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Take On Disability One Step At A Time

Easterseals Florida is hosting their third annual Take the Challenge 5K and Family Fun Walk on the morning of November 6th. This trail run is a professionally mapped and chiptimed race. Funds raised through Take the Challenge allow Easterseals Florida to serve a vulnerable population and change the lives of many through their inclusive programming.



Staff are thrilled this year's event will be back at Camp Challenge, an ADA accessible camp that offers a variety of services to children and adults with disabilities. Registration can be found online at www.takethechallengecfl.com. Race entry is \$25 and includes a swag bag filled with your race bib and other goodies, official event t-shirt, and entry to the post-race celebrations and activities.

Comedic **Duo Presents Cabaret Show** A Little Off The Top

Audiences will laugh twice as hard as funny songmen Brance Cornelius and Alex Mansoori jump onto The Winter Park Playhouse stage in their new cabaret - A Little Off The Top -October 20 and 21, 2021 as part of the theatre's popular Spotlight Cabaret

Series. The Playhouse musical director, Christopher Leavy, will accompany on piano.

In the style of the great comedic duos - Hope and Crosby, Martin and Lewis and even Bert and Ernie - Brance and Alex will treat audiences to an evening of song, silliness and fun. Dubbed two of the planet's funniest bald men, these skilled performers will weave a story of laughter and friendship as they sing many of the classic duos like Cole Porter's "Friendship," Rodgers and Hart's "Johnny One Note," and Irving Berlin's "A Couple of Song and Dance Men."

Brance Cornelius is from the land of bluegrass, bourbon and basketball graduating magna cum laude with a B.A. in theatre from Murray State University in Kentucky. A proud member of Actors' Equity Association, he was last seen on The Playhouse stage in The Andrews Brothers. Brance's New York tour credits include *Cinderella* (starring Tony winner Lea Salonga); How The Grinch Stole Christmas ("Papa Who"); and Dicapo Opera's The Most Happy Fella ("Herman"). Regional credits Drowsy Chaperone ("George"); Into The Woods ("Baker"); Singin' In The Rain ("Cosmo") and The Hoop Dee-Doo Revue ("Six Bits").



Pictured above at left is Brance Cornelius, and Alex Mansoori. Photo courtesy of The Winter Park Playhouse.

and long legs," Alex has a range of talent that has led him to perform in a multitude of roles all over the nation. Some of his favorite credits include "Nike Magadoff" in The Consul (Seattle Opera); the four villains in Candide (Ravinia Festival); the Stage Manager in Ned Rorem's Our Town (New York Premiere); and a European Tour of Une Flute Enchantee directed by Peter Brook. Regional credits include appearances with The Winter Park Playhouse, The Titusville Playhouse, Opera Orlando, The Orlando Philharmonic, Walt Disney World and Universal Orlando.

Heather Alexander, the Playhouse executive director said, "What a treat to have the incredibly talented Brance and Alex on stage together! Audiences will be so impressed with their fabulous professional voices and comedic talent. Don't miss this one!"

Tickets for live performances are \$20 plus include The Addams Family ("Uncle Fester"); The a one drink minimum. Cabarets are currently being performed on the theatre mainstage and masks are required. Assigned seating is limited and performances sell out quickly, so advance reservations are strongly recommended.

Easterseals Florida is a not-for-profit organization that provides services, education, outreach, and advocacy so that people living with autism and other disabilities can thrive in our communities. One in four Americans are living with a disability. Easterseals Florida offers a variety of services to help these members of our community address life's challenges and achieve personal goals.

Alex Mansoori, originally from Seattle, received his bachelor's and master's degrees in music from The Juilliard School in New York City. Hailed by critics as "burly with a rubbery face

Doors open at 6:30 p.m. for a 7:30 p.m. show. Call The Winter Park Playhouse box office 407-645-0145 to reserve tickets.

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Publisher's Message



to be my favorite time of year, and a lot has to do with the change in climate, and the celebration of Halloween. The lower humidity coupled with slightly cooler temperatures showcase why I love living in Florida, and Halloween is that stress-free holiday.

October just happens

Rick Cable

Wear a costume, don't wear a costume, decorate, don't decorate, pass out candy, don't pass out candy. It's all good, especially for the candy industry, as this one-day event accounts for one quarter of all the candy sold in the US annually.

One might think that the great Milton Hershey created Halloween, but as it turns out, it wasn't a marketing stunt to boost candy sales. According to history.com, we know Halloween's origins date back to the ancient Celtic festival of Samhain (pronounced sow-in). The Celts, who lived 2,000 years ago, mostly in the area that is now Ireland, the United Kingdom, and northern France, celebrated their new year on November 1.

This day marked the end of summer and the harvest and the beginning of the dark, cold winter, a time of year that was often associated with death. Celts believed that on the night before the new year, the boundary between the worlds of the living and the dead became blurred. On the night of October 31, they celebrated Samhain, when it was believed that the ghosts of the dead returned to earth.

A ma representing the Winter King holds a flaming sword as he takes part in a ceremony celebratin Samhain. Photo from Getty Images.

In addition to causing trouble and damaging crops, Celts thought that the presence of the otherworldly spirits made it easier for the Druids, or Celtic priests, to make predictions about the future. For a people entirely dependent on the volatile natural world, these prophecies were an important source of comfort during the long, dark winter.

To commemorate the event, Druids built huge sacred bonfires, where the people gathered to burn crops and animals as sacrifices to the Celtic deities. During the celebration, the Celts wore costumes, typically animal heads and skins, and attempted to tell each other's fortunes.

So, in short, this holiday's beginnings are like almost all traditional Irish folk music. The balance of a jovial beat, and extremely dark lyrics that you don't realize what they're really singing until the third verse. However, over time, Americans have replaced the dark side of this celebration with fun costumes, a lot of candy, and look to enjoy great seasonal weather for friendly masked outside social gatherings.

As always, thank you for reading The Park Press, and we look forward to the great things to come.

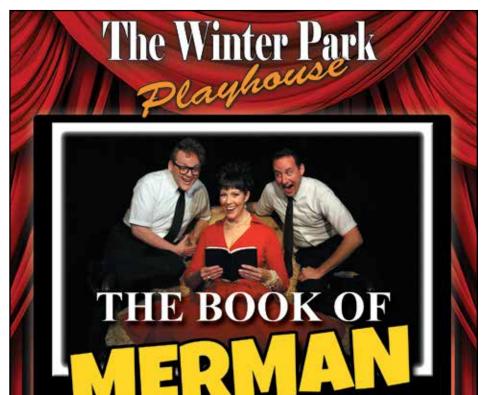
Rick

Rick Cable Founder/Owner

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Book by Leo Schwartz & DC Cathro - Music & Lyrics by Leo Schwartz September 24 - October 17, 2021 Music. Mormons. Merman. Mayhem. This side-splitting Off-Broadway hit features the fated encounter of two Mormon missionaries who knock on the door of legendary diva, Ethel Merman, and comedy ensues!

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City Commissioner's Message

Commissioner Robert F. Stuart, City of Orlando District 3



As the City of Orlando begins a new fiscal year, I wanted to take this opportunity to reiterate our commitment to public safety in our community. As we have seen throughout the pandemic and beyond, our first responders' willingness to serve others in even the most difficult

situations, is beyond commendable. Through both funding and programming, Orlando continues to prioritize the safety of all of our residents. Both our Orlando Police and Fire Departments go through rigorous accreditation processes, and I am glad to report that OFD continues, for the 10th year in a row, to have a fire rating of 1 and OPD received the Excelsior Award for earning the highest accreditation five years in a row. OFD's rating of 1 is a measure of how prepared they are to protect our community and it is a ranking that only 411 have received out of more than 30,000 departments in the U.S. OPD's accreditation process requires them to prove that they are utilizing best practices across the board, outlining measurable goals, and providing understandable written directives to their officers and the public.

One of the measurable goals that Chief Orlando Rolón has put into place is to continue to prevent crime in our community, while making sure to treat every person they encounter fairly and equitably. OPD's training facility has state-of-theart simulators to give our officers de-escalation training, while still making sure our officers have

all the tools they need to keep themselves as safe as possible. The training facility is also utilized by most every other municipal police force in our area. If you are a member of a neighborhood watch or would like to start one in your community, OPD has invited these groups to host a meeting at

the training center where they can learn all about how our officers train and prepare as first responders.

Also, in support of the department's goals of equity and officer safety, in March of this year the City, in partnership with Aspire Health Partners, launched the Community Response Team Pilot program, which trained a new line of first responders to be utilized in calls relating to non-violent mental or behavioral health concerns. Its first comprehensive report released last month showed that they have encountered 549 individuals and about 50% of those people followed through on appointments for continued care and services. They have recently added well-being checks to their services. As they continue to analyze the pilot, they are looking to possibly utilize these trained professionals to accompany OFD on non-fatal drug overdose calls to try to connect individuals with treatment options.

Our Orlando police officers of course continue

to work hard at catching those individuals who choose to break the law and perpetuate crime in our community. With social media, our Ring doorbells, and other avenues, we tend to hear more about crimes committed in our area than ever before. Because of the delicate nature of

police work, however, we don't always

get to hear the resolutions. With that in mind, I wanted to share a few recent key arrests in District 3. OPD arrested two "taggers" who are responsible for some of the graffiti along Mills, Colonial, and into our neighborhoods. It also looks like more arrests are on the way. OPD also arrested two brothers who were responsible for bicycle and petit thefts in the Baldwin

Park neighborhood. This came from a tip and evidence from Baldwin Park neighbor. OPD also witnessed

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some suspicious activity relating to attempted vehicle burglaries in College Park and arrested two individuals.

Our Orlando Fire Department shares in the police department's goal of residential safety, and in their line of work, having the right training and equipment while being able to get to the scene as fast as possible is

key. Our 2021-2022 budget includes funding for a new outdoor training facility as well as funds for

Continued on page 4

ahead, Winter

Now Open: Our newly renovated and expanded ER.

AdventHealth is enhancing world-class emergency care for the residents of Winter Park with the reopening of our emergency room. As part of the extensive AdventHealth care network, this state-of-the-art ER seamlessly connects you to the award-winning services of the #1 ranked hospital in Orlando according to U.S. News & World Report.

Select ER features

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 - · Themed rooms designed just for kids

200 North Lakemont Avenue, Winter Park, FL 32792 AdventHealthWinterParkER.com







Winter Park Mayor's Message

high-level services

Mayor Phil Anderson



Two Things Come To Mind As We Move Into Fall...Football And City Budgets Fiscal Year 2021-2022 is

I am pleased to report two years, Winter Park will receive \$15 million to that the budget season for spark investment and economic growth. As part of our 5- and 25-year investment plans, we have going extremely well. We allocated those funds towards economic growth will continue to provide the and investment in our infrastructure. Those investments include: a new city park at Orange and facilities that help make Avenue and Denning to give the Orange Avenue Winter Park such a great place corridor its own "central" park to encourage private

to live and work.

First, we will finish the last budget year in great financial shape. Due to the city's effective expense management during the challenging pandemic, we have managed the city's finances without reaching into our \$17 million of financial reserves - truly something to celebrate.

great

Second, our forecast of revenues is much stronger than we had expected earlier this year. Residential real estate values have continued to hold strong, offsetting some weaknesses in commercial real estate. And

yet recovering to pre-pandemic levels, sales taxes and the regional economy are better than expected.

And third, we are benefitting from the economic recovery and investment funding which have been allocated by the federal government. Over the next



sales tax revenues have also held up well. While not investment; a new fire training facility; financial support to local non-profits and the community; and traffic and neighborhood improvements.

> As a result of these three very positive events, the budget for the next fiscal year (October 2021 through September 2022), will continue to provide for the

excellent services and facilities you expect. We will maintain the best police and fire emergency response times in the region. Our parks will continue to shine, especially with newly renovated playing fields and the plans for a new Central Park bandshell. We will continue to strengthen our electrical company as we bury eight additional miles of power lines, targeting completion of undergrounding in [2026]. And our

roads and traffic safety will improve with the scheduled repaying of up to 11 miles of roads and the fiber optic connectivity of traffic signals.

I am proud of our city's team and my fellow commissioners as we all work together to deliver the services you expect. The team works hard to make it all come together. I would ask you to give a nod of thanks to our city workers the next time you see one of our crews hard at work. And please, let us know if there are opportunities to improve.

Thank you for the privilege to serve our beautiful city,

Phil Anderson

P.S. Winter Park High School football schedules are on the following link: winterparkathletics.org

Cool Zoo Brings Animals Encounter To Kissimmee

Cool Zoo, an interactive and educational wildlife travel exhibit, featuring hands-on encounters with exotic animals, will be headlining this weekend's Repticon exhibition. The event will take place on September 25 and September 26 at Osceola Heritage Park.

Headlining the Cool Zoo exhibit is The Hermit Crab Adoption Center by Mister Crabs. The educational experience is free for all Repticon attendees and includes the opportunity to observe and touch hermit crabs from around the globe. Guests will have the option to adopt rescued hermit crabs as well as purchase travel companion kits, shells, hermit crab food and accessories.

Repticon, hosting reptile and exotic animal expos throughout the United States, is coming to Kissimmee with a mixture of vendors and breeders. This family-oriented event offers guests the opportunity to learn about animals not normally seen in local pet stores. Breeder-vendors are always willing to teach in their field of herpetology. Tickets are sold online and are \$10 for adults, \$5 for children from ages 5-12 and children under age 4 are admitted free.

Cool Zoo is a family-owned-and-operated traveling wildlife encounter experience with the mission of curating hands-on conservation, education, recreation and research for all to enjoy. Cool Zoo appears at hundreds of events annually to include fairs, festivals, conventions, carnivals,

museums, schools, sporting events, state parks and corporate events and offers a multitude of experiences such



Cool Zoo is coming to the Osceola Heritage Park from September 25 - 26.



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as hermit crab adoptions, crab races, butterfly encounters, exotic bird shows, giant tortoise encounters, sloth encounters, and gem mining. To learn more about Cool Zoo's educational offerings and conservation efforts visit: http://coolzoo.org/

From Page 3.

the construction of a new Fire Station 6, which was originally built in 1979. This station serves the Orlando Executive Airport along with many residential communities including Baldwin Park. The new station will be certified LEED Silver and will boast support apparatus for the Orlando Executive Airport (Aircraft Rescue Fire Fighter), as well as a tower truck, engine and rescue/transport vehicle.

If you are wondering how you can assist our first responders in keeping our neighborhoods safe, there is one easy way that we can all help

and that is by taking the time to fellowship with your neighbors and build community in your slice of the city. Speaking of slices, one way you could enjoy time with friends and neighbors is by celebrating National Dessert Month all throughout October. The Audubon Park Garden District is one area that is teeming with establishments serving amazing confections of all kinds. Check out the district's social media all month long, which will highlight all the places you can patronize. If you are able, maybe buy a sweet treat for a few neighbors and take an opportunity to get to know them a little better. Statistics prove that close-knit communities serve as a deterrent to criminals wanting to commit crimes of opportunity.

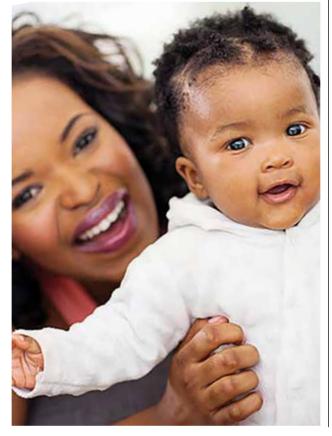
I look forward to continuing to work together with OPD, OFD and you, our residents, to keep our community safe. Thanks for your continued support of our City!

Robert

Robert F. Stuart Commissioner, District 3

National Children's **Adoption Celebration**

On Sunday, November 21, 2021 from 1:00 to 4:00 p.m. in Blue Jacket Park, Central Florida will host the second annual National Children's Adoption Celebration. This event was founded by Deirdre Klein Ochipinti, an adoptive mother of two, to bring local families and business leaders together for an afternoon of fun, games, and food, in celebration of National Adoption Month. NBA legend and cofounder of the Orlando Magic, Pat Williams, will serve as the keynote speaker. Blue Jacket Park is located at 2501 General Rees Ave.



Kiwanis Club Of Orlando Names Orlando REP Grand Prize Winner



Orlando REP won a \$100,000 grant at the Kiwanis Club of Orlando's 100-Year Anniversary Gala.

The Kiwanis Club of Orlando (KiwanisOrlando.org), one of Central Florida's most active, involved community service organizations, celebrated 100 years of helping kids on Saturday evening by awarding four organizations a total of \$160,000. The evening started with classical music provided by the Florida Symphony Youth Orchestra and concluded with announcing the winner of the grand prize, a \$100,000 grant--the Orlando Repertory Theatre.

The Orlando Repertory Theatre, with the \$100,000 grant, plans to open a licensing and commissioning arm to create new works of Theatre for Young Audiences. This will allow the REP to develop plays that speak directly to the intellectual and social-emotional needs of children and help them understand and embrace the world around them.

"Throughout its history, the Kiwanis Club of Orlando (KCO) has supported children with its time, talent, and treasure," said the Florida Kiwanis governor, Mary-Lynn Desjarlais. "Its members serve on local boards, conduct community service projects, and raise funds for organizations that serve children. This club is the essence of Kiwanis."

The club, which has contributed more than \$7.5 million to community organizations in addition to countless thousands of hours of volunteer time, celebrated its century of service throughout its 100th year-which began October 1, 2020-with a wide variety of special events.

The KCO 100-Year Anniversary concluded with a fund-raising gala, Saturday evening, September 18, 2021.

At the highlight of the gala, KCO's Foundation awarded grants totaling \$160,000 to four community organizations. In addition to the \$100,000 granted to the Orlando Repertory Theatre, the three other finalists each were awarded \$20,000 grants: Edgewood Children's Ranch, Foundation for Foster Children, and the Urban Think Foundation.



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Pandemic Prompts More Americans To Consider Travel Insurance

The COVID-19 pandemic has had a profound impact on Americans' travel plans. New data shows that a growing number of travelers are turning to travel insurance to protect their vacation investments and health while traveling.

According to a recent AAA Travel survey, one-third (31%) of U.S. travelers say they are more likely to purchase travel insurance for their trips planned between now and the end of 2022, specifically due to the pandemic.

"Travel insurance is relatively inexpensive for the large amount of peace-of-mind it affords, and that's more valuable than ever in light of the pandemic," said Debbie Haas, the vice president of travel for AAA – The Auto Club Group. "Americans have seen how valuable travel insurance can be in protecting their vacation investment and health, and are prioritizing this purchase now more than ever."

AAA's travel insurance sales have increased more than double digits year-over-year, as members return to travel and see the value of protecting that investment. Choosing the right policy is important, and increasingly travelers want policies that protect against commonly covered reasons for trip cancellations and interruptions, as well as other travel-related incidents including change fees, delays or lost/ damaged luggage, to name a few.

Most Popular Benefit of Travel Insurance

The ability to cancel a trip and get a refund is by far the most frequently cited benefit of travel insurance. Sixty-nine percent of travelers say this is most important to them when considering travel insurance for an upcoming trip. Since policies vary, AAA advises these travelers to look into travel insurance policies that include a flexible cancellation component, which could offer more options and protection in the event a traveler needs to cancel their trip.



Providers Adjust Plans to Meet Consumer Expectations

While travel insurance policies have historically not covered epidemics or pandemics, in response to shifting consumer expectations, some providers have begun introducing plans that cover some losses due to COVID-19 or other epidemic diseases. AAA offers policies that provide assistance and financial benefits if travelers get COVID before or during their insured vacation. AAA recommends travelers consult the expertise of a knowledgeable travel agent to help plan their trips and evaluate the various travel insurance options available on the market.

Importance of a Travel Advisor

Also, it's important to note that some international destinations may require visitors to carry travel insurance, to help cover any unexpected medical costs that may be incurred while visiting. A knowledgeable travel agent can help travelers navigate these and other evolving travel requirements.

The AAA Travel survey also found that six in 10 Americans (60%) see the benefit of working with a travel agent to plan their upcoming trips. Travelers' top benefits of working with a travel advisor reflect the important role they play in today's more complex travel environment, including:

- To save time when researching or planning a vacation (40%)
- For help with complicated new travel restrictions/requirements (34%)
- To find the best deals (33%)

"Travel insurance options vary greatly, but a knowledgeable travel agent can help you navigate through those complexities," continued Haas. "A trusted travel advisor serves as your advocate before and during your trip. Partnering with a travel advisor to review your travel insurance options offers another level of protection, so you can focus on making lifelong vacation memories. Our research shows that discussing travel insurance with our travel advisors increases traveler satisfaction. It's most beneficial to purchase travel insurance when booking a trip, but coverage can also be added later prior to travel."

For more information, visit AAA.com/Travel.

Orange County Seeking Artists To Create "Postcards From The Future"

What do you imagine County neighborhoods or rural areas will look like in 30 years? What will transcend time? How will we interact, move around, live, work and play? What does the future hold for Orange County in the year 2050?

Vision 2050 "Postcards from S

This is a collaborative effort for artists to use their creativity and talent to depict visions of the future, be it a futuristic or traditionalist vision, and share their imaginings as a means of sparking conversation and engagement.

Applications accepted now thru



Vision 2050 the Future" is seeking finished 2D and 3D artwork for an indoor gallery exhibit lo-

cated in the Atrium Exhibition on the 1st floor of the Orange County Administration Building that begins November 1, 2021.

Vision 2050 is an update to the Orange County Comprehensive Plan that focuses on the future development, sustainability, resiliency, place making, housing affordability and equity. Civic engagement is an essential part of the planning process and art has the power to bring people together. Sunday, October 10, 2021 at midnight (MT). To submit artwork, visit https://artist. callforentry. org/festivals_

unique_info.php?ID=9302

Art will be displayed in the Atrium Gallery inside the Orange County Administration Building at

201 S. Rosalind Avenue, Orlando, FL 32801 from November 1, 2021 to November 30, 2021.

To learn more about Vision 2050 and participate in a short survey, visit: https://www.surveymonkey. com/r/OCV2050_en and www. ocfl.net/Vision2050.

For updated news, events and more, please visit www.TheParkPress.com

Health Officials Urge Mosquito-Borne Illness Awareness

The Florida Department of Health in Seminole County (DOH-Seminole) officials emphasize the importance of Florida's residents and visitors protecting themselves against mosquito-borne diseases, such as West Nile virus disease. The public should remain diligent in preventative measures like "Drain and Cover."

"Diseases such as chikungunya, dengue fever and West Nile virus can be prevented by taking simple measures to avoid mosquito bites. Before enjoying the outdoors remember to dress accordingly, apply insect repellent, and practice other important actions to stay safe and healthy," said Donna Walsh, health officer for the Florida Department of Health in Seminole County.

DRAIN Standing Water To Stop Mosquitoes From Multiplying.

- Drain water from garbage cans, house gutters, buckets, pool covers, coolers, toys, flower pots or any other containers where sprinkler or rain water has collected.
- Discard old tires, bottles, cans, pots and pans, broken appliances and other items that aren't being used.
- Empty and clean birdbaths and pet's water bowls at least once or twice a week.
- Protect boats and vehicles from rain with tarps that don't accumulate water.
- Maintain swimming pools in good condition and appropriately chlorinated. Empty plastic swimming pools when not in use.

COVER Skin With Clothing Or Repellent.

- Clothing Wear shoes, socks, and long pants and long-sleeves. This type of protection may be necessary for people who must work in areas where mosquitoes are present.
- Repellent Apply mosquito repellent to bare skin and clothing. o Always use repellents according to the label. Repellents with DEET, picaridin, oil of lemon eucalyptus, para-menthane-diol, 2-undecanone and IR3535 are effective.
 - o Use mosquito netting to protect children younger than two months.

Tips On Repellent Use

- Always read label directions carefully for the approved usage before you apply a repellent. Some repellents are not suitable for children.
- Products with concentrations of up to 30 percent DEET (N, N-diethyl-m-toluamide) are generally recommended. Other U.S. Environmental Protection Agency-approved repellents contain picaridin, oil of lemon eucalyptus, para-menthane-diol, 2-undecanone or IR3535. These products are generally available at local pharmacies. Look for active ingredients to be listed on the product label.
- Apply insect repellent to exposed skin, or onto clothing, but not under clothing.
- In protecting children, read label instructions to be sure the repellent is age-appropriate. According to the Centers for Disease Control and Prevention (CDC), mosquito repellents containing oil of lemon eucalyptus or para-menthane-diol should not be used on children under the age of three years. DEET is not recommended on children younger than two months old.
- Avoid applying repellents to the hands of children. Adults should apply repellent first to their own hands and then transfer it to the child's skin and clothing.



• If additional protection is necessary, apply a permethrin repellent directly to your clothing. Again, always follow the manufacturer's directions.

COVER Doors And Windows With Screens To Keep Mosquitoes Out Of Your House.

• Repair broken screening on windows, doors, porches, and patios.

To determine which repellent is right for you, consider using the U.S. Environmental Protection Agency's search tool for skin-applied repellent products: http://cfpub.epa.gov/oppref/insect/#searchform.

DOH continues to conduct statewide surveillance for mosquito-borne illnesses, including West Nile Virus, Eastern Equine Encephalitis, St. Louis Encephalitis, Malaria and Dengue. For more information on mosquitoborne illnesses, visit DOH's Web site at www.floridahealth.gov/diseasesand-conditions/mosquito-borne-diseases/index.html or contact the Florida Department of Health in Seminole County Epidemiology Program at 407-665-3243.

For information on Seminole County Mosquito Control Program call (407) 665-5542 or visit http://www.seminolecountyfl.gov/departments-services/public-works/watershed-management/mosquito-control-program/

Residents of Florida are encouraged to report dead birds via the website for Surveillance of Wild-bird Die-offs located at http://legacy.myfwc.com/ bird/default.asp.

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CFCArts Announces New Vice Presidents

Central Florida Community Arts has added three new leaders. Terrance Hunter will serve as the vice president of operations & education, Vicki Landon will step in as the vice president of development & community affairs, and Justin Muchoney will lead the artistic vision as the vice president of creative & production. The three positions signal a new organizational structure for the nonprofit, with a CEO and vice presidents.

"Following our tenth anniversary last fall, the board began to look at the leadership structure and envision the way forward into our next decade of growth," said Dr. Stephen Summers, CFCArts board chair. "We are excited about the excellence these three leaders bring, and the foundation it sets for the search for the CEO of CFCArts."

The CEO search committee will be led by board chair Dr. Stephen Summers and search committee vice chair Jessica Guthrie. Other committee members include Kris Lewis, Dean Bosco, Mary Palmer, Helen Lynch, Sarah Mattingly, Brendan Lynch and Luis Martinez.

"The three vice presidents will be leading CFCArts collectively after Joshua Vickery's departure while we search for our new CEO. With their incredible skill sets, knowledge of CFCArts, and influence in our community they allow our search committee the time to find the right candidate to fill the CFCArts leader role," said Jessica Guthrie, CFCArts search committee vice chair.

Founder and executive director Joshua Vickery announced his October 2021 departure in August of this year. Vickery will take on the position of CEO of Encore Creativity, headquartered in Washington D.C. Vickery's final duty as executive director will be to celebrate the remarkable growth of CFCArts at the annual breakfast October 8, 2021. "I am thrilled with the appointment of Terrance, Vicki and Justin as vice presidents at CFCArts. Bringing their considerable talents and experience ensures not only the continued success of this organization that I love, but tremendous growth," said Vickery. "I'm expecting great things."



Terrance Hunter

Terrance Hunter has worked with a variety of nonprofits, from the Orange County Regional History Center to the Museum of Contemporary Art in Jacksonville to the Holocaust Memorial Resource & Education Center of Florida. He serves on multiple boards including Hope CommUnity Center, Central Florida Vocal Arts, Central Florida Chapter of Association of Fundraising Professionals, National Alliance for Music in Vulnerable Communities and the Florida Association of Museums.

He has been with CFCArts since May 2019 as senior director of programs and views his promotion as a next step for the organization and his career. "With this role, I'm looking forward to driving the operations of the organization and the mission of education, the heartbeat of all we do at CFCArts," said Hunter. "As an arts administrator, it's a dream job."



Vicki Landon is well-known to Central Floridians. She was one of Orlando Family Magazine's "Super Women of Orlando," an OBJ 40 Under 40 honoree, and an Association of Fundraising Professionals Emerging Leader. A guest-lecturer on nonprofit management, she serves on a number of grant panels and committees and is an instructor at Edyth Bush Institute for Philanthropy & Nonprofit Leadership at Rollins College. She was the Director of Development for

Vicki Landon

the Orlando Opera Company and, most recently, Senior Director of Development for Orlando Repertory Theatre, where she served for over a decade. For Landon the opportunity brings together her experiences as a life-long arts advocate and development professional. "I'm excited to lead the charge in sharing the mission, vision, and values of CFCArts and the incredible impact that these programs have in our community," said Landon. "This community-building, enriching, and creative work has always been important for the well-being of individuals and vulnerable groups, but in a post-pandemic world they are absolutely vital for our entire community."



Justin Muchoney

Originally from Pittsburgh, Pennsylvania, Justin Muchoney competed for, and won, the job of "Chief Magic Official," a spokesperson for Disney Parks during "The Year of a Million Dreams" promotion. During his time at Walt Disney World Muchoney was a stage manager for some of the most popular shows, part of the team that christened two new cruise ships, and entertainment proprietor for the opening of two new lands at Disney's Hollywood

Studios. He led entertainment teams for Epcot's many festivals, developed tours and team-building programs for Disney Institute, and, in this past year, helped relaunch live concerts and nightly fireworks. A creative artist himself, he is a musician, educator, actor, director, and conductor. He has been with CFCArts as a music director and conductor since the beginning of the organization, designing programming and conducting the 160-member Symphony Orchestra, leading the Big Band, and creating and supporting numerous smaller ensembles. In the expanded role Muchoney is focused on the artist experience. "The community we have helped to build here is remarkable. I can't wait to collaborate with all of our musicians, singers, dancers, and actors on the future of our exciting productions," said Muchoney.

DAVE'S HOUSE

Seventh Annual Dave's House Party Results

Dave's House had over 100 attendees and we exceeded our goal of \$100,000 for the seventh annual Dave's House Party on September 18th at The Acre Orlando. Dave's House Party was a fun evening of paying it forward to help men and women throughout Central Florida with serious mental illness. Dave's House Party is an annual fundraiser and is always looking for partners who would like to help us expand our programs and services to provide stability of affordable permanent supportive housing for our residents with serious mental illness. By partnering with Dave's House, you will help us enhance programs that provide ongoing life skills training for our residents. These partners of the Dave's House Party helped us to reach our goal: AdventHealth, Mader Southeast Construction, Dave & CJ Harris, Kelly Price & Company, Aspire Health Partners, Charles Schwab, CRB Entertainment and Ron Ginsburg.



For more information, please visit www.daveshouse.org.

Ellen O'Connor and team at Dave's House Party 2021.

Festival Of Trees Celebrates 35 Years

Strolling through dazzling Christmas trees, festive wreaths, and unique gingerbread creations at the Festival of Trees has long marked the start of the holiday season for Central Floridians.

The beloved event will celebrate a landmark 35 years with the theme "Sparkling Holiday Traditions." The event, presented by Council of 101, will take place from 10 a.m. to 5 p.m. Nov. 13-21 at the Orlando Museum of Art. This year's platinum presenting sponsor for Festival of Trees Orlando is Orlando Health Orlando Regional Medical Center.

"We're so proud to have created an event that has become the fabric of holiday celebrations in Central Florida," said Joan Kennedy, president of Council of 101. "It's truly an honor to see generation after generation make Festival of Trees part of their holiday traditions."

During Festival of Trees, visitors can see more than 25 designer-inspired decorated trees, all available for purchase, as well as exceptional gingerbread houses, wreaths and more. There will be a holiday shopping experience, as well as pop up shops and live entertainment.

A variety of special events, including Opening Night Gala and Tree Lighting, Breakfast with Santa, and a children's Reindeer Romp party will add a special holiday touch to this year's Festival of Trees.

Events presented by Council of 101, including Festival of Trees, have raised more than \$12 million over the years, benefiting the Orlando Museum of Art's educational and life-long learning programs. These programs reach deep into the community by helping many that are in different walks of life, ages and income groups.

Tickets will go on sale in mid-October via Eventbrite. For more information, visit councilof101.org.

FESTIVAL OF TREES

10:00 a.m. - 5:00 p.m., daily Adults: \$15 • Children (ages 3-11): \$7 Seniors (65 and over): \$12 Military personnel and first responders (w/valid ID): \$12 More Info: https://omart.org/events/festival_of_trees/

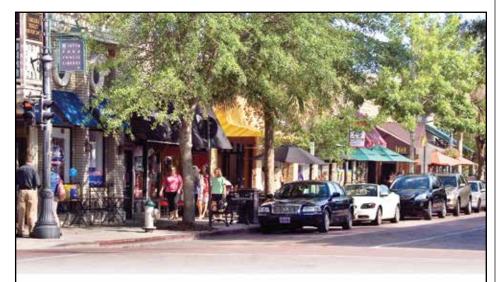




Rollins Ranked Among The Nation's Best Colleges

U.S. News & World Report ranked Rollins the No. 1 regional university in the South in its 2021 rankings of the nation's best colleges. "Rollins is proud once again to be recognized so prominently among the nation's best colleges," said President Grant Cornwell. "The College's

"Rollins is proud once again to be dent Grant Cornwell. "The College's long-standing title as the No. 1 regional university in the South highlights our commitment to providing students with every opportunity to succeed in a global market. Our inclusion in several distinctive subcategories affirms our mission to provide an innovative, interdisciplinary education to the next generation of leaders as they tackle the challenges of the 21st century." Rollins earned a place on four other notable lists, including recognitions for its innovative liberal arts curriculum, undergraduate teaching program, and overall value in terms of what graduates get out of their education. The AACSB-accredited undergraduate business program was rated as one of the country's best.



For updated news, events and more, please visit www.TheParkPress.com

Rollins was ranked No. 1 among the 103 colleges and universities in this category, which is composed of schools that provide a full range of undergraduate and master's-level programs. This is the 26th consecutive year that U.S. News & World Report has ranked the College among the top two regional universities in the South and the top-ranked Florida school in the category.

In total, the organization assessed more than 1,400 schools across the country on 17 measures of academic quality. Rollins continues to rank high among the competition based on metrics like first-year retention rates, strength of faculty, graduation and retention rates, and a low ratio of student debt among graduates.

10 **POP CULTURE & HEALTH**

pop culture detours by George McGowan

Este Músico Está Dispuesto a Probar Cualquier Cosa!

With apologies to my Spanish-speaking friends, the above headline is an attempt to use Google Translate to announce a very interesting recent album release. The musician Elvis Costello has a new album that showcases something quite unique. He has taken the original tracks from his 1978 album "This Year's Model" and given them to other artists to reinterpret. But this is not simply an album remake, or tribute, or remix. He had the crazy idea to invite artists to replace his vocals with their own, with this twist - that the vocalists sing the songs in Spanish. He didn't ask these artists to simply translate his words exactly but to use them to inspire an interpretation of the song in Spanish. As an Anglo and long-time fan of Elvis Costello, I listened to the album and have to say - it WORKS!

While I do not understand Spanish, I was surprised at how the new vocals make the songs different and, in some cases, equal to or better, than the originals. The music tracks sound great and are still quite powerful on their own and hearing them in this way, somehow you get a better sense of the musical talent of Costello and his band, the Attractions. "This Year's Model" was Costello's second album release and his first album made with a band. The raw and driven sound of these tracks have clearly inspired the new vocalists to "bring it" and they each deliver, some in very striking ways. There are several songs sung by female vocalists, including "La Chica de Hoy" ("This Year's Girl") by Cami, the winner of the first season of Talento Chileno (Chile's version of America's Got Talent). But the woman who completely blew me away is Marisol "La Marisoul" Hernandez, the lead singer of the Los Angeles band La Santa Cecilia, who just



At left, Elvis Costello and Juanes to sing a new version of his classic 'Pump It Up' for an upcoming Spanishlanguage remake of 1978's 'This Year's Model.

Photo from rollingstone.com

slays the song "Detonantes" ("Little Triggers"). The most recognizable person who contributes a song to this album (at least to me) is Luis Fonsi, who had a number one hit with "Despacito" in 2017. He sings "Tu Eres Para Mi" ("You Belong To Me") in a rather straight-forward cover of the song.

Accompanying the release of this album are videos, available on You Tube, which describe the process of this collaboration. They are separated by the focus of each discussion: "Descubrimiento" (Discovery), "Tiempo" (Time), "Contraste" (Contrast) and "Tumulto" (Turmoil). In addition, there are music videos of the songs available. Interestingly, the presentation videos include comments from many of the artists, as well as the

original Attractions, including Bruce Thomas, who makes a surprise appearance. As many Costello fans should know, Bruce and Elvis don't get along very well!

In another music recommendation, one of the most underappreciated musical acts of my lifetime is Los Lobos. While they facetiously describe themselves as "just another band from East Los Angeles," they are five of the most talented musicians one can find. They have a new album, "Native Sons," in which they celebrate music from other Los Angeles artists who have influenced them over their 44 years in the business. I have to say that it is just another fantastic album of music by the great Los Lobos!



live meaningfully by Ayesha G. Shenk, M.A.

That Fall Kinda Feeling

this possible?

Days turn into nights, weeks turn into months, months into seasons and seasons into years.

With every passing year it seems the world spins faster and time flies more fleetingly.

And so, here we are again in the not-so-autumnal Florida fall getting our bearings and readying for the holidays... whatever they will be this year.

October brings pumpkin patches, costumes, sweaty faces and sugary delight. October also brings the ramp up to the holidays and the acceleration to the end of the year. Families start planning holidays and loved ones look forward to celebrating together. It's been another long, strange year and holidays aren't quite as carefree as they were before 2020, but perhaps the holidays are exactly the time to refocus and recenter - no matter within which 'new normal' we find ourselves. I recently became aware of an undercurrent of tension within myself. I was standing waist high in the ocean holding my (almost) three year old and she was nuzzling her head under my chin singing "What a wonderful world." We sing that every night and she knows it well, but something about her sweet voice and her (shocking) stillness in my arms made me look out further past the waves and into the horizon and just breathe it in. This moment with her easily ranks among my top five moments ever...(not in the least because she's a very strong willed "threenager" and is not often this still or amenable these days). But also, perhaps mostly, because it awakened in me an awareness of my own myopic and, at times frenet-

It's October already...How is ic, experience of the world. I love what I do for a living and it does allow me the stillness of each 50 minute session and the ability to slow down and witness for someone else... but between those sessions and after and before the workday, I don't really allot any stillness of my own. I move throughout my day going from one thing to the next, accumulating checked boxes and creating a sense of mastery in what I do. I take in stimuli, I hear the news, I absorb the energies

> around me - but I don't do very much internal attunement or witnessing of my own experience. This is a shame, really, as I know how to do it well and do it for so many others. This moment in the waves with my little one reminded me how rare stillness and internal attunement can be for us. I became aware of the tension I was carrying, of the disappointments, judgements and frustrations I've been accumulating, of the tax that the news, devastation, politics, death, division has been taking on me. I became aware that even though we are very busy and we do have schedules to juggle and three children to manage, the narrative in our comings and goings has been less positive than it really should be. Kids will always complain about school or stressors - the work/life balance will always be a tricky one, people will always do things that disappoint, but these things and these momentary mitigators don't actually reflect any of the overall complexion of our lives and the world around us. These fleeting opinions or anxieties speak to the social and emotional experience of growing up...



and they are important, but they do not define the exquisite human condition and the beauty of life and energy and love. They mean nothing when juxtaposed with the vastness of all that surrounds us. We are healthy, we are happy, we have no great tragedy at the moment, we love one another and feel connected. We have enough to eat, a comfortable home, laughs around the dinner table and love to spare. Really ... 'What a wonderful world.'

That's not to say that life isn't hard or that the world won't break your heart at times, but it is to

Say that in all of the moments it's not hard or breaking your heart... how replenishing becoming still and reflecting on the abundance of your life can be.

So, my hope for you is that you can muster a moment of stillness, a sense of wonder, and a fall kinda feeling of gratitude to carry you through the end of the year.

'til the next time,

Be Well; Live Meaningfully. Ayesha

Ayesha G. Shenk, M.A. practices at 2150 Park Avenue North as a Licensed Mental Health Counselor and can be reached at ayesha@livemeaningfully.net or 407-796-2959.



Stephen & Kristin Pategas

in the garden by Stephen and Kristin Pategas

House Buyer's Remorse 1.0

Most house buyers are interested in the square footage, number of bedrooms and bathrooms, and all things

about the house. However, if someone is interested in having a nice landscape or would like to garden, there are numerous factors to consider before making a purchase. We consult with many homeowners to address and hopefully solve problems that impact the existing landscape and/or will create conflicts with proposed landscaping. Due diligence prior to purchase will go a long way towards having a successful garden without going through herculean efforts and high expense. In a few cases, we provided a site analysis prior to purchase and due to our advice, the buyer declined to proceed with the acquisition.

Visit the county property appraiser's website and view the property record to determine whether the property is in a city or is within unincorporated county. Other information from the property record may include lot dimensions and size and what improvements were made on the property. If major improvements noted on the property are not in the property record, then they may have been constructed without proper permitting and may not meet code. This can cause a problem since the work may not have been inspected. When new projects are permitted, the unpermitted ones may be discovered. When the property is sold, there may be a liability for the seller or the buyer.

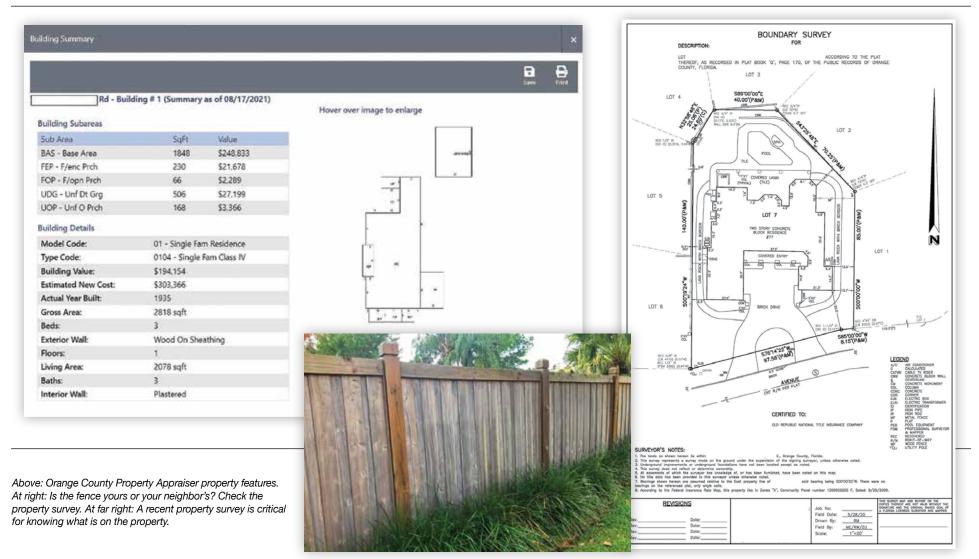
If structures (addition, pool, pergola, outdoor kitchen, and/or shed), or hardscape (driveway, walkway, and/or patio) work is planned, research the appropriate municipality for allowed setbacks. Knowing how far from the property lines objects can be placed is critical prior to any design. Also determine the municipality's maximum impervious area requirements. Regulations often restrict how much area of a property can shed rainfall. This helps reduce flooding and runoff that causes pollution of water bodies. Roofs, paved areas, and often swimming pools are considered impervious but requirements vary by municipality.

Never assume where the property lines are lo-

cated or that a fence is on the line. We have discovered that fences, hedges, or sheds may be inside or outside of property lines by inches or many feet. Carefully review a property survey prepared by a registered surveyor and note what is on or off the property. If a survey does not exist, acquire one before closing of the sale. The survey should include easements which may have limitations on how that land is used. One brand new homeowner assumed they could add a new structure and we discovered from their survey they did not own a large portion of what they thought was their backyard - their dream was compromised.

If the property is under the jurisdiction of a homeowner's association, review their regulations since they often cover landscaping, fences, sheds, play equipment, and pavement changes. A certain number of trees may be required to remain on the property.

Ensure your dream landscape can become reality with upfront research. In House Buyer's Remorse 2.0 we explore issues that may require the eye of a seasoned professional.



Hortus Oasis (LA0001090) in Winter Park is a boutique garden design company specializing in residential, commercial, and specialty gardens. Stephen is a registered landscape architect and Kristin is a certified landscape designer. Contact them at 407-622-4886/ garden@hortusoasis.com and visit www.houzz.com/pro/hortusoasis/__public. All photography by Stephen G. Pategas/Hortus Oasis unless otherwise noted.





protection and service by Jim Whitman, Winter Park Police Department It's Beginning To Look A Lot Like Christmas...Wait, What?

So, by now you have probably read on the internet, seen on the news, or heard someone in your circle of friends talking about the possible difficulties that people are going to face this year while shopping for gifts. Apparently, one of the residual effects of the pandemic is the fact some of the most sought-after items this holiday season are going to be in short supply. Therefore, on-line retail businesses are sending out the message of "shop early or you may be disappointed." Having said that, and presumably some of you will heed their warning, we would like to take this opportunity to pass on some tips to hopefully ensure that those early purchases actually make it inside of your home. Of course, these apply year-round too!

When possible, have the package delivered to your workplace. This will not only keep the package from sitting outside your front door while you are away, but will give you a much-needed break from your work desk to accept the delivery when it arrives. If you are fortunate to have a relative or neighbor who is home throughout the day, you may wish to have the package delivered to them.

Another option is to request a signature for delivery. Although this may be slightly more

inconvenient, at least it will prevent the package from being left behind on a doorstep with no way to track its travels. Besides, if you are like millions of others around the country and are working from home, the arrival of the delivery person might just be that needed break you need from a Zoom meeting.

One online retailer has delivery lockers available for use located throughout most cities. Once you make a purchase, you can request to have it delivered to a locker close to you and you will be provided with a "one-time use" pass code to access your package. Other options include alerts to notify you of the delivery status of your package which also allows you to track its location.

Of course, the safest way to receive your package is to have it delivered to a post office box or to a delivery service office (such as UPS or Fed Ex). If you still choose to have your items delivered to your home, even though you may not be there to receive them, here are a few things to help give you peace of mind until you can retrieve them.

1) Consider installing an exterior camera or doorbell camera. This will provide you with

video evidence once the package has been delivered and you'll be able to maintain surveillance on it until you can secure it.

- 2) Request that the sender put the package in nondescript packaging (so as not advertise where it is coming from or what may possibly be in it). This can often be done by selecting that the item is a "gift" during the ordering process.
- **3) If you receive packages on a regular basis**, you may wish to install a non-locking parcel box which prevents theft by concealing your deliveries from the street or you can choose a lockable container for maximum security.
- 4) Lastly, keep the area around your front door clear of bushes and shrubs that could possibly be used as a place of concealment by "porch pirates."

The only thing scarier than Halloween at this time of year is finding out the package you ordered for the holidays has been delivered but was taken right from your doorstep! Be sure to look out for all of those ghost and goblins and other trick-ortreaters this year and as always, Stay Safe!

schools

Winter Park Presbyterian PreSchool

Recently our VPK Alligators class teachers, Mrs. Kearney and Mrs. Gabra, held a tea party during their letter T week. Everyone dressed in their best clothes for this special occasion with freshly-brewed raspberry tea and small snacks. The children practiced restaurant manners such as saying "please" and "thank you," speaking in soft voices and taking turns during conversation, patiently waiting to be served, carefully passing food, and properly sipping tea.

Afterwards, each child was asked what their favorite part of the tea party was. A teacher wrote their words on lined paper and the children illustrated the top of the page. Answers ranged from "drinking tea" to "eating marshmallows" to "dressing up."

Over the last 18 months or so families are spending more time at home, attending fewer group activities, and dining out less. Parents tell us they are more concerned about social and emotional development than ever before. While we are busy teaching the young children in our care the academic skills that are crucial for success in school, we have always recognized the importance of soft skills that are vital for success in all areas of life and will continue to teach them through rich learning opportunities.

Having a tea party is a terrific way to teach the students at Winter Park Presbyterian Preschool about social skills and good manners.



Local Elementary School Students Plant Seeds For Healthier Lives

Orange Center Elementary School students had a first-hand look at how fresh vegetables and herbs are grown in their very own teaching garden located on the school's campus. The students planted seeds for various plants and will harvest them throughout the school year.

With the help of school staff and Orlando Health team members, students were guided through the gardening process and learned how to tend to plants like basil, tomatoes, peppers and cilantro to create an appreciation for vegetables and nutritious foods. "Starting a love for fresh and nutritious foods at an early age can lead to healthy habits that last a lifetime," said Lainie Fox Ackerman, assistant vice president of Orlando Health External Affairs and Community Benefit. "This is such an exciting partnership that we're honored to be a part of. The teaching garden gives these students and their families increased access to fruits and vegetables they might not normally have access to while giving them a hands-on experience that teaches them where their food comes from."

Orange Center Elementary is in what is considered a "food desert." For families in the area, buying affordable or good-quality fresh food can be difficult for a variety of reasons, which include

proximity to grocery stores and lower income levels. The teaching garden experience is part of an effort to give the children a better understanding of how food is grown and fuels the body.

"This partnership provides so many opportunities for our children. School gardens bring the classroom outside to teach students how to plant, grow, and harvest their own food," said Dr. Maria Vazquez, deputy superintendent for Orange County Public Schools. "We've seen first-hand how lessons like this can help improve academic performance in other subject areas inside the classroom."

