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## Halloween Run/Walk To Benefit Pet Alliance Of Greater Orlando

Track Shack together with Run With Character is helping Garfield, the world's most famous non-runner, celebrate turning 40 with a 4.0k (2.5 miles) run and walk. Track Shack's Garfield Halloween Run/Walk is Sunday, October 14 in downtown Baldwin Park and benefits the Pet Alliance of Greater Orlando.

Starting at Harbor Park, people of all ages will enjoy this Halloween Run/Walk with a course around Lake Baldwin. Nothing spooky at this Garfield-themed, family friendly event featuring a kids' run, costume contest (for people and

pets), trick or treating, plus a bounce house and face painters.

Participants in the 2.5 mile run/walk receive a t-shirt and finisher medal. Little ones in the free Kids' Run receive a cape and finisher ribbon. Event participation is limited to 1500 runners and walkers and 150 kids. This event and the Garfield Halloween Virtual Run is in association with Run With Character, a producer of virtual runs. A virtual run gives runners/walkers the option to participate anyplace and anytime. Participants receive the associated amenities such as

a medal and t-shirt and can run at the place and time of one's choosing.

Appropriately, Garfield's Halloween Run/ Walk will benefit the Pet Alliance of Greater Orlando. "Their absolute dedication to helping pets and people find each other and stay together makes the Pet Alliance of Greater Orlando a perfect beneficiary and partnering organization for this event," says Jon Hughes, co-owner of Track Shack.

For more information, to volunteer or register, run to TrackShack.com.



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## The Park Press

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## Publisher's Message



Fall is now in full swing which means the beginning of some of the best seasonal climate in all the world. Afternoon thunderstorms subside, as well as the level of relative humidity. And of course, event planners

have long known that if you plan outside events this time of year in Florida, the people will come, as it comfortable to be out and about. This is quite simply my favorite time of year!

I kindly ask that you pay extra attention to Commissioner Stuart's message, and our Calendar of Events, and consider planning your schedules for some fun and enjoyment now. Many of the events this month are free and family-friendly, and several are also long-standing traditions within our community. They run the gamut from the 45th Annual Winter Park Autumn Art Festival on October 13th and 14th, to a moonlight cemetery stroll and history tour on October 26th at the gravesites of Orlando's founding families. The events in October really do offer a little something for everyone.

I also know how important this time of year is for all our local business owners, therefore *The Park Press* is very proud to be a long-time sponsor and promoter of many of these community events. As always, please



This year's Winter Park Autumn Art Festival Poster was created by artist Irina Kovanacka Ashcraft. The show runs from Saturday October 13 to Sunday October 14 in Central Park.

give our advertisers consideration for your business during this all-important time of the year. Not only are they our friends and neighbors, but they also come together to support the "positive news that matters," and for this we are thankful.

As always, thank you for reading *The Park Press*, and we look forward to the great things to come!

**Rick**Rick Cable
Founder/Owner

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# Earth into Art— THE FLOWERING OF AMERICAN ART POTTERY



#### Opens October 16

Selections from the Morse collection that provide a window onto American achievements in art pottery in the late 19th century, including the industry's roots in Ohio and the key contributions of women.



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## City Commissioner's Message Commissioner Robert F. Stuart, City of Orlando District 3



Robert F. Stuart

In the spirit fall count-downs... college football rankings (Go Knights!), the season's new shows, or most popular Halloween costumes, I wanted to give you a top ten list of upcoming events and projects taking place in our great City.

Here we go (in no particular order):

- With October being Breast Cancer Awareness month, Florida Hospital has wrapped one Lake Eola swan boat out of eight pink for the month of October to represent the one in eight women who will be diagnosed with breast cancer during their lifetime. Since early detection is key to breast cancer treatment, throughout October Florida Hospital is offering mammograms for \$30 in 30 minutes without a physician's referral at 13 Central Florida locations. To learn more or to make your appointment, visit PinkOut.com.
- If you enjoy College Football, Florida Citrus Sports hosts their annual Feast on the 50 event at Camping World Stadium on the evening of Thursday, October 18th. Enjoy an evening celebrating college football in our community and the economic impact our bowl games have on our city. It is a night of fun, family and fireworks. Visit floridacitrussports.com for details.
- What better month than October to head downtown to our City's **Greenwood Cemetery** for a moonlight historical walking tour? This

monthly tour takes place in October on the 26th at 8 p.m. The event is free, but sponsored by a different charity to which you are welcome to make donations. You also must register as it fills up quickly; registration normally opens two weeks in advance of the tour. Visit greenwood-cemetery.net for more information.

- October has great events and all that jazz. On October 13th beginning at 7 p.m. is the Leu Gardens Jazz and Blues Stroll, a night of great music in a gorgeous setting. Visit leugardens.org for ticket information and this year's line-up of bands. Then on November 3rd from 6-11 p.m., join us in College Park along Edgewater Drive for the annual College Park JazzFest. This wonderful neighborhood tradition, has turned into a can't-miss event. With multiple stages, and nationally-recognized performers, this year's event is gearing up to be another unforgettable evening. Check out collegeparkpartnership.com for all of the details.
- Enjoy some relaxation at the Mennello Museum on the last Sunday of every month. On October 28th at 9 a.m., enjoy yoga in the sculpture garden. Following the class, your practice includes a complimentary admission to the museum's indoor exhibitions for the rest of the day. Visit mennellomuseum.org for details.
- Did you know our city has a wonderful pottery studio that is open to the public and hosts many different kinds of unique events? One of those is a Friday night date night, beginning at 7 p.m. Sip wine and enjoy some delicious desserts

while creating your clay sculptures. Visit cityofor-lando.net/recreation/pottery-studio for all of the details about this fun activity.

- As the weather cools down, what better way to spend a morning or afternoon than by playing golf for a good cause? On Friday, October 26th, support our Orlando After School All Stars by playing in their charity golf tournament being held at Grand Cypress Golf Club. This important year-round program provides comprehensive youth development for our city's middle school population and serves more than 2,600 students and their families annually. For details, please visit orlandoasas.org. Then on Friday, November 2nd, join our City of Orlando Recreation Department for their annual Where the Fun Starts Golf Tournament, taking place at our Historic **Dubsdread golf course**. All proceeds from this fun tournament benefit the City's Community and Youth Trust, which provides athletic and academic opportunities to our school-aged youth. For more details, visit cityoforlando.net/recreation.
- As we all gear up for Veterans' Day in November, please join us for our parade downtown on November 10th at 11 a.m. This year's parade celebrates all of our veterans, with a special emphasis on some great men who earned the Purple Heart commendation. Also, this year's parade will be televised on My65.

As always, thanks for your support of our Great City and please be safe this Halloween and all month long!



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**NEWS** The Park Press | OCTOBER 2018



## Winter Park Mayor's Message

to play, compete, and enjoy

Mayor Steve Leary



Winter Park Tennis Center Celebrates Grand Reopening

We are thrilled to an- It is a fun sport for all ages that combines many nounce the reopening of the elements of tennis, badminton, and ping-pong, all Winter Park Tennis Center, in one game. located at 1075 Azalea Lane. The new tennis center will be managed by the Our tennis center has ofcity's Parks & Recreation Department and High fered the community a place Performance Sports Management will provide

> For more details about the newly renovated center, please visit cityofwinterpark.org/tennis.

tennis programming and instruction.

To schedule a reservation please call the pro shop at 407-599-3445.

For more information regarding the City of Winter Park, please visit the city's official website at cityofwinterpark.org. Like, follow and watch the city's Parks & Recreation Department on Facebook, Twitter, Instagram, Vimeo, and YouTube.

Pictured below: pickleball players enjoying a game of doubles.



renovations include:

• Eight newly-constructed hard courts

tennis for the past 94 years. Some of the extensive

- New pro shop and check-in area
- Updated locker rooms and restrooms
- New LED lighting
- Addition of brick pavers and new sidewalks
- Enhanced landscaping
- Installation of a new fence and custom-de signed windscreen
- Shaded bleachers and patio spaces for a more enjoyable spectator experience

Tennis players will also now able to play on the city's first outdoor pickleball court, a sport that previously only could be played indoors at the

Winter Park Community Center. One of the fastest growing recreational sports in America, pickelball is very similar to tennis but a

paddle is used instead of a racquet and a plastic ball with holes replaces the traditional tennis ball.



Photo: AARF



## protection and service by Winter Park Police Department

### **Boo To You**

This time of year can definitely be scary, pumpkin spice flavored everything and Christmas decorations in the big box stores. Although Halloween garners all of the notoriety for the month, there are many other noteworthy things to celebrate. For instance, did you know that October is also National Pickled Peppers Month as well as National Adopt a Shelter Dog Month and anyone who has a sweet tooth probably already knows that it is also National Dessert Month but the one thing that no one ever

wants to celebrate is being scammed! It seems that once one type of scam fades away, another one replaces it. As a general rule, no legitimate government entity will ever ask you for payment in the form of a "gift" card, "Vanilla" (those cards that you buy at grocery/drug stores in fixed amounts) credit cards, or big box store (Target, Walmart, Best Buy) gift cards. Also, the Internal Revenue Service

will not contact you, out of the blue, to inform you that you are so delinquent in your tax payments that a warrant has been issued for your arrest unless you pay them

over the phone with a credit card, yet we continually hear of residents who have fallen victim to one of these scams.

Additionally, if you have never played the lottery, chances are you didn't win; and no company "goes out of business" and out of the goodness of their heart contacts people who may or may not of contracted business with them to "offer them a refund" as long as you provide them your checking account number!

Yes, October can be scary and lots of fun but the only thing you should be giving away are sweet treats to the little ghosts and goblins who are at your front door on the 31st. In the meantime, I will be enjoying my pumpkin-spiced bologna while I celebrate National Sarcasm Month.



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## Orlando Joins Recycle Across America Campaign

Mayor Buddy Dyer and the City of Orlando have made a commitment to be one of the greenest cities in the U.S. The city has begun implementing the Recycle Across America (RAA) nonprofit society-wide standardized labels on public recycling bins. Inconsistent and often ineffective labels on bins throughout the U.S. have caused public confusion with recycling and resulted in millions of tons of garbage being thrown in recycling bins each year, which has subsequently caused China to stop purchasing U.S. recyclables. In turn, this has caused a collapse in U.S. recycling.

RAA is a 501(c)(3) nonprofit organization that created the society-wide standardized labels for recycling bins to solve the chronic public confusion and subsequent contamination crisis with recycling. The standardized labels are now displayed on recycling bins at Orlando's International Airport, public K-12 schools, hospitals, universities, city parks and on street corners. Local businesses such as Whole Foods Markets are also beginning to implement the standardized labels on their recycling bins in public and/or employee areas.

To date, there are nearly nine million standardized labels displayed on recycling bins throughout the U.S., which often prove to double and triple recycling levels and significantly reduce or eliminate garbage being thrown in recycling bins. In turn, the standardized labels help reduce the cost of processing the recyclables and allow manufacturers in many industries to have access to high quality recycled commodities at competitive prices, thereby preventing the depletion of finite natural resources. "We are thrilled to have the City of Orlando join the standardized label solution. With a strong and progressive community that hosts more than 70 million



Orlando Mayor Buddy Dyer delivered the State of the City speech with an ode to the city with 60 reasons why it's loved by so many.

visitors from all over the world each year, Orlando intimately understands the importance of standardizations, which help make it easy for people to act on their good intentions. It's especially exciting to have Mayor Dyer be part of the national *Let's recycle* right! PSA campaign as well," said Mitch Hedlund, founder of Recycle Across America.

"We're proud that our residents, businesses and visitors are committed to recycling and reducing our city's contributions to the landfill," said Mayor Dyer. The mayor joined TV and film celebrities, Grammy award-winning musicians, athletes, and other government officials in the national *Let's recycle right!* public service announcement education campaign. The Let's TV commercials are currently playing on major networks including ABC, CBS, FOX and NBC in forty of the largest cities in the U.S. The PSA ads are also appearing on hundreds of Lamar digital billboards coast to coast and in print ads, as well. The campaign, created to reinvigorate the recycling culture in the U.S. and help people recycle properly, is the largest campaign dedicated to recycling in U.S. history.

For more information about RAA's standardized label initiative or its celebrity-led 'Let's Recycle Right' campaign, visit www.recycleacrossamerica.org.

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The Park Press | OCTOBER 2018 **NEWS** 

## Orange County Shines In National Solar Recognition Program

For its efforts in making solar power easier to obtain and more affordable for residents and businesses to install, Orange County Government has recently been awarded Gold-level recognition from the U.S. Department of Energy-sponsored program known as SolSmart.

SolSmart is a national nonprofit designation and technical assistance program that recognizes leading solar communities and empowers them to expand local solar markets. SolSmart strives to cut red tape, expand solar availability, and make it possible for more American homes and businesses to access solar energy to meet their electricity needs.

"We are thrilled that Orange County has been recognized for its commitment to streamline, and to help so many residents and business owners go solar," said Mayor Teresa Jacobs of Orange County. "Our successful solar co-ops are a testament to our dedication to sustainability, as well as the hard work and commitment of our staff. Florida's outlook is bright for solar and Orange County's solar co-ops are helping to lead the way."

To achieve this designation, Orange County has optimized its permitting process to speed approvals, provided specialized training to its plan reviewers and inspectors, and offer the convenience of on-line permitting. Solar permits are typically approved within 24 hours.

Orange County has also invested in the expansion of residential solar by teaming up with Solar United Neighbors of Florida and launching solar co-ops. This co-op model allows interested residents the opportunity to leverage significant savings in a bulk contract with solar providers. Its first solar co-op in the summer of 2016 had a record-setting 515 participants, and was the state's largest and most successful endeavor of its kind at that time. Of those households, 79 installed solar through the co-op, including Mayor Jacobs and her family.

Within the last two years, 2.2 mega-

watts of solar capacity have been installed on 235 homes around Orange County. That's a \$4.6 million dollar economic investment in Central Florida and a carbon offset of more than 86 million pounds.

These significant investments in permit streamlining and residential assistance through co-ops have allowed Orange County to be the first County in the state of Florida to receive Gold-level designation for its solar efforts.

To learn more about solar energy, visit the Orange County Solar and Clean Energy webpage at www.ocfl. net/solar or contact epd@ocfl.net or 407-836-1400.

## Morse Museum Opens Major American Art Pottery Exhibition

In a major new exhibition, the Charles Hosmer Morse Museum of American Art explores the origins of a U.S. art industry that won international recognition at the turn of the 20th century.

Earth into Art – The Flowering of American Art Pottery examines the roots of the industry in Ohio, the innovations in decoration and glazes, and the vital contributions of women.

"American Art Pottery is one of the country's great artistic successes," said Laurence J. Ruggiero, director of the Morse. "Beginning in the late 19th century, potters in the United States began to produce ceramics that rivaled those of the highly creative European firms that had dominated the field for centuries."

In its exhibition, the Morse turns a spotlight on America's art pottery pioneers in Cincinnati, many of whom were women, and presents more than 100 objects that reflect the technical and decorative imagination that led to this American achievement. Earth into Art is drawn from the Museum's extensive collection of pottery. Selections for the installation, which include several new acquisitions, show some of the shapes, glazes, themes, techniques, and finishing methods that were second to none in the world.

American Art Pottery was in peak demand from roughly 1876 to 1915. Sharing many of the values of the international Arts and Crafts movement-which was a response to industrialization and mass production these ceramic artists sought a return to work by hand, dignity of labor, and unity of design.

Their work, merging the fine and decorative arts, incorporated the avant-garde brush strokes of French Impressionism, the exoticism of Asian motifs like bamboo, realistic representations of plants and flowers, and-paying homage to a proud heritage- portraits of Native American leaders. To provide important art historical context for the exhibition, the Morse is reinstalling two adjacent galleries with new selections of Arts and Crafts and Art Nouveau objects from its collection.

The ascent of art pottery in the United States began with the 1876 Centennial International Exhibition in Philadelphia, which with its displays of fine French and Asian ceramics helped to ignite a virtual craze among American women for china painting—the decoration of blank porcelain. The leaders for the nascent industry came from this seedbed of passionate hobbyists.

China painting, at this pivotal postwar juncture in American history, was viewed as an acceptable vocation for women, and no two women were more important to the flowering of art pottery in America than the artists Mary Louise McLaughlin (1847-1939) and Maria Longworth Nichols (1849-1932).

McLaughlin, also an author, discovered through relentless experimentation a way to recreate the French underglaze technique that had so impressed her at the Centennial Exhibition. Her development of this technique, along

with her books, were foundational for the American industry. Nichols (later Storer), who was from a wealthy Cincinnati family, founded Rookwood Pottery (1880-1967), one of the largest and arguably the most famous of America's art potteries.

McLaughlin and Nichols had maintained workshops in the same commercial pottery until Nichols opened Rookwood. Able rivals, McLaughlin and Storer established Cincinnati as the center of the nation's art pottery industry through their talent, business acumen, and vision.

The Morse Museum is open 9:30 a.m. to 4 p.m. Tuesday through Saturday and 1 p.m. to 4 p.m., Sunday. From November through April, the galleries are open until 8 p.m. on Fridays. Admission is \$6 for adults, \$5 for seniors, \$1 for students, free for children under 12, and from November through April, free for all visitors after 4 p.m. on Fridays. For more information about the Morse, please visit www.morsemuseum.org.

## Southern Women's Show Announces Celebrity Guests

Mark your calendar for the Southern Women's Show, October 25 - 28. Returning for its 28th annual event, the show features four days of shopping, fashion shows, cooking demonstrations, health screenings, DIY workshops, makeovers and more.

Savannah Chrisley from USA's hit reality show Chrisley Knows Best will grace the Fashion and Entertainment Stage on Saturday, October 27. At just 19 Savannah became the youngest person to retail on HSN with her fashion line, Faith Over Fear, which hibit #614. The nail expert and serial entrepreneur is

debuted last fall. When she's not filming, Savannah uses her voice to advocate for Unlikely Heroes, a non-profit organization that works to save and rehabilitate victims of sex slavery. Fans will have a chance to meet Savannah and get the scoop on filming

Chrisley Knows Best, growing up under the watchful is in the final stages of completing eye of her father, and putting her career before love.

Keegan Allen from Freeform's Pretty Little Liars will be signing copies of his recently released book, "Hollywood: Photos and Stories from Foreverland." Keegan takes the Fashion and Entertainment Stage on Sunday, October 28. Keegan is a photographer whose first book, "life.love.beauty", was a national bestseller. His second book captures the beauty and glamour of Hollywood, revealing the city we see -

and the one we don't.

Manny Washington heats up the Cooking Stage on Thursday, October 25. Chef Manny, F.D. is both a Food Network Star season 14 Finalist and Cutthroat Kitchen Winner. Chef Manny incorporates his roots as a cook for Station 7 of the Orlando Fire Department to light up taste buds and leave hunger in smoke.

Dana Cody from Oxygen's Boss Nails and Bravo's Real Housewives of New York can be met at ex-

> owner of Tippie Toes Beauty Lounge, specializing in extravagant manicures and pedicures, based in Miami. Dana will be re-launching the

infamous Nails this fall and her first book.

The Southern Women's Show takes place 10:00 a.m. 7:00 p.m. on Thursday, Friday, Saturday and 10:00 a.m. - 5:00 p.m. on Sunday. General admission tickets are

\$12 for adults, \$10 for Seniors (55+), \$6 for youth (6-12), and free for children under six with a paying adult. VIP tickets for Savannah and Keegan's meet and greets can be purchased at https://southernshows.com/wor/tickets/. Advanced tickets can be purchased at Walgreens starting September 25 at a discounted rate of \$8 for adults.

The Southern Women's Show is proudly sponsored by Chevrolet, Little Black Dress Wines, Shipt, and Florida Dairy. The show is at the Orange County

> Convention Center in the North Concourse, Hall B. The address is 9400 Universal Blvd., Orlando, FL 32819.



Chrisley





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## Winter Park **Autumn Art Festival**

October 13-14, 2018

Poster Artist Irina Kovanacka Ashcraft

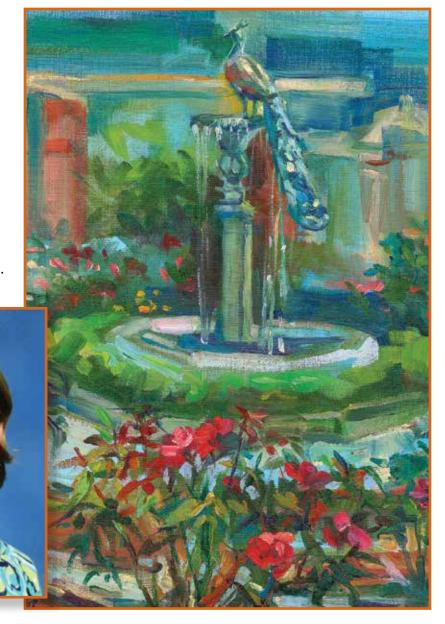
rina Kovnacka Ashcraft is an accomplished fine artist residing in Winter Springs, Florida. She is a native of Latvia, where she received her formal training in art. Irina came

to Central Florida in 1999, and she has since been presenting her work at several local and European galleries, festivals and art shows.

At the turn of the millennium, Irina enjoyed break out success as a prominent emerging fine artist on Sothebys.com, which led to collectors on five continents acquiring her work.

Working with oils, mixed media, and more, Irina loves to play with vibrant color, texture and movement. In addition to her professional artist's career, Irina also teaches art at the Trinity Preparatory school in Winter Park, FL, as well as workshops and private lessons to students of all ages.

Find out more and view Irina's work at www. artworkbyirina.com or follow her on Instagram @IrinaAsh.





**45th Annual Winter Park Autumn Art Festival** Saturday, October 13 and Sunday, October 14, 2018 251 S. Park Avenue, **Central Park in Downtown Winter Park** 

The festival is open from 9 a.m. to 5:00 p.m. on both days and admission is free.

#### ARTIST LISTED BY MEDIA

CERAMICS	B00TH #
Tim Peters	3
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Beth Garcia	24
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Douglas Bringle	76
Harry Welsch	81
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Thoraine Loyd	155
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John Kellum	175
Ana Varela	183

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Orit Reuben 14	Cherie Bosela

<b>DRAWINGS &amp; GRAPHICS</b>	
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Sandy Lent79	Lynn Hardesty77
John Williams80	Chris Carlson96
Roy McLeod82	Patricio Ferreira100

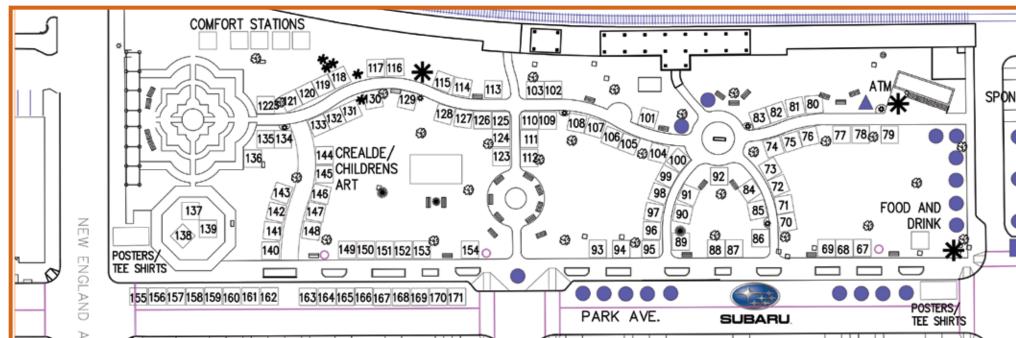
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## **Festival Map**



#### WINTER PARK AUTUMN ART FESTIVAL ENTERTAINMENT SCHEDULE

#### Saturday, October 13

#### Guest MC: Ginger Gadsden - Channel 6

9:00 - 9:50 a.m......Maitland Middle School **Jazz Ensemble** 

10:00 - 10:50 a.m. ......WPHS Jazz Ensemble

11:00 - 12:20 p.m. ......Mike Petrovich

12:30 - 1:30 p.m. ......Mike Petrovich Trio

1:40 - 2:40 p.m.....Ukiah

3:00 - 5:00 p.m.....Soul Funktion

#### Sunday, October 14

#### **Guest MC: Allison Walker Torres - Channel 13**

9:00 - 9:50 a.m.....Nicholas Roberts 10:00 - 11:30 a.m. ......Casey Picou 11:40 - 12:40 p.m. .....0'Sky 1:00 - 1:50 p.m......UCF Flying Horse Jazz Ensemble 2:00 - 3:20 p.m.....Sean Holcomb

3:30 - 5:00 p.m. ......David Julia

Jeff Thamert ......28

#### 45th Annual Winter Park Autumn Art Festival

Saturday, October 13 and Sunday, October 14, 2018 251 S. Park Avenue, Central Park in Downtown Winter Park The festival is open from 9 a.m. to 5:00 p.m. on both days and admission is free.

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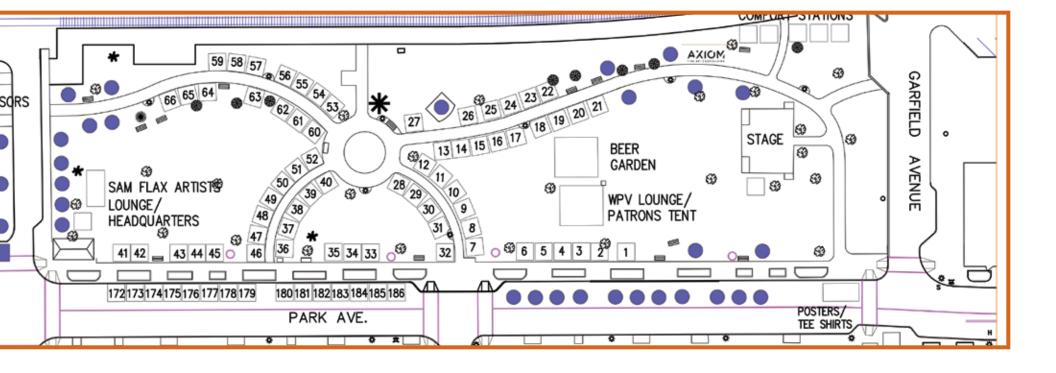
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### Cybersecurity awareness by Ron Frechette, The Cyber Coach



Ron Frechette

### Think Before You Click

October is National Cyber Security Awareness Month (NCSAM) in the U.S. and continues to grow through-

out many countries around the world. It was created as a joint effort between government and industry to increase cyber security awareness for Americans to ensure we are continually learning to stay safe and more secure on line in our private and professional lives.

This is also the time of year we celebrate Halloween. So for this month, we decided to combine the theme of NCSAM and Halloween in an effort to spook you into the mindset of "Think Before You Click"! The threat of witches, vampires, werewolves, and zombies are looming around every corner, ready to cast a spell or take a bite out of us and turn us into one of them. As children growing up, many of us have a scary Halloween memory or two we still remember. Back then we believed in the existence of these old folklore creatures. As we grew older, we began to realize there are no zombies hiding in our bedroom closets that were going to

get us... and the horror of Hallow-

October is National Cyber een began to wear off over time.

What if I told you that zombies really do exist? At least they do in cyberspace. In the cybersecurity world, we call these monsters, "Computer Zombies." Based on a significant increase in data breaches and compromises we are seeing this year, we could very well be experiencing a Computer Zombie Apocalypse! In fact, the odds are extremely high that some of you have already become victims of these horrific acts. If so, your computers may be causing great harm to others

and you have absolutely no idea what and when this is happening. Talk about spooky!

That alone should be enough to make the hair on the back of your neck stand up!

## What is a Zombie Computer?

A zombie computer is a computer connected to the internet that has been compromised by a hacker or computer virus that can be used for malicious purposes under the direction of a cybercriminal from a remote location. Most owners of zombie computers have no idea

their system is being used in this manner. Because the owner is unaware, these computers are symbolically compared to fictional zombies.

"A key sign that your computer is under a zombie spell is when it suddenly begins working extremely slow for no reason whatsoever."

This is probably because it is busy attacking other computers as part of a botnet.

#### What is a Botnet?

A Botnet is an army of literally tens of thousands of internet connected devices that are controlled by a group of cyber criminals. Botnets can be used to perform distributed denial-of-service attacks (DDoS attack), steal data, send spam, and allow attackers access to the device and its connection. The word "botnet" was created from the words "robot" and "network." Botnets have been in existence since 2004. The Marina Botnet is one of the largest discovered which had an estimated 6,215,000 bots. Imagine an internet army of over six million enemy soldiers that can attack at once. And then imagine that your personal computer is participating in the attack without your knowledge of it ever happening.

#### Botnets are Big Business on the Dark Web

Creating zombie computers for botnets is an extremely lucrative business in the cybercriminal world. The group that controls the botnets will pay another group for every computer they infect with malware that allows them to control our PCs remotely for malicious purposes. They will link it in spam e-mails, post malicious links to forums, setup malicious websites, and anything else they can think of to get you to click the installer so they can get paid for another install.

Updating anti-virus software is not very effective in protecting us from this type of attack. It is because most of the general public is not highly educated in cybersecurity best practices and cybercriminals are very good at tricking us into loading malicious software. Often, they masquerade themselves as legitimate anti-virus software when, in reality, we are loading malicious software that enables malware developers the ability to install things like rootkits and botnet enabling software. Thus, adding another zombie soldier to their botnet.

## How Can We Avoid the Zombie Apocalypse?

- **NEVER** click a link you are not familiar with or provide personal information to anyone when chatting online Even when talking on social media sites like Facebook, if your friend starts asking off the wall questions, make direct contact through phone or text to make sure it is really them.
- Consider Using a Second Scanner Many antivirus programs don't detect bot net-related software. Consider installing a second opinion scanner such as Malwarebytes to see if your primary anti-virus software did not miss anything.
- Constantly Strive to Educate Yourself about Cybersecurity Best Practices – many people still don't understand that the threat of becoming wrapped up in malicious activities in cyberspace is very real and can have horrific consequences. Knowledge is power!! Get smart about cyber!

In closing, Think Before You Click!

used to perform dis- Wishing you all happy National Cyber Security tributed denial-of-ser- Awareness month and a safe and fun Halloween!



Questions? Send me a tweet: @GoldSkyRon or email ron.frechette@goldskysecurity.com

Sources: https://www.lifewire.com/what-are-malicious-bots-2487156 https://en.wikipedia.org/wiki/Botnet https://en.wikipedia.org/wiki/Zombie (computer\_science)

## live meaningfully by Ayesha G. Shenk, M.A.



Avesha G. Shenk

Fast Car...

Have you ever wished you could just get in the car and drive? Leave all the problems behind and let the open road and the night air lift away

whatever lay heavy on your heart?

Have you ever put off happiness until that 'one thing' is resolved? If you could just get that job, that friend, that car or that call... then things would be better?

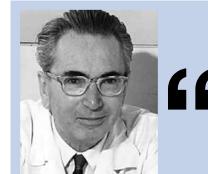
Have you ever wondered what it is that makes everyone else's lives so easy? Why it seems that they catch breaks never intended for you?

Down that road, once you've gotten that job, even as your neighbors watch you with envy... life remains exactly, immutably here. It's funny - from my chair I have the unique opportunity to see the view of all of those lives in an interesting split-screen format.

Everyone, everywhere may feel the ideographic nature of their own experience, but no one is immune to the universality of life, love, fear, change, hope, loss, triumph, and despair. Doesn't matter who you are or through what you've come... everyone pays the toll. It may be now or you may kick it down the road a bit, but just as they say 'no one gets out alive,' the same is true about growth and pain and the existential beauty of it all. Doesn't matter where you drive

or for what you wait, the pain and pleasure will all be your. So, you may as well buckle down and stand firmly footed in this present day in all its grit and glory.

I've had a few different discussions this week (both in and out of session) about what happens in life when you're not looking or when you think you've outsmarted it. So far I haven't met anyone quite that 'smart'... nor, to be honest would I want to.



Between stimulus and response there is a space. In that space is our power to choose our response. In our response lies our growth and our freedom. – Viktor Frankl

Viktor Frankl said, "Between stimulus and response there is a space. In that space is our power to choose our response. In our response lies our growth and our freedom." (Among a litany of other amazing and enduring truths.)

So consider this... what is the stimulus to which you are currently reacting? Are you proud of the choice you've made? Are you suffering through it...running away from it... being consumed by fear of it... avoiding it...attacking

it... shrugging responsibility for it?

Or are you greeting it in love and through love and choosing your own way?

Are you taking responsibility for your part in the current circumstance, standing in a place of truth and love and gratitude and making it present and right? If you're not... could you?

It's a frightening thing changing your pattern and rejecting your old friend, defensiveness. Truth is, though he's always been there with

you, he's never actually served you.

How many breaths can you take? How long until you can you lean in and take a look at just the truth of the situation without the emotional reactivity? How many times must you swallow before you speak through your vulnerability by acknowledging that this is not how you want to be...that this is not your highest and best self... that this is not the way you'll

continue to react.

You don't need the fast car, the promotion or the neighbor's life.

Choose your response. Choose your growth. Choose your freedom.

Till the next time, Be Well; Live Meaningfully. Avesha

Ayesha G. Shenk, M.A. practices at 2150 Park Avenue North as a Licensed Mental Health Counselor and can be reached at ayesha@livemeaningfully.net or 407-796-2959.



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## in the garden by Stephen and Kristin Pategas



**Cone Of Death** 

All photography by Stephen G. Pategas/Hortus Oasis

We have evaluated communities for America in Bloom in 19 different states nationwide and

have seen eruptions of conical mulch mounds surrounding trees in most of them. They have even appeared in Winter Park on newly-planted trees. One term commonly used for this abusive practice is - volcano mulching. It is unknown where it first appeared or why it occurred. Perhaps landscape contractors were looking for a way to increase profits by using more mulch at each tree ring or didn't know what to do with excess mulch. We suspect it has spread due to the "monkey see, monkey do" syndrome. Many practices such as this one spread through copycat actions while research shows the practices are wasteful or even harmful.

In this case, many Cooperative Extension Services and other knowledgeable organizations rail against cones of mulch. The use of an excess amount of mulch in these non-sensical formations is a waste of mulch and a threat to the health of the tree for numerous reasons.

- A thick layer of mulch prevents water whether from rainfall or irrigation, from penetrating to the roots. Especially for a newly planted tree, lack of adequate water is certain death.
- Mulch piled against a tree trunk keeps it moist and the over-saturated cells make it susceptible to diseases. A weakened tree is then more vulnerable to pests.
- Roots grow upwards into the mulch seeking oxygen and moisture. They may become girdling roots which expand in diameter and hug the trunk. They cut off some of the tree's vascular system and compromise its growth.

Check each tree to make sure the root flare is visible above the soil line. If the tree trunk looks like a telephone pole with straight sides into the ground – there is problem. While avoiding damage to the trunk, carefully remove excess mulch and soil (often trees are also planted too deeply) to expose the root

flare. Further from the trunk, a rake may be used. Cut away roots that may press against the trunk and cause girdling. You may notice an indentation in the trunk from a girdling root. Reinstall no more than one-inch of organic mulch over the rootball. Keep the mulch four inches from the trunk. A *How to Excavate a Root Collar and Remove a Mulch Volcano* YouTube video summarizes the procedure (https://www.youtube.com/watch?v=7Mdnc83BF2Q). If a professional is employed to remove mulch and soil, they may use an "air knife" which uses compressed air. It blows away the offending materials without damaging the trunk and roots.

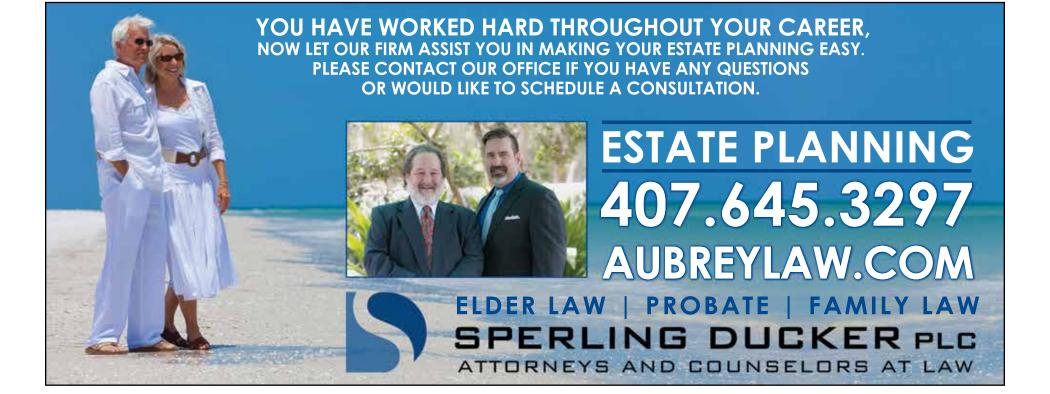
When the tree is surrounded by lawn, provide a lightly mulched circle extending about two to three feet out from the trunk. Avoid stone and manufactured tree mat rings/circles. Never pile soil against a tree trunk or over roots to create a planting area.

Mulch volcanoes are deadly, so spread the word and eliminate the cone of silence about their dangers.





Hortus Oasis (FL26000315) in Winter Park is a boutique garden design company specializing in residential, commercial and specialty gardens. Stephen is a registered landscape architect and Kristin is a certified landscape designer. Contact them at 407-622-4886/garden@hortusoasis.com



## real estate in the parks by Scott Hillman and Sam Hillman

### **Local Market Watch**

We are happy to report that the Central Florida real estate market is active and healthy. Home prices in Orange and Seminole County continue to rise at a steady rate while the ongoing trend of shrinking inventory (active listings) continues in most areas.

In Orange County, home prices have risen 11.3% when compared to this time last year, while inventory has decreased 12.7%. Specifically, in Winter Park's zip code of 32789, home prices increased 9.5% compared to a year ago. Furthermore, homes are staying on the market 80 days on average.

While these trends can be indicative of a market that leans more in favor of the seller, those who are selling their home need to make sure they are accurately pricing their home from the onset of listing it.

Overpriced homes have a tendency to stay on the market longer and inevitably end up being labeled troubled properties, often selling for less than what they would have, had they been priced at a competitive fair market value when originally listed. Plus, buyers are often reluctant to make offers on unreasonably-priced properties because they don't want to negotiate with what is



perceived as an unreasonable seller.

In an active market, buyers need to be prepared; they should obtain a pre-approval letter prior to going out to look at homes. This helps them have a realistic idea of what is in their budget and it allows them to make offers more swiftly, as they are not waiting to get this done at the last minute and holding up the offer from being presented.

Interestingly, there has been some slight movement in the Maitland and College Park market that could be a sign of a trend shift. Home prices in both markets decreased slightly in the second quarter; a 4.9% and 1.8% decrease respectively. While it is still early to tell if this is indeed a shift in trends, it is definitely worth keeping an eye on it.

As 2018 enters its fourth quarter, we will continue to monitor the local market trends and watch to see if there are any definitive shifts. Overall, it appears that 2018 is shaping up to be a very active year for Central Florida real estate.

Scott Hillman is president of Fannie Hillman + Associates, a 37-year-old Winter Park-based real estate company specializing in residential real estate sales. Sam Hillman is a Realtor and Market Analyst at Fannie Hillman + Associates. Together, they produce Hillman Homes, a customized quarterly publication showcasing local luxury listings, editorial features, and The Hillman Report, a semiannual look at residential real estate in Orange and Seminole counties. Read the latest issue on the company's website (fanniehillman.com) or by calling (407) 644-1234 for a copy.

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ARTS & ENTERTAINMENT

The Park Press | OCTOBER 2018

### POP CUITURE detours by George McGowan

## I Just Can't Avoid This Topic Any Longer

This month, I ask for your indulgence as I tackle a subject that has overwhelmed our culture in recent months. Some have described it with the shorthand hashtag #MeToo. I think we need to call it what it is - a defining moment in our culture and perhaps the most important topic of conversation anyone can have with someone they love, male or female, gendered or non-gendered. Of course I have heard many comments, stories, and "takes" on this topic but I was drawn to finally write about it when I heard the lyrics to a particular song. While listening to one of my favorite podcasts, which I have recommended before in this spacethe music-centered "Sound Opinions" from WBEZ in Chicago- I was introduced to an artist named Dessa, who has a fantastic and timely song named "Fire Drills." Dessa is a hyper-articulate artist from Minneapolis who raps and sings. In my research on her, I also learned that she has a new book out, "My Own Devices: True Stories from the Road on Music, Science, and Senseless Love," which I have immediately added to the "Want to Read" list I keep on Goodreads.com. So she writes too - and does so with passion and truth-telling.

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Dessa burst into my consciousness and presents the perspective of a woman in this world so well. Forgive me, I must quote extensively from her lyrics from "Fire Drills" because they explain the life of a woman in our world much better than I can. In one verse, Dessa raps "You can't be too broke to break; As

leaves me speechless as the father of a daughter and the husband of a wife and as the brother to a sister. But Dessa has more to say and cuts to the quick as she does so: "We agency. Dessa ends this startling song by stating, "That's not a way to live; That can't be what a woman is; That gives her nothing to aspire to; What that is; What that is; Is just



a woman always something left to take; So you shouldn't try to stay too late or talk to strangers; Look too long, go too far out of range cause; Angels can't watch everybody all the time; Stay close, hems low, safe inside; That formula works if you can live it; But it works by putting half the world off limits." This verse don't say, 'Go out and be brave'; Nah, we say 'Be careful, stay safe'; In any given instance, that don't hurt; But it sinks in like stilettos in soft earth; Like the big win is not a day without an incident." This one hurts because I have time and again told my daughter to be safe and focused on her safety rather than her a life of running fire drills." Ooof. Those words hit me hard. In many ways, the men of this world have not contributed in a positive way to make this world a better place for women to live, learn, work, and play. Simply and directly, we must do better by our daughters, wives, mothers, and sisters.

## theater in the parks by Paul Gicola

## For Barb...

Barbara Solomon passed away peacefully listening to showtunes at home on September 10. Some of you may only know her as the writer of this column. But to her friends and the central Florida theatre community, she was a treasure. Barb was born in New York. She liked to call herself the other Barbara from Erasmus Hall High School. The other being Barbra Streisand. Since moving to the Orlando area, Barb was very active in theatre. She wrote and produced shows, prepped shows for area producers, and even starred in some herself. As a theatre critic, her opinion was considered important.

I moved to Orlando about seven years ago and attended a show at Theatre Downtown. After the show, I walked across the street to a vintage store and met Barb for the first time. Never one to mince words, she told me she was closing, and I would have to come back another day, which I did. I learned that she had run antique stores over the years in different locations on the same block. Affectionately called "The Mayor of Orange Avenue," everyone knew Barb. We became fast friends and would spend time attending and discussing shows. When Barb was diagnosed with cancer and undergoing treatment, she asked me to co-write this column. Although Barb didn't get out much in the past months, her dying wish was to be able to see "Gypsy" at the Winter Garden Theatre. "Gypsy" was Barb's all-time favorite show. She saw it every time it played, be it amateur or professional, and would sing along with all the songs. I am happy to say that Barb did attend the performance and had a nice day out with friends. A day she referred to as the "happiest in a long time." She died two weeks later.

Barb left me a note in which she wrote the following about the show: "They nailed it! This was one of the best version I have ever seen, and I have seen dozens including the one in which I played Electra, the stripper that lit up. Rose's (Andrea Canny) voice was more electric than Electra's cos-

tumes. She had the entire audience crying at her rendition of "Rose's Turn." Herbie (Michael Hartson) has the most difficult role in the show, going from sappy innocent to a strong believer. His strong voice enhanced his acting.



Barbara Solomon, 2018.

Gypsy (Andrea Stack) had the sweetest voice and personality to match. She sang my favorite song, "Little Lamb," near the end of act one.

This is a true story. All of us stage mothers see themselves as Mamma Rose. Too bad I can't sing like Andrea. Even though "You'll Never Get Away From Me" is not the most famous of the songs, it is a song I sing to myself almost every day.

I have been privileged over the past eight years to write for the most wonderful local newspaper. But, I must leave you now, along with all my theatre friends."

Barb will be missed and

hopefully she is in a place where showtunes are played constantly and "Everything Is Coming Up Roses."

A memorial service will be held for Barb at the Winter Park Playhouse. Call 407-645-0145 for information.

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### schools

## Audubon Park School Principal trevor honohan

We proudly recognize two of our many outstanding staff members this month. Our 2019 Support Person of the year is Ms. Cindy Tapia. Ms. Tapia, school secretary and bookkeeper, has worked with Mr. Honohan for the last 16 years. Her organization, friendly manner and ability to juggle many different jobs makes her a valuable asset to our school. Mr. Scott Carswell has been voted by our staff to represent APS as our Teacher of the Year. His dedication, above and beyond effort and wonderful rapport with students and staff have earned him this top honor. Congratulations to these wonderful representatives of the APS Falcon Spirit.

In sports, as the Soccer season came to an end, our boys' soccer team earned a spot in the Conference



Pictured left to right: Cindy Tapia, Principal Trevor Honohan,

Playoffs as Cluster D Champs. The next sport up is Volleyball, with an information meeting on October 4th. Tryouts will begin October 8th. October will also bring a culmination of our Hispanic Heritage Month celebrations. Our students will enjoy special performances and students in Spanish classes will showcase the 21 countries that are celebrated.

Finally, providing physical activity and recess for our students is very important. However, we

Give>Support a School>Audubon Park Falcon Fund).

St. Charles Borromeo

Catholic School

PRINCIPAL NATHAN NADEAU

St. Charles middle school students

have an opportunity each trimester to

enroll in a Bulldog T.I.M.E. (Teaching

Innovative Meaningful Experiences)

course within their weekly schedule.

These elective classes are based on

various topics that are appealing to our

students. Classes vary per trimester

which enables the student to be exposed

to various classes based on their own

interests. Some classes offered this

trimester are Stained Glass Mosaics

where the student learns to create a

masterpiece of their own; Foundations

in Finance, based on budgeting and

money management skills to prepare

them for responsible spending and

saving; Fitness for those who enjoy

physical exercise and building

endurance. Knitting is another option,

which teaches the fundamentals of

stitching yarn to create a trendy scarf.

Sport History is for those who want to

expand their knowledge on the history

and appreciation of Western sports.

Advanced Art is a course allowing

students to build their own art

portfolio, with emphasis on improving

their drawing skills. Tech Squad centers

on technology and troubleshooting.

Choir Chimes is for those who find music appealing. Within this class, the student learns how to read choir music

are in need of sun shade on both of our playgrounds. Giving our students refuge from the sun while enjoying time outside is one of the main priorities of our Falcon Fund. Help us shade both of our playgrounds here: www. foundationforocps.net(Click

Looking for a way to do something positive for our schools, but find yourself short on time? Consider

are prepared.

donating to a special program underway at Winter Park High School. Be a part of Good Morning America's "Giving My All" event by helping the 9th grade center obtain a 3D printer for its Maker Space, which will provide STEM experiences for a wide range of student populations. Go to www.DonorsChoose.org and search "Winter Park High School Freshman Campus" for details.

available to those students who desire

the additional time to prepare and study within an independent setting to ensure work is completed and they

🥁 Winter Park High School

PRINCIPAL MATT ARNOLD

Winter Park High School would also like to recognize its staff of the year. David Molitor, English teacher at the 9th grade campus, is very involved with the IB Programme. Main campus math teacher Ron Albright coordinates the Blood Drive, the Recycling program, and Beta club. Support professionals include Krystal Brown-Rodriguez (9th grade campus) and Shirley Ulmer (main campus). Additionally, the American Geographical Society (AGS) has named Stewart Parker of Winter Park High School as a 2018 AGS Geography Teacher Fellow. As part of the recognition, the Teacher Fellows will attend and participate in the AGS Fall 2018 Symposium "Powering Our Future Planet" in New York City.

Get your tickets for the first big theater production of the year at the main campus stage on October 18, 19 & 20! The iconic musical *Crazy for You* is the classic tale of a boy, a girl, and a theater in need of salvation that includes well known songs like "Someone to Watch Over Me" and "Embraceable You." Tickets are \$12 general admission (\$10 for students) and are available online



Pictured below: Virginia Joseph, Teacher of the Year.

### **Dommerich Elementary** PRINCIPAL KAREN VERANO

Dommerich Elementary is proud to present our Teacher of the Year and Support Person of the Year.

Virginia Joseph, our Teacher of the Year, graduated from Rollins College with her degree in Elementary Education. During her last semester at Rollins, she completed her senior internship at Dommerich. Currently teaching first grade, this year Mrs. Joseph enters her 25th year teaching here. She has taught kindergarten, first, second, and third grade. In 2002, she with an emphasis on math and science and her husband.

education, through a partnership with Lockheed Martin. Mrs. Joseph has a daughter who attends the University of Florida and another daughter who is a senior at Winter Park High School.

Fryja Parra, our Support Person of the Year, is currently the resident custodian at Dommerich Elementary. She has been with OCPS for almost two years, after moving here with her family from Venezuela. She studied public accounting at the University of Carabobo, Venezuela. Her previous work has included work in management and human resources. Mrs. Parra enjoys going to the beach completed her master's degree at UCF  $\,\,$  and spending time with her daughter

## Glenridge Middle School PRINCIPAL CHRIS M. CAMACHO

I hope each of you had an amazing week. Another great week has passed here at the wonderful Glenridge Middle School. It's been such an experience to see our students transition into digital learning. Despite the move to digital learning, there is still a need for traditional learning approaches and our teachers are leading this charge every step of the way. There is always one reminder I like to share about students and their laptops. Please ensure laptops are charged on a daily basis. Although there may not be a need for the laptops every class period,

it is important the laptops be charged for classroom use when needed.

This year's Open House will take place Thursday, September 20th, from 6 - 7:30 p.m. We look forward to seeing each of you here to learn more, from each of your child's teachers, about all the wonderful learning that lies ahead of them. Finally, with soccer season in full swing, I want to thank parents, friends, teachers, and students who join us at our home games. It's always wonderful to see each of you there cheering on our young people. Thank you again for your ongoing support. Together, I know we will make a difference in the lives of our students.

and perform songs on the chimes. Finally, Study Hall is another course

Below: Students creating art class at St. Charles



## at teachtix.com/wphs.

Presbyterian PreSchool

💥 Winter Park



Our devoted Parent Committee has been hard at work preparing for upcoming events and fundraisers at Winter Park Presbyterian Preschool. Some of the events they are planning are the Scholastic Book Fair, Nature's Vision Fundraiser, and the Holiday Shoppe, just to name a few! We are so blessed to have amazing parents who go above and beyond to help support our preschool community.

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## COMMUNITY CALENDAR

#### **Audubon Park Garden District Events**

#### **Ongoing Events**

**Every Monday night Community Market** – 6:00 to 10:00 p.m. at Stardust Coffee parking lot located at 1842 E. Winter Park Rd. For information call 407-590-8776.

Now through October 7 Exhibitions, Our Orlando: Making Sense of our World and American Youth: Our Future - Both exhibitions are on view at the Mennello Museum located at 900 E. Princeton Street. For more information, please call 407-246-4278 or visit www.mennellomuseum.com.

**November 2 Leu Gardens Movie Night** - 7:30 p.m. at Leu Gardens located at 1920 N. Forest Avenue. Grilled items, popcorn and drinks are available for purchase. Garden admission: \$6 adult, \$3 child (ages 4-17 years) and free admission for Leu Gardens Members. For more information please call 407-246-2620 and visit leugardens.org for movie selections.

## Baldwin Park, College Park and Orlando Area Events

#### **Ongoing Events**

**Every Monday and Friday Plant Clinics** - 8:00 a.m. to noon; and 1:00 to 5:00 p.m. at the UF/IFAS Extension Orange County, located at 6021 S. Conway Road. Master Gardeners are available. Please stop by with your plant problem or soil for pH soil testing.Call 407-254-9200 or visit http://orange.ifas.ufl.edu/res\_hort/for more information.

Monday - Friday Each Week Seniors' Program in College Park - 9:00 a.m. to 1:00 p.m. at the College Park Community Center located at 2393 Elizabeth Street. For information call 407-246-4447.

**Every Monday Smarty Pants** - 10:15 a.m. story time for children ages birth-5 years at the Edgewater Branch Library located at 5049 Edgewater Drive. For more information call 407-835-7323.

**Every Monday and Wednesday Body Pump Express** - noon at Florida Hospital Health Village Fitness Center, located at 2520 North Orange Avenue, Suite 101. General public is welcome, and cost is just \$5. Free for Health Village Fitness Center members. Call 407-303-2552 for more information.

**Every Tuesday and Thursday X-Fit** - 4:30 p.m. at Florida Hospital Health Village Fitness Center, located at 2520 North Orange Avenue, Suite 101. General public is welcome, and cost is just \$5. Free for Health Village Fitness Center members. Call 407-303-2552 for more information.

**Every Tuesday and Friday Tai Chi** - 10:00 a.m. at Florida Hospital Health Village Fitness Center, located at 2520 North Orange Avenue, Suite 101. General public is welcome, and cost is just \$5. Free for Health Village Fitness Center members. Call 407-303-2552 for more information.

**Every Wednesday Plant Clinic** – 3:00 p.m. to 5:00 p.m. at Harry P. Leu Gardens located at 1920 N. Forest Ave. UF/IFAS Extension Orange County Master Gardeners are available. Please stop by with your plant problem or soil for pH soil testing. For more information, please call 407-254-9200 or visit http://orange.ifas. ufl.edu/res hort/.

**Every Wednesday Mills50 MidWeek Group Runs** – 6:00 p.m. at Track Shack located at 1104 N. Mills Avenue. This event is free to runners of all abilities. For more information, please visit www.TrackShack.com.

**Every Thursday Senior Stretch (Yoga Gold)** – 10:00 a.m. at Florida Hospital Health Village Fitness Center, located at 2520 North Orange Avenue, Suite 101. General public is welcome, and cost is just \$5. Free for Health Village Fitness Center members. Call 407-303-2552 for more information.

**Every Thursday College Park Farmers' Market** – 5:00 to 9:00 p.m. located at 1600 Edgewater Drive. For information call 407-999-5251.

**Every Friday Friday Night Social Dancing** – 7:00 p.m. to 9:30 p.m. at the Marks Street Senior Center, 99 E. Marks Street, Orlando. Singles and couples are welcome. Admission is \$5.00 for members and \$6.00 for non-members. Complimentary coffee and water

#### **OCTOBER HIGHLIGHT**



LEAGUE OF WOMEN VOTERS OF ORANGE COUNTY - ORIENTATION SESSION OCTOBER 16, 6:30 p.m. at the Winter Park Community Center, 721 W. New England Ave., Winter Park (free and plentiful parking). Open to men and women, young and old, the nonpartisan group will feature wine, snacks, conversation and League info. For reservations and info: LWVOC.clubexpress.com or call 407-608-2300.

is provided. Dress code is no jeans, tennis shoes, or tee-shirts. For more information, please call Joan at 407-339-5393. Your Active City Seniors.

**Every Sunday Downtown Orlando Farmers' Market** – 10:00 a.m. to 4:00 p.m. at Lake Eola. For more information call 407-246-3625.

First Friday of Each Month The Art Stroll of Ivanhoe Village – 6:00 to 9:00 p.m. on Orange Ave. between Princeton and New Hampshire.

October 7 Fall Festival Hosted by the Eatonville Crafts and Culture Market - 1:00 to 5:00 p.m. at 100 E. Kennedy Blvd. Event includes: pumpkin patch, dunk tank, bounce houses, food truck, hay rides and more. For more information please email info@eatonvillecra.org.

**October 19 An Artist Affair** - 6:00 p.m. to 9:00 p.m. at The Carousel Emporium located at 2000 Alden Road. Featuring the work of artist Alberto (Berto) Ortega. For more information, please call 407-228-2791.

**November 1 Orange County Retired Educators Association Meeting** - 10:00 a.m. at College Park United Methodist Church, 644 W. Princeton Street, Orlando. For more information, please call 407-366-8982 or visit www.ocrea-fl.org. Anyone who has worked in education is invited to join.

#### **Maitland Events**

#### **Ongoing Events**

Every Sunday Maitland Farmers' Market at Lake Lily.

**Every Thursday Healthy Maitland Walk** 6:30 a.m.; **Babytime** 10:30 to -11:30 a.m. and **Adventures w/Books Club** 2:30 to 4:30 p.m. at the Maitland Public Library.

#### **Winter Park Events**

#### Ongoing Events

**Every Tuesday and Thursday "Hands-on Gardening"** 9:30 a.m. - Noon at the Albin Polasek Museum and Sculpture Gardens. For more information regarding this free year-round event please call 407-647-6294.

**Every Tuesday, Friday and Saturday Winter Park Benefit Shop** – The shop is located at 140 West Lyman Avenue and is open from 9:30 a.m. - 1:00 p.m. on Tuesdays and Fridays, and from 10:00 a.m. - 1:00 p.m. on Saturdays. Donate or purchase clothing, bedding, jewelry, kitchenware and more. Proceeds benefit various children's programs and the local branch of Orlando Blind. The shop is also looking for volunteers. For more information please call 407-647-8276.

**Every Wednesday Plant Clinic** – 3:00 to 5:00 p.m. at Harry P. Leu Gardens, 1920 N. Forest Ave. For more information, please call 407-254-9200 or visit http://orange.ifas.ufl.edu/res\_hort/.

**Every Friday Gallery Talk** - 11:00 a.m. at the Morse Museum located at 445 N. Park Avenue. Learn about the more than 60 objects in the exhibition, which include paintings, pottery, art glass, and works on paper. Together the works reflect the range of the Morse's collection and the values of the museum. Free with admission. For more information, call 40-645-5311, or visit www.moresemuseum.org.

**Every Saturday Winter Park Farmers' Market** – 7:00 a.m. to 1:00 p.m.

**Every Saturday and Sunday Line Dance Class** – 10:00 a.m. Saturday for experienced dancers, and 3:00 p.m. Sunday for beginners at the Winter Park Community Center located at 721 W. New England Avenue.

Enjoy music, make new friends, and get some fun exercise at the same time! For more information please call 407-592-7835.

**Every Sunday Winter Park Running Group** – 7:00 at Park Avenue and Welbourne. The group now includes members who walk exclusively, those who both walk and run, and those who run exclusively. It is very eclectic, and has an age span from people in their 20s through 80s. New participants are always welcome to join. For more information, please email jackgallagher534@gmail.com.

**Every Sunday Music at the Casa** – This free event featuring professional musicians and performers is hosted at Casa Feliz every Sunday from noon – 3:00 p.m. For more information call 407-628-8200 ext. 3 or visit www.casafeliz.us.

Third Thursday Each Month The Winter Park Neighborhood

Jam - 6:30 to 9:30 p.m. Weather permitting, on the outdoor stage on the back (east) side of the WP Community Center located at 721 W. New England Avenue, with audience seating on the adjacent lawn. All voices, ages, abilities and instruments are welcome. A PA system with microphones will be provided along with a drum kit for drummers, but please bring your own instruments, amplifiers and accessories.

**Now Through October 14 Irving Berlin's Beloved Music Shines In I Love A Piano** - Various days and show times at The Winter Park Playhouse. For more tickets and information, please call 407-645-0145 or visit www. winterparkplayhouse.org.

**October 6 Test The Waters Fishing Tournament** - 7:00 to 10:00 a.m., Martin Luther King, Jr. Park. For more information, please visit www.cityofwinterpark.org.

**October 11 Popcorn Flicks Featuring** "The Pit And The Pendulum" - 8:00 p.m. in Central Park. For more information, please visit www.cityofwinterpark.org.

**October 13-14 45th Annual Autumn Art Festival** - 9:00 a.m. to 5:00 p.m., Central Park.

October 14 Track Shack's Garfield Halloween Run/Walk (2.5 Mile) and Kids' Run - Lake Baldwin Park, 4982 New Broad St. Orlando, FL 32814. Registration required. Benefits the Pet Allliance of Greater Orlando. 407-896-1160 or visit www.TrackShack.com

October 16 The League Of Women Voters of Orange County Presents A League Showcase/Orientation Session - 6:30 p.m. at the Winter Park Community Center, 721 W. New England Ave., Winter Park (free and plentiful parking). Open to men and women, young and old, the nonpartisan LWV has been doing due diligence leading up to this year's midterm elections with members of the Voter Services Committee registering new voters and publishing a voters' guide and with Hot Topics lunch program on judges' races and amendments. The free Oct. 16 session will feature wine, snacks, conversation and League info. For reservations, go to LWVOC.clubexpress. com. More information: membership co-chairman Ms. Pat Grierson, 407-608-2300.

**October 16 Major American Art Pottery Exhibition Opens At Morse Museum** - 9:30 a.m. to 4:00 p.m. Tuesday through Sunday and 1 p.m. to 4 p.m., Sunday. For more information about the Morse, please visit www.morsemuseum.org.