like It's Nineteen Ninety-nine!

By Tricia Cable

I was dreaming when I wrote this, so forgive me if it goes astray...but life really is like a party! You clean the house, sometimes you decorate depending on the time of year or the theme. You prepare food for your guests. You provide refreshments that accommodate the ages and personal taste of those whom you have invited. You get all dressed up and excited in anticipation of the fun that lies ahead.

You invite a lot of people, some leave early, some stay all night, and some show up really late. Some appreciate and respect the effort and work you have put in and some don't. There is laughter; some laughing with you some and sadly some laughing at you. But in the end after the fun there are a few who stay to help you clean up the mess.

Show appreciation and give thanks for those people/friends in your life who have stayed to help you clean up. It makes no difference if they have been there since the beginning or if they are the ones who arrived late to the party; if they are with you in the end to help you clean up your mess,

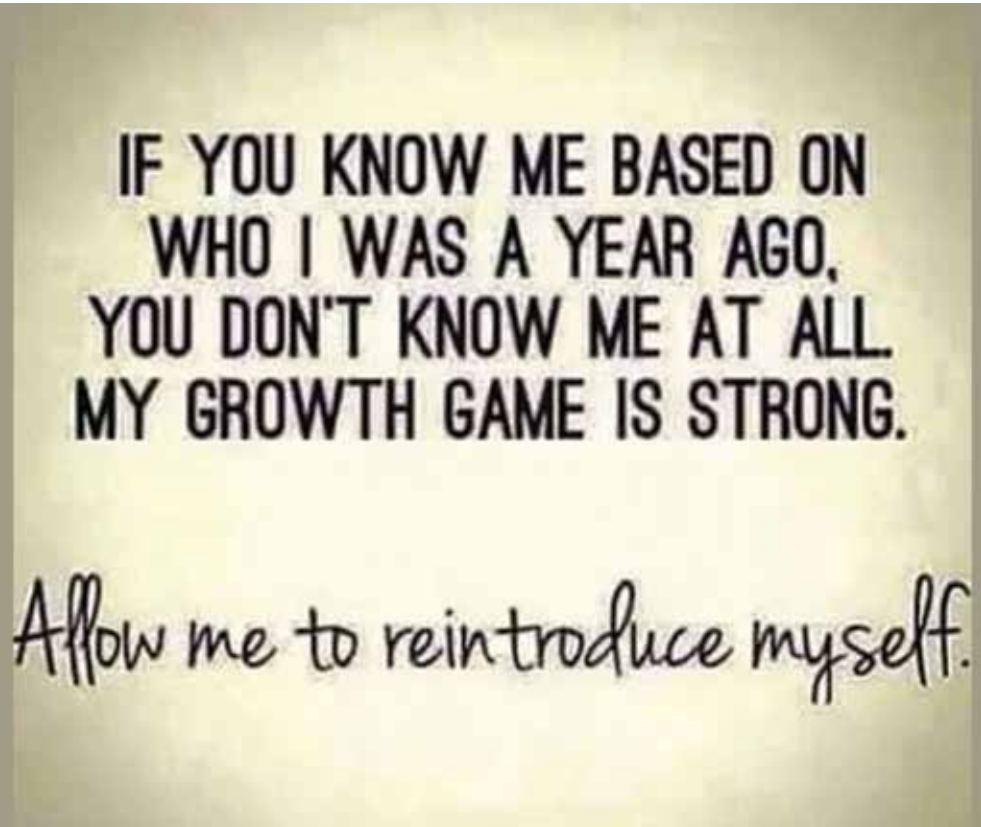
they are keepers...your true friends. They may live next door, down the street, a few towns over, a few states away, across the country or on the other side of the planet; logistics doesn't play a role...a friend is a friend is a friend.

I trust by now, you are all realizing that my words have little to nothing to do with a party. But just in case my attempt at symbolism has gone

unrecognized, your life is the party...and parties are hard work and if you didn't come to party, don't bother knocking at my door!

The work that growth requires is challenging and not for those unwilling to admit their flaws. Evolving into someone that you can be proud of can take time so your circle will need to be patient. Trust is key and honesty is paramount where building trust is concerned. In my experience, it is better to surround yourself with true friends, the ones who stay late and help you clean up, and are strong enough to speak the truth to your face as difficult as that may be at times. You want someone in your corner ready to tackle the mountain ahead with you, even if you have to hide out in a roadside bar first to strategize your climb.

I read something recently that stated, if you know me based on who I was a year ago, allow me to introduce myself...and that is the name of the game. Take who you are at this very minute and build on it before party over and oops...you are out of time!





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City Commissioner's Message

Commissioner Robert F. Stuart, City of Orlando District 3



Robert F. Stuart

May is a month that we remember and celebrate those who selflessly serve others. On May 8th, we take time out to thank all of the moms in our lives who work so hard for their families and their communities. We have many great ways to spend time with the moms we love on Mother's Day. Beautiful Leu Gardens and the Mennello Museum have free admission for all moms on Mother's Day, or enjoy a great Mother's Day brunch at one of the many amazing restaurants around Orlando.

On Monday, May 30th we celebrate Memorial Day, a day of remembrance for those who died in service to our country. The day, originally named Decoration Day, was first observed in 1868 in honor of the sacrifices of Civil War soldiers. In 1971, Congress declared Memorial Day as a national holiday to be commemorated on the last Monday in May.

While many of us appreciate Memorial Day as an extra day to spend quality time with our friends and families, we can also remember those we may have known and all of those soldiers we never knew, but who gave their lives to protect our freedom. Just last month, along with Mayor Dyer, Mayor Jacobs, and Bill "Roto" Reuter, Captain, USN (Retired), I was honored to join many

of our Central Florida veterans at the dedication of the Lone Sailor Navy Memorial at Blue Jacket Park. As most of you know, our vibrant Baldwin



Dedication of the Lone Sailor Navy Memorial at Blue Jacket Park at Baldwin Park.

Park community was built following the closing of the Orlando Naval Training Center (NTC) by the federal government in 1998. Since 1968, more than 650,000 Navy "blue jacket" recruits called this area home. To honor that history, the Central Florida Navy League built this inspirational monument that is a must visit site in our City.

May also brings other popular annual events to Orlando. On Friday, May 6th, join Mayor Dyer at the 2016 Bike to Work Day, which this year will begin at Festival Park and conclude at City Hall in Downtown. This event helps to commemorate National Bike Month, which is celebrated in communities everywhere.

Movieola returns to the East Lawn of Lake Eola, with a popular movie being shown on the last Friday of every month throughout the summer. Enjoy this family-friendly event this month on May 27th, with games beginning at 6 p.m., the movie starting at 8 p.m., and food available for purchase throughout the evening.

Celebrating its 25th anniversary is the Orlando Fringe Theatre Festival (orlandofringe.org), which runs from May 18th -30th. This 14-day arts and theater festival is the longest running fringe festival in the United States and provides an accessible and affordable way to enjoy a wide variety of artistic performances all performed within one of the venues in beautiful Loch Haven Park. If you have children, Kids Fringe is an absolute must- it is a treasure trove of free arts and crafts projects, workshops and performances of all varieties, including dance, theater, puppetry, music and magic. Kids Fringe runs on May 21st, 22nd, 28th and 29th from 10 a.m. to 2 p.m. in the Mennello Museum sculpture garden.

Thanks for all you do for our Great City and for joining me this month in remembering our moms and our military. I look forward to seeing you around town this month!

Robert F. Stuart, Commissioner, District 3, City of Orlando • 400 S. Orange Avenue, Orlando, Florida, 32801 • 407-246-1003 • Robert.Stuart@CityOfOrlando.net



Winter Park Mayor's Message

Mayor Steve Leary



Steve Leary

The City of Winter Park, with assistance from GAI Consultants, Inc., will hold two public involvement meetings to discuss Denning Drive, its current conditions, and future possibilities. The first meeting, will be in a workshop format and held Thursday, May 12. The follow-up meeting, will be held Tuesday, June 7. Both meetings will be from 5:30 to 7:30 p.m. at the Rachel D. Murrah Civic Center located at 1050 W. Morse Blvd. and public input is encouraged.

On Thursday, May 12, the meeting will involve a "walking audit" of Denning Drive giving attendees the opportunity to experience Denning from a walker's point of view, including bike activity along the corridor and bus and car movements along the road. After the walking tour, the participants will discuss the corridor's capacity to accommodate all these modes of transportation. Special attention will be given to the relationship between residential properties and businesses along the corridor.

At the second meeting, Tuesday, June 7, staff will summarize the May meeting discussions as well as present sketches and concepts based on the feedback from the first workshop. Attendees at this meeting will have the opportunity to discuss and provide input as well as suggestions on the information presented.

As part of the Community Redevelopment Agency's (CRA) five-year Capital Improvement

The Future Of Denning Drive?



Plan, Denning Drive is one of the first projects the CRA is re-evaluating for performance, needs and possible improvements.

The Denning Drive corridor is being evaluated under the city's Complete Streets resolution and is being funded by the CRA. The intent of this evaluation is to improve the experience of

walkers, bikers, bus riders and cars without compromising the function and level of service of the road.

If you are interested in the functionality of Denning Drive and would like to share your input, please make plans to attend. We are looking forward to seeing you there.

Maitland Mayor's Message

Mayor Dale McDonald

CRA Hosts A Downtown Master Plan Update Public Meeting For Residents

On Thursday, March 31, 2016, approximately 50 residents took seats around a number of circular tables to share their vision for Maitland’s downtown.

The Community Redevelopment Agency (CRA) hosted a kickoff event at Venue on the Lake to gather resident input on the Downtown Maitland Master Plan Update. The purpose of the event is to explain the process and solicit initial perspectives on the development of downtown Maitland from the public.

The downtown area includes Maitland Avenue and the Cultural Corridor to west; Maitland Boulevard ramp and bridge to the north; U.S. 17-92 to the east; and southern train trestle to the south.

Blake Drury, of GAI Consultants, Inc., kicked off the event with a brief presentation about the basics of consensus-based planning. During his talk he described two models: silver bullet and working. The silver bullet model is driven by a single developer creating an “instant downtown.” An example of this model is City of Boca Raton’s Mizner Park.

The working model uses existing structures and features within the municipality and enhances them. A good example of the working model is Winter Garden’s downtown.

Each table had a very large piece of paper with a blown-up map of the downtown area and space for notes. Residents were asked to work together at their respective tables to place green, blue, and red round stickers on the maps. Green stickers represented what residents liked in the downtown. Red stickers represented what they didn’t like in the downtown, and blue stickers represented areas that could benefit from improvement.

When the exercise was done, each table appointed a spokesperson to share their top priority with the entire group. Top priorities included specialty retail, more green space, bike trails, and a unique sense of place. GAI Consultants, Inc. will compile the results and will present their findings at a future meeting.

City Council Welcomes Mike Thomas

On April 11, 2016, an inaugural celebration was held to welcome new City Councilman Mike Thomas and returning Councilwoman Joy Goff-Marcil and to bid a fond farewell to outgoing Councilman Ivan Valdes. A brief ceremony included the presentation of colors, the administration of oath of office, and the signing of the honorable character oath. The event capped off with guests enjoying cake, lemonade, and water.

At around 7:15, the City Council reconvened for a public hearing:


- Ordinance – Revising Chapter 21, Zoning (21-19b, 21-22) Chapter 23-2, and Chapter 7.5, Article VII (DMZD)

The consent agenda was approved as presented:

- Approval of the City Council Meeting Minutes of March 28, 2016
- 2016 Municipal Election Results
- Maitland Community Park Tennis Court Reconstruction Bid Award
- Award Banking Services Contract to Seacoast Bank
- Receipt of the 2015 Comprehensive Annual Financial Report (CAFR)
- Acceptance of Easements for Maitland Station

Decisions items included:




- Appointments – (a) Vice Mayor; (b) Alternate Member on MetroPlan Orlando Municipal Advisory Committee. Councilwoman Bev Reponen was appointed Vice Mayor and Mr. Thomas was selected as the alternate member of the MetroPlan Orlando Municipal Advisory Committee.
- Preliminary Resolution Removing James S. Williams as City Manager. The Council approved the preliminary resolution.



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County Commissioner's Message

Commissioner Ted B. Edwards, Orange County, District 5



Ted B. Edwards

Orange County is committed to maintaining a high quality of life for our residents. Many recognize the County's support for our quality of life through the funding of the arts, culture, our environment, recreation, and many other areas. However, Orange County Government is also on the front lines helping care for residents suffering from addiction to illegal and dangerous drugs which has a devastating effect on impacted families. This month, I would like give you an update on some of the most dangerous drugs in our community and on Orange County's efforts to fight the use of these substances.

Orange County has recently seen an uptick in heroin use. Heroin is a drug derived from the opium poppy which is the key source for many other narcotics, including morphine and codeine. Heroin use leads to temporary euphoric effects, but is highly addictive and has a high incidence

rate for many dangerous side effects, including heart arrhythmia and pulmonary edema. Much of the heroin being consumed today is mixed with toxic additives which may lead to other dangerous effects. In 2015, there were 84 deaths in Orange County associated with heroin, up significantly from just 19 in 2011. In 2014, local law enforcement reported 606 heroin submissions to the Florida Department of Law Enforcement lab, a 400 percent increase since 2010. Unfortunately, heroin use in our community continues to increase. To combat the use of this drug, Mayor Jacobs convened the Orange County Heroin Task Force in mid-2015. The task force was made up of key community leaders with expertise in the areas of law enforcement, education and prevention, healthcare, and treatment to address the increase in heroin use and overdose-related deaths in Orange County. The task force presented a list of 37 recommendations, ranging from increased joint drug enforcement operations by law enforcement, equipping first responders with a life-saving drug used in overdose situations called Naloxone, and increased

education and training on overdose prevention and treatment resources available in the community.

Fentanyl is another drug becoming increasingly more common in Orange County. Fentanyl is a synthetic opiate pain reliever developed in the 1960s approximately 100 times more potent than morphine. Doctors use fentanyl in clinical settings to treat patients with severe pain and to manage pain after surgery. However, this powerful drug has begun appearing in increased frequency on our streets. The Florida Department of Law Enforcement's Orlando crime laboratory has recently seen a surge in numbers of pills containing dangerous amounts of fentanyl or mixtures of fentanyl with other drugs like Percocet, Xanax, or Oxycodone, colloquially known as "super pills." Some of the "super pills" analyzed by FDLE's Orlando lab contain enough Fentanyl to kill a person with one pill, frequently through respiratory depression. Unfortunately, usage of this drug is on the rise. According to the Florida Department of Law Enforcement, fentanyl was the 7th most lethal drug in the state. In 2014, 75 people died in Orange and Osceola Counties from the use of this drug. Statewide,

use of this drug has doubled since 2009. Consumers needing prescription pain medicine should obtain it from a licensed pharmacy and parents should to talk with their children about this dangerous trend.

To combat the increased use of heroin, fentanyl, and other drugs, the county has set up the Drug Free Office to work collaboratively with community partners, law enforcement, schools, higher education, faith-based, parents, and other community members to develop and implement a comprehensive strategic action plan to reduce drug use among youth and adults. This office has a wealth of information on drug prevention, as well as a list of resources for those seeking treatment for addiction. In addition, Orange County has a number of prescription drug disposal locations which will take unused prescription drugs anonymously. Three of these locations are within District 5, at the Winter Park Police Department, UCF Police Department, and UCF Health Services Pharmacy. These drugs are a serious threat to the lives of our citizens and through the foregoing efforts Orange County hopes to save and improve the quality of life of those most vulnerable.

Continued on page 7.



Protection And Service

The Winter Park Police Department

Traffic Safety Awareness

The Winter Park Police Department will be joining state and local law enforcement agencies all across the nation for the "2016 National Click It or Ticket" seat belt enforcement wave. Stepped-up law enforcement activities will be conducted during this enforcement wave which runs from May 23rd to June 5th. Day or night, local law enforcement officers will be on the lookout for those not wearing their seat belts. You never know when you'll get in a crash, and you cer-

tainly don't want to see flashing police lights in your rear-view mirror. If they see you unbuckled, you will get a ticket. No tolerance, no warnings, no excuses. Remember: Click It or Ticket.

In addition to this, the Winter Park Police Department recently received a speed grant so officers will be increasing their speed enforcement efforts. According to the National Highway Traffic Safety Administration (NHTSA), speeding is

Continued on page 7.

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Awakening The Dragon

The Dueling Dragons of Orlando “cops and kids” dragon boat team hosted an “Awakening the Dragon” ceremony at Lake Fairview in Orlando, to celebrate a new 10-person training boat purchased with a \$14,000 grant from the Kiwanis Club of Orlando Foundation. The ancient Chinese cultural ceremony involved “dotting the eye” of the dragon on the new boat before it was launched in the water for the first time to bring good luck to all who use it. The Chinese American Association of Central Florida performed the ceremony which also included a traditional Chinese dragon dance and drum performance after the eye was dotted. Tom Riddle, vice president of the Kiwanis Club of Orlando Foundation, performed the honor of dotting the eye.

Dueling Dragons is an unlikely partnership between inner city teens and Orlando Police Department officers who have joined together to become a one-of-a-kind, competitive racing team. The mission is to use this ancient sport to build trust and long-term mentoring relationships at a critical time in the lives of both cops and kids in some of Orlando’s toughest neighborhoods. The program addresses gang prevention, racism, profiling, and lack of respect for authority while instilling the values of discipline, dedication, teamwork, respect and paying it forward. Success in dragon boating comes only when a group of paddlers, one steersman and one drummer work together in complete harmony. Each person physically contributes to the success of the team.



Pictured above: Joanna Kiang, President, Chinese American Association of Central Florida (CAACF) and Tom Riddle, Vice President, Kiwanis Club of Orlando Foundation

“This new boat will help us to grow and strengthen our program,” said Dueling Dragons founder, Andrea Eliscu. “We are so grateful to the Kiwanis Club of Orlando Foundation for their support of our mission and the difference we are making right here in Central Florida.”

When not in use by Dueling Dragons, the new training boat will also be made available for use by other new dragon boat paddlers from throughout the Central Florida community through the Orlando Dragon Boat Club. This includes individuals as well as various community organizations/groups and corporations who come out to try the sport for fitness and fun.


The Kiwanis Club of Orlando is one of the oldest Kiwanis clubs in the state and the nation. Dating back to 1921, the club has served the needs of Central Florida children while fostering camaraderie between club members from all walks of life. The Kiwanis Club of Orlando Foundation makes grants annually to not-for-profit organizations that serve children and youth in Orlando, Orange County and surrounding communities.

Protection And Service - from Page 6.

one of the most prevalent factors contributing to traffic crashes. Furthermore, NHTSA estimates that the annual economic cost to society of speeding-related crashes is \$40.4 billion. In 2012 alone, speeding was a contributing factor in 30 percent of all fatal crashes, and 10,219 lives were lost in speeding-related crashes. Speeding-related fatalities increased by 2 percent from 10,001 in 2011 to 10,219 in 2012 (NHTSA). Please keep this in mind next time you get behind the wheel.

Commissioner Edwards - from Page 6.

Orange County will continue to work with the community to curb the use of illegal and dangerous drugs. If you need immediate information on drug prevention or treatment, please contact our Drug Free Office at (407) 836-7335. As always, if you have any additional questions about Orange County’s drug prevention efforts or any other county issue, please feel free to contact me or my aide, Edgar Robinson. We can be reached at 407-836-7350 or by email and district5@ocfl.net.



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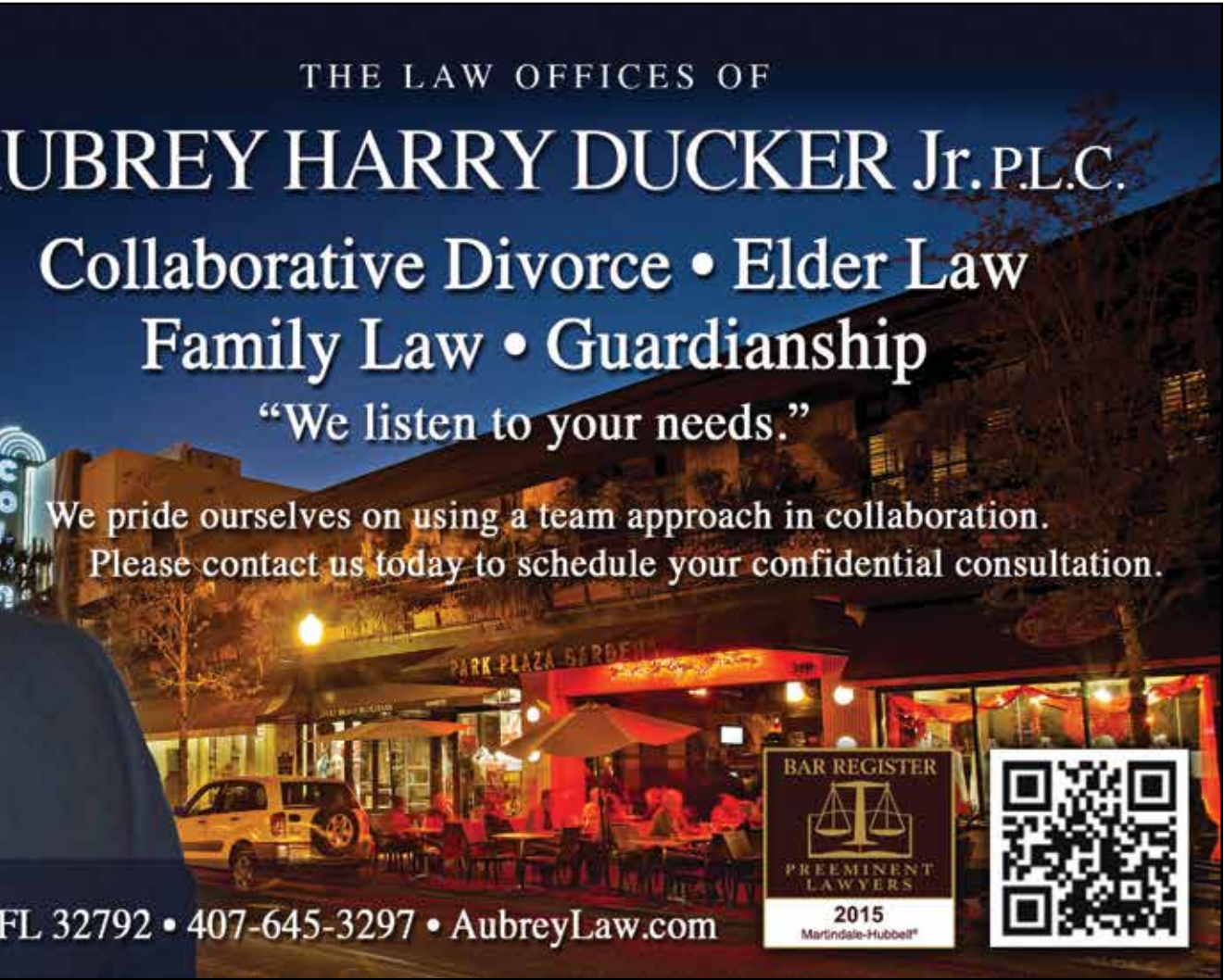
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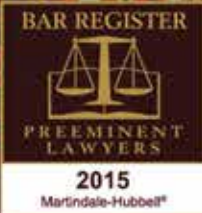
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John Gill

fiscal fitness *by John Gill*

What About Saving?

Saving money is a challenge for so many of us for a variety of reasons. Many of us lack a plan or discipline for budgeting and saving, we have competing needs within our respective families or living situations, there are multiples expenses and a single source of income, or emergencies arise that impact our financial situations. However, saving money is important and a strong savings program is one of the keys to effective investing.

Why is that the case? There are a couple of reasons. Saving is another component of investing just like other financial instruments or real estate. Saving is the act of accumulating money for short term needs and wants, while investing is generally for longer term needs. An emergency fund is a great example of a strong savings situation. An atypical situation arises, the water heater breaks for example. Instead of using a credit card, there is money available to take care of the issue.

Saving for the holidays, for vacations, for the down payment on a car (or for the total cost of the car) are other examples. These needs and wants are ongoing activities that probably do not warrant the sale or liquidation of investments. These are things that can be planned for through

saving without sacrificing potential returns.

The ease of access to the funds is another characteristic of a savings account. Generally speaking, you can walk into a bank or other financial institution and withdraw funds at will. In essence, you show up, fill out a withdrawal document and take your funds. With a financial investment it generally takes some time, three to five days, to get your funds. That's because the security or financial instrument must be sold and settled before your funds become available.

Savings accounts are generally characterized by lower rates of return relative to most investments. In today's market the rates are in the one percent range or lower on an annualized basis. While that is low relative to other investments, savings are also characterized by another attribute, very low risk compared to most investments. Because most savings instruments are bank savings accounts or certificates of deposit, the risk of not receiving the initial amount saved is extremely low and is bolstered by FDIC insurance. How can one boost the rate of return on funds stashed in savings and certificates of deposit?

Consider moving funds from a regular savings account to a money market account. These accounts pay higher interest rates and you have

the same access, perhaps better, to your funds.

This is because many savings accounts have limits on the number of withdrawals per month before a fee is assessed. A money market account offers higher interests rates coupled with the ease of checks although withdrawal limits may also be in effect. Certificates of deposit offer another savings vehicle. Staggering the maturity of the certificates of deposits can help to boost savings yields while retaining the safety of relatively risk free savings.

Today's banking environment offers many choices and options to save money. In central Florida the banking selections are diverse and range from large national banks and local community banks to credit unions and internet banks that are worthy of consideration.

When considering a bank, credit union, or other savings institution, make sure that it is protected by the FDIC, (Federal Deposit Insurance Corporation), if a bank or savings institution or the NCUA, (National Credit Union Administration), for credit unions. This will insure the safety of your funds. The current maximum amount insured is \$250,000.

By building a robust savings program in concert with a systematic investment plan you will generate significant dividends for your future fiscal fitness.

If you have questions, comments, or an area of financial interest you would like to see discussed in The Park Press, please call John at 407-353-0594 or send email to FiscalFitness@gmail.com. Follow John on Twitter, @john_gill1.

Orange County Hurricane Expo

Orange County encourages residents to take steps to be prepared for hurricane season. Orange County can help residents prepare for the upcoming storm season during the 2016 Hurricane Expo on June 4 at the Renaissance Senior Center at South Econ Community Park, which is located at 3800 South Econlockhatchee Trail.

The free, one-day event will offer preparedness information. Free preparedness items, including weather radios and first aid kits, will be distributed while supplies last.

Attendees will learn from emergency response and recovery experts from the Florida Division of Emergency Management. Representatives will answer questions and provide information on how to survive and deal with floods, high wind damage and property loss.

Participants will also learn how to track storms, pack a disaster kit and prepare an emergency plan for their pets.

Hurricane season begins June 1 and ends November 30, 2016.

WHAT: Orange County Hurricane Expo 2016

WHERE: Renaissance Senior Center at South Econ Community Park
3800 South Econlockhatchee Trail, Orlando, FL

WHEN: Saturday, June 4, 9 a.m. – 1 p.m.

MORE INFO: (407) 836-9140 or ocoem@ocfl.net

More Than \$18 Million Raised For Heart Of Florida United Way

Hundreds of local individuals and organizations gathered at The Orlando Citrus Bowl in April for the Live United Victory Celebration, the culmination of Heart of Florida United Way's annual fundraising campaign. The sum of \$18,611,050 was raised for the 2015-2016 campaign by United Way's community partners, including Lockheed Martin, Publix Supermarkets, Inc., and Walt Disney World Resort, among others.



Pictured above: Chad Wilson, Publix Super Markets; Maribeth Bisienere, Walt Disney World; Harold Mills, 2015-2016 campaign chair and former CEO, ZeroChaos; Tobi Allen, Lockheed Martin; Matt Hoffman, Lockheed Martin; Robert H. (Bob) Brown, president and CEO, Heart of Florida United Way.

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Jeff Faulkner

family business perspective

by Jeff Faulkner

How To Build Teamwork Amongst Key Managers And Family

Your management team and family member employees should form the backbone of your business. Ideally, they know and live your values; they are in alignment with your goals; and they are your boots on the ground interacting with customers, employees, and vendors. At their best they optimize resources to achieve a high level of performance, and drive your business onward to future success. So what happens when your managers and family don't work as a team, and how can you turn things around?

The first step to turn things around is to recognize whether this kind of culture exists in your organization. If it's truly this dysfunctional, acknowledge that it's due to a lack of leadership and own that it's your responsibility to turn it around. As the business owner, it is critical that you set the standard for teamwork, and encourage all those involved to be team players.

Creating a supportive environment that empowers your people to function as a high performing team will lead to a personally and financially rewarding business. The good news is that team dynamics can be taught, supported, and ultimately embedded within the culture of your business. Having a team that is fluid and works collaboratively can be achieved if you

operate within a framework that fosters trust, teamwork, and respect. There are six components of building teamwork:

- 1. Trust**
The single most critical component of teamwork is trust. Trust is the bonding agent upon which harmony, productivity, and success are built. This creates an environment in which managers and family members are supportive of one another.
- 2. Effective Communication and Conflict Management**
Communication is the conduit through which trust is built. The issue here is that most people believe they are excellent communicators. The reality is that we receive and interpret information in our own way and often it is not the way the communicator intended. Understanding the types of communication styles can help your managers and family members to be much more effective communicators, while also helping to navigate conflict.
- 3. Shared Vision and Purpose**
A shared vision is paramount to keeping everyone rowing the boat in the same direction. It leads to synergy and clarity of purpose rather

- than the discordant energy that exists without it.
- 4. Commitment to Decisions and Action Plans**
Commitment is a big deal. The goal is to build your managers and develop your family to understand that their commitment is not only to you as their leader; rather, they are committed to helping each other in the pursuit and accomplishment of shared goals that they have developed together.
 - 5. Accountability to Performance**
Accountability becomes the natural interaction between your managers and family designed to achieve mutually agreed upon goals and improve performance. Accountability is no longer a dirty word. It's simply the byproduct of a team on a mission.
 - 6. Focus on Achievement of Collective Results**
Empowering your managers and family to focus on their collective results inspires positive recognition and diminishes individuality from the culture.

Developing a team is an arduous exercise that is worth the time and investment. It shows your managers and family how they, as a group, can achieve more together than as individuals who are in competition with one another.

Kendall Rawls knows and understands the challenges that impact the success of a family owned business. Her unique perspective comes not only from her educational background; but, more importantly, from her experience as a second generation family member employee of The Rawls Group.

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Scott Hillman

real estate in the parks by Scott Hillman

Greater Orlando's Real Estate Market Shows Signs Of "Healthy" Return

Over the past few months, I've shared my optimism about the state of the existing real estate market. Now multiple signs confirm what I call a "healthy" state of the Greater Orlando real estate market for the first time in almost ten years.

The award-winning team at Fannie Hillman + Associates has compiled the most recent market research and statistics on the number of transactions and pricing in our newly published industry guide, *The Hillman Report*. The bi-annual report gives a comprehensive analysis of the existing single-family home and condominium activity in the Greater Orlando area, which includes Winter Park, Maitland, College Park, Colonialtown/Orwin Manor, Audubon Park, Downtown Orlando and Baldwin Park. I am proud that *The Hillman Report* has become a valuable resource for buyers, sellers, realtors, and analysts who need specific details regarding Central Florida's real estate market. I encourage you to download the report from our website at fanniehillman.com or call our office to request a copy if you are considering buying or selling a home.

Let me share with you some of the key statistics that confirm the positive news about the state of our real estate market. The existing home market in Orange and Seminole counties finished strong in 2015,

setting records in higher overall sales and pricing in select zip codes, especially lakefront single-family homes. The best news showed a significantly shrinking distressed properties inventory, with a year-to-year variance down over 47 percent!

Orange and Seminole Counties experienced an 18 percent increase in the number of \$1 million-plus homes sold while the average sale price rose by 1.2 percent. Pricing for homes in the \$249,999 and under range also showed significant growth, with a median price at \$167,500. That's 7.5 percent higher than 2014.

With regards to lakefront single-family homes, the highly desirable Winter Park and Maitland areas (32789 and 32751 zip codes) showed the highest jump in both pricing and the number of transactions. The Baldwin Park area (32814 zip code) showed the most consistent growth year-to-year, with the average price of single-family home 5.6 percent higher over this time a year ago.

The news in the condominium and townhome market is equally encouraging in select sectors. Overall, properties in the over \$500,000 price range showed a decrease of 6.7 percent to \$812,627. However, it's important to note that College Park and Colonialtown (32803 and 32804 zip codes) both reported higher pricing, at 19.1 percent and 25.7 percent, respectively.

As I mentioned previously, the reduction of distressed properties in our area is at a very manageable level, a first in several years. I can't stress enough how significant this statistic is for the local housing market. I believe that this sector will continue to shrink in 2016; a statistic that I hope will be off our books in a short time.

All of these trends outlined in *The Hillman Report*, combined with a forecast for increased population growth and a rise in employment, led Forbes to rank The City Beautiful as the number two Best Buy Cities to invest in 2016!

That's great news for a real estate market that continues to show signs of outperforming the rest of Florida, and I believe that the remainder of this year will be another strong year for the region.



Scott Hillman is president of Fannie Hillman + Associates, a 35-year-old Winter Park-based real estate company specializing in residential real estate sales and producer of *The Hillman Report*, a semiannual look at residential real estate in Orange and Seminole counties that can be viewed on the company's website (fanniehillman.com) or by calling (407) 644-1234 for a copy.

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Stephen & Kristin Pategas

in the garden

by Stephen and Kristin Pategas

Death To Yard Work – Design To Avoid High Maintenance

Only once has a client asked for a high maintenance garden. She was between careers, looking for a hobby and wished to maintain the garden solo. We knew we could easily fulfill her need. We also knew her priorities would change, so we designed with strategies so the garden could easily transition from higher to lower maintenance. Here are some tips on how to design with low maintenance in mind.

Vine-covered structures may include trellises, arbors and pergolas. Climbing vines require frequent trimming to keep them in bounds. More than a few could be mayhem. A vine that seriously ups the ante is creeping fig. Typically grown on a wall it needs constant trimming to keep it in place. Without proper supervision it can find its way through windows and into attics. When removed from painted surfaces it removes the paint. Better grab a paint brush! Creeping fig also likes to grow horizontally and then upward into neighboring plants. **Solution:** use only two or three climbing vines in the garden and if using creeping fig, confine it to a small area no more than six feet in height without windows or doors to trim around. Add an edging in the ground to note its desired boundary.

Shrubs that are sheared look unkempt when just a few sprouts extend beyond the body of foliage. This requires constant trimming to keep a neat and tidy appearance. Topiaries are trimmed this way and require an even higher level maintenance. **Solution:** ban the power or hand shears and use hand pruners. The Walt Disney World horticulturists discovered maintenance hours were less when hand pruning supplanted shearing. There were also many more flowers on blooming plants since the flower buds were not sheared off. This means more flowers for pollinators. In addition, select plants that require little if no pruning.

A striking display of color from annual bedding plants requires four (or five change outs if seasonal end of year holiday color is desired) throughout the year. Besides the labor, there is also additional



Above: A container with super low maintenance succulents

cost for the plants. **Solution:** use of longer lasting perennials, succulents, or small shrubs with colorful foliage reduces the need for replanting. Also, plant them in containers to up the impact while using fewer annuals.

Stone mulch can look impressive when first installed. Add the inevitable leaf litter, grass clippings, and wind-driven organic materials and the spaces between the stones fill with soil. This provides perfect conditions for weed seeds to germinate. Mechanically removing weeds from the stone is laborious and removing, washing, and reinstalling the stone is unrealistic and unsustainable. **Solution:** use renewable organic mulch such as oak leaves, pine bark, pine straw, Florimulch, or eucalyptus. Amongst many other benefits it will also add nutrients to the soil to feed the plants.



Above: Dwarf Walter's viburnum hand pruned and floriferous.



Above: Bignonia capreolata 'Tangerine Beauty' - cross vine, on an arch.

Photos by Stephen G. Pategas/Hortus Oasis.

Hortus Oasis (FL26000315) in Winter Park is a boutique garden design company specializing in residential, commercial and specialty gardens. Stephen is a registered landscape architect and Kristin is a certified landscape designer. Contact them at 407-622-4886/garden@hortusoasis.com

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pop culture detours by George McGowan

"Dearly Beloved, We Are Gathered Here Today To Get Through This Thing Called Life"

Prince died. This artist, who was never confined to a genre or a music label or even a name, has left to jam with the heavenly all-stars. His music defined my generation and could be returned to again and again for both inspiration and amazement. He was truly one in a million and an icon. He is immediately added to my sad, sad list of musicians I have never seen perform in person. I am grateful that he left behind so many indelible moments that I retain in my memory.

I have only sung karaoke once. I tried and failed terribly to sing Prince at his most falsetto on his song "Kiss." It was a terrible performance. And a wonderful memory. I remember it like it was yesterday and smile over and over when I recall that eventful night. But it just went to show that even clumsy white dudes wanted to be like Prince. I am happy that I tried and failed because it felt wonderful. Some of you may remember that "Kiss" was from a terrible movie called "Under the Cherry Moon" starring Prince. I

am also proud to go on record here to tell you that I loved watching every terrible minute of it.

Prince was able to make "Under a Cherry Moon" because of the monumental success of the movie "Purple Rain" and its awesome soundtrack. My wife and I have a funny story about the afternoon we went to see "Purple Rain" for the first time. It was in a theatre in Orlando that no longer exists – it was on the corner of Edgewater Drive and Lee Road. We had put off seeing the movie so it was a month or so since it opened. We entered the theatre and found we were the only two patrons,

so we picked seats right in the perfect spot, in the very center and three-quarters of way up from the front. It looked like we would have a private showing! We were early and chatted about how excited we were and just as the lights dimmed and the movie began, a man entered and immediate-

ly proceeded to take the seat directly in front of us. Now, this was before stadium seating so his head absolutely blocked the screen from our view. An empty theatre and this

guy marched to the seat right in front of us and has himself a seat! Well, we laughed to ourselves and moved to another pair of seats. We have a word to describe this gentleman that we can tell you sometime.

As I re-listened to "When Doves Cry" for the seventh or eighth time today, it became apparent that I could not write about anything on one of my usual pop culture detours this month. Prince was not a man who used any detours. He took the many road and delivered quality to everyone in his "path."

We are all lucky to have had him in our life – whether you were a fan or not. He will be missed, so remember: "... If the elevator tries to bring you down, go crazy – punch a higher floor!"



From the film "Purple Rain."

theater in the parks by Barbara Solomon

Fringe Turns Silver

Fringe keeps getting bigger each year. For their 25th anniversary this year there's over 140 shows, some in very strange places. What follows is a sampling of some I thought would be worth seeing.

The best seem to be the dance extravaganzas. My favorite is "Phantasmagoria," a blending of dance and storytelling, extremely well done and brilliantly costumed. Just as fabulous is Yow Dance's "On the Line," a dance spectacular set to great show music, including songs from "A Chorus Line." Blue Star has revived "VarieTEASE: Carnivale," always a Fringe favorite. And a cute new addition this year is "A

Pole Dance Revue," something I would never attempt but liked to watch.

Then we have our wonderful cabaret singers. Becky Fisher looks adorable in her 50s dress – she sings great standards, accompanied by the talented and charming Steve MacKinnon. Sara Jones is featuring '80s renditions at the off-fringe site of St. Matthews Tavern.

Of course, comedy abounds at the Fringe. Carol Abubato's "One-Duhh-woman" had me in stitches. John Ryan's "Beware the Dark in Winter Park" stars Fringe favorites Peg O'Keef and Elizabeth Murf. "Simpleton" is a hip-hop spoof of our favorite candidate to make fun of, Trump.



There's more drama than usual this year, on stage instead of the beer tent. "Nine" features the gifted Sarah-Lee Dobbs in a serious role. This year's murder mystery is "Murder Sleep," directed by Sleuth's own Laurel Clark and featuring one of my favorite Fringe characters, Schmoo. Wanzie's "In Close Quarters," a Vietnam story of love and war, will be worth the price of a ticket.

And last but not least, we have the oddball shows. "A Newleywed

GAYme" is a hysterical take off on the popular TV show. "Magic, Music, and a little Mayhem" combines illusion with live music. And I was blown away by David Lee's "Rocket Man and Kaleidoscope," a compendium of works by science fiction writer, Ray Bradbury.

The Fringe Festival opens on May 18 and runs through Memorial Day, May 30th. It is mostly in Loch Haven Park. Come say hello to me – I will be in the beer tent in my Vintage Booth.

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theater in the parks

by Barbara Solomon

Junie B. Jones At The REP



Orlando Repertory Theatre (The REP) presents Junie B. Jones The Musical (April 4 – May 15, 2016). This production is presented by OUC – The Reliable One and directing sponsor Appleton Creative.

She’s back with an all-new show! It’s Junie B.’s first day of first grade and a lot of things have changed for her: Junie B.’s friend Lucille does not want to be her best pal anymore, and on the bus, Junie B. makes friends with Herb, the new kid at school. Also, Junie B. has trouble reading the blackboard and her teacher, Mr. Scary, thinks she may need glasses. Throw in a friendly lunch lady, a kickball tournament, and a “Top-Secret Personal Beeswax Journal” and first grade has never been more exciting!

“While thinking about bringing Junie B. back to life at The REP, we wanted to find a new way to introduce our audiences to the world of Junie B. Jones!” says director Steve MacKinnon. “We approached the production as a look into Junie B.’s first-grade journal, and wacky and distracted world! Using a highly conceptualized design of projections, scenic design, lighting, props, and costumes, we have strived to capture the essence of this precocious little girl. We have had so much fun discovering the characters in Junie B.’s world and making them come to life with our dynamic cast! Creating a world of children played by adults is always a delicate task between finding the joy and heart of a child, while building authentic and honest characters. You may even see a little bit of yourself reflected in some of these joyous adventures!”

Junie B. Jones The Musical is now playing Saturdays and Sundays from April 4 through May 15, 2016 at 2 p.m. and 5:30 p.m. Tickets are \$20 for adults, \$18 for students, seniors (55+), and members of the military with valid ID, and \$14 for the youth (ages 3 to 17).

The REP also offers special performances of Junie B. Jones The Musical. Papa John’s Pizza Family Night is April 10 at 5:30 p.m. Pizza is \$2 per slice and is available for purchase before and after the performance. Guests have the option of ordering a full pie in the lobby before the performance and it will be available for pickup afterward. 20% of the proceeds for each purchase are donated back to The REP. There is also an ASL performance, translated by an American Sign Language Interpreter on April 18 at 10:30 a.m. Backstage Tours are offered on April 16 and May 14 following the 5:30 performance. Tickets are \$5 per person and space is limited, so make sure you reserve your spot early in advance at the box office!

The cast includes Beth Jones as Junie B. Jones, with Cat Claus, Gabe Friedman, Jillian Gizzi, Hannah Beth Neal, Janeshka Nieves, Erick Perafan, Kurt Roth, and Michael Thibodeau. Directed by Steve MacKinnon, the creative team includes music direction by Steve MacKinnon, choreography by Spencer Morrow, scenic design by Cindy White, lighting design by Ryan Mueller, sound design and projection design by Anthony Narciso, costume design by Marcy Singhaus, and props by Tara Kromer. The production is stage managed by Tiffany Lyn Meadows and assistant Jessica Lyn Karnes.

All performances of Junie B. Jones The Musical take place at Orlando Repertory Theatre, located at 1001 East Princeton Street, Orlando, FL 32803. Tickets may be purchased online, over the phone, or at the Box Office. Please visit www.orlandorep.com or call 407-896-7365 for more information.

Good Things Come In Threes

Winter Park definitely grows talent, as evidenced in Rollins’ production of “Hello, Dolly.” Everything was great: the acting, the voices, the costumes, the choreography, the dancing, and the orchestra. This is a “don’t miss” show! Particularly outstanding was Chase Bahorich as Barnaby; he really stole the show with his comedic ability. And Emily Walton as Irene Malloy had the most gorgeous voice, put to good use in the beautiful “Ribbons Down My Back.” My favorite song in this show is “Put On Your Sunday Clothes,” an ensemble number wonderfully executed by these talented Rollins students!

From college to community theatre, The Athens in Deland is playing the iconic “Gypsy” through May 22. This is one of my very favorite musicals, where every song is a gem. My two favorites are the lesser known “Little Lamb” and “You’ll Never Get Away From Me.” Eric Hall was the best Herbie I have ever seen outside of the professional stage; his acting was superb. Tara Snyder as Rose had a strong voice and the personality to

match—her “Everything’s Coming up Roses” was stirring. But the highlight of the evening was “All I Need Is the Girl,” wonderfully executed by Kyle Laing as Tulsa. The only thing missing in this production were the tap shoes in some of the other numbers.

Last but not least, we have the Equity professionals at Shakes playing the Tony-winning comedy “Vanya and Sonia and Masha and Spike.” Get ready to laugh your socks off! Stay-at-home siblings Vanya (Philip Nolan) and Sonia (Anne Hering) have never really made a life for themselves, while their sister Masha has made a somewhat famous name for herself in the movie industry. But all three agonize over growing old, especially since the hunky Spike (Benjamin Boucvalt) is so young. The message for us all is “You must always get your hopes up.” Although every one of the actors was excellent, Fredena Williams as the crazy housekeeper stole the show with her outrageous portrayal of Cassandra. For an outrageous good time come see this show! Playing through May 1 at Orlando Shakes in Loch Haven Park.

BARB’S BEST BETS FOR MAY: ORLANDO FRINGE FESTIVAL AT LOCH HAVEN PARK, “THE FANTASTICS” AT THE WINTER PARK PLAYHOUSE, AND THE CABARET FESTIVAL AT MAD COW.

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schools

Audubon Park Elementary
PRINCIPAL ANNA FERRATUSCO

Calling all kindergarteners! Wipe away those tears parents, the time has come for your little one to register for kindergarten for the 2016-2017 school year! As part of this process, Audubon Park Elementary will be holding a Kindergarten Orientation Pancake Breakfast on May 20, 2016 at 9:15 a.m. in the APE café. During this orientation, parents will get important information about the school and specifically about kindergarten. Students will get to enjoy delicious pancakes and experience our cafeteria line. Students and parents will also get to visit current kindergarten classrooms to see what it's all about. We hope you and your little ones can make it!

For any new incoming families of any grade level, we will also be holding a New Parent Orientation. This event is put on by our school PTA to encourage new families to get involved with all that Audubon Park has to offer. It is an informational presentation where families will get basic school information and will also have the opportunity to get additional information about specific grade level curriculum. All families are welcome to attend. The orientation will be held on May 26, 2016 at 6:30 p.m. in the APE café. We hope to see you there!

Lake Sybelia Elementary

Principal's Message from Acting Principal, Chuck Yockel

FSA and FCAT testing are complete and we are almost half way through our final nine weeks of the school year. Congratulations to our third, fourth and fifth-grade students for their hard work demonstrating what they learned this year.

Our annual Art and Music Extravaganza will take place on May 19th. We will be celebrating the art and musical accomplishments of our students. Both our chorus and strings programs will be performing and every student in the school will have one piece of artwork displayed that evening.

Our fifth graders have been busy writing speeches on "Hunger in America." Six students were selected to compete in the Level 1 Modern Woodmen of America Oration Contest at Lake Sybelia and the winner and runner up will compete at the next level. We are excited about their speeches and look forward to the competition.

Kindergarten Registration begins on May 9th and goes through May 13th. We encourage all of our parents with upcoming kindergarteners to register their children. Kindergarten Orientation is scheduled for May 18th and we invite all of our new kindergarteners and their parents to come for a tour of the school.

We will finish out our year with a very special event. We have invited all of the graduating seniors who attended Lake Sybelia in the fifth grade to come back for our High School Reunion on May 4th. We can't wait to see them!

Lakemont Elementary
PRINCIPAL DR. BRENDA CUNNINGHAM

"Celebrate good times, come on!" At Lakemont Elementary, we are choosing to focus on those things that will benefit our students in the long term. Some of these include, the fifth grade Modern Woodmen Oration Contest, our work to support the Leukemia and Lymphoma Society through the Pasta for Pennies fundraiser, and the academic prowess of our students.

Fifth-grade students learned about the components of good speech writing and presentation. Students presented speeches in their classes and the top students were chosen from each class to present their speeches to a larger audience. This was a great experience for the children to learn about public speaking and the skills that are required for a good presentation. The topic this year was "Hunger in America" and the top three finalists were: Janelle Gidus, 1st place; Adyson Basalari, 2nd place; Ella Blackmore, 3rd place.

It is a long-standing tradition at Lakemont Elementary to participate in charitable work. This year, the Lakemont students entered a contest to collect their 'pennies' to support the Leukemia and Lymphoma Society (LLS). Each class collected funds over

the course of several weeks. The winning class received a celebratory Pasta party sponsored by Olive Garden. Mrs. Rawls' class raised over \$200, with a school-wide total of \$1,663.98.

Lakemont recently inducted 33 students into the National Elementary Honor Society. These students maintain a 3.5 GPA on a 4.0 scale, are committed to service through various organizations, demonstrate responsibility through good citizenship, and are student leaders who promote and participate in school activities. The Lakemont NEHS Induction ceremony was attended by parents and community members. We are particularly grateful to our school board chairperson, Joie Cadle, for her attendance and support of our students. Baxter Murrell, Winter Park High School senior and Lakemont alumnus, gave the keynote address where he charged the students to remember this time in their lives and to live up to the NEHS membership criteria: Scholarship, Responsibility, Leadership and Service.

Nineteen of Mrs. Huddleston's gifted students competed at the Future Problem Solving (FPS) State Competition at the Doubletree Hilton at SeaWorld in Orlando. FPS stimulates critical and creative thinking skills, encourages students to develop a vision for the future, and prepares students for leadership roles. Lakemont's students competed against other fourth, fifth, and sixth graders from more than fifty schools across the state in the Global Issues Problem Solving component. During the competition, problem solvers applied their global topic research and creative problem solving knowledge to address a charge presented in an imagined situation ("Future Scene") about the global workplace. We are thrilled to announce that our fourth grade team, Delaney Brinton, Helena Finaev, Ethan Guillem, Mackenzie McDaniel, and Dean Yuknavage, took FIRST PLACE in Presentation of Action Plans at the State Competition

St. Charles Borromeo Catholic School
PRINCIPAL NATHAN NADEAU

St. Charles Borromeo held a Scholastic Book Fair in April. The excitement started with students partici-

pating in a Book Fair Poster Contest where the winning class received a "free dress" day. Students and teachers previewed the books in order to make their wish lists. The Book Fair was also open in the evening before the Home & School Association meeting where parents received their student's Iowa Assessment scores.

Scholastic offered a wide range of titles for every level and interest.

It's a wonderful selection of engaging and affordable books for every reading level that is brought to the school. All proceeds from the Book Fair benefit the Library/Media Center at SCBCS. Thank you to all of the volunteers and supporters who made this year's book fair a huge success.

If you haven't had an opportunity to visit the St. Charles Borromeo

Catholic School campus, we invite you to our Open House, May 10th 8:30-11:30 a.m.

Winter Park High School
PRINCIPAL TIM SMITH

Winter Park High School is proud to announce the valedictorians (4.0 grade point average) and salutatorian for the Class of 2016! These students embody our Tradition of Excellence, and they have worked extremely hard during their high school years. Congratulations to each of the following students for their outstanding accomplishment at Winter Park High School.

VALEDICTORIANS

Caroline Alessandro	Akshay Devendra Mehta
Nicholas Gordon Beattie	Cristina Mendez Campos
Kyle A Benkel	Fernando Mendez Campos
Sarah Elinor Cantor	Gillian Nicole Miller
Kevin Andrew Cavanaugh	Emily Elizabeth Nix
Camila Deoliveira Correa	Clifford James Panos
Alexander Scott Douglas, III	Monica Raquel Reusche
Haley Winfield Grasty	Josephine Marie Spiegelberg
Delaney Christine Houston	Vivek Suri
Megan I Kuczajda	Bryan Edward Truong
Serena Marie LeMand	Catherine I Vasquez
Ameena McElroy	

SALUTATORIAN

Uyen Tu Mac

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COMMUNITY CALENDAR

Audubon Park Garden District Events

Ongoing Events

Every Monday night Community Market – 6:00 to 10:00 p.m. at Stardust Coffee parking lot located at 1842 E. Winter Park Rd. For information call 407-590-8776.

May 6 Date Night at Leu Gardens – 8:30 p.m. featuring the showing of “MI: Rogue Nation.” For more information, please call 407-246-2620 or visit leugardens.org.

Baldwin Park, College Park and Orlando Area Events

Ongoing Events

Every Monday Smarty Pants – 10:15 a.m. Storytime for children ages birth-5 years old at the Edgewater Branch Library located at 5049 Edgewater Dr. For more information call 407-835-7323.

Every Wednesday Mills50 MidWeek Group Runs – 6:00 p.m. at Track Shack located at 1104 N. Mills Avenue. This event is free to runners of all abilities. For more information, please visit www.TrackShack.com.

Every Wednesday Belles and Beaus Dance Club has dances every Wednesday from 7:00 to 9:30 p.m. at the Marks Street Recreation Complex located at 99 E. Marks Street. Join in for an evening of fun and dancing to music by the Soft Touch band. Refreshments are available. Singles and couples are welcome. Cost: \$5.00 per person. For more information please call 407-277-7008.

Every Thursday College Park Farmers’ Market – 5:00 to 9:00 p.m. located at 1600 Edgewater Dr. For information call 407-999-5251.

Every Friday Your Adult Club Socials (Y.A.C.S.) Dance – 7:00 p.m. to 9:30 p.m. at the Marks Street Recreation Center, 99 E. Marks St., Orlando, FL. Admission is \$4.00 for members and \$5.00 for guests. Dress code of no jeans, tennis shoes, or tee-shirts. Singles and couples are welcome. For more information, please call Joan at 407-339-5393.

Every Sunday Downtown Orlando Farmers’ Market – 10:00 a.m. to 4:00 p.m. at Lake Eola. For more information call 407-246-3625.

Monday - Friday Each Week Seniors’ Program in College Park – 9:00 a.m. to 1:00 p.m. at the College Park Community Center located at 2393 Elizabeth St. For information call 407-246-4361.

First Friday of Each Month The Art Stroll of Ivanhoe Village – 6:00 to 9:00 p.m. on Orange Ave. between Princeton and New Hampshire.

May 5 The Orange County Retired Educators Meeting – Noon at the College Park United Methodist Church, 644 W. Princeton St. Spring Luncheon. \$14. Reservations necessary. Anyone who has worked in education is invited to join. For more information, please call 407-677-0446.

May 5 Head of the Stretch Kentucky Derby Event – 7:00 to 10:00 p.m. at the Winter Park Farmers’ Market. This event offers a Derby Diva hat contest, best bowtie, and many more fun surprises. All proceeds benefit Glenridge Middle School’s Foundation for OCPS-Lion’s Pride Fund. Tickets are \$75. To register, please visit <https://www.foundationforocps.org/p/337/glenridge-lion-s-pride-fund>.

May 9 Healthy Living Series: Healthy Woman – 6:00 p.m. at Track Shack located at 1104 N. Mills Ave. Registration required by calling 407-898-1313.

May 11 Free Weekly Meet Up Run – 6:00 p.m. at Track Shack located at 1104 N. Mills Ave. For runners and walkers of all paces.

May 14 Stamp Out Hunger – This is the nation’s largest single-day food drive and is hosted by the Central Florida Letter Carriers of the U.S. Postal Service. Florida residents are encouraged to leave a sturdy bag containing non-perishable foods next to their mailboxes for pick up. For more information, please visit www.feedhopenow.org.

May 16 Good Form Running, Monday – 5:30 p.m. at Track Shack located at 1104 N. Mills Ave. For runners and walkers of all paces.

May 25 Free Weekly Meet – 6:00 p.m. at Track Shack

located at 1104 N. Mills Ave. For runners and walkers of all paces.

June 4 Orange County Hurricane Expo – 9:00 a.m. to 1:00 p.m. at the Renaissance Senior Center at South Econ Community Park located at 3800 South Econlockhatchee Trail. For more information, please call 407-836-9140 or visit ocoem@ocfl.net.

Maitland Events

Ongoing Events

Every Sunday Maitland Farmers’ Market at Lake Lily.

Every Tuesday Preschool Stories 10:30-11:30 a.m. at the Maitland Public Library located at 501 S. Maitland Ave.

Every Thursday Healthy Maitland Walk 6:30 a.m.; **Babytime** 10:30 to -11:30 a.m. and **Adventures w/Books Club** 2:30 to 4:30 p.m. at the Maitland Public Library.

May 12 Israel Independence Day Festival – 5:30 to 8:30 p.m. at The Roth Family Jewish Community Center of Greater Orlando, 851 N. Maitland Ave. Admission is free. For more information, please visit www.orlandojcc.org.

Winter Park Events

Ongoing Events

Every Monday “Sit-to-Be-Fit” Chair Exercise Class – 9:30-10:30 a.m. at the Winter Park Community Center. This free class is designed for all ability levels and sponsored by the City of Winter Park. For more information please call 407-754-6190.

Monday - Friday “Art in Chambers” Exhibit – Monday through Friday from 8:00 a.m. to 5:00 p.m. This free exhibit is on display at the City Hall Commission Chambers located at 401 Park Avenue South.

Every Tuesday and Thursday “Hands-on Gardening” – 9:30 a.m. – noon at the Albin Polasek Museum and Sculpture Gardens. For more information regarding this free year-round event please call 407-647-6294.

Every Tuesday and Thursday Beginning Pilates Class – 5:15 p.m. at the Winter Park Community Center. For more information please call 407-671-9599.

Every Tuesday, Friday and Saturday Winter Park Benefit Shop – The shop is located at 140 West Lyman Avenue and is open from 9:30 a.m. - 1:00 p.m. on Tuesdays and Fridays, and from 10:00 a.m. - 1:00 p.m. on Saturdays. Donate or purchase clothing, bedding, jewelry, kitchenware and more. Proceeds benefit various children’s programs and the local branch of Orlando Blind. For more information please call 407-647-8276.

Every Tuesday and Thursday Curator Tours of Louis Comfort Tiffany’s Laurelton Hall – At 11:00 a.m. and 2:30 p.m. at the Charles Hosmer Morse Museum of American Art located at 445 N. Park Ave. Space is limited and free with museum admission. To learn more about this event with Curator Donna Climenhage please call 407-645-5311 or visit www.morsemuseum.org.

Every Thursday “Walk With A Doc” – Enjoy a rejuvenating 30-minute walk with Florida Hospital physicians. This free event is held at 5:30 to 6:30 p.m. at the Crosby YMCA. For more information, or to reserve your spot, please call 407-303-1700.

Every Saturday Winter Park Farmers’ Market – 7:00 a.m. to 1:00 p.m.

Every Saturday and Sunday Line Dance Class – 10:00 a.m. Saturday for experienced dancers, and 3:00 p.m. Sunday for beginners at the Winter Park Community Center located at 721 W. New England Avenue. Enjoy music, make new friends, and get some fun exercise at the same time! For more information please call 407-592-7835.

Every Sunday Music at the Casa – This free event featuring professional musicians and performers is hosted at Casa Feliz every Sunday from noon – 3:00 p.m. For more information call 407-628-8200 ext. 3 or visit www.casafeliz.us.

May 4 Lakemont Elementary 60th Anniversary Birthday Celebration – 4:30 to 5:30 p.m. Past students and the community are welcome to this open house and reception.

May 5 Free Lecture on Digestive Issues – 5:30 p.m. at the Winter Park Memorial Hospital Medical Library. To register please call 407-303-1700.

May 5-6 Spring Cleanup – Households north of Fairbanks/Aloma Avenues. For more information, please visit www.cityofwinterpark.org.

May 11 Healthy Central Florida - Health Innovation Grant Workshop – 7:30 a.m. - 10:30 a.m. at the Bush Auditorium at Rollins College

MAY HIGHLIGHT



Kentucky Derby Party, Thursday, May 5 at 7:00 p.m. at the Winter Park Farmers’ Market located at 200 West New England Avenue, Winter Park, FL 32789. The event will have a hat contest as well as a bowtie contest. Join us for fun, food, and horseracing!

located at 1000 Holt Ave. The workshop is free and open to anyone in Central Florida. Grant applicant projects must primarily serve the residents of Eatonville, Maitland and Winter Park and applicants must attend the workshop to be eligible to apply. To register, please visit healthycentralflorida.org, call 407-644-2300 ext. 241.

May 11 Brookshire Elementary Alumni Reunion for the High School Class of 2016 – All graduating high school seniors who attended Brookshire as fifth graders in 2009 are invited to join your former teachers and classmates at 3:30 p.m. in the Brookshire Elementary Media Center for a little reminiscing and celebrating. Congrats to the graduating class of 2016!

May 12-13 Spring Cleanup – Households south of Fairbanks/Aloma Avenues. For more information, please visit www.cityofwinterpark.org.

May 12 Coffee Talk – 8:00 a.m. to 9:00 a.m. featuring the Assistant City Manager and Finance Director at the Winter Park Welcome Center. For more information, please visit www.cityofwinterpark.org.

May 12 Denning Drive Public Meeting – 5:30 to 7:30 p.m. at the Rachel D. Murrah Civic Center. For more information, please visit www.cityofwinterpark.org.

May 12 Popcorn Flicks in The Park – 8:00 p.m. to 10:00 p.m. featuring the showing of “Sense and Sensibility” in Central Park. For more information, please visit www.cityofwinterpark.org.

May 14 AAUW Meeting and Special Program – 9:00 a.m. at the First Congregational Church Fellowship Hall, 225 S. Interlachen Ave. The public is invited to attend. Admission is \$15, includes breakfast. For more information, call 407-488-4163.

May 19 League of Women Voters Orange County Showcase and new Member Orientation – 6:00 to 8:30 p.m. at the Winter Park Community Center located at 721 W. New England Ave. Women **and** men of all ages are welcome. Admission is free. RSVP at <http://lwvoc.org/events>, or by emailing lwvpat.grierson@gmail.com

May 21 10th Annual James Gamble Rogers II Colloquium on Historic Preservation – 9:30 a.m. to 3:30 p.m. at Tiedtke Concert Hall at Rollins. For ticket information, please call 407-628-8196 or visit www.casafeliz.us.

May 23 City Blood Drive – 8:00 a.m. to 11:00 a.m. at Winter Park City Hall. For more information, please visit www.cityofwinterpark.org.

June 7 Denning Drive Public Meeting – 5:30 to 7:30 p.m. at the Rachel D. Murrah Civic Center. For more information, please visit www.cityofwinterpark.org.



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