The Park Press

FEBRUARY 2021

~ Positive news that matters ~

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The 62nd Winter Park Sidewalk Art Festival – New Dates

One of Central Florida's favorite springtime traditions is moving this year from March to May due to continuing concerns about the COVID-19 virus. The 62nd Winter Park Sidewalk Art Festival will be held in-person May 14-16, 2021. The Festival will continue its tradition of bringing art to Central Florida (and beyond) in March by host-

Virtual Festival: March 15 - March 31, 2021

Live Festival: May 14, 15, 16, 2021

ing a companion Virtual Festival from March 15th through March 31st.

In March, you can see a preview of this year's accepted artists at the Virtual Festival. It's an opportunity to shop in advance at the artists' on-line booths from the comfort of your home! The Virtual Festival will also include the popular Leon Theodore Schools Exhibit featuring amazing artwork from students throughout Orange County. The Children's Workshop will be on-line too. Area museums will participate with virtual art projects for the kids, including some with craft kits that can be picked in Central Park and completed with on-line instructions.

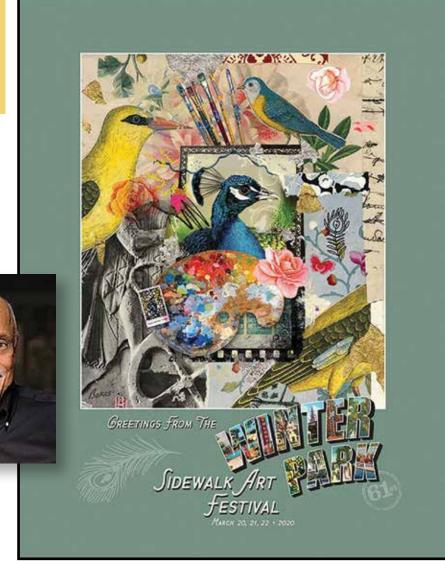
The tradition continues May 14-16 at the in-person event. The Winter Park Sidewalk Art Festival is one of the nation's oldest and most prestigious juried fine art shows. It is ranked among the most highly regarded outdoor art shows in the nation and its artists compete for one of the largest cash awards (\$74,500) among the top shows.

The Festival features original artwork that has been designed and executed by the exhibiting artists during the past two years. The show is held in historic downtown Winter Park, a beautifully landscaped area whose surrounding streets are closed during the Festival to allow for foot traffic only. Artists' booths nestle under

large oak trees in Central Park and line Park Avenue in the heart of downtown with brick streets, unique boutique shops, and outdoor cafes and bistros.

Due to the COVID-19 guidelines, the event may look a little different this year, but rest assured that the Festival is taking the necessary precautions to ensure a safe and successful experience for all our artists and art lovers.

http://wpsaf.org/.



For more information about the festival and current updates, visit the website at This year's festival poster is by artist Victor Bokas, pictured above. To view more of his work, please visit victorbokas.com



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Publisher's Message



Diek Cable

As I sit down to write, I have a dozen things on my mind.

I've worked in the media realm since I graduated from college, and I've continued to learn from some of the best in this industry. My professional career started as the world-wide web was in its stage of infan-

cy. Many people, if asked "What's the "www" at the beginning of a website address stand for," wouldn't know the answer, but that's it. It's for "world wide web." As traditional media goes, it has become a compliment to their print and broadcast formats, but for many others, it has been their sole publishing medium. Unlike print and broadcasting, it basically cost nothing to publish on the web. Just get yourself one of these- www.something. coms - and you can post as much as you'd like. If you want to make money, you sign up for free with one of those web ad services that pay you fractions of almost-nothing for a click. The more clicks, the better. Now the question is, how do you become relevant and gain clicks if you don't

The easiest and fastest way is to post fake news. I'm not saying all web-only media companies do this, but it happens, and their information gets shared and- guess what- they start making

have a print publication, or broadcast station?

money. It's freedom of the press at its most basic and unintended form. And since their advertisers are randomly posted on their site, there's no consequences to what they publish. This leads me back to the traditional media of print and broadcast. They are accountable, as they have a direct relationship to their advertisers. They have established credibility and accountability with their readers, viewers, and advertisers. They might at times run, in an effort to "scoop," a story without substantiated fact- but this doesn't mean they aren't continuing to pursue facts. They know it's almost impossible to retract something without consequences. They cannot just hit "delete." No media source should ever be confused

as a replacement of our legal system. However, for most, especially for us with proven credibility and accountability, the goal is to share information from creditable sources and work towards disclosing fact, and at times share obvious thought-provoking opinions. Please always consider if the information is being provided by a reputable source, and beware if the infor-

mation is from an "I've never heard of you.com," as there's a strong chance they are simply publishing click bait.

It's an exciting time in our history, and since I shared this opinion with you, I now only have eleven things on my mind. As always, thank you for reading *The Park Press*, and we look forward to the great things to come.

Rick Cable Founder/Owner

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What a difference a few months can make! Our "new normal" has people re-evaluating their lives — considering renovations of their existing homes and purchasing new ones, investing in RVs to "safely" get away, or making changes to their businesses to give them a better footing in the current market. Your insurance coverage may need to change as well.

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City Commissioner's Message Commissioner Robert F. Stuart, City of Orlando District 3



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Even as we pray for all those directly and indirectly affected by COVID-19, we can still find ways to celebrate this month.

We celebrate the birth of our first president, George Washington (February 22nd), and since the 1980s the birth of President Abraham Lincoln (February 12th) as well. There

were also two other commanders in chief who were born in February- William Henry Harrison and Ronald Reagan. The holiday was moved to the third Monday in February as part of an act of Congress in 1968 entitled the Uniform Monday Holiday Act, which sought to move many federal holidays to predetermined Mondays in order to provide the nation's workforce more three-day weekends. Memorial Day and Labor Day were also moved as part of the legislation. The holiday was still called Washington's Birthday, but many thought it was moved between President Washington and President Lincoln's birthdays to celebrate both men and many started adopting the moniker of Presidents' Day. The official federal calendar, however, still lists the holiday as Washington's Birthday. Ironically, while schools and federal offices are closed, many businesses now remain open on President's Day (including City Hall). But no matter what it is called and where you are on that day, it is a good time to reflect on our nation's history, both the good and the bad, so that we can learn from our successes and failures.

If you do get a chance to enjoy some free time on President's Day or any day this month, consider visiting the Orange County Regional History Center and exploring and learning from the exhibition, "Yesterday, This Was Home," which is a comprehensive retrospective focused on the Ocoee Massacre of 1920, the largest incident of voting day violence in America, along with other historical instances of racism, hatred, and terror- many that occurred right in our own backyard. This exhibition includes unparalleled research, oral histories from primary sources, artifacts, and images that encourage real reflection on the past century. The exhibition will be on display through March 7th. For details visit thehistorycenter.org.

YESTERDAY, THIS WAS HONE The Ocoee Massacre of 1920

Special exhibition on display through March 7, 2021 at the Orange County Regional History Center in downtown Orlando.

We also celebrate Black History this month. Out of an abundance of caution, the City has moved our celebration online through a series of workshops and seminars. Visit orlando.gov/bhm for all of the events and details. We are excited that the Dr. Phillips Center's Frontyard Festival will be hosting "Through

Visit ocfl.net/vaccines for updates and information for Orange County.

Unity, We Shall Overcome," a gospel spectacular produced and directed by Grammy Award winner Dr. Jeffrey Redding on the evening of February 20th in their socially distanced, outdoor venue. Visit frontyardfestival.org for all of the details.

Finally, we also celebrate love this month. Enjoy an outdoor movie night to celebrate Valentine's Day. Both Leu Gardens (leugardens.org) and the Frontyard Festival will be hosting movies - When Harry Met Sally and Beauty and the Beast respectively. For our adult audiences, Orlando Shakes presents Kiss Me, Shakespeare! on February 12-14. Enjoy a Valentine's cabaret full of romantic Shakespeare scenes and Broadway show tunes in the theater's newest performance space, a tented, outdoor courtyard whose funding was made possible

by Orange County through the CARES Act. Visit orlandoshakes. org for all of the details about this and other outdoor



shows they are hosting at their location in the City's Loch Haven Park.

We can all show love for our fellow humans by continuing to join together, but apart, in our fight to eradicate COVID-19. Please continue to wear a mask, wash your hands, and socially distance as much as possible. Stay up to date on all of the latest information about vaccinations by visiting ocfl.net/vaccines.

As always, I appreciate your support of our great city. It is because of our citizens that even during these unique times, we still have much to celebrate this month and all year long.



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Winter Park Mayor's Message

Mayor Steve Leary



Year In Review

When reflecting on 2020, the words pandemic, COVID, new normal, bans, masks, and social distancing all easily come to mind. But I'd like to offer different words as we look back on 2020 that your

city focused on: progress, recovery, assistance, strength, resiliency, and steadfastness. While we were working hard, devoting resources to keep our residents & guests safe and our businesses afloat during the pandemic, our priorities were also focused on keeping our city projects on schedule and our services at a fully functional level.

I'd like to share the successes we've accomplished in 2020 amidst this world-wide pandemic in all areas of the city:

Technology

- Redesigned cityofwinterpark.org to make our city website more user-friendly and improve functionality.
- Launched:
 - o FREE Wi-Fi service in and around down-
 - o @YourRequest, a new online service to expedite city service requests.
 - o Do You Know Me Program, a registry for citizens with special needs.
 - o New online crime reporting system.
 - Energov, a new Building and Permitting software offering quicker access to building permits & information.
 - o Online self-guided tour of trees species in Central Park and access to public tree inventory information throughout the city.
- Offered virtual option for all public city boards and commission meetings.
- Upgraded internal wireless systems to a new faster, higher capacity system.

Infrastructure

- Completed the undergrounding of transmission and distribution lines on Fairbanks Avenue.
- Completed Quiet Zones at all railroad crossings throughout the city.
- Celebrated Winter Park Library & Events Center official Topping Out Ceremony.
- Fire took delivery of a firefighter safety and rehab trailer that will be utilized for extended-length scene work equipped with a generator, air conditioning and decontamination showers. The unit will also serve as a mobile command post for special events.
- Negotiated new power contracts with the FMPA.
- Solved drainage problems on:
- o Sharon Place
- o Arbor Park and Oneco
- o Arbor Park at Chestnut
- o Fawsett at Kings Way
- o Ward Park
- Completed water main replacement projects in Albert Lee Ridge subdivision, Lake Bell subdivision, Lakemont Heights subdivision, Oaks Blvd, and Northwood area; sewer main extension on Miller Avenue; Solar Array installation on the Aloma Water Treatment Plant, among many smaller water and sewer extensions, upgrades, and repairs.
- Removed of over 60 exotic trees making room to plant nearly 200 native trees as part of the Mead Botanical Garden Wetland Restoration.
- Beautified and enhanced the habitat at Ward Park:
 - o Built wider sidewalks and trails.
 - o Removed invasive tree species.
- o Installed native and Florida-friendly species.

- Removed built up muck from a series of connected stormwater ponds.
- o Installed beautiful landscape and hard scape features.

Funding

- Approved \$1.9 million for community support that included Feed the Need and utility assistance.
- Approved \$500K for business assistance to support mitigation strategies in partnership with the Economic Recovery Task Force including 58 socially distanced music and movie performances in Central and Shady parks.
- Successful grant approval of \$1.3 million in CARES ACT reimbursement funds for community support, public safety materials and equipment.
- Approved the 7-year CRA Capital Improvement Plan.
- Selected artwork for the \$150k I-4 Ultimate Art Endowment to be installed summer of 2021.
- Started new educational fund in memory of Winter Park Police Department Lieutenant Stanford Locke.
- Refunded the Water and Sewer Refunding and Improvement Revenue Bond, Series 2010 to achieve present value savings of 13.7% of refunded bonds and reduce annual debt service through 2030 by \$225,000 per year.
- Approved \$2.8 million of funding for improvements to Ward Park sports fields and Mead Botanical Garden.

As you can see, even during the toughest of times, your city remains committed and dedicated to attending to emergencies while still making significant enhancements that improve your quality of life.



protection and service by Jim Whitman, Winter Park Police Department

Information Instead Of Perspiration

So, it's the second month of the year and hopefully this finds many of you still adhering to those resolutions made a month ago. For those of us who have conveniently found reasons to

"temporarily" cease committing to those resolutions, I am here to offer an alternative that, upon completion will offer almost as much satisfaction and less creation of perspiration.

Spring is usually reserved as the time to begin spring cleaning but this time between the holidays and the Vernal Equinox is usually a void that for many becomes a time of complacency. To combat that feeling, allow me to offer some ideas that will not only make you feel more secure while at home but perhaps make that future spring cleaning a little bit easier.

When addressing security around your home, it is best to view your home as a criminal might. Start out by the street. Is it easy to see across your property and view the windows from the street? A general rule to follow is the two foot, eight foot rule. Ground growth such as shrubs should be kept at a height no higher that two feet from the ground. On the

converse, any tree branches that hang down should be trimmed so that they are no lower than eight feet from the ground. Bushes and shrubs that surround windows and doors should be



trimmed back so that there is a clear view when approaching and exiting the residence.

While you are out in the yard, turn on the exterior lights. Check for any lights that aren't functioning and see if any need a cleaning. After sunset, check to see that any landscape lighting is aimed properly and if your lights are on

a timer, that they are turning on at the proper time. Lighting is often the most overlooked item when it comes to security and one of the most beneficial in crime reduction. If your home is

equipped with external security cameras, check to see if the lenses are clean and have a clear unobstructed view of their intended viewing area.

Lastly, look around your property. Look to see if you have left any items outside that might aid a criminal in breaking into your home. Pick up any tools that may be leaning against a wall so that they won't be used to smash a window and secure any ladders to prevent access to your roof or second story balconies. Check the gates that lead to your backyard to ensure that

the latches are working properly and they can be locked.

Taking a few minutes to walk around your property now can save you hours of aggravation and possible heartache in the future. Besides, this resolution doesn't involve waking up sore in the morning!

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Embrace Diversity For Florida's Children by Mike Bryant

As a kid, I lived on the "right side of the tracks." My dad was a lieutenant colonel, one of the only African American officers of that rank in the military base where I grew up – and that meant I was one of the only black kids in my neighborhood and my school.

The base wasn't explicitly segregated by race, but it was segregated by rank. I learned to live with the undercurrents of racism in every part of my life, including seeing the way people would salute my dad with a veneer of respect – but also surprise and disdain. It was also knowing I could be pulled over in my own neighborhood if I ever went driving after dark.

That kind of discrimination is hard to see unless you experience it yourself. That is why it's critical to start conversations about racism – because so many people simply don't realize what's going on until you tell them, "it looks fair, but it's not."

When I started my career in Florida's foster care system, I joined a community of dedicated people who wanted to help kids of every race and ethnicity. But when you look at the data, you'll see a different story: If you're African American, or black, you're more than twice as likely to be investigated as a white family following an abuse report.

The inequality doesn't end there. Once in foster care, black children are 2.2 times more likely to be placed in out-of-home care, away from the support of a loving family – and they stay in out-of-home care, on average, 55% longer than white children. Although black Floridians comprise about 17% of Central Florida's population, more black children than any other

population reside in group homes.

When kids are taken from the familiarity of their schools ... their friends ... their favorite playgrounds, they lose a critical support system. It damages the community, too – and leaves vulnerable children with nowhere to truly call "home."

Why does this happen? It's not a matter of casting blame. We all have implicit bias, and that doesn't mean we're bad people: It just means we need to be honest with ourselves and look for where we can improve. As humans, how can we appropriately, compassionately and fairly resolve this issue?

To answer that question, we founded Embrace Diversity – a movement to create a fairer child welfare system, starting with our own agency and expanding from there throughout the system of care we manage and into our community.

After the death of George Floyd and the protests for racial justice across America, Embrace Families launched a series of healing initiatives with the Peace and Justice Institute of Valencia College. Since then, we've worked to create greater awareness of bias through staff training and other programs.

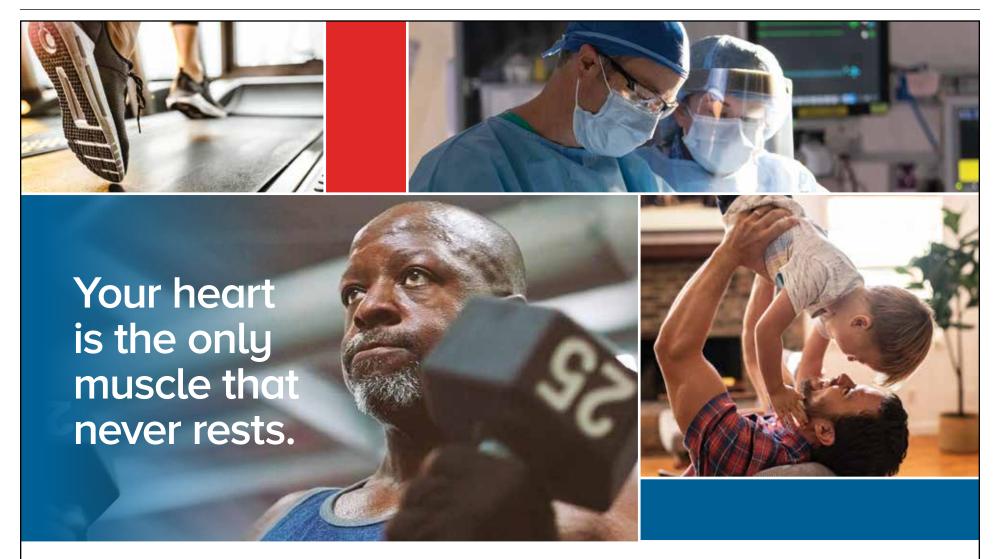
Embrace Diversity has already sparked conversations with our foster care system partners throughout the U.S., and has led to a review of our internal policies and procedures to ensure fairness. Future initiatives will focus on impacting legislation and child intake protocols to prevent bias from influencing child welfare decisions. We're also planning to expand our base of vendors to include more businesses owned by people of color, and working to recruit more



foster families, adoptive families and mentors from diverse backgrounds.

I work in foster care because I love what we do: helping families overcome tough issues, learn to connect and persevere, and pursue their "happily ever after" – whatever that means for them. But to make that happen, we need to ensure that every child has a fair chance at a bright future. This is not an issue of blue or red; it's not conservative or liberal. It's about fighting to give kids the opportunities they deserve – and everyone can be part of the solution.

Mike Bryant is Chief Operating Officer at Embrace Families, Central Florida's nonprofit lead agency helping families overcome the root causes of abuse and neglect through programs that offer case management and other prevention services.



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The Mayflower Breaks Ground On Expansion Project

The Mayflower at Winter Park is breaking ground for the largest expansion project in its history – the addition of a brand-new neighborhood to be located on 16 acres just to the west of the community's existing campus. Bristol Landing at The Mayflower will comprise 50 spacious two- and three-bedroom waterview residences; a 9,800-sq.-ft. Club House and Bistro; and an 84,842-sq.-ft. state-of-the-art Health Center.

"Bristol Landing is a vital part of The Mayflower's vision for the future – and it's a big step in the life of our community," said Steve Kramer, president and CEO. "This is the culmination of a carefully designed, comprehensive master plan project undertaken to ensure that we meet the needs and expectations of both today's and tomorrow's residents."

With site work complete, Bristol Landing will go vertical in stages, with the Health Center being built first. Construction on this phase is expected to take about 18 months. Serving as an anchor for the new neighborhood, the fourstory Health Center will be designed around a "household" model that will be inviting and homelike – featuring all-private rooms in its 60-bed Skilled Nursing and Rehabilitation Center

and 24-unit Memory Support area.

Among the many distinguishing features of the facility is the short-term Rehab Center, which will be designed with a hospitality focus to give the area its own ambience. "When people come here to rehab after joint replacement or an accident, for example, they'll stay in an area that looks and feels distinctively different," said Kramer. "The environment will be more like a hotel. One of the unique features will be a marketplace-style dining venue in a more private setting, with multiple seating options."

Building a new Health Center was the catalyst for The Mayflower's entire strategic plan. "We chose to construct it first, because it addresses an immediate need for memory support and private rooms," added Kramer. "In addition, by incorporating cutting-edge industry trends and best practices, we will be able to further enhance the high-quality care and service that we provide to our residents every day – now and into the future."

In Q2 of 2021, The Mayflower expects to issue financing for the second phase of construction, which will include five residence buildings and the Club House and Bistro, featuring an open-

kitchen concept, lounge area and bar, game room with billiards, video room, and al fresco dining on a waterfront deck.

Residences will range in size from 1,477 sq. ft. to 2,215 sq. ft. Six different floor plans will be offered, each with eat-in kitchens with islands, walk-in closets, utility rooms, and either patios or walk-out balconies. All residences have been designed with open-concept living spaces, high ceilings, large windows, and lots of natural light.

This first phase of the \$108 million Bristol Landing project is being financed through Series 2020A tax-exempt bonds, issued through Florida Development Financial Corporation in Winter Springs. Ziegler Investment Banking handled the bond offering, while financial consultants Sawgrass Partners did the financial modeling.

Brasfield & Gorrie of Winter Park will provide general contracting and construction management services.

The Mayflower's strategic plan also calls for refurbishments of the existing facility – including renovating the existing Skilled Nursing area on campus to accommodate 21 larger one-bedroom traditional Assisted Living apartments.

The 86th Annual Bach Festival Runs February 12 Through February 28

The Bach Festival Society of Winter Park presents its 86th annual Bach Festival from February 12 through February 28. Following a successful first half of its 86th season, the Society will continue to offer a variety of safe and sociallydistanced events in Knowles Memorial Chapel, outside in Winter Park's Central Park, and digitally for select concerts via "Bach at Home." The 86th Festival includes music by several renowned composers, including the festival's namesake, Johann Sebastian Bach; Wolfgang Amadeus Mozart; William Grant Still; Rollins alumnus John Maclane Schirard; and many more. Tickets and the most up-to-date programming information can be obtained at BachFestivalFlorida.org or 407-646-2182, with tickets going on sale beginning Wednesday, January 20.

This year's Festival kicks off with an organ recital provided at no cost to patrons and funded by the Faith Emeny Conger '54 Visiting Organist Concert Series at Rollins College in honor of John Oliver Rich '38. Organist Colin MacKnight, who holds multiple degrees from The Juilliard School and is the associate organist and choirmaster at Cathedral of the Incarnation in Garden City, New York, will perform in Knowles Memorial



The Bach Festival is conducted by John V. Sinclair.

Chapel on Friday, February 12 at 7:30 p.m. The performance will also be available digitally through Bach at Home.

"Spiritual Spaces: Peace and Serenity" is on Saturday, February 13 at 5:00 p.m., featuring various works to soothe the soul and inspire reflection, performed in Knowles Memorial Chapel by the Bach Festival Orchestra and conducted by John V. Sinclair. The program features a variety of works from the Baroque, Classical, and Romantic eras, as well as contemporary pieces. Among the composers featured is an arrangement of the Beatles' "Here Comes the Sun" by John Maclane Schirard, two pieces by William Grant Still, and an arrangement by our own John V. Sinclair. The performance will also be available digitally through Bach at Home.

This season's annual "Concertos by Candlelight: Classical Gems" in a candlelit Knowles Memorial Chapel will feature works by Mozart, Donizetti, Salieri, and Pleyel, performed by the Bach Festival Orchestra and conducted by John V. Sinclair. Nora Lee Garcia (flute), Lora MacPherson (English horn), and Kathy Thomas (horn) are the soloists for this elegant program on Saturday, February 20 at 7:30 p.m. This performance will also be available digitally through Bach at Home.

The Festival's namesake, Johann Sebastian Bach, will have works featured in two prominent programs at this year's Annual Bach Festival. The first program presents Bach's *Peasant and Farewell Cantatas* on Sunday, February 21 at 3:00 p.m. in

Continued on page 7

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Dynamic Performance Duo At The Winter Park Playhouse

The Winter Park Playhouse will feature the acclaimed vocal pair, Courtney and Dustin Cunningham, in their new cabaret titled Bella Notte as part of the theatre's Spotlight Cabaret Series. Playhouse Musical Director Christopher Leavy will accompany on piano. There will be four live performances with limited socially distanced seating on January 27 and 28, 2021 and February 24 and 25, 2021.

Continued on page 8



Courtney and Dustin Cunningham will be performing their new cabaret "Bella Notte" as part of the Winter Park Playhouse theatre's Spotlight Cabaret Series. Photo courtesy of the Winter Park Playhouse.

From Page

Knowles Memorial Chapel. One of only two cantatas Bach wrote in Italian, Farewell Cantata will feature soprano Mary Wilson. The *Peasant Cantata* features both soprano Mary Wilson and baritone Brandon Hendricks. The program will be performed by members of the Bach Festival Orchestra and conducted by John V. Sinclair. The second Bach program is Big Band Bach: Back Again, an outdoor performance of Bach's beloved works arranged for big band orchestration by Chuck Archard, Rollins music professor, and performed at Central Park's main stage on Saturday, February 27 at 2:00 p.m.



The festival's most unique program, "MMM...Mozart, Mendelssohn, and McCartney," introduces symphonies written by three worthy composers which are rarely performed together. It is a compelling program presented by the Bach Festival Orchestra, offered at one performance only on Saturday, February 27 at 7:30 p.m. in the Knowles Memorial Chapel. This performance will also be available from Bach at Home.

"Bach Festival Brass: Baroque and Beyond" on Sunday, February 28 at 3:00 p.m. will feature eight members of the Bach Festival Orchestra conducted by John V. Sinclair performing a beautiful Baroque repertoire on the main stage in Winter Park's Central Park.

The Bach Festival Society continues to take COVID-19 precautions very seriously. The pandemic has impacted not only the number of people able to safely attend performances, but also which works are chosen and how they are performed. Programming in Knowles Memorial Chapel will not exceed a total of 125 in attendance, including artists, audience, volunteers, and staff. Outdoor performances in Central Park will require reservations to ensure social distancing. All performances, regardless of location, will require temperature checks to enter, frequent sanitization of high-touch surfaces, and the wearing of masks indoors.

More information about the festival can be found at BachFestivalFlorida.com/Festival.



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March And April At The Morse Museum

March begins at the Morse with the new exhibition Watercolors from Louis Comfort Tiffany's "Little Arcadia" and vignette display Chinese Blue and White Porcelain on Tuesday, March 2. Advance appointments are required to visit the Museum. Public Museum hours are currently 10 a.m. to 3 p.m., Tuesday through Saturday. On Wednesday, March 24, new family content is set to be posted on the Museum's "Create & Explore" webpage. The activities relate to the new exhibition and examine the medium of watercolor and the use of concept studies. A four-part Brown Bag Matinee series, entitled Metals and Metalworking, kicks off in April. These films stream every Friday at noon from April 9 through April 30. The film series requires advance registration through the Morse Museum's "Programs and Events" webpage. The following is a list of March and April events:



Above: A watercolor design study, c. 1901, by Alice Carmen Gouvy depicting bell peppers on display beginning March 2.

TUESDAY, MARCH 2

Exhibition Opening. 10 a.m.–3 p.m. *Watercolors from Louis Comfort Tiffany's "Little Arcadia."* A handful of designers, including Alice Carmen Gouvy (1863–1924) and Lillian A. Palmié (1873–1944), were selected to work in what was often somewhat enviously referred to as "little Arcadia," Tiffany's idyllic workshop where creativity took precedence over the artist's commercial enterprises. This exhibition displays around a dozen watercolor designs by these Tiffany artisans.

Vignette Opening. 10 a.m.–3 p.m. *Chinese Blue and White Porcelain*. In the 18th century, two regional variations of Chinese porcelain—Canton and Nanking (both produced in the port city of Guangzhou)—emerged. The industry served Westerners eager to add an exotic element to their dining rooms. Artists like Louis Comfort Tiffany (1848–1933) and James Abbott McNeill Whistler (1834–1903) cherished Chinese ceramics and, in many cases, centered some of their most famous interiors around them. The Morse vignette features these precious and still avidly collected Asian ceramic pieces. These objects have been drawn from the recent donation to the Morse Museum by the Abberger family of life-long Orlando residents Dr. Benjamin L. Abberger and Nancy Hardy Abberger's collection.

WEDNESDAY, MARCH 24

Online Family Activities. Learn about the medium of watercolor and ways to make designs for your own, personal "little Arcadia." Online. Free.

FRIDAY, APRIL 9

Friday Brown Bag Matinee. Noon. *Treasures of the Earth: Metals* (54 minutes). The versatilities and strengths of metals has made them an important part of societies for thousands of years. This series looks at a variety of metals, including iron, copper, and steel, and the ways they have impacted our daily lives and our artistic perceptions of beauty. Virtual. Space limited. Registration is required. Free.

FRIDAY, APRIL 16

Friday Brown Bag Matinee. Noon. *Empires of Industry: Andrew Carnegie and the Age of Steel* (50 minutes). Virtual. Space limited. Registration is required. Free.

FRIDAY, APRIL 23

Friday Brown Bag Matinee. Noon. *Empires of Industry: War of the Copper Kings* (47 minutes). Virtual. Space limited. Registration is required. Free.

FRIDAY, APRIL 30

Friday Brown Bag Matinee. Noon. *Craft in America (Season 5): Forge* (53 minutes). Virtual. Space limited. Registration is required. Free.

For all those who would like to continue to visit the Museum virtually from home, the Morse offers many opportunities. The Morse Museum's website includes online activities, videos, and an audio tour. The Museum actively posts images and information about featured works of art on its Facebook, Instagram, Pinterest, and Twitter pages.

The Morse Museum is open 10 a.m. to 3 p.m., Tuesday through Saturday. The Morse remains closed on Sundays. All visits are by appointment only. Appointments may be made online by visiting the Museum's "Plan Your Visit" page or by calling (407) 644-1429. Regular admission is \$6 for adults, \$5 for seniors, \$1 for students, and free for children under 12. For more information, call (407) 645-5311, or visit morsemuseum.org.

From Page 7.

This cabaret will also be filmed live and available to enjoy virtually from February 26-28, 2021.

Married songbirds, Courtney and Dustin will serenade patrons with an evening of romantic selections and duets pulled from the worlds of classical music, Broadway tunes and jazz standards. Memorable songs such as "Phantom Of The Opera," "Time To Say Goodbye," "Mambo Italiano" and more, promise that *Bella Notte* (Italian for "beautiful night") will be an enjoyable cabaret for everyone.

Dustin is a classically-trained baritone and made his Winter Park Playhouse Mainstage debut in *Some Enchanted Evening*, a Rodgers and Hammerstein musical revue where he garnered rave reviews for his rendition of "Soliloquy" from the musical *Carousel*. He has traveled with the na-

tional tours of both *Seven Brides for Seven Brothers* and *Miracle on 34th Street* and has performed solo work for several national symphonies and Opera companies including his thrilling performance as Giuseppe in *La Traviata* with the Kentucky Opera.

Courtney received her MFA from The University of Central Florida and has regional credits in *The Music Man, Pirates of Penzance*, and *Church Basement Ladies*. Both Courtney and Dustin have spent the last couple of years performing on The American Duchess paddlewheel riverboat traveling up and down the Ohio and Mississippi rivers.

Courtney and Dustin have performed each year at The Playhouse's Florida Festival of New Musicals and will both be featured performers in the upcoming Mainstage musical, *A Grand Night for Singing*, running January 22 to Febru-

ary 20, 2021 at The Winter Park Playhouse.

"We are so fortunate to have Dustin and Courtney back at The Playhouse to debut their newest cabaret!" said Heather Alexander, Playhouse Executive Director. "Together they are a dynamic pair with incredible voices ... this will be a fabulous evening out for all!"

General Admission tickets are \$20 plus a one-drink minimum for live cabaret performances. Doors open at 6:30 p.m. and the cabaret begins at 7:30 p.m. Socially-distanced seating is very limited so please call the box office to make an advance reservation (407)645-0145.

Tickets for virtual performances are \$20 and can be purchased online www.winterpark-playhouse.org or by calling the Box Office at (407) 645-0145.

The Park Press | FEBRUARY 2021 **BUSINESS**

Cybersecurity awareness by Ron Frechette, The Cyber Coach

Florida Continues Cybersecurity Education Efforts In 2021



The State of Florida is kicking off the new year by promoting its ongoing cybersecurity education and awareness initiatives to

business owners across the state. The First Coast Cybersecurity Forum is scheduled to take place in Jacksonville, and virtually, on Feb 9-10. This twoday forum is the first in a series of Florida Defense Cybersecurity Training Programs being held across the state in 2021. These virtual bootcampstyle events are designed to arm business owners with the most updated information on how to recognize and respond to the ever-increasing cyber threats we face daily. The keynote speaker to kick off the event is FL Lt. Governor Jeanette Nunez & Chair, Florida Cybersecurity Task Force.

These virtual events are being made possible thanks to a collaborative partnership between the Foundation of Associated Industries of Florida (FAIF); the Workers' Compensation Institute (WCI); the Florida Department of Economic Opportunity (DEO); FloridaMakes; the U.S. Department of Defense (DoD) Office of Economic Adjustment, and various FL-based cybersecurity advisory firms. The Foundation of Associated Industries of Florida (FAIF) is a great resource for help in beginning the cybersecurity education journey and securing your business for the future. All businesses are encouraged to attend and can register for the First Coast Cybersecurity Forum at the following link: http://faif.org/Cybersecurity/2021/first-coastcybersecurity-forum.html

Kick-Start Your Cybersecurity Journey

The Digital 2019 report, from Hootsuite and We Are Social, shows the average person spends six hours and 42 minutes online each day. Half of that is spent on mobile devices. That equates to more than 100 days of online time every year for every Internet user. That's over 27 percent of every year. With that amount of time invested on-line, it is paramount to understand how to practice good cyber hygiene.

Regulatory Mandates Beefing Up For Cybersecurity

Federal and state regulators have been more than patient with the global workforce when it comes to security, compliance, and privacy issues. They are now increasing cybersecurity measures for small-midsize businesses and imposing fines and penalties on businesses owners that neglect their fiduciary responsibilities to practice due care while transmitting, processing, and storing sensitive information. Many industries are also beginning to require their vendors to attest annually they are in compliance with frameworks such as PCI DSS, AICPA SOC 2, GLBA, and HITRUST.

The DoD is now mandating that all Prime and Sub-Contractors conduct third-party audits to attest they are compliant with the newly released, Cybersecurity Maturity Model Certification (CMMC) program. Failure to be CMMC certified prohibits contractors from participating in the RFP process and may put current contracts at risk. CMMC has gained significant traction in Washington, DC and we expect to see additional

agencies adopting the framework as a best practice for evaluating third-party vendors.

A Journey, Not a ADestination

It's important to keep in mind that the road to practicing good cyber hygiene is a journey, not a destination. If you are a small-mid size business (SMB) and just beginning, don't feel like the Lone Ranger. As you can see in the Cybersecurity Adoption for SMBs Market Bell Curve below, early adoption began in 2019 and will continue through 2021. That would include those who begin the cybersecurity adoption process in 2021.

In closing, these workshops serve as a great first step towards protecting our state and workforce from major pain and headaches caused by malware and data breaches. I applaud the state of Florida and its industry partners for assembling an amazing line-up of cybersecurity thought leaders to help educate business owners throughout our great state of Florida. Until next month, wishing you a safe journey in cyber space!

Questions? Email me at ron.frechette@ goldskysecurity.com or send me a tweet @ GoldskyRon

Sources: http://faif.org/Cybersecurity/index.html https://www.dms.myflorida.com/other programs/ cybersecurity_task_force

https://thenextweb.com/tech/2019/01/31/studvshows-were-spending-an-insane-amount-of-timeonline/#:~:text=The%20latest%20Digital%202019%20 report,spread%20across%20an%20entire%20year

Questions? Send me a tweet: @GoldSkyRon or email: ron.frechette@goldskysecurity.com



PLAN F O R PEOPLE

As your City Commissioner for 9 years, I exhibited openness,

honesty and **integrity** – traits that are consistent with my core values. During those 9 years, I was part of a team that wrestled with issues both large and small. We grappled with the best course of action for the benefit of the citizens of Winter Park. My experience as a teacher, school administrator, governmental relations coordinator, vice president at Central Florida YMCA and Florida Virtual School Director prepared me well for my role as a consensus builder, arbiter and team leader.

I want to put my leadership experience to work as Mayor.

Political Advertisement paid for and approved by Sarah Sprinkel for Winter Park Mayor





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live meaningfully by Ayesha G. Shenk, M.A.

Love Actually...

"Whenever I get gloomy with the state of the world, I think about the arrivals gate at Heathrow Airport. General opinion's starting to make out that we live in a world of hatred and greed, but I don't see that. It seems to me that love is everywhere. Often it's not particularly dignified or newsworthy, but it's always there - fathers and sons, mothers and daughters, husbands and wives, boyfriends, girlfriends, old friends. When the

planes hit the Twin Towers, as far as I know none of the phone calls from the people on board were messages of hate or revenge - they were all messages of love. If you look for it, I've got a sneaky feeling you'll find that love actually is all around."

Love Actually, Universal Pictures (2003)

So here we are again - it's the time of year when shopwindows turn to pink and red, the Hallmark aisle in CVS is overstocked, chocolate and flowers adorn the arms of suitors, and Peterbrooke is working overtime.

Whether you are a proponent of Valentine's Day or not, it comes replete with Cupid's arrows and conversations brimming with desire.

It seems like a lifetime ago that we lived in BC times (Before COVID-19) but that was just about a year ago. Hearty handshakes, intimate whispers, and hugs held for just a second too long are all a thing of the past and so, where does that leave us? How do we show, in a visceral way, just how much we love one another?

I don't mean our significant others or people in our inner circle (with whom we are assumably already sharing space and germs) - but rather, how do we show ALL of those around us just how much "love actually is all around?"

I have a sort of revolutionary idea here, so just stick with me.

What if we were to start with loving ourselves? What if we were to stop the negative narrative, cease with the comparisons and accept the perfect authenticity within which each and every one of us could inhabit?

What's that you say?

I mean, what if we were to take the month of February to actually, wholly and revolutionarily love ourselves? I'm not trying to elevate some sort of narcissistic grandiosity here, but rather just a true and complete esteeming of that which is most worthy and most lovable within each of us? There are some appalling, yet commonly accepted statistics about the average human being's daily cognitive practice. It is estimated that 80% percent of our thoughts are negative. EIGHTY PERCENT. And most of those are, reportedly, about ourselves.

It could be easily argued that many, if not most, of those negative thoughts populating people's minds are something akin to "I'm not enough."

Now, before you disagree - the thoughts may sound more like: "There isn't enough time." - "If only I had a house like that." - "What if he leaves me?" - "I just need to do more." - "Why am I like this?" - "God, I need to get more sleep; I'm looking old." - "If only I could get these pounds off." - "Why won't she/he/they just _____?" etc... etc... etc...

But all of them mean roughly the same thing.

They come from a place of not-enough-ness. They come from an ideology of deprivation as opposed to abundance. They come from a deep longing to feel worthy and whole. They come from a

wounded place within us, from which we run but to which we must turn. Wherever it came from, whatever hurt you have held, for however long you have lived with it...

It's time to let it go.

TO ME, YOU ARE

You really are enough.

Just as you are. You are worthy of love and belonging just because of your very you-ness. Not as a reward earned for your achievements or as a prize to be won - but rather, just because you are. I'm not contending that we ALL don't have growth and work to do, nor am I saying that we all can't become a better, more loving, noble, gentle, kind, strong version of ourselves. But rather, I'm saying, we can't do any of that without turning a little love our own way first. No floral arrangement or decadent indulgence can rival just how euphoric that sort of love can feel. So, this year, while our contact with others is necessarily limited anyway, why not do the hardest (and most important) work of turning your love inwards.

There's no way it won't show up outwardly too. Your family, your community, and your soul will thank you.

With my Love, Actually, 'til the next time,

Ayesha G. Shenk, M.A. practices at 2150 Park Avenue North as a Licensed Mental Health Counselor and can be reached at ayesha@livemeaningfully.net or 407-796-2959.

pop culture detours by George McGowan

Twist My Arm And I'll Admit It

I was fourteen in 1977. I listened to the radio constantly. So yes, I'll admit that I listened to and enjoyed disco music. I was very proud of my leisure suit. I wore it proudly to a school dance. I danced along to "Night Fever" and pretended to be John Travolta. I admit it all! I am happy it's in the rearview mirror, but I have to admit it was fun while it lasted.

These memories rose back up as I watched the new documentary on HBO, "The Bee Gees: How Can You Mend a Broken Heart." The film is a comprehensive look at the Bee Gees in all their guises: early as a British Invasion clone (think their song "Massachusetts"), middle as tuneful balladeers ("Lonely Days"), and last as disco trendsetters (you know them all). This "warts and all" look into the genius that was the Bee Gees is a welcome journey into the days of my

early love for music. I most remember hearing them from the car radio as my family trekked from Brooklyn to Hampton Beach, NH for our annual beach vacation. Their joyful harmonies soothed my sunburned skin on the always-longer ride back home again.

Did you know that the Bee Gees wrote over 1,000 songs and had 20 #1 hits in the US and England? Did you know that the brothers Gibb, Barry, Robin

and Maurice, were born in England but raised in Australia? Did you know that they wrote a letter to Brian Epstein, the Beatles' manager, and asked for a record contract? The film reveals several of these facts and many more to flesh out these men who made some of the songs we know by heart. They had many, many problems, but their long careers



showed that their talent could not be held down by convention or ridicule. Yes, the film shows the inanity of the "Disco Sucks" backlash and I will admit that I joined that train, to some extent. But in retrospect, seeing the film made me realize that the music of the Bee Gees was just too good to ignore. Heck, "Nights on Broadway" is on my most-played Spotify playlist. I recommend you watch this film.

Mr. Barry Gibb has also recently released new interpretations of Bee Gees classics and lesserknown songs in an album entitled "Greenfields: The Gibb Brothers' Songbook (Vol. 1)." He is joined by country and roots artists on these songs, including standouts like the album-opener "I Gotta Get a Message to You" with Keith Urban

> and "Too Much Heaven" with Alison Krauss. The album was recorded in Nashville with the great Dave Cobb producing. It is worth a listen and shows the quality of the brothers' songwriting.

> Finally, two other recommendations this month. First, the Amazon Prime movie "One Night in Miami" and the soundtrack from the same. But a hint - watch the movie first. If you don't, you may have the

same experience that I did - the music appears so briefly you will miss it! The movie is a fascinating "fly on the wall" experience of the thoughts and challenges of being a Black man in America on a specific date in our history, and that is its focus. It is not a reenactment of the careers of its protagonists, Malcolm X, Cassius Clay, Jim Brown, and Sam Cooke. But after seeing it, immerse yourself in the soundtrack of classic soul and R&B!

in the garden by Stephen and Kristin Pategas



A Well-Structured Garden

Architectural Elements Help Define Garden Spaces

Stephen & Kristin Pategas In the world of gardens and garden design the words are legendary - gazebo, pergola, bower, arbor, arch, and trellis. There are few gardens of character without one or more of these space defining structures.

Gazeboes are typically structures with solid roofs providing shelter from sun and rain. Their size may be limited since they are included in the calculations for lot coverage and impervious surfaces. When small, their entertaining opportunities are limited. However substantially-sized ones can cover seating and outdoor kitchens. As stand-alone buildings they became strong focal points, and their architectural style should be themed to their surroundings – normally the house.

Pergola (from the Italian "progettare" - to project, directly descended from the Latin word "pergula")

has evolved over the centuries from a grape-covered structure shading a walkway. Permutations now include freestanding or attached structures with or without vines to provide a more shaded overhead canopy. The locations of the supporting posts must be carefully designed so they do not intrude on circulation. For a table seating four, with circulation space around the chairs, allow a minimum of eight feet. To seat six at a seven-foot-long table, allow a fourteen and one-half foot wide by eighteen-foot-long space. These outdoor rooms may provide shelter from rain if extending canopies are mounted under the rafters and lattice.

Bowers create an enclosure leaving open only one side (imagine onequarter of a sphere) and provide a shady vine-enclosed seating area. Perhaps a destination for a date with a book or for a romantic tryst? A bower with a bench makes a fine terminus for a walkway.

Arbors and arches signal an entry point into a space and perhaps a change in elevation. An outdoor equivalent of a doorway. Gates are optional. Arches are simpler in line and form while arbors may incorporate benches.

Trellises are versatile panels of latticework that sometimes can form a wall for a gazebo or pergola. More often they are attached to fences or walls where the vines that clothe them add decoration and shade. As freestanding panels attached to posts, trellises can usually go anywhere in the garden. Part structure, part vegetation, they create thin space-saving and living walls to create rooms without ceilings.

Except for trellises, these structures may not be allowed in the front yard and their location needs to follow setback requirements. Gazeboes and pergolas require permits and any of these items may need approval from a homeowner association.

These structures can help create intimate outdoor rooms while adding purpose and mystery to the garden.



At left, a vine covered arbor creates privacy and mystery. Above, dining poolside under a

custom pergola (note the matching trellis on the wall).

Hortus Oasis (LA0001090) in Winter Park is a boutique garden design company specializing in residential, commercial, and specialty gardens. Stephen is a registered landscape architect and Kristin is a certified landscape designer. Contact them at 407-622-4886/ garden@hortusoasis.com and visit www.houzz.com/pro/hortusoasis/__public.

All photography by Stephen G. Pategas/Hortus Oasis unless otherwise noted.



12 SCHOOLS The Park Press | FEBRUARY 2021

schools



I hope each of you are doing well and remain safe and sound. This month I would like to share some recent student highlights. It is my pleasure to announce that Caroline Drury has been accepted into the student exhibition for OCPS at the Orlando Museum of Art. This exhibition will be running from January 19, 2021 - March 28, 2021. This is proof of hard work, dedication, and how the support of a great teacher does pay off. Thank you Ms. Lunsford for leading Caroline to this wonderful achievement. In addition, Sharon Roy, an eighth-grade student, was one of the top 60 spellers in the annual Spelling Bee and has made it to the final round in Haines City in February. Next stop, Nationals! Thank you to Ms. Weinstein for spearheading our school spelling bee competition. I always love sharing our Glenridge Middle School successes.

Thank you again for everything you are doing every day to ensure our students are prepared for learning. These challenging times have led each of you to be "new yous" and I want to thank you for the support. I would also like to close with a thank you to our teachers and staff. No matter the circumstance, no matter the situations, our teachers and staff continue to rise to the occasion. They commit themselves to the growth and learning of each student. This makes me proud to be an educator and to work alongside such dedicated individuals.

Always proud to be a Glenridge Lion!

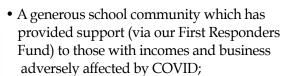


We are the beneficiaries of treasures from past cultures, especially Ancient Greece and Rome. Our programs in Latin, logic, and rhetoric as well as works by Homer, Aristotle, and others are riches that we did not create but that God in his wisdom has seen fit to give us for the benefit of his kingdom.

Employing the tools of a classical and Christian education, we train our students to use Scripture as a lens through which they examine philosophies, ideologies, theories, etc. In doing so, they will be able to use these works for their own purposes. In this way, we are fulfilling our mission to inspire students "to love beauty, think deeply, and pursue Christ's calling."

God was good to us last semester, he blessed us with an amazing start to the school year. We have many things for which to give thanks:

- Uninterrupted programs (classes, athletics, arts performances, etc.) from COVID;
- Hardworking teachers and staff who have willingly adapted to serving both in-person and remote learners;



- Patient and understanding parents who, in the midst of facing many significant societal stressors, have exercised remarkable support for our plans and protocols;
- Students who have done a remarkable job of complying with these protocols.

Each day, we face a choice as to how we will view our blessings: either as fruit given to us from a loving and omnipotent hand or as the natural and deserving accomplishments of an extraordinary people. If we allow the latter to take root, we fail. May we continue to guard our hearts and minds, thereby looking upon those things for which we are thankful as blessings from above.

Winter Park High School PRINCIPAL MATTHEW ARNOLD

Golfer Michael Mays was selected as the Orlando Sentinel Player of the Year in Boys Golf. He was No. 1 in the area and No. 2 for all classifications in the iWanamaker.com state rankings, averaging 70.4 for 18 holes for the season.

Mays will graduate as one of the most successful Wildcat golfers in school history with six individual tournament titles in his career along with a team state championship in 2018. Michael will be heading to FSU after graduation to continue his playing career and education.

The WPHS 2020-2021 Competition Cheer team are the FHSAA Region 2 and STATE Champions. This was a huge accomplishment for these young ladies. In addition, our Dance Team exceled this

season as they were recently named Grand Champion at the NDA Sunshine Classic. Thank you for the continued support of the entire Winter Park community.



Winter Park Presbyterian PreSchool

It's time to start thinking about summer camp! We're offering six individual sessions for children ages 15 months through rising kindergarten.

- June 14-18 Under the Sea
- June 21-25 Making Music
- June 28-July 2 Digging Dinosaurs
- July 5-9 Closed/No Camp This Week
- July 12-16 Nature Exploration
- July 19-23 Animal Planet
- July 26-30 Blast Off to Outer Space

We have planned many exciting adventures for our campers this summer. Each week, along with the variety of themes offered, our focus is for the children to enjoy the outdoors and explore the wonders of nature including sand, dirt, bubbles, chalk, paint, water activities, and other sensory experiences. Each age group will also be provided daily opportunities for music and movement, creating art masterpieces, playground experiences and outdoor games.

Summer camp hours are 9:00 a.m.-1:00 p.m. with an option for extended day until 3:30 p.m. for those attending five days. Children ages 15 months to rising kindergarten students will be accepted on a first-come, first-served basis. Space is extremely limited. Sign up early to secure your child's spot.

Registration is now open for the 2021-2022 school year. Summer camp registration will open February 22. Call us at (407) 629-0727 or visit our website winppc.org/preschool for more information.



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- One year through VPK programs 9:00-1:00
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www.winppc.org/preschool



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Call us for more information! 407-629-0727

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