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Orlando Magic Dedicate Basketball Court To The Late Rich And Helen DeVos

The Orlando Magic recently dedicated their home court at Amway Center to late senior chairman, Rich DeVos, and his late wife Helen DeVos, who passed away on Sept. 6, 2018 at the age of 92 and Oct. 18, 2017 at the age of 90, respectively. The Magic's home parquet will permanently feature a "Rich and Helen DeVos Court" memorial insignia.

"What a perfect way to honor all that Mr. and Mrs. DeVos brought to the Orlando Magic organization and the Central Florida community," said Alex Martins, Magic CEO. "From the beginning Mr. and Mrs. DeVos' vision was that the team and organization would serve as a platform to improve the Central Florida community. That legacy will certainly live on, both in the Orlando Magic's community efforts

and philanthropic contributions, as well as in the way we strive to play the game with passion, a strong work ethic and integrity, while also bringing people together from all walks of life. Our court will now forever commemorate Mr. and Mrs. DeVos who made that vision a reality."

The DeVos family purchased the Orlando Magic in September of 1991. At that time, family head Rich DeVos said the DeVos family was simply the team's current caretaker, making it clear that the real owners of the NBA franchise would continue to be the Central Florida community and the loyal Magic fans.

Since purchasing the team, the franchise has won six division championships (Atlantic Division: 1994-95, 1995-96; Southeast Division: 2007-08, 2008-09, 2009-10, 2018-19); two Eastern



Rich and Helen DeVos, courtesy of Twitter.

Conference titles (1994-95, 2008-09); and had seven 50-win seasons, including a franchise-record 60 victories in 1995-96. The Magic have advanced to the playoffs 15 times during that span, while finishing with a .500 record or better in 17 of the last 27 seasons. The acquisition and operation of the Magic has always been a family affair, involving the late Rich and Helen, and their four children and spouses: Dick and Betsy DeVos, Dan and Pamela DeVos, Cheri DeVos, and Doug and Maria DeVos.

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Publisher's Message



Rick Cable

There's an effort going on by an advisory board of wonderful neighbors in Winter Park, who are passionate about aquatics, to build a pool at Winter Park High School (WPHS). WPHS has quite a rich history of success, chalking up 14 FHSAA Boys Swimming Team Championships, 12 FHSAA Girls Swimming State Championships, six FHSAA Water Polo State Championships, and several FHSAA Diving State Championships over the years- while training at the undersized high school and Cady Way pools. Neither pool has a dedicated diving well, nor are they up to modern-day standards to handle the demand of proper training and to host high-level meets. These pools are also home to the Blue Dolphins Swim Club, The Central Florida Sun Water Polo Club, and the Orlando Diving Academy, who feed into the high school programs.

The advisory board consists of:

Joe and Bess Auer - Joe (Class of '86) is the head coach for the Winter Park High School swim teams and head coach for Blue Dolphins Winter Park. Joe swam for the University of Florida and was inducted into the Winter Park High Sports Hall of Fame. His wife Bess (Class of '88) was also inducted into the Winter Park Sports Hall of Fame (gymnastics and cheerleading).

Barry Creighton - Barry is the head coach of the Winter Park High School water polo teams and assistant coach for Winter Park High School swim teams. He was a standout water polo

player for Indiana University and has taught at WPHS since 1994.

Terry and Jaq Horner - Jaq is the head coach of Winter Park High School diving teams, and she and Terry are the head coaches of Orlando Dive Academy. Both were standout collegiate divers for FSU, with Terry having won an NCAA Championship and a USA Diving Championship, and he competed internationally for Team USA.

Kim Burke - Kim (Class of '85) is the assistant coach for Winter Park High School swim teams. She was an All-American swimmer at the University of Kentucky.

Vince Furey - Vince is a Winter Park dad with two current student-athletes who compete in both swimming and water polo. He is also the former past chair of the Winter Park High School Foundation.

Building a state-of-the-art home for swimming, water polo, and diving teams would build on the high school's already impressive athletic facilities. It would create a place for adult swimming via a Masters Swim Program and serve as a gathering place for seniors, offering water aerobics and other exercise-oriented activities. It would open the opportunity to host district, state, national, and international competitions in a variety of aquatic sports while also generating income to the facility, OCPS, and the community.

If you'd like to make a donation to this worthwhile effort, please visit <https://winterparkpool.com>.

As always, thank you for reading *The Park Press*, and we look forward to the great things to come!

Rick

Rick Cable
Founder/Owner

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City Commissioner's Message

Commissioner Robert F. Stuart, City of Orlando District 3



Robert F. Stuart

As summer ends and back to school begins, I hope you and your family had a happy and safe Labor Day! This year marked the 125th anniversary of this day being celebrated as a national holiday- a holiday which serves to remember the social and economic achievements of American workers. To

all of you who work locally here to make our community a better place to live, work, play, and raise a family, thank you!

As schools begin to settle into their patterns, our Orlando Police Department is still looking for energetic individuals with flexible schedules to serve as school crossing guards at multiple locations. Please contact Traffic Safety Supervisor, Danielle Campbell, at 407-246-2814 for more information or an application.

September also serves as the last month before the City's new fiscal year begins on October 1st. The proposed 2019/2020 budget is based on maintaining our current millage rate of 6.65, which has been in place since 2014. Property taxes are calculated from the taxable value of your home (determined by the Orange County Property Appraiser) and the City's millage rate. Two public budget hearings will take place this month and all are welcome to provide comments to the Mayor and City Council:

Tuesday, September 3, 2019: Budget Hearing – 5:01 p.m. Orlando City Council Chambers

First public Budget Hearing to adopt proposed millage rate for Fiscal Year 2019/2020, and establish a tentative budget and Capital Improvement Program.

Monday, September 16, 2019: Budget Hearing – 5:01 p.m. Orlando City Council Chambers

Final public Budget Hearing to adopt the millage rate for Fiscal Year 2019/2020, and set the budget and Capital Improvement Program.

October 1, 2019: Implementation of fiscal year 2019/2020 adopted budget.

If you would like additional details about the City of Orlando's budget, Please visit Orlando.gov/budget.

The Orlando Fire Department will host its annual 9/11 Remembrance Ceremony on Wednesday evening at 7 p.m. at Fire Station One, 78 West Central Blvd.

Mayor Buddy Dyer and his Veterans Advisory Council will also host the annual POW-MIA ceremony to honor United States Military prisoners of war and those still missing in action on Friday, September 20 at 11 a.m. at the City Hall Rotunda.

Cadets from AFROTC Detachment 159 from the University of Central Florida will lead a symbolic "setting of the table" where each item on the table represents the commitment we have to remembering our POW-MIAs from our five military branches: Army, Navy, Marines, Air Force, and Coast Guard.

Our Families, Parks and Recreation Department has hired a consultant to create a new city-wide Parks Master Plan and they want your feedback! We are hosting a public meeting this month in District 3 to hear from the community on what kinds of ideas they have for our parks, fields, community centers, trails, playgrounds and more. Please join us for this meeting on Tuesday, September 24th at 6 p.m. at Leu Gardens (1920 N Forest Ave).

The Families Parks and Recreation Department and City of Orlando District 3 Commissioner Robert F. Stuart invite you to a

PUBLIC MEETING

**Tuesday, September 24
6 - 8 P.M.**

Harry P. Leu Gardens - Orchid Room
1920 North Forest Avenue, Orlando, FL 32803

On September 26, 2019, at 10 A.M., Mayor Dyer, Orlando Fire Chief Richard Wales, and the American Heart Association will host a county-wide Hands-Only CPR training session throughout all Orange County Public Schools in recognition of World Heart Day. Specifically, at Boone High School, hundreds of students will gather in the gym with firefighters as they teach life-saving skills on mannequins while informing the students of the signs and symptoms of cardiac arrest. This is part of our Take Heart Orlando campaign, which envisions a city where every resident has the knowledge, skills and ability to recognize and treat sudden cardiac arrest. For more information, or to have our firefighters teach a class at your group's next meeting, visit orlando.gov/fire.

It's that time of year again for Hispanic Heritage Month. Please join us for Hispanic Heritage Month Kickoff - "Hispanic Americas: A History of Serving Our Nation," on September 12th from 5:30 to 7:30 p.m. in the City Hall Rotunda. This event celebrates the commencement of Hispanic Heritage month, which runs from September 15 to October 15, 2019 and recognizes the culture and traditions of U.S. residents who trace their roots to Spain, Mexico and the Spanish-speaking nations of Central America, South America and the Caribbean. For more information, please visit Orlando.gov

I look forward to seeing you out and about this month. If you need to reach me, please drop me a line at robert.stuart@orlando.gov.

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Winter Park Mayor's Message

Mayor Steve Leary



Steve Leary

WP9 Improvements "Staying On Course"

As many of us work to improve our golf game, the city has also been working hard to improve your golf course. Since the \$1.2 million course renovation in 2016, we continue our commitment to providing upgrades and improvements for the WP9 to remain one of the best 9-hole courses in the country. Now, as fall approaches with cooler Florida weather on the way, there is no better time to come out and enjoy all that has been done at your very own WP9.

In 2018, the city renovated the parking area with the installation of brick pavers, synonymous with much of the downtown Winter Park area. This project resulted in 21 new parking spots. The second phase of the parking lot renovation occurred this past summer continuing the brick pavers and adding yet another five parking spaces for our WP9 guests and golfers.

This year began with a ribbon-cutting ceremony for the Charles H. Morse Park Moonlight Garden. The park, which is adjacent to the course, was freshly landscaped and fragrant evening-blooming plantings were placed along a meandering walkway which shimmers and glows under the moonlight. The walkway runs all the way from the park entrance at Interlachen Avenue to historic Casa Feliz at the west end of the parking area. The second phase of this beautiful garden walkway will be installed this September. It will circle around Casa Feliz and connect to Park Avenue only after passing by the newly designed, larger putting course called "The Back 9."



During the past year, the actual golf course received additional improvements to enhance the 2016 renovation which included new bun-

Pictured above: Charles H. Morse Park Moonlight Garden, adjacent to the golf course, was freshly landscaped. At left: Casa Feliz garden walkway will be installed this September. It will circle around Casa Feliz and connect to Park Avenue. Photos from City of Winter Park.

kers and tee boxes.

The pro shop will be introducing new WP9 apparel this fall, and the historic Winter Park Country Club is always ready to host your next office outing or holiday party. Keep us in mind for the perfect place to host your event or purchase amazing WP9 gifts for your family and friends this holiday season.

For more information on the historic Winter Park Golf Course or Winter Park Country Club, please visit cityofwinterpark.org/wp9c.



protection and service by Jim Whitman, Winter Park Police Department

National Night Out

It's that time of year again when the Winter Park Public Safety building opens its doors and hosts National Night Out. The event will be held on Tuesday, October 1st from 6:00 p.m. to 8:30 p.m. Attendees will have the opportunity to visit displays that highlight various aspects of residential and business security and ask questions to local experts on how they might be able to apply these products and services to their situations. We have once again partnered with Armstrong Lock and Security, Home Depot and REI Co-Op all of whom will showcase products that help keep you safe while at home or when travelling. Representatives from XCD Security Solutions, Surveillance Plus and FAS Windows and Doors and others will be on hand to explain their products and services to enhance the security of your home and office.

This year we welcome representatives from the City of Winter Park Parks and Recreation department to provide information on the

many free community programs that they offer, as well as representatives from the Orange County Clerk of the Court and Victim Services of Central Florida to help answer questions you may have regarding services available within our community. We are proud to have Officers from the Florida Fish and Wildlife Conservation department and the Florida Highway Patrol coming this year. The DocuGreen shredding company will be providing shredding services for anyone who wishes to bring documents that need to be shredded and we suggest a donation of a can or small bag of pet food in return to benefit the Central Florida Pet Alliance.

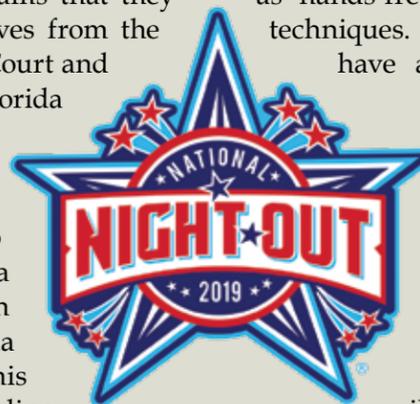
The Winter Park Fire Department will be demonstrating a vehicle extrication as well

as hands-free CPR and "stop the bleed" techniques. The Police Department will

have a "solve it" crime scene for you to test your powers of observation and will be showcasing several of our vehicles to include patrol vehicles and D.O.R.I.S (our Downed Officer Rescue Incursion System...aka "the armored personnel carrier).

Hot dogs and hamburgers will be served by the Winter Park Police Department and additional savory and sweet offerings will be provided from some of our local businesses.

Make sure to "save the date" and come down to the Public Safety building located at 500 N. Virginia Avenue in Winter Park and join us as we band together to make our community safer.



Celebrity Guest At Southern Women's Show Orlando

The 29th annual Southern Women's Show returns September 26 - 29, 2019. The show features four days of shopping, fashion shows, cooking demonstrations, health screenings, DIY workshops, makeovers, and more.

Maks Chmerkovskiy of ABC's Dancing with the Stars, will appear on the Main Fashion Stage on Saturday. Maks is a Ukrainian-American Latin-ballroom dance champion, choreographer, and instructor. Maks earned himself a win in season 18 with Olympic gold medalist Meryl Davis. Season 28 of Dancing with the Stars is set to premier on Monday, September 16. A Maks Chmerkovskiy Meet & Greet Package is available for purchase. Arthur Murray sponsors Chmerkovskiy's appearance.

Katie Dixon was a season seven finalist of FOX's MasterChef and season 14 finalist of Food Network's Food Network Star. Dixon will appear on the Cooking Stage both Thursday and Friday. Dixon serves up Southern-rooted style with a healthy international spin. Dixon owns the Birdhouse Café.

The Southern Women's Show takes place 10:00 a.m. - 7:00 p.m. on Thursday, Friday, and Saturday, and 10:00 a.m. - 5:00 p.m. Sunday. General admission tickets are \$12 for adults, \$10 for seniors (55+), \$6 for youth (6-12), and free for children under six with a paying adult. Maks' Meet & Greet Package is \$39, including a general admission ticket to the Southern Women's Show, one Women's Show reusable shopping bag,

special gifts and exclusive discounts from key exhibitors, and reserved seating for Maks' public appearance. Advanced tickets can be purchased online.

The show will be held at the Orange County Convention Center in the North Concourse in Hall B. The address is 9400 Universal Blvd., Orlando, FL 32819. For more information on Southern Women's Show: Call 407-830-7312 or visit <http://www.SouthernWomensShow.com>.



Former Rep. Mike Miller To Chair Greater Orlando Walk To End Alzheimer's

Former state Rep. Mike Miller will serve as event chair of the Central and North Florida Chapter of the Alzheimer's Association's 2019 Walk to End Alzheimer's in Orlando.

"I am truly honored to be able to chair this year's Walk to End Alzheimer's," Miller said. "A little over a year ago, I lost my mother to Alzheimer's disease. While I miss her every day, I believe there will be a cure someday, and I hope to help make it happen sooner rather than later. The funds raised at the Walk will go a long way towards finding a cure, so I hope that those throughout the Greater Orlando area will join me and thousands of others for a very meaningful event."

According to the Alzheimer's Association, an estimated 5.8 million Americans are living with

Alzheimer's disease, which is the sixth-leading cause of death in the United States. Florida has the second-highest prevalence of the disease in the country with 560,000 residents currently battling the disease.

The Walk to End Alzheimer's is the world's largest event to raise awareness and funds for Alzheimer's care, support, and research programs. On Walk day, participants will honor those affected by Alzheimer's disease with "promise flowers" during the Promise Garden Ceremony—a display of hope to represent the personal reasons participants join together to fight Alzheimer's.

"Events like our Walk to End Alzheimer's are most successful when they are led and supported by outstanding and passionate volunteers who believe in our mission to end Alzheimer's," said

Dave Josserand, vice president of development for the Alzheimer's Association's Central and North Florida Chapter. "We are so fortunate to have Mike as our Walk chair, and our team looks forward to supporting him and all the volunteers to make this a record event."

The Greater Orlando Walk to End Alzheimer's will take place Saturday, Oct. 5, at Lake Eola Park, which is located at 195 N. Rosalind Ave. To join a team or learn more, visit www.alz.org/walk.

At right: Mike Miller, photo from Twitter.



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Orange County Corrections Department Officially Swears In K-9 Officers

The Orange County Corrections Department's K-9 Officers were asked to raise their paws to be officially sworn in at a ceremony at the Renaissance Senior Center. Corrections Chief Louis Quiñones did the honors in administering the Oath of Office on August 23, 2019.

The K-9 Unit is an important part of operations at Corrections. The dogs offer unique skills to keep the jail safe and trouble free.

"As cute and Instagram-worthy as Tony and Millie are, their jobs are very serious," said Chief Quiñones. "Because of them, dangerous contraband is either detected or kept out of the jail."



K-9 officers were sworn in on August 23, 2019.

Zeid Raád Al Hussein To Speak At Rollins College

Former United Nations High Commissioner for Human Rights, Zeid Raád al-Hussein, will speak on "Global Challenges to Human Rights Today" on September 17, at 7 p.m. in Tiedtke Concert Hall as part of the Winter Park Institute (WPI) at Rollins College Speaker Series.

Throughout his career, Prince Zeid Raád al-Hussein of Jordan has been an advocate for human rights and peace initiatives. His belief that "The safety of humanity will only be secured through vision, energy and generosity of spirit; through activism; through the struggle for greater freedom, in equality; and through justice," has compelled him to engage in, and lead the cause of humanitarian work, including involvement in international criminal justice, UN peacekeeping, post-conflict peace-building, counter nuclear terrorism, and his pledge as an international gender champion.

In his final address as out-going United Nations Human Rights Ambassador, al-Hussein shared his concern that the threat to global stability created by increasing nationalism poses great danger to democracy, and he advocated for world powers to fight against factions whose mission is to undermine civil liberties.



Former United Nations High Commissioner for Human Rights, Zeid Raád al-Hussein, will speak on "Global Challenges to Human Rights Today" on September 17, 7 p.m. in Tiedtke Concert Hall at Rollins.

WPI will continue its tradition of bringing intellectual leadership to Central Florida with this 12th season. In addition to the prince, the 2019-2020 season features Jose Antonio Vargas,

Annika Sorenstam, Jeffrey Brown, Billy Collins, and Laura Ling.

WPI brings preeminent scholars, artists, entrepreneurs, entertainers, writers, and world-renowned speakers to students, faculty members and the broader community each year. Guests of this series have won Academy Awards, Tony Awards, Emmy Awards, Pulitzer Prizes, Presidential Medals of Freedom, and a Nobel Peace Prize, among many other distinguished honors.

"Winter Park Institute brings global innovators and leaders to our doorstep to challenge our thinking and open us to possibility," said the executive director, Gail Sinclair, "and the Rollins community and our Central Florida neighbors become the benefactors of their vision and calls to action."

Information on the entire WPI Season can be found at rollins.edu/WPI. Tickets can be purchased online or by calling the box office at 407-646-2145. For a limited time, a season pass for all six programs will be offered at a discounted price. Tickets for individual programs are available for \$25 per ticket.

Forbes Ranks Best Employers In Tri-County Area

Orlando Health leads Central Florida as employees' best-liked employer in Orange, Seminole, and Osceola Counties. In the publication's first ranking of "Best Employers by State," Orlando Health comes in at number 11, leading all other organizations headquartered in the area.

"Orlando Health is committed to being the best place to work," said David Strong, president and CEO, Orlando Health. "We are blessed to have a talented and diverse workforce where team members respect, support and value each other. We are honored that this recognition acknowledges their hard work."

Overall, 185 companies in Florida made the list. Here are the top ten companies with headquarters in Orange, Seminole, or Osceola County and how they ranked.

- #11 Orlando Health
- #15 University of Central Florida
- #60 Wyndham Destinations
- #92 Florida Hospital
- #98 City of Orlando
- #103 Universal Parks & Resorts
- #115 Darden Restaurants
- #120 SeaWorld Parks & Entertainment
- #130 Sonny's BBQ
- #141 Red Lobster

To create the list, Forbes partnered with the market research company, Statista. Companies do not pay a fee to appear on the list, which is independently determined by Forbes.



Orlando Health leads Central Florida as employees' the best-liked employer in Orange, Seminole, and Osceola Counties.



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10 Tips For Safer Generator Usage

Generators are critical during severe weather events, when the power can go out. They can bring power to remote job sites, aid in disaster recovery, and assist homeowners in emergencies. During hurricane season, the Outdoor Power Equipment Institute (OPEI) reminds home and business owners to keep safety in mind when using generators.

“Not having power when you need it is frustrating, so a generator can provide emergency backup power at a reasonable cost,” says Kris Kiser, president and CEO of OPEI. “It’s important to follow all manufacturer’s instructions, and never place a generator in your garage or inside your home or building. It should be a safe distance from the structure and not near an air intake.”

ADDITIONAL TIPS INCLUDE:

#1 - Take stock of your generator. Make sure equipment is in good working order before starting and using it. Do this before a storm hits.

#2 - Review the directions. Follow all manufacturer’s instructions. Review the owner’s manuals (look manuals up online if you cannot find them) so equipment is operated safely.

#3 - Install a battery-operated carbon monoxide detector in your home. This alarm will sound if dangerous levels of carbon monoxide enter the building.

#4 - Have the right fuel on hand. Use the type of fuel recommended by the generator manufacturer to protect this important investment. It is illegal to use any fuel with more than 10% ethanol in

outdoor power equipment. (For more information on proper fueling for outdoor power equipment visit www.LookBeforeYou-Pump.com). It’s best to use fresh fuel, but if you are using fuel that has been sitting in a gas can for more than 30 days, add fuel stabilizer to it. Store gas only in an approved container and away from heat sources.

#5 - Ensure portable generators have plenty of ventilation. Generators should NEVER be used in an enclosed area or placed inside a home, a building, or a garage, even if the windows or doors are open. Place the generator outside and away from windows, doors, and vents that could allow carbon monoxide to drift indoors.

#6 - Keep the generator dry. Do not use a generator in wet conditions. Cover and vent a generator. Model-specific tents or generator covers can be found online for purchase and at home centers and hardware stores.

#7 - Only add fuel to a cool generator. Before refueling, turn the generator off and let it cool down.

#8 - Plug in safely. If you don’t yet have a transfer switch, you can use the outlets on the generator. It’s best to plug in appliances directly to the generator. If you must use an extension cord, it should be heavy-duty and designed for outdoor use. It should be rated (in watts or amps) at least equal to the sum of the connected appliance loads. Make sure the cord is free of cuts, and the plug has all three prongs.



#9 - Install a transfer switch. A transfer switch connects the generator to the circuit panel and lets you power hardwired appliances. Most transfer switches also help avoid overload by displaying wattage usage levels.

#10 - Do not use the generator to backfeed power into your home electrical system. Trying to power your home’s electrical wiring by “backfeeding” – where you plug the generator into a wall outlet – is dangerous. You could hurt utility workers and neighbors served by the same transformer. Backfeeding bypasses built-in circuit protection devices, so you could damage your electronics or start an electrical fire.

For more information about outdoor power equipment visit www.opei.org.

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Many Live On The Brink Of Financial Ruin

Heart of Florida United Way (HFUW) continues to shed light on the 350,000 working and financially burdened households throughout Central Florida. On August 21, HFUW hosted the State of Our Families to bring awareness about the ALICE population and prompt a call for partnerships, advocacy and ultimately financial stability for ALICE.

ALICE is known as the households in our community that are Asset Limited, Income Constrained, Employed. The vast majority of these individuals to large families – work one or more full-time jobs and earn enough to be above the federal poverty level, but still find it difficult to make ends meet and cover the basic living costs.

According to the 2018 ALICE Report, 46 percent of working families in Florida are struggling to afford basic necessities such as housing, food, transportation, health care and child care. There are more than 3.2 million households throughout the state of Florida who do not make enough to afford the basics.

“As ALICE extends beyond the federal poverty line without a fighting chance to consistently make ends meet, building a savings fund is not an option,” said the HFUW president/CEO, Jeff Hayward. “Any emergency or circumstance can put their financial stability at risk.”

Many factors contribute to ALICE’s lack of financial stability. Among these is the affordable housing crisis. There is a deficit of more than 309,000 affordable housing units across Florida as the number of ALICE households

increased from 29 percent in 2014 to 32 percent in 2016.

“ALICE is not a new population,” continued Hayward. “There has always been hardworking people struggling to make ends meet. Although there are systematic problems that contribute to the status of ALICE, there are available opportunities to move these individuals and families forward.”

HFUW called on the local business community to unite and intercede on behalf of ALICE. There are already companies in the community that have created assistance programs that support ALICE: SunTrust, Publix, Duke Energy, and Orlando Utilities Commission (OUC) are a few. Without hesitation, these companies became the first members of Heart of Florida United Way’s ALICE Coalition.

HFUW also announced the launch of the ALICE Emergency Assistance Fund. Administered by HFUW, the purpose of the fund is to provide emergency financial assistance for qualifying families that will prevent homelessness and increase financial stability. HFUW has already invested more than \$436,000 serving 569 households (which includes investments in partner organizations to provide case management services) to provide services to the ALICE population. Through the announcement of this fund, HFUW contributed an additional \$300,000 that serves nearly 400 households.

Visit hfuw.org for more information about Heart of Florida United Way, its collaborative work in the community, and how to get involved with ALICE. If you or anyone you know is in need of help, simply dial 2-1-1.

“ According to the 2018 ALICE Report, **46% of working families in Florida** are struggling to afford basic necessities such as housing, food, transportation, health care and child care. There are more than **3.2 million households throughout the state of Florida** who do not make enough to afford the basics. ”



Publix Makes Generous Donation

Second Harvest Food Bank of Central Florida recently received \$150,000 from Publix Charities to continue putting food in the hands of local families who need it most. Right now, one in seven Central Floridians struggle with knowing where their next meal will come from. In fact, one in five children are at risk of going to bed hungry. The \$150,000 donation is part of the grocery giant’s commitment to hunger relief. In addition to the check presentation on August 28, Publix executives and employees spent time volunteering in the Second Harvest warehouse. They sorted and bagged produce, which was then transported to one of the food bank’s 500+ partners, and distributed to the community.

Please don’t hesitate to reach out with any questions. If you’re able to use the photos in the link below, please credit Second Harvest Food Bank of Central Florida.



Publix employees volunteer to help with bagging sweet potatoes and other food items at the Second Harvest Food Bank of Central Florida. To help out, visit www.feedhopenow.org for more information.



Above: Second Harvest Food Bank of Central Florida receives \$150,000 check from Publix Charities.



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AT 6:30 PM

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Assisted Living Facility #13128





Ron Frechette

cybersecurity awareness by Ron Frechette, The Cyber Coach

Building A Third-Party Risk Management Program (Part 2)

Last month we covered Third-Party Security Vetting. Companies are beginning to send letters to their vendors and partners requesting they complete security questionnaires, in an effort to determine the level of risk they pose in conducting business with them. While having basic security controls in place will enhance your ability to retain and win new business, the ultimate goal is to increase the security posture of your organization and reduce your own risk of cyber-attacks, malware threats, and data theft.

Do you have a Third-Party Service Provider Security policy? Having a plan to build a formal program is the first step. Writing the policy and deploying it throughout your organization is where the rubber meets the road.

Framework For A Third-Party Management Program

1. Develop the Plan - Assign a person to spearhead the project and define clear roles and responsibilities for those within your organization who will write the policy, obtain proper documentation from vendors, monitor vendor/partner performance, etc.

2. Build a Due Diligence Process - Determine which vendor/partners are audited or assessed by outside auditing firms and willing to share results.

3. Have a Reporting System - Identify reports that you should be receiving from vendors to monitor their performance on a periodic basis. (ISO, SOC, Penetration Tests, etc.)

4. Continuous Monitoring - Set up an ongoing monitoring process to make sure that the vendor continues to meet expectations. May depend on client requirements.

5. Access to Sensitive Data - Consider what types of data is accessible by your third-parties, what types of transactions they perform, etc., to determine the risk associated with each vendor.

6. Termination Process - Have a formal process in place that defines exactly what you would do if you find it necessary to terminate your relationship with a vendor/partner or if the vendor terminated their relationship with your organization.

Components Of A Third-Party Management Policy

Writing a Third-Party Management Policy can be a cumbersome process if starting from scratch. There are several policy template resources available on-line. Below we have provided a common policy format along with some sample verbiage to get you started.

I. Overview - Third party vendors and contractors play an important role in the support of the IT infrastructure and providing information services as part of the company services to its clients. Setting limits and controls on such persons and entities helps eliminate or reduce the risk of loss of revenue, liability, loss of trust, and embarrassment to the Company.

II. Purpose - The purpose of this policy is to establish the rules for selection of certain service providers and determining their access to company information, third party responsibilities, and setting expectations for third party protection of company information.

III. Scope - This policy applies to all company staff responsible for the selection and integration of external persons and entities that assist in providing company services, installation of new Information resources assets, the operations and maintenance of

existing Information resources, monitoring and troubleshooting of information resources.

IV. Policy - Prior to entering into an arrangement with Service Provider, staff shall follow due diligence in selecting such entities and will assess risk in each such third party relationship. The policy should be broken down into the following subsections:

- Requirements
- Monitoring/Maintenance
- Termination
- Exceptions
- Issue Management and Resolution

V. Enforcement - Any staff member found to have violated this policy may be subject to disciplinary action, up to and including termination.

VI. Distribution - This policy is to be distributed to all staff responsible for the installation of new Information resources assets, the operations and maintenance of existing Information resources, monitoring and troubleshooting of Information resources.

VII. Policy History - A table that shows the version, date, description and who approved the policy.

Obviously, this is sample language that would need to be customized for your organization. We highly recommend seeking legal counsel prior to deploying this program. There are several cybersecurity advisory firms that offer policy and procedure development services for companies that do not have the internal resources.

Until next month, wishing you a safe and secure journey in cyberspace!

Questions? Send me a tweet: @GoldSkyRon or email: ron.frechette@goldskysecurity.com



Ayesha G. Shenk

live meaningfully by Ayesha G. Shenk, M.A.

Be Here Now...

Whenever I begin to think of a topic for an article, I scour my mind as to what is of the moment for me. How am I feeling, what has been on my mind, what are the topics or needs with which I have been confronted in my office lately.

As I was doing this internal inventory, I found myself thinking about and even reading articles on Self Differentiation (a term coined in the therapeutic world by Murray Bowen, a family systems theorist) and the psychological (perhaps aspirational) notion of equanimity.

Perhaps this is because I saw a client recently with whom I was discussing it or perhaps it's because my husband has (uncharacteristically) been out of town for the last four days. Either way, it bears some reflection.

The notion of self differentiation (and even equanimity to some extent) is basically a more complex version of becoming aware of and learning how to assess and navigate the space where you end and another begins. It has to do with the sort of 'contagion of emotion' we often experience when in the presence of those we love.

Now, let me back up. As I've said many times before, I have a pretty amazing husband. There is little I could ever even think to wish differently when it comes to my family life. My husband and

kids, my home, even my dog is pretty phenomenal. We love each other wholly, have similar senses of humor, respect the same value system, and generally really want the best for one another.

And, also, we are still a family of five (six including Bodhi) with a forty-five-year span of ages between us. We have crazy hectic schedules, we feel moody at times, we are under stress, someone says something that hurts one of our feelings, we wish, we want, we fear, we disappoint, we fall short, we rise above, we do more and sometimes we do less. We are a living, breathing unit with all the combinations and permutations of personalities and experiences therein. As such, especially as my husband and I (and I'd like to think our kids as well) are particularly empathic beings, we sometimes have a tendency to fall prey to that aforementioned 'contagion of emotion.'

What I mean by this is, when you love someone and when you spend enough time with them, it sometimes becomes difficult to remember where you end and where they begin. This is even more deeply exacerbated by the fact that those same loved ones are also the ones who historically had been the ones to 'make you feel better' when things had gone awry... so why now are they not doing it?

Because no one can do it for you. Because you are your own regulator of experience and emotion. Because, ironically, it is in the very moment you



Love yourself wholly and heal thyself in the practice of care and honesty.

most want to lean into someone in order to have them 'make it all better' that you are charged with creating your own understanding, making your own meaning, choosing your own attitude and forging your own experience. That's not to say this obviates the need for vulnerability... quite the opposite. But 'vulnerability' is not the excuse for leaning on someone else to do your work.

I say all of this in the most tender way possible, as believe me I am as guilty of it as the next person... but this is a call to arms. It is now that you are given the opportunity to go forth, take good care of yourself, practice mindfulness and self-awareness so you are able to decipher these moments and then step back from the longing and the needing -and love yourself first. Love yourself wholly and heal thyself in the practice of care and honesty.

Differentiate.
Practice.
Repeat.

Till the next time,
Be Well; Live Meaningfully.
Ayesha

Ayesha G. Shenk, M.A. practices at 2150 Park Avenue North

as a Licensed Mental Health Counselor and can be reached at ayesha@livemeaningfully.net or 407-796-2959.



Kelly Price

real estate in the parks *by Kelly Price*

Experience Matters In Real Estate

For most Americans, buying a home is one of the biggest financial decisions they will ever make. In today's ever-changing, fast-moving market, technology-based firms are looking to alter the way we buy and sell real estate. The way they are doing this is through encouraging digital and paperless transactions. While third-party, technology-backed firms are also hoping to pave the way towards more "buy here, sign here" digital sales, I believe there is significant value to buyers and sellers who choose to hire a broker with a career based on firsthand knowledge and experience.

You see, in real estate, experience really does matter. In May 2019, Zillow announced that it would expand its new Zillow Offers services to include the Central Florida market, and while the concept of an iBuyer (an algorithm-powered home-flipping platform) isn't exactly new, the introduction to our local market has buyers and sellers alike asking, "Is this the right choice for me?"

If you are unfamiliar with the iBuyer concept, here is the gist: companies such as Zillow, Offerpad, and Opendoor use an algorithm to determine market value for a home and then offer a quick sale in exchange for a 7-10% transaction fee and a mildly reduced purchase price. This way, they can turn around and sell the home in three months to another buyer. Essentially, iBuyers are looking to flip your house.

A recent MarketWatch investigation revealed in June 2019 that on average, sellers who chose an iBuyer for the sale of their home netted 11% less than those sellers who chose a broker to represent them. In addition to losing money at the closing table, the lack of a FARBAR listing agreement also means that the ever-important fiduciary relationship, which provides honesty, skill, care, due diligence, and limited confidentiality between a broker and seller, was non-existent. To me, the ability to give the above representation to a client is the defining reason why the role of a broker is so crucial. Is an investor flipping houses with a computerized algorithm going to protect your interest? Probably not.

There are certain conveniences that come with the latest technological advances, but as we drift in a digital direction, I firmly believe that we must be cognizant and careful to not become "peopleless." Statistics estimate that only 5% of real estate sales are purchased by an iBuyer, which means most of the market is still people-oriented.

Whether you are a buyer or seller, the presence of a licensed broker or sales associate benefits you from the first moment a home is shown. The initial impression of a clean, staged home with lights on, candles burning, and even the occasional fresh-baked cookie smell, represents a seller well and makes the overall showing



experience more inviting to a buyer. As both sides of the transaction enter into a contract to purchase agreement, the intricacies and legalities- not to mention the emotions of the entire sales process- can be tough to navigate. Having an industry professional there to answer any questions and represent you from start to finish will save you many sleepless nights.

To recap, experience matters in real estate. As Zillow Offers makes their debut in Central Florida, I think it's important for buyers and sellers to be well-informed and consider all options. In a market where 95% of sales are the result of homes being placed on the open market, hiring an experienced, educated, well-trained broker to guide you through the sales process can make all the difference.

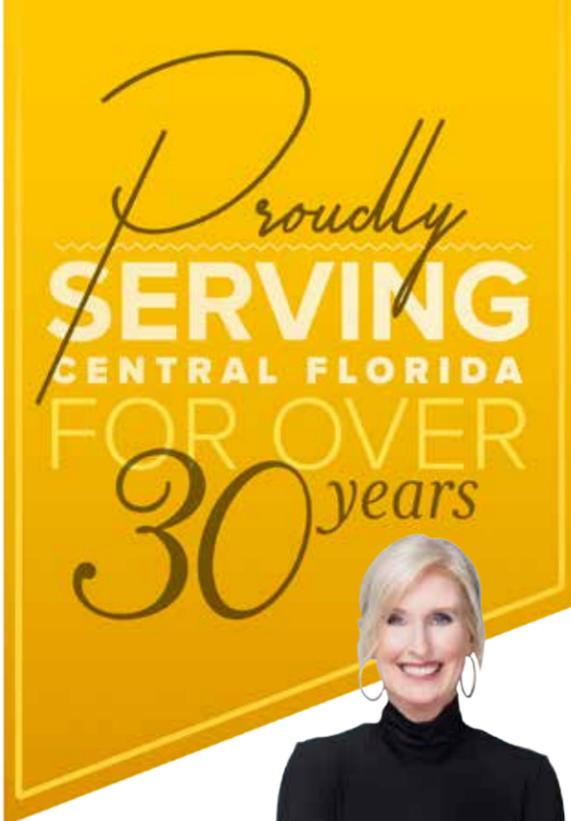
Kelly Price is not only the driving force and name on the door of one of Central Florida's most dynamic and recognized real estate companies, she also is one of the area's premier real estate sales professionals. Kelly launched her real estate career in 1989 with an established Winter Park real estate firm and over the next 12 years was one of the firm's top performers. In 2002 she was bitten by the entrepreneurial bug and started Kelly Price & Company. Starting with just herself and two other associates, Kelly Price & Company has grown to more than 40 sales agents and it has posted more than one billion in property sales. Kelly was born in Memphis, went to school at Winter Park High and received her MBA at Rollins College.



Experience Matters

keey

Kelly L. Price
Broker | Owner



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Stephen & Kristin Pategas

in the garden by Stephen and Kristin Pategas

All photography by Stephen G. Pategas/Hortus Oasis

Florida's State (Palm) Tree

In 1953, the Florida State legislature designated a state tree. They selected the native Sabal palmetto, commonly known as a sabal or cabbage palm or swamp cabbage. The 1970 legislature added to the stature of the sabal palm when it replaced the non-native coconut palm on the state seal. South Carolina designated the sabal palm as its state tree in 1939. While they are noble attempts to recognize a plant that most other U.S. states could not claim as their own, they missed the fact that a palm is typically not considered a tree. Among other missing attributes, it does not have growth rings and it cannot seal off areas of the trunk that are damaged.

The sabal palm is native to the Southeastern United States and parts of the Caribbean. It is found throughout Florida and grows in most soils including Myakka fine sand. This soil was designated as the state soil in 1989 since it is the single most extensive soil in the state including being found in pine flatwoods. Drive almost anywhere in the state and pass by extensive stands of pine trees.

The sabal palm slowly reaches a height of about 65 feet and is drought and salt tolerant. Various parts of sabal palms were used extensively by native Americans to create roofs and supports for structures, for woven vessels, and for food. Hearts of palm harvested from the bud of the cabbage/sabal palm is readily available today. Unfortunately, removal of the bud kills the palm. Sabal palms flower as all other palms do and bees are attracted to the nectar produced by the flowers. Birds eat the black berries. Long before they were transplanted from the wild for landscaping, they were successfully used for the walls of forts since their spongy trunks absorbed the impact from cannonballs. On June 28, 1776, Charleston patriots made a fort of palmetto trunks and successfully defended it against the British in the Revolutionary War. South Carolina rightfully honored the sabal palm 163 years later.

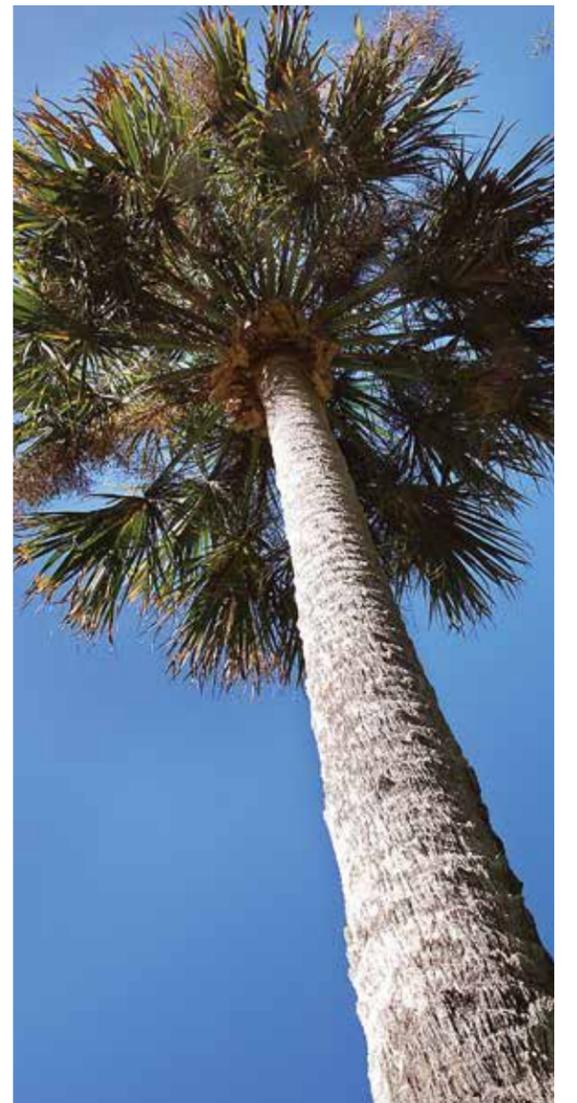
While traveling around Florida look for other Florida state symbols native to Florida (year of designation noted):

- Reptile - American alligator (*Alligator mississippiensis*) 1987
- Animal - Florida panther (*Felis concolor coryi*) 1982
- Bird - Common mockingbird (*Mimus polyglottos*) 1927
- Butterfly - Zebra longwing (*Heliconius charitonius*) 1996
- Flower - blossom of the orange tree (*Citrus sinensis*) 1909
- Wildflower - coreopsis/tickseed (*Coreopsis* spp. - 15 species) 1991

It is a testimonial to the adaptability of the sabal palm that it will easily grow wherever you may find these symbols.

The bald cypress (*Taxodium distichum*) tree epitomizes Florida as well. If the legislature would like to correct its palm versus tree misunderstanding, they should make the bald cypress the state tree and properly select the sabal palm as - a state palm. If you are or know a state legislator feel free to contact us.

Top photo: A sabal palm along Spruce Creek shows it will grow in moist areas.
 Middle photo: These white blossoms attract pollinators.
 Far right: The sabal palm which can rise to a 65-foot height usually develops a smooth trunk as it ages.
 Bottom left photo: Edible sabal palm hearts.



Hortus Oasis (FL26000315) in Winter Park is a boutique garden design company specializing in residential, commercial and specialty gardens. Stephen is a registered landscape architect and Kristin is a certified landscape designer. Contact them at 407-622-4886/garden@hortusoasis.com

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pop culture detours by George McGowan

They Are In Turmoil But It Seems To Be Working

One of the best rock and roll bands out there today is Sleater-Kinney. They are in a bit of turmoil these days but demand to be reckoned with because of their musical skill and sheer boldness. The turmoil comes from the recent announcement by their fantastic drummer, Janet Weiss, that she is leaving the band. The timing isn't great since they just released their latest album, "The Center Won't Hold" and are embarking on an extensive tour. Suddenly, the band now consists of its two original members- Carrie Brownstein and Corin Tucker- who I assume are busy recruiting a replacement drummer.

In addition to the turmoil, the new music from Sleater-Kinney indicates a new approach from the band. This new approach was cited by Weiss as her reason for leaving the band. But

while Weiss is fantastic and will be missed, I kind of like the new stuff. It is definitely a departure from their previous work which was always raw and driven. The new stuff is more refined and polished, which many informed listeners will attribute to the latest songs being produced by Annie Clark of St. Vincent. Annie certainly uses the producer's chair to introduce more electronics into the Sleater-Kinney sound and the drums seem a bit on the "programmed" side. The wild and wide-open style of Weiss is definitely tamped down, which may have led to her decision to bow out. But in reading about all this, it was reported that Weiss was the person who invited Annie Clark to produce!

The addition of Annie Clark to the Sleater-Kinney aesthetic certainly has

given fans a lot to consider regarding the songs on "The Center Won't Hold." While interesting for some to play "find the influences," it unveils some flaws. Gone are the dueling vocals of Brownstein and Tucker which propelled the band's early sound, there is now an identifiable distinction between what songs belong to each. The harmonies are there, but each song is definitely either Carrie's or Corin's. My go-to music critics from Sound Opinions dislike this new approach by the band, and I absolutely agree with their dismissal of the song "Bad Dance" as an absolute stinker, but I think the album is worth a listen by both long-time fans and new listeners.

The two songs which have accompanying videos, "Hurry On Home"

and "LOVE" are both fun and will bring we children of the 80s a thrill as they recall Devo and/or B-52s. I appreciate them as the homages they are. On the other hand, "The Dog/The Body" is a little too anthemic for me - but I would love to see if the band delivers on its potential in a live concert setting. Unfortunately, the band isn't visiting Florida on its tour! Grrrr!

Most interestingly, the album ends on a complete departure for this "kick out the jams" band. "Broken" is a piano ballad which is crooned by Corin Tucker in one of her best vocal performances. She has said that she wrote the song as a reaction to the #MeToo movement, which is quite evident by the lyrics. It is a fitting end to an album of surprises, both good and bad.

theater in the parks by Paul Gicola

Two Productions With A Timely Message

At a time when we are seeing an increase of violence against minorities, immigrants, and cultures that are often oppressed and misunderstood, two current productions deal with it head on.

"Ragtime the Musical" - Garden Theatre, through 9/15.

This is a very powerful and emotional production that features an outstanding cast of actors and singers. Although the setting is 1902 New York, you would think it is taking place today, and that's the problem. Just when we think we have made advances in race and immigrant relations; we find ourselves today revisiting the same things over 100 years later. The use of the N-word and the acts of violence may make you cringe, as well they should. The music is provided by two wonderful pianists and the songs are effective in conveying the thoughts and feelings of the characters. You really get to see the story through the eyes of the three distinct groups: the privileged whites, the blacks, and the immigrants. This show is exquisitely performed and staged and is a something you should see!

"Fade"- Mad Cow Theatre, through 9/15.

This comedy/drama deals with the immigrant experience on a more personal level as it involves only two characters. It presents a snapshot of the Latinx experience in America today. However, this story is not only about immigration. Director Eliana Stratico wants you to explore the multi-layers as you think about the relationships between immigrants and non-immigrants, men and women, whites and non-whites, bosses and employees, and between co-workers in our society today. Also, about "How far would you go to fit in?" Jennifer Coe (Lucia) and Alejandro Guevarez (Abel) give fine performances by avoiding stereotypes and presenting a realistic portrait of their characters.

MORE NEW SEASON ANNOUNCEMENTS...

More theaters have announced their new season lineup since my last column. Here is an update:

Breakthrough Theatre of Winter Park: "Come Back to the Five and Dime Jimmy Dean" (9/13-9/30), "Cabin of Fear" (10/4-10/14), "Baby" (10/25-11/11), "The Christmas Bus" (11/22-12/9), "A Breakthrough Family Christmas" (12-13-12/15), "Best of Broadway 1990-1995" (1/17-2/3), "Crazy Little Thing Called Love" (2/14-3/2), "The Craving" (3/13-3/30), "Snoopy" (4/17-5/4), "Gladys In Wonderland" (6-5-6/15) and "Sister Act" (6/26-7/20).

Valencia College East Campus: "Aida" (10/18-10/26), "Brighton Beach Memoirs" (2/14-2/22), "Rhinoceros" (3/27-4/4), and "A Night in the Ukraine" (6/5-6/13).

Rollins College Second Stage: "Bakersfield Mist" (9/25-9/28), "Speech & Debate" (11/6-11-9), "The Last Five Years" (2/5-2/8), and "Boom".

Celebration Theatre Company (Performs at Dr. Phillips Center): "Bonnie & Clyde" (9/5-9/8), and "Next to Normal" (11/15-11/24).

Theater on the Edge: "Talk Radio" (11/1-12/6).

Orlando Fringe: "The Animatronics" and "Animatronics Under New Management" (10/16-10/27), Fringe Mini-Fest (1/9-1/12), "Local Artist Teaser Show"

(4/13), "International/National Teaser Show" (5/12), and The 29th Fringe Festival (5/12-5/25).

Next month I will focus on shows for children and families. Visit theater websites for more info and to purchase tickets...ENJOY!

Note to fans of the musical "Disenchanted": The long-awaited cast recording has been made for the 10th anniversary and will be available soon. (www.officialdisenchantedmusical.com).

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OTHER BEST BETS FOR SEPTEMBER: "EVITA" (ORLANDO SHAKES), "DESPERATE MEASURES" (WINTER PARK PLAYHOUSE), "COME BACK TO THE FIVE AND DIME JIMMY DEAN" (BREAKTHROUGH THEATRE), "THE HUMANS" (ROLLINS COLLEGE), "PRIDE & PREJUDICE" (MAD COW), "SWEAT" (THEATRE UCF), "NEXT TO NORMAL" (CFCARTS).

schools

Audubon Park School
PRINCIPAL TREVOR HONOHAN

Audubon Park School can't wait to welcome students and families to our Open House on Wednesday, September 11th from 5:30 - 7:00 p.m. Teachers will be showcasing students' work and providing a look at the innovative learning experiences coming up this school year. Plus, we will have the Book Fair open during and after Open House. Families will also get a chance to visit vendors, get club information, and get involved with PTSA.

Representing our school this year as Teacher of the Year is Media Specialist Alison Hannon and Support Person of the Year is Technology Rep Duane Walton. They have both been instrumental in our LaunchEd Digital Rollout this year and support our entire student body.

APS Athletics soccer season is in full swing. Be sure to check the schedule on our website and catch a matchup this month. Coaches Tucciarelli and Howe are looking forward to a strong season with a dedicated team. For all upcoming events, please visit our website at www.audubonparkk8.ocps.net. Be sure to follow us on social media. Instagram and Twitter: @apsk8_ocps, Facebook @AudubonParkSchoolK8.

Baldwin Park Elementary
PRINCIPAL ANNA FERRATUSCO

Baldwin Park Elementary was eager and excited to kick off the new school

year. We have a lot of fun and exciting activities planned for our school community this year. Please join me in wishing all the Bobcats a fantastic school year!

Dommerich Elementary
PRINCIPAL KAREN VERANO

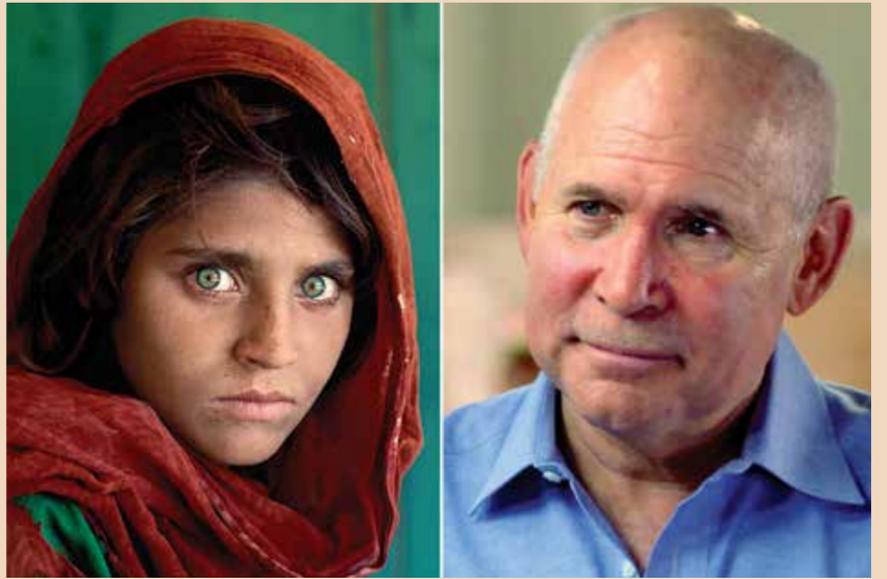
Dommerich Elementary's summer reading initiative is celebrated with a party! Dommerich students tracked their 74 days of summer reading on a calendar sent home on the last days of school in May. They receive a "party on their backpack" when they return the calendar to our media specialist this school year. The party includes streamers, balloons, and special key chains. Summer reading is fun and our students are all smiles!

The Geneva School
HEADMASTER BOB INGRAM

Recognizing that education and character formation happen both inside and outside of the classroom, our 9th-12th grade students enjoyed three days at Young Life's SouthWind Camp to start the school year. K4 students searched around our newly updated Lower School Campus for "The Gingerbread Man" after hearing and discussing the story. Our JV and reigning state champion varsity volleyball teams both started off their seasons with wins vs University High School.

For more information or to schedule a private tour, call 407-332-6363 or go to www.genevaschool.org.

Winter Park High School
PRINCIPAL MATT ARNOLD



Above: "Afghan Girl" photographer Steve McCurry's collection "Portraits of Innocence" will be installed on both campuses of Winter Park High School. Photo of Steve McCurry from the Today Show.

Homecoming

WPHS Homecoming is around the corner. Get your tickets for the Annual Homecoming BBQ by contacting Johnny Miller: Jmiller@cityofwinterpark.org

Portraits of Innocence

Staff from the Besharat Museum Gallery, Atlanta, Georgia, (<http://atlanta.besharatgallery.com/>) installed 200 prints of Steve McCurry's photos from his "Portraits of Innocence" collection (<https://stevemccurry.com/galleries/children>) on both campuses of Winter Park High School. Steve McCurry is a well-known photographer and many may recall the photo of the young Afghan girl that made Steve McCurry a household name.

Massoud Besharat, the owner of the gallery, has created the Besharat Arts Foundation and the project is called "Art in School." His hope is that the daily contact with art that presents similarities, whilst showing the differences, will further promote sympathy and empathy amongst the children. In Mr. Besharat's words, "If you see differences in the form of race, color, language, and religion it is because of the randomness of birth, but we all have the same needs, and the blood of everybody is red."

This will be the first time he has agreed to install these photographs at the high school level and we are so grateful that this opportunity has come to Winter Park High School. Over the course of this year, we hope our teachers will use these photos to enhance their lessons and we will be hosting a community event to celebrate this collection. Integrating the arts in our school holds the power to engage the interests of our students, prompt meaningful conversations, and open doors to critical thinking and creativity.

Winter Park Presbyterian PreSchool

We are so happy to be back in school! Many new families joined us this year, and we are getting to know them and also reconnecting with our returning families. Our staff and teachers are thrilled that everyone is settling in and becoming a part of our Winter Park Presbyterian Preschool family.

September is the month that we really get into the swing of things. Our weekly chapel program, art classes, and music and movement classes all start in September. After school enrichments for fall also begin in September. Enrichments are Soccer, Art Lovers, Culinary Kids, Gifts of Nature, Music & Movement, Yoga, and Beginning Ballet.

Our WPPP families and their children are invited to an open house on Monday, September 9. Parents and children will be able to visit with teachers, meet other families, and see what the children have been learning during the first month of preschool. Families will be able to purchase dinner and dessert from food trucks. Classrooms will be open from 5:00-6:00 p.m. and food trucks on site from 5:00-6:30 p.m. We look forward to seeing all of our families at open house!



Winter Park Presbyterian Preschool students from infants through VPK are very busy and settling in nicely.

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COMMUNITY CALENDAR

Audubon Park Garden District Events

Ongoing Events

Every Monday night Community Market – 6:00 to 10:00 p.m. at Stardust Coffee parking lot located at 1842 E. Winter Park Rd. For information call 407-590-8776.

Every Wednesday Plant Clinic - 3:00 to 5:00 p.m. at Harry P. Leu Gardens located at 1920 N. Forest Ave. UF/IFAS Extension Orange County Master Gardeners are available. Please stop by with your plant problem or soil for pH soil testing. For more information, please call 407-254-9200 or visit http://orange.ifas.ufl.edu/res_hort/.

Now – September 30 Fairy Door Exhibit - This whimsical exhibit will feature twenty one-of-a-kind fairy doors which will inspire your child's imagination world of mythical forests and secret gardens. Save the date for the Fairy Festival celebration, a special family evening event in the gardens Friday, August 23, 2019, from 6:00 p.m. - 9:30 p.m. We will have night-hike through the gardens with fairy landing stations, crafts, scavenger hunt for the fairy doors, and each child can make their very own fairy garden! Leu Gardens is located at 1920 North Forest Avenue. Visit leugardens.org or call 407-246-2620 for more information.

September 6 Movie Night At Leu Gardens - 8:00 p.m. featuring "Indiana Jones & The Temple Of Doom." Grilled items, popcorn and drinks are available for purchase. Garden admission: \$6 adult, \$3 child (ages 4-17 years) and free admission for Leu Gardens members. Leu Gardens is located at 1920 N. Forest Avenue, Orlando, 32803. For more information please call 407-246-2620 or visit leugardens.org.

September 8 Orlando Area Historical Rose Society Meeting - 2:30 p.m. at Harry P. Leu Gardens located at 1920 North Forest Ave. For more information, please call 407-497-1639.

October 4 Movie Night At Leu Gardens - 8:00 p.m. featuring "The Others." Grilled items, popcorn and drinks are available for purchase. Garden admission: \$6 adult, \$3 child (ages 4-17 years) and free admission for Leu Garden members. Leu Gardens is located at 1920 N. Forest Avenue, Orlando, 32803. For more information please call 407-246-2620 or visit leugardens.org.

Baldwin Park, College Park and Orlando Area Events

Ongoing Events

Every Monday and Friday Plant Clinics - 8:00 a.m. to noon; 1:00 to 5:00 p.m. at the UF/IFAS Extension Orange County, located at 6021 S. Conway Road. Master Gardeners are available. Please stop by with your plant problem or soil for pH soil testing. Call 407-254-9200 or visit http://orange.ifas.ufl.edu/res_hort/ for more information.

Monday - Friday Each Week Seniors' Program in College Park - 9:00 a.m. to 1:00 p.m. at the College Park Community Center located at 2393 Elizabeth Street. For information call 407-246-4447.

Every Monday Aerobic Gold - 10:00 a.m. at AdventHealth Health Village Fitness Center, located at 2520 North Orange Avenue, Suite 101. General public is welcome, and cost is just \$5. Call 407-303-2552 for more information.

Every Monday Smarty Pants - 10:15 a.m. story time for children ages birth-5 years at the Edgewater Branch Library located at 5049 Edgewater Drive. For more information call 407-835-7323.

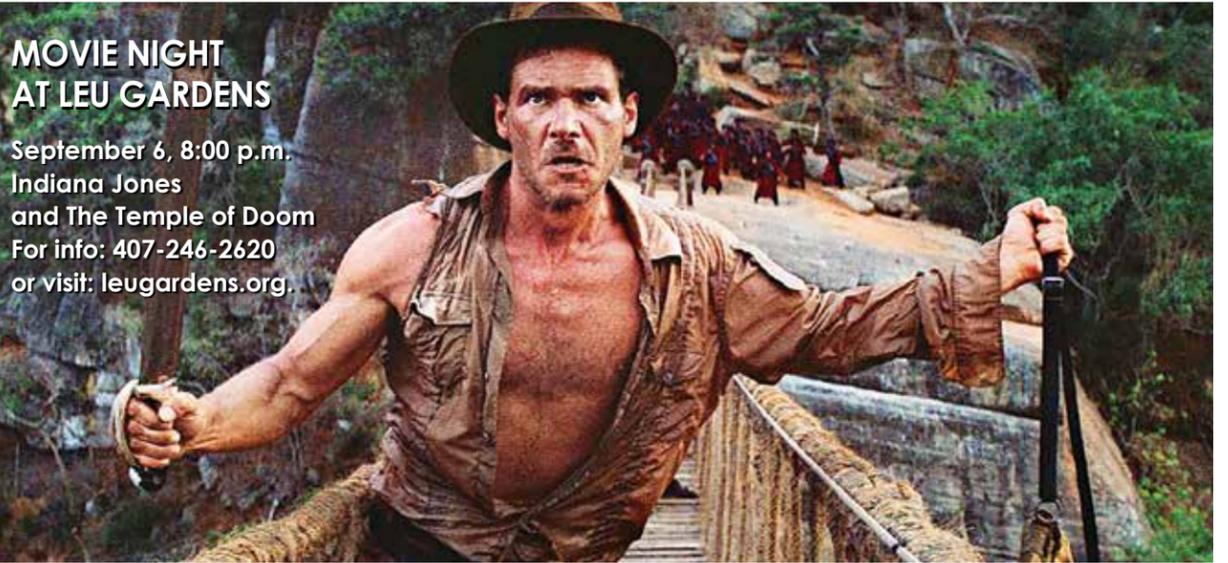
Every Monday and Wednesday Lunch and Crunch - noon at AdventHealth Health Village Fitness Center, located at 2520 North Orange Avenue, Suite 101. General public is welcome, and cost is just \$5. Free for Health Village Fitness Center members. Call 407-303-2552 for more information.

Every Tuesday and Thursday Body Pump Express - noon at AdventHealth Health Village Fitness Center, located at 2520 North Orange Avenue, Suite 101. General public is welcome, and cost is just \$5. Call 407-303-2552 for more information.

Every Tuesday and Friday Tai Chi - 10:00 a.m. at AdventHealth Health Village Fitness Center, located at 2520 North Orange Avenue, Suite 101. General public is welcome, and cost is just \$5. Call 407-303-2552 for more information.

MOVIE NIGHT AT LEU GARDENS

September 6, 8:00 p.m.
Indiana Jones
and The Temple of Doom
For info: 407-246-2620
or visit: leugardens.org.



Every Wednesday Mills50 MidWeek Group Runs – 6:00 p.m. at Track Shack located at 1104 N. Mills Avenue. This event is free to runners of all abilities. For more information, please visit www.TrackShack.com.

Every Thursday Senior Stretch (Yoga Gold) – 10:00 a.m. at AdventHealth Health Village Fitness Center, located at 2520 North Orange Avenue, Suite 101. General public is welcome, and cost is just \$5. Call 407-303-2552 for more information.

Every Thursday College Park Farmers' Market – 5:00 to 9:00 p.m. located at 1600 Edgewater Drive. For information call 407-999-5251.

Every Friday Your Active City Seniors Dance – 7:00 p.m. to 9:30 p.m. at the Marks Street Senior Center, 99 E. Marks Street, Orlando. Singles and couples are welcome. Admission is \$5.00 for members and \$6.00 for non-members. Complimentary coffee and water is provided. Dress code is no jeans, tennis shoes, or tee-shirts. For more information, please call Joan at 407-339-5393.

Every Sunday Downtown Orlando Farmers' Market – 10:00 a.m. to 4:00 p.m. at Lake Eola. For more information call 407-246-3625.

First Friday of Each Month The Art Stroll of Ivanhoe Village – 6:00 to 9:00 p.m. on Orange Ave. between Princeton and New Hampshire.

September 26-29 Southern Women's Show - Orange County Convention Center, North Concourse Hall B. The address is 9400 Universal Blvd., Orlando, FL 32819. For more information on Southern Women's Show: Call 407-830-7312 or visit: <http://www.SouthernWomensShow.com>.

October 5 The Greater Orlando Walk To End Alzheimer's - 8:00 a.m. at Lake Eola Park located at 195 N. Rosalind Avenue. To join a team or learn more, visit www.alz.org/walk.

Maitland Events

Ongoing Events

Every Sunday Maitland Farmers' Market at Lake Lily.

Every Thursday Healthy Maitland Walk 7:00 a.m.; **Babytime** 10:30 to -11:30 a.m. and **Adventures w/Books Club** 2:00 at the Maitland Public Library. For more information, please visit www.maitlandpl.org.

Winter Park Events

Ongoing Events

Every Tuesday and Thursday Hands-on Gardening 9:30 a.m. - noon at the Albin Polasek Museum and Sculpture Gardens. For more information regarding this free year-round event please call 407-647-6294.

Every Tuesday, Friday and Saturday Winter Park Benefit Shop – The shop is located at 140 West Lyman Avenue and is open from 9:30 a.m. - 1:00 p.m. on Tuesdays and Fridays, and from 10:00 a.m. - 1:00 p.m. on Saturdays. Donate or purchase clothing, bedding, jewelry, kitchenware and more. Proceeds benefit various children's programs and the local branch of Orlando Blind. The shop is also looking for volunteers. For more information please call 407-647-8276.

Every Saturday Winter Park Farmers' Market – 7:00 a.m. to 1:00 p.m.

Every Saturday and Sunday Line Dance Class – 10:00 a.m. Saturday for experienced dancers, and 3:00 p.m. Sunday for beginners at the Winter Park Community Center located at 721 W. New England Avenue. Enjoy music, make new friends, and get some fun exercise at the same time! For more information please call 407-592-7835.

Every Sunday Winter Park Running Group – 7:00 at Park Avenue and Welbourne. The group now includes members who walk exclusively, those who both walk and run, and those who run exclusively. It is very eclectic, and has an age span from people in their 20s through 80s. New participants are always welcome to join. For more information, please email jackgallagher534@gmail.com.

Every Sunday Music at the Casa – This free event featuring professional musicians and performers is hosted at Casa Feliz every Sunday from noon – 3:00 p.m. For more information call 407-628-8200 ext. 3 or visit www.casafeliz.us.

Third Thursday Each Month The Winter Park Neighborhood Jam – 6:30 to 9:00 p.m. Weather permitting, on the outdoor stage on the back (east) side of the WP Community Center located at 721 W. New England Avenue, with audience seating on the adjacent lawn. All voices, ages, abilities and instruments are welcome. A PA system with microphones will be provided along with a drum kit for drummers, but please bring your own instruments, amplifiers and accessories. For more information, please call 407-629-5194.

Now - October 29 UC Art Gallery - An exhibit of Karen Branen's art at the University Club of Winter Park located at 841 North Park Avenue. An open reception will be held Sunday, October 6 from 2 p.m. to 4 p.m.

September 7 Hand In Hand With Gran: Card Making Event - 10:00 a.m. to noon at Mead Botanical Gardens located at 1300 S. Denning Drive. For more information on this free event, please call 407-599-3342.

September 7 Don't Pitch It - Fix It! - 1:00 to 4:00 p.m. at the Winter Park Center located at 721 W. New England Avenue. For more information on this free event, please call 407-623-3300, ext. 122.

September 7 Free Public Talk "Time Is Not A Factor In Your Life" - 3:00 p.m. at the First Church of Christ Scientist, located at 650 New York Avenue. For more information, please call 407-227-8619.

September 12 Coffee Talk - 8:00 a.m. featuring Commissioner Sarah Sprinkel at the Winter Park Country Club located at 761 Old England Avenue. For more information regarding the City of Winter Park, please visit the city's official website at cityofwinterpark.org.

September 18 Carnegie Hall Comes To Winter Park - 1:00 p.m. at the University Club of Winter Park located at 841 North Park Avenue. Donations appreciated. For information, call 407-644-6149 or visit www.UClubWP.org.

September 25-26 Tay Anderson's Solo Cabaret "Journey To The Past" - 6:30 p.m. at The Winter Park Playhouse. Tickets for cabarets sell quickly so call 407-645-0145 or purchase online at www.winterparkplayhouse.org.

September 28 Mommy & Me Yoga - 9:00 a.m. at Kraft Azalea Gardens located at 1365 Alabama Drive. For more information on this free event, please call 407-599-3342.

October 14 University Club Meeting - 10:00 a.m. featuring the showing of "Mysteries of the Sphinx" at the University Club of Winter Park located at 841 N. Park Avenue. The public is welcome. A donation is always appreciated. For more information, please visit www.UClubWP.org or call 407-644-6149.



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