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## Adjaye Associates To Lead New Library And Events **Center Design**

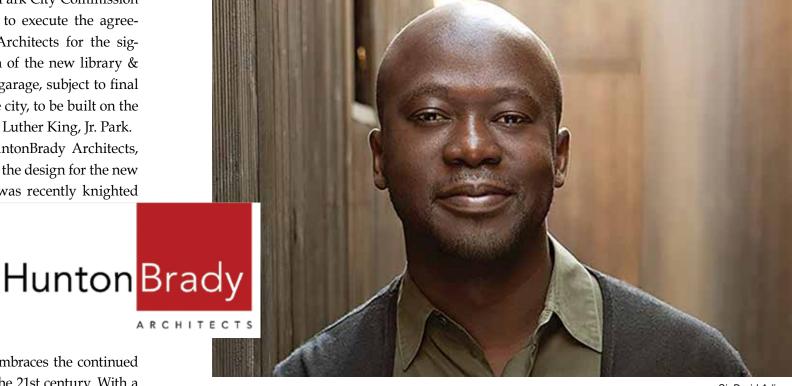
On April 24, the Winter Park City Commission gave unanimous approval to execute the agreement with HuntonBrady Architects for the signature architectural design of the new library & events center and parking garage, subject to final review and approval by the city, to be built on the northwest corner of Martin Luther King, Jr. Park.

In association with HuntonBrady Architects, Adjaye Associates will lead the design for the new project. Sir David Adjaye was recently knighted

by Queen Elizabeth II and was named among the 100 most influential people in the world for 2017 by TIME magazine.

"Winter Park's vi-

sion for this project truly embraces the continued evolution of the library in the 21st century. With a diverse program that recognizes it as a critical piece of cultural infrastructure, this will be a dynamic space for shared education, recreation and interaction. I am thrilled to be working with the city on a design that I hope can become a true beacon for its neighborhood, with resonance for the entire community," said Adjaye.



Sir David Adjaye

Adjaye Associates has received acclaim for its approach to civic and library design. Previous libraries include two neighborhood libraries in Washington D.C. and the award-winning Idea Stores in the London Borough of Tower Hamlets. The firm's largest project to date, the Smithsonian

Institution's National Museum of African-American History & Culture, opened on the National Mall in Washington D.C. in September 2016.

"We have assembled a world-class team to build a state-of-the-art library and events center for Winter

Continued on page 6



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### Publisher's Message



Rick Cable

For about a month now, I've been walking around with a heavy heart, and a head full of very fond memories. I have been an active participant of a virtual game of "tug-of-war" regarding my emotions. Quite frankly, nothing in my journey in life to date

has ever produced this gravity and spectrum of thoughts and feelings. I'm thankful for the balance that has occurred between the two, as without the cherished memories to draw from, these would be much harder times. My mom, Jane Kerns Cable, passed away on March 25th.

She was the fourth of five children, and was raised on a farm in Portsmouth, Ohio. Upon moving to Orlando in the early 60s, she found a passion for fashion, and worked at Ivey's in the Winter Park Mall. She later became a teen model for Ivey's, and from that point on always dressed "to the nines." She carried herself like a princess.

She married my dad while he was obtaining his degree in mathematics from FTU (now known as UCF) and she traded runways for motherhood. I would be the first of three boys who would have a mom all dressed up and out on a ballfield playing catch. Our Dad traveled a lot, so mom would willingly roll up her sleeves, take off her heels, and play ball. She was a

"whatever it took" mom to us in the early years and I find comfort in remembering those times now as I grieve her passing.

I also think back to all she instilled in me and my brothers; impeccable manors were always expected, and we were never allowed to quit something once we started. "Suck it up, buttercup" was a common saying. She was the Cub Scout Den Leader for all three of her children, and we all became Eagle Scouts. She became a coach when there were not enough coaches in the league, and all three of us excelled in sports. She raised us believing that not attending college wasn't an option, and therefore, all three of us are college graduates.

She invested love and effort in her children, as well as for many of our lifelong friends who affectionately referred to her as "Miss Jane." It wasn't uncommon for my friends to just stop in even though I wasn't home, to visit with my mom. She was my biggest fan, and I never walked a day in my life not knowing how much she loved me. It is this lasting memory alone that makes me thankful for my mom and all that she sacrificed for her family.

As always, thank you for reading *The Park Press* and we look forward to the great things to come.

Rick Cable Founder/Owner

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### Perception Is Not Reality By Tricia Cable

My seventeen-year-old traveled abroad recently. It wasn't her first time outside of the country, she has had the privilege, through her sport, of traveling quite extensively throughout the Unit-

ed States and overseas. Having been to Communist countries previously (Russia and China), this trip across the pond took her to Dresden, Germany.

The athletes traveling on behalf of the United States, although focused on the competition, often times get the opportunity to tour the host cities and play tourist for a least a little while during their trips. Dresden is a beautiful city and the history and the architecture was not lost on this group of young Americans during their stay.

As you can imagine on an international stage, there is pressure to perform and represent your country the best that you possibly can. That can be said for my child as well as every other athlete during competition. The same can be said outside of competition as well. They tend to be on their very best behavior; throw in a little cul-

tural diversity and a language barrier and you typically have a pretty buttoned up, "toe the line" group of travelers.

That is, until the competition is over and on the final evening before everyone travels to their respective homelands. You see, there is a farewell celebration post-competition. So you have eight athletes from 22 countries ranging in age from 14-18 converging on the dance floor of the host hotel with the sole purpose of letting off a little



steam...who wants to chaperone that?

Oh, what I would have given to have been a fly on the wall that evening. This has to be international relations at its best. Our world leaders may have something to learn from a group of kids with different backgrounds, interests, and beliefs, all coming together for a moment in time to simply have fun and dance.

This evening is where my daughter learned that perception is not reality. She watched young adults

who had nothing to say to each other earlier in the week- and from two different countries with opposing world views I might add-laugh, dance, and cheer one another on. No longer confined by the team gear that identified them as either an American or a Russian or a Brit, they were free to be just another human sharing the planet and enjoying a little moment in time.

She had perceived some to be rude or standoffish, when in actuality, they were just shy or required not to engage with anyone other than their teammates. She met a boy from Great Britain who will be attending the University of Tennessee in the fall. She got to know a boy from Spain who was incredibly funny and also came to her defense when a boy from a country that I will not name, got too "handsie" on the dance floor. And she shared a room with her own female team-

mates who live on the west coast that she has literally competed with for more than six years and had never, prior to this trip, really had a conversation.

Communication, and apparently dancing, is key to breaking down perceptions and finding our way to reality.



**NEWS** The Park Press | MAY 2017

### City Commissioner's Message

Commissioner Robert F. Stuart, City of Orlando District 3



May is a busy month in the City of Orlando, and for all of us it is a time to celebrate and remember all of the moms in our lives. As a Jewish proverb says, "God could not be everywhere, therefore, he made mothers."

Watching my wife of more than 40 years, Ann, in her role as mom to our two children;

and now watching my daughter and daughter-in-

law in their roles as mom to my five amazing grandchildren, is truly inspiring. And one thing I have learned from all the moms in my life is that they truly appreciate the gift of time- quality time with their families.

And there are so many ways and so many great neighbor-

hoods where you can spend quality time with moms, families, and friends this and every month in our Great City.

Every month, Audubon Park and College Park host homegrown, volunteer-led markets that are perfect places to find unique Mother's Day gifts, or make a great place to take mom for an afternoon or evening. In College Park, Grounding Roots, located at 710 W. Princeton Street, hosts an organic farmers' market every Sunday from 11 a.m. to 3 p.m. Then on Monday evenings from 5 p.m. to 9 p.m., head over to

the Audubon Park Community Market located at 1842 E. Winter Park Road.

Then in the beautiful Baldwin Park Village Center, enjoy First Friday Festivals each month from 5:30 to 9:30 p.m. This free sidewalk festival showcases the wonderful neighborhood businesses, plus many other local artisans and is kid and pet friendly.

In the thriving Ivanhoe Village district, enjoy their Wanderlust Wednes-

> days event. Every third Wednesday of the month, North Orange and Virginia Drive businesses will host food trucks,

Open Houses, and a Wine Stroll (curated by Tim's Wine). Visit their Facebook page for more informa-

tion about this fun way to explore this funky commercial district.

On Saturday, May 13th from noon to 4 p.m., enjoy the sixth annual KidsFest in the Audubon Park Garden District. In short, the entire Main Street becomes a mini educational campus for kids. Sign up for free, or nearly free, workshops on arts and crafts, food, music, sustainability, and more. Kids of all ages welcome. Visit the Audubon Park Garden District's Facebook page for more information and

details on how to register.



THE FUN BEGINS AT 6 P.M. MOVIE STARTS AROUND 8:15 P.M. ON THE EAST LAWN.

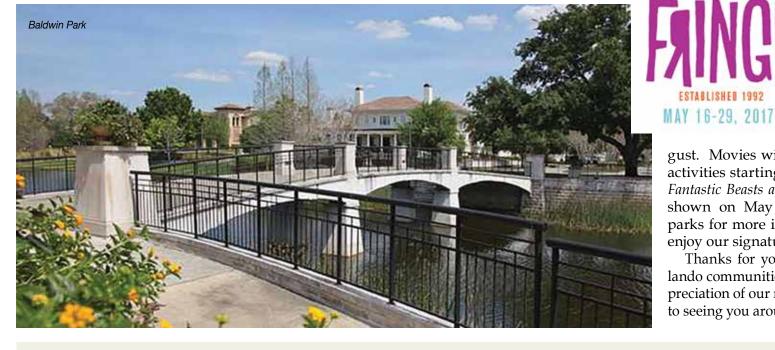
Another reason May is an awesome month in Orlando is because of the unique Fringe Festival, which takes place in and around Loch Haven Park from May 16th through May 29th. In its 26th year, Fringe brings accessible and uncensored performance art to our community through numerous different kinds of shows. For our younger audiences, there is also Kids Fringe, which takes place both weekends of Fringe, May 20/21 and May 27/28 from 10 a.m. to 2 p.m. outside of the Mennello Museum. Kids Fringe includes arts, crafts, musical performances and much

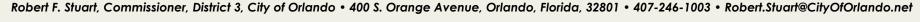
> more, which are all free and open to the public. Visit orlandofringe.org for more information.

Finally, venture downtown to Lake Eola as Movieola is back. Enjoy a movie on the east lawn of Lake Eola every last Friday of the month through Au-

gust. Movies will begin around 8:15 p.m. with activities starting at 6 p.m. This month's movie, Fantastic Beasts and Where to Find Them, will be shown on May 26th. Visit cityoforlando.net/ parks for more information on this fun way to enjoy our signature downtown park.

Thanks for your support of our amazing Orlando communities and in joining me to show appreciation of our moms this month. Look forward to seeing you around town this month!







## Winter Park Mayor's Message

Mayor Steve Leary



of bloggers and "fake news' have created a challenge discerning between fact and fiction, particularly as news relates to local projects. During the March 27 City Commission meeting, we heard

from three applicants seeking to redevelop properties. These property owners had gone through the processes of meeting with city staff and citizen advisory boards to move their applications to final consideration by the Commission. There has been a tremendous amount of community dialogue and writings regarding these projects. For those not engaged on a regular basis, and for whom emails, Facebook posts, and even articles from local media provide much of the information, I provide an overview of the projects.

First, the Comprehensive Plan which guides our consideration of all development within the city is a guiding framework. The Comp Plan is not a perfect

The demands of our busy document and recognizes this as it has within it a the project was not denied due to a parking defilives and the proliferation variance process to meet particular project requests. cit. This project was denied with a 5-0 vote of the No two projects are completely alike, so this process allows flexibility to secure high-quality projects.

One applicant was hoping to redevelop the Aloma Bowl property into an Orchard Supply Hardware store. I took my two sons to Aloma Bowl this weekend, though whether or not you or I love the bowling alley, cannot weigh in our decision on the project. If a project meets all of the requirements of the Comp Plan, then we have little room to deny an application. However, in this instance the applicant was requesting a parking variance. The Commission felt this variance was not required, and as such the application was denied by a 5-0 vote.

All projects in excess of +10,000 square feet require applicants to apply for a Conditional Use permit. This process allows the Commission to consider other aspects such as the compatibility of the project with the surrounding neighborhood. The Villa Tuscany Memory Care Facility proposed for 1298 Howell Branch Road did meet the parking requirements. Though misreported by some,

Commission based on the project's incompatibility with the surrounding neighborhood.

A third request was for a new three-story building for 158 E. New England Ave., in the vacant parking lot just east of the Häagen-Dazs ice cream store. The applicant was seeking a few minor variances on height and setbacks, though the major discussion focused on the requested parking variance and parking space count. After approximately two hours of discussion, the Commission voted 5-0 to table the item to allow the applicant to work with staff to address the concerns prior to bringing the project back.

Thank you to the applicants for bringing your projects forward for consideration and to the community for engaging in the process. I encourage you to stay involved in your government and if you have any questions, please reach out to me or city staff to provide clarification. Many online sources are too often invested in their own narrative to provide a 360-degree perspective on issues.



### **Protection And Service**

The Winter Park Police Department

### **Click It Or Ticket: Make Seat Belt**

Brush teeth, eat breakfast, tie shoes – these are automatic actions taken by millions of Americans every day, often out of habit. Buckling your seat belt should be such an automatic action. In fact, seat belt use should be the automatic next step after sitting down in a vehicle. Whether you ride in the front seat or the back, and no matter which car seat or booster seat your child may use, everyone's seat belt should be buckled every trip. According to the National Highway Traffic Safety Administration's 2015 research, 9,874 people were killed by neglecting this one simple task. The action is so quick and so basic—and it can save your life.

From May 22 to June 4, the Winter Park Police Department is joining NHTSA and law enforcement agencies nationwide for the 2017 Click It or Ticket enforcement mobilization. We will be out in full force, cracking down on seat belt violations and issuing citations to anyone caught traveling without a buckled seat belt or transporting unrestrained children. We are working with law enforcement to spread the message that seat belts save lives. In fact, from 2011 to 2015, they saved nearly 64,000 lives. In 2015, an additional 2,804 lives could have been saved if all unrestrained occupants involved in fatal crashes had worn their seat belts.

Why the month of May? Memorial Day weekend kicks off the busy summer season, with many more families on the roads. We have found this to be the most effective time to remind drivers why seat belt laws matter-they help save lives. This is not a campaign to write tickets. This is a campaign to help keep people safe and alive. We see the causalities of not wearing a seat belt, and we do not wish that devastation on anyone.

In addition to increased patrols and zero-tolerance enforcement, we really want to get the right information out to motorists. There are too many false notions out there about seat belts:

**YOUTH** - Young adults in particular seem to think they are invincible in vehicles. Unfortunately, they are dying at a disproportionate rate because they are not wearing their seat belts.

**MALES** - Almost twice as many men are dying in vehicle crashes compared to women, and wearing their seat belts less than women.

#### PICKUP TRUCK DRIVERS AND PASSENGERS -

Pickup truck occupants think that they don't need to wear their seat belts because they believe their large vehicles will protect them in a crash. However, the numbers from NHTSA tell the truth: 60 percent of pickup truck occupants who were killed in crashes were not buckled up. That's compared to 42 percent of passenger car occupants who were unbuckled when they were killed in crashes.

Nighttime also poses a particularly dangerous threat to vehicle occupants, which is why an impor-

tant part of our safety message to motorists includes the words "day and night." In 2015, about 57 percent of passenger vehicle occupants who were killed during the nighttime hours of 6 p.m. to 5:59 a.m. were not wearing seat belts. More people are being killed in nighttime crashes than ever before, and we are going to be targeting nighttime seat belt violators as a result.

**Remember:** The habit of buckling up is as simple as turning on a light switch. It should be an automatic action for you, and for everyone in your vehicle. Do not just buckle up to avoid a ticket—our friends' and families' lives are more important than that. If you are caught driving while unbuckled, you will get a ticket—no excuses, no warnings. Wearing your seat belt is required by law. Day and night, front seat and back, Click It or Ticket.

You can find out more about the Click It or Ticket mobilization at www.nhtsa.gov/ciot.

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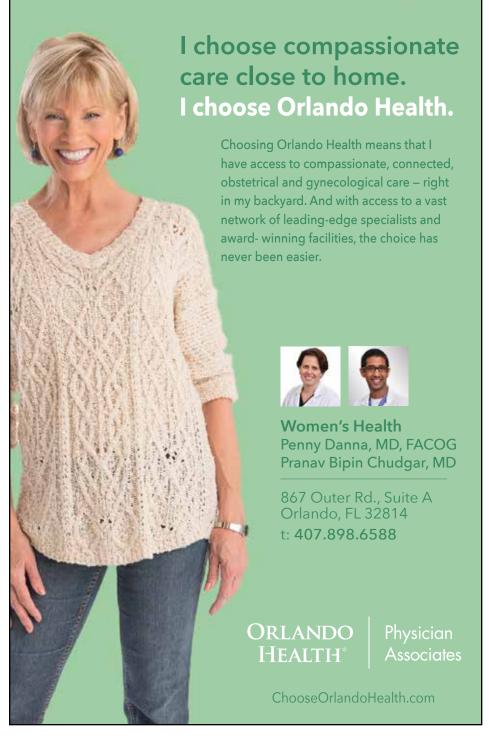


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6 NEWS The Park Press | MAY 2017

### A \$1Million Milestone In Support Of Bach Festival Society

The Edyth Bush Charitable Foundation recently awarded the Bach Festival Society of Winter Park a \$35,000 grant in support of Strategic Planning and Artistic Programming for the 2017 season, pushing the Foundation's cumulative giving to the Society to over \$1 million.



As one of the Foundation's early grantees, awarded in 1976, the Bach Festival Society received its initial grant in the amount of \$10,000. For over 40 years The Foundation has made a total of 50 grants and contributions, which have helped underwrite a variety of concerts, brought world-

class chamber ensembles and soloists to Winter Park, and supported the purchase of much-needed equipment for the Society.

"Without the generosity of the Edyth Bush Charitable Foundation, the Bach Festival Society would not be the vibrant musical organization it is today," said Dr. John V. Sinclair, artistic director and conductor.

"We are deeply grateful for this gift and the hugely significant landmark it represents. The role this Foundation has played in the encouragement of excellence in both artistic pursuits and sustainability cannot be overstated. Furthermore, we are humbled by their trust in us and inspired by their commitment to improving the quality of life for the people of Central Florida through understanding the cultural impact that great music offers."

David Odahowski, the president and CEO of the Edyth Bush Charitable Foundation, commented on the long and trusted relationship with the Bach Festival Society, saying "Great grantmaking is like a great symphony; you can't do it alone. You need to work with outstanding organizations like the Bach Festival Society who know how to hit

all the high notes with the singers, players, audience, and donors."

The Bach Festival Society's 82nd season is underway, with Vive la France, a program of French romantic and impressionist work with both the Bach Festival Choir and Orchestra participating in the April 22-23 event. All performances take place at Rollins College.

Located in Winter Park, Florida, the Bach Festival Society is one of the longest continuously-operating Bach Festivals in the country. Performances are held in the intimate settings of Tiedtke Concert Hall and Knowles Memorial Chapel on the beautiful campus of Rollins College.

For tickets and information, please call Bach Festival Box Office at 407-646-2182, or visit BoxOffice@ BachFestivalFlorida.org

# New App Makes Reporting City Issues More Convenient

The City of Winter Park is launching a new app, *Ask Winter Park*, to make requesting a city service easier. If you see a pothole, street light that is out, broken sidewalk, or another issue that needs the city's attention,

you can *Ask Winter Park* to address these matters conveniently and easily from your mobile device.

When you "Request a City Service," *Ask Winter Park*:

- •uses your phone's GPS to input your location
- allows you to take and submit pictures using your camera

 asks you to input additional details, if necessary

According to the Pew Research Center, 95 percent of Americans now own a cell phone and 77 percent own a smartphone. With the new *Ask Winter Park* app, you can use your device to let the city know of areas that need attention while you are on your daily

walks or travelling through town.

Ask Winter Park can be down-loaded for free on all Apple and Android devices. Requests can also be made using your desktop or laptop computer. Ask Winter Park is accessed through the City of Winter Park's official website cityofwinter-park.org under Residents.

### Orange County Fire Chief Elected President Of International Association

The Metropolitan "Metro" Fire Chiefs Association held its annual conference in April and elected Orange County Fire Chief Otto Drozd III president of the organization. Approximately 120 fire chiefs from metropolitan fire departments in the U.S., Canada, Chi-

na, South Africa and the United Kingdom attended the conference.

"I am honored to lead this distinguished group of my peers as we discuss major issues affecting the fire service in the U.S. and throughout the world," said Chief Drozd. "It is a privi-

lege to represent Orange County in leading significant national conversations on policies and best practices that advance the fire/emergency medical services profession and impact the international community." Chief Drozd's term began April 13, 2017.

"I am so proud to see Chief Drozd recognized and elected to serve as president of the Metropolitan Fire Chiefs Association," said Mayor Teresa Jacobs of Orange County, who spoke at the conference's opening ceremony. "Chief Drozd represents the exceptional quality of leadership we have among Orange County's public safety management team. He serves as a reflection of the extraordinary men and women who comprise the Orange County Fire Rescue Department."

During the conference, a comprehensive educational program included updates and presentations on numerous topics focusing on the fol-



Orange County Fire Chief Otto Drozd III.

lowing three major themes: fire dynamics and data; occupational health and safety with emphasis on cancer and mental health; and terrorism/active shooter response.

#### From Page 1.

Park. We are eager to begin working together to design this project that will serve residents and guests for generations to come," said Mayor Steve Leary.

The Winter Park Public Library's executive director, Shawn Shaffer, said, "This is the true beginning to our next chapter. With the team's incredible talents at work, we are confident that the new library and events center will be one of Winter Park's premier locations for education, business support, and community collaboration."

Pizzuti Solutions serves as Owner's Representative and is managing the library and events center project on behalf of the City of Winter Park. As the project develops, for more information, project updates, and community meetings please visit the city's official website cityofwinterpark. org/nextchapterwp.

### Don't Pitch It - Fix It

The City of Winter Park and Winter Park Public Library will partner to host the very first "Don't Pitch it, Fix it" Workshop Saturday, May 13, from noon to 4 p.m., at Winter Park Public

Library located at 460 E. New England Ave.

This unique community event will provide the opportunity for residents to have broken items repaired by skilled volunteers and/or swap items with other members of the community. The work-

shop is designed to support the city's Sustainability Action Plan by reducing the daily consumption of goods in homes, encouraging recycling, helping to save money through trade, and learning valuable skills and resources from volunteers within the community. Items that may be con-

> sidered for fixing or swapping include clothing, eye glasses, bicycles, furniture, electronics, tools, fishing poles and much more. Services are subject to change or increase. Please call ahead for complete list.

For more information

or to volunteer to fix items, please visit wppl.org or call Jody at 407-623-3300, ext. 122.



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### planned giving by Rachel Calderon and Meghan Warrick

### The Housing First Approach

for the Homeless shared the story of Larry Jackson with us. This story represents the housing first approach our community has ad-

opted in action. The housing first approach uses proven results from around the country to make a difference in the lives of chronically homeless individuals in the community to provide them with housing and support services.

#### Here's Larry's Story...

If you have ever lived or worked in Downtown Orlando for any length of time, you have probably seen Larry. At the corner of Colonial Drive and Westmoreland Drive you could find him at his selfappointed post, clad in white sheets and barefoot. As a well-known fixture in the area, some have even called him the "John the Baptist of Westmoreland."

Larry's journey of homelessness began 38 years ago at the age of 20, when the woman he refers to as his grandmother, passed away. Born in Miami, FL in 1958, he was abandoned shortly after birth by his mother. His father was not in the picture, so Larry was raised by his grandmother and sisters.

During his childhood he worked as a migrant farm worker. He recalls harvesting oranges, cucumbers, green peppers, and cabbage along the east coast. When he was not working, he and his grandmother could be found in church, where his love of scripture began. Even now, conversations with Larry involve discussions about spirituality and the Bible. He frequently talks about how segregation in the South, and the 1968 Supreme Court ruling on

Recently Health Care Center desegregation, profoundly impacted his life.

In the 10th grade Larry dropped out of school to work on the farm full time. He ran away at age 15 for a year, working on farms and in restaurants. For 30 years, between 1980 and 2010, he spent time in and out of jail, couch surfing, living in sheds, garages, and back rooms of bars and shops where he worked, and at one point, Larry spent over a year living and being treated in a state hospital.

#### **Start Walking**

One day in 2010, Larry "heard the Lord tell him to start walking." He started walking north on Highway 27 from Lake Alfred, FL until he got to Clermont, FL where he made a right onto State Road 50 and continued walking until he arrived at the corner of Colonial and Westmoreland Drive. The filthy parking lot and dirty streets caught his attention, and he shares that "the Lord called me to clean it up!" Faithful to his call, Larry has spent the last several years "volunteering" his time clearing the parking lot and sorting through dumpsters in the area in exchange for scrap materials. He built a makeshift home from discarded wooden pallets, plywood, and cardboard, and relied on the kindness of "neighbors" at 7-Eleven and other businesses close by to support him.

Larry was well known to local police, business owners, and homeless advocates. They all attempted innumerable times over the years to help him engage in local services to get off the streets, but to no avail. Larry would invariably politely decline services, appearing somewhat fearful and distrustful of any services offered. In early 2015 the HOPE Team (Homeless Outreach Partnership Effort) of Health Care Center for the Homeless (HCCH) began working with Larry. Over the course of four months, they met with him often to build trust and rapport. Finally, Larry agreed to accompany the HOPE Team and some collaborating police officers to go see a potential apartment.

#### **A Turning Point**

By June 15, 2015, Larry had signed his lease and taken occupancy of a one-bedroom apartment in the Rosemont area of Orlando, his first home in 38 years. Larry's transition has not been an easy one and has been filled with tense moments and even uncertainty at times. However, he now regularly meets with his case manager and peer support specialists. He also has a primary care provider and sees a behavior health provider that treats his chronic schizophrenia. Larry has most likely been suffering from many symptoms associated with this mental health disorder for a very long time - including paranoia, social avoidance, and delusions - all which prevented him from actively engaging in society.

In providing Larry with housing and health care, he has been able to obtain benefits, learn how to use his EBT card, manage his money, and grocery shop.

He is a kind and gentle man who is so appreciative of all the assistance he is given. Larry credits the Lord for his change in circumstances and says he will strive every day to do well by keeping his apartment and being a good neighbor. It has been an honor to walk this journey with him.

Rachel Calderon is the Marketing & Communications Manager of the Central Florida Foundation.



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BUSINESS The Park Press | MAY 2017

### cybersecurity awareness by Ron Frechette, The Cyber Guy

## **Digital Spring Cleaning And Decluttering**

flowers in full

bloom, are all the marvelous signs of spring time! It's also a time when we have the unusual urge to

Longer days,

warmer weather,

wondered why people in just about every culture on earth have the urge

clean and declutter. Have you ever

to clean during spring?

There are several origins of spring cleaning that date back centuries and are still practiced today. The Iranians practice "khooneh tekouni" (shaking the house) on Iranian Norouz, the Persian New Year, which happens to fall on the first day of spring. In the Jewish culture, ancient Jews were commanded to conduct a thorough cleansing of their homes prior to Passover, which begins in spring. Catholics have traditionally cleaned the church alter during the season of Lent which falls within the spring. And from a seasonal standpoint, especially before central air and heat existed, opening the windows to let the fresh air in and cleaning the house of soot build-up from months of coal-burning furnaces made common practical sense.

Spring cleaning and decluttering

have also proven to have a profound positive impact on our physical and mental health. The process of ridding mold and germs hidden deep within the crevice's our homes dramatically reduces the risk of physical illness. These types of microorganisms carry all types of nasty viruses that once ingested, over time, can lead to various chronic and life-threatening diseases.

From a psychological perspective, thoroughly cleaning and decluttering has been linked to higher concentration levels, being more creative, deeper sleep, better moods, and decreased stress.

So what does all of this have to do with cybersecurity you ask?

The Digital Age has brought a whole new set of risks related to viruses (a.k.a. malware) that also reside deep within the crevices of our digital devices. Similar to biological viruses, digital viruses or malware can be also contracted in various ways by our devices unbeknownst to us. Music and photo files that we share, infected websites, spam emails, infected word docs or pdf attachments received from a friend or family member, free games, toolbars, media players and other system utilities are some of the ways we can become infected.

These viruses, over time, can also have a devastating impact on the quality of our lives. Having our personal and/ or work information deleted, stolen or put up for ransom can cause major problems. Identity theft is extremely disruptive over course of one's life. Cyber criminals compromising our protected healthcare information (PHI) is at an all-time high in 2017. Healthcare providers are required under federal law (HIPAA) to conduct annual security risk assessments. Be sure to ask your healthcare providers if they are conducting annual security risk assessments to help protect your healthcare data.

psychological effects of identity theft and data breaches can be devastating. Psychosomatic impacts vary from feeling physically sick, lack of sleep, increase in anxiety, depression, and in extreme cases-like that of the Ashley Madison Hack-suicide.

Incorporating a Digital Spring Cleaning and Decluttering Regimen will help reduce our risks of infection and compromise. The National CyberSecurity Alliance and Better Business Bureau created a Digital Spring Cleaning

Checklist and easy-to-follow four-week plan that we highly recommend. Here is a high-level overview of the list:

#### **Digital Spring Cleaning Checklist**

#### Week 1: Keep Clean Machines

Get started by making sure that all web-connected devices are squeaky clean.

#### Week 2: Make sure you're secure

Enhancing the security of your online accounts is a must and a fast, simple way to be safer online

#### Week 3: Digital File purge and protection

Tend to your digital records just as you do for paper files. Be sure to properly dispose of sensitive materials - such as hard drives, disks and memory cards - at a community shredding event.

#### Week 4: Clean up your Online Reputation

Parents and older kids with social media accounts can take an active role in making sure their online reputations

To download the entire pdf copy of go to: https://staysafeonline.org/ stay-safe-online/resources/digitalspring-cleaning-checklist

Continued on page 14

Ron Frechette is the co-founder and managing partner at GoldSky Security, a full service SMB cyber security solutions firm and the creators of CSOaaS.

### family business perspective by Kendall Rawls

### **Moving From Planning To Executing**

No one really knows the outcome of anything. Too often, this keeps many business owners from strategically planning for where they want their business to go and what they want from it in the future. If you struggle from the "unknown" predicament it should not keep you from looking forward, rather, it enforces the need to constantly be planning strategically towards your goals and vision.

What we know is that there are always threats to our business, but with those threats, we identify the opportunities to carry us forward. Executing a well-defined strategic plan helps business owners continue to move forward and grow towards a clearly-defined vision. It also allows owners to focus on what we do know, rather than getting crippled by what we do not know.

So then, now that you have no excuses to develop your strategic plan, you also must execute. As you move through the process, keep the following in mind.

1. Embrace that understanding what we do not know is a very important aspect of business planning. There will always be unknowns, but planning for them is critical for you to be able to move with the market, in a positive and successful way. Strategic and ultimately succession planning is fundamentally about considering and preparing for the possible, predictable and potential issues that could impact business success.

2. Recognize that threats can come from many different angles, both the known and unknown, and plan accordingly so that you can be agile and flexible during change. We cannot discount what we know, nor can we ignore that which we don't.

3. Understand the importance of having the right team in place to help you execute your plan. This includes recruiting and retention efforts to build leadership bench strength, as well as relationships with key business advisors to help you navigate change and implement plans.

4. Evaluate your plan after devel**oping and executing** to ensure that you are changing your direction as the environment is changing – this is simple and effective, but rarely done because it seems confusing. Think of it this way. As your buying demographic changes, how you position your product/service offerings must change to meet demand. We have to do the same with our strategic plan because we know that unknowns are just that, until they are known.

Avoiding planning and executing means the future of the business remains in limbo, which also means the odds of achieving your vision are bleak. Change is inevitable and there

are always unknowns. However, change and positioning your business to handle the unknowns bring you, your leadership team and successors great wealth in knowledge and experience to better plan and lead in the future.

Kendall Rawls knows and understands the challenges that impact the success of an entrepreneurial owned business. Her unique perspective comes not only from her educational background; but, more importantly, from her experience as a second-generation family member employee of The Rawls Group -**Business Succession Planners. For more** information, visit www.rawlsgroup.com or email info@rawlsgroup.com.





Key West \* Altamonte Springs \* Orlando

### live meaningfully by Ayesha G. Shenk, M.A.



Grace...

I find myself currently sitting in the Hartsfield Jackson Atlanta International Airport. As if that weren't already bad enough, I can count the number of hours of sleep I've procured

in the last 48 hours, on less than two hands, and tonight is not looking a whole lot better.

There have been pretty epic storms wreaking havoc on an already lamentable airport system and I had the good fortune of being stuck right smack dab in the middle of them this week.

Nonetheless, I have decided to take this time to catch up on some work and to find some grace in the mass of humanity that is on parade as I write this. Over the last 24 hours I have been pushed, squooshed, prodded, and trapped in a sea of irritable travelers. At my impressive 5'3 frame, I'm sure you're wondering how that could possibly be the case, but alas, 'tis true.

I've marveled at the lack of consideration and the utter disrepair in which chivalry must find itself. But tonight, I have committed to finding Grace.

My husband often expresses his dismay at the lack of human kindness and consideration when we're in crowded public places. To which I invariably

chime in with my refrain about how people are generally good and my contention that the world is still full of heroism.

I regret to say, so far this trip would not have been sufficient evidence for my claim.

With demoralizing news on the t.v. above and only every seventh person not on their phones or devices, I began to fear that this scavenger hunt may be less fruitful than I had hoped.

And then there it is...

The middle-aged woman who just offered to give up her seat for a man who needed greater assistance than she.

The father who brought his teenage daughter what can only be identified as some sort of starbuckian frappucino goodness in order to ease the pain of yet another delay.

The business traveler who just jumped to switch seats with a seeking stranger as he anticipated the other man's need for the nearby outlet.

The muscle-bound father who sweetly and patiently is now on his eighth attempt to collect enough hair for the ponytail holder in his hand as his twoyear-old daughter squirms and cries in his lap.

The mother who chides her little one while chuckling about how he 'was that kid' on their last flight, with patience and good humor.

The young man who gingerly opens the takeout container which contains the dinner he just scored for he and his wife to share.

There she is. In just a matter of minutes, if you look and listen closely enough, you can find her. Perhaps she's not loud or attention-grabbing like her less appealing cousins Selfishness or Discontent, but she remains. Steady in her intention and willing in her nature. You just have to squint your eyes a bit and see past the haze of me-ness in your first cursory glance.

What's the trick in finding her? She always involves another.

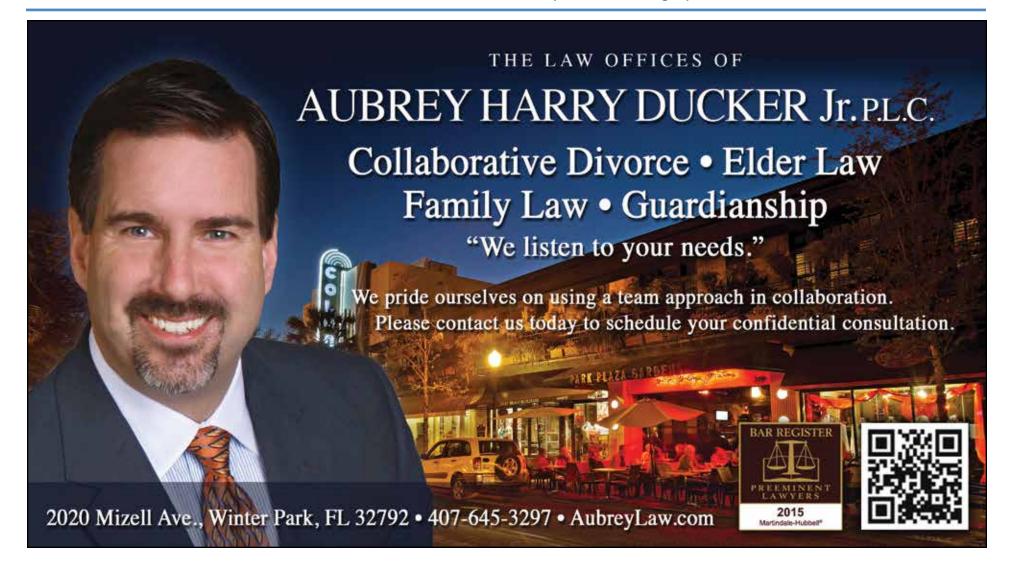
Grace doesn't show up without an object to her sentiment. So, this month, I would encourage you to look around - examine the interactions between people, even the seemingly mundane. Find the good and listen for the consideration.

If you still cannot find it... be it.

Be well; Live Meaningfully. Till the next time, Ayesha



Ayesha G. Bullock, M.A. practices at 2150 Park Avenue North as a Licensed Mental Health Counselor and can be reached at ayesha@livemeaningfully.net or 407-796-2959.



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### real estate in the parks by Scott Hillman and Sam Hillman



### Tips For Buying Your First Home

Purchasing your first home is an exciting life step. If you are considering or in the process of purchasing your first home, below are a few tips to prepare for the experience.

Get finances in order & get pre-qualified. A credit score is the most important factor when qualifying for a loan. If your credit needs repair, then allow yourself enough time to get it in order before house shopping. Next, know how much you can afford to buy a home. A general rule of thumb is to be sure your monthly mortgage payment is no more than one third of your monthly gross income. Once you're pre-qualified for the loan, then the seller will know you're a serious buyer.

**Interview realtors.** You will be spending a lot of time with this person, so it's important to make sure they're the right fit for you. Know if they are truly looking out for your best interest; are listening to what's important to you; and will work for you to find you the home that meets most of your specifications. It's important to have someone who can explain the process well; who communicates; and who works within your buying price point. They should also be able to recommend a lender to work with to become a pre-approved buyer.

Make a list of needs vs. wants. To ensure that you're buying the right home for you and your

family - present and future - it's important to know what you absolutely must have in a home. When house shopping, be sure to set aside all emotions and check off the items from your list during every visit.

**Understand all of the costs.** Oftentimes, firsttime homebuyers will price themselves to buy a home without knowing the additional expenditures. A budget should include more than what you're willing to pay for a home. Other items to take into consideration include potential remodeling, utilities costs, and homeowner's association dues. Typically, these are additional expenses found after a home purchase. Knowing and understanding the additional expenses up-front will better help determine if a home is right for you.

**Picture yourself in the home.** As developers are building more new homes, the models are very well staged. It's important to look beyond the façade and determine if you can see yourself and your items in its place, or how you would make it your own. If you're looking at established homes, any good realtor will tell the seller to depersonalize the home. Make sure you know where the cable outlets and plugs are located and that their locations will work with how you'd live in that home.

**Keep in mind long-term and re-sale.** While

this is your first home, at some point you'll be looking to sell. A pre-checklist of items should start with the functionality of the home; length of time you'll own; if there will be children; if you could become a caretaker to an elderly parent; future plans for the home; quality of area schools; and if the location will be easy to sell when the time comes. In addition to your home prerequisite checklist, these are all questions to take into account before the purchase.

**Request a home inspection.** By all means, this should be the final step. While a home might look perfect on the exterior, it's deep inside that could lead to potential long-term issues if it isn't inspected. This will be your most important investment before the signing. If issues are unsurfaced, then you can determine what to request of the seller before the closing. Any additional repair costs can potentially be incorporated into the sale price. Your realtor can refer a qualified home inspector and provide the appropriate guidance.

**Know what you're signing.** The closing will include a number of documents. Make sure to understand everything you're signing. The closing agent should explain all of the details, and it'll be helpful to have your realtor present for support.

Scott Hillman is president of Fannie Hillman + Associates, a 36-year-old Winter Park-based real estate company specializing in residential real estate sales. Sam Hillman is a Realtor and Market Analyst at Fannie Hillman + Associates. Together, they produce Hillman Homes, a customized quarterly publication showcasing local luxury listings, editorial features, and The Hillman Report, a semiannual look at residential real estate in Orange and Seminole counties. Read the latest issue on the company's website (fanniehillman.com) or by calling (407) 644-1234.

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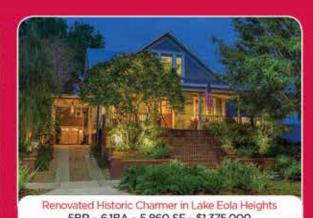
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Orlando Business Journal

### in the garden by Stephen and Kristin Pategas



**Well-Travelled Succulents** 

Plants called succulents are adapted to arid climates and are native to many places around the world. A few are even native to Florida. They are often called "Fat

Plants" since their leaves are typically plump and juicy Stephen & Kristin Pategas looking. Their cool looks are not fashion statements but a response to the harsh climactic conditions in which they developed. In order to survive in hot dry climates, they retain moisture in their leaves, stems, and roots and often those

leaves take on interesting shapes. Travel to the following locations around the world to find a variety of native succulents. This list only scratches the surface and these regions may have only one or a few species native to that area.

Russia - stonecrop

**Northern Europe** – sedum

Middle East - aloe, adenium

**Madagascar** – aloe and kalanchoe

Africa – aloe, bulbine, echeveria, haworthia, lithops, sansevieria, senecio, stapelia

**South America –** dyckia, pedilanthus, portulaca

Mexico – agave, dasylirion, echeveria, opuntia (cactus), selenicereus

Southwestern USA - agave, echinocerus, ferocacxtus, hesperaloe, nolina, ocotillo, opuntia, yucca

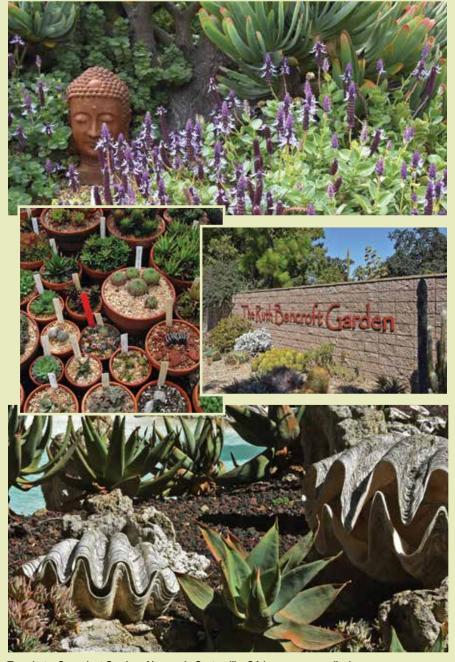
Florida - agave, opuntia, harissia (cactus), yucca

Most succulents are known by their Latinized botanical names. This is a sample of some with common names you may have heard: Sansevieria spp. - mother in law's tongue/snake plant, Kalanchoe thrysiflora - cow's tongue/flapjack plant, Lithops spp. - living stones, Crassula ovata - jade plant, and Yucca aloifolia - Spanish bayonet.

Many succulents are now available for purchase around the world and display greenhouses have areas dedicated to these interesting plants. Even though they may have disparate heritages, many can grow in one area because they are provided with well-drained soils (also called sharp soil/drainage) and the moisture levels are controlled. They don't mind taking in moisture but an excess of it in poorly draining soil will rot the roots and kill the plants. Most succulents thrive in full to part sun, while others grow better in part sun. A few, such as sansevieria, will also take shade and make good houseplants.

We planned a recent visit to California to include two amazing gardens (Ruth Bancroft Garden in Walnut Creek and Lotusland next to Santa Barbara) full of succulents. Then by happenstance while travelling between the two gardens, we discovered a nursery, Succulent Gardens in Castroville, with gorgeous vignettes of succulents. Many are arranged by the nativity of the plants.

Totally seduced by succulents we had not seen before, we accumulated a handful and managed to bring them back with us. Rest assured they are already planted in sharp soil. Please let us know if you spot a cruise line offering an around-the-world cruise focused on succulents. We'll book it in a heartbeat!



Top photo: Succulent Gardens Nursery in Castroville, CA has numerous displays MIddle left photo: A greenhouse full of succulents at Wave Hill public garden in the Bronx MIddle right photo: Succulents abound at the Ruth Bancroft Garden in Walnut Creek, CA Bottom photo: Agaves, aloes and giant clam shells in Lotusland, a world-renowned garden

Photos by Stephen G. Pategas/Hortus Oasis

#### **JOIN US!**

Join us for a seductive program about succulents – "Sexy Succulents" at Harry P. Leu Gardens on Wednesday May 17th from 6:30-8:30 p.m. To register, call 407.246.3621 or visit www.leugardens.org/classes/.

Hortus Oasis (FL26000315) in Winter Park is a boutique garden design company specializing in residential, commercial and specialty gardens. Stephen is a registered landscape architect and Kristin is a certified landscape designer. Contact them at 407-622-4886/garden@hortusoasis.com



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### pop culture detours by George McGowan

### A Mess Of Thoughts On Recent Pop Culture Goings On

So many thoughts form and then flitter away when it comes to write another column. So, rather than form them into a cohesive whole, maybe it is time for a good-old "data dump." First, the latest on the TV. I love The Leftovers on HBO which is on its last season. There is so much to recommend this series, but foremost in my mind at the moment is the acting of Carrie Coon. She is wonderful and beguiling as Nora Durst, a woman who suffers stoically and when she has had enough, acts out in the most interesting and outlandish ways! Tune in to see what I mean - no spoilers here. I also love Better Call Saul on AMC. Each episode feels like a movie. The attention to detail in crafting the story, the time taken to develop the story, and the inspired use of the wonderful scenery of both City of Albuquerque and its natural environs are something you just don't expect from a TV show. Also - there are a couple of intrigu-

on NBC from the mind of Tracey Wigfield, an Emmy winning writer of 30 Rock; and Mary Kills People on Lifetime which looks to be a mash-up of Weeds and Nurse Jackie. I plan to check them both out.

Now, how about some music ideas? For those of the most adventurous out there, the latest album from rapper Kendrick Lamar is outstanding. He is truly a poet working to tell tales about his experiences in the context of living in America at this moment in time. His song XXX features a notable collaboration with U2 - notable because it isn't just a stunt, it is a fine commentary on his storytelling. Other than K-Dot, I have been re-listening to a lot of Talking Heads. I will fight anyone who doesn't agree than

Tina Weymouth is one of the

best bass players of all time. From the beginning she was the band's secret weapon, and most especially starting with their second album

with the crazy title More Songs About Buildings Food. first

in the mix and caused the music to basically force people to throw off their headphones, crank up the speakers and dance. Not that I actually did that or

Finally – a couple of books for you to consider, each notable and each related to pop culture: TV (the Book) by Alan Sepinwall and Matt Zoller Seitz in which the authors debate the Greatest American TV Shows of all Time; and Life Moves Pretty Fast by Hadley Freeman who writes about the lessons learned from the best movies of the 1980s. Both are quick and easy reads which argue for the importance of pop culture as a means to better understand our world and our place in it.

and This album, the produced by Brian ALAN SEPINWALL and MATT ZOLLER SEITZ E n omoved Tina's bass forward anything of the sort!



Pictured far left, Carrie Coon from HBO's The Leftovers. Andrea Martin from

### theater in the parks by Barbara Solomon

MAY 16-29, 2017

### Fringe Is Busting Out All Over

165 shows. Here are some of the ones I Fringe staple. wish I could see. Unfortunately, I can't because I'll be out in the beer tent selling vintage and maybe drinking a beer or two.

The dancing bananas are adorable in Smack, led by the ever-popular Brandon Roberts, who is also a

tile). Phantasmagoria includes dance with storytelling, and I love when Dion and Mila dance. Varie-TEASE: Haunted also has a storyline this year which looked very interesting. Not too many musicals

to speak of, but an overload of burlesque; I would choose Cabaret on the Rocks with their live music.

Two cabarets I'd love to see are Ned Wilkerson's Firing My Bass Teacher and Mickey Lehman's Everything I Need to Know I Learned from Ethel Merman. And I was awed like that. by Jose Navarro playing his electric violin in *Alignment*. As well as John DeHaas' Psycho Mode, set to the 80s music of Depeche Mode. I cannot leave out Mark Barratelli's hysterical Judy Garland: Stuck in a

And it literally is busting out, with Bear Trap With Nothing to Wear, a

There are several dramatic shows definitely worth seeing. Believe it or not, Michael Wanzie has a meaningful piece called *Wanzie with a Z*. This resonated with me because I was a drama teacher in my salad days. Leesa Castaneda's La Reina Yolanda goldfish in Go Fish (he's very versa- is a strong autobiographical piece

> about her mother's battle with Alzheimer's. The Queen of the Fringe, Beth Marshall, is presenting *Commencement,* about the Virginia tragedy. Another social commentary is Trading Soles, which deals

with two very different life styles.

In a class by itself is Titus Andronicus Holiday Special. This takes Shakespeare's bloodiest play and transforms it into a 70s TV holidaystyle special. Count on Al Pergande to come up with something weird

Fringe runs May 16 through Memorial Day in Loch Haven Park, Princeton Avenue. Come find me in the beer tent and tell me what shows you like so I can pass on the good word!



### theater in the parks by Barbara Solomon

### **Dramatic Art**

Who says theatre and art can't mix? Certainly not Brad Biggs, for he has curated a show downtown at City Arts called "Theatrix." Notwithstanding my favorite theme, this is his best show to date.

My favorite pieces in the show were "3DCD" painted by Bonnie Sprung. The bold colors and 3D collage design grab you. Each showcas-

es the work, along with a portrait, of famous stars - DeNiro, Whoopi, and Louis Armstrong.

Two of my other faves, T. Scott Frazier and Parker Sketch, were back again this year. Scott's heavy brush strokes in pinks and reds made "Dawn of a Warrior's Duty" mesmerizing. He is currently experimenting with alcohol ink, which gives a water-

color feel to the muted colors in "Marilyn." Parker Sketch's "Black Rose" also develops character with brush strokes.

Several promising artists are new to the show. I was captivated by the works of Ivaldo Robles, and hope to see more of his innovations in the future. "Beethoven's Moonlight Sonata" is a creative combination of glass and canvas. And the dynamic "Creation" places lacquer over oil for a big bang feel. Antonio Cruz presents realist art in "Cracks in Time" from Dante's Divine

Comedy. Last, but not least, I was charmed by the classical quality of Michelle Sembakski's "Juliet" — her brush strokes made Juliet's robe seem alive.

The show continues through May 13 at City Arts Gallery, corner of Pine and Orange, downtown Orlando.

### schools



In the afternoon of the second Sunday of each month, AFGO holds its monthly picnic at Mead Botanical Garden in Winter Park. This potluck picnic is followed by a "pétanque" ball game, the French equivalent of the Italian "bocci" game. This event is open to both

AFGO members and non-members.

On April 9, we held our Spring Grand Picnic. For that special event, our association provided a great food, offered a nice raffle and organized a formal "pétanque" tournament with prizes. About 70 people attended and had a lot of fun.

Our next regular potluck picnic will take place on May 14, starting at 12:30, at Mead Garden, as usual.





Top photo, people enjoying the Spring Grand Picnic. Below, the game "pétanque" is explained.



# Aloma Elementary PRINCIPAL JENNIFER K. SANDERS

This month there are a lot of exciting accomplishments being celebrated as we wrap up this 2016-2017 school year. Here are some great Aloma students we celebrated this month! Congratulations to:

#### Dreamer and Doer- Alana Ingersoll

Watch a video about Alana's project here: http://www.clickorlando. com/news/investigators/youngentrepreneurs-business-encouragesfitness-and-health

**Outstanding Achiever: Angela Sony** Spirit of Excellence: Jessica Arias **Kiwanis Outstanding Student:** Alexandria Garrison

We are proud to share that the artwork of Sekaiyah Alexander and Joycelyn Streater was selected for display at the Orlando International Airport!

Aloma Elementary has also partnered with China next year to continue our Global Studies program.

Please make a note of these May events:

May 5th: Kindergarten Registration Begins 9:30 a.m.-2:30 p.m.

May 24th: PTA Skating Party May 29th: Labor Day Holiday-No School

May 31st: Last Day of School

On behalf of Aloma Elementary, we wanted to thank the Winter Park Community for their support this school year. We hope everyone has a safe summer vacation and don't forget to read, read, read!



Calling all Kindergarteners! Wipe away those tears, parents, the time has come for your little one to register for kindergarten for the 2017-2018 school year! Audubon Park Elementary will be holding a Kindergarten Orientation Pancake Breakfast on May 19 at 9:15 a.m. in the APE café. During this orientation, parents will get important information about the school and specifically about kindergarten. Students will get to enjoy delicious pancakes

and experience our cafeteria line. Students and parents will also get to visit current kindergarten classrooms to see what it's all about. We hope you and your little ones can make it!

For any new incoming families of any grade level, we will also be holding a New Parent Orientation. This event is put on by our school PTA to encourage new families to get involved with all that Audubon Park has to offer. It is an informational presentation where families will get basic school information and will also have the opportunity to get additional information about specific grade level curriculum. All families are welcome to attend. The orientation will be held on May 9 at 6:00 p.m. in the APE café. We hope to see you there!



On Saturday, April 1st, Brookshire's PTA hosted the spring carnival. The carnival was a huge success as it was well attended by Brookshire families and other community members who don't attend Brookshire, but came to have a good time. The carnival offered parents and teachers a chance to come together in fellowship outside of the school day.

On Saturday, April 15th, elementary school from across Orlando will send small student teams to Lake Nona High School to compete in the Science Olympiad. Science Olympiad consists of different events related to biology, earth science, chemistry, physics, technology and more. Students complete in 2-4 person teams against other schools. More than 100 schools are expected to participate in the competition. Brookshire's students have been working hard getting ready for the competition. We know that the students of Brookshire will represent the school and the community well!



SCHOOLS 14 The Park Press | MAY 2017

### schools



One of our outstanding Lakemont students, Dylan Frew, was selected by AAA as Florida's Safety Patroller of the Year representative. The Auto Club Group recognizes the responsibility and leadership of the brave students who regulate the safe movement of their peers, to and from school, nationwide. The AAA School Safety Patrol program now includes more than 654,000 Patrollers in U.S. schools.

Dylan was chosen because he exemplifies leadership qualities and performs his duties effectively and responsibly without incident. Dylan submitted an essay expressing his feelings regarding his Patrol experience. He was selected based on his submission.

To honor his exemplary service, Universal Orlando & AAA host the AAA School Safety Patrol Breakfast Reception on May 5. Dylan, along with some of his Safety Patrol friends, will enjoy breakfast at Jimmy Buffett's Margaritaville, followed by the Patroller of the Year award presentation, and special prizes from AAA and Universal Orlando! Lakemont is very appreciative of the hard work and dedication of all of our school safety patrols, and extremely proud of Dylan Frew for this outstanding honor.



Congratulations to Dylan Frew, winner of AAA's Florida's Safety Patroller of the Year representative.



St. Charles Borromeo Catholic School held the annual induction of middle school candidates for their chapter of National Junior Honor Society (NJHS) in March. There were 24 new applicants from the sixth, seventh, and eighth grades who were inducted following the All School Mass. Based on a rigorous screening criteria that included unweighted GPAs of 3.5 and higher, students were invited to apply. The application required the nominated students to list all past leadership and service experiences. They also had to write an essay explaining how they exemplify the five key NJHS criteria scholarship, service, citizenship, leadership, and character.

Throughout the year, NJHS students will serve the school and their community in various service projects. The first volunteer opportunity was a field trip to Second Harvest Food Bank where the students helped bag nine tons of onions (18,000 pounds!) which



National Junior Honor Society students volunteered at the Second Harvest Food Bank in Orlando.

will be distributed to those in need. Current middle school students will continue in the Society alongside the new members for a total of 45 members in the SCBCS chapter. We are so proud of all the students who applied and look forward to watching them excel.

### 🥁 Winter Park High School PRINCIPAL TIM SMITH

Winter Park High School is proud to announce the Valedictorians (perfect 4.0 grade point average) and Salutatorian of the Class of 2017! Congratulations to the following students for this superb accomplishment.

### **VALEDICTORIANS**

KATHRYN ABELY PATRICIA ABELY CARLY AUERBACH SARA BARTLETT EMMA BISHOP **EVERETT CHRISTIAN** JULIA FINFROCK ANSLEY FLEMING LAWSON HEFLER HANA HERNDON RYAN KAINZ **ALEXIS KIDD** MADELYN KIDD COURTNEY LARSON KEVIN LI **BIJAL MEHTA** REBECCA MICHEL SASHA MOORE ANNA MYERS TAYLOR PEARSON KENNEDY RAND **NICOLE SARNA** MADELINE SCHMITT **EMILY SEDWICK** MILAN SHAH **ANNA STELTENKAMP JULIA STORY JUDIN THOMAS** STUART THOMAS **IOLANDA WEIDGENANT BROOKE WORTHINGTON** 

#### **SALUTATORIAN**

KENDALL JOSEPH



### Winter Park Presbyterian PreSchool

Our annual Spring Fling Fun Fair was a wonderful family-oriented community event.

Children of all ages enjoyed bounce houses, train rides, face painting, a balloon artist, cupcake walk, book fair and classrooms full of activities. We had a knights and princesses fantasy room with castles, STEM room, sensory room, and arts and crafts room.

Lunch was provided by Chick-fil-A. Their cow even stopped by and rode our train!

Adults had fun bidding on over 100 silent auction items, and joining in the activities with their children. A good time was had by all!

Pictured below, Winter Park Presbyterian kids having fun at the annual Spring Fling Fun Fair.







#### From Page 8.

In closing, we live in a new age where most the time we spend is in front of some type of digital device. And that device most likely has sensitive information about our lives that cyber criminals would like to have and we must protect. A good spring cleaning and de-clutter will decrease your risk of cyber-attacks and give you some peace of mind to worry less and sleep better! Wishing everyone a safe and secure spring cleaning season!

#### Sources:

- http://www.telegraph.co.uk/news/health/alternative-medicine/3354156/Health-Why-a-spring-clean-is-good-for-you.html
- file:///C:/Users/ron/Downloads/Digital%20Spring%20Cleaning%20Checklist%20(1).pdf
- https://www.itnews.com.au/news/the-human-factor-the-untold-impact-of-data-breaches-419522/page2
- https://staysafeonline.org/stay-safe-online/resources/digital-spring-cleaning-checklist

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# COMMUNITY CALENDAR

#### Audubon Park Garden District Events

#### **Ongoing Events**

**Every Monday night Community Market** – 6:00 to 10:00 p.m. at Stardust Coffee parking lot located at 1842 E. Winter Park Rd. For information call 407-590-8776.

### Baldwin Park, College Park and Orlando Area Events

#### **Ongoing Events**

Every Monday and Friday Plant Clinics - 8:00 a.m. to noon and 1;00 to 5:00 p.m. at the UF/IFAS Extension Orange County, located at 6021 S. Conway Rd. For more information, please call 407-254-9200 or visit http://orange.ifas.ufl.edu/res\_hort/.

**Every Monday Smarty Pants** - 10:15 a.m. storytime for children ages birth-5 years at the Edgewater Branch Library located at 5049 Edgewater Dr. For more information call 407-835-7323.

**Every Wednesday Mills50 MidWeek Group Runs** – 6:00 p.m. at Track Shack located at 1104 N. Mills Avenue. This event is free to runners of all abilities. For more information, please visit www.TrackShack.com.

**Every Wednesday Belles and Beaus Dance Club** has dances every Wednesday (except November 23) from 7:00 to 9:30 p.m. at the Marks Street Recreation Complex located at 99 E. Marks Street. Join in for an evening of fun and dancing to music by the Soft Touch band. Refreshments are available. Singles and couples are welcome. Cost: \$5.00 per person. For more information please call 407-277-7008.

**Every Thursday College Park Farmers' Market** – 5:00 to 9:00 p.m. located at 1600 Edgewater Dr. For information call 407-999-5251.

# Every Friday Your Adult Club Socials (Y.A.C.S.) Dance - 7:00 p.m. to 9:30 p.m. at the Marks Street Recreation Center, 99 E. Marks St., Orlando, FL. Admission is \$4.00 for members and \$5.00 for guests. Dress

is \$4.00 for members and \$5.00 for guests. Dress code of no jeans, tennis shoes, or tee-shirts. Singles and couples are welcome. For more information, please call Joan at 407-339-5393.

**Every Sunday Downtown Orlando Farmers' Market** – 10:00 a.m. to 4:00 p.m. at Lake Eola. For more information call 407-246-3625.

Monday - Friday Each Week Seniors' Program in College Park – 9:00 a.m. to 1:00 p.m. at the College Park Community Center located at 2393 Elizabeth St. For information call 407-246-4361.

First Friday of Each Month (January - June 2017) Baldwin Park First Fridays - 5:30 to 9:30 p.m. along New Broad Street. This monthly sidewalk art stroll and festival is free and open to the public.

First Friday of Each Month The Art Stroll of Ivanhoe Village – 6:00 to 9:00 p.m. on Orange Ave. between Princeton and New Hampshire.

May 4 The Orange County Retired Educators Meeting - 12 noon at the College Park United Methodist Church, 644 W. Princeton St. Spring luncheon at \$14 per person, and reservations are necessary. Anyone who has worked in education is invited to join. For more information, please call 407-677-0446.

May 26 PechaKucha Night Orlando v20 – Shows at 6:00 p.m. and 9:00 p.m. at the Dr. Phillips Center for the Performing Arts located at 445 S. Magnolia Ave. "Unwrapping the brilliance of Orlando" through personal stores told in the internationally famous PechaKucha format: 20 slides x 20 seconds. It's a format that keeps the presentations moving and the audience engaged. Presenters include Jill Shargaa, Billy Manes, Catherine Welch, Anna Eskamani and others. Tickets available at https://www.drphillipscenter.org/shows-and-events/Shows-Events/variety-pacc/201575-pechakuchanight-orlando-v20.stml.

#### **Maitland Events**

#### Ongoing Events

Every Sunday Maitland Farmers' Market at Lake Lily.

**Every Thursday Healthy Maitland Walk** 6:30 a.m.; **Babytime** 10:30 to -11:30 a.m. and **Adventures w/Books Club** 2:30 to 4:30 p.m. at the Maitland Public Library.

May 13 Baby Owl Shower - 10:00 a.m. to 2:00 p.m. at

the Audubon Center for Birds of Prey located at 1101 Audubon Way. Admission to the Center that day is free if you bring a "baby gift" that is used in caring for these young birds. Contact the Center for additional details 407-644-0190 and download the official "wish list" by visiting http://fl.audubon.org or http://fl.audubon.org/baby-owl-shower.

#### **Winter Park Events**

#### **Ongoing Events**

Mondays through Fridays (June 5 to August 11) Summer Camp at the Winter Park Community Center – Grades 1-5, and space is limited. Junior counselor positions for grades 9-12 are also available. For more information, and to register, please visit www.cityofwinterpark.org.

**Every Tuesday and Thursday "Hands-on Gardening"** 9:30 a.m. - Noon at the Albin Polasek Museum and Sculpture Gardens. For more information regarding this free year-round event please call 407-647-6294.

Every Tuesday, Friday and Saturday Winter Park Benefit Shop – The shop is located at 140 West Lyman Avenue and is open from 9:30 a.m. - 1:00 p.m. on Tuesdays and Fridays, and from 10:00 a.m. - 1:00 p.m. on Saturdays. Donate or purchase clothing, bedding, jewelry, kitchenware and more. Proceeds benefit various children's programs and the local branch of Orlando Blind. For more information please call 407-647-8276.

**Every Tuesday and Thursday Curator Tours of Louis Comfort Tiffany's Laurelton Hall** – Curator tours of Louis Comfort Tiffany's Laurelton Hall at 11:00 a.m. and 2:30 p.m. at the Charles Hosmer Morse Museum of American Art located at 445 N. Park Ave. Space is limited and free with museum admission. To learn more about this event with Curator Donna Climenhage please call 407-645-5311 or visit www.morsemuseum.org.

**Every Wednesday Plant Clinic** – 3:00 to 5:00 p.m. at Harry P. Leu Gardens, 1920 N. Forest Ave. For more information, please call 407-254-9200 or visit http://orange.ifas.ufl.edu/res\_hort/.

**Every Thursday "Walk With A Doc"** – Enjoy a rejuvenating 45-minute walk with Florida Hospital physicians. This free event is held at 6:00 p.m. at the Crosby YMCA. For more information, or to reserve your spot, please call 407-644-2300.

**Every Friday (November - April) Free Friday Nights At The Morse** – 4:00 to 8:00 p.m. at the Morse Museum located at 445 N. Park Avenue. This event includes live music, curator tours and art demonstrations. For more information, please call 407-645-5311, or visit www.morsemuseum.org.

**Every Saturday Winter Park Farmers' Market** – 7:00 a.m. to 1:00 p.m.

Every Saturday (March 4 through April 29) Winter Park Blooms - Keep Winter Park Beautiful and Sustainable, will once again be selling a wide assortment of caladium bulbs at the Winter Park Farmers' Market during months of March and April. The funds are used for Winter Park beautification projects and to host the America in Bloom judges that will evaluate Winter Park in late April for the fourth consecutive year. For more information, please call 407-622-4886.

**Every Saturday and Sunday Line Dance Class** – 10:00 a.m. Saturday for experienced dancers, and 3:00 p.m. Sunday for beginners at the Winter Park Community Center located at 721 W. New England Avenue. Enjoy music, make new friends, and get some fun exercise at the same time! For more information please call 407-592-7835.

**Every Sunday Winter Park Running Group**–7:00 at Park Avenue and Welbourne. New participants are welcome to join. For more information, please email jackgallagher@gmail.com.

**Every Sunday Music at the Casa** – This free event featuring professional musicians and performers is hosted at Casa Feliz every Sunday from noon – 3:00 p.m. For more information call 407-628-8200 ext. 3 or visit www.casafeliz.us.

**May 4 & 5 Spring Clean-up** – Households north of Fairbanks/Aloma Avenues. For more information, please visit cityofwinterpark.org.

May 6 & 7 Sunday Inaugural Winter Park Amateur Golf Championship – To register, please contact the Winter Park Golf Course at 407-599-3419. Registration will close at 5:00 p.m. on Friday, April 28.

**May 11 Stroke Awareness Event** – 9:00 a.m. to 8:00 p.m. at the Albin Polasek Museum & Sculpture Gardens

### **MAY HIGHLIGHT**



PechaKucha Night v20 - Friday, May 26 at the Alexis & Jim Pugh Theater in the Dr. Phillips Center for the Performing Arts. Shows are 6 p.m. and 9 p.m. For more information or to buy tickets, visit www.drphillipscenter.org

located at 633 Osceola Avenue. This day-long event includes various events that include discounted health screenings, art therapy, sculpture tour, and a documentary film screening. For more information, please visit www.polasek.org.

**May 11 & 12 Spring Cleanup** – Households south of Fairbanks/Aloma Avenues. For more information, please visit cityofwinterpark.org.

May 12 Hannibal Square Heritage Center 10th Anniversary Celebration – 5:30 p.m. at the Winter Park Community Center located at 721 W. New England Ave. For more information, please visit hannibalsquare-heritagecenter.org.

May 13 "Don't Pitch It, Fix It" – noon to 4:00 p.m. at the Winter Park Public Library located at 460 E. New England Avenue. Items that may be considered for fixing or swapping include clothing, eye glasses, bicycles, furniture, electronics, tools, fishing poles and much more. Services are subject to change or increase. Please call f407-623-3300, ext. 122 for complete list.

May 16 The League of Women Voters Orange County, the largest LWV chapter in the country, presents its semiannual New Members Orientation Session – 6:00 p.m. at the Winter Park Community Center, 721 E. New England Ave., Winter Park 32789. Wine and snacks will be served, and both women and men are invited. Admission is free. For more information, please call 407-599-3275.

**May 16 Dealing With Life After Menopause** – 6:00 p.m. at the Winter Park Memorial Hospital Medical Library located at 1925 Mizell Avenue. This event features Dr. Steven McCarus. To register for this free event, please call 407-303-1700.

**May 17 "Sexy Succulents"** – 6:30 to 8:30 p.m. at Harry P. Leu Gardens. To register, please call 407-246-3621 or visit www.leugardens.org/classes/.

May 23 "Tools and Behaviors" – 5:30 to 7:30 p.m. at the Winter Park Memorial Hospital Library located at 1925 Mizell Avenue. Guest speaker: Julie Shatzer, MSW, LCSW, Alzheimer's Association. Space is limited, and RSVP is required by calling 407-636-7563 or emailing caregivercollege.winterpark@visitingangels.com

July 4 Watermelon 5k – 7:00 a.m. at 251 Park Avenue. Start your Independence Day the right way with a 5k! Join friends, family and neighbors for a morning celebration featuring ice cold watermelon and American pride. To register, please visit www.trackshack.com





**Orange County Tax Collector Scott Randolph Announces** 

## **ONLINE TAX CERTIFICATE SALE**

May 31, 2017 at 8:00 am at orangefl.realtaxlien.com



#### **About the Tax Certificate Sale**

Tax sale information and the advertising list are available at **octaxcol.com.** Lists will be published on May 4 (tangible property), May 11 (real property), May 18 (real property) and May 25 (real property). To register and participate in the auction for Tax Certificates, visit **orangefl.realtaxlien.com.** For anyone without access to the internet, call (407) 836-2701 to schedule an appointment. For more information, call our Property Tax Department at (407) 836-2700.

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**Orange County Tax Collector Scott Randolph** | *Independently Elected to Serve You*