# The Park Press Positive news that matters ~ FRE

~ Positive news that matters ~

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## Orlando Health Expands Appointment-Free Pfizer Vaccines

Orlando Health has expanded appointment-free COVID-19 vaccines to two locations. First and second doses of the Pfizer vaccine are available to anyone 12 years of age and older at its easy-to-access drive-through clinic and at the Orlando Health Scripts pharmacy located in the Orlando Health Heart & Vascular Institute. The drive-through clinic is located at 44 Lake Beauty Drive on its downtown Orlando campus. Patients can remain in their cars during the vaccination process. The Orlando Health Heart & Vascular Institute is also located on the downtown campus at 1222 S. Orange Avenue.

"Vaccinations are safe and highly effective at preventing transmission of the virus, including the new Delta variant," said George Ralls, MD, chief medical officer, Orlando Health. "Vaccinations help reduce transmission of all strains of the virus and reduce the chance of getting seriously ill in the rare event of a breakthrough infection. We urge all who are eligible to get vaccinated as soon as possible and help create a safer community for everyone."

The drive-through site is offering appointment-free vaccinations 7:00 am - 11:45



Photo credit Justin Tallis Getty Images

am, Monday through Friday, July 19 - August 27 and Orlando Health Scripts at the Orlando Health Heart & Vascular Institute is offering appointment-free vaccinations 9:00 am - 4 pm, Monday - Friday

through the fall. Identification is required to obtain a first or second dose of the vaccine. Individuals coming for their second shot should also bring documentation that they have received their first dose. A parent or legal guardian, who is authorized to sign the consent form, must accompany anyone younger than 18 years of age to their appointment.

While appointments are not necessary, pre-registration is encouraged to expedite appointment. Pre-registration additional vaccine information can be found at OrlandoHealth.com/CovidVaccine.

In case of inclement weather, the drive-through clinic may need to temporarily suspend operations until conditions are safe. Patients will be asked to wait in their cars until conditions improve.



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## The Park Press

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## Publisher's Message



Rick Cable

The summer of 2019 is winding down, yet we still find ourselves in the middle of hurricane season. Our community has not been in the direct path of a hurricane for years, but this streak of good luck can make us all a little complacent in being prepared. Now

would be a perfect time to check your emergency supplies and restock if necessary. The stores are stocked, prices are fair, and you won't find yourself scrambling in the chaos that transpires when the weather shows that we might be in the direct path of disaster. You know the drill, they lead in with quick commercial spots that say, severe weather is headed our way. Tune in at 5:00. And a wave of people head straight to the stores. Batteries, duct tape, tarps, and bottled water are quickly SOLD OUT! The stores do a great job of restocking important items, but a little advance planning will have you better safe than sorry, and avoiding the supply that at some point can't keep up with demand until the storm passes. A great reference regarding being prepared for a hurricane can be found by visiting http://www. stateofflorida.com/articles/hurricane-preparedness-guide.aspx.

The first day of school in Orange County is August 10. Please be aware of the school zones



Watch out and slow down for kids riding bikes back to school.

and their times of enforcement. One of the great things about our community is that we have many children who walk and bike to school, so please use caution while driving and keep in mind they might need extra concessions with their right-ofway. They'll look like they are carrying all of their worldly possessions in their backpacks at least for the first few weeks. The students don't have lockers at school and will be trying to establish their routines with what they can leave at home and what they need to bring daily. I'm most concerned for those who look a bit like the Ninja Turtles on two wheels. Yes, those on bikes. I'm amazed that many are balancing on a bike with a pack that outweighs them, and I think they are only able to see straight ahead, or they run the risk of wiping out around their peers. So please use extra caution when they are around.

As always, thank you for reading *The Park Press*, and we look forward to the great things to come.

## Rick

Rick Cable Founder/Owner

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## City Commissioner's Message

Commissioner Robert F. Stuart, City of Orlando District 3



Robert F. Stuar

The first day of school is August 10 for our Orange County
Public Schools and our private schools will follow soon after.
Back-to-school time is a busy time, especially as so many families transition back to inperson learning. It is such a wonderful mix of new parents enrolling young children into

their first VPK program and veteran parents thinking "We've got one more year to go," and either being excited or scared (or both) about that fact.

Teachers are preparing classrooms and staff are beautifying the schools for a new crop of young minds coming into the 2021-2022 school-year.

Some students are dreading their first day of school, while others are counting down the daysand of course our student athletes are taking care of physical exams, EKGs, and all the prep work that goes into school sports.

Whatever side of life you're in right now, it is my belief that it is the community's job to support our young people, their families, our teachers, and our local schools as they navigate the new school year.

The City of Orlando is looking for crossing guards who will be available for one hour in the morning and one hour in the afternoon to ensure the safety of our children for every day that they are in school. You can apply for this position at cityoforlando.net/police/schoolcrossingguard.

Orange County Public Schools are also registering children for Volunteer Prekindergarten education programming (VPK). Residents can enroll their children by visiting earlychildhoodocps.net

Here are some other relevant ways to support our local schools this year.

#### 1. Donate to a teacher's classroom project.

Some teachers have projects they are working on to assist with their students' learning. Others are looking for specific supplies that they can't get enough of to last the entire year. An organization that supports our teachers and could use your time or resources is A Gift for Teaching (agiftforteaching.org).

#### 2. Support local libraries.

Local libraries are an important resource for low-income students and our community at large. Visit ocls.info for ways to help.

#### 3. Attend a local school board meeting.

You, as a citizen, have a voice to make sure teachers and schools have the support they need to teach the next generation. Visit ocps.net for meeting dates and times.

#### 4. Volunteer at a school.

You can volunteer your time in many different ways, for example as a mentor or reading coach. Many schools also need help beautifying and preparing for the incoming classes. You can contact your local school for ideas on where you might fit in to their system.

**5. Drive extremely cautiously around our schools** and take great care in school zones to slow down and be on the constant look out for pedestrians.



Even by lending your support in the smallest ways, you are making an investment in your community that will last for generations to come. Needs change throughout the school year, so make note to connect with leaders at your local schools and offer assistance on a regular basis.

Another way to connect and learn about our communities is by attending the 2021 State of the City Address that City of Orlando's Mayor Buddy Dyer is hosting this month. Taking place on Thursday, August 19 at the Dr. Phillips Center for the Performing Arts, it will be a time to reflect on the city's recent accomplishments and to highlight initiatives and priorities that will help keep Orlando resilient, connected and moving forward. Visit orlando.gov/ events for details.

Finally, if you haven't been to the Front Yard Festival at the Dr. Phillips Center yet (drphillipscenter. org) -- try attending one of the events. They've extended this positive community experience through the rest of the year. You can watch top notch performances in your own private box that fits up to six people, and order food from some of Orlando's best local restaurants on-site. It's a good night out, or a warm lunch to get you out of the office for a bit... and is another way to build and support our community.

As always, thanks for all you do for our shared City. Enjoy the rest of the summer. Make it safe and fun!

## Named one of the nation's 100 TOP HOSPITALS

Orlando Health Orlando Regional Medical Center has been recognized among the 100 Top Hospitals in the nation by IBM Watson Health, which awards excellence in clinical outcomes, operational efficiency, patient experience and financial health. Orlando Health ORMC was named a top teaching hospital and recognized for its contributions to community health and its ongoing commitment to patient-centric care. Choose award-winning hospitals for healthcare solutions. Visit ChooseOrlandoHealth.com/ORMC to learn more.

ORLANDO | Orlando Regional | Medical Center

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## Winter Park Mayor's Message

Mayor Phil Anderson



Phil Anderson

#### **Stay Cool This Summer**

As summer really sets in, I remember the wonderful things that brought our families to Winter Park - trees, parks, and of course the lakes.

For over 140 years, Winter Park's founders, residents and city commissioners have

made trees and parks a priority. The tree canopy in your neighborhood keeps you 3.5 degrees COOLER than without the tree canopy. I don't have to tell you how much that matters when the temperature gets up to 90 degrees. And we all know that lemonade and ice cream just taste better in the shade on a hot summer's day.

We take that commitment to trees into our public parks as well. Our gems - Central Park and sidewalk dining, Mead Garden and its bubbling brook, Dinky Dock's beach on Lake Virginia, and all of the trees in our many other parks, make summer cooler and more fun. Winter Park has more park space per person (and more tree coverage) than any other community in central Florida. That kind of commitment takes a long-term vision and this commission is continuing that vision.

Thanks to the work of Commissioners Weaver, DeCiccio, and Sullivan and Vice Mayor Cooper, the city has committed to adding a special park in the heart of Orange Avenue at Denning Drive (known as "Progress Pointe"). A place where you will be able to escape the heat on a hot day. In fact, we have allocated funds to get that park started as soon as possible. It is our hope that you will see the beginnings of a Live Oak Grove taking root by end of the year. A

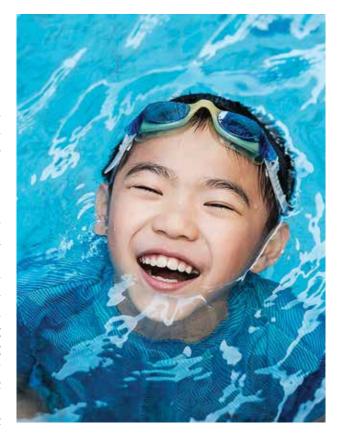
grove that will provide shade to our children's children for the next 200 years. This commission is living by the old saying: "The best time to plant a tree was yesterday, the next best time is today."

But while we are waiting for the live oak trees, enjoy a swim in a city lake... or a pool... to cool off. Fortunately, our residents and guests do not have to travel far to enjoy these amenities. The 25 lakes in the city, including the Winter Park Chain of Lakes, are an invaluable resource for recreational activities, increased economic benefits, and an immeasurable improvement in quality of life. People of all ages can be seen enjoying our lakes by balancing on paddle boards, slowly drifting in a canoe, taking in the scenery on the one-hour Winter Park Scenic Boat Tour, slicing the water on skis, or simply just relaxing along the shoreline from their decks.

Special thanks to the city's Lakes Management Division, which is responsible for managing all of the city's aquatic resources. Also thanks to our Lakes and Waterways Advisory Board, which has helped improve the condition of our lakes since the late 1960s. For specific questions about the city's lakes, please email mjohansson@cityofwinterpark. org or call 407-691-7829.

For those who like the water crystal clear, the city also as two great pools:

Cady Way Pool
407-599-3358
Mon - Fri:
Public & lap swim | 11 a.m. to 4 p.m.
Sat & Sun:
Public & lap swim | noon to 6 p.m.



Community Center Pool
407-643-1650
Mon - Fri:
Public swim | noon to 5 p.m.
Lap swim | 7 a.m. to noon & 5 to 7 p.m.
Sat & Sun:
Public swim | noon to 6 p.m.

Other great community partners include the YMCA at 1201 N. Lakemont Ave., and the Center for Health and Wellbeing, home to the Peggy & Phillip B. Crosby Wellness Center, at 2005 Mizell Ave. For those new to Florida's summer obsession, please call the city at the numbers above to sign up for swim lessons, if needed. Have a safe and cool summer!

## CoffeeTalk Returns

Freshly "brewed" in 2006, CoffeeTalk is an informal gathering of the community, Winter Park's elected officials, and the city manager to "espresso" their thoughts with one another in a casual and more comfortable environment. CoffeeTalk's "flavor" invites the public to enjoy a cup of conversation with city leaders if they have a "latte" questions or thoughts they would like to "pourover" about city initiatives, programs or activities.

The city is proud to serve its "perfect blend" of CoffeeTalks from 8:30-9:30 a.m. at the Winter Park Welcome Center located at 151 W. Lyman Ave. on the following Wednesdays:

- August 4 | Mayor Phil Anderson
- September 1 | Vice Mayor Carolyn Cooper
- October 6 | Commissioner Todd Weaver
- November 10 | Commissioner Marty Sullivan
- December 1 | Commissioner Sheila DeCiccio
- January 5, 2022 | City Manager Randy Knight

Please mark your calendars to join us for coffee generously provided by Barnie's Coffee & Tea Co. Good days start with sharing a warm Cup of Joe and friendly conversation with you. Please note that "briny, acidic or full-city roasts" are not on the menu and will not be served at these sessions. For more CoffeeTalk information, please contact 407-599-3428 or choward@cityofwinterpark.org.



## **Music In The Park Returns**

In support of our small business community, the city is resuming its Music in the Park series every Friday and Saturday throughout the month of August from 6 to 9 p.m. in Central Park.

Attendees are invited to enjoy the varied musical performances of local talent after picking up their Curbside To-Go meal for a nice picnic in the park with a small group of family and/or friends. Details regarding shopping and dining in the downtown Winter Park area can be accessed at winterpark.org and parkavenuedistrict.com. Thank you for supporting our local businesses.

**Friday, August 6 & Saturday, August 7, in Central Park** featuring the talents of Shreddie King Friday & Tropical City Jazz Saturday

Friday, August 13 & Saturday, August 14, in Central Park featuring the talents of Just

featuring the talents of Just Imagin3 Friday & SMB Band Saturday

Friday, August 20 & Saturday, August 21, in Central Park featuring the talents of Rexine Friday & April Brown Saturday



Just Imagin3

Friday, August 27 & Saturday, August 28, in Central Park featuring the talents of Old Skool Friday & Grateful Spread Saturday

#### Citizens of Yesteryear

Our friends from the 4th of July Celebration [the 4th on the 5th] event are coming back to Central Park. Catch up with some of your favorite citizens during the August performances.

#### The Charles Hosmer Morse Museum of American Art

The Morse Museum will offer FREE admission from Tuesday, August 3, through Tuesday, August 31. Make a reservation in advance by accessing admissions.morsemuseum.org.

#### Safety precautions at all gatherings

City staff will be present to remind attendees to keep a safe 6' social distance. Masks/face coverings are optional, and hand washing stations are available throughout the park.

## **OUC Adds Rebate For Smart Irrigation Controllers**

While the recent rainy weather pattern is helping Central Floridia yards stay green and thriving, residents with in-ground sprinkler systems set to automatic timers might find SaterSe, they're overwatering.

OUC is now offering a rebate up to \$200 to its customers for a smart solution for overwatering that will also help lower monthly water bills.

WaterSense labeled irrigation controllers, which act like a thermostat for a sprinkler system telling it when to turn on and off, use local weather and landscape conditions to tailor watering schedules to actual conditions on the site. With proper installation, programming and maintenance, homeowners can use these controllers instead of standard controllers to save water.

The new controller must be a standalone EPA WaterSense labeled con-

troller. Plug-in or add-on units are not eligible. This rebate is only available for OUC potable water customers with in-ground irrigation systems. Homes using

reclaimed water or water from a well, lake, or pond for irrigation are not eligible.

To learn more and apply for the rebate, visit https://ouc.com/residential/save-energy-water-money/residential-rebates-information

## The Morse Museum Is Back And Free For The Month Of August

On Tuesday, August 3, The Charles Hosmer Morse Museum of American Art will resume prepandemic hours, capacities, and other aspects of the daily visitor experience. Celebrating a return to normalized operating procedures, the Morse will be free for the month of August. The 2021-2022 season, beginning in October, will include a hybrid of online and on-site lectures, films, and other programs.

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Summer panel of the Four Seasons window, c. 1899-1900, saturated with warm colors in leaded glass.

## Second Harvest "Food For Thought" Behind-The-Scenes Tour

Second Harvest Food Bank is giving com- firsthand how the food bank is continuing to munity members three opportunities to have a glimpse inside the daily operations of the food bank with its "Food For Thought" virtual tours. Everyone who wants to learn more about hunger in Central Florida that impacts one in seven adults - and one in five children - is invited to attend. These free, virtual, behind-the-scenes tours give participants the opportunity to see

distribute 300,000 meals a day. Attendees will also learn about the different programs that Second Harvest maintains to help feed those facing food insecurity across Orange, Osceola, Lake, Seminole, Volusia and Brevard counties.

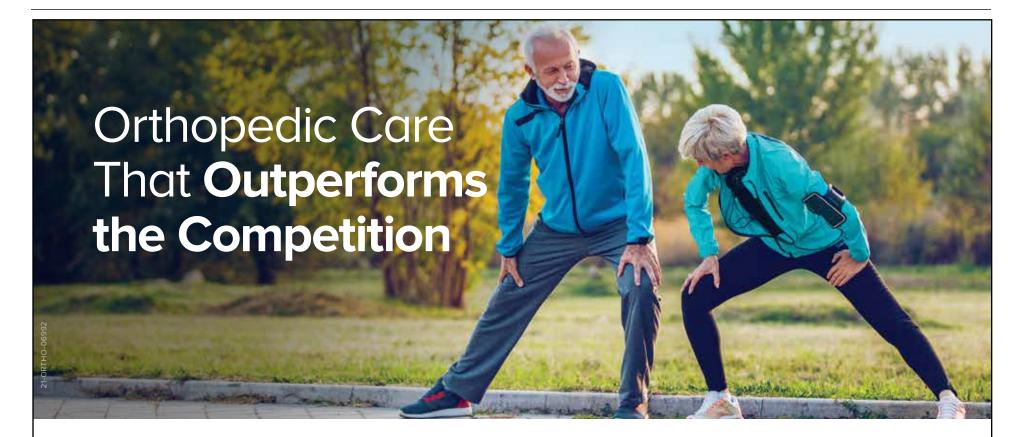
The virtual tours will be held:

• Tuesday, August 3 | 11:00am - 11:45am

- Tuesday, August 17 | 11:00am 11:45am
- Tuesday, August 31 | 11:00am 11:45am

This event is virtual via Zoom. A secure link will be sent to attendees prior to the start of the tour. Participants will not appear on video or audio unless they choose to enable these features.

To register for a "Food for Thought" tour, visit www.FeedHopeNow.Org/Tour.



## **Now Open in Winter Park**

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hours extends Museum hours back to 9:30 a.m. to 4 p.m. Tuesday through Saturday and 1 p.m. to 4 p.m. on Sunday. Masks are no longer required,

however they are still requested for those who have not been vaccinated. Enhanced sanitation measures remain, and sanitizing stations are still available for the convenience of all visitors.

The Morse Museum invites all to visit free of charge from

Tuesday, August 3, through Tuesday, August 31. Cool off and stay dry this summer while surrounded by Tiffany artwork and vibrant exhibitions and installations staged over the course of the past year.

Visitors may celebrate the season with familiar favorites created by Louis Comfort Tiffany (1848-1933) such as his rich Four Seasons window, c. 1899-1900, or his chapel interior from the 1893 World's Columbian Exposition. Newly

The resumption of pre-pandemic public added to the permanent exhibitions, and now on view, is Tiffany's massive fireplace hood, created around 1885. The Morse Museum acquired the remarkable wrought iron fireplace hood and

> installed it in its Laurelton Hall galleries in the fall of 2020.

> Free admission also means the chance to view Selected Portraits from the Morse Collection, which opened just days before the Morse was forced to temporarily close its doors due to the coronavirus. The exhibition, featuring more

than a dozen paintings by leading American portraitists and photographs by early American studios, closes on October 3. Visitors may also stroll through the Morse's galleries to explore the recently opened exhibition Watercolors from Louis Comfort Tiffany's "Little Arcadia" and vignette Chinese Blue and White Porcelain.

The Morse offers many opportunities for all those who would like to continue to visit the Museum virtually from home. The Morse Museum's website includes online activities, videos, and an audio tour. The Museum actively posts images and information about featured works of art on its Facebook, Instagram, Pinterest, and Twitter pages.

The Morse Museum is home to the world's most comprehensive collection of works by Louis Comfort Tiffany, including the artist and designer's jewelry, pottery, paintings, art glass, leaded-glass lamps and windows, and art and architectural objects from his Long Island country estate, Laurelton Hall. The Museum's holdings also include American art pottery, late 19th- and early 20th-century American paintings, graphics, and decorative art.

Located at 445 N. Park Avenue, the Museum is owned and operated by the Charles Hosmer Morse Foundation and receives additional support from the Elizabeth Morse Genius Foundation. It receives no public funds.

From November through April, the galleries are open until 8 p.m. on Fridays. Admission is \$6 for adults, \$5 for seniors, \$1 for students, free for children under 12, and from November through April, free for all visitors after 4 p.m. on Fridays. Reservations may now be made in advance by visiting admissions.morsemuseum.org/mainstore. For more information about the Morse, please visit morsemuseum.org.

## Faith Boles Premieres New Solo Cabaret – Love, Audra

The Winter Park Playhouse will present a hot new cabaret this summer as part of its popular Spotlight Cabaret Series - Love, Audra - featuring professional actress and vocalist Faith Boles. This brand new, one-hour solo cabaret will be performed live at The Winter Park Playhouse on August 18 and 19, 2021. Musical Director Christopher Leavy will accompany on piano.

Join the multi-talented Ms. Boles as she sings her vocal love letter to Ms. Audra McDonald, highlighting the songs and the career of the Emmy, two-time Grammy and record breaking six-time Tony Award winner! Patrons



Faith Boles photo by Robert Buchanan Photography.

will be treated to an evening of Broadway, opera and concert favorites including "Summertime," "It Might As Well Be Spring," "Beauty and The Beast," 'God Bless the Child" and many more.

Faith Boles is a veteran stage performer who began her career earning a BFA from Shenandoah Conservatory. Her numerous stage credits include sold-out production runs of Ain't Misbehavin' and Beehive: The 60's Musical at The Winter Park Playhouse, Gary Coleman in Avenue Q, Sarah in Ragtime, MotorMouth Maybelle in Hairspray, Mama Morton in Chicago and the Narrator in Joseph and the Amazing Technicolor Dreamcoat.

Faith has traveled around the world as a production cast vocalist for Celebrity Cruise Lines on the Celebrity Equinox. She has also been seen in a wide variety of live productions at Walt Disney World including The Hoop Dee Doo Musical Revue, Finding Nemo: The Musical and the Frozen Sing Along.

"Faith is a dynamic performer with a powerful voice and commanding stage presence. We are thrilled to bring her back to our cabaret stage!" says Heather Alexander, Playhouse executive director.

General admission tickets for live performances are \$20 plus a one-drink minimum. The cabaret will take place in the theatre on the mainstage and patrons will be required to wear masks during the performance. Assigned seating is limited and performances sell out quickly, so advance reservations are strongly recommended. Doors open at 6:30 p.m. for a 7:30 p.m. show. Call The Winter Park Playhouse box office 407-645-0145 or visit the Playhouse website www.winterparkplayhouse.org for more information and to reserve tickets.

## **Opera Orlando In Concert: Summer Concert Series**

Opera Orlando's annual Summer Concert Series (formerly Opera on Park) returns live and in person to the University Club of Winter Park this August. The series features three concerts, up close and personal, by world-class singers, followed by an artist's reception with food and wine graciously sponsored by Winter Park Wine. Enjoy a diverse selection of songs, arias, and duets, and get to know and chat with the artists before you see them "On the MainStage" or "On the Town" in the Opera's upcoming "Viva Verdi!" season.

"We have a really exciting line-up of singers for our annual series, and I think our audiences and fans will be blown away by their talent, their personal stories, and the chance to experience live music in this intimate setting," said artistic director Grant Preisser. "Last season's digital concerts were a great way for us to remain connected to our audiences and artists, but nothing can replace being in the same room, listening and experiencing incredible singing and performances. I am looking forward to welcoming everyone back to these concerts and our 2021-22 season in person."

#### Sunday | August 15 at 2 p.m.

Cecilia Violetta López, soprano, and Nathan Salazar, piano

Metropolitan Opera and Mexican-American soprano Cecilia Violetta López returns to Orlando to kick off the Summer Concert Series, joined by renowned pianist Nathan Salazar. Opera Orlando fans will remember

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Ms. López's company debut in 2017 as the glorious Mimi in *La Bohème*, and this October she takes the stage again for Opera Orlando as Violetta in *La Traviata*. In addition to the unique program of arias and songs presented by Ms. López and Mr. Salazar, this concert will also include an exclusive sneak peek with general director, Gabriel Preisser, into the full 2021-22 "Viva Verdi!" season.

#### Sunday | August 22 at 2 p.m.

Victor Ryan Robinson, tenor, and Ammon Perry *Bratt, piano* 

Metropolitan Opera and Broadway tenor Victor Ryan Robertson presents a fantastic cross-over program showcasing his artistry as a performer, with Ammon Perry Bratt on piano. Mr. Robinson, who will make his Opera Orlando MainStage debut this October as Alfredo in La Traviata, will give audiences a chance to appreciate his versatility in this program, singing some of his favorite arias and

musical theater showstoppers, with a few surprises thrown in along the way.

#### Sunday | August 29 at 2 p.m.

Kirsten Chambers, soprano, and Keith Chambers, piano

The Summer Concert Series concludes with Metropolitan Opera soprano Kirsten Chambers, accompanied by her husband Keith Chambers on piano, in a romantic program of Italian opera favorites. Mr. Chambers was last seen with Opera Orlando as the music director and pianist for *The* Barber of Seville at Casa Feliz, and he will return this spring as music director for the site-specific production of King for a Day, with his wife singing the lead role of The Marchesa.

Enjoy this incredible line-up of artists for \$105 for the entire series or \$45 for each individual concert. Admission includes artist receptions following each concert, with light refreshments and wine.

Keeping safety as its first priority in the presentation of its 2021-22 season, Opera Orlando

continues to monitor the development of CO-VID-19 and the vaccination plans relating to the virus. The Company will continue its consultation with its health partners and venues to implement an appropriate and comprehensive plan, continuing to protect and reduce the risk of infection for audience members, cast and production teams, staff, and volunteers.

Stay up to date with Opera Orlando's upcoming season and planning online at www. operaorlando.org. Season ticket subscriptions for Opera Orlando on the MainStage are on sale now. Subscriptions are sold through the Dr. Phillips Center's Bill & Mary Darden Box Office (445 S. Magnolia Avenue, Orlando), online at www.drphillipcscenter.org, or by calling (407) 839-0119, ext. 0.

Season ticket packages are also available for Opera Orlando on the Town. Call (407) 512-1900 or visit www.operaorlando.org for "On the Town" subscriptions. See YOU at the

## Top Five Fraud And Scam Prevention Tools

by Angelita Pacheco Social Security District Manager in Orlando, FL

Knowledge is power, and having the right tools to fight fraud can make a huge difference. Knowledge can also help those you love and want to protect. We put together a list of the five most important resources about Social Security scams you should know about:

- Read and share our fact sheet Beware of Social Security Phone Scams to learn how to spot fake calls and emails at www.ssa.gov/fraud/assets/materials/EN-05-10535.pdf.
- Visit our Office of the Inspector General's Scam Awareness page at oig.ssa.gov/scam for information on phone scams — and how to report them.
- Read our blog post at blog.ssa.gov/protectingyour-social-security-number-from-identity-theft to learn how to protect your Social Security number from identity theft.
- Create your own personal my Social Security account at www.ssa.gov/myaccount to help you keep track of your records and identify any suspicious activity.
- Visit our Fraud Prevention and Reporting page at www.ssa.gov/fraud to understand how we combat fraud.

Please share these resources about scams with your friends and family.







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## Best Buddies International Jobs Participant Wins Employee Of The Year

Justin Isaac, Boathouse employee and Best Buddies Jobs participant, has been selected as the Boathouse 2021 Employee of the Year. Best Buddies International is a nonprofit organization dedicated to establishing a global volunteer movement that creates opportunities for one-to-one friendships, integrated employment, leadership development, and inclusive living for people with intellectual and developmental disabilities (IDD).

Justin began working at The Boathouse restaurant as a host in May 2021, and quickly excelled in his new role. He was selected as Employee of the Year for his outstanding optimism during the Covid-19 pandemic. Justin's exemplary work ethic, combined with the support of his Best Buddies Jobs Employment Consultant, Tim Loulan, and the support of the restaurant staff, allowed him to quickly learn his role as host at the restaurant.

"Justin has been everything that we look for in a participant for our

Best Buddies Jobs program," said Loulan. "He comes to work every day with the right attitude, always has a smile on his face and goes above and beyond to make

Justin has been everything that we look for in a participant for our Best Buddies Jobs program.

sure his job is done correctly. He's made my job that much easier by simply just wanting to succeed in his role and making the effort day after day to put his best foot forward. Additionally, the support Justin has at The Boathouse from his managers and coworkers has been truly amazing to watch. They've rallied around him to make sure he's comfortable in his role and are paving the way for him to be successful for a long time to come."

The Best Buddies Jobs program secures integrated employment for people with IDD, allowing them to earn an income, pay taxes, and continuously and independently support themselves. Through the Jobs program, Best Buddies develops partnerships with employers, assists with the hir-



ing process and provides ongoing support to the employee and employer. Many businesses have seen the benefits of hiring individuals with IDD, such as gaining dependable, motivated employees; promoting an inclusive and diverse workforce; and improving customer satisfaction.

"Justin is a fantastic hire for us, he has such a great attitude and desire to be here — it is refreshing to see," said the Boathouse assistant general manager, Scott Lagrimanta. "Justin is one of the first impressions that our customers see at the door and then he escorts them to their table. This task isn't as easy as it seems since we have 198 tables in the restaurant, so Justin has memorized the table numbers and is extremely efficient at navigating through the restaurant and making sure the customers end up at the correct table. He is always on time and in uniform and I feel will be a great asset to the team for a long time." This is the Boathouse's first hire from the Best Buddies Jobs program throughout the state of Florida, and they hope to hire more in the coming years.

## Mobile Vaccine Sites Returning To Neighborhood Centers And Facilities

As the COVID-19 virus continues to spread in Orlando, the City is working to further expand vaccine opportunities to as many residents as possible. Part of that effort includes taking mobile vaccination sites directly into neighborhoods.

Over the next several weeks, eight City of Orlando neighborhood centers will host one-day vaccine sites, offering both the Pfizer and Johnson & Johnson vaccines. One-day vaccine sites will also be hosted at the Orlando Police Department headquarters, City Hall, and the Orlando Farmers Market at Lake Eola Park.

"It is clear that the vaccine is the best way to protect yourself and others from the virus and to help end the pandemic in our community," said Mayor Buddy Dyer. "It is critical that those who are not vaccinated to get their shot as soon as possible and the City of Orlando is committed to working with our partners to ensure that the vaccine is accessible to all residents, especially in our neighborhoods."

Residents aged 18 and up are eligible to receive either brand vaccine, while those ages 12-17 can receive the Pfizer vaccine with guardian consent. No pre-registration is required at these sites.

The #IGotMyShot mobile vaccination sites are made possible thanks to a partnership between the City of Orlando, Orange County Government and the Florida Department of Health – Orange County.

#### **MOBILE VACCINE SITE - SCHEDULE:**

Dates and times for the vaccine sites are schedule to change. Residents can learn more about the mobile vaccine sites at neighborhood centers and other City of Orlando facilities by visiting orlando. gov/mobilevaccines.

#### Week of August 1st

- Monday, August 2
   Engelwood Neighborhood Center, 6123 La
   Costa Drive (2:30 5 p.m.)
- Tuesday, August 3
   Rosemont Neighborhood Center, 4872 Rose

   Bay Drive (2:30 5 p.m.)
- Wednesday, August 4
   Dr. James R. Smith Neighborhood Center, 1723 Bruton Boulevard (2:30 – 5 p.m.)
- Thursday, August 5
  - o Orlando City Hall, 400 South Orange Ave. (9 a.m. - 1 p.m.)
  - o Northwest Neighborhood Center, 3955 WD Judge Drive (2:30 – 5 p.m.)
- Friday, August 6
   Citrus Square Neighborhood Center, 5625
   Hickey Drive (2:30 5 p.m.)

#### Week of August 8th

Tuesday, August 10
 John H. Jackson Neighborhood Center, 1002
 West Carter Street (3 – 6 p.m.)

- Wednesday, August 11
   Wadeview Neighborhood Center, 2177 South Summerlin Avenue (2:30 – 5 p.m.)
- Friday, August 13
   Orlando Police Department, 1250 West South
   Street (9 11:30 a.m.)

#### Week of August 15th

- Sunday, August 15
   Lake Eola Park/Orlando Farmers Market,
   East Washington Street at North Eola Drive
   (9 a.m. 1 p.m.)
- Monday, August 16
   Dover Shores Neighborhood Center, 1400
   Gaston Foster Road (2:30 5 p.m.)

#### Week of August 22nd

Thursday, August 26
 Orlando City Hall, 400 South Orange Avenue
 (9 a.m. - 1 p.m.)

#### Week of August 29th

Tuesday, August 31
 John H. Jackson Neighborhood Center, 1002
 West Carter Street (3 – 6 p.m.)

#### Week of September 5th

 Sunday, September 5 – Lake Eola Park/Orlando Farmers Market, East Washington Street at North Eola Drive (9 a.m. - 1 p.m.)

## Splash, Float, Swim!

The city is on a mission to prevent drowning incidents for Winter Park youth through Splash, Float, Swim!, a cooperative effort with AdventHealth, YMCA of Central Florida and The Mukti Fund. To fulfill this mission, the city's Parks & Recreation Department will be providing free swim lessons at both the Winter Park Community Center and Cady Way pools to all Winter Park residents and students currently enrolled in kindergarten.

#### **TUESDAY EIGHT-WEEK SESSION**

Community Center Pool @ 721 W. New England Ave. Dates: September 14, 21 and 28, October 5, 12, 19 and 26, and November 2
Times: 4:15 p.m., 5 p.m. or 5:45 p.m.

#### SATURDAY EIGHT-WEEK SESSION

Community Center Pool @ 721 W. New England Ave. or Cady Way Pool @ 2529 Cady Way Dates: September 18 and 25, October 2, 9, 16, 23 and 30, and November 6 Times: 10 a.m., 10:45 a.m., 11:30 a.m. or 12:15 p.m.

Continued on page 9

## cybersecurity awareness by Ron Frechette, The Cyber Coach

## How To Select The Right Cybersecurity Partner For Your Organization

Organizations in today's digital world are susceptible to the alarming increase in the rate of cyber threats. As a result, organizations must

protect the privacy and integrity of their critical assets. To achieve such requirements, organizations must work with a security partner to properly accomplish a strong cybersecurity posture. But how do you select the most appropriate and best cybersecurity partner?

#### The Impact Of Cybersecurity Partners In An Organization

Since the start of COVID-19, the FBI reports that cyberattacks have increased by 300%. This suggests cybersecurity is no longer an option, but the fundamental pillar of a business. Your sensitive business data is under threat if the cybersecurity protection of your organization is not robust.

The right cybersecurity partner helps you with the following:

- Secures your data and helps to avoid damage to the image of your company. So much hard work is being put into establishing a brand, but it takes only a single data breach to ruin your reputation.
- Helps you keep your clients' trust in your business and security alive.
- Handles all security-related legal issues for you. Thus, you avoid legal ramifications with the help of cybersecurity partners and can invest your time in other essential parts of your business.

#### **Benefits Of Having The Right Cybersecurity Partner**

## 1. Gaining a Better Understanding of Security

With the help of the right cybersecurity partner, companies can gain a better understanding of potential threats. They can also make the necessary adaptations and rescue plans in case of a data breach.

#### 2. Proactive Protection

Following a reactive security approach may expose your organization to becoming a cybercrime victim. A cybersecurity partner proactively protects your company by performing penetration tests, designing a data recovery and rescue plan, and performing regular security scans.

3. Maintain Relevant Compliance Standards Often, it is difficult for organizations to decipher



which compliance standards are "nice to have" and which ones are requirements. Having an experienced cybersecurity partner ensures that your corporate resources are appropriately aligned with the compliance standards required to meet both business goals and security objectives.

#### 4. Increased Revenue and Customer Trust

Being a victim of cybercrime can cause your organization a significant loss in terms of revenue and customer trust. You lose profit, customers, and face multiple penalties and lawsuits. Having the right cybersecurity partner would save you from these losses and increase your revenue and customer trust.

#### **Key Attributes To Consider** When Selecting A Cybersecurity Partner

So how do you select the right cybersecurity partner for your organization?

#### 1. Know your business and IT requirements

Before searching for a partner, you should first try to identify what you need and your business security requirements. Most businesses need solutions like data loss prevention, firewalls, data recovery, network security, device security, anti-ransomware software, and cloud security. You should consult within your team and create a list of your requirements.

#### 2. Confirm what services the cybersecurity partner provides and their delivery timeline

When selecting the right partner, you should assess their services according to your needs. For example, confirm whether they can provide quick resolutions or not. Timing is critical, and delays in services may cost you a lot.

Below is a list of essential security services offered by competent cybersecurity partners in today's threat landscape:

- Security Operations Center (SOC) services
- Data security governance
- Network Security Operation
- Infrastructure Security (on-premise and cloud-based)
- Access Control Management
- Malware and Ransomware Defense
- IT Systems Management
- Website Protection

#### 3. Industry and Technical Expertise

Cybersecurity partners should have expertise across multiple industries, and they must be able to demonstrate their understanding of industryspecific issues as they relate to your organization. You can even ask them about their previous clients. Ask about their software and hardware. You can also evaluate their team based on their expertise, awards, certificates, and recognitions.

#### 4. Specialized Expertise and Knowledge Base This is the most crucial factor when choosing a cybersecurity partner. Your partner must have strong expertise in cybersecurity compliance.

It is challenging for organizations to safely work online or remotely in an era where the rate of cyberattacks is increasing at a swift pace. Select the right cybersecurity partner to help you achieve your security goals.

Questions? Send me a tweet: @GoldSkyRon or email: ron.frechette@goldskysecurity.com

From Page 8

An end-of-session pool party with Kona Ice will be held Saturday, November 13, from 10 a.m. to noon, at the Community Center Pool. Registration opens at 8 a.m. on Monday, August 2 and class sizes are limited. To register your child for swim lessons, please access the Parks & Recreation Eventbrite page.

According to the Center for Disease Control (CDC), children from one to four years of age are at the highest risk of drowning. Children should learn to feel comfortable and confident in the pool, understanding what to do and how to get out if they find themselves in trouble. Let's focus on enjoying friends, family and sunshine at the beach and the pool this summer, instead of injury and drowning.

For more information regarding the Splash, Float, Swim initiative, please contact clundgren@cityofwinterpark.org or 407-599-3338.



John Psomas RICP, Agent 922 Lake Baldwin Lane, Suite A Orlando, FL 32814 Bus: 407-277-2997 www.johnpsomas.com Se habla español

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## pop culture detours by George McGowan

## Nostalgia Is Not The Name Of A Disease

My weird brain has been thinking of the word "nostalgia" lately. Its spelling calls to mind afflictions, like myalgia, contagia, neuralgia. A word ending in "gia" seems destined to be a disease of some sort. So, should we consider nostalgia a disorder of the mind?

10

The word origin for nostalgia is "nostos" – Greek for "a return home." The definitions vary from dictionary to dictionary, but each refer at least once to "homesickness," so I guess there is our connection to a "disease."

This word began to swim around in my mind when I chose to listen to some music recently. I decided to revisit the band Vampire Weekend. Listening to their music beginning with their debut album, which was released in 2008, (really not too long ago) brought up memories of my children first acknowledging and actually enjoying the music I was listening to in the house, in the car, etc. Especially in the car. It is my rule that if I am driving, we are listening to my music. It is not a hard and fast rule, especially when I get a certain look from a certain someone (often my lovely wife). I tend to listen to the same thing over and over sometimes. Perhaps this happened with Vampire Weekend around about 2008.

Listening to Vampire Weekend's music also made me recall one of the earliest times that I took my two older music-loving children to a concert. The internet is an amazing thing, so I was able to find the exact date and location of the concert –

October 11, 2010 at the Hard Rock Live at Universal Studios, opening acts: Beach House and another solo artist who even the internet forgot. Recalling that evening, a wash of nostalgia came over me. I spent that night watching my kids watching the bands. It was awesome to see them dancing and singing along with the music. I remember having a parenting moment when one or the other child asked to use the bathroom. Do I go with? Do I start a timer in my head? Do I pretend to let them go alone and then track them from afar? I went through all of those permutations in a moment, yet I don't remember what I ended on. For context, my children were 15 and 14 at the time. In retrospect, that looks like classic over-parenting, but I can openly admit it happened. I'm not ashamed.

So, back to nostalgia. I always thought nostalgia referred to childhood memories, high school memories, dating/romance memories. But, at a certain age, it seems that nostalgia happens even for events that have happened within the last 20 years. Nostalgia is an "affliction" that can hit you at any time for any reason. But I believe it should be celebrated! It means that you have lived a life worth recalling and worth re-living. I'm thankful for the wonders of our human brains and how



listening to music can bring us back to "a yearning for past circumstances." Nostalgia.

Now, a couple of music recommendations: "Gold-Diggers Sound" by Leon Bridges is R&B of the "quiet storm" nature and gets better with every listen; "The Turning Wheel" by Spellling (yes, that's the correct spelling) is intriguing in its ambition and I am still not sure how to describe it, which I mean in a good way. Maybe listening to either of these new albums will cause you to reminisce and fall into your own bout with nostalgia.

## live meaningfully by Ayesha G. Shenk, M.A.

Ayesha G. Shenk

## **Ego Identity**

Let's talk about ego for a second. Not the colloquial usage that we throw around as though it's synonymous with arrogance (ie: "he has

a big ego") but the actual psychological understanding of ego.

Historically, we tend to associate the ego with Freud's work as it's often the underlying foundation of psychoanalytic theory. But ego is pretty pervasively found throughout much of psychology and is a bit esoteric, despite being so widely discussed.

As this isn't an academic journal, and you probably aren't interested in a deep dive into the history of psychodynamics, let's just try to oversimplify. Let's call ego the way we show up in the world and the conceptualization of the force that allows us to mediate between our most basic unconscious needs and selves and our higher order considerations of morality, society, expectations, self awareness, etc.

(The reason I even set this whole infrastructure up, is so we have some commonality of meaning as we navigate the rest of my meanderings herein. Apologies for the 'nerding out' and thanks for sticking with me.)

So... I've been doing this for quite a while now and I've seen a significant number of people/concerns/pains/issues/presenting problems/etc. I think I'm a pretty adept witness and, though I have observed and accompanied my clients on many different journeys, there are a few things that stand out to me in terms of absolute commonalities, no matter the person or the circumstances.

These include: our basic flawed humanity, our own powerful ability for self-deception, our desperate desire for connection, our deep need for love and belonging, our best efforts toward survival and adaptation (even if those adaptations don't always

serve us), and our search for whatever may make us feel worthy and 'good enough,' to name a few.

(If none of these resonate at all with you, either you are far more enlightened than I am, you've not done much introspection or personal work, you're magically unharmed by the world and your experiences, you have some level of pathology... or, I really need to meet you to learn what your parents did to make you so inherently fulfilled and at peace, because I'd love to offer that sort of gift to my own children.)

Nonetheless, let's assume that you have had at least a little bit of struggle and you've been blessed with the opportunity to build grit and resilience. Let's also assume that by this point in time you've been knocked down at least once or twice and are now trying to build back a healthier and more aware version of yourself. (This may be self-congratulatory, but I'm pretty sure you wouldn't be reading my column or this far along in the article if this weren't the case.)

So, now what... here you are, aware of your own humanity, maybe working on making amends for some of the choices you've made, maybe not altogether pleased with the version of yourself and your life that you've created. Here you are, presenting this identity to the world that has been moved and shaped and adapted by what the people and the circumstances in your life needed (almost from infancy) you to be... And here you are, with your ego operating in the best way it knows how to be appealing and accepted. But yet, here you are, still not feeling entirely comfortable in your own skin or satisfied with the depth of relationship and circumstance in your life.

So now what?

(Here comes the good part... hopefully.)

I have this working theory that, outside of specific hurts/pains/abuses/losses, the greatest source

of our existential pain is the distance between our true/authentic/vulnerable self and the self/ego-identity that we present to the world. I believe there is a direct correlation between how lonely we are and how acute our pain is, and how great the misalignment is between our true selves and our presented selves. If we can close the gap and create less disparity between the two... If we can begin bringing them closer and closer to one another (almost in the way our brain and eyes work together to adjust when looking through binoculars to make one image)... If we can draw them together enough so at least they partially overlap, if not begin to eclipse one another with their complete alignment... then we can feel some relief from the pain and loneliness.

When our true selves and our presented selves are in alignment and begin to overlap, we are showing up with a level of emotional integrity that is hard not to celebrate and impossible not to provide existential freedom.

...I get that this is a giant undertaking to have bitten off in under 1000 words, but I am hopeful at least it will possibly sow a seed for you. Consider taking inventory of the ego. Consider looking deep within yourself and being honest about how great the distance between what you present to the world and what you truly feel/believe/experience is. Consider the possibility of drawing those two things closer together - even if only in your closest relationships. Consider risking vulnerability and exposing who you really are behind the mask that you have come to wear. What might it be like to be truly seen and loved as that version of yourself? What might it provide in the way of freedom, belonging, fulfillment, self-worth? Is it

'til the next time, Be Well; Live Meaningfully. Ayesha

### in the garden by Stephen and Kristin Pategas



Genus Series: Podocarpus

The Genus Series selects a genus of plants and ex-

Stephen & Kristin Pategas

plores a selection of its species, varieties, and/or cultivars that will grow successfully in Central Florida.

**Botanical name(s)\***: *Podocarpus macrophyllus, P. macrophyllus* 'Maki', P. *macrophyllus* 'Pringles'

\*Genus with species and variety or cultivar

Common Name(s): Podocarpus, Yew podocarpus, Japanese yew

Growing Zone(s) (Central Florida is 9b): 7-11 Light requirements: sun to moderate shade

**Soil requirements**: well-draining **Water use**: low after establishment which takes at least 12-18 months.

Origin: Japan

Podocarpus, along with a handful of other plants, shares the same common and botanical name. It is also called Japanese yew since the foliage is like the yew (*Taxus*) grown in colder climates. It is one of the most useful plants since *Podocarpus macrophyllus* can reach a height of 35 feet as a medium-sized tree and can also be trimmed as a hedge of varying heights. There may still be a few remnant tree form podocarpus that were used as street trees on Colonial Drive in downtown Orlando. Weeping podocarpus (*Afrocarpus gracilior*) with similar foliage is no longer considered a podocarpus.

If a hedge with a maximum height of six feet is desired, try the cultivar Maki which typically grows to only a six-foot height. This would reduce maintenance. If a lower hedge is desired use Pringles which should reach no more than four feet in height.

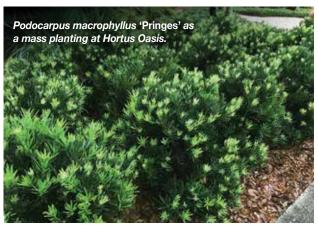
If you can select male plants, they will be less maintenance since the berries from the females sprout in the landscape. A 7-gallon size container is a good choice although smaller and larger sizes are readily available. When the container is removed, reject it if it is root bound with little soil visible. Typical plant spacing (center to center) for a hedge is 30 to 36-inches.

Podocarpus MUST have frequent watering to get established and a soaker hose from a hose bibb with a battery timer should be used in addition to regular irrigation. This eliminates the need to operate a whole zone of irrigation more frequently which would waste water and overwater other plants. Trim the podocarpus regularly so shoots branch to fill in on the sides as they slowly gain height. Keep the top narrower than the bottom so light can reach the base and stimulate growth. Think pyramidal.

Fertilize regularly, Osmocote is a good slow-release that feeds the plant for months when it is moist and warm out and plants are growing. Aphids are a typical insect pest with the resulting sooty mold (black substance on leaves), but lady beetles and their larvae normally keep the aphids in check if the land-scape is not treated with chemicals.



docarpus macrophyllus sheared headg







Hortus Oasis (LA0001090) in Winter Park is a boutique garden design company specializing in residential, commercial, and specialty gardens. Stephen is a registered landscape architect and Kristin is a certified landscape designer. Contact them at 407-622-4886/ garden@hortusoasis.com and visit www.houzz.com/pro/hortusoasis/\_\_public.

All photography by Stephen G. Pategas/Hortus Oasis unless otherwise noted.





## protection and service by Jim Whitman, Winter Park Police Department

## We Made It...Well, Almost!

PROTECTION AND SERVICE / SCHOOLS

There was no better news to hear than when it was announced that the Mask Mandate had been lifted. Once again we were able to see each other's faces and in some cases become more cognizant of our facial expressions as we spoke with people. Although there seems to be a resurgence in cases of COVID and it is recommended that when indoors among large groups of people that masks be donned again, it is still nice to see things slowly getting back to the way we are used to. That being said, it might be a good idea to "brush up" on some of our old habits.

As you know, schools are back in session soon and the majority of kids will be actually attending school in person. Now that the collective cheers of parents everywhere have dinned, it is important to recall that there will be more school buses on the roadways and little ones walking and riding their bikes to and from school campuses. Therefore, please be mindful of active school zones (as speeding tickets in these areas are quite expensive), the crossing guards and kids need you to be paying attention and not on the phone! Also, remember that all traffic travelling both directions on a roadway (unless there is a raised median) must stop for school buses that are in the process of loading and unloading children. Watch that STOP arm!

Another thing to get back in the habit of, since people are no longer working from home and returning to the office, is package deliveries. During the pandemic, people were home to accept packages. Now, those packages may sit on the front porch or next to the front door just ripe for the picking by a porch pirate. Therefore, if you find yourself going back to the office, you may wish to change your delivery address to your office or at least check with your neighbors to see if they are willing to hold your packages for you until you come home from work.

Since people are feeling a little more comfortable going out and travelling, more miles are being put on vehicles and therefore gasoline purchases are increasing. With more activity at gas pumps, credit card skimmers are sure to make a resurgence. Just like prior to the pandemic, a little vigilance at the pumps can save you a lot of headaches later. If at all possible, pay cash or use your credit card inside the station when filling up your

vehicle. If you wish to maintain the convenience of paying at the pump, patronize stations that allow you to use a pay app on your phone, such as Apple Pay or Samsung Pay, as those offer a very strong level of protection. Whatever you do, try not to use a debit card to pay, as once these cards are skimmed and compromised, your checking account can be depleted rapidly and the return of those funds will take much longer to occur.

Lastly, for those of you who have ventured out, you may have noticed that many of the businesses that you used to patronize in person have reopened for in-person business. However, many of the employees have not returned. Now those businesses are trying to juggle "take out" service while at the same time trying to serve customers in the store and that has been stressful for everyone involved. Please take this into consideration when you have to wait a little longer for service, as everyone is trying to figure how to marry these processes and create the best experience for everyone. After all, we survived a pandemic...mostly!

Stay Safe!

### schools



## Glenridge Middle School PRINCIPAL CHRIS M. CAMACHO

Hello Glenridge MS Families and Community,

I hope each of you had and will continue to have a wonderful summer. As we prepare for the new school year, below is information regarding our back-toschool Mane Event. This is different from years past, so I am asking you review this information carefully. With our return to school, safety must always be at the forefront of our plans. I thank you for your support and look forward to seeing each of you at this year's Mane Event. Take care and stay well.

#### Glenridge MS Mane Event (August 4th and 5th, 2021)

On Wednesday, August 4th, from 1:30 pm - 3:30 pm (7th and 8th grade only) and Thursday, August 5th, from 1:30 pm - 3:30 pm (6th grade only), Glenridge Middle School will host a welcome event for Glenridge MS students. This event is designed to allow these students to obtain their class schedules, walk the campus to locate their classes, and meet their teachers. The following safety protocols and systems will be in place.

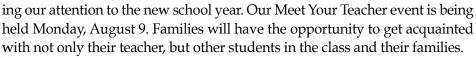
#### **SAFETY PLAN**

- 1. Safety First.
- 2. The OCPS mask policy will be followed and masks will be provided for those requesting them.
- 3. Hand sanitizing stations will be provided throughout the school campus and at all entrances.
- We request a maximum of two guests per student. Due to the fact children under 12 are not vaccinated, we are asking that young children, non-Glenridge MS students, not attend.
- 5. Only 50% capacity, maximum, will be permitted in any classroom/school area at a time.
- 6. Schedule Distribution: the gym will be used to distribute student schedules, as it is the largest location available on campus to do so.
  - a. Tensabarriers will be used to provide guidance on social distancing for schedule pick-up.
  - b. In advance, parents will receive a video link to walk them through retrieving their student's class schedule electronically.
  - c. A QR code will be available at each entrance to obtain an electronic copy of the student schedule.
- 7. Set stations, in each corner of the school courtyard, will be provided for the PTSA Board, School Advisory Council (SAC), the Lion Pride Foundation, and the YMCA to promote membership. Only two representatives from each of these groups, will be permitted at each station. Social distancing will be marked with tensabarriers. Hand sanitizers will be provided at each of these stations.
- . Even though we are trying to return to a normal situation, we are still following safety protocol to keep staff, faculty, students, and parents safe.

## Winter Park Presbyterian PreSchool

What fun we had at summer camp! Our little campers enjoyed two splash days per week, creating crafts, making new friends, exploring, and using their imaginations. July themes included Nature Exploration, Animal Planet and Blast Off to Outer Space.

While it's still going to feel like summer for a long time, we are turn-



Once the new school year is underway we will begin our after-school enrichment classes for three-year-olds and VPK students. We are offering soccer, Rock 'n Run, mixed sports, gymnastics, Spanish, ballet, art, and nature enrichments this semester.

The first day of school is Tuesday, August 10. It's going to be an exciting year! We have big plans, and can't wait to get started.



Winter Park Presbyterian Preschool students learning about nature at summer camp.