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Kelsey Construction Company Celebrates 100 Years



When Eugene Kelsey, Jr. decided to open a construction business in Orlando in 1920, he may not have realized that he was part of the famous "Florida Land Boom," but he knew for certain Orlando was the spot for him to stake his claim in the burgeoning construction industry. At the time, Florida was the focus of one of the greatest economic and social movements in America's history as hundreds of thousands of middle-class Americans began pouring into Florida to invest in real estate.

No longer the playground of only the elderly, the wealthy, and the ill, Florida...particularly Central Florida...appealed to educated and skilled working Americans who had just

recently come to own an automobile. They began County Convention Center to our long-standing been the same.

Following Eugene Kelsey, Jr.'s vision and dedicated hard work, Eugene Kelsey III became part of the team as quickly as possible; and the family legacy continues today with Mike Kelsey at the helm, and daughters Courtney Kelsey Peacock and Monica Kelsey Lockwood in senior management.

And so, with the fourth generation of Kelseys in leadership roles in the family construction business, Mike Kelsey feels pretty confident about the future. "We have been extremely blessed to have been a part of the growth of Orlando in significant ways," he said. "From our work on the Orange KelseyConstruction.com.

to appear in the early '20s, and Florida has never relationship with companies like Publix and about 100 churches along the way," he continued, "as long as we cling steadfastly to the principles established by my grandfather, we believe Kelsey Construction will be here for the next 100 years."

> The company's year-long celebration will take the opportunity to highlight relationships with community partners, clients, and subcontractors that were established nearly 40 years ago. In addition, special sponsorships of community assets like the College Park Little League will showcase the 100th anniversary.

For more information, visit the web site at



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Publisher's Message



Facebook was created in 2004, and I didn't join in until 2009 or so. At first, it was a fun way to connect with people I've known over the years, many of whom I thought I'd never correspond with again. It was a great opportunity to follow their current life's

journey.

Most posted pictures of their kids,

and shared pictures of sporting

events, and fantastic shots that

made me jealous of their family

helped give a reference to how

we've all aged, so if we attend an

upcoming reunion, we wouldn't

be so focused on seeing a name

As the years have passed, social media has grown well beyond the original fun. It's

become a vast data gathering source that is out

of control. We should have known, because it

was set up at no cost to the individual users.

It reminds me of the line in Field of Dreams,

businesses came in droves. Local businesses

found early success in social media, but now it's

become so fragmented, that using this medium

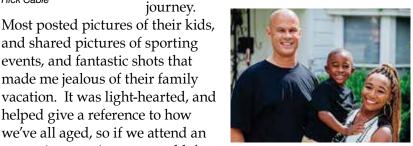
alone has many closing at the end of their lease.

It's also become very politically driven by both

real and fake news. The saying "buyer beware" has been around for generations, but now we

"If you build it, they will come." And the

tag to remind us.



Police Officer Tommy Norman with his girlfriend, Rosalynd Guiden, and her son Riley Hamilton. Photo by Daniel Moody.

have "reader beware." It has made me avoid social media, as it's hard to scroll through all the junk to find the light-hearted side of just seeing pictures and posts of my family and friends.

Social media does have its positives, and a few years ago I became aware of someone who's truly used this medium to make a huge difference in the lives of others. He's Officer Tommy M. Norman. He's an officer in Little Rock, Arkansas who's dedicated himself to make a difference to those in his community

> who were struggling. He's become a celebrity, and he's made those who he's befriended celebrities too. He videos his interactions with these wonderful people, such as The All Star Crew, Chris Pickens, Romey Rome, Mr. George, Louis, Miss Emma, and Davey. It's wonderful to see the power of giving, and Officer Norman

has become family to these very important people in his community. If you have time, please check out his body of inspiring work on Facebook. I promise it will warm your heart, at times you will need a tissue to wipe some tears joy, and this is without a doubt, the best use of social media to help a fellow neighbor.

As always, thank you for reading *The Park* Press, and I look forward to the great things to come.

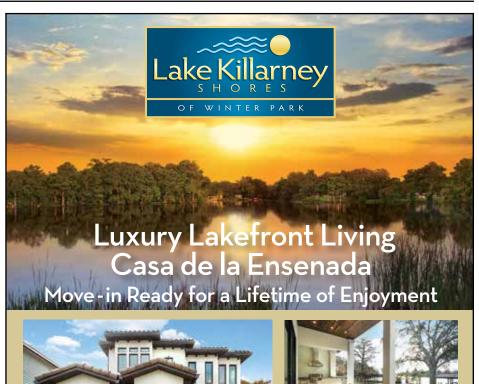
Rick

Rick Cable Founder/Owner

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Commissioner Robert F. Stuart, City of Orlando District 3



February is a month where I'm reminded to appreciate those things close to my heart. One of those things is my city. With the 60-day Florida Legislative Session in full swing (it convened January 14th and ends March 13th), I am working as a member of the Florida League of Cities Board of Direc-

Robert F. Stuart

tors to advocate on behalf of my city and its residents.

The session is fast-paced, with many issues being discussed and debated. While the budget is the only mandatory piece of legislation that the Legislature is required to pass before they recess, more than 2,900 bills have been filed including 1,600 local appropriations projects. As many as 800 of these bills, if passed, will affect our residents and how local municipalities govern.

Many of you have heard me talk about the importance of Home Rule. In short, home rule gives cities the right to perform municipal functions and deliver services without express permission from the state. It's the opportunity for laws that are not "one size fits all" to be made at the most local level, as this is the most responsive branch. If you have seen the 5G antennas being installed around town, you have seen one of the ways that the state has preempted cities from having any say over an issue not only important to our municipality and its residents, but also one that is different from jurisdiction to jurisdiction. Yet cities have no control over where these will be located on city-owned property.

I am proud of our residents' level of engagement and would encourage you to get involved in the decisions being made by your state government that di-

rectly affect your quality of life. Visit floridaleagueofcities.com for further information.

Our city's diversity and inclusiveness is another thing I appreciate and this month, please join me on Sunday, February 9th at 11 a.m. in the Mills/50 District for the ninth annual Dragon Parade in honor of the Lunar

New Year. Visit mills50.org/events for details about this colorful and entertaining display.

Another thing I appreciate this month and all year long is our Orlando Wetlands. The 1,650-acre property in Christmas in east Orange County was purchased by the City in 1986 to help treat water on a larger scale and in a natural, unique way.

Wastewater from our residences and businesses flow to the Iron Bridge treatment plant off Alafaya Trail, just north of McCulloch Road, northwest of the park. Once treated there, some water is used for irrigation and the rest flows 16 miles to Orlando Wetlands Park.

The park is certified to intake up to 35 million gallons of gray water each day and it flows, purely by gravity, through 17 manmade cells. These cells, equipped with more than two million aquatic "scrubber" plants and 200,000 trees, filter out excess nitrogen and phosphorous.

The water is tested every hour around the clock to meet Environmental Protection Agency specifications. By the end of the 30-to-45 day cycle, the Orlando Wetlands Park's water is cleaner than the St. Johns River, where it is eventually deposited.

Advocates realized that the wetlands could not only function as a one-of-a-kind filtration system, but also as a park open to the public.

Today visitors flock to the Orlando Wetlands Park to utilize the miles of trails, for bird-watching,



cycling, running, horseback riding, photography or simply enjoying nature. On the weekends, the education center is open and tram tours are offered of the entire property.

The annual Orlando Wetlands Festival, where the public can enjoy a great festival and learn about this incredible eco-system, takes place this month on Saturday, February 15th from 9 a.m. to 3 p.m. at Fort Christmas Historical Park (which is just across the street from the Wetlands).

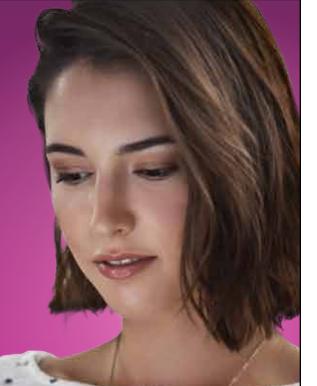
This free event will include face painting, hayrides, tree giveaways, live music, a bounce house, live animal demonstrations, kids tree-climbing, games, guided tours of the wetlands, photography hikes and birding, native plant, and wilderness hikes. For more information, visit orlando. gov/events.

While I appreciate all our city amenities, the Mennello Museum is a gem that hosts a wonderful event that has become a great February tradition. The sixth annual Indie Folk Fest will take place in the museum's Sculpture Garden on February 15th from noon-5 p.m. This free event is a family and pet-friendly festival that celebrates community, and serves as a gathering for the arts, food, and local artists. Visit mennellomuseum.org/iff/ for all the details.

As always, thank you for your appreciation of our Great City. I look forward to seeing you out and about this month!

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Winter Park Mayor's Message

🌌 Mayor Steve Leary



Celebrate The Arts In Winter Park

Central Florida may be the place you've called home for five days, five years, or 50+ years. In this time, how much of it have you spent in Winter Park visiting one or more of our arts & culture venues? In the city's 10 square miles, you can watch a live musical or theatrical performance, participate in a lecture or educational class, or view the finest art collections at one of our museums, galleries, and/or festivals – all in one day or one culturefilled weekend.

Steve Leary

In its third year, the city's annual "Weekend of the Arts" will be held from Valentine's Day Friday, February 14, through Monday, February 17, 2020. Each of the non-profit entities involved will offer a unique experience for its attendees.

As you plan your date nights with your loved one(s), here are just a few of the special arts & culture opportunities to consider:

Live performances

- "Beehive: The 60s Musical" and "Spotlight Cabaret featuring Faith Boles" at the Winter Park Playhouse
- "The Buzzcatz Valentine's Concert: Recipe for Love" and "Eddie Marshall's Blue Bamboo Big Band" at Blue Bamboo Center for the Arts
- 85th annual Bach Festival Brahms' Ein deutches Requiem & Dovrak's Symphony from the New World
- Annie Russell Theatre's "The Good Person of Setzuan"

Exhibitions

- Charles Hosmer Morse Museum of American Art "Iridescence A Celebration"
- Crealdé School of Art
 - o Power, Myth & Memory in Africana Art o Director's Choice VIII
- Cornell Fine Arts Museum
 - o African Apparel: Threaded Transformations across the 20th Century o 2020: Action, Freedom, Patriotism
 - o Arte y Café con la Curadora-Puerto Rican Artists: New Acquisitions

rediscover & be inspired



- Winter Park History Museum's "Wish You Were Here: The Hotels & Motels of Winter Park"
- Winter Park Public Library's "Smith Grant Series Across the Tracks: A Collective History of Black Churches of Winter Park"

Tours/Open Houses

- Alfond Inn Tour
- "Best of the Winter Park Sidewalk Art Festival" Tour at the Winter Park Public Library
- Capen House Tour
- Cornell Fine Arts Museum Tour
- Valentine's Day at the Polasek
- "Weekend of the Arts Open House" and "Friday Nights at the Morse" at the Charles Hosmer Morse Museum of American Art

Educational

- Winter Park Institute Speaker Series: Jeffrey Brown "On the Value of the Arts & Culture in a Global Community"
- "Central Florida Romance Writers Group" at the Winter Park Public Library

Little Valentines

- "Be My Neighbor Day" in Central Park
- "Penelope, Princess of the Peacocks Children's Show" at the Winter Park History Museum
- "Pajama Time" and "Angel Paws to Read" at the Winter Park Public Library

Every day is extraordinary in Winter Park and the city's Arts & Culture Alliance of the Public Art Advisory Board invites you to be inspired by enjoying something new and exciting this upcoming year.

To learn more about this weekend of entertainment beyond expectations, please visit wpinspires.org.

OWE County Commissioner's Message

Commissioner Emily Bonilla, Orange County District 5



The new year is off to an excellent start for District 5. In December, the Orange County Board of County Commissioners voted to appoint me as the 2020 vicemayor. I'm honored and humbled for the trust and support of the board. My - constituents keep asking

what the vice mayor duties include. Basically, it means that in the absence of the mayor, I would serve as the official representative and ceremonial dignitary for the board; preside during the board of county commissioners' meetings; and may exe documents approved by the board. On January 11th and 12th my staff and I held the first series of our three-phase Bat House conservation project. In 2019, I was happy to apply for a grant for \$6,600 from Brevard Zoo, which they approved. With this grant, Florida Bat Conservancy and my office will install a total of 30 bat houses throughout Orange County public parks in District 5. This three-phase event first consists of Bat Chats, which include educating the public on the importance of bats to the environment and our communities. During the event, we learned interesting facts about bats. For example, because of research with bats, the medical industry has developed over 80 types of modern medications to treat cardiac and other medical conditions. Additionally, bats are being used in a hi-tech scientific study on how to offer sonar capabilities to assist the blind. What amazing animals! Thank you to all who attended the Bat Chats. If you missed it, make sure to check

out my Facebook page at @CommEmilyBonilla.

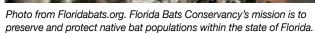
In the second phase, we will build bat houses. The workshops will be open to the public and will be great fun for the family. There are 10 spots available. Registration is first come first serve, so make sure to pre-register. The dates are on February 2 and 16, 2020. Please visit our Facebook page or website at EmilyBonilla.com for more information on the events.

In the third phase, we will install the bat houses at six locations. The first installation will take place towards the end of February 2020 at Jay Blanchard Park and will be open to the public to attend.

When I was elected in 2016, my plan was to hold a three-phase series of community meetings. Through 2017 - 2018, I completed the first round, which consisted of 12 meetings. In these early meetings, I heard the citizens' concerns with which I was able to offer short term results, such as traffic calming in Merritt Park, pedestrian safety improvement throughout my district, and began phase I of a potential private utility buyout in Wedgefield, among other district accomplishments. My next step is to work with the community to develop their vision on how they would like their community to grow. I'm excited to partner with UCF graduating seniors, many who are majoring in Land Use Planning and Public Administration, to begin what we are calling "Collaborative Community Planning" meetings. During these, we will start strategizing on long-term plans for our communities in District 5. The sessions will be held at the end of January as follows:



 January 22, 2020, 6:30 PM – 8 PM at Bithlo Community Center, 18501 Washington Ave, Orlando, FL 32820



 January 23, 2020, at 6:30 PM – 8 PM at Goldenrod Recreation Center, 4863 N Goldenrod Rd, Winter Park, Florida 32792

We encourage the public to attend. From these meetings, we hope to find community leadership partners, i.e., members of the community who can be a point of contact, as we engage in smaller focus groups throughout February and March.

We are also having a "We Are Women" event in honor of Women's History Month on March 26, 2020.

For more details, please check my Facebook page and website at EmilyBonilla.com for a list of our events.

Emily Bonilla Orange County Commissioner



New "I Voted" Sticker

Starting this year, residents of Orange County will receive a new sticker when they vote. For the first time, the sticker will also be included with vote-by-mail ballots. The new sticker features several Orange County landmarks and an orange-and-green color scheme.

"We decided to create a sticker unique to our community," said Bill Cowles, Orange County supervisor of elections. "We hope to see all eligible voters wearing them this year!"

Orange County voters will first be able to receive the new sticker during the Presidential Preference Primary and Municipal Elections. The deadline to register to vote and update your party affiliation for these elections is Tuesday, February 18. Visit ocfelections.com or call (407) 836-2070 for more information about updating your registration, requesting a vote-by-mail ballot, becoming a poll worker and more.

Free Income Tax Assistance

Tax-Aide volunteers, trained and certified by the IRS, will provide free income tax assistance at numerous sites throughout the Orange and Seminole County area starting Monday, February 3 and running through Wednesday, April 15.

Individuals seeking assistance should bring pertinent tax documents such as a copy of last year's income tax return; forms showing income earned, pensions, and Social Security; 1099 Forms showing interest and dividends, Form 1095-A if purchased health insurance thru the ACA marketplace, photo ID of self, plus social security cards for all those listed on their return. Free electronic filing will be available at all sites.

For additional information and the location of the site nearest you, call (407) 647-5233, or call our toll-free number 1-888-227-7669 or visit our website at www.aarp.org/taxaide.

March Taste4Toolbox 2020

Taste4Toolbox, "Where The Best of Central Florida Gastronomy and Inspiration Meet," is bringing together some of the best chefs, confections, and beverages in our area on March 5, 2020. The event benefits the 306 Foundation and its community program, Toolbox4Life. laste

The evening will offer savories, sweets, wine, and beer from partners Chef John Rivers / 4Rivers Smokehouse; Chef Trina Gregory-Probst / Se7enbites; Ryan Manning / MX Tacos; Andres Corton / Black Bean Deli; UMI Japanese Fusion; Peterbrooke Chocolatier; The Glass Knife; Tim's Wine Market; Redlight Redlight Bar and Brewery; and New Moon Market Juice Bar. There will also be a silent auction. Included is a short program where the most recent Toolbox4Life graduates will

be introduced, to offer guests context and intimacy with the program's impact in our community.

Toolbox4Life is the outward programming of the 306 Foundation, directed by John Hursh. The mission of the Foundation is to build strong community. Concentrating on the culinary and

> construction industries, the eightweek classes (offered three times annually) introduce students to a holistic curriculum, involving health & wellness, professional, and life/personal skills. Students also work on the job according to the track (culinary or construction) and are paid for their time both in class and on the job site. The construction track is overseen by John Hursh, the culinary

program by his wife, Jane.

Both men and women who apply to the classes are working to leave lives impacted by challenges such as homelessness, incarceration,

mental health issues, domestic violence, trafficking, and addiction. Toolbox4Life is a path to continue the healing, and build into the student for a

Continued on page 6



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Rollins College Winter With The Writers

Rollins College's 2020 Winter with the Writers literary festival commences February 13 with *New York Times* bestselling author Kristen Arnett. Since 1927 Rollins College has hosted world-class writers for this event, which is free and open to the public.

In addition to Arnett, this year's featured authors include Claudia Rankine; and two National Book Awards (NBA) finalists, Kali Fajardo-Anstine and Ilya Kaminsky. Authors will teach master classes, give readings and interviews, and sign books. Rollins is the Southeast's sole representative of the National Book Awards On Campus program. In addition, the executive director of the National Book Foundation, Lisa Lucas, will speak on February 26.

Kristen Arnett

Arnett is a queer fiction and essay writer and the *New York Times* bestselling author of the novel Mostly Dead Things (TinHouse), which debuted in June 2019. It was a Most Anticipated book at *The Boston Globe, Oprah Magazine, Esquire, Nylon, Buzzfeed, HuffPost,* and *Bustle*.



Author Kristen Arnett

Arnett was awarded Ninth Letter's 2015 Literary Award in Fiction and her debut short fiction collection, Felt in the Jaw, won the 2017 Coil Book Award. She is the 2019-2020 Florida Literary Arts Coalition Writer's Circuit pick and is a bimonthly columnist for Literary Hub. Her work has appeared at North American Review, The Normal School, Gulf Coast, TriQuarterly, Guernica, PBS Newshour, McSweeneys, Electric Literature, Bennington Review, Salon, and The Rumpus.

A Florida native, Arnett grew up in Orlando, attended Winter Park High School, and graduated from the Rollins College evening program, Hamilton Holt School. During her time at Rollins, she was an intern for Winter With Writers and now is returning as a renowned author. She also holds a master's degree from Florida State in library science. **Master Class (Workshop):**

February 13, 4-5:15 p.m., SunTrust Auditorium **Reading**:

February 13, 7:30-8:15 p.m. with book signing to

Claudia Rankine

Rankine is a Jamaican-born American poet and playwright, the author of five collections of poetry, two plays and the editor of several anthologies. She also co-produces a video series, "The Situation," alongside John Lucas, and is the founder of the *Open*

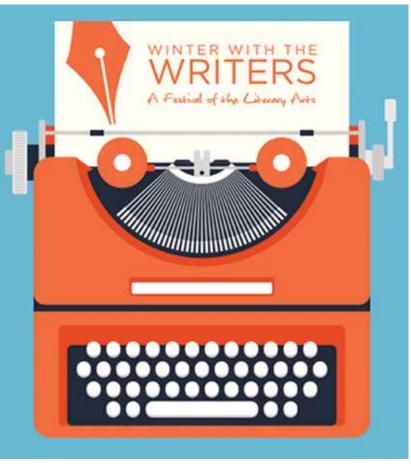
Letter Project: Race and the Creative Imagination.

Rankine's bestselling book, *Citizen: An American Lyric* (Graywolf, 2014) uses poetry, essay, cultural criticism, and visual images, to explore what it means to be an American citizen in a "post-racial" society. *Citizen* was the winner of the 2015 Forward Prize for Best Collection, the National Book Critics Circle Award for Poetry, the NAACP Image Award, the PEN Open Book Award, and the *LA Times* Book Award for poetry. *Citizen* was nominated for the Hurston/Wright 2015 Legacy Award, was a finalist for the 2014 National Book Award, and was selected as an NPR Best Book of 2014. Citizen also holds the distinction of being the only poetry book to be a *New York Times* bestseller in the nonfiction category.



Author Claudia Rankine

Rankine won a distinguished Guggenheim Fellowship in 2017 and was awarded the prestigious MacArthur Fellowship "genius" award in



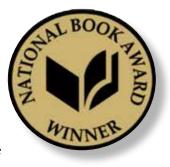
Yale University as the Frederick Iseman Professor of Poetry.

Master Class (Workshop):

February 20, 4-5:15 p.m., SunTrust Auditorium **Reading:** February 20, 7:30-8:15 p.m. with book signing to follow, Bush Auditorium

National Book Award Finalists

Kali Fajardo-Anstine is the author of *Sabrina and Corina*, a National Book Award finalist, The Story Prize finalist; longlisted for the Pen/Robert W. Bingham



prize; longlisted for the Aspen Words literary prize; and named one of the best books of the year by *Kirkus* Reviews, *Library Journal*, and the New York Public Library.

Ilya Kaminsky's *Deaf Republic* book of poetry was a Finalist for the 2019 National Book Award (USA), Finalist for 2019 Forward Prize (UK), and Finalist for 2019 T.S. Eliot Prize (UK). It was named Best Book of 2019 by Washington Post, NPR, New York Times Book Review, Times Literary Supplement, Publishers Weekly, Financial Times, The Guardian, Irish Times, Library Journal, The Telegraph, New Statesman, Slate, Vanity Fair, The Lithub, Huffington Post.

Master Class:

February 27, 2 p.m., SunTrust Auditorium **Master Class:**

follow, Bush Auditorium

2016. She lives in New Haven, CT and teaches at Master Class:

February 27, 4 p.m., SunTrust Auditorium **Joint Reading**:

February 27, 7:30 p.m., Bush Auditorium

The joint reading will be streamed on WWW and on the National Book Foundation website. It will be followed by a moderated Q & A. It will also be made available to 380,000 Twitter followers of the NBF.

This will be the fifth event of Rollins College's partnership with the National Book Foundation. Rollins represents the Southeastern region of the Foundation's on-campus program, with Amherst College representing the Northeast, Concordia College representing the Midwest, and Sam Houston State in Texas representing the Southwest.

From Page 5.

career and life, rather than merely job training.

Even more unique to the model is that the curriculum is entirely volunteer-based. From the professional chef and general contractor, to the yoga instructor and bank executive teaching personal finances, it is the Foundation's intention to bring people together, to learn from another where they might not otherwise have the opportunity.

"I am honored to be involved with Toolbox-4life because I greatly respect the work they do in training life skills and providing job opportunities to those less fortunate in our local community," said Chef John Rivers of 4Rivers Smokehouse. "I have seen, time after time, the true gift is in the giving. I am humbled and grateful to serve and be a part of Taste-4Toolbox again."

Trina Gregory-Probst, chef/owner Se7bites and another chef participating in Taste4Toolbox, said "Once I met Jane and John, heard their story and the work they are committed to providing to women in need in the Orlando community, I was compelled to share my own story of love and loss that might inspire a stirring of hope and faith that a new life can be had with hard work and commitment."

The March 5 event is at All Saint's Church, on Lyman Avenue in Winter Park, from 6:30 – 9:00 p.m. Tickets can be purchased by visiting https://www.taste4toolbox.org/. Questions? Call 407-470-0741 or email info@306Foundation.org. feature vocal powerhouse Faith Boles in her newest solo cabaret Faith, Trust, and Pixie Dust February 19 and 20, 2020 with the Playhouse's musical director Christopher Leavy on piano.

Join Faith as she takes you through an uplifting journey that tells the heartwarmstory ing of her life, featuring a musical selection song that includes popular musical theatre show tunes, jazz selections and a bit of Disney magic! From memorable songs like "He's A Tramp" to "When You Wish Upon A Star," Faith will audidelight

ences with her vocal range and professional expertise.

Faith Boles originally from Savannah, Georgia received her B.F.A. in Musical Theatre and Opera Performance from Shenandoah University. Faith has performed all over the coun-

The Winter Park Playhouse will try and onboard the Celebrity Equinox (Celebrity Cruise Lines). You can catch Faith in The Winter Park Playhouse current production of Beehive: The 60's Musical. Additionally she was a cast member in the theatre's sold-out

2019 production of Ain't Misbehavin'. Ms. Boles can also be seen in various shows The Walt at Disney Resort including Hoop-Dee-Doo Musical Revue, Finding Nemo: The Musical and For The First Time In Forever: A Frozen Sing-Along Celebration.

"We are so happy that Faith has decided to debut her first cabaret here at the Playhouse," said Heather Al-

exander, Playhouse executive director. "She has such strong vocals and stage presence and will certainly offer a fabulous evening out for all!"

For more information, or tickets, please call 407-645-0145 or visit www. winterparkplayhouse.org.



Faith Boles will be performing her cabaret show at

with Christopher Leavy on piano.

the Winter Park Playhouse February 19 and 20, 2020

Orlando Ballet Officially Opens New Home

Last month, Orlando Ballet held an official ribbon-cutting ceremony for its new home, Harriett's Orlando Ballet Centre. A historic gift totaling \$7.5 million from longtime Orlando Ballet supporter Harriett Lake made this project possible, along with the support and generosity of the Orlando community. Harriett's gift paired with a landmark \$4 million gift from Orange County's tourist tax development (TDT) dollars, and \$500,000 from its cultural facilities-grant program, fully funded the building at the start of construction.

An ardent supporter of the community, Lake had a passion for philanthropy and gave back to more than 150 charities annually. Lake was a longtime champion of the performing arts and provided an unprecedented amount of support to Orlando Ballet, and was referred to by many as the "Angel of the Ballet." Her landmark gift and efforts to make Harriett's Orlando Ballet Centre a reality will become a major part of Lake's incredible legacy and support many aspiring artists to come.

"This is a truly historic day for Orlando Ballet," said the executive director, Shane Jewell. "I am overwhelmed with gratitude and the future of the organization has never looked brighter. Our beautiful new home wouldn't have been possible without the support of our community, especially the Angel of the Ballet, Harriett Lake. I am forever grateful and inspired by Harriett's passion for others and the performing arts, and I know all of the current and future dancers who will walk through these doors will keep her legacy alive for generations to come."

The entire community came together to bring Orlando Ballet's new home to fruition. Harriett's dream was made reality by a committee that included Building Committee chairman Sibille Pritchard, developers and philanthropists Alan Ginsburg and Marc Hagle, and Orlando Ballet board president, Jonathan Ledden.

The location of Harriett's Orlando Ballet Centre was made possible in part by the City of Orlando's generous \$1 per year, 99-year lease agreement that began in 2014.

"Nearing their 50th anniversary, Orlando Ballet is one of Central Florida's most established arts institutions and their presence has not only helped create a vibrant cultural scene to enrich our community, but has been an integral contributor to Orlando's growth and economic development, helping attract new businesses and residents to the dynamic city we call home," said Mayor Buddy Dyer of Orlando.

In addition to major contributions from Orange County in the beginning stages of the project, a subsequent \$500,000 grant from Orange County's cultural facilities-grant program allowed for a theatrical lighting package to enhance Harriett's Orlando Ballet Centre's great hall multipurpose auditorium. The auditorium can seat up to 400 guests for performances, up to 450 for banquet seating, and accommodate larger crowds for other types of events. The space will be used for company rehearsals, workshop performances, and a place for new and emerging choreographers to experiment and try out new works. Orange County's support totals \$5 million in support.

"Harriett's Orlando Ballet Centre is a wonderful new asset to the community and a place where hundreds of youth can learn and perform. It's a priority for Orange County to support arts institutions like Orlando Ballet, and ensure the community maintains a high quality of life and has access to world class facilities and amenities like Orlando Ballet's new home," said Mayor Jerry Demings of Orange County.

At the ribbon-cutting ceremony, Orlando Health senior vice president of external affairs and community relations, Andy Gardiner, announced a \$1 million donation from Orlando Health, in addition to the healthcare or-



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Indie-Folkfest Returns

The Mennello Museum of American Art's sixth annual Indie-Folkfest for people and their pets is February 15, 2020, from 12 to 5 p.m. in the Mennello Museum Sculpture Garden, located at 900 East Princeton Street.

Indie-Folkfest is the Mennello Museum's signature outdoor event, planned and presented by the Mennello Museum's board of trustees. The event features local, regional, and national art, as well as music and fine cuisine.

Shannon Fitzgerald, the Mennello Museum executive director, said, "We are thrilled to present the sixth iteration of this highly anticipated indie art and community-driven event. It is a good-hearted, lakefront gathering surrounded by art where grass roots meets local artisans, great Americana music, and wonderful food and drinks by some of Orlando's best culinary destinations. I am grateful for the support and work of the amazing Mennello Museum of American Art City-Appointed Board of Trustees - who work so diligently with our staff in making this event such a unique, family-friendly event - where embraces are welcomed!"

Live music from some of Central Florida musicians will soundtrack the afternoon with performances by Eugene Snowden, Beemo, Beth McKee & her Swamp Sistas, and the Oak Hill Drifters.

Emcees Jessica Bryce Young of Orlando Weekly



Indie-Folkfest at the Mennello Museum of American Art is Feb.15, from 12 to 5 p.m. in the Sculpture Garden, located at 900 E. Princeton Street.

and Jenny De Witt of Townie Tourist will be the guides to the festival's entertainment. This year's featured artwork for the event was created by local artist Boy Kong. His work will be featured on the limited-edition t-shirts for sale the day of the event.

Small plates, beverages, and cocktails will be available for purchase from local foodie spots such as Voodoo Kitchen, Dixie Dharma, La Femme du

Fromage, Olde Hearth Bread Company, Hanson's Shoe Repair, The Courtesy, Pizza Bruno, Sugarbuzz Dezert Company, The Thirsty Topher, Maxine's on Shine, and Rob's Concessions.

Orlando artists and artisans at the festival include: Dawn Shreiner, Betsy Best, Anayansi Jones, Porch Therapy, John Baker, Jon Napoles, Life's Pal-



ganization's current annual support. Orlando Health generously donated \$500,000 to Orlando Ballet's Elevate Orlando Ballet sustainability campaign, with an additional \$500,000 of in-kind support from its medical team. Orlando Health is the official medical team of the Orlando Ballet professional dancers, and a longstanding supporter of Orlando Ballet. More details about the partnership will be announced in the near future.

Krista and Jonathan Ledden recently announced a momentous \$1 million gift that has brought their total Orlando Ballet contributions to \$2 million in support. The Leddens' \$1 million gift will be distributed over five years, and kicked off the Elevate Orlando Ballet campaign goal of raising \$12 million. Krista and Jonathan's support goes well beyond their incredible financial contributions, and they have both committed a phenomenal

amount of time, energy and talent to invest in the future of the organization.

At the ribbon-cutting ceremony, Jewell announced that Bob and Judy Yarmuth donated \$250,000 to Orlando Ballet and have continued sponsorship of "The Nutcracker" for three more years as part of Orlando Ballet's Elevate Orlando Ballet sustainability campaign. The Yarmuth family will have permanent naming recognition for the ladies' guest restrooms in the lobby of Harriett's Orlando Ballet Centre.

Frank Santos and Dan Dantin generously contributed \$100,000 to Harriett's Orlando Ballet Centre's new box office, which is officially named the Santos & Dantin Box Office in their honor.

The Edyth Bush Charitable Foundation awarded Orlando Ballet a \$100,000 grant that allows the organization to invest in the implementation of new technology, expand community enrichment programs and push the envelope artistically. Jew-

ell's executive director office will be named in honor of the Foundation.

Harriett's Orlando Ballet Centre was also supported by in-kind donors including Alan Ginsburg, who contributed significant personal time to the planning process; general contractor Lamm & Company Partners; architect Rob Schaeffer of RSVP Design Studios - Visualization and Planning; Bob Eckes and Donna Sinclair of Commercial Design Services for interior furniture selection; custom wall covering design by Carl Pascuzzi, Phoebe St. Germain Fellows, and Charly Delgado of EDGE Collections; artwork and interior donor recognition signage and production of custom design wallpaper by Sandy Alexander Orlando; and in-kind support of digital communications by Wired Technologies Group.

Orlando Ballet's ribbon-cutting ceremony was generously sponsored by TD Bank.

Florida Surgeon General **Urges Vaccination Against Rapidly Spreading Flu Virus**

The Florida Department of Health (Department) is strongly encouraging all unvaccinated residents to get their flu shot as soon as possible. Flu vaccination is the best way to prevent the flu and its potentially serious complications.

The Centers for Disease Control and Prevention (CDC) estimates that, nationwide, for the 2019-2020 season so far, there have been at least 6.4 million cases of influenza, more than 55,000 associated hospitalizations and approximately 2,900 related deaths. For Florida flu statistics, please visit the Department's Florida Flu Review website.

"With this year's flu season in full swing, it is

From Page 8.

lete, Annette King, Sonas, Bet's Bars, Carla Poma and two artist-designed shirts. Guests will also Jewelry, Lady Lion Creations, UnchARTed Art Designs, Tony Garan, Lure Paper Goods, Capture the new and exclusive VIP area, featuring an unlim-Earth Photography.

Throughout the afternoon event-goers will have the opportunity to participate in a raffle, featuring gifts generously donated by local busi-

nesses and attractions, with proceeds benefitting the Mennello Museum of American Art's education and familyfriendly programs.

There will also be an art project station and a communal fence painting zone for the young and the young at heart.

This year, there will be the oppor-

tunity to purchase a limited amount of reserved tival that also serves as our primary fundraiser Ashaki Holmes-Kidd, Greg Mason, Deepa Ferpicnic spaces for \$40 each - to include a blanket each year, providing us the necessary funding for nandes Prabhu, and Meredith Smith.

critical that adults and children get the flu vaccine to protect against infection and help prevent the spread of seasonal flu to others," said Lieutenant Governor Jeanette Nuñez. "By getting a flu shot now, you will protect yourself, as well as your family and friends."

"Influenza is a contagious virus that can spread rapidly in our communities and cause severe illness resulting in hospitalization or death", said Florida Surgeon General Dr. Scott Rivkees. "Getting vaccinated is the best way to avoid the flu; it reduces the spread of the virus and can also help make illnesses less severe for those who do still get sick."

The vaccine is recommended for everyone six months and older, including pregnant women. Individuals that are at most risk for getting severely ill from the flu are young children, pregnant women, people with certain chronic health conditions like asthma, diabetes, heart disease or lung disease, and people aged 65 years and older.

It takes approximately two weeks after vaccination for your body to develop protection against the flu. The Centers for Disease Control and Prevention (CDC) recommend getting a flu vaccine every year because flu viruses evolve quickly, and last year's vaccine may not protect against the current year's strain. Even if the vaccine does not fully protect against the flu, it may reduce the severity of symptoms and the risk of complications.

Flu vaccines are offered at health care providers' offices, clinics, county health departments, pharmacies, schools, college health centers and from many employers. Find flu vaccine in your area: Vaccine-Finder.org. Learn more: FluFreeFlorida.com.

Residents of Orange County can make an appointment for their flu shot by contacting the Florida Department of Health in Orange County's Immunization program at 407-858-1444.

For more information about the Florida Department of Health please visit www.FloridaHealth.gov.

have the option to purchase tickets to access the ited free signature cocktail option, a free artistdesigned shirt, access to the museum, and private seating during the event. VIP tickets will be limited and can be purchased for \$75 each.

> Museum board of trustees, said, "I joined the Mennello Museum board because it allowed me to combine my love of art with my desire to give back to the community. Indie-Folkfest is our gift to Central Florid-

ians. As the board's largest endeavor, this event is a free, first-class art, music, and food fes-

educational and family initiatives that give our community opportunities within the museum. I am very proud of how much the event has grown each year and commend my fellow board members on their vision for the 2020 event which promises to be our best yet."

Indie-Folkfest 2020 sponsors include Laugh-Gretchen Hahn, chair of the Mennello lin-Beers Foundation, Copeland, Covert & Smith, PLLC, OUC: The Reliable One, Central Florida Lifestyle Magazine, and The Young Law Firm of Florida, LLC. The Friends of the Mennello Museum match all funds raised by the Museum's City-Appointed Board of Trustees . The Museum's City-Appointed Board of Trustees members are: Gretchen Hahn, chair; Flynn Dobbs, vice chair; Aaron Clevenger, Bridget Fields, David Forrest,



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CYDERSECUTITY AWARENESS by Ron Frechette, The Cyber Coach

The California Consumer Privacy Act – What's All The Hype?

There's been a lot of hype about the California Consumer Privacy Act (CCPA). Many of our small-to-midsize business (SMB) clients are asking how this will affect the way they conduct business and how it will affect the future of data privacy laws at the state and federal government levels. This law was created due to consumer privacy concerns

Ron Frechette

surrounding the collection, use, and protection of personal information and the increasing role personal data plays with today's digital-age business practices. I get it! It's a bit concerning when a flashing Dunkin Donuts ad pops up on our mobile phone as we are driving down the highway and, "by chance," a Dunkin Donuts happens to be at the next exit. The focus of this month's article is to help our readers understand the law, what small-midsize businesses need to do to comply, and how it will affect the future landscape of data privacy laws.

The CCPA Defined

The CCPA, effective as of January 1, 2020, is the first law in the U.S. that follows in the path of the European Union's General Data Protection Regulation, commonly referred to as GDPR. The law applies to "for profit" businesses in California that collect and process the personal information of California residents. The CCPA defines personal information as "information that identifies, relates to, describes, is capable of being associated with, or could reasonably be linked, directly or indirectly, with a particular consumer or household." Talk about ambiguous!

Who Does the CCPA Apply To?

The CCPA applies to businesses (which are defined as for-profit organizations that collect personal information about residents in California, to determine the purpose and means of the processing) which does business in the State of California, and that meets ONE or more of the following criteria:

- Annual gross revenue is over \$25m.
- Receives or shares personal information of 50,000 or more consumers, households or devices (this can add up rather quickly).
- Receives at least 50% of annual revenue from selling California consumers' personal information.

It is important to note that a physical business presence in California is not required to be subject to this law. In Florida especially, many California residents visit our state, being a popular vacation destination.

How to Comply with CCPA

There are specific Consumer Rights outlined in the CCPA that spell out what you need to do to comply.

Right to Notice - Businesses must inform consumers which categories of personal information will be collected and how it will be used. Businesses must include in their privacy policies, including descriptions of consumer rights and how to exercise them.

Right to Access - Consumers have the right to request access to personal information that a business has stored about them, and the business is required to provide details about the information that was collected.

Right to Opt Out - Consumers have the right to opt-out of the sale of their personal information to a third party. Businesses that are subject to CCPA will be required to insert a "Do Not Sell" link on their homepage as well as in their privacy policy that leads to an opt-out page for consumers.

Right to Delete - Consumers can request to have their personal information deleted, and businesses must comply with their requests.

Look-Back Rule - When a consumer makes a legitimate request for access to their personal information, organizations are required to provide records covering the 12-month period preceding the date of the request. In a nutshell, here is what small-to-midsize businesses need to do to comply:

- Scan your website to detect and categorize cookies and other tracking technologies on your website.
- Customize a cookie banner and preference center and include a "Do Not Sell" link to enable users to opt-out of advertising and data collection cookies on your website.
- Automate the intake and fulfillment of California consumers' requests to access or delete their personal information.
- Track "Do Not Sell" requests by various unique identifiers, such as account number or device ID, and respond within 45 days.

CCPA Fines & Penalties

Violations of the CCPA are subject to enforcement by the California Attorney General's office. Businesses have 45 days to respond to consumer requests. Any damages that occur due to a breach are limited to \$750 per consumer, per incident. The CCPA allows businesses a 30-day window to amend any violations, as long as they can prove they have been resolved and that no more will occur. Otherwise, violators might face penalties of up to \$7,500 for each intentional violation.

The Future of Data Privacy Laws

The passing of the CCPA has prompted several other states, including Florida, to begin enacting legislation to impose similar data privacy laws. The Florida privacy companion bills were introduced in both the state's Senate (SB 1620) and House of Representatives (HB 963). If enacted, the law will become effective in July 2020. A US Federal Privacy Law is also under consideration. The House Energy and Commerce Consumer Protection and Commerce Subcommittee Chairwoman Rep. Jan Schakowsky (D-IL) is leading the charge of drafting a bill that could be signed into law over the next year. This would provide the Federal Trade Commission more authority to enforce data privacy laws and impose fines and penalties to those businesses found non-compliant.

As the data privacy legal landscape evolves, it is imperative that SMBs are made aware of these changes. Taking a proactive stance will significantly mitigate the risks of fines, lawsuits, and brand damage. Until next month, wishing you a safe and prosperous journey in cyberspace!

Questions? Send me a tweet: @GoldSkyRon or email: ron.frechette@goldskysecurity.com



protection and service by Jim Whitman, Winter Park Police Department

Happy Leap Year!

Don't worry, I didn't buy you a gift either. What? You didn't know? That's okay, most people won't realize it until they are writing the date on a document that day. But do you know what Leap Year is and how it came about? Well here is a quick reading, the term Leap Year came about because certain dates that occur after February and that are fixed (for instance Christmas, Dec. 25th) always advance one day during years with 365 days in them but with the addition of the extra day,



bit of knowledge that will either bore you- at which point you will move on to the next article- or it will provide you with yet another fact for you to drop at your next cocktail party. It seems that when we were all taught that it takes 365 days for the earth to orbit the sun, it was not completely true. Apparently, it takes 365 days, 5 hours and 48 minutes and 46 seconds to complete that orbit. Now most of us wouldn't even care about those particulars. However, every four years those extra hours and minutes add up to an extra day and in order to keep the calendar in sync with the seasons, the extra day is added to February- thus creating February 29th. Now, if you are still

Christmas will now leap past a day and occur two days later (Christmas was on a Tuesday in 2018, Wednesday in 2019 but will be on Friday in 2020).

Now that you are either bored or confused, let me share some basic crime prevention information. As the amount of commerce increases on the internet, scammers are constantly inventing ways to separate you from your money. Emails that appear to be legitimate will often contain hyperlinks in them to help "expedite" you to a certain web page. These emails will often appear to originate from a bank, insurance company, utility company, or sometimes an attorney's office. If you aren't careful and click on one

28 eap Day 27 (Make it count!) 26

of those links, you may unknowingly have "opened the door" for some nefarious entity to have access to your computer and all of its contents. So, prior to clicking on a hyperlink in an email, ask yourself the following:

Do I usually communicate with this sender?

Was this email sent at an unusual time?

Did the email originate from a suspicious domain (like Microsoft-support.com)?

If there is a hyperlink, hover over the link (don't click on it) and see where the link is taking to you (often time it is a totally different website). Also, check for misspellings in the hyperlink as that is also a good indication that it is not a valid link.

We always want you to practice internet safety and besides, you need to hold onto your money so in four years you can buy us a Leap Year present.



in the garden by Stephen and Kristin Pategas

All photography by Stephen G. Pategas/Hortus Oasis

The Installation Sequence – Part 1: What Happens First

The landscape design is completed, and you are ready to install plants. Or are you? To have a successful installation don't put the shovel before the process. Follow this sequence and read next month's (#s 8-23) and you will have a smooth journey.

Stephen & Kristin Pategas

1. Take "before" and "progress" photographs.

This will document the conditions before the work starts and may be useful if there are problems with contractors. Let neighbors know what you have planned. No one likes to be surprised when their surroundings change drastically, or a Bobcat cranks up at 7 a.m.

2. Complete remodeling, pool rehab or installation, painting, gutter installation, and repairs. Of course, you could plant first and have everything within ten feet of the house trampled to death.

3. Confirm what permits will be required – typically tee removal and fence, structure, and hard surface installation. Those inspectors are roaming about and a future house sale may be compromised due to unpermitted work.

4. Determine what existing ornaments and furnishings are not being reused and get rid of them before the contractors show up. Give them some space to work! Photograph and inventory the ones to reuse. Store them or protect them from workers and the dust generated by the saw cutting of concrete or pavers.

5. Call Sunshine State One at 800-432-4770/ http://www. sunshine811.com (not your municipality) to have most underground utilities located (water and sewer lines to the house may not be located). Guess what? It's the law! Hint: Do not call until five days before you dig, or the painted marks and flags may wear out or be mown over. Please, if you have a septic tank and a drain field tell everyone who may be working in your yard. Equipment upended in a septic tank is only a funny sight to the passers-by.

6. Call in the arborist for an evaluation of your trees if the designer didn't already do it as part of the design process. The condition of the tree and whether it is invasive (i.e. camphor) should be a consideration. Each municipality has its specific requirements. Make sure the stumps and major roots are ground thoroughly or landscape installation is more difficult. If the shade conditions are altered, make sure shade-loving plants are not now slated for too much sun. Crispy ferns aren't pretty.

7. Landscape demolition is up next. Confirm that all plant material to remain or be transplanted is tagged and allow up to three weeks for applications of herbicides on those weedy areas. Get the invasive vines and weeds and their roots out now or curse them again and again when they keep popping up later through the new mulch.



Hortus Oasis (FL26000315) in Winter Park is a boutique garden design company specializing in residential, commercial and specialty gardens. Stephen is a registered landscape architect and Kristin is a certified landscape designer. Contact them at 407-622-4886/garden@hortusoasis.com and visit www.houzz.com/pro/hortusoasis/__public.



pop culture detours by George McGowan Happy 50th Anniversary Black History Month

February is Black History Month in the United States and did you know that it became official in February 1970? That makes this month the 50th Black History Month! This got me to thinking – what is the history of Black History Month?

In 1926, historian Carter G. Woodson and the organization he founded in 1915, the Association for the Study of Negro Life and History, announced that the second week of February was to be "Negro History Week." This week in February was chosen because it contains the birth dates of both Abraham Lincoln and Frederick Douglass. In February 1969, black students at Kent State University proposed the recognition of an entire month to recognize and celebrate the contributions of African-Americans to American history and the first Black History Month was held there in February 1970. In 1976, President Ford first recognized Black History Month on a national level, including it in the Bicentennial celebrations happening throughout that important year.

So there is your bit of history for the month. In the spirit of recognition of African-Americans who contribute to the wonderful diversity that makes up America, let me introduce three new African-American artists who are making some interesting music. The first is Yola, born as Yolanda Quartey in Bristol, England. Yola was nominated for Best New Artist at the 2020 Grammys. Yola's album "Walk Through Fire" was a highlight of 2019 and Yola herself calls to mind the best of both Dolly Parton and Mavis Staples. Check out her Tiny Desk Concert on npr.org to see and hear her beautiful voice! Next is Devon Gilfillian, who released his debut album "Black Hole Rainbow" in January. Devon brings soul and funk to his personal songs about the love won, love lost and moving on from both. While Gilfillian operates out of Nashville, his sound brings to mind classic soul from Philadelphia and Detroit. He unabashedly includes both country and rock elements in his stew. A mighty good debut from an intriguing artist. Finally, the most radical of these artists

is known as Sudan Archives, the nomde-music of Brittney Parks. Ms. Parks focuses her music on the violin and African rhythms, updated to include hip-hop influences and funk. Yes, she coaxes hypnotic beats from her violin and manages to make this staid instrument pretty darn sexy! Jon Pareles of the New York Times calls her first fulllength album, "Athena," a "soundtrack of the making of a goddess" and he isn't being hyperbolic. The cover image on her album certainly backs this assessment up and the atmospherics

she delivers on her album lead me to believe that she just may be an alien goddess, or at least other-worldly.

A final thought this month - the fantastic Earth, Wind and Fire were recognized in December with a Kennedy Center Honor. A well-deserved recognition of one of the best bands in music and an influence on scores of musicians. But to me, it was bittersweet learning that they are the first African-American group to receive this honor. What, no Temptations? No Jackson Five? No Isley Brothers? Please.



Under President Gerald Ford, "Negro History Week" became Black History Month in 1976. Jesse Jackson is at far right. Photo from the Sun-Times Archives.

theater in the parks by Paul Gicola Time Travel To The '60s

"Beehive: the '60s Musical" ...Winter Park Playhouse...through 2/22

"Beehive" is not only a tribute to the powerful woman who made music during the '60s but it is a journey through the time, evoking the look, sound and feel of the period. The 40-song show represents some of the biggest hits of the decade. The show also explores the female influence on social issues and the political feelings of the nation. This is a show you will want to see, not only for the great music, but for the hair, clothes, and other things that made this a unique time in American history. The outstanding cast of six extremely talented women doesn't miss a beat. Amitria Fanae portraying Tina and Aretha, and Mahalia Gronigan who portrayed Janis Joplin, were spot-on and are show highlights. Go have a rocking good time! If you're old enough to have lived in the '60s, it will be a trip down memory lane. *Note: All the dates are sold out but you can call 407-645-0145 to be put on the waitlist or standby. They will do their best to get you in. The Playhouse announced their 2020-21 Season: "A Grand Night for Singing," The Book of Merman," "Christmas My Way," "Five Guys named Moe," "Respect: A Musical Journey of Women," and "Five Course Love."

"Violet" ...Garden Theatre...through 2/9

This show takes place in 1964. It is the story of a young woman who has a big scar on her cheek as a result from an accident involving an ax when she was a child. She travels across country in the hope to be healed by a minister. On her bus trip she encounters two soldiers who, in the course of the journey, help her discover what true beauty is. The show runs only 75 minutes but manages to get its message across. It asks the question "What do people see when they look at you?" and "What do you see when you look at other people?" Most of the songs are in the blues and country vein but there is a spiritual number that does manage to bring down the house. They also give the entire cast an opportunity to shine. Holli Trisler (Violet) does a good job evoking empathy from the audience. Raleigh Mosely II (Flick) is also a standout with an awesome voice. The Garden Theatre announced their 2020-21 Season: "Hello Dolly," "Ugly Lies the Bone," "It's a Wonderful Life," "Parade," "A Raisin in the Sun," "Disney's Beauty and the Beast," and "The Bodyguard."

cast really let the material shine. Kudos to Michael Wanzie, Jac LeDoux, and Melanie Veazey as the siblings and Matthew Buckalew who played Spike. An outstanding production directed by Kenny Howard. The Ensemble Company has planned a very bold season including Central Florida premieres of "Mother of the Maid" (3/6-16), "Torch Song" (5/1-11), and The Lifespan of a Fact" (9/11-21). Keep up the good work!



What a difference a cast can make

I debated whether or not to go see "Vanya and Sonya and Marsha and Spike" at Penguin Point Productions Theatre in the Oviedo Mall. Although it won the Tony Award for Best Play in 2013, I have not been a fan of the show. Since I have been impressed by the productions of the Ensemble Company in the past, I decided to give it a try. All I can say is WOW. The perfect

OTHER BEST BETS FOR FEBRUARY: "THE DIARY OF ANNE FRANK" - AN EQUITY BENEFIT FOR THE ANNE FRANK CENTER FOR MUTUAL RESPECT - 2/8 TO 2/9, (THEATRE SOUTH PLAYHOUSE); "BRIGHTON BEACH MEMOIRS" (ROLLINS COLLEGE); "THE GOOD PERSON OF SETZUAN" (ROLLINS COLLEGE); "THE LAST FIVE YEARS" (ROLLINS COLLEGE SECOND STAGE); "THE THREE MUSKETEERS" (ORLANDO SHAKES); "LAST TRAIN TO NIBROC" (MAD COW THEATRE); "THE CRAVING" (BREAKTHROUGH THEATRE); "THE GREAT AMERICAN TRAILER PARK MUSICAL" (THEATER WEST END): "FROM HERE" (CFCARTS); AND "MEAN GIRLS" (DR. PHILLIPS CENTER).

Created by Larry Gallagher

24 - February 22, 2020 January

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live meaningfully by Ayesha G. Shenk, M.A.

Redemption Song...

As many of you know, I am married to a musician. He's in the midst of recording some new songs for release and it has been the 'soundtrack' of our home recently. He's

incredibly talented and the kids and I relish the rare times that we actually get to hear him record

from the studio. Music is a pretty profound piece of our life and it is the subconscious touchstone to which we all return.

Which got me thinking and noticing something today...

I cannot tell you how often music plays a part in my (and I dare say, 'our' collective) lives. In the last 48 hours alone: I have had a client reference a song that brought her pain, another client reference a song with which he was able to soothe himself, a third client describe the music she wanted at her wedding, a friend discuss the music that was

so important that her mother requested it be played at her memorial while she was on her deathbed, another friend who sent me a video of her dancing with her children to their current favorite song... and on and on.

Music punctuates the most important moments of our lives. It brings back a feeling or harbors a memory. It swells an emotion already in us or offers a bridge to finding one. It creates gateways to our past and milestones in our present... But, no matter what, it always - always - gives us a feeling. Minor chords make us sad, major chords offer joy, from Mozart to The Stones, Frank Sinatra to Metallica, there is an unending river of options. There is something for everyone and the right something has a way of finding us.



So in a rather unprecedented and rather esoteric offering - I'll say this.

Imagine if you were sitting on the dock of the bay just trying to figure out life with a little help from your friends. Hopefully, Like a Rolling Stone, you would gather no moss, but instead find within yourself the One true and important part of life. Love, love, love, love, crazy love... **People get ready** to **Imagine** the possibilities of **Somewhere Over the Rainbow** where **Mr. Blue Sky** and **Bohemian Rhapsod**y unite. We could live with only **Good Vibrations** and, **Halleluja**h, what a relief it would be to allow ourselves the time and space to be true and free. Whether for you, music is **Like a Prayer** or it offers a **Bridge Over Troubled** Water, take the time and space to listen, weally

Water, take the time and space to listen - really

notice the lyrics you're writing in your story and the music you're playing in the background. Are you living a life in which the soundtrack would rise and swell or slowly play out the scene with the despair of strings. Yesterday may have felt hard to lose and Somedays may feel like you're searching all along the watchtower, but if you find your Stairway to Heaven, you'll feel compelled to be **Dancing in the** Streets. Whether you feel Born to Run or are on your own Escapade, the meaning of it all is connection and finding Your Song.

Find it, write it, sing it, dance to it, send it to a friend, punctuate the big moments... but allow it entry to make an impact on you the way only art can.

Till the next time, Be Well; Live Meaningfully. Ayesha

Ayesha G. Shenk, M.A. practices at 2150 Park Avenue North as a Licensed Mental Health Counselor and can be reached at ayesha@livemeaningfully.net or 407-796-2959.

schools



Here we GROW again! Audubon Park sixth-grade students harvested what they planted in the school garden this fall and took the produce to The Falcon Fresh Market recently. Community members supported the market and the produce sold out in just one day. A QR Code was included with each purchase so families could scan and upload photos of what they created with the food. Sixth graders also presented their Food Revolution projects to the school in a fair-type setting, as part of their Food-4-Thought Project-Based Learning unit.

Many thanks to over 30 community members who took part in our first Audubon Park School College and Career Fair. The gym was packed with sixth through eighth graders, learning about career paths and steps to college. Organized by Guidance Counselor Michelle Johnson, students spent the morning interviewing the participants and were inspired by the various careers represented.

Congratulations are in order for all Falcons, as the school's efforts to recycle were recognized by the OCPS Sustainability Department, awarding Audubon Park School \$1,500 for the top recycling school to kick-off 2020. The Green Falcons Club, led science teacher Mrs. Lee, guides and challenges staff and students in green initiatives every month.



Dommerich Elementary PRINCIPAL KAREN VERANO

Can pigs really fly? The Dommerich Elementary science team created their own egg-cellent designs to launch eggs safely toward a target. The catch? The eggs had to be tossed over a barrier of more than two meters and the eggs had to survive without a crack!



Each grade level hallway in the school is now displaying beautiful, large aquatic tanks. Special collaborations with Gatorland are bringing some unique and interesting reptiles to our campus this school year. To keep up with the latest news, visit our school website and follow APS on Facebook, Twitter, and Instagram. Exciting things happen daily on Falcon Drive!



Baldwin Park Elementary students have begun working on enrichment projects in their classrooms! Each classroom has selected a project to embed during the academic day. Students will participate in hands-on learning through a process called Project Based Learning. Classes will discover information such as the life cycle of bat, engineering, and food production. We are excited to showcase our students' hard work!

British
Dremerich Elementary
school science team
injoying activities.
Image: Construction of the science team
to science team
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Image: Construction of the science team
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14 SCHOOLS

schools



Glenridge Middle School PRINCIPAL CHRIS M. CAMACHO

- We have so many wonderful things taking place here at Glenridge. In the coming weeks, you will begin seeing IB Character Trait murals throughout the courtyard. I want to thank Ms. Lunsford and our art students for creating these masterpieces for all to see and support our IB program. Also, this week, we began our Glenridge Gents mentoring program. What began as a conversation has led to gentlemen joining me in this initiative. This proves that when we invest in our young people, great things are sure to follow. I am excited about all that lies ahead for this mentor group.

As we continue into the school year, I ask that you continue to monitor your child's academic progress with them, as it is important we do so throughout the entire school year. Also, recently, our PTSA hosted social/emotional awareness presentations for both parents and our students here. I want to thank our PTSA for coordinating this important informational session for us. As a follow-up to these presentations, I would like to share some thoughts that can support positive, social/ emotional well-being for our students. Life is busy, but setting time aside to talk on a daily basis with our children, asking them about their day, is critical. Time without electronic devices is also important in this time

with your children, for example, no electronics while at dinner. In addition, limiting electronic device use at night can also help greatly, as we need to recall young people have access to so much through electronic devices. Parenting is tough today, but I am thankful for the time and care you provide. It does take a village to raise our young people.

Thank you for all you do to help our young people reach their full potential and for making Glenridge Middle School such a great place to be. Always proud to be a Lion!

The Geneva School **HEADMASTER BOB INGRAM**

It was another wonderful month at The Geneva School!

As an integral part of their study of Florida natives, the first-grade students traveled to Fort Christmas to meet Florida native, Jimmy Sawgrass, and saw a fascinating demonstration of life before the first European explorers arrived on the land.

Fourth graders visited Medieval Times in order to reflect upon their studies of the Middle Ages. Students toured a medieval village complete with artifacts, pictures, and historical specialists. Then they enjoyed an educational presentation on medieval weapons and falconry. Finally, students were entertained by a live joust during a traditional feast.

Winter sports are in full swing with our basketball and soccer teams expected to make a strong showing in our district.

Don't miss our upcoming lower school and upper school open house events, or you can schedule a private tour today! Call 407-332-6363 or go to www.genevaschool.org/visit for more information.

🕁 Winter Park High School PRINCIPAL MATTHEW ARNOLD

Congratulations to all those selected as 2019-2020 Fall All-East Metro Student-Athletes!

Top Row: Emma Noel (cross country), Jazlyn Dailey (cross country), Emily McLatchey (golf), John Beattie (swimming), John Skage (swimming), Ezequiel Negron (swimming), Nick Colquitt (bowling), Michael Mays (golf), Anthony Verzi (football), Jevannie Zepada (bowling), Ava Dipaola (volleyball)

Bottom Row: Lockett Bowley (swimming), Erika Hirschmann (swimming), Molly Banks (swimming), Cami Semmen (swimming), Moriah Freitas (swimming), Lucy Jahn (swimming), Sydnie Hart (swimming)

Not Pictured: Marcus Clark (football), Dakota Mitchell (football), Andrew Clark (golf), Jordan Agliano (swimming), Caroline Chasser (swimming), Liam Negron (swimming), Felix Rotax (swimming)

Poetry Out Loud

Poetry Out Loud is a national arts education program that encourages the study of great poetry by offering free educational materials and a dynamic recitation competition to high schools across the country. This program helps students master public speaking skills, build self-confidence, and learn about literary history and contemporary life.

Poetry Out Loud uses a pyramid structure that starts at the classroom level. Winners advance to a schoolwide competition, then to a regional and/or state competition, and ultimately to the National Finals.

Congratulations to our finalists: 1st place: Uma Menon (senior) 2nd place: Cole Simon (freshman) 3rd place: Brett Paul (senior)

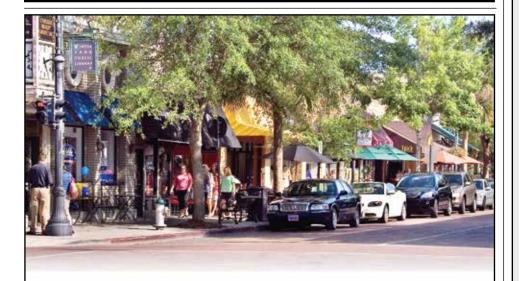




Call today to schedule a campus tour! 407-629-0727



The Geneva School



For updated news, events and more, please visit www.TheParkPress.com

where an education becomes an adventure

when students are inspired to develop a lifelong love of learning by engaging God's world with joy, discovery, wonder, and confidence.

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COMMUNITY CALENDAR

Audubon Park Garden District Events

Ongoing Events

Every Monday night Community Market – 6:00 to 10:00 p.m. at Stardust Coffee parking lot located at 1842 E. Winter Park Road. For information call 407-590-8776.

Every Wednesday Plant Clinic - 3:00 to 5:00 p.m. at Harry P. Leu Gardens located at 1920 N. Forest Ave. UF/IFAS Extension Orange County Master Gardeners are available. Please stop by with your plant problem or soil for pH soil testing. For more information, please call 407-254-9200 or visit http://orange.ifas.ufl.edu/res_hort/.

Baldwin Park, College Park and Orlando Area Events

Ongoing Events

Every Monday and Friday Plant Clinics - 8:00 a.m. to noon; 1:00 to 5:00 p.m. at the UF/IFAS Extension Orange County, located at 6021 S. Conway Road. Master Gardeners are available. Please stop by with your plant problem or soil for pH soil testing. Call 407-254-9200 or visit http://orange.ifas.ufl.edu/res_hort/ for more information.

Monday - Friday Each Week Seniors' Program in College Park - 9:00 a.m. to 1:00 p.m. at the College Park Community Center located at 2393 Elizabeth Street. For information call 407-246-4447.

Every Monday Aerobic Gold - 10:00 a.m. at AdventHealth Health Village Fitness Center, located at 2520 North Orange Avenue, Suite 101. General public is welcome, and cost is just \$5. Call 407-303-2552 for more information.

Every Monday Smarty Pants - 10:15 a.m. story time for children ages birth-5 years at the Edgewater Branch Library located at 5049 Edgewater Drive. For more information call 407-835-7323.

Every Monday and Wednesday Lunch and Crunch - noon at AdventHealth Health Village Fitness Center, located at 2520 North Orange Avenue, Suite 101. General public is welcome, and cost is just \$5. Free for Health Village Fitness Center members. Call 407-303-2552 for more information.

Every Tuesday and Thursday Body Pump Express - noon at AdventHealth Health Village Fitness Center, located at 2520 North Orange Avenue, Suite 101. General public is welcome, and cost is just \$5. Call 407-303-2552 for more information.

Every Tuesday and Friday Tai Chi - 10:00 a.m. at AdventHealth Health Village Fitness Center, located at 2520 North Orange Avenue, Suite 101. General public is welcome, and cost is just \$5. Call 407-303-2552 for more information.

Every Wednesday Mills50 MidWeek Group Runs – 6:00 p.m. at Track Shack located at 1104 N. Mills Avenue. This event is free to runners of all abilities. For more information, please visit www.TrackShack.com.

Every Thursday Senior Stretch (Yoga Gold) – 10:00 a.m. at AdventHealth Health Village Fitness Center, located at 2520 North Orange Avenue, Suite 101. General public is welcome, and cost is just \$5. Call 407-303-



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program for February is our annual potluck luncheon and 90+ birthday celebration. Members are invited to bring a side dish to share with fellow members at the potluck luncheon. The program includes a musical performance by Winter Park High School a cappella singers. Anyone who has worked in education is invited to join. For more information, please visit http://www.ocrea-fl.org or call 407-843-6909.

February 15 Indie-Folkfest Returns - noon to 5:00 p.m. in the Mennello Museum Sculpture Garden, located at 900 East Princeton Street. For more information, please visit ww.mennellomuseum.org.

February 20 Mosquito Management in the Home Landscape; Zika and Bromeliads - 6:30 – 8:00 p.m. at the UF/IFAS Extension Orange County located at 6021 S. Conway Rd. \$5.00 per household. Pre-Registration is required along with the non-refundable class fee. Pre-register at www.gardenflorida.eventbrite.com.

February 29 Pet Fair-apy - 10:00 a.m. to 1:00 p.m. at Blue Jacket Park located at 2501 General Rees Avenue. Event includes: Food, drinks, music, games, vendors, and a pooch smooch booth. Proceeds benefit Talia's Legacy Children's Cancer Foundation and The Pet Therapy Program. For more information, please visit www.taliaslegacy.org.

March 14 2020 Milk Run/Walk Family 5k - 7:30 a.m. at the UF/ IFAS Extension Orange County located at 6021 S. Conway Rd. For more information or to register for the race, please visit www.milkrun.org.

Maitland Events

Ongoing Events

Every Sunday Maitland Farmers' Market at Lake Lily.

Every Thursday Healthy Maitland Walk 7:00 a.m.; **Babytime** 10:30 to -11:30 a.m. and **Adventures w/Books Club** 2:00 at the Maitland Public Library. For more information, please visit www.maitlandpl.org.

Winter Park Events

Ongoing Events

Every Tuesday and Thursday Hands-on Gardening 9:30 a.m. - noon at the Albin Polasek Museum and Sculpture Gardens. For more information regarding this free year-round event please call 407-647-6294.

Every Tuesday, Friday and Saturday Winter Park Benefit Shop – The shop is located at 140 West Lyman Avenue and is open from 9:30 a.m. - 2:00 p.m. on Tuesdays, Wednesdays, Fridays, and Saturdays. Donate or purchase clothing, bedding, jewelry, kitchenware and more. Proceeds benefit various children's programs and the local branch of Orlando Blind. The shop is also looking for volunteers. For more information please call 407-647-8276.

Third Thursday Each Month The Winter Park Neighborhood Jam – 6:30 to 9:00 p.m. Weather permitting, on the outdoor stage on the back (east) side of the WP Community Center located at 721 W. New England Avenue, with audience seating on the adjacent lawn. All voices, ages, abilities and instruments are welcome. A PA system with microphones will be provided along with a drum kit for drummers, but please bring your own instruments, amplifiers and accessories. For more information, please call 407-629-5194.

February 11 Let's Dig A Little Deeper: Know Your 4-Cs, Courthouse, Church, Cemeteries – 2:00 p.m. to 4:00 p.m. at One Senior Place located at 715 Douglas Avenue, Altamonte Springs. This event is hosted by Watercrest Senior Living. For more information, and to kindly RSVP, please call 321-304-4898.

February 12 Winter Park Garden Club General Meeting – 10:00 a.m. at the WPGC building located at 1300 S. Denning Drive. Marty Folk, with the Bromeliad Society, will talk about bromeliad shapes and sizes and how to use them in your landscape, plus tips for success. He will bring bromeliads from his own collection to sell. For more information, please call 407-644-5770.

February 15 "Galentine's Day" Party – 5:00 to 8:00 p.m.at the Goodwill Winter Park Boutique located at 750 N. Orange Ave. This event supports Goodwill's Job Training & Placement Programs. For more information, visit https://goodfindscfl.com/.

February 15 Run 4 Love 4 Miler Presented by AdventHealth

- 7:30 a.m. at 250 Perth Lane. Gender-specific tech tee, finisher medal, AdventHeath experts, Free kids run for ages 11 and younger, timed, costume contest. Proceeds benefit the Track Shack Youth Foundation. To Register, Run to https://www.trackshack. com/event/17. Registration is required.

February 17 Presentation: Overturning The Turnbull Settlement Of New Smyrna Beach: Artifact Analysis Of The Old Stone Wharf – 7:00 p.m. at the Winter Park Public Library located at 460 E. New England Avenue. This is a free public program. For more information, please email centralflorida.fas@gmail.com.

February 18 Jeffery Brown To Speak At Rollins College – 7:00 p.m. at Tiedtke Concert Hall. Brown is PBS Newshour's chief correspondent for Arts, Culture, and Society; an Emmy award-winning journalist; and poet. Following Brown's presentation, he will be interviewed by widely-acclaimed poet Billy Collins. Information on the entire Winter Park Institute season can be found at rollins.edu/WPI. Billy Collins (March 4) and Laura Ling (April 7) will conclude the season. Tickets can be purchased on-line or by calling the box office at 407-646-2145. Tickets are available for \$25 each.

2552 for more information.

Every Thursday College Park Farmers' Market – 5:00 to 9:00 p.m. located at 1600 Edgewater Drive. For information call 407-999-5251.

Every Friday Your Active City Seniors Dance – 7:00 p.m. to 9:30 p.m. at the Marks Street Senior Center, 99 E. Marks Street, Orlando. Singles and couples are welcome. Admission is \$5.00 for members and \$6.00 for non-members. Complimentary coffee and water are provided. Dress code is no jeans, tennis shoes, or tee-shirts. For more information, please call Joan at 407-339-5393.

Every Sunday Downtown Orlando Farmers' Market – 10:00 a.m. to 4:00 p.m. at Lake Eola. For more information call 407-246-3625.

First Friday of Each Month The Art Stroll of Ivanhoe Village -

6:00 to 9:00 p.m. on Orange Ave. between Princeton and New Hampshire.

February 6 The Orange County Retired Educators Association Meeting – 11:30 a.m. at the College Park United Methodist Church located at 644 W. Princeton Street. Our **Every Saturday Winter Park Farmers' Market** – 7:00 a.m. to 1:00 p.m.

Every Saturday and Sunday Line Dance Class – 10:00 a.m. Saturday for experienced dancers, and 3:00 p.m. Sunday for beginners at the Winter Park Community Center located at 721 W. New England Avenue. Enjoy music, make new friends, and get some fun exercise at the same time! For more information please call 407-592-7835.

Every Sunday Winter Park Running Group – 7:00 at Park Avenue and Welbourne. The group now includes members who walk exclusively, those who both walk and run, and those who run exclusively. It is very eclectic, and has an age span from people in their 20s through 80s. New participants are always welcome to join. For more information, please email jackgallagher534@gmail.com.

Every Sunday Music at the Casa – This free event featuring professional musicians and performers is hosted at Casa Feliz every Sunday from noon – 3:00 p.m. For more information call 407-628-8200 ext. 3 or visit www.casafeliz.us. February 19 Carnegie Hall Comes To The University Club Of Winter Park – 1:00 p.m. at the Winter Park University Club located at 841 North Park Ave. Open to the public. Donations Appreciated. For information, please call 407-644-6149 or visit www.UClubWP.org.

February 19-20 Faith Boles Premiere Solo Cabaret – 6:30 p.m. at the Winter Park Playhouse. For more information, or tickets, please call 407-645-0145 or visit www.winterparkplayhouse.org.

February 20-22 Hannah's Closet Children's Consignment

Sale – Thursday consigner pre-sale 5:00 to 7:00 p.m., Friday 9:00 a.m. to 1:00 p.m. and 5:00 to 8:00 p.m., and Sunday 8:30 to 11:30 a.m. at the First United Methodists Church of Winter Park located at 125 N. Interlachen Ave.

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