

#### Over \$300,000 Donated For Local Youth Scholarship Since 1978

The 42nd Zimmerman Kiser Sutcliffe (ZKS) Winter Park Road Race presented by AdventHealth is Saturday, March 23 in downtown Winter Park, starting and finishing on Park Avenue. Founded by the Meridian Club of Winter Park to raise money for their scholarship program, the event includes a 2 Mile starting at 7 a.m., followed by the 10k at

7:30 a.m. allowing participants the option to run both races therefore completing the Distance Dare. A free AdventHealth for Children Kids' Run starts at 9:15 a.m.

The Meridian Club has served the City of Winter Park and the surrounding region since 1977. The club's activities include the scholarship program that annually awards college scholarships to graduating high school seniors from area schools.

The Meridian Club has given over \$300,000 to more than 100 local high school students who are pursuing higher education.

Marina Bruck, a 2014 scholarship recipient shares the impact of receiving a grant. "After receiving *Continued on page 6* 



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## **Publisher's Message**



Please allow me to take you back to a moment in time. Perhaps a time prior to many of us being born. A time when minimum wage was \$1.00/hour, a gallon of gas cost 25 cents, a loaf of bread cost 22 cents, the average cost of a

Rick Cable

new car was \$2,600 and the average cost of a new home was \$12,700. President Eisenhower occupied the White House, Lucille Ball filed for divorce from Desi Arnaz, Staff Sargent Elvis Presley was honorably discharged from his military service, Ian Fleming and future President Kennedy humorously discussed over dinner how James Bond would get rid of Fidel Castro, and the first Winter Park Sidewalk Art Festival was held. Yes, this all took place in March of 1960.

Sixty years ago a handful of local art enthusiasts organized the first Winter Park Sidewalk Art Festival as a community project in hopes of benefitting local artists by showcasing them along with their original works. With just three weeks of advertising the first festival had 90 exhibiting artists.

Now fast forward over those 60 years, and the humble event that they started has grown to become one of the oldest, largest, and most prestigious juried outdoor art festivals in the nation. During the '70s the show grew to over 600 exhibiting artists, but it was eventually

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decided that the festival needed to be contained within Central Park, limiting the number of participating artist to 225. This year nearly 1,100 artists from around the world applied for entry for one of those coveted 225 spots.

More than 350,000 people are expected to visit this year's festival during the weekend of March 16, 17 and 18, and while art is the central focus, this event offers a variety of live entertainment and family fun. For more information regarding this year's festival, please visit www.wpsaf.org/.

As always, thank you for reading *The Park Press*, and we look forward to the great things to come!

*Rick* Rick Cable Founder/Owner



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MEMORIAL 5K

April 27, 2019 Showalter Field, Winter Park



## City Commissioner's Message

Commissioner Robert F. Stuart, City of Orlando District 3



The weather is getting warmer, which can only mean one thing ... Spring Break is right around the corner! Read on for fun ideas to keep your kids busy and for ways to enjoy all our area has to offer. Your kids can enjoy their

Robert F Stuart

many camp opportunities around our city and you can rest assured knowing your children are safe and having fun.

All of our city's recreation centers offer spring break camps at a very reasonable rate of \$8 per day for City residents (two proofs of residency required). For more information, visit cityoforlando. net/recreation/community-centers.

The Orlando Science Center is offering a full day of STEM activities, exhibits and so much more. This program offers children the chance to learn more about the environment in an exciting and interactive way. This program is open for students from kindergarten through fifth grade. The best part about this camp is that the break camps run from 9:00 a.m. to 4:00 p.m. and early and late care are provided for our working parents. For details and prices, please visit osc.org.

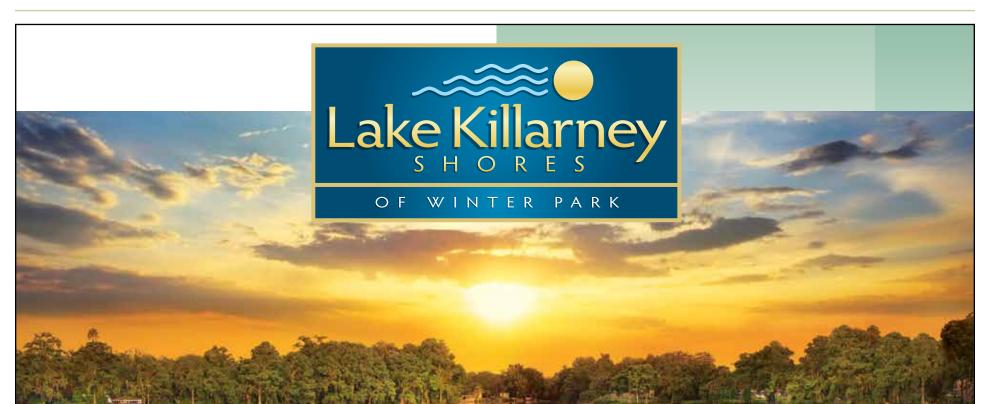
The Orlando Museum of Art also offers a Spring Break Camp beginning Friday March 15th and running through Friday, March 22nd. Kids will create their own masterpieces as they travel through time during different theme days. Visit omart.org for details.



City of Orlando offers summer jobs at cityoforlando.net.

The Orlando Skate Park (400 Festival Way) is also hosting a spring break skate camp starting March 18th from 9:00 a.m. to 2:00 p.m. This program will teach children basic skate boarding skills while focusing on fun and safety. Please make sure they bring their own equipment! For more information, please call 407-246-2800.

Keep your kids busy this month at our Orlando Pottery Studio, Leu Gardens, Bill Frederick Park at Turkey Lake, or the Orange County Library. At the pottery studio, the kids clay workshops allow children to create their own sculptures. This is a fun arts project for a birthday party or just a fun day during their break! To learn about pricing and availability, please visit orlando.gov/ Community-Programs-Events/Pottery-Studio/. At Leu Gardens, enjoy a day outdoors searching for all of the hidden garden gnomes hiding throughout the 50-acres of botanical gardens. Visit leugardens.org for all of their fun events and activities. At the City's 183-acre Bill Frederick Park at Turkey Lake, families can rent boats, fish, play disc golf, camp, swim and visit a petting zoo. Visit orlando.gov and search for Bill Frederick Park for maps, rental information and a list of many more great amenities. The Orange County Library truly offers something for everyone and their reach is so much further than Continued on page 4



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## Winter Park Mayor's Message

🌌 Mayor Steve Leary



Service To Our Community

Serving as an elected official is an honor and a responsibility. Unlike other cities, Winter Park is not divided into districts. We are elected at large, representing each one of you, regardless of your address. While I

Steve Leary

am privileged to serve as your mayor and chair of the Winter Park City Commission, I am but a single vote of the commission. Winter Park has a commission/manager form of government, which means the city commission makes decisions and is primarily responsible for setting city policy. It is the responsibility of City Manager Randy Knight, through his staff, to implement these policies and ensure high-quality city services are delivered.

Every year we go through an election process. In 2019, City Commission Seats 3 & 4 are up for re-election. Congratulations to Commissioner Carolyn Cooper who recently retained Seat 3 and will serve for the next three years. Seat 4, currently held by Vice Mayor Pete Weldon, will go through the election process and will be determined by voters on Tuesday, March 12. In March 2020, City Commission Seats 1 & 2, and in 2021 the mayor's seat, respectively, will be open for your vote. I encourage you to become more involved in this process, especially younger residents who may believe the time constraints are too burdensome. It is incredibly important to the continued success of Winter Park, that the make-up of our city commission reflects the composition of our community.

As mayor, I have been fortunate to have community leaders on both sides, physically and philosophically, who have come together to set an optimistic path forward for our city. It is essential to have a city commission with a variety of interests and passions, yet hold the common thread of love for our city. City staff has provided reams of supporting documentation and has implemented our policies and decisions.

In just the past three years we have:

- added parkland [55+ acres of Howell Creek]
- undergrounded powerlines [currently working on undergrounding the overhead

lines on Fairbanks Avenue between Harper Street & Interstate 4]

- renovated city facilities [Fire Station 64, tennis center, golf course, Showalter Field]
- improved traffic flow [Lee Road Extension, Denning Drive]
- planted trees [city rights of way and parks]
- invested in our parks [Mead Botanical Garden, Cady Way]

All of these have been done without raising your millage rate and could not have been done without the team you know as your city commission and city staff. As well, I would like to thank our county, state, and federally elected and appointed officials for their availability. Many of the projects during my tenure as mayor, are the result of policies, actions, and funding resourced from these partners.

Thank you to Pete, Carolyn, Sarah, and Greg for your commitment, collaboration and respect for one another, city staff, businesses and most importantly, our residents and neighbors.

From Page 3.

merely books. Visit ocls.info for information about classes, meet ups, camps and more that are offered during Spring Break and all year round throughout your library system.

For our older youth who are looking for summer employment, the City's Aquatics Division is now hiring lifeguards for our numerous City pools. The City offers competitive salaries and hours. Call 407-245-0478 or visit cityoforlando.net/aquatics for details.

As always, thank you for your continued support and I look forward to seeing you around town this month!



At Leu Gardens, enjoy a day outdoors searching for all of the hidden garden gnomes hiding throughout the 50-acres of botanical gardens.



## protection and service by Winter Park Police Department

## Vacation...All I Ever Wanted

Spring break is synonymous with "road trip." Any successful

road trip begins with a plan and that plan should start with making sure that your vehicle is "road worthy." Before heading out onto the open road, take a minute to walk around the family truckster. Check your tires for proper inflation and tread depth, and if you are taking a vehicle that rarely gets driven, check the age of the tires. If you are not sure how to do that, look at the side wall of the tire and locate the DOT number. The last four digits will tell you the week and the year that the tire was manufactured. For example, 1218 indicates that the tire was manufactured in the twelfth week of 2018. As always, check the vehicle for any faults with the glass (broken/ cracked windows and mirrors) and check all of the fluid levels. With the advent of GPS maps in vehicles and on phones, the need for paper road maps is no longer necessary. However, with the constant state of change due to road construction, the information relayed via GPS is not always accurate. Therefore become familiar with the informational phone numbers for the State Highway patrols and roadway information centers in the states you

will be travelling in (in Florida, #511 or \*FHP) to obtain the most up-to-date roadway information.

Your road trip is only successful if you make it safely to your destination and back home. A few reminders while navigating down the road. You utilize the "automatic" light function on your vehicle. If it is not equipped with that feature, make a conscious effort to check the status of your headlights. And always turn on your headlights when you are using your windshield wipers.

Lastly, we all have seen the devastating consequences of drinking and driving. Unfortunately, this trend seems to continue. It is important to note that we all can recognize someone (or even ourselves) when someone is "falling down" drunk, but recognizing someone (or ourselves) who is "buzzed" or "just feeling mellow" is as- or more- important. Be responsible and have a designated driver or use a ride sharing service if you plan to party and if you see someone who may be attempting to get behind the wheel when they appear to be impaired, intervene and call someone to assist. Just as dangerous is the process of texting and driving. Texting is not just the text messaging but also posting on social media and checking emails. Nothing is so important that it can't wait until the next stop light or even better- when you get to your destination.



have seen the signs, "Lights on for safety." There is sound evidence that shows that your eyes will go to where they see a difference in light. This fact helped automakers incorporate "driving lights" that automatically illuminate when the vehicles are started. Unfortunately, vehicle owners often mistake these driving lights for actual headlights. The dangers with this is that driving lights typically don't illuminate as far as headlights, and when only the driving lights are illuminated, no tail lights are illuminated- so make sure to

Enjoy your spring break! You deserve it! Just come back safely so the rest of us can go!

## CYDERSECUTITY AWARENESS by Ron Frechette, The Cyber Coach

## Cybersecurity Jobs – The New Career Frontier (Part One)

After we published February's article, *The Good, Bad and Ugly of the Cybersecurity Workforce* 



Shortage, we received lots of questions about what types of cybersecurity jobs are available and if it is possible to break into the industry with little-to-no experience. The answer is there are several pathways to take. And yes, with the right plan and innate skills, you can land a job

Ron Frechette

in cybersecurity with limited or no experience.

Being these are two topics that require a bit of explaining, we are going to focus on the different career paths you can pursue along with income expectations this month. Then, in April, we will follow up with some tips on how to break into the industry.

#### **Career Paths in Cybersecurity**

Cybersecurity occupations vary widely from those who prefer to perform deep technical testing, conducting research, consulting with companies to help them manage cybersecurity programs, or working on the frontlines to help prevent attacks. The following are some of the most popular positions to consider.

#### IT Governance, Risk and Compliance (IT-GRC) Management

Most industries have at least one compliance framework they must be in compliance with or they risk losing clients, damaging their brand

and/or being hit with civil fines and penalties. More recently, global frameworks and laws such as EU-GDPR are putting pressure on all industries to implement robust data privacy protection. Larger organizations have full-time compliance officers who deal strictly with compliance issues and ensure the company meets its regulatory obligations. There is a massive shortage of these types of consultants.

Average annual salary is \$70,000 for Data Governance Managers and \$77,000 for Compliance Officers and typically requires passing the Certified Risk and Information Systems Control (CRISC) or Certification in Risk Management Assurance (CRMA) exam. There are several other types of certifications that can be attained to enter this field.

#### **Security Auditing**

A Security Auditor is responsible for probing the safety and effectiveness of computer systems and their related security components. They perform routine security audits and issue detailed reports that outline the effectiveness of the system, explains any security issues and suggests changes and improvements.

Average annual salary is \$65,000 and typically requires passing the Certified Information Systems Auditor (CISA) exam.

#### Penetration Testing (Ethical Hacking)

Penetration Testing involves testing an organization's network for vulnerabilities and then

**O'NEIL** 

and/or being hit with civil fines and penalties. manually exploiting those vulnerabilities to see if More recently, global frameworks and laws such you can gain access to sensitive data.

> Penetration testers are analytical-minded, but they work best when they understand the business and how the business operates. Good communication skills are a must for penetration testers, as they are required to create reports on their findings and sometimes are responsible to communicate the results to non-technical audiences.

> Average annual salary is \$80,000 and typically requires passing the Certified Ethical Hacker (CEH) exam.

#### **Security Architecture**

Security Architects work at the technical design level, designing the essential architecture of your organization's systems. Their primary responsibility is to ensure that the technical specifications of the architecture are secure.

Average annual salary is \$150,000 and typically requires passing the Information Systems Security Architecture Professional (CISSP-ISSAP) or the Certified Information Security Manager (CISM).

#### Chief Information Security Officer (CISO)

A chief information security officer (CISO) is the senior-level executive within an organization responsible for establishing and maintaining the enterprise vision, strategy, and program to ensure information assets and technologies are adequately protected. The CISO directs staff in identifying, developing, implementing, and maintaining pro-

Continued on page 7

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## BUSINESS INSURANCE

## Taste4Toolbox 2019

Taste4Toolbox will bring together some of the best chefs, confections, and beverages in the area on March 7, 2018. The event will benefit the 306 Foundation and its local community program, Toolbox4Life.

"I am honored to be involved with Toolbox4life because I greatly respect the work they do in training life skills and providing job opportunities to those less fortunate in our local community," said John Rivers, 4Rivers Smokehouse. "I have seen, time after time, the true gift is in the giving. I am humbled and grateful to serve and be a part of Taste4Toolbox again in 2019."

The evening will offer savories, sweets, and wine and beer from purveyors who've been partnering with the organization since the event began four years ago. It also features a short program, where the most recent graduates will be introduced to offer guests context and intimacy with Toolbox4Life's impact in the community.

Toolbox4Life is the outward programming of the 306 Foundation, directed by John Hursh. The mission of the Foundation is to build strong community. Concentrating on the culinary and construction industries, the eight-week classes (offered three times annually) introduce students to a holistic curriculum, involving health & wellness, professional, and life/personal skills. Students also work on the job according to the track (culinary or construction) and are paid for their time both in class and on the job site.

"After meeting with, talking to and researching other programs across the country, we wanted to create something meaningful, that would be helpful to the Central Florida community and unique, to bring different communities and demographics together," said Hursh.

Both men and women who apply to the classes are working to leave lives impacted by homelessness, incarceration, mental health issues, domestic violence, trafficking, and addiction. Toolbox4Life

#### From Page 1.

the Meridian Club scholarship as a student at Winter Park High School, I went on to graduate cum laude from the University of Florida.

I am currently pursuing a Masters of Public Health in Epidemiology at Emory University, focusing my research around climate change and infectious disease."

"One of the tenants of the ZKS mission is to serve our community with our time, talent, and resources. For this reason, ZKS has pledged to provide at least 3500 hours of community service in 2019 to various causes in Central Florida," said Pam Foels, shareholder at ZKS. "This pledge underscores the ZKS belief that we have a responsibility as members of our community to contribute in a positive way, a belief instilled in the culture of the firm by its founding partners 35 years ago. This year's pledge also honors the memory of Steve Hatcher, the firm's past president, whose legacy continues to inspire."

is a path to continue the healing, and build tools into the student for a career and life, rather than merely job training.

Even more unique to the model is that the curriculum is entirely volunteer-based. From the professional chef and general contractor, to the yoga instructor and bank executive teaching personal finances, it is the Foundation's intention to bring people together, to learn from another where they might not otherwise have the opportunity.

"Once I met Jane and John, heard their story and the work they are committed to providing to women in need in the Orlando community, I was compelled to share my own story of love and loss that might inspire a stirring of hope and faith that a new life can be had with hard work and commitment," explains Trina Gregory-Probst, Chef/Owner Se-

7bites and another chef participating in Taste-4Toolbox again this year. "I am truly grate-



#### "Runners and walkers are passionate about healthy living and healthy communities. They truly care about the cause this event benefits," says Jon Hughes, race director, co-owner of Track Shack and Track Shack Events. "So together with supportive sponsors and fundraising efforts this becomes a local win-win."

Winter Park Road Race participants receive a peacock-inspired t-shirt, a finisher medal, a souvenir glass, and an opportunity for sports massage and injury assessments provided by AdventHealth. Little runners in the AdventHealth for Children Kids' Run receive a t-shirt and ribbon. For more information run to www.TrackShack.com.

The Zimmerman Kiser Sutcliffe Winter Park Road Race is also supported by other local champions for youth, health and fitness including AdventHealth, Track Shack, Jewett Orthopaedic Clinic and Shipt.

ful and humbled to be a small part of the big picture for the students of the Toolbox4Life program and the 306 Foundation."

Someone who's also benefited from being a part of Toolbox4Life is Sharon Baumgartner. She was a student four years ago. "Toolbox4Life saved my life. They took me in when I didn't know what I was doing or where I was going. They gave me direction. You feel the love. You know they are concerned with your wellbeing, your future. I'm now a certified chef and I owe that to Toolbox4Life."

Hursh adds, "Where there is common ground, there is greater understanding and empathy. We hope our model is a way of contributing to a healthier, stronger Central Florida community."

You can purchase tickets to the March event at https://www.taste4toolbox.org/

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## **City Celebrates Bike Month**

In celebration of March as Florida Bicycle Month, the City of Winter Park presents "Bike Winter Park" Group Bike Ride & Gathering, Thursday, March 7. Rain date in the event of inclement weather will be Friday, March 8.

Riders are encouraged to ride their bike to work, or bring it for the group ride through beautiful Winter Park. Check-in begins at 3:30 p.m., and riders should meet on Garfield Avenue, directly behind the main stage in Central Park. The group ride, for those 18 years of age and up, will begin at 4 p.m. The aftergathering will begin at 5 p.m. at Park Social located at 358 N. Park Ave. A free bike corral will be available near the main stage in Central Park for bike parking from 3:30-8 p.m. A limited number of t-shirts will be given to those who register first.

Millions of Americans engage in bicycling because it is a viable form of transportation, an excellent form of fitness, and provides quality family recreation. Investing in road improvements such as bicycle lanes, routes, off-road trails, and parking to enable safe access for all users are all ways the City encourages bicycling. The Group Bike Ride & Gathering is an additional way to encourage and promote alternative forms of transportation as well as health.

More information or to register:

- City of Winter Park Facebook
- City of Winter Park Eventbrite

For questions, please contact kmoore@cityofwinterpark.org or 407-599-3262.



#### From Page 5.

cesses across the enterprise to reduce information and information technology (IT) risks. They respond to incidents, establish appropriate standards and controls, manage security technologies, and direct the establishment and implementation of policies and procedures. The CISO is also usually responsible for information-related compliance.

Average annual salary is \$204,000 and typically requires Certified Ethical Hacker (CEH), Certified Information Security Manager (CISM), Cisco Certified Network Professional: Security (CCNP Security) and Certified Information Systems Security Professional (CISSP).

#### Do You Really Have What it Takes?

There are many other career paths within the Information Security and Compliance industry to consider. We have highlighted what is believed to be the ones that are in the highest demand and in the shortest supply of talent. As in every industry, there are downsides. We suggest reading last month's article to get a full perspective on the stress and pressures that cybersecurity professionals live with on a daily basis. It is certainly not for the faint of heart. If you think you have what it takes, we'd love to have you join us in our quest to help keep the world safe in cyberspace as we dive deeper and deeper into the digital age.

**Questions?** Send me a tweet: @GoldSkyRon or email: ron.frechette@ goldskysecurity.com

#### Sources:

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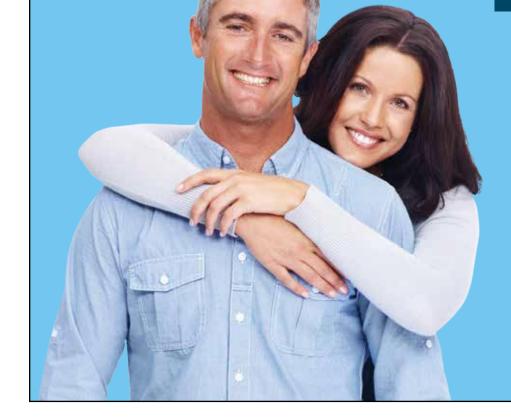
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## **Rollins College Walking Tour Honors Mister Rogers**

In celebration of Fred Rogers' birthday, March engagement endeavors and beyond." 20, Rollins College will honor its most famous

of memorabilia. The tour will run from March 5 - 31 during the regular operating hours of the College's Cornell Fine Arts Museum.

Fred McFeely Rogers majored music composition and in graduated with distinction from Rollins College in 1951. He was active at the college, serving on the chapel staff and as a member of the Community Service Club, the Student Music Guild, the French Club, the Welcoming Committee, the After Chapel Club, and the Alpha Phi Lambda fraternity. He also sang in the chapel and Bach choirs. After graduating, Rogers visited Rollins College frequently over the years and spent winter vacations in Winter Park. In 1996 the McFeely-Rogers Foundation established a music scholarship at Rollins College for aspiring Fred Rogers' portrait, painted by local artist Don Sondag, hangs in Tiedtke Concert Hall. musicians.

In 2018, the nation celebrated the 50th

voutube.com/watch?v=2BvTLkD03iM.

The five-stop walking tour begins at the Cornell alumnus with a self-guided campus walking tour anniversary of Mister Rogers' Neighborhood, which Fine Arts Museum, where Mister Rogers' sweater

> and sneakers, which he gave to the college in 1991, will be on display. Tiedtke Concert Hall is stop two, where a large portrait of Fred Rogers, painted by local artist Don Sondag, hangs. Stop three is on the Rollins Walk of Fame in front of his old dormitory Lyman Hall, where the stone from his hometown of Latrobe, Pennsylvania, was placed on the occasion of his 40-year reunion from graduating Rollins. Stop four is Olin Library, where a collection of books, his yearbook, personal letters, and photos from the Rollins College Archives are on view. Finally, stop five is at the marble plaque by Strong Hall engraved with the words that inspired him - "Life is for Service."

> The free self-guided tour will be available from March 5 through March 31 during Cornell Fine Arts Museum hours: Tuesday 10 a.m. to 7 p.m., Wednesday-Friday 10 a.m. to 4 p.m., Saturday and Sunday Noon

to 5 p.m. Please note that the museum is closed on Mondays. Parking is available in the SunTrust parking garage on Lyman Avenue (fees apply) or in available public parking areas.

Questions can be directed to the Rollins College Office of Marketing and Communications at 407-646-1548.

## **Blood Donors Receive Free Meal** And Movie Ticket

"The walking tour is our way of honoring

Select Boston Market Restaurants during March are hosting blood drives where donors can share their power to save lives. Those who give blood on the Big Red Bus at participating locations will receive a voucher for a FREE individual meal, complete with two sides, plus a voucher for a **FREE movie ticket!** 

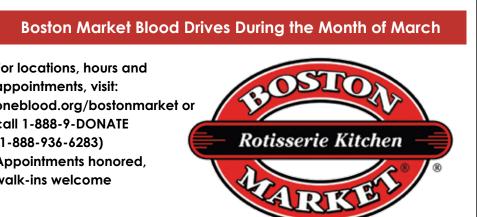
For locations, hours and appointments, visit: oneblood.org/bostonmarket or call 1-888-9-DONATE (1-888-936-6283) Appointments honored, walk-ins welcome

the time that Fred Rogers spent on our campus starring Tom Hanks, "A Beautiful Day in the Neighborhood," is scheduled to be released in November. Winter Park High School's a capella group, Naughty Scotty and the Octapellas, recorded a Mr. Rogers medley and the videofilmed on campus- can be seen at https://m.

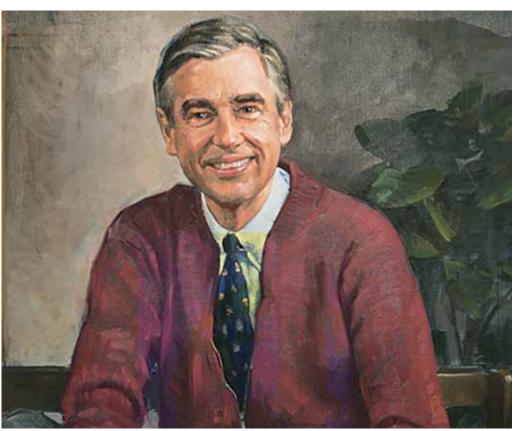
premiered on PBS on February 19, 1968. A film

as a student and the many ways he continues to influence the Rollins College community," said Grant Cornwell, president of Rollins. "His messages of self-esteem, inclusiveness, and respect still resonate clearly in our community

oneblood







#### All Blood Donors Receive

- A free individual meal with two sides
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🚺 exit

## RITES OF SPRING at the MORSE

Live Music, Tours, and More Fridays, March 22 – April 26, 5 p.m. – 8 p.m.

#### Winter Park Sidewalk Art Festival Open House

Friday, March 15, 9:30 a.m. - 8 p.m. Saturday, March 16, 9:30 a.m. - 4 p.m. *Sunday, March 17,* 1 p.m. – 4 p.m.

#### **Easter Weekend Open House**

Friday, April 19, 9:30 a.m. - 8 p.m. Saturday, April 20, 9:30 a.m. – 4 p.m. *Sunday, April 21,* 1 p.m. – 4 p.m.

#### ALL EVENTS ARE FREE



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## About The Artist Elizabeth St. Hilaire

Belizabeth has lived in Central Florida for over 20 years. She holds a B.F.A. in Advertising Design from Syracuse University, which prepared her for a dual identity as both communication designer and a painter. These days she's a fulltime fine artist whose only graphic design client is herself. St. Hilaire has earned Signature Member status with the National Collage Society and



Artist Elizabeth St. Hilaire created the official poster for the Winter Park Sidewalk Art Festival's 60th year.

crisscrosses the country several times a year to take her painted paper

works on the road. Teaching and sharing her collage technique through an intense three day *Paper Paintings* workshop has become a passion.

St. Hilaire published her book *Painted Paper Art Workshop* internationally with North Light Books in August 2016. Elizabeth's work has also been published in *Acrylic Works 3: Celebrating Texture* (2015) and *Incite 2; Color Passions* (2014), both by North Light. A feature article on her work appeared in the April 2014 issue of *The Artists Magazine*, she was also a finalist in *The Artist's Magazine Annual Art Competition* (2014 and 2015) and took first place in the category of Collage/Mixed Media for *The Artist's Magazine All Media Competition* (2010). St. Hilaire was an award winner in the National Collage Society's Signature Members Exhibition at the Mesa Contemporary Arts Museum, in Mesa AZ in 2013. Online, Elizabeth was a finalist in *The Richeson 75 Annual Art Contest* (2013).



## 1960 Y F A R S 2019

# SIDEWALK ART FESTIVAL MARCH 15-17 2019

## The 60th Annual Winter Park Sidewalk Art Festival

## **About The Festival**

he Winter Park Sidewalk Art Festival debuted in March 1960 as a community project to bring local artists and art lovers together. The Festival is produced by an allvolunteer board and draws more than 350,000 visitors each year. This year, more than 1,100 artists from around the world applied for entry. An independent panel of three judges selected the 225, out of more than 1,100 artists, to exhibit their works. The Festival consistently ranks as one of the top juried fine art festivals in the country. Recent accolades include the #2 ranking in Art Fair Calendar's "2018 Best Art Fairs," along with high rankings in *Art Fair Source Book's* and *Sunshine Artist Magazine's "Top 100"* lists.

## CATEGORIES

The Festival features a wide variety of fine arts and crafts in clay, digital art, drawings & pastels, fiber, glass, graphics & printmaking, jewelry, leather, metal, mixed media 2D, mixed media 3D, painting, photography, sculpture, watercolor, and wood, as well as emerging artists.

#### AWARDS

Artists complete for 63 awards totaling \$72,500. The "Best of Show" winner is purchased for \$10,000 by The Winter Park Sidewalk Art Festival Board and donated to the City of Winter Park. Previous winners are on permanent display at the Winter Park Public Library. A \$5,000 "Art of Philanthropy" Purchase Award is sponsored by the Edyth Bush Charitable Foundation. A \$2,500 "Distinguished Work of Art" Award is presented through The Charles Hosmer Morse Museum of American Art. There are 10 "Awards of Excellence" of \$2,000 each, 20 "Awards of Distinction" of \$1,000 each and 30 "Awards of Merit" of \$500 each.

## MUSIC AND ENTERTAINMENT

During the three days of the Festival you will find free entertainment presented on the main stage located in north Central Park, starting with a concert on Friday night.

#### FAMILY FUN



## **COMPLIMENTARY BIKE VALET**

Should you use your bicycle as your means of transportation to the Festival, the City of Winter Park's Transportation Advisory Board has provided a free bike corral located on Morse Boulevard across the street from the Winter Park Train Station parking lot.

For more information including map and artists booth assignments please visit wpsaf.org.

NO ANIMALS are allowed in Central Park or on Park Avenue between New England and Canton Avenues during Festival hours per Winter Park City Ordinance.

## 2019 Winter Park Sidewalk Art Festival Schedule Talent Lineup

## March 15 Friday:

4:00-4:30 ...... Saagar Ace, Emily Lucas & Tray Johnson 4:45-5:15 ...... Beartoe 5:30-6:15 ...... The Dana Kamide Band feat. Daphne Cooper 7:15-8:45 ...... Mindy Abair and the Boneshakers

## March 16 Saturday:

10:00-10:45 ... Paint it Black (Contemporary Classical) 11:00-11:15 ... The Citrus Singers Girl Scouts Chorus 11:30-12:15 12:30-1:15 ..... Sarah Hardwig 1:30-2:30 ...... Patchouli (Modern Folk Guitar Duo) 2:45-3:15 3:45-4:30 ...... Dream Catcher Trio 5:00-6:00 ...... Will Patrick

## March 17 Sunday:

10:00-11:00 ... Flint Blade 11:15-11:45 ... Suzuki Music Institute (Childrens' Ensemble) 12:00- 1:00 1:15-2:00 ...... O-sky Contemporary Teen Singer/Soloist





Children can create their own artwork at the Children's Workshop Village. Easel painting is very popular, and local art centers and museums feature a variety of fun, hands-on art activities for children. Admission is free and participants may take home their artistic creations. The Children's Workshop Village hours are 10 a.m. – 4 p.m. on Friday, Saturday and Sunday. Easel painting is from 10 a.m. – 3 p.m. on Saturday and Sunday.

#### LEON THEODORE SCHOOLS EXHIBIT

The place to discover the talented artists of the next generation is at the Leon Theodore Schools Exhibit where artwork by thousands of Orange County students is on display. The creativity and level of expertise displayed by these young artists will delight and amaze you. Be sure to check out this wonderful exhibit.

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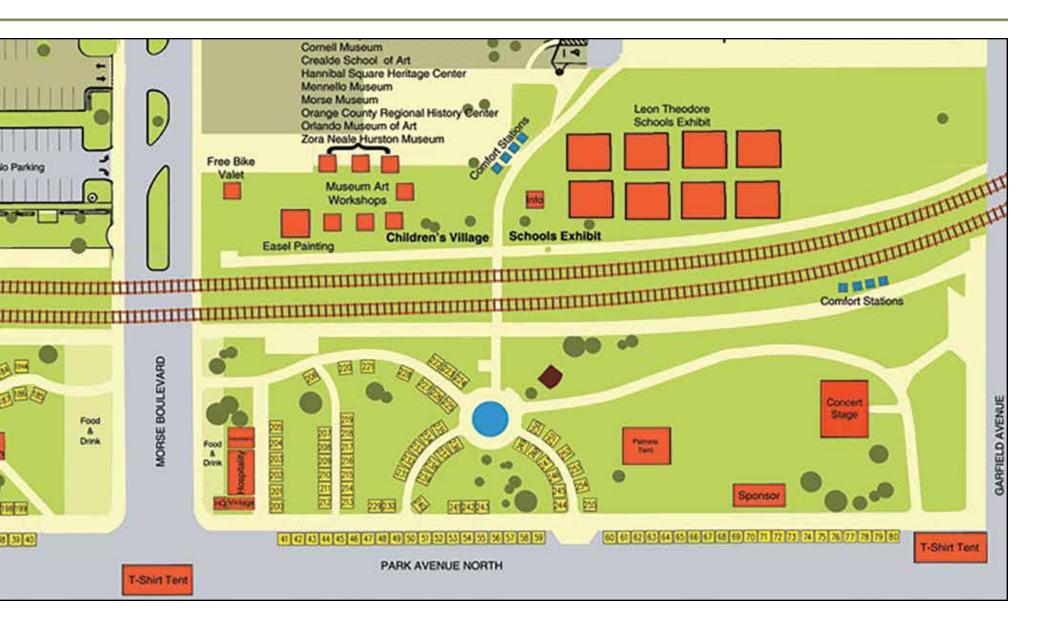
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## **Avoid The Tax Season Long Lines**

Every year through April, our lobbies in the Orange County Courthouse and at our branch locations fill with customers using their tax refunds to pay off balances. This means customers may experience a longer wait than normal. However, there are multiple options to choose from when paying a traffic ticket or fine that will help you save time.

For instance, customers may pay off their traffic ticket or make a criminal case payment online 24 hours a day and seven days a week at our website, https://myeclerk.myorangeclerk. com/. At the site, customers are also able to elect the traffic school option or request an extension. Customers may also make their payment at any Amscot in Florida or any Western Union location. In addition, traffic payments are also accepted at our branch locations in Apopka, Ocoee, Winter Park and Goldenrod as well as the main courthouse.

If customers prefer, they may also choose to mail their payment to:

Orange County Clerk of Courts 425 N. Orange Avenue Orlando, FL 32801 Suite 410 (traffic payments) Suite 250 (Criminal payments)

For more information on your options when making a payment visit www.myorangeclerk.com.

## March Is Women's History Month by Adrienne E. Katz Katz

Every woman today who has in her own name a job, a bank account, a credit card, a lease, a license, a car, a mortgage, a diploma, or a pension has these because she is standing on the shoulders of millions of women who fought for those privileges.

We're celebrating Women's History Month throughout March, commemorating the achievements of women since the passage of the 19th Amendment to the U.S. Constitution, which gave women the right to vote in 1920. The 100th Anniversary of the 19th Amendment will be commemorated nationally.

This amendment had no impact on economic equality. It took the efforts of President John F. Kennedy, First Lady Eleanor Roosevelt, and Presidents Lyndon B. Johnson, Richard Nixon, and Barack Obama to support legislation that made progress toward women achieving equal rights. The legislation prohibited discrimination, on the basis of gender, in institutions receiving federal funds and required equal pay for equal work.

For the first time in history, more than half of students in law, medical and graduate schools are women.

Those who came before us — since the 1800s, our foremothers marched, spoke out to hostile crowds and hearings, lobbied and suffered physical and verbal abuse. They had their sanity questioned, were jailed, starved, and force-fed while manacled. They sacrificed their comfortable and secure lives so that we might be closer to equality for all.

Since the 1960s, several women stand out in the forefront of the legislative battles: U.S. Rep. Bella Abzug proposed that Women's Equality Day be celebrat-

ed nationally. Rep. Patsy Mink wrote the legislation for Title IX. Supreme Court Justice Ruth Bader Ginsburg, as a law professor, prepared the cases for the Supreme Court to apply Title IX.

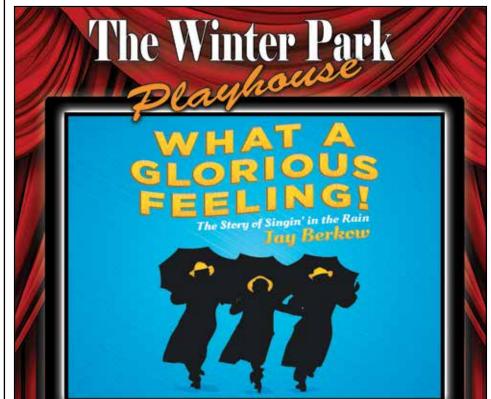
Recognizing the achievements of women in all facets of life – science, community, government, literature, art, sports, medicine – has a huge impact on the development of self-respect and new opportunities for girls and young women.



– even just voting or participating in civic-action efforts – are not priorities. Well, they need to think again. They wouldn't have what they take great pride in if others hadn't made such activities a priority.

We have not yet achieved the goal of equality for all. But if /when we do, we will have to continue to teach our daughters and all students that rights are not offered, but are hard won and can be withdrawn. Thomas Jefferson said, "The price of freedom is eternal vigilance." This has never been more appropriate.

Our achievements obviously do not mark the end of our journey. It is only with the continued work of citizens and leaders of all backgrounds that women can achieve equality in the workplace and political power to implement legislative policy. So, let us celebrate what we have accomplished, honor those who have worked for our betterment and keep moving forward until we gain equality for all.



Teaching about accomplish-

ments of women in our own families and those from other backgrounds leads to higher self-esteem among girls and greater respect among boys and men. The results can be remarkable, from greater achievement by girls in school to less violence against women, and more stable and cooperative communities.

We've witnessed a number of remarkable milestones for women in our country. For the first time, a female has been elected Speaker of the House of Representatives — Nancy Pelosi in 2007 and again in 2019. And women were major contenders in presidential elections — Hillary Clinton for president and Sarah Palin for vice president in 2008. A record number of women ran for and won political positions at all levels of government. We have three women on the U.S. Supreme Court — Ruth Bader Ginsburg, Rosa Sotomayer and Elena Kagen.

Equality for all, however, will not come in a fancy box with a neatly tied bow. Rather, the process toward equality continues to be messy and protracted.

Since the Equal Pay Act was signed in 1963, the wage gap has narrowed by less than a half-cent per year. Where is the dedication to maintain the momentum that brought us to where we are now?

Many women today are so caught up in their busy lives that they think they don't have time to do anything more than their jobs and family obligations. They think that becoming involved in the League of Women Voters, in politics and government, supporting candidates who stand for equal rights

## March 15 - April 13, 2019

This high energy song & dance musical tells the story of the love triangle between Gene Kelly, Jeanne Coyne & Stanley Donen during the creation of *Singin' in the Rain*. Featuring the film's iconic score & dance choreography!

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## WFTV's Racquel Asa Wins Seventh Annual Dance Competition

Racquel Asa and her partner danced their way to victory and helped raise \$205,000 in this year's "Dance, Dream & Inspire" competition.

The annual gala was held at Hard Rock Live on Feb. 9 and featured six local celebrities performing ballroom dances ranging from the waltz to the Argentinian tango with professional dance partners. Racquel Asa, WFTV anchor/reporter, and Shawn Swaithes dazzled the judges and audience with a high-energy disco number. Randy Lowe, founder of Lowe and Behold, and his partner Marta Lyszkowicz

earned the title of Most Popular Couple by raising nearly \$6,200 worth of votes for this award.

The competition is a fundraiser for Embrace Families, formerly known as Community Based Care of Central Florida, the tri-county area's leading nonprofit organization overseeing foster care, adoption and other services for childhood victims of abuse, neglect and abandonment.

"The community support for 'Dance, Dream & Inspire' continues to grow, and we're tremendously grateful for another successful year," said Glen Casel, president and CEO of Embrace Families. "Money raised through this event allows us to help stabilize struggling families on the verge of abuse and neglect, and provide children and teens in foster care with the support



Racquel Asa and her dance partner won this year's "Dance, Dream & Inspire" competition.

system they need, just as their peers would receive in a traditional family."



During each year's event, Embrace Families recognizes an individual or organization who has selflessly and generously supported efforts that serve vulnerable children and families in the Central Florida community. This year's Inspiration Award was presented to the Reed Automotive Group for their commitment to ensuring that children who enter the dependency system have the same opportunity to succeed as their peers. The highest-profile example of their commitment is the "Cars for Kids" initiative, which awards new cars to deserving teenagers transitioning into adulthood from foster care.

Other local celebrity dancers included:

- Roseann Harrington, chief of staff for Orange County Mayor Jerry Demings
- Estee Martin, radio host, Cox Media Group
- Paul Roldan, CEO, Allgen Financial Advisors, Inc.
- Tony Jenkins, market president for Central Florida, Florida Blue



## Inspiring Whole-Person Health Wholeness | Fitness | Medicine

The Center for Health & Wellbeing is where wholeness, fitness and medicine all come together to help you achieve your optimal state of wellbeing. It's where you can feed your body and your mind, while staying in tune with your health.

#### Wholeness

- Kid's Corner
- Conference center
- Health and wellness education classes
- Nourish coffee bar + kitchen
- Nutrition theater
- Gardens with walking paths
- Social gathering spaces
- Terrace with patio seating

#### Fitness

- Peggy & Philip B. Crosby Wellness Center - a Medical Fitness Association Certified Facility\*
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  - Multi-purpose group
    exercise rooms
  - Exercise equipment and weights
  - Indoor track
    \*Pending certification

#### Medical

- Acupuncture
- Weight loss management and Diabetes education
- Massage
- Outpatient lab
- Primary care physician offices
- Retail pharmacy
- Specialty
  - physician offices
- Sports medicine and rehabilitation



A partnership between the Winter Park Health Foundation and AdventHealth

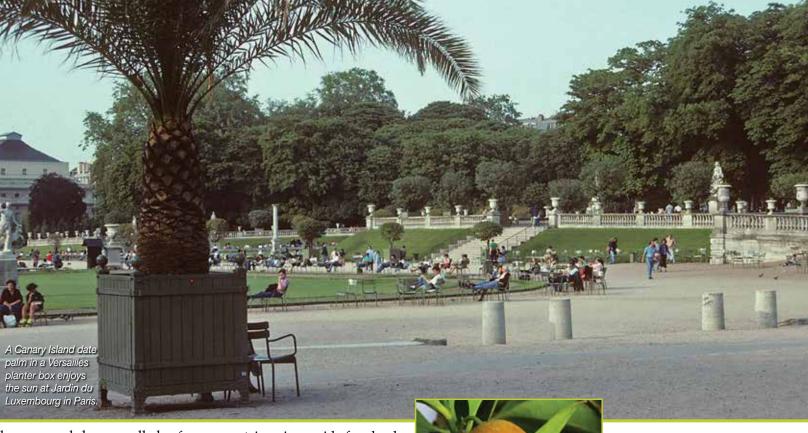
2005 Mizell Avenue | Winter Park, FL 32792 407-644-2300 | YourHealthandWellbeing.org

All photography by Stephen G. Pategas/Hortus Oasis



#### Stephen & Kristin Pategas

Plants have been cultivated in containers through the centuries and around the world. As plant explorers brought back plants from more temperate regions, a passion developed for growing tender plants in locations where they would survive not outdoors through the winter. This led to the extensive use of portable containers - tubs, in the garden by Stephen and Kristin Pategas The Formal Look In Container Gardening



pots, and boxes. The large wood boxes called Versailles planters are still planted today with formal-looking plants that are exotic and not cold hardy. During the cooler months they were and still are stored in orangeries - tall structures with high broad windows to maximize light penetration.

Select containers with a formal style and use them singularly or use a symmetrical pairing to flank a walkway, wall fountain, garden gate, or doorway.

For plants, select ones with strong structural shapes, imposing stature, and perhaps with single straight trunks - crape myrtle, Majestic Beauty Indian hawthorn, windmill palm, pygmy date palm, or Japanese ligustrum. Be aware that using a pair creates the challenge to maintain the plants as matched equals otherwise they appear to be unbalanced. Topiaries are a good choice if the person who is doing the pruning has a sharp eye.

Many shrubs trimmed into topiaries are available at local garden centers in a variety of shapes: spirals, spires, pom-poms, single, double or triple balls, fans, cascades, columns, cones, or standard (singletrunk) globes. The following plants are typically trained into shapes: dwarf yaupon holly, boxwood, Eugenia, wire vine, firethorn, and creeping fig. Lantana, juniper, and roses are sometimes grown with single trunks. These are all small-leaved plants that can be sheared with minimal damage to the leaves. You may create your own topiary with a frame as a trimming guide for shrubs or vines. Provide a sunny location; rotate the container to promote full, even growth; and hand prune or shear to maintain the desired shape.

Plants that offer more than a visual treat are some of our favorites for a formal container look. Rosemary is easily trimmed into a cone and will perch outside a kitchen door for use by the discriminating chef. The pungent

scent released by its volatile oils will encourage a stroke from passers-by.

If you are willing to replace plants after about five years, look at the essentially thornless kumquat (*Fortunella spp.*). It is cold hardy (to 10 degrees) and its small round to oval yellow to orange fruits are

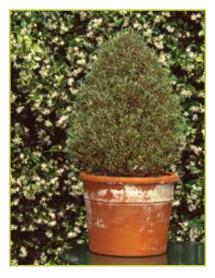


profuse and showy. The Nagami (pop the whole fruit into your mouth for an explosive sweet-tart



At left: Flanking a walkway, Japanese junipers cascade above single-trunk standards.

At left: Nagami kumquat (Fortunella margarita) fruits are oval with a sweet rind and tart flesh. Below: A potted rosemary is easily sheared into a cone.

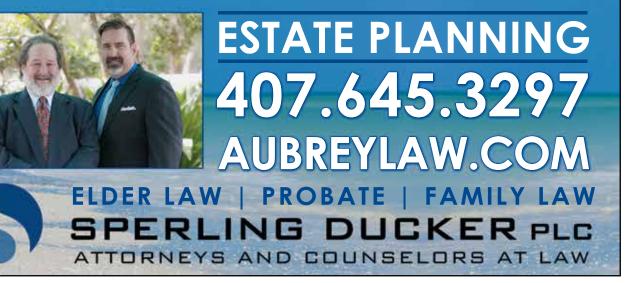


flavor), Meiwa, and Marumi types offer the tastiest fruits. They mature in the fall and adorn the tree for months. As with other citrus, kumquats have fragrant blooms that precede the fruit. Keep them healthy to forestall their inevitable demise from citrus greening.

Select containers to match your style, purchase plants with the perfect shape and appropriate size, install them using a quality potting mix, and add that formal touch to your garden.

Hortus Oasis (FL26000315) in Winter Park is a boutique garden design company specializing in residential, commercial and specialty gardens. Stephen is a registered landscape architect and Kristin is a certified landscape designer. Contact them at 407-622-4886/garden@hortusoasis.com

YOU HAVE WORKED HARD THROUGHOUT YOUR CAREER, NOW LET OUR FIRM ASSIST YOU IN MAKING YOUR ESTATE PLANNING EASY. PLEASE CONTACT OUR OFFICE IF YOU HAVE ANY QUESTIONS OR WOULD LIKE TO SCHEDULE A CONSULTATION.





## live meaningfully by Ayesha G. Shenk, M.A.

## Connectedness

Friendship is an interesting thing.

Somewhere along the way you meet a random person, find something in common,

decide that this person seems, laughs, smells, talks, believes things you can get behind and then you invite them into the innermost sanctum of your life. A total stranger!

And then all of a sudden they're no longer a stranger... They're the people you choose as your family and the ones who you tell your innermost thoughts, hopes, dreams, and secrets.

They have the ability to see you, know you, love you and even to hurt you and yet it endures. They have the ability to bear witness to your life in a way that is biologically and systemically unbiased. Life falls into life and way leads on to way and one day you realize that the landscape of your world includes them as immutable fixtures.

Friendship is a funny thing,

because for all intents and purposes these people have no responsibility to you or commitment from you and yet they become the most significant ones.

I recently had the opportunity to connect with some old friends and it reminded me of all the things I've forgotten. Life and work and family become so consuming that it's hard to find moments to dedicate to things other than those right in front of your face, but friendship requires its own nurturing - whether days or years apart. It needs time, effort, appreciation, vulnerability, hope, forgiveness, and love. It requires you to jump at the chance to see or come through for someone. It encourages you to be a better version of yourself than you usually are... no biological or vested mandate, is the foundation upon which the very most important part of our humanity is based.

We're wired for connection - it's the essence of who we are as beings and it's perhaps the most impactful part of how we navigate life. It's the very reason that the worst punishment our correctional system doles out is solitary confinement. We need

> one another. We need to know we are needed and loved by one another. We need to matter and to hold others in a place of mattering.

> Friendship is so easy sometimes, and then others it requires us to take every shred of our ego and put it aside... friendship teaches how to know better, see better, love better, and be better.

> So this month, look around. Take stock of those with whom you surround yourself. Are you being the best version of yourself for them that you can? Are you asking them to do the same? Have you left some important ones behind? Are there some you should?

Connect, be vulnerable, accept with graciousness and forgive with generosity... connect again.

Rinse and Repeat.

In friendship till the next time, Ayesha

Ayesha G. Shenk, M.A. practices at 2150 Park Avenue North as a Licensed Mental Health Counselor and can be reached at ayesha@livemeaningfully.net or 407-796-2959.

Friendship looks and feels very different to each of us depending on where and with whom

we find ourselves, but it's perhaps one of the most

significant and important threads in the tapestry

of connectedness in which we reside. To be able

to love and accept and nourish someone else, with

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**For online scheduling, visit:** OrlandoHealth.com/**BaldwinPark** 

## pop culture detours by George McGowan

## A Springtime Potpourri Of Pop Culture Tidbits

As the weather turns from falling oak leaves to falling oak pollen, and Spring Break approaches, here are some of my favorite tidbits from the world of pop culture. First, some must-sees! On the TV (or laptop screen or other favorite device), from Amazon, make time for two series - "Homecoming" starring Julia Roberts and "The Marvelous Mrs. Maisel" starring Rachel Brosnahan. "Homecoming" is an interesting half hour drama adapted from a podcast of the same name. Each episode is directed with invention and flair by Sam Esmail, who is the creator of the cult-TV series "Mr. Robot." While a star vehicle for Ms. Roberts, the show is stolen by a young and up-and-coming actor, Stephan James. He absolutely mesmerizes as a young war veteran adjusting to life back home and discovering things aren't what they seem. "Mrs. Maisel" is a whirlwind comedy from the mind of Amy Sherman-Palladino, who turned the family drama on its head with "Gilmore Girls" and now brings her comedic sensibility to the upper west side of Manhattan

and the dank downtown comedy clubs of the late 1950s through a captivating main character and a keen eye for period detail and a quirky music soundtrack. Blossom Dearie and XTC? You have to see for yourself how it all works together marvelously, to borrow a word.

From the movie world, I was completely blown away by the Spike Lee Joint, "BlacKkKlansman." The movie is equal parts history project and cop drama. It features another wonderful soundtrack which highlights the incredible guitar work by Charles Altura on the main title song. While "BlacKkKlansman" will definitely not be what you should pick for a quiet, relaxing night on the couch, if you are looking for something entertaining yet cerebral, you should check it out. The story is incredible - you can sum it up in a few words - black cop infiltrates KKK - but it fills out a simple story with incredible acting, restrained direction, and a topical subject matter that, unfortunately, points out just how far we need to go to truly approach im-



proved race relations in our country. Congratulations to Spike Lee for his recent Oscar for screenwriting this project. I also thoroughly enjoyed "The Favourite" which netted the wonderful actress Olivia Colman the Best Actress award. A fantastic look at the court of Queen Anne is morphed into a tour-de-force for three great actresses: Colman as well as Emma Stone and Rachel Weisz. The women command the screen and the men are merely comic relief in this film, which makes for

a wild and fascinating ride through a period piece which includes gracious dollops of farce and spectacle. Where else will you see a duck race in a regency ballroom and one of the unsexiest sex scenes ever filmed?

Finally a quick list of new music that I recommend: "Tip of the Sphere" by Cass McCombs continues this under-the-radar artist's fine form as a modern folk troubadour and "This Land" by Gary Clark Jr. is a scorching blues rock plea for something to change for goodness' sake.

## theater in the parks by Paul Gicola

## Art Imitates Life...

#### "Gloria"

#### by Branden Jacobs-Jenkins, Mad Cow Theatre

Unfortunately, mass shootings have become a common occurrence and we have seen this topic played out in theater, movies, television, and music. In this play Gloria shoots and kills some of her coworkers and then herself in an office of an American magazine in midtown New York. In many cases it's easy to focus on the depraved shooter but this play takes a different approach. Under the adept direction of Mark Edward Smith, the focus is on the survivors. Each one of them sees themselves as the center of the disaster trying to capitalize on the situation. In addition, the lack of any real communication among people is explored. Yes, many people are on social media and put their whole life out there. But, this isn't real communication. We seem to have lost that personal one-on-one interaction. In the play we see the difference between the younger staff and an older man from another generation who wants to interact in a more personal manner. The younger under-30 staff have trouble with personal communication. Their social development seems to have been stifled. They behave like high school students, putting each other down and cursing. Gloria was lonely and hurting and had trouble expressing herself. Her horrible action was her way of screaming "I am here, and I exist." But even after the shooting, her co-workers only focused on themselves. An important work with solid performances. (Plays through 3/10).

This world premiere play will provide the answer. The unofficial prequel was written by John Updike in 2000. The OST commissioned Mark St. Germain to adapt a script. The work was presented as a staged reading at PlayFest 2017 and expanded to a full production for this season. Both "Hamlet" and "Gertrude and Claudius" are playing in repertory, rotating through 3/24. People ask which one to see first. Usually, I like things to be in chronological order. But in this case, I was glad I saw "Hamlet" first and then "Gertrude and Claudius" as a flashback. Either way, you will experience great entertainment as the same actors are in each play. Junior Nyong'o is outstanding as Hamlet, walking a fine line between truth and insanity. There is a chemistry between Paige Lindsey White (Gertrude) and Gene Gillette (Claudius) that helps explain why things got totally out of control.

Top Notch Productions at Local Colleges and Universities...

"John Proctor is the Villain" by Kimberly Belflower, actors are very believable and do a fine job expressing empathy for both sides and dealing with their inner conflicts.

#### "The Streets of Crocodiles" by Simon McBurney/Mark Wheatley, UCF

This high energy, well-acted play with music and dance is based on a collection of short stories by Polish writer Bruno Schultz who was killed by Nazis in 1942. Bruno's life and memories play out with brilliant imagination. It's hard to tell between memory and reality in this topsy-turvy production reminiscent of "Alice in Wonderland." I particularly like the way UCF turns their plays into history lessons with lobby displays and playbill information.

Congratulations to Alan and Heather Alexander founders of The Winter Park Playhouse for being named a Central Floridian of the Year Finalist by *Orlando Sentinel.* 

#### "Gertrude and Claudius" by Mark St. Germain, Orlando Shakespeare Theatre

Have you ever seen Shakespeare's most famous and popular play "Hamlet" and wondered what events came beforehand and the backstory between the love affair between Gertrude and Claudius"?

#### Rollins College

This is a new play written for Rollins in collaboration with The Farm Theater. The Me-Too movement comes close to home as high school students explore their beliefs about gender, sex and power. The question of who to believe is central to the action. Do you believe your friend or someone that you respect with a good reputation? Either way, someone's reputation is tarnished, and their life destroyed. The student



BEST BETS FOR MARCH: "1984" (GARDEN THEATRE), "RICHARD II" (ORLANDO SHAKES), "SISTER ACT" (OSCEOLA ARTS), "THE WILD PARTY" (THEATRE WEST END), "THE LAST PAVING STONE" (THEATRE UCF) AND "WHAT A GLORIOUS FEELING" (WINTER PARK PLAYHOUSE) AND "CRAZY LITTLE THING CALLED LOVE" (BREAKTHROUGH THEATRE).

## schools

## Baldwin Park Elementary PRINCIPAL ANNA FERRATUSCO

Baldwin Park Elementary is proud to announce our spring performance of Aladdin! Our students have been working very hard to learn their parts. This stellar performance will include singing, dancing, and spectacular costumes. Everyone in the community is invited to this event on either Thursday, March 28th or Friday, March 29th. This free event is made possible through the performing arts department at Baldwin Park Elementary!

## **Dommerich Elementary** PRINCIPAL KAREN VERANO

The Dommerich Elementary Kindness Club created a winter tree titled "Snow" Many Ways to Be Kind. They wrote ways to show random acts of kindness to their families, friends, school, and community. They encouraged the entire school to think of ways to be kind. All classes participated in writing acts of kindness on snowflakes to fall around the tree. Kindness club celebrated Random Acts of Kindness week, February 11th-15th, by holding a Cheering Day! They held welcome signs and shook pom poms at arrival and dismissal on Friday the 15th. They wanted to show the staff and students that they were happy to see them and to have a great day!



Hello Glenridge Families,

It's a great day to be a Glenridge Lion! Since the last issue, we have had a great deal of successes taking place at our school. In the month of January, we hosted visits from each of our feeder elementary schools as well as a Step Up to Middle School event. It was so wonderful to see each of our future Lions and the excitement on their faces in visiting their future school. I can already tell we have incredible experiences ahead of us with our future Lions joining us. Also, our Lion's Pride Foundation hosted a Family Glow Night, raising over \$6,000 to support our IB program. This is proof of our community coming together to support our school initiatives.

Parents, the link below will provide a survey for us to obtain feedback from you as a parent. We are seeking feedback from each of you on our school operations. Know your insight is valuable to us as a school and I appreciate you taking the time to complete this survey for us. Feedback is how we get better. Thank you for your continual support of school initiatives and programs.

Parent Survey Window: open through March 15, 2019

https://ocps.az1.qualtrics.com/jfe/ form/SV\_bat4w9T2DJZLckR



To kick off Catholic Schools' Week, St. Charles Borromeo Catholic School hosted an Open House after all of the Sunday masses. Parents and National Junior Honor Society students gave classroom tours where prospective new families had the opportunity to meet faculty and administration. This event and many others signify the importance of a Catholic education.

Monday started with a special Mass with Bishop Noonan. The students celebrated with the students of Morning Star and Bishop Moore Catholic High School. The day ended with much excitement as the faculty matched up against the 8th graders in a volleyball game. The faculty won!

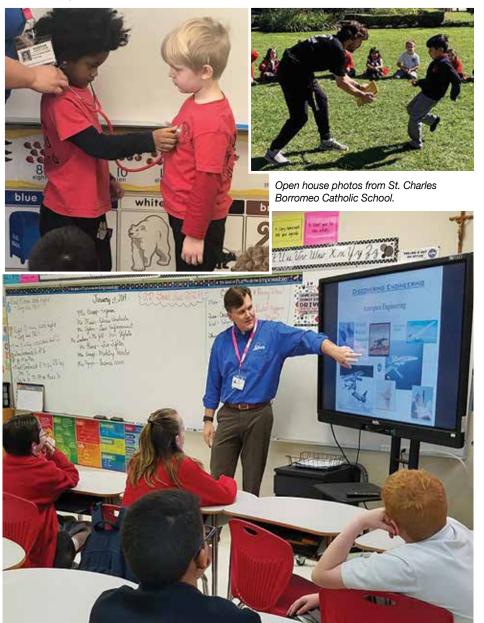
Career Day was packed with parent volunteers and local professionals sharing their work experiences.

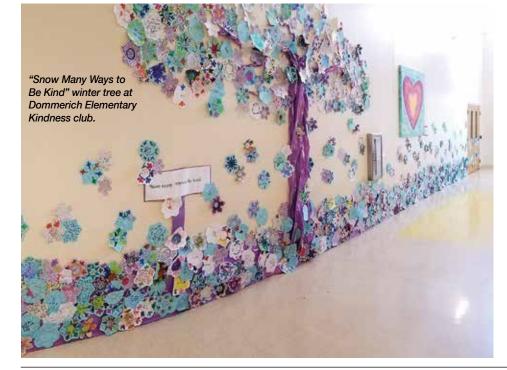
The students heard from medical professionals, a chef, flight attendant, meteorologist, toy designer, business owners, fitness instructors, and many more. Thank you to all who participated to make it a success.

The girls were triumphant again over the boys in winning the traditional Penny Wars. Collectively, over \$2,000 was raised for Shelterbox, an international disaster relief charity that provides temporary shelter and life saving supplies to displaced families.

Our students also donated approximately 1,000 dental items (toothbrushes and toothpaste) for our sister diocese mission school in the Dominican Republic.

To close out the week, families enjoyed a school picnic, followed by outstanding performances by the students in our Talent Show. It was a week filled with school spirit, service, and community!





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## schools

#### The Geneva School Headmaster bob ingram

K4 students operated a Pet Fair! Students learned to transition between jobs such as selling concessions and selling tickets. Each student chose an animal, learned about it, and had the opportunity to present the results of their work to peers and parents.

In first grade, students visited Blue Spring State Park, saw manatees in their natural habitat, listened to a presentation by a park ranger, and enjoyed a picnic. For Valentine's Day, dads were invited to a special lunch, classroom program, and student/dad kickball game.

Second grade students read *Sarah*, *Plain and Tall* by Patricia MacLachlan, and then went to a petting farm. This allowed students to engage in a hands-on experience that helped them better understand the book they had been reading.

Fifth grade students reenacted the five most prominent battles of the Revolutionary War using water guns! Students were drilled in military marching and flanking, and after reading the historical account of the battle, reenacted the major portions of each battle.

Seventh-twelfth graders enjoyed our annual Pancake Breakfast, always a favorite tradition among students.

Tenth grade students shot off bottle rockets during an exciting chemistry class lab!



The senior class spent a day downtown taking part in an extended discussion centered on the overarching question of what constitutes human flourishing in the 21st century.

Come to a prospective parent event for K4-12th grade on Thursday, March 28 from 6:30-8:00 p.m.! Call 407-332-6363 or go to www.genevaschool.org for more information.

## Winter Park High School PRINCIPAL MATT ARNOLD

A Winter Park High School Junior won Congresswoman Stephanie Murphy's State of the Union

essay contest. Uma Menon, an AP Scholar with Distinction and part of the International Baccalaureate program, submitted a 500-



Uma Menon

word essay focused on the historical importance of youth-led movements. She was Murphy's guest at the February 5th State of the Union address in Washington D.C. An already-accomplished poet and musician, Ms. Menon is also nationally ranked in Lincoln-Douglas Debate and holds many positions in local community groups, such as President of the local Future Business Leaders of America and CollegeBoard's Access to Education Youth Council.

WPHS athletics teams have excelled during the winter season. Both the girls' and boys' soccer teams finished outstanding seasons as Metro and District Champs, advancing to Region finals and finishing fifth in the state. The Competition Cheer team claimed a number of titles, including Metro, Region, and State champs - their ninth state title in the past 12 years. They went on to place an incredible eighth place in the nation. In addition, the ROAR Dance Team was tops in the state in both the Hip Hop and Jazz categories and placed fifth in the nation at the Universal Dance Association's (UDA) National Dance Team Championship in February. Finally, in a record-breaking season, the girls' weightlifting team finished with a best-ever third place ranking in the Metro, and qualified eight girls for Regions. Principal Matt Arnold says, 'I'm so proud of our student-athletes and all of the outstanding accomplishments that have occurred over the past couple of weeks."



## Winter Park Presbyterian PreSchool

Winter Park Presbyterian Preschool enrichment students in the Art Lovers class happily apply underglaze to the clay fish they made, that have been bisque fired in the school kiln. The following week they take home spots, stripes, and all kinds of beautiful fish glazed and glassy from the sea of their imaginations. They learn about where clay comes from, the chemistry and science of glaze colors, glass is made from sand, and so much more.

At right: Students at Winter Park Presbyterian Preschool learn about glazed pottery in Art Lovers class.



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#### Audubon Park Garden District Events

#### **Ongoing Events**

**Every Monday night Community Market** – 6:00 to 10:00 p.m. at Stardust Coffee parking lot located at 1842 E. Winter Park Rd. For information call 407-590-8776.

**Every Wednesday Plant Clinics** - 3:00 to 5:00 p.m. at Harry P. Leu Gardens located at 1920 N. Forest Ave. UF/IFAS Extension Orange County Master Gardeners are available. Please stop by with your plant problem or soil for pH soil testing. For more information, please call 407-254-9200 or visit http://orange.ifas.ufl.edu/res\_hort/.

#### Baldwin Park, College Park and Orlando Area Events

#### **Ongoing Events**

**Every Monday through Friday Plant Clinics** 8:00 a.m. to noon; 1:00 p.m. to 5:00 p.m. at the UF/IFAS Extension Orange County, 6021 S. Conway Road. Master Gardeners are available. Please stop by with your plant problem or soil for pH soil testing. Call 407-254-9200 or visit http://orange.ifas,ufl.edu/res\_hort/ for more information.

**Monday - Friday Each Week Seniors' Program in College Park** - 9:00 a.m. to 1:00 p.m. at the College Park Community Center located at 2393 Elizabeth Street. For information call 407-246-4447.

**Every Monday Aerobic Gold** - 10:00 a.m. at AdventHealth Village Fitness Center, located at 2520 North Orange Avenue, Suite 101. General public is welcome, and cost is just \$5. Call 407-303-2552 for more information.

**Every Monday Smarty Pants** - 10:15 a.m. story time for children ages birth-5 years at the Edgewater Branch Library located at 5049 Edgewater Drive. For more information call 407-835-7323.

**Every Monday and Wednesday Lunch and Crunch** - noon at AdventHealth Village Fitness Center, located at 2520 North Orange Avenue, Suite 101. General public is welcome, and cost is just \$5. Call 407-303-2552 for more information.

**Every Tuesday and Thursday Body Pump Express** - noon at AdventHealth Health Village Fitness Center, located at 2520 North Orange Avenue, Suite 101. General public is welcome, and cost is just \$5. Free for Health Village Fitness Center members. Call 407-303-2552 for more information.

**Every Tuesday and Friday Tai Chi** - 10:00 a.m. at AdventHealth Health Village Fitness Center, located at 2520 North Orange Avenue, Suite 101. General public is welcome, and cost is just \$5. Call 407-303-2552 for more information.

**Every Wednesday Mills50 MidWeek Group Runs** – 6:00 p.m. at Track Shack located at 1104 N. Mills Avenue. This event is free to runners of all abilities. For more information, please visit www.TrackShack.com.

**Every Thursday Senior Stretch (Yoga Gold)** – 10:00 a.m. at AdventHealth Health Village Fitness Center, located at 2520 North Orange Avenue, Suite 101. General



Winter Park Sidewalk Art Festival is one of the nation's oldest, largest and most prestigious juried outdoor art festivals, consistently rated among the top shows by Sunshine Artist and American Style magazines. Festival runs from March 15-17 along Park Avenue and in Central Park.

March 7 Orange County Retired Educators Meeting - 10:30 a.m. at the College Park United Methodist Church, 644 W. Princeton Street. This is the annual potluck luncheon. Anyone who has worked in education is invited to join. For more information, please call 407-366-8962, or visit www.ocrea-fl-org.

March 9 Talia's Legacy Pet Walk for Childhood Cancer - 10:00 a.m. to 1:00 p.m. at Blue Jacket Park located at 2501 General Rees Avenue. For more information please visit taliaslegacy.org, or call 407-443-3379.

**April 13 Ninth Annual Wine Women & Shoes Event** - 2:00 to 6:00 p.m. at The Ritz-Carlton Orlando, Grande Lakes located at 4012 Central Florida Parkway. All proceeds from Wine Women & Shoes benefit Second Harvest Food Bank of Central Florida's mission to fight hunger in our community. For more information, visit www.wwsorlando.com.

#### Maitland Events

#### **Ongoing Events**

Every Sunday Maitland Farmers' Market at Lake Lily.

**Every Thursday Healthy Maitland Walk** 7:00 a.m.; **Babytime** 10:30 to -11:30 a.m. and **Adventures w/Books Club** 2:00 at the Maitland Public Library. For more information, please visit www.maitlandpl.org.

#### Winter Park Events

#### **Ongoing Events**

**Every Tuesday and Thursday Hands-on Gardening** 9:30 a.m. - noon at the Albin Polasek Museum and Sculpture Gardens. For more information regarding this free year-round event please call 407-647-6294.

**Every Tuesday and Thursday Tour of Louis Comfort Tiffany's Laurelton Hall** - 2:30 p.m. at the Morse Museum located at 445 N. Park Avenue. Learn more about Louis Comfort Tiffany's Long Island estate. Space limited. No advance reservations. Free with admission. For more information, call 407-645-5311, or visit www. morsemuseum.org.

**Every Tuesday, Friday and Saturday Winter Park Benefit Shop** – The shop is located at 140 West Lyman Avenue and is open from 9:30 a.m. - 1:00 p.m. on Tuesdays and Fridays, and from 10:00 a.m. - 1:00 p.m. on Saturdays. Donate or purchase clothing, bedding, jewelry, kitchenware and more. Proceeds benefit various children's programs and the local branch of Orlando Blind. The shop is also looking for volunteers. For more information please call those who run exclusively. It is very eclectic, and has an age span from people in their 20s through 80s. New participants are always welcome to join. For more information, please email jackgallagher534@gmail.com.

**Every Sunday Music at the Casa** – This free event featuring professional musicians and performers is hosted at Casa Feliz every Sunday from noon – 3:00 p.m. For more information call 407-628-8200 ext. 3 or visit www.casafeliz.us.

Third Thursday Each Month The Winter Park Neighborhood Jam – 6:30 to 9:00 p.m. Weather permitting, on the outdoor stage on the back (east) side of the WP Community Center located at 721 W. New England Avenue, with audience seating on the adjacent lawn. All voices, ages, abilities and instruments are welcome. A PA system with microphones will be provided along with a drum kit for drummers, but please bring your own instruments, amplifiers and accessories. For more information, please call 407-629-5194.

Now Through April 14 Polasek Museum Winter Exhibition – Lay Of The Land: The Art Of Florida's Cattle Culture - This exhibition will feature art and objects presenting the culture of Florida's 500-year cattle industry. A broad range of items will be exhibited, from hand-made functional objects like saddles, whips, chaps, and spurs, to fine art photography, sketches, paintings, and sculpture. For more information, visit polasek.org.

Now Through May 12 De La Torre Brothers: *Rococolab* – on view at various times - Cornell Fine Arts Museum, Rollins College, located at 1000 Holt Avenue. *Rococolab* features a selection of works that bring together art historical imagery, religious symbolism, and pop culture in unexpected dialogue. For more information please call 407-646-2526, or visit www.rollins.edu/cfam.

March 7 "Bike Winter Park" Group Bike Ride & Gathering – 3:30 p.m. on Garfield Avenue, directly behind the main stage in Central Park. The after gathering will begin at 5 p.m. at Park Social located at 358 N. Park Avenue. For more information please visit cityofwinterpark.org

March 9 Streisand: Then and Now – 7:30 p.m. at The Winter Park Playhouse featuring Carla DelVillaggio as the iconic Barbra Streisand in her nationally recognized tribute show, for one night only. For tickets and more information call The Playhouse box office at 407-645-0145 or visit www.winterparkplayhouse.org.

public is welcome, and cost is just \$5. Free for Health Village Fitness Center members. Call 407-303-2552 for more information.

**Every Thursday College Park Farmers' Market** – 5:00 to 9:00 p.m. located at 1600 Edgewater Drive. For information call 407-999-5251.

**Every Friday Your Active City Seniors Dance** – 7:00 p.m. to 9:30 p.m. at the Marks Street Senior Center, 99 E. Marks Street, Orlando. Singles and couples are welcome. Admission is \$5.00 for members and \$6.00 for non-members. Complimentary coffee and water is provided. Dress code is no jeans, tennis shoes, or tee-shirts. For more information, please call Joan at 407-339-5393.

**Every Sunday Downtown Orlando Farmers' Market** – 10:00 a.m. to 4:00 p.m. at Lake Eola. For more information call 407-246-3625.

**First Friday of Each Month The Art Stroll of Ivanhoe Village** – 6:00 to 9:00 p.m. on Orange Ave. between Princeton and New Hampshire.

407-647-8276.

**Every Wednesday Gallery Talk on** *Revival and Reform* —*Eclecticism in the 19th-Century Environment* - 11:00 a.m. at the Morse Museum located at 445 N. Park Avenue. Learn more about the rich diversity of styles, especially in leaded-glass windows, that made up the visual environment of the late 19th century in Europe and America. Space limited. No advance reservations. Free with admission. For more information, call 407-645-5311, or visit www.morsemuseum.org.

**Every Saturday Winter Park Farmers' Market** – 7:00 a.m. to 1:00 p.m.

**Every Saturday and Sunday Line Dance Class** – 10:00 a.m. Saturday for experienced dancers, and 3:00 p.m. Sunday for beginners at the Winter Park Community Center located at 721 W. New England Avenue. Enjoy music, make new friends, and get some fun exercise at the same time! For more information please call 407-592-7835.

**Every Sunday Winter Park Running Group** – 7:00 at Park Avenue and Welbourne. The group now includes members who walk exclusively, those who both walk and run, and March 13 Winter Park Garden Club General Meeting – 10:00 a.m. at 1300 Denning Drive. Seed-to-Table Learning Experiences for Children. Speaker Janice Banks, executive director, will introduce us to the Edible Education Experience in College Park. For more information, please call 407-644-5770.

March 15, 16, and 17 60th Winter Park Sidewalk Art Festival – 9:00 a.m. - 6:00 p.m. Friday and Saturday; 9:00 a.m. -5:00 p.m. Sunday. Located at Central Park along Park Avenue. For more information, please visit wpsaf.org.

March 20 Classical Music Concert - 1:00 p.m. at the Winter Park University Club, 841 N. Park Avenue. Featuring classical guitarists Christopher Belt and Troy Gifford. For info call 407-644-6149, or visit www.UClubWP.org.

March 23 ZKS Winter Park Road Race 10k & 2 Mile, Present-

ed by AdventHealth - 7:00 a.m. in Central Park located at 251 Park Avenue. Proceeds benefit The Meridian Club of Winter Park Scholarship Fund. Registration is required. Run to www.winterparkroadrace.com or www.trackshack.com



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